

DISTRICT SCHOOL
BOARD OF NIAGARA

SPECIAL
POINTS OF
INTEREST:

- Check out our school website www.dsbn.edu.on.ca/schools/JacobBeam
- If you have any Jacob Beam t-shirts with numbers on the back, please send them back to the school. We are missing a few of our school uniforms!!

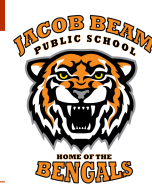
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Jacob Beam Bulletin

MAY 1ST, 2014

Principal's Thoughts



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It's such a busy time as we start to wrap up this school year and plan for our next. We are currently in the staffing process for next year. If you or someone you know is moving into or out of our area, please let Mrs. Hayward know as soon as possible as our staffing in September is based on predicted enrolment. We are still accepting kindergarten registrations for our full day Early Learning Program (JK and SK). Our Welcome to Kindergarten Day is coming up on Wednesday, May 28th. Please register so your child for kindergarten so he/she can participate in getting to know our early learning program and take a school bus ride as well!

It's been a very busy April at Jacob Beam. Our grade 3 students participated in Swim

to Survive at the YMCA in Grimsby. Kindergarten students went to St. John's Outdoor Centre for their Lambs program. We had a very successful Book Fair during the week of April 22nd. Students participated in a badminton tournament, gymnastics, and junior basketball. Our student teacher, Ms. Alcorn, ran a card club for junior students. We also had a number of spirit days including Twin Day, Dress Like a Staff Member Day, and Dress Like Your Favourite Book Character Day. Coming up in May, during Education Week (May 5th through May 9th), we are asking students to dress like a 21st century student on Friday, May 9th—be creative! What does a 21st century student look like? We do

know that students in the 21st century must be problem solvers and critical thinkers. They must be creative and technologically savvy (yet responsible). They must be citizens of the world and socially responsible. They must be highly collaborative and communicate well in many different ways. Let's see what you come up with!

Teachers are currently planning end of the year trips. Kindergarten students will be going to Leofest on Wednesday, June 11th. Our primary and junior divisions will be going to ZOOZ on Tuesday, June 24th. Intermediate students will be going to Camp Wenonah during the week of June 9th. Report cards go home on June 25th and our grade 8 graduation is on June 26th. Wow! The year has flown by!

Thank You to our Jacob Beam Community!

We are so fortunate to have such a caring and kind community. Thanks to Mrs. Svoljsak and Mrs. Snedden for organizing Autism Awareness Day. We raised \$215 for autism research. Thanks to our staff members, Mrs. Woodland, Ms. Penley, Mrs. Phillips, Mrs. Mathieson, and Mr. Sotola who ran in the DSNB Road Race to support the Education Foundation of Niagara. Thanks to Mrs. McNiven for organizing our Mother's Day fundraiser. Proceeds will go towards the purchase of kindergarten outdoor play equipment. Thanks to Mrs. Arsenault and Mrs. Svoljsak for helping with our Book Fair.

EQAO Dates

If you have a child in grade 3 or 6, please do not book any appointments for the two weeks beginning Monday, May 26th and ending Friday, June 6th. Grade 3 students will write the assessment from May 26th through May 30th and grade 6 students will write from June 2nd through June 6th. Please note, however, that we recommend that parents leave both weeks open in case we require make up days.

Planning Ahead:
Friday, June 13th is a Professional Activity Day.
There will be no classes.
Report cards go home on Wednesday, June 25th. Our school year ends on Friday, June 27th.

Supervision on the school yard begins each day at 8:40. Please do not drop off your children before this time!!

