

ESSENTIAL

FREE VIDEO
LESSONS INCLUDED

TRUMPET LESSONS

BOOK TWO



JONATHAN HARNUM
author of *The Practice of Practice*
and *Basic Music Theory*

PRAISE FOR HARNUM'S TRUMPET BOOKS

“Every trumpet should be sold with this book. This is like a user’s manual. You will also learn about troubleshooting, maintenance and cleaning. With this book you will not feel lost and will be prepared.”

— J. R. Torres, Rhode Island

“Great read! Lots of info but easy to understand. Entertaining as well! Dude is just funny! Explains things that other people just assume you already know (but you don’t). You can tell he is a teacher as well as a player. Worth the money and time I invested. Recommended.”

— Tyler Hyder, USA

“This book is the most thorough treatment of the various aspects of trumpet playing that I have seen. Very informative and helpful. Even my current teacher, who has played with the Metropolitan Opera (NYC), was impressed.”

— Don Young, Cranford, NJ

“No question about it, this book is everything it’s cracked up to be! I highly recommend the book for any player, young or old, beginner or in my case, a 35 yr. comeback player.”

— Joe Kaye, Philadelphia, PA

“Love the book for the quick and easy ability to teach and reference countless points. I’m a 62 year old beginner and this is the only Trumpet tutorial that doesn’t put me to sleep. It has the vibrance of the trumpet itself.”

— Kozmo18

“All you want to know about the trumpet. Not a method book, but a great reference book. It gives much information that method books leave out. Recommend for all trumpet players.”

— J. Chew, Anaheim, CA

“An excellent book for a beginner or anyone else. I’ve learned so much with it. I had no prior music experience and this book has introduced the trumpet to me very nicely. Jonathan breaks it down so that it is easily understood and fun to read. It’s been my constant companion since I received it and I am progressing nicely.”

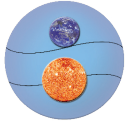
— N. A. Stubbins, Indiana

“This has been a great purchase for me. I’m 28 and have just made my first approach to the trumpet, though I’ve been playing the piano for twenty years. I can’t pay a teacher for now and wanted something that would encourage me to face the most difficult part: the beginning. This book deals with everything you need to know about trumpet playing, from the basics to a large number of strategies to improve your performance. It functions well as a reference guide, and in my case is an excellent starting point towards the discovery of this wonderful instrument.”

— G. Fernandez Monte, Madrid, Spain

“Great for the comeback player. I’m returning to trumpet after 20+ years away. This book fit my background pretty perfectly. It explains the why, and not just the how. I’m happy to see detailed information on cleaning a trumpet, something I’d never learned before, as well as whole chapters on key techniques, equipment, and outside the trumpet aspects like transposition and performing.”

