



Hospice
of Montgomery
uplifting care



*A life long love. A stolen kiss.
A moment that means everything.*

DO YOU "LIKE" US?

We hope so! Look for our Fan Page on Facebook and "Like" us to get updates on upcoming events, volunteer opportunities, bereavement activities, photos and much more! There will also be a chance to win tickets to our upcoming events.

www.facebook.com/hospiceofmontgomery.com



Hospice Philosophy

"You matter to the last moment of your life, and we can do all we can, not only to help you die peacefully, but to live until you die."

Dame Cicely Saunders, founder of the modern hospice movement.

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Hospice of Montgomery Kicks Off Annual Membership Campaign

We invite you to join Hospice of Montgomery in continuing our tradition of providing professional, compassionate, quality care to patients with life-limiting illnesses and their families throughout the River region.

Renew your membership today or become a first-time member and help us help our community.

Your membership contribution is tax deductible.

For each \$25 donated, we will, at your request, send a memorial and/or honorarium to whomever you name.

Just call our office, anytime throughout the year, and our staff will prepare and mail the acknowledgement.

Please join today by returning the enclosed reply envelope!

Memberships can be paid by credit cards at

www.hospiceofmontgomery.org

Click on the Support Us tab!

Call (334) 279-6677 if you encounter problems

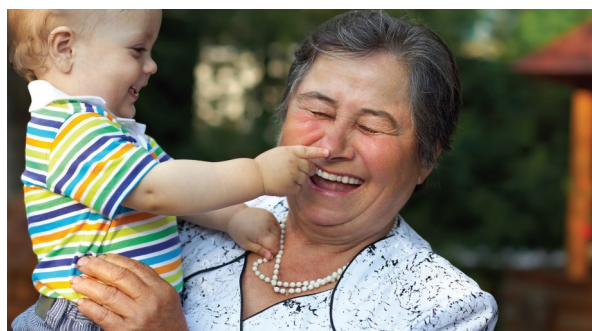
How can I speak to others about my wishes?

As we say so long to summer and settle back into our routines, it's a good time to plan our futures. Though many of us want to guide our lives as we age and control our futures as much as possible, too many of us do not share our wishes with others.

Speaking with your loved ones about your wishes takes some thought and consideration. From their perspective it will be about losing you, about recognizing that one day you will no longer be with them.

But, realize that by having this discussion you are doing what's best for you and your loved ones. You are not only ensuring your wishes will be carried out but you are removing future burden from them. You will be giving them peace of mind by allowing them to take comfort in knowing they fulfilled your wishes.

Often having a successful discussion about the end of life comes from the "why" behind your wishes. This type of understanding can only come from open and honest conversation.



Here's a few tips to help make the end of life conversation a bit easier:

- Think about what you want. Begin by really thinking about what you want. It may help to consider your values, beliefs and views about what matters in life. This will help you offer specifics to your loved one and be able to answer their questions and concerns.
- Choose the right moment. Pick a time when your loved one has time to talk, not when they are running late for work, getting the kids ready for school or burdened with a task. Often daily activities can provide a good opening to end of life conversations.
- Give them a reason. It may help them understand by telling them why you have decided to talk about this now.
- Share your values. Your loved ones will have an easier time understanding your choices if you begin by sharing your personal thoughts, values and concerns.
- It can be more than one conversation. Some family members may be very open to talking about your wishes and in fact even be waiting for you to initiate the conversation. Others may be more reluctant and less at ease talking to you about end of life care.

Meet Lee Sims –Board Member since 1996



For sixteen years you have been an active Board Member and promoter of Hospice of Montgomery’s (HOM’s) cause. What brought about such passion and commitment to Hospice of Montgomery?

When I joined the Board of Directors, I immediately saw the dedication and good work that this organization does. Not long after, I attended the first Long Range Planning workshop, the focus of which was to develop a strategic plan. That two day exercise made me aware of the wonderful mission of HOM and its benefit to this community. It caused me to become involved in HOM as a board member and to become a stakeholder.

What is the most enjoyable part of serving on the Board?

Working with people who are dedicated to HOM and give freely of their time and resources.

