

**ESSENTIAL  
MATERIA MEDICA  
(*ESMAME*)**

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## FOREWORD

The first edition of the *Esmame (Essential Materia Medica)* aimed only at a basic knowledge of homeopathy for summary therapy. In revising the book for the present, second, edition, considerable care has been taken to make it much more comprehensive, with a view to a broader and deeper understanding of the materia medica. Nineteen more healants have been added now to the ninety of the first edition. But as *Bacillinum* has been integrated with *Tuberculinum*, the total number comes to one hundred and eight now. The symptomology of each healant has been presented under distinctive heads, as before. Names of healants, not discussed but only referred to incidentally, have not been abbreviated.

For 'mucus' the same spelling has been used, whether noun or adjective. Two other terms used need to be explained: 1) 'healant' to distinguish homeopathic medicines from others, since homeopathy operates on a different plane altogether and 2) 'heaty' to signify the polar opposite of 'chilly', on the analogy of 'meat' 'meaty', 'grit' 'gritty', 'fault' 'faulty'. While 'chilly' conveys the thermal subjectivity quite well, 'warm' tends to convey rather the objective physical condition, and 'hot' is no better. 'Heaty' may serve to indicate more effectively the subjective sensation of heat.

Item no.1 in the text of each materia medica aims at the immediate recognition of the healant and item no.2, elaborates its symptomology. The two items have different objectives, though one may seem rather repetitive of the other.

Needless to say, in seeking to present the essence of the Materia Medica, *Esmame* has drawn on all valuable books on the subject, some of which are listed in the select bibliography at the end.

Cynthia Young

The numbers in the text of the materia medica signify respectively:

1. *Signature*
2. *Essential*
3. *Comparative*
4. *Special*
5. *Contra-indications*
6. *Causations*
7. *Stages and States*
8. *Lateralties*
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## THE FOUNDATIONS OF HOMEOPATHY

### TOWARDS A NEW INSIGHT

Homeopathy originated and has developed throughout consistently as a critique of, and a protest against, allopathy. It is based on the principle, 'likes are cured by likes' (*similia similibus curantur*) and was pioneered by Dr. Samuel Hahnemann (1755-1843) of Germany. Homeopathic medicines, or potencies as they are called, are pathogenic and therefore they are curative. A patient is sought to be cured by medicines that can cause signs and symptoms *similar* to his illness. Hahnemann named his system 'homeopathy', *homeo* in Greek meaning similar, in contrast to the prevalent therapy, which he most aptly called 'allopathy', *allo* in Greek meaning 'other', since in treating a disease it employed drugs, which in their effects, were *dissimilar* or foreign to the disease being treated. If a patient with hyperacidity, for example, went to an allopath he would prescribe antacids, but a homeopath would prescribe medicines that could induce simulated acidity. A physician is a homeopath or an allopath, depending on whether he uses similar or dissimilar drugs. Nevertheless, allopathy has chosen euphemistically to style itself 'modern medicine'. However modern it may be it continues to use only drugs dissimilar to disease and therefore for all its proclaimed modernity it is *no less allopathic today* -- indeed even more. Its much vaunted modernity too is due to the unending imperative to update its array of drugs, which keep on becoming ineffective and obsolete even as diseases develop resistance to drug after drug continually invented. Alternative medicine is under no such constraint and has no need to whore after such dubious modernity. The risks to life and limb the modern allopathic drugs involve, the unsolicited serious side - effects and iatrogenic disorders and disablements they can cause, is a long story. There is also the obsessive allopathic practice of breaking down time-tested traditional drugs and herbs, de-compose their several constituents. And so disrupted, the sundered chemicals are severally prescribed independent of the many other constituents that together constituted the original whole. When the original organic wholesomeness is undisturbed there might be no serious side - effects because of the intrinsic, mutually complementary and balancing factors. Once this micro - environment is mutilated, the isolated constituents are fraught with unwelcome side - effects, quite often serious.

Homeopathy differs radically from allopathy not only in its perception of cure but equally in its perception of illness. It would not be far-fetched to say homeopathy knows no diseases as such *but only patients*. And in treating a patient, once his individual constitution is comprehended, as well as the significant symptoms, the names of the diseases he may be suffering from become so many vacuous labels.

It is a basic postulate of homeopathy that there is an intangible *vital force*, which is the radiating source of life and health in every living organism.



(Allopathy however dismisses the whole doctrine of vitalism as unscientific). Disease is a derangement of the vital force and in seeking to cure a patient homeopathy induces in the patient a simulation of his own illness to pose a sort of *ersatz* challenge to his vital force on a *subtle* plane and rouse it out of its therapeutic slumber as it were, to enable it to rearrange its defences. It is only when a patient's vital force can't be aroused, his vital force can't gird up its loins, that he becomes incurable. Thus, although it may sound paradoxical, yet really speaking, homeopathy by itself treats no disease and cures no patient but only gives a profound fillip to the patient, i.e., his vital force, to treat his disease and cure it himself. This point needs to be underscored because it is a very distinctive feature of homeopathy, crucial to understanding its essence. It is a fundamental implication of the teaching of its founder, yet seldom explicit in the many expositions of the therapy, old or new.

The similar remedy, by apparently augmenting the illness *ad hoc*, galvanizes the patient's vital force into action to encounter the causative factors of the illness and *eliminate* them. The role of the remedy would seem to stop at this *ad hoc*, galvanizing point. The patient's own vital force takes over then and it treats and cures him. The dissimilar allopathic drug however has no such scope to prod the patient or leave it to his organism to deal with his illness and eradicate it. Allopathy rests on its built-in presumption that the body can't cure itself. It has a wholly *materialist* view of disease, health, indeed of life itself. With its rude physical perception of disease at the pathologic level it is predisposed *mechanically* to remove the perceived physical agents of disease. Proceeding thus as it does it is foredoomed to a shallow understanding of the causation of disease because it is heavily shackled to a Procrustean pathological framework. Yet, if pathology is only the end product of disease, often the scavenging end, as alternative therapy contends, the real cause(s) of disease can't be handled or eliminated on the pathologic plane, and in claiming to cure, all that allopathy does is to remove the pathologic signs and symptoms. When however the signs and symptoms recur -- as obviously the causation has been left untouched -- the drugs have to be progressively augmented, inducing habitual drug dependence in the patient.

The pathologic symptoms arise actually when the disease *surfaces*, i.e. when the body seeks to throw out the disease. When the allopathic, dissimilar drugs force the symptoms to recede and they don't surface again, the disease gets *suppressed* within the system, only to take myriad other forms later. Dissimilar therapy, its etiology notwithstanding, would look upon them as new diseases, because the pathology seems so different, and deal with them with corresponding dissimilar drugs once again, in the same old style. Even granting for a moment, that disease is no more than its pathology, allopathy should be unexceptionable, were it only to assist the body to cast off the pathology rather than do the job itself. It would then abandon the *mechanical* approach of how to destroy the disease germs and reorient itself to the organic perspective of how to induce the organism itself to do the job instead. And if pathology is not the cause but only the result of illness, and accordingly *pathology is to be ranked*

*among the signs of disease*, all allopathic treatment of all diseases is no more than symptomatic.

Homeopathy, on the contrary, is *causational* therapy: it presupposes, *inter alia*, a solid understanding of the causation of illness -- and its causes can be, usually are, multiple, not all of them easily understood. Hahnemann is very particular that to cure is to *eliminate* the cause(s) of illness -- until then there can be no cure; and *pathology is not the cause*. Basing itself on mere pathology, swearing by it even, allopathy seeks to treat only the affected anatomic part of the patient, not the patient as a whole -- the *whole patient* -- as homeopathy does. It deals mechanically with just the localized pathologic signs, ignoring the patient himself who has the pathology. Two patients with the same pathology, *but not from the same cause*, would need different homeopathic remedies. If two patients had laryngitis because of sudden temperature change, one from warm to cold and the other from cold to warm temperature, the laryngitis may be pathologically 'same' but *not the cause*, and they would not need the same medicine if they had to be *cured*. But because of traumatic shock if one had diarrhea and another constipation, yet as the causation is the same, the same homeopathic medicine can be indicated. The causation may be constitutional or external: hereditary, environmental, occupational or circumstantial. The patient must be treated for the cause, not the results it spawns.

Signs and symptoms are the true language of illness and they play a central role in homeopathic diagnosis. Nevertheless, *the treatment itself is by no means symptomatic*. The signs and symptoms are not themselves treated but only the illness that lurks behind them. Or, to be more precise, the true nature of one's illness and its causation are comprehended through the distinct signs and symptoms and the organism is goaded to throw it out root and branch. When a person falls ill he or she develops various symptoms only as the body's defences seek to confront the disease and eliminate it. The signs and symptoms obviously are not the disease; neither are they simply the expression of the disease but of the ongoing struggle between the body's defences and the disease forces. Fever in influenza for instance is not just due to the 'flu virus but to the body's attempt to prevail over the cause of the 'flu, be it the virus or what you will. Tonsillitis too is very much part of this defensive process even according to the belated, modern recognition of modern medicine.

Once the symptoms of the patient are grasped, as they are in the particular individual, in their *totality*, the nomenclature of the illness becomes quite irrelevant. Since the remedies prescribed would in their effect be similar to the total symptomology of the patient they won't change with the *name* of the disease.

A patient may present a bewildering variety of symptoms in diverse parts of his anatomy but it shall not mean that we prescribe one remedy for the head, another for the feet and a third for the midriff. If there is a patient suffering from bronchitis, gastritis and phlebitis, they must be viewed as but three

pathological signs or manifestations of the illness in him, *not as three separate diseases*. The diagnosis must be integral to the patient *as a whole*, who is one -- his illness too is one, if its pathological manifestations happen to be three or thirty. Homeopathy insists on unified, integral, symptomology as against the 'miscellanized' pathology of allopathy. What can the physician *discern* about the patient's individual constitution, about his morbid make-up as a whole? Once it is grasped in its *totality*, he has to be treated for the totality of the picture the symptoms point to, not the severalty of disease labels that pathology may seem to indicate. And one single remedy would without doubt suffice to meet the morbid totality *at any given time*. There is no need for polypharmacy in homeopathy. Hahnemann has stressed time and again that a single remedy, the *simillimum* as it is called, can seek to tackle the entire illness of a patient, whatever the pathologic diversities involved. And the fact that a single remedy would do must unambiguously demonstrate the fundamental unity of all the illness in any individual and rule out the anarchic pathologic pluralism of allopathic medicine. In the absence of the totality of symptoms, the common physiologic matrix or constitutional base of a patient's illness is easily missed and a plurality of diseases is anatomically perceived and each such alleged disease is treated independent of others or several drugs are mixed to correspond on the aggregate mechanically to the multiple diseases without any therapeutic correlation among them. Traditional eastern medicine is able to steer clear of all this messy therapeutic tangle thanks to its hoary transpathologic *naadi* base, its *tridosha* and *saptadhaatu* perspectives.

If the symptoms have such a prime place in diagnosis, how could such entirely opposite symptoms as constipation and diarrhea call for the same medicine on occasion? No doubt they are diametrically opposite, but the symptoms are never to be viewed in the abstract, in isolation, or mechanically computed. Symptoms have to be truly weighted and evaluated. The patient behind the symptoms must be the real focus of attention and the physician must investigate how the patient has developed the morbid symptoms. This is the study of *causation*, which is really the undercurrent or foundational symptom and as such commands an invariable primacy in the scale of symptoms. Causation is the original or prime symptom, so to speak, and where the causation is the same but the individual symptoms vary with patients, the individual variance can, for the nonce, lose its evaluational weightage against the overarching factor of common causation.

In stumbling upon the principle of *similia similibus curantur*, while he investigated the symptomology of quinine, Hahnemann was only resurrecting what had remained almost dormant in Hippocrates, the father of western medicine. The real discovery of Hahnemann's however is the great principle of single remedy in *microdose* and its progressive rarefaction in an ever ascending scale of dynamic *potentization*. The potencies, in fact, are the one unique feature of homeopathic medicine. In the initial stages Hahnemann thought the allopathic drugs were too rude and gross and they had to be weakened to render them safe and to this end they had to be diluted and refined. Accordingly the homeopathic medicines that were initially made were called only *dilutions* or *attenuations* by Hahnemann. It was only in *proving* the dilutions for a while

that Hahnemann realized that they were no simple attenuations, but really speaking *potencies on a higher plane* that *dynamized* the drug, by unlocking the powerful, subtle, healing energies packed up, hidden, deep within it. The process of potentization thus releases the curative powers that lie dormant, buried deep, in the inert material substance. The high and highest homeopathic potencies that have subsequently evolved have indeed pushed homeopathy verily to the occult, *supernatural*, realm of the *trans-alchemic* and *maantrik*. Materially speaking there is no substance in the potencies. It is the ethereal transmutation that a substance undergoes in the process of potentization that turns it '*spirit-like*', 'pure medicinal spirit', as Hahnemann proclaims it, and endows it with its healing, curative, powers. The potencies by this ultra-alchemic transmutation carry with them the utmost refined and subtle dynamic vibrations on the ethereal plane in much the same way as potent mantras. It would therefore be most appropriate to call them '*healants*', in view of their unique distinctiveness, to mark them off from the common remedies and gross drugs of many therapeutic systems. This unique breaking up of matter, its infinitesimalization, it must be borne in mind, may not be on the same plane as the molecules, atoms and particles of modern science. In claiming, as some do, that the super-potencies – which to the cocksure allopaths are no more than plain water playing placebo – carry a powerful 'memory' of the original drug, one can not be too sure that memory is not a euphemism for our ignorance of what actually it could be. But to dismiss them as placebo is the height of smug ignorance. Would it be placebo if the 'plain water' cures an animal, an infant or a person unconscious or in coma ?

Hahnemann was also the first to comprehend the prime role of the mind in disease and its treatment, to grasp disease in its entire psychosomatic context. If there are three patients, two of them suffering from typhoid and the third from pneumonia, but the first typhoid patient is calm and stoic, while the second of them, as well as the pneumonia patient, has great restlessness, anxiety and fear of death, the treatment of the second typhoid patient could be far closer to that of the pneumonia patient and quite unlike that of the first typhoid patient. It is, more than anything else, the mental symptoms that determine the choice of the remedy and the differences in pathology among patients may carry little weight when they are mentally alike.

In exploring the principle of *similia similibus curantur* Hahnemann had to probe the full range of the symptomology of each healant before using it. He could not depend on the available empirical or clinical reports or hearsay for this purpose and so had to prove the pathogenic range of the healants actually by administering them to (willing) normal, healthy, human beings, including himself foremost. All the homeopathic provings have been done by teams of *human beings* who have volunteered for the job. Only provings on human beings can bring out the drug effects on human beings, particularly their impact on the human mind. Animal experiments, so characteristic of allopathy, have little bearing on the human plane, if the accent is on the mind and its nuances -- forgetting for a moment the wanton cruel torture of the animals involved. After

elaborate provings and collateral clinical verification and critical evaluation of diverse symptoms the homeopathic materia medica has been composed.

The evaluation of the symptomology of the healants is a crucial and arduous task, demanding no small *insight*: yes, homeopathy demands deepest insight. But the sorting out of the healants and their morbid picturization has been done so well that a trained homeopath can easily *discern* the pathogenic potential of each healant or on scrutinizing a patient and his individual constitution, correlate it to the corresponding similar healants. However, matching medicines and patients is no sordid business of computing parallel symptoms of either, attempting a one to one correspondence between them -- there can be no arithmetic tally with the patient's caboodle of symptoms. One must, on the contrary, look for the causational affinities, the constitutional accordance, the distinctive parallels between patients and drugs. Or, on occasion, some unique, peculiar, rare, sign or symptom in a patient may *flash* the symptom-totality and the right, simillimal, healant to the physician. A single healant so selected, almost a morbid replica of the patient, so to speak, may at times be all that is needed to cure him. Should it not suffice, there can be no second prescription yet until the improvement occasioned by the first ceases. And each new prescription must be preceded by a fresh, searching, look at the patient as a *whole* in the context of the gamut of symptoms *then*. Those who cry hoarse that homeopathic potencies, particularly the highest ones in the infinitesimal range, are no more than phantom figments, must honestly put them to the test. 'The efficiency of the potency is the stumbling block to the materialist' (H. C. Allen). Let them see for themselves whether the phantoms work or not, and as H.C. Allen challenged, publish the failures to the world. Prejudice is the one enemy of truth.

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However valid or essential it may be, the homeo triadic base of illness, psora, sycosis and syphilis, variously anticipated by oriental / greek medicine and reiterated by Grauvogl, has not been articulated here, since symptomology, deeply observed in all its intricacies, would surely flash flash the right healant, triadic or otherwise.

### 1. ACONITE (*Acon.*)

1. Sudden, violent onset of illness. Agonized, frenzied tossing about. High fever, delirious raving, anguish, tension, restlessness. *Fright*, particularly fear of death: predicts the date and hour of his death. Pulse, full, bounding and hard. Unquenchable thirst.

2. Sudden violent onset of symptoms. Raving in high, delirious fever with agonized, frenzied tossing about, marked by great anguish, anxiety, worry but seldom unconsciousness. Acute mental and physical restlessness, great *fright*, especially fear of death: predicts the date and hour of his death -- even proclaims in delirium he is dead already -- although the illness is none too grave. Intolerable pains, driving one crazy, yet does not want to be touched. Sudden onset of high fever in *dry, cold* weather; skin dry, hot; face red / pale and red alternately; hot hands and cold feet; bounding pulse; *burning*: unquenchable *thirst* for large quantities of cold water, yet drinking water may only increase the thirst; a *general, over-all* inflamed state; sweat copious, warm, even hot, relieves all pains and other symptoms. Wheezing worse *expiration*. Asphyxia neonatorum (followed by *Op.* - J. H. Clarke). Sudden health upsets, including dysentery, during warm days with cool nights.

3. In *Bell.* too there is sudden, violent onset of illness, restless, excited mind, high fever and delirium, but little thirst, anxiety or fear, and inflammations too more *localized*. In *Ars. A.* too there is great anguish and restlessness, fear of death, intense *burning* pains -- but the patient is *better by heat* and thirst unquenchable but for small, frequent, warm sips and unlike *Acon.*, *Ars. A.* has marked periodicity of illness. Wheezing worse by inspiration: *Spon.*. Expiration very strenuous: *Med.*, *Meph.*, *Sambucus Nigra*. Asphyxia neonatorum: *Ant. T.*, *Hepar.*, when *Ant. T.* fails; *Laurocerasus*. Affections during warm days with cold nights: *Dulc.* 4. Principal healant for retention of urine in the new born. Amenorrhea in plethoric, young girls -- after fright, cold draft / bath; prevents suppression of menses. After effects of fright, even remote. Sudden blindness from abrupt / steep thermal changes. 5. Intermittent fevers; calm, relaxed temperament, localized inflammations. 6. Fright / fear; dry, cold weather / drafts; heat / hot weather / sunstroke; injury, shock. 9. Heaty patient, *better* in open air; *worse* in warm room, evening / night / midnight, dry, cold weather. 10. *Sul.*, chronic complement -- precedes / follows well. 11. Indicated in functional rather than structural disorders; in *synochal*, not in intermittent, periodic, fevers. Short-acting, bears repetition.

### 2. ACTEA RACEMOSA (*Act.R.*) (*Cimicifuga Racemosa*)

1. Marked alternation of symptoms: alternation itself thus a leading symptom; mental and physical symptoms alternate, one takes over as the other subsides; mania after neuralgia subsides. Crazy sense, wild feeling in the brain, cures all kinds of symptoms during pregnancy in the *Act. R.* constitution.

2. Overwhelming sadness; mental and physical symptoms alternate, one takes over as the other subsides; sense of gloom and dejection; hysteria, hypochondriasis, incessant talking, constantly changing subjects, shifting from one topic to another, as in delirium tremens. Mania after neuralgia subsides; puerperal mania; insanity before menses. Crazy sense, wild feeling in the brain, shooting / throbbing pain in the head from mental worry / overstudy / reflex of uterine disorder; neuralgic headaches in women with uterine disorders / in cerebro-spinal meningitis; waving / shutting and opening sensation in brain; brain feels too large; pressing outward pain; sensation as if the top of the head would fly off, as if the skull was lifted up, as of a bolt from the base of the skull to the vertex. Intense aching of the eye ball; pain from eyes to the top of the head; insomnia. Severe mental / rheumatic symptoms during menses, coupled with extreme jerking and cramping of limbs, even epileptic spasms and sleeplessness; Rheumatic and hysterical symptoms intermingle; increase in flow increases suffering, aggravates mental symptoms; menorrhagia with pain in the back, down the thighs through the hip, with heavy pressing down, uterine / ovarian / infra-mammary pains; infra-mammary pains, left side, during climacteric; electric shock-like shooting pains. Chest and uterine pains darting from side to side. Second only to *Puls.* in amenorrhoea, especially from emotions / cold / fever. Facial blemishes in young women. Cures all kinds of symptoms during pregnancy in the *Act. R.* constitution. Labour marked by hysteria; as labour progresses the pains shift from the uterus, say, to the hip. *Act. R.* will monitor labour and ensure its hold to the end without break. Any surge of emotion would arrest labour or if past labour, stop the lochia, with all attendant problems, induce cramps, after-pains, agalactea. When indicated otherwise, given before term, it eases labour. Cures sickness of pregnancy; prevents after-pains; prevents still-births in women with history of still-births, if given daily doses of 1x to 3x for two months before term.

3. Mental and physical symptoms alternate: *Lil. T.*. Crazy, wild feeling in the head: *Lil. T.*. 9. Chilly patient but headache better in cool, open air. *Actea Spicata* (*Act. S.*): 1. Rheumatism of the small joints: fingers / wrists / toes / ankles. Violent pain in the upper jaw, running from teeth through molar bones to temples. Lassitude after eating. 3. Rheumatism of small joints: *Caul.* In cerebro – spinal meningitis *Med.* Follows *Act. R.* 11. *Act. R.* adapted more to women, *Act. S.* to men.

### 3. ALOE (*Aloe*)

1. Little control over bowel, as if stool would escape any moment; frequent, small, lumpy, jelly-like stools, with much mucus -- even involuntary; rectum burning; dysentery / diarrhea in hot, dry weather.

2. Constant bearing down in rectum -- bleeding, sore, hot and burning, relieved by cold water. Must rush to toilet on getting up in the morning. Urine / motion, cannot pass one without the other. Rectum feels insecure -- sphincter ani seem paralysed; little control over bowel as if stool would escape any moment; frequent, small, lumpy, jelly-like stools, with much mucus, even involuntary; rectum burning, painful, sore after stool; urge to stool every time

after eating; urge to stool, yet only hot flatus passes, giving relief, but the urge to stool returns. Diarrhea, mornings and afternoons, yet stool normal in the evenings. Involuntary / unconscious evacuations in constipation, of hard lumps of feces, especially in children. Diarrhea from beer.

3. Diarrhea mornings and afternoons, stool normal in the evenings: *Pod.* Bowel moves with urination: *Apis, Mur.Ac.* 6. Indolent / sedentary life, summer heat, old age. 9. Heaty patient, *better* cold, open air, cold applications; *Worse* early morning, dry heat, after eating / drinking. 10. *Sul.*, chronic complement / antidote. 11. The chief indications of *Aloe* are to be found in the anus / rectum / stool.

#### 4. ALUMINA (AL.)

1. Dry constitution. Constipation; great strain to pass even soft stool. Abnormal cravings. Catarrhal conjunctivitis, ectopion, squint, ptosis. Buzzing in the ears, otorrhea. Ozena atrophica sicca. Lead colic. Skin dry, chapped, tettery, nails brittle.

2. Paretic condition of the rectum; constipation: even soft stool passed with great strain – common with babies, children and pregnant women; constipation of infants when no other healant is apparently indicated, of nursing children, bottle-fed / on refined, artificial diet, of old people. Must strain at stool to urinate; urine slow to start, slow to flow, dribbles involuntarily; Frequent urination in old age; retention of urine. Abnormal cravings: for chalk / charcoal / tea or coffee grounds, etc.; esophageal constriction; chronic eructations. Blepharitis: great dryness of the conjunctiva; catarrhal conjunctivitis with burning dryness, but little discharge / destruction of tissue. Granular eyelids, mucus membranes thickened, causing ectropion (turning out of the eyelids); paralysis of the internal rectus muscle of the eye, causing squint / ptosis; internal recti weak; children with strabismus during teething. Hearing deranged: all sorts of sounds, buzzing in the ears; purulent otorrhea. Ozena atrophica sicca. Talking fatigues; sore throat of public speakers / in thin patients; soreness / rawness / hoarseness / dryness. Talking aggravates soreness of chest; condiments produce cough. Paralysis of extensors / flexors. Numbness of nates when sitting. Girls dried up, wrinkled at puberty. Profuse, acrid leucorrhoea, draining to the heels. Skin: dry, chapped, tettery; all sorts of eruptions; the skin withers: cracking, bleeding with thickening, indurations, ulcerations. Sweating rare / scanty; nails brittle; gnawing beneath finger nails; formication in the back and legs.

3. Diarrhea of babies, bottle-fed / on artificial food: *Pod.*. Paralysis of extensors: *Curare*. Relaxed uvula in sore throat: *Alumen*. Blood comes in large clots in bowel hemorrhage: *Alumen* (E. B. Nash). Bronchial catarrhs of old people: *Alumen*. Scirrhus of the tongue: *Alumen* (W. Boericke). 9. Chilly patient. 10. Chronic of *Bry.*; chronic of *Sep.* (E. B. Nash). 11. *Alumen* is one of the best healants for bowel hemorrhages in typhoid (E. B. Nash). *Alumen* is Potash Alum.



## 5. ANTIMONIUM CRUDUM (*Ant. C.*)

1. Great sadness, abject despair; sentimental mood in dim, diffused light. For the extremes of life: childhood / old age. Exhausted in warm weather, yet thirstless; also worse from cold weather / cold bath. All complaints center round the stomach. Rheumatism alternating with gastric symptoms. Skin: callouses / warts / corns. Absence of pain where pain should be expected.

2. Mental and gastric symptoms point to its choice. Great sadness, abject despair, *loathing of life*, predisposed to suicide. Sentimental mood, ecstatic love, in mellow, diffused light / twilight / moonlight. Hysterical girls: ill-effects of unrequited love. Irresistible urge to talk in rhymes / repeat verses. Children fretful, peevish, can't bear to be touched / looked at / spoken to, angry at least attention. Children / young people inclined to grow fat. For the extremes of life: childhood / old age. Old people with morning diarrhea, suddenly become constipated; or diarrhea alternating with constipation (foremost healant). Persistent drowsiness of old people. Can't bear heat of the sun, worse over-exerting in the sun / over-heating near fire / radiated heat; exhausted in warm weather, loss of voice from getting overheated; sun-burn; yet *thirstless*. Worse cold weather / cold bathing; violent headache / suppressed menses; cold from swimming; child resents cold bath; headache after river bathing; better from warm bath. Headache from taking cold, from liquor / candy / repressed eruption. *Tendency to take cold about the head*. Suffocating catarrh. Chronic sore eyes of children; chronic blepharitis; eyes red, canthi raw / fissured. Nostrils and labial commissures sore / cracked / crusty. Nose bleed with vertigo / headache / rush of blood to head. Pimples / pustules / boils on the face. Cracks in the corners of the mouth, *tongue coated thick white*. All complaints seem to center round the stomach. Heart burn / nausea / vomiting / prolonged retching. Vomiting gives little relief. Gastric complaints from overeating; constant feeling of overloaded stomach even when nothing had been eaten; stomach distended, abdomen flat. Indigestion from over-loading the stomach with fats / sweets / indigestible food / sour wine; overall aggravation from sour wine; gastric disorders from eating pork. Stomach weak, digestion easily disturbed in old people. Child vomits little white curds after nursing, very cross, refuses to nurse again. Acute rheumatism alternating with gastric symptoms. Gout with characteristic *Ant. C.* symptoms. Gouty metastasis to stomach / bowel, catarrhal proctitis. Measles delayed / vomiting during measles. Constant belching, discharge of flatus up and down for years. Violent abdominal pains / burning / distention associated with gastric symptoms. Summer diarrhea: lumpy / liquid, hurries to stool repeatedly; diarrhea ending in dysentery. Urine: burning, turbid, foul. Rheumatic contraction of muscles with curvature of limbs. Abnormal growths on skin: skin indurates, tends to form warts / callouses / corns; rough scaling of skin with horny patches. Nails grow slowly, brittle, tend to crack, grow out of shape/*in splits*; warts under nails / on tips of fingers. Large horny corns on soles of feet, inflamed corns, pain in heels.

