



# EMERGENCE: UNFOLDING THE PERFECTION WITHIN

*Consider the lilies of the field, they neither sow nor reap, yet I tell you Solomon in all of his splendor is not clothed as one of these. Therefore, do not fear – Matthew 6:28-29*

# 2 Schools of Thought Concerning Healthcare

## ***Allopathic:***

- ❖ *Emphasis on Diagnosis*
- ❖ *Parts and Symptomatic Control*
- ❖ *Passive on the part of the client*
- ❖ *Newtonian Physics (atoms and above)*
- ❖ *Mechanistic (body is = sum of parts)*
- ❖ *Magic Bullet Theory*
- ❖ *Fixer / Guru*
- ❖ *Cause of conditions primarily believed to be outside influence (bugs, people, places, etc)*
- ❖ *Drugs, Surgery, Chemotherapy*
- ❖ *Treating & Controlling Symptom Patterns or Conditions*

## ***Holistic:***

- ❖ *Emphasis on understanding whole system*
- ❖ *Practitioner is seen as a teacher or guide in the process of self healing & self understanding*
- ❖ *Active healing on the part of the client*
- ❖ *Quantum Physics (Atoms & Below)*
- ❖ *Symptoms can be a wakeup call to growth & different choices*
- ❖ *Being is greater than the sum of the parts*
- ❖ *Care may include diet, herbs, supplements, exercise, movement, emotions, energy fields*
- ❖ *Based upon thousands of years of observation of mankind*

# **Symptoms & The Emergence Process**

- ❖ Feedback on current, old habits, memory in need of reevaluation and growth**
- ❖ A wakeup call to explore & question old, outdated, dualistic beliefs that no longer serve the individual or the system**
- ❖ A call to reconciliation and integration of old and new experiences / data, which left unchallenged may create a life experience that is less than the full expression of the creative design**
- ❖ A call from source / god to let go of attachments that keep us stuck and embrace our aversions that can open the door to many levels of freedom and evolution**

# The Energy Field

All Energy Equals Vibration

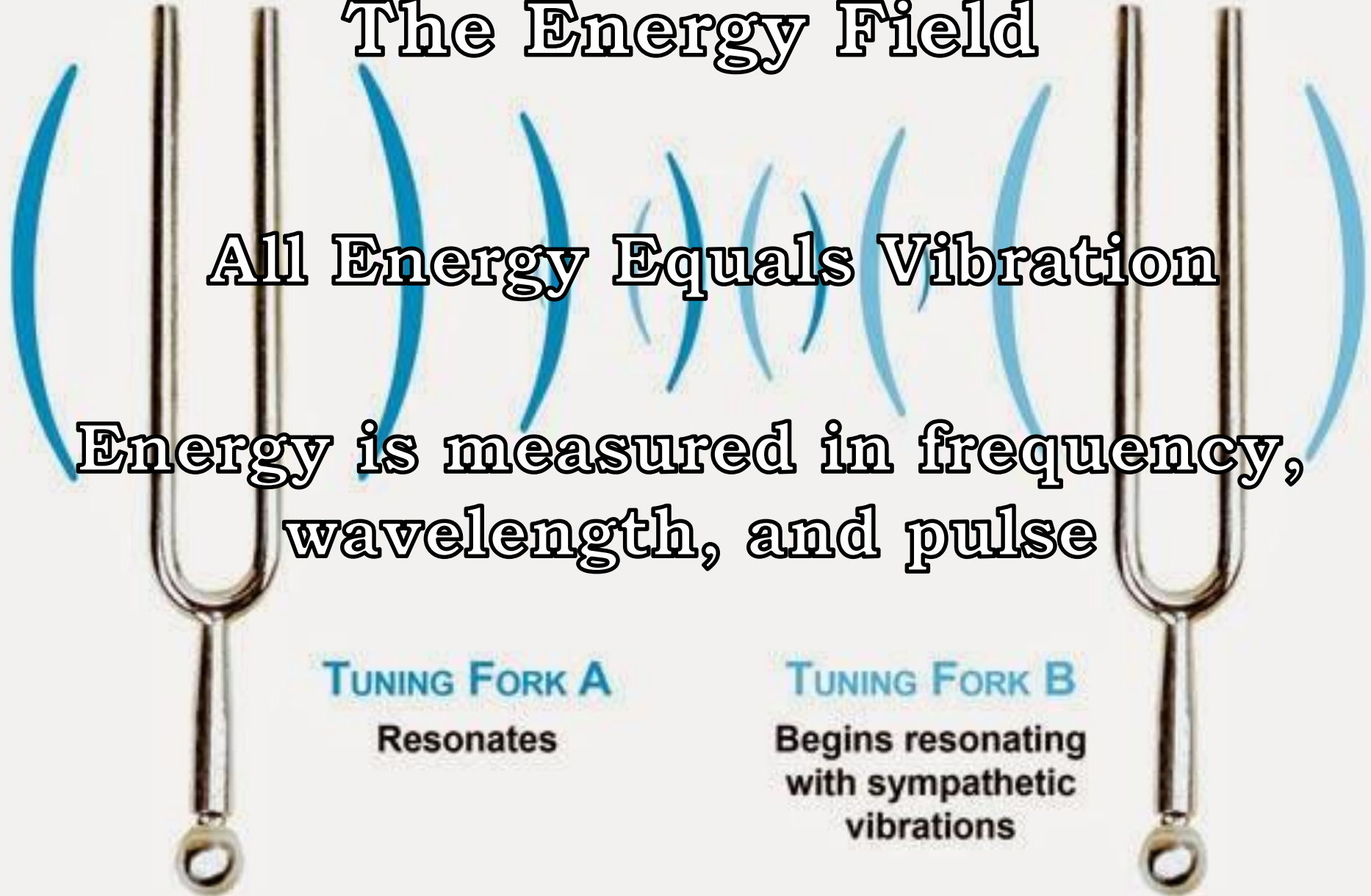
Energy is measured in frequency,  
wavelength, and pulse

TUNING FORK A

Resonates

TUNING FORK B

Begins resonating  
with sympathetic  
vibrations



Two hands are shown with glowing energy fields. The hands are positioned palm-up, and the energy fields are depicted as bright, multi-colored patterns (red, orange, yellow, green, blue, purple) that radiate from the palms and fingers, creating a complex, fractal-like structure. The background is dark, making the glowing energy fields stand out prominently.