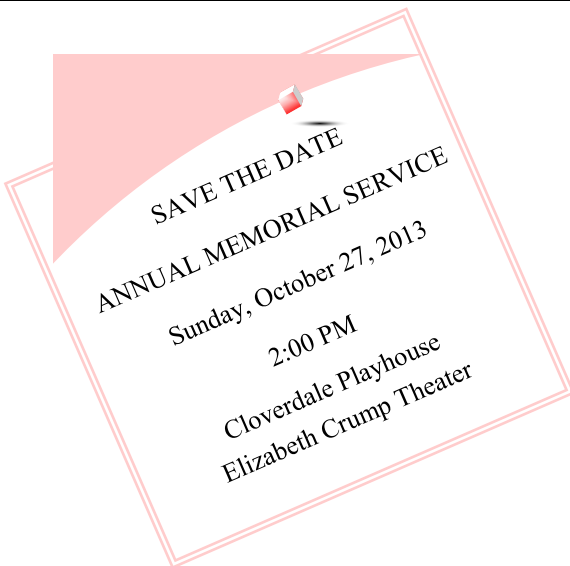
Are there any particular struggles that HOM faces as a small, non-profit hospice? How have you dealt with them as a Board Member?

There is competition from over a dozen for-profit hospices that make survival difficult for a local, community based HOM. Continuing to support HOM by serving on the board and sharing its mission and values with the community is one of the best ways to help HOM overcome such an obstacle.

While there may be some hurdles for HOM, there are also certain aspects that make us unique in the River Region. What are they to you?

HOM is, in my estimation, unique in the River Region, because this community needs quality hospice care for the long term. This can be achieved through the partnership of support that we enjoy with the community, when other hospices will no longer find it profitable to stay. I have always believed that HOM belongs to this community in a way that other, for-profit hospices do not.

Our ability to serve the community when other hospices will not find it feasible to do so is, in large part, due to the financial and volunteer support that our community provides HOM in return for the unsurpassed care that HOM gives.” - Lee Sims Barganier Davis Sims Architects Associated



Our New Look



Have you noticed that something looks a little different about our logo lately? Well your eyes aren't playing tricks on you. We have recently revamped our logo and new marketing materials designed by Anoroc Agency.



FUNDRAISER GARNERS STRONG COMMUNITY SUPPORT FOR RIVER REGION HOSPICE PATIENTS AND FAMILIES



Jane Barganier (Event chair) and daughter, Alice B. McCollum



Forrest & Jennifer McConnell w/Michael & Allison Ingram



Board President, Tom Bryant with wife Charlotte



An enthusiastic contingency of dedicated volunteers led the way as Hospice of Montgomery's 19th annual fundraiser, *Monte Carlo 2013*, turned out another stellar performance in raising needed financial support for services dedicated to patients with life-limiting illnesses and their families throughout the River Region.

The always anticipated event, which was held April 18 at Wynlakes Golf and Country Club, featured an impressive Silent Auction that included original artwork by local artists, garden and landscape décor, elegant home furnishings and antiques, exquisite jewelry, hand-made clothes and accessories, sports memorabilia, vacation excursions, a collection of fine wines and more.

Dedicated Hospice of Montgomery volunteers collected the auction items from generous area merchants and other HOM supporters who contributed valuable items that Monte Carlo patrons couldn't resist. This year, the combined efforts of Monte Carlo volunteers and auction item donors generated the highest number of items available for purchase in the history of the event.

Monte Carlo 2013 Event Chair Jane Barganier praised the hard-working volunteers who coordinated the successful event and emphasized the importance of their efforts. "Hospice of Montgomery is a non-profit organization that provides an invaluable service in Montgomery and in nine other counties across the River Region, Barganier said. "Because of the great efforts of our committee members and the kind generosity of our auction donors, Hospice of Montgomery is able to provide expert health care, comfort and compassion to seriously ill patients and their families in our community. I am incredibly grateful for their support."

Other volunteer leaders who helped make the event successful included Tracy Horne, event co-chair, Ann Winborne, silent auction chair; Ann Collister, silent auction co-chair, Susan Harris, sponsorship chair, Roxanne Holland, sponsorship co-chair, and Jennifer McConnell, publicity chair.

