



Hello Winter 2017!!

It's time to greet the Winter season – a time for hot chocolate, hot apple cider, working on winter projects and following through on that New Year's resolution. Community Education has planned exciting activities for the entire family!!

We have a variety of classes to help meet your New Year's goals, including Stability Ball Workout, Golf, a variety of Yoga classes, T'ai Chi, Aquacize It, Line Dancing Fun and Fitness, Fit in 30, to name a few.

For those of you who wish to kick up your heels on the dance floor, enroll in one of the following classes: Romantic Slow Dancing, Best of Ballroom (Cha-Cha, Waltz, East Coast Swing, Night Club Two-Step, Rumba, Salsa and Tango), or Adult Ballet.

Go Community Education and leave the driving to us, by selecting from the following day trips: Pacific Orchid & Garden Expo, Gourmet Chocolate Experience, State Capitol Museum, and several more. However, if you are looking for an extended trip that suits your fancy we have some exciting trips for you to choose from including visiting sites in the good ol' USA and Europe: The Colorado Rockies, New York City, America's Music Cities, Imperial Cities, Shades of Ireland, Classic Christmas Markets, etc.

We have excellent classes to learn new skills like Excel 2013, Professional Pearl and Bead Stringing, Exploring Drawing Techniques, Beginning Cold Press Soap Making, Guitar classes, Knitting classes, and many more.

Maybe you're looking for a class to keep the kids/teens entertained or prepared for exams. We have Performing Arts Club, Operation Animation, Super Saturday Science, Get Ready for SAT Math or English; check out the Kids/Teen section for more classes.

The Community Education Hello Winter 2017 catalog has a plethora of categories and classes to select from. Register online at www.mjc4life.org to save the \$5 registration fee.

If you have a question, call us at (209) 575-6063. We are here to help YOU!

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front cover

"I signed up for this MJC CEMT course, which came highly recommended. I'm so grateful for the trainers and their encouragement and support – my fear in the beginning was so overwhelming I almost quit the first day on the bikes. But, they taught me how to overcome and trust the motorcycle, which in turn has given me the confidence I need to ride.

This course and the GREAT teachers presenting it made accomplishing my bucket list goal not only possible, but a reality. I had no idea there is more to riding a motorcycle than getting on and going; I have been enlightened. Additionally, I learned more than the basics to riding a motorcycle, I learned how to look beyond the motorcycle and see what is all around when riding one and why THAT is so important.

Because of this class I also learned if you're safe and prepared, which is what they teach, driving a motorcycle can be exciting, relaxing and freeing."

Sheila Nemeth
MJC Community Education Student

"I absolutely love teaching the Motorcycle Training Course at MJC. I get to meet new people every week and teach safer motorcycling. It doesn't get much better than that! I got my first dirt bike when I was 9 years old and rode it everywhere on our property in Washington state. When I got older, I looked into street riding particularly for my husband, who I thought could use a motorcycle for commuting. I ended up taking the course also, where I met Jim.

Too many riders are unnecessarily hurt or killed on motorcycles each year. I pride myself in being involved with this outstanding program to help reduce crashes. I have been teaching the course for a little over two years. It's great to get a group of people, from all levels of experience, and help them learn how to ride and ride better. Safety is my number one concern; the fun comes naturally! I enjoy seeing a person learn something new. It's amazing to see the transformation from day one up to the last day.

I like to say, "My other ride is a minivan." It's true. When I'm not riding my motorcycle, I am usually driving with my family. I have four kids ranging from 2-18. I am literally a "motorcycle mama." Teaching at MJC is the only outside "job" I have, but my other "job" is a full-time one.

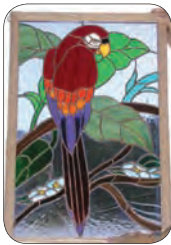
Elisabeth Purcell
MTC Instructor

Adult Fun

ARTS/CRAFTS

Authentic Stained Glass for Beginners

Come join us and learn the skilled art of authentic stained glass. This is an exciting class in learning the Tiffany style process. No experience necessary. You'll learn to cut 40 pieces of glass and grind them to fit into a beautiful Hummingbird oval panel to proudly hang up for display or give as a wonderful gift when you are finished. This is the same process Louis Comfort Tiffany developed for his spectacular Tiffany lamps. Download the supply list for additional items you have around the house that you'll need later. Other tools and equipment are provided in class.



NOTE: Bring to first class: safety glasses, old clothes and wear closed-toe shoes, a glass cutter, scissors and glue stick. Ask for a supply list or go to www.mjc.edu/commed

A > Wizzi Wisilinski	\$115 + \$95 mat. fee*
Jan 17 - Feb 21	Tue 1 PM - 4 PM
6 sessions	John Muir, WC, 259
B > Wizzi Wisilinski	\$115 + \$95 mat. fee*
Feb 28 - Apr 4	Tue 1 PM - 4 PM
6 sessions	John Muir, WC, 259
C > Wizzi Wisilinski	\$115 + \$95 mat. fee*
Feb 28 - Apr 4	Tue 6 PM - 9 PM
6 sessions	John Muir, WC, 259

*pay \$95 material fee to instructor at first class

WORKSHOP - for Authentic Stained Glass Students

This class is for those who have taken the beginning class with Wizzi and want to continue working on other projects of their choice. You must have taken a beginning class from Wizzi in order to register for this class. The class will be held at the same time as the beginning class. You will select your own projects and purchase your own glass and supplies. Your material fee will depend on the project you select.

A > Wizzi Wisilinski	\$75
Jan 17 - Feb 21	Tue 1 PM - 4 PM
6 sessions	John Muir, WC, 259
B > Wizzi Wisilinski	\$75
Feb 28 - Apr 4	Tue 1 PM - 4 PM
6 sessions	John Muir, WC, 259
C > Wizzi Wisilinski	\$75
Feb 28 - Apr 4	Tue 6 PM - 9 PM
6 sessions	John Muir, WC, 259



Beginning Metal Etching

If you are looking for a new technique to expand your jewelry-making skills this is the class for you. Etching allows you to add texture to your designs. The acid bath used for this process leaves three dimensional high spots. Various finishing processes will allow you to express your individual creativity. No drawing skills necessary, rubber stamps allow for stress free artistic expression. Students will complete one bracelet.

NOTE: Bring craft rubber stamps with preferred designs (stamps can be any kind that will take ink, stamps used for scrapbooking, etc.). Wear clothes that can get dirty.

A > Marilyn Valgos	\$35 + \$18 mat. fee*
Feb 23	Thu 6 PM - 9:30 PM
1 session	John Muir, WC, 259
B > Marilyn Valgos	\$35 + \$18 mat. fee*
Mar 18	Sat 9 AM - 12:30 PM
1 session	John Muir, WC, 259

*pay \$18 material fee to instructor at first class

Beginning Cold Process Soap Making

Come learn how to make soap the old fashioned way, using the cold process method. No pre-made bases or melt and pour kits here! You'll start with simple, natural oils and pure water and finish with beautiful handmade soap. No matter your skill level - new to soap making - or previous experience - this class will be fun and beneficial to you. During class you will make 2 lbs. of soap to take home. Come dressed to get messy! Make gifts to share with family and friends.

Angela Palmer	\$45 + \$15 mat. fee*
Feb 25	Sat 9 AM - 12 PM
1 session	John Muir, WC, 259

*pay \$15 material fee to instructor at first class



Advanced Cold Process Soap

Ready to take your soap making to the next level? This class picks up where soap making from scratch left off. Come learn how to utilize herbs, colorants, fragrance and specialty ingredients in your soap making. Experiment with swirling and layering techniques. Come connect with other soapers and advance your skills.

NOTE: Prerequisite: [Soap Making for Fun] OR some experience making cold process soap. Materials fee includes handouts plus ingredients to make about 2 lbs. soap.

Angela Palmer	\$45 + \$20 mat. fee*
Mar 25	Sat 9 AM - 12 PM
1 session	John Muir, WC, 259

*pay \$20 material fee to instructor at first class

CHALK PAINT® by Annie Sloan

Become your own decorator in this introductory class! Learn how to transform your decor, cabinets and much more in one easy step. You will learn five certified CHALK PAINT® techniques, plus proper wax application. A variety of techniques and finishes will be covered that you will be able to use in your home and garden! You will be able to take your painted sample pieces home. Materials provided but a small piece of furniture/ decor is welcome. Must not be larger than 1x1 ft.



NOTE: Material fee required to cover supplies and take-away samples. Class size limited to 12.

Lauren Camarata	\$45 + \$25 mat. fee*
Mar 15	Wed 10 AM - 1 PM
1 session	John Muir, WC, 259

*pay \$25 material fee to instructor at first class

Dichroic Glass Fusing

Create your very own handcrafted art glass jewelry pieces. Design, cut, tack and stack various layers of Dichroic Art glass and small frit pieces onto a solid glass base for a three dimensional sculptural effect. The term dichroic is used because dichroic glass appears to be one color at one angle and another color at a different angle. Beginner level. All levels welcome. Project: earrings and pendant.



Jean Hayes	\$49 + \$25 mat. fee*
Feb 3 - Feb 10	Fri 6:30 PM - 9:30 PM
2 sessions	Stoddard Annex, Metalcraft

*pay \$25 material fee to instructor at first class

Couture Beaded Jewelry

We are excited to offer a Saturday beading class this winter. Enjoy plenty of free parking! Learn how to make couture style jewelry that everyone will complement you on by incorporating glass beads, and other materials with beading techniques you will learn in class. Projects include, but not limited to, a bracelet, and either a ring or earrings.

NOTE: Bring eyeglasses to see small beads.

Anna Christiansen	\$35 + \$20 mat. fee*
Mar 4	Sat 12 PM - 4 PM
1 session	John Muir, WC, 259

*pay \$20 material fee to instructor at first class

Easy Wire Wrap Jewelry

New Saturday class with free parking! Come learn one of the world's oldest and most versatile forms of jewelry making: wire wrapping. In class you will learn the basic components and techniques of how to wire wrap jewelry using metal wire and drilled beads. Have fun using your imagination to create professional unique pieces. Class is designed for newcomers or for those who want to brush up on their skills.



NOTE: Please bring small square nose pliers, felt tip pen, scotch tape, ruler, round nose pliers, and cutters.

Anna Christiansen	\$29 + \$15 mat. fee*
Feb 11	Sat 2 PM - 5 PM
1 session	John Muir, WC, 259

*pay \$15 material fee to instructor at first class

Wire Wrap Jewelry - II

New Saturday class with free parking! Broaden your wire wrapping knowledge as you learn new techniques and use new materials. Learn to make projects with copper, a cabochon, and more. Complete 2 projects - either a pendant, earrings or bracelet. Do it for fun or profit.

NOTE: Please bring small square nose pliers, felt tip pen, scotch tape, ruler, round nose pliers, and cutters.

Anna Christiansen	\$29 + \$15 mat. fee*
Feb 25	Sat 2 PM - 5 PM
1 session	John Muir, WC, 259

*pay \$15 material fee to instructor at first class

Drawing in Colored Pencil

Colored pencils are a fun, safe and a portable way to express oneself artistically. You will focus on basics of color theory and color application while drawing fall flowers. Learn to mix and blend colors and to use pencils to create tone and hue. You will cover a variety of techniques and work on a variety of natural objects or work from photographs. All levels welcome.

NOTE: Bring to first class an Artist or Prismacolor 24 (or larger) pencil set. Don't buy supplies until you know the class will go. Material fee covers supplies used in class.

Linda Salmon	\$59 + \$10 mat. fee*
Mar 14 - Apr 4	Tue 6:30 PM - 9 PM
4 sessions	Art Bldg, 201

*pay \$10 material fee to instructor at first class

Exploring Drawing Techniques

Whether you are a novice or a seasoned hobbyist, this class offers you the fundamental techniques used in the creative artistic process. Build up your eye-brain-hand coordination. Graphite, ink and charcoal will be the drawing mediums, along with several kinds of paper. Students will be given the opportunity to develop their own drawing styles as they are introduced to basic artistic concepts. Historical and present examples of artists will be studied. You will be pleasantly surprised at how much your drawing will improve after even one session! All levels welcome.

NOTE: Additional supplies to be purchased prior to class by student. See list at www.mjc.edu/commed. Don't buy supplies until you know the class will go.

Linda Salmon	\$99 + \$10 mat. fee*
Jan 24 - Feb 28	Tue 6:30 PM - 9 PM
6 sessions	Art Bldg, 201

*pay \$10 material fee to instructor at first class



Getting Started with Acrylics

Acrylics are more versatile than any other medium. Diluted acrylics are transparent and can work like watercolors. Applied thickly they resemble oils, but are easily cleaned up with water. Colors are exuberant; mistakes can be hidden. We will go over the different techniques, tools, surfaces, and brushes used in this very creative medium. All levels of painters are welcome.

NOTE: Ask for supply list or go to www.mjc.edu/commed. Do not purchase your supplies until you have confirmed with our office that the class will be held.

Linda Salmon	\$99 + \$10 mat. fee*
Feb 9 - Mar 16	Thu 6:30 PM - 9 PM
6 sessions	Art Bldg, 102

*pay \$10 material fee to instructor at first class

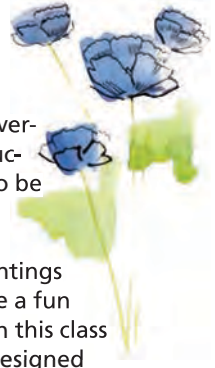
Fun with Leisure Watercolor Painting

Don't miss out on this ever-popular class. Our instructor will help you learn to be successful in this great art medium. If you have admired watercolor paintings and thought it would be a fun technique to know, then this class is for YOU. The class is designed for all levels. Learn the basic techniques, color, and composition. You will receive individual assistance and experience the joy of painting with watercolor.

NOTE: Material fee will cover supplies for the first two weeks of class. Instructor will talk about supplies to purchase for future classes.

Linda Salmon	\$125 + \$10 mat. fee*
Jan 25 - Mar 15	Wed 6 PM - 9 PM
8 sessions	Art Bldg, 102

*pay \$10 material fee to instructor at first class



Merry March - Beginning Floral Arranging

Learn basic floral arranging skills while you create a beautiful, seasonal piece to brighten up your home! You will be surprised how easy it is, once you are shown the methods the professionals use to create beautiful floral pieces. You will learn something new in each stand-alone class, while creating your own, original arrangement. Beautiful, fragrant, abundant, fresh, seasonal flowers, vase and all materials are provided. Register early! Registration closes about 10 days prior to class in order to guarantee abundant, fresh flowers for students.

NOTE: Bring to class: Scissors (for ribbon); Scissors and/or small pruner/nippers (appropriate for stems); wire cutters. Pay \$30 material fee to instructor at class. Material fee is for container, fresh flowers and supplies used in class. A towel to support your arrangement on the car ride home is advisable.

Debra Greenlee	\$29 + \$30 mat. fee*
Mar 2	Thu 6 PM - 8:30 PM
1 session	John Muir, WC, 259

*pay \$30 material fee to instructor at first class



Fun April Flowers - Easter Floral Arranging

Learn basic floral arranging skills while you create your own lovely, original fresh floral centerpiece to celebrate Easter or Spring! You will be surprised how easy it is. There is something new to learn in each stand-alone class. Beautiful, fragrant, abundant fresh Spring flowers, vase and all materials are provided. Register early! Registration closes about 10 days prior to class in order to guarantee abundant, fresh flowers for students.

NOTE: Bring to class: Scissors (for ribbon); Scissors and/or small pruner/nippers (appropriate for stems); wire cutters. Pay \$30 material fee to instructor at class. Material fee is for container, fresh flowers and supplies used in class. A towel to support your arrangement on the car ride home is advisable.

Debra Greenlee	\$29 + \$30 mat. fee*
Apr 13	Thu 6 PM - 8:30 PM
1 session	John Muir, WC, 259

*pay \$30 material fee to instructor at first class

Jewelry and Metalcraft

Whatever your interest, you will have fun learning the basics, and more, in this on-going Jewelry class. Learn how to earn some extra money or make beautiful gifts for someone special. Learn fine-jewelry techniques to construct custom jewelry from copper, bronze, sterling silver and gold. Beginners to advanced learn and practice skills in fabrication, wax carving, introduction to casting, and stone setting. Beginning levels are project-oriented with various jewelry items. The supplies needed vary depending upon the projects and materials you select.



NOTE: No class Jan 16 and Feb 20. Students must bring safety glasses if they do not wear prescription glasses.

A > Jean Hayes	\$83 + \$11 mat. fee*
Jan 9 - Mar 27	Mon 1:15 PM - 4:45 PM
10 sessions	Stoddard Annex, Metalcraft
B > Jean Hayes	\$83 + \$11 mat. fee*
Jan 9 - Mar 27	Mon 6:30 PM - 10 PM
10 sessions	Stoddard Annex, Metalcraft
C > Jean Hayes	\$99 + \$11 mat. fee*
Jan 12 - Mar 30	Thu 1:15 PM - 4:45 PM
12 sessions	Stoddard Annex, Metalcraft

*pay \$11 material fee to instructor at first class

NOTE: Class is open as a lab to all levels, but the focus will be on skills for beginners in this Thursday evening class. Students must bring safety glasses if they do not wear prescription glasses.

D > Jean Hayes	\$99 + \$11 mat. fee*
Jan 12 - Mar 30	Thu 6:30 PM - 10 PM
12 sessions	Stoddard Annex, Metalcraft

*pay \$11 material fee to instructor at first class

Jewelry Metal Stamping - PM

Add a personal touch to make Valentine's Day or any day special!



Make a custom pendant, bracelet or earrings using a metal stamping technique. No crafting skills necessary! If you can use a hammer, you can learn to make beautiful custom jewelry. This course will introduce students to the basics of metal stamping. Learn the best metals to use, design ideas, basic techniques. You will complete a project of your own design in class! Take a moment to explore the inspiration photos collected for this class: <https://www.pinterest.com/debbithinksdeep/stamping-class/>

NOTE: Bring to class: A 16 oz. household hammer; Optional: earplugs. Material fee includes a set of alphabet and numerical stamps that the student will take home, and a variety of metal stamping blanks.

Debra Greenlee	\$29 + \$25 mat. fee*
Feb 9	Thu 6 PM - 9 PM
1 session	John Muir, WC, 259

*pay \$25 material fee to instructor at first class

Making Cabochon Doublets and Triplets

Ever wondered how and why layered cabochons are made? Making these involves thinning and flattening layers of gemstone materials and assembling them with epoxy adhesive followed by shaping them in the normal cabochon process. This is done to utilize gem materials that don't show well when they are thicker like the normal cabochon material. The process is also done to enhance the colors or patterns in various lapidary materials. Typically the lapidary material to be enhanced will be backed with black basalt and topped with clear quartz in the case of a triplet. A doublet will be two layers including a black backing or a quartz top. Materials and supplies to do the process will be supplied by the instructor, though students are encouraged to bring their own lapidary material that they wish to use. The equipment to accomplish the cabochon shaping and polishing are available in the classroom.

NOTE: Prerequisite: Must be familiar with making cabochons.

Robert Rush	\$49 + \$10 mat. fee*
Jan 27 - Feb 10	Fri 6 PM - 9 PM
3 sessions	Stoddard Annex, Lapidary

*pay \$10 material fee to instructor at first class

Lapidary

Learn how to turn stones into beautiful pieces for decor or gems for mounting into custom jewelry.



This class teaches basic to advanced lapidary skills including cutting, grinding, faceting and polishing of ornamental, semi-precious and precious stones. You will learn how to recognize, find and develop your gem materials and make beautiful pieces of art. The supplies needed will vary depending upon the projects and materials you select.

NOTE: Students must wear prescription or safety glasses in class and a waterproof apron is recommended. Material fee is for supplies required for classroom equipment.

