

# COMMUNIQUE

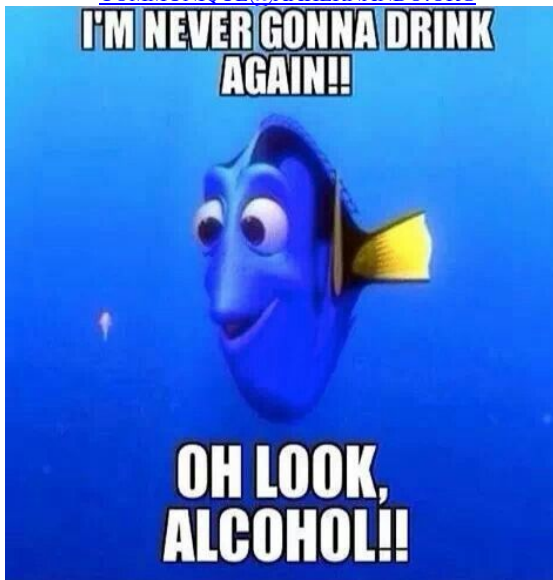
HERNANDO COUNTY, FLORIDA

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DO YOU HAVE ANY AA JOKES:  
PLEASE SUBMIT THEM TO US...  
[COMMUNIQUE@AAHERNANDO.ORG](mailto:COMMUNIQUE@AAHERNANDO.ORG)



### Welcome our new slate of District 13 Officers:

DCM	Eleanor B
Alt-DCM	Cliff C
Treasurer	Laurie C
Secretary	Mike E

Eleanor B and Mike E who filled the remainder of a previous term will continue their great work for our district for their own two years.

Thank you to Tia Mc and Nina V for their Service to District 13.

We also want to thank *Mary T* for her many years of service to AA in Hernando County. R💙

### Trivia Quest

- Q1 What is the “number one” offender?
- Q2 What do we think is the root of our troubles?
- Q3 The actual or potential alcoholic, with hardly an exception, will be absolutely unable to stop drinking on the basis of what?
- Q4 Each day, somewhere in the world, recovery begins when one alcoholic talks with another alcoholic, sharing what?
- Q5 Step 10 advises that we continue to watch for what?

**DISTRICT 13 OFFICERS****DCM**

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**SECRETARY**

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**GRAPEVINE COMMITTEE**

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**LITERATURE COMMITTEE**

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Alternate: Jim B  
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**PUBLIC INFO/COOPERATING  
W/PROFESSIONAL COMMUNITY**

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**TREATMENT COMMITTEE**

Open  
[treatment@aahernando.org](mailto:treatment@aahernando.org)

Q2 Selfishness--self-centeredness

**INTERGROUP OFFICERS****CHAIRPERSON**

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[chair@aahernando.org](mailto:chair@aahernando.org)

**ALT-CHAIRPERSON**

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**TREASURER**

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**ASST MANAGER**

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**INTERGROUP LIAISON**

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**HOTLINE**

Johnny V. 352-346-6096

**WEBMASTER**

Laurie C. 207-712-5677  
[webmaster@aahernando.org](mailto:webmaster@aahernando.org)

**GROUP DONATION ADDRESSES:**

Please send donations to:

**DISTRICT 13 TREASURER**

P.O. Box 5705  
Spring Hill, FL 34611  
(payable to District 13)

**HERNANDO COUNTY INTERGROUP**

4118 Lamson Ave.,  
Spring Hill, FL 34608  
(payable to Hernando County Intergroup)

**NORTH FLORIDA AREA ASSEMBLY**

5703 Red Bug Lake Road, Unit 241  
Winter Springs, FL 32708  
(payable to NFAC)

**GENERAL SERVICE OFFICE**

PO Box 459, Grand Central Station  
New York, NY 10163  
(payable to GSO)

**DISTRICT MEETING****First Monday of the month**

Jan 4<sup>th</sup>, 2021 at 6:15 PM  
Holy Trinity Lutheran Church  
1214 Broad St, Masaryktown, FL