THANKS TO OUR 2013 MONTE CARLO SPONSORS

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Lucky 7

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Clark & Cindy Sahlie
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Jim Wilson & Associates, LLC

Hittin' for Hospice



Hospice of Montgomery's 3rd annual tennis tournament, "Hittin' for Hospice" took place on March 7, at Wynlakes Golf and Country Club. Proceeds from this event will help provide counseling and bereavement services to families, community education seminars, and care for terminally ill patients. Mary-Nelms Parsons and Ashley McDaniel, members of the HOM Board of Directors, served as event chairs.



French Open Champions: Karen Keene/Jamie Ashurst
 French Open Finalist: Catherine Harris/Angie Grant
 Wimbledon Champs: Wendy Matorana/Elizabeth Williams
 Wimbledon Finalist: Suzanne Davidson/Becky Farace



Thanks to the Players and Sponsors!

HOSPICE OF MONTGOMERY OFFERS GRIEF SUPPORT TO THE COMMUNITY

*"Comfort & Conversation" - Tuesdays @ 5:30pm
 -small group discussion for those affected by varying loss-*

"Connect" - 3rd Wednesday of the Month
-time to connect with our community and others experiencing loss-

One-on-one private counseling is available.

All services are open to the community and take place at Hospice of Montgomery's office
 1111 Holloway Park Montgomery, AL.

Please reserve your spot as soon as possible!

Questions or More Information? Call Lee Lowry @ 279-6677

HELPING HOSPICE

Volunteers Are Important to Hospice of Montgomery

As the only free standing, non-profit hospice in the River Region, Hospice of Montgomery looks to the community for support. If you would like to help, please select from the following areas those that best suit your interests. .

- **Volunteer your time** by assisting at special events, visiting patients or helping with administrative tasks. Please contact Clara Jehle at 279-6677 for a list of upcoming activities and volunteer needs.
- **Provide monetary support** to help us provide care to those that need it the most. To donate, please visit us online at hospiceofmontgomery.org
- **Donate items** such as Ensure, waterless shampoo, lotion, adult diapers, Dial soap, Clorox wipes. Vaseline, and shaving cream. These items can be dropped off at the HOM office located at 1111 Holloway Park, Montgomery, AL 36117
- **Attend our events.** Hospice of Montgomery hosts a variety of special events throughout the year. Invite a friend, have a great time and support Hospice of Montgomery's work.
- **Sponsor our events.** There are several levels of giving from which you may choose.



Myth: Fact vs. Myth

Myth: Hospice of Montgomery only serves patients in Montgomery County.

Fact: Hospice of Montgomery serves patients in Montgomery as well as the River Region within a 50 mile radius from downtown Montgomery.



1111 Holloway Park
Montgomery, AL 36117-1902
www.hospiceofmontgomery.org

RETURN SERVICE REQUESTED

Truly uplifting care is our call.

Our Services

Our focus is on maintaining a quality of life as defined by our patients and their families. Our holistic care yields physical, emotional, and spiritual comfort. We help manage pain and symptoms so they can live fully.

Our nurses are trained in pain control and symptom management. Our hospice aides help make daily life easier for patients and caregivers by assisting with personal care. Our social workers and chaplains create a comforting environment through support and education.

Remember, our patients and their loved ones will be a part of every decision because hospice care is about fulfilling their goals and wishes.

Getting Care

By choosing to pursue hospice, our patients are making an important decision to focus on quality of life. Our team will come alongside the patient and work to reduce physical pain, increase comfort, and enhance their emotional and spiritual peace.

Hospice of Montgomery is available to anyone with a life limiting diagnosis, and those who wish to focus on comfort or palliative care. Knowing your eligibility and deciding when to initiate hospice services is a personal decision and should be determined by you, your family, and your physician.

When you are ready to pursue hospice care, reach out to your physician and ask for a referral.

A quality of care that inspires living.

Hospice of Montgomery

Phone: (334) 279-6677 Fax: (334) 277-2233

Web Site: www.hospiceofmontgomery.org