



TEAM EGLIN

Helping Agency Team



ALCOHOL & DRUG ABUSE
PREVENTION
(ADAPT)

AREA DEFENSE COUNSEL

AIRMEN DEVELOPMENT
ADVISOR (ADA)

CHAPEL

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(EAP)

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SECURITY
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TEAM EGLIN Helping Agency **Team**



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7th SPECIAL FORCES **GROUP**

919th SPECIAL **OPERATIONS WING**

EXTERNAL AGENCIES QUICK REFERENCE

MILITARY FAMILY LIFE COUNSELOR (MFLC)

Click on topic to view information.

ALCOHOL AND DRUG ABUSE PREVENTION AND

TREATMENT (ADAPT) PROGRAM

The Alcohol and Drug Abuse Prevention and Treatment Program (ADAPT) provides information for Commanders, senior enlisted advisors, First Sergeants, and other senior personnel regarding substance abuse prevention and intervention education. Active-duty members, family members, and retirees are eligible for counseling and treatment following TRICARE guidelines for access. Services include Substance Abuse Assessment, Substance Abuse Education and Prevention Classes, Outpatient Treatment, Aftercare Programs and Transitional Counseling.

For more information on the ADAPT Program, please contact 883-9352.

Contact Information

Eglin Hospital, 307 Boatner Road, Eglin AFB, FL 32542

Phone: 850-883-9352

Hours: 0700 - 1600, M-F

AREA DEFENSE COUNSEL

The Area Defense Counsel Works for You!



NOT YOUR COMMANDER!
NOT THE LEGAL OFFICE!
NOT ANYONE ON THIS BASE!





Capt Elspeth G. Theis



SSgt William T. Levert

Defense Paralegal

YOUR DEFENSE TEAM

Independence and Confidentiality
to ensure you are
provided the best defense possible.

AFLOA/ADC 904 N. 2d Street, Bldg 451 Eglin AFB FL 32542-5470 Phone: (850) 882-4185/6 0800-1630 Mon-Fri



To set up an appointment, call DSN 872-4185

Advice and representation on:

- Rights Advisements
- Courts Martial
- Article 15s
- Administrative Discharges
- Line of Duty Determinations
- Reports of Survey
- LOC, LOA, & LOR Rebuttals
- UIFs & Control Rosters
- Referral Evaluations
- Re-enlistment Denials

AIRMEN DEVELOPMENT ADVISOR (ADA)

Mission

To serve as principal advisor to commanders, supervisors, and Airmen regarding retention, benefits, incentives and reenlistment programs.

Programs & Services

The program encompasses the First Term Airmen Course,
Noncommissioned Officer Professional Enhancement, Senior Noncommissioned Officer
Professional Enhancement, and Informed Decision Seminars.

We Offer Counseling On:

* Benefits * Career Change *Assignments *Retirement *Special Duty *Education & Training *Goal Setting *Re-enlistment *Retraining *Opportunities

Contact Information

Education Center Bldg. 251 Room 127 502 D Ave, Eglin AFB, FL 32542

96FSS.FSDP.CareerAdvisor@us.af.mil, Office Phone: (850) 882-2449 Google Voice: (850) 733-8872

Program & Services

Worship services, religious rites and rituals, weddings, baptisms and funerals, religious education, ministry of presence/unit visitation, 100 % confidential counseling, duty Chaplain available 24/7, marriage & family studies/retreats, single Airman outreach.

A Chaplain can be reached at 850-882-2111 during duty hours or for emergencies call the Command Post: 850-883-4020 after regular duty hours.

Contact Information:

Bldg 868, 202 N 8th Street, Eglin AFB, FL 32542

Phone: 882-2111

Hours: 0730-1630, M-F

http://www.eglin.af.mil/About-Us/Fact-Sheets/Display/Article/390948/eglin-chapel

CHILD ABUSE/DOMESTIC VIOLENCE

If you or someone you know is involved in a situation that involved child abuse or domestic violence please reach out to one of the following resources:

Family Advocacy: 850-883-8616

Services provided to: Active Duty, Military Family Members, & intimate partners

- Restricted Reporting now offered in certain situations for domestic violence
- Domestic Abuse Victim Advocate (DAVA)

Security Forces: outside of normal duty hours: 850-882-2502 Services provided to personnel on base

- This is not a referral agency, they provide law enforcement
- If child abuse or domestic violence is in progress call 911

Abuse Hotline: 1-800-96-ABUSE (2-2873)

CIVILIAN EMPLOYEE ASSISTANCE PROGRAM

No matter where you are on your journey, there are times when a little help can go a long way. From checking off daily tasks to working on more complex issues, your program offers a variety of resources, tools and services available to you and your household members.

Key Features: Provided at no cost. Confidential services provided by a third party. Available 24/7/365 by calling 866-580-9078/TTY 800-635-2883 or visiting www.AFPC.AF.MIL/EAP.