— Simon St. Laurent, Dryden, NY



Essential Trumpet Lessons, Book Two: Get Better, by Jonathan Harnum

Published by Sol Ut Press

www.sol-ut.com

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ISBN-13: 978-1541361188

ISBN-10: 1541361180

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ESSENTIAL

FREE VIDEO
LESSONS INCLUDED

TRUMPET

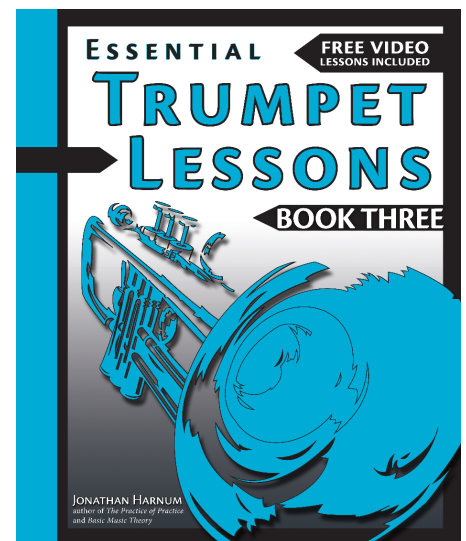
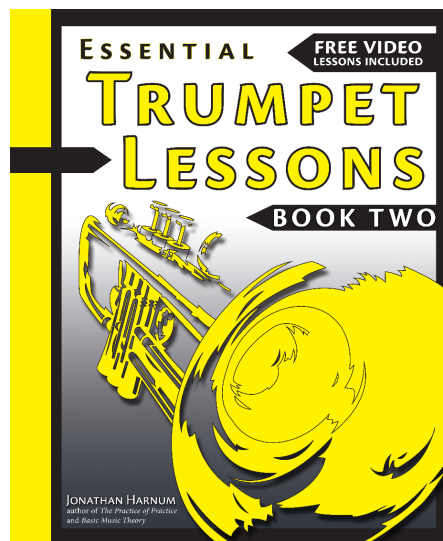
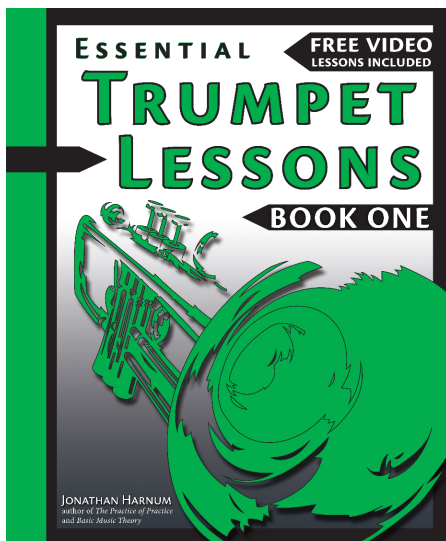
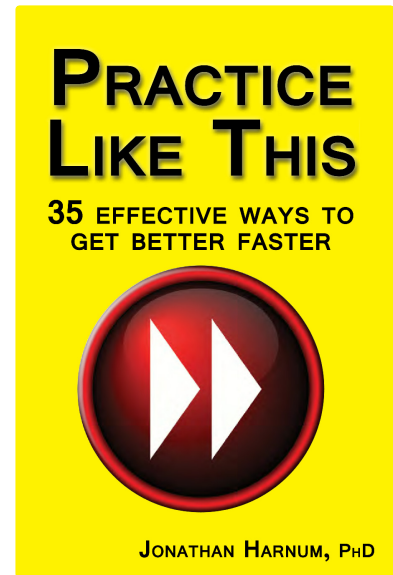
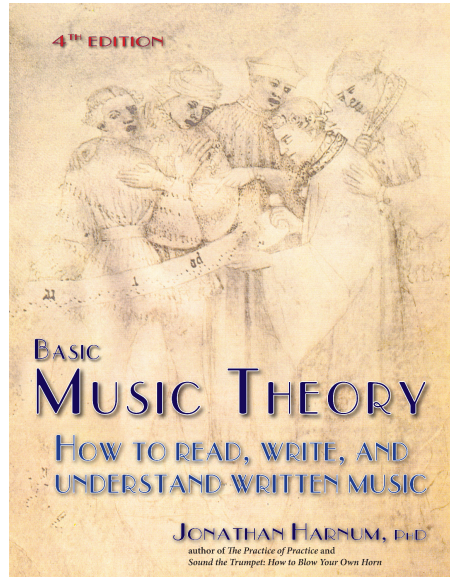
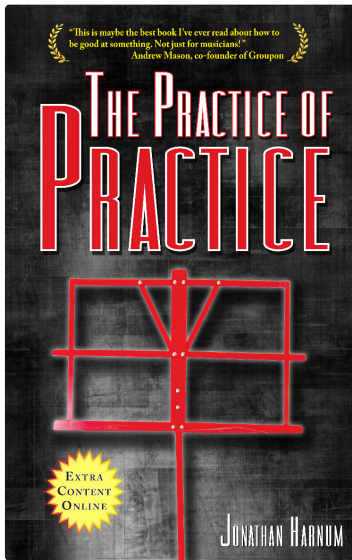
LESSONS

BOOK TWO
GET BETTER



JONATHAN HARNUM
author of *The Practice of Practice*
and *Basic Music Theory*

Sol Ut Press
www.sol-ut.com



JONATHAN HARNUM has played trumpet for over 35 years in various genres, has taught music and trumpet at all levels, from beginners through collegiate players, and especially loves to help out comeback players. Harnum earned a PhD in music education from Northwestern University and is the author of several music-related books, including his Amazon #1 best-sellers, *The Practice of Practice* and *Basic Music Theory: How to Read, Write, and Understand Written Music*.