A > Jean Hayes	\$99 + \$11 mat. fee*
Jan 11 - Mar 29	Wed 1:15 PM - 4:45 PM
12 sessions	Stoddard Annex, Lapidary

B > Jean Hayes	\$99 + \$11 mat. fee*
Jan 11 - Mar 29	Wed 6:30 PM - 10 PM
12 sessions	Stoddard Annex, Lapidary

*pay \$11 material fee to instructor at first class

Designing and Fabricating Cabochons for Art Jewelry

Have you ever looked through jewelry books such as “Showcase 500 Art Necklaces” and wished you could make the stones that are used in these items? This class will expose you to some of these jewelry designs and the shapes of the cabochons and stones used in them. It will show you how to make these types of cabochons that could lead you into designing art jewelry pieces for your unique creations. You will be shown how to visualize the patterns and shapes in the lapidary materials in a creative manner that goes beyond the ordinary ovals, squares and rounds. If you have slabs of agate, jasper or other things that have a pattern special to you bring them to the class and we will explore ways to utilize them in designing your stones for your jewelry pieces.

Robert Rush	\$49 + \$10 mat. fee*
Mar 3 - Mar 17	Fri 6 PM - 9 PM
3 sessions	Stoddard Annex, Lapidary

*pay \$10 material fee to instructor at first class

Ring Making Workshop

If you love handmade jewelry, but don’t know where to start try this beginning class and learn soldering and embellishing techniques for making a sterling silver ring. Take home a stylish, originally designed and handcrafted ring that might spark your passion for jewelry making.

Jean Hayes	\$49 + \$15 mat. fee*
Feb 24 - Mar 3	Fri 6:30 PM - 9:30 PM
2 sessions	Stoddard Annex, Metalcraft

*pay \$15 material fee to instructor at first class

Professional Pearl and Bead Stringing - Day



Learn to tie your own pearl necklaces and save money. Quality jewelry is hand-tied and knotted. Don’t pay the high cost of professionally-tied necklaces, tie your own. Find out where to purchase pearls and precious beads. This would make a great gift.

NOTE: \$35 Material fee paid to instructor in class for first project kit.

Jean Hayes	\$69 + \$35 mat. fee*
Mar 24 - Apr 7	Fri 1:30 PM - 4:30 PM
3 sessions	Stoddard Annex, Metalcraft

*pay \$35 material fee to instructor at first class

MUSIC

Beginning Blues Harmonica

Beginning Blues Harmonica will get you jammin' the blues immediately! Our emphasis will be on playing and having fun as you are introduced to many of the tricks and techniques to make the harmonica cry, laugh, wail and scream! No previous musical experience or harmonica training is required.

NOTE: Bring a Major Diatonic Harmonica in the key C; available in class for \$13, if you do not have one. Material fee for instructional CD and handouts.

David Broida	\$35 + \$15 mat. fee*
Mar 9	Thu 7:45 PM - 9:15 PM
1 session	John Muir, WC, 161

*pay \$15 material fee to instructor at first class



Healthy Harmonica

Do you have COPD, asthma, prone to pneumonia or other breathing problems? Ask your physician about learning the harmonica. Playing a wind instrument can be a wonderful way to exercise lungs, and promote better lung function. A harmonica is small, light, inexpensive and fun! Breathing is our foundation when playing harmonica for healthy, vibrant living. We will take the simplest of pop, folk and blues rhythms and melodies and invigorate them with simple, but powerful, breathing techniques to make any song deeply expressive! No previous musical experience is required - only a desire to have fun and feel more healthy and alive!

NOTE: Bring a Major Diatonic Harmonica in the key C; available in class for \$13, if you do not have one. Material fee is for instructional CD and handouts.

David Broida	\$35 + \$15 mat. fee*
Mar 9	Thu 6 PM - 7:30 PM
1 session	John Muir, WC, 161

*pay \$15 material fee to instructor at first class

Beginning Harp I - Workshop for Adults

Have you ever wanted to play the harp? It's easier than it looks! You will learn to play simple melodies and accompaniments on the Celtic harp. No prior musical experience necessary - just bring your love of this beautiful instrument.

NOTE: Each student will be provided a harp for use during class.

Margie Butler	\$30
Feb 11	Sat 10 AM - 12 PM
1 session	Music Bldg, 111



Beginning Harp II - Workshop for Adults

In this class you will expand upon what you learned in Beginning Harp I, with more songs, more complex arrangements and lots of fun!

NOTE: Each student will be provided a harp for use during class.

Margie Butler	\$30
Feb 11	Sat 1 PM - 3 PM
1 session	Music Bldg, 111

Beginning Piano for Adults

You have always wanted to play piano but it was never the right time? Well, the time is NOW! Piano lessons are great for the hands, mind, and spirit. Come learn in a warm, supportive class. You will work at your own pace on individual keyboards.

NOTE: Bring a pair of full sized headphones with a 1/4" or 6.35mm long jack or adapter.

debee loyd	\$79 + \$10 mat. fee*
Feb 9 - Mar 16	Thu 6 PM - 8 PM
6 sessions	Music Bldg, 109

*pay \$10 material fee at registration

Guitar - Strummin' Fun I

A stress-free introduction to guitar basics that will have you playing simple songs in no time. There are literally hundreds of songs that use the same simple, basic chords. You'll be amazed at how easy it is to begin to play these songs in just a few sessions.

NOTE: Material fee for practice CD.

Paul Espinoza	\$69 + \$15 mat. fee*
Jan 25 - Mar 1	Wed 6 PM - 7 PM
6 sessions	Music Bldg, 112

*pay \$15 material fee to instructor at first class

Guitar for Adults: Beginner

Have you always wanted to play guitar? This class is for you! Learn to play the songs you love in an enjoyable and pressure-free atmosphere. By learning the basic chords and rhythms, you will be able to play a wide-range of songs in a short period of time. No musical experience necessary. Just bring your guitar. Music will be provided.

NOTE: No class Feb 20. Please bring exact change. Bring an acoustic guitar to class.

Susan Janis	\$79 + \$2 mat. fee*
Jan 30 - Mar 27	Mon 6:30 PM - 7:30 PM
8 sessions	John Muir, WC, 253

*pay \$2 material fee to instructor at first class



Intermediate Guitar for Adults

This class is intended to be an extension of Guitar for Adults: Beginner. Students will continue to learn the first position chords, tablature and strum rhythms, as well as learning basic finger picking. Music provided.

NOTE: No class March 22.

Susan Janis	\$79 + \$2 mat. fee*
Feb 1 - Mar 29	Wed 7:10 PM - 8:10 PM
8 sessions	John Muir, WC, 253

*pay \$2 material fee to instructor at first class

Intermediate Guitar for Adults II

This class is intended to be an extension of the Intermediate Guitar class. Students should know the basic first-position chords, read tablature and be ready to continue learning various finger-picking styles and strum rhythms. Music provided.

NOTE: No class Mar 22.

Susan Janis	\$79 + \$2 mat. fee*
Feb 1 - Mar 29	Wed 6 PM - 7 PM
8 sessions	John Muir, WC, 253

*pay \$2 material fee to instructor at first class

Voice Lessons for Adults

Do you like to sing? Take your talent to the next level with personalized voice lessons! Whether you sing for the joy of singing, or aspire to sing in a choir or professionally, vocal coaching can improve your singing skills. Enjoy sharing your love for music with others in this fun, interactive class. Learn proper vocal methods and techniques, including basic notes, harmonies, rhythms and songs. Wrap up this class, and show what you have learned with a performance for your family and friends!

NOTE: No class Apr 18. Class meets last two sessions for rehearsal and performance at MJC Music Building, Room 108.

Bernadette Burns	\$139 + \$10 mat. fee*
Mar 14 - May 9	Tue 6 PM - 8 PM
8 sessions	Valley Charter HS, 14

*pay \$10 material fee to instructor at first class

You Can Uke!

Ukulele for beginners or rusty players. Experienced players welcome too. Learn or review fret board, chords, and strums. Relaxed class - No musical background necessary. We'll learn songs made popular by famous ukulele players - from Hawaiian to Rock & Roll and more. Bring your friends and family.

NOTE: No class Feb 23. Bring any type of ukulele.

Lorrie Freitas	\$45 + \$5 mat. fee*
Feb 2 - Mar 2	Thu 6 PM - 7:30 PM
4 sessions	Music Bldg, 112

*pay \$5 material fee to instructor at first class



SEWING

Adult Sewing

Do you want to learn how to sew and alter your own clothes or sew items for your home? Maybe you need to learn to use your own sewing machine. This course is designed to help you develop basic sewing skills and to take the mystery and frustration out of the process of operating a sewing machine. Taught by an expert sewing instructor, you will learn how to operate and troubleshoot a sewing machine, hand-sewing techniques, purchase fabric, cut and sew your projects. Projects include: double drawstring bag, pillow with zipper and an apron. Patterns are provided.



NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring to class a pair of scissors, tape measure, seam ripper, seam gauge, magnetic pin cushion, pins (preferably quilting pins) and tailor's chalk. Don't purchase supplies until you call our office to confirm class will be held. Ask for supply list or go to www.mjc.edu/commed.

Carrie Carlile-Ward	\$119
Jan 31 - Mar 7	Tue 6:30 PM - 9 PM
6 sessions	John Muir, WC, 264

Morning Sewing

This class, offered during the day, is geared to help the beginner develop basic sewing skills and take the mystery and frustration out of operating a sewing machine. Learn basic sewing skills needed to sew items for your home or personal use. Projects include: double drawstring bag, handkerchief, pillow with zipper and craft apron. Patterns are provided. Elaine is a retired home economics instructor and is anxious to share her knowledge with you.

NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring a pair of scissors, tape measure, seam ripper, seam gauge, pin cushion, good quality pins, and tailor's chalk. Don't purchase supplies until you call our office to confirm class will be held. Material fee will cover supplies for all 4 projects.

Elaine Arnold	\$99 + \$27 mat. fee*
Mar 7 - Mar 28	Tue 9:30 AM - 11:30 AM
4 sessions	John Muir, WC, 264

*pay \$27 material fee to instructor at first class

Beginning Knitting

Have you always wanted to knit? Well now's your chance! Learn the basics of knitting - casting on, purling, and binding off. Returning students welcome, bring a project! Learn to knit now and make beautiful, one-of-a-kind items.



NOTE: Material fee includes materials for beginning project.

Carrie Carlile-Ward	\$59 + \$12 mat. fee*
Feb 9 - Mar 2	Thu 6:30 PM - 9 PM
4 sessions	John Muir, WC, 264

*pay \$12 material fee to instructor at first class



Dazzling Knitting Techniques

Have fun and socialize while learning in this knitting class designed for retirement-aged adults. From beginner

to advanced, there is something for everyone in this continuing class. You will practice different knitting techniques and decorative stitches, while making items your friends and family will treasure. The importance of gauge, weight, and selecting and caring for different fibers will be covered.

NOTE: Please note location change to MJC West Campus, Wawona #1. Parking permit required.

A > Deanna Salter	\$99
Feb 1 - Apr 19	Wed 9 AM - 12 PM
12 sessions	Wawona 1
B > Deanna Salter	\$99
Feb 1 - Apr 19	Wed 1 PM - 4 PM
12 sessions	Wawona 1

Learn to Crochet

Crochet is quick and fun. It's a great finishing technique for knitting projects. Learn basic stitches while making a fresh winter scarf to add color to your outfit on those cooler evenings.



NOTE: No previous crochet experience necessary. Bring 400 yards of smooth, light colored, worsted weight yarn and a J hook.

Linda Casey	\$39
Mar 6 - Mar 13	Mon 6:30 PM - 8:30 PM
2 sessions	John Muir, WC, 264

Mystery Quilt

Up for a challenge! This is always a fun class for quilters looking for socializing time with their friends. The fun part is that you won't know what you are making until you get it put together. When you complete one clue you will get the next. Are you game? You will get instructions on how much of what fabric to purchase and what to cut before coming to class.

NOTE: Ask for a supply list or go to www.mjc.edu/commed.

Marilee Heaston	\$45
Jan 26 - Feb 2	Thu 6 PM - 9 PM
2 sessions	John Muir, WC, 264

COOKING



Pressure Cooker Meals

Pressure cookers have changed quite a bit since the days of lids popping off and making

a big mess all over the kitchen as shown on TV comedy shows. Modern pressure cookers are an easy, fast way to make a meal. You can make the most inexpensive cuts of meat taste delicious with a pressure cooker! Join us to make a delicious stew, grain side dish and fabulous dessert using pressure cookers. Slow cooker options will also be given in this fun and tasty class! .

NOTE: Bring your pressure cooker if you have one. We may use it for show and tell or even to cook a dish! Bring an apron. Plan on staying beyond the 12:30 end time for class, as we will enjoy the food we prepared for lunch.

Bernadette Burns	\$29 + \$15 mat. fee*
Apr 1	Sat 9:30 AM - 12:30 PM
1 session	Direct Appliance

*pay \$15 material fee to instructor at first class

Making Nut Butters

In case you have not noticed our Central Valley has gone NUTS! There are walnuts and almonds being produced right in our backyard. Learn to turn these delicious morsels into a luscious butter that your whole family will love. We will get quite creative adding a few different ingredients to transform your nut butter in to nothing short of AMAZING! Nut butters are a great gift giving idea too. Everyone will go home with a jar of our creation!!



Bambi Porter	\$29 + \$15 mat. fee*
Feb 11	Sat 9:30 AM - 12:30 PM
1 session	Direct Appliance
*pay \$15 material fee to instructor at first class	

Veggie Pickles!

Veggie pickles! Sure... cucumber pickles are great, but what about all of the other veggies? Don't neglect your other veggies! Pickle is a fun word to say and they are fun to make! Come to this workshop to learn how easy it is to pickle your favorites. Everyone goes home with their own customized jar of pickled deliciousness!

Bambi Porter	\$29 + \$15 mat. fee*
Mar 25	Sat 9:30 AM - 12:30 PM
1 session	Direct Appliance
*pay \$15 material fee to instructor at first class	

Basic Cheese Making: Delicious spreadable Ricotta and Mozzarella

This workshop will clear up the many mysteries of making cheese at home. You will leave feeling inspired and empowered to start your own fresh cheese journey. Learn basics of making good fresh cheese that will astonish your friends and dinner guests! You will make mozzarella and a spreadable ricotta.

Bambi Porter	\$29 + \$15 mat. fee*
Mar 4	Sat 9:30 AM - 12:30 PM
1 session	Direct Appliance
*pay \$15 material fee to instructor at first class	

DANCE

Belly Dance

This class is a melting pot of different styles of belly dance set to worldly and American music. Learn Folkloric, Cabaret, and American Tribal Style combinations, and the art of fusing them seamlessly! Basic hip and chest isolations as well as graceful postures and fun steps will be taught. Class is open to all levels, including beginners

NOTE: Dress comfortable yet form-fitting. Showing your belly is your choice. Be prepared to dance barefoot.	
Marie Gwin	\$69
Mar 24 - Apr 28	Fri 6:30 PM - 7:30 PM
6 sessions	John Muir, WC, 253

Romantic Slow Dancing

In this class, Eric and Robin Anderson will teach you to move around the floor with the music instead of just turning in little circles in one place! We will work on the basics of leading and following and then move into the steps that will have you gliding across the floor to your favorite slow songs.

NOTE: No partner required, but encouraged in this slow dancing class. No class Feb 17.	
A > Eric & Robin	
Anderson	\$39
Feb 3 - Mar 3	Fri 6:45 PM - 7:45 PM
4 sessions	John Muir, WC, 253
B > Eric & Robin	
Anderson	\$39
Feb 3 - Mar 3	Fri 8 PM - 9 PM
4 sessions	John Muir, WC, 253

Best of Ballroom Workshops with Marie

Have a fun Friday evening out learning to dance or brush up on your dance steps. Each two-hour workshop presents a sampling of ballroom dances. The teaching method is customized for an individual's learning pace. These workshops are perfect for absolute beginners as well as intermediate-level dancers ready to learn more steps and polish technique. Ballroom dancing will nurture your fun-loving side, tone your muscles and release stress. Take advantage of the discount price of \$79 for signing up for the series of four workshops. A partner is not required but is recommended for enhanced learning. Friday evenings, parking is FREE!



Cha-Cha and Waltz

NOTE: Bring a water bottle. Wear leather-soled or suede-soled shoes and layered clothing to stay comfy.

A > Marie		
Sardalla-Davis	\$22	
Jan 27	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
B > Marie		
Sardalla-Davis	\$22	
Mar 3	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
C > Marie		
Sardalla-Davis	\$22	
Mar 31	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	

East Coast Swing and Foxtrot

NOTE: Bring a water bottle. Wear leather-soled or suede-soled shoes and layered clothing to stay comfy.

A > Marie		
Sardalla-Davis	\$22	
Feb 10	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
B > Marie		
Sardalla-Davis	\$22	
Mar 17	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
C > Marie		
Sardalla-Davis	\$22	
Apr 14	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	

Night Club Two-Step and Rumba

NOTE: Bring a water bottle. Wear leather-soled or suede-soled shoes and layered clothing to stay comfy.

A > Marie		
Sardalla-Davis	\$22	
Feb 3	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
B > Marie		
Sardalla-Davis	\$22	
Mar 10	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
C > Marie		
Sardalla-Davis	\$22	
Apr 7	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	

Salsa and Tango

NOTE: Bring a water bottle. Wear leather-soled or suede-soled shoes and layered clothing to stay comfy.

A > Marie		
Sardalla-Davis	\$22	
Jan 20	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
B > Marie		
Sardalla-Davis	\$22	
Feb 24	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	
C > Marie		
Sardalla-Davis	\$22	
Mar 24	Fri 6:30 PM - 8:30 PM	
1 session	John Muir, WC, 265	

Best of Ballroom - Private Lessons for Adults

Do you need confidence to hit a dance floor or want to take your current dance skills to the next level? Our private lessons are great for individuals or couples. Do you have a wedding or special event planned and want to impress your guests with a dance routine? Our private lessons are perfect for putting together a special dance routine or just having a fun time with a group of your friends. We offer a variety of affordable packages to suit any number of people. Packages can be customized with dance, times, number of people and length of time.

NOTE: For more information or to schedule private lessons, call Angie Vizcarra at 209.575.6473.

Marie Sardalla-Davis

Adult Ballet

Do you want to learn basics of classical ballet, or do you just want to brush up on your technique? Come. We will work at the ballet barre, doing exercises to stretch and strengthen our bodies. We will dance to classical music, enjoying the grace and fluidity of ballet. Hope to see you at the barre! Please wear clothing that allows freedom of movement. Ballet shoes are recommended, but not required.



NOTE: No class Feb 20. Coleen Patterson is on faculty at MJC, teaching both Ballet and Yoga. She brings thirty years of teaching experience to class, having taught extensively in both Southern California and the Central Valley. Coleen also brings a great love for dance, and the desire to share that passion with others.

A > Coleen Patterson \$82		
Jan 18 - Feb 22	Mon, Wed 8:45 AM - 10 AM	
10 sessions	El Capitan, Cabaret West	
B > Coleen Patterson \$67		
Feb 27 - Apr 10	Mon 6 PM - 7:30 PM	
7 sessions	El Capitan, Cabaret West	

ACTIVITIES

Early Birders

Early Birders is designed for beginning or intermediate birdwatchers who are interested in the study and identification of local birds. The classroom session will focus on learning how to tell different bird species apart from each other, as well as finding wild bird populations in different habitats. Early Birders will enhance your appreciation and enjoyment of wildlife and nature. We will go to local public lands, hiking and identifying birds through their field marks and vocalizations.

NOTE: February 2 we will meet in Founders Hall, 155 from 6-8:30 p.m., Saturday, February 4 class will meet at Merced National Wildlife Refuge, and Feb 11 at San Luis National Wildlife Refuge 7 AM to 12 PM. Bring binoculars to class session and field sessions. Suggested field guide: The Sibley Field Guide to Birds of Western North America (paperback) or National Geographical Field Guide to Birds of North America (Sixth Edition).

