

# Dowsers Society of NSW Inc.

## Newsletter

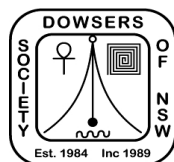
December 2015

Vol 27 Issue 12

### Table of Contents

2	December 13th, 2015 - Karen Quant
3	From the Editor
4	Christmas Party & Special 'Healing with Sound' Day
5	Seminar News
6	Dowsing for Drought
10	Creating Your Own Future
18	Review of Alanna Moore's Seminar
21	Message from the Hopi Nation's Elders
22	Healing Through Pendulum Charts
25	Library News
26	January 17th, 2016 - Kathryn Hand

Views expressed in articles are the opinion of the individual writer only, not necessarily the collective view of the Society.



# Speaker for December 13th, 2015

Karen Quant

## - Crystal Singing Bowls -

**K**aren is an empath and intuitive, sound therapist, a labyrinth facilitator and a multi dimensional energetic healer. She has been working for over 16 years to bring balance and harmony into the lives of her clients and their environments in the corporate arena, in private homes and in their inner sacred spaces.



Karen is also a drumming facilitator, a mindfulness stillness based meditation teacher and a vibrational therapist—and she loves to entwine all of these life-affirming modalities in her transformational work with clients.

In her presentation Karen will use Crystal Singing Bowls and explain the different types and materials.

- Sound, the voice and the Chakras
- How Crystal Singing Bowls can be used to promote physical, emotional and spiritual healing
- Using Crystal Singing Bowls to create Sacred Space, in Feng Shui and using in different environments
- Different types of Crystal Singing Bowl Healing sessions – Advanced Therapeutic Sessions and Sound Baths and Meditations
- Experience a Crystal Singing Bowl Sound Meditation

For more information go to : [www.karenquant.com.au](http://www.karenquant.com.au)

# From the Editor

This month we have quite a few articles written specifically for us. As you know, the drought is quite a problem in some parts of Australia. We can all help by practising the method described on page 6. Remember that the same method can be applied to many situation to help bring relief and positive changes. Of course I have in mind the recent events in France and the consequences. I read that 87% of French people would trade some of their freedom for more safety. However sad these events are we need to remember that “*The price of freedom is eternal vigilance*”.

A few days ago it was Thanksgiving day in the US, where I have family. I was reminded that we have a lot to be thankful for in Australia, particularly in these difficult times for many human beings. Their lives are endangered by other human beings who have traded their humanity for hatred. The sad thing is that all the trouble in this world is initiated by people who are very educated, and are the best at what they do.

Let us be grateful that we have that humanity and compassion for others, as well as the understanding that we are all the same, regardless. It would not take much to have a beautiful world, a bit less greed, a bit more love, that would be a start.

The Christmas season is upon us. The Christmas carols are singing “*Joy to the world*”, but there cannot be Joy without Peace, and peace must start in each human being’s heart. With the tools provided in this edition of the newsletter, maybe we can all try to envision a world where we teach our children compassion rather than competition, so they strive to enjoy rather than to win, to share rather than to hoard.

We have free choice! Let it be that we choose a better future for everyone, that no human being suffers unnecessarily, either mentally or physically, and that the wounds inflicted under our watch are healed by our children, not in a destroyed world but in a renewed and refreshed earth.

Let us all envision a peaceful future for 2016 and beyond.

Until next time..

*François*



# Christmas Party

- Sunday 13th of December -

Our last meeting of the year will be on Sunday 13th of December. We will celebrate with a very special program about *Healing with Sound*.

❁ Free entry for all members and guests ❁

---- **11:00 am**

Movie showing of '**Song of the New Earth**', by special permission.

---- **12:15 pm**

Break for lunch. You can bring your own or go to one of the many nice cafes, a few doors away from the hall.

---- **2:00 pm**

Start of the afternoon presentation: '**Crystal Singing Bowls**',  
with Karen Quant

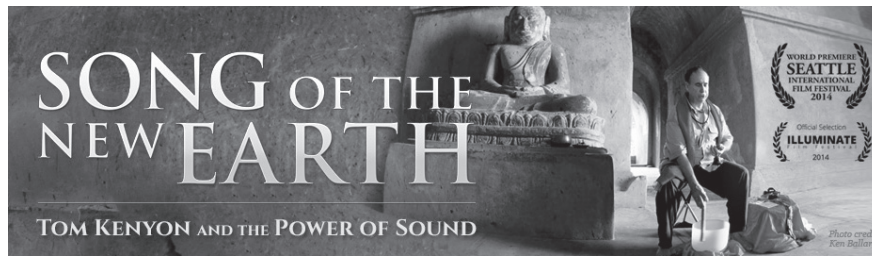
---- **4:00 pm**

Afternoon Tea.

Please bring a plate to share.

This is a great time to talk to everyone. It can be a time to ask questions and for beginners to learn new skills from our experienced dowzers.



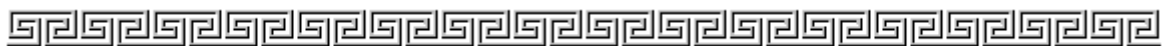


## Special 'Healing with Sound' Day

**S**ong of the New Earth is a film about the healing power of sound, but it is also a love song to our Earth, to Gaia. My heart soars when I see how the film helps audiences to fall more deeply in love with the Earth.

*Tom Kenyon*

This film will give you a sound bath experience and cinematic story all in one. Tom Kenyan is a musical genius, producing amazing sounds. His story is enthralling to watch, especially his spiritual experiences set to animation. Your whole body might glow after you watch this DVD. This film has rocked theatres, film festivals and community screens all over the world.



## Seminar News

**C**hange of plans. The January morning seminar '*Individual Dietary Matters*' has been moved from January 17th to February 21st.

This interactive, short seminar will show you how to find a path through the minefield of eating! It has nothing to do with any special eating plan, except what is best for YOU, the individual, tailor-made by means of a useful dowsing method.

You can find more details on our website, and download a registration form there. Registration for this February seminar will begin at 10:30 am for an 11:00 am, and will be in the same hall as our monthly meeting.