You can find him online at www.JonHarnum.com and www.sol-ut.com; check out his blogs at www.ThePracticeOfPractice.com and www.TalkingTrumpet.Wordpress.com; and take advantage of this book's web site at www.EssentialTrumpetLessons.com.

CONTENTS

LESSON 0: THE LESSON EVERYONE SKIPS

BOOK OVERVIEW	1
WELCOME TO <i>ESSENTIAL TRUMPET LESSONS</i>	1
WHY <i>ESSENTIAL TRUMPET LESSONS</i> ?	1
OVERVIEW OF <i>ESSENTIAL TRUMPET LESSONS</i>	2
GENERAL INFORMATION	2
THE STRUCTURE OF THE BOOK.....	2
THE ICONS.....	2
<i>ESSENTIAL TRUMPET LESSONS: BLOW BY BLOW</i>	3
UP NEXT	5

LESSON 1: MASTER THE LIP SLUR

IMPROVE YOUR FLEXIBILITY	7
WHAT IS A LIP SLUR ?	7
LIP SLURS AND PHYSICS: DOWNWARD IS EASIER	8
LIP SLURS: GOING UP.....	9
LARGE INTERVAL LIP SLURS.....	11
FURTHER STUDY	12
UP NEXT	12

LESSON 2: TUNE LIKE A PRO

LEARN HOW TO MAKE THE HORN PLAY IN TUNE	13
WHAT'S TUNING ALL ABOUT?	13
BASIC TRUMPET TUNING	14
TUNING THE WHOLE TRUMPET	14
HOW TO FIX CHANGING PITCH	15
COMMON MISTAKES THAT CHANGE INTONATION.....	16
THE LEFT HAND'S ROLE IN TUNING.....	16
WHICH NOTES ARE OUT OF TUNE? ALMOST ALL OF THEM!	17
WORST OFFENDERS: THE SHARP NOTES	17
WORST OFFENDERS: THE FLAT NOTES.....	18
HOW TO "LIP" A NOTE INTO TUNE	19
HOW TO TUNE WITHOUT A TUNER.....	20
PITCH TENDENCIES FOR A WARMED-UP B ^b TRUMPET (DOTTED LINE = IN-TUNE).....	21
TUNING IRL	22
DIFFERENCE TONES.....	22
UP NEXT	22

LESSON 3: MOUTHPIECE MASTERY

MOUHPICES DEMYSTIFIED23
 MOUTHPIECE ANATOMY23
 THROATS, CUPS, RIMS, SHANKS AND SHOULDERS.....23
 WHAT TO LOOK FOR IN A MOUTHPIECE24
 7C, 3D, B2? WHAT DO MOUTHPIECE NUMBERS MEAN!?......25
 UP NEXT26

LESSON 4: INCREASE YOUR RANGE

HOW TO PLAY HIGHER.....27
 WHAT IS THE HIGH RANGE?.....27
 DON'T GET HUNG UP ON HIGH RANGE28
 BEWARE OF LIP INJURY!28
 A BRIEF WORD ON SPECIAL RANGE TECHNIQUES29
 THE LOOSE-LIP FLAP.....29
 HARNESS THE POWER OF ISOMETRICS30
 THE LIP BUZZ.....30
 THE PENCIL EXERCISE31
 LIP FAILURE STUDY32
 PIANISSIMO PLAYING FOR RANGE.....34
 SCHEDULING YOUR RANGE WORKOUT.....38
 MOUTHPIECES AND RANGE.....38
 A FINAL WORD ON HIGH RANGE39
 RESOURCES FOR FURTHER STUDY40
 VIDEOS40
 UP NEXT40