3. Gastric disorders from eating pork: *Puls*. Child vomits milk in curds, so large as to almost choke it, followed by exhaustion and deep sleep, but the child nurses again just as soon as it wakes up: *Ethusa Cynapium*. Gouty metastasis to

stomach: *Colch.* Complaints center round the stomach: *Hyd.* 4. Absence of pain where pain should be expected. 6. Over-eating / summer / getting over-heated / winter / cold drafts, bath / unrequited love / repressed eruptions. 9. Heaty / chilly patient. *Worse* evening, heat, acids, wine, cold bath; *better* open air, rest, moist warmth. 10. Complementary: *Sul.*; Antidote: *Hepar.* 11. After severe illness and before convalescence stabilizes, there could be a lack of 'will to live', prejudicing recovery and promoting fatality, which may precipitate metabolic inhibitions or induce the patient to ignore injunctions and hinder recovery. *Ant. C.* can tone up the *morale* of such patients (E. A. Neatby and T. G. Stonham). *Almost specific in rheumatoid arthritis* (Dr. Schwartz quoted by M. L. Tyler).

## 6. ANTIMONIUM TARTARICUM (*Ant. T.*)

1. Great rattling of mucus in the bronchi and lungs; deep, hollow, dry, choking cough, but little expectoration. Hippocratic face. Rapid, short breathing, hard and strenuous -- abdominal breathing. Pneumonia: edema, hepatization, impending paralysis of lungs. Great sleepiness.

2. Great rattling of mucus in the bronchi and chest, with deep, hollow, dry, choking cough, but little expectoration. Hippocratic face, pale, covered with cold sweat, suffering and anxious look, eyes sunken, dim, vacant, with dark rings around; lips pale and shrivelled. Pneumonia: nostrils dilated, *flapping of alae nasi*. Burning sensation in the chest which ascends to the throat. Rapid, shallow breathing, hard and strenuous. Edema, hepatization, impending paralysis of lungs in pneumonia. Irresistible, excessive inclination to sleep due to phlegm filling the lungs. Thirst for cold water, little and often. Persistent nausea with retching and vomiting. *Asphyxia neonatorum*: Baby pale, bluish at birth, gasping -- though cord still beats. Asphyxia from mucus in bronchi or in apparent death from drowning, from impending paralysis of lungs, from foreign bodies in larynx and trachea -- with drowsiness, even coma. Emphysema of the aged. Breaking backache (second only to *Var.*). Urethral burning during and after urination. Skin eruptions like small pox. Warts on glans penis. Child clings to those around, wants to be carried, cries and whines when touched.

3. Supplants *Ipec.* when the lungs seem to fail: the patient becomes sleepy as the cough declines or ceases. Indicated in bad effects of vaccination when *Thuja* fails and *Sil.* is not indicated. Children not adequately improving under *Ant. Tart.* need *Hepar.* *Asphyxia neonatorum*: *Acon.* followed by *Op.*; *Laurocerasus*; when *Ant. T.* fails. *Hepar.*; *Carbo V.* in pneumonia when *Ant. Tart.* fails. Flapping of the nostrils: *Chel.*, *Lyc.*, *Phos.*, *Pyr.*, *Sul. Ac.* Edema, hepatization, impending paralysis of lungs in Pneumonia: *Lyc.*, *Phos.*, *Sul.* *Ars. Alb.* too has thirst for frequent, small sips but for warm water. Death rattle: *Tar. C.* 4. Relieves death rattle. 9. *Better* in cold, open air, sitting erect (respiration), expectoration. *Worse* damp, cold weather, warmth of room, evening. 10. Antidoted by *Puls.*, *Sepia.* 11. Indicated chiefly in respiratory disorders. Pneumonia when the fever subsides and the chest is heavily loaded with phlegm.

## 7. APIS

2. Sudden, violent complaints. Face pale, puffed, eyelids -- invariably lower eye-lid, lower lip *swollen*. Edema red, rosy hue: sore, stinging pains; intolerance of warmth / slightest touch. Meningitis, cerebro-spinal meningitis: opisthotonos; lapses into stupor, unconsciousness; semi-conscious, sudden, wild screams: *cri encephalique*; rolling of head side to side / head drawn back / opisthotonos. Metastases of mumps to brain. Convulsions from hot bath in brain disorders. Styes: cures/ prevents recurrence. Edema of larynx, painless as it worsens; the uvula hangs down like a sac of water; the tongue swells until it fills the mouth. *Diphtheria* -- almost a specific in true diphtheria -- great swelling, severe stinging when attempting to swallow; extreme inertia and stupor. Bad effects of retrocessed / suppressed eruptions, eruptive fevers, urticaria, etc. Peritonitis. Diarrhea: following retrocession / suppression of eruptions -- as though the anus was wide open. Urine: frequent, *scalding, painful*, bloody; incontinence: can scarcely retain it a moment. Retention of urine in nursing babies. Albuminuria after scarlatina, when *Canth.*, *Digitalis* and *Helleborus* have failed. Mania in women from sexual indulgence / arrested menstruation. Fever: perspiration breaks out and dries up frequently; profound sleep after fever paroxysm; feels sore, bruised. Thirstless in fever / dropsy. Pains: sore, stinging, burning: pains suddenly shift location. Lack of muscular coordination. One side of body convulsed, the other side paralysed.

3. Styes: *Staph.*: cures/ prevents recurrence. Swelling: of upper eyelid: *Kali C.*, of both eyelids: *Phos.* Diphtheria, painless: *Bap.*. Retrocession of eruptions: *Zinc. M.*. Convulsions from hot bath: *Op.*. Faints from hot bath: *Lach.* Metastases of mumps to brain: *Bell.* Inimical: *Rhus. T.* 4. Metastases of mumps to brain Apis following Bell. 6. Jealousy, fright / rage, vexation, mental shock. Retrocession / suppression of eruptions. 7. Women especially widows, girls, children. 8. Right; right to left. 9. Heaty patient. 10. Complementary: *Nat. M.* Incompatible: *Rhus T.* 11. Fear / premonition of death, not uncommon.

## 8. ARGENTUM NITRICUM (*Arg. N.*)

1. Prolonged mental exertion: withered, dried-up, old-looking. Purulent ophthalmia, conjunctivitis. Diarrhea from fear of examinations, any excitement: watery, with greenish mucus. Urine passes unconsciously day and night. Craving for sugar.

2. Acute / chronic diseases from unusual / prolonged mental exertion. Withered, dried-up, old-looking. Melancholic, nervous, impulsive, irritable, impatient. Strange fears, impulses, delusions; fear of loss of self-control; fears of anticipation: when an engagement is due, diarrhea sets in; fear of examinations and ill-effects of it. Ophthalmia neonatorum: Profuse, purulent discharge. Eyelids sore, thick, swollen, agglutinated in the morning; a priceless remedy in purulent ophthalmia; acute granular conjunctivitis: discharge profuse, mucopurulent. Weakened ciliary muscles. Cornea opaque ulcerated. Corneal ulcer of the new-born. Great photophobia. *Eye-strain from sewing*. Sensation of fish bone in throat. Craving for sugar though it causes diarrhea; gastric and bowel disorders from addiction to sweets. Belching in most gastric complaints.

Eructations, difficult, loud, often ineffectual. Nausea, retching and vomiting: brown, flocculent, like coffee grounds. Invaluable in gastritis of drunkards. Burning and constriction in stomach. Craving for everything cold, cold air. Abdomen distended with wind; colic, but discharge of wind gives little relief. Diarrhea from excitement, fear, anticipation of examinations; diarrhea of nursing women eating much sugar -- which may be passed on to the baby -- with ascending / descending flatulence; diarrhea of babies after weaning, with copious flatus during stool; diarrhea noisy, watery, with *greenish* mucus, like chopped spinach in flakes or turns green on diaper. Urine passes unconsciously day and night. Urethra inflamed - burning, itching, painful, cutting, splinter-like. Metrorrhagia in young widows, in sterility. Chronic laryngitis of singers, high notes cause cough. Epileptic convulsions, with greenish discharges, green stools. Great weakness, marked emaciation of lower extremities. Chilly when uncovered, yet feels smothered when wrapped up.

3. Fear of examinations: *Anacardium Orientale*. Marked emaciation of the upper part of the body, particularly shoulder: *Nat. Mur.*. Weakened ciliary muscles: *Lil. T.*. Sensation of fish bone in throat: *Hep., Nit. Ac.*.8. More left-sided but affects both eyes. 9. Heaty patient. 11. Restores the strength of weakened ciliary muscles.

## 9. ARNICA (*Arn.*)

1. Trauma; Injuries, falls, blows, concussions, contusions, shock; entire body sore, bruised.

2. Traumas: Injuries, falls, blows, concussions, contusions. After-effects of traumas, however slight or remote. Traumatic fever / meningitis. Traumatism of grief, remorse, loss -- even financial or material loss. Shock: entire body sore, bruised: extremely sore to touch, even soft, cushiony bed feels too hard, making one restless and change positions. Claims to be well when desperately ill. In injuries prevents suppuration, septic conditions, promotes absorption. Retention / incontinence of urine after labour. Constant dribbling of urine after labour. Prevents post-partum hemorrhages / puerperal complications. Tendency to small, painful boils, one after another. Ribbon-like stools from enlarged prostate / retroverted uterus. Constipation / impaction of stools from injuries. Stool / urine involuntary in sleep in typhoid. Whooping cough with nose bleed. Pseudo-pleurisy. Mastitis from injury. Spermatorrhea from sexual indulgence. Hastens absorption of intra-ocular hemorrhage.

3. See other traumatic remedies: *Bell. P., Calen., Echin., Hyper., Ledum, Mag. Phos., Natr. Sul., Ruta, Sil., Symp.*. Retention or incontinence of urine after labour: *Op.*. Constipation or impaction of stools after injuries: *Ruta*. Small boils in crops: *Sil., Sul.*. Whooping cough with nose bleed: *Merc.* Spermatorrhea from sexual indulgence: *Sym.*. 10. *Sul. Ac.* follows well in bruises of soft parts. 11. *Gun powder*, generally in the 3x potency, is very effective as an external application in abscesses, pus discharges, carbuncles, septic wounds and ulcers that refuse to heal. [So too charcoal powder (sterilized by dry heat over fire), an

excellent external application.] *Gunpowder* internally in higher potencies for the above conditions and for recurrent boils. Short-acting, bears repetition.

### 10. ARSENICUM ALBUM (*Ars. A.*)

1. Prostration too great, out of proportion to the illness. Great anguish, restlessness, fear of death. Intense *burning* sensation -- *relieved by heat*. Insatiable thirst, but for frequent, small, *warm* sips. Breathing distress setting in around *midnight*.

2. Persons too tidy and fastidious. Prostration too great, out of proportion to the illness. Intense *burning* pains, yet better by heat. The affected parts burn like fire: no other remedy has burning in so marked a degree, *relieved by heat*: combined with a sensation of freezing -- burning outside but cold within. The heat, burning, in the head relieved by cold air / applications. All discharges acrid, putrid, but *scanty*. In fever, unquenchable thirst but only for frequent, small, *warm* sips. During sweat it is for *large* quantities of *cold* water, but may be vomited at once; more sweat, more thirst. But in chronic *Ars. Alb.* cases there may be no thirst. Great anguish, restlessness; changes place continually. Thinks illness incurable and treatment futile. *Fear of death* -- yet much predisposed to suicide following any *fright*. The greater the suffering, the greater the anguish and fear of death. Violent delirium in high fever. Wheezing; asthmatic, eosinophilic, fears suffocation, worse from *midnight*. Burning in chest; suffocative catarrh: unable to lie down for fear of suffocation. Irritable heat from consuming tobacco; palpitation, dyspnea, dilatation, angina pectoris. Nausea, retching, vomiting, burning pain. Pressure in rectum and anus with burning pain. Urine: scanty, burning, involuntary, albuminous, epithelial cells, pus, blood; Bright's disease; diabetes. Menses too early and profuse, burning pain in ovaries. *Menorrhagia*. Ill-effects of fruits, especially watery fruits. Seaside complaints. Gangrene, better by heat.

3. Fear of death is common to both *Acon.* and *Ars. Alb.* but the *Acon.* patient 'predicts' the day and hour of death. In *Ars. Alb.* the fear of death may be superseded by predisposition to suicide during fright. Thirst too is common to *Acon.* and *Ars. Alb.* but in *Acon.* it is for large quantities of cold water at a time; the *Ars. Alb.* thirst in fever is only for frequent, small warm sips. The *Ars. Alb.* patient has burning sensation outside but cold within; in *Carbo V.* it is the reverse. When normal the *Ars. Alb.* patient is *very fastidious*, the very opposite of *Sul.*. In *Ars. Alb.* control over bladder may be lost after labour; in *Caust.* there may be retention of urine after labour. Ill-effects of (watery) fruits: *Bry.*, *Cinch.*, *Ipec.*, *Pod.*, *Puls.*. Sea side complaints: *Nat. M.*. Gangrene better by cold: *Secale*. Cold water drunk is vomited: *Phos.*. 4. In high potencies gives quiet and ease to the last moments of life. Maintains the system under stress of malignancy regardless of location. Involuntary urination after labour. 9. Chilly patient. *Better* heat, warm drinks and head elevated. *Worse* around *midnight*, wet weather, cold, cold drinks / food, sea shore, on sea, right side. 10. When *Ars. A.* fails in involuntary urination after labour: *Caust.* (though *Caust.* has only retention of urine). 11. *Bap.* to neutralize *Ars. A.* if it has been given improperly or too often in typhoid. Short-acting, bears repetition.

### 11. ASAFOETIDA (*Asaf.*)

2. Flatulence and spasmodic contraction of the stomach and esophagus with reverse peristalsis of the stomach and bowel: most characteristic. Ascending flatulence, difficult but explosive belching, regurgitation. *Hysterical* flatulence. Violent gastralgia. Gurgling and rolling of wind which escapes afterwards with loud and difficult, rancid eructation. *Globus hystericus*. Pressure toward throat; spasm of gullet and stomach.

4. Pains with numbness. 8. More left-sided. 9. *Better* open air, motion, pressure. *Worse* night, rest, warmth. 10. Antidotes: *Cinc., Merc.*.

### 12. BAPTISIA (*Bap.*)

*Typhoid* when stools become loose, dark, *bloody* and offensive and the illness threatens to take a serious turn. Epidemic flu, dengue. *Gloomy, besotted look* (more pronounced than in *Gels.*), bleary eyes, aching head, foul mouth, pains and soreness all over the body and profound prostration; consciousness hazy; collapse. Bed sores. Most useful in early stages of typhoid -- if indicated would abort it; zymotic fevers. Diphtheria: painless; the smallest solid particle causes gagging; advanced cases, fauces highly inflamed and dark; paralysis of the organs of deglutition; spasm of esophagus. Advanced pulmonary tuberculosis. Sore mouth of sucklings. Chronic intestinal toxemias of children with fetid, loose, stools and eructations. Dysentery of old people. In pregnancy: threatened miscarriage from mental depression, shock, nervous strain, low fevers. Typhus fever; shipboard fever.

3. Diphtheria, edematous: *Apis*. Typhoid with fetid black stools: *Tar. C.* 11. When *Ars. A.* has been given improperly or too often in typhoid. Almost specific for 'gastric' 'flu (M. L. Tyler). Threatened abortion / miscarriage from mental shock / depression / low fever / strenuous watching. *Mur. Ac / Rhus. T.* complementary.

### 13. BARYTA CARBONICA (*Bar. C.*)

1. Specially indicated in childhood and old age. Children lagging behind in physical and mental growth, with swollen tonsils and bloated abdomen; dwarfism. Degenerative changes in old age: cardiac, vascular, cerebral, pulmonary, prostatic. Childish behaviour in old age.

2. Specially indicated in childhood and old age. Children mentally and physically weak, retarded, dwarfish, pot-bellied, with inflamed / suppurating tonsils. Children late in learning to talk, read, in making combinations that enter into life or taking in images, forming perceptions; late in learning to walk. Baldness in young people. Nose-bleed preceding menses. Vertigo. Spasm of esophagus as food is ingested with choking / gagging; can swallow only liquids. Diseases of old men when degenerative changes begin: cardiac, vascular, cerebral, pulmonary, prostatic; swollen, indurated testes; very sensitive to cold, very weak and weary. Gastric weakness in old age, with possible malignancy. Tendency to apoplexy, palsy. Averse to meeting strangers. Weak, imbecile,

beclouded mind, forgetful, mistrustful, old, sickly, wizened look; advancing senility. Cataract. *Baryta Muriatica*: Bronchial affections of old people with cardiac dilation; arteriosclerosis of lungs; senile asthma; affections of the parotid glands / pancreas. *Baryta Acetica*: Pruritus of the aged.

3. Late learning to walk is from physical causes in *Calc.*; in *Baryta* the limbs are sound but the mind lags behind. Large, indurated tonsils after *Bar. C.* fails: *Calcarea Fluorica*. 8. More left-sided. Children with large heads: *Sil.* But *Sil.* sweats profusely on head unlike *Bar. C.*; *Sil.* Child self-willed, *Bar. C.* deficient in mental growth. *Bar. C.* for the congenitally feeble-minded, *Zinc.* for feeble-minded due to illness. 11. Slow in action, bears repetition.

#### 14. BELLADONNA (*Bell.*)

1. Sudden, violent onset of illness. High fever with *burning* heat, delirium, convulsions, great restlessness *but without anxiety, fear or thirst*. Face flushed, rush of blood to the head, intense headache, glaring eyes.

2. Sudden, violent onset of illness; high fever: intense, burning heat (burns the examining fingers, leaving a burning sensation in them). Rush of blood to the head: violent headache, scarlet face, glaring eyes (can't bear light), throbbing carotids. Pulse full, bounding (striking the examining finger like a buckshot). Hot head, cold limbs. Violent delirium, hallucinations, hydrophobia, even fear of being poisoned, with great restlessness (an angel when well but devil when ill). High fever without mental anxiety, fear, or thirst and usually without any toxemia. Pneumonia: Worse lying on the affected side. Remittent fevers running a rapid course. Inflammation in any part red, dusky; inflammations *localized*. Metastasis of mumps to brain *Bell.* Preceding *Apis*.

3. *Bell.* and *Acon.* both have sudden, violent onset of illness and great restlessness but unlike *Acon.*, *Bell.* has little anxiety, fear or thirst; inflammations more localized in *Bell.* but more general in *Acon.* *Bell.* has convulsions during teething like *Mag. Phos.*, but *Bell.* has high and *Mag. Phos.* no fever. Can't bear the dark, wants light: *Str.*. Fear of being poisoned: *Hyos.*, *Kali Bromatum*, *Lach.*, *Rhus. T.*. Worse lying on the affected side: *Phos.*; better: *Bry.*. 4. Prevents air-sickness in plane travel. Prevents and cures headache / cold / diarrhea after hair cut. Parotitis: metastasis to brain. 9. Chilly patient. *Worse*: after 3 p.m.; night, particularly after midnight; summer. *Better*: rest, standing or sitting erect; warm room. 10. Chronic complement: *Calc. C.* 11. Short-acting, bears repetition.

#### 15. BELLIS PERENNIS (*Bell. P.*)

2. Sprains, bruised soreness, venous congestion due to mechanical causes. First healant in injuries to the deeper tissues after major surgeries. Effects of injuries to nerves with intense soreness. Giddiness / cerebral stasis of old persons; old workmen, overworked / fagged with head complaints. Inability to walk, varicose veins and other discomforts during pregnancy from pressure of the uterus. 'Railway spine'. Varicose veins with sore, bruised feeling. Ill-effects

of sudden, wet chill / cold wind / cold food, drinks in warm weather / when the body is heated.

3. *Dulc.* in changes from warm to cold. 6. Trauma / venous stasis. 8. Basically left-sided. 9. Chilly patient. 10. *Arn., Ham., Hyp., Staph.*

### 16. BORAX (*Bor.*)

1. Children's remedy. Dread of downward motion. Plica polonica. Screams before passing urine. Intestinal fermentation. Night terrors of children.

2. Dread of and great anxiety from downward motion in nearly all complaints. When being laid *down* in a couch or crib child cries and clings to the nurse. Children cry out of sleep as if frightened -- wake up suddenly, screaming and grasping sides of the cradle without apparent cause. Plica Polonica: hair frowsy, tangled, splits, sticks together at the tips; if the bunches are cut off they form again and can't be combed smooth. Aphthae: in the mouth, on the tongue, bleeding when eating or touched; prevents child from nursing. Eyelids inflame at edges, turn in upon the eye, rub against the eyeball; eyelashes turned inward. Child passes urine frequently but *screams before passing*: acrid, pungent urine. Stools like boiled starch, loose, pappy, fermented, offensive. Copious, albuminous leucorrhoea, also after menses. Eczema of toes and fingers with loss of nails.

3. *Bor.* has dread, *Stan.* has dizziness from downward motion; *Calc. C.* worse by upward motion. Stools like boiled starch: *Arg. N.* Night terrors of children: *Calc. C.; Kali Ph.* 4. Effects of travel from altitudes. Indicated often for nervous women in all stages of life. Loathing of breast in infants from bad taste of milk. 9. Chilly patient; conspicuous improvement around 11 p. m. 10. Acetic acid, Vinegar and Wine incompatible with *Bor.* -- should not be given before or after. 11. *Bor.* given at the beginning of pregnancy to a *Bor.* patient, will change the milk and the rest of the constitution and enable her to nurse the baby.

### 17. BRYONIA (*Bry.*)

1. *Bry.* is dry. Dry constitution; dry cough; dry skin; all mucus membranes dry; dry, parched lips, mouth, throat. Constipation with *no urge to stool*; stools dry. Worse by least motion.

2. Marked over-all dryness. Parched lips, mouth, throat; great thirst for cold water. Baby won't nurse until lips are moistened. Skin dry; dry, hacking cough. Pneumonia: better lying on the affected sides pleuro-pneumonia. Constipation with no urge to defecate: stools hard, dry, as if burnt. Bitter taste – except water. Vertigo / headache: on rising / morning / from ironing. Aversion to and worse by least motion. Desires perfect quiet and rest and not be paid any attention. Sweats in sleep / on closing the eyes. Children dislike being raised or carried.



Breasts heavy, stony hard, pale, hot, painful. Vicarious menstruation: nose bleed / vomiting blood. Diarrhea from cold drinks when overheated.

3. The *Bry.* patient is a gourmand, the *Nux. Vom.* patient a gourmet. *Bry.* has little urge to stool, *Nux. Vom.* has frequent urge with never-get-done feeling. Warm temperature excites cough in *Bry.*, cold temperature excites it in *Calc. C.* *Bry.* follows *Acon.* well in pneumonia after *Acon.* has eliminated the restlessness and anxiety but not the high fever. Pneumonia, worse lying on the affected side: *Bell, Phos.* Vicarious menstruation: bleeding gums: *Calc. C.* Sweats in sleep / on closing the eyes: *Con., Lach.,* only when awake: *Sambucus, Sep.;* profuse sweating in sleep soaking the pillow: *Calc. C., Sil.* 4. Ailments from chagrin, mortification, *anger,* violence; after anger chilly but with head hot and face red. Headaches from ironing, particularly in professionals. Hoarseness and loss of voice in singers. Vicarious menstruation from nose. 9. Heaty patient, worse movement. 11. *Bry.* for the acute stage of *Nat. M.* headache, *Nat. M.* can follow after the acute stage is passed (M. L. Tyler). *Coloc.* is the nearest analogue to *Bry.* in its entire action on the human body (J. H. Clarke).

### 18. CALCAREA CARBONICA (*Cal. C.*)

1. Sweat around head -- elsewhere scanty -- wetting the pillow. Open fontanelles; delayed dentition; children late in standing / walking. Child refuses to suckle. Worse by upward motion: vertigo; lung disorders of tall, thin, rapidly growing youth. Predisposed to diarrhea.

2. Sweat, especially about head, from least exertion; head covered with sweat -- elsewhere scanty -- even in a cold room, in cold air; sweat on forehead, face, occiput -- wetting the pillow. Children with dry, flabby skin, large, open fontanelles; proud flesh in umbilicus. Children who grow fat, with large head, face bloated, pot belly, pale skin and chalky look. Children who crave eggs, eat dirt and other indigestible things and are often disposed to *diarrhea.* Bone development deficient, rachitis. Difficult, delayed dentition / learning to stand / walk; Children with no disposition to walk, won't try. Night terrors of children, wake up around 2-3 a. m. screaming and can't be made to understand, but remember nothing of it in the morning. Eczema, eruptions, scabs on the scalp; alopecia areata. Eyes inflamed, lachrymation, pustules, ulcers; with opacities following. Otorrhea. Coryza alternating with colic. Leucorrhoea of small girls. Girls who are flabby, plethoric, *grow too rapidly.* Menses too soon, too profuse, too prolonged with subsequent amenorrhoea and chlorosis and menses scanty or suppressed. Least mental excitement causes profuse return of menstrual flow. Vicarious menstruation: bleeding from gums. Lung diseases of tall, slender, rapidly growing youth. Primary complex. Foul urine. Sweat of single parts: head, chest, abdomen, legs, feet; feet raw, sore, from sweat. Profuse sweat in sleep, soaking the pillow. Peevish, cross, without cause, as though one would like to run up and down and scream. Lactation abundant but disagreeable: child refuses to suckle. Deficient lactation with distended breasts in lymphatic women. Worse by upward motion; vertigo on climbing stairs; extreme dyspnea. Chronic dilatation of pupils. Fistula: lachrymal/ parotid.. Deafness from

working in water. Colic: gall-stone/renal. Enuresis, urine fetid, bloody. Hyperchlorhydria. Soles of feet raw.

3. Worse by downward motion: *Bor.*. Vicarious menstruation: nose bleed: *Bry.*. Late learning to walk from want of mental development, though the limbs are well developed: *Bar. C.*. Night terrors of children: *Borax, Kali Ph.*. Profuse sweating in sleep, soaking the pillow: *Sil.*; only in sleep / on closing the eyes: *Con., Bry., Lach.*; only when awake: *Sambucus, Sep.*. Hyperchlorhydria: *Calc. C.*.  
4. Lachrymal ducts closed from exposure to cold. Timely prescription of *Calc. C.* in Pott's disease, with right mechanical aid, prevents curvature. 7. Fair, plump children; children with open fontanelles and sutures. Excessive obesity of young people. Youth rapidly growing tall: *Phos. A., Phos.* Climacteric. 9. Chilly patient. 10. *Calc. C.* should not be given immediately before or after *Bry.*. *Con.* precedes and follows it well. *Nit. Ac.* is one of the best antidotes to *Calc. C.*; *Calc. P.* to be preferred in uterine complaints. *Sul. – Calc. C. – Lyc.* follow each other in that order.

