Carmichael *et al. Ageing Neur Dis* 2021;1:4 **DOI:** 10.20517/and.2021.07

# Ageing and Neurodegenerative Diseases

Review

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# Diverse midbrain dopaminergic neuron subtypes and implications for complex clinical symptoms of Parkinson's disease

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**How to cite this article:** Carmichael K, Sullivan B, Lopez E, Sun L, Cai H. Diverse midbrain dopaminergic neuron subtypes and implications for complex clinical symptoms of Parkinson's disease. *Ageing Neur Dis* 2021;1:4. https://dx.doi.org/10.20517/and.2021.07

Received: 16 Jun 2021 First Decision: 9 Jul 2021 Revised: 12 Jul 2021 Accepted: 14 Jul 2021 First online: 15 Jul 2021

Academic Editor: Weidong Le Copy Editor: Xi-Jun Chen Production Editor: Xi-Jun Chen

# Abstract

Parkinson's disease (PD), the most common degenerative movement disorder, is clinically manifested with various motor and non-motor symptoms. Degeneration of midbrain *substantia nigra pas compacta* (SNc) dopaminergic neurons (DANs) is generally attributed to the motor syndrome. The underlying neuronal mechanisms of non-motor syndrome are largely unexplored. Besides SNc, midbrain ventral tegmental area (VTA) DANs also produce and release dopamine and modulate movement, reward, motivation, and memory. Degeneration of VTA DANs also occurs in postmortem brains of PD patients, implying an involvement of VTA DANs in PD-associated non-motor symptoms. However, it remains to be established that there is a distinct segregation of different SNc and VTA DAN subtypes in regulating different motor and non-motor functions, and that different DAN subpopulations are differentially affected by normal ageing or PD. Traditionally, the distinction among different DAN subtypes was mainly based on the location of cell bodies and axon terminals. With the recent advance of single cell RNA sequencing technology, DANs can be readily classified based on unique gene expression profiles. A combination of specific anatomic and molecular markers shows great promise to facilitate the identification of DAN subpopulations corresponding to different behavior modules under normal and disease conditions. In this review,



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we first summarize the recent progress in characterizing genetically, anatomically, and functionally diverse midbrain DAN subtypes. Then, we provide perspectives on how the preclinical research on the connectivity and functionality of DAN subpopulations improves our current understanding of cell-type and circuit specific mechanisms of the disease, which could be critically informative for designing new mechanistic treatments.

**Keywords:** Parkinson's disease, ageing, dopaminergic neurons, dopamine, SNc, VTA, ALDH1A1, RNA sequencing, subpopulation

# INTRODUCTION

Parkinson's disease (PD) is the second most common degenerative neurological disorder affecting millions of elderly individuals worldwide. PD patients display canonical motor symptoms, including resting tremor, slowed movement, impaired posture and balance, and rigid muscles<sup>[1]</sup>. The motor syndrome is generally regarded as the result of extensive loss of nigrostriatal dopaminergic neurons (DANs) in the *substantia nigra pars compacta* (SNc) of the midbrain<sup>[2,3]</sup>. Dopamine replacement medications and deep brain stimulation surgery can improve some of the patient's motor conditions. However, no cure is available. Moreover, long-term medication can cause severe side effects, such as dyskinesia and impulsive control disorders<sup>[4]</sup>. New mechanistic insights and therapeutic agents are still needed to improve patients' treatment and life quality.

In addition to motor symptoms, PD patients often suffer from depression, dementia, and other neuropsychiatric symptoms<sup>[5]</sup>. For example, PD patients often develop cognitive dysfunctions, which leads to Parkinson's disease dementia (PDD)<sup>[6,7]</sup>. Approximately 75% of PD patients develop dementia within 10 years of diagnosis, and the prevalence of PDD is 0.3%-0.5% in the general population older than 65 years<sup>[6]</sup>. The exact pathogenic mechanisms of PDD and other PD-related non-motor symptoms are largely unknown. The cognitive dysfunctions are not improved by levodopa, the most effective drug to treat the motor symptoms in PD<sup>[6]</sup>. Therefore, an important step in intervening a complex neurological disorder such as PD is to fully elucidate the functional roles of different neural circuits responsible for specific behavioral phenotypes.

It has been generally accepted that ageing, environmental toxins, and genetic mutations contribute to the etiopathogenesis of PD. Ageing is the most significant risk factor in the development of PD and other neurodegenerative diseases. Genomic instability, epigenetic alterations, loss of proteostasis, mitochondrial dysfunction, and altered intracellular communication are among the key ageing hallmarks<sup>[8]</sup>. Various environmental toxins and genetic risk factors have been linked to PD, which affect largely overlapping molecular and cellular pathways as those implicated in ageing<sup>[9-11]</sup>. However, the molecular genetic studies often fall short in pinpointing any specific cell-types or neural circuits critical for the alterations and impairments of motor and non-motor behaviors. To better understand how different brain cells and neural circuits control diverse behaviors will therefore provide the structural framework to better appreciate the impacts of ageing and environmental and genetic factors on the cause and progression of the disease-related behavioral abnormalities.

The midbrain DANs are composed of diverse neuron subpopulations based on the location of cell bodies, projection patterns, morphology, gene expression profiles, electrophysiological properties, physiological functions, and vulnerabilities to diseases<sup>[12-17]</sup>. Since a preferential degeneration of midbrain DANs represents the most significant neuropathological feature of PD, in this review, we focus our discussion mainly on the diversity of midbrain DANs in their distinct genetic makeups, connectivity, and functionality.

Because animal research has been instrumental in understanding the pathophysiological mechanisms and developing the treatments of PD, such as the current dopamine replacement therapy and deep brain stimulation surgery<sup>[18]</sup>, we mainly summarize the research findings from preclinical animal models.

# MOLECULAR GENETIC DIVERSITY OF MIDBRAIN DOPAMINERGIC NEURONS

Midbrain DANs, residing in the ventral region of the midbrain, are grouped together based on their ability to synthesize and release dopamine, a key neuromodulator involved in motor control and learning, motivation, cognition, and reward<sup>[19,20]</sup>. Dysfunction of midbrain DAN-mediated dopamine transmission has been associated with PD, schizophrenia, addiction, and other neurological and psychological disorders<sup>[5,21,22]</sup>. Traditionally, midbrain DANs can be divided into three main subgroups, retrorubral field (RRF, A8), SNc (A9), and ventral tegmental area (VTA, A10), in humans and rodents<sup>[23,24]</sup>. The midbrain DANs also differ in their axon projections to different brain regions and physiological functions. In addition, the SNc DANs are relatively more vulnerable to neuronal toxins in rodent PD models and preferentially degenerated in PD patients<sup>[25,26]</sup>. However, molecular genetic makers are needed to better characterize different DAN subtypes, as well as their distinctive connectivity and functionality.

The midbrain DANs selectively express genes critical for the dopamine synthesis, transport, and degradation, such as tyrosine hydrolase (TH), vesicular monoamine transporter 2 (VMAT2), dopamine transporter (DAT), and aldehyde dehydrogenase 1a1 (ALDH1A1)<sup>[27]</sup>. The midbrain DANs also express transcription factors critical for the DAN differentiation and survival, including nuclear receptor related 1 protein (NURR1), pituitary homeobox 3 (PITX3), and forkhead box protein A1/2 (FOXA1/2)<sup>[28,29]</sup>. The molecular genetic difference between SNc and VTA DANs was initially studied by immunostaining and *in situ* hybridization using preselected genetic makers. Those markers included G-protein activated inwardly rectifying potassium channel 2 (GIRK2/KCNJ6), which is more abundant in SNc DANs<sup>[30,31]</sup>, and calbindin (D-28K, CALB1), which is more enriched in VTA DANs<sup>[32-34]</sup>. However, those genetic markers are not exclusively expressed by the SNc or VTA DANs. Additional genetic markers are required to specifically investigate the functions of different SNc and VTA DAN subtypes. The whole-genome gene expression studies using microarray and RNA sequencing (RNAseq) technology, especially the latest single cell RNAseq (scRNAseq) techniques, in combination with Laser Capture Microdissection (LCM) and Fluorescence-Activated Cell Sorting (FACS) procedures, provide the means to systematically identify distinct genetic identifiers for diverse DAN subpopulations<sup>[35]</sup>.