LESSON 5: BE A MUTE MASTER

GIVE YOUR SOUND SHAPE AND COLOR41
 WHAT IS A MUTE?41
 A MUTE BY ANY OTHER NAME WOULD SOUND AS SWEET.....41
 MUTES AND INTONATION.....42
 HOW TO AVOID THE ACCIDENTAL MUTE SOLO42
 THE PRACTICE MUTE OR THE WHISPER MUTE.....42
 THE STRAIGHT MUTE.....43
 PUT A CORK IN IT44
 THE WAH-WAH, OR HARMON MUTE44
 THE CUP MUTE.....45
 CUSTOM CUP MUTES.....45
 THE PLUNGER.....45
 THE BUCKET MUTE46
 MUTE HOLDERS.....46
 UP NEXT46

LESSON 6: CLEAN UP YOUR AXE

FAST VALVES & SLICK SLIDES	47
WHY CLEAN MY TRUMPET?	47
CLEANING SUPPLIES	48
ROUTINE CLEANING	48
POLISHING	49
THE MOUTHPIECE	49
OILING THE VALVES	49
THE SLIDES	50
TROUBLE-SHOOTING	50
SLIDES	50
VALVE CAPS	51
VALVES	51
THE MONTHLY OVERHAUL	51
ALL TOGETHER NOW	52
GREASE WITH EASE	52
REPLACING THE VALVES	52
THE CHEMICAL BATH	53
UP NEXT	53
CLEAN TRUMPET JOKES	54

LESSON 7: MERRY MELODIES

MUSIC TO IMPROVE YOUR READING SKILLS	55
FINDING MUSIC TO PLAY	55
ORCHESTRAL EXCERPTS	56
A WORD ON TRANSPOSITIONS	56
LEONORE NO. 2 (BEETHOVEN)	56
RHAPSODY IN BLUE (GERSHWIN)	56
SYMPHONY NO 9 4TH MVMT (DVOŘÁK)	57
BOLERO (RAVEL)	57
SYMPHONY NO. 5 MVMT 1 (SHOSTAKOVICH)	58
CARMEN PRELUDE (BIZET)	60
SYMPHONY NO. 5 (MAHLER)	60
ST. LOUIS BLUES (HANDY)	61
CHANGE IT UP	62
CHORDS AND CHORD PROGRESSIONS	62

LESSON 8: THE PRACTICE OF PRACTICE

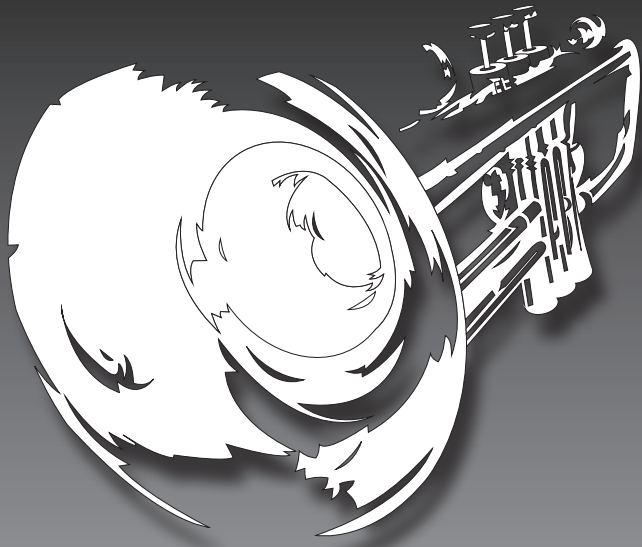
MAKE YOUR TIME COUNT	63
PRACTICE IS NOT WHAT YOU THINK. NOR IS IT OTHERWISE	63
THE PRACTICE PINWHEEL BREAKDOWN	63
WHAT IS PRACTICE AND WHY DOES IT MATTER?	65
WHO? YOU: YOUR NOTIONS OF TALENT AFFECT MOTIVATION	67
WHEN: TIME AND PRACTICE	68
WHERE: PLACE AND PRACTICE	69
HOW TO GET BETTER	69
SELECTED PRACTICE STRATEGIES	72
SCRATCHING THE SURFACE	74