# Dowsing for Drought

*By Heather Wilks, Vice-President, Dowzers Society of Victoria*

While we read and hear about some of the extreme drought conditions here in Australia, it was recently brought to life for me.

My friend and DSV Member, Melva Wise, was travelling with her husband in Queensland.



She emailed to say how dire the conditions were inland, that there hadn't been rain in some regions for four years. Then I heard about the plight of the farmers in NSW and it was time to take action and to include Victoria's drought regions too.

I emailed her an updated weather protocol and Melva and I set to work. She reported the appearance of rain clouds, though it didn't actually rain while she was there. Happily, as of the start of November the rain has begun. Not quite as intended because there are stories of flooding. We'll continue to speak to the Nature Spirits (NS) and dowse, to encourage safe rainfall for all concerned.

Since American dowser Raymon Grace first guided my dowsing for Victoria's drought in 2009, it's become a real passion. He taught me to speak to the NS and although I whispered at first, I'm no longer at all self-conscious and talk to them almost daily.

Although I mostly avoid the news, I'd have to be on another planet to miss all the doom and gloom predicted for Australia's weather from this month through to March next year. So I looked into it properly and found that there are certain things that need to be taken into considera-

tion.

There's an unusual convergence of events. One is in the Pacific Ocean and the other in the Indian Ocean. Experts are predicting this could trigger one of the worst dry spells in recent memory. It's time for us to take action. There's a resurgence of El Nino in the Pacific. This apparently drags the cloud and rain away from Australia. Adding to this is the advent of the Indian Ocean Dipole which is also sucking rain and clouds away from our continent.

Importantly, the second one is good for Africa and will help in some drought areas of Somalia and a few more places. It's just not good for Australia, Indonesia, Borneo, and Papua New Guinea. As usual it worries me that the forecasting turns to hype and the result is that everyone I bump into seems to be talking about how bad things are going to be.

I point out that the El Nino effects predicted at this time last year didn't actually eventuate, that the searing hot summer that was predicted ended up being '*too cold*' for some.

There were a number of us who dowsed all through December 2014 to avert the real El Nino trouble. It was wonderful then to read in the press in January this year that drought-inducing El Nino had lessened dramatically. So, I encourage you to join in with this dowsing and spread the word.

Together we can make a real difference. If there's anything in the following protocol that doesn't sit with you, anything at all that you'd like to tweak, please do so. It's the Intention to end the drought that counts and you need to be totally comfortable with what you're doing. This is just my suggestion, please make changes as you see fit and tailor it to match your intention.

I'm choosing to focus on Australia here. At other times I work for specific places elsewhere in the world and that seems to work for me. Some-

times people challenge me, suggesting I aim for changes world wide. I have to say that in my experience I've found that it seems to work better if I'm quite specific, keeping it more localised, one lot of dowsing at a time. That may simply be my personal limitation, so please do it your way.

There's no right or wrong way. I believe it's our pure intention to restore more balance that really matters.

### **Suggested Dowsing Protocol**

# 1 - Start by spinning pendulum in your NO direction then let it take over.

- Scrambling the frequency of the drought conditions in all areas of Australia. Removing whatever is blocking the rain from falling naturally.
- Neutralising all the negative energy about the likely effects of El Nino and the Indian Ocean Dipole, while protecting other regions outside of our continent.
- Removing the non-beneficial thought forms, the media-fed hysteria and everything else contributing to raising fear levels about the weather conditions and the futures of the people, animals and land in Australia's drought regions – from now until March 2016.
- Neutralising all the negative effects of humans on the weather and the Nature Spirits generally.

(Wait until your pendulum stops spinning.)

# 2 Start to spin pendulum in your YES direction then let it take over.

- Transforming the energy to bring about increased balance, harmony and peace for a calmer, more beneficial outcome for the people, ani-



mals and properties in Australia from now and throughout summer.

- Bringing in lower temperatures, appropriate humidity levels, gentle breezes and where appropriate, natural rainfall in safe, beneficial amounts, especially in bushfire prone areas. Bringing in the Spirits of love and gratitude, peace, calm and respect to work with the Earth, Mother Nature, the Nature Spirits and the Spirit of Rain – for the highest good of Australia, from now and into the future as safe and appropriate.

(Wait until your pendulum stops spinning, then give thanks.)

- When rain falls, start your pendulum in the “Yes” direction and bring in the Spirits of love, gratitude, respect and freedom to the rain, with thanks.

*Heather Wilks,*



With special thanks to American dowser  
Raymon Grace for his inspiration in this work.

*Raymon Grace*

*Heather is the author of the new book ‘Dowsing Heals’*

*She can be contacted on (03) 9572 2970*

*Mob: 0414 836 654*

*Email: heather@ohnaturale.com*

# Creating Your Own Future

*by François Capmeil*

There is a saying: “*Necessity is the mother of invention*”. I verified the truth of it recently. This is what happened. We needed to find a new place to live in, as the old one was being sold. While we had been happy living there for many years, the flat had quite a few shortcomings, so we were happy to move on. We had 6 weeks to move, but during these 6 weeks we would be away overseas for one of them.

Rather than searching right away, we decided to draw a list of the features we wanted for the new place, including price range, location etc.

With the travelling, the work etc. I found it hard to focus on the list. While starting to pack our books in cardboard boxes, I found an old wooden bagua that we had used some years previous to protect us from nasty neighbours.

This gave me an idea, why not use it to activate our list? Since the active ingredient in the bagua is the Negative Green emissions (with equal amounts of vertical & horizontal), I checked this bagua with my Virtual cone pendulum, but found no emissions. This might explain why it did not work for the neighbours. So this wooden bagua ended up in the bin.

Wondering what else to use, I looked for drawings of a bagua on the internet. Most did not emit at all, but one did stand out with very good emissions of Negative Green.

Why Negative Green? Negative Green’s energy quality is a carrier wave between the physical and spiritual realms. Just like in FM radio where the frequency is used as the carrier with the music modulated and riding on top of it, a little like a rider on a horse.

I remember one year visiting Peter Ruehmkorff in the Blue Mountains.