### 19. CALCARIA PHOSPHORICA (*Cal. P.*)

1. Tardy dentition and incidental teething syndrome. Non-union of fractured bones. Anemia following acute illness and chronic wasting diseases. Has a special affinity where bones form sutures or symphyses.

2. Tardy and imperfect formation or development of bone, especially skull bone; in the child the skull bone does not keep pace with the other bones of the body. Rachitis. Fontanelles: delayed closure / reopen. Dentition delayed / complicated. Not learning to walk. Spine weak, disposed to curvatures, especially to the left: unable to support the body. Neck weak, unable to support the head: Child can't hold up its head. Non-union of fractured bones. Anemias after acute illness / chronic wasting diseases. Foul, watery diarrhea. Children tending to hydrocephaly, predisposed to tubercular lymph nodes. Infant wants to nurse all the time / vomits easily. Child refuses to nurse: milk salty; colic after every feeding. Oozing of bloody fluid from navel of infants. Menses with violent backache. Lactation with sexual excitement. Uterine weakness / displacement / prolapse. Headaches of young girls. 'A wonderful developer of girls at puberty'. Invaluable for acne.

3. *Calc. P.* has flabby, *sunken* abdomen; *Calc. C.* has *bloated* abdomen. *Calc. P.* patient usually has a thin build; *Calc. C.*, plump, obese. In uterine complaints *Calc. P.* to be preferred to *Calc. C.*. For ophthalmia neonatorum, corneal abscesses: *Calcium Sulphate*. 4. To be given in alternation with *Sul.* to pregnant women who have brought forth hydrocephalous / tubercular children or children needing *Calc. P.*. Diarrhea from juicy fruits during dentition. 7. Children whose skeletal system is ill-developed: Open fontanelles / disorders of dentition / inability to walk. Fractures. Anemia due to illnesses. Puberty. Old age. 9. Chilly patient.

## 20. CALENDULA (*Calen.*)

A remarkable healing agent in open wounds, cuts, lacerations, ulcers, traumatic suppurations, etc.: Parts that won't heal. The mother tincture to be applied locally. Promotes healthy granulation and rapid healing. Prevents pus formation, sepsis. *Compare: Arnica, Echinacea, Hamamelis, Hypericum, Ledum, Gun powder, sterilized charcoal powder.*

## 21. CAMPHOR (*Cam.*)

1. Collapse: Cold, chill, cramps, convulsions; icy-coldness of the whole body: *external coldness, internal burning, refuses to be covered.* Convulsions with frothing at mouth: blue lips, lock-jaw, repercussed eruptions. Cholera sicca.

2. Collapse: externally the body is *icy-cold* but internally there is intense burning, a sense of *burning without heat*; refuses to be covered. Cramps and convulsions, frothing at mouth, blue lips, deathly pale look. *Cholera: Cholera sicca:* collapse even as all discharges, feces, vomit, urine, sweat become *scanty*; deathly cold body, but refuses to be covered; upper lip drawn up, exposing the teeth; eyes fixed, staring, wild, foaming at mouth; nose cold, sharp, pointed. Sunstroke: sudden collapse: fainting, body bathed in cold sweat, icy-cold. Spasmodic drawing of head laterally or backward with deathly coldness. Mania: puerperal / from suppressed discharges. Violent cough from arrested menses. First stages of a cold with chilliness / sneezing. Persistent epistaxis of elderly persons, chilly, withered, who easily take cold. Retention of urine with full bladder. Extreme mental states: excitement violent frenzy, delirious mania, rage, followed by loss of sensation, exhaustion, unconsciousness. Fear: of strangers, darkness, imagined spectres -- screams for help; tossing about anxiously in bed. Flashes of frenzy and heat run into cold, dispirited, languid / unconscious states. In acute complaints violent thirst, in chronic thirstless.

3. In Cholera: *Cup. M.* has more cramps / convulsions; *Ver. Alb.* more copious discharges, but icy-coldness with scanty discharges points to *Cam.*. Internal burning with external coldness: *Carbo V., Kali Nitricum.* Internal coldness with external burning: *Ars. Alb.* 9. Chilly patient. Headache better by thinking about it. 11. All sequelae of measles. In very low potencies for *sleeplessness*; in certain states of the body *Camphor* induces sleep when *Op.* fails (K. M. Nadkarni: *Indian Materia Medica*). *Camphor Monobromide* two grains if *Cam.* fails to induce sleep. *Cam.* mother tincture in drop doses three times a day to prevent cholera and on sugar every five minutes as heart stimulant in emergencies. In acute illness *Cam.* to be stopped when any discharge is re-established. 11. Camphoric Acid: preventive of catheter fever.

## 22. CANTHARIS (*Canth.*)

1. Dysentery / inflammation of bladder / urethra -- with *burning* tenesmus.

2. Incessant, intolerable urge to urinate, both before and after urination; violent pains in the bladder. Urine: retention / nephritis; *burning*, cutting pains

in the urethra during micturition. Violent tenesmus and strangury: burning, scalding. Passes only drops of urine, mixed with *blood*. Burning in mouth / pharynx / larynx. Furious delirium; paroxysms of rage from sight of dazzling / bright objects / touching the larynx / when trying to drink water. Diphtheric inflammation of the throat, severe burning, constriction; thirst with aversion to drinking. Rabies, hydrophobia, with moaning / crying / barking. Tenacious,ropy mucus in air passages, particularly with concomitant cutting/burning urination. Stools like scrapings of intestines: white / red, tough, shreddy mucus mixed with blood. Dysentery: burning with tenesmus. Urination: constant urge,tenesmus, painful,scalding, bloody, passing drop by drop. Cutting and burning in renal region. Male: violent, insatiable, near maniacal sexual urge; painful, priapic erections; pain in glans. Eczema of scrotum / genitals from sweat. Female: nymphomania. Retained placenta with painful urination; for expelling moles / dead fetuses / placenta / membranes. Gangrenous inflammations, dusky / burning. Cellulitis, red / swollen / burning / painful. Erythema from exposure to the sun. *Herpes*: acute burning, painful. Retention of urine in cholera, with Hippocratic face. Tendency to gangrene. Sunburn.

3. To expel moles / dead fetuses / placenta / membranes: *Pyr.*. Retention of urine in cholera: *Ver. A.*. 4. Useful in burns both before and after blisters form. If the skin is unbroken apply an alcoholic solution of *Canth.* in any potency and cover with cotton. This will promptly relieve pain and prevent vesication. If the skin is broken, use *Canth.* in boiled / distilled water and give *Canth.* in potency internally.

### 23. CARBO VEGETABILIS (*Car. V.*)

1. Collapse, extreme pallor, rapid, shallow respiration: *hunger for air*; burning internally but cold externally. Flatulence. General venous stasis. Stools: frequent, involuntary, cadaverous-smelling. Epistaxis. Prostration from nursing.

2. Collapse: Hippocratic countenance; cold sweat, cold breath, cold tongue, voice lost; extreme pallor; patient almost lifeless, pulse almost imperceptible, oppressed and rapid respiration. But the head is hot; *hunger for air*, must be fanned hard, must have all the windows open. Persons who have never recovered from the effects of some previous illness; never recovered from the effects of typhoid; bad effects of injury suffered long ago. General venous stasis: the organism is sluggish, turgid and distended. Bleeding from *any organ*. Frequent epistaxis: blood dark; recurrent in persons overtaxed by anxiety, especially the aged. Face dark blue. *Burning internally but externally cold*. Copious sweat without relief. Unbearable occipital headache. Gastric, abdominal, flatulence, gastralgia of nursing women; prostration from nursing. Flatulence in upper abdomen, pressure on the diaphragm. Frequent sour eructations giving passing relief. Frequent, involuntary, cadaverous-smelling stools with burning; putrid diarrhea in typhoid. Invaluable in low types of typhoid or when typhoid state is setting in and in the last stage of collapse in cholera etc.; in the last stages of disease, with copious sweat, cold breath, cold tongue, voice lost – *Carbo. V.* may yet save a life. In pneumonia: old, badly treated cases, bronchitis remaining, hepatization does not clear up; or in the

third stage: fetid expectoration, cold breath, cold sweat, desires fanning, dyspnea excessive, tends to collapse: especially after *Ant. Tart.* has failed. Whooping cough; humid asthma. Senile gangrene; gangrene of the margins in ulcers.

3. In *Ars. Alb.* there is burning externally with internal coldness (reverse of *Cam.*, *Car. V.*, and *Kali Nitricum.*) Sweat gives relief in *Acon.*, *Gels.*, and *Nat. mur.* unlike in *Car. V.* 7. Ebbing vitality, collapse. Old age. Venous stasis. Children after exhausting diseases. Nursing. 10. Chronic complement: *Kali C.* 11. In acute illnesses, when the patient is sinking *Carbo V.* can still save life. In digestive disorders *Carbo V.* may help when *Nux V.* fails. One of the best healants for stopping venous bleeding from any organ.

#### 24. CAULOPHYLLUM (*Caul.*)

1. Dysmenorrhea. Inflammation, rheumatism of small joints. To monitor deficient / aberrant labour, check premature labour preceded by spasmodic pains.

2. Indicated in menstruation, pregnancy, deficient / aberrant labour, premature labour, preceded by spasmodic pains; intermittent pains, false labour, painful bearing down; long continued passive hemorrhage following miscarriage – with characteristic weakness and *internal* trembling; parturition, lactation. Rheumatism in women: in small joints: wrists, fingers, phalanges, ankles, toes, etc. Cutting pains on closing hands. Erratic shifting pains. Chorea / hysteria / epilepsy in puberty. Habitual abortion from *uterine debility*. Excessive rigidity of the Os. Spasmodic, severe pains: false pains. During labour, when the pains are deficient or subside and the patient is exhausted and fretful - - revives labour pains and furthers labour. Hemorrhage after hurried labour. After pains. Protracted, bloody, lochia. Amenorrhea: when indicated / when no healant is clearly indicated / repeated in very low potencies, as a uterine stimulant, to augment other indicated healants to promote menstruation. Dysmenorrhea with pains flying to other parts of the body; labour-like pains during periods. Profuse bleeding. Leucorrhea: acrid, profuse, exhausting: with 'moth spots' on forehead in young girls; leucorrhea preventing pregnancy. *Caul.* eases and shortens labour if given some weeks before confinement.

3. Habitual abortion from anemia with profound melancholy: *Helonias*. Excessive rigidity of Os: *Bell.*, *Gels.*, *Veratrum Viride*. In labour *Caul.* is differentiated from *Puls.* by opposite mental conditions. Pain in small joints: *Col.*, *Ledum.* 4. To tone up the uterus and prevent habitual abortion in hysterical women. 7. Women; dysmenorrhea; labour. 9. Chilly patient.

#### 25. CAUSTICUM (*Caus.*)

1. Paralysis; paralysis of single parts, single nerves; more right-sided; from exposure to cold; contraction of muscles and tendons. Urine spurts when coughing / sneezing etc. Own voice re-echoes in the ears. Ill-effects from burns; old injuries reopen

2. After effects of prolonged grief; sudden onset of emotions. Old, broken-down, chronic states: not often indicated in acute cases. Paralysis; paralysis of *single parts, single nerves*: esophagus, throat -- often after diphtheria, upper eyelids, bladder, optic / auditory nerve; contraction of muscles and tendons -- torticollis; convulsive symptoms, chorea: localized -- jerking of single parts, chorea of the tongue / one side of the face: often right. Gradually increasing hysteria; passive mental aberrations. Convulsions / chorea from fright. Paralysis from exposure to cold. Must swallow constantly owing to sensation of fullness in the throat: forerunner of paralysis. Sipping cold water relieves many symptoms; sensation in the stomach as if lime were slaking there. Violent, spasmodic cough racking the whole body: chest loaded with mucus -- feeling as if deeper cough would bring the mucus out but can't cough deep enough; cough relieved by sipping cold water. Paralysis of the rectum: fills up with hard feces which pass involuntarily / unconsciously; passes stool best standing. Paralysis of the bladder: urine retention or passed involuntarily; urine spurts when coughing / sneezing etc. Retention of urine after labour. Children wetting the bed. Dysmenorrhea: cramp-like spasms. Lactation almost ceases in nursing women from fatigue / anxiety / night watching. Nipples sore and cracked, herpes around nipples. Epilepsy / chorea during puberty. Males: Blood with semen. Children slow in learning to talk / walk. Sounds re-echo unpleasantly: own voice re-echoes distressingly. Deafness of catarrhal origin from paralysis of the auditory nerve. *Excessive wax collection in the ears*. Intermittent fever: sweat after chill without the intervening phase of heat. Left sided sciatica. Cardiac hypertrophy from callisthenics: particularly in young girls. Warts on face, eye lids, tip of the nose, fingertips or close to the nails, on the hands; hard, dry, horny warts; bleeding warts. Old burns not fully healed; ill-effects from burns; pains of burns. Old injuries reopen.

3. Swallowing constantly from sensation of fullness in the throat: *Staph.* Hard feces filling up rectum, passing involuntarily: *Aloe*. Cardiac hypertrophy from callisthenics, especially in boys: *Bromine*. Blood with semen: *Merc.* 6. Dry, cold weather / prolonged grief, anxiety / strain from loss of sleep, night-watching / sudden emotions, joy, sorrow / chronic illness. 8. More right-sided. 9. Chilly patient; *worse* dry cold, extreme weather, hot or cold; *better* moderately damp, mild weather. 10. *Caus. and Phos.* are mutually incompatible: neither precedes / follows the other. *Caus., Coloc. and Staph.* follow each other in that sequence. Diphtherotoxin follows *Caus.* in chronic bronchitis.

## 26. CHAMOMILLA (*Cham.*)

1. Acute colic of children with great restlessness; can be calm only if carried about; abdomen distended; diarrhea.

2. Children's illness with marked peevishness, restlessness and acute colic; restless whining; sullen and excitable. Child wants many things but refuses when offered; *can be still only when carried about and constantly petted*, otherwise very fretful and snappish. The best remedy for cross, teething,

children. Non-descript ear-aches of cross children. Abdomen distended; griping around navel. Chronic duodenitis: *Kali Bi.* *Flatulent colic* with red cheeks and hot perspiration. *Colic from anger*, tosses about in agony, bending double. Women in labour cross-tempered, pains spasmodic, unbearable. Nursing women: nipples inflamed; milk flows out after weaning. Stool hot, green, watery, fetid, slimy, with colic; chopped white and yellow mucus; diarrhea during dentition. Convulsions of children from nursing after a fit of anger in mother / from reprimand / punishment / from teething. Nervous, oversensitive patients taking ill from *chagrin*. Frantic earache. Acute duodenitis.

3. *Cham.* follows *Bell.* in children's diseases. *Bell.* acts more on the nerves of the cranium while *Cham.* acts more on the nerves of the abdomen. Child calm only when carried about: *Benzoic Acid*. For convulsions from *chagrin* with *sighing*: *Ign.*, in children from nursing after a fit of anger in mother: *Nux V.*, after fright in the mother: *Hyos.*, *Op.*. Non-descript ear-aches of mild children: *Puls.*. Cross-tempered children not consoled by being carried about: *Acon.*, *Colocynth*, *Lyc.*, *Nux V.*. In the *Coloc.* colic there is doubling, giving relief, unlike in *Cham.*. 5. Mild, calm, gentle disposition; constipation. 6. Colic; *chagrin*. 7. Children; Excitable temperament. Old people with rheumatic / arthritic diathesis. 9. Chilly patient; *worse*: 9 p.m. to midnight. *Better*: after midnight, being carried about. 10. Chronic duodenitis: *Kali. Bi.*

## 27. CHELIDONIUM (*Chel.*)

1. Liver disorders; nausea, vomiting, bilious diarrhea; constipation alternating with diarrhea.

2. A prominent liver remedy. *Constant pain under the lower angle of right scapula*. Bilious complaints during gestation. Affects right side more: right-sided headache; neuralgia over right eye, right cheek-bone, right ear. Excessive lachrymation. Fan-like motion of nostrils. Nausea / vomiting. Wants *very hot* drinks, otherwise stomach won't retain them. Bilious disorders during gestation. Constipation: Stools hard, round balls like sheep-dung. Constipation alternating with diarrhea: slimy, greenish / yellow or watery. Pain, icy coldness of tips of fingers; intolerable pains in heels as if pinched by tight shoes. Right foot icy cold.

3. *Chel.* antidotes the abuse of *Bry.* especially in hepatic complaints. *Ars. Alb.*, *Lyc.*, *Sul.*, follow *Chel.* well and will often complete the cure. For pain under lower angle of right scapula: *Kali C.*, *Merc.*; for pain under left angle: *Sanguinaria*. Fan-like motion of the nostrils: *Ant. T.*, *Lyc.*, *Phos.*, *Pyr.*, *Sul.* Ac.8. Right-side. 9. Chilly patient.

## 28. CINCHONA OFFICINALIS (*Cinc.*) (*China*: pronounced *Kina*)

1. Great debility from loss of body fluids; hemorrhages. Anemia. Periodic fevers: chill; flatulence.

2. Acute debility, prostration, from loss of body fluids: hemorrhages, suppuration, diarrhea, galactorrhea. Disposition to hemorrhage from every orifice of the body, with ringing in ears, fainting, loss of sight, general coldness, sometimes convulsions. *Anemia*. Suffocative catarrh, rattling, hemoptysis. *Malaria*: Marked periodicity, great chill, uncontrollable shivering: fever never returns at night.. Bursting headache: intense throbbing of head and carotids: relieved by *hard* pressure; worse sitting or lying, must stand or walk for relief. Drenching sweats. Flatulent colic: belching gives no relief; entire abdomen seems filled with wind; better bending double. Colliquative diarrhea. Leucorrhoea, bloody, instead of menses. Dysmenorrhoea; profuse discharge, dark clots, abdomen distended; bloody leucorrhoea instead of menses. Toothache while nursing child.

3. For chronic debility from loss of body fluids: *Phos. Ac.*. For non-colliquative diarrhea: *Phos. Ac.*. 4. *China* 6x is said to eradicate permanently the tendency to gall-stone colic with concomitant symptoms. *China* antidotes the effects of excessive tea drinking; also abuse of chamomile tea, when hemorrhage results. *Chininum Arsenicum* for diarrhea from eggs. 7. *Malaria*; dehydration; after exhausting diseases. Menopause and after. 9. Chilly patient; worse, light pressure, better, hard pressure. 10. Complementary: *Ferr.*, *Calc. P.*, *Phos. Ac.*, *China* not compatible after *Digitalis*, *Selenium*.. 11. Never give *China* or *Nat. M.* in disorderly cases of malaria but think of *Ars. A.*, *Cal. C.*, *Ipec.*, *Sep.*, *Sul.* (J. T. Kent).

### 29. COCCULUS (*Coccul.*)

1. Dysmenorrhoea. Travel sickness. Loss of sleep. Night watching.

2. Women, girls, who suffer much during menstruation and pregnancy; nausea, backache. Unmarried and childless women; sensitive and romantic girls. Special affinity for the light-haired. Can't bear contradiction, easily offended; even trifles make one angry. Speaks hurriedly. Vertigo / nausea / vomiting from riding in a carriage, boat, ship, train, car: headache. Nausea from thought / smell of food. Headache as if: the skull would burst/a great valve opening and shutting; migraine. Nausea / Vomiting of cerebral rather than gastric origin. Bad effects of loss of sleep, mental excitement, night-watching. Head lice / Crab lice (mother tincture externally and potencies internally).

3. *Bell.* Prevents / cures sickness from air-travel. Night-watching: *Iris V.*, *Nux V.*, umbilical hernia, when *Nux V.* fails. Better, riding in a carriage: *Nit. A.*. Head lice/ Crab lice: *Staph.*. 9. Chilly patient. *Worse* eating, loss of sleep, riding, travelling, menses, emotional upset, open air, afternoon.

### 30. COLCHICUM (*Col.*)

1. Gouty / rheumatic / uric acid diathesis. Persons of robust constitution overtaken by debility. Debility from loss of sleep severely upsetting the digestive system. Metastasis of gout / rheumatism to stomach / heart.



2. Phlegmatic constitution, melancholic temperament. Gouty / rheumatic / uric acid diathesis. Persons of robust constitution overtaken by debility. Diseases of old people. Debility following loss of sleep, throwing the digestive system out of gear: aversion to all food, odor of cooking sickens. The prostration of *Ars. A.* without its restlessness. Debility in fever: mind befogged but no stupor; virtual loss of sleep; nausea / retching / vomiting; body hot, extremities cold. (*Colch.* has the prostration of *Ars. A.* – but not its restlessness – and the tympany of *China*). Great prostration, internal coldness, tendency to collapse: cholera. Typhoid / cholera: stool copious, watery, frequent, involuntary; Autumn / summer: diarrhea. Dysentery: when days are warm and nights cold - bloody, jelly-like, membranous scrapings / shreds, intense tenesmus, spasm of the sphincter ani, unable to stretch out legs; violent burning / icy coldness in the stomach / abdomen; Gastralgia: nausea / retching / vomiting from arrested perspiration; constant salivation, swallowing it causing nausea; stomach upset from eating too many eggs. Gout: pains worse in warm weather / evening / night; joints stiff, pain in small joints, inflammation of the great toe, gout in heel, can't bear to have it touched / moved. Gout / rheumatism: metastasis to the stomach / heart; violent cutting / stinging pains in the chest, particularly about the heart, with great oppression and dyspnea; sensation as if the chest were squeezed by a tight bandage. Gouty diabetes: uric acid reappears as sugar disappears from the urine; rheumatism appears as uric acid disappears from urine. Nephritis: pain in kidneys, urine bloody, burning, dark (almost black) albuminous. Suppression of urine in typhoid. Kerato-iritis: pus in the anterior chamber of the eye; eyeballs very sore. Otorrhea: after measles. Susceptibility to all external impressions: light / noise / odors; smell painfully acute: nausea / fainting from thought / smell / sight of cooking / food; smells odors others can't.

3. Pain in small joints: *Caul.*, *Led.*. Gouty metastasis to the stomach: *Ant. C.*; Urine black: *Lach.*; Hears sounds others can't: *Coff. C.*. Pains better cold: *Led.*. *Colch.* has the prostration of *Ars. A.* without its restlessness, fear of death. 4. Rheumatic pericarditis: prevents / cures. Dropsy in liver / kidney disorders, with albuminuria, when *Apis* / *Ars. A.* fail / after scarlet fever. Salivation with sensation of dryness. *Tingling in finger nails* (No other healant has this symptom (J. H. Clarke)). Bad cases of typhoid. Absence of fear / dread of death. 6. Crude manners / misdeeds of others / grief / wetting / checked perspiration / warm days with cold nights / eating too many eggs. 9. Chilly patient; worse sunset to sunrise / cold / damp weather, summer heat, motion; nausea worse riding a carriage / sailing; pains better cold, though patient is chilly. 11. Cows bloated from eating clover. In dysentery with tympany *Colch.* scores over *Canth.* and *Merc.*. *Colch.* may remove the external symptoms of gout, leaving the uric deposits in the blood and tissues – the disease may remain inside (J. L. Burnett).

### 31. COLLINSONIA (*Coll.*)

1. Pelvic and portal congestion: constipation, hemorrhoids. Chronic nasal, pharyngeal and gastric catarrh from portal congestion. Pruritus in pregnancy,

with piles. Venous engorgement. Cardiac dropsy. Constipation of children from intestinal atony.

2. Obstinate constipation: dry feces -- sensation of sharp sticks in rectum. Venous engorgement of rectum; protruding, bleeding hemorrhoids. Constipation, bleeding piles / pruritis during pregnancy. Constipation alternating with diarrhea. Dysentery with tenesmus. Dysmenorrhea: membranous, with constipation, pruritus of vulva; genitals swollen, dark red; sensation of swelling of labia and clitoris. Prolapse of uterus. Cardiac dropsy: palpitation, dyspnea. Piles / menses alternate with heart symptoms. Chest pain alternates with piles. Cough from excessive use of voice. Hoarse, dry, cough. 9. Worse from least mental emotion / excitement. 10. *Antidote - Nux. Vom.* 11. For colic, when *Coloc.* / *Nux V.* fail.

### 32. COLOCYNTHIS (*Coloc.*)

1. Neuralgias from anger / chagrin / mortification / indignation / vexation / grief. Gripping pains: an unfailing symptom, severe colic, often pains shooting up, inducing nausea / vomiting, better bending double. All pains better hard pressure.

2. Often indicated in the transition from cold to warm season. Irritable persons easily angered and suffering from after-effects; neuralgias / colic from offence / mortification / anger with indignation; diarrhea from grief / indignation / chagrin; suppressed lochia from indignation. Persons who have for years been labouring under annoyances / vexations. Seldom indicated in robust, vigorous, healthy persons suddenly becoming ill. Sedentary women with copious menses. Tendency to overeat / corpulence / constrictions / contractions / cramps / twitchings / shortening of muscles. The pains of *Coloc.* appear, as a rule, in the larger nerves: the nervous element predominates over the inflammatory. Clutching / cramping / pinching / squeezing colic; with cramps in calves. Gripping pains, especially around the navel, an unfailing symptom and keynote of *Coloc.* -- whether of local origin or reflex from wind, undigested food, cold or violent emotions, forcing one to bend double / press the abdomen hard for relief: it may involve the bladder too as well as the ovaries. Diarrhea / dysentery preceded by severe tenesmus, renewed by least food / drink. Colic from eating cheese. Vertigo when quickly turning head, especially to the left, as if one would fall or from stimulants. Pains from the eyes shooting to the head, better from pressure. Shooting pain like lightning-shocks down the whole limb / left hip / thigh / knee. Relief from motion; twisting / turning / wriggling, the motion kept up steadily while the pain lasts. Urinous odor of perspiration.

3. Bad effects of anger / repressed indignation / silent grief (in ovarian and other diseases): *Staph.* Intense pain along the right, sciatic nerve, darting / cutting from right hip joint to foot: *Gnaphalium*. For sciatica: pains run down the outer side of the thigh: *Coloc.* / *Gnaphalium* / *Phyt.* (E. B. Nash). *Bry.* is the nearest analogue to *Coloc.* in its entire action on the human body (J. H. Clarke). In colic if *Coloc.* fails: *Kali C.*, or *Rhus T.* if better by movement. In the agonising colic of *Cham.* there is no doubling up as in *Coloc.* Similar to *Staph.*

in mental / abdominal symptoms. 4. *Coloc.* is the best antidote to lead poisoning (G. Royal). 6. Anger / indignation / chagrin / grief / overeating / air cold yet sun quite warm. 8. Generally right-sided. 9. Chilly patient; colic *better* by hard pressure / coffee. 10. *Caus.*, *Coloc.* and *Staph.* follow each other in that sequence.

### 33. CONIUM (*Con.*)

1. Repressed sex. Senility / imbecility. Depression / melancholia / disinterest. Indurations. Pains / stiffness -- ascending.

2. Plato's classic description of the employment of hemlock in the death of Socrates gives a graphic picture of the action of *Con.*; *ascending* paralysis ending in death by respiratory failure. Old men / women, old bachelors / maids; during / after climacteric. Persons with rigid muscular fibre, easily excited, strong persons of sedentary habits. Creeping senility / imbecility. Debility. Hypochondriasis. Enfeebled memory. Vertigo, worse when turning head, turning when lying down, as if things around were in a whirl. Urination strenuous, starts and stops repeatedly. Sexual craving with impotence. Ill-effects of sexual repression / indulgence or sudden deprivation of sex. Excessive indulgence in women. Suppressed menses. Pains / stiffness / numbness *ascending*. Predisposition to cancer / paralysis. Traumatic after effects, traumatic cataract. Morose, depressed, averse to society though afraid of being alone. Disinclined to all work, disinterest. Glands enlarged, bruised / *indurated* / malignant. Breasts sore, hard and painful, before and during menses. Hypertrophy of breasts followed by atrophy. Testes hard and enlarged. Prostate enlargement. Dry, hacking cough, almost continuous, worse evening and night; caused by dry spot in larynx / when lying down in pregnancy. Intense photophobia, out of proportion to the inflammation of the eyes. Styes leaving hard nodosities. Sweats as soon as one sleeps / closes the eyes.