Services Include:

- Work-Life Services referrals to service providers and discounts on child and adult care, education, home improvement, and more.
- Lifestyle Coaching create a plan of action with a certified coach to meet your goals.
- Counseling meet with a licensed professional for support with stress, anxiety, grief, substance misuse and more.
- Legal Services, Financial Wellness and Identity Theft Resolution: expert consultation and online resource library.
- Online Training and Self Care Programs improve your health and overall emotional well-being.
- Manager Support consult with experts on workplace topics.

Employee Assistance Services:

Call 24/7/365 Toll Free: 866-580-9078 or TTY 800-635-2883

www.AFPC.AF.MIL/EAP

CIVILIAN HEALTH PROMOTION SERVICES (CHPS)

Mission

Improve the quality of life for the civilian workforce through education and screening in order to help maintain a healthy, safe, and productive workforce.

Programs & Services

CHPS is a mobile worksite wellness program that provides FREE in-person and virtual services available to the Federal Civilian workforce with most services also available to Active Duty personnel. Services include:

Wellness Screenings

- Cardiac Risk Profile Finger stick blood screening to assess cholesterol, triglycerides and blood glucose levels, also includes a blood pressure measurement (Federal Civilians only)
- o Body Composition Analysis Measures weight, skeletal muscle mass, body fat percentage, basal metabolic rate
- Blood Pressure Monitoring

Health Education Classes

- o In-person and virtual offerings open on a variety of class topics covering physical activity, nutrition, sleep, stress, chronic diseases, and more!
- Virtual Individual Health and Wellness Consultations
- Health Awareness Campaigns
- Wellness Challenges

Stay up to do date with CHPS events and utilize other health and wellness support services on USAFwellness.com or on the 'Motivation Alliance' mobile app.

Remember CHPS is mobile and can bring our in-person and virtual services to your worksite location!

Contact Information

2579 Gaffney Rd., Bldg., 2579, Rm. 8B, Eglin AFB FL 32542 Email: CHPSsupport@us.af.mil, Phone: 850-883-8024, M-F 0700-1530

DRUG DEMAND REDUCTION PROGRAM (DDRP)

Mission

Deter the use and abuse of controlled illegal substances and misuse of prescription drugs through a comprehensive program of education, prevention, and deterrence. Provide scientifically accurate results that are forensically defensible.

Vision

Provide a drug free Air Force to support global power and global reach for the United States of America.

If you need more information about the DDR program, please call 850-883-9460 For after hours assistance, please call 850-855-5945

Contact Information

Bldg 2398, Room 101, 101 Chinquapin Drive, Eglin AFB, FL 32542

Phone: 850-883-9460/9463/9500

Hours: 0630-1600, M-F

DRUG OR ALCOHOL PROBLEMS

If you or someone you know is struggling with drug or alcohol please reach out to one of the following resources:

Drug Demand Reduction: 850-883-9460/9463/9500

Alcohol Dependency Program (ADAPT): 850-883-9352

DIVERSITY, EQUITY, INCLUSION AND ACCESSIBILITY

Mission

Will work to attract, recruit, develop and retain a high quality, diverse "Total Force" ensuring a culture of inclusion in order to leverage the diversity of the nation for strategic advantage in Air Force, joint and coalition operations. Executes diversity management and equal opportunity policies and programs affecting active duty and reserve component military personnel and DOD civilian employees.

Affirmative Employment

Installation Barrier Analysis Working Group

• Member & Employee Resource Groups

Accessibility - Disability Program Management

- Reasonable Accommodation
- Schedule A
- Workforce Recruitment Program

Diversity & Inclusion / Resource Advocacy

- Diversity & Inclusion Council
- Unconscious Bias Training
- Special Observances

(850) 882-3331

(850) 882-1878

(850) 883-0029

Location/Hours of Operation

Bldg 228, 307 East C Street, Eglin AFB, FL 32542 Hours: 0630-1600, M-F

Services provided to: Active Duty, Guard, Reserve, Retirees, Family Members & Federal Civilian Employees.

DIVERSITY, EQUITY, INCLUSION AND ACCESSIBILITY

Equal Opportunity

(850) 882-4285

- Informal/Formal Complaints
- Defense Organizational Climate Survey (DEOCS)
- Human Relations Education
- Specialized EO Training
- Alternate Dispute Resolution
- Referral Services

Military Complaints

You must contact EO within 60 calendar days of the alleged discrimination/harassment/sexual harassment

Civilian Complaints

You must contact EO within 45 calendar days of the alleged discrimination/harassment/sexual harassment

Contact Information

307 East C Avenue, Bldg 228 Eglin AFB FL 32542 Email: aac.ccd.workflow@us.af.mil

Hours: 0700 - 1700, M-F

EXCEPTIONAL FAMILY MEMBER- EFMP

Exceptional Family Member-Family Support (EFMP-FS): 850-883-4342 Services provided to: Active Duty members who have at least one family member with ongoing medical, behavioral health, or special educational needs.