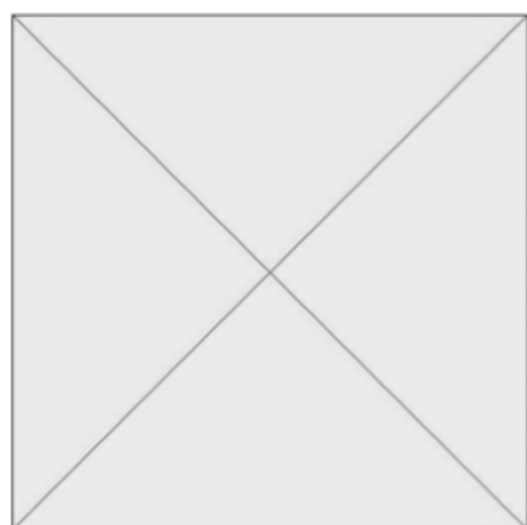
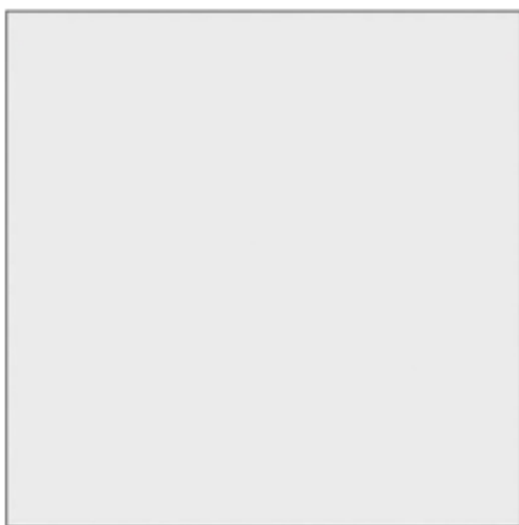
At the time he was building radionics machines. He used magnets glued under the 'witness well' to broadcast the rates. Some machines worked, some did not. He had isolated the problem to the magnets, but could not figure out why some worked and others not. I offered to test the magnets with my Virtual Cone Pendulum.

Peter gave me a pile of magnets, all looking alike. I tested each one, and placed the ones which had negative green emissions on the left, the others on the right. When I finished Peter showed me the under side of the magnets. All the ones on the left had a blue dot under them, they were the one that made the radionics machine work. That made total sense to me, but Peter was very surprised.

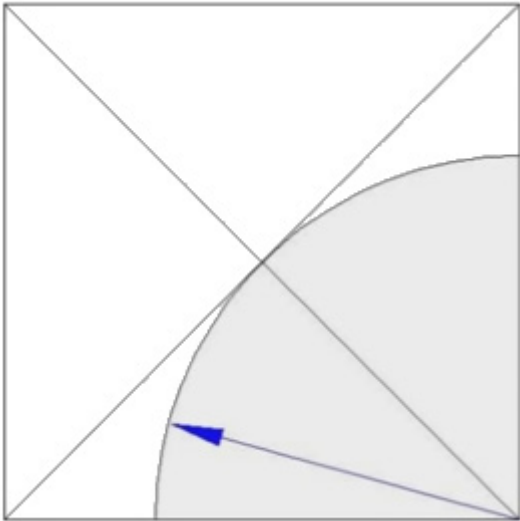
Back to our design. I thought that because the bagua is in the shape of an octagon I could use that shape as a work area, so I bought a piece of cardboard 50 centimetres wide in an art shop, and proceeded to draw an octagon on it.

**You will find the steps to do this below:**

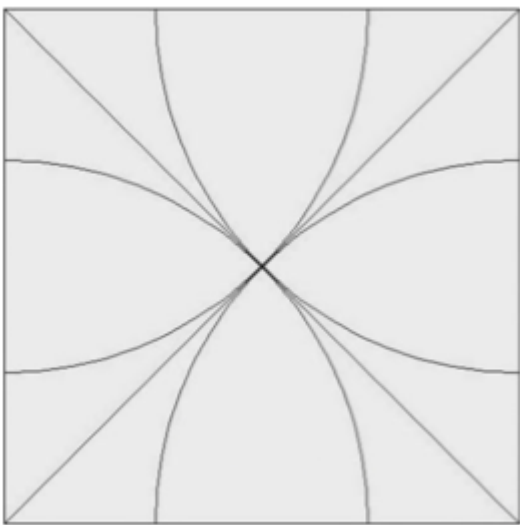
Cut the cardboard into a square 50 cm by 50 cm, smaller is fine, but you may not have the space you will need later if it is too small.



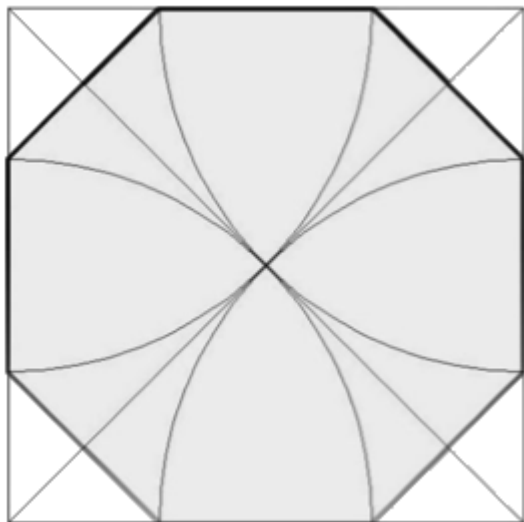
Draw the diagonals of the square with a pencil, to find the centre. Do not press too hard as you will have to erase these lines later.



Draw an arc from a corner of the square to the centre as shown.

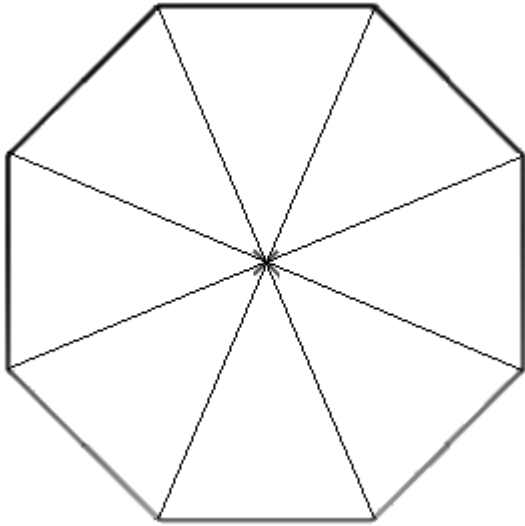


Draw 3 more similar arcs from each corner of the square.