3. Cough when lying down in pregnancy: *Caust.*, *Kali Br.*. Breasts sore / hard / painful before and during menses: *Lac. Can.*, *Kali C.*. Pains - ascending: *Ledum*; descending: *Kalmia*. Sweats in sleep/on closing eyes: *Bry.*, *Lach.*; sweats only when awake: *Sambucus*, *Sep.*. 7. Old men, old maids. Sexual repression / indulgence. Sudden deprivation of sex. 10. Followed well by *Psor.* in tumors of mammae tending to malignancy; by *Sul. Ac.* in bruises of glands.

### 34. CROTON TIGLIUM (*Cr. T.*)

1. Summer diarrhea, skin affections: concomitant or alternating.

2. Copious, watery stools, *forcibly shot out* squirts on in one gush: worse the least drinking / eating or while eating / drinking / during summer. Constant urge to stool, followed by sudden, *gushing* evacuation. Intense itching of the skin but scratching very painful. Pustular eruption especially on face and genitals; itching / burning. Cough / diarrhea alternating with skin symptoms. Inflammation of the eyes, as if the eyes were being pulled backwards by a string. Complete loss of voice from drinking cold water when overheated. Drawing pain

through the left into the back of chest. Pain from nipple to back / scapula of the same side every time the baby nurses, as if nipple is pulled backwards by a string. Symptoms tend to move from below upwards.

3. Neuralgic headaches of engravers and those doing fine needlework, from overuse of the eyes, but without eye inflammation: *Paris Quadrifolia*; for the same with eye inflammation: *Crot. T.* Pain from nipple to back when nursing: *Sil.* 7. Summer heat. Engravers and those doing fine needle work.

11. Has an elective affinity for the skin of face and external genitals.

### **35. CUPRUM METALLICUM (Cup. M.)**

1. Cramps, spasms, violent convulsions. Metastasis to the brain; mania; epilepsy. Severe colic / cramps. *Cholera*: collapse. Effects of suppressed eruptions / discharges.

2. Muscles: twitching, quivering, trembling; cramps; tonic / clonic spasms. Violent convulsions: with blue face, clenched thumbs, screaming cries: followed by deep sleep, as if dead. Epilepsy: aura begins at knees and often followed by headache. Epilepsy during menses / from suppressed menses. Convulsions from suppressed eruptions / measles / discharges. Convulsions during menses / from suppressed menses. Dysmenorrhea with spasms. Cramps during coition. Spasms from brain affections / vexation / fright. Metastasis to the brain from the organs: meningitis, insanity, violent mania. Effects of overtaxed mind and body. Chorea from fright / suppressed eruption. Convulsive, paroxysmal whooping cough. Uremic convulsions. Girls who have always had their own way, never been crossed, and as they grow toward puberty must submit to discipline, developing mad fits and cramps. *Cholera*: with cramps / spasms: collapse. Hiccups: preceding cramps; great *nausea*; vomiting relieved by drinking cold water. Violent abdominal cramps / colic. Lack of reaction to treatment: all symptoms relapse. Complaints more left-sided.

3. Effects of undeveloped / retrocessed eruptions: *Zinc*. Cramps during coition: *Graph.*, *Sul.* 6. Overeating / faulty food / fasting / addiction to tea. 9. Heaty patient; better drinking cold water, perspiration; *worse* vomiting. 10. Complementary: *Calc. C.* Antidotes: *Bell.*, *Camphor*, *Hep.* 11. *Cuprum Oxydatum Nigrum*, in very low decimal potencies for all kinds of worms in the alimentary canal.

### **36. DIOSCOREA (Dios.)**

2. Gastric neuralgia: belching, pyrosis. Pain along sternum extending to arms. Pains suddenly shift to different parts, to extremities: fingers, toes. Gripping colic, pains radiating from abdomen to back, chest and arms -- worse bending forward and lying, better walking about / *bending backward*. Sharp pains from liver, shooting up to right nipple. Gall stone colic. Renal colic with pain in the extremities. Angina Pectoris: pain back of sternum to arms. Uterine

colic, violent dysmenorrhea, pains radiating from uterus. Cramps in flexors of fingers and toes. Whitlow, initial stages.

3. Bending double relieves colic in *Colocynth* and *Mag. Phos.*, unlike *Dios.* 10. Antidote: *Cham.*

### 37. DROSERA (*Dros.*)

2. Violent, dry, spasmodic, paroxysmal cough / *whooping cough*. Can scarcely breathe, chokes. Cough deep and hoarse, worse after midnight. Prolonged, periodical fits of rapid, incessant, deep, barking / choking cough, as if from the abdomen (C. M. Boger). Bleeding from nose and mouth. Retching, vomiting of even water. Harassing, titillating cough in children: begins as soon as the head touches the pillow at night. Cough after measles. Tubercular diathesis; tubercular asthma/sinusitis. Spinal caries. Pain in long bones. Diarrhea. Exophthalmos.

3. *Corallium*, *Meph.*, *Pertussin*, *Spong.* 10. Complementary: *Nux V.*; Antidote: *Camphor*.

### 38. DULCAMARA (*Dulc.*)

1. Thermal changes: from dry, warm to damp, cold weather.

2. Effects of thermal changes: from dry, warm to damp, cold weather; warm days and cold nights; Sudden cooling of body when perspiring; bodily contact with damp cold surfaces; frequent / abrupt movement between warm and cold places. From taking cold: stiff neck, aching back / bones. Ringworm of scalp: thick, dark, brown crusts; of babies (possibly owing to abrupt change from sheltered antenatal life): bleeding when scratched; coryza of the newborn. Rashes / eruptions / sexual excitement preceding / during menses; dysmenorrhea with extensive blotches; arrested menses from damp, cold weather: breasts engorged and sore. Diarrhea / dysentery when weather suddenly turns cold / from damp, cold weather / repelled eruptions; cutting pain about navel. Cough from: physical exertion / cold, damp weather; spasmodic, hoarse cough. Rheumatism: from damp, cold weather / repelled eruptions; alternating with diarrhea. Ischuria from wading in cold water. Paralysis of single parts from lying on damp surface. Small boils in places hurt by concussion. Burning thirst for cold drinks.

3. Thermal change from warm to wet chill: *Bell. P.*. Lachrymal ducts closed from exposure to cold: *Calc. C.*. Effects of changes from cold to warm: *Kali S.* Skin rashes: before menses: *Con.*, *Kali Bromatum*; during profuse menses: *Bell.*, *Graph.*. Paralysis of single parts / from exposure to cold: *Caus.* 6. Thermal change from warm to cold, dry to damp; repelled eruptions; hormonal changes occasioned by menses. 10. Complementary: *Bar. C.*, *Sul.* 11. *Sul.* often follows and completes the cure in thermal changes from warm to cold. Externally *Dulc.* mother tincture is a soothing, healing application to smarting wounds.

### 39. ECHINACEA (*Ech.*)

An excellent external healant (like *Calendula*) for wounds, cuts, bruises, lacerations, ulcers, carbuncles. Prevents / cures pus formation, sepsis. For foul-smelling wounds, boils, gangrene etc. use mother tincture. Can be combined with *Calen.*. Poisonous stings / bites; internally in potencies. Last stages of cancer to relieve pain. Puerperal septicemia. Diarrhea in typhoid. 3. *Calend., Gun powder.*

### 40. EUPATORIUM PERFOLIATUM (*Eup. Per.*)

2. Acute bone pains all over the body, as in 'flu, dengue, malaria, etc. Marked periodicity. Sore, bruised feeling, as if broken, all over the body: head, chest, *back*, limbs, wrists. Restlessness. Prostration. Headache / vertigo. Painful soreness of eye balls. Hoarse cough, worse at night. Bitter taste, nausea, vomiting. Insatiable thirst before and during chill and fever. Perspiration relieves all symptoms except headache. Hiccup.

3. *Infl.*. 9. Heaty patient. Perspiration relieves all symptoms, except headache.

### 41. EUPHRASIA (*Euph.*)

2. Acute *Conjunctivitis*: red, inflamed, burning, swollen eyes with profuse, acrid lachrymation. Eyes agglutinated in the morning. Photophobia. Painful pressure over the eyes. Madras eye. The eye symptoms provide the key to the use of *Euph.* in any illness. First stage of measles with marked eye symptoms. Day time cough / whooping cough. Dysmenorrhea: discharge only an hour or day. *Amenorrhea with ophthalmia*. Spasmodic retraction of genitals with pressure above the pubic bone. Prostatitis; dribbling urine; night time bladder irritability.

### 42. FERRUM PHOSPHORICUM (*Ferr. P.*)

2. *In all fevers*, middling between the violent restlessness of *Acon.* / *Bell.* and the torpid passivity of *Gels.*. Face flushed, more active than in *Gels.*, never assumes the vacant, dusky hue of *Gels.*. Congestive headache; ill-effects of warm sun, better cold applications. Prostration. Inflammation anywhere, especially in the initial stages. First stage of all catarrhal and inflammatory fevers before exudation sets in. *Anemia*. Feeling as if sand under eye-lids; hyperemia of optic disc / retina with vision blurred. Acute otitis when *Bell.* fails, prevents pus. Bright hemorrhages from anywhere. Urine: incontinence, spurts when coughing; *excessive urination during day-time*. Diarrheas of infants: stupor with flushed face, pupils dilated, rolling of the head, soft, full-flowing pulse. Bronchitis of children. *Ferr. Phos.* 3x taken regularly is said to increase hemoglobin in anemia. Stiff neck, crick in back.

3. *Ferr. P.* acts brilliantly in the old, *Fluoric Acid* in the young (J. C. Burnett). Nocturnal enuresis: *Lac. Can.* (Specific, J. H. Clarke), *Med.* 11. In acute exacerbation of T. B. a fine palliative of wonderful power (W. Boericke). 12. In a case, in Raymond's disease, of hyperemia of a low order of the fingers and toes,

in which amputation seemed inevitable Halbert effected a complete cure with *Ferr. P.* 6x (J. H. Clarke).

### 43. FLUORIC ACID(*Fl. Ac.*)

Very deep-acting healant: indicated in deep, destructive processes, bedsores, ulcerations, varicose veins. Complaints of old age/prematurely aged with distended blood vessels. System over heated: internal and external: fevers week after week, year after year; great heat emanating from the body, evening, night; hands and feet burn - during day turning cold - with no hike in body temperature; copious, acrid, offensive sweat : soles, between toes, palms. Caries of ossicles and mastoid with profuse discharge; sensation of wind blowing through eyes; fistula: lachrymal/dental/anal. Imperfectly developed hair, nails, skin; incrustations won't heal, lustreless hair, dry, splits and breaks with necrosis, ragged ulcers; nails brittle, crippled, deformed, growing morbidly fast. Fig warts. Crusta lactea, dry, scaly, itchy. Syphilis infantum. Edema of extremities, especially lower, swollen prepuce. Necrosis of bones, especially long bones, of the ear, nose. Stunning headache, decreasing with urination, increasing if urine is not voided. Urethra: *severe burning*, during and after urination. Bilious diarrhea; warm drinks/food induce diarrhea; morning diarrhea with anal itching; profuse hemorrhage after stool; constipation with piles Lusty, lecherous; obsessive sexual passion, driving one mad. Indifference towards those loved best; alienated from family. Mentally elated, buoyant. 3. *Puls.*, indicated in heaty cases, when turning the patient chilly, may call for *Sil.*, which may bring back the heaty state and call for *Fl. Ac.* (*Puls.*- *Sil.*- *Fl. Ac.* are one of the well-known homeo triads). Indifference towards those loved best: *Sep.* 11. The *Fluoric Acid* man is antipodal to the *Sepia* woman.

### 44. GELSEMIUM (*Gels.*)

1. Fever: patient *calm*, still, *drowsy*, dull, with dusky, besotted look, eyelids heavy, *drooping*; pulse slow, compared to temperature; usually absence of fear/thirst; wants to be left alone; tendency to profuse urination, with relief.

2. Fever: usually without fear / thirst; patient *calm*, still, *drowsy*, wants to be left alone / neither to speak nor to be spoken to nor to have anyone nearby, even if silent; stupor, dizziness, trembling; face: dazed, drowsy, with dusky *besotted* look, lacklustre, glassy eyes, dilated pupils; eyelids heavy, *drooping*; violent *headache*, preceded by even blindness, begins in the cervical spine, extending into the head, with bursting sensation; *vertigo*: spreading from occiput, with diplopia / dim vision / loss of sight; needs raised pillows; headache / vertigo better by profuse urination; feeling of contraction of the skin of mid-forehead / face / muscles of the face / particularly mouth: talking difficult. Complete relaxation / prostration of the whole muscular system with total motor paralysis; lack of muscular coordination. *Pulse* slow relative to temperature. 'Flu, dengue / typhoid. Measles with catarrhal symptoms, retrocedent with livid spots – aids in bringing out eruptions. Delirious on falling asleep. In fever child is startled, grasps the nurse and screams. Eyes: ptosis; eyelids too heavy to open; one pupil dilated, the other contracted; serous

inflammations, retinal detachment / glaucoma / descemitis / hysterical amblyopia. Throat: pain from throat to ear; feeling of lump in throat. Post-diphtheric paralysis. Swallowing difficult; muscles of throat / esophagus paralysed: fluids come out through the nose. Tremor / twitches of single muscles: face / chin / tongue etc. Bad effects of fright / fear / exciting news / sudden depressing emotions / worries / anticipation of facing some situations / stage fright; diarrhea from emotional causes. Labour pains go up, backward or down thighs.

4. One of the leading healants in typhoid. Insomnia from exhaustion / uncontrollable thinking / worries. Slow / weak pulse of old age. Corrects blurring and discomfort in the eyes even after accurately adjusted glasses. 6. Depressing emotions / fright / fear / bad news / excitement / worries; heat of sun / falling barometer / thunder storms / damp warm or cold weather; colds from getting overheated; alcohol; masturbation. 7. Children / young people, especially women of nervous / hysterical temperament; typhoid. 9. Generally heaty patient; *worse* warm / damp weather, before thunder storms, emotions / excitement / bad news, tobacco, thinking of one's ailments; *better* bending forward, open air, stimulants, copious urination.

#### 45. GRAPHITES (*Graph.*)

1. Persons fair, fat, chilly, constipated; women around climacteric. Impudent children. Skin disorders, moist, with viscid glutinous discharges. Nails crippled, deformed, brittle. Contraction of toes / fingers. Constipation.

2. Persons fair, fat, chilly, constipated; women around climacteric. Fat persons who have emaciated. Children impudent, defiant, laugh at reprimands. Raw surfaces on skin with viscid, glutinous discharges. Humid itching eruption on hairy scalp; loss of hair: head, cheeks, whiskers; eczema of eyelids; moist eruptions behind ears / around mouth and chin. Recurrent herpes, especially around the anus and genitals / on abdomen. Eruptions dry or oozing sticky, honey-colored exudation. Rawness in bends of limbs / groins / neck / behind ears. Unhealing skin, every little injury suppurates. Cracks in nipples / mouth / anus / between toes. Grave effects of such eruptions / discharges when suppressed. Toe nails crippled, nails deformed, thick, brittle, crumbling, painful. Horny callosities on palms. Psoriasis of hands and fingers; cracks and fissures in finger tips. Great heat of palms. Cancerous development in old cicatrices. Promotes absorption of cicatricial tissue. Contraction of tendons, especially behind the knees. Stiffness and contraction of toes / hands / fingers. *Extreme* photophobia with copious lachrymation; ulceration of cornea. Keratitis pustulosa in children with fissures in canthi, *extreme* photophobia and eczema on the face; the canthi bleed easily, itch violently. Cystic tumors on eyelids. Ingrowing eyelashes. Otorrhea: sticky, viscid pus: bloody, offensive. Thundering, rolling sounds in ears; deafness in varying degrees. Constipation: difficult, knotty stools united by mucus threads; hemorrhoids, fissures in anus; often with bouts of *salivation*. Fetid diarrhea from suppressed eruption. *Imperforated anus in infants*. Delayed / scanty menses, with constipation; hoarseness, coryza, cough, sweats, rashes and morning sickness during menses. Swelling / induration of ovaries / uterus / breasts; lumps in breasts; nipples



sore, cracked. Laceration of cervix. Leucorrhoea instead of menses; unremitting, profuse leucorrhoea before and after menses. Male: Uncontrollable sexual excitement, priapism; impotence, ejaculation absent, impotence following indulgence. Hydrocele of babies / boys. Scrotal hernia in flabby children. Orchitis. Cramps during coition. Gastro-intestinal disorders alternating with acne / facial erythema / herpetic lesions. Sensation of a sudden shock about the heart, exciting surge of blood to the head: Nose bleed, flushed face preceding and following the bleeding. Sensation of burning heat on the vertex. Epilepsy, hystero-epilepsy, epileptiform spasms, when there is symptom totality.

3. Great heat of palms: *Phos.*; Fissures in anus: *Nit. Ac.*, as if splinters pricking the anus; in *Sil.* the stool has to be forced out but slips back; tenesmus marked in both while in *Graph.* tenesmus is *conspicuously* absent. Nose bleed, rush of blood to head and flushed face preceding: *Melil.* Sensation of heat on the vertex: *Lach.*, *Rhus T.*, *Sul.* Leucorrhoea before menses: *Sep.*; after: *Kreosote*; ten days after: *Bor.*, *Bovista*, *Con.* Rashes before menses: *Con.*, *Dul.*; during: *Bell.* Cramps during coition: *Cup. M.*, *Sul.* 4. Develops the skinphase of internal disorders. Eradicates tendency to erysipelas. 9. Sensitive to both summer and winter. Affections more left-sided. 10. Follows *Lyc.* well (C.Hering).

#### 46. HAMAMELIS (*Ham.*)

1. Venous congestions, inflammations, hemorrhages. Injuries.
2. Venous congestion, hemorrhages: from the nose, lungs, bowel, uterus, bladder. Hemorrhoids: sore, with profuse bleeding, rectal prolapse, anus sore and raw. Phlebitis, varicose engorgements, ulcers. Passive venous hemorrhages from any part. Purpura hemorrhagica. Bruised soreness of affected parts. Profuse nose bleed, relieving headache with high blood pressure. Hematuria with dark blood. Milk leg, hemorrhoids, sore nipples after confinement. Vicarious menstruation; metrorrhagia. Varicose veins, hard, knotty, painful. Orchitis, painful, swollen; spermatic veins painfully swollen. Wounds: incised, lacerated, contused. Injuries from falls: checks hemorrhage, pain and soreness. Hastens absorption of intra-ocular hemorrhage. Chronic effects of mechanical injuries. Traumatic inflammations / conjunctivitis with intense soreness. Supersedes morphia after operations. Continued hemorrhage from poor coagulation.
3. Compare other traumatic remedies. Compare *Con.* for chronic effects of mechanical injuries. Supersedes morphia after operations: *Hyp.* Continued bleeding from poor coagulation: *Crotalus Horridus*. 4. Orchitis from metastases of mumps (*Puls.*, *Rhus T.*). Purpura hemorrhagica: *Lach.*, *Phos. Ac.*, *Phos.*, *Sul. Ac.* 9. Heaty patient. 10. Complementary: *Ferr.*, *Fluoric Acid*; Antidote: *Arn.*

#### 47. HEPAR SULPHURIS CALCAREUM (*Hepar.*)

1. Fever: restless, irritable, over reaction to illness. Cough, rattling. Abscesses.

2. Fever: oversensitive to illness, symptoms greatly exaggerated; restless, irritable, hard to please or get along with. Quick, hasty speech. Copious sweat, which does not ameliorate, but patient wraps himself with blankets. Secretions profuse and excretions offensive. Children smell *sour*, peculiar odour to stools and sweat and yet crave for sour food. Children outrageously cross. Angry, abusive and impulsive about everything that disturbs one. Snuffles of infants with stoppage of nose. *Asphyxia Neonatorum*, when *Ant. T.* fails. Cough when any part of the body is uncovered; croupy, choking, rattling cough: *from exposure to dry, cold wind* ; whooping cough. Asthma, particularly after suppressed eruption. *Asthma better in damp weather*, worse in dry, cold weather. Painful sensation of splinter in sore throat. Sensation of fishbone in throat. Hydroa labialis: Fever blisters on lips. *Recurring urticaria*. Herpes Circinatus. Eczema / crusta lactea: thick scabs, oozing pus, matting the hair together. Abscesses: the slightest injury suppurates. Suppurating styes on eyelids; corneal ulcers, *hypopion*. Otagia, oversensitive to the pain; Otorrhea; mastoiditis. Pus discharges. Bladder difficulties of old men. Feeling as if the bladder had not fully emptied.

3. Dry, cold weather: *Acon.*, *Spon.*; *Acon.*, *Spon.*, *Hepar.*, in that sequence particularly for respiratory disorders of the season. Bladder difficulties of old men: *Phos.*, *Sul.*. Children smelling sour: *Sul. Ac.*. *Hep.* better in warm wet but *Sil.* in warm, dry weather. Skin eruptions of *Hep.* are moist, suppurating and intensely sensitive to touch. *Hep.* better in damp weather, *Nat. S.* worse. Sensation of fishbone in throat: *Arg. N.*, *Nit. Ac.*. 5. In cough when there is hot, dry skin, with no sweat. *Hepar.* must be differentiated from *Kali Bi.* and *Bromine*, neither of which is indicated in fever; tenacious secretions indicate *Kali Bi.*, spasmodic cough, *Bromine*. 6. Dry, cold drafts / weather. Colic after abdominal surgery. 9. Chilly patient; *better*: damp, warm weather, wrapping oneself up, lying on painful side, eating. 10. Antidoted by *Bell.*, *Cham.*, *Sil.*. Follows *Mer.* in inflammations, abscesses. Antidotes *Iod.*, *Mer.*, Fish liveroil. 11. In suppurations *Myristica Sebifera* acts more powerfully than *Hepar* or *Silica*. *Hepar* in very low potencies to initiate free drainage in stuffy colds.

#### 48. HYDRASTIS (*Hyd.*)

1. Chronic diseases where the body, rather than the mind, has suffered; catarrh of all mucus surfaces. The stomach is the center of the symptom complex. Constant weight at stomach, with fullness and empty 'gone' feeling of hunger. Obstinate constipation, small pox, cancer.

2. Virtual absence of any significant mental symptom – except the general want of cheer incidental to long illness. Chronic diseases where the body alone has suffered. Facial expression dull, heavy, sodden-looking, yellowish-white in colour. Catarrh of all mucus surfaces: nasal, pharyngeal, bronchial, gastric, duodenal, intestinal, urethral, vaginal: yellow/white, tough, stringy. The stomach is the centre of the entire symptom complex. Weight at stomach, with fullness, sinking, empty, aching 'gone' feeling of hunger, with loathing of food: a

striking, strange, rare and peculiar symptom: it is *constant*, not occurring at special times like *Sul.* etc. and it is not relieved, even worse, by eating. Eructations sour, at times putrid; nearly all foods disorder the stomach; vomits all food, retains only water / milk. *Obstinate constipation* with no urge to stool; constipation especially after purgatives. Constipation of infants: all symptoms other than constipation conspicuous by their absence. Old cases when enemas no longer act and the feces remaining high up don't come down into the rectum. Obstinate piles, ulceration and fissures of anus; chronic diarrhea: yellow, watery. Jaundice: stool pale white, liver enlarged, hard, nodular. Chronic catarrh of the bladder; urine smells foul, decomposed with thick, ropy mucus. Thick, yellow, viscid leucorrhoea, vaginal soreness, itching vulva; *uterine hemorrhage*; *menorrhagia* / *metrorrhagia*; scirrhus of uterus/breasts; nipple retracted; sore nipples/mouth of nursing women. Goitre of puberty / pregnancy. Eyes: ophthalmia: acute, catarrhal; lids swell, secretions thick, copious, smart, burn; cornea opaque. Otitis media, deafness after scarlatina; eustachian catarrh with high pitched voice. Stringy, yellow/white mucus from nostrils, which are raw; sinusitis after coryza. Adenoids. Burning ulceration of the mouth / gums / tongue; aphthae. Catarrhal sore throat, granulated / ulcerated; thick, viscid, yellow mucus from throat. Obstinate catarrh of larynx / trachea / bronchi with copious thick, ropy mucus and ulceration. Old age: catarrh of chest / bronchitis; thick viscid expectoration; rattling cough. Eczema of scalp, elsewhere with thick crusts; eczema in the margin of the hair on the forehead; skin jaundiced. Small pox: internally and externally *Hyd.* will prove effective. Not a specific in all cases of cancer but it is in cancer *Hyd.* has won its chief fame. More cases of cancer have been cured with *Hyd.* than with any other healant. Cancer of liver. Deep eating, spreading ulcers on the skin / mucus membrane with thick, viscid, *yellow* pus. Effectively ameliorates, restrains malignant ulcers: burning sensation, a strong indication.

3. Sinking, empty, aching 'gone' feeling in the stomach not relieved by eating: *Ign.*, *Sep.* (with *Ign.* it is purely nervous, with *Sep.* due to nervous disorder), relieved by eating: *Anacardium Orientale*. Ringworm of the scalp with thick crusts: *Dul.*. Complaints center round the stomach: *Ant. C.*. *Hyd.* follows *Lyc.* in indigestion. 4. To prevent adherent placenta after delivery: *Hyd.* 3x three drops daily from the fourth month of pregnancy. In small pox it relieves the irritation almost instantly, removes the swelling, diminishes the odor, the secondary fever, prevents excessive pitting; also said to contain the contagiousness of small pox (J. H. Clarke). It modifies the disease, abolishes its distressing symptoms, shortens its course, lessens its danger and greatly mitigates its consequences (J. J. Garth Wilkinson). 9. Chilly patient; *worse* cold / open air, washing, wet weather, but *worse* moving from a cold to a warm place, dry / warm weather, warm covering. 11. Three drop doses of *Hyd. Ø.* to relieve constipation of babies. *Hyd.* said to nourish patients cured by *Tub.*. Cures habitual adherence of placenta after delivery. Is a uterine hemostatic. *Hydrastin Sulph.* 1x: for hemorrhage of bowel in typhoid.

#### 49. HYOSCYAMUS (*Hyos.*)

1. Violent disturbance of the nervous system. Mania; abusive, obscene; ungovernable rage; aftereffects of powerful emotion, violent convulsions; spasms. Fever: 'flu / pneumonia / typhoid-pneumonia. Toxic gastritis. Intense sleeplessness.