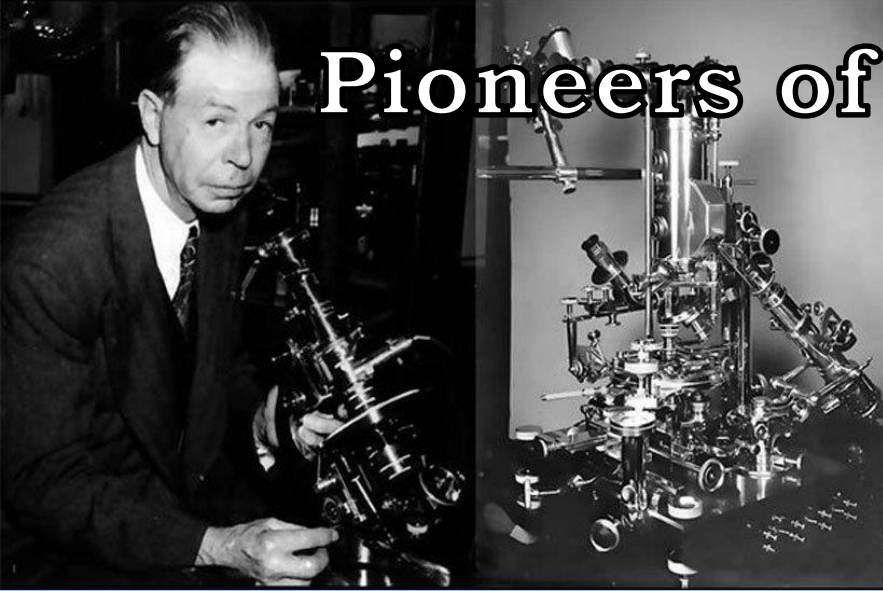
# The Energy Field: Around All Living Things

Seen by Saints, Seers, and  
Prophets... the 'halo' or 'aura'

It is now measured by MRI, SQUIDD  
Computer, AO Scan



# Pioneers of the Energy Field



**Royal Rife**

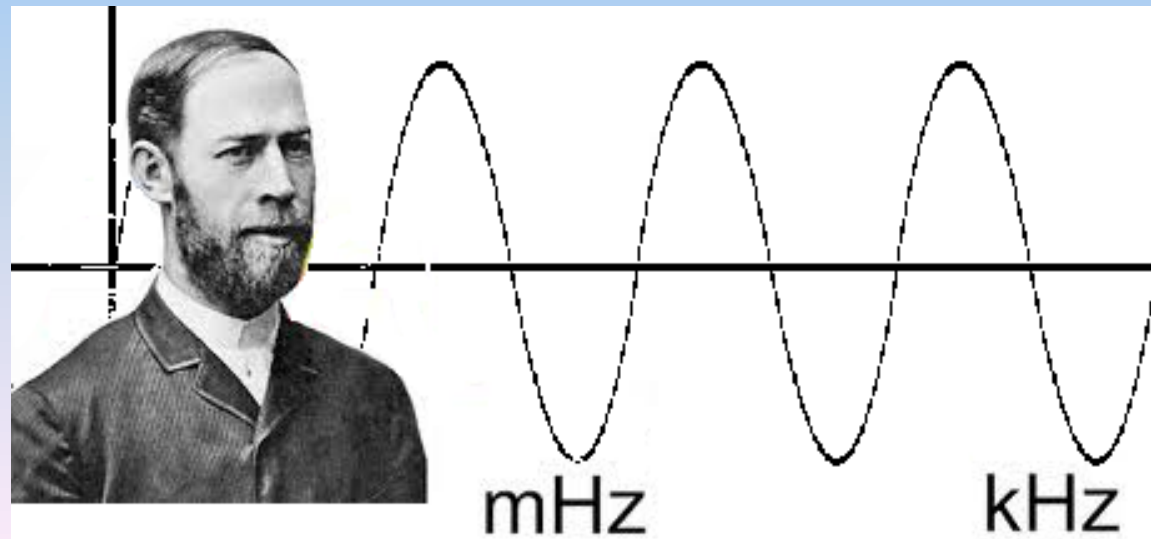
◀ (left) ◀

**developed frequencies  
of healing**

**Heinrich Rudolf Hertz ▼ (below) ▼**

**measured energy fields in living systems**

**Rupert  
Sheldrake  
(not pictured)  
Morphogenic  
Fields**





**The Toric Field**

**Chakras**

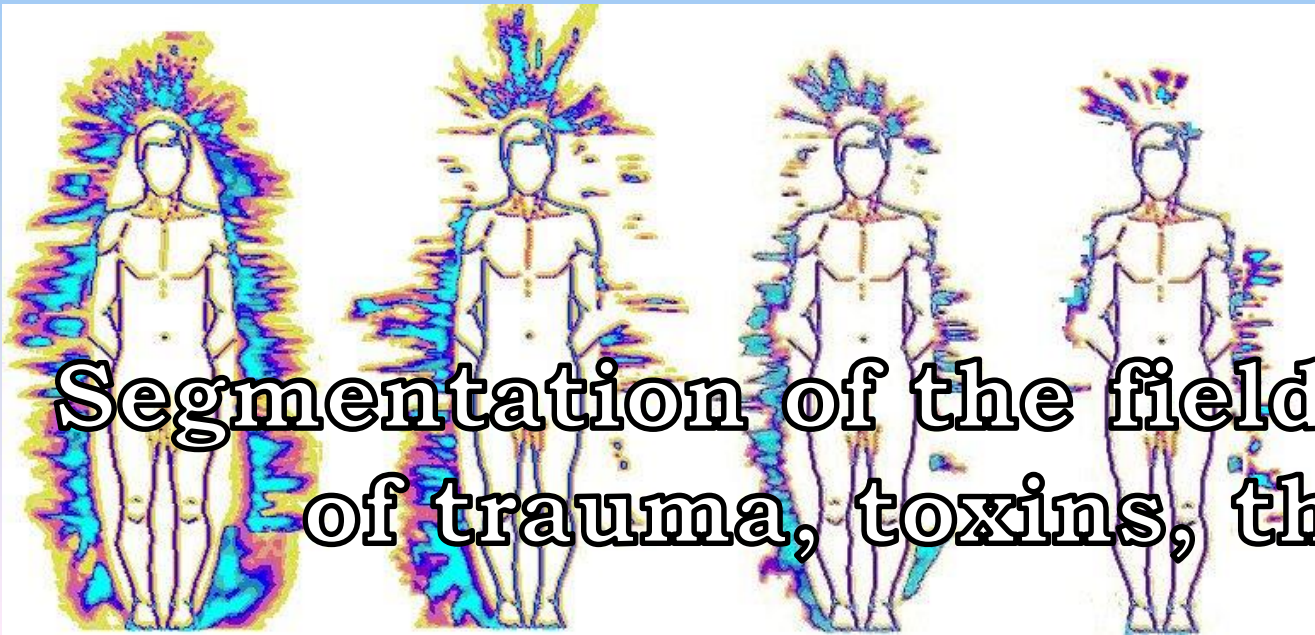
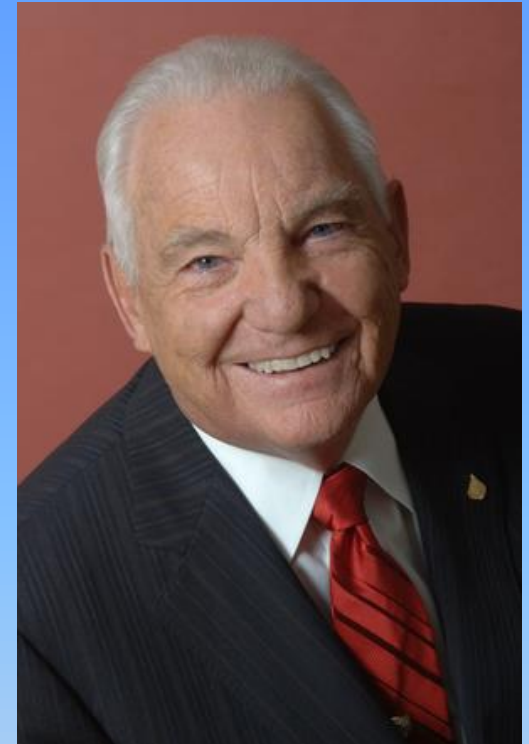
**Meridians**