Federal Civilian Employees will be referred to local agencies

Exceptional Family Member-Medical (EFMP-M): 850-883-9452

Services provided to: Active Duty members who have at least one family member with ongoing medical, behavioral health, or special educational needs.

EXCEPTIONAL FAMILY MEMBER FAMILY SUPPORT (EFMP-FS)

The EFMP-FS works with military and community agencies to provide comprehensive and coordinated community support, housing, education, recreational, and personnel services to families with special needs. The ultimate goal is for families to be empowered to improve their quality of life and have the skills to make the best decisions for the individual they are supporting and their family.

The EFMP-FS assists families with special needs by helping them identify and access programs and services including, but not limited to: Information and Referral • Advocacy • Resources • Special Events • Workshops and Trainings • Respite Care Information • Tricare ECHO information • Relocation Assistance • Financial Resource Information • Early Intervention Information • Special Education (IEPs, Section 504) • State Services

Contact Information

301 West Van Matre Avenue, Bldg 210, Rm 153 Eglin AFB FL 32542 Phone: 850-883-4342

Hours: 0800 – 1600, M-F

EXCEPTIONAL FAMILY MEMBER MEDICAL (EFMP-M)

Services

This mandatory DoD program identifies medical, behavioral health and educational service requirements of family members in support of active duty sponsor reassignment and civilian employment both within the Continental United States (CONUS) and for overseas (OCONUS) assignments, to include Alaska, Hawaii and US Territories. EFMP-M personnel provide families with primary and specialty care administrative requirements (forms), information on assignment consideration and information on medical, behavioral health and special education assistance.

Eligibility

Enrollment is required for all active duty members who have at least one family member with ongoing medical, behavioral health or special educational needs.

Contact Information

301 West Van Matre Avenue, Bldg 210, Rm 153

Eglin AFB FL 32542 Phone: 850-883-4342

Hours: 0800 - 1600, M-F

FAMILY ADVOCACY PROGRAM (FAP)

The Family Advocacy Program (FAP) focuses on building healthy Air Force communities by preventing, intervening in and treating family maltreatment. The FAMILY ADVOCACY components include:

Prevention Outreach:

With a strong focus on education, training and collaboration to help strengthen military families, this service is a true resource to the installation. The Outreach Managers offer parenting classes, couples communication and relationship classes, stress and anger awareness/management classes on a quarterly basis. Additionally, briefings can be provided to agencies, units and the general public on topics such as child supervision, family violence, couples communication and anger management. The Outreach Managers work with leaders and agencies on and off base to identify resources for military families, foster working relationships, and increase awareness of family violence. Family Advocacy Strength-based Therapy (FAST) is a service that focuses on prevention counseling and is offered on a space available basis.

New Parent Support Program (NPSP)

this voluntary program provides support, counseling, and education to expectant parents or parents with children up to three years of age. Services are primarily provided through home visits. Educational opportunities and resources include parenting, breastfeeding, and information for expectant fathers.

Intervention Treatment:

The focus is on clinical services to military personnel and their families by identifying and treating incidents of child and spouse maltreatment or neglect. Treatment options include individual, marital and family therapy, consultation, case management, and crisis intervention.

Safety planning, advocacy, resources and information are available through the Domestic Abuse Victim Advocates (DAVA). DAVA Hotline 850-290-7389. To encourage early identification of domestic abuse and help victims get the care they need, the military provides options for both restricted and unrestricted reporting of adult domestic abuse.

Services provided to: Active Duty, Military Family Members, & Married as well as unmarried intimates

FINANCIAL HARDSHIPS

If you or someone you know is struggling with financial hardship please reach out to one of the following resources:

Military & Family Readiness Center: 850-882-9060

Services provided to Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees Financial Hardships

Employee Assistance Program: 850-882-1551

Services provided to Federal Civilian Employees, NAF Civilians, DECA, Air Reserve Technicians, and their families

Chapel: 850-882-2111

After duty hours, a Chaplain can be reached by calling the Command Post at 850-883-4020 Services provided to: All Military & Family Members, and All DoD Civilians • Chaplains offer 100% Confidential Counseling. Chaplains stand ready to help individuals or couples navigate the spiritual aspects of financial management

GRIEF REACTIONS

Grief is a normal response to trauma. If you or someone you know is struggling with grief please reach out to one of the following resources:

Military & Family Readiness Center: 850-882-9060

Military Family Life Counselor: Team Eglin #'s

Services provided to Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

Chapel: 850-882-2111

After duty hours, a Chaplain can be reached by calling the Command Post at 850-883-4020

Services provided to: All Military & Family Members, and all DoD Civilians

• Chaplains offer 100% Confidential Grief Counseling (confidentiality applies even to issues involving potential harm to self or others, e.g. suicide/abuse)

Employee Assistance Program: 850-882-1551

Services provided to Federal Civilian Employees, NAF Civilians, DECA, Air Reserve Technicians, and their families

Disaster Mental Health: 850-883-8373

Services provided to: Active duty; Family Members of AD & retired mil seen on space available basis

• Provides Psychological First Aid in the event of units experiencing a traumatic event or mass causality

Military One Source: 800-342-9647 http://www.militaryonesource.mil

HEALTH PROMOTIONS

Mission

The health promotion mission is to provide and integrate evidence-based programs to optimize health and readiness.