2. Sanguine / irritable / nervous hysterical. Violent disturbance of the nervous system, as if some diabolic force took over the brain and perverted its functions. Mania: abusive, obscene, lascivious, unseemly; immodest acts, gestures and expressions; persistently stripping oneself, exposing the genitals, lies naked; nymphomania, lascivious behaviour, sings / talks amorously (leading heealant); Passive delirium, hallucinations, incessant low muttering, giggles, talking to oneself without end. Jealous, suspicious, susceptible to fright, afraid of being poisoned; talkative without any restraint, jumping from topic to topic; great hilarious intoxication; insane urge to laugh, giggle, gesticulate and shout; fits of ungovernable rage; aftereffects of powerful emotions like unrequited love / fright characterized by excitement / depression; Intense sleeplessness; violent outbreaks of delirium, with high fever, calls up dead persons and enters into conversation; attempts to run away; violent, bites, strikes, beats people around; delirious, stupid muttering; children: twitch, sob / cry in sleep, tremble and awake frightened, become sleepless, restless; convulsions of children, especially after fright, of babies from nursing after fright in the mother. Face pale, bluish, sunken, twitching of almost every muscle in the body; spasms, unconsciousness; violent convulsions followed by lesser convulsions of single muscles; little jerkings, twitchings, contractions of single muscles; frothing at the mouth, biting of the tongue; marked aversion to light; stupor with convulsions; coma vigil; spinal meningitis with convulsions. Chorea: every muscle of the body twitches, from the eyes to the toes, none quiet for a moment; chlonic spasms. Violent convulsions at night with consciousness; suffocating fits, epileptic attacks ending in deep sleep; vertigo preceding epilepsy: sparks before the eyes, ringing in ears, gnawing hunger, preceding the attack. Fever: scarlatina / pneumonia / typhoid-pneumonia / influenza taking the typhoid form / typhoid state: sordes, urine / feces involuntary; stupor: easily aroused by least noise, but lapses into stupor again; lungs get engorged from hypostatic congestion / pneumonia: snoring, rattling respiration, mouth open, lower jaw drops, picking at bed clothes, subsultus tendinum; parotitis with metastasis to the brain; fondles penis in fever. Hydrophobia with high fever and delirium. Spasms during pregnancy; convulsions: during menses / following labour / puerperal; diarrhea involuntary in pregnancy, of hysterical women / young girls; retention of urine after childbirth. Toxic gastritis; nausea with vertigo; vomiting with convulsions, burning in stomach, hemetemesis, violent cramps relieved by vomiting; colic as if the abdomen would burst; belching, hiccups, vomiting, tympanitis; diarrhea involuntary, aggravated by mental excitement / during sleep / typhoid. Swallowing difficult: muscles of throat / esophagus paralysed: fluids come out through the nose / go down into the larynx. Involuntary micturition. Involuntary stool from excitement. Intense sleeplessness. Complaints from inhaling ether. Cough with elongated uvula: the uvula hangs down, touching the root of the tongue; paroxysmal cough, periodic

from excitement in sensitive / hysterical girls; cough on lying down, hacking, rocks the whole body, better / ceases sitting up; cough after measles.

3. Worse from shaking the head: *Bell.* Face: *Hyos.* pale, *Bell.* flushed. Talkative, jumping from topic to topic: *Lach.* Convulsions in babies from nursing after fright in the mother: *Op.*, after anger in the mother: *Cham.*, *Nux. V.* 9. Chilly patient. 10. Alternates well with *Rhus. T.* in fever. The best healant in typhoid / typhoid-pneumonia with delirium lapsing into stupor / carphology / silence / muttering. Fear of being poisoned: *Bell.*, *Kali Bromatum*, *Lach.*, *Rhus. T.* (E. B. Nash). *Hyos.* does not have the hyperemia of *Bell.* or the maniacal violence of *Stram.* *Phos.* often cures lasciviousness when *Hyos.* fails. *Platina* for sexual excitement caused by Hyoscine.

### 50. HYPERICUM (*Hyp.*)

Invaluable for injuries to *nerves*, crushed fingers, toes, nails. Injuries to the spine, coccyx; concussions. Intolerable painfulness. *Nerve* injuries from animal bites, injections, nails, needles, splinters, sharp instruments etc. Shooting pains from injuries involving nerves. Prevents / cures lock-jaw. Relieves pain after surgery -- supersedes morphia. Effects of nervous shocks. Bunions and corns with excruciating pain. Convulsions after injury to head or concussion. Abdominal pain after laprotomy.

4. Preserves integrity of torn / lacerated tissues when almost separated from the body. Rat bites. Compare other traumatic remedies. *Hyp.* is especially indicated in injuries to nerves. Supersedes morphia: *Ham.* 9. Chilly patient.

### 51. IGNATIA (*Ign.*)

1. Women, children; hysterical with rapidly changing moods, of joy and sorrow, excitement and depression. Paradoxical symptoms. Patient very nervous and sensitive, too sad with *silent* grieving and long-drawn *sighs*; suppressed grief, sudden bereavement, unrequited love.

2. Guernsey depicts the *Ign.* mental state: suppressed or deep grief, with long-drawn *sighs*, much sobbing; too unhappy, entirely immersed in grief, hopeless; hysterical, variable moods and fantastic illusions; unable to sleep. Desires solitude, hides grief from others. Too sensitive and nervous. Hysterically unstable: rapidly changing mental states: excited and merry at one time but suddenly becomes very depressed and melancholy and breaks into tears. Easily frightened. Imagines she is guilty of some dereliction of duty. Disappointment in love. Infatuated with men she would ordinarily despise or with married men she would not fancy otherwise. Hysterical excitement, originating in the menstrual period, but becoming recurrent. Spasms from censure / punishment / mortification / silent grieving. Home sickness. Headaches triggered by anger/grief of hysterically nervous women, often one-sided and relieved by copious urination. Chorea / convulsions / epilepsy following fright / chagrin / punishment. Tonsillitis, diphtheria, when the throat is *relieved by swallowing only solids*, not liquids even. Fever: thirst only during chill, red face during chill;

chill relieved by external heat; heat aggravated by external covering. Incessant cough without relief: the more the cough the greater the irritation to cough, leading to spasms. Aggravated by tobacco smoke. Empty feeling in stomach, not relieved by eating. Sharp pain shooting upward into the rectum, frequent desire for stool; while trying to defecate rectum gets prolapsed, with or without stool.

3. Empty feeling in stomach, not relieved by eating: *Hyd.*, *Sep.*; relieved by eating: *Anacardium Orientale*. 4. Stops loud laryngismus stridulus instantly. 6. Grief, bereavement, disappointment, separation, unrequited love. 7. Women, children, hysterical state. 9. Chilly patient. 11. J. H. Clarke warns against the erroneous notion that *Ign.* is a remedy only for hysteria or that it is the only remedy for hysteria. It has cured even plague, not to speak of periodic and rheumatic fevers etc. (Turks wear the bean as prophylactic against plague). *Ign.* can cure many effects of deep grief, if recent; otherwise it has to be followed by *Nat. Mur.*, its chronic complement. Compare *Lach.*.

## 52. INFLUENZINUM (*Infl.*)

Influenza syndrome: often when symptoms are suggestive of both *Eup. Per.* and *Gels.*. Entire body sore with acute pain in the bones, backache. Febrile heat, head very heavy and aching, cough, gastric derangement, exhaustion. Dengue and its cognates. May be combined with *Bacil.* when symptoms call for both. Deeper acting than *Eup. Per.*. For the after-effects of 'flu, dengue, especially the prostration, nagging cough, disordered digestive system: *Sarc. Ac.* / *Natrum Salicylicum* may prove very valuable.

## 53. IODINE (*Iod.*)

1. Intense restless anxiety, aggravated by keeping still; keeps on walking to contain possible violent impulses. Rapid metabolism: voracious appetite, keeps on eating, yet emaciated: *Iod.* patient is invariably emaciated. Glands swollen. Always feeling hot.

2. Anxiety aggravated by keeping still; the more one keeps still the more anxious one becomes, so one keeps walking day and night lest one get suddenly excited by unprovoked violent impulses to destroy / tear things / kill oneself or others. Excited / melancholic / depressed; intolerably restless, mentally prostrated, yet one must keep walking, which leaves one exhausted. Anxiety / depression over the present – not the future. Fear of people, shuns everyone. Rapid metabolism: Voracious appetite, always hungry, keeps eating between meals and is yet hungry with much thirst, eating ameliorates. (Lack of appetite no contra-indication – for lower potencies.) Despite eating well and often is emaciated for want of assimilation; only glands bulge up and the flesh emaciates; great debility, the slightest effort excites perspiration. Patient too thin, dark complexioned with enlarged lymphatic glands; tubercular. Thyroid enlarged, goitre, with enlarged heart, protruding eyeballs, constant motion of eyeballs. Uvula / sub maxillary glands swollen. Glands / respiratory / circulatory organs atrophy; induration / atrophy of testes (with impotence) / mammae / ovaries / uterus. Atrophy of nerve / brain tissues; emaciation of

single parts. Hypertrophy: liver / spleen / ovaries / testes / other glands, making them nodular, hard, particularly the mesenteric glands; hydrocele; acute hydrocephalus; ovarian dropsy; cardiac anasarca. Orchitis: pain extending to the abdomen. While glands enlarge, body withers, muscles shrink, skin wrinkles. Tuberculosis of all kinds; of rapidly growing young people, thin and dark; pleuritic effusions. Pneumonia with lung consolidation; right sided pneumonia with high temperature; inspiration difficult. Bronchi raw, cough worse indoors, in warm, wet weather and when lying on back. Diphtheria: when the diphtheria-like exudation appears in the feces. Sudden, violent influenza. Acute nasal engorgement associated with high blood pressure. Swollen / deformed joints left behind after acute rheumatism (lower potencies). Rheumatism: gonorrheal / of nape / upper extremities. Profuse uterine hemorrhages; cancer of the uterus. Chronic leucorrhea: so profuse as to bore holes in the linen. Hypertrophy of all glands, but mammary glands dwindle. Growth defects / curvature of bones / of children. Jaundice: Liver cirrlosed. Persistent headache with vertigo in old persons. Vertigo on left side, worse stooping, with tremor at heart, fainting. Urine: incontinence of the aged, prostate degeneration. Chronic morning diarrhea of emaciated children. Empty eructations from morning to night, as if all food turned into air. Saliva increased, soapy, foul. Always feeling too hot; emaciation in almost all the conditions calling for *Iod.*

3. Both *Ars. Alb.* and *Iod.* are anxious and restless but *Ars. Alb.* is chilly and *Iod.* heaty. The *Kali Iodatum* patient is not fatigued by walking long distances to overcome his mental anxieties, whereas the compulsive walk saps the *Iod.* patient. In growth defects *Iod.* follows *Calc. C.* well. 5. Not to be given during lying-in except in high potencies, if indicated. 7. Young persons who grow rapidly, emaciate. 9. Heaty patient.

#### 54. IPECACUANHA (*Ipec.*)

1. Digestive upsets; bilious nausea, water-brash, vomiting, diarrhea / dysentery. Hemorrhages: bright, red arterial blood. Respiratory disorders: cough, cold. Fever from digestive / respiratory upsets.

2. Gastric upsets: persistent nausea, water-brash, vomiting -- which may not relieve the nausea, yet tongue looks clean. Usually thirstless. Amebiasis: diarrhea / dysentery; tenesmus; pain around navel. Hemorrhages: bright red, arterial blood from nose / mouth / lungs; profuse post-partum bleeding. Choking / gagging cough, causing nausea / vomiting. Whooping cough, with epistaxis. Asthma: rattling cough, wheezing; dry cough without any expectoration. Asthma with nausea; sudden suffocating wheezing dyspnea, exciting vomiting. Intermittent fever. Fever from digestive / respiratory disorders.

3. In pregnancy to relieve the persistent nausea, water-brash, vomiting: *Symphoricarpus Racemosa* is often more efficacious than *Ipec.*. 11. *Ipec.* is short-acting and bears repetition. May be alternated with *Ars. Alb.*, with good

results. *Ipec.* plant palliates bee stings / mosquito bites, applied externally (J. H. Clarke).

### 55. IRIS VERSICOLOR (*Iris V.*)

2. Sick headache: begins with a blur before the eyes: after relaxing from mental strain; concomitant with gastric symptoms, worse rest. Nausea, profuse water-brash; vomiting: acrid bile, burning the esophagus, *sour* (the whole person may smell sour as a result), bloody; *intense burning of the entire alimentary tract, from mouth to anus*. Ropy saliva, vomiting of thick *ropy* mucus. Unable to relax from sheer exhaustion due to over work. (This indication needs further confirmation). Vomiting of ropy mucus after *Kali Bi.* has failed. Diarrhea with intense burning around 2-3 a.m.. Sick headaches every eighth day. Headache with diarrhea. Sciatica, wrenching, more left-sided, worse motion: Rheumatism often gonorrheal. Herpes zoster, more right sided, with gastric disorders; psoriasis, eczema, pustular eruptions. Abortions felon (C. Hering).

### 56. KALI BICHROMICUM (*Kali Bi.*)

1. Tough, thick, stringy, tenacious, purulent mucus secretions. Pain in small spots. Alternation of catarrhal and rheumatic symptoms.

2. Mucus membranes everywhere affected: catarrh of pharynx, larynx, bronchi, nose: tough, stringy, thick, tenacious mucus secretions, often *yellow*. Rattling, gagging cough, great difficulty in hawking up phlegm, *which slips back even as it is raised*. Discharge of hard, tough, elastic plugs of greenish yellow mucus from nose. Violent pain from occiput to forehead if discharge ceases. Crusts and scabs keep forming in the nostrils, despite removal. Inflammation extends to frontal sinuses. Nostrils blocked. Nasal diphtheria; chronic suppurative otitis media, with stringy discharge. Catarrh of the pharynx / larynx / bronchi / nose: tough, stringy, viscid secretions - *a strong indication*. Milk in nursing women as if composed of stringy mucus and water. Acute *pain in small spots* that can be covered by the tip of a finger. Pain from mid-sternum to back on coughing. Chronic duodenitis. Vesicles with a depressed centre; ulcerations round, deep, as if punched out: corneal ulcers disposed to perforation. Gastric / duodenal ulcers. Alternation of catarrhal / gastric / dysenteric symptoms with rheumatism. Wandering rheumatism from joint to joint. Dysentery: jelly-like, frothy with tenesmus and plugged-feeling. Burning in urethra; unable to void urine completely, a drop seems to remain stuck; urethra clogged up; ropy mucus in urine, albuminous, with pus, blood etc; nephritis; hematochyluria.

3. Pain in small spots: *Oxalic acid*. Vomiting of tough, ropy mucus when *Kali Bi.* fails: *Iris V.*. Acute duodenitis: *Cham.* 6. Working in chrome. 10. *Ant. T.* follows well.

### 57. KALI CARBONICUM (*Kali C.*)



1. Bag-like swelling of upper eye-lids. Violent, dry, paroxysmal cough. Sequele of pneumonia. Aggravations: 2 a.m. to 4 a.m., pronounced around 3 a.m.

2. Bag-like swelling between upper eye-lids / inner angles of eyes. Bronchitis / hydrothorax; asthma often alternating with diarrhea; asthma relieved sitting up, bending forward, rocking. Dyspnea, violent / dry / paroxysmal cough: hard, white, smoky masses fly from throat when coughing. Difficult swallowing; sensation as of a fish-bone in the throat when hawking: a unique symptom. Hepatization in pneumonia; Cough following measles / pneumonia. Pleuresy, chest cold, full of shifting, stitching pains from below upward. Phthisis pulmonalis of nursing women. Acute backache in pregnancy / after miscarriage / before during menses. Everything affects the small of the back / pains proceed from there. Great flatulence, *coloc.* failing. Urination burning / painful / during / after. Edema of one foot. Sweating profuse even in cold weather / where it pains.

3. Bag-like swelling of lower eye-lids: *Apis.*; of both eyelids: *Phos.*; Cough following measles / pneumonia: *Dros.*, *Sul.*. Burning in *Nat. Mur.* more marked *after* urination. 4. *Kali C.* Re-established menses when *Nat. M.* apparently indicated failed. Recurrent colic, relieved by *Coloc.* needs *Kali C.* for cure. A leading post-labour healant. 6. Abortion / miscarriage; male sexual excesses; pneumonia: never well since. 9. Chilly patient. 10. Follows *Nux V.* often in gastric and bladder disorders. 11. *Kali C.* patients need a warm climate.

### **58. KALI MURIATICUM (*Kali M.*)**

3. White / grey coating of base of tongue; expectoration of thick, white phlegm: white / grey exudations. Follicular tonsillitis. Chronic catarrhal conditions of the middle ear. Middle stage of inflammations. Aphthae in the mouth of children / nursing mothers. Cataract: after *Calcium Fluoride*. Asthma with gastric derangements. Diarrhea / dyspepsia, from fat food / pastry. Hemorrhoids: bleeding, clotted. Menstrual discharge: dark, clotted, black like tar.

8. More left-sided. 10. *Kali M.* follows *Bell.* well in catarrhal / hypertrophic conditions. *Puls.* its vegetable analogue. When *Kali M.* in alternation with *Calc.F.* fails to relieve piles: *Kali S.*

### **59. KALI PHOSPHORICUM (*Kali Ph.*)**

1. Nervous prostration due to grief / suffering / anxiety / mental strain / sexual excess. Effects of trauma. Adynamia and decay: gangrenous.

2. Oversensitive, nervous, delicate persons; nervous prostration from long suffering and much sorrow, vexation, anxiety, prolonged mental work or broken down by sexual excesses or vice. Brain-fag, cerebral anemia. Foul breath with low nervous condition, brownish coating on tongue. Feeble memory for words from mental prostration. Night terrors of children. Aversion to husband /

children. Home sickness. Strabismus following brain diseases. Anemia of the optic nerve. Drooping of eyelids, especially left. Herpes on lips; vesicles on lips. Adynamia, decay: gangrene/ sepsis/ gangrenous sore throat/ putrid hemorrhages. Nocturnal urination, *involuntary*, in old people / typhoid / nervous prostration. Frequent urination: large quantities passed night and day, containing phosphates. Diarrhea, foul, putrid, from fright; bloody dysentery; cholera, stools like rice water. Worn out nursing mothers. Sexual desire excited, following menses. Effects of sexual excitement: indulged / suppressed. Utter prostration / weak vision after coitus; emissions without erections. Somnambulism. Talks in sleep. Brown stripe at edge of hair. Excretions: golden / orange / yellow in colour. Subnormal temperature.

3. Night terrors of children: *Borax, Calc. C.*. Aversion to husband / children: *Sepia*. 6. Mechanical injuries, blows. Nervous prostration from mental causes. Sexual excitement indulged / suppressed. 9. Chilly patient; *worse rest; better gentle motion*.

### 60. KALI SULPHURICUM (*Kali S.*)

1. Desquamation. *Yellow* discharges. Oxaluria.
2. *Yellow* mucus discharges; tongue slimy and coated yellow. Colic; yellow, slimy diarrhea. Generally thirstless. Rattling in chest: bronchial asthma with yellow expectoration. Oral breathing / snoring; nasal/ pharyngeal mucus membrane swollen. Post 'flu / gripe, cough in children. Albuminuria after scarlet fever. Warts on lip / epithelioma, if concomitant symptoms also indicate *Kali S.*. Orchitis. Effects of thermal changes from cold to warm. Desquamation. Seborrhea; ringworm of scalp / beard with excessive scales. Oxaluria.
3. Oxaluria: *Oxalic acid., Nitromuriatic Acid*. Effects of thermal changes from warm to cold: *Dulc.*. 4. *Kali S.* often indicated after *Tub.*. It is complementary to *Puls.* unless the patient is chilly and cold and better rest -- then *Sil.*. 9. Heaty patient. 10. *Kali S.* When *Ferr.P.* fails to induce perspiration; when *Mag.P.* fails to relieve pains; when *Kali M.* in alternation with *Calc.F.* fails to relieve piles.

### 61. KREOSOTE (*Kre.*)

2. Characteristic: Predisposed to decomposition; severe inflammation of tissues – tending towards gangrene; putrid odor of affected parts; very offensive, excoriating secretions/ excretions. Hemorrhagic constitution; profuse bleeding from small wounds; epistaxis / hemoptysis / hematuria. Throbbing pulsations all over the body. Corrosive, fetid, ichorous discharges from mucus membranes.

Diphtheria with terrible mouth odor. Bronchitis with most offensive foul breath and sputum. *Gangrene of lungs*. Nose -bleed; bleeding from inflamed eyes. Cadaverous smelling vomiting; sympathetic vomiting proceeding from lungs / liver / uterus / kidneys. Putrid feces; copious, foul, acrid, foamy urine; urinary incontinence, can urinate only lying down, too urgent to withhold, bed-wetting

in first sleep, yet dreams urinating properly. Gums puffed, red, tumid, settle away from teeth, turn spongy and bleed. Ulcers in the mouth smarting, burning. Menses too early, profuse, prolonged, painful; relieved by cold drinks; flow when *lying* down, ceasing on sitting up / walking about; flow *intermits*, commences again. Leucorrhoea: acrid, corrosive, fetid; worse between periods. Vaginal burning during coition (penis smarts and burns by the contact); discharge of dark blood next day. Lochia: dark, brown, lumpy, acrid, offensive, *intermits*, starts again. Retained placenta; putrid state of womb after delivery. Violent, corrosive itching of genitals; prolapse of vagina / uterus. Cancer of uterus: Copious discharge of dark, clotted blood / of pungent bloody ichor. Violent itching, moist, scurfy eczema: eyelids / joints / back of hands. Overgrown: too tall for one's age. Children: old-looking, wrinkled, emaciated; teeth start decaying even as they appear. Summer diarrheas of infants. Complaints more left-sided and usually worse from 6 pm to 6 am.

3. Overgrown for age: *Phos.* Gum disorders: *Merc.*, but *Kre.* often scores over *Merc.* Hemorrhagic: *Cinc.*, *Crocus Sativus*, *Crotalus*, *Ham.*, *Mill.* Urinary incontinence: *Caus.*, *Ferr. Ph.*, *Puls.* Retained placenta: *Canth.*, *Pyr.* Antidote: *Ferrrum Metallicum*, *Nux V.* Inmical: *Car. V.* Complementary in malignant diseases: *Ars.*, *Phos.*, *Sul.* 11. At the close of typhoid fever, if there be vomiting, bleeding, diarrhea: the vomit so acrid as to peel off skin from the mouth, turn the lips raw, excoriation from acrid fluids, throbbing all over the body: all together call for *Kre.* (J. T. Kent). Crusts forming on the margins of mucus membranes, indurations under the crusts which continue to increase; feeble circulation around the margin of lips and corners of the mouth, eyes, eyelids, genitals; venous engorgements with crusts that ulcerate, bleed and pile up until a phagadenic spot comes, much like epithelioma, all of which *Kre.* can cure. (J. T. Kent).

## 62. LAC CANINUM (*Lac C.*)

1. Dreams, illusions, visions of *snakes*. Throat symptoms: rawness, tonsillitis, diphtheria. Rheumatism. Rapid lateral alternation of symptoms in illness. Nocturnal enuresis.

2. Dreams, illusions, visions of *snakes*. Throat symptoms: tonsillitis, diphtheria; acute sore throat, painful inflammation, rawness. Sore throat beginning and ending with menses. Enlarged glands. Mastitis: great tenderness, soreness, can't bear the least jar. Breasts swollen, painful *before* menses. Helps to dry up milk. Women violently hysterical with strange and apparently impossible symptoms. Flatus from vagina. Headache from cold draft, better in a warm room. Vertigo: when walking feels as if floating in the air; when lying as if one were not on the bed. Backache unbearable, across the supra-sacral region to right natis and sciatic nerve: worse rest and initial movement. Spinal ache from neck to coccyx. Rheumatism: better cold applications. Symptoms in illness rapidly changing from one side to the other and back.

3. Sore throat before menses: *Magnesia Carbonica*; during menses: *Calc. C.* Helps to dry up milk: *Puls.* Flatus from vagina: *Lyc.* Women violently

hysterical with strange and impossible symptoms: *Lach.*. Nocturnal enuresis: *Med.*; diurnal enuresis: *Ferr. Ph.* 9. *Worse* morning one day, evening next day. *Better* cold, cold drinks, cold applications except headache. 11. For nocturnal enuresis: *Lac. Can.* specific (J. H. Clarke).

### 63. LACHESIS (*Lach.*)

1. Religious insanity. Great loquacity. Great hurry. Prolonged despair, depression, violently hysterical: from disappointment / grief. Dysmenorrhea. Menopause. Diphtheria, tonsillitis. Hemorrhages. Aggravated by sleep. Over-sensitive to contact: touch, clothes, constriction. Left-sided complaints or proceeding from left to right.

2. Religious insanity; great loquacity; imagines oneself wicked, guilty; great hurry in everything one does, chatters about in hurrying others; hopping from one theme to another without end. Prolonged despair, melancholy, depression, weeping from disappointment / grief. Women violently hysterical with strange, inexplicable symptoms. Delusions of being under super-human control: hears voices commanding one to offence / violence. Jealous, very suspicious. Flushes of heat on the vertex on waking or falling asleep; surging waves of pain in the head, worse by movement. Sun headache. Persons who can't stand the sun and suffer in summer. Faints from warm bath. Pain in the heart with breathing distress. Inflammations with sensation as if the inflamed parts were hammered upon: ovary, fistula in ano, hemorrhoids. Fistula lachrymalis with long-standing facial eruptions. Typhoid conditions: dry crusts on teeth, sordes; tongue seems like leather, *trembles*, moved with much difficulty, speech blurred. Drooping of the lower jaw. Typhoid-pneumonia. *Septic mumps*. Throat affections from left to right, with swelling of tongue, seems immobilized, can't be protruded, *quivers*, jerks on protrusion, unstable. Copious, dripping, stringy, soapy saliva. Throat affections *with pain in the shin bones*. Empty swallowing is agonising, liquids swallowed with less pain (better by hot drinks), solids with least pain. Sensation of ball or lump in the throat. Diphtheria, croup, tonsillitis. Diphtheria carriers. Defective vision after diphtheria. Quinsy: breaks it up in its inception, resolves it in its later stages. Paralysis of vocal chords, loss of voice. Epilepsy: during sleep / aura creeps down spine. Congenital cyanosis. Oversensitive to contact from the extreme uneasiness it causes. In uterine complaints can't bear to have clothes on abdomen. Sense of constriction around the neck, must loosen collar -- collar and neck band must be very loose. Ascending sensations: in throat, from eyes to vertex, from nape, from ovary to heart. Hemorrhages: uterine / typhoid; hemorrhages like flakes of very dark decomposed blood, looking like charred straw. *Hemorrhage of the optic nerve / retina*. Defective eyesight after diphtheria. Blood does not coagulate. Purpura hemorrhagica. Too scanty menses -- when *Sepia* seems indicated but fails. Pain in throat instead of menses. Uterine disorders, with intolerance of pressure of clothing, moving from left to right. Left ovary too painful and enlarged, indurated. Dysmenorrhea before and after the flow, relieved during flow. Labour pains surge upward or cease suddenly with clutching at the throat. Climacteric syndrome: flushes of heat, palpitation, hemorrhages, leucorrhoea, severe headaches, anemia, fainting spells. Headache with cardiac complaints. Dropsy: dark offensive urine,

purplish / bluish skin, especially of drunkards. Urine very dark with sediment like coffee grounds after diphtheria / eruptive illnesses. Abscess: malignant pustules: rapidly promotes suppuration. Sweating in sleep / on closing eyes. Traumatic gangrene; gangrene of penis. *Lach.* acts powerfully on the spleen and, although it has a left laterality, on the liver no less. Pain in liver extending into stomach. Septic gall-bladder.

3. Dysmenorrhea: in *Actea Racemosa*, the greater the flow the more severe the pain. In throat affections *Lach.* to be differentiated from *Kali Bi.*, *Lac. C.*, and *Lyc.* by its distinctive symptoms. Laterality: In *Lyc.* complaints right-sided or proceed from right to left. *Lach.* and *Lyc.* May follow each other. Tongue leathery, swollen, paralysed: *Mur. Ac.*. Drooping of the lower jaw: *Op.*. Fear of being poisoned: *Bell.*, *Hyos.*, *Kali Bromatum*, *Lach.*, *Rhus T.*. Sensation of heat on the vertex: *Graph.*, *Rhus T.*, *Sul.*. Convulsions from warm bath: *Apis.*, *Op.*. Sweating in sleep / on closing eyes: *Bry.*, *Con.*. Flushes of heat / leucorrhoea in climacteric: *Sanguinaria*, when *Lach.* and *Sul.* fail. *Crotalus Cascavella* said to complete often the curative work of *Lach.*. Purpura hemorrhagica: *Ham.*, *Phos. Ac.*, *Phos.*, *Sul. Ac.* 4. *Lach.* and *Naja.* said to have cured many cases of plague. 8. Most complaints are left-sided or proceed from left to right, but right laterality is no contra-indication. 9. Heaty patient; *worse* by sleep: patient sleeps into aggravation; *better* (all complaints) by discharges. 11. *Lach.*, *Lyc.*, *Med.*, *Psor.*, *Str.*, *Syph.*, and *Ver. Alb.* are some important complementary healants in many mental disorders.