**Acupuncture Points**

**Doctor M.T. Morter Jr.**

**Found & Developer of  
B.E.S.T.**

**(Bio Energetic  
Synchronization  
Technique)**

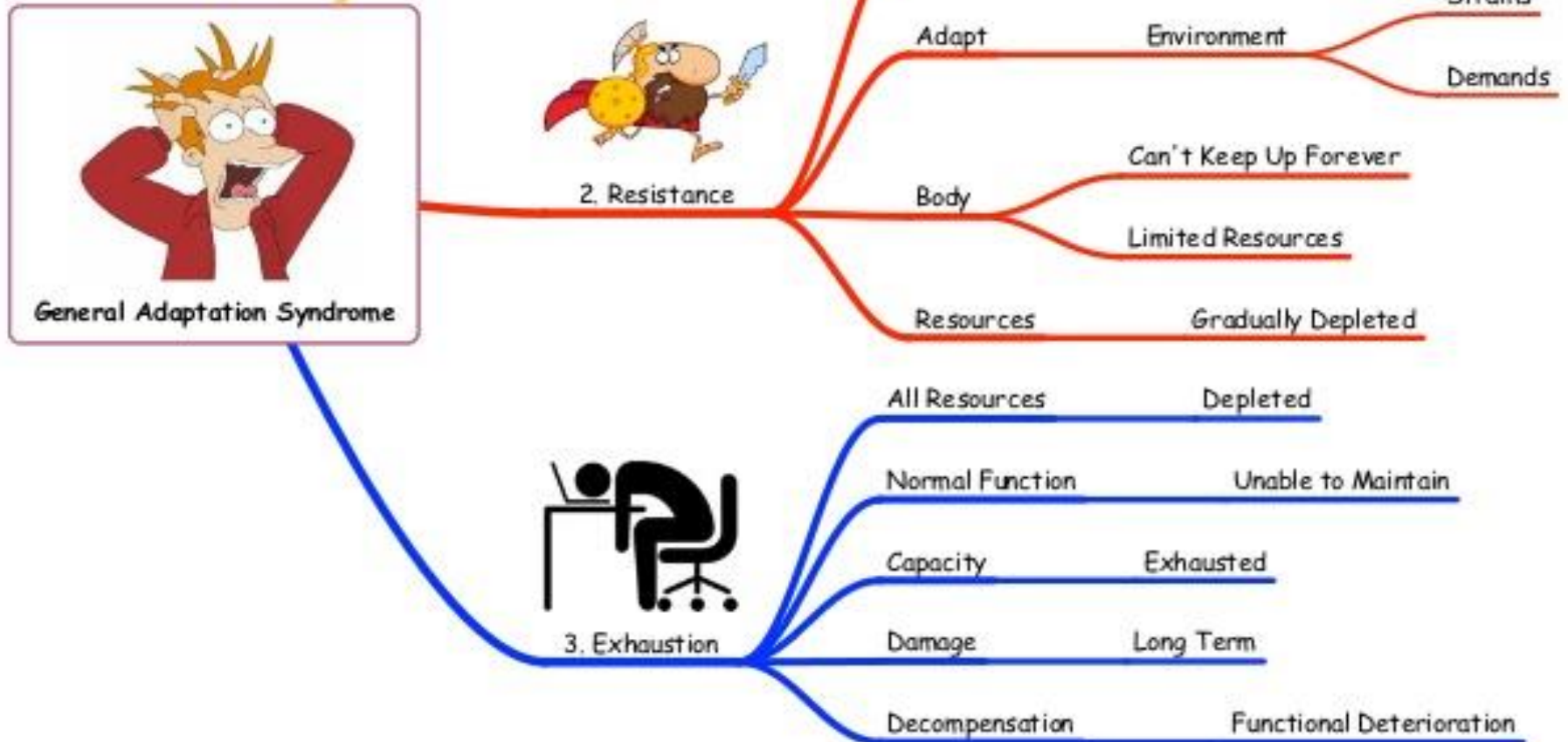


**Segmentation of the field as a result  
of trauma, toxins, thought**



# GAS...

## The Stress of Life



# Pavlovian Conditioning and Memory

**A memory can be triggered by multiple senses or body physiology stored during the original stressor – without the original stressor being present**