# Laser capture microdissection, fluorescence-activated cell sorting, and microarray studies of differential gene expression between SNc and VTA DANs

The TH-positive DANs in SNc and VTA were visually marked with a so-called rapid immunostaining procedure, and then collected separately by LCM. RNAs were extracted from the LCM-isolated SNc and VTA samples and subjected to microarray analyses. In both rat<sup>[36]</sup> and mouse<sup>[37]</sup> studies, numerous differentially expressed genes were found between SNc and VTA DANs. Some of those differentially expressed genes were reported by both studies. For example, the expression of Igf1, Gad1, Drd2, and Sncg is higher in the SNc, while the expression of Otx2, Tacr3, and Lpl is higher in the VTA. However, very few genetic markers can be used to distinguish between the SNc and VTA DANs, indicating that the molecularly defined DANs may not always be confined within the anatomical boundaries. In our studies, while we found that the majority of ALDH1A1-positive DANs are distributed in the ventral tier of SNc, a minority population is scattered in a broad region in the VTA<sup>[38,39]</sup>. A combination of two or more genetic markers would be required to identify a distinct subtype of DANs in SNc or VTA. On the other hand, since there were non-dopaminergic cells within the LCM samples, additional immunostaining and *in situ* hybridization experiments are needed to verify the expression of any gene of interest in the DANs. Furthermore, because of difficulty in physically isolating small DAN clusters by LCM, the distinct gene

expression profile of DAN subtypes can only be elucidated by the later FACS and scRNAseq techniques.

#### Multiple subtypes of midbrain DAN identified by single-cell RNA-sequencing

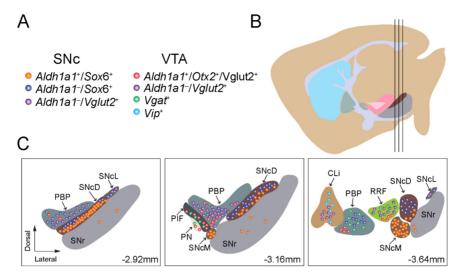
By employing the newly available scRNAseq technology, recently multiple studies have been performed to reveal the diverse gene expression profiles of midbrain DANs at single cell level<sup>[35]</sup>. These high-resolution gene expression studies demonstrate more complex gene expression patterns in individual midbrain DANs, identify more DAN subtypes with additional genetic markers, and improve our understanding of the genetic diversity of midbrain DANs<sup>[14,40-43]</sup>. Based on distinct gene expression patterns, midbrain DANs may constitute about 10 or even more subtypes. However, different numbers of DAN subtypes were reported from different studies, which often used different subtype names and proposed different genetic markers for clustering the subtypes. These differences reflect different technical approaches and classification criteria in their studies, while presenting a challenge to other researchers to consistently define the major subtypes of midbrain DANs<sup>[44]</sup>. We highlighted seven major midbrain DAN subtypes and listed their unique classification criteria based on the published mouse scRNAseq studies [Figure 1]. The heterogenous gene expression profiles of midbrain DANs revealed by scRNAseq and verified by the follow-up RNA scope in situ hybridization demonstrate the distribution of distinct subgroups of DANs in the developing and adult mouse midbrains. For example, the ALDH1A1-positive SNc DANs, which are mainly located in the ventral tier of SNc, express high levels of Sox6, Th, Dat, Aldh1a7, Lmo3, Anxa1, and Sncg, but not Otx2 and CALB1<sup>[40,43]</sup>. By contrast, the ALDH1A1-positive VTA DANs, which are found to be intermingled with other cell types in the VTA, express high levels of CALB1 and Vglut2, but not Sox6<sup>[14,17,40,43-46]</sup>. Therefore, based on the co-expression of Sox6 or CALB1, ALDH1A1-positive DANs can be assigned to SNc or VTA subregions in the midbrain [Figure 1]. Further in-depth analyses of distinct gene expression in ALDH1A1positive SNc or VTA DANs may reveal additional molecularly and anatomically defined subtypes responsible for distinct physiological functions. To reliably interpret scRNAseq data, future studies need to improve the sensitivity in detecting low-level gene expression, as well as increase the numbers of cells collected in each experiment.

# DIVERSE SNC DOPAMINERGIC NEURON SUBPOPULATIONS

The midbrain DAN system is the largest and most complex in primates compared to rodent species, with up to 600,000 TH-positive cells in humans compared to ~25,000 TH-positive cells in mice<sup>[47]</sup>. In rodents, about half of the TH-positive cells across A8, A9, and A10 are found within the substantia nigra  $(SN)^{[47]}$ . In monkeys and humans, there is both a large increase in the number of TH-positive cells and an even larger percentage (> 70%) of the number of TH-positive cells that are located in the SN<sup>[47]</sup>. Beyond simply noting the number and percentage of SNc dopamine neurons across species, studies have also gone on to document the anatomic, molecular, and functional diversity of SNc DANs.

#### Anatomic and molecular diversity of SNc dopaminergic neuron subtypes

The DANs in the midbrain of rodents and primates can also be classified into a dorsal tier and a ventral tier<sup>[48-50]</sup>. The SN itself can be further subdivided into the SNc and *substantia nigra pars reticulata* (SNr). DANs are very densely packed within the SNc, while neurons are more sparse and diffuse within the SNr<sup>[51]</sup>. The DANs in the SNc are well known for their projections to the dorsal striatum (which consists of the caudate nucleus and the putamen) in what is known as the nigrostriatal dopamine pathway<sup>[52]</sup>. It has been well established that the striatum can be divided into two neurochemically distinct compartments, each with differential inputs, gene expression, connectivity, and distributions of neurotransmitters and neuromodulators<sup>[53-61]</sup>. These two compartments are referred to as striosomes (also known as patches) and matrix. When considering striatal input from midbrain DANs, unique sets of DANs produce projections to the patch and matrix compartments in both rodents and primates<sup>[62,63]</sup>. This organization of SNc DAN projection begins during development. Early on, dopamine input to postnatal striatum is organized into



**Figure 1.** We outline the regional distribution of seven molecularly defined DAN subtypes in the SNc and VTA: (A) a list of molecularly defined DAN subtypes in the SNc and VTA; (B) a sagittal view of adult mouse brain where the three vertical black lines mark the positions of three cross-sections depicted in (C); and (C) regional distribution of molecularly defined DAN subtypes in the midbrain at Bregma-2.92, -3.16, and -3.64 mm. SNcD: SNc dorsal; SNcM: SNc medial; SNcL: SNc lateral; PBP: parabrachial pigmented nucleus; Cli: caudal linear nucleus of the raphe; PN: paranigral nucleus; PIF: parainterfascicular nucleus; SNc: *substantia nigra pars compacta*; VTA: ventral tegmental area.

patch compartments. As development progresses, the matrix is eventually innervated by its own DA afferents<sup>[50,52,64,65]</sup>.

Recent work has demonstrated that even within a specific target region, DAN subtypes have partially overlapping yet distinct projections<sup>[66]</sup>. With respect to SNc DANs, three projection patterns were identified. These projections segregate along different axes of the caudate putamen. One of these projection patterns projects for the most part to locomotor areas of the striatum and consists of neurons positive for ALDH1A1, Sox6, and Ndnf that mainly project their fibers to rostral, intermediate, and caudal caudate putamen<sup>[66]</sup>. Another projection group originating in the dorsal SNc consists of neurons positive for CALB1 and Sox6 but negative for ALDH1A1 that project to the medial rostral caudate putamen and ventromedial regions of the intermediate and caudal caudate putamen. A third group consists of neurons positive for Vglut2 and CALB1 but negative for Sox6 that are located in the lateral SNc and project to the tail of the caudate putamen more so in response to novel cues and salience than error prediction<sup>[67]</sup>. DANs that project to cortical and limbic areas in both rat and monkey, while mostly derived from the VTA, are also present in lower numbers in the dorsal tier of the SNc<sup>[47,68-70]</sup>.

