



Emory Executive Health Physicians & Staff

The Emory Executive Health staff includes outstanding Internal Medicine physicians, nurses, and an administration team focused on facilitating your executives' care.

The team is led by Sharon H. Bergquist, MD. Dr. Bergquist is board certified in internal medicine and professor of medicine at Emory University School of Medicine.



Sharon Horesh Bergquist , MD

Medical Director, Emory Executive Health
Head of Research, Paul W. Seavey Internal Medicine Clinic
Rollins Distinguished Clinician
Assistant Professor of Medicine, Emory University School of Medicine
Fellow, American College of Physicians

About:

Dr. Sharon Horesh Bergquist is a board–certified Internal Medicine physician, teacher, researcher, and speaker. Her interest is in healthy aging and in leveraging lifestyle as medicine. She has nearly two decades of experience in the nuances of how our everyday lifestyle choices interact with the body’s intricate biological pathways to affect our balance between oxidative stress and anti-oxidant defense, inflammation and anti-inflammation, “good” versus “bad” gut bacteria, and in turning “on” or “off” our disease genes. She believes maintaining this delicate balance, which requires integration of mind, body, and spirit, underlies true health and wellbeing.

As part of her research, Dr. Bergquist is on the team leading [Emory’s Healthy Aging Study](#), the largest clinical study ever done in Atlanta with the aim of finding early biomarkers of chronic diseases such as heart disease, diabetes, cancer, and Alzheimer’s disease. She is dedicated to sharing knowledge about health and wellness and has contributed to over a hundred and fifty media segments, including on Good Morning America, CNN, The Weather Channel, *The Wall Street Journal*, and NPR. She is also on the international council of experts of the [True Health Initiative](#), a non-profit promoting evidence-based lifestyle to prevent chronic disease.

For more about Dr. Bergquist and about the latest research in healthy aging, please visit <http://drsharonbergquist.com>

Areas of Clinical Interest: Healthy aging, wellness and prevention, nutritional science, interaction of lifestyle and genetics

Education:

Yale University, B. S. Molecular Biophysics & Biochemistry
Harvard Medical School, MD
Internship and Residency: The Brigham & Women’s Hospital (Harvard-affiliated)
Fellowship: Eastern Medicine at University of Tokyo

Awards:

America’s Top Physicians, Consumer Research Council of America, 2004, 2005, 2006, 2007, 2009, 2012, 2014
Turknett Leadership Group Woman Leader for the New Millennium
Who’s Who in Medicine Higher Education
Press Ganey nationally ranked in top 2% of the country’s Internal Medicine physicians 2012-2015
Jonathan Spangler Award (for academic achievement), Yale University
Summa Cum Laude, Yale University
Valedictorian, The Westminster Schools, Atlanta, GA



Hyun Cho-Steinberg, MD

Medical Director, The Emory Clinic at Delta
Instructor, Emory School of Medicine

About:

Dr. Hyun Cho-Steinberg received her medical degree and completed her residency at Emory University School of Medicine. She has over two decades of experience working in internal and general medicine. Prior to joining Emory Healthcare, she practiced at University of South Carolina as well as acted as the Lead Physician of General Medicine at Kaiser Permanente. Dr. Cho-Steinberg currently serves as the Medical Director of The Emory Clinic at Delta while also practicing in The Emory Executive Health Center.

Areas of Clinical Interest: General internal medicine, primary care, women's health, geriatric care

Education:

Medical School: Emory University School of Medicine, M.D.

Residency: Emory University School of Medicine

Awards:

Kaiser Permanente Team Player of the Year, 2001

Societies/organizational memberships:

American Medical Association



Thomas L. Jarrett, MD, FACP

Rollins Distinguished Clinician
Assistant Professor of Medicine

About:

Dr. Jarrett is board certified in Internal Medicine (Diplomat of the American Board of Internal Medicine), and Fellow of the American College of Physicians. Dr. Jarrett has practiced at The Emory Clinic since 2003 and is currently serving within the Paul W. Seavey Comprehensive Internal Medicine Clinic where he is consistently recognized for outstanding patient satisfaction. He was awarded the Rollins distinguished Clinician honor in 2013.

Dr. Jarrett graduated summa cum laude (BS Chemistry and Biology) from Berry College and was also president of his class. He attended Mercer University School of Medicine where he received the Southern Medical Association Scholarship (highest incoming GPA). Dr. Jarrett completed his internal medicine internship and residency at Emory University where he was recognized with various awards.