Before conditioning

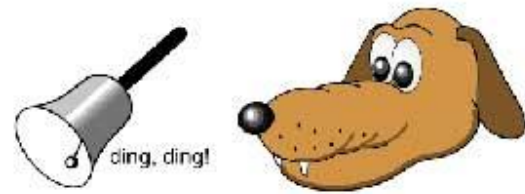
**FOOD (UCS)**

**SALIVATION (UCR)**



**BELL**

**NO RESPONSE**



During conditioning

**BELL + FOOD (UCS)**

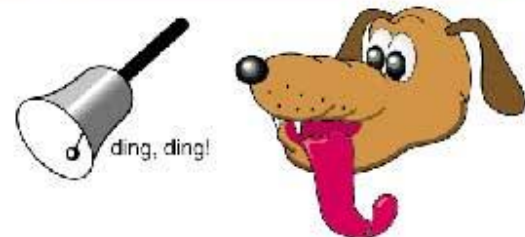
**SALIVATION (UCR)**



After conditioning

**BELL (CS)**

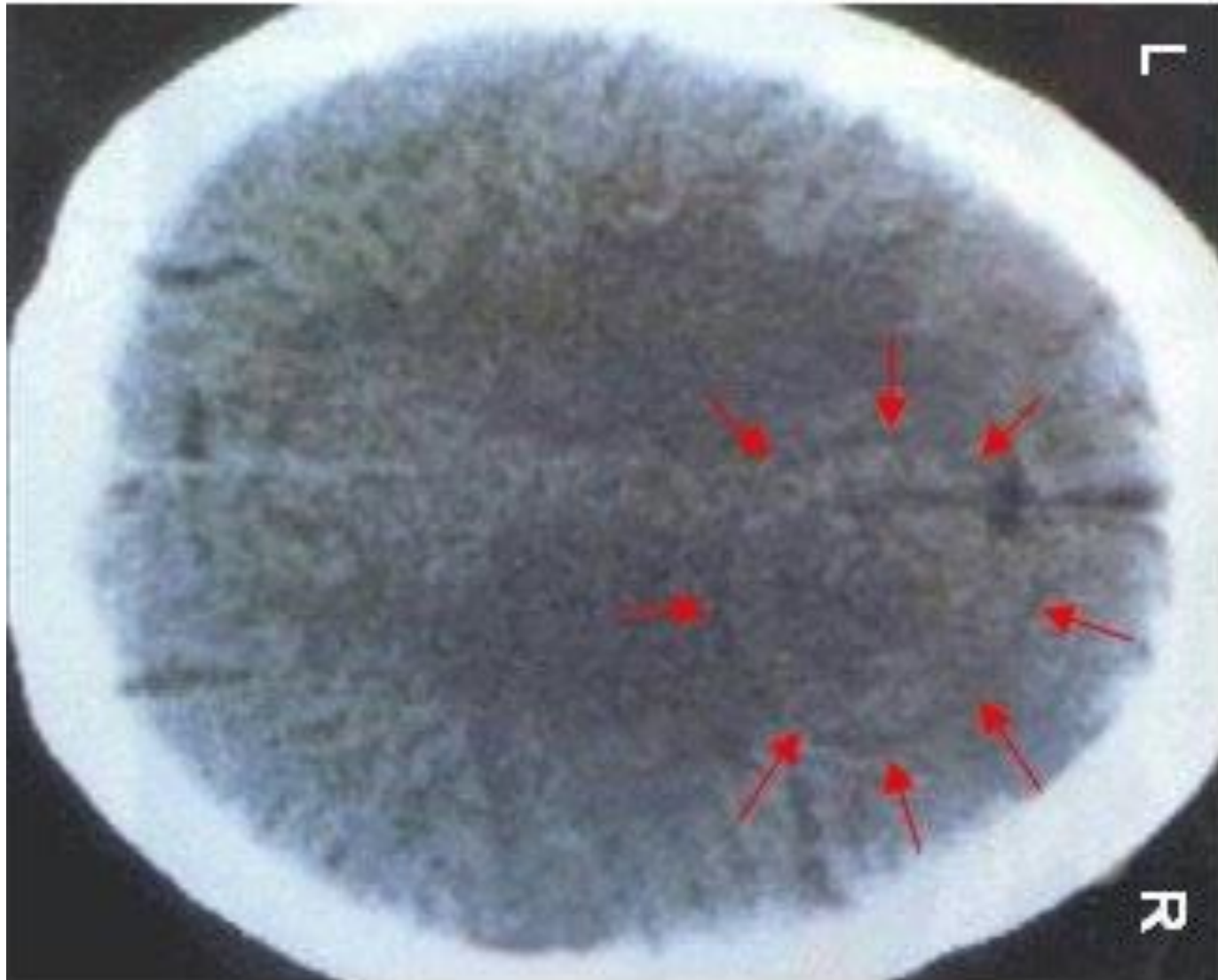
**SALIVATION (CR)**



# **The Dirk-Hamer Syndrome**

**Dr. Ryke Geerd Hamer - His belief was all diseases are manifestations of emotional or mental trauma, feelings of powerlessness, and feeling all alone. Stress changes the polarity of the brain, which effects bodily function & biochemistry into pathology and exhaustion. He investigated and documented over 15,000 cases of cancer and always found these 3 characteristics to be present, which he termed the Iron Rules of Cancer.**

# The Dirk-Hamer Syndrome



# 2 Parts of the Brain

## Conscious mind (Free will)

❖ Thinks, discerns, reasons, understands time

❖ Cerebral Cortex

❖ Left Prefrontal Cortex

❖ Executive Decision,

❖ Making, Logic, Reason, Understanding

❖ Right Prefrontal Cortex

❖ Creative, Imaginative, intuitive

**This can be the story / false identity / excuses we come up with to justify the stress of life**

## Subconscious Mind (Survival)

❖ The caretaker: all autonomic function for living (IE, heartrate, blood pressure, muscle tone, digestion, hormone balance, etc)

❖ Left Limbic & Amygdala

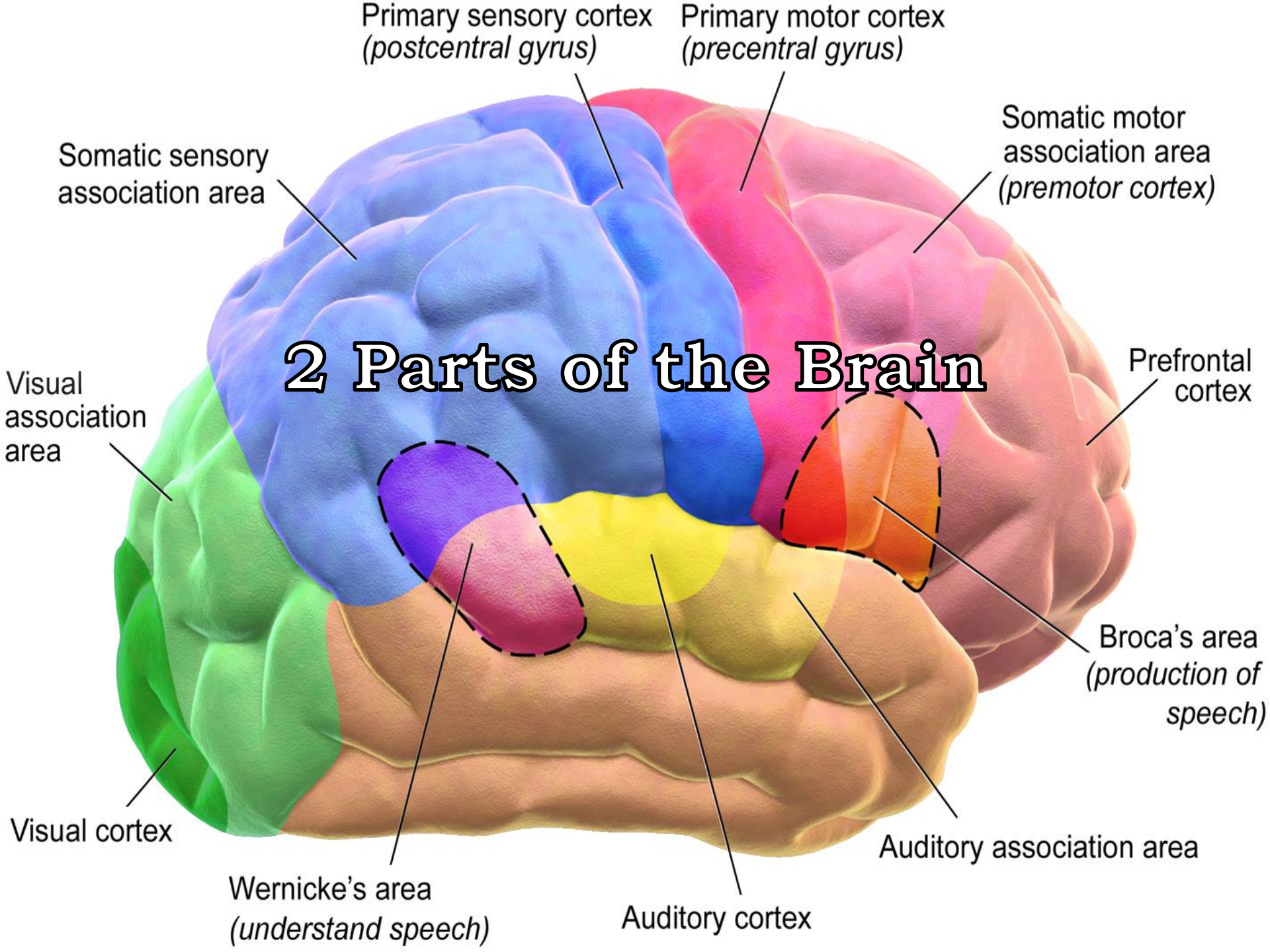
❖ Inherited and Experienced Data of Survival