Track & Field



Jacob Beam is currently gearing up for Track & Field season. All students in grades 3 to 8 will be practicing their Track & Field skills in their regular Phys. Ed. classes. On **Wednesday, May 7th**, grade 3 to 8 students will travel by bus to the Mohawk Sports Complex, 1100 Mohawk Road East in Hamilton, to participate in our school's Track & Field Day. All participating students should come with appropriate clothing for changing weather. They should also have sunscreen and a good supply of water. A concession stand will be open and each student will receive a hot dog and water for their lunch. All parents and spectators are welcome. Students will arrive back at the school by the end of the regular school day. If you have any questions, please ask your child's teacher. Thanks to Mr. Robinson, Mr. Chuchman, Mr. Millin, and Mr. Sotola for organizing our Track & Field event at Mohawk. The regional Track & Field date will be held on **Tuesday, May 13th** at Mohawk as well.



SUMMER HEAT: Prepare your child for next year!

We are pleased to be able to offer SUMMER HEAT, a primary Summer Learning Program again this year. The program will run from Monday July 14 to Friday August 1 for students from JK to grade 4 in the fall of 2014. Kindergarten Kick Start is for students entering junior and senior kindergarten in the fall. Funshine Kids is for students who are entering grades 1, 2, 3 and 4. This three week program is entirely FREE, but space is limited so please be sure to register early. Registration can be done online starting Monday, May 5, 2014. The program will begin at 8:30 am with breakfast being provided. Students will then be involved in a variety of learning opportunities with a focus on literacy, numeracy and active living. We are excited about being able to offer this awesome program to our families. Check it out on the DSBN website at

Co-Operation



Jacob Beam's character trait for May is Cooperation. Cooperation means working together for a common purpose. At Jacob Beam, we continually focus on building a community of learners. Our mission statement speaks to the inclusiveness that we strive to create and sustain in our school. This happens when people re-

spect and care for each other. Learning is a social process and cooperation is the key. Together, we are stronger than we are individually. Helping each other succeed strengthens everyone. Cooperation is the key to the synergy associated with great accomplishments. Nothing meaningful in life can be accomplished on one's own.

There have always been and will always be people along the way who will help us move forward. No matter what the task, working cooperatively toward a common goal or purpose will always produce greater results than working alone.

Christine Waler
Principal

Solving Problems on the Playground

Free and unstructured playtime offers many learning opportunities for children. The lessons learned here can often be carried through to many other of life's tricky situations. We are grateful for the trust you have placed in Jacob Beam staff to care for your child(ren) as they learn in this way. So how can we support our children to be independent in their problem solving? Here are a few tips that can help: **Allow your child to fail.** It hurts to see your child make mistakes, however, the most important lessons are learned through our mistakes. Unless your child is in physical danger, allow him/her to learn cause and effect. A skinned knee, although sad, is just a skinned knee. Your child will learn that the behavior that caused the skinned knee should be adjusted for future. **Allow your child to struggle.** Children learn through investigation. If you are constantly putting their puzzle together, they won't learn to do it themselves. They will have no reason to learn. Next time your child is struggling, allow him/her a few minutes of reasonable frustration before you give guidance. **Make suggestions.** Instead of fixing a problem, offer alternatives that your child can do to fix the problem. If they cannot reach a bowl on the counter, say you could ask your big brother to help you

reach it, or get the stool out of the closet to reach it yourself. Give them options, and they will gradually learn that there are alternatives and choices to get out of a tough situation. **Be a sounding board.** When your child is struggling with a decision or action, allow him/her to talk to you about the struggle. Employ the previous practices. Allow them to fail, struggle and learn. You can make suggestions, but do not swoop in to fix everything immediately. **Be patient.** Allowing your children to problem solve can be frustrating. Sometimes we give in, not because we want to fix children's problems necessarily, but it's just easier and faster to fix the problem ourselves. While children need the opportunity to problem solve at school, staff are always watching to see what guidance can be given in order to support social success. The "Debug Strategies" are one way that we give gradual release of responsibility during problem solving.

The five De Bug Steps are simple. In no time, even Kindergartners can list them. The students are taught that if someone is bugging them, they should try the following:

- Step 1. *Ignore.* If that doesn't work...
- Step 2. *Move away.* If that doesn't work...
- Step 3. *Talk friendly.* If that doesn't work...
- Step 4. *Talk firmly.* If that doesn't work...