In addition to projections, research has also investigated the inputs to nigrostriatal DANs and supports an integration of inputs from the autonomic, somatosensory, and motor areas. The greatest source of input is from the dorsal striatum, with a lot of input coming from the globus pallidus as well<sup>[71]</sup>. There are also notable projections from the central nucleus of the amygdala, entopeduncular nucleus, bed nucleus of stria terminalis, paraventricular hypothalamus nucleus, parasubthalamic nucleus, zona incerta, superior colliculus, supraoculomotor periaqueductal gray, dorsal raphe nucleus, pendunculotegmental nucleus, cuneiform nucleus, and parabrachial nucleus<sup>[71]</sup>. Additionally, strong excitatory inputs from the subthalamic nucleus and somatosensory and motor cortices may contribute to quick responses in the SNc DANs during salient events.

#### Functional diversity of SNc DAN subtypes

Various genetic, behavioral, and pharmacological studies have established a role of the nigrostriatal dopamine pathway in motor function, with reward largely associated with the mesolimbic dopamine pathway, which consists of dopaminergic connections that project from the VTA to the ventral striatum<sup>[49]</sup>. However, research also supports the importance of the nigrostriatal dopamine pathway in reward, suggesting that both SNc and VTA midbrain DANs have altered firing in response to reward prediction and prediction errors<sup>[72]</sup>. Studies show that reward-predicting stimuli result in SN activation, highlighting the fact that changes in midbrain DAN activity are not limited to the VTA<sup>[73]</sup>. When considering SNc DANs specifically, there is again support for neuronal activation in response to reward or sensory stimuli that predict reward and inhibition by aversive stimuli<sup>[74]</sup>. These DANs are located within the ventromedial part of the SNc adjacent to VTA, which raises the need to better define those two DAN subpopulations with more definitive genetic makers. On the other hand, there are also some SNc DANs that are activated by aversive stimuli or cues that predict aversive stimuli, which are located in the dorsolateral part of the SNc<sup>[74]</sup>. The role of dopamine is expanding further to include response to novel, salient, and even aversive stimuli<sup>[75-81]</sup>.

The entire reward circuitry within a brain is a complex neuronal network with different aspects of rewardand incentive-based learning associated with pathways and connections within the larger reward network<sup>[49]</sup>. Reward systems are strongly associated with not only reward processing but also cognitive planning and motor control pathways that together all contribute to implementing an action plan for goaldirected behavior in response to reward and motivation<sup>[49]</sup>. For a long time, the basal ganglia were well known mostly for their role in motor behavior<sup>[49]</sup>. The nigrostriatal pathway has commonly been recognized as being involved in the facilitation and control of voluntary movement<sup>[82]</sup>. Nigrostriatal DANs allow information regarding movement to be sent from the SN to the striatum and are critical for normal movement capabilities. When information is transmitted to the striatum, desired movements can be initiated<sup>[83]</sup>. Nigrostriatal dopamine input to the striatum also plays a role in the initial learning and memory of sequential motor tasks and motor skill learning<sup>[84,85]</sup>. We now know that the basal ganglia are involved not just in motor function, but more widely in a range of emotional, cognitive, and motivation functions that allow for goal-directed behaviors<sup>[49]</sup>.

In terms of where in the SNc motivational value or salience signals, reward value coding, activity in response to aversive stimuli, and signals for trial start of unexpected time cues occur, each specific signal type is most strongly associated with some part within the SNc<sup>[75]</sup>. Ventromedial SNc DANs are strongly associated with motivational value signals, dorsolateral SNc DANs are strongly associated with motivational salience signals, ventromedial SNc DANs are strongly associated with standard reward value coding, lateral SNc DANs are strongly associated with aversive cues that lead to excitation, and DANs throughout the SNc are associated with trial start cues and unexpected time cues<sup>[74,86,87]</sup>. Adding to what we know about reward prediction error of dopamine signaling, recent research has worked on investigating the role of dopamine in impulsivity<sup>[88-91]</sup>. Different SNc groups and their corresponding projections are suggested to be able to distinguish between decisional impulsivity and motor impulsivity. Research suggests that the two types of impulsivity are regulated by different dopamine systems<sup>[88]</sup>. Specifically, the medial SNc dopamine group plays a role in value-coding, or the difference in response between reward and punishment, and is associated with impulsive choice. On the other hand, the ventral and lateral SNc DAN groups play a role in salience-coding, or the difference in response between group share and aversive stimuli, which are associated with response inhibition.

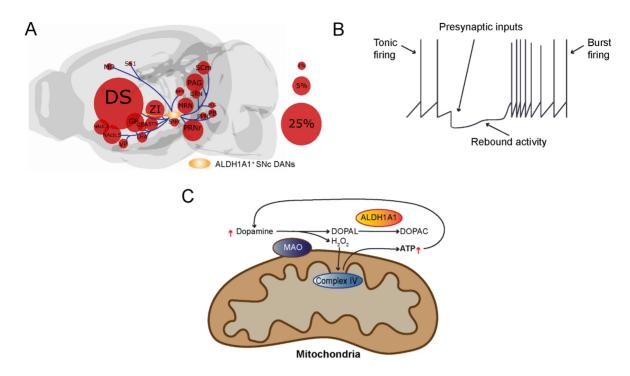
Differences in function between ventrally and laterally positioned SNc DANs have also been demonstrated for other behaviors. ATP-sensitive potassium (K-ATP) channel activity in medial SN DANs, but not lateral SN DANs, allows for *in vivo* burst firing that is critical for novelty-dependent exploratory behavior but not standard locomotion<sup>[92]</sup>. Research also suggests nigrostriatal DAN activity signals the start or stop of action sequences and is involved in action selection, in addition to its role in reward-based learning<sup>[93-96]</sup>. Pathways that involve the SNc are also critical for learning to orient to food cues and for increasing motivation to perform reward-seeking actions<sup>[75,97-101]</sup>.

# Distinct characteristics of ALDH1A1-positive SNc DAN subpopulation

Although the classification of midbrain DANs into the A8, A9, and A10 cell groups is still commonly used, recent work suggests the existence and importance of functional and gene expression heterogeneity of subgroups within each of these cell groups<sup>[12,14,66,75,102-105]</sup>. One subtype of SNc DANs that is of particular interest, especially in the context of PD, is the ALDH1A1-positive subtype of SNc DANs<sup>[106]</sup>. ALDH1A1 oxidizes the highly reactive dopamine catabolite 3,4-dihydroxyphenylacetaldehyde (DOPAL)<sup>[107]</sup>, and neurons that express ALDH1A1 correspond to ventral tier nigrostriatal DANs, which are preferentially degenerated in PD<sup>[15,36,108]</sup>. The ALDH1A1-positive SNc DAN subtype accounts for about 70% of SNc DANs<sup>[15,39]</sup>. The ALDH1A1-positive subtype has its own pattern of projections and inputs that is distinct from the connectivity patterns of other SNc DAN subtypes, in addition to playing an important role in the acquisition of skilled movements in rodent models of PD<sup>[39,106]</sup>.

ALDH1A1-positive DANs in the SNc project primarily to the dorsal striatum<sup>[39,109]</sup>. The projections to the striatum appear to be arranged along a medial to lateral axis based on the position of their cell bodies. The more caudal ALDH1A1-positive SNc DANs project to more rostral areas in the striatum<sup>[39]</sup>. However, only a small fraction of ALDH1A1-positive SNc DAN axons converge to the striosomes<sup>[39,66,110]</sup>. In terms of inputs, ALDH1A1-positive SNc DANs receive most of their input from the caudate putamen, but they also receive substantial input from other areas in the striatum, pallidum, hypothalamus, and midbrain [Figure 2A]<sup>[39]</sup>. While there is less input from cortical areas, most of the input that is derived from there is coming from primary and secondary motor cortices and the somatosensory cortex, implicating a role of the regulation of ALDH1A1-positive SNc DANs in sensorimotor activity<sup>[39]</sup>. Relative to ALDH1A1-positive DANs in the VTA, those in the SNc receive more inputs from the caudate putamen, particularly the lateral caudate putamen which is heavily innervated by the ALDH1A1-positive SNc DANs, supporting a strong reciprocal innervation<sup>[39]</sup>. Compared to inputs to all SNc DANs, more inputs to ALDH1A1-positive SNc DANs come from the ventral striatum and the hypothalamus while fewer inputs originate from neurons in the cerebral cortex, pallidum, amygdala, and midbrain<sup>[99,71]</sup>.