❖ Right Limbic & Amygdala

❖ pictures & emotions of stress, trauma, drama, etc.

**Can get stuck in survival mode creation**

**exhaustion of multiple body systems leading to dis-ease and then disease**



# 2 Parts of the Brain

# **Autonomic Nervous System**

## **❖ Sympathetic Nervous System**

- ❖ Fight, Flight, or Fright response**
- ❖ Perfect for Survival, Hard Labor, and Exercise**
- ❖ Blood pressure increases, stroke volume of the heart increases, muscle tone increases in the extremities, pupils contract, hormones of survival increase (epinephrine, norepinephrine, & cortisol), blood bypasses the digestive system, blood shunts from the cerebral cortex to the amygdala limbic system**

## **❖ Parasympathetic Nervous System**

- ❖ Homeostasis**
- ❖ Perfect for healing, detoxification, rebuilding, relaxation, digestion**
- ❖ Decrease of blood pressure, stroke volume of the heart, muscle tone to the extremities, pupils relax, hormones of healing (estrogen, progesterone, testosterone), blood flows to the cerebral cortex (problem solving, imagination, visualization, cognitive reasoning)**

## PARASYMPATHETIC NERVES

"Rest and digest"

Constrict pupils

Stimulate saliva

Slow heartbeat

Constrict airways

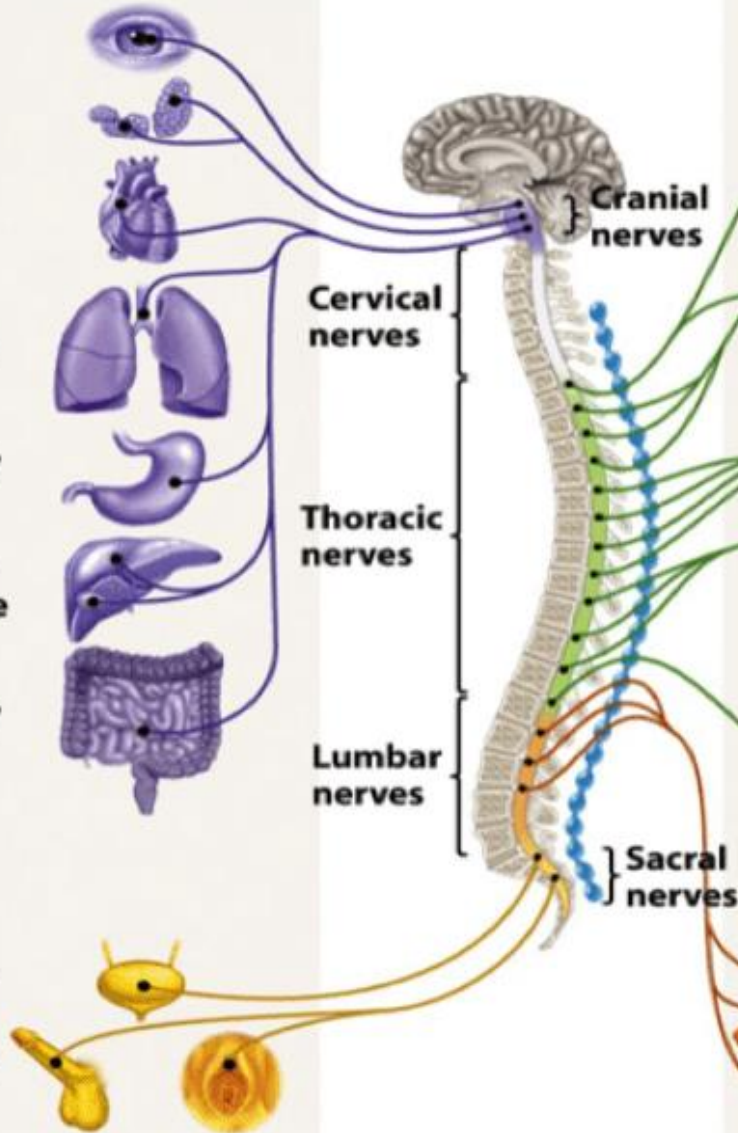
Stimulate activity of stomach

Inhibit release of glucose; stimulate gallbladder

Stimulate activity of intestines

Contract bladder

Promote erection of genitals



## SYMPATHETIC NERVES

"Fight or flight"