Dr. Jarrett frequently leads international, volunteer mission trips to provide health care to underserved communities. Locations have included Haiti, Honduras, and China. He has also organized international conferences to educate physicians in 3rd world countries.

Areas of Clinical Interest: Executive Health, Preventive Medicine, Internal Medicine

Education:

Medical School: Mercer University School of Medicine 2000

Internship: Emory University School of Medicine 2001

Residency: Emory University School of Medicine 2003

Societies/organizational memberships:

Fellow, American College of Physicians

Society of General Internal Medicine

Publications:

Christina Howell, Oronlewa Soyinka, Monica Parker, **Thomas L. Jarrett**, David Roberts, James Lah, Alan Levey, William T. Hu. *Knowledge and attitudes in Alzheimer's disease among older adults in Atlanta*, American Journal of Alzheimer's disease & Other Dementias, December 8, 2015, doi: 10.1177/1533317515619037, [ePub ahead of print]

Courtney C. Moreno, Paul S. Weiss, **Thomas L. Jarrett**, David L. Roberts, Pardeep K. Mittal, John N Oshinski, John R Votaw. *Patient Preferences Regarding Colorectal Cancer Screening Test Features and willingness to Pay Out-of-Pocket*, Current Problems in Diagnostic Radiology, December 15, 2015, doi: 10.1067/j.cpradiol.2015.12.002, [ePub ahead of print]

Jarrett TL, Masud T, Brady D. The Kidney: A Source of Seizure? JGIM (Journal of General Internal Medicine) 2003; 18(suppl 1);61.

Jarrett TL, Ghazzale A, Brady D, Sam C. A Minute Organ Causing Massive Cardiac Changes. JGIM (Journal of General Internal Medicine) 2002;17(Suppl1);48.



Jonathan J. Masor, M.D., F.A.C.P.

Associate Professor of Medicine (General Internal Medicine and Geriatrics)
Rollins Distinguished Clinician
Emory University School of Medicine

About:

Dr. Masor is Associate Professor of Medicine (Division of General Internal Medicine and Geriatrics) and board certified in internal medicine. He joined the Emory general internal medicine faculty in 1986 following his internal medicine residency at Emory University Affiliated Hospitals. Dr. Masor holds a B.A. degree in Biology from Brandeis University and a medical degree from UMDNJ - New Jersey Medical School.

Dr. Masor has worked with Emory Executive Health patients for the past 30 years and greatly enjoys this aspect of our medical practice. In addition, he sees patients in the Emory Special Diagnostic Services Clinic and in the primary care internal medicine practice. Administratively, he has served on several institutional committees including the Emory Hospital Medical Practice Committee for over 20 years and more recently as an elected representative for Emory Hospital to the Emory Healthcare Local Health Network.

Dr. Masor was appointed as a Rollins Distinguished Clinician in 2013 by the Emory University School of Medicine. He was also recognized by the medical school with the Paul Seavey Senior Clinician Educator Award in 2007. He has received awards for outstanding patient satisfaction as voted by his patients at The Emory Clinic and for multiple "Top Doctors" recognitions in internal medicine as voted by his peers. Other significant honors include election to the Alpha Omega Alpha (AOA) Honor Medical Society in 1983 as a senior medical student and election to Fellowship of the American College of Physicians in 1991.

Dr. Masor has been thrilled to be a member of the Emory family for essentially his entire career and looks forward to serving our patients for many more years.

Areas of clinical interest: Executive health, diagnostic and therapeutic problems in internal medicine, medical informatics, and medical education.

Education:

Medical school: UMDNJ - New Jersey Medical School (1979 - 1983)

Residency: Emory University Affiliated Hospitals (1983 - 1986)

Awards: Selected Honors and Awards:

- Top Doctors selection (as published in *Atlanta Magazine*), 1995, 1996, 1999, 2001, 2005, 2007, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016
- Outstanding Patient Satisfaction Award, Emory University School of Medicine, 2014, 2015
- Rollins Distinguished Clinician Appointment – Emory University School of Medicine, 2013
- Best Primary Physicians in America, Town and Country Magazine, 2000
- Paul W. Seavey Senior Clinician Educator Award – Emory University School of Medicine, 1997
- Jacob Dreskin Award, (New Jersey Medical School), for being the outstanding student in the clinical years, 1983
- Election to Alpha Omega Alpha Honor Medical Society (New Jersey Medical School), 1983

Societies/organizational memberships: Fellow American College of Physicians, Alpha Omega Alpha Honor Medical Society

Publications (Original articles)