Thank you to

Mrs. Petsinis

and Mrs.

Svoljsak for

updating our

sign out front



Conflicts are inevitable. Learning how to resolve conflicts in an appropriate manner is a lesson we must all learn. Helping children develop the skills to resolve problems, using words, is part of our responsibility as a school. If you are visiting the school and witness an unresolved conflict between two students that may require adult intervention, it is very important that you report the issue to a member of our staff rather than intervene yourself. Please understand that discipline of any kind at the school must come from the school staff, based on knowing the students involved and understanding the context. This is especially true if the conflict involves your own child.

Entering/Exiting through the proper doors

Our School Safety Plan requires that all students enter and exit through the proper doors. Each division has a designated door (all entry/exit doors are on the playground side of the school). We respectfully ask all parents to wait outside the designated door to prevent congestion. As you know, it is imperative that we know who is in the school at all times and students are regularly reminded to only use their designated door. Please help us by waiting outside for your children. At no time may any student exit through the doors that face the side parking lot as cars are continually driving through the area.

Parents - Do you know what your kids may be doing?

One out of five youth have reported misusing prescription drugs in the past year!
A lot of them say they are getting them straight from their home medicine cabinet.
We can protect our kids:

- Lock up** all prescription medications
- Talk to your children** about the dangers of misusing prescription drugs
- Take back** all old or unused prescription medications to your local pharmacy or

Check www.niagararegion.ca/health for more information on Niagara's Prescription Drug Drop-off Day and a list of locations near you.





School Council Corner



**Our Next
School Council
Meeting:
Thursday,
May 22nd,
6:30p.m.**

**Please do not
park in the
back staff
parking lot. It
is too
dangerous for
children to
cross without
an adult!**

Please consider joining Jacob Beam's School Council this fall. We will have an organizational meeting in September. All parents are welcome and encouraged to join. The purpose of School Councils is to give advice to the principal on all matters relating to the education of children. We have a strong School Council at Jacob Beam with caring and dedicated parents who are committed to enhancing the school experience for all Jacob Beam students. Come join us...we need you!



All Parents are welcome and daycare is provided at every meeting.

We recently approved Jacob Beam's Code of Conduct. At our May meeting, we will begin to look at next year and plan the dates for our meetings. We will also discuss fundraising priorities.

Jacob Beam parents have volunteered to weed our front garden so that our school looks its best. Please join us if you can after school on Friday, May 9th.

Education Week: May 5-9 #DSBNEdWeek2014

Many students can recall that first moment in school when the world began to make sense, when their minds became open to new concepts, ideas and possibilities. Although that's an important time in a student's life, the reality is that education is a series of moments, each one helping to build greater understanding, self-esteem and character. During May 5-9, DSBN schools will showcase how they help students experience those "a-ha" moments each day. To learn more about Education Week, please visit www.dsbnet.org/educationweek.



Dress Like a Staff Member Day

Feedback

Please use this box to give us some feedback on how our newsletter serves your needs.

Name _____

Child/Children's names _____

Sports Concussion Update



Concussions – even mild ones – in young athletes caused while playing sports can be devastating. Returning to play too quickly can result in brain trauma that can lead to lifelong problems, including brain swelling, permanent brain damage, long-term disabilities or even death.

Concussion symptoms:

Anyone who has any of the following symptoms after suffering a head injury needs medical help: headaches, dizziness, nausea, memory dysfunction, fogginess, fatigues, sadness, nervousness, irritability and sleep problems.

Note: Most concussions occur without loss of consciousness; even a minor bump or blow can cause a concussion.

Concussion precautions:

After a blow to the head (even if the athlete seems OK), take the athlete to the emergency room for evaluation.

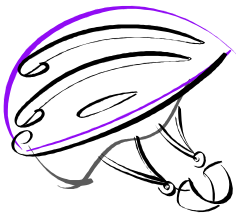
Make sure you or your child wears all required protective gear while playing the sport – even at practices. Ensure gear is undamaged and worn properly.