Dilate pupils

Inhibit salivation

Increase heartbeat

Relax airways

Inhibit activity of stomach

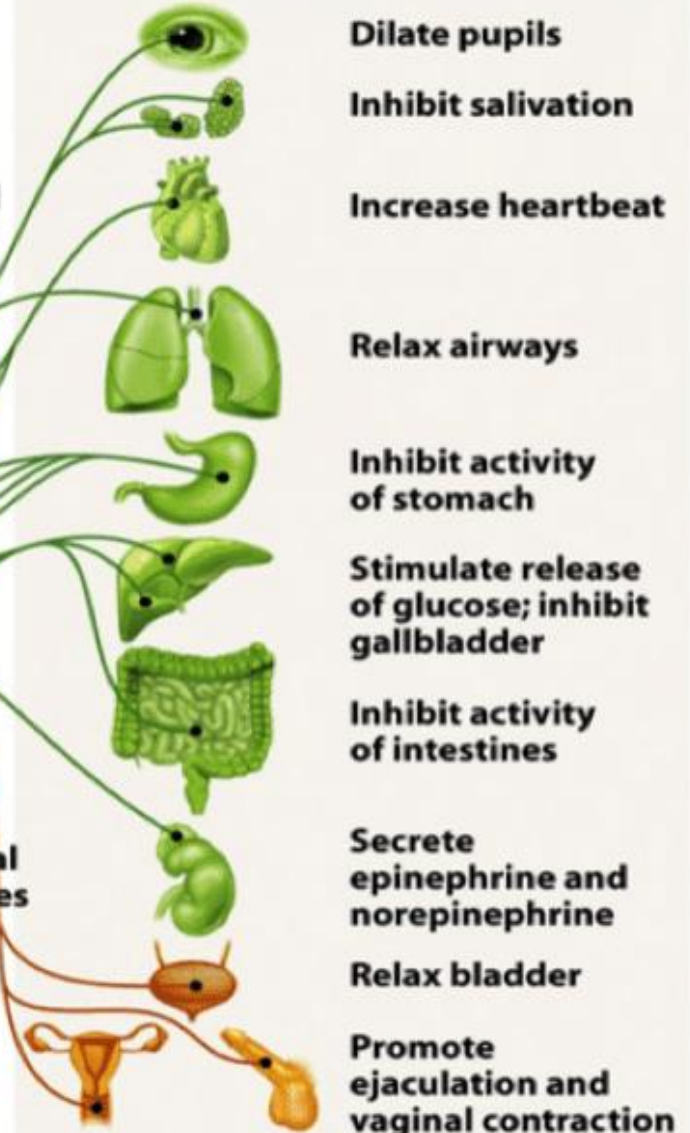
Stimulate release of glucose; inhibit gallbladder

Inhibit activity of intestines

Secrete epinephrine and norepinephrine

Relax bladder

Promote ejaculation and vaginal contraction





# Factors Effecting Timing

**Trauma** ▶  
(low intensity, long duration)



◀ **Toxins**

**Thoughts** ▶  
(high intensity, short duration)



# **Who Forms Your Beliefs?**

**(Perception is Reality to the Brain)**

**The Family Line (IE, family members who had grandparents who survived the Holocaust)**

**The Energy Field (all who came before us)  
Mothers experiences, physiology, & choices during pregnancy (93 percent of the neuro-synapses are formed before birth)**

**All experiences up to 7-10 years old  
Other people's expectations and beliefs  
(the mind of a child has no discernment)**

# Why Zebras Don't Get Ulcers

Suppress the immune system



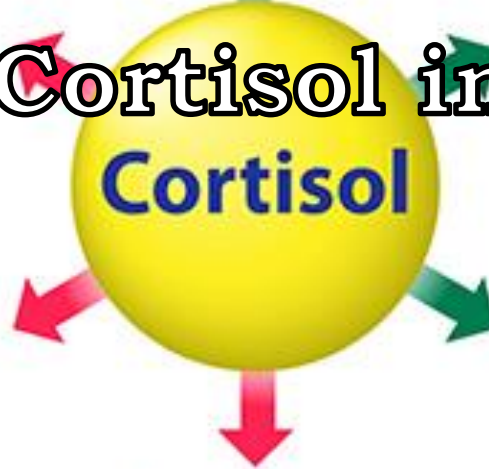
Increase blood sugar



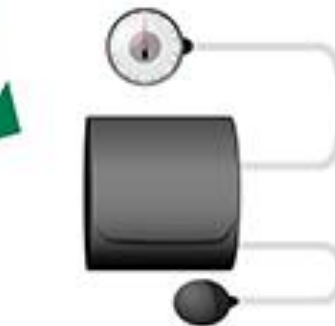
Heightened memory and attention



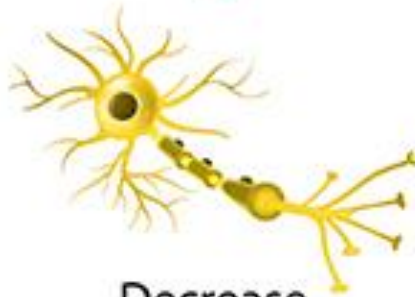
## Examples of Cortisol imbalances in the body



Decrease serotonin



Increase in blood pressure



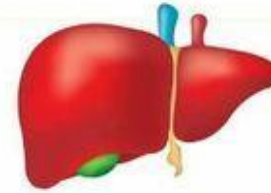
Decrease sensitivity to pain

Dr. Robert M. Sapolsky

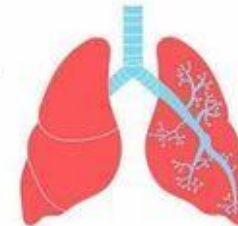
# How Emotions harm your Body?



**Anger** weakens your liver.



**Grief** weakens your lungs.



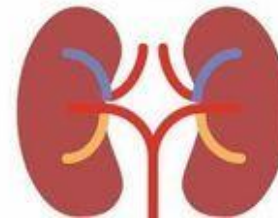
**Worry** weakens your stomach.



**Stress** weakens your heart and brain.



**Fear** weakens your kidney.



# The Law of Attraction

**How I respond to life is what I request of life**  
**If I do not repair it I will repeat it**



# Dr. David Hawkins

| God-View    | Life-View    | Level         | Log      | Emotion       | Process            |
|-------------|--------------|---------------|----------|---------------|--------------------|
| Self        | Is           | ENLIGHTENMENT | 700-1000 | Ineffable     | Pure Consciousness |
| All-Being   | Perfect      | PEACE         | 600      | Bliss         | Illumination       |
| One         | Complete     | JOY           | 540      | Serenity      | Transcendental     |
| Loving      | Benevolent   | LOVE          | 500      | Reverence     | Transcendental     |
| Wise        | Meaningful   | REASON        | 400      | Understanding | Transcendental     |
| Merciful    | Harmonious   | ACCEPTANCE    | 350      | Forgiveness   | Transcendental     |
| Helpful     | Useful       | KNOWLEDGE     | 310      | Optimism      | Transcendental     |
| Enabling    | Satisfactory | NEUTRALITY    | 250      | Truth         | Transcendental     |
| Indifferent | Demanding    | PRIDE         | 175      | Scorn         | Elimination        |
| Vengeful    | Antagonistic | ANGER         | 150      | Hate          | Aggression         |
| Disparaging | Disparaging  | RESENTMENT    | 100      | Contempt      | Aggression         |
| Punitive    | Frightening  | FEAR          | 75       | Anxiety       | Withdrawal         |
| Disdainful  | Tragic       | GRIEF         | 75       | Regret        | Despondency        |
| Disparaging | Disparaging  | HATRED        | 50       | Resentment    | Aggression         |
| Vindictive  | Evil         | GUILT         | 30       | Blame         | Destruction        |
| Despise     | Miserable    | SHAME         | 20       | Humiliation   | Elimination        |



