ENVIRONMENTAL STUDIES

(CONCEPTS, IMPACTS, MITIGATION, AND MANAGEMENT)

Prof. M.P. POONIA

Vice-Chairman
All India Council for Technical Education (AICTE)

S.C. SHARMA

Formerly General Manager THDC India Limited



KHANNA BOOK PUBLISHING CO. (P) LTD.

Publisher of Science, Technology and Engineering Books

4C/4344, Ansari Road, Darya Ganj, New Delhi-110002 **Phone:** 011-23244447/48 **Mobile:** 91-9910909320

E-Mail: contact@khannabooks.com, sales@khannapublishers.com

Website: www.khannabooks.com

Price: Rs. 350.00

ENVIRONMENTAL STUDIES Prof. M.P. Poonia, S.C. Sharma

Copyright © Khanna Book Publishing Co. (P) Ltd.

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, resold, hired out, or otherwise circulated without the publisher's prior consent in any form of binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser and without limiting the rights under copyright reserved above, no part of this publication may be reproduced, stored in or introduced into retrieval system, or transmitted any form or by any means (electronic, mechanical, photocopying, recording or otherwise), without the prior written permission of both the copyright owner and the above mentioned publisher of this book.

ISBN: 978-93-86173-09-6

Edition: 2017

Published by:



KHANNA BOOK PUBLISHING CO. (P) LTD.

4C/4344, Ansari Road, Darya Ganj, New Delhi-110002 **Phone:** 011-23244447/48 **Mobile:** 91-9910909320

E-Mail: contact@khannabooks.com

Printed in India by: India Book Printers & Binders, Delhi

PREFACE

Environmental degradation has been a major concern since past few decades, because of economic growth and development across the world has caused major impacts on the Earth's ecosystems and natural resources to an extent that can limit the well-being of future generations.

The ignorance of people about retaining the ecological balance, distancing from Indian traditions which used to emphasize the need for conservation and sustainable use of resources are also the reasons for degradation of environment. The continuing large scale urbanisation, population explosion, industrialisation, commercialisation and agriculture has caused such vast impacts on our environment that the very existence of man has come under a threat. Sustainable development, under these circumstances has become the prime necessity of today.

All the above factors are responsible for progressive decline in the quality and magnitude of natural resources including clean air, water, healthy soil, forests, bio-diversity. This has also caused other environmental problems such as desertification, hunger, malnutrition, acid rain, ozone depletion, global warming etc.

In view of the above, efforts are being made at international and national levels towards the right to healthy environment. These efforts have created awareness on environmental issues in NGOs, environmentalists, intellectuals etc.

India has recently started realising the importance of the environment and of the environmental education. Following the 2001 Supreme Court directive, the environmental education has been or is being included in the curriculums right from school stage to the College/University level.

This book covers the UGC syllabus for under-Graduate courses, and also the syllabii for technical and other Universities for different disciplines, may it be in the name of environment studies, environmental science, ecology, or natural resource management. This book is written to bring about an awareness of a variety of environmental concerns and deals from concepts through impacts, mitigation to management.

I hope this book will be useful for the students of all the streams as well as professionals in the field. I would welcome suggestions which may be received from the readers, for further improvement of this book.

ACKNOWLEDGEMENT

We feel great pleasure in presenting the first edition of Environmental Studies in the hands of the readers, the students. Even though, there are many textbooks available in the market, the authors have attempted to bring the material in the best possible manner after realizing the difficulties generally faced by the students while studying the subject.

The help received from Er. Himmi Gupta, Assistant Professor, National Institute of Technical Teachers Training and Research, Chandigarh for checking and proof reading the manuscript is thankfully acknowledged. The valuable comments led to the betterment of the book.

We are grateful to the entire team of M/s Khanna Book Publishing Company (P) Ltd., Delhi for extending their full cooperation for early publication of this first edition.