LESSON 9: PARTING ADVICE

BEFORE YOU GO.....75
 NOW WHAT?.....75
 ONE MORE THING.....76
 FREE PRINTABLES AT ESSENTIALTRUMPETLESSONS.COM.....77

APPENDIX

INDEX..... 79
 TRUMPET FINGERING CHART 81
 ALTERNATE FINGERINGS..... 82
 CIRCLE OF FIFTHS & PIANO KEYBOARD (IN C)..... 83
 PIANO KEYBOARD (B^b TRUMPET NOTES)..... 84
 EXERCISE TRACKING FORM..... 85
 INTONATION TENDENCIES FOR B^b TRUMPET 86
 OTHER BOOKS BY HARNUM 87



THE LESSON EVERYONE SKIPS

BOOK OVERVIEW

The method is persistence.

ALBERT CAMUS

TERM TO KNOW	MEANING
A relevant word for the lesson ahead	Definitions and important things you should know.

WELCOME TO *ESSENTIAL TRUMPET LESSONS*

Hi, and welcome to the fun-filled world of playing trumpet! If you're new to trumpet playing, this book will get you started on the right foot and help to instill good habits. If you already play or are a teacher, this book may give you new insight and information. The goal of this book is to help you along in your journey toward mastery of the trumpet and to give you the necessary resources to achieve your goals. Once you've absorbed this book, you'll have a great foundation from which to build a lifetime of playing music on your trumpet.

WHY *ESSENTIAL TRUMPET LESSONS*?

This book contains knowledge and shortcuts I've learned from over 35 years of playing and 20 years of teaching. You'll start with the most basic ideas and build on them until you've learned about the trumpet from end-to-end, inside and out. If you're already a player, this book is a great reinforcement for things you may already know, and maybe some things you don't. Use it as a reference to review your skills, to beef up your knowledge, to study for an audition, or to practice more challenging tasks like double-tonguing, transposing, and circular breathing.

All that being said, you still should use this book in conjunction with all other trumpet books you can lay your hands on. Get information from any source you can find. Don't limit yourself to one source. Though this book is pretty comprehensive, it doesn't cover everything, and even if it did, you'll benefit from getting the same information from a different source using a different approach. There are a lot of choices, at least where books are concerned. You'll find most of the best books for trumpet players listed in these pages, too.

OVERVIEW OF ESSENTIAL TRUMPET LESSONS

GENERAL INFORMATION

Essential Trumpet Lessons will take you through all the basics of trumpet, from its history, to recorded trumpet music, and of course, how to actually play the thing. All this information is shown to you in small doses so you won't feel overwhelmed by all that needs to be learned. Lessons are short and easy to get through, though mastering the information they contain will usually continue long after the lesson has been read. That's a good thing. This book is meant to be a reference, which means you will come back to it again and again on your journey towards trumpet Mastery. Reading the book one time through will certainly increase your understanding, but you'll have to spend some serious time with these concepts to make them truly stick and become a part of your musicianship. Come back to the book from time to time for a review.

Essential Trumpet Lessons deals with specific aspects of playing the trumpet and not much time is spent on the skills of reading music. Basic concepts will be explained, but for more specific information on reading music, check out *Basic Music Theory: How to Read, Write, and Understand Written Music*. You can find it at www.sol-ut.com (including free samples of the book and the best price), ask for it at your local music or book store, or find it on Amazon at <http://amzn.to/1V2zvJ2>.

THE STRUCTURE OF THE BOOK

THE PARTS

Essential Trumpet Lessons is divided into large sections called Parts. Within each Part are several lessons of related information.

THE LESSONS

Lessons contain information on one technique and they're short enough to take in without feeling overwhelmed. At the beginning of each lesson you'll see a brief overview of the lesson and a list of terms the lesson covers.

THE ICONS

Icons in this book will alert you to things you should know as a trumpet player.

NOTICE!