1. Masor JJ, Maier W: Problems in long term management of Wegener's Granulomatosis. The Emory University Journal of Medicine 1990; vol 14(2), 125-132.
2. Masor JJ: Current management of deep venous thrombosis and pulmonary embolism. Contemporary Neurosurgery 1991; vol 13(2); 1-6.
3. Masor JJ: Upper extremity arterial involvement in giant cell arteritis and polymyalgia rheumatica. The Emory University Journal of Medicine 1992; vol 6(1), 33 - 39.
4. Kirkland LR, Masor JJ.: Passive transfer of antibody to hepatitis C (letter). Archives of Internal Medicine 1992; vol 152(3). pp. 639-40.
5. Masor JJ: Internal medicine evaluation. Neurosurgical Consultations 1992; vol 3(8), 1-8.
6. Masor JJ, Gal AA, LiVolsi VA. Hashimoto's thyroiditis associated with Wegener's Granulomatosis. American Journal of the Medical Sciences 1994; vol 308(2), 112-114.
7. Masor JJ. Current management of deep venous thrombosis and pulmonary embolism. Contemporary Neurosurgery 1995, vol 17(4), 1-6.
8. Gal AA, Masor JJ. Splenic involvement in Wegener's Granulomatosis: Back to the future (abstract). American Journal of Respiratory and Critical Care Medicine. 1995; 151(4):A598. Presented at the American Thoracic Society meeting in May, 1995 by Dr. Gal
9. Gal AA, Masor J. Splenic involvement in Wegener's Granulomatosis: Review of 5 cases. Archives of Pathology and Laboratory Medicine 1996, vol 120, 974 - 977.
10. Masor JJ, Davis SS Jr, Chen EP, Henry TS, Book WM. Unruptured sinus of Valsalva aneurysm presenting with concurrent Morgagni hernia. Baylor University Medical Proceedings. 2015 Oct; 28(4):496-498.

Book chapters written and books edited

- 1997 Consulting Editor, *Ophthalmology for the Primary Care Practitioner*, Mosby - Year Book, Inc. Publishers - (Editors in Chief - David A. Palay, M.D. and Jay Krachmer, M.D)
- 2000 Williams B, Masor JJ. Pulmonary Embolism and Deep Venous Thrombosis (chapter 42) in Branch WT, et al – Cardiology in Primary Care. 2000. McGraw- Hill.
- 2003 Masor JJ, Branch WT. Syndromes of Pleuritic Chest Pain (Chapter 21) in Branch WT. Office Practice of Medicine. 2004. Saunders.
- 2005 Consulting Editor, *Ophthalmology for the Primary Care Practitioner*, Second Edition, Mosby- Year Book Inc. Publishers - (Editors in Chief - David A. Palay, M.D. and Jay Krachmer, M.D)



James B. O'Keefe, MD

Assistant Professor of Medicine
Emory University School of Medicine

About:

Dr. James O'Keefe is board-certified in internal medicine by the American Board of Internal Medicine. He joined the Emory Division of General Medicine and began his practice within the Paul W. Seavey Comprehensive Internal Medicine Clinic in 2015. Since joining Emory, Dr. O'Keefe achieved patient satisfaction scores in the top 10% nationwide. He has also been recognized as a source for up-to-date medical knowledge as an invited speaker at the Highlights Session of the 2016 National Meeting of the American College of Physicians, the largest medical specialty organization in the United States.

Dr. O'Keefe graduated from the Johns Hopkins University School of Medicine in 2010. He completed internship and residency in the combined Internal Medicine-Primary Care program at the University of California, Los Angeles (UCLA), where he later assumed the role of Chief Resident of the outpatient clinics and later as Assistant Medical Director for Medical Student Education for the Internal Medicine practice. In these roles, he was responsible for clinic-based education for over 100 physicians-in-training and was twice awarded the Outstanding Ambulatory Teaching Award from the Department of Medicine, the first faculty member ever to receive the award in their first year as educator.

Originally from Denver, Colorado, Dr. O'Keefe earned his B.A. degree in Neuroscience, magna cum laude, from the Colorado College, also achieving language certification as a student of Spanish and Arabic. Prior to work as a physician, he participated in a variety of service internships including the U.S. Department of State in Abu Dhabi, research on infectious diseases in the U.S. Naval Research Unit in Egypt, and basic cancer research at the Dana-Farber/Harvard Cancer Center. His wife is a physician at the Emory Eye Center, and they were recruited jointly from Los Angeles to Emory in 2015, after their twins were born, to further their careers in academic medicine and live and work near family.

