

EDUCATION

Alabama Head Start

A child development program for income-eligible families: Programs to promote academic, social and emotional development are:

- Early Head Start: For pregnant women, infants, and toddlers
- Head Start: For children ages 3-5
<http://children.alabama.gov> / 1-334-223-0502

Alabama's Early Intervention System: Birth through 3

Coordinates services statewide for infants and toddlers with disabilities and developmental delays preparing them and their families for the transition to the State Department of Education's preschool program for 3-to-5-year-olds or other community programs

www.rehab.alabama.gov/ei / Child Find 1-800-543-3098

Alabama State Department of Education (ALSDE)

- Special Education-Oversees special education programs age 3-21 for individuals with a variety of disabilities / 1-334-242-8114
- Transition-Information on transition options/programs
www.alsde.edu / 1-800-392-8020
- Autism Alabama/Special Education Services
<http://alex.state.al.us/autismAL/> / 1-800-392-8020

Alabama Parent Education Center

Providing parents with training and information to become meaningful participants in their children's education

www.alabamaparentcenter.com / 1-866-532-7660

The Bell Center for Early Intervention Programs

Dedicated to maximizing the potential of children from birth to 3 years of age who are at risk for developmental delay

www.thebellcenter.org / 1-205-879-3417

Hand in Hand Early Learning-Intervention Programs

For children from birth through 4 years of age

www.ucpbham.com / 1-800-654-4483

MENTAL HEALTH

Alabama Department of Mental Health

State agency responsible for serving Alabama citizens with mental illnesses, intellectual disabilities, and substance use disorders

www.mh.alabama.gov / 1-800-367-0955 (24 hour referral line for family support and information)

Learning Disabilities Association of Alabama

Strives to advance the education and general welfare of children and adults with learning disabilities

<http://ldaal.org> / 1-334-277-9151

Learning Disabilities and ADHD

Provides accurate and up-to-date information and advice about learning disabilities and ADHD

www.ldonline.org

Children and Adults with Attention Deficit/Hyperactivity Disorder

Provides education, advocacy and support for individuals with ADHD

www.chadd.org

Alabama Council of Community Mental Health Boards

Comprised of 30 agencies across the state. Represents its members in the planning, development, and implementation of a comprehensive system of public mental health care.

www.accmhb.org / 1-205-664-2114

HEARING-IMPAIRED/SPEECH LANG.

Alabama Institute for Deaf and Blind (AIDB) Regional Centers

www.AIDB.org

- Birmingham 1-205-328-3889
- Dothan 1-334-677-6270
- Huntsville 1-256- 539-7881
- Mobile 1-251- 432-7777
- Montgomery 1-334- 262-0824
- Talladega 1-256- 761-3370
- Tuscaloosa 1-205- 345-2883
- Tuscumbia 1-256-383-3503

Alexander Graham Bell Association for the Deaf

Helps families, health care providers and education professionals understand childhood hearing loss and the importance of early diagnosis and intervention

www.agbell.org

Hearing Exchange

Support groups for people with hearing loss

www.hearingexchange.com

Help Kids Hear

Helping other parents find the information and resources they need in dealing with a deaf / hard of hearing (DHH) child.

www.helpkidshear.org

Speech and Hearing Association of Alabama

www.alabamashaa.org

The National Institute on Deafness and Other Communication Disorders (NIDCD)

www.nidcd.nih.gov

Relay Services:

- 1-800-548-2547 (V)
- 1-800-548-2546 (TTY); 711 (TTY)
- 1-888-229-5746 (Speech to Speech-English)
- 1-866-270-9470 (Speech to Speech-Spanish)

AUTISM SPECTRUM DISORDERS

Alabama Interagency Autism Coordinating Council (AIACC)

To develop and implement a statewide comprehensive, coordinated, multidisciplinary, interagency system of care for individuals with ASD and their families

www.autism.alabama.gov / State Autism Coordinator 1-334-353-7191

Alabama Autism Providers Network (AAPN)

To promote collaboration among service providers in Alabama and to promote best practice, standards and regulations to ensure that quality services are made available to people in Alabama with ASD and their families/caregivers

www.al-autismproviders.net

- UAB Civitan-Sparks Clinics
www.uab.edu/civitanisparks/ / 1-205-934-5471
- Auburn University Department of Psychology-Autism Research, Training and Intervention Services
www.auburn.edu/academic/liberal_arts/psychology/ASD_Research_Clinic/Welcome.html
1-334- 844-7692
- Dossett Clinic for People with Autism
1-205-933-5476
- Easter Seals of Central Alabama
www.eastersealsca.org/ / 1-334-288-0240
- Glenwood Behavioral Health Center