Salvatore Salerno	\$69
Feb 2 - Feb 11	Thu 6 PM - 8:30 PM & Sat 7 AM - 12 PM
3 Sessions	Founders Hall, 155

MODESTO AREA AQUATIC CLUB



MAAC is a fitness/competitive USMS Sanctioned Masters Swim Club for the Modesto area's adult community. It is designed for adults who wish to swim in an organized, relaxed, fun atmosphere. Coaches are there to help and provide an appropriately-gearred, fitness-oriented workout and stroke-technique feedback.

You will be required to fill out a release of liability form once a year BEFORE you can swim.

Minimum Requirement

100 yards of freestyle with rhythmic breathing

Fees

- 1. Insurance - \$54 per calendar year. United States Masters Swimming membership is required for all participants prior to your first swim. Sign up at www.usms.org and select Pacific as your LMSC and MAAC as your team. Bring a copy of your membership card to your first practice.
- 2. Swimming - \$40 per month. Tri-annual and Annual payment available with discount

Find the swim days and times at the MAAC website at <http://maacswim.org>.

Dave Ashleigh Aquatic Center, next to the MJC Gymnasium on Coldwell Ave.

Swimmers should wear only non-cotton swim attire.

Fit in 30

Short on time or short on endurance? Why not join us for a 30 minute full body resistance training workout. This is a great opportunity to begin an exercise program or to expand your current exercise program. William & Ann Edwards, ACSM Exercise Physiologists, will scale this class to fit everyone's abilities. Bring a mat, 2-3 pound set of hand weights and a resistance band. If you do not have a resistance band, you can purchase a band in class from your instructors. Join us on Tuesdays or Thursdays or both evenings.

NOTE: Bring a yoga mat, a pair of 2 or 3 pound hand weights. It is recommended that you consult your doctor prior to starting an exercise program. To check out photos and see the fun go to www.waedwards.net/Pages/MJCClasses.aspx. Ask for class forms or go to www.mjc.edu/commed.

A > William & Ann Edwards	
	\$39
Jan 31 - Mar 21	Tue 6:35 PM - 7:05 PM
8 sessions	John Muir, WC, 265
B > William & Ann Edwards	
	\$39
Feb 2 - Mar 23	Thu 6:35 PM - 7:05 PM
8 sessions	John Muir, WC, 265

Golf for the Absolute Beginner

Don't know a putter from a driver? Have you wanted to join your friends and family for golf but were too embarrassed? Well now you can enjoy a Day on the Green. Come learn the fundamentals of golf in this concise 5-day class. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid per session to instructor for range balls.

John Banks	\$59 + \$15 mat. fee*
Feb 26 - Mar 26	Sun 10 AM - 11 AM
5 sessions	St. Stanislaus Golf Course

*pay \$15 material fee to instructor at first class

Beginning Golf for Women Only

Calling all Ladies! Come and learn about the game of golf in a fun and comfortable environment. Learn the fundamentals of golf in this 5-day course. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid per session for range balls, \$15 total paid to instructor at first class.

John Banks	\$59 + \$15 mat. fee*
Feb 26 - Mar 26	Sun 11:15 AM - 12:15 PM
5 sessions	St. Stanislaus Golf Course

*pay \$15 material fee to instructor at first class

Line Dancing Fun and Fitness!

Dancing has never been so easy, or so much fun! The easy-to-follow line dance format brings the latest club line moves to our casual classroom and gets your heart pumping!. If you enjoy Country and Top 40 music, learning simple steps that repeat throughout the song, and burning calories, in a fun environment, then this Line Up and Move class is for you. Come alone, with a friend, or your partner - everyone has a good time. The first part of each class we will learn steps to each dance lined up for the evening. As we progress we will review previous dance steps learned in prior weeks. By knowing the basic line dance steps you'll be able to get through most of the popular dances. Rose is a Professional Fitness Instructor who has taught hundreds of people how to get out on the dance floor and have fun! Join Rose as she proves that you don't have "Two Left Feet" after all!

NOTE: Wear something casual, which allows you to move freely and stay comfortable. Don't forget about your feet. Wear a pair of comfy, flat, closed-toed shoes. Bring a bottle of water to refresh.

Rose Wilson	\$59
Jan 25 - Mar 15	Wed 5:30 PM - 6:30 PM
8 sessions	John Muir, WC, 265

Resistance Training

Time to stop resisting! It's time to start building strength. Resistance training is key to keeping strong muscles and good balance. Building muscle is building your health savings account. Start investing in your future today! American College of Sports Medicine Exercise Physiologist-Certified, William and Ann will lead you through a safe, effective and fun whole-body exercise program using resistance bands, hand weights, body weight and a variety of other fitness toys. You can scale any of the exercises to fit your abilities so join us for lots of fun. For more info and photos go to <http://www.waedwards.net/mjcclases.aspx>.

NOTE: Bring a resistance band, a pair of 2-3 pound hand weights and a yoga/exercise mat to class. If you do not have a band you can buy a latex free Theraband from the instructors the first night of class. It is recommended that you consult your doctor prior to starting an exercise program.

William & Ann Edwards	\$79
Jan 31 - Mar 21	Tue 5:30 PM - 6:30 PM
8 sessions	John Muir, WC, 265

Get on the Ball - Stability Ball Workout

Are you ready to roll? Swiss ball training is an excellent way to increase your core stability muscle strength, balance, posture and flexibility. This class will be scaled to accommodate every fitness level and will challenge everyone. American College of Sports Medicine Exercise Physiologist-Certified, William and Ann will lead you through a safe, effective, and fun whole-body exercise program using only a Swiss ball and a resistance band. You will be amazed at how many exercises you can do with so little equipment. Join in the fun!

NOTE: Bring a Swiss ball, exercise mat and a resistance band. If you do not have a band you can buy a one from the instructor. See photos at www.waedwards.net/Pages/MJCClasses.aspx. It is recommended that you consult your doctor prior to starting an exercise program.

William & Ann Edwards	\$79
Feb 2 - Mar 23	Thu 5:30 PM - 6:30 PM
8 sessions	John Muir, WC, 265

T'ai Chi for Every Body

This ever-popular class continues to offer quality and professional instruction in T'ai Chi. This slow relaxing movement reduces stress by promoting a physical and mental workout. It's about gaining self-awareness and self-discipline. Originally a Chinese Martial Art, T'ai Chi has many aspects. It is a meditative dance like in nature and can also be used as a form of aerobic exercise.

NOTE: No class Feb 20. Wear comfortable clothing. Ask for release forms or go to www.mjc4life.org.

Naser Atae & Mary Layton	\$65
Jan 23 - Mar 20	Mon 6 PM - 7 PM
8 sessions	John Muir, WC, 265



How to Train for a Marathon - 0 to 5k

Are you ready to take a few strides

towards achieving the goal of participating in a Marathon? Get the training and support you need to prepare for your first 5k race while improving your overall health and fitness. Learn about injury prevention, nutrition, and training techniques to build strength and confidence. You will work at your own pace and comfort level and will receive health tips, coaching and an individualized training plan. This class is also for intermediate level walkers or runners who can complete a 5k but want to train for greater distances.

NOTE: Jan 30 class meets in Founders Hall, Room 154. No class Feb 20, class meets Feb 22. Meet at the track after the first class session. Attendance to the first class is required for all new students. Wear comfortable running shoes and bring water.

A > Kristi & Christopher Victorino	\$65
Jan 30 - Mar 13	Mon 6:30 PM - 7:45 PM &
7 sessions	Founders Hall, 154 Track and Field

B > Kristi & Christopher Victorino	\$65
Mar 27 - May 8	Mon 6:30 PM - 7:45 PM
7 sessions	Founders Hall, 154 Track and Field



Aquacize It!

Exercising in water makes you feel about 90 percent lighter. When you jump or run in the water, your body does not experience the same impact that those moves cause when done on land. This makes it an ideal activity for those with arthritis, back problems, foot or leg injuries, and knee conditions. You can expect to burn between 400 and 500 calories per hour in a water aerobics class (the actual amount will depend on several criteria). By exercising in water you work against 12 times the resistance of air. This helps to develop muscle - which translates to a higher metabolism and healthier body. Of course, another plus, besides being fun, the water helps cover your movements so you don't need to be self-conscious while exercising. Come enjoy our heated pool while you work on a healthier new you!

NOTE: Before beginning any new exercise program you should first check with your physician.

A > Rose Wilson	\$49
Jan 10 - Feb 2	Tue, Thu 11 AM - 12 PM
8 sessions	MJC Small Pool
B > Rose Wilson	\$49
Feb 7 - Mar 2	Tue, Thu 11 AM - 12 PM
8 sessions	MJC Small Pool
C > Rose Wilson	\$49
Mar 7 - Mar 30	Tue, Thu 11 AM - 12 PM
8 sessions	MJC Small Pool
D > Rose Wilson	\$49
Apr 4 - Apr 27	Tue, Thu 11 AM - 12 PM
8 sessions	MJC Small Pool



Yoga for Weight Loss

You may be surprised to learn Yoga is an excellent way to lose weight while improving your overall health and focus. In this beginner class, Debbie will teach forms of yoga that will help shed pounds, while being easy on the joints. Poses

are designed to work with all body types. Whether you wish to drop just a few extra pounds, or shed excess weight that has been a struggle to lose, this class is for you. Improve your body, mind and spirit in this supportive class.

NOTE: Wear comfortable clothes, bring a yoga mat and towel.

A > Debra Wolski	\$75
Jan 23 - Feb 15	Mon, Wed 2 PM - 3 PM
8 sessions	John Muir, WC, 265
B > Debra Wolski	\$57
Feb 22 - Mar 15	Mon, Wed 2 PM - 3 PM
7 sessions	John Muir, WC, 265
C > Debra Wolski	\$75
Mar 20 - Apr 12	Mon, Wed 2 PM - 3 PM
8 sessions	John Muir, WC, 265



Yoga for Every Body - Tuesdays, Thursdays or Both Days

Come rediscover the joys of movement! Indulge in these gentle but exhilarating yoga sessions tailored for seniors, plus size people and anyone who feels stiff or creaky. Yoga gives individual pleasure for every size and age increasing flexibility and building strength.

NOTE: Bring a towel or yoga mat to each class.

A > Debra Wolski	\$75
Jan 24 - Feb 16	Tue, Thu 11:30 AM - 12:45 PM
8 sessions	John Muir, WC, 265
B > Debra Wolski	\$75
Feb 21 - Mar 16	Tue, Thu 11:30 AM - 12:45 PM
8 sessions	John Muir, WC, 265
C > Debra Wolski	\$75
Mar 21 - Apr 13	Tue, Thu 11:30 AM - 12:45 PM
8 sessions	John Muir, WC, 265
D > Debra Wolski	\$85
Jan 24 - Mar 14	Tue 11:30 AM - 12:45 PM
8 sessions	John Muir, WC, 265
E > Debra Wolski	\$85
Mar 21 - May 9	Tue 11:30 AM - 12:45 PM
8 sessions	John Muir, WC, 265
F > Debra Wolski	\$85
Jan 26 - Mar 16	Thu 11:30 AM - 12:45 PM
8 sessions	John Muir, WC, 265
G > Debra Wolski	\$85
Mar 23 - May 11	Thu 11:30 AM - 12:45 PM
8 sessions	John Muir, WC, 265

Beginning Yoga and Pilates Style Stretch - Tuesdays, Thursdays or Both Days

If you've always wanted to try Yoga but were afraid of the challenging poses, this is the perfect class for you. Experience the health benefits of increased flexibility and relaxation. Increase back and abdominal strength at your individual level and leave each class feeling refreshed. It is recommended that you consult your doctor prior to starting an exercise program.

NOTE: Bring a yoga mat or towel to class. Ask for class forms or go to www.mjc.edu/commed.

A > Debra Wolski	\$75
Jan 24 - Feb 16	Tue, Thu 7:15 PM - 8:30 PM
8 sessions	John Muir, WC, 265
B > Debra Wolski	\$75
Feb 21 - Mar 16	Tue, Thu 7:15 PM - 8:30 PM
8 sessions	John Muir, WC, 265
C > Debra Wolski	\$75
Mar 21 - Apr 13	Tue, Thu 7:15 PM - 8:30 PM
8 sessions	John Muir, WC, 265
D > Debra Wolski	\$85
Jan 24 - Mar 14	Tue 7:15 PM - 8:30 PM
8 sessions	John Muir, WC, 265
E > Debra Wolski	\$85
Mar 21 - May 9	Tue 7:15 PM - 8:30 PM
8 sessions	John Muir, WC, 265
F > Debra Wolski	\$85
Jan 26 - Mar 16	Thu 7:15 PM - 8:30 PM
8 sessions	John Muir, WC, 265
G > Debra Wolski	\$85
Mar 23 - May 11	Thu 7:15 PM - 8:30 PM
8 sessions	John Muir, WC, 265

Lifestyle

HEALTH/BEAUTY



Zen & Mindfulness Practice

This class will be an introduction to the practice of Zen. Zen Buddhism was discovered by Buddha over 2500 years ago, and it is still widely practiced by Buddhist Monks and laypersons worldwide. The aim of Zen is to achieve enlightenment through meditation, train to clear the mind and practice mindfulness to manage your daily stress by utilizing four main postures, sitting, standing, walking and laying down. Participate in class discussion, book reading and meditation exercises.

NOTE: Bring a yoga mat and cushion. Wear comfortable clothes. Bring book: The Miracle of Mindfulness by Thich Nhat Hanh with the ISBN #0-8070-1239-4. Check Amazon.com for new and used books.

Douglas Pham	\$69
Feb 2 - Mar 23	Thu 7 PM - 8:30 PM
8 sessions	John Muir, WC, 253



Lean in '17

Looking to shed some weight in 2017 or just improve your diet? This six week course will discuss nutrition basics,

tools and guidelines to help improve your diet to meet your nutrition and health goals. Participants will complete a simple food habit and nutrient assessment to identify problem areas and develop realistic, sustainable goals to improve their nutritional status and health. A fruit and vegetable challenge will be included during the program. Join us and be lean in '17!

Sally Gerling	\$79
Jan 26 - Mar 2	Thu 6 PM - 8 PM
6 sessions	John Muir, WC, 261

Let Food Be Medicine

Most chronic diseases, including arthritis, asthma, cancer, diabetes, heart disease, and osteoporosis, are largely the result of a processed-food, animal-based diet. While their symptoms are often treated with increasingly expensive drugs and sometimes surgical procedures, you can help prevent, and in some cases even reverse them by adopting a whole food, plant-based diet. This class explains why the former diet does such damage, and why the latter diet does such good. Effects of animal based foods, processed foods, and plant and whole foods are also discussed. This is not a cooking class.



NOTE: Bring a note book and pen.

Tawfik Saleh	\$35
Feb 15	Wed 6 PM - 9 PM
1 session	John Muir, WC, 261



DIY Spa-Quality Facial Masks

Learn how the pros make luscious facial masks, exfoliating scrubs, and deep cleansing facial

treatments. You can make them yourself for just pennies! In just minutes, you'll know all the secrets to creating your own professional-quality products. These inexpensive, all-natural treatments are perfect for any skin type. During class you'll make 3 facial masks, customized for your skin.

Angela Palmer	\$45 + \$15 mat. fee*
Mar 11	Sat 9 AM - 12 PM
1 session	John Muir, WC, 259

*pay \$15 material fee to instructor at first class

Food in a Flash!

Work, family, activities...is your busy life-style impacting your nutrition? Learn to make quick, delicious, wholesome meals for you and your family in a flash! This class will discuss nutrition and eating trends, nutrition and health problems associated with current food trends and meal planning. Shopping strategies, cooking tips and techniques will also be covered so you can ensure your family has a balanced meal that fits into your busy day. Dump the fast food, and feed your family well...in a flash!

NOTE: Sally Gerling MS, RDN, CDE is a Registered Dietitian and Adjunct Nutrition Instructor for Modesto Junior College.

Sally Gerling	\$29
Feb 27	Mon 6 PM - 8 PM
1 session	John Muir, WC, 261

Handmade Lotions and Creams

Learn how to turn a few natural and inexpensive ingredients into luscious body lotions, rich herbal creams, and soothing facial moisturizers. Your handmade creams will rival expensive store-bought products, and they're better for your skin too! During class you will make 1 body lotion and 1 facial cream. Come dressed to get messy!



NOTE: Please bring to class: 2 wide mouth jars (approx. 4-6 oz.). Clean jelly jars or mason jars are perfect. \$15 for handouts plus materials to make 2 lotion products.

Angela Palmer	\$45 + \$15 mat. fee*
Apr 8	Sat 9 AM - 12 PM
1 session	John Muir, WC, 259

*pay \$15 material fee to instructor at first class

HOME/GARDEN



How to Run an Efficient Household

Do you find it difficult to keep up with your busy lifestyle? Learn from our expert, Peggy Gardiner,

how to keep your household running smoothly. From setting up a home office to menu shopping and couponing, you will learn more efficient ways to handle your day-to-day household business matters with ease. This is a great class if you are self-employed, working, or a stay-at-home parent.

Peggy Gardiner	\$29 + \$5 mat. fee*
Mar 16	Thu 6 PM - 9 PM
1 session	Wawona 2

*pay \$5 material fee to instructor at first class

Backyard Composting

Sponsored by the City of Modesto and Community Education, this free class is designed to teach you how to put your garden refuse to good use. City residents must live within zip code areas 95350-95358.

NOTE: Receive a certificate at completion of class for \$5 off purchase of composter through the City of Modesto. Those who are not Modesto residents must pay a fee of \$35.

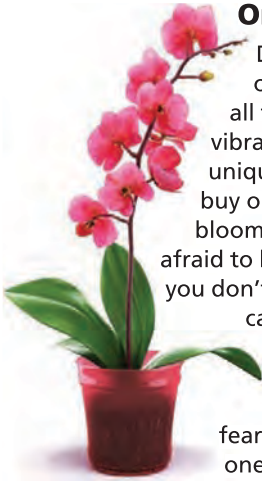
Martin Hildebrandt	\$0
Mar 18	Sat 10 AM - 12 PM
1 session	Agriculture Bldg, 125

Backyard Composting: Non-Modesto Residents

Sponsored by the City of Modesto and Community Education, this class is designed to teach you how to put your garden refuse to good use. All students who do not live in zip codes 95350-95358 and wish to attend must register for this \$35 Non-Resident class.

NOTE: Receive a certificate at completion of class for \$5 off the purchase of a composter through the City of Modesto.

Martin Hildebrandt	\$35
Mar 18	Sat 10 AM - 12 PM
1 session	Agriculture Bldg, 125



Orchids 101

Do you love the orchids you see in all the stores? The vibrant colors and unique petals? Do you buy one and it never blooms again, or are you afraid to buy one because you don't know how to care for it? This class will help get your orchids blooming and take the fear out of bringing one into your home. You will learn 4 different varieties of orchids. We

will cover growing, watering, fertilizing and the medium needed for each type. Time will be available for questions about orchids. How often should I water? Which orchid is best for growing at home? When do I repot? What is the best potting material? Can I grow an orchid outdoors?

NOTE: Instructor will have orchids available to purchase at the end of class.

Alfred Rios	\$39
Feb 4	Sat 9 AM - 12 PM
1 session	Wawona 2

MONEY MATTERS

Plan Your Dream Kitchen

At last, answers to what is best in counter tops, appliances, flooring and much more. Should your appliances be stainless steel, or what about stainless steel sinks? What is new in appliances and flooring? Should you invest in a granite countertop over a Corian or a tile countertop? Peggy Gardiner, a former manager of multi-million dollar estates, will lead you through the maze of available kitchen products offered today with real world advice and opinions.

NOTE: \$5 material fee paid to instructor for lecture material.