With respect to its distinct functional role, ALDH1A1-positive SNc DANs are critical for the acquisition of motor skill learning in the rotarod task in a mouse model that is not alleviated by dopamine replacement therapy<sup>[39]</sup>. More generally, it seems that timely and dynamic regulation of dopamine release by ALDH1A1-positive SNc DANs plays an important role in mediating goal-oriented actions requiring high levels of motor motivation. Compared to the ALDH1A1-negative SNc DANs, the ALDH1A1-positive SNc DANs possess a distinct rebound activity after hyperpolarization [Figure 2B], resulting in alteration of firing pattern from evenly paced tonic firing to high frequency burst firing<sup>[16,106,111]</sup>. The burst firing may lead to increase of dopamine release, an indicator for engagement of certain actions. The presynaptic inhibitory inputs from striosome direct pathway spiny neurons play a major role in regulating the transition from tonic firing to burst firing of ALDH1A1-positive SNc DANs<sup>[111]</sup>. During the burst firing, the cytosolic dopamine can be oxidized by mitochondria-attached monoamine oxidase (MAO) to produce H<sub>2</sub>O<sub>2</sub> and DOPAL [Figure 2C]<sup>[112]</sup>. The H<sub>2</sub>O<sub>2</sub> can then be utilized for mitochondrial Complex IV-mediated ATP production<sup>[112]</sup>, while the increase of ATP production may lead to increase dopamine release and reuptake,



**Figure 2.** Presynaptic inputs alter the firing pattern of ALDH1A1-positive SNc DANs, in which the burst firing recruits dopamine for ATP production: (A) We outline the locations of major input neurons in the brain that directly innervate ALDH1A1-positive SNc DANs. While the ALDH1A1-positive SNc DANs integrate diverse synaptic inputs from different brain regions, they provide the output mainly to the dorsal striatum. The size of the circles represents the percentage of overall inputs. (B) Presynaptic inputs regulate the transition from tonic firing to burst firing of ALDH1A1-positive SNc DANs. (C) Cytosolic dopamine can be oxidized by mitochondria-attached MAO to produce  $H_2O_2$  and DOPAL.  $H_2O_2$  can be used for Complex IV-mediated ATP production, while the cytotoxic byproduct DOPAL can be neutralized by ALDH1A1. The increase of ATP production may lead to increased dopamine release and reuptake, resulting in further increase of ATP production and dopamine release during the burst firing. DS: Dorsal striatum; ZI: zona incerta; NAcb.C: nucleus accumbens core; NAcb.S: nucleus accumbens shell; MO: motor cortex; SS1: somatosensory cortex; VP: ventral pallidur; GPe: globus pallidus; STN: subthalamic nucleus; PAG: periaqueductal gray; APN: anterior pretectal nucleus; MRN: medial raphe nucleus; PRNr: pontine reticular nucleus roastral; PPN: posterior pretectal nucleus; PCG: pontine central gray; SCm: superior colliculus medial; DRN: dorsal raphe nucleus; CEA: central nucleus of the amygdala; LHA: lateral hypothalamus; PB: pontine parabrachial nucleus.

resulting in further increase of ATP production and dopamine release during the burst firing [Figure 2C]. The presence of ALDH1A1 neutralizes the cytotoxic byproduct DOPAL and maintains the normal function and survival of this distinct DAN subtype<sup>[106]</sup>. However, there is still more research needed regarding the integration of specific excitatory and/or inhibitory inputs in functionally regulating ALDH1A1-positive SNc DANs before we fully understand the role of ALDH1A1-positive SNc DANs in motor learning.

## DIVERSE VTA DOPAMINERGIC NEURON SUBPOPULATIONS

VTA holds an intriguing and diverse population of DANs in the midbrain<sup>[104]</sup>. The VTA neurons synthesize several major neurotransmitters, including dopamine, GABA, and glutamate<sup>[113]</sup>. While most neurons in the VTA are dopaminergic, the exact percentage can vary between subregions. Overall, only around 50% exclusively secrete dopamine, while others co-secrete glutamate and GABA or do not secrete dopamine at all<sup>[114,115]</sup>. In contrast to the SNc, which is greatly associated with movement, the VTA is more related to emotion and cognition<sup>[116,117]</sup>. All of these functions are impaired in PD<sup>[118]</sup>, making both regions of great translational interest. The anatomical separation of the VTA is not clear, hence its name ending in "area", not "nucleus". Its separation from the SNc is best described based on both its functional projections and molecular markers<sup>[104]</sup>. While the SNc tends to project to the striatum via the nigrostriatal pathway, which is critical for motor movement, the VTA largely mediates dopamine secretion through limbic and cortical

projections<sup>[119]</sup>. These two, divergent VTA pathways are known as the mesolimbic and mesocortical, respectively<sup>[120]</sup>. They are especially important for incentive-based behavior, motivation, and cognition<sup>[121-123]</sup>. The mesocortical pathway projects to the prefrontal cortex and is related to the attention to reward experience, interpretation of motivation, and the cognitive appraisal to seek out reward again<sup>[122]</sup>. On the other hand, the mesolimbic pathway projects to limbic structures, such as the amygdala, nucleus accumbens, and hippocampus<sup>[124]</sup>. Different stimuli can lead to different degrees of dopamine secretion or firing patterns<sup>[125-127]</sup>, helping to explain why some drugs may be more addictive than others.

## Molecular, anatomical, and functional subclassification of VTA components

The VTA DANs were originally classified into five subgroups but are presently further segregated into seven due to analyzing the differential expression of GIRK2, calbindin, DAT, and TH<sup>[128]</sup>: interfascicular nucleus (IF), rostral linear nucleus (RL), caudal linear nucleus of the raphe (CLi), paranigral nucleus (PN), parabrachial pigmented nucleus (PBP), parainterfascicular nucleus (PIF), and ventral tegmental area rostral (VTAR) [Figure 1]. The VTA has a greater diversity of DAN subtypes when compared to RRF and SNc groups. Despite these classifications, several studies have detected heterogeneity, even within the clusters, both molecularly and functionally<sup>[129]</sup>. Some of the main differences found were between the medial and lateral VTA DANs<sup>[128,130]</sup>. These regions tended to have more calbindin-positive DANs and less DAT- and GIRK2-positive expression; in addition, the IF subregion had the smallest size DANs out of all VTA nuclei<sup>[128]</sup>. Moreover, in the lateral VTA, PBP and VTAR are on the edge of the SNc but remain distinctly classified as VTA neurons based on molecular markers<sup>[128]</sup>. Compared to SNc neurons, the PBP has a greater ratio of calbindin/TH-positive neurons, with neurons immersed in fibers aligned in different directions<sup>[128]</sup>. Likewise, VTAR DANs are remarkably less densely packed, making them distinct from the SNc<sup>[128]</sup>. There have been attempts to better organize midbrain DAN clusters, such as with single cell expression profiling in neonatal brains<sup>[129]</sup>. Certain genes were enriched in the SNc or the VTA and were used to analyze their relative expression across clusters<sup>[129]</sup>. For instance, Otx2 is mostly expressed in VTA region, while SOX6 is mostly expressed in SNc<sup>[129]</sup>. Moreover, ALDH1A1 served as a useful distinguishing marker between clusters, related to how ALDH1A1 is anatomically mainly expressed in the ventral VTA and SNC<sup>[129]</sup>.

Much remains unknown about output projection patterns from the VTA, especially with regards to different DAN subpopulations<sup>[131]</sup>. An exception is the RLi subregion, which has been well studied with regards to outputs<sup>[132]</sup>. This is further complicated by the presence of co-secreting neurons, which may secrete any combination of dopamine, GABA, and glutamate<sup>[133]</sup>. Even more, certain neurons do not secrete or reuptake dopamine despite synthesizing it and expressing TH<sup>[104]</sup>. The different circuits and functions of these VTA DAN subtypes is still somewhat a mystery and is motivating further research on projection patterns. Furthermore, function and regulation of VTA DANs can be influenced by differential upstream groups of neurons to yield reward and aversion<sup>[134,135]</sup>. This highlights how complex inputs can be in regulating the already complex diversity of VTA DANs. Better determining their transcriptome, connectivity, and functionality may be useful in better classifying and understanding the very diverse populations of DANs in the VTA.