Always wear a bike helmet that is fitted and secured properly. Replace the helmet after any accidents whether it appears damaged or not.

Always wear your seat belt and drive at posted speed limits.

Childproof your home. Use safety gates near stairs.

Note: Any athlete suspected of having a concussion shouldn't return to play on the same day. Get the athlete's health care provider's OK before returning to play.



Junior Boys' Basketball

Our journey began way back in February with the beginning of practices and concluded in mid-April with a trip to the League Championship. Throughout the journey, each and every player came to each practice with a commitment to get better and to learn about the game, and each and every game you could see the progress and development of the players as they executed the fundamental skills they had been practicing. As a coach, you couldn't be more proud of the boys and how they developed into some fine young basketball players. From where they started to where they finished, the growth in the skills of the players was amazing. The teams excel-

lent run through the playoffs to get to the championship demonstrated this growth. We had a respectable regular season finishing with a two win, three loss record, which was highlighted by a thrilling overtime victory against Smith School that was won with a basket at the final buzzer. As they say with the playoffs, the regular season is in the past and everyone starts with a fresh record. This is when our boys started to put it all together. They knocked off Smith School in the quarter-finals, then moved on to beat first place Nelles in the semi-finals in a close 11-10 game. In the League Championship, they went up against Gainsborough School. It was a

very closely matched game and our boys played their hearts out. Both teams were very deserving of the win, however, we encountered a hot shooter and came up just short in a 24-18 loss. The boys can be very proud of what they accomplished and how well they represented Jacob Beam School. Great season boys! The team consisted of: Cole A, Reese A Troy A, Colin B, Seth H, Tristan M, Tom M, Jacob P, Daniel P, Blain P, Chris P, Preston S and Blair W (Manager). Special thanks to our parent volunteer drivers, in particular Mrs. Petsinis and Mr. and Mrs. Arsenault, and to the fans who supported their children and the team throughout the season.

Important information for parents and guardians

Measles in Ontario

Between January and April 1, 2014, Ontario has had 11 cases of measles. Recent measles outbreaks have been reported in Hamilton and Ottawa areas. In 2014, to date, there have been no laboratory confirmed cases in Niagara.

Niagara Region Public Health strongly encourages parents to fully vaccinate their children against measles.

About measles

Measles is an infection of the lungs (respiratory system) that is caused by a virus

It is easily spread from person to person

Nine out of 10 unimmunized people who come in close contact with an infected person with measles will get the disease

Measles is a serious disease, 1 in 10 will develop complications, 1 in 1000 will die

Who is at risk?

Anyone born in 1970 or after who has not had two doses of measles vaccine is considered susceptible to measles

Infants under one year of age, pregnant women, and persons with weakened immune systems can get very ill with measles

Symptoms of Measles

Fever of 38.3° C (101° F) or greater

Cough

Runny nose and red/watery eyes

Small red spots with a white speck in centre (Koplik spots) also develop inside the mouth

A red blotchy rash on the face begins on the third to seventh day and spreads downward to the rest of the body

The rash will last between four to seven days

Measles usually last for two weeks

How it is spread?

Measles is spread easily through the air or through contact with droplets from the nose and throat of infected persons

Particles from an infected person can stay in the air for long periods of time and infect others in the same room or in neighbouring rooms. People infected with measles can spread the disease to others four days before the rash appears and up to four days after the rash appears

How to prevent measles?

Measles is preventable through immunization with two doses of measles vaccine

The first dose is given at 12 months of age and the second dose is given between the ages of four to six years

If you are unsure about the vaccinations you or your children have received, contact your health care provider or Public Health

If you think you may have signs and symptoms of measles:

Remain in your own home and do not attend any social and group gatherings.