Peggy Gardiner	\$29 + \$5 mat. fee*
Mar 2	Thu 6 PM - 9 PM
1 session	Wawona 2

*pay \$5 material fee to instructor at first class

Wills and Trusts: What You Should Know

This class is for people who want to know more about estate planning. This class will discuss the basics of wills, trusts and powers of attorney. The instructor is attorney Bruce E. Ramsey. Questions will be answered.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey	\$39
Feb 1	Wed 6 PM - 8 PM
1 session	Founders Hall, 154

Quick, Easy and Affordable Estate Planning for Gen X and Millennials

Do you worry about your family if something were to happen to you? Who would care for your children? Busy, working parents rarely feel like they have the time to tackle something as important as estate planning for their children. Don't put it off any longer. Attend this 2-hour class and learn strategies to protect money and assets you wish to leave to your children. Ensure they are properly cared for until they are old enough to take care of themselves.

NOTE: Register early, as class size is limited to allow time to answer questions. The instructor is an attorney. Bring a pad for notes and bring all of your questions.

Bruce Ramsey	\$39
Mar 1	Wed 6 PM - 8 PM
1 session	Founders Hall, 154



I'm An Executor or Trustee - Now What?

Now that you have been named in a will as the executor/trustee of an estate, you may need this hands-on A-to-Z course that explains the duties, obligations and liabilities of an executor/trustee. This comprehensive overview of issues, including everything from commencing the probate process through the closing of the estate, is designed to address the concerns you may have when faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed. The instructor is a local estate attorney.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey	\$39
Feb 8	Wed 6 PM - 8 PM
1 session	Founders Hall, 154

Building Your Financial Portfolio for \$50 per Month

How you can invest \$50 a month in safe, secure, growth stocks that are historically proven to become \$100,000 in 10 years. How to by-pass your broker and keep the profit for yourself. Plus, learn what is happening in our economy and stock market today and how to use this knowledge to improve your own finances. The Christensen's, and thousands of others, have been using this method of investment for well over 30 years.

Bobbie Christensen	\$39
Feb 11	Sat 9 AM - 12 PM
1 session	Founders Hall, 155

PERSONAL INTEREST

Conversational Spanish I

Learn basic drills and concepts. Class-time instruction will focus on the development of listening and speaking skills. Take home reading and writing assignments will be reviewed to assess understanding. Alma is a credentialed instructor who has previously taught Spanish and ESL classes for several years.



NOTE: No class Feb 20. Pay \$25 at time of registration for your textbook and CD.

Alma Vera	\$99 + \$25 mat. fee*
Feb 6 - Apr 3	Mon 6:30 PM - 8:30 PM
8 sessions	John Muir, WC, 255

*pay \$25 material fee at time of registration

Conversational Spanish II

If you have taken Alma's Conversational Spanish I, and want to continue on, this will be the next class to take. We will use the same book you had in the Conversational Spanish I class, so no need to purchase another book.

NOTE: No book is included, as you will use your prior book from Alma's class. If you need to purchase a book, please contact our office.

Alma Vera	\$99
Feb 15 - Apr 5	Wed 6:30 PM - 8:30 PM
8 sessions	John Muir, WC, 255

Your New iPad - Demystify It!

Apple's iPad and iPad mini are popular tablets that have changed the way we use computers. Find out the basics of using the iPad, along with other features like iCloud, Siri, Safari, and the App Store. Learn how to use iOS, Wi-Fi, Bluetooth, installing and managing apps, general settings, and security. We will also use apps such as Messages, Camera, Facetime, Photos, Calendar, Mail, Notes, and Reminders. In addition, we will discover and understand how to use several of the top apps that are featured for the iPad. You will also learn how to connect your iPad to your TV. Make sure your device is fully charged before coming to class and don't forget to bring your wall charger as well.

NOTE: Bring your iPad and wall charger to class.

Matt Ketchum	\$49
Jan 19 - Jan 26	Thu 6 PM - 9 PM
2 sessions	CAT Bldg, 110

All About Android

Google's Android is the number one system on mobile devices. Bring your Android smartphone, tablet, or mobile device to the class and connect to our free and fast Wi-Fi to discover how to customize your device. Find out how to update, install, close, and remove apps, change sleep time-out, multitask, and change wallpaper. Use universal apps including camera, phone, calendar, Internet, and searching. The class will also cover security, how to find your device if it is lost and setting up Bluetooth.

NOTE: Bring your android smartphone, tablet or mobile device and charger to each class. This class is not for iPhone or iPad users.

Matt Ketchum	\$45
Mar 4	Sat 8 AM - 12 PM
1 session	John Muir, WC, 255

Cutting the Cord - Streaming TV Solutions



In this "Cord Cutting" class we will learn about streaming TV solutions that can save you money on your cable bills. Showcase how to use devices including Apple TV, Roku, Google Chromecast, and Amazon FireTV. Learn about services such as Netflix, Hulu, and more. Because the Internet is an integral part of "cutting the cord", an in-depth discussion on Internet requirements is also included. This class will help you identify which devices and services will work best for you.

Matt Ketchum	\$39
Jan 21	Sat 9 AM - 1 PM
1 session	Founders Hall, 153



Handmade Grooming Products for Your Pet

Pamper the four-legged member of your family to a spa-like grooming, with all-natural products just for them! You will learn about pet-friendly herbs and essential oils, and how to use them in grooming products that are great for your pet's skin and coat. During class you will make a soothing shampoo bar, deodorizing fizzy tub bomb and softening fur spray.

Angela Palmer	\$45 + \$20 mat. fee*
Feb 11	Sat 9 AM - 12 PM
1 session	John Muir, WC, 259

*pay \$20 material fee to instructor at first class

Planning for Persons with Disabilities

This class addresses how to provide supplemental financial support for a disabled person, and at the same time preserve the disabled person’s public benefits both financial and medical support. Questions and Answers will be part of this class.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey	\$39
Feb 22	Wed 6 PM - 8 PM
1 session	Founders Hall, 154

Children’s Picture Books Writing Workshop

Have you ever wondered what makes those award-winning, best-selling picture books so great? In this class, you’ll discover what makes those children’s stories that you love TICK. We’ll do close reading of at least a dozen picture books to discover the mechanics of this genre and we’ll practice those tricks in writing or revising our own picture book stories. This course has no prerequisites; it’s an investigation into the genre. You can come with just curiosity, an idea or a manuscript. All levels welcome. Ilse Craane has worked in publishing for more than 6 years. She has a MA in English Literature, specializing in children’s fantasy books. Currently, she works for an agency for children’s book writers and illustrators.

NOTE: Students will need to bring to class: “Henry and the Cannons” by Don Brown, “Velma Gratch and the Way Cool Butterfly” by Alan Madison (illustrated by Kevin Hawkes), “A Long Way” by Katherine Ayres (illustrated by Tricia Tusa).

Ilse Craane	\$79 + \$2 mat. fee*
Mar 2 - Mar 23	Thu 6:30 PM - 9 PM
4 sessions	John Muir, WC, 255

*pay \$2 material fee to instructor at first class



Creative Writing Workshop - Fiction

Have you ever wondered what makes those award-winning, best-selling novels and short stories so great? In this class, you will discover what makes those stories that you love tick. We will do close reading of two novels, and a few short stories to discover the mechanics of good writing and practice those methods in writing or revising our own stories. Students will be asked to read the following two novels before coming to the first class: *THE THINGS THEY CARRIED* by Tim O’Brien and *THE LIGHT BETWEEN OCEANS* by M.L. Stedman. All levels welcome. Ilse Craane has worked in publishing for more than 7 years. She has an MA in English Literature, specializing in children’s fantasy books. Currently, she works for an agency for writers and illustrators.

Ilse Craane	\$79 + \$2 mat. fee*
Jan 19 - Feb 23	Thu 6:30 PM - 8:30 PM
6 sessions	John Muir, WC, 255

*pay \$2 material fee to instructor at first class

Digital Photography Basics: What You Need to Know

Are you frustrated with the controls on your camera and want to break out of automatic mode to create better photographs? This five-week course will show you how to master the use of your camera’s ISO, shutter and aperture settings resulting in total control over your images. You will learn how to use online image-editing software to resize your weekly photo assignment images for upload to www.halfastop.com.

NOTE: Your camera should have the ability to change ISO, shutter, and aperture settings manually to fully appreciate this course. Bring your camera to class with a fully charged battery, memory card, USB cable and the manual.

A > Richard Hermann	\$85
Feb 7 - Mar 7	Tue 6:30 PM - 7:30 PM
5 sessions	John Muir, WC, 255

B > Richard Hermann	\$85
Feb 8 - Mar 8	Wed 9:30 AM - 10:30 AM
5 sessions	John Muir, WC, 255

Photo Workshop 101

Would you like to improve your photo skills? Learn basic photo composition in the classroom then we'll shoot the Streets Of Modesto for candid photography and upload the images to be critiqued in the classroom. This Workshop includes 2 days of shooting downtown and 3 days in the classroom. Prerequisite: Before signing up, you must have completed the class What You Need To Know or have equivalent experience changing camera settings manually. Smartphones and film cameras are welcome. Your camera should have the ability to change ISO, shutter, and aperture settings manually to fully appreciate this course.

NOTE: Apr 8 & Apr 15, class will be held 9:30 AM - 10:30 AM in Downtown Modesto. Bring your camera to class with a fully charged battery, memory card, USB cable and the manual.

A > Richard Hermann \$85

Mar 21 - Apr 15 Tue 6:30 PM - 7:30 PM &
Sat 9:30 AM - 10:30 AM
5 sessions John Muir, WC, 255

B > Richard Hermann \$85

Mar 22 - Apr 15 Wed 9:30 AM - 10:30 AM &
Sat 9:30 AM - 10:30 AM
5 sessions John Muir, WC, 255

Plan Ahead - Avoid Legal and Family Pitfalls when Parents Die

This course will assist you in navigating legal issues, taxes, and family squabbles following the deaths of your parents. Topics include: creative distributions of assets, life estates, disclaimers, probate, trust administration, estate tax exemption trusts, generation skipping trusts, capital gains tax planning, parent/child property tax issues, will and trust contests, gifting and life insurance trusts. We will also discuss compensation for caregivers, in-kind distribution versus cash distribution, role of trustees and executors, joint ownership, and buyout of siblings. This class will offer options and helpful information to help avoid unnecessary stress when dealing with the loss of parents.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey

\$39

Feb 15

Wed 6 PM - 8 PM

1 session

Founders Hall, 154

Public and On-Camera Speaking

Racing heartbeat, sweaty palms, butterflies, deer in headlights ... sound familiar? If you're afraid of speaking in public or in front of a camera and it's holding back you or your business from advancing, you can learn to manage your communication with confidence! Perhaps you feel comfortable delivering presentations, but you would like to learn how to start and end your presentations in a compelling way. In this 3-hour workshop, Emmy-award winning reporter turned marketing specialist Jessica Chang Irish will help you avoid those awkward "ums," "likes," and "you knows," while showing you how to polish your presentations and boil down your elevator pitch. Your refined speaking skills will add to your professionalism while bringing you more customers, clients and confidence.

NOTE: Jessica Chang is an Emmy-award winning news reporter and producer with more than a decade of experience in TV news reporting, writing and production. She also has five years of experience in marketing and outreach for universities and community organizations. Jessica is a born communicator with a passion for motivating people through compelling storytelling, unveiling the mystique behind the media and helping the community.

Jessica Chang Irish

\$35

Mar 7

Tue 6 PM - 9 PM

1 session

Founders Hall, 235



GED My Way!

FREE - A new program to prepare for the GED test more effectively

If you did not complete high school and need to earn your GED, this program was designed for you! It's flexible and fits around your schedule. Study just what you need to learn, and in the order you choose. You can spend as little as 3 hours a week on one subject at a time, or take up to 4 subjects, for a total of 12 class hours a week. Students may also progress faster by adding additional study time at home.



It is as simple as 1, 2, 3, 4!

- 1.** Schedule an official GED practice test in our lab on any of 4 subjects of your choice, and check your results.
- 2.** If the results show you need to study, sign up for the class you need. If the results show you are likely to pass that segment of the GED test, take a different practice test until you find an area you need to learn.
- 3.** Find a class that fits your schedule, and enroll. Our friendly instructors will help you understand the content, teach you important test taking strategies, and give you tools to succeed!
- 4.** Once you feel comfortable in the topic, take a practice test to see if you will pass. Your practice tests will give you the confidence to know you can take and pass the official examination at a GED Testing Service center.

Don't delay! Classes will fill quickly. If a class is full, be sure to register on the wait list, as classes are first-come, first-served. Attendance is required. Students who are a no-show will be dropped from class so others may attend.

GED Practice Test Dates

You must register for a practice test date before you can register for a class.

Test dates:
Jan 9 - Jan 14
Feb 27 - Mar 4
Apr 17 - 27

Register online at www.mjc4life.org or call our office at 209.575.6063



Motorcycle and Scooter Training

This CHP-approved training is designed primarily for beginning and inexperienced motorcyclists of all ages. It consists of 7 hours classroom and 10 hours on-cycle instruction of safe, responsible motorcycling.

Are you an experienced rider, but without a motorcycle license? The vehicle code in California allows for the impound of your motorcycle if you are caught riding without a M1 (motorcycle license) endorsement on your license. Law Enforcement officers don't always impound, but a high percentage do. Towing costs, storage cost and the cost of the ticket all add up to high fees.

CA ABI952 - This law requires a person under 21 years of age to complete the CMSP Motorcyclist Training Course before being issued a motorcycle instruction permit. The law requires the permit to be held for six months before a class M1 motorcycle driver license is issued.

1. When are the classes?

We hold 2 classes per week (A & B):

A Class - Thursday 6:30 PM - 10:00 PM
 Saturday 7:00 AM - 3:30 PM
 Sunday 7:00 AM - 12:00 PM

B Class - Thursday 6:30 PM - 10:00 PM
 Saturday 12:00 PM - 8:00 PM
 Sunday 12:30 PM - 5:30 PM

You will attend a total of at least 17 hours of instruction, including both classroom and range time. Times may vary, check the schedule.

2. How much does it cost?

21 years of age or over - \$258

15-1/2 - 20 years old at time of registration - \$180 - **Must call office.**

The State requires this course for anyone under 21 who wants to obtain a M1 permit/license.

3. What happens after I complete the course?

Once you successfully complete the motorcycle class, our office will process the paperwork, and mail you a certificate within 7 business days. Take the certificate to the DMV and in most cases it will waive the riding portion of the DMV requirements. There is no guarantee of passing. If students are Counseled Out or are unsuccessful on the Skills Evaluation, they will have the opportunity to return for a second try at no additional cost.

4. What type of motorcycles?

We provide the motorcycles for the range portion of the class. They are Honda Nighthawks and Rebels - 250cc.

5. What if I have a Scooter?

If you have a scooter, please let us know when you register. There are special requirements for scooter training. For more information call our office at 209.575.6063.

6. What do I need to bring?

We provide the helmets if you need one - if you bring your own it needs to be DOT approved (3/4 or full). On the days you ride you will need: Heavy jeans; Long sleeve shirt that covers the wrists; Eye protection (can be sun glasses, eye glasses or the visor for your helmet); Full-finger leather gloves; Heavy boots that cover the ankle (Canvas tennis shoes are not heavy enough - can use hiking boots, riding boots, work boots).

7. How do I sign up?

If you are 21 or over you can register online at www.mjc4life.org by phone or in person.

If you are under 21, you must register by phone or in person in order to receive the \$78 "under 21" discount.

NOTE: The additional \$5 registration fee DOES NOT apply to motorcycle registrations.



Modesto Institute for Continued Learning

MICL (pronounced "Michael"), Modesto Institute for Continued Learning, is one of hundreds of similar institutes for mature learners that have become a part of college campuses throughout the world. Under the auspices of Modesto Junior College Community Education, MICL offers lecture, workshop, study and discussion groups during daylight hours on the MJC West Campus where adequate parking is available. Activities such as trips and social events are frequently offered, linking members to the community beyond the classroom. Planning for all classes is done in advance through the Curriculum Committee composed of MICL members.

The MICL semester is divided into three 5-week sessions referred to as A, B, and C Sessions. Classes meet weekly for two hours, at 10:00 AM or 1:00 PM. The class schedules are arranged so members can attend as many classes as they like for one fee each semester. Registration for individual classes is not necessary as MICL membership includes ALL classes. The members plan and often present classes, and all members are encouraged to participate. All classes are not-for-credit and are for the joy of learning.

There are no tests and usually no books to buy. The single membership

fee is \$40 per semester plus a \$10 parking fee for parking in MJC lots near El Capitan, where the classes are held. The \$40 fee covers registration and includes other campus services such as use of the library and bookstore.

An optional contribution of \$10 per semester is requested to cover MICL classroom expenses such as curriculum needs, paper supplies, social activities and general costs of producing an interesting, educational environment.

MICL's exciting trips will involve a charge for expenses incurred.

New MICL Classroom Location

MICL now has a new classroom on the West Campus. The college administration has provided us more space and a new location. MICL is now held in the El Capitan Building. It is located at the back part of the campus. See map on page 66.

MICL Membership - \$40

Cash, check made payable to MJC or credit card - Visa, MasterCard, Discover

MICL Parking - \$10

If you have a handicapped parking tag, you do not need to purchase this. This fee can be combined with the membership fee for a total of \$50. This permit gives a semester of parking on any MJC campus.

MICL Contribution - \$10

Cash or a check made payable to MICL. Give your check to the MICL Treasurer, Lance Krajewski - NOT to MJC Community Education.

MICL Information Meeting

Curious about MICL and the classes that are offered? Come to an informal meeting on Thursday, January 12, 2017 from 10:00 AM to 10:45 AM in the MICL classroom - see map page 65.

You will also be able to register for MICL before and after this meeting from 9 AM to 11:30 AM. If you can't make the meeting, you can still register by phone, mail, or internet as shown on page 66.

NOTE: There will be an additional \$5 registration fee charged if you register by phone, in person, or mail after this meeting. This meeting is for both new and returning students.

Birding Class, MICL Big Year

In the past, MICL has had one birding course per year for five consecutive weeks. But to truly appreciate birds we really need to get in tune with their migration and rhythms and that means to observe them over the course of a year. So this year we will have one birding class on a Friday afternoon once each five-week session, spring, summer, and fall, a total of eight classes spread out over the year. (Watch for an exact schedule to be posted in 2017). We will learn to identify and appreciate the birds of our local area. We'll use our field guide, photos, videos, and audio. In addition, on the Saturday morning following each Friday class, we will take a non-MICL field trip to nearby away natural places to hone our skills and deepen our appreciation. David Sibley's "Field Guide to the Birds of Western North America" is recommended but not required. In preparation for the class it would be good to watch the movie "Wings Over Our Two Counties" on YouTube.

Spring Classes 2017

**A Session
Tuesday, Jan 17th -
Feb 17th**

**B Session
Monday, Feb 20th -
Mar 24th**

**C Session
Monday, Mar 27th -
Apr 28th**

**Monday 10 AM - Noon
A, B, and C Sessions**

Travels Around the World

Coordinator: Frances Lopez

Let yourself experience the travel delights and occasional frustrations of MICL members and selected guests on their journeys by car, RV, rail, ferry, riverboat, ocean liner, airplane, etc. They will share with us, in illustrated detail, their explorations of places far and near, exotic and familiar. Whether you are a fearless explorer or an armchair traveler, join us in a cozy classroom setting to experience vicariously their wondrous tales and adventures. Expand your horizons and brush up on world geography. Questions and comments are encouraged

**Monday 1 PM - 3 PM
A Session**

Less Familiar Impressionist Painters

Coordinator: Betty Boj-Sode

Most of us recognize the works of major Impressionists like Cezanne, Monet, Renoir, and Van Gogh, but in this course, fellow MICL members, with video and discussion, will introduce you to other gifted painters who also broke away from the restrictions of 19th Century academic conventions, artists such as Suzanne Valadon, and her son, Maurice Utrillo; Henri Rousseau, the Sunday Painter; Pierre Bonnard and Edouard Vuillard who found inspiration in domestic interiors; Gustave Caillebotte; Camille Pissarro; Alfred Sisley; Eugene Boudin, and others.