# DIVERSE SUSCEPTIBILITY OF DOPAMINERGIC NEURON SUBTYPES IN PARKINSON'S DISEASE

PD involves loss of both SNc and VTA DANs<sup>[136]</sup>; however, the contribution of DAN loss in the VTA to PD symptoms remains controversial among scientists and physicians alike. Results from a series of studies comparing DAN counts in SNc and VTA across PD and healthy control brains stained with TH demonstrate the involvement of the VTA in PD<sup>[136]</sup>. Although researchers observed significantly more degeneration of DANs within the SNc, the substantial neurodegeneration within the VTA may contribute

to PD-related clinical symptoms, especially the non-motor syndrome<sup>[136]</sup>. It needs to be pointed out that in the previous studies the boundary between SNc and VTA was often drawn arbitrarily based on a few anatomical landmarks [Figure 1]. With the availability of increasing numbers of distinctive genetic markers, the function and survival of SNc and VTA DAN subtypes will be investigated in a more precise and molecularly defined way. In other words, future experiments are expected to pinpoint which DAN subtypes in the SNc and VTA DANs are involved, and the extent to which they are degenerated in PD. We suspect that the selective susceptibility of DAN subtypes during the progression of PD may contribute to the complex clinical manifestations of the disease.

#### Diverse vulnerability of SNc DAN subtypes

A major pathological characteristic of PD, the major cause of parkinsonism, is the preferent neurodegeneration of SNc DANs. The loss of SNc DANs is associated with both bradykinesia and rigidity, two of the major motor symptoms that occur in PD<sup>[137]</sup>. As for the reason the SNc DANs are preferentially degenerated in PD, there are multiple distinct characteristics pertaining to endogenous neurotransmitter expression, structure, physiology, and local environmental conditions of the SNc DANs that may make them intrinsically vulnerable to degeneration<sup>[138]</sup>.

#### Dopamine as a neurotransmitter

The fact that these neurons are dopaminergic suggests that dopamine itself might play a role in contributing to selective vulnerability<sup>[139]</sup>. In many ways, the oxidative chemistry of dopamine can be associated with mechanisms underlying pathways involved with dysfunction of protein degradation, deficits in mitochondria processes, protein aggregation, neuroinflammation, and oxidative stress<sup>[139,140]</sup>. Free radicals and quinones that ultimately derive from the presence of dopamine can go on to interact with different cellular components and eventually contribute to the pathogenesis of PD. In the cytosol, dopamine is synthesized from tyrosine. Specifically, tyrosine is converted into L-dihydroxyphenylalanine (L-DOPA) by TH, the rate-limiting enzyme in dopamine synthesis, which is subsequently converted into dopamine by aromatic amino acid decarboxylase<sup>[138,139]</sup>. Dopamine is stabilized by the low pH within synaptic vesicles following its sequestration there by VMAT2<sup>[141]</sup>. Unlike when dopamine is within vesicles, it readily selfoxidizes in the cytosol, and too much oxidized dopamine is thought to be toxic to the DANs<sup>[138]</sup>. One consequence of oxidation is the formation of reactive oxygen species (ROS), which, when present at too high of levels, can damage DNA, RNA, proteins, and lipids<sup>[142]</sup>. Dopamine is also capable of being oxidized into reactive quinones (DAQs) that may also alter DNA, proteins, and lipids or form DNA-adducts leading to DNA damage responses<sup>[143,144]</sup>. Self-oxidation of dopamine within the neurons is supported by the presence of neuromelanin, as DAQs serve as precursors for two different portions of neuromelanin: pheomelanin (the polymeric core of neuromelanin) and eumelanin (the polymeric surface of neuromelanin)<sup>[145,146]</sup>. Although neuromelanin is believed to be non-toxic and maybe even neuroprotective<sup>[147-149]</sup>, neurons in the SNc with high levels of neuromelanin ultimately have the greatest vulnerability in  $PD^{[25,150]}$ . This is consistent with the observation that neuromelanin can increase  $\alpha$ -synuclein levels via inhibition of proteasomal degradation which ultimately contributes to Lewy body pathology<sup>[145]</sup>.  $\alpha$ synuclein is natively unfolded and will associate with vesicle membranes. It can also form into oligomers, also known as protofibrils, which are able to permeabilize dopamine-containing synaptic vesicles and cause dopamine to leak into the cytosol<sup>[151]</sup>. The cytosolic dopamine can then react with  $\alpha$ -synuclein and create an adduct that slows the conversion of photofibrils into fibrils. This effectively maintains the presence of photofibrils, which causes more synaptic vesicle permeabilization and thus more dopamine leakage, creating a cycle of increasing cytosolic dopamine<sup>(152-154)</sup></sup>.  $\alpha$ -synuclein-dopamine adducts can also block chaperone-mediated autophagy by preventing lysosome receptors from accepting proteins and breaking them down, contributing to an increasing number of toxic proteins in the neuron<sup>[155]</sup>.

Dopamine in the cytosol can also be metabolized by MAO to form DOPAL, which is very toxic and can enhance  $\alpha$ -synuclein aggregation<sup>[156]</sup>. To protect itself, neurons will attempt to condense oxidized products, turning them into neuromelanin<sup>[147]</sup>. MAO, in its metabolization of dopamine, has been thought to produce hydrogen peroxide in the cytosol<sup>[112,157]</sup>. Recent evidence in both mouse and human DANs, however, shows that dopamine metabolism by MAO does not increase hydrogen peroxide levels in the cytosol; instead, it increases mitochondrial electron transport chain activity<sup>[112]</sup>. Perhaps electrons generated from dopamine metabolism are not transferred to oxygen but rather brought through the mitochondrial intermembrane space to the electron transport chain<sup>[112]</sup>. Although there is certainly a lot of evidence suggesting a potential pathogenic role of dopamine in the SNc neurons, there are other neurons that do not express dopamine but are still degenerated to some degree in PD. There are also DANs in other areas of the brain that are not degenerated in PD<sup>[138]</sup>. This suggests that dopamine's presence alone in SNc DANs is not the only factor contributing to the neurons' intrinsic vulnerability.

#### Preferential degeneration of ALDH1A1-positive SNc DANs in PD

DANs in the ventral tier of SNc displayed the most profound loss in the postmortem brains of PD patients<sup>[15,158]</sup>. These ventral SNc DANs selectively express ALDH1A1<sup>[15,38]</sup>. As one of the 19 members of ALDH superfamily genes in the human genome<sup>[159]</sup>, ALDH1A1 is the only one exclusively expressed by the midbrain DANs<sup>[15,38]</sup>. Within DANs, ALDH1A1 converts the highly reactive dopamine catabolic intermediate cytotoxic DOPAL into a less toxic acid form and thereby protects DANs against DOPALinduced cytotoxicity<sup>[160]</sup>. The generation of DOPAL used to be regarded as a passive event due to the oxidation of dopamine leaked in the cytosol<sup>[38,161]</sup>. A recent study suggests that the oxidation of cytosolic dopamine may actively participate oxidative phosphorylation and ATP production in DANs in response to intensive extracellular stimulations<sup>[112]</sup>. ALDH1A1 would be a key enzyme to neutralize the production of cytotoxic DOPAL during this process. The levels of ALDH1A1 expression are downregulated in PD<sup>[15,162]</sup>, while genetic ablation of ALDH1A1 and ALDH2 causes robust SNc DAN loss and motor impairments in aged mice<sup>[163]</sup>. Genetic variants in the ALDH1A1 gene locus were associated with sporadic PD cases<sup>[164]</sup>, while epidemiological studies link high exposure of fungicide benomyl, a potent ADLH inhibitor, to increased PD risk<sup>[165]</sup>. The reduction of ALDH1A1 expression may render the ventral SNc DANs more susceptible to cytosolic stresses<sup>[38]</sup>. ALDH1A1 expression level and activity can be used as an important biomarker to monitor the progression of the disease, while enhancement of ALDH1A1 activity could serve as a potential therapeutic strategy<sup>[38]</sup>.