Areas of clinical interest: Executive Health, Preventive Medicine, Internal Medicine

Education:

Medical school: Johns Hopkins University School of Medicine (2006-2010)

Residency: University of California, Los Angeles (2010-2013)

Societies/organizational memberships:

American College of Physicians, Society of General Internal Medicine



Clyde Partin, MD

Associate Professor of Medicine
Rollins Distinguished Clinician
Director - Emory Special Diagnostic Services Clinic
Senior Aviation Medical Examiner Federal Aviation Administration

About:

Dr. Partin is board certified by the American Board of Internal Medicine. After completing internal medicine training at Emory University, he spent six years active duty in the United States Air Force as a general internist and flight surgeon. He joined the Emory University School of Medicine faculty in 1992 and has served as a hospitalist at Emory University Hospital, attending at Grady Memorial Hospital, and supervised medical students and residents in the in and out-patient settings. Currently his practice is confined to the out-patient setting.

More recently, he has been Director of the Emory Special Diagnostic Services Clinic, an enterprise dedicated to attempting to solve diagnostic problems in patients with unexplained symptoms and undiagnosed illness. He has attended three meetings of the International Conference on Rare and Undiagnosed Diseases. Functioning as a Senior Aviation Medical Examiner for the FAA, he continues his role and interest in aviation medicine.

Areas of clinical interest:

- Management of patients with complex and/or multiple medical issues
- FAA flight physicals
- Unusual, odd, or strange complaints
- Non-orthopedic medical problems of athletes
- The role of humanities in medical education

Education:

- Medical School: Emory University School of Medicine '83
- Residency: Emory University Affiliated Hospitals '86

Awards:

- United States Air Force Achievement Medal (1992)
- Meritorious Service Medal, Department of the Air Force (1992)
- Emory University Attending Teaching Award (2002)
- Outstanding Clinician-Generalist Award – Department of Medicine (2011)
- Recipient: Emory Medical Recognition Committee National Doctor's Day (2016)

Societies/organizational memberships:

- American Osler Society (2nd Vice-President 2016)
- American Board of Internal Medicine
- Atlanta Medical History Society (President 2008-2013)
- Academy of American Poets

Selected publications:

- Grant AC, Hunter S, Partin WC. A case of acute monocytic Ehrlichiosis with prominent neurologic signs. *Neurology*. 1997; 48:1619-1622.
- Partin C. The Tell-Tale Beeper (essay) *Annals of Internal Medicine*. 2003; 139:299-300.
- Partin C. The Evolution of Eisenmenger's Eponymic Enshrinement. *American J Cardiology*. 2004; 92: 1187-1191.
- Partin C. Dropped Beat: Sir William Osler's Tenuous Embrace of the Electrocardiogram. *J of Electrocardiography*. 2007; 40:235-239
- Partin C. Magic, Medicine, and Harry Potter. In *J.K. Rowling: Harry Potter*. Edited by CJ Hallett & PJ Huey. New Casebook Series: A Collection of All New Critical Essays. Palgrave Macmillan Publishers. New York, 2012. Chapter 10, pp.135-148.
- Partin C. Mentoring: A tale of two poems, filling graveyards, and learning the art of medicine. *Baylor University Medical Center Proceedings*. April 2014; 27(2):161-162.
- Partin C. William Chester Minor (1834-1920): Murderer and Maestro of Words. In *Doctors of Another Calling: Physicians Who Are Best Known In Fields Other Than Medicine*. Edited by David K.C. Cooper. University of Delaware Press. Newark, NJ, 2014, pp. 171-180.



David R. Propp, MD, MBA, FACP

Assistant Professor of Medicine
Emory University School of Medicine
Medical Director, Emory Clinic at 1525

About:

Dr. David Propp received his medical degree from The University of Rochester School of Medicine in Rochester, NY in 1988. Upon receiving his medical degree, Dr. Propp completed his internship and residency at University Hospitals of Cleveland/Case Western Reserve University School of Medicine. He worked for two years as a general internist in a neighborhood health center in East Cleveland, OH before resuming his studies, obtaining his MBA in Healthcare Management from The Wharton School at University of Pennsylvania. He has also been active in youth soccer, recently completing six years of service as a board member of InterAtlanta FC.

Dr. Propp has been with Emory since 1995 and has over 20 years of experience practicing internal medicine. Along with practicing at The Emory Executive Health Center, where he consistently receives high patient satisfaction scores, Dr. Propp also serves as the Medical Director of the Emory Clinic at 1525, which is a primary teaching site for Emory Internal Medicine residents. He also precepts first year medical students during their year-long outpatient clinical experience.