If you think you have measles, it is important that the infection is not passed to others at the doctor's office

Call ahead and tell the doctor's office about your symptoms and that you may have been exposed to the disease

You may be given the last appointment of the day, and when you arrive, you will be given a mask to wear and may be placed into an examination room right away

To receive the measles vaccination, please contact your health care provider, visit a walk-in clinic or contact the Vaccine Preventable Disease program at 1-888-505-6074 or 905-688-8248 ext. 7425 to set up an appointment.

Junior Girls' Basketball

Thanks to Mrs. Whitehead for making it possible for us to have a junior girls' basketball team this year. Mrs. Whitehead coached our team and Mr. Millin and Mrs. Haney made it possible for our girls to practice. We were so proud of our girls' team: Kendra, Keerthana, Rachael, Trinity, Kayla, Kylee, Natasha, Teagan, Briar, Mya, and Abby. Not only were our girls hard workers and enthusiastic participants, they represented our school so well with their excellent sportsmanship and positive attitudes. Way to go, girls!





ECO-School

Eco-Tip of the Day - Green Classrooms

Class Projects

1. **Recycling-** Do a recycling competition between classrooms around the school. This will create a buzz about recycling and teach kids how important it is.
2. **Propose a compost heap-** This will keep uneaten food and other biodegradable products from going into the landfill.
3. **Start a garden-** This is great for students of all ages because they will have the opportunity to eat fresh fruits and vegetables. Or you can start a floral garden.
4. **End of the day check-** During the last few minutes of the day have students check faucets, blinds are closed, windows closed and lights turned off.

School Supplies

1. **Paints-** Use water based paints, these are better for the environment but also non-toxic.
2. **Use green supplies-** Use recycled papers and other materials depending on your school's budget.
3. **Acid-free glue sticks-** Make sure you are using these for all of your school projects.

When sending in money for class trips—why not use a recycled envelope from junk mail.

Be a Germ Stopper!



Did you know that when you sneeze, you spread more than 10,000 germs and bacteria up to 12 feet away? Not only that, but the particles travel at speeds of 100 feet per second! Serious respiratory illnesses like influenza, and whooping cough are spread by:

- Coughing or sneezing
- Unclean hands

To help stop the spread of germs,

- Cover your mouth and nose with a tissue when you cough or sneeze
- If you do not have a tissue, cough or sneeze into

- your upper sleeve, not your hands
- The germs will become trapped in the fabric which prevents them from being spread to others.
- Put your used tissue in the waste basket immediately afterwards.

Clean your hands after coughing or sneezing with soap and running warm water or an alcohol-based hand rub.

Make stopping germs easy:

- Keep tissues handy
- When you can't get to a sink, have hand sanitizer at the ready

- Be a role model: teach your children the proper way to cough and sneeze and we will all be healthier for it!

We ask children to sing "Happy Birthday" twice while washing their hands to ensure that all germs have been removed.

If your child has been up through the night with a fever or throwing up, please do not send him/her to school the next day.

We need to work together to make sure we all stay healthy

The month of April at Jacob Beam



Our very "Green" Mrs. Creechan is still collecting things to recycle and make money for our school. If you have any of the following please send in: -

- ♦ Kool Aid Jammers
- ♦ K Cups (used)
- ♦ Tassimo (empty)



Award winners for the month of April

Students of the Month for April

Congratulations to the following students:

Student of the Month recipients:

Mrs Haney	Nikah, Jordan
Mr Fung	Ethan
Gr 1-1	Krstiana
Gr 2	Kenadie
Gr 2/3	Kailyn
Gr3	Owen, Emily
Gr 4/5	Eve
Gr 5/6	Christopher
Gr 6/7	Kerwin
Gr 7/8	Gabriel
Mrs D.	Kyuss






The NSO's acclaimed Summer Music Camp offers children a chance to explore music making - and have fun! SMC has classes for ages 18 months to 15 years, welcoming all skill levels, in choral, instrumental and orchestral programmes.


June 30 – July 11 (session 1)


July 14 – 25 (session 2)


Register at www.thenso.ca or call 905-687-4993 x 223


Join us at Summer Music Camp 2014!