ABOUT THE AUTHORS



Prof. M.P. Poonia. Born on 7th July, 1959 in a small village of Rajasthan state in India, Prof. M.P. Poonia is specialized in the areas of Mechanical Engineering (IC Engines, Gas Dyanics, Ref. & AC), Renewable Energy and Sustainable Development. He is M.Tech (Mech.) and Ph.D (Thermal Engg) from Indian Institute of Technology, Delhi. He possesses more than 30 of total experience, out of which 6 years as Principal of Govt. Engg. College, Bikaner (Rajasthan) and 1 years and two months as Dean, Planning and Development in MNIT, Jaipur, (Rajasthan). He has published 80 papers in National and International Journals and published several books and manuals

in the field of Mechanical Engineering. He has published/edited 08 Nos. books and 02 Lab Manuals. He is the Member of IEI, ISTE & Society of Automotive Engineers. Prof. Poonia is also a google Scholar. On 20th January, 2017, Prof. Poonia took up the responsibility of Vice Chairman, All India Council for Technical Education (AICTE), New Delhi. During the period from 20th July, 2012 to 18th January, 2017, say around a period of 41/2 years, Prof. Poonia served as Director, National Institute of Technical Teachers Training and Research (NITTTR), established by Ministry of Human Resource Development, Govt. of India, Chandigarh (India). Prof. Poonia made significant contribution as a Director, NITTTR, Chandigarh for the growth and development of technical education in the northern states of India and to conduct of sub-regional and in-country programmes in collaboration with Colombo Plan Staff College for Technician Education, Manila, Philippines. Under his able leadership, the institute has to its credit the conduct training programme for Nigeria. He has undertaken projects sponsored by All India Council for Technical Education, Deptt. of Science and Technology, Delhi and Govt. of Rajasthan and MHRD, Govt. of India. He is the recipient of many Awards for his academic achievements and National Award for the Empowerment of Persons with Disabilities - 2013 by the Hon'ble President of India on 3rd December, 2013 in New Delhi in recognition of outstanding performance in the field of Best Institution for Empowerment of Persons with Disabilities in the country. During his tenure as Director, NITTTR, Chandigarh, he remained member of Board of Governors of, as many as 20 Government/ Autonomous bodies/Universities in the state of Punjab, Haryana, Himachal, Delhi and Chandigarh. He has visited many countries USA, China, Canada, Thailand, Singapore & Sri Lanka.



S.C. Sharma. After graduation in 1966 joined as Lecturer in Mechanical Engineering. He had been associated for more than 4 decades in various fields including teaching and management of projects in Indian and abroad in different capacities. While working in hydropower projects for more than 15 years he was actively associated with various environmental, and Rehabilitation & Resettlement issues and successfully resolved various complicated issues. He has also worked as consultant for matters related to safety, environmental, and R&R.

He has written about a dozen books on subjects related to engineering and management including management of projects.

DETAILED TABLE OF CONTENTS

PART 1: GENERAL

Chapter – 1: An Introduction (Multidisciplinary Nature of		
	Environmental Studies)	1–13
1.1	Environment	1
1.2	Classification of Environmental Factors	2
1.3	Nature	4
1.4	Environment and Resources	5
1.5	Environment and Society	5
1.6	Environment and Man	5
1.7	Environmental Studies	7
	1.7.1 Importance	7
	1.7.2 Scope	8
1.8	Need for Public Awareness	9
1.9	Environmental Education	10
1.10	Environmental Problems	12
	Questions	13
Chapter – 2	: The Earth and the Biosphere (Earth Sciences)	14–45
2.1	Introduction	14
2.2	Origin of the Earth	14
2.3	Characteristics of our Solar System	15
	Earth's Shape	16
2.5	Tilt of the Earth's Axis	17
2.6	Earth's Movements	17
2.7	Latitudes and Longitudes	18
2.8	Components of Environment	19
2.9	Lithosphere	20
2.10	The Interior of the Earth	21
2.11	Continents	22
2.12	Rocks	23
2.13	Minerals of the Earth's Crust	25
2.14	Mountain Formation	26
2.15	Surface Features (Geographical Zones) of India	27