- www.glenwood.org/ / 1-205-969-2880
- Goodwill Easter Seals of the Gulf Coast Autism Services
angel@gesgc.org / 1-800-411-0068
- Horizons School
www.horizonsschool.org / 1-205-322-6606
- LEAP Evaluation and Treatment Programs, Child and Family Service
www.childfamilyservice.com / 1-800-720-9926
- Mitchell's Place
www.mitchells-place.com / 1-205-957-0294
- Collaborations Child Development Center
<http://collaborationscdc.com/> / 1-256-772-4400
- Puzzle Piece
www.puzzlepiecealabama.com / 1-205-969-8080
- The Learning Tree
www.learning-tree.org / 1-334-252-0025
- The Riley Behavioral & Educational Center
www.therileycenter.org / 1-256-882-2457
- The University of Alabama Autism Spectrum Disorders Research Clinic
<http://autism-clinic.ua.edu> / 1-205-348-3130
- Triumph Services
www.triumphservices.org / 1-205-581-1000
- UCP of Greater Birmingham
www.ucpbham.com / 1-204-944-3903
- University of South Alabama Autism Diagnostic Clinic
www.usahealthsystem.com/autism-diagnosis
1-251-415-8577

Medical Autism Clinic (MAC), Children's Hospital, Birmingham
www.childrensal.org/MedicalAutismClinic / 1-205-638-5277

Autism Society of Alabama
www.autism-alabama.org / 1-877-428-8476

Autism Society of America
www.autism-society.org

Autism Speaks
www.autismspeaks.org

AOTA Autism Resources
Comprehensive guide to all resources available from the American Occupational Therapy Association
www.aota.org/autism

RECREATION

Alabama Special Olympics
www.specialolympics.org

Easter Seals Camp ASCCA
Providing year-round therapeutic recreation for children and adults with both physical and mental disabilities
www.campascca.org / 1-256-825-9226

Children's Dance Foundation
www.childrensdancefoundation.org / 1-205-870-0073

VSA Arts Alabama
Statewide organization dedicated to providing opportunities in the arts for people with chronic illnesses and disabilities
www.vsartsalabama.org / 1-205-307-6300

Studio by the Tracks, Irondale
Provides free art classes to special needs adults and emotionally conflicted

children

www.studiobythetracks.org / 1-205-951-3317

Arts 'n Autism, Tuscaloosa

An after-school program & summer camp for children with autism

www.artsnautism.org / 1-205-758-1193

Baseball/Softball Leagues

- **Miracle League**-To find one in your neighborhood
<http://www.miracleleague.com/home.html>
- **Oak Mountain Youth Baseball/Softball Challenge Leagues**
www.omybs.com
- **The Opportunity League, Pelham**
www.pelhamonline.com / 1-205-620-6426

FAMILY, PEER & CONSUMER SUPPORTS

Governor's Office on Disabilities

Serves as a liaison to the Governor on disability issues and as a statewide clearing house for information on disability

www.good.alabama.gov / 1-888-879-3582

Alabama Council for Developmental Disabilities

Working hard to insure full access to services enabling individuals with developmental disabilities to exercise self determination, independence, productivity, integration and inclusion in all facets of community life

<http://acdd.org> / 1-800-232-2158

The Arc of Alabama

Works to ensure that individuals with intellectual and developmental disabilities have access to the supports and services they need to live successfully in their communities

www.thearcofalabama.com / 1-866-243-9557

The Exceptional Foundation

Working to meet the social and recreational needs of the mentally and/or physically challenged individuals in the greater Birmingham area

www.exceptionalfoundation.org / 1-205-870-0776

Alabama Family Ties

Works to end stigma and discrimination against families raising children who have mental, emotional, and behavioral disorders and to increase the availability of and access to high quality services for children and youth with serious emotional disturbances in all child serving systems

www.alfamilyties.org/ / 1-877-834-0615

Family Voices of Alabama

A statewide organization that keeps the VOICE of Alabama's children, youth and young adults with special needs and their families at the table to help design and improve efficient policies, programs, services and systems that affect them and the community they live in