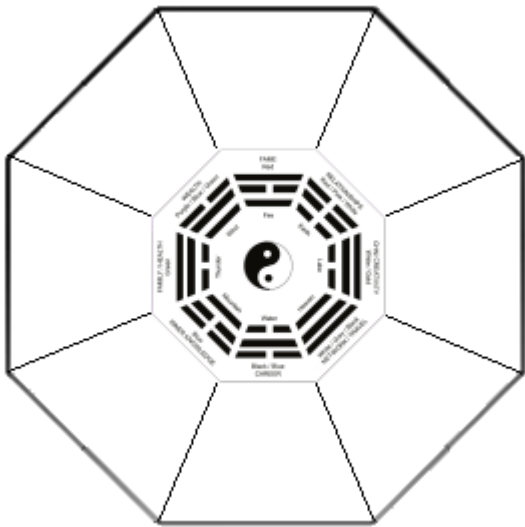


Construct the octagon using the points where the arcs intersect the square.

You can use a ball pen for the outline, as this is where you will cut the cardboard at the end.



Erase the construction lines, draw the radials with a ball pen and cut out the corners of the square.



You will find a bagua design on the page overleaf. Copy it and cut it out.

Glue it in the centre of the Octagon so that the corners match the radials as closely as possible.

If you have followed the steps above you have now constructed your very own **radionics machine, or bagua emitter**. It will broadcast whatever you place on it.

At that point all we had was a list of features we wanted for the new place. Paying attention to the writing on the bagua I realised that each of the 8 segments corresponds to an area of life. For example at the top we have Accomplishments, Fame and Power. You will find a diagram with the list on the next page.

I printed that list and cut out each little square. I then glued each one on the relevant segment so I would know what part of my list to place in that segment. You must realise that this was a complete improvisation, just inventing as we went along.

Make a copy of the image below and cut each square out. Their location on the image below mirrors where they should go on your radionics machine or bagua emitter.

<p><b>WEALTH, PROSPERITY AND SELF-WORTH</b></p> <p>ELEMENT: WOOD            NUMBER: 4            LATE SPRING            COLORS: PURPLE, GREEN, GOLD</p>	<p><b>FAME, REPUTATION &amp; SOCIAL LIFE</b></p> <p>ELEMENT: FIRE            NUMBER: 9            EARLY SUMMER            COLORS: RED</p>	<p><b>MARRIAGE, RELATIONSHIPS AND PARTNERSHIPS</b></p> <p>ELEMENT: EARTH            NUMBER: 2            LATE SUMMER            COLORS: PINK, SKIN TONES, EARTH TONES</p>
<p><b>HEALTH, FAMILY AND COMMUNITY</b></p> <p>ELEMENT: WOOD            NUMBER: 3            EARLY SPRING            COLORS: PURPLE, GREEN, GOLD</p>	<p><b>GOOD FORTUNE CENTER</b></p> <p>ELEMENT: EARTH            NUMBER: 5            COLORS: YELLOW, EARTH TONES</p>	<p><b>CHILDREN, CREATIVITY &amp; FUN</b></p> <p>ELEMENT: METAL            NUMBER: 7            EARLY FALL            COLORS: WHITE, BRIGHT AND PASTEL COLORS</p>
<p><b>WISDOM, SELF-KNOWLEDGE AND REST</b></p> <p>ELEMENT: EARTH            NUMBER: 8            LATE WINTER,            COLORS: BLUE-GREEN</p>	<p><b>CAREER, LIFE MISSION &amp; INDIVIDUALITY</b></p> <p>ELEMENT: WATER            NUMBER: 1            EARLY WINTER            COLORS: DARK BLUE, BLACK</p>	<p><b>HELPFUL PEOPLE, SPIRITUAL LIFE &amp; TRAVEL</b></p> <p>ELEMENT: METAL            NUMBER: 6            LATE FALL,            COLORS: GRAY, MAUVE</p>