Areas of Clinical Interest: Internal Medicine, Preventive Medicine, Executive Health

Education:

University of Rochester School of Medicine, M.D.

University Hospitals of Cleveland/Case Western Reserve School of Medicine, Internship and Residency, Internal Medicine

The Wharton School, University of Pennsylvania, M.B.A.

Awards:

Board Certified - American Board of Internal Medicine

Fellow – American College of Physicians

Societies/organizational memberships:

American College of Physicians



David L. Roberts, MD, FACP

Associate Professor of Medicine
Emory University School of Medicine
Charles F. Evans Professor of Medicine
Rollins Distinguished Clinician
Director Paul W. Seavey Comprehensive Internal Medicine Program

About:

Dr. Roberts began his career at Emory in 1989. He has been involved in comprehensive diagnostic and referral medicine since that time. He is actively teaching medical and allied health students, as well as participating in diverse research projects ranging from the development of new technologies in collaboration with Georgia Tech, to novel markers of cancer and active coronary atherosclerosis. He served as the first Medical Director of Executive Health from 1995 – 2016, and is medical consultant to several Fortune 100 companies in Atlanta. He is now the Director of the Paul W. Seavey Comprehensive Internal Medicine Clinic, growing and integrating Executive Health, General Internal Medicine, Special Diagnostic Services, Medical Education, Clinical Research and Practice Innovation. Despite his many roles and activities, his favorite time is that which is spent in the exam room with his patients, as well as the time with his family.

Areas of Clinical Interest:

Comprehensive Internal Medicine
Diagnostic and Referral
Clinical assessment of Health and Wellness

Education:

Georgia Institute of Technology, B.S. Applied Biology
Emory University School of Medicine, M.D.
Emory Affiliated Hospitals, Internship and Residency, Internal Medicine

Awards:

Board Certified - American Board of Internal Medicine
Fellow – American College of Physicians
Paul W. Seavey Senior Clinician Educator Award
Rollins Distinguished Clinician
Charles F. Evans Chair in Medicine

Societies/organizational memberships:

American College of Physicians
American Medical Association



Jennifer J. Zreloff, MD

Assistant Professor of Medicine
Lead of Innovation, Paul W. Seavey Internal Medicine Clinic
Medical Director, Emory Healthcare Network

About:

Dr. Zreloff is board certified in Internal Medicine (Diplomat of the American Board of Internal Medicine) and has practiced at The Emory Clinic since 2000. She has been recognized for both her patient care as well as her teaching. She has received the Outstanding Clinician Award from the Department of Medicine, Outstanding Physician, as nominated by her peers at Emory, and the William T. Branch Jr MD Award for excellence in teaching to name a few. She has also been recognized by the National Committee for Quality Assurance through the Diabetes Recognition Program and Patient Centered Medical Home program.

Dr. Zreloff earned her Bachelor's of Chemical Engineering from Georgia Institute of Technology and graduated with honors. She graduated from University of Alabama School of Medicine (UAB) where she was honored with the Baugh and Cammack scholarship for academic performance and recognized for "top 10" students in the clinical clerkships. She completed her internship and residency at Oregon Health Sciences University.

Dr. Zreloff is married with two teenage daughters. She enjoys yoga, cooking, and reading. She has an interest in lifestyle's affect on disease as well as system-wide changes to decrease overall cost of care for the Americans.

Areas of Clinical Interest: Women's Health, Population Health, Chronic Disease Management, Preventive Medicine

Education:

Medical School: University of Alabama School of Medicine (1997)
Internship: Oregon Health Sciences University (1998)
Residency: Oregon Health Sciences University (2000)

Societies/Organizational Memberships:

American College of Physicians,
Society of General Internal Medicine
Georgia Medical Association

Emily Hearn, CHES, CPT

Health Education Specialist, Emory Executive Health Center

About:

Emily received her Bachelor of Science degree in Health Education from Georgia College and State University. Emily is a Certified Health Education Specialist (CHES). She is also certified as a personal trainer and has an Exercise is Medicine certification through the American College of Sports Medicine. Emily joined Emory Executive Health in 2011.

She enjoys helping patients set realistic goals and establish a personalized plan for optimizing their health. Emily is passionate about providing patients with current evidence-based wellness information and resources.

Education:

Undergraduate Education: Georgia College and State University, BS Health Education

Societies/organizational memberships:

Exercise is Medicine Certification, American College of Sports Medicine

Certified Personal Trainer, American College of Sports Medicine

Certified Health Education Specialist, National Commission for Health Education Credentialing