**INTERGROUP MEETING****First Friday of the month**

Jan 8<sup>th</sup>, 2021 @ 6:30pm,  
Forest Oaks Lutheran Ch  
8555 Forest Oaks Blvd.,  
Spring Hill, FL

**Welcome Back****Unity****Meeting**

Hosted by

**Hernando Beach Grp**

Saturday

Jan 9<sup>th</sup>

Doors open at 6:30

Meeting at 7:00 pm

Nativity Lutheran Church

6363 Commercial Way

Weeki Wachee, FL

For more info please contact:

Amy R.: [unity@aahernando.org](mailto:unity@aahernando.org)

**HERNANDO CTY INTERGROUP  
CENTRAL OFFICE/BOOK STORE**

4118 Lamson Ave.

Spring Hill, FL 34608

Office Manager: JJ M

Hotline/Phone number

**352-683-4597**

Intergroup Bookstore Hours:

Mon - Fri 9 am-1 pm

Saturday 9 am-12 pm

**BOOKSTORE EMAIL:**

[sales@aahernando.org](mailto:sales@aahernando.org)

**Information on local AA:**

[info@aahernando.org](mailto:info@aahernando.org)

**DECEMBER 1991**

When Other Activities Fail

**BY: JAMIE C. | W. HENRIETTA,  
NEW YORK**

Step Twelve - Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

The Big Book devotes two chapters (five and six) to the first Eleven Steps. The Twelfth Step gets a chapter all its own--one whose fifteen pages, in comparison to the thirty-one pages that covered all the previous Steps, is disproportionately long. The significance of this imbalance is made clear at the start of that chapter: ". . .nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."

This is the major reason for the strong emphasis on this Step; and in fact, many of the Big Book's personal stories tell us that Bill W. and Dr. Bob lost no time in having new recruits go out to spread the word.

But what exactly constitutes Twelfth Step work? What might such work include?

Since the Big Book was written just a few short years after AA began, and at a time when most people had not even heard about us, its discussion of twelfth-stepping emphasized the importance of bringing our message of hope to those who were still actively suffering from the disease. The classic AA images of twelfth-stepping--going to hospitals and talking to alcoholics who are drying out, or going with another member to the home of a drinking person who calls for help--were thereby formed. Some present-day AAs have these kinds of images in mind when they say that they are not yet ready to do Twelfth Step work or that they are not particularly suited to it.

Yet, to neglect Twelfth Step work is to ignore an important tool for one's own recovery--a tool that will not only work

"when other activities fail," but also one through which "life will take on new meaning." For everyone in recovery--and not just those who have the talent for helping the

active alcoholic--what the Twelfth Step might mean needs to be carefully considered.

My sponsor recently said to me, "Recovery depends on being of loving service to other people." What better antidote for the alcoholic's self-will run riot than a life in which obsession with self is replaced by loving concern for others no less than for oneself? Sometimes, I have distorted the idea of ours being a "selfish program" and have made it instead into a self-obsessed program; though I may not be drinking, I am at those times as self-willed as I was during my drinking days. "Loving service" is my way of fighting self-will. It is, in the last analysis, what the Twelfth Step is all about.

Working effectively with still-drinking persons or those in very early recovery is not what all of us can do since it often requires a special talent or a kind of strength which we don't all have. It can be a wise policy to leave that type of work to others more suited to it. Yet, even if that form of twelfth-stepping is not what I can do, it is important for me to recognize that it is only *one* form in which the Twelfth Step can be practiced; the spirit of loving service is not restricted to just one kind of service.

How can the Twelfth Step be practiced? Putting it simply, Twelfth Step work is any service to other alcoholics, and indeed to all who need such service (for the Twelfth Step reminds us to practice these principles in *all* our affairs). There is, however, one important qualification: the work must be primarily motivated by the love of others, rather than by gain, or by the desire to be admired, or by some other self-seeking and self-centered motive.