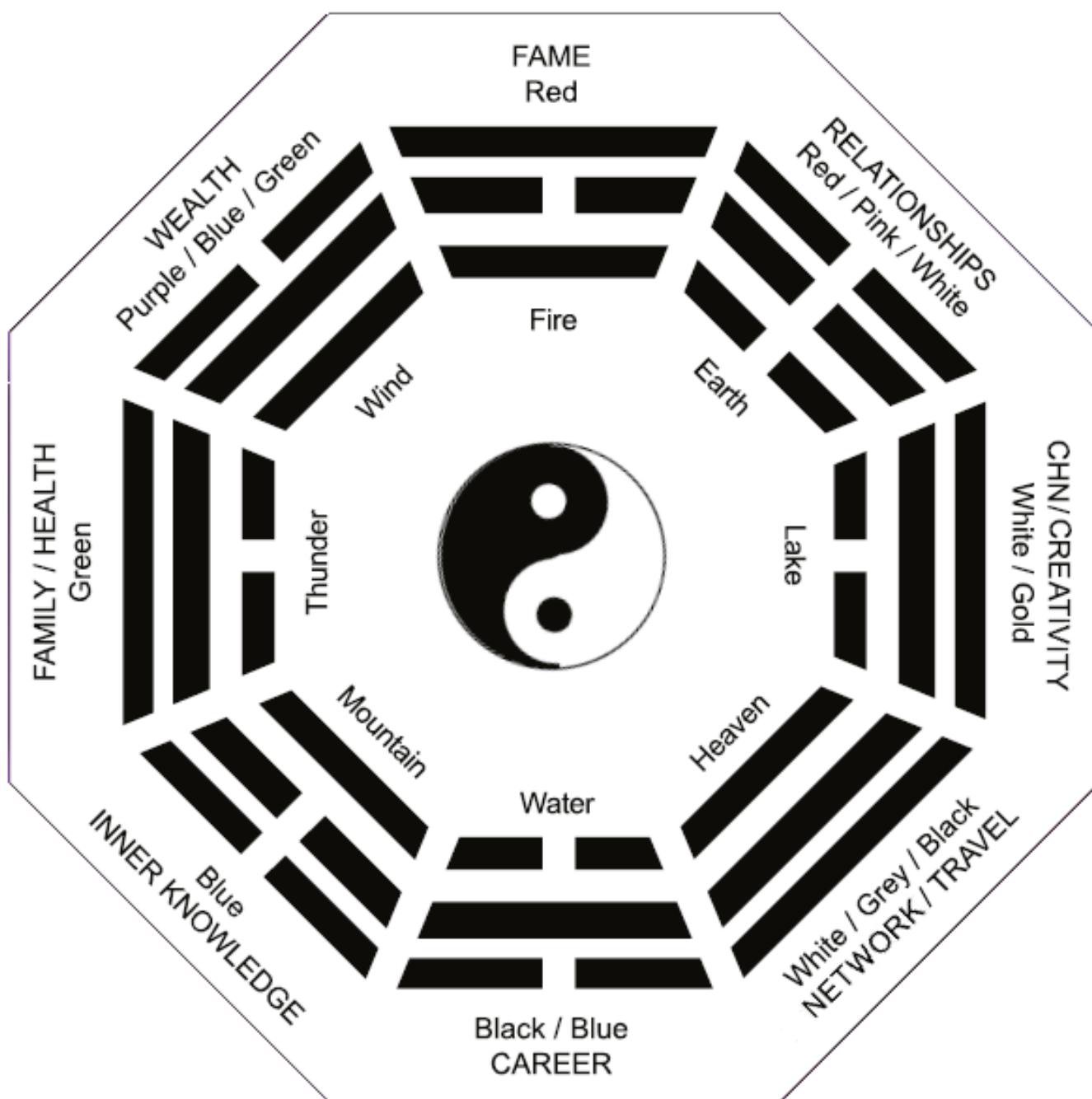
The idea came to us to look at real estate ads and magazines to find features we liked. When we did, I scanned that image and printed it in small format so that we could stick it on our bagua emitter, taking care to stick it on the relevant segment. For example: I placed an image of a nice office and a great garage for my workshop in the bottom segment which applies to Self and Career.

In the Wisdom segment I place an image of a bedroom and meditation room. It does not have to be an exact purpose match, but if something

fits a particular segment why not place it there.

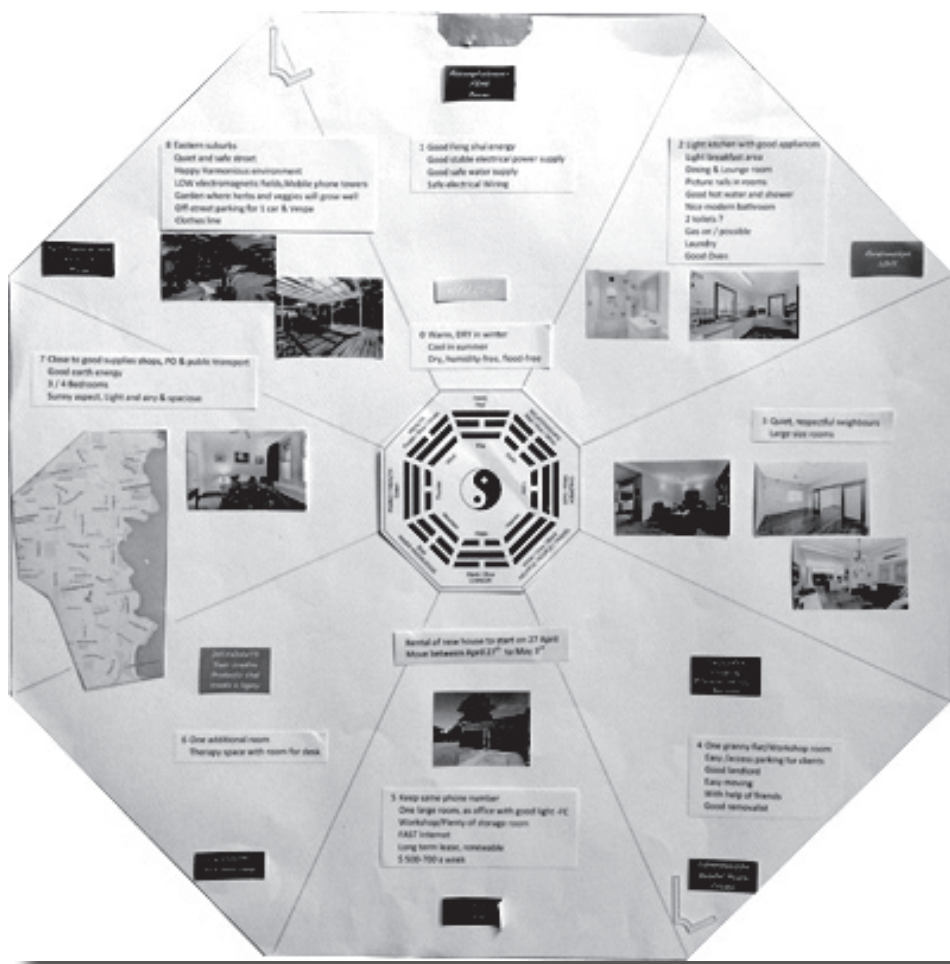
You will find the bagua we used below. Copy it and glue it at the centre of your bagua emitter. I have calculated the size so that it will come out in the correct size. You do not need to extend the segment lines inside the bagua as this will possibly affect the effectiveness of the emitter. Just glue it in the centre of your cardboard as it is.

Once we had transferred our list into images and statements on the ba-



gua emitter, I made a small hole at the top to hang it in the dining room.

We were quite specific in our list, with the number of rooms, the suburb, and included the process of moving from the old place to the new one - which was requested to be found quickly and effortlessly. I even had a map of the suburb areas we would consider with the exclusion of others. You can see the result below.



### **Procedure details:**

The ‘engine’ of the project is not the bagua emitter, it is the focus you place in it. Before beginning construction, find a quiet space, take a few moments to still yourself and ask for inner guidance.