2.19 2.20	Desert The Atmosphere	39 39
2.21	Biosphere Questions	42 44
PAR	T 2: ECOLOGY, ECOSYSTEMS AND BIODIVERSITY	
Chapter - 3	: Ecology	46-68
3.1	Introduction	46
	3.1.1 Scope	47
2.2	3.1.2 Some other Terms related to Ecology	47
	Basic Concepts and Principles of Ecology Ecological Succession	48 50
3.4	Population Ecology	51
0.1	3.4.1 Population Characteristics	52
	3.4.2 Population Dynamics	53
	3.4.3 Regulation of Population	53
3.5	Community Ecology	54
3.6	Inter-relationship (Ecological Relationships)	55
3.7	Human Ecology	58
3.8	Human Settlements	59
3.9	Origin and Evolution of Life (Animal)	61
3.10	Evolution of Plants and Speciation	64
	Questions	67
Chapter - 4	: Ecosystems	69–91
4.1	Concept	69
4.2	Properties of Ecosystems	70
4.3	Functions of Ecosystems	70
4.4	Structure of Ecosystem	71
4.5	Food Chains	74
4.6	Food Web	75
	Flow of Energy	76
4.8 4.9	Biogeochemical Cycles Ecological Pyramids	78 78
4.10	Ecological Pyramids Types of Ecosystems	81
4.11	Terrestrial (or land) Ecosystems	81
4.11	4.11.1 Forest Ecosystems	82
	4.11.2 Grassland Ecosystems	83
	4.11.3 Desert Ecosystems	83
	(viii)	

2.16 The Hydrosphere2.17 Glaciers

2.18 Erosion

4.12	Aquatic Ecosystems	84
	4.12.1 Fresh Water Ecosystems	85
	4.12.2 Marine Ecosystems	86
4.12	4.12.3 Estuarine Ecosystems	87
4.13 4.14	5	88 89
4.14	Questions	90
	Questions	70
Chapter - 5	: BIODIVERSITY AND CONSERVATION	92–110
5.1	Introduction	92
5.2	J	92
5.3	Biogeographical Classification of India	93
5.4	1 J	97
5.5	0 ,	99
5.6	J	100
5.7	J	100
5.8	Hotspots of Biodiversity	101
5.9	J	102
5.10	5	103
5.11	0	105
5.12	,	106
	5.12.1 In-situ Conservation	106
	5.12.2 Ex-situ Conservation	108
	5.12.3 Laws to Protect Biodiversity	109
	Questions	109
	DARTA MATURAL PEGOLIPOTO	
	PART 3: NATURAL RESOURCES	
Chapter - 6	: Natural Resources	111–121
6.1	Introduction	111
6.2	Classification of Resources	112
6.3	Conservation of Resources	115
6.4	Environmental Degradation	116
6.5	Equitable use of Resources for Sustainable Lifestyles	119
6.6	Role of Individual in the Conservation of Natural Resources	120
	Questions	121
Chapter - 7	: Forest Resources	122–135
7.1	Introduction	122
7.2	Uses of Forest	123
7.3	Over-Exploitation	124
7.4	Deforestation and Afforestation	125
7.5	National Forest Policy, 1988	127
	(ix)	