Targeted Areas:

Physical Health Readiness

Musculoskeletal Injury Prevention

Sleep Optimization

AFMC Physical Training Leader (PTL) course

Running Clinics

Health/Wellness Events

Educational classes/Briefs

Nutritional Fitness

Body Composition Assessments to determine body fat%, skeletal muscle mass

The focus areas are addressed through education, community outreach and policy/environmental change.

and basal metabolic rate

INSPECTOR GENERAL (IG)

The Inspector General provides complaint resolution (CRP) provides services to all Military, Retirees, Family Members, and Civilians. The IG implements the CRP by:

- Indicating where commander involvement is needed to correct systemic, programmatic, or procedural weaknesses and ensures resources are used effectively and efficiently
- Resolving issues affecting the Air Force mission promptly and objectively
- Creating an atmosphere of trust in which issues can be objectively and fully resolved without retaliation or the fear of reprisal
- Allowing complainants to submit concerns completely anonymous
- Providing a confidential reporting option where identity is protected from release

The IG offers a safe, confidential place to address both personal and professional concerns. Whether the problem involves someone in your chain of command, or poor treatment by a Wing service agency, the IG can help solve your problems.

Examples of assistance:

Fraud, Waste, and Abuse or gross mismanagement; a violation of law, policy, procedure, instructions, or regulations; an injustice; abuse of authority, inappropriate conduct, misconduct, and allegation of restriction or reprisal.

The IG ensures the concerns of all complainants and the best interests of the Air Force are addressed through objective fact-finding.

Services provided to: All Military, Retirees, Family Members, Civilians.

INSPECTOR GENERAL (IG)

Restriction – Preventing or attempting to prevent members of the Armed Forces from making or preparing to make lawful communications to Members of Congress and/or an IG.

Reprisal – Taking or threatening to take an unfavorable personnel action or withholding or threatening to withhold a favorable personnel action on a military member for making or preparing to make a protected communication.

Protected Communication –

- 1. Any lawful communication not conveying an admission of misconduct, violation of the UCMJ, or violation of other applicable statutes, to a Member of Congress or an IG.
- 2. A communication in which a member of the Armed Forces communicates information that the member reasonably believes evidences a violation of law or regulation, including a law or regulation prohibiting sexual harassment or unlawful discrimination, gross mismanagement, a gross waste of funds or other resources, an abuse of authority, or a substantial and specific danger to public health or safety, when such communication is made to any of the following (this list is not all inclusive): Member of Congress or a member of their staff; an inspector general or a member of the inspector general's staff; personnel assigned to DoD audit, inspection, investigation, law enforcement, equal opportunity, safety, or family advocacy organizations; any person in the member's chain of command; the Chief Master Sergeant of the Air Force, Command Chiefs, Group/Squadron Superintendents, and First Sergeants.

INSPECTOR GENERAL (IG)

Contact Information

101 West D Avenue, Bldg 1, Suite 107 Eglin AFB FL 32542

Phone: 850-882-5966 / Cell: 850-401-2550 Fax: 850-882-5008

Hours: 0730 - 1630, M-F

96 TW/IG - Mr. Paul Clark - Office 850-882-5984 Cell (talk or text) 850-401-2550 Email paul.clark.28@us.af.mil

96 TW/IGQ - Mr. Bill Garrick - Office: 850-882-5967 Cell (talk or text) 850-333-2168 Email william.garrick.2@us.af.mil

Additional complaints submission options: Email: 96tw.ig@us.af.mil, FWA Hotline 850-882-0092

Web submission links for complaints: https://www.eglin.af.mil/Units/Inspector-General/

IG Sharepoint with embedded submission links: https://usaf.dps.mil/sites/21424/96_tw_ig/igq/SitePages/Home.aspx

INTREPID SPIRIT CENTER (ISC)

Mission

To improve the lives of patients and families impacted by TBI through integrated clinical practice, research, and education

Vision

To be the global-leading network for TBI and brain health clinical care, research, and education for military members and beneficiaries

Referral from PCM required for Assessment and Treatment.

Contact Information:

BLDG 2827, 1 Ash Drive, Eglin AFB, FL 32542

Phone: 850-883-9484 Hours: 0630-1600, M-F

LEGAL OFFICE

Air Force attorneys provide free legal services and advice on personal and civil legal matters to eligible beneficiaries.