**Monday 1 PM - 3 PM
B Session**

Romantic Era Music

Coordinator: Christine Beckstrom

The Romantic Era: integrating Art,

Literature and Philosophy with Classical Music. Guest speakers, coordinator presentations, and Dr. Robert Greenberg DVD Lectures.

**Monday 1 PM - 3 PM
C Session**

Favorite Books

Coordinator: David Froba

Ten people will take forty-five minutes each to tell us about a book that has moved them intellectually, emotionally, spiritually, or in some other way so that the book becomes a favorite. Given the number of years of active living and reading we at MICL have experienced, there is a vast, varied, and exciting pool from which to give good book stories. Be there and be moved, either as audience or participant.

**Tuesday & Thursday
8:30 AM - 9:30 AM
A, B, and C Sessions**

Young at Heart

Coordinators: Arline Wortner, Lila Huff, Doc Wait, Leonard Olives, Jim McCabe

A strength-training program designed specifically for older adults followed by QiGong. You may sit or stand, depending on your physical ability. The program follows the guidelines of the Presidential Fitness Award.

**Tuesday 10 AM - Noon
A session**

Memoirs of Caesare Honore

Coordinator: Eugene L. Conratto

A young Bostonian's fate is sealed less than two hours after he lands in San Francisco. The judge has a "curious enterprise" for the newly minted "parolee": disassemble a Monterey bawdy house and move it to Sonoran Camp.

This class will feature a close reading of MICL member Eugene Conrotto's *Memoirs of Caesare Honore*—a Curious Enterprise in the Gold Fields of California in 1849. Student volunteers will lead discussions on Gold Rush San Francisco, California Constitutional Convention at Monterey, Sonora's 8000 Mexican placer miners, Fremont, Donner Party, grizzly bears, Joaquin Murrieta, Bayard Taylor, Missions San Juan and Santa Cruz, Indians...

Reading the book in advance is necessary in order to discuss it in class, but you are welcome even if you haven't read it. . Paperback copies of novel available from Amazon (paperback: \$9.95; Kindle: \$4.49); or from author: \$7.

Tuesday 10 AM - Noon **B session**

Hobbies/Collections

Coordinator: Joann Flinn

Here is an opportunity to explore an interesting variety of hobbies and/or collections. Over the five weeks guests such as Jason Messer, current superintendent of Manteca Unified School District will share about his hobby of collecting vintage papers, pens, and Pez dispensers. Dave Froba will talk about his passion for bird watching. Rhonda Allen will share information about her book collection with a specialty of Mark Twain writings. She will also take you on a visual wildflower photography expedition. Doll expert Elizabeth Crouch will do a presentation and allow time for participants who wish to bring a doll for her to look at and provide possible information. Additional guests will talk about coin collecting, blacksmithing, and sports memorabilia. Presenters as well as the subjects are sure to entertain and inform.

Tuesday 10 AM - Noon **C Session**

Science Potpourri

Coordinator: Dan Brown

(F., from pot + past participle of *pourrir*, to rot, *putrefy*) And why would one want to call a timely, up-to-date collection of great science talks with local implications a "Pot of rotten, putrid material"? Somehow the English have changed the tone of the French to a sweet smelling collection. So that is what we are calling our collection of science topics for the spring.

Tuesday 1 PM - 3 PM **A, B, and C Sessions**

Beginner's Bridge and Chess

Coordinators: Gene Richards and Vincent Nemanic

Bridge is a social game. It is stimulating, Motivating, exciting, and fascinating. We specialize in taking the absolute beginner and introducing them to a new world of fun. No experience necessary. This semester we will also start games of chess. If you know or would like to learn these games join us.

Wednesday 10 AM - Noon **A Session**

Child Welfare

Coordinator: Joann Blaska

Everyone seems to have an opinion or story, either positive or negative, about Child Protective Services (CPS) and/or Child Welfare Services (CWS). Attend the series of presentations on CWS to learn what actually constitutes a viable CPS referral, how it is made, how it goes through the system from Emergency Response to Court to Adoptions and how other services/agencies are involved along the way.

**Wednesday 10 AM - Noon
B Session**

Nutrition Made Clear

Coordinator: Ed Padilla

Learn which foods are healthy and why they work in our digestive system. This course discusses the major dietary concerns such as Obesity, Type 2 diabetes, Cancer prevention, and Heart disease. Learn about protein, fiber, vitamins, fat and their critical roles in a healthy diet. It can be confusing to dig through the mass of hype, myth, and misconceptions about good nutrition habits.

- Feb 22 Sources of Nutrition and Fact
Our Underappreciated Digestive System
Its all about the Calories
- Mar 1 Facts on Fiber
Protein - An Indispensable Nutrient
Fat, Fat Everywhere
- Mar 8 Vitamins- Spotlight on C
B Vitamin Basics
Vitamin A & K - Multi-taskers
- Mar 15 Obesity - Public Enemy #1
Healthy Weight Management
Metabolic Syndrome and Type 2 Diabetes
- Mar 22 Nutrition and Cancer Prevention
Creating your own Personal Nutrition Plan
Exercise & Nutrition - Partners for Life

**Wednesday 10 AM - Noon
C Session**

Potpourri

Coordinator: Art McRae

Be the name implies, this class will include, as it has in past years, and agglomeration of topics chosen to be of interest to MICL members. Presentations will be delivered by a variety of individuals selected as knowledgeable in their area of experience and expertise. Curriculum details for this session will be published prior to our first class. We look forward to the opportunity to provide a wide array of presenters. Join us for what will be an interesting educational session.

**Wednesday 1 PM - 3 PM
A, B, and C Sessions**

Writing it Down!

Coordinator: Millie Starr

Be inspired to share your writing efforts in an encouraging and supportive classroom setting. Class members write at home about anything they want, and they share what they write in class when they are ready. The goal of the class is to support one another in the writing process and learn by doing. Come and join our writing community as a writer or listener.

Thursday 10 AM - Noon A, B, and C Sessions

What in the World?

*Coordinators: Margaret Olson,
Richard Cato, Hugh Brereton*

Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? "What in the World?" is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of a new class facilitator each five week session. A number of class members have real expertise to lend to a number of discussions. Learn something new every day. Come join the camaraderie.

Thursday 1 PM - 3 PM A Session

Philosophy: Free will, Fact or Fiction

Coordinator: Dan Brown

We will start with a discussion of free will and determinism, trying to frame this issue in terms of our modern world and bring into focus the consequences of the how we view the world. Once we resolve this philosophical issue we will move on other questions important to our modern times.

Thursday 1 PM - 3 PM B and C Sessions

Great Decisions

Coordinator: Jerry Jackman

This class takes on some of the great geopolitical issues of our day. It is the only MICL class for which the participants buy a book. The book is new every year and is up-to-date with up-to-date issues. We read the book, available from the coordinator, before the class and then discuss it

in the class. The extra effort that we put into this case really pays off and we come away with a better understanding of the world around us.

Last Thursday of Each Session 1 PM - 3 PM

MICL Book Club

Coordinator: Carol Sullivan

We read a nonfiction book one month and a fiction book the next month. The book is suggested and selected by the group and will be moderated by the person that suggested the book title. Our group is open to everyone, even if you have not read or have previously read the book. Please feel free to join the group for any of the meetings. Keep Reading!

Friday 10 AM - Noon A, B, and C Sessions

Friday at the Movies

Coordinators: Betty Boj-Sode, Susan Wiltse and JoAnne Midboe

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places. Discussion encouraged but not required. Details of the movies are posted just before the semester starts.

MJC Camps for Kids 2017

On your Mark, Get Ready, Get Set, Go!

MARK your calendar for the best summer ever!



GET READY for a sneak preview in your inbox in February, just email [#BestSummerEver](mailto:#BestSummerEver@commedoffice@mjcc.edu) to commedoffice@mjcc.edu



GET SET a reminder to register early for the camps of your choice! Registration opens February 20, 2017. Many of our camps fill early, so plan ahead for the best selection.



GO join your friends, or make new ones, while you participate in fun adventures and exciting learning activities!

MJC + Camps + Kids = Learning Fun!

Look for the best summer yet with MJC Camps for Kids! A wide variety of themed camps will be available each week of the summer from June 5th to August 4th.

No camps 4th of July week.

Visit <http://mjcc4life.org>

Kids/Teens

ACTIVE ACTIVITIES



Performing Arts Club, Ages 8-12

Performing Arts Club is the perfect outlet for children ages 8-12 to discover, experiment, test, and develop their talents in a wide variety

of stage arts. During this 6-session club we will have fun learning the basics of improvisation, drama, comedy, dance, singing and music within a fun and supportive club-like atmosphere. Participants will gain confidence, self-esteem, learn to work as a team, and make new friends who enjoy the arts. On the final day, the club will give a performance for their friends and family to enjoy. Enrollment is limited, so please register early!

Sarah Avila	\$99 + \$35 mat. fee*
Feb 25 - Apr 1	Sat 9:30 AM - 12 PM & Sat 9:30 AM - 3 PM
6 sessions	Wawona 2

*pay \$35 material fee at time of registration



Competitive Swimming at its Best!

Blue Tide Aquatics is a USA year round swim team that includes a summer swim league as well. Local and travel swim meets are available for all swimmers.

BTA focuses on stroke technique, swimming skills, and age group competition.

To join BTA, swimmers must be able to swim 25 yards of nonstop Freestyle with a consistent kick.

Please see the Blue Tide website for more information.

<http://www.bluetideaquatics.com>

Note: YOU MUST OBTAIN USA SWIMMING INSURANCE TO SWIM WITH BLUE TIDE!

Please email us @ btaswimteam@gmail.com to set up a time to get correct group placement and more information about our team.

FUN TO DO



STEM Marble Roller Coaster Design Challenge

Engineering and design is fun for both boys and girls! Come join the fun, explore the concepts of structural engineering and see how wild you can build your marble roller coaster! You will be surprised at how much you learn in this fun, hands-on class. Students will challenge their ideas during the process of building several designs with different materials. Class size is small, so register early!

Chelsea Wessman	\$22 + \$6 mat. fee*
Feb 11	Sat 9:30 AM - 12 PM
1 session	Wawona 2

*pay \$6 material fee to instructor at first class

GOOD TO KNOW

Operation Animation! Ages 7-12

Come join an exciting adventure through the world of animation. Come learn how to make your favorite Disney and Angry Bird characters, complete difficult tasks, create your very own animated computer game, and have lots of fun in the process! You will enjoy working with others, solving problems, and persevering through difficult tasks. Don't miss out on this computer programming adventure!



Apryl Hughes	\$44 + \$5 mat. fee*
Feb 4 - Feb 11	Sat 9 AM - 11 AM
2 sessions	John Muir, WC, 251

**Ready for SAT English
(Ages 14+)**

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation package. This course will prepare you for both tests. This class will cover strategies to prepare students in writing, grammar, critical reading and essay writing. Practice test sections will be given, and practice handouts are included.

NOTE: No class Feb 18. SAT study book included in price. Sign up for both classes and save \$40.00. Please bring to class pencil and notebook, highlighter, pen, pencil, 8-color set fine-tipped markers.

Valerie McCall	\$85
Jan 28 - Feb 25	Sat 9:30 AM - 12 PM
4 sessions	Wawona 1



**Get Ready for the SAT Math
(Ages 14+)**

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation packets. This course will prepare you for both. Learn SAT Math test-taking skills and strategies. Topics covered include comprehensive mathematical review in algebra, geometry and abstract reasoning. Practice tests will be given.

NOTE: Bring pencil and notebook. SAT study book included in price. Sign up for both classes and save \$40.00.

Linda Kong	\$85
Mar 4 - Mar 25	Sat 9:30 AM - 12 PM
4 sessions	Wawona 1

**Super Saturday Science
(Ages 7-10)**

Aspiring scientists will have fun experimenting with ordinary household items, such as balloons and baking soda. Exploring the world of science will be an exciting adventure! They will have the opportunity to learn about chemical reactions, physics, density and so much more in a safe and playful environment.

Apryl Hughes	\$29 + \$5 mat. fee*
Feb 4 - Feb 11	Sat 11:30 AM - 1 PM
2 sessions	John Muir, WC, 260

*pay \$5 material fee at time of registration

COOKING



**Kids Beginning Cake
Decorating (Ages 8-14)**

Kids have fun exploring the basics of cake decorating while discovering their own creative talent. This beginning class uses 1/2 of a sheet cake board to practice icing fun with basic borders and flowers. At the end of the class kids will create an edible masterpiece they can proudly enjoy with family and friends.

NOTE: Kids must bring their supplies on first day of class. Bring to class: 1 - 8 in. Wilton decorating bag with bag coupling, Lily Flower nail kit, #7 flower nail and the following decorating tips: #4, #16, #30, #47, #67, #71, #104, #190, #199 and #2-F. 1 wash cloth, cookie sheet and zip-loc bag. For more details on the supply list please go to www.mjc.edu/commed.

Patsy Laws	\$65 + \$10 mat. fee*
Feb 25 - Mar 18	Sat 3 PM - 5 PM
4 sessions	Wawona 2

*pay \$10 material fee to instructor at first class

YOUTH MUSIC

Suzuki Piano

Suzuki's success has proven not only that young children are capable of learning to play an instrument, but also that they derive genuine pleasure from their music making. In addition to the monthly group lesson held at Modesto Junior College, you will pay for a weekly private lesson arranged by the Suzuki Piano Coordinator. Call 575-6063 for an application or download one at www.mjc.edu/commed. AFTER ACCEPTANCE INTO THE PROGRAM, a semester fee of \$29 per family is payable to MJC. There is a waiting list, so please plan ahead. Dates, locations and times vary for Suzuki group lessons. Please check with your Suzuki instructor for your actual group lesson schedule.

NOTE: No class Jan 16. Ask for or download an application for Suzuki Piano at www.mjc.edu/commed. Do not register for this class until you have been assigned a piano teacher by the Suzuki Piano Coordinator.

REGISTER EARLY, fee increases to \$34 on Feb 9.

Voice Lessons for Kids (Ages 8-12)

Do you love to sing? Is something holding you back? Come and join others in singing together and if you want, maybe even a solo! We will sing simple harmonies and songs; learn about proper singing methods and vocal technique. Work on basics notes, rhythms, and select 16 bars for your next open audition. Perform for your family on the last day. Let's Sing!!

NOTE: No class Apr 20. Class meets at MJC Recital Hall, Music 108 for rehearsal on Thursday May 4, and for a performance on Tuesday May 9 at 6:00 PM.

Bernadette Burns	\$95 + \$5 mat. fee*
Mar 16 - May 4	Thu 5:15 PM - 6:15 PM
May 9	Tue 6 PM - 8 PM
8 sessions	Valley Charter HS, 14

*pay \$5 material fee to instructor at first class

Voice Lessons for Kids (Ages 13-17)

Do you like to sing? Take your talent to the next level with personalized voice lessons! Whether you sing for the joy of singing, or aspire to sing in a choir or professionally, vocal coaching can improve your singing skills. Enjoy sharing your love for music with others in this fun, interactive class. Learn proper vocal methods and techniques, including basic notes, harmonies, rhythms and songs. Wrap up this class, and show what you have learned with a performance for your family and friends!

NOTE: No class Apr 20. Class meets at MJC Recital Hall, Music 108 for rehearsal on Thursday May 4, and for a performance on Tuesday May 9 at 6:00 PM.

Bernadette Burns	\$95 + \$5 mat. fee*
Mar 16 - May 4	Thu 6:30 PM - 7:30 PM &
May 9	Tue 6 PM - 8 PM
9 sessions	Valley Charter HS, 14

*pay \$5 material fee to instructor at first class

Business

COMPUTER

QuickBooks Pro 2015 Beginning

Prerequisite: Must be familiar with the computer and Windows.

QuickBooks is one of the most popular accounting programs for small businesses. This course will introduce the novice to QuickBooks and the accounting principles. The class will cover working with customer transactions and vendor transactions. You will learn to manage credit card transactions and to use QuickBooks reconciliation features. You will create a QuickBooks file for a service company.



NOTE: Material fee for book and USB drive to save your work.

Linda Kong	\$115 + \$40 mat. fee*
Apr 1 - Apr 22	Sat 9 AM - 12 PM
4 sessions	Founders Hall, 111

*pay \$40 material fee to instructor at first class

Computers for Absolute Beginners

This hands-on class will introduce new computer users to the personal computer and its uses. Your instructor will quickly put you at ease and you will soon feel comfortable using a computer. This class is taught on Windows-based computers. You will learn the use of the mouse, and how to use a Windows-based word processing program. By the end of the course you should feel comfortable creating, saving and retrieving documents.

NOTE: No previous computer experience is necessary. \$24 book fee will be charged at time of registration.

Matt Ketchum	\$79 + \$24 mat. fee*
Mar 7 - Mar 16	Tue, Thu 6 PM - 8 PM
4 sessions	Classroom Annex, 101

*pay \$24 material fee at time of registration

Computer for 55+ - Beginning

This hands-on class will move at a slower pace than our other beginning computer classes. You will learn parts of a computer, basic computer terms, use of the mouse and desktop personalization. You will learn how to create files and folders using word processing and more. By the end of the class, you should be able to create, save and retrieve documents, and how to move around the computer with confidence.

NOTE: No books. Handouts included in fee.

Sue Hobby	\$109
Feb 6 - Feb 15	Mon, Wed 9 AM - 12 PM
4 sessions	Classroom Annex, 101

Computer for 55+ - Intermediate



If you have a basic understanding of computers, this class will take you to the next level! We'll cover formatting, fonts and inserting pictures in a word processing application, copying and pasting to create a flyer. We also will follow a step by step tutorial of

the internet and email, multi-tasking and transferring information from different programs.

NOTE: Prerequisite: basic knowledge of Windows based computers. No book used for this class.

Sue Hobby	\$109
Mar 6 - Mar 15	Mon, Wed 9 AM - 12 PM
4 sessions	Classroom Annex



55+ Introduction to Using Facebook

Facebook is a fun and useful way to keep up to date with family and friends. Facebook can be used to find friends and relatives you have lost touch with over the years as well keep up with what's going on in today's social media. You will be taught how to set up your own Facebook account and invite your family and friends to share information. Learn about precautions to safeguard your identity with a control account to recover passwords. We will cover a checklist to use this application safely, and keep your information you want private. After this class you will have the confidence to jump in and start connecting with others!

Sue Hobby	\$59
Jan 30 - Feb 1	Mon, Wed 9 AM - 12 PM
2 sessions	Classroom Annex, 101



Windows 10 - Laptops

Windows 10 is the newest version of Microsoft Windows and in this class, you will learn the essential features of Windows 10.

Bring your own personal Windows 10 laptop to the class. We will cover how to use the new Start Menu, Cortana Searching, Task View, Multiple Desktops, changing settings, and the new Edge web browser. Please bring your power charger for your laptop to the class.

NOTE: Bring your laptop with Windows 10 - touch screen okay. Bring your power charger for your laptop to the class. MJC computers DO NOT have Windows 10 - you must bring your laptop to take this class. Electricity provided. Bring your power connection.

Matt Ketchum	\$95 + \$24 mat. fee*
Feb 8 - Feb 15	Mon, Wed 6 PM - 9 PM
3 sessions	John Muir, WC, 260

*pay \$24 material fee at time of registration

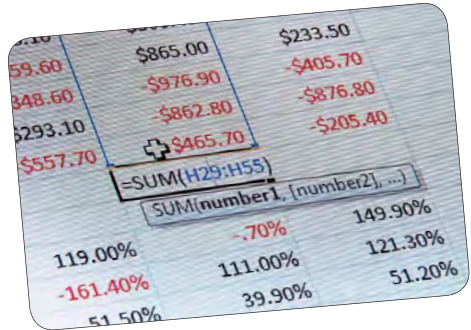
Excel 2013 - Beginning

Excel is a business standard for many jobs. Many times potential employers want to know if you have some basic knowledge of this powerful spreadsheet software. You will begin to learn the time-saving features that are built into this software. You'll create worksheets, use formulas, format for printing and create different types of charts.