This icon is placed near information that is particularly useful to know. Heed these tips and you'll avoid common mistakes.

MUSIC THEORY



This icon has two functions: it tells you things about reading music that are helpful, and is also next to information that isn't absolutely necessary but which you might find interesting. It looks like a Cyclops smiley-face, but it's a whole note with a fermata (which you learn about in lesson 1).

EssentialTrumpetLessons.com
is where you'll find free video
lessons that go with this book, as
well as a slew of other resources.

TRUMPET VIDEO

This icon will alert you that there is a supporting video where you can learn more. Sometimes it'll be a video I've produced specifically for this book, sometimes it'll be an example of another trumpet player demonstrating or teaching the concept in a great way. Sometimes it'll just be something cool and instructive. Sure wish I'd had this resource as a beginner!

WEB RESOURCES: QR CODES

This strange-looking collection of ink/pixels will let you know when there is something worth looking up and checking out online. It's a QR code, and with a QR-reading app (Scan is a good one: <http://www.scan.me/download>) you can scan the image and go right to the link, whatever it is. Links lead to just about anything useful: more information, a forum, pictures, a trumpeter's web site, or an article you should read. Always accompanied by an internet address if you don't have a QR reader. Clickable in the eBook.

THE APPENDIX

This is an appendix that will never need to be removed surgically (I hope—don't get any crazy ideas). In the back of the book you'll find fingering charts, a book index for quick lookup of a specific technique, an exercise tracking form you can copy to your heart's content (or get the printable PDF from the link below), as well as a piano keyboard to help you understand some music theory concepts like intervals and transposing.

ONLINE BONUS: FREE VIDEO LESSONS AND MORE

Over at www.EssentialTrumpetLessons.com you'll find the free video lessons that go with this book, as well as a whole slew of other resources: bonus lessons like how to play didgeridoo or find your own trumpet, trumpet discographies (hyperlinked for easy access), sheet music lists, scales of many types, blank staff paper, blank practice journals and practice sheets. All printable, all free, all the time.

ESSENTIAL TRUMPET LESSONS: BLOW BY BLOW

LESSON 0 - THE LESSON EVERYONE SKIPS

You're reading it. An overview to get you started on the right foot; or the left foot, if you're goofy-footed.

LESSON 1 - MASTER THE LIP SLUR: IMPROVE YOUR FLEXIBILITY

No, this oral cavity won't require a visit to the dentist. When you change from one note to another without tonguing and each note has the same fingering, you're playing a lip slur. Lips slurs increase your flexibility and dexterity on the horn. The size and shape of the space inside your mouth (oral cavity) can make this challenging skill much easier. Learn how to do it and get some exercises to practice.

LESSON 2 - TUNE LIKE A PRO: LEARN HOW TO MAKE THE HORN PLAY IN TUNE

Because of how trumpets are made, certain notes are out of tune. When at extremes of your range, either high or low, the horn will also tend to go out of tune. Temperature and how warm your horn is will also affect the pitch of the horn as will how loud you play and any mutes you stick in the bell. Learn about all the things that make trumpet go out of tune and, most importantly, how to prevent and correct these problems.

LESSON 3 - MOUTHPIECE MASTERY: MOUTHPIECES DEMYSTIFIED

Do you know what the numbers stamped on your mouthpiece mean? Do you know how the rim bite or shank length affect your sound? How about the way a mouthpiece improves (or hinders) your range, tone, flexibility or precision? Learn about the interesting ways that mouthpieces helps to shape your trumpet sound. Includes handy mouthpiece-size comparison chart.

LESSON 4 - INCREASE YOUR RANGE: HOW TO PLAY HIGHER

Playing a brass instrument, and especially trumpet, is a physically demanding endeavor. Good breath support and proper tongue arch are the prime sources of high range, but it also takes strength in lip and other muscles, and correct posture. There are specific exercises and attitudes that will help you develop high notes on the trumpet, and these will allow you to play with more presence, more loudly and of course, higher. If that wasn't enough, these exercises will also allow you to play more quietly.