*Please contact the law center for more information on eligibility

Services	Hours	
Notarial Services	0800 – 1500 (Mon – Thurs) 0800 – 1200 (Fri)	(Walk-ins)
Powers of Attorney	0800 – 1500 (Mon – Thurs) 0800 – 1200 (Fri)	(Walk-ins)
Wills (AD/AD FM/Ret/Ret FM)	1000-1200 (Wed)	(By Appointments Only)
Legal Advice (AD/AD FM)	0900 – 1500 (Mon, Tues, Th, Fri)	(By Appointment Only)
Legal Advice (Ret/Ret FM)	0900 – 1500 (Wed)	(By Appointments Only)

Contact Information

501 W. Van Matre Avenue, Bldg 2 Eglin AFB, FL 32542

Phone: 850-882-4611 Fax: 850-882-6176

(Our office is located between 2nd and 3rd Streets on W. Van Matre Avenue in Building 2

Services provided to: Active Duty, Guard, Reserve, Retirees, Family Members & Federal Civilian Employees.

MENTAL HEALTH

- **Treatment Services:** The Mental Health Clinic offers individual and group counseling to individuals having trouble with personal or relational problems. Medication evaluation and treatment is also available.
- Educational Classes: The Mental Health Clinic offers a wide variety of psycho-educational classes designed to help individuals cope and function more effectively. Stress and Anger Management are popular classes that are offered frequently.
- **Outreach:** The goal of Outreach is to reduce the stigma associated with mental health. We can be invited to attend your unit's PT sessions, do an informal unit social visit and provide briefings on any mental health related topic.
- Suicide Prevention: The Mental Health Clinic can provide suicide prevention information to all personnel. The goal is to reduce stigma and train personnel to identify individuals at risk and intervene appropriately.
- **Disaster Mental Health**: Disaster Mental Health services are designed to help personnel involved in a potentially traumatic event understand and process their reactions in order to speed recovery and prevent later problems. We can provide education and consultation within 24-48 hours of a Commander's request.
- **Crisis Intervention:** Available for those individuals who are suicidal or having severe difficulty coping. Emergency evaluations may be available at a Commander's request for individuals they feel may be suicidal, homicidal, or unable to care for themselves.

Appointments can be made by calling the Mental Health Clinic directly or by referral from your Primary Care Manager. If a crisis occurs outside of regular duty hours, report to the Eglin Emergency Room.

Contact Information

COMM: 850-883-8373 DSN: 875-8373

Family Advocacy:

850-883-8616

Hours of Operation: 0700–1600 M–F

Services provided to: Active Duty, Guard, Reserve, Retirees, Family Members & Federal Civilian Employees.

MILITARY & FAMILY READINESS CENTER

We provide programs and services to assist commanders in identifying, assessing, and minimizing personal and family related challenges to maintain unit cohesion and strengthening operational readiness. Center services enable development and sustainment of resilient, ready Airmen, Guardians and their families.

Emergency Fin	ancial Assistance	Air Force Families Forever	Wounded Warrior & Survivor Care	Casualty Assistance
Deployme	ent Support	Exceptional Family Member Program (FS)	Personal Financial Readiness	Personal & Work Life Skills
Relocation	n Assistance	Survivor Benefits Program	Transition Assistance Program	Volunteer Resources
	Military	y Family Life Consultants	Personal Finance Consu	ıltant

Contact Information

502 West Van Matre Avenue, Suite 1, Bldg. 205 Eglin AFB, FL 32542 Phone: 850-882-9060

Fax: 850-882-9669

Hours: 0800-1600, M-F (Thursday 0900-1600)

Services provided to: Active Duty, Guard, Reserve, Retirees, Federal Civilian Employees and Family Members.

Click for contact information

PSYCHOLOGICAL DISTRESS

Military & Family Readiness Center: 850-882-9060

Military Family Life Counselor: 850-461- 4525

Services provided to Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

Chapel: 850-882-2111

After duty hours, a Chaplain can be reached by calling the Command Post at 850-883-4020

Services provided to: All Military & Family Members, and all DoD Civilians

• Chaplains offer 100% Confidential Counseling. (This confidentiality applies even to issues involving potential harm to self or others, e.g. suicide/abuse.)

Employee Assistance Program: Call 24/7 Toll Free-Access line for a local appointment: 1-800-222-0364 or Text Telephone 1-888-262-7848

Services provided to Federal Civilian Employees, NAF Civilians, DECA, Air Reserve Technicians, and their families.

Family Advocacy: 850-883-8616

Services provided to: Active Duty, Military Family Members, & intimate partners

Disaster Mental Health: 850-883-8373

Services provided to: Active duty; Family Members of AD & retired mil seen on space available basis

Provides Psychological First Aid in the event of units experiencing a traumatic event or mass causality.