At a simple level, twelfth-stepping can include setting up chairs for a meeting, or making coffee, or cleaning up after the meeting has ended. It can mean going out of one's way to help others get to meetings, or volunteering at a group's central office, or being on a service board or committee. It can involve listening to someone who is troubled and sharing with that person my own experience, strength, and hope; it can include sponsoring someone, or simply passing up a television program I want to see in order to speak to a person who asks for my help. Some people speak of the importance to them of simply seeing the same faces at a meeting day after day, week after week, month after month: their very presence shows the effectiveness of our program of recovery, and often inspires a person to go on, to hang on to recovery, to stay with us and heal with us. In short, pretty much any service, as long as it is rooted in the spirit of the Twelfth Step.

St. Francis of Assisi advised one of his brother monks to live in a God-centered way: Remember, said Francis, that you might be the only gospel that someone will ever read. In a similar way, I might be the only "Big Book" another person will ever read. To live in the spirit of the Twelfth Step is to demonstrate the program in action; to live in loving service of others is to find a new meaning for my life. Q1 Resentment

## The Art of Giving - So You Can Keep It

Interview by Diana G.

My next interview was scheduled for November 13th at the Intergroup Office with Wendy S. During the last two years I attended the monthly Intergroup Meetings as an IG Rep for my home group chaired by Wendy S. She came in as the IG Chairperson during the remaining 18 months to complete another person's term. As I listened to Wendy and watched her chair these meetings, I wanted to find out about her story.

Wendy's drinking career took off at a young age. No one could tell her what to do with her life. As Wendy stated, she was arrogant, egotistical & fresh. "I'm free, white, over 21 and can drink if I want to." As a result of Wendy's drinking there were a lot of bad consequences. She would get into a series of terrible situations. Waking up in places she did not know and places she did not need to be, always feeling like utter crap.

Wendy attended her 1st AA meeting by court order at the A Club in New Port Richey in 1987. In the room was a bunch of old farts. Wendy felt like she touched a hot stove and she just got burned. She never suffered the real consequences of her choices because she followed her own orders. She attended her AA meeting regularly and listened to her sponsor, Shirley, who was professional, ladylike, and knowledgeable. Wendy also told me about Tiny, the storyteller of the group and other members.

Wendy married in '87 and became a mother during those first sober five years. Then Wendy began to believe that she was not an alcoholic and started drinking again.

She soon received another DUI and as luck would have it, she got the same judge from 5 years before. This time things were different, there were serious consequences to her drinking. Child services was involved. She considered her mother an enabler but this time her mother could not save her.

Wendy again walked through the doors of the A Club. A sponsor, Helen F. was appointed to her by an old-timer named Bert. These first 5 years were challenging. She realized she was the drunk horse thief that sobered up.

She liked what Shirley had but now the real work was to begin with character building. She became more involved in A.A. with Service work. She had sponsors (Mary T, Candace, Louise W.) that were more involved with Service Work outside of the A Club walls. Wendy was stunned to find there was AA out there and it was not just in the A Club.

Wendy got involved with AA at the A Club doing service work. She was working the program one day at a time and relating to the people instead of comparing. Along with cleaning the A-club, Wendy was a member of their board and Secretary of her home group, "Attitude Adjustment." She wrote the 1st newsletter before there we had the Communique. Wendy had a close-knit circle of AA friends and became involved with more service work outside of her home group. She attended school and received her degree in nursing.

Then the "shit" hit the fan during the tenth year of sobriety. She found herself as a single mother with a daughter having her own issues. She began experimenting with drugs/alcohol and ended up being hospitalized. Her husband was arrested and deported from the US to Canada permanently. Wendy's friend Dee says this was God doing for Wendy what she could not do for herself. Wendy was also losing her home due to foreclosure. A couple in the program gave Wendy a loan for her back payments. She then made monthly payments until the loan was paid off. During this time Wendy turned to her sponsor and friends in the program, attended meetings and stayed involved with service work. Wendy was going through all of this WITHOUT drinking.