NOTE: Prerequisite: Must be able to use Microsoft Windows operating system.

Ed Perillo	\$110 + \$24 mat. fee*
Feb 6 - Feb 15	Mon, Wed 6 PM - 9 PM
4 sessions	Classroom Annex, 101

*pay \$24 material fee at time of registration



Excel 2013 Intermediate

If you have already taken the Beginning Excel 2013 class, or have a good basic knowledge of Excel 2013, then this class will help expand your knowledge of Excel. You will learn how to sort and filter data, use advanced functions, create outlines and subtotals, use Pivot Tables to analyze data, and how to create and modify custom templates.

Ed Perillo	\$110 + \$22 mat. fee*
Mar 6 - Mar 15	Mon, Wed 6 PM - 9 PM
4 sessions	Classroom Annex, 101

*pay \$22 material fee at time of registration

Create a Website for Fun,
Profit & Business

No programming required! Discover easy-to-use, drag & drop design tools that can build your personal or business website in 60 minutes. Covers social media marketing, how to optimize your site for smart phones and the tips and traps of website design. Plus how to create money generating Af-filiate websites. Optional eBooks available for purchase after class. Taught by a multi award-winning instructor and published author from Seattle. Lecture format.

NOTE: Optional eBooks available for purchase after class.

Kevin Boyd	\$69
Mar 4	Sat 9 AM - 12:30 PM
1 session	Founders Hall, 272

eBay 1 – The Basics of Selling

Whether you simply want to clear the closet, desire additional part-time income or a serious eBay business, this class is your foundation. Learn how to set up an eBay Seller account, create successful eBay listings, upload pictures and accept credit card payments with PayPal. Included are selling Tips, Tricks and the Traps to avoid. Covers how to determine shipping costs, where to get FREE shipping supplies, how to print shipping labels from your home computer and get FREE home pickup. Op-tional eBooks available for purchase after class. This class is taught by Kevin Boyd, a multi-award winning eBay instructor and published author from Seattle. Lecture format.

NOTE: Register for the series and save! Dis-counts cannot be combined.

Kevin Boyd	\$59
Mar 6	Mon 6 PM - 9 PM
1 session	Founders Hall, 272



eBay 2 - Advanced Selling
Strategies

Learn the “Insider Tips and Strategies” that will draw the most bids, maximize sales and beat your competition. Covers how to find a profitable niche, what to sell, what to avoid and how to use Drop Shippers to minimize inventory costs. Includes eBay research, marketing and photography tips, and how to sell Antiques and Collectibles. This class is taught by Kevin Boyd, a multi-award winning eBay instructor and pub-lished author from Seattle. Lecture format.

NOTE: Save by registering for both classes using the series! Discounts cannot be combined.

Kevin Boyd	\$59
Mar 7	Tue 6 PM - 9 PM
1 session	Founders Hall, 272

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Discover Sign Language
Solving Classroom Discipline Problems
Microsoft Excel - Pivot Tables
Achieving Success with Difficult People
Introduction to CSS3 and HTML5
Introduction to Microsoft Word 2016
Using Social Media in Business
Basic CompTIA A+ Certification Prep
Spanish for Medical Professionals
Introduction to Interior Design
Keyboarding
Personal Finance
Get Assertive!
Empowering Students with Disabilities
Achieving Top Search Engine Positions
Introduction to Algebra
Creating Mobile Apps with HTML5
Introduction to PC Security
Blogging and Podcasting for Beginners
Introduction to Statistics

...and hundred more!

Questions?
Call 209.575.6063Enroll Now!**www.ed2go.com/mjc**

CAREERS

Basic Medical Coding ICD10CM DX Only

This course is meant to teach the Basics of ICD10CM Diagnosis Only coding, guide-lines/conventions, use of the code book, and the functions and forms of Medical records in order to prepare attendees for: 1) Entry level coding positions in various settings where ICD10CM is used, such as specialty physician offices, medical group practices, medical clinics, and billing companies, and hospital coding and 2) To assist in preparing the attendee to take the CCA (Certified Coding Associate) or CCS (Certified Coding Specialist) exams offered by the American Health Information Management Association (AHIMA) for the purpose of becoming certified. In order to be successful in the Medical Coding/ICD10CM course, it is recommended that you have knowledge of medical terminology.

NOTE: Required textbooks: 1) Nelly Chisen's ICD-10-CM & ICD-10-PCS Coding Handbook 2017 with answers. www.AHAonlinestore.com. ISBN: 978-1-55648-419-3. AHA press; 800.242.2626. 2) ICD10CM code book for diagnoses 2017 version. ISBN: 978-1-933053-79-0, loose leaf, vinyl cover (Please order the Tabs at the same time) Call 1.800.248.2882 or purchase through www.chanelpublishing.com. Recommended: A medical dictionary, edition within the last 5 years, especially if the attendee has not had Medical Terminology. Must bring the above books to each class, except for medical dictionary.

Diane Lemire	\$249
Feb 2 - May 4	Thu 6 PM - 9:30 PM
14 sessions	Wawona 1

Basic Medical Coding: CPT

This is not a billing course. This course is meant to teach the Basics of CPT coding, in order to: 1) Prepare attendees for entry level coding in various medical settings where CPT is used and 2) Will assist in preparing attendees for taking the CCA or CCS exams offered by the AHIMA to become a Nationally certified coder. Course covers guidelines, use of code book and coding exercises. Recommended: Medical Terminology.

NOTE: CPT books for Medical Coding required for the first day of class. Two books needed: 1) CPT Code Book 2017 (only Professional Edition please) AMA publisher - Call 1.800.621.8335. ISBN: 978-1-62202-400-1 spiral bound. 2) CPT Workbook – Basic Current Procedural Terminology & HCPCS Coding 2017 by Gail Smith (ISBN: 978-158-426-556-6). More info to come on first day of class. AHIMA publisher - Call 1.800.335.5535 or www.ahimapress.org.

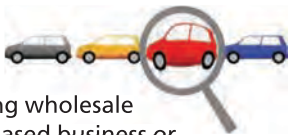
Diane Lemire	\$249
Jan 31 - May 2	Tue 6 PM - 9:30 PM
14 sessions	Wawona 1

Make Extra Income: Auto Wholesale Business

Find out how to make some extra money buying and selling wholesale cars as a home-based business or, simply buy cars, motorcycles, boats at great wholesale prices. This 6-hour approved DMV class is the first step to acquire your dealer's license. Learn how to get your auto dealer's license and how to operate a profitable used car business. You can earn a substantial amount of income just by selling a few cars a month. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. You'll get a free list of all the dealer-only auctions in the United States. Students will receive a DMV certificate of completion at the end of class.

Ronald Williams	\$85 + \$20 mat. fee*
Feb 4	Sat 10 AM - 5 PM
1 session	Founders Hall, 152

*pay \$20 material fee to instructor at first class



Microanalysis-B-Mold Counting

Learn mold count procedures as applied to fruit and tomato products and food plant sanitation. This 30-hour class includes lecture and hands-on training in a small class setting, includes Howard Mold, and Rot Count methods. A certificate of attendance will be awarded to students who successfully complete the class.

Cyrus Kashefi	\$350 + \$15 mat. fee*
Feb 15 - Apr 19	Wed 6:15 PM - 9:15 PM
10 sessions	Science Community Center, WC, 212

*pay \$15 material fee at time of registration

Publishing Your 1st Book or 7th

Learn how to submit your work to a publisher or to self-publish and keep the profits, plus all about PODs, eBooks, etc. Includes all forms, contracts, and samples, etc.

NOTE: \$15 material fee paid to instructor at first class (1 time only for writing and publishing classes). Material fee includes free consulting at any time and Writing, Publishing & Marketing Your 1st Book booklet.

Bobbie Christensen	\$39 + \$15 mat. fee*
Feb 11	Sat 3 PM - 4:45 PM
1 session	Founders Hall, 155

Writing Your 1st Book or 7th

Bobbie Christensen, California author of twelve books, will show you how to develop and complete your manuscript in just 6-weeks following her own 10-step plan. Create a page-turner whether writing fiction or non-fiction, cookbook or textbook. "I've been to many other writing and publishing classes but you changed my view of what is possible".

NOTE: \$15 material fee paid to instructor at first class (1 time only for writing and publishing classes). Material fee includes free consulting at any time and Writing, Publishing & Marketing Your 1st Book booklet.

Bobbie Christensen	\$39 + \$15 mat. fee*
Feb 11	Sat 1 PM - 2:45 PM
1 session	Founders Hall, 155

SMOG BAR Update Class



This course offers 16 hours of update training. It will cover the latest smog update requirements. The Bureau of Automotive Repair (BAR) requires all licenses Smog Check Technicians whose license expires during the year, to complete the Update Training Course prior to renewing licenses. Please register early as class size is limited!

NOTE: Price includes textbook. ABSOLUTELY NO walk-in registrations. Please pre-register by calling 575-6063.

A > Ruben Parra	\$250
Feb 11 - Feb 12	Sat, Sun 8 AM - 4:30 PM
2 sessions	Tenaya Auto Complex, WC
B > Ruben Parra	\$250
Apr 22 - Apr 23	Sat, Sun 8 AM - 4:30 PM
2 sessions	Tenaya Auto Complex, WC

NOTARY

Become a Notary Public in One Day

Making more money is never a bad idea and it shows your amazing initiative. Sign-up and learn how to perform valuable services by certifying or witnessing signatures on official documents. Notary skills are valuable in almost any industry: real estate, legal, medical and banking to name just a few. After becoming a Notary, train to become a Loan Signing Agent and make \$200 to \$400 per signing. You'll be a part of a rewarding and lasting career. This six-hour state-approved seminar gives you the knowledge to pass the exam and practice as an effective Notary. Participants receive 2 practice tests and they take the official Notary exam directly following the seminar.

NOTE: Due to State regulations, no one will be admitted to the classroom after 8:30 a.m. You must return from breaks on time. New and Renewing Notaries need to bring the following: 1) A \$40 check made payable to "Secretary of State"; 2) Proper ID - current driver's license or state issued ID card; 3) Two #2 pencils; 4) 2" X 2" passport color photo. Live Scan fingerprints will be required after you pass the exam. Serious Convictions may disqualify applicants. Must be 18+ years of age. To operate as a notary requires an investment in the following: you will need a Notary stamp, bond, journal and certificates. Insurance is recommended. NPS will have optional Notary packages available starting at \$309, but offer discounts the day of class.

Carrie Christensen	\$99 + \$35 mat. fee*
Mar 18	Sat 8 AM - 6 PM
1 session	Forum Bldg, 101

*pay \$35 material fee to instructor at first class

Renew your Notary Commission - 3 Hour State Required Seminar



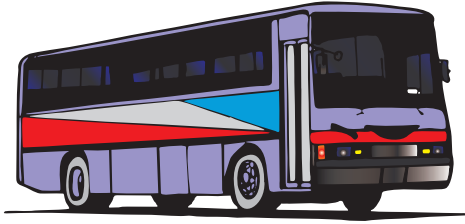
Renewing Notaries are required to take a 3-hour state approved Notary Educational course. Our seminar will update you on new notary law and the basics to prep you for the exam. Renewing Notaries are required to take the exam and be fingerprinted again. Class time includes the test. Arrive early. No one will be admitted after 12:45 p.m.

NOTE: Optional Notary supplies will be available for sale in class. Bring to class 1) \$40 check made payable to "Secretary of State"; 2) Proper ID - current driver's license with photo or state issued ID card; 3) Two #2 pencils; 4) Passport color photo (2x2).

Carrie Christensen	\$50 + \$35 mat. fee*
Mar 18	Sat 12:30 PM - 6 PM
1 session	Forum Bldg, 101

*pay \$35 material fee to instructor at first class

Travel



You can register for a trip the same way you would for a class. See the different ways you can register for classes or trips on page 66. Extended trips must be made over the phone or in person.

Once registered, day trip participants will receive a letter 7-10 days before the trip. Buses normally depart from the MJC West Campus, but MJC reserves the right to make any necessary changes in departure place and times. The departure location will be listed in the letter you receive from our office.

Modesto Junior College (MJC) reserves the right to make changes to itineraries of equal or greater value as deemed necessary. We cannot reimburse clients for items in the tour that they elect not to participate in.

MJC will not be liable for delays, bad conditions of the road, storms, acts of God, public enemies, strikes, acts of terrorism, and other conditions beyond its control.

All off-campus extracurricular field trips/excursions are voluntary. If you choose to participate, be advised that pursuant to the California Code of Regulations, subchapter 5, section 55450, you agree to hold the District, its officers, agents and employees harmless from any and all liability or claims which may arise out of or in connection with your participation.

Trip Cancellation Information

All trip refunds are subject to a \$20 processing fee, regardless of when or why you cancel. If our office needs to cancel a trip you will receive an automatic full refund.

Day Trips

A full (100%) refund will be given for trips which are full at the time registration is received or those that the college finds necessary to cancel. For trips/tours, advance notice of cancellation must be given with the following guidelines:

One-day Excursions

Short, day trips that do not have any pre-purchased tickets, meals or any other advanced payment, requires 7 days' notice.

Trips with Pre-purchased Items

Day trips that require MJC to prepay for tickets, meals, or other participant expenses require 30 days' notice.

Short, Overnight Trips

Refunds for overnight trips require a minimum of 45 days' notice of cancellation. Tickets and hotel reservations must be reserved and purchased by Modesto Junior College in advance and most are non-refundable. For less than the 45 days' notice we can only provide a refund if your space can be resold. If we are able to resell your space, a \$20 processing fee will be deducted from your refund.

Extended Trips

Our extended trips have various cancellation, deposit, and final payment deadlines. Please be sure to ask for this information when you register.

How much walking?

LIMITED: May require a walk to the theater, or to your seats at the ballpark. If free time allows participants to stroll a bit, you are welcome to find a place to sit and rest.

MODERATE: May require a large amount of walking, usually in either the morning or the afternoon.

EXTENDED: Will involve walking much of the day.

Carmel-By-The-Sea

Carmel has consistently been voted one of the top tourist and visitor destinations in the country and after visiting you understand why. Within the quaint European style village visitors can relax, unwind and enjoy the peaceful European ambience. With the art galleries, antique shops, boutiques, small intimate cafes, and restaurants, Carmel promises visitors hours of discovery. The day is yours to spend as you wish. Enjoy a no-host lunch as well as the beach and many shops. We will stop briefly at Casa de Fruta on the way to and from Carmel.



NOTE: Fee includes chartered bus transportation and driver's tip.

Sat, Mar 11 \$53
7:30 AM - 7:30 PM

Pacific Orchid & Garden Expo

The Pacific Orchid Exposition, the largest orchid show in the United States is expanding to include more gardening delights in a new and larger venue. To reflect this expansion, the annual show is now aptly titled the Pacific Orchid and Garden Exposition. The new show features thousands of orchids and more: specialty plants from select growers, gardening supplies, equipment and landscaping materials. Not only will you be able to purchase exotic orchids from around the world, but also new plant and flower varieties. Enjoy food and drink while being surrounded by enchanting garden delights. Location to be announced.



NOTE: Fee includes entrance fee, chartered bus transportation, and driver's tips.

Sun, Feb 26 \$59
8:00 AM - 5:00 PM

USS Hornet

The aircraft carrier USS Hornet is a national treasure, having participated in two of the greatest events of the 20th century – World War II and the Apollo 11 manned space mission. In October 1998, the ship was opened to the public as a museum. Enjoy a private two hour docent led tour, including the Navigation Bridge, Forecastle, and Engine Room. After the tour, a hot lunch is included in the Officers' Mess. Choose from: Baked Chicken Breast or Vegetarian Lasagna. All meals served with mashed potatoes & gravy, vegetables, roll, cookie, soft drink or water. After lunch enjoy free time to explore the ship on your own. You may want to pay to experience riding the Flight Simulator that allows you a taste of the thrill of flight.



NOTE: Fee includes guided tour, lunch, chartered bus transportation, and driver's tips.

Sat, Mar 18 \$78
8:30 AM - 6 PM

Gourmet Chocolate Experience & Lunch



Have you ever wanted to make



beautiful chocolates inside a real chocolate factory? Here's your golden ticket! Join us to experience a hands-on chocolate workshop where you'll make your very own American and French chocolates with acclaimed Chocolatier Rachel Dunn. You'll create much-loved American classics and traditional European confections as Rachel guides you through the intricacies of dipping and decorating each confection with her decades of experience and passion for the art of chocolate. Your eyes, hands and sense of smell will be fully engaged while you dip and decorate a generous and delicious assortment of confections to take home. Rachel Dunn is heralded by great food authorities such as Williams-Sonoma and The Food Network. In her 30 year career, Rachel's confections have been praised in numerous publications and on numerous television shows from Oprah, QVC to the iconic Central Perk set of 'Friends'. Lunch is included at The Old Spaghetti Factory. Choose from soup or salad; Chicken Piccata, Baked Lasagna, Chicken Marsala, Sicilian Meatballs and Spaghetti, or Spinach & Cheese Ravioli. Coffee, tea, or soda is included.

NOTE: Fee includes lunch, chocolate making workshop, chartered bus transportation and driver's tip.

Sat, Apr 22 \$105
9:30 AM - 6 PM

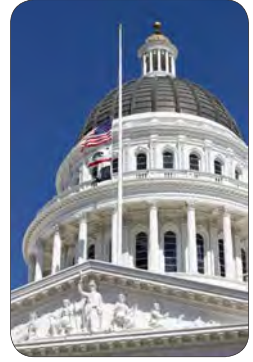
State Capitol Museum, Lunch & Leland Stanford Mansion



Enjoy a one-hour guided tour of the State Capitol Museum. Learn about California's complex and dynamic legislature, the Capitol's history, architecture and symbols. Historic offices offer a glimpse into the Capitol's past and museum rooms offer a perspective on current issues. Next, a delicious hosted lunch is included at Foundation Restaurant & Bar. As part of the farm-to-fork movement, Foundation prides itself in supporting local farms bringing the best produce, meats, dairy and sustainably sourced fish. Choose from: Grilled Chicken Breast, Beef Short Rib Stroganoff, Roasted Salmon, Chicken & Gnocchi, or Cobb Salad. Dessert, coffee, tea, or soda are included. After lunch, experience a guided tour of the Leland Stanford Mansion. After a 14-year, \$22 million restoration and rehabilitation, the Stanford Mansion is a stunning example of the splendor and elegance of the Victorian era in California. Today the Mansion welcomes leaders from around the world as the State's official reception center and public museum.


NOTE: Fee includes guided tour at the Capitol and Stanford Mansion, lunch, chartered bus transportation, and driver's tips.

Sat, Apr 29 \$81
8:30 AM - 5:30 PM





Giants Baseball Interest List

 You can now put your own name on an interest list. An advantage is you can add the number of people you want to purchase tickets for - Simply go to our registration site - www.mjc4life.org - search for “Giants Interest’ List” (it will be set up as a class with no fee). If you do not already have a profile you will need to create one - then add this “class”. You will be asked how many other people (if you do not know their names, use guest 1, guest 2, etc.). Once the games, dates and prices are available you will be emailed that information. From that time on registration will be first come, first serve. After the email is sent, you can register yourself and guests for whichever games you want by calling our office at 209.575.6063.

NOTE: Because you will be notified by email it is VERY important that your email address is correct.





TRAVEL

with MJC

Extended Trip Information Meeting

Come to one of the meetings listed below
and see what MJC is offering in 2017.

Saturday, January 14 • 2:00 PM

Saturday, March 11 • 2:00 PM

Modesto Junior College
435 College Ave • Modesto
Forum Building, Room 110
Free parking on Saturdays

See slides, ask questions, and meet others with
your same travel interests.
Free refreshments and prizes.