Draw the bagua shape on the cardboard slowly, with focus and intent. The instructions should make the process simple. There is no need to intellectualise. What you are doing is creating a blueprint for your future.

The emitter part of the project will broadcast, or upload, your design to



higher realms where creation stems from, for implementation.

Your focus and intent, coupled with regular attention will give life to the blueprint and imbue it with the power to manifest on the physical plane. The list and images are there to stir your imagination into visualising what you want to achieve.

You can share your project with a partner but do not show it, or mention it to anyone else until complete manifestation of your blueprint. The reason is that any negative comment will affect you and interfere with the result by diverting some of the effects.

Make sure that all the components of your blueprint are reasonable, achievable and that they **will harm no one**. This last point is very important. Remember the Society's code of ethics printed a few months ago.

The process can be applied to any project including helping with the Australian drought, but make sure you mention '*a sustained, reasonable amount of rain fall*', we do not want a one day deluge.

Place your bagua emitter where you can see it every day. We would look at ours regularly, with intent and focus. I would spin my pendulum over it, I would read the list out loud, in each segment and generally focus and think about it.

### **How well did it work ?**

The first and only house we visited matched our blueprint almost perfectly. About six other people were visiting at the same time we did. However two days later we signed a two year lease. The house matches our blueprint by about 95%.

### **Can you use this method for anything?**

Yes! Just be creative, have fun and focus on your bagua emitter to make it work for you.

*François*

# Review of Alanna Moore's seminar

*Geomantic Assessment of a place and house, 1st November 2015*

*By Olga Kosterin*

Alanna is very special to our society as she is the youngest founding member of the Dowzers Society of NSW Inc. She is well known internationally as a specialist geomancer, speaker at conferences, and author and teacher. Some of us have read one or two of her books but most had not worked with her personally.



Her fame in dowsing attracted many new visitors so the course was sold out. Twenty five students attended, some from Queensland, some from Victoria and elsewhere. Overall it was a very interesting mix of enthusiastic people waiting to learn from Alanna Moore.

After the rushed morning of setting up and arriving from great distances, the group settled down, sitting in two half circles. No mobile phones were present. The seminar started lit only by daylight, no fluorescent lighting, no amplification or recording. One could hear the hush of expectancy in the room. In this softer, dimmer light and special calmer, quieter mood, the seminar started.

We learnt about environmental energies and the methods to deal with them. A very well presented set of handout notes gave students a check list to use later. Alanna demonstrated how to map dowse and we checked our auras with dowsing with the lights on, and then off to see the changes it made to our energy fields. The way to dowse around energies in a house or place was fully explained, and the notes were very useful.

We went outside to test more auric field work. We stood on different surfaces bare foot while doing so. We traced, by way of dowsing, where the main energy lines were and where two main negative lines intersect-

ed. Alanna did an acupuncture treatment with a copper pipe. The energy could physically be seen as it dissipated, it was so intense.

I mentioned to Alanna that the forecast for the afternoon was rain and storms. I suggested the rest of the outdoor work should be done now before the storm broke. Clouds were fast racing in. It was muggy and very hot. She dowsed and came back saying it never rains when she works with nature spirits, and that it always rains after the seminar and not during, and not to worry. We proceeded with some indoor work and some outdoor work, following the order set in the original program. The weather was beautiful outside as we worked in the shady areas. Clouds passed and it was lovely and sunny again, contradicting the weather forecasters.

The flow of Alanna's work was very gentle and sensitive. I enjoyed trying to replicate how to '*attune*', '*touch*' and '*sense*' the quality of the energies and their frequencies. I enjoyed how she sought permission to explore the nature spirits around the garden before proceeding. We felt alongside her, where nature spirits resided, and this was all done with respect for the beings. Alanna described what she '*saw*' or '*sensed*'.

A ground spirit came up in response to our invitation. Earth spirits are very large and this one was only showing a huge head coming out of the ground. The little tree spirits were more mischievous and they were smaller and of different shapes. We were shown by example how to tap into the nature spirits and create and improve the environmental harmony.

We saw how a power stack made from clay pots of varying sizes created a release for the negative energies at the most negative intersection. These were very different energies to those released by the copper pipe. Very interesting, as we all tuned in and sensed the subtleties.

We heard about all the effects of buildings and electro-stress on our being and that was a bit overwhelming. There is a lot of building biology that affects us and it was wonderful to learn various ways of how to counteract this. Alanna herself is very sensitive to electro-magnetic energies and

wears a cloak when over whelmed by these.

This cloak is made of cotton that has silver and copper wires threaded through. A very expensive garment but very effective for someone so sensitive. There is a earthing or grounding cloth one can buy, but the simplest and most wonderful discovery from these teachings was that basalt can assist us to counteract EMR if worn in small bags in our pocket of clothing.



It did not rain during the seminar, and it finished on a high note. Students gave personal gratitude for what they had received and stated what they appreciated most. The atmosphere was wonderful. One can get lots of information from Alanna's books but it is the 'gems' that escaped from her mouth while we were following her around and replicating how she 'sensed' or felt something. One cannot get this from a book.

Just as Robyn Lee and I were locking up the hall, the most horrendous storm broke, and it hailed and hailed. Alanna was right! The storm waited till the seminar was over. Alanna was indoors by the time the storm broke.

This seminar was a wonderful experience for all who attended. We also gained quite a few new members for the society.

*Olga Kosterin - Seminar Coordinator.*

**Basalt:** Gordon Marshall has sourced basalt for us. It will be available in small bags that can be carried on one's person. We can now all benefit and combat EMR effects simply and cost effectively.

# Message from the Hopi Nation's Elders

Where are you Living?  
What are you Doing?  
Are you in right Relation?  
Where is your Water?

It is time to speak your Truth.  
Create your community.  
Be good to each other.  
And do not look outside yourself for the leader.

There is a river flowing now very fast.  
It is so great and swift that there are those who will be afraid.  
They will try to hold on to the shore.  
They will feel they are being torn apart, and they will suffer greatly.