LESSON 5 - MUTE MASTERY: GIVE YOUR SOUND SHAPE AND COLOR

There is a bewildering array of things you can (and will) stick in the end of your trumpet to change its sound. In English they're called mutes, but are called *sordinos* in Italian, *dampfers* in German and *sourdines* in French. In this lesson you'll learn about all the mutes and why the plunger isn't just for bathrooms anymore.

LESSON 7 - CLEAN UP YOUR AXE: HOW TO SAFELY SCRUB YOUR HORN

Many strange things can and will grow inside your trumpet if you don't clean it. Learn how to scrub it out without hurting the horn in this lesson. Included are a list of supplies you'll need and a blow-by-blow description of taking your instrument apart and putting it back together the right way without damaging the instrument.

LESSON 8 - MERRY MELODIES: MUSIC TO IMPROVE YOUR READING AND PLAYING SKILLS

In this lesson you'll find some classic classical excerpts from some of the most famous symphonic works, as well as a jazz standard covered by thousands of musicians who have played it over the last 100 years since it was composed.

LESSON 9 - THE PRACTICE OF PRACTICE: MAKE YOUR PRACTICE TIME COUNT

It takes steady and persistent effort to get better at anything, and playing trumpet is no different. There are ways to make this progress more enjoyable and more rapid. In this lesson you'll find suggestions about how to practice that will help you become a better player as quickly as possible. Though there are as many ways to practice as there are players, there are certain things the best players do that will help you, too. Learn about them here.

LESSON 10 - PARTING ADVICE: BEFORE YOU GO

Sending you on your way with some online resources and other useful things. Way to go!

APPENDIX

BOOK INDEX

Look up a topic you're interested in. If it's in the book, the subject and page number will be listed here.

FINGERING CHART

Find all the fingerings up to high E as well as alternate fingerings.

PIANO KEYBOARD

The piano is the best instrument there is for understanding many musical concepts from intervals to chords and beyond. That's why you'll find a paper piano keyboard in the back of the book. Included are the regular notes of the piano keyboard and also the names for trumpet notes.

PITCH TENDENCIES

Very few notes on the trumpet are naturally in tune. Learn how sharp and flat notes on the horn are with this handy chart.

EXERCISE TRACKING FORM

Keep track of where you are when learning a new tune, an etude, or a scale. If you keep track, you'll be able to immediately pick up where you left off, and best of all, you'll see the progress you're making, which helps with motivation to continue improving.

ALL MATERIALS IN THE APPENDIX ARE FREE AND PRINTABLE AT WWW.ESSENTIALTRUMPETLESSONS.COM.

UP NEXT

Up next, we'll dive right in and get you making your first sound on the horn. Maybe it's the first time ever, maybe it's the first time in a long time. Either way, let's go!

GO TO WWW.ESSENTIALTRUMPETLESSONS.COM FOR THE FREE BONUS MATERIAL BELOW

FREE VIDEO LESSONS: WATCH AND LEARN

There are over a dozen free videos I created for this book. Find them at www.EssentialTrumpetLessons.com.

BONUS LESSON: LISTEN!

This lesson is before any information about exactly how to play the trumpet because you don't need any special skills to push play on your CD player, mp3 player, radio, or whatever you use to listen to music. And it's important that you start listening to trumpet music as early as possible because it will help you understand how the horn can sound. Most are hyperlinked, so click a recording and you can sample and/or buy it.

BONUS LESSON: TRUMPET REPERTOIRE

Repertoire is the music that is recognized as crucial to a player's vocabulary. There is so much material out there that it's impossible for one person to get to all of it. Here's where you'll start making choices about what you want to play. If you want to get paid to play trumpet, learning all styles is almost mandatory. Studio musicians do it. So can you.