7.6	Effects of Mining on Forests	127
	Effects of DAM on Forests	129
	Conservation of Forests	129
	Production/Commercial Forestry	131
	Forestry and Silviculture	131
7.11	Forest Management	133
	Questions	135
Chapter – 8	: Water Resources	136–152
8.1	Introduction	136
8.2	Water Resources	137
	8.2.1 Surface Water	137
	8.2.2 Under-ground Water	138
8.3	Status of India's Water Resources	138
8.4	Status of World's Water Resources	139
8.5	Use of Water Resources	140
	Over-Utilization of Water	141
	Conservation of Water	143
8.8		144
	Droughts	147
	Conflicts Over Water	149
8.11		150
	Questions	151
Chapter – 9	: Mineral Resources	153–161
9.1	Introduction	153
9.2	Types of Minerals	154
9.3	Availability of Minerals	155
9.4	1	158
9.5	0 0	159
9.6	Major Environmental Impacts of Mining	159
9.7		160
	Questions	161
Chapter - 10	: Land (Soil) Resources	162–172
10.1	Introduction	162
10.2	Soil Resources	163
10.3	Soil Classification	164
10.4	Son Classification	101
	Land Degradation	165
10.5	Land Degradation Land Slides	165
10.5 10.6	Land Degradation Land Slides Soil Erosion	
10.5 10.6 10.7	Land Degradation Land Slides Soil Erosion Desertification	165 165 166 169
10.5 10.6 10.7 10.8	Land Degradation Land Slides Soil Erosion Desertification Land Pollution	165 165 166 169 170
10.5 10.6 10.7 10.8 10.9	Land Degradation Land Slides Soil Erosion Desertification Land Pollution Other Soil Degradation Factors	165 165 166 169 170 170
10.5 10.6 10.7 10.8	Land Degradation Land Slides Soil Erosion Desertification Land Pollution	165 165 166 169 170

Chapter - 11	: Energy Resources	173–193
11.1	Introduction	173
11.2	Classification of Sources of Energy	173
	11.2.1 Primary and Secondary Sources	173
	11.2.2 Commercial and Non-commercial Sources	175
	11.2.3 Major and Minor Sources of Energy	175
	11.2.4 Renewable and Non-renewable Sources of Energy	175
	11.2.5 Classification According to use of Fuel	176
	11.2.6 Chemical Fuels and Nuclear Fuels	176
	Fuels	176
	Coal	176
	Liquid Fuels	178
	Gaseous Fuels	179
11.7	Nuclear Energy	180
	11.7.1 Advantages of Nuclear Energy	181
	11.7.2 Limitations	182
11.8	Hydro Power	183
	11.8.1 Advantages of Hydro-power	184
	11.8.2 Disadvantages of Hydropower	185
	Biomass Energy	186
	Non-Conventional Energy Sources	187
	Solar Energy	187
	Wind Energy	189
	Ocean Energy	190
	Ocean Thermal Energy Conversion (OTEC)	190
	Tidal Energy	191
11.16	0,7	192
	Questions	193
CHAPTER - 12	2: Food Resources	194–200
	Introduction	194
	Evolution of Food Production	195
	Types of Food Products	195
	World Food Problems	196
	Green Revolution Crops	196
12.6	Agriculture Resources	197
	Animal Resources	197
12.8	1 0	198
	Questions	200
	PART 4: ENVIRONMENTAL POLLUTION	
Chapter – 13	3: Environmental Pollution (Hazards) and Control	201–220
13.1	Introduction	201
13.2	Environmental Pollution (Degradation)	202
	13.2.1 Environmental Pollution and Health	204

	13.3	Air Pollution	204
		13.3.1 Sources of Air Pollution	205
		13.3.2 Effects of Air Pollution	207
		13.3.3 Preventing Air Pollution	208
		13.3.4 Control of Air Pollution	209
		13.3.5 Ambient Air Quality Standards	210
	13.4	Water Pollution	210
		13.4.1 Sources of Water Pollution	211
		13.4.2 Effects of Water Pollution	212
		13.4.3 Control of Water Pollution	213
	10 5	13.4.4 BIS (ISI) Water Quality Standards	213
	13.5 13.6	Noise Pollution Soil Pollution	214
		Marine Pollution	216 217
		Thermal Pollution	217
	13.9		219
	13.7	Questions	220
Сна	PTER - 14	1: Waste Management	221–228
	14.1	Introduction	221
	14.2	Municipal Solid Waste (MSW) or Refuse	222
	14.3	Waste Management Techniques	223
	14.4	Industrial Solid Waste	225
	14.5	Legislation on solid Waste Management	226
		Questions	228
Сна	PTER - 15	5: Disaster Management	229–259
		Introduction	229
		Objectives	230
	15.3		231
		15.3.1 Disaster Management at National Level	231
	15.4	15.3.2 National Disaster Management Authority (NDMA)	232 232
	15.4	Elements of Disaster Management Disaster Preparedness	232
	10.0	15.5.1 Pre-disaster Preparedness	234
		15.5.2 Disaster Preparedness	234
		15.5.3 Pre-disaster Actions	235
		15.5.4 Mapping	235
		15.5.5 Disaster Zoning	236
	15.6	Mitigation and Prevention	237
	15.7	Response	238
	15.8	Earthquakes	240
		15.8.1 Mitigation Strategies	241
		15.8.2 Structural Damage	242
		15.8.3 Action Plan	242
		15.8.4 Role of Incidence Response Team	243