#### *Distinct neuronal architecture: long axonal arbor and lots of branches*

The terminal field of SNc DANs are thought to be lost before cell bodies based on observations of human brains, suggesting this part of the SNc DANs is most vulnerable<sup>[158,166-169]</sup>. Multiple structural characteristics of the SNc DANs, specifically their terminal fields, may contribute to the selective vulnerability. The terminal fields of the SNc DANs are very large, dense, and wide and thus form a uniquely large number of synapses with the striatum and have many sites where neurotransmitter release can occur<sup>[170-174]</sup>. Additionally, the SNc DAN axons are long and unmyelinated with complex axonal arborization<sup>[174]</sup>. This creates a high energetic burden for action potential propagation which might contribute to increased basal stress on these neurons and make them more vulnerable to further environmental and genetic stressors<sup>[172,174,175]</sup>. Aside from long axons possibly contributing to high bioenergy requirements, the many dopamine release sites with their need for large vesicle pool and release machinery such as  $\alpha$ -synuclein could also be predicted to be relatively energetically expensive<sup>[138]</sup>.

The energetically expensive physical maintenance of protein synthesis, cytoskeleton structure, membrane potential, and synaptic transmission of such a complex neuronal architecture as that of SNc DANs may also

increase vulnerability<sup>[138]</sup>. Although high, the neurons are normally able to handle the energetic demand. However, it is when exposure to any of multiple possible environmental or genetic perturbations disrupt the link between energy production and demand that problems begin to occur<sup>[174]</sup>. All the necessary proteins, lipids, and organelles that are in the soma must be transported to distal sites via anterograde transport while some damaged structures need to be brought back to the soma for degradation via retrograde transport<sup>[176-180]</sup>. Importantly, all the transporting is happening within one long axon, which means the transported materials are much more likely to get crowded and experience disrupted trafficking<sup>[177,178]</sup>. Disrupted transport of mitochondria particularly would severely limit the spatial distribution of energy sources within the neuron. Ultimately, it seems that the long and highly branched axons of SNc DANs are particularly susceptible to the disruption of mitochondria dynamics, making these neurons particularly prone to axon degeneration.

#### Autonomous firing

Beyond distinct structural properties, SNc DANs also exhibit unique physiological characteristics that may contribute to increased and selective vulnerability to degeneration. One such characteristic is that the neurons are slow, autonomous pacemakers (unlike most neurons in the brain) with broad action potentials due to Ca<sup>2+</sup> influx<sup>[181]</sup>. This means that the SNc DANs will spike, resulting in Ca<sup>2+</sup> entry into the cell, despite receiving no excitatory input<sup>[182-188]</sup>. Autonomous firing and subsequent Ca<sup>2+</sup> entry into the neuron create an energy demand. Additionally, the continuous firing and broad action potentials cause the ionic gradients underlying excitability to be eliminated<sup>[138]</sup>. To maintain an electrochemical gradient, ATP-dependent pumps must be maintained, contributing further to energy demand. The neurons will also respond to synaptic inputs which can trigger burst firing and further increase Ca<sup>2+</sup> loading within the neurons<sup>[189,190]</sup>.

SNc DANs express low-threshold variants of the CaV1.3 L-type calcium channel, unlike most other pacemaker neurons. There is a sustained Ca<sup>2+</sup> influx because these channels never fully close<sup>[186,187]</sup>. Ca<sup>2+</sup> in the cytosol easily crosses the outer membrane of mitochondria via large nonselective pores; crossing the inner membrane of the mitochondria, however, is tightly regulated. The mitochondrial Ca<sup>2+</sup> uniporter is a selective ion channel that allows Ca<sup>2+</sup> to enter the matrix<sup>[191,192]</sup>. Ca<sup>2+</sup> within the mitochondria increases tricarboxylic acid enzyme activity and oxidative phosphorylation<sup>[193-195]</sup> which will eventually lead to ROS<sup>[140,181]</sup>. Any generated oxidants that are not taken care of by antioxidant defenses can cause a continuous oxidative stress in the mitochondria<sup>[196,197]</sup>. Continuous oxidative stress in the mitochondria can have many negative effects, including increased sensitivity of SNc DANs to toxins and ageing<sup>[181,198,199]</sup>.

Sustained levels of Ca<sup>2+</sup> that remain in the cytosol can also have negative effects, specifically by leading to increased  $\alpha$ -synuclein accumulation<sup>[200-202]</sup>. The high levels of Ca<sup>2+</sup> in the SNc DANs is not buffered much by calbindin<sup>[203]</sup>. Without sufficient buffering, Ca<sup>2+</sup> can diffuse away to various targets within the cell. Mutant  $\alpha$ -synuclein is able to increase pacemaker activity (and the subsequent stress it causes) by disrupting A-type K<sup>+</sup> channel<sup>[204]</sup>. Supporting the intrinsic vulnerability of the SNc DANs, this occurs in SNc but not VTA DANs.

#### Synaptic partners

The unique cellular environment and local neurons present near the SNc DANs may also contribute to their distinct vulnerability to neurodegeneration. Research now supports the concept that SNc DANs are relatively depolarized under normal, healthy conditions. The membrane potential of the neurons usually sits between -60 and -45 mV<sup>[205,206]</sup>. At this potential, the Mg<sup>2+</sup> block of N-Methyl-D-aspartate receptors (NMDARs) is relatively weak. Additionally, for the most part, SNc DANs express NMDARs containing the GluN2D subunit, which is relatively insensitive to Mg<sup>2+[206,207]</sup>. Together these observations suggest that there

are lots of NMDAR openings at any given time, even in healthy neurons, which can increase  $Ca^{2+}$  loading and oxidant stress in the SNc DANs. Upon prolonged exposure to high levels of glutamate outside the SNc DANs, metabotropic glutamate receptors (mGluRs) are also activated. Via a process referred to as  $Ca^{2+}$ induced  $Ca^{2+}$  release, activation of both mGluRs and NMDARs prompt the endoplasmic reticulum to release  $Ca^{2+[208]}$ .

Additionally, the SNc DANs are surrounded by a relatively high density of microglia, which are involved in inflammatory responses<sup>[209]</sup>. Microglia can become activated when exposed to proinflammatory molecules, toxins, and protein aggregates, prompting the microglia to then release molecules that may be harmful to the neurons<sup>[210-213]</sup>.

#### Involvement of VTA DAN subtypes in PD-related non-motor symptoms

Abnormal prefrontal dopaminergic and cholinergic circuits lead to a variety of cognitive symptoms, including executive dysfunction, hallucinations, and psychosis<sup>[214]</sup>. Further, the development of cognitive symptoms may serve as a predictor for PDD and amnestic dysfunction as the disease progresses<sup>[214]</sup>. To examine the neurophysiological underpinnings of PD-related depression, researchers lesioned both the SNc and VTA of rats and measured the effect of L-DOPA and citalopram administration, an amino acid precursor to dopamine and a selective serotonin reuptake inhibitor, respectively<sup>[215]</sup>. While depressive-like behavior was induced by lesioning either the SNc or VTA, symptoms were alleviated by either drug treatment<sup>[215]</sup>. These results suggest a link between both SNc and VTA DAN deficits with PD-related depression, as well as the involvement of serotonergic pathways<sup>[216]</sup>. Another study found that partial bilateral ablation of the SNc results in both motor and non-motor symptoms, while ablation of both the SNc and the tail of the VTA relieves symptoms in PD mouse models<sup>[216]</sup>. These data demonstrate the compensatory role of the VTA in moderating the DA system in response to SNc neuronal ablation<sup>[216]</sup>. Although researchers tend to focus on the involvement of the SNc due to severe neurodegeneration of DANs localized in this brain region, these findings support the role of the VTA in PD symptoms<sup>[217]</sup>.