www.familyvoicesal.org / 1-877-771-3862

Respite

- **Alabama Lifespan Respite Resource Network**
For caregivers of a child or adult with a disability or chronic illness, this network can help you find respite providers
<http://alabamarespite.org> / 1-866-737-8252
- **UCPWA Hearts Respite**
Respite reimbursement program for families of children with disabilities in Alabama in the following counties: Choctaw, Dallas, Greene, Hale, Marengo, Perry, Pickens, Sumter, Tuscaloosa, Wilcox
www.ucpwa.org/programs/childrens-programs/hearts-respite / 1-205-202-4292
- **Aaron's Staff-Respite Care Ministry for Children with Disabilities**

Free service provided the third Saturday of each month at the
Linda Nolen Learning Center in Pelham, Alabama
www.Aaronsstaffrespite.com / 1-205-620-5004

Full Life Ahead Foundation

Assists students with disabilities and their families in planning and achieving a full life after high school
www.fulllifeahead.org/ / 1-866-700-2026

Disability Rights and Resources

Empowering people with disabilities to fully participate in the community
<http://drradvocates.org/> / 1-205-251-2223

Alabama Head Injury Foundation

Improving life after traumatic brain injury
www.ahif.org/ / 1-800-433-8002

Epilepsy Foundation of Alabama

www.epilepsyfoundation.org/ / 1-800-626-1582

Down Syndrome

- **PADS**-Parents advocating for the needs of individuals with Down syndrome, offering support, acceptance and encouragement for parents and families of persons with Down syndrome
www.downsyndromealabama.org/ / 1-205-988-0810
- **UAB Adult Down Syndrome Clinic**
<http://www.uab.edu/medicine/genetics/adult-down-syndrome-clinic>
1-205-934-4983

International Rett Syndrome Association

www.rettssyndrome.org / 1-800-818-7388

Spina Bifida Association of Alabama

www.sbaofal.org / 1-256-216-9922

United Cerebral Palsy of Alabama:

- **East Central Alabama, Anniston**
www.ecaucp.org / 1-256-237-8203
- **Greater Birmingham**
www.ucpbham.com / 1-205-944-3900
- **Huntsville and Tennessee Valley**
www.ucphuntsville.org / 1-256-852-5600
- **Mobile**
www.ucpmobile.org / 1-251-470-4900
- **Northwest Alabama, Sheffield**
www.ucpshoals.org / 1-256-381-4310
- **West Alabama, Northport**
www.ucpwa.org / 1-205-345-3031

LEGAL AND CIVIL RIGHTS

Alabama Disabilities Advocacy Program (ADAP)

Nationwide federally mandated protection and advocacy (P&A) system.
Mission to provide equality, legally based advocacy services to Alabamians with disabilities in order to protect, promote and expand their rights
www.adap.net / 1-800-826-1675

State of Alabama Client Assistance Program (SACAP)

Persons with disabilities who are experiencing problems or are in need of information regarding Alabama's Vocational Rehabilitation Service (VRS), vocational rehabilitation service providers, or an Independent Living Center, SACAP can help

<http://sacap.alabama.gov> / 1-800-228-3231

HEALTH FACILITIES

Children's of Alabama

www.childrensal.org/ / 1-205-638-9100

UAB Hospital

www.health.uab.edu / 1-205-934-4011

UAB Spain Rehabilitation Center

www.health.uab.edu/112631 / 1-205-934-4131

USA Children's and Women's Hospital, Mobile

www.southalabama.edu/usacwh/ / 1-251-415-1000

HEALTH ACCESS & FINANCING

Alabama Department of Human Resources (DHR)

Administers programs of importance to children and adults with disabilities and their families, including adoption, foster care, early childhood and child care, child abuse. Responsible for children committed to its custody by juvenile courts, offering a variety of treatment programs.

www.dhr.alabama.gov / 1-334-242-1310

Alabama Department of Public Health

Improves and protects the public's health through disease prevention, and the assurance of public health services to resident and transient populations of the state

www.adph.org / 1-800-252-1818

Children's Health Insurance Program (All Kids)

Low-cost, comprehensive healthcare coverage program for children under age 19

www.adph.org/allkids/ / 1-800-252-1818

Health Insurance Alabama.Gov

Learn how to get health insurance for yourself and your children, including Alabama Child Caring Foundation