Know the river has its destination.  
The elders say we must let go of the shore,  
Push off into the middle of the river,  
Keep our eyes open, and our heads above the water.  
See who is in there with you and celebrate.

At this time in history, we are to take nothing personally.  
Least of all, ourselves.

For the moment that we do, our spiritual growth  
and journey comes to a halt.

The time of the lone wolf is over. Gather yourselves!  
Banish the word struggle from your attitude and your vocabulary.  
All that we do now must be done in sacred manner and celebration.

**You are the One we've been waiting for.**

# Healing Through Pendulum Charts

*Article sent to us by Kathy Trew*

Ever wished you could truly understand what your Higher Power has in mind for you? Perhaps you know in your heart what you need to do but you do not know how? Would you like to understand what is blocking you from moving forward in your life and shift your life into body-mind-soul balance? Are you seeking to evolve?



We are each unique beings and just 'how' that Divine connection is felt, is a combination of many factors. What you believe, your experiences, focus, ability to trust, calm your mind and accept what you are being given, are all important factors in how and when you will actually FEEL this connection.

At age 28 my life changed forever as a result of a bicycle accident. I was surrounded by chronic pain that my mainstream nursing experience could not resolve in any way. My SELF acceptance and esteem was very low and the thought that this was now my life did bring thoughts of suicide up for me. I was just an ordinary person experiencing ongoing stress and my life was chaotic with less and less resources to call upon to regain my balance.

In 1992 I found myself living on Denman Island, a small island off the coast of Vancouver Island, British Columbia. In looking back I realize now that our journey is always happening, but since I need to pick out a starting point it will be at this lovely healing island.

This is where I first became aware that there is more than the physical world, and the higher realms do speak to you if you desire communication and can quiet your mind long enough to listen! Life's busy-ness can

certainly be a detriment to spending time examining our life, and up to this point I had been great at keeping busy!

I began to actually hear the sounds of nature and observe what was around me. My mind eventually stilled itself and my level of awareness began to expand. I was eventually led to learn and practise Reiki which had positive effects on my physical and mental well being.

I continued to quiet my mind... The healing women of Denman taught me connection and respect for the Earth and also to listen to what the Earth has to say too. I remember walking on the beach and seeing the number '7' everywhere, the rocks and starfish were arranged thus, the tree branches crossed at just the right place. Sevens were everywhere! I began to think that this number 7 had something to say to me, so I tried to understand what it was. I found out that the number 7 signifies '*Spiritual Awakening*'.

I learned that my Dad was dying back in Ontario. I was walking the beach trying to find some peace from the grief when my attention would go to all manner of beach gifts. As I thought of my Dad a horse and rider (complete with a peacock feather) appeared. How could this bring me peace you may wonder? In two ways that I knew right away;

- 1) my Dad loved his horses and
- 2) I was being shown that this was his '*Animal Spirit Guide*' and would help him through his transition. The horse is a powerful Animal Spirit that has the ability to take you from the physical to the Spiritual realm.

I took this with me on my last visit with him and it brought him comfort. He kept it near him until he passed, upon which it stayed at his grave site. More and more information seemed to be coming to me and after 12 years on the island and becoming a Reiki Master I was given the information in a tarot card reading that, "*Your time for being a student is over and you need to leave the island to become a teacher of women.*"

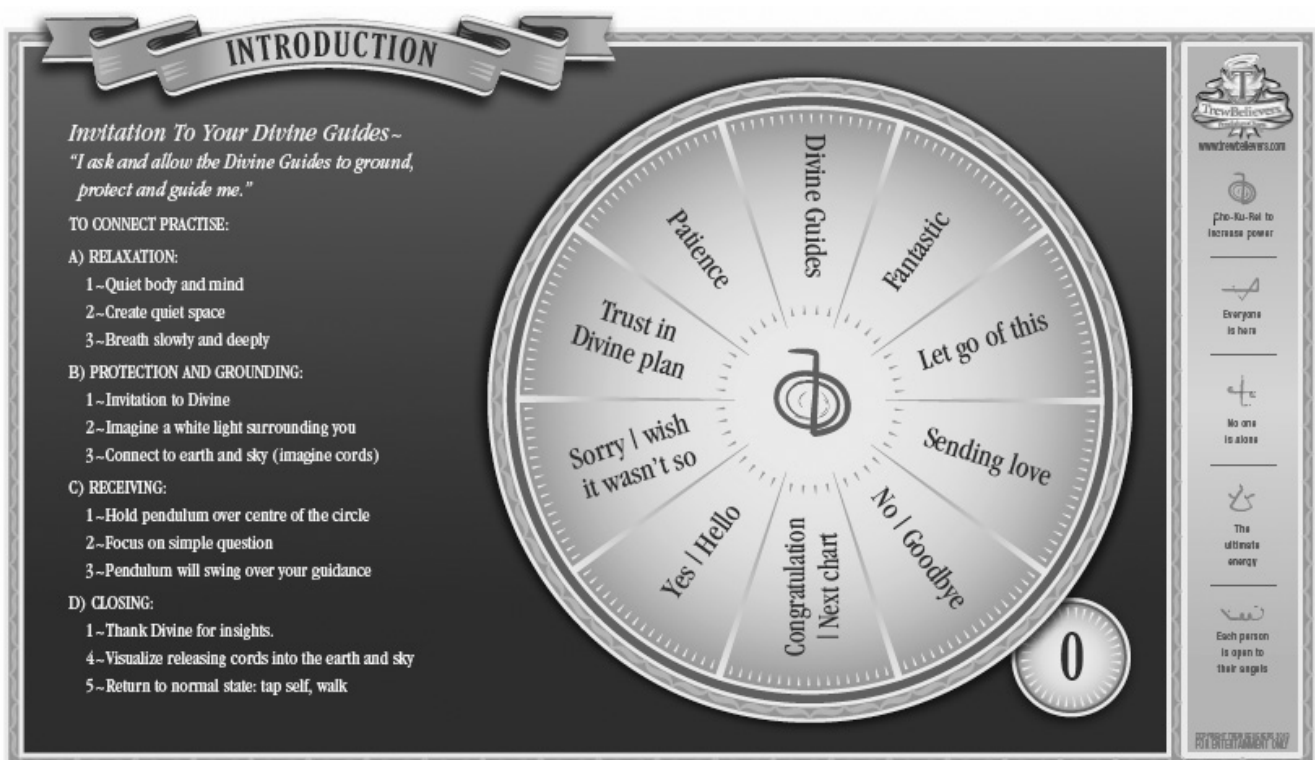
Soon after letting go and moving to Vancouver Island I was told that Archangel Michael would like to be my Guide. He inspired the creation of the special dowsing charts (sample shown below).