Wendy now leads by example. She will be celebrating 28 years of sobriety on January 13, 2021. She remarried in 2010 to Michael. Her daughter, now in her 30s, is doing well and following her own path to happiness. Wendy's mom lives with her, works as an RN in Hudson, and continues to attend AA meetings. Wendy served as a GSR and attended several assemblies representing her home group. She continues to serve AA, presently as our Intergroup Chairperson. She stepped into that position midterm and was elected to serve her own term for another two years.

As I ended the interview, I asked Wendy if there was anything else she would like to share. With a smile on her face she said, "I learned to give in order to keep," and "Don't give up before the miracle happens!"

Q3 self-will

# HERNANDO COUNTY INTERGROUP OCT 2020

	<u>20-Oct</u>	<u>Jan - Oct 20</u>		<u>20-Oct</u>
AA Way of Life Grp	50.00	80.00		
Algood Grp	80.00	320.82	<b>Income</b>	
Anonymous	0.00	919.19	<b>Income</b>	
Aripeka Open Speaker	0.00	180.00	<b>Group Contributions</b>	546
Ask it Basket	0.00	1.48	<b>Sales</b>	
Fellowship We Crave	0.00	50.00	<b>AAWS Books</b>	272.75
Fresh Air	0.00	145.00	<b>Medallions</b>	105
Fun & Frolic	0.00	100.00	<b>Non AA Books</b>	39.2
Garden Grove Grp	0.00	80.00	<b>Other Recovery Items</b>	<u>98</u>
Heavy Hitters	0.00	236.50	<b>Total Sales</b>	514.95
Hernando Beach	0.00	25.00	<b>Income - Other</b>	<u>0</u>
Hope Grp	0.00	100.00	<b>Total Income</b>	<u>1,060.95</u>
Ladies Big Book Grp	0.00	60.00	<b>Total Income</b>	1,060.95
Let Go and Let God	0.00	139.74	<b>Cost of Goods Sold</b>	
Living Sober Grp	0.00	104.71	<b>Cost of Goods Sold</b>	<u>365.51</u>
More Serenity Sisters	0.00	50.00	<b>Total COGS</b>	<u>365.51</u>
Precisely II	0.00	400.00	<b>Gross Profit</b>	695.44
Principles Before Personalities	109.46	1145.24	<b>Expense</b>	
Ridge Manor Grp	250.00	450.00	<b>Facilities and Equipment</b>	
Rough Road Grp	0.00	411.34	<b>Rent, Parking, Utilities</b>	<u>360</u>
Serendipity Sisters	0.00	250.00	<b>Total Facilities and Equipment</b>	<u>360</u>
Singleness of Purpose	0.00	160.00	<b>Total Expense</b>	<u>360</u>
Step Sisters	0.00	65.00		<u>335.44</u>
Sunset Grp	0.00	360.00	<b>Net Income</b>	<b>335.44</b>
The Promises	0.00	50.00	<div style="border: 1px solid black; padding: 10px; background-color: #e0f2f1;"> <p style="text-align: center; margin: 0;"><b>SELF-SUPPORT</b></p> <p style="margin: 5px 0;">The Seventh Tradition states: "Every A.A. group ought to be fully self-supporting, declining outside contributions."</p> <p style="margin: 5px 0;">While contributions cover each group's rent and other expenses, the Seventh Tradition is essential at every level of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. This keeps A.A. free of outside influences that might divert us from our primary purpose — to help the alcoholic who still suffers.</p> <p style="margin: 5px 0;">The amount of our contribution is secondary to the spiritual connection that unites all groups around the world.</p> </div>	
The Steps We Took	6.54	74.39		
There is a Solution	50.00	250.56		
Thursday Night Step	0.00	0.60		
Together We Stand	0.00	30.00		
Umbrella Group	0.00	333.50		
Unity Meeting	0.00	292.40		
WISE Women	0.00	100.30		
Women's Serenity Group	0.00	86.90		
<b>546.00</b>	<b>7052.67</b>			