Call 209.575.6063 to RSVP.

Shades of Ireland Featuring Northern Ireland

March 13 – 25, 2017 – 13 Days

Ireland continues to be a very popular travel destination. We will be in Ireland over Saint Patrick's Day so pack your bags and register today! Arrive in Dublin on **Day two**.



Tonight, enjoy a welcome dinner with traditional Irish entertainment. **Day three** you decide how you want to explore Dublin. You may select a locally guided bus tour to see St. Patrick's Cathedral, St. Stephen's Green, Grafton Street, etc. Or, you may select a walking tour of the city's historic center, exploring O'Connell Street, the General Post Office, and the River Liffey. The afternoon is at leisure. **Day four** travel to Kilkenny to explore this charming city situated on the banks of the River Nore.

Then, arrive in the historic city of Waterford and visit the House of Waterford Crystal. After a factory tour and time in the retail store, embark on a leisurely paced walking tour of this unique city. **Day five** journey to historic Blarney Castle where you may kiss the famous Blarney Stone. Next, it's on to Killarney where you may ride a jaunting car to the beautiful Muckross House for a tour. Or, ride a jaunting car through Killarney National Park to Ross Castle; then, board a traditional boat and sail through the lakes in the company of an expert boatman. Tonight is Diner's Choice. Dinner is included and you may choose where to eat from a variety of great restaurants. Since it's Saint Patrick's Day, enjoy the merriment in the local pubs. **Day six** begins with a stop at the Gap of Dunloe, where you may shop for traditional Irish goods. Next, it's on to the Ring of Kerry where you will travel along a lovely coastal route. Continue on as you traverse rugged mountain passes into "Ladies View", a lovely vantage point where you may gaze upon the Lakes of Killarney. **Day seven** experience the customs and daily life of a traditional Irish family during a memorable visit to the Molanna Dairy Farm. Continue to Limerick where you will see King John's Castle and the Treaty Stone and hear the history of the "city of the violated treaty". **Day eight** journey to the 700-foot-high Cliffs of Moher for incredible views of the Atlantic and the Aran Islands. Then, travel through the limestone landscape of the Burren. After a brief stop in Galway, continue to Enniskillen, Northern Ireland where you will stay at the Manor House Hotel, a stunning 19th-century estate located on a secluded lakeside. **Day nine** take in the natural beauty of County Donegal. Stop in Donegal Town and stroll the town square, with its quaint craft and woolen shops. Then, it is on to the city of Derry, famous for its turbulent political history. This afternoon, a local guide leads you on a walk through this old walled city. **Day ten** you may choose to journey to the Inishowen Peninsula and Malin Head. Or, you may choose a locally guided tour to take a deeper look at Derry's turbulent history. You will finish at the Museum of Free Derry, where you'll meet individuals who witnessed the events of Bloody Sunday. **Day eleven** see the most natural site in Northern Ireland as you visit the magnificent Giant's Causeway. Formed



by volcanic activity, the causeway resembles a cobble road leading into the sea. **Day twelve** travel to Belfast, the capital of Northern Ireland. On a guided tour, hear of the struggles in this city's history as you pass through the different neighborhoods. See "Samson" and "Goliath", the cranes at the shipyard that built the Titanic, before touring the "Titanic Experience," Northern Ireland's most visited attraction. Afterwards, cross back into the Republic of Ireland where you will arrive in Kingscourt and stay your final night at Cabra Castle. Toast the end of a fabulous trip during your farewell dinner. **Day thirteen** the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 17 meals included. Call for prices and availability.

Imperial Cities

April 23 – May 3, 2017 – 11 Days



This tour highlights three night stays in three amazing cities. Arrive on **Day two** in Prague, Czech Republic. This evening join your fellow travelers for a welcome dinner. **Day three** begins with a panoramic tour of the city. Visit and tour the Hradcany Castle, including the gothic St. Vitus Cathedral. Discover the lovely statue-lined Charles Bridge. This afternoon is at leisure. Tonight enjoy Czech food, beer, wine and dancing. **Day four** either explore Prague on your own or choose an optional excursion to Prague's Old Jewish Quarter to see its historic Jewish Museum and Europe's oldest surviving Jewish cemetery. **Day five** depart for Vienna, Austria, former capital of the Austro-Hungarian Empire. En route, stop at the fairytale town of Cesky Krumlov. Enjoy some free time to explore before arriving in Vienna. Tonight enjoy local entertainment and sample locally-produced wine in the picturesque wine-making village of Grinzing. **Day six** join a local resident for a visit to Schoenbrunn Palace, the summer retreat of the Habsburg dynasty for more than 200 years. This evening, you may choose to join an optional dinner followed by a classical music concert. **Day seven** travel to the medieval town of Durnstein where you embark on a scenic Danube River Cruise. Later, visit the 11th-century Melk Abbey. **Day eight** journey to Bratislava, former coronation city and Imperial capital of the Hapsburg Empire. Enjoy a city tour with a local expert. Continue to Budapest, Hungary, the "Queen of the Danube". Enjoy leisure time before having dinner tonight in the city. **Day nine** includes a tour with a local expert. Discover Matthias Church, site of many coronations of kings. Next, see the Fisherman's Bastion with its white walls, towers, and arcades. Continue to historic Old Buda and Gellert Hill, followed by the Parliament. At Heroe's Square, admire the Millennium Monument, which memorializes the 1,000th anniversary of Hungarian dominion. **Day ten** visit the Baroque town of Szentendre and the former Renaissance capital of Visegrad. Visit a 14th century castle where knights with costumes and weaponry recreate the days of chivalry. Then, enjoy a special Renaissance-style farewell dinner at the castle restaurant and re-enact the days of medieval times. **Day eleven** the tour ends and you head home.

Note: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 14 meals included. Call for prices and availability.

New York City

May 10 - 15, 2017 - 6 Days

Experience the best of “the Big Apple” in this spectacular 6 day vacation. Unpack only once and stay in a beautiful hotel in the heart of the city. We are flying in one day before the tour begins to give you time to rest or explore on your own before the tour begins. **Day two** is at your own pace to explore this exciting city. **Day three** enjoy breakfast at a local eatery before a locally guided tour. You’ll see Greenwich Village, the



Wall Street district, Little Italy, Chinatown, the Empire State Bldg, Central Park and other time-honored landmarks. Visit St. Paul’s Chapel in lower Manhattan, a place where George Washington once worshipped and where recovery workers came for rest and care during their time at the World Trade Center site. This afternoon, visit the 9/11 Memorial. Then, you may choose to visit the



9/11 Museum, a poignant tribute to the lives lost at the World Trade Center site on September 2001. Or, perhaps you would prefer One World Observatory, an amazing observation deck with spectacular views of New York City and beyond, located on the 100th floor of One World Trade Center. This evening, it’s Diner’s Choice...

choose the perfect spot from a “menu” of the city’s popular locations in Times Square. Following dinner, a Broadway show is included. You’ll choose from a selection of Broadway hits. **Day four** start your day at the famous Ellen’s Stardust Diner, a 50’s themed restaurant featuring a singing wait staff. Next, board



a ferry to Ellis Island. Take in the incredible views of the towering Statue of Liberty as your ferry cruises by her. Since 1886, “Lady Liberty” has welcomed immigrants and visitors to New York Harbor. Created as a token of friendship between the U.S. and France, the Statue of Liberty has become a global symbol of freedom. The afternoon is

at leisure. **Day five** breakfast is included and you’ll choose the perfect spot from a “menu” of the city’s great restaurants. After breakfast enjoy free time to explore at your own pace. This afternoon, the curtains rise for your second Broadway show. Tonight enjoy a farewell dinner with the group at a local restaurant. **Day six** the tour ends and you head home. Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 5 meals included. \$350.00 deposit per person due upon registration

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 5 meals included. \$350 deposit per person due upon registration. Save \$100 and book by December 7, 2016.

Double - \$3,249 per person Single - \$4,349 per person

THE COLORADO ROCKIES

JUNE 23 - JULY 1, 2017 - 9 DAYS



Join us for a scenic tour of Colorado and Utah. You'll traverse the Rocky Mountains and explore four national parks along the way. The tour begins in the Mile High city of Denver where a welcome dinner awaits you. **Day two** depart Denver and travel to the Rocky Mountain National Park, which is one of the largest national parks in the United States. Travel past Vail, Breckenridge and other famous ski areas in Colorado en route to Grand Junction, your home for the next three nights. **Day**

three travel to Utah to Arches National Park to see the world's largest concentration of natural sandstone arches as well as a variety of geological formations. Next, arrive at Canyonlands National Park and travel to the Island in the Sky mesa which rests on sheer sandstone cliffs over 1,000 feet above the surrounding terrain. **Day four** visit the Colorado National Monument. Travel along the Rim Rock to see a colorful panorama of deep, sheer-sided canyons and high rock towers. Later, journey to Colorado's wine country to learn about the region's vineyards and sample the fruits of its labor. At a family-owned vineyard, a family member will take you on a



private tour to see the process up-close. Then, sit down to a winemaker's dinner and hear stories of the vineyard, the wine they produce and the life of a winemaker. **Day five** depart Grand Junction for a two night stay in Durango. Drive south to the small mining town of Silverton, a National Historic Landmark. Then it's "all aboard" the famous Durango and Silverton Narrow Gauge Railroad. This 1881 coal-fired, steam-powered locomotive was built to haul silver and gold ore from the San Juan

Mountains. Fortunately passengers realized it was the view that was truly precious. This evening, enjoy an Old West adventure with cowboy food and entertainment.

Day six an incredible day awaits you at the Mesa Verde National Park which preserves the culture of the Anasazi Indians. Visit the Spruce Tree Cliff Dwelling to see one of the largest and best preserved cliff dwellings built between 1211 AD and 1278 AD. **Day seven** depart Durango and travel to Colorado Springs for the last two nights of the tour. En route, marvel at the scenery as you depart the San Juan National Forest, cross Wolf Creek Pass over the Continental Divide, and pass through the Rio Grande National Forest. **Day eight** travel to Manitou Springs and the home of Pike's Peak, the legendary symbol of the 1859 Gold Rush. Upon arrival, embark on Pike's Peak Cog Railway, the world's highest cog railroad, for an 8.9 mile journey to the top of Pike's Peak (approximately 14,110 ft). Later, travel to the Garden of the Gods, on the National Register for Historic Places, to see the towering sandstone formations and enjoy



a wonderful view of Pike's Peak. Tonight enjoy your farewell dinner and celebrate a wonderful trip. **Day nine** head for home with many wonderful memories.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 12 meals included. \$490 deposit per person due upon registration. Save \$100 and book by December 16, 2016.

Double - \$3,289 per person

Single - \$3,989 per person

Italy's Treasures

September 3 – 15, 2017 – 13 Days

This small group tour highlights a 4 night stay in a Tuscan Villa. We are flying in one day before the tour begins to give you time to rest or explore on your own. Arrive on **Day two** for a three night stay in Stresa.

Day three enjoy a day of leisure. Tonight, a boat transports you to your welcome dinner on Isola dei Pescatori. **Day four** visit an ancient village nestled in the mountains where you'll stop at a local farm to sample their artisanally produced cheeses paired with the region's delicious wines. The afternoon is at leisure. **Day five** depart the lake region for a two night stay on the Italian Riviera, with a stop at one of Italy's hidden treasures, Lake Orta, for a boat ride to Isola di San Giulio. Walk the grounds of this charming island with its working convent. Experience the outdoor cafes and shops of this lakeside resort before arriving at your hotel for a two night stay. **Day**



six spend the day discovering the colorful Cinque Terra, a UNESCO World Heritage site. Travel by rail through the medieval villages of the Cinque Terre, perched on the edge of the sea. **Day seven** travel to the medieval city of Lucca. Choose either a tour on foot or by bicycle. Either way, you'll visit the Cathedral of San Martino, the Piazza Napoleone and the Piazza

dell'Anfiteatro. Tonight begin your relaxing four night stay in an Italian villa. **Day eight** enjoy Florence with a walking tour including the Piazza del Duomo and other monuments. The afternoon is at leisure. **Day nine** travel to Siena for an expert-led walking tour. Visit the cathedral and stroll the narrow medieval streets. **Day ten** visit a winery in the heart of Tuscany. Participate in a cooking lesson given by the winery's own chef and enjoy an authentic Tuscan lunch. **Day eleven** depart for your final two night stay in Venice. En route, stop in Bologna for a guided walking tour. Learn its history and sample specialty foods. **Day twelve** a boat transports you to Murano Island for a glass-blowing demonstration. Browse the selection of hand-crafted glassware created on this special island. Next arrive at St. Mark's Square for a locally-guided walking tour featuring the clock tower, St. Mark's Basilica, Doge's Palace and the Bridge of Sighs. Tonight a farewell dinner celebrates this amazing trip. **Day thirteen** the tour ends and you head home.



NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 18 meals included. \$530 deposit per person due upon registration.

Double - \$6,099.00 per person

Single - \$6,924.00 per person

British Landscapes

September 22 – October 2, 2017 – 11 Days

Optional 4-Day Paris Post Tour Extension

This amazing trip features England, Scotland and Wales. We are flying in one day before the tour begins to give you time to rest or explore on your own. Arrive on Day two for a three night stay in London. Day three enjoy your day in London, the historic capital of England. Tonight join your fellow travelers for a welcome dinner at a traditional English pub. Day four see the sights of London with your local guide. View the Tower of London, Big Ben, the Houses of Parliament, Westminster Abbey, Buckingham Palace and the changing of the guard (if held). The afternoon is at leisure. Day five begins at London King's Cross, one of England's most historic railway stations. Board a train and journey to the medieval city of York. There, a local guide takes you on a walking tour of the city. See the famous York Minster and walk on the "Shambles," a quaint, narrow street that appears today almost as it did during the Middle Ages. Tonight, stay within the city's historic walls. Day six head to Scotland. Stop at Hadrian's Wall, which once marked the northern border of the Roman Empire. This ancient fortification begun in A.D. 122 to protect Roman Britain from the tribes of Scotland. Next, drive through Scotland's Borders region before arriving in Edinburgh. Day seven it's your choice! Select either a locally guided panoramic city tour via coach or join a local expert to explore the city on foot. Both tours include visits to Edinburgh Castle, home of the Scottish Crown Jewels and the Palace of Holyroodhouse, the Queen's official residence in Edinburgh and former home of Mary, Queen of Scots. Day eight stop at the border town of Gretna Green, where generations of runaway couples came to be married. Later, return to England and travel through the picturesque Lake District. Visit Grasmere, home of the poet William Wordsworth. End your day with an overnight stay in beautiful Ruthin Castle, situated in the north of Wales. Day nine journey to Stratford-upon-Avon, your home for the next two nights and birthplace of William Shakespeare, England's most famous playwright. Visit Shakespeare's birthplace. Afterward, it's your choice. You may choose to tour Anne Hathaway's thatch-roofed cottage, the childhood home of the author's wife; or, a leisurely cruise along the picturesque Avon River. Day ten visit the mystical and fascinating Stonehenge before traveling through the beautiful countryside. Tonight, toast the end of a wonderful journey at a private farewell dinner at Hall's Croft, a 400-year-old Shakespeare-family home. Enjoy traditionally costumed actors perform some of the playwright's most renowned scenes. Day eleven the tour ends and you head home.



NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 13 meals included. \$530 deposit per person due upon registration. Save \$350 and book by March 24, 2017.
 Double - \$4,759.00 per person Single - \$5,644.00 per person

Sunny Portugal

October 9 – October 19, 2017 – 11 Days

Optional 5-Day Madeira Island Tour Extension

Experience Portugal, the land of great explorers. We are flying in one day before the tour begins to give you time to rest or explore on your own. Arrive on **Day two** for a three night stay in Cascais. **Day three** enjoy your day in this scenic coastal resort on the “Portuguese Riviera”. Tonight, join your fellow travelers for a welcome dinner. **Day four** it’s your choice. Choose either a Lisbon panoramic city tour by bus featuring Jeronimo’s Monastery, Belem Tower, the Monument to the Discoveries and ending with a visit to the National Museum of Coaches. Or, choose a walking tour of the historic Alfama District, Lisbon’s most symbolic quarter: step back in time as you explore this residential neighborhood before climbing the hill to explore the castle that has the most breathtaking panorama of the city. The afternoon is at leisure.



Tonight enjoy Portuguese cuisine and wine while local artists perform the traditional Fado. **Day five** travel to Sintra, the favorite summer residence of Portuguese kings for six centuries. Next, proceed to Obidos where white washed houses are held snug by medieval city walls. Later, visit Fatima, the world-famous Marian pilgrimage site. **Day six** travel the countryside and stop in historic Evora, known as the “Museum City of Portugal.” Inside this medieval walled city lies a 2nd-century Roman temple to Diana. Next, journey to the hilltop, walled village of Monsaraz. This small medieval town has carefully preserved its original charm. From the 13th-century castle you’ll enjoy panoramic views of the countryside. Continue on to a winery for a tour and tasting of the region’s wines. **Day seven** travel to Algarve and visit Sagres, home of Prince Henry’s School of Navigation and the “com-

pass rose.” You will have magnificent views of Cape of St. Vincente where 200-foot cliffs plunge into the Atlantic at the most southwesterly point of Europe. Next, explore the historic town of Lagos, where Moorish and Renaissance influences abound. Here, Prince Henry the Navigator, began his explorations and from the harbor, Vasco da Gama sailed in 1499 on his epic voyage of discovery. **Day eight** is at leisure to independently explore Algarve. **Day nine** journey to Faro, gateway to the Ria Formosa protected lagoon landscape. Explore the city’s historic center with 9th-century Roman walls and architectural gems. Later, visit a local cork factory to learn about its importance to the local economy and its many uses. **Day ten** en route to Lisbon, make a stop in Azeitao, a village known for red wine, olive trees and beautiful country estates. Spend time at Jose Maria da Fonseca Winery. Embark on a tour followed by a tasting of local wines. Next, meet local artisans at a family-run shop that demonstrates how azulejos, the hand-painted Portuguese tiles, are made. Tonight celebrate the end of an amazing journey at your farewell dinner. **Day eleven** the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 14 meals included. \$530 deposit per person due upon registration. Save \$200 and book by April 4, 2017.

Double - \$3,979.00

Single - \$4,329.00

America's Music Cities

October 13 – 20, 2017 – 8 Days

This fun tour highlights three cities rich in history and music. Arrive on **Day one** in the exciting city of New Orleans for a three night stay. **Day two** perhaps you'll choose a walking tour of the famous French Quarter that includes the majestic St. Louis Cathedral. Continue on to the French Marketplace where you'll explore Pirate's Alley, the Cabildo, the Presbytere and the Pontalba; stop to taste a true New Orleans favorite – beignets at Café Du Monde. Or maybe you'd prefer a panoramic motorcoach tour of New Orleans with a local guide. Begin along historic Esplanade Avenue; see St. Louis Cemetery #3 dating back to 1854. Next, relax on a leisurely drive along the shoreline of Lake Pontchartrain that leads into St. Charles Avenue, past mansions as well as Tulane and Loyola, two world-famous universities.