#### 64. LEDUM (*Led.*)

1. Trauma: particularly punctured wounds: *pains shooting upward*; Tetanus; Rheumatism. Relief from cold applications.

2. Rheumatism / gout: begins in lower limbs and ascends, *travels upward*. The patient is chilly, even when sweating, lacks animal heat, yet pains relieved by cold applications; better by motion. Punctured wounds: by sharp instruments / injections / bites / stings / mosquito / rat bites: particularly if the wounded parts are *cold*. Injuries to the eye from blunt instruments / boxing / blows; hemorrhage into anterior chamber of eye after iridectomy. Pain in joints, especially *small joints*. Easy spraining of ankles and feet. Ankle/ball of great toe swollen. Long remaining scars, discolorations after injuries. Cicatrices turning green. Prevents / cures tetanus.

3. Rheumatism / gout -- *pains moving downward* from above: *Kalmia*; moving upward: *Con.*, *Sul.*. Pain in small joints: *Caul.*, *Col.*. Compare other traumatic remedies. Cicatrices turning red / blue: *Sul. Ac.*. 11. Restrains the craving for whisky, offsets its effects. *Led.* is to whisky what *Caladium* is to smoking (J. T. Kent).

#### 65. LILIUM TIGRINUM (*Lil. T.*)

1. Women: highly irritable, fidgety, hysterical, insane -- with cardiac and uterine complaints. Mental and physical symptoms alternate. Uterine prolapse:

with a dragging down from the stomach / throat. Nymphomania in nervous / overwrought women. Listless yet can't keep quiet, restless yet can do nothing. Changing moods.

2. The female reproductive system, the *root cause* of all complaints. Women highly irritable, nervous, fidgety, crazy, hysterical, insane -- with cardiac and uterine complaints. Mental and physical symptoms keep alternating. Snaps even when spoken to kindly. Consolation aggravates. *Wild / crazy* feeling in the head driving one to act mad: uncontrollable urge to do something crazy, violent. Disposed to curse, strike, become obscene. Fear of insanity. Changing moods: tormented by fanatical ideas, whipped up to frenzy; religious melancholy, despondency, sits and broods. Nymphomania: violent sexual excitement with spasm, palpitation, alternating with fear of moral obliquity; constant hurried feeling; sexual depravity / excesses in nervous overwrought women. Sensation as if the heart were caught in a vise. Palpitation, rapid pulse, pulsations all over the body; angina pectoris with pain in the right arm. Uterine hemorrhage, prolapse: bearing down, a downward, acute dragging pressure from the throat / chest / stomach to pelvis, as if everything would be forced out of the vagina: must keep supporting the abdomen. Menses: flow only when moving about. Tenesmus: rectum / bladder: from uterine displacement -- when the fundus of the uterus is turned back to the rectum; frequent urging to stool as if a ball were in the rectum; teasing to urinate; dysuria: burning, smarting. Can lie only on the back, worse lying on either side. Pain in small spots, constantly shifting. Pulse too fast for the temperature.

3. Pain in small spots: *Kali Bi.*, *Oxalic Acid*. As if the heart were caught in a vise: *Cactus*. Bearing down sensation as if everything would be forced out of the vagina: *Sep.*, *Lil.*, *T.* and *Sep.* can't stand, must sit down to arrest the bearing down sensation, but in the same condition *Bell.* is better standing, *Puls.* worse lying. Compare *Helonias*, *Platina*, *Puls.*. Alternation of mental and physical symptoms: *Act. R.*. Crazy / wild feeling in the head: *Act. R.*. Weakened ciliary muscles: *Arg. N.*. 6. Sexual excitement / excesses, uterine displacements, occupational worries. Pulse too fast for the temperature: *Pyr.*, *Thyroidin*. 7. Unmarried women, climacteric, uterine displacements, indulged / repressed sex. 11. Restores strength of weakened ciliary muscles.

## 66. LYCOPODIUM (*Lyc.*)

1. Intellectually keen, physically lean and weak; senescence; premature aging; loss of self-confidence, forgetful. Great flatulence; symptoms tend to shift from right to left: generally worse between 4 p.m. and 8 p.m. Red sediment in the urine. Impotence. Delayed puberty. Hepatitis. Pneumonia; Diphtheria. Extremes of life: old people, children.

2. Intellectually keen but physically thin and weak. Premature aging; failing brain-power; premature graying / baldness. Loss of self-confidence: dread of appearing in public as marked as with *Sil.*; but when one does, fares admirably with assurance. Pre-senility: tired state of mind, forgetful; averse to undertaking anything new, averse to company, yet dreads solitude (the *Lyc.* woman is

nervous about strangers, visitors, friends, but at home with her close circle of people). Religious melancholy: sits and broods, despondent; progressive insanity leading to a suicidal state; weeps on meeting friends / receiving gifts; the slightest joy brings tears. Any exertion aggravates. Precocious but weak children; children who look prematurely old; withered boys with dry cough. Patients -- young or old -- emaciated above, especially about the neck, while the lower parts seem relatively well-nourished or semi-dropsical. Headaches of gastric origin, yet better from eating; emaciated boys subject to prolonged, severe headaches: from taking cold. Withered boys with dry cough and chronic headaches. Headache alternating with gout. Head symptoms better by motion and in cool, open air. Hydrocephalus, chronic, screams in sleep. Cerebro-spinal meningitis: impending paralysis -- somnolence, staring eyes -- jaw drops. Eyes half-open during sleep. Patches of eruption on the scalp; smooth balding patches; patches on the face; eczema behind ears: bleeding / oozing watery fluid. Eczema of infants / of withering children with *Lyc.* headaches: with moist oozing and *red sediment in the urine*, which relieves the headache; when the sediment recedes the headache returns promptly, lasting for days. Humid, suppurating eruptions, crusts and fissures, behind ears. Vesicles, scaly, moist or dry about the lips, under the nostrils, behind the ears, on the genitals; skin becomes thick, indurated; violent itching. Thick, yellow discharge from the nose; green crusts blown out of nose and hawked out of throat; headache comes back in full swing when the catarrh is slacked up by a bout of cold. Deafness after scarlet fever: otorrhea -- discharge purulent, ichorous or severe otitis media. Diphtheria: right to left; tonsillitis, right or right to left. Throat symptoms better by warm drink. Chest catarrh of infants: rattling, nostrils flap, little expectoration. Snuffles of infants / children; infants with rattling respiration through the nose -- when the nose is stuffed up and blocked, breathe only through the mouth without end. *Pneumonia*: when the case takes a serious turn: *hepatization, wrinkling of forehead and brows, dyspnea, flapping of the nostrils*, scanty expectoration; unresolved / neglected cases of pneumonia. Asthma after pneumonia / bronchitis: copious expectoration of thick yellow / green muco-pus, tough and stringy; Lingering cough long after. Children who wither after pneumonia / bronchitis -- emaciation, marked about face and neck, take cold easily, suffer from nocturnal headaches, scream out in sleep in confusion, wake up frightened, look wild until they are able to collect their wits. Asthma: cold settles in the chest with much whistling; wheezing and dyspnea. Chronic bronchial catarrh of the aged. Scarlet fever: albumen, edema of face, hands and feet after the fever. Flatulence: ascending / descending: abdomen distended like a drum. Scirrhous of pylorus. Vomiting; of bile, coffee-ground / black, inky vomit. Hepatitis, old hepatic congestions. Food / drink regurgitates through the nose. Constipation when away from home / travelling of children. Male: impotence: persons of feeble vitality, overwrought, over tired: penis relaxed, premature emission, enlarged prostate. Female: Delayed puberty: breasts, ovaries undeveloped -- point to *Lyc.*, subject to symptom-totality. Labour pains run upward. Chronic metritis; Flatus from the vagina. Vaginal dryness. Pudental varicosity. Amenorrhea lasting for months. Menses too late, prolonged, too profuse. Women with ungratified sex. Children wetting bed. Dysuria of children: heavy red sediment in urine -- child screams to pass urine. Hernia of children: right side. Emaciation of single parts; numbness of fingers

and toes. Clumsiness, awkwardness / trembling of limbs. Rheumatism: relieved by motion.

3. *Sul.* to be distinguished from *Lyc.* by the absence of flapping of nostrils and wrinkling of forehead and brows in grave illness. Both *Calc. C.* and *Lyc.* are indicated in alarming states of typhoid: the patient becomes stupid, lies with dropped jaw, half-open eyes, vacant look, passes urine involuntarily; after the fourteenth day the rash does not appear and the patient sinks into an unconscious state, with muttering delirium, picking at bed clothes or grasping at flocks, distended abdomen, great rumbling flatus, *constipation*, sudden jerks of limbs here and there, breathing snoring, rattling; pulse rapid, intermitting; involuntary / retained urine, and urine with reddish deposit. *Calc. C.* too has that state but *Calc. C.* is usually diarrheic and it has hallucinations in addition. When indicated *Calc. C.* will bring out the rashes and save the patient. *Lyc.* may be distinguished from *Calc. C.* by its dry but *swollen* tongue, inability to protrude it; when protrusion is attempted it rolls from one side to the other, much like a pendulum; and the patient is *constipated* (E.A.Farrington). Fan-like motion of the nostrils: *Chel. Ant. T., Phos., Pyr., Sul. Ac.*. Child screaming before and during urination: *Bor., Sarsaparilla* (with *grey* sediment). Women with ungratified sex: *Calc. C., Picric acid, Platina, Con.*. Flatus from the vagina: *Lac Can.*. Can't lie on the right side: *Merc.*, on the left side: *Phos.*. Compare *Graph.* skin symptoms. Diffidence to face the public: *Sil.*. Constipation of children when *Lyc.* fails: *Ver. A.* Eyes half-open: *Pod. Hyd.* follows *Lyc.* in indigestion. 7. Childhood, old age. Hepatitis, pneumonia / bronchitis. Male; indulgence, impotence. Female; retarded sexual development, ungratified sex. 8. Predominantly right sided; symptoms shift from right to left, from above downward. 9. Heaty patient; *worse* 4 p.m. to 8 p.m.; can't lie on the left side; *better* cool, open air (head), warm drinks (throat), exertion. 10. *Sul., Calc. C.* and *Lyc.* follow each other in that sequence. *Sul.* can immediately follow, not precede *Lyc.*. *Graph* follows *Lyc.* well (C. Hering). *Lach.* and *Lyc.* May follow each other. 11. *Lach. , Lyc. , Med. , Psor. , Str. , Syp. , and Ver. Alb.* are some important complementary healants in many mental disorders.

### **67. LYSSIN (*Lys.*) (Hydrophobinum)**

1. Dazzling light, sight / sound of running / pouring water aggravates all complaints. Constantly spits thick, viscid, ropy saliva. Spasm / gagging from swallowing liquids. For dog bites, rabid or not.

2. All complaints worse from dazzling light / sight / sound of running / pouring water – the central symptom. Convulsions: from dazzling light, from even thinking of any fluids, from the slightest touch / current of air. Headaches: from bites of dogs, rabid or not, from mental emotion / exertion; worse by bright light or sight / sound of running water. Saliva: constantly spits, tough, ropy, viscid; frothy in mouth and throat. Difficulty in swallowing, even spasm of esophagus from swallowing liquids; gagging when swallowing water, forcing it out of the mouth. Spasmodic contraction of respiratory muscles. *Thirst with inability to*



*swallow*. Constant urge to stool / urinate on hearing / seeing running water; urine scanty / cloudy. Copious leucorrhoea running down the legs; coition too painful. Atrophy of testes; complaints from abnormal sexual desire, priapism.

### **68. MAGNESIA PHOSPHORICA (Mag. P.)**

1. Pains, cramps, spasms, convulsions, Tetanus, colic.
2. Neuralgic pains: sharp, shifting, shooting. Cramps: fingers, hands, calves; cramps of writers, typists, instrumental musicians. Cramps during pregnancy. *Convulsions in high fever*, Tetanic / asthmatic spasms. Whooping cough; spasmodic hiccups; retching. Tetanus. Colic: intestinal / menstrual. Copious urination following catheterization. Spasms set in as diarrhea ceases; spasms during dentition, without fever. Squinting from worms: alternate with *Nat. P.*
3. *Mag. Phos.* has no burning pains as in *Ars. Alb.*. *Actea Racemosa* pains more rheumatic, *Mag. Phos.* pains more neuralgic. 4. *Mag. Phos.* 6x to prevent / cure tetanus (Dr Von der Goltz); higher potencies, if inadequate. 9. Chilly patient; better: warmth, pressure. 10. When *Mag.P.* fails to relieve pains: *Kali S.*

### **69. MEDORRHINUM (Med.)**

1. Gonorrhoeal taint: men and women with; complaints of children from inherited. Failing memory, intensely restless, very impatient, always in great hurry; can sleep only – frog-like – in the knee-chest position, pass stool only standing and leaning far back.
2. “Mother of pus and catarrhs” (J. C. Burnet).  
Failing memory: forgets names, invariably loses the thread of conversation; very impatient, always in such great hurry – driving oneself out of breath – as to be fatigued by it; intensely restless, fidgety legs and feet; great fear of darkness. Anticipation of events, as though precognition. Tendency to suicide. Meningitis, especially cerebro-spinal (*Med. Follows Act. R.*).  
State of collapse, intense air-hunger, wants to be fanned all the time, yet throws off covers, skin cold, bathed in cold sweat. Asthma: has to lie prone (face down), protruding the tongue for relief; inhales easily, but *exhalation very strenuous*. Cough from a sensation of tickling under the sternum, incessant, harassing, always *worse* at night/bed time/lying down, *better* lying on the stomach. Unquenchable thirst: even dreams of drinking water. Trembling all over (subjective), intense nervousness and profound exhaustion. Annoying formication all over the body. Pale young persons who crave stimulants. Can sleep only in the knee-chest (frog-like) position (legs folded up, head bent over the knees and face down) or on the back (supine) with hands over the head; can pass stool only standing and leaning far back. Burning of hands and feet; deformity of finger joints; large, puffy knuckles. Intense nervous sensibility: especially to touch of garments or lock of hair. Vomiting, usually *without nausea*. Complaints of children, from inherited, gonorrhoeal taint. Mongolism, arrested growth, dwarfed, pale, rachitic, stunted, marasmic, asthmatic; mentally feeble and dull. Vicious catarrh of nose / eyelids; *thickened lips from oral*

*breathing*; ringworm of scalp / face; fiery red rash about the anus of infants; constipation, hard stools with scalding urine in babies. Women with gonorrheal taint: violently sensitive and nervous, frigid with ovarian pains and menstrual disorders; acute colic, better by knee-chest position; neuralgias; Breast and nipples, sore, sensitive, icy-cold nipples, body warm, small boils during periods. *Pernicious vomiting of pregnancy*. Chronic ovaritis, salpingitis, pelvic cellulitis (especially post-partum), fibroids, cysts and other morbid growths of the uterus and ovaries, especially if malignant. Severe menstrual colic with drawing of knees and terrible bearing-down labour like pains; blistering leucorrhoea. Prostate enlarged and painful with frequent urge to pass urine, painful urination; *nocturnal enuresis*. Violent erections / impotence. Sycotic warts on genitals. Severe rheumatism /gout with *Med.* Indications. Disorders of the spinal cord and its membranes. Lymphatic enlargements. Sycotic blepharitis / favus / warts. *Complaints better at sea-side*. Craving for salt. *Med.* Patients worse from sunrise to sunset but mental symptoms aggravated at night.

3. Intensely restless fidgety legs/feet: *Zinc*. Burning of hands: *Phos.* of feet: *Sul.* Feet too tender: *Squilla Maritima*. Child development: *Cal. P.*, *Pul.*. Pernicious vomiting of pregnancy: *Mer. Cor.*. *Phos.* Nocturnal enuresis: *Lac. Can.* Diurnal enuresis: *Ferr. Ph.* Can't exhale: *Acon.*, *Meph.*, *Sambucus Nigra*. Better at sea-side: *Bromium*. 5. May not be prescribed in acute gonorrhoea. 9. Heaty patient; *better* at sea-side, wet weather, lying on abdomen, bending backwards. 10. In cerebro-spinal meningitis of infants *Med.* follows *Act. R.*, after it has allayed the initial acute symptoms. 11. *Med.* is a child developer of the first rank. It is the mother of phlegm/pus. No vomiting of pregnancy should be given up as hopeless until *Med.*, high, has been tried (J. C. Burnett). According to Wildes suppression of gonorrheal favus in father leads to hydrocephalus, capillary bronchitis, severe teething diarrheas etc; and suppression in the grandfather leads to consumption and lingering diseases; Burnett confirms it as he traces gout to gonorrhoea (J. H. Clarke). *Lach.*, *Lyc.*, *Med.*, *Psor.*, *Str.*, *Syph.*, and *Ver. Alb.* are some important complementary healants in many mental disorders.

### 70. MELILOTUS (*Melil.*)

2. Violent, congestive, nervous headaches: *Rush of blood to head: face fiery red, intensely flushed, with throbbing carotids*; hemoptysis; retching, vomiting: relieved by nose bleed / menstrual flow. Profuse nose bleed. Engorgements: hemorrhages, profuse, bright red: *giving relief*. Congestion of spinal cord / pleura / lungs / ovaries: dysmenorrhoea. *Epilepsy from head injury*. Religious mania; mania to escape, kill oneself: with insomnia. A fiery red face in any illness may point to *Melil.*, even in pneumonia / typhoid. *It can relieve brain-pressure and irritation in insanity*.

3. The hemorrhages are more active in *Melil.* as in *Mill.* 9. *Better* by bleeding/profuse urination.

## 71. MEPHITIS (*Meph.*)

2. A great medicine for whooping cough: usually given in the lower potencies. Choking asthmatic paroxysms. Child must be raised up, gets blue in face, *cannot exhale*. Mucus rales through upper part of the chest; violent, dry spasmodic cough, few paroxysms during day but many at night.

3. Ref. *Corallium*, *Dros.*, *Pertussin*. Can't exhale: *Acon.*, *Med.*, *Meph.*, *Sambucus Nigra*. 11. Short-acting, bears repetition.

## 72. MERCURIUS (*Merc.*)

1. Jaundice; dysentery with *tenesmus*; inflammation, induration, ulceration, suppuration: *bloody* pus. Thick, acrid, greenish, stinking discharges: ophthalmia, otorrhea, coryza, catarrh. Nose bleed. Tooth decay; gums inflamed, receding, tongue swollen, flabby, with imprints of teeth, *salivation*; *oily* perspiration. Tremors.

2. Homesickness. Meningitis: (follows *Bell.*), quick, nervous manner, hurried speech: words run into each other, face flushed with concomitant glandular swellings and sore mouth. Cerebro-spinal meningitis from suppressed / ill-treated otorrhea. Hydrocephalus after measles / scarlet fever: prophylactic / curative. Ophthalmia: from exposure to glare of fire -- as in foundrymen. *Creeping* corneal ulceration: danger of sloughing of the whole cornea: pus in the anterior chamber, photophobia. Muco-purulent, excoriating discharge from the eyes, eyelids sore and burn, photophobia. Otorrhea: thick, acrid, greenish, stinking pus with stinging pains; otitis, boil, herpes, ulceration -- too painful. Deafness following measles. Coryza: acrid and *watery*, pressure through bones of face; *thin*, excoriating discharge of greenish mucus from nose; epistaxis: even in sleep -- blood coagulates, hangs from the nostrils like icicles; catarrh: thick, acrid, greenish, stinking phlegm. Cough, catarrh, with chilliness, stitches from lower lobe of right lung to back; paroxysmal cough in double bouts; whooping cough with nose bleed; can't lie on the right side. Chronic pleurisy, sharp stinging pains in the chest. Pneumonia: right lung with *liver* symptoms: yellow skin. Lobar pneumonia of children. Rheumatoid pains behind sternum. Toothache / decay: cheeks swollen; gums inflamed, spongy, pale, recede from teeth, with bad odour. Tongue flabby, swollen, with imprints of teeth; aphthos sore mouth; *salivation*: even in sleep, wets pillow. Mumps: right side. Gangrene of gums / lips / cheeks. Gastritis: *burning* pains; liver congested, enlarged, inflamed; jaundice. Dysentery: *slimy*, bloody, greenish, with much pain, great tenesmus: *never-get-done* feeling, worse at night. Peritonitis: suppuration followed by effusion. Nephritis, albuminuria: urine black, *burning* with *tenesmus*. Nocturnal emissions: with blood. Hunterian chancre. Orchitis. Gonorrhoea, phimosis / paraphimosis; prepuce, hot, swollen. Inflammation / swelling of the vulva, raw, sore. Dysmenorrhoea: menses profuse; excoriating leucorrhoea; uterine hemorrhage: profuse, dark, *clotted*. Ovaritis, with stinging pain. Breasts painful and full of milk at menses; milk in breasts instead of menses. Lactation in girls / boys. Tremors: head / hands / tongue; trembling of extremities, especially hands: tremors commencing in fingers; chorea; paralysis agitans. Children with epileptiform fits. Skin constantly moist with *oily*

perspiration; sweat without relief. Suppuration: pus with blood; abscesses, initial stages, if other symptoms tally. Small pox: *Merc.* is specific in the suppurative stage. Gangrene. Fever with *creeping* chilliness, *oily* perspiration without relief. Surgical fever.

3. Stinging pain in ovaries: *Apis.*; whooping cough with nose bleed: *Arn.*; can't lie on left side: *Lyc.*, *Phos.*; In meningitis *Bell.* too has quick, nervous manner, hurried speech, flushed face, but not glandular swellings / sore mouth: *Merc.* follows *Bell.* in meningitis, subject to symptom totality. *Merc.* worse by heat in bed but better by rest in bed, but *Ars. A.* better by heat in bed and worse by rest in bed (H. C. Allen). Inimical: *Sil.* 4. Mania: throws off clothes, leaps up, tears, scolds, spits – spreads the spittle with the feet, licks it up, licks up dung / mud (M. L. Tyler). 5. Persistent dryness of skin; diphtheria; typhoid; dropsy; decomposing ulcers. 9. *Worse* at night (all complaints), warmth of bed, right side. Sensitive to both heat and cold: human thermometer. 10. *Merc.* and *Sil.* are mutually inimical; do not follow each other well. *Hepar.* follows *Merc.* well in inflammations and abscesses *Sul.* follows *Merc.* often in dysentery and completes the cure. 11. Caution: In dropsy *Merc.* may eliminate the fluids but also dissolve the tissue; in decomposing ulcers the bone may soften and bend. In typhoid *Merc.* is not indicated unless there are conspicuous liver and scorbutic symptoms. In diphtheria *Biniode* and *Protoiode* of Mercury may be indicated, not *Merc.*. *Pus with blood* from anywhere indicates *Merc.*: in low potencies hastens and in high potencies aborts suppuration. *Mercurius Corrosivus*: dysentery with very severe bloody motions and matching tenesmus, continued too bloody dysentery with intense burning and tenesmus, often involving the bladder also; albuminuria in early pregnancy, much vomiting; albuminuric retinitis; syphilitic iritis (often specific for it); Ophthalmia neonatorum. 11. No vomiting in pregnancy should be given up as hopeless until *Med.* high has been tried. (J. C. Burnett)

### 73. MILLEFOLIUM (*Mill.*)

2. Hemorrhages: profuse, bright red blood, painless. Internal hemorrhages. Bad effects of fall from a height. Overlifting. Nose bleed. Hematuria. Varicose veins in pregnancy. Given before tooth extraction / confinement checks hemorrhage. Prolonged bleeding after hard labour / miscarriage / post-partum, Hemoptysis. Convulsions / epilepsy from suppressed menses and other discharges. *Persistent high temperature.*

3. *Mill.* hemorrhage of is more active than that of *Ham.* and less connected with expulsive action, cough, vomiting, than *Ipec.* (R. Hughes). Ref. *Melil.*

### 74. MURIATIC ACID (*Mur. Ac.*)

2. Profound debility, *mental debility following physical.* Typhoid / septic states; slides down in bed. *Stools involuntary / rectal prolapse while passing flatus / urine.* Decomposition, violent hemorrhage. Face: dark/ glowing red; lower jaw drooping. Loud moaning / muttering / taciturn. Mouth and anus chiefly affected. Tongue pale, swollen, leathery, paralysed: ulcers on tongue,

gums swollen; *sordes* on teeth; lips raw, dry, cracked. Achlorhydria. Intense burning heat, yet can't cover oneself. *Can't urinate without bowel moving at the same time* / ambivalence about pressure in the bladder / bowel (could be feces or wind in the bowel), either simulating the other too. Involuntary evacuations. Hemorrhoids most sensitive. Hemorrhoids in pregnancy. Anus raw, very sore. Skin eruptions with intense itching, carbuncles, foul ulcers on lower limbs; eczema. Pulse fast and feeble: intermits every third beat.

3. Physical debility following mental: *Phos. Ac.*. Drooping of lower jaw: *Lach.* Tongue swollen, leathery, paralysed: *Lach.*. Bowel moves while urinating: *Aloe.*, *Apis. Bap.* (complementary); Skin eruptions: *Rhus. T.* (complementary). 4. Cures muscular weakness from consuming opium / tobacco.

### 75. NATRUM MURIATICUM (*Nat. M.*)

1. Ill-effects of grief / fright / anger etc. Melancholy: seeks yet resents consolation. Hysteria / hypochondriasis with anemia, constipation. Numbness and tingling in lips / tongue / nose preceding headache. Violent sneezing coryza preceding cold; copious lachrymation. Face, oily, greasy. Conspicuous emaciation of the neck.

2. Excessive consumption of salt over a long time causes profound changes in the body, leading to many serious illnesses. Ill-effects of grief / fright / anger etc. Melancholy, depressed, particularly in chronic diseases. Irritable, gets into a passion over trifles. Too excited, inclined to weep, wants to be alone to cry: excitement followed by depression; seeks yet resents consolation. Sleepless from grief. Remote consequences of fright. Severe headache on waking, after menstruation, from sunrise to sunset. Anemic headaches of young girls. Frontal sinuses affected. Numbness and tingling in lips / tongue / nose preceding headache, relieved by sleep. Headaches of school children: from eye strain due to errors of refraction. Throbbing headaches with palpitation. Violent sneezing coryza: most valuable for colds taking off from sneezing. Copious lachrymation with coryza and cough; whooping cough; even laughing causes tears. Nasal catarrh with complete loss of smell. Face oily, greasy: excessive sebaceous secretion. Lips and corners of mouth dry, ulcerated and cracked, mapped tongue. *Conspicuous emaciation of the neck.* Emaciates, though eating well; emaciation of mammary glands. Urine involuntary when walking / coughing etc. Hangnails, numbness and tingling in fingers / lower extremities. Ankles weak and turn easily, sprained. Jerking of muscles, trembling of limbs, unable to keep the limbs still. Backache relieved by pressing firmly against the back. Skin oily, greasy, especially on hairy parts; dry eczema on hair margins; dry eruptions on bends of limbs, behind ears. Warts on palms. Herpes ani. Contraction of the rectum during stool, feces very hard initially, must strain much to evacuate, can't clear the bowel fully, sensation of still more to pass. Worms. Constipation at sea side. Sea side complaints. Intermittent fever with marked periodicity; chill between 9 a.m. and 11 a.m.; violent thirst, increasing with fever. Shivers, yet wants *cold* drinks; develops scorching heat -- relieved by sweating. Hydremia in chronic malarial patients. Loss of hair from lactation. Child late in talking. Craving for / excessive use of / salt.