		15.9.6 Post Flood Measures	251
		15.9.7 Training and Mock Drills	251
		15.9.8 Combating the Flood Disasters	252
1	15.10	Cyclones	253
		15.10.1 Impacts of Cyclones	254
		15.10.2 Mitigation Measures	254
		15.10.3 Mitigation Strategies	255
1	15.11	Tsunami	255
		15.11.1 Tsunami due to Landslides, Volcanic Eruptions and Explosic	
		15.11.2 Mitigation Measures for Tsunami	256
		15.11.3 Tsunami Warning System (TWS)	257
1	15.12	Landslides	257
	10.12	Questions	207
	_		
		PART 5 : ENVIRONMENT & DEVELOPMENT	
	_		
CHAPTER	- 16	: Social Issues	260–271
	16.1	Introduction	260
	16.2	Unsustainable to Sustainable Development	260
		Water Conservation	261
	16.4	Rainwater Harvesting	262
		Watershed Management	263
		Urban Problems Related to Energy	264
		Consumerism and Waste Products	265
	16.8	Environmental Ethics	265
		16.8.1 Need for Equitable Utilisation	266
		16.8.2 Need for Gender Equity	266
		16.8.3 Preserving Resources for Future Generations	266
		16.8.4 The Rights of Animals	267
		16.8.5 Environal Education and Awareness about Ethics	267
		16.8.6 Traditional Value System and Conservation Ethics	267
		16.8.7 Environmental Ethics	268
	16.9	Sustainable Development	268
	10.5	Questions	271
CHAPTER	- 17	: Environmental Challenges	272–280
	17.1	Introduction	272
	17.2	Climate Change	273
		(xiii)	

244

245

245

246

249

250

15.9 Flood

15.9.1 Risk Assessment

15.9.3 Flood Mitigation

15.9.4 Pre-Flood Measures

15.9.5 Measures During Flood

15.9.2 Preparedness and Prevention

	17.3	Global Warming	273
		Green House Effect	274
		Ozone Layer Depletion	275
		Acid Rain	277
		EL Nino	278
		Waste Land and Its Reclamation	279
		Questions	280
Снартег	18	: Human Pollution and the Environment	281–293
	18.1	Population Growth and Population Explosion	281
	18.2	Population Growth and Environment	282
	18.3	Family Welfare Programme	283
	18.4	Woman and Child Welfare	284
	18.5	HIV/AIDS	285
		18.5.1 Frequently Asked Questions (FAQs) about HIV/AIDS	286
		18.5.2 Common Misperceptions about HIV Transmission	287
	18.6	Environment and Health	288
	18.7	Human Rights	290
	18.8	Value Education	291
		Questions	292
Снартег	- 19	: Resettlement and Rehabilitation (R&R)	294–322
	19.1	Introduction	294
		19.1.1 Avoiding or Minimising Resettlement	295
		19.1.2 Development-Oriented Approach to Resettlement	295
	19.2	•	296
	19.3	Approach and Methodology for SIA Study	298
		Land Acquisition and its Impacts	299
		Impact on Vulnerable Groups	301
		Stakeholders' Participation and Consultation	301
		Socio-Economic Issues	303
		Preparation and Appraisal of Resettlement Plan	305
	19.9	Mitigation Measures	307
		19.9.1 R&R Policy of the Project	308
		19.9.2 R&R Programme	309
	19.10	Rehabilitation Action Plan (RAP)	310
	19.11	Legal Framework	311
		19.11.1 Environment Related Acts	311
		19.11.2 Legal Process of Land Acquisition	312
		19.11.3 World Bank's Resettlement Policy	313
		19.11.4 National Rehabilitation and Resettlement Policy (NRRP)-200	
	19.12	Institutional Arrangements	319
	19.13	Training and Capacity Building	320
1	19.14.	Grievance Redressal Mechanism	321
		Ouestions	321