**DISTRICT 13 TREASURER'S REPORT - OCTOBER 2020**

GROUP	DISTRICT		CORRECTIONS	
	OCT	YTD	OCT	YTD
<b>AL GOOD GROUP</b>	<b>30.00</b>	<b>120.00</b>		
Aripeka Big Book				
Aripeka Open Speaker				
Audio Big Book				
Brksvl Heavy Hitters				
Easy Does It				
Fellowship We Crave				
Friendship Group				
Fun & Frolic Group				
Happy Hour Group				
Hernando Beach		25.00		
Hope Group			84.00	
LadiesBigBook		60.00		
<b>LET GO &amp; LET GOD</b>	<b>25.00</b>	<b>100.00</b>		
Let's Get Serious				
Life Goes On Group				
Living Sober				
More Serenity Sisters		75.00		
<b>PRINCIPLES BEFORE PERSONALITIES</b>		385.67	<b>40.00</b>	180.00
Promises Group		30.00		
Ridge Manor Big Book		40.00		130.00
Rough Roads Group		45.00		51.00
Serenity Sisters Group				
Singleness of Purpose		9.00		
Sprint Hill Group				
Step in the Right Direction				
Step Sisters		65.00		
Steps We Took				
Sunset Group		240.00		100.00
The Steps We Took		25.00		
The Usual Suspects				
<b>THERE IS A SOLUTION</b>	<b>80.00</b>	305.00		
Thursday Night Step				
Tranquility Group				
Umbrella Group		179.80		
W.I.S.E. Women				
Women's Serenity Group		51.14		
Young Men's Group				
Intergroup Communique		582.62		
<b>Intergroup Pink Can</b>			<b>9.88</b>	48.77
Other (Jeff)	<b>15.00</b>	15.00		
<b>TOTAL.....</b>	<b>150.00</b>		<b>49.88</b>	
<b>YTD District.....</b>	<b>2353.23</b>		<b>593.71</b>	

**2020 Group Contributions to District**

June	July	Aug	Sept	Oct.
218.80	323.13	240.00	135.00	150.00

**SUNTRUST BANK BALANCES**

**SAVINGS**

Beginning 10/1/2020 1000.44

Ending 10/31/2020 1000.45

**CHECKING**

Beginning Balance 2794.47

Group Contributions 150.00

IG Pink Can 9.88

Individual Contribution 15.00

Ending Balance..... 2994.35

**OUTSTANDING CHECKS**

Laurie C. -

#376 Nov. Communique 255.00

#377 Dec. Communique 255.00

Nina V -

#378 Oct. Zoom 16.07

Intergroup

#362 Oct. Archives rent 15.00

(541.07)

**ACTUAL BALANCE.....\$2453.28**

**OCTOBER 1970**

Excerpt from Seventh Tradition Checklist  
 BY: B. L. | MANHATTAN, NEW YORK

“I did, though, feel embarrassed the first few times the collection hat came my way. I was so ashamed to have not even a dime for it that I might have stayed away if the leader had not made a little speech one night. He said it was perfectly all right for those of us with no dough at present to let the hat pass by, since everyone there understood being broke. Visitors were asked not to contribute, also, because AA wanted to be self-supporting, he said, and we needed only a little money for our purposes.

Later, as treasurer of a group, I understood more clearly those purposes: paying rent for the meeting room, providing AA literature to carry the message outside the meeting room, and putting coffee into the pot. In addition, we sent a certain percentage monthly to our local central office (intergroup) and another portion to keep the big world central office (the General Service Office) going.” Q5 selfishness, dishonesty, resentment, fear

## A Grateful Christmas Story, Interview By: Sue S

I was born in New York City to a dysfunctional alcoholic Mother and I was immediately taken away from her. I was put in foster care but my Aunt took us in, Over the next 5 years we lived with my Aunt, she treated us well and we had a good life, but then around age 5 my Mother came back into our lives, she was about to have another child and needed me back to care for the baby and my other siblings. My Mother had the baby and because of alcohol and mental illness was not capable of taking of us, at age 5 it all fell on me and I became the caretaker of the baby and my other siblings. I was out on the street stealing food from vendors, fighting, or conning just to get food for my siblings and myself.