Military One Source: 800-342-9647 http://www.militaryonesource.mil/ (24/7)

RELATIONSHIP/FAMILY ISSUES

Military & Family Readiness Center: 850-882-9060

Military Family Life Counselor: 850-461-4525

Services provided to Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

Chapel: 850-882-2111

After duty hours, a Chaplain can be reached by calling the Command Post at 850-883-4020

Services provided to: All Military & Family Members, and all DoD Civilians

• Chaplains offer 100% Confidential Counseling. (This confidentiality applies even to issues involving potential harm to self or others, e.g. suicide/abuse.) We stand ready to help couples navigate the spiritual areas of life—both personally and relationally.

Employee Assistance Program: Call 24/7 Toll Free-Access line for a local appointment: 1-800-222-0364 or Text Telephone 1-888-262-7848

Services provided to Federal Civilian Employees, NAF Civilians, DECA, Air Reserve Technicians, and their families.

Family Advocacy: 850-883-8616

Services provided to: Active Duty, Military Family Members, & intimate partners

• Couple's Therapy (includes unmarried intimates) and multiple educational classes to improve skills and relationship satisfaction.

Military One Source: 800-342-9647 http://www.militaryonesource.mil/ (24/7)

RESILIENCE PROGRAM

Resilience Training Assistants (RTA) and Master Resiliency Trainers (MRT) ensure our Airmen and families have the tools they need to stay resilient.

- They are mentors.
- They embody the CAF domains.
- They demonstrate a high degree of personal resilience.

Trainers have the ability to facilitate 8 different skills: Gratitude, Value-based Goals, Re-Frame, Balance Your Thinking, Bring Your Strengths, Mindfulness, Physical, and Celebrate Good News

If you are currently a trainer, are interested in being trained, or are want helping planning a unit resiliency day please reach out to Eglin's Resiliency Program Manager at EglinHAT@gmail.com

SCHOOL LIAISON OFFICER

Mission, Vision, Goals

The School Liaison Program aims to connect schools, families and communities in order to meet the educational needs of the military connected child.

- Promote communication between local K-12 schools, military families, installations and the community.
- Support parental involvement to identify barriers to academic success.
- Develop solutions in partnership with local educational activities and military connected families for successful educational and school transitions.
- The SLO assists families with: School Transitions, Military Interstate Compact MIC3.net, School Choice, IDEA, IEP, 504, STEM and special educational programs.

Contact Information

2579 Gaffney Road

Phone: (850) 882-4319

Hours: 0730-1700, M-F

https://www.eglinlife.com/slo/index.html

SEXUAL ASSAULT PREVENTION AND RESPONSE

Point of Contact for all Eglin, Duke Field and Arnold AFB sexual assaults involving military members and their adult family members, and federal civilian employees. Contractors will be referred to the appropriate agency.

- Provides crisis intervention, support, information/referral for reports of sexual assault.
- Victim Advocates available 24/7 (victim's choice)
- Restricted (confidential) Reports can only be made to the Sexual Assault Response Coordinator (SARC), Victim Advocate or Military Medical Personnel
 - Restricted reports are <u>not</u> reported to law enforcement or command (no investigation initiated)
- Unrestricted Reports made through normal channels (SARC, Victim Advocate, or mandatory reporter)
 - Unrestricted Reports are reported to law enforcement and commander (investigation initiated)
 - *Mandatory Reporters required to report all sexual assaults to SAPR & AFOSI
 - Making a report/disclosing of a sexual assault to any mandatory reporter will result in an UNRESTRICTED report

*Mandatory Reporters

Law Enforcement (SFS, AFOSI, CID, NCIS)

Commander

1 st Sgt

Immediate Supervisor

Any person in Chain of Command

Contact Information

605 Inverness Rd, Bldg 605 Eglin AFB, Fl 32542 Phone: 850-882-SARC (7272) 24/7 cell: (850-240-3219) Hours: 0700-1630, M-F

http://www.eglin.af.mil/About-Us/SAPR/

Services provided to: Active Duty, Guard, Reserve, Retirees, Family Members & Federal Civilian Employees.

SEXUAL HARASSMENTS/ASSAULT

Chapel: 850-882-2111

After duty hours, a Chaplain can be reached by calling the Command Post at 850-883-4020 Services provided to: All Military & Family Members, and all DoD Civilians

• Chaplains offer 100% Confidential Counseling. (This confidentiality applies even to issues involving potential harm to self or others, e.g. suicide/abuse.) We stand ready to help couples navigate the spiritual areas of life—both personally and relationally.

Equal Opportunity: 850-882-4285

Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

Family Advocacy: 850-883-8616

Services provided to: Active Duty, Military Family Members, & intimate partners

Sexual Assault Prevention & Response (SAPR): 850-882-7272

Services provided to all Eglin and Arnold AFB sexual assaults victims involving military members, their adult family members or federal civilian employees, (minors are referred to Family Advocacy; see above).