PART 6: ENVIRONMENT PROTECTION

Chapter - 20	: Environmental Protection	323–336
20.1	Introduction	323
	International Efforts (Conventions/Summits) on Environment	Protection 324
	Government Efforts on Environmental Protection	325
20.4	Environmental Organisations/Institutions	327
	20.4.1 International Organisations.	327
• • •	20.4.2 National Organisations	327
	Public Awareness	328
	Environmental Education and Training	329
	Green Buildings (Sustainable Buildings)	331 334
20.8	Clean Development Mechanism (CDM) Carbon Credits	335
20.9	Questions	335
Chapter - 21	: Environmental Legislation	337–346
21.1	Environmental Legal Framework	337
21.2		338
	, ,	340
	Water (Prevention and Control of Pollution) Act, 1974	341
	The Wild Life (Protection) Act, 1972	343
21.6	,	344
	Questions	345
CHARTER 22	PART 7: ENVIRONMENT MANAGEMENT : Environmental Impact Assessment (EIA)	347–364
22.1		347
22.2	Considerations for EIA	348
· -	Environmental Clearance	350
22.4	1 '	352
22.5		356
22.6	EIA Methodology 22.6.1 Steps Involved in EIA Study	356 356
	22.6.1 Steps involved in EIA Study 22.6.2 Principal Review Areas in EIA Study	356
	22.6.2 Filicipal Review Aleas III EIA Study 22.6.3 Impact Identification and Assessment Method	358
22.7	Forest Clearance	358
22.8	Stake-Holders in EIA Process	359
22.9	Terms of References (TORs) for EIA	361
22.10	EIA Studies for other Projects	362

	22.10.1 Highways/Road Development Projects 22.10.2 Airport Development 22.10.3 Port Development Questions	362 364 364
Chapter – 23	3: Environmental Management and	265 206
	Environmental Management Plan (EMP)	365–386
23.1	Introduction to Environmental Management	365
23.2		366
23.3	Issues Covered in EMP	368
	23.3.1 Impact and Mitigation Measures on Flora and Fauna	
	(Biodiversity Management)	368
	23.3.2 Water Quality Issues	369
	23.3.3 Construction Related Issues	370
	23.3.4 Catchment Area Treatment (CAT) and Other Environment	tal
	Enhancements	371
	23.3.5 Land Acquisition and Social Environment	371
	23.3.6 Muck Disposal Management Plan	372
	23.3.7 Green Belt Development Plan	372
	23.3.8 Quarry and Borrow Area Management	372
	23.3.9 Mitigation Measures for Approach Road Construction	373
	23.3.10 Public Health Delivery System	374
	23.3.11 Landscaping and Revegetation	374
23.4	Environmental Management System (EMS)-ISO:14000	375
23.5	Institutional and Implementation Arrangement	376
	23.5.1 Activities within the Project Area	376
	23.5.2 Activities in the Project Influence Area	379
23.6	Mitigating Measures	379
	23.6.1 Preventing Air Pollution	379
	23.6.2 Preventing Noise Pollution	380
	23.6.3 Preventing Water Pollution	380
	23.6.4 Preventing Impact on Aquatic Ecology	381
	23.6.5 Mitigation Measures from Impacts of Construction Camp	381
	23.6.6 Preventing Impacts on Health	381
	23.6.7 Mitigation Measures for Impact on Biodiversity	382
	23.6.8 Use of Fly Ash	383
23.7	Environmental Monitoring	384
23.8	e	385
	Questions	386
	Index	387