#### VTA DAN subpopulations in the formation of declarative memory and PDD

Accumulative evidence supports an association of dopaminergic dysfunction with PDD<sup>[117,218]</sup>. PDD is likely resulted from extensive degeneration of midbrain DANs beyond the SNc regions in the late stages of PD. Which subpopulations of midbrain DANs contribute to PDD remains to be determined. With the advancement of gene profiling in individual neurons, many genetically defined DAN subtypes have been identified in different SNc and VTA subregions<sup>[14,17,43]</sup>. Using an intersectional genetic labeling strategy, a recent study found that a cluster of vesicular glutamate transporter 2-positive (VGLT2<sup>+</sup>) DANs in the ventral VTA project predominantly to the entorhinal (ENT) and prefrontal cortices<sup>[66]</sup>. Interestingly, ENT atrophy is particularly associated with PDD<sup>[219]</sup>. By contrast, VTA DANs only sparsely project to the hippocampal formation<sup>[66]</sup>. Instead, the hippocampus receives the most dopamine inputs from the afferent fibers of locus coeruleus<sup>[220]</sup>. Therefore, it would be interesting to investigate the synaptic inputs and physiological functions of VTA-VGLT2<sup>+</sup> DAN subpopulations in declarative memory formation. The knowledge gained from this study will provide cell type and circuit specific mechanisms of PDD and lay the foundation for designing new therapeutic interventions for treatment of cognitive impairments in PDD.

#### VTA DAN subpopulations in temporal control of movement and PD

Past work indicates the role of VTA in temporal control, or "guiding movements in time to achieve behavioral goals"<sup>[221]</sup>, as well as temporal expectation, or "the ability to anticipate when a stimulus occurs in time"<sup>[222]</sup>. Researchers experimentally manipulated prefrontal dopamine transmission from the VTA of rodents to examine the effect on temporal control during a fixed-interval task<sup>[221]</sup>. Temporal control was

impaired by viral RNA interference with VTA DA transmission, antagonists blocking dopamine receptor D1 (DRD1) in the medial prefrontal cortex, and optogenetic inhibition of prefrontal DRD1-positive neurons<sup>[221]</sup>. Further, temporal control during the fixed-interval task was improved by optogenetic stimulation of prefrontal DRD1-positive neurons<sup>[221]</sup>. These results suggest the involvement of mesocortical DAN projections and DRD1 within prefrontal cortex over temporal control of movement<sup>[221]</sup>. Another study investigated temporal expectation during a reaction time task in dopamine-depleted rats, while inhibiting DAN projections from the VTA with a selective neurotoxin<sup>[222]</sup>. Although VTA dopamine depletion did not alter movement and learning during the reaction time task, rats did not exhibit delay-dependent speeding<sup>[222]</sup>. These data suggest the involvement of mesocortical DAN circuits in temporal expectation<sup>[222]</sup>. Researchers also found that delay-dependent speeding was reduced by DRD1 antagonist but not DRD2 antagonists, indicating the role of prefrontal cortex DRD1 in temporal expectation<sup>[222]</sup>. Taken together, these studies suggest that VTA function significantly impacts temporal control and expectation, specifically highlighting the role of DRD1 subtype in animal models of PD.

# DIVERSITY OF MIDBRAIN DOPAMINERGIC NEURON SUBTYPES IN NORMAL AGEING

Normal ageing is associated with minor neurodegeneration of DANs within the SNc, accompanied by a significant decline in voluntary motor control<sup>[223]</sup>. Brain imaging studies indicate a significant loss of DAN function due to normal ageing, linking deficits in DA neurotransmission to cognitive dysfunction<sup>[224]</sup>. Although dopamine neurotransmission may impact cognitive performance directly, it may also act in an age-dependent manner<sup>[224]</sup>. Normal ageing has been associated with impaired episodic memory, processing speed, and executive functioning<sup>[224]</sup>. While DAN degeneration is experienced in both PD and normal ageing, loss of DAN function occurs at a more rapid rate in PD relative to healthy elderly subjects<sup>[225]</sup>. Despite differential changes in the SNc, links between DAN degeneration and cognitive dysfunction are common across both groups<sup>[225]</sup>. Further, research suggests that gonadal hormones modulate DA pathways, with sex differences in DANs and disease progression of PD and dementia<sup>[226]</sup>. Researchers examined the effect of estrogen on SNc DANs in African green monkeys, finding that 30 days of estrogen deprivation led to permanent loss of more than 30% of DANs within the SNs<sup>[226]</sup>. Subsequent estrogen replacement only restored TH-immunoreactive cells when given 10 days after ovariotomy, but not 30 days after<sup>[226]</sup>. Taken together, research indicates demographic factors that may influence the degree and rate of cognitive decline experienced in PD, including both age and sex.

Past work suggests that dopamine plays a significant role in motivated behavior, such that DANs and cognitive function simultaneously decline in an age-dependent manner<sup>[227]</sup>. L-DOPA treatment has successfully enhanced reinforcement learning in elderly subjects, suggesting a link between DAN activity and motivated behavior in both PD and normal ageing<sup>[227]</sup>. Ageing also affects the progression of PD, including the age of symptom onset as well as the form and severity of PDD<sup>[228]</sup>. One longitudinal study found that the average PD patient experiences rapid DAN degeneration within the midbrain and progressive accumulation of Lewy bodies, which eventually invade the neocortex and cause PDD<sup>[228]</sup>. However, late-onset PD patients experience greater levels of Lewy bodies containing  $\alpha$ -synuclein in addition to plaque formation, having a shorter disease course<sup>[228]</sup>. These data indicate how normal ageing may modulate the relationship between the DAN degeneration and decline in cognitive function.

# Ageing-related mitochondrial dysfunction in DANs

Mitochondrial dysfunction may play a role in the age-dependent mechanisms underlying DAN deficits in the SNc, such that mitochondrial DNA mutations increase with age<sup>[223]</sup>. For example, human studies indicate high levels of deletions in mitochondrial DNA of both PD and healthy elderly subjects, linking mitochondrial dysfunction with number of deletions<sup>[223]</sup>. Researchers also found a 20% increase in

mitochondrial DNA deletions in old mice relative to young mice, also working in an age-dependent manner<sup>[223]</sup>.

#### Ageing-related nitrative stress in DANs

Ageing serves as the highest risk factor for the development of PD, with nitrative stress potentially contributing to degeneration of the DA system<sup>[229]</sup>. Researchers assessed the link between nitrative damage and DAT levels in rhesus monkeys over time<sup>[229]</sup>. The number of DANs that underwent nitrative damage significantly increased with ageing in the SNc but not in the VTA. Further, the percentage of DANs that underwent nitrative damage was significantly higher in the SNc relative to the VTA<sup>[229]</sup>. These results demonstrate the age-dependent accumulation of nitrative damage and its role in selective neurodegeneration of the SNc DA system<sup>[229]</sup>.

#### Ageing-related dysfunction of dopamine reuptake in DANs

DAT mediates the reuptake of dopamine from extracellular space into DANs<sup>[230]</sup>. One study assessed whether a decline in DAT expression was responsible for functional differences in DAT<sup>[231]</sup>. Although DAT immunoreactivity within the striatum, SNc, and VTA was not altered in an age-dependent manner, a 60% decrease of VTA TH was recorded only in older rats<sup>[231]</sup>. Further, a 30% decrease in dopamine reuptake and DAT protein recovery was recorded in the striatal synaptosomes of old rats relative to young rats<sup>[231]</sup>. These results indicate that reduced DAT expression on the plasma membrane results in age-related decline in DAT function<sup>[231]</sup>. Taken together, past work has established a robust relationship between ageing and DAT function in animal models of PD.

Positron emission tomography has been used to compare DAT levels across PD and healthy control subjects over time<sup>[232]</sup>. One longitudinal study found lower baseline DAT expression in PD relative to healthy controls, with a difference of 5.5% in the ventral striatum, 26.2% in the pre-commissural dorsal caudate, 29.9% in the post-commissural dorsal putamen, 34.5% in the pre-commissural dorsal putamen, and 60.2% in the post-commissural putamen<sup>[232]</sup>. Further, in each region of interest, the annual rates of DAT decline were 5.3%, 5.4%, 8.5%, 6.2%, and 7.8%, respectively<sup>[232]</sup>. This exponential pattern of DAT reduction demonstrates the normal ageing effect in PD<sup>[232]</sup>. Another study assessed age-related DAT decline in relation to motor function in normal ageing<sup>[233]</sup>. Although binding potentials of the DAT marker did not vary with age, researchers observed an inverse relationship between the marker for VMAT2 and age<sup>[233]</sup>. When split into age groups, performance on the motor task positively correlated with age in the older group<sup>[233]</sup>. These results suggest that age-dependent changes in VMAT2 and DAT act independently of one another, and that older individuals experience deficits in motor performance due to a decline in DAT binding<sup>[233]</sup>. Studies employing positron emission tomography offer further support for the relationship between normal ageing and DAT function, such that the age-dependent decline in DAT wailability and binding contributes to impaired motor function in PD.