3. Ill-effects of grief / fright / anger: Consult *Acon.*, *Cham.*, *Gels.*, *Ign.*, *Phos. Ac.*, *Staph.*. Emaciation of the upper parts of the body: *Lyc.*; emaciates, eating well: *Iodine*. Urine involuntary when coughing etc.: *Caust.*, *Ferr. Phos.*, *Puls.*; Low-spirited, vehement, angry disposition: *Sepia*. Remote consequences of fright: *Op.*, *Phos. Ac.*, *Sil.*. Unable to keep limbs still: *Zinc*. Warts on palms: *Natrum Carbonicum*, *Ruta*. Seaside complaints: *Ars. A.* 4. Nasal catarrh with complete loss of smell: when *Puls.* fails. To stop cold commencing with sneezing. Seminal emissions after coitus. 5. During fever paroxysms (J. H. Allen). 9. Heaty patient; *worse* noise, music, warmth, lying down, around 10 a.m., sea shore, consolation; *better* open air, cold bath, tight clothing, pressure against the back. 10. Complementary to *Apis.*, *Ign.*, *Sepia*. Antidoted by *Ars. A.*, *Phos.* 11. Not to be given during severe headache owing to risk of aggravation. Instead, *Bry.*, the acute of *Nat. M.* may be given for relief, followed by *Nat. M.* when the headache subsides. Never give *Nat. M.* (or *China*) in disorderly cases of malaria but think of *Ars. A.*, *Calc. C.*, *Ipec.*, *Sep.*, *Sul.* (J. T. Kent).

#### 76. NATRUM PHOSPHORICUM (*Nat. P.*)

2. Excess of lactic acid in the system, often from consuming too much sugar; excess of acidity. *Creamy yellow* coating of the mouth and tongue, *yellow* discharges, sour vomiting. Jaundice. Oxaluria. *Rheumatism*. Effects of much mental exertion and / or sexual indulgence. *Impotence*; watery semen; seminal emissions in sleep with / without dreams. Creamy, yellow leucorrhoea. Acid secretions from the uterus and vagina, causing sterility. Anemic, thin build, *gracile*. Eruptions with golden yellow scales and honey-coloured discharges. Marasmus of bottle-fed babies: liver enlarged, abdomen swollen, stools loose, undigested. Overfed children with acidity. Diseases of children from excess of sugar, milk. Squinting / grinding of teeth caused by intestinal worms. Metastasis of pains from limbs / joints to the heart; alternating between heart and limbs. Jaundice 1x trit. Rheumatic arthritis.

3. Oxaluria: *Oxalic Acid*, *Kali S.*. Impotence: *Con.*, *Lyc.* 6. Lactic acid diathesis; excess of sugar, milk; sexual indulgence. 9. Chilly patient. 11. Squinting from worms: alternate *Nat. P.* with *Mag. P.*. As sugar changes into lactic acid in the body, *Nat. P.* lessens the quantity of lactic acid in the system, furnishing room for further supply of it from sugar, thus reducing the amount of sugar; *Nat. P.* therefore is of possible use in the treatment of diabetes (M. L. Tyler). Oxaluria: *Nat. Ph.* 1x trituration, four times daily arrests calculi.

#### 77. NATRUM SULPHURICUM (*Nat. Sul.*)

1. Oversensitive to dampness; humid asthma; children's asthma. Effects of head injuries. Meningitis. Liver disorders. Discharges *greenish*.

2. Ailments due to *dampness*; sensitive to every change from dry to wet: can't live in humid places, near sea, river, lake, nor eat fish / plants thriving near water. Always feels best in warm, dry air. Humid asthma, worse 4 a.m.-5 a.m. Humid asthma of children: foremost / constitutional / remedy. Loose cough

with thick, ropy, *greenish* expectoration. Delayed resolution in pneumonia. Edema. Pneumonia in old age. Ill-effects of head injuries, including epilepsy and mental disorders. Meningitis, especially *spinal* meningitis. Gastric disorders: *brown* coating on tongue, bitter taste. Vomiting: bilious, bitter, sour. Acid dyspepsia with heartburn. *Liver* disorders with flatulent colic, burning in abdomen. Loose, watery stools, worse wet weather and mornings, involuntary when passing wind. Jaundice; Jaundice with *diarrhea*. Diabetes: urine copious, frequent, forcing one out of bed at night. Leucorrhea: yellowish green; epistaxis during menses; retracted nipples. Greenish discharges from penis. Suppuration / ulceration around nails, ulcerative pain under nails / in finger tips; hangnails.

3. Jaundice with diarrhea: *Digitalis*, *Nux V.*; worse in damp, wet weather: *Rhus T.* Ulceration / pricking pain in finger tips: *Elaps*, *Kali Iodatum*. 6. Hydrogenoid constitution, dampness, head injuries, quinine.

### 78. NITRIC ACID (*Nit. Ac.*)

1. *Smarting*, *Splinter-like painful pricking*, very characteristic. Odor of urine like horse's. All orifices affected: ulcers with exuberant granulations, fissured, scalding. Caries of teeth, gums scorbutic, swollen, bleeding. Warts on eyes, in and around nostrils; on body; large, jagged, bleeding. Otorrhea: purulent, ichorous. Chronic intermittents: thirstless at all stages. Suppurations with no tendency to heal. Craving for fat / salt. Chilly. Depressed / indifferent / irritable.

2. Predisposed to cold and diarrhea in chronic illness. All pains splinter-like: very characteristic. Strong odor of urine like horse's, burning, stinging; copious in prostatic cases. body has a barn-yard odor. All orifices affected: breath and saliva foul; discharges thin, bloody, offensive, excoriating, often dirty-yellowish green; sudden rush of blood to chest (in T. B.): hectic. Frequent hemorrhages: bright red, profuse; tickling cough all through night, loose, rattling at times, great dyspnea, loud rales through chest; violent colic, exhausting diarrhea, profuse, bright red hemorrhage from the bowel, frequent burning, stools green, slimy offensive (in children may contain lumps of casein), violent, persisting cutting pains during and after stool; anus: raw, fissured, fetid oozing, burning, smarting splinter-like, as if cut with a knife; hematuria, urethra: burning / painful pricking, ulcerated; urine cold when passing, albuminuria, cystitis; offensive, fetid sweating; caries of teeth, gums scorbutic, swollen, bleeding, teeth loose, saliva bloody, copious, putrid odor, ulcers on tongue / in throat / corners of mouth, ulcers spreading rapidly, with splinter-like pains, spreading down the throat, even simulating diphtheria, splinter-like pains on swallowing. Sensation of fishbone in throat. Dry mouth, no thirst. Craving for fat / salt, earth / chalk /lime. Depressed / indifferent / irritable. Eruptions on head, moist, burns; warts on eyes, bleeding easily, with splinter-like pains; ulceration, large crusts form high up in nose, warts in and around nostrils, splinter-like feeling in the nose; Nasal diphtheria. Discharges from the ear fetid, purulent, ichorous: after scarlet fever; fissures: in canthi, corners of mouth, above anus; skin cracks, warts on skin, large, jagged, bleed on washing, ulcers bleed easily, with zig-zag edges, splinter-like pains, *exuberant*

*granulations*; black pores on face. *Herpes*: smarting, splinter-like painful pricking. Inflammation of lungs: pneumonia / tuberculosis. Asthma: has to lie prone (face down), protruding tongue for relief; inhales easily but exhalation very strenuous. Chronic intermittents: copious sweats, dark bloody discharges, *thirstless at all stages*. Tendency to faint: clairvoyant unconsciousness. Epileptiform convulsions at night on going to bed; vertigo, frequent during day; always better riding in a carriage. Sensation of a band around the head; headache from pressure of hat / headgear. Venereal ulcers bleeding easily, with splinter-like pains. *Suppurations with no tendency to heal*.

3. Resembles *Merc.* in many ways. Odor of urine: *Benzoic Acid*; worse from riding in a carriage: *Coccul.*; dry mouth, no thirst: *Pul.*. Exhalation strenuous: *Acon.*, inhalation strenuous: *Spon.*. Sensation of fishbone in throat : *Arg. N.*, *Hep.*. 4. Diarrhea following antibiotics. 9. Chilly patient. 10. Antidotes *Potassium Iodide*. 11. Skin symptoms may surface with improvement in health.

### 79. NUX VOMICA (*Nux V.*)

1. Persons overdosed with strong drugs. Zealous, excitable. Engaged in mental work, sedentary life; dyspeptic, nausea with more *retching* than vomiting. Frequent ineffectual urge to pass stool but passing small quantities with much *tenesmus* and never-get-done feeling.

2. Too often the first remedy for persons overdosed with strong drugs -- to counteract the after-effects and restore the organic equilibrium. Ardent, zealous and careful persons, oversensitive, easily excitable, short-tempered or malicious / spiteful disposition. Dyspeptic, thin, peevish but with zest for life. Oversensitive to external impressions: mild odours, jarring noises etc. Literary, studious, sedentary persons, doing hard mental work. Drunkards. Easily startled in sleep, loss of sleep, bad effects of stimulants: coffee, tobacco, alcohol, spiced and seasoned food etc. Wakes up around 3--4 a.m. and can't sleep again until towards morning and then awakes feeling unrefreshed, wretched. Acid dyspepsia: gastric distress, pressure in stomach *an hour or two after eating*. Pyrosis; nausea, eructations sour / bitter, more *retching* than vomiting. Constipation, frequent, *ineffectual* urge to pass stool, passing small quantities each time, often tape-like; much *tenesmus*, with a never-get-done-feeling: relief for a while after stool. Dysentery; hemorrhoids. Jaundice with *diarrhea*. Irritable bladder with urinary *tenesmus*. After effects of sexual excesses; impotence. Great heat, whole body burning hot, especially face, yet chilly, can't move or uncover in the least without feeling cold. Convulsions *with consciousness*, as in tetanus; opisthotonos. Convulsions of children from nursing after a fit of anger in the mother. Spasms of voluntary muscles. Epilepsy during stool. Bruised, beaten pain in lumbar region, worse 3 a.m. to 4 a.m., and in spine: from much leg work, as operating a sewing machine. Menses early, copious, lasting longer, inducing other *Nux V.* aggravations. Snuffles of babies. Renews labour pains, induces expulsive pains for the placenta.

3. No urge to stool whatever: *Bry.*. No relief after stool: *Merc.*. Jaundice with diarrhea: *Digitalis*, *Nat. S.*. Gastric distress an hour or so after eating:



*Puls.*. Worse immediately after eating: *Kali Bi.*, *Nux Moschata*. In digestive disorders *Carbo V.* may help when *Nux V.* fails. Convulsions of children after a fit of anger in the mother: *Cham.*, from nursing after a fit of fright in the mother: *Op.*. Convulsions without consciousness: *Cicuta Virosa*. Constipation of children when *Nux V.* fails: *Ver. A.* 5. Mild, meek temperament, total absence of urge to stool. 9. Chilly patient; worse morning, mental exertion, after eating, spices, stimulants, dry / cold weather; better damp weather, strong pressure. 10. Inimical: *Zinc.*, not to be given before or after. Complementary: *Sul.*. Antidotes: *Coccul.*, *Coff.*, *Ign.*. 11. Can eliminate / restrain alcoholism, if otherwise indicated. *Nux. V.* antidotes after effects of ginger.

### 80. OPIUM (*Op.*)

2. Moral sense, conscience depraved; given to compulsive lying. Delirious mania, Disorders originating from *fright* and shock, even remote: epilepsy, vertigo, amenorrhea, threatened abortion, suppressed lochia. Complaints from sudden joy, fright, anger, shame. All complaints *painless*, accompanied by torpor, heavy, stupid sleep, stertorous breathing. Poor response to well-indicated remedies. Unconscious, apoplectic state; profound coma, preceded by stupor: coma vigil, talking with wide open eyes; delirium tremens. Heavy sleep following convulsions. Cerebro-spinal meningitis: convulsions with opisthotonos / paralysis. Loss of breath on falling asleep. Vertigo; vertigo from fright. Heavy, stupid sleep / lightness of head / of old people. Fever: pupils contracted; besotted, staring, glassy look; pulse full and slow; upper part of the body bathed in *hot* sweat; snoring, rattling, *stertorous* respiration. Retention of urine in acute illness. Drooping of lower jaw. Typhoid with hypersensitive hearing / smell. Peristaltic movements of stomach and intestines paralysed. Intestinal obstruction; spasmodic retention of feces in small intestines; incarcerated hernia; strangulation of bowel; too constipated, stools involuntary; regurgitation of food through nose; vomit, fecal or with fecal odour. Children: marasmus with shrivelled body; spasms from approach of strangers / nursing after mother's fright / crying. Convulsions from *hot* bath. *Asphyxia neonatorum*: follows *Acon.* (J. H. Clarke). Amenorrhea / Abortion / Lochia from fright. Sudden retrocession of eruptions, followed by paralysis of brain / convulsions. Retention of urine from nicotine / following confinement. All discharges diminished except sweat, which may be excessive / over the whole body except lower limbs.

3. Drooping of lower jaw: *Lach.*, *Mur. Ac.*. Vomiting through nose: *Sul. Ac.*. Spasms of children from nursing after mother's fright: *Hyoscyamus*, after mother's anger: *Cham.*, *Nux V.*. Ill-effects of retrocession of eruptions: *Zinc. M.*. For *remote* consequences of fright: *Nat. M.*, *Phos. Ac.*, *Sil.*. Convulsions from hot bath: *Apis*. Faints from warm bath: *Lach.* After effects of fright, even remorse: *Phos. Ac.* 6. Fright, excitement. 7. Children; Old people. 11. For the *remote* consequences of fright: *Nat. M.*, *Phos. Ac.*, *Sil.*. *Camphor* in very low potencies for insomnia when *Op.* fails (see K. M. Nadkarni: *Indian Materia Medica* under *Camphor*). To check opium habit: *Berberis Vulgaris*.

## 81. PHOSPHORIC ACID (*Phos. A.*)

1. Mental debility preceding physical. Painless diarrhea, not very debilitating. Effects of deep emotions. Young persons who grow rapidly during / following adolescence.

2. The debility common to all acids, *but mental debility first, preceding physical*. Profuse, painless diarrhea, without debility / with amelioration. After-effects of acute diseases, loss of body fluids, excesses, grief, chagrin or a long sequence of traumatic emotions, care, concern, disappointed affection, home sickness etc. Remote consequences of fright. Young people growing too fast and tall, overtaxed mentally and physically. Sexual neurasthenia. Headaches of students growing fast, from strenuous studies, of children from eye-strain / over-use of eyes. Bodily resources depleted by the pace of adolescent growth. Acute nervous debility. Loss of health from nursing. Chest weakness from talking. Purpura hemorrhagica. Painless diarrhea, not colliquative. Urination frequent and profuse, particularly at night. Diabetes. Cerebral typhoid / typhus, with total apathy and great stupor -- like a log. Patient in stupor, unconscious of all that is going around but fully conscious when aroused. Drowsy, wants to be still, left alone -- resents being disturbed. Neurosis in stump after amputation. Sleepy by day, sleepless at night.

3. Physical debility preceding mental: *Mur. Ac.*; home sickness: *Ign.*. After-effects of grief / chagrin / disappointment: *Ign., Kali Ph., Lach.*; After effects of fright, even remorse: *Op.*; after-effects of acute diseases, loss of body fluids: *China*. Remote consequences of fright: *Nat. M., Sil.*. Colliquative diarrhea: *China, Cup. M., Kali Ph., Phos., Pod., Ver. A., Phos.*, growing fast, tall, *Cal. C.* growing fat. Neurosis in stump after amputation: *Staph., Sym.* Purpura hemorrhagica: *Ham., Lach., Phos., Sul. Ac.* 11. Diabetes insipidus from worry / grief / mental shock etc. The polyuria of *Phos. A.* should prove it relevant to diabetes insipidus.

## 82. PHOSPHORUS (*Phos.*)

1. Sensation of burning. Vomiting: even water as soon as it gets warm in the stomach. Pneumonia: rapid respiration, mucus rales, edema of lungs, hepatization. Tall, slender persons who have grown rapidly, disposed to stoop. Hemorrhagic.

2. Vomiting: thirst for very cold water which however is vomited as soon as it gets warm in the stomach. After effects of eating too much salt. Vomiting after chloroform / anesthesia. Bronchitis / pneumonia when fever subsides: great depression, heaviness and burning of chest, rapid breathing, dyspnea, fan-like motion of nostrils, mucus rales, lungs heavily congested, edema, hepatization, threatened paralysis of lungs. In pneumonia circumscribed redness of cheek on the side of the affected lung, often the right side. Lower part of left lung very painful. *Worse* lying on left side. Teasing, hacking cough, evening to midnight; tubercular; tuberculosis of tall, rapidly growing youngsters. Fatty degeneration of the liver, malignant jaundice, cirrhosis. Painless, copious, *exhausting*

diarrhea: worse lying on left, painful side; rectal bleeding. Diarrhea during menses / of old people in the mornings. Diarrhea during dentition (V. V. Athalye). Hemorrhagic diathesis: much bleeding from slight wounds; bright red blood from nose, stomach, lungs, rectum, urethra, uterus. Epistaxis of children growing rapidly. *Bloating all around the eyes*. Atrophy of optic nerve. Deafness to human voice. Speech retardation in children. Sensation of burning all through the alimentary tract; characteristic burning of *hands*. Skin burns on shaving. Purpura hemorrhagica. Sexual excitement in either sex, mania; impotence from indulgence. During pregnancy unable to drink water; sight of water causes vomiting. Albuminuria of pregnancy: later stages / full term. Headache from thunderstorms, when the barometer dips, from washing clothes (often next morning). Cerebral softening. Ill-effects of iodine, common salt (hyperchlorhydria), electric shocks. Insomnia of old age. Atrophy of optic nerve. Hearing dull after typhoid.

3. Vomiting even water as it gets warm in the stomach: *Pyr.*, *Ver. A.*, *Tab.* when *Phos.* fails in vomiting. Cerebral softening: *Sil.*. Bloating of upper eyelids: *Kali C.*, of lower eyelids: *Apis*. Characteristic burning of *feet*: *Sul.*. Painless, non-colliquative diarrhea: *Phos. Ac.*. Pneumonia: *Ant. T.*, *Lyc.*, *Sul.*. Worse lying on the affected side: *Bell.*; better: *Bry.*. Young persons growing fast: *Phos. Ac.*. Albuminuria of pregnancy, earlier stages: *Mercurius Corrosivus*. Thirst for ice-cold water: *Ruta.*. Hyperchlorhydria: *Calc. C.*. Purpura hemorrhagica: *Ham.*, *Lach.*, *Phos. Ac.*, *Sul. Ac.*. 4. Prevents shock if given before surgery. For electric shocks: following *Nux V.* 7. Tall, slender persons who have grown rapidly, disposed to stoop. Vomiting. Pneumonia. 9. *Worse* lying on left side. *Better* sleep. 10. Complementary: *Ars. Alb.* with which it is isomorphic. *Allium cepa* (onion) is its vegetable analogue. *Phos.* follows *Calc. C.*, *China*. *Worse* lying on the affected side: *Bell.*; better: *Bry.*. well. *Phos.* antidotes chloroform. Incompatible: with *Caust.* before or after. *Tab.* for vomiting when *Phos.* fails. 11. *Phos.* often cures lasciviousness when *Hyos.* fails. Pneumonia: broncho / pleuro / typhoid : Fan-like motion of the nostrils: *Ant. T.*, *Chel.*, *Lyc.*, *Pyr.*, *Sul. Ac.*. After the pneumonia febrile symptoms have subsided: great oppression of the chest, worse lying on left side. “ If all at once 1/2/3 am the patient begins to sink, his nose becomes pinched, his lips drawn, he taken on a hippocratic countenance, is covered with cold sweat, is too weak in every part of his body to move and only moves his head a little and in a restless manner, unless you give him a dose of *Ars.* at once he will die. This will warm him up and make him feel that he is going to get well but as soon as this is accomplished you must give him at once the antidote which is Sulph. Or you will fail; or if after *Ars.* the patient rallying goes into a fever coming on with a burning thirst and can not get enough ice water, then follow with *Phos.* (J.T. Kent).

### 83. PHYTOLACCA (*Phyt.*)

1. Centers round the mammary glands. Mammae: tumors / lumps / inflamed / hard / mastitis / galactorrhea / sore / cracked / abscess / tumified. Diphtheria / tonsillitis / laryngitis / pharyngitis / croupous nephritis.

2. Preeminently a glandular healant. Centers round the mammary glands: even emotional excitements / tribulations centre in the mammary glands; even tribulation makes the breasts sore. When nursing women take cold, mammae inflamed and hard, the milk coagulates and turns stringy; milk is scanty, thick, unhealthy and dries up soon; nipples sore and cracked, very painful; when nursing pains radiate from the nipple all over the body, especially up and down the spine: mother goes into spasm. Breasts tender and inflamed in pregnancy. Breast tumors with enlarged axillary glands. Mammae: full and stony hard, painful nodosities. Mastitis, copious galactorrhea. Mammary abscess: When suppuration is inevitable; fistula gaping, angry ulcers; pus sanious, ichorous, fetid, unhealthy. Tumified breast, neither heals nor suppurates, of purple hue and hard as old cheese. Inflammation of throat: Chronic tonsillitis; sore throat with severe aching in head, neck, back and knees; pain at the root of tongue, shooting into ears on swallowing; follicular tonsillitis: recurrent. Catarrhal laryngitis with / without enlarged tonsils, worse at night and in cold, damp weather. Follicular pharyngitis; burning in throat of public speakers. Irresistible urge to keep biting / clenching / the teeth / gums together. Diphtheria: glands of the neck, parotids, sub-maxillaries inflamed, breath fetid, putrid vomiting: with pains all over the body, in the bones, fever, chilliness, scanty, dark red, albuminous urine, croupous nephritis, especially after diphtheria / scarlet fever, urine dark red / black; interstitial nephritis, even with uremic convulsions. Chronic endocarditis, angina pectoris: pains shoot from the heart to the arm; as if the heart leaped into the throat; pain alternating between heart and right arm. Rheumatism: of scalp / lower intercostals / abdominal walls; rheumatic ophthalmia; blepharitis with styes / tumors with thickening and induration of eyelids. Fistula lachrymalis: abundant, hot lachrymation. Rheumatic pains, like electric shocks, shooting, lancinating. Rheumatism of the heels with soreness; aching in heels relieved by elevating feet higher than the head. *Phyt.* is midway between *Bry.* and *Rhus T.* and cures when they fail, though apparently indicated. Neuralgic earache with shooting pains from the throat to the ears when swallowing. Sciatica: pain runs down the outer side of the affected limb. Painful induration of testes; shooting pain, perineum to testes / from anus / to the penis. Disposition to boils and when sloughing occurs.

3. When nursing pains radiate to the back: *Crot. T.*, to uterus: *Pul.*, *Sil.*. Nipples sore / cracked: *Graph.*. Tumified breast, neither heals, nor suppurates: *Bry.*, *Lac. C.*, *Phellandrinum*. Fistula lachrymalis: *Fluoric Acid*. 4. Said to contain obesity, given in drop doses of the mother tincture. 9. Chilly patient; worse cold / damp weather; also warmth of bed / warm drinks in diphtheria. 11. *Phyt.* can retard malignant growths, especially on the breast, with backache, bone pains, fever and shivering. Cows with swollen, indurated udders, hot, painful, sensitive; not a drop of milk could be drawn / stingy milk. Barber's itch: *Phyt. Ø.* external application. *Phyt.* headaches characterized by oversensitive hearing.

#### 84. PODOPHYLLUM (*Pod.*)

1. Profuse, painless, watery, gushing, diarrhea; diarrhea of babies, bottle-fed or during teething. Diarrhea alternating with headache. Pendulous abdomen after confinement. In acute illness rolling of head from side to side.

2. Copious, painless, offensive, watery, colliquative diarrhea, with jelly-like mucus, *gushing out*. Little thirst. Diarrhea of babies bottle-fed or during teething. Cholera infantum or painless cholera-like syndrome. Diarrhea alternating with headache, in some patients alternating by season: headache in winter, diarrhea in summer. Prolonged, profuse diarrhea: morning, afternoon with normal stool in the evening; rectal prolapse. Strabismus from suppressed diarrhea. Hot, sour belching, nausea and vomiting; thirst for large quantities of water; burning sensation of tongue; retching without vomiting. Prolapsed uterus: from over-lifting or straining, from constipation, after parturition -- with sub-involution. Pendulous abdomen after confinement. Suppressed menses in young girls. Pain / numbness in right ovary, running down the right thigh. Great loquacity in fever: rolling of head from side to side in bed with *moaning*, eye lids half-open; profuse sweat.

3. Diarrhea: painless, colliquative: *Phos.*, painless non-colliquative: *phos. Ac*; alternating with headache: *Aloe*. Thirst for large quantities of water: *Acon.*, *Bry.*, *Phos.*. Constipation of babies bottle-fed or brought up on tinned food: *Al.*. Great loquacity: *Lach.*. Eyes half-open: *Lyc.* 4. Affects right side more often: throat, ovary. 10. Antidotes bad effects of *Merc.*.

#### 85. PSORINUM (*Psor.*)

1. Lack of vital reaction: well-chosen healants fail to cure; fails to rally after illness. Overwhelming sadness, despair. Foul-smelling, filthy, foul discharges. Fever: burning, humid heat and copious sweat. Skin disorders recede in summer, recur in winter. Hungry / unusually well preceding attack of illness. Babies: playful all day but restless, screaming at night.

2. Lack of vital reaction: debility, well-chosen healants fail to cure; foul-smelling, foul discharges, looks filthy even after bath, insufferably malodorous; sweating on least exertion. Hungry / unusually well preceding attack of illness. After illness: does not rally, prostration, depressed, hopeless of recovery, profuse night sweats, diarrhea, anorexia. After typhoid does not convalesce, profuse night sweats, sweats on turning in bed or exerting least: cold sweat. Fever: burning humid heat and copious sweat, befogged, face: red and mottled. Overwhelming sadness: despair, irritable, extreme dullness. Sick babies: sleepless day and night, fretful, crying, playful all day but restless, screaming at night. Chronic periodic headache with hunger: alternating with hacking cough / eruption in winter; from suppressed eruptions / during menses; preceded by flickering before the eyes. Sensitive to drafts about head / covers head and ears in warm weather. Scalp: dry, scaly / moist, fetid, suppurating eruptions, oozing, sticky, offensive fluid, matting of hair; Dry, lustreless, rough hair. Lice: constant recurrence. Eczema of scalp / face; humid eruption on face; acne rosacea. Chronic recurrent ophthalmia: thick, yellow, purulent discharges, accumulated,

fetid pus; turning out of eyelids with loss of eyelashes. Raw, red oozing scabs behind ear; offensive discharge from eczema around ears; chronic otorrhea, fetid pus: particularly after measles / scarlet fever. Swollen tonsils, recurrent quinsy. Skin disorders recede in summer, recur in winter; family history of eczema; pustules near finger nails; eruption in bends of elbows and knees, dry, scaly, with little pointed vesicles round reddened edges, severe, continual itching. Intolerable itching, driving one to keep on scratching till skin becomes raw and bleeds. Asthma: better lying down with arms outstretched. Uterine hemorrhage, prolonged menstruation. Pregnancy: *most defiant vomiting*; violent movement of the fetus (other healants failing). Following abortion and placental expulsion: discharge of bright red blood and clots once every few days / prolonged oozing of bright red blood for weeks: sub-involution, the uterus fails to shrink back. Syndrome of offensive bowel discharges, increased growth of facial hair, fuzz and emaciation despite enormous appetite. Rectal hemorrhage, chronic diarrhea: early morning, urgent, dark, gushing, horribly putrid stools with invasive odour. Soft stool passed with much strain. Always hungry, keeps eating some thing or other. *Constipation of infants*, in pale, sickly children.