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Power vs. Force  
Levels of Consciousness  
Demonstrates the hidden  
determinants of human behavior  
The growth and evolution of souls  
Letting Go: the power of surrender

# Active Healing

**Forgiveness (Letting Go)**

**Learning the lesson**

**Integrating the lesson**

**Nutrition & Diet**

**Exercise**

**Journaling**

**Cross Crawl**

**Power Pose**

**Brain Gym**



**Royal Lee, founder of  
Standard Process  
Nutrition Company  
Dr. M.T. Morter Jr,  
founder of B.E.S.T.  
Otto Warburg, 1931  
Nobel Prize Winner for  
his work on alkalinity**



# ACID / ALKALINE FOOD COMPARISON CHART

**EAT LESS**

**EAT MORE**

| MORE ACIDIC   |  | NEUTRAL  |  | MORE ALKALINE  |  |
|---|--|--|--|--|--|
|  |   |   |   |  |   |
|  |   |   |   |  |   |
|  |   |   |   |  |   |
| <b>⊖ ⊖ ⊖ ⊖</b>  | <b>⊖ ⊖ ⊖</b>   | <b>⊖ ⊖</b>   | <b>⊖</b>   |  | <b>+</b>   |
| Soft Drinks<br>Energy Drink<br>Carbonated Drinks                                  | Popcorn<br>Cream Cheese<br>Buttermilk<br>Pastries<br>Pasta<br>Cheese<br>Pork<br>Beef<br>Beer, Wine<br>Black Tea<br>Pickles<br>Roasted Nuts<br>Vinegar<br>Sweet & Low<br>Equal, Nutra Sweet | Most Purified Water<br>Distilled Water<br>Coffee<br>Chocolate<br>Sweetened Fruit Juice<br>Pistachios<br>White Bread<br>Peanuts<br>Nuts | Fruit Juices<br>Most Grains<br>Eggs<br>Fish<br>Tea<br>Soy Milk<br>Coconut<br>Lima Beans<br>Plums<br>Brown Rice<br>Cocoa<br>Oats<br>Oysters<br>Salmon | Most Tap Water<br>Most Spring Water<br>River Water                                 | Apples<br>Almonds<br>Tomatoes<br>Grapefruit<br>Corn<br>Mushrooms<br>Turnip<br>Olives<br>Peaches<br>Bell Pepper<br>Radish<br>Pineapple<br>Cherries<br>Wild Rice<br>Apricot<br>Strawberries<br>Bananas               |
| <b>*Processed &amp; Refined Food</b>  |  |  |  |  | <b>+</b> <b>+</b> <b>+</b>   |
|   |  |  |  |  | Avocados<br>Green Tea<br>Lettuce<br>Celery<br>Peas<br>Sweet Potatoes<br>Egg Plant<br>Green Beans<br>Beets<br>Blueberries<br>Pears<br>Grapes<br>Kiwi<br>Melons<br>Tangerines<br>Figs<br>Dates<br>Mangoes<br>Papayas |
|   |  |  |  |  | <b>+</b> <b>+</b> <b>+</b>   |
|   |  |  |  |  | pHresh greens®<br>Spinach<br>Broccoli<br>Artichoke<br>Brussel Sprouts<br>Cabbage<br>Cauliflower<br>Carrots<br>Cucumbers<br>Lemons<br>Limes<br>Seaweed<br>Asparagus<br>Kale<br>Radish<br>Collard Greens<br>Onion    |
|   |  |  |  |  | <b>*Raw / Uncooked</b>   |

Note that a food's acid or alkaline-forming tendency in the body has nothing to do with the actual pH of the food itself. For example, lemons are very acidic, however the end-products they produce after digestion and assimilation are very alkaline so lemons are alkaline-forming in the body. Likewise, meat will test alkaline before digestion but it leaves very acidic residue in the body so, like nearly all animal products, meat is very acid-forming.

**\*Eat less processed and refined foods and more raw and uncooked greens and fruits.**

# Acidity = Inflammation

Top 60 diseases known to man

Diet & Nutrition

Excess labor or exercise

Repetitive thinking

Unreconciled experiences

Outdated beliefs



# Ego

**Exaggerated Survival Instincts**

**Edging God & Others Out**

**The Narcissistic Self**

***Attachments:* what we hold onto  
that keeps us stuck in life**

***Aversion:* what we avoid & push  
away, that if we embrace, grow,  
and develop would free us  
internally and lead to a more  
fulfilling life (the seven virtues)**

**Recognized as seven deadly sins**

**Has a secret pay-off / juice to  
feed the ego as the source of our  
identity**



# The Emergence Process

We Believe...

Updates the brain field from old memory patterns, mostly unconscious.

Allows a greater integration of left / right brain function.

May include touch, light, sound, body movement, dietary changes, herbal complexes, dietary supplements, breathing patterns, and new behavioral practices

# The Four Pillars

Physical Mental Emotional Spiritual

Self sabotage, structure, biochemistry,  
electromagnetic, emotions,  
epigenetics, genetics, diet & nutrition,  
body systems, repetitive thoughts,  
emotions, or symptoms.

Will to wellness

False self

# PauseLock

**Developed by Dr.  
Allen Beardall,  
founder of Clinical  
Kinesiology**

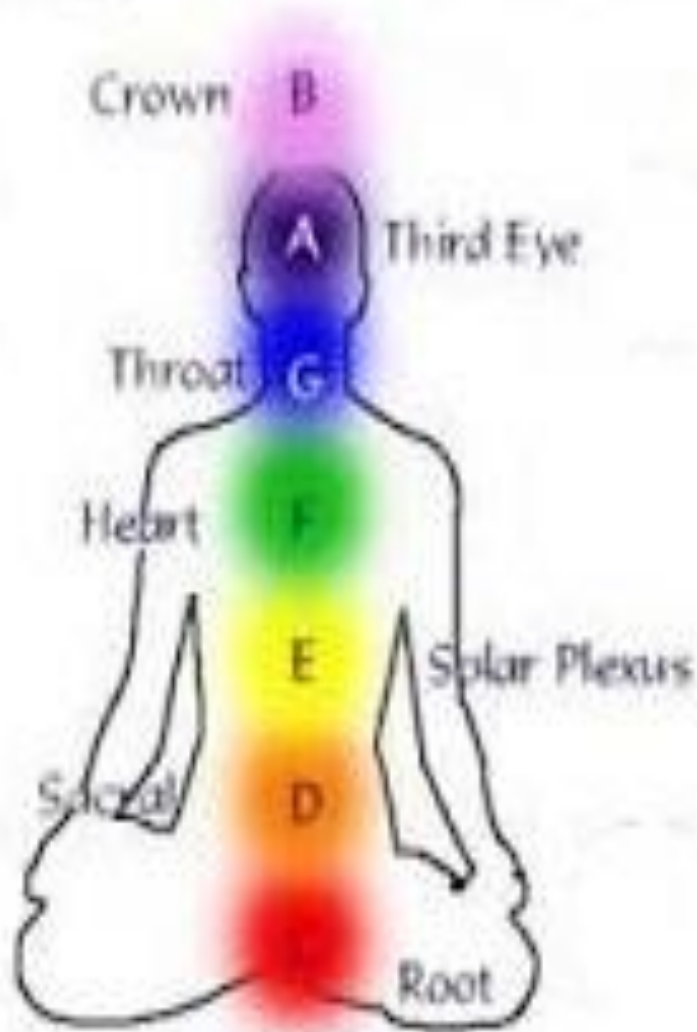
**Retaining mode =  
creating a stack of  
information to be  
updated**