I had my 1<sup>st</sup> drink around 9 years old, it was a really hot day and I was hungry and looking for food and all I could find was Canterbury wine in the fridge and drank it to fill my belly, I didn't realize at the time what it would do to me but I loved the feeling I wasn't hungry and I wasn't scared although I did get sick.

At 12 years old they finally caught up with me for missing so much school and took us away from my Mother. I was brought to Massachusetts to live with a woman. I was in school one day and was called down to the Principles office; I was accused of stealing something. At this time, I had been stealing a lot, but I was innocent this time. I started running away and the women I was living with had finally had enough I was sent to the reformatory in Springfield, Ma.

They told me I had to call this woman Mother Superior (ha ha I will call her Mother) but not Mother Superior. At lunch I tried to run away from the reformatory and was climbing the fence when I felt someone tugging at my foot, out of instinct and despair I kicked whoever was pulling at me it just happened to be Mother Superior. I went to court for trying to escape and was faced with the reality of being sent to jail I asked the judge for a second chance. Looking back, I see this as the first miracle in my life.

I met a nun there that was significant in my life, she said she wanted to send me back to school... could not imagine this working!!! I had never had any luck in school before, you cannot learn much when your hungry, all I could ever think about was how I was going to get food. This nun taught me how important an education was, how to walk, talk and most importantly how to get along in society. I would go home for the weekend and drink a little with my sister but not much.

One day Mother superior called me to her office, I was almost 18 at the time, she asked me why I was still there. I could have left at any time and gone back home. I felt safe and at home there and didn't want to leave, I told her I wanted to become a Nun, she thought for a moment and said ok, go home for a year and when you come back you can become a nun.

Within 2 weeks of leaving I discovered men! I met my husband, but always remembered what I was told that if we had sex you had to get married, so we got married. He was a very abusive man, I tried to stick it out but after 7 years and 2 children I had to leave.

Shortly after I met my 2<sup>nd</sup> husband through friends and instantly fell in love, he was such a kind and loving man. He showed up at a friend's house with a bottle of Asti-Spumanti, and it was LOVE At first site. At this point I had progressed in my drinking and that night I drank the whole bottle by myself, once that was gone I began looking around my friends house for whatever else I could find to drink.

We got married and he was a good man. I soon learned my husband had depression. My husband would ask why I drank so much, ME! I did not think I did! My Mother was someone who drank a lot but not ME. Looking back I think my husband was one of my biggest enablers, he just wanted to help me. Holidays were great it was the time of year that for me was legal to drink as much as I wanted to, and nobody could say anything. One year my sister (who was now sober) stopped over and I was still in bed nursing my hangover. She asked if I had been drinking and I did not want to talk about it, so I said I just did not feel good. She began telling me she was now sober and telling me about AA. I asked her to leave and not to come back. She left and we did not speak again for 7 years. She left me a pamphlet Women in AA, and in the pamphlet were questions about if you could be an alcoholic. I could answer no to all questions if I manipulated the answers (like do you hide your alcohol) of course I don't, I don't think putting it in my pocketbook, is hiding it, so in my eyes that answer worked.

I went to see my priest once and admitted maybe I drank too much and I wanted to die, he said I would die if I did not go to AA.

Christmas came and I bought a bottle of Irish Mist for my neighbor and went over to drop it off, my neighbor invited me to have a drink and I thought, ok, one is ok. Especially Irish Mist it was so weak. After the drink, my husband and I went to our families to visit and I had one more, surprisingly good for this drunk. When we got home I commented to my husband how uptight I felt and he said he would make me a drink, he made one with just a little booze and lots and lots of soda. That drink I knew was being watched so I left it there and made the rounds of my hiding places where all my bottles were, hiding and drinking there. I played the game well with my husband (or so I thought). I had around 50 people coming for Christmas dinner and trying to keep busy. Next thing I knew I woke up the next day, not remembering anything but falling in my hallway, I think in a way I am grateful I do not remember anything. When I woke up the next day my hair was matted and I smelled of stale alcohol, I opened my eyes and cried God please help me! My husband opened the door and yelled, "why don't you just stop drinking", and I said I cannot, and for the first time I knew I meant it. I picked up the phone and called my brother in law who was sober, asked him to please help me, he asked me to meet him at his house at 11AM and he would take me to a meeting. It was December 26, I can tell you for the last 20 years I have not seen a December 26<sup>th</sup>, I was always too sick to leave my bed.