BONUS LESSON: TRUMPET MASTERS

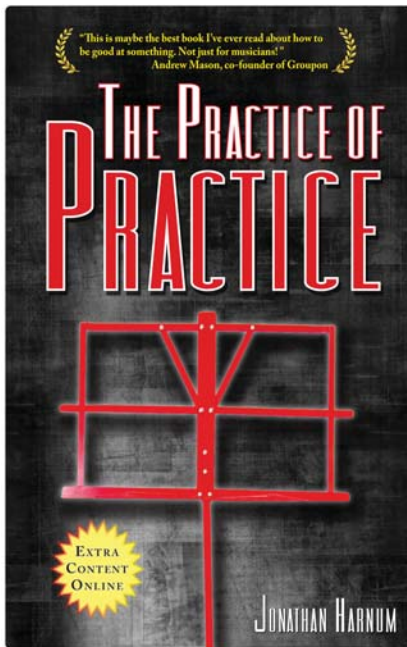
This is a lesson highlighting some of the great players who have come along and shown us what's possible.

BONUS LESSON: HOW DO YOU DIDGERIDOO

Want to learn how to play the oldest trumpet on the planet? Didgeridoo is an Australian instrument made from a termite-hollowed eucalyptus tree limb. If you think that's weird, wait till you hear it. The didgeridoo produces a bass drone and with the right rhythm, the sound can be truly hypnotic and primal-sounding. Playing didgeridoo will even help you to play trumpet better. In this bonus lesson find out just what the didgeridoo is, how to play it, and how to develop the skill of circular breathing.

FREE PRINTABLES

To save paper and printing costs and to make the book more affordable, I've put printable items up on the web at www.EssentialTrumpetLessons.com. All free, all printable.



LEARN MORE AT
WWW.THEPRACTICEOFPRACTICE.COM

BE A BETTER MUSICIAN. DON'T PRACTICE LONGER, PRACTICE SMARTER.

Practice takes many shapes. The word means different things to different people. What does it really take to get better at music?

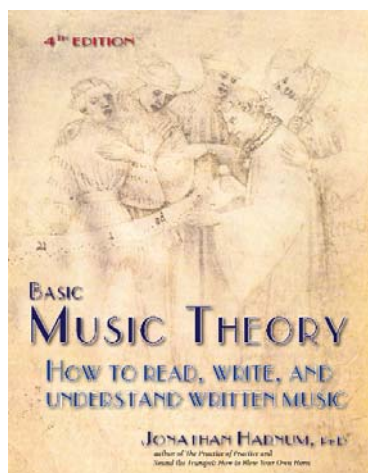
The Practice of Practice will help you understand ways of getting better more clearly. The information will help you become a more aware musician, a more informed teacher, and a more effective parent of a young musician.

Whether you play Beethoven or Bach, are into Indie pop or classic Rock, *The Practice of Practice* will help you become a better musician.

The book covers 6 aspects of practice:

- » **WHAT:** Definitions, and what music practice does to your brain.
- » **WHY:** Motivation is crucial. Learn ways of keeping the flame lit in this section
- » **WHO:** A lot of people including yourself will impact your practice. Learn to use them to your advantage.
- » **WHEN:** This section covers how much, and what times of the day are best for practice, & more.
- » **WHERE:** Where you practice matters, & more.
- » **HOW:** The longest section of the book includes information about goals, structuring your practice, as well as specific techniques tested by researchers, and specific strategies pros use to get better.

Written by musician, teacher, scholar, and author Jonathan Harnum, *The Practice of Practice* is a result of 8 years of research drawing from over 300 published research studies, and from Harnum's interviews with world-class professional musicians in genres like jazz, singer-songwriting, Western classical, Indian classical, West African djembe, Gypsy jazz, and others.



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WWW.SOL-UT.COM

LEARN HOW TO READ, WRITE, AND UNDERSTAND WRITTEN MUSIC

This book will guide you through the sometimes confusing world of written music with a clear, concise style that is at times funny and always friendly.

Harnum is an experienced teacher with a PhD in music education from Northwestern University. Learn with methods he's refined over more than twenty years teaching in the studio, in schools and at universities.

Lessons are short, well-paced and enjoyable. Whether you're a beginner of any age, whether you're an experienced player who wants to bone up on your theory, or whether you teach music and need a fun way to do it, you'll find this book valuable and will refer to it again and again.

Find it at <https://is.gd/ejefot>