**Please look for eligibility under each agency name. Restricted (confidential)
Reports –can only be made to the Sexual Assault Response Coordinator (SARC),
Victim Advocate or Military Medical Personnel

SECURITY FORCES AND COMMAND POST

Security Forces

Emergency: 911

SFS outside of normal duty hours: 850-882-2502

Command Post Direct Line:

850-883-4020

STRESS MANAGEMENT

Military & Family Readiness Center: 850-882-9060

Military Family Life Counselor: 850-461- 4525

Services provided to Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

Chapel: 850-882-2111

After duty hours, a Chaplain can be reached by calling the Command Post at 850-883-4020

Services provided to: All Military & Family Members, and all DoD Civilians

• Chaplains offer 100% Confidential Counseling. (This confidentiality applies even to issues involving potential harm to self or others, e.g. suicide/abuse.)

Civilian Health Promotion Services (CHPS): 850-883-8024

Services provided to: All Federal Civilian Employees serviced by Eglin Civilian Personnel

Employee Assistance Program: Call 24/7 Toll Free-Access line for a local appointment: 1-800-222-0364 or Text

Telephone 1-888-262-7848

Services provided to Federal Civilian Employees, NAF Civilians, DECA, Air Reserve Technicians, and their families.

Family Advocacy: 850-883-8616

Services provided to: Active Duty, Military Family Members, & intimate partners

• Family Advocacy Outreach offers educational classes including Stress & Anger Management.

SUICIDE RISK

TAKE ALL SUICIDAL COMMENTS SERIOUSLY!

Chapel: 850-882-2111

After duty hours, a Chaplain can be reached by calling the Command Post at 850-883-4020

Services provided to: All Military & Family Members, and all DoD Civilians

• Chaplains offer 100% Confidential Counseling. (This confidentiality applies even to issues involving potential harm to self or others, e.g. suicide/abuse.)

Mental Health: 850-883-8373

Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis

• Provides suicide prevention, crisis intervention treatment services, educational classes, and outreach

Security Forces:

Emergency: 911

SFS outside of normal duty hours: 850-882-2502

National Suicide Hotline: 1-800-784-2433

National Suicide/Crisis Text Line: Text 741-741

See additional information on next page.

SUICIDE RISK

TAKE ALL SUICIDAL COMMENTS SERIOUSLY!

AFMC Connect: https://afmc.af.mil

AFMC Connect aims to increase unit cohesion and connectedness by creating bonds as an organization

Family Suicide Prevention Training for individual, self-paced training:

https://www.resilience.af.mil/Programs/Equipping-Families/

This training was designed to equip family members with necessary skills to help prevent suicide. The training also provides strategies for strengthening relationships and connectedness among family members and loved ones.

safeTALK:

Eglin is now offering LivingWorks safeTALK training to units to recognize people who may have thoughts of suicide and teaches participants how to connect with them and offer further help through local resources. To find out about training opportunities please contact Dr. Wendy Blevins at wendy.blevins.2@us.af.mil.

WORKPLACE PROBLEMS

Inspector General (IG): Phone: 850-882-5966 / Cell: 850-401-2550

The IG offers a safe, confidential place to address both personal and professional concerns. Whether the problem involves someone in your chain of command, or poor treatment by a Wing service agency, the IG can help. See IG for full list of resources and contact information.

Diversity, Equity, Inclusion and Accessibility

DE (Diversity, Equity, and Inclusion): Will work to attract, recruit, develop and retain a high quality, diverse "Total Force" ensuring a culture of inclusion in order to leverage the diversity of the nation for strategic advantage in Air Force, joint and coalition operations. Executes diversity management and equal opportunity policies and programs affecting active duty and reserve component military personnel, and DOD civilian employees. Please see next slide for breakdown of office and programs.

WORKPLACE PROBLEMS

Diversity, Equity, Inclusion and Accessibility

DEE (Affirmative Employment): 850-882-3331

Affirmative Employment Program, Disability Program and Special Emphasis Programs will educate and train all Airmen to make workplace professionalism a top priority and to take proactive steps to prevent, correct, and eliminate unlawful discriminatory behavior.

DEH (Equal Opportunity): 850-882-4285

Assists commanders at all levels to proactively engage all Airmen in the pursuit of equal opportunity. Includes implementation of various equal opportunity programs (e.g., Complaint Program, Human Relations Education, Climate Assessment Program, Alternate Dispute Resolution Program.

DER (Diversity & Inclusion/Resource Advocacy): 850-883-0029

Foster an environment, through training that attracts the best talent, values diversity of life experiences and perspectives and encourages innovation in pursuit of the mission.