Tonight a hands-on cooking demonstration and dinner at the New Orleans School of Cooking awaits you. Following dinner, enjoy a jazz review at a local French Quarter jazz club. **Day three** journey through Louisiana's swamp on a cruise narrated



by your captain. Learn about the history and ecology while keeping an eye out for wildlife. Return to New Orleans and the remainder of the afternoon is at leisure. **Day four** depart New Orleans for a two night stay in Memphis, the birthplace of the Blues, Rock'n'Roll and Soul. This evening enjoy dinner with some of the best live music in town. **Day five** embark on a one-of-a-kind tour of the city. Local musicians board the coach and tell the story

of Memphis' musical heritage and history as you view the city's many highlights. Afterwards travel to Graceland and tour Elvis' 14 acre estate. See his home, original business office, Trophy Bldg and the Meditation Garden where Elvis and members of his family have been laid to rest. The remainder of the day is at leisure. **Day six** depart Memphis and stay the final two nights in Nashville, the "Music Capital of the



World." Tour the Belle Meade Plantation and indulge in a culinary and wine tasting experience featuring southern delicacies. Following lunch, a local guide will share the history on a sightseeing tour where you will view the State Capitol, Music Row and the Parthenon – a full replica of the Athenian original! Tonight enjoy a show at the renowned Grand Ole Opry. **Day seven** tour the WSM Radio Station where you will meet a local radio show personality. Next, visit the historic RCA Studio B where Elvis Presley, Dolly Parton and Charlie Pride once recorded some of their classic hits. Then, explore the Country Music Hall of Fame, the largest museum of popular music in the world. Later this afternoon, tour a historic distillery and taste its famous Tennessee

whiskey where you will toast the end of your trip at the farewell dinner. **Day eight** the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 11 meals included. \$490 deposit per person due upon registration. Save \$50 and book by April 13, 2017.

Double - \$3,289 per person

Single - \$4,089 per person

Iceland's Magical Northern Lights

November 4 - November 10, 2017 - 7 Days

Discover Iceland, a land and culture forged by fire and ice. Enjoy the rare opportunity to see the aurora borealis – one of nature's most dazzling light displays, also known as the northern lights. Your tour begins on Day two in Reykjavik. Get acquainted with old town on a walking tour featuring Hallgrímskirkja Church, city hall, the harbor and Reykjavik's oldest building, now home to the Kraum Icelandic design center. Tonight join your fellow travelers for your welcome dinner. Then, take an exhilarating northern lights cruise. Leave behind the bright city lights and sail into the darkness of Faxaflói Bay in search of the aurora borealis – or northern lights. Day three travel the incredible Golden Circle, a route that encompasses many of Iceland's most renowned natural wonders. Journey to Thingvellir National Park, the nation's most historic area. Icelanders gathered here in A.D. 930 and established what is considered one of the world's first parliaments. Stand upon one of the globe's most geologically significant landscapes, Thingvellir's rugged rift valley, marking the point where the North American and Eurasian tectonic plates meet. Stop at the geothermal fields of Geysir and Strokkur. Then, marvel at the Gullfoss (Golden Falls) waterfall, a stunning 100-foot double cascade. Next, see Seljalandsfoss, one of Iceland's most famous and picturesque waterfalls. Continue to Vik, the southernmost village in Iceland. After dinner, search for the aurora borealis – the elusive northern lights. Day four drive along the scenic south shore to the Eyjafjallajökull Volcano Visitor Centre. Learn about a family's struggle to live during and following the dramatic 2010 explosion of the infamous Eyjafjallajökull volcano that brought European flights to a halt. Visit Skogar Folk Museum which contains an outstanding collection covering all aspects of Icelandic life including farm and domestic artifacts, as well as turf-built homes. Nearby is the Skogafoss waterfall, one of the largest in Iceland. Later, view Reynisfjara, a black volcanic sand beach. After dinner, gaze at the sky in search of the northern lights. Day five travel to Jökulsárlón glacial lagoon, filled with floating icebergs. Travel to Skafatell, gateway to Vatnajökull National Park. Vatnajökull is known for having Iceland's highest mountains and the Vatnajökull glacier, Europe's largest. After dinner, continue the search for the shimmering northern lights. Day six drive to the Reykjanes Peninsula, known for its rugged landscape, lava fields, numerous hot springs, and home of the Blue Lagoon. Return to Reykjavik for your farewell dinner and overnight stay. Day seven the tour ends and you head home.



NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 10 meals included. \$530 deposit per person due upon registration. Save \$100 and book by May 5, 2017.

Double - \$3,779.00 Single - \$4,079.00

Classic Christmas Markets

December 2 - 10, 2017 - 9 Days

Get into the holiday spirit and travel to Europe's finest Christmas markets. Enjoy staying in three hotels while you hub and spoke to different cities and lively Christmas markets. Arrive on **Day two** and travel to the Black Forest, Germany where you will meet your fellow travelers at a welcome dinner. **Day three** travel to Strasbourg, France and enjoy a guided tour of the Old Quarter, "Petite France," featuring the Cathedral of Notre Dame. Mingle with the locals as you explore the Christmas Market. **Day four** depart the Black Forest for Wurzburg, Germany. Upon arrival, discover the city's history on a guided walking tour. This ancient wine town is rich in historic sites, including the magnificent 18th-century residence of the prince-bishops, boasting the largest ceiling fresco in the world; and the ornate Alte Mainbrücke, the oldest bridge on the River Main. Later, browse for local specialties at the Christmas market. **Day five** start



your day with a city tour of historic Nuremberg. Learn about the town's 900 year old ramparts that surround the city; the Imperial Castle; and the Justice Palace, where the War Crimes Tribunal sat in 1946. Your city tour concludes with a visit to the historic Nuremberg Christmas Market, one of the oldest and most famous markets in Germany dating back to 1628. Spend time sipping Glühwein and sampling roast sausages. Over 200 wooden stalls have given the Christmas market its name – "Little Town from Wood." You can find items like Nuremberg spicy gingerbread, fruit loaves, bakery goods, sweets, Christmas tree angels and toys. **Day six** depart Wurzburg for the Oberammergau Region in Austria for your final three night stay. Begin your day with a stop in lovely Rothenberg, one of the most well-preserved medieval walled towns in all of Germany. After some free time to explore the town, continue on to Oberammergau, famous for its Passion Play held every ten years. Stroll the streets in this Bavarian Alpine village past old-world cottages and shops



covered in colorful frescos. It is the ideal place to shop for cuckoo clocks, nutcrackers and Hummel figurines. **Day seven** travel to Innsbruck, Austria. This charming town is nestled in the heart of the mountains. Today you have the choice of one of two leisurely walking tours: you may join a local guide as you discover the city's history, culture and popular attractions including Maria Theresien-Strasse, the Hofburg and the Golden Roof, or a tour focusing on Innsbruck's unique architectural structures including its famous ski jump. The afternoon is at leisure to shop in the many specialty stores and the cozy Christmas market. **Day eight** travel to Munich, Germany and upon arrival experience a panoramic tour featuring the Marienplatz, the Glockenspiel and Olympic Park. Enjoy leisure time to explore Munich's historic area and the Christmas market on your own. Later, return to Oberammergau where you will have leisure time to stroll and shop for that last person on your list. Tonight enjoy a farewell dinner complete with local entertainment. **Day nine** the tour ends and you head home.

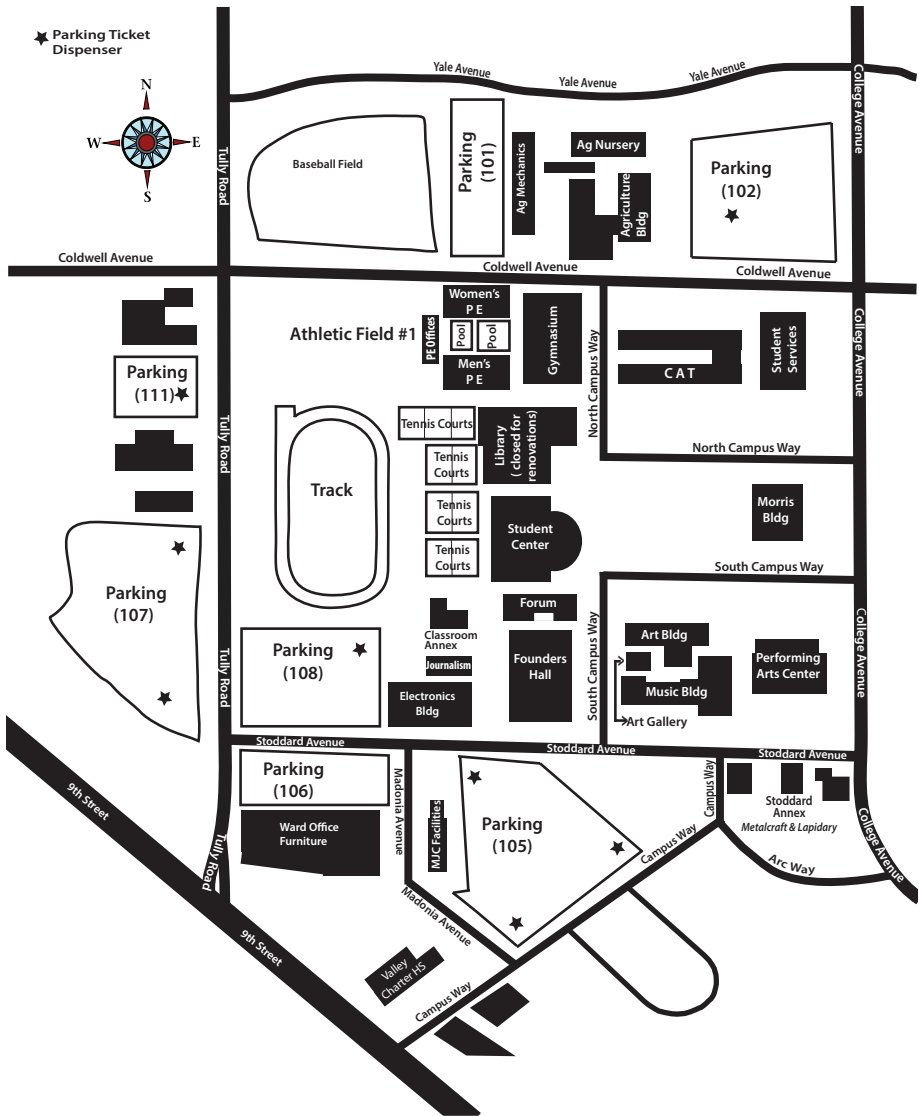
NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 11 meals included. \$530 deposit per person due upon registration. Save \$300 and book by May 27, 2017

Double - \$3,579 per person

Single - \$3,779 per person

Modesto Junior College - EAST Campus

435 College Avenue, Modesto, CA 95350

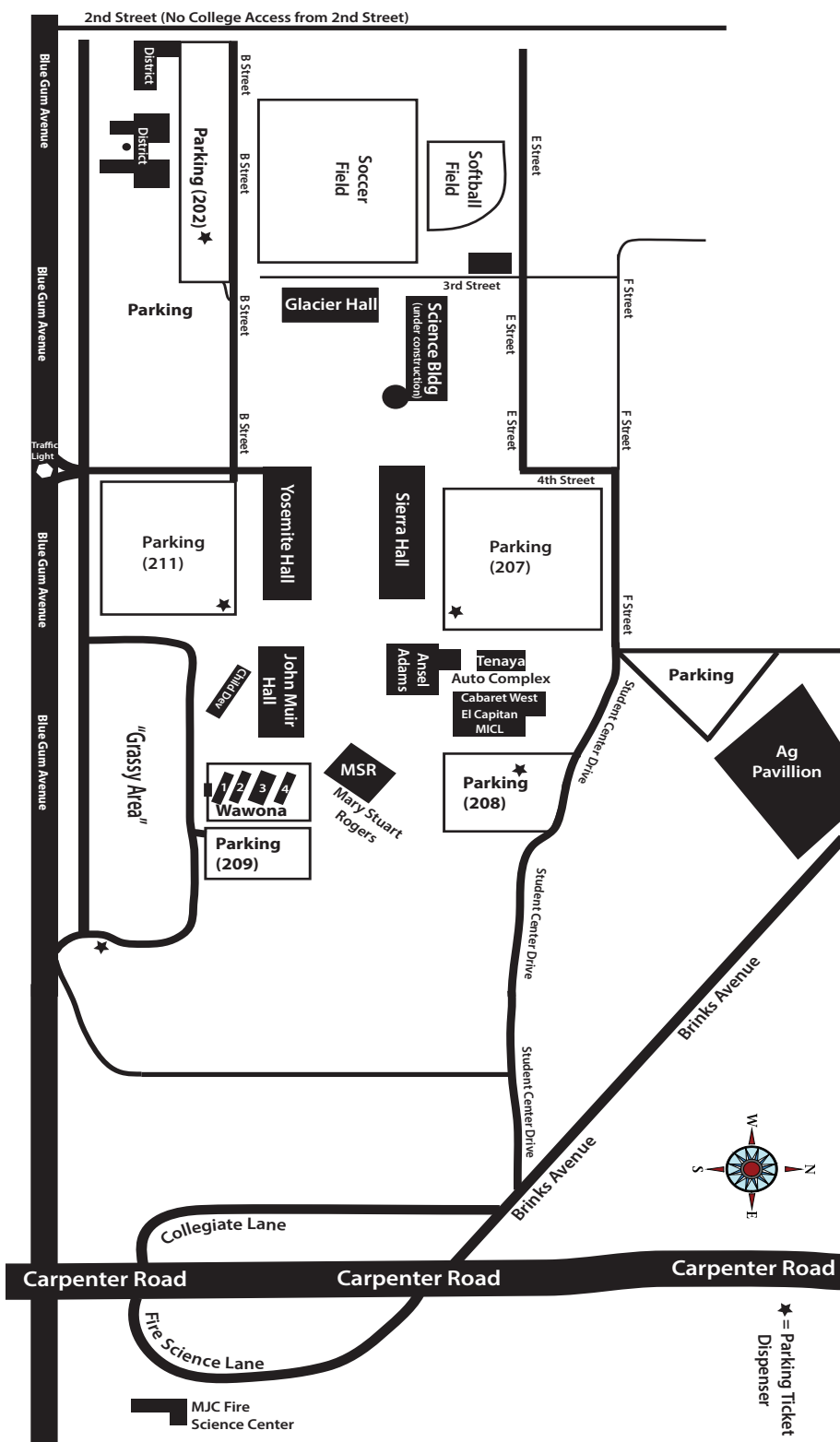


Off-Campus Location Key

Direct Appliance - 2424 McHenry Avenue, Modesto
 St. Stanislaus Golf Center - 5000 Crows Landing Road,
 Modesto
 VCHS (Valley Charter High School) - 108 Campus Way
 (off of Stoddard Avenue)
 Corner of 9th Street and Campus Way

Modesto Junior College - WEST Campus

2201 Blue Gum Avenue, Modesto, CA 95358



Registration Form and Information

ONLINE www.mjc4life.org — Register online and save \$5. If you register online you will receive instant verification of enrollment!
All registrations EXCEPT online registration, trips, motorcycle, special sports clinics will be charged a \$5 registration fee.

If you already have a Student Profile at www.mjc4life.org, sign in (left hand column). If you have forgotten your Username or Password please call our office at 209.575.6063.

If you have not registered for a Community Education class/trip before, please click on *Sign In* on the left side, and then *"Create New Student Profile."* Once you have created your profile, you can sign in and register for classes at anytime using the information you submitted. It's the easiest, quickest way to register!

PHONE 209.575.6063 If you cannot register online, call and register over the telephone with a MasterCard, Visa or Discover credit card/debit card. There will be a \$5 registration fee added to your order. Please have all information requested on the registration form below available when you call.

WALK-IN Morris Memorial Admin. Bldg, Rm 104, East Campus, 435 College Ave, Modesto
Register in person - Hours: Mon–Fri, 8 AM–5 PM. \$5 fee charged for most classes.

MAIL MJC Community Education, 435 College Avenue, Modesto, CA 95350
Send completed registration form (or copy of it) to MJC Community Education. If you'd like a confirmation returned to you, please enclose a self-addressed, stamped envelope. Add \$5 registration fee to the total (see form below).

FAX 209.575.6025 – Be sure to include credit card information on your registration form. Add the \$5 registration fee to the total (see form below).



REGISTRATION FORM

Questions? Call 209.575.6063

First Name _____ Last Name _____

Mailing Address _____

City _____ Zip _____

Gender: ☐ M ☐ F | Date of Birth _____

Home Phone _____ Work/Mobile _____

Email Address _____

REQUIRED for registration: ☐ I have read the Refund Policy on page 67.

Write the Class Title (or enough of the title to clearly identify the class) as well as the appropriate Section Letter (A - B - C) if listed. Also Include the Start Date (i.e., Jan 17).

CLASS TITLE (and Section Letter if needed (A - B - C - D))	START DATE	PRICE

Registration Fee (If you are NOT registering online please add this \$5 fee) **\$5.00**
All registrations EXCEPT online registration, trips, motorcycle training, special sports clinics, and career certification classes.

TOTAL _____

Credit Card # _____

Expiration Date _____ 3 numbers on back of card _____

Name on Card (PLEASE PRINT) _____

Card Holder Signature _____

Frequently Asked Questions

Can I register in the classroom?

Walk-in registration is on a space-available basis. You can only pay for a class at the door with check, money order made payable to MJC, or credit card. NOTE: No unregistered people are allowed in the class (parents, children, infants, guests).

Can I stay in the class with my child?

No. Unless the class is specifically set up as a parent/child class, or parent participation is encouraged, we ask that you not stay in the class with your child. If your child is not able to stay by themselves in a classroom setting, please wait until they are older.

What do the fees pay for?

Community Education classes/trips do not receive tax support. Your enrollment fees pay all costs of the program. In some cases there are additional material fees collected either by the instructor or at the time of registration for books or class supplies.

Do I have to pay for parking?

MJC parking regulations are in effect 24 hours a day from 7 a.m. on Monday thru 5 p.m. on Friday. Student parking is permitted in designated areas on the East and West Campus. Persons who park on campus are required to pay a fee. A daily ticket may be purchased from any campus parking ticket dispenser, located in the parking lots, for \$2.00. Street parking is free.

Why are offerings cancelled?

Community Education offerings do not receive funding from the state, so there is a minimum number of students who must be enrolled in order for an offering to be held. The decision whether or not to cancel is made 2-3 days before the start date and is based on the number of fully paid fees on that date. So please register early.

Supply Lists

Some of our offerings require a supply list. If you don't receive one, call our office at 209.575.6063 a few days before the start date. They are also posted on our website at www.mjc.edu/commed. DO NOT purchase supplies until you have checked with our office at 209.575.6063 to confirm the class will be held.

Refund Policy

Offerings

If you cancel at least seven days prior to the start date, you will be refunded your registration fee, less a \$20 processing fee. Any time after the seven days prior to class, or once an offering begins, we are unable to refund any portion of your fee. Different refund policies apply to trips and tours - see page 44.

Cancelled Offerings

A full (100%) refund will be given for an offering or trip that the college cancels. Refunds take a few weeks to process. If you pay by credit card, your account will be credited, if you pay by check or cash, you will receive a check in the mail.

On-Line Registration

If you registered over the internet you MUST call our office to receive a refund.

Will I receive college credits?

No - all of Community Education classes are not-for-credit. You may request an Award of Attendance once the class is over - no other records will be kept. If you wish to receive credits, you should choose an MJC credit class.

Can my child take an adult class?

With the Minor Consent form and Student Conduct form, a child ages 14-17 may register for an adult class. The instructor needs to okay the child in their class. Call for age requirements for Motorcycle classes.

Can I get Financial Aid?

Because we do not receive state funding to help support our program, our classes are not eligible for financial aid.

Special Accommodations

Requests for reasonable accommodations for disabilities must be made at the time of registration and at least 10 days before the event. Every effort within our ability and legal responsibility will be made to meet your request. If you require an elevator for a second-level classroom, please let our office know when you register for your class.



GED My Way!

Due to special funding we have been able to make our GED program better - AND also offer it to you for **FREE**.



Non-Profit Organization

U.S. Postage

PAID

Modesto, CA

Permit No. 25

**RESIDENTIAL CUSTOMER
ECRWSS**



435 College Avenue, Modesto, CA 95350

Returning Classes

**Cooking • Medical Coding • Art • Computers • Aquacize
Stained Glass • Ballet • Notary • Golf • Music • Exercise
Dance... and many more!**



Register Online @ www.mjc4life.org

Not printed at taxpayer expense, Community Education classes are not-for-credit, and fully fee supported.