#### Ageing-related changes of SNc DAN activity

Results from patch-clamp electrophysiological recordings suggest that DANs within the SNc have similar membrane capacitance and input resistance across age groups<sup>[234]</sup>. However, ageing leads to slower firing rates, narrower spike widths, variable interspace intervals, and smaller L-type calcium channel currents<sup>[234]</sup>. Therefore, normal ageing negatively impacts DAN function, impairing voluntary movement among other behavioral processes controlled by DA pathways<sup>[234]</sup>. Further, vulnerability of DANs within the SNc may be linked to progressive overreliance on L-type calcium channels with normal ageing<sup>[235]</sup>. This overreliance serves as a chronic stressor on the mitochondrial ATP that drives oxidative phosphorylation, resulting in neurodegeneration<sup>[235]</sup>. One study employed isradipine treatment to block L-type calcium channels, successfully reversing age-related overreliance on these channels<sup>[235]</sup>. Therefore, both functional changes in

SNc DANs as well as overreliance on L-type calcium channels occur with normal ageing, resulting in neurodegeneration and motor dysfunction.

Evidence supports the accumulation of various pathological changes in normal postmortem SNc neurons compared to neurons from other brain regions of the same age. Such changes include mitochondria dysfunction, increased protein oxidation, higher levels of astrocytic proliferation, diminished antioxidant function, enhanced oxidative stress, neuromelanin accumulation, inability of neurons to appropriately handle calcium, and increased iron levels<sup>[236-238]</sup>. The various changes associated with ageing make the nigrostriatal DANs vulnerable to degeneration, and when combined with additional pathologies may ultimately lead to PD<sup>[237]</sup>. Studies across many animal models have investigated how the multiple processes associated with ageing effect the function and survival of SNc DANs, predisposing them to neurodegeneration. In wildtype mice, ageing alone leads to motor deficits, diminished striatal dopamine levels, fewer DANs, and fragmented mitochondria in DANs<sup>[239]</sup>. Research with rats have shown that mitochondrial DNA deletions in nigrostriatal DANs increase with age<sup>[223]</sup>. Studies investigating TH- and neuromelanin-containing DANs in non-human primates show that increasing age is associated with loss of neurons that only contain TH and an increase in neurons that only contain neuromelanin<sup>[240]</sup>. Age was also associated with loss of dopamine transporter-immunoreactive SN neurons<sup>[241]</sup>. These changes contribute to functional deficits by reducing striatal dopamine levels in older monkeys<sup>[240,241]</sup>. Cell vulnerability in response to injury [specifically, 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP)] was also shown to increase with age<sup>[240]</sup>.

The effects of ageing on SNc DANs have also been linked to the diminished expression of specific genes. For example, the importance of *Nurr1* as ageing occurs has been demonstrated in mice<sup>[242]</sup>. Aged heterozygous *Nurr1*-deficient (*Nurr1*<sup>+/-</sup>) mice showed deficits in rotarod performance and locomotion that were associated with lower levels of striatal dopamine, less nigrostriatal DANs, and less *Nurr1* and DAT expression in the SN compared to wild-type controls. These results suggest an important role of Nurr1 in maintaining nigrostriatal DAN function and survival as ageing occurs. Studies in humans also suggest an important role of Nurr1. The transcription factor Nurr1 is important for establishing and maintaining dopamine phenotypes within the nigrostriatal DANs, and its diminished expression throughout ageing is associated with decreases in TH-positive neurons<sup>[243-245]</sup>. In PD, SNc DANs with decreased Nurr1 levels were also associated with increases in  $\alpha$ -synuclein inclusions<sup>[243]</sup>. Together, these studies in humans and non-human primates suggests that ageing is associated with a downregulation of genes involved in dopamine transmission<sup>[47]</sup>.

Ageing is also associated with a decrease in the number of DAT-positive SNc neurons<sup>[246]</sup>. Comparing neurons from young (0-49 years), middle aged (50-69 years), and elderly (70-85 years) human samples show that, by middle age, the number of intensely stained DAT nigrostriatal neurons decreased while the number of lightly stained DAT nigrostriatal neurons increased. Increasing age is also associated with an increase in the number of cell bodies negative for DAT but positive for neuromelanin. Overall, each decade older was associated with a 6.7% decrease in the total number of nigrostriatal DANs.

#### Ageing-related changes on the function and survival of VTA DANs

Interestingly, motivation has shown to be critical in age-related functional decline of the VTA<sup>[247]</sup>. In contrast to resting state contexts, VTA and ventral striatum functional coupling was enhanced in adolescence and decreased in adulthood in a motivational context, suggesting a distinguishing ageing marker<sup>[247]</sup>. Moreover, a decline of DAN function has been behaviorally associated with deficits in learning<sup>[248]</sup>. In terms of electrical physiology, the frequency of burst events of VTA DANs did not change

with age, but bursts were longer in adolescents than in adults, potentially because GABA tone increases as rats reach adulthood. The firing rate increasing in adolescence is consistent with it being a more vulnerable time for developing drug addiction.

There are sex differences in functional connectivity of the VTA. For instance, men have a stronger VTA/SNc connectivity to the left posterior orbital gyrus than woman according to a study that measured resting state blood oxygenation level dependent signals<sup>[249]</sup>. Moreover, only men showed age-related functional VTA changes to cortical and cerebellar regions, implying that ageing differentially affects not only sexes but also distinct cerebral projections<sup>[249]</sup>. In a study on human post-mortem brain samples, there was no statistically significant loss of VTA DANs as a function of age, suggesting that the neurodegeneration implicated in ageing and PD is a result of but not the initiating cause of neuronal death<sup>[250]</sup>. However, more studies will be required to critically evaluate the function and survival of different VTA DAN subtypes during the normal ageing process.

# CONCLUSION

In the past decades, tremendous progress has been made in understanding the neurological and genetic causes of PD-related motor and non-motor impairments<sup>[2]</sup>, as well as how the different facets of the ageing process contribute to the progressive dysfunction and loss of DANs. However, due to a lack of distinctive molecular markers, the SNc or VTA DAN subpopulations were often studied as a homogenous unit, although many of these neuron subtypes display distinct connectivity, functionality, and susceptibility to ageing and PD. With the advance of single cell RNA sequencing technology, increasing numbers of molecularly defined midbrain DAN subtypes have been identified<sup>[35]</sup>. By employing intersectional genetic approaches, recent studies managed to genetically distinguish different midbrain DAN subpopulations. Various live imaging techniques with different genetically encoded sensors make it possible to directly correlate the neuron activity with behaviors and longitudinally monitor the neuron activity during ageing. The development of CRISPR/Cas9 gene editing, optogenetics, and chemogenetics procedures allow researchers to establish a causal relationship between neural activity and behavioral performance through genetically and functionally manipulating the neural activity. The knowledge gained from these ongoing studies may explain how different subtypes of DANs contribute to different aspects of behavioral phenotypes and provide new mechanistic insights into novel procedures for reconfiguring PD-induced behavioral abnormalities.

# **DECLARATIONS**

# Acknowledgments

We are indebted to the work and insights from other current and former Cai lab members.

# Authors' contributions

Conceived the theme of this review article, wrote the abstract, introduction, and conclusion sections, and made the figures: Cai H Contributed to the molecular genetics section: Sun L Contributed to the SNc, PD and ageing sections: Carmichael K Contributed to the VTA section: Lopez E Contributed to the PD and ageing section: Sullivan B

# Availability of data and materials

Not applicable.

#### Financial support and sponsorship

This work is support by the Intramural Research Programs of National Institute on Aging, National Institutes of Health, USA (HC, ZIA AG000944, AG000928).

#### **Conflicts of interest**

All authors declared that there are no conflicts of interest.

#### Ethical approval and consent to participate

Not applicable.

#### **Consent for publication**

Not applicable.

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