

Student Name		NSU ID
Term of Trip	Dates	
Destination	University	Provider
Date you returned to the USA		Date Report Received

This Final Report is required of all Study Abroad participants and it is intended to be completed **no later than 1 month upon your arrival back in the United States**.

This report has the objective of helping you reflect on what you have just experienced, and how you are going to capitalize on everything you leant in the past month/s. Please complete this report as accurately and honestly as possible

#### Task I

#### **Facebook Posting**

You are required to post **AT LEAST ONCE** on the NSU Study Abroad Facebook Page. This should be done **no later than ONE month after you return from your trip.** 

#### Task II

#### Final Reflection-Your Study Abroad Experience and your TOP FIVE GOALS upon arrival

Write an essay describing the skills and qualities that you have gained from your study abroad experience and what your 5 top goals in your personal/professional/family life are now that you are back. To help you guide your essay:

- Has the study abroad experience influenced or modified your future career or educational plans? If yes, how?
- In what ways were your own goals and objectives for the study abroad experience fulfilled or not fulfilled?
- How can you still continue your learning now that you have returned home? Write your 5 goals and explain each one of them and how you are planning to accomplish them in two to three sentences.

#### Task III

#### Your Study Abroad Experience and your Professional Future

Visit the NSU Career Development Office and make an appointment to see an advisor. He/she will help you highlight the experience you have just had in your resume and during job interviews. You must have your Career Development Advisor sign the enclosed form. Bring that form with you to your meeting!



#### Some preliminary and useful information:

## **Your Resume**

Read the following information about writing a resume that will highlight your international experience and get you noticed! When you start looking for a job or career, think of the professional and personal growth you've undergone while abroad. If you can present these skills on your resume and in your interview(s) well, you can impress almost any employer.

The <u>Institute for the International Education of Students</u> (IES) offers useful Information that will help you learn to market your international experience:

- Make sure your international experience gets noticed by formatting your resume to highlight the foreign institutions at which you studied, or with separate categories such as International Education or International Experience. Also include references to your study abroad experience in your cover letter.
- List any languages that you speak, internships, major projects, or field experience you had while abroad in the appropriate categories.
- Briefly describe what you did and the skills and attributes you learned while abroad.
- The University of Minnesota also has resume tips at http://www.umabroad.umn.edu/academic/advisers/resumeTips.pdf.

(Taken from University of Minnesota Learning Abroad Center: <u>Returning Student Handbook</u> and Institute for the International Education of Students <u>Alumni Career Resources</u>.)

# **Your Interview**

After thinking about the skills and qualities that you gained during the study abroad experience, it's necessary to understand how to articulate what you learned. This is important not only for your future career aspirations but also for showing your fellow students (family and friends) about the meaning of study abroad. The questions below will help you articulate the learning that occurred while abroad.

While completing this exercise, try to think about how you could bring up your answers in an actual interview and why such answers are important to discuss with a prospective employer. A few questions to stimulate your self-reflection:

- Share an example of how you had to set priorities to achieve a desired outcome in your study abroad experience.
- How did your study abroad experience enhance your knowledge, skills, and understanding of your intended career field? What assets might international experiences yield as opposed to someone who studied domestically?
- Share an example of a travel situation that helped you build your understanding of human motivation. How did this enhance your understanding of leadership or teamwork?



- Share an example of how your international experience has improved your skills in communicating with others. How might this make you a better professional in your field?
- How did you have to adjust/adapt to your new cultural surroundings? Share examples from academic, social, and work settings. How did this influence your ability to interact successfully with others?
- Share an international experience in which you had to resolve a conflict or solve a problem. What skills and personal qualities did you tap into? How did the experience help you grow as a person?
- Share an example of a study abroad experience in which you took initiative to achieve a greater result.
- Share an example of a time when you may have been in danger or afraid. What did you learn from it? Why?
- What was the most significant thing you learned about yourself through your study abroad experience? Why?

(Taken from University of Minnesota Learning Abroad Center: <u>Returning Student Handbook</u>.)

All the best as you start this new stage in your life!

Please send to sharksabroad@nova.edu. A HOLD will be placed on your account until you send this report and you have entered your posting on Facebook. Once all tasks have been completed, this hold will be released.



### **CAREER DEVELOPMENT OFFICE** Confirmation of Post-Arrival Visit

Student Name	
NSU ID	
Major:	
Faculty-Led/Study Abroad Program Des	stination
Term of Study Abroad Program	Start Date End Date
Career Advisor's Name	
Career Advisor's Signature	Date
Student's Signature	Date
NSU Study Abroad Office	Date

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