7th SPECIAL FORCES GROUP

Group Support Battalion FRSA: (850) 885-2042

1st Battalion FRSA: (850) 885-2152

2nd Battalion FRSA: (850) 885-2252

3rd Battalion FRSA: (850) 885-2319

4th Battalion FRSA: (850) 885-2421

Army Exceptional Family Member Program (EFMP): (850) 885-7915 Site Navigator

(Non-Medical): (850) 885-7246

Group Sexual Assault Response Coordinator (SARC): (850) 885-4357

Group Employment Opportunity Assistant (EOA): (850) 885-4357

Group Ministry Team: (850) 885-7234/7235

Group Legal Assistance: (850) 7246/7257/7259

Group School Liaison Officer (SLO): (850) 882-4319

Group Military Family Life Consultant (MFLC): (850) 797-8743

Education Center: (850) 882-4608

Military & Family Readiness Center: 850-882-9060

919th SPECIAL OPERATIONS WING

Duke Field Agencies (UTA Weekends Only)

Equal Opportunity Office (850) 883-7216 Legal Assistance Office (850) 883-6902

SARC Reserve Liaison:

Chaplain's Office (850) 883-6919

Eglin AFB Services Available for Duke Field Personnel

Chaplain's Office (850) 882-2111

Command Post (850) 883-4020

Federal Civilian Employee Assistance Program (800) 222-0364

Equal Opportunity (850) 882-4285

Family Advocacy Office (850) 883-8616

Military Family Life Counselor (850) 333-9909

Sexual Assault Response Coordinator (850) 882-7272

Shelter House (850) 863-4777

Victim Advocate, 24 hour reporting, (850) 882-7272

Duke File Agencies (Weekdays & UTA Weekends)

Military & Family Readiness Center: (850) 883-6471/6474

Command Post (850) 883-6701

Military Family Life Counselor (850) 480-3633

Public Affairs (850) 883-6347

Inspector General (850) 883-2375

Preservation of the Force & Family Office (850) 882-8345

Director Of Psychological Health (850) 882-1458

Yellow Ribbon Representative (850) 883-6474

Other Agencies

Abuse Hotline (850) 962-2873

Federal Civilian Employee Assistance Program (800) 222-0364

Military One Source (800) 342-9647

National Suicide Prevention (800) 273-8255

EXTERNAL AGENCIES QUICK REFERENCE PHONE NUMBERS

Adult Basic Education/Adult Literacy	1-850-729-5387	
American Cancer Society	1-888-244-9599	
American Diabetes Association	1-800-DIABETES	
American Heart Association	1-800-AHA-USA1	
American Red Cross, NW Florida	1-850-682-3356 (24 hrs.)	
ARC of Emerald Coast (assistance for developmentally disabled individuals) Fort Walton Beach Crestview Big Brothers/Big Sisters, NW Florida	1-850-682-9224 1-850-863-8578 1-850-664-5437	
Catholic Charities	1-850-244-2825	
Child Advocacy Center, 401 McEwen Dr, Niceville FL	1-850-833-9237, Fax 850-833-9238	
Children/Adults w/ADD and ADHD (CHADD) 1-800-233-4050	1-800-233-4050	
Crisis Text line	http://www.crisistextline.org/ Text 741-741	
Deaf & Hard of Hearing of NW FL	1-850-433-7128	
Department of Children and Families, Circuit 1, NW FL	1-850-595-8200	
Children's Medical Services	1-800-381-3685	10/66
Career Source Okaloosa/Walton	1-850-833-7587	
Developmental Center (FWB)	1-850-862-0108	
Domestic Abuse Advocate Hotline	1-850-290-7389	
Domestic Violence Hotline	1-800-500-1119	
Epilepsy Society	1-860-586-7505	
First Call for Help-(help w/ unique situations or human services) –		
Okaloosa / Walton County 1-850-243-9111		
Federal Occupational Health	http://www.foh.dhhs.gov/ 1-800-222-0364	
Florida Division of Blind Services	1-800-342-1828	
Florida Abuse Hotline	1-800-962-2873	

MILITARY FAMILY LIFE COUNSELOR (MFLC)

Military families face unique challenges. To support military families facing these or additional challenges, the Military and Family Life Counseling Program:

- Provides short-term, non-medical counseling services to service members and their families at no cost.
- Provides psycho-education to help military service members and their families understand the impact of deployments, family reunions following deployments and other stresses related to the military life.
- Augments existing military support services.
- Can provide services to individuals, couples, families and groups, on or off installation.

With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential.

Team Eglin	Team Eglin	96th LRS	96th SFS	96th MXS
850-901-8414	571-835-6361	850-461-4525	850-420-8828	314-346-9211
350th SWW	33d FW	44th FG	Duke Field	7th SFG HHC
850-901-8414	850-490-4068	850-208-2575	850-480-3633	850-401-2558
7th SFG 1/7	7th SFG 2/7	7th SFG 3/7	7th SFG 4/7	7th SFG GSB
850-490-3053	850-333-3111	850-401-2558	850-333-3111	850-274-4788
7th SFG CYB 1	7th SFG CYB 2			
850-274-4625	850-333-9807			
				RETURN TO MA