

Anything is possible!

Equestrian Goal Action Guide Part 2

Finally! Achieve Your Goals
With Horses or
Anything Else
In Life!



HorseGirl.me



Horses-U.com

10x Equestrian
Growth

HorseGirl in S.P.U.R. ation (Super Potential Unlocking Resource)

Hi!

In Part 1 you got clear on your goals
now in Part 2
let's get super actionable.



On the next 2 pages you will find a step by step blueprint
to map out your action plan taken straight from the pages of
our 2019 "Be Fearless" Edition Planner.

You got this!

Love your #1 fan,
jenny



GOALive your passion

Gain clarity
Overcome Obstacles
Actionable Plan

Dream

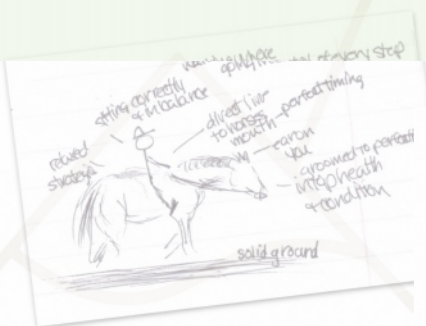
1. Begin with the end in mind.
Have a clear vision of what you want & who you want to be.

Plan

2. Self Access: Where are you today?
3. Name what is standing between you & your goals
4. Identify the gap & create a success path to where you want to go
5. Plan to *ride the buck out* so when life doesn't go as planned you stay on the ride.
6. List your fundamentals the strategic stepping stones to reach your goal
7. List your milestones (90 Day Goals work great!)
8. Divide your year into training segments
9. Set your weekly goals heading towards your milestones

Do.

10. Do the work day in & day out. Heads Up. Heels Down. Blinders On.



“Success is neither magical nor mysterious.

Success is the natural consequence of consistently applying the basic fundamentals.”



Make your actions match your ambitions.

GOAL: (What would you do, if you could not fail?)

Action Steps

Foundation The basics you would like a willing, safe horse to do

Fundamentals List and Breakdown the Fundamentals or Maneuvers of Your Discipline

Mastery List what you will do to strive to master your event (& if you compete stand out from the competition)

Weekly Focus Goals & 90 Day Strategic Milestones

January week 1 goal week 2 goal week 3 goal week 4 goal	July week 1 goal week 2 goal week 3 goal week 4 goal
February week 1 goal week 2 goal week 3 goal week 4 goal	August week 1 goal week 2 goal week 3 goal week 4 goal
March week 1 goal week 2 goal 90 Day Milestone week 3 goal week 4 goal <input type="text"/>	September week 1 goal week 2 goal 90 Day Milestone week 3 goal week 4 goal <input type="text"/>
April week 1 goal week 2 goal week 3 goal week 4 goal	October week 1 goal week 2 goal week 3 goal week 4 goal
May week 1 goal week 2 goal week 3 goal week 4 goal	November week 1 goal week 2 goal week 3 goal week 4 goal
June week 1 goal week 2 goal 90 Day Milestone week 3 goal week 4 goal <input type="text"/>	December week 1 goal week 2 goal 90 Day Milestone week 3 goal week 4 goal <input type="text"/>

"If you can get 1/2 percent better every day, in a year you will do a 180 degree turn & things will turn around."

If not now, when?



You got this!



For more help to stay on track with your goals,
Check out the
"Be Fearless" Limited Edition Equestrian Planner
Built upon successful horsemanship principles,
and high performance strategies,
to guide you to bring your greatest dreams to life.

EquestrianPlanner.com

Exclusively from HorseGirl.com
[click here for more information](#)

HorseGirl.me

"Life isn't about finding yourself... life is about creating yourself."
George Bernard Shaw

2018 HorseGirl.me