<http://healthinsurance.alabama.gov/> / 1-334-269-3550

Alabama Department of Insurance

Regulates the insurance industry, providing consumer protection, promoting market stability, and enforcing fire safety standards and laws

www.aldoi.gov/ / 1-334-269-3550

Alabama Medicaid Agency

State/federal program that pays for medical and long-term care services for low-income pregnant women, children, certain people on Medicare, individuals with disabilities and nursing home residents.

www.medicaid.alabama.gov/ / 1-334-242-5000

Alabama Department of Rehabilitation Services (ADRS)

- **Alabama's Early Intervention System (AEIS)**
Coordinates services statewide for infants and toddlers with disabilities and developmental delays preparing them and their families for the transition to the State Department of Education's preschool program for 3-to-5-year-olds or other community programs
www.rehab.alabama.gov/ei / Child Find 1-800-543-3098
- **Children's Rehabilitation Service (CRS)**
Provides services to children with special health-care needs from birth to age 21 and their families, including disabilities services, expertise and adaptive technology to local school systems
www.rehab.alabama.gov/crs / 1-800-846-3697
- **Vocational Rehabilitation Service (VRS)**
Provides rehabilitation, education, and employment-related services to adolescents and adults with disabilities

- **State of Alabama Independent Living/Homebound Service (SAIL)**
Provides services to Alabamians who have the severest disabilities resulting from spinal cord or head injuries
www.rehab.alabama.gov / 1-800-441-7607

UAB Civitan-Sparks Dental Clinic
www.uab.edu/civitansparks/clinics/dental-clinic/ / 1-205-934-1115

Social Security Administration
www.socialsecurity.gov / 1-800-722-1213

Easter Seals:

- **Corporate Office, Montgomery**
www.alabama.easterseals.com / 1-800-388-7325
- **Anniston** / 1-256-820-9960
- **Birmingham** / 1-205-942-6277
- **Mobile/Northwest Florida** / 1-251-471-1581
- **Montgomery** / 1-334- 262-0824
- **Talladega** / 1-256- 761-3370
- **Opelika** / 1-334-745-3501
- **Selma** / 1-334-872-8421
- **Tuscaloosa** / 1-205-759-1211

Centers for Disease Control (CDC)
Online source for credible health information
www.cdc.gov / 1-800-232-4636

Su fuente confiable de informacion sobre salud en Internet
www.cdc.gov/spanish

National Dissemination Center for Children with Disabilities
Central source of information on disabilities in infants, toddlers, children, and youth
www.nichcy.org / 1-800-695-0285

Partnership for Prescription Assistance Kids
Helps low-income, uninsured kids get access to patient assistance programs where they may qualify for free, or nearly free prescription medicines.
<http://kids.pparx.org/> / 1-877-369-1477

Sight Savers America
Coordinates the activities of all child referrals agencies and vision care providers in The Children's Eye Care Network
<http://sightsaversamerica.org/> / 1-877-942-2627

ADDITIONAL RESOURCES

United Way 2-1-1/United Way of Alabama

- United Way 2-1-1: an easy to remember central phone number connecting people across the state of Alabama with available community resources. With one call you can reach a trained, caring professional, seven days a week, 24 hours a day, 365 days a year
- United Way of Alabama
www.liveunited.org

Alabama Resource Guide
http://www.ucp.org/uploads/alabama_state_resources.pdf

Alabama State Official Website
www.alabama.gov/portal/index.jsp

Alabama Child Care Resource and Referral Network

- **Childcare Resources**, Birmingham
Blount, Jefferson, Shelby and Walker Counties
www.ccr-bham.org / 1-800-822-2734

- **Family Guidance Center of Alabama**
www.familyguidancecenter.org / 1-800-499-6597

Alabama Department of Children's Affairs

Provide state leadership to identify, promote and coordinate services for children, their families, and communities

<http://children.alabama.gov> / 1-334-223-0502

Parenting Assistance Line (PAL)

Free and confidential calls offering helpful information and support regarding specific parenting concerns for children ages birth to twelve years

www.pal.ua.edu / 1-866-962-3030

Alabama Pre/Post Adoption Connections (APAC)

Statewide program designed to empower adoptive families facing adoption challenges and to facilitate stronger bonds and interaction within all adoptive families.

www.childrensaid.org/apac/ / 1-205-251-7148