We went to a meeting and I walked into a room with people smiling and happy.

A woman Amy greeted me and told me to sit down and she would bring me a coffee, when she handed it to me it was a ¼ filled and I thought OMG this group is really poor, but in reality Amy knew how much I was shaking.

As it went around the room and people was introducing themselves, my brother in law said I did not have to, but I did, and it felt good. He also said I did not have to do the steps, but I have learned there are no elevators and without the steps I would still be here. I am so grateful I have learned to change myself and to be a better person. Sponsorship was so important to me; I had no idea what a sponsor did I knew I needed one.

Talking to my priest one day, he mentioned my Mother, he said someday she is going to need your help and I thought no way she can rot in Hell. He let me know he had faith that I had done work on myself and would be there to help.

Well that day came, occasionally I would stop over to check on her, and this one day as I searched her apartment, I could not find her, then I saw her behind the couch naked. She was still conscious, and I said a prayer that God give me the strength to forgive this woman and be able to help her. I got her help that day and Doctors found an aggressive cancer that was in the final stages. She went into a Nursing Home and I was able to care for her. Even now after all these years all my Mother wanted to do was to drink. The Doctors said she could because of medications but I asked if I could bring O'Doul's. In addition to the O'Doul's we also brought in grape juice and she was thrilled.

DECEMBER 2020 ANNIVERSARIES
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**Group Anniversaries (date registered GSO)**

<b><u>Group Anniversaries</u></b>	<b><u>Years</u></b>	<b><u>Let Go &amp; Let God</u></b>	<b><u>Years</u></b>	<b><u>Spring Hill Mon Night</u></b>	<b><u>Years</u></b>
Life Goes on	30	Mark K	44	Donna O	32
		Howard W	43	Andy K	31
		Michael P	3	Marc C	6
<b><u>Member Anniversaries</u></b>		<b><u>More Serenity Sisters</u></b>		<b><u>Step Sisters</u></b>	
<b><u>Al Good</u></b>		Ginny B	35	Heather S	3
Howard W	43				
Ginny B	34	<b><u>Principles B4 Personalities</u></b>		<b><u>Steps We Took</u></b>	
		Howard W	43	PJ G	5
		Melinda V	4		
<b><u>Aripeka Open Speaker</u></b>				<b><u>There is a Solution</u></b>	
Roland B	27			Maryanne N	38
Jeff M	10	<b><u>Promises</u></b>		Pam P	27
		Sam A	37	Kelly T	22
		Ken F	35		
<b><u>Heavy Hitters</u></b>				<b><u>Tranquility</u></b>	
Pam P	37	<b><u>Ridge Manor Big Book</u></b>		Mick G	11
Karen B	36	Ron S	43		
Ron S	23	Bill Mac	40	<b><u>Umbrella Grp</u></b>	
Kelly T	22			Jerry W	36
Mark L	8	<b><u>Rough Road</u></b>			
		Cliff C	37	<b><u>Wise Women</u></b>	
<b><u>Hernando Beach</u></b>		Toni O	34	Mary D	11
Rich B	27	Ed C	18		
				<b><u>Womens Serenity Grp</u></b>	
<b><u>Ladies Big Book</u></b>				Ginny B	34
Kathy R	36				
Jo M	2				

Continued from pg 7

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After losing my Mother we learned my husband had cancer, I was able to take care of him and when I lost him we had been married 34 years. I was devastated it was the first time in 20 something years of sobriety that I felt like drinking, but I reached out and had so much support within 15 minutes and I made it through.

I have been so blessed all these years, I was able to meet a man and we have been happily married for 11 years. December 26, 2020 I will celebrate 38 years one day at a time. Q4 experience, strength and hope

And for this I am so grateful.

Sandy A