**Sensing nerve endings  
in the femur joint  
(Ruffini End Organs)**

**Proprioception drives  
cognition**



# The Tuning Fork



## Vibration

**Downregulation =  
Tuning fork #1**  
allows the system to  
open from the crown  
to the feet, releasing  
old, outdated energy  
patterns

**Upregulation =  
Tuning fork #2**  
upregulates new  
energy patterns that  
allow for a greater  
unfolding of creative  
design; entrainment  
to higher vibrational  
frequencies

# Neuroplasticity

Our routines make routes in our brain. It's empowering to know that we can re-route our brains with mindfulness, to make better habits and more helpful thought patterns.

## 1 MENTAL ACTIVITY

This can be a thought, feeling, or action.

## 2 CREATION OF NEW NEURAL STRUCTURES

Neurons fire together, forming a brief connection by communicating through gaps called synapses.

## 3 REPETITION OF MENTAL ACTIVITY

## 4 STRENGTHENING OF NEURAL CONNECTION

Neurons wire together to make more lasting circuits.

With attention, we can direct how this neural substrate is built - & rebuilt!

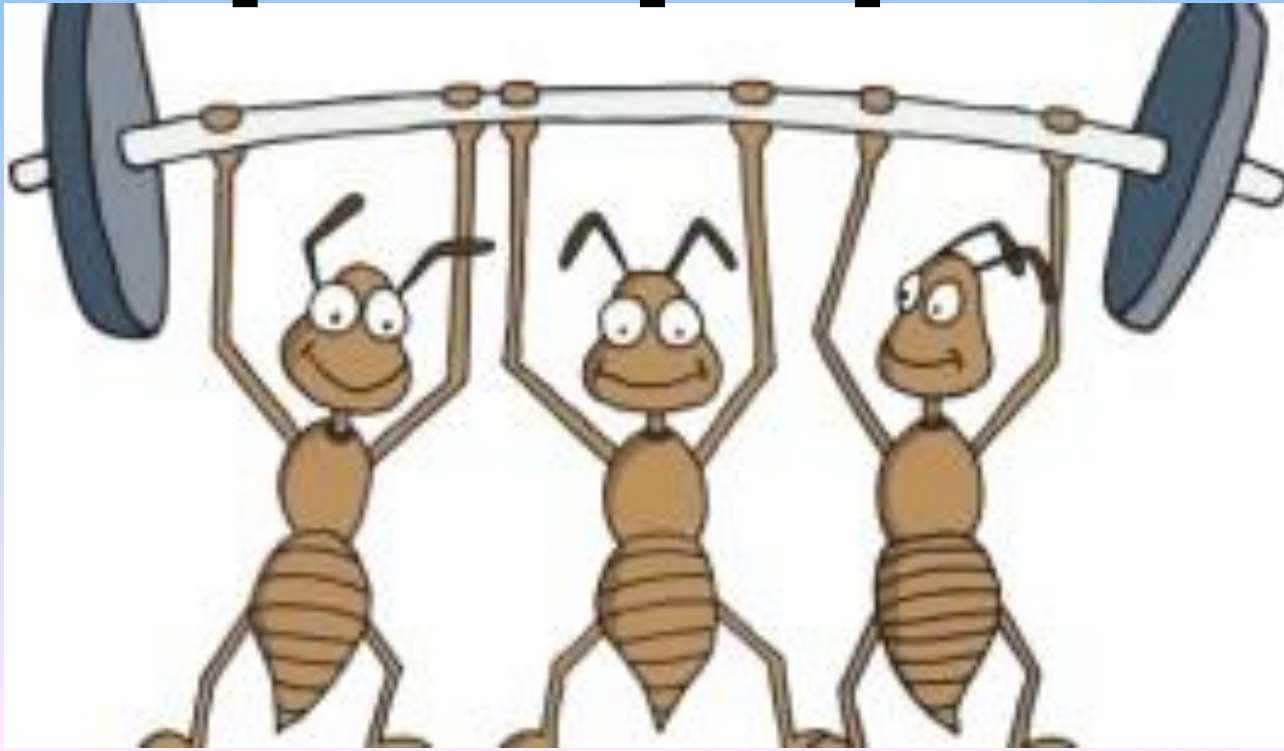
We can strengthen the pathways we want by thinking in the way we want to be.

In 1959, Bach-y-Rita's father, Pedro, suffered a [cerebral infarction](#) (stroke) which caused [paralysis](#) to one side of his body and damaged his ability to speak. George Bach-y-Rita—a psychiatrist and Paul's brother—succeeded in treating Pedro so that he was able to lead a normal life, despite the opinion of several doctors that this was impossible. When Pedro died, an autopsy, performed by Dr. Mary Jane Aguilar revealed that Paul's father Pedro had suffered a major stroke and suffered severe damage to a large portion of his [brain stem](#), which had not repaired itself after the stroke. The fact that he had made such a significant recovery suggested that his brain had reorganized itself, providing evidence for neuroplasticity



# Open Sourcing

**The open-source model is a decentralized software development model that encourages open collaboration. A main principle of open-source software development is peer production.**



# DR. Roland Phillips

**Founder & one of the developers of T.E.P. Dr. Phillips is the primary practitioner at Desert Dove Health Alliance-A Private Healthcare Membership Association in Chandler, AZ. Dr. Phillips is an Advanced Holistic Chiropractor who is passionate about the God-given ability of our body to heal. He has studied and practiced holistic healing for over 30 years and performed over 200,000 treatments. Many practitioners of alternative healing and mind-body therapies come from all over the world to observe and learn from this powerful conduit of health and healing. He assigns “homework” to his patients to increase the updated neurology and neurologic pathways needed to maintain optimum health and healing. Dr. Phillips is a renowned speaker and lectures extensively on health and healing topics.**



*Glory in excelsis Deo*