The charts are like having a coach on your shoulder who guides and supports you with humour through your process. Eventually, through my own healing process 43 interactive pendulum charts were created and I began to offer these tools to others. I also offer readings and using Reiki - begin to shift what needs shifting!

For anyone who would like to use these tools, I offer a free Introduction pendulum chart at my website: [www.trewbelievers.com](http://www.trewbelievers.com). Remember that this takes time and practice to develop. The more you use the pendulum charts the more effective you will become. Be prepared to be amazed by the level of connection you will feel.

The information given on these charts are to offer you perhaps a new perspective of looking and dealing with your choices. Always use your common sense and with that being said you will 'know' when the information is right on.

*Kathy Trew*





# Speaker for January 17th, 2016

## Past Lives, Life Between Lives

### - Kathryn Hand -

**K**athryn is a Clinical Hypnotherapist who specialises in Past Life Regression and Life Between Lives therapy.

Starting her career in the high powered world of investment banking, Kathryn was involved in communications, media and corporate events for global companies in both Sydney and London.

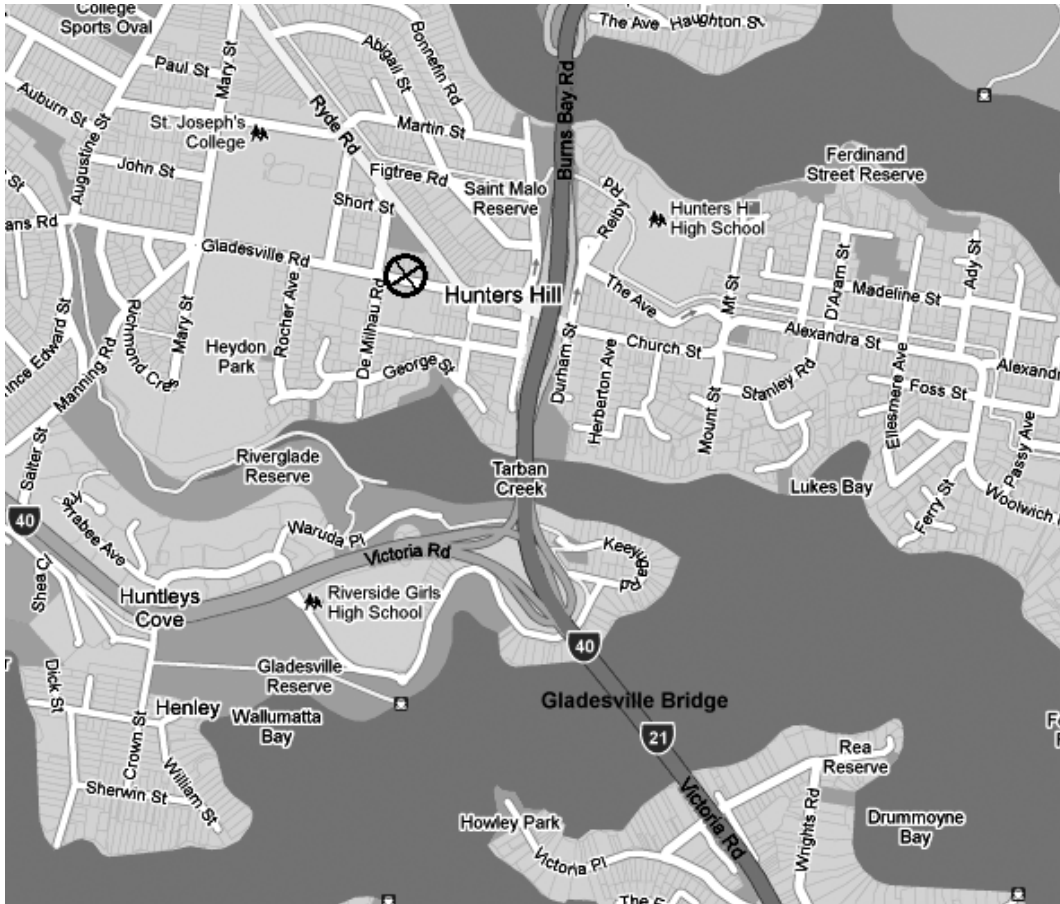
Whilst reading Dr Michael Newton's Journey of Souls, Kathryn had a deeply profound experience which led her to ultimately fulfil her calling and make the life-changing career move as a hypnotherapist. She is proudly one of an elite, global group of 250 spiritual regressionists certified by Dr Michael Newton.



Kathryn will speak about past lives, and what happens during the time we are not in physical form. She will talk about the survival of consciousness beyond physical death.

Kathryn has been published in the latest special edition of New Dawn magazine on the topic of children's spontaneous past life recall, available in newsagents and online from 30 November 2015.

You can read more about Kathryn on her website:  
[www.hillshypnotherapy.com.au](http://www.hillshypnotherapy.com.au)



### **Date of Meetings**

Third Sunday of every month, except December (2nd Sunday)  
Time: 2:00pm to 5:00 pm

### **Venue for Meetings**

Community Hall, 44 Gladesville Road, Hunters Hill

### **Bus Services:**

Transport Enquiries: 131 500

*From City, Central : Bus # 501 from Central to Rozelle  
then Bus # 506 to Hunters Hill*

*From City, 506 bus goes from Town Hall House, Druiett St, Stand L, to  
Gladesville Rd, cnr of Pitt St, Hunters Hill*

*From Chatswood : Bus # 536*

Please arrive at the meeting early so as not to disturb  
and be seated by 2:00 pm

### **Website address**

[www.dowsingaustralia.com](http://www.dowsingaustralia.com)