3. *Psor.* extremely chilly, *Sul.* excessively heaty; *Psor.*, for constipation when *Sul.* fails. Prolonged discharge / oozing of bright red blood after abortion: *Sul.* Soft stool passed with much effort: *Alum.* 4. *Psor.* when indicated in pregnancy, can correct the psoric diathesis of the unborn. 9. Chilly patient, but worse by warmth of bed. 10. *Psor.* is the chronic of *Bacil.*, *Psor.* when *Sul.* fails, *Tub.* when both fail. *Psor.* complementary to: *Arn.* in traumatic injury to ovary; to *Lac. Can.* in vomiting of pregnancy; to *Sul.* in mammary cancer. 11. Unusually well the day preceding the attack of illness. Sweating relieves all sufferings. Promotes immunity to common cold. *Eradicates predisposition to tonsillitis, quinsy.* Convalescence slow, wanting, any effort induces dyspnea. Aftereffects of infectious diseases lasting for years. In diarrhea *Psor.* has the haste of *Sul.*, flatulence of *Aloe* and *Oleander* and the inability to expel soft stool of *Alum.*, *China* and *Nux Moschata* (J. T. Kent). *Psor.* for chronic and *Sul.* for acute diseases, when well-selected remedies prove inadequate. Insufferably malodorous: *Kre.* 11. *Lach.*, *Lyc.*, *Med.*, *Psor.*, *Str.*, *Syph.*, and *Ver. Alb.* are some important complementary healants in many mental disorders.

## 86. PULSATILLA (*Puls.*)

1. Fair, fleshy women / girls: of timid, lachrymose temperament. Dysmenorrhea: discharge delayed, scanty. Retarded growth at puberty. Involuntary urination. Indigestion from rich food. Heaty patient, worse warmth. Thirstless.

2. Highly emotional / often indicated in fair, fleshy women / girls, easily moved to tears or laughter, mild, gentle, meek, yielding; sad, weeping, seeks consolation. Inward grief / silent peevishness, touchy. Slow, phlegmatic temperament. Marked aversion to marriage / opposite sex, particularly in girls. Nymphomania. Health impaired since the onset of puberty: dysmenorrhea, often severe: discharge delayed, scanty, intermittent and protracted; diarrhea during / after menses. Periods suppressed wholly / partly from exposure to cold,

cold baths. Amenorrhoea affecting the development of breasts, ovaries: *Puls.* is most valuable for female development, when indicated. Labour pains very weak and irregular; *promotes normal presentation of baby*. Miscarriage. Pseudo-pregnancy. Nagging 'bearing down' sensation in the abdomen, *worse lying*. Urinary incontinence with retarded menses. Involuntary urination at night / in bed, (particularly children) / while coughing / sneezing / passing flatus / from shock / excitement: when *Puls.* is otherwise indicated. Orchitis from sitting on very cold surfaces; epididymitis: pains running up to the small of back. Suppressions: Otorrhea / menses / lochia / milk etc. Metastases, particularly of mumps to breasts/ovaries in girls / to testes in boys (orchitis). Measles -- with other *Puls.* indications. Earache after eruptive diseases, very painful, with thick, copious discharge. Non-descript ear-aches of mild children. Gastric distress / diarrhea after *rich* food. Taste of food remains for a long time; vomiting of food eaten long before; pain in stomach an hour or so after eating; water-brash. Averse to fat, warm food / drink. Tendency to diarrhea. Mouth dry but *seldom thirsty*. Hiccups from tobacco. Headache from overwork; one-sided headaches, worse stooping forward: scalding lachrymation on the affected side. Venous stasis: edema of extremities; forced to keep affected limbs elevated. Thirstless in almost all complaints.

3. Menses retarded / suppressed in *scrawny* girls after exposure to cold: *Calc. P.*. Gastric distress an hour or so after eating: *Nux V.*. Worse immediately after eating: *Kali Bi.*, *Nux Moschata*. Non-descript ear-aches of cross children: *Cham.*. Lactation in non-pregnant women: *Cyclamen*, *Merc.*, in boys: *Merc.*. Metastasis to brain in parotitis: *Apis*, *Bell.*. Venous stasis: edema of extremities: *Vipera*. Bearing down sensation, *better standing*: *Bell.*, *better sitting*: *Lil. T.*, *Sep.*. Mouth dry, no thirst: *Nit. A.*. Orchitis from metastases of mumps: *Ham.*, *Rhus T.*

4. IN PREGNANCY, AT FULL TERM, IF THE POSITION OF THE FOETUS IS BREACHED, OR IF IT IS NOT TURNED FULLY, LIES CROSS-WISE AND DOES NOT DESCEND FURTHER, *PULS.* 1 M GIVEN EVERY 4-6 HOURS, ENSURES NORMAL DELIVERY, OFTEN IN 24 HOURS. (Yingling, *Accoucheurs Manual*). Lactation at puberty or in non-pregnant women during menses. After abuse of iron tonics / chamomile / quinine / mercury / sulphur / tea. After badly managed measles. Prophylactic against measles -- to be given three times a day. When a loose cough turns dry *Puls.* will loosen it again. *Stan. M.* chronic complement of *Puls.*

9. Heaty patient, *worse* closed, warm room, evening, twilight, lying on the left / painless side, indigestible food. *Better* open, cool, dry air, lying on painful side, eating / drinking cold things, cold applications.

10. *Sil.* is the chronic complement of *Puls.*, *Kali M.* its chemical analogue.

11. *Puls.* has little tendency to prolapse of uterus.

## 87. PYROGEN (*Pyr.*)

1. Septic states; repressed / recessed / dormant fever. High temperature that defies sweating; oscillating temperature: sharp rise and fall; pulse disproportionate: too fast or too slow for the temperature. Discharges offensive. Vomits even water when it gets warm in the stomach.

2. Dynamic antiseptic. Septic and pyemic states: hectic / puerperal / typhoid / typhus / miscarriage / ptomaine poisoning / diphtheria / dissecting wounds / sewer gas poisoning / chronic malaria. Abortive / repressed / dormant fevers. *Disproportionate pulse*: too fast or too slow for the temperature. Fan-like motion of the nostrils. High fever, *rising temperature that defies sweating*. Oscillating, zig-zag temperature: sharp rise and fall. Delirious muttering, talking to oneself, loquacious. Vomits water even, as it gets warm in the stomach. *Persistent / recurring feverish heat, without rise in temperature*. All discharges very offensive: menstrual / lochia / diarrhea / vomit / sweat / breath. Abscesses with intense pain and burning. Uterine hemorrhages; *retained placenta or dead fetus*, decomposed with horribly offensive discharge sepsis. *Arouses uterus to expel its contents*. Puerperal peritonitis. Fever invariably in menses from pelvic inflammation. Never well since septic / puerperal fever years back. Fast spreading bedsores of septic origin. Involuntary urination in septic fevers. Constipation: stools impacted in fevers. When the best chosen remedy fails to cure.

3. Septic fevers: *Anthracinum, Streptococcin*; Pyemic fevers: *Staphylococcin*. Pulse *slow*, lags behind temperature: *Gels.*; too fast for the temperature: *Lil. T., Thyroidin*. Pneumonia with zig-zag temperature: *Veratrum Viride.*; fan-like motion of nostrils: *Ant. T., Chel., Lyc., Phos., Sul. Ac.* Vomiting water when it gets warm in the stomach: *Phos., Verat. A.* When the best indicated remedy fails: *Sul., Psor., Tub.* Retained placenta, dead fetus etc.: *Canth.* Worse initially but better by continued motion: *Rhus T.* 4. Fever when *Eup. Per.* fails. Bearing-down pain and uterine prolapsus, relieved only by holding the breath and bearing down. Pain starting at umbilicus or just above, passing down towards uterus, but intercepted by just the same kind of pain starting from the uterus and passing up until they met half the way till another came (M. L. Tyler). 9. Momentary relief from movement, has to keep moving from time to time. 11. In septic fever especially puerperal, where fetus, dead for days, black or secundines have been retained, black, horribly offensive discharge (H. C. Allen). Never well since septic fever / abortion / bad confinement.

## **88. RHUS TOXICODENDRON (*Rhus T.*)**

1. *Restless*, better by motion. Ailments from over exertion, over-reaching, getting wet when sweating, lying on damp ground. Rheumatism. Fever with triangular red tip of tongue.

2. Motion always relieves the pains; better for a while by change of position; worse by motion initially but better by continued motion until tired. Ailments from exertion, strain, over-reaching, overlifting, damp weather, sitting / lying on damp surface; getting wet from sweating, too much summer bathing; rheumatism from getting wet. In fevers, particularly typhoid, *triangular red tip of tongue* with the characteristic *Rhus* modalities; diarrhea in the early stages of typhoid. Unquenchable thirst. Ophthalmic disorders with *Rhus. T.* causations / concomitant symptoms. Inflammation of esophagus from swallowing corrosive substances. Dysentery / diarrhea: blood, slime, reddish mucus; frothy painless stools. Can abort early suppurative processes around rectum. Hour-glass



contraction of abdomen. Urine dribbles constantly in boys. Dry, teasing cough, midnight to morning, especially in damp weather. Hoarseness from straining the vocal chords. Hemorrhage etc.: *effects of long performance on wind instruments / mental excitement*. Bronchial coughs of old people, worse on waking, with small plugs of mucus. Lumbago from overlifting / taking cold / when other remedies including *Rhus T.* are not indicated. Sciatica, left side. Sprains in ankles or other joints: after *Arn.*. Sore pain in prominent bone projections, e.g. cheek bones, where the flesh is thin over the bones, worse dampness. Rheumatism, pains, inflammations, stiffness, worse damp weather, better movement. Specific remedy for the frequently fatal effects of overlifting, inordinate exertion of muscles / contusions; or from working in water. Prolapse of uterus from overlifting / overstraining. Cardiac hypertrophy from overexertion. Pain / numbness in the left arm with heart ailment; numbness around elbow with enlargement of the right ventricle. Eczema of scalp in infants. Skin rashes, vesicular eruptions *burning*, yet relieved by 'scalding' with hot water. Erysipelas of genitals of either sex. Herpes on lips. Sore nipples, hurt on beginning to nurse but better by continued nursing.

3. From getting wet: pains confined to the affected parts – *Rhus T.*; pains ascending - *Puls.*; pains descending - *Bell.*. Heart enlargement from overexertion, exercise: *Bromium*. *Rhus T.* has sweating on the body but head dry, *Calc. C.* and *Sil.* have sweating on the head but body dry. Worse by humid / wet weather: *Nat. Sul.*. Sensation of heat on the vertex: *Graph.*, *Lach.*, *Sul.*. Complementary: *Mur. Ac.* . inimical: *Apis*. 4. Given early *Rhus T.* may abort carbuncles. Herpes alternating with asthma / dysentery. Hour-glass contraction of the abdomen. Orchitis from metastases of mumps: *Ham.*, *Puls.*. 6. Dampness, over-straining, over-reaching. 8. More left-sided; symptoms proceed from left to right. 9. Chilly patient; *worse* damp, cold weather, night, after mid-night, rest; *better* warm, dry weather, wrapping up, warm drinks and food, moving about, moving affected parts. 10. Complementary: *Bry.*, *Calc. Fl.*. Inimical: *Apis*, not to be given before or after. 11. Almost specific for strains / sprains, orbital cellulitis. *Rhus Aromatica*: Senile urinary incontinence, constant dribbling. Diabetes. *Rhus Glabra*: Disinfects the bowel, deodarises flatus, stools, effective in putrescence and ulceration. *Rhus Venenata*: for severe *Rhus*. skin symptoms. *Rhus Diversiloba*: antidotes *Radium*, follows it well.

### 89. RUTA (*Ruta*)

2. Bruises, injuries, of bones and periosteum; sprains, periostitis; bone fractures and dislocations; straining flexor tendons. Overstraining of ocular muscles: due to lighting glare, poor lighting, fine sewing, reading fine print, servicing watches, fine engraving etc.: burning eyes, headache as a result. Effects of carrying heavy weights. *Lung affections due to chest injuries*. Lameness of wrists / ankles, after sprains; affections of wrists / ankles. Rheumatism of tendons rather than muscles. Hardened scar tissue after bruises heal: knotty, nodular, like a lump; hard nodules in palms from rude manual work, with hammer/crowbar etc. Smooth, flat warts on palms, painful. Contraction of flexors: hands / feet become flexed. Pains deep in long bones, must walk about. Constipation, impaction, after injuries. Rectal prolapse: from

urge to/ straining for, bowel movement / bending down / after confinement. Carcinoma of lower bowel. Unquenchable thirst for ice-cold water.

3. Compare other traumatic remedies, particularly *Arn.*, *Calc. P.*, *Calcarea Fluorica*, *Rhus T.*, *Symph.*. Constipation / impaction after injuries: *Arn.*. Warts on palms: *Natrum Carbonicum*, *Nat. M.*. Thirst for ice-cold water: *Phos.*. Pain in long bones: *Mezereum*. Hastens cure of joints after *Arn.* and of bone injuries after *Symph.* 9. Chilly patient, yet wants ice-cold drinks; *worse* cold, lying down; *better* walking. 10. *Sul. Ac.* follows well in bruises of bones. When indicated for sprains, *Arn.* precedes it well.

### **90. SABAL SERRULATA (Saw palmetto)**

2. Genito-urinary syndrome; prostate inflammation/ enlargement: exudations, discharges (a leading indication): repeated doses of mother tincture / very low potencies over a period of time. Shrivelling of testes, shrivelling of breasts: most valuable for undeveloped mammary glands, for proper, healthy development of breasts. Ovaries tender, enlarged. Sexual neurosis in either sex. Nocturnal enuresis; urination attended by strain / tenesmus.

### **91. SARCOLACTIC ACID (Sar. A.)**

2. Virulent 'flu / dengue and their ilk, with violent retching and vomiting -- even of water -- and utmost exhaustion, prostration. Entire body very sore, sapping the mind. Extreme weakness of limbs, cramps in calves, wrists too feeble. *Restless from exhaustion*, bruised muscular soreness, *unable to sleep*. Dyspnea from weakness. Of immense value in chest and digestive affections, nagging weakness and prostration, cough and dyspepsia after 'flu / dengue and their ilk.

3. Vomiting of even water: *Phos.*, *Pyr.*, *Verat. A.* 10. Follows *Eup. Per.*, *Gels.*, *Infl.* during convalescence and restores the normal equilibrium.

### **92. SECALE CORNUTUM (Sec.)**

#### **(Ergot)**

1. Old persons with shrivelled skin; thin, scrawny old women. Entire body heaty, relieved by cold. Emaciation with excessive appetite and thirst.

2. Body rigid, rigid / relaxed alternately: fingers clenched / spaced wide apart. Pale, pinched, sunken face and eyes. Ravenous appetite, unquenchable thirst, but emaciated. Bladder paralysed, discharge of dark blood; enuresis in old persons. Dysmenorrhea with burning pains; brownish, fetid leucorrhea. Menses irregular, dark, copious discharge of thin blood till next period. Tendency to abortion in the third month. Labour ineffective. A most vital indication for *Secale* is: ARRESTED DEVELOPMENT OF FETUS (C. Hering: *Guiding Symptoms* and *Condensed Materia Medica* and C. B. Knerr's *Repertory*). *Secale* given 10m potency upwards – even with a single dose – the fetus will start growing normally. *Insomnia* of liquor and drug addicts. *Sclerema / edema neonatorum*. Skin shrivelled, heaty but cold to touch yet resents covering.

### 93. SEPIA (Sep.)

1. Diseases of women; slim women with narrow pelvis; alienated from those loved best; great sadness and weeping; aversion to opposite sex; abdomen drags downward, empty, all-gone feeling in upper abdomen, not relieved by eating; sensation of weight / ball / in the anus, not relieved by stool.

2. Diseases of women including various forms of mental: during pregnancy / child-birth / nursing / climacteric. Tall, slim, straight women with narrow pelvis. Loss of natural love: raving, violent mania, alienated from those loved best: averse to the family / husband / children / to baby from the demands of nursing. Great sadness and weeping but consolation aggravates, irritable, easily angered; hysterical change of moods; dread of meeting men / friends. Aversion to opposite sex in either sex. Women wearied by prolonged, hard work in heat, who yet can't bear cold draft: chilly even in warm weather. Countenance: Drooping eyelids, brownish / yellow / blotched patch like a saddle across upper part of cheeks and nose. Habitual abortion especially fifth to seventh month. Prolapse of uterus / vagina: pressure and bearing down as if everything would slip out of the vagina: must cross limbs tightly to prevent it. The abdomen drags downward: empty all-gone feeling in upper abdomen, not relieved by eating. Pot-bellied mothers. Disordered menses: early / late / scanty / profuse; amenorrhea / menorrhagia: coupled with the mental / constitutional symptoms. Lancinating pains from uterus to abdomen. Menses not reestablished after child has been weaned -- with concomitant mental and pelvic symptoms. Menopausal syndrome with severe mental depression. Nausea / vomiting: during pregnancy: at the very thought / sight / smell / of cooking / food. Leucorrhea of young girls. Constipation: during pregnancy: *sensation of weight / ball / in the anus, not relieved by stool*. Tobacco dyspepsia. Involuntary urine of child / adult; thick, slimy, offensive with yellowish pasty sediment. Child wets bed on going to sleep: *always during first sleep*. Cough: dry, fatiguing, apparently coming from stomach. *Whooping cough that drags on interminably*. Dyspnea worse after sleep, better rapid motion. Acute endocarditis. Skin: herpes circinatus in isolated parts; herpetic / eczematous eruption on lips, around mouth / nose / elbow / knee-joints. Warts on genitals. Boils (esp. children). Sexual indulgence: male -- impotence, female -- frigidity.

3. Antipathy to husband / children: *Kali P.*. Bearing down sensation as if everything would be forced out of the vagina: *Lil. T.*. To contain the bearing-down sensation *Sep.* and *Lil. T.* must sit down, but *Bell.* must *stand*, *Puls.* worse *lying*. Menses when nursing: *Calc. C.*. Acute endocarditis: *Abrotanum, Kalmia, Spon.*; Valvular: *Naja.*. Nausea / vomiting / at the very thought / sight / smell / of cooking / food -- without pregnancy: *Col.*. Empty feeling in stomach, not relieved by eating: *Ign., Hyd.*; relieved by eating: *Anacardium Orientale*. Sweats only when awake: *Sambucus*, only in sleep / on closing the eyes: *Bry., Con., Lach.*. Saddle across the bridge of the nose: *Syph.* (more prominent in *Syph.*). Bed-wetting during first sleep: *Kre.*. 4. Malaria messed up by wrong homeo treatment. 6. Blows / Falls; overlifting (dyspepsia) Laundry work. 7. Women: Pregnancy / delivery / nursing. Pot-bellied mothers. 9. *Worse*: excessive heat (fainting), cold, getting wet, riding in carriage, kneeling (giddiness). 10.

Frequently indicated after *Sep.*: *Sil.*, *Sul.*. *Nux V.* intensifies action. *Guaiacum* often beneficial after *Sep.*. Complementary: *Nat. M.*. Inimical: to *Lach.*; but in scanty menses when *Sep.* though indicated fails, *Lach.* follows; to *Puls.*, never to be alternated with it. 11. Women prone to abortion should take *Sep.* and *Zinc* (C. Hering). Never give *China/Nat. M.* for disorderly cases of malaria; think of *Ars. A.*, *Cal. C.*, *Ipec.*, *Sep.*, *Sul.* (J. T. Kent). The *Fluoric Acid* man is antipodal to the *Sepia* woman.

#### 94. SILICA (*Sil.*)

1. Rachitic children with large heads. Abscesses, suppurations; foreign bodies lodged in the tissues. Diffidence to face the public.

2. The chronic *Sil.* patient is cold, chilly, hugs the fire, wants plenty of warm clothing, hates drafts; hands / feet cold, worse winter. Deficient nutrition due to imperfect assimilation. *Cephalematoma neonatorum*. Scrofulous, rachitic children, with large head, open fontanelles and sutures, distended abdomen; slow in learning to walk; profuse sweating on forehead/face, soaking the pillow in sleep, but body dry. *Epileptic spasms of children* (*Sil.* 200). Obstinate / headstrong children. Convulsions from vaccination. Aversion to / aggravation from / milk in babies: vomiting / diarrhea / sour vomit / sour curds / in stool; nocturnal / involuntary / enuresis of children with worms. Unfounded diffidence, *pending* facing the public: e.g. public speaking. Remote consequences of fright. Cerebral softening. Brain fag from mental over exertion. Insanity: with *fixed ideas* / *obsessions* / *monomania*; somnambulism. T. B.: predisposition / chronic, with *Sil.* symptoms. *Sneezing*: chronic / recurrent. Abscesses / suppurations / carbuncles / caries / corns / keloid growths. Matures abscesses, checks suppurations and left over indurations, (sinuses, fistulas) following the suppuration / surrounding the suppuration area (*Sil.* after *Hep.* and *Calcium Sulphate*). Sinuses / fistulas following abscesses. Small wounds, hard to heal, suppurating easily. Headache / vertigo, ascending from nape of neck to vertex; profuse sweat on head. Fistula, lachrymal / anal: alternating with chest symptoms; closure of the lachrymal duct from inflammation; corneal abscess after injury; perforation / sloughing ulceration / of cornea; iritis / iridochoroiditis / with pus. After-effects of keratitis / corneal ulcer, including opacity (*Sil.* 30 for months). Suppurating otitis: running discharges, thin, ichorous, corrosive, putrid. Atrophy of auditory meatus in old age. Tendency of bones to become soft, pliable, spongy leading to malformations / disfigurements / non-tubercular curvature of spine. Nails rough / brittle / crippled / corrugated; white spots on nails; whitlow; ingrowing toe nail, ulcerates. Stimulates growth of nails. Offensive foot sweat, sore blisters between toes. *Bad effects of foreign material lodged in the tissues*: needles / thorns / splinters / fish bones etc. Constipation before / during / menses / nursing. Bleeding between periods/every time baby nurses; pain from nipple to all over the body when nursing; retracted nipples. Swollen nipples of boys. Fissures in anus: tenesmus, stool when forced slips back. Malodorous feet-without sweat. Chest disorders of stone cutters. Convulsions after vaccination.

3. Sweating around the head, soaking the pillow, in sleep, but body dry: *Calc. C.*; sweating on body but head dry: *Rhus T.*; children with large heads, open fontanelles: *Calc. C. / Calc. P.*; Children with large heads: *Bar.C.* but *Sil.* sweats profusely on head unlike *Bar. C., Sil.* Child self-willed, *Bar.C.* deficient in mental growth. Cerebral softening: *Phos. .* Abscesses / suppurations: *Calcium Sulphate / Hep. / Sul.*; white spots on nails: *Zinc Phosphate*; ingrowing toe nail: *Magnetus Polus Australis*; pain from nipple to the body while nursing : *Cr. T. / Phyt. / Pul.*; cysts: *Rhododendron*; remote consequences of fright: *Nat. M. / Phos. A.*; diffidence to face public: *Lyc.*; somnambulism: *Kali P.* Diarrhea before/ during/ menses: *Ammonium Carbonicum, Bovista.* Somnambulism: *Kali Bromatum, Kali. P.* Inimical: *Mer.* 4. Lower potencies expel pus, higher dispel it through the lymphatics. Serous cysts with paucity of symptoms. Accumulated tartar of teeth: *Silica Marina* - 3x (R.Cooper). Conculsions after vaccination. 5. Any foreign body embedded in the tissues: it may be imprudent to disturb it when structural changes have occurred in the vital organs, e.g. lung lesions; also an over inflamed appendix may burst under *Sil.* Sluggishness usually contraindicates *Sil.* 6. Suppression of foot-sweat. Stone-cutters ailments. 9. Chilly patient; worse: cold, menses, *new moon*, lying down; better: warmth, wrapping up the head. 10. Complementary: *Calc. Fl., Fluoric Acid, Hep., Sanicula, Thuja.* Follows *Hep.* in abscesses. *Sil.* for the chronic phase of such diseases as *Pul.* for acute. *Merc.* and *Sil.* Don't follow each other. 11. *Sil.*, if *Cal. P.* fails in the reabsorption of sero-albuminous exudation in a serous sac. Stitching / aching / where there was ulcer. The connective tissues are the special field of *Sil.* In suppurations *Myristica Sebifera* acts more powerfully than *Hepar* or *Silica*.

### 95. SPONGIA (Spon.)

1. Awakens in fright, feels suffocated, with great alarm, anxiety, gasping respiration, painful palpitation, violent, bone-dry cough. Dry asthma. Swelling / induration of glands.

2. Timidity / terror / fear. Awakens in fright, feels suffocated with great alarm, agitation, anxiety, panting, gasping respiration (often indicative of valvular disorders of the heart); violent, bone-dry, barking cough: rasping, ringing, wheezing, whistling -- compelling one to sit up and bend forward. Dry cough in dry, cold weather, indicated often after *Acon.* and before *Hepar.* Mucus rales / rattles / conspicuously absent. Dry, barking cough aggravated by mental excitement / *keeping head unelevated*/ talking / singing / swallowing; better by eating / drinking. Whooping cough: sense of plug in the larynx; tough, scanty, expectoration only forenoon. Dry asthma: wheezing worse by inspiration / before midnight / after sleep -- sleeps into aggravation. Asthma with amenorrhea. *Great dryness of mucus membranes of air passages*: throat / larynx / trachea / bronchi. Palpitation: violent with pain, gasping respiration; awakened suddenly after midnight with suffocation, anxiety. Palpitation before / during / menses. *Angina pectoris*: contracting pain, suffocation, fainting, worse after midnight, veins distended; *surging of heart* into the chest as if it would force out upward. Acute endocarditis. Cardiac asthma; heart enlargements, especially right side, with asthmatic symptoms. Heart disease from rheumatism. Valvular insufficiency. Cardiac symptoms worse from mental

lassitude / coughing / lying down on the right side / climbing up / sleep: rousing up from sleep, suffocated. Goitre: thyroid glands swollen: suffocative paroxysms at night. Spermatic cord swollen, painful; testes swollen / indurated: inveterate cases; after gonorrhoea / maltreated orchitis. Skin: Itching all over but no visible eruptions.

3. Acute endocarditis: *Abrotanum*, *Kalmia*, *Sep.*; valvular: *Naja.* Asthma with amenorrhoea: *Puls.* Goitre: *Iod.* Sleeps into aggravation: *Lach.* Wheezing worse by expiration: *Acon.* 7. Women, children, youngsters of tubercular parentage. 9. Heaty patient; cough abates after eating / drinking; *better*: descending, lying with head low. 10. *Acon.* Precedes and *Hepar* / *Bromium* follow *Spon.* well. 11. In acute endocarditis the principal remedies are: *Spon.* *Abrotanum*, *Sep.*, *Kalmia* ; *Naja* in valvular disorders.

### 96. STANNUM METALLICUM (*Stan. M.*)

2. Sad / despondent. Any pain beginning gradually, increasing steadily and subsiding slowly. Climbing downstairs too dizzy / weakening; climbing up not so strenuous. Tuberculosis / leucorrhoea *from suppressed neuralgias*. Rawness in the larynx / trachea/ smarting all the way down when coughing. Cough deep, hollow, concussive, paroxysmal, excited by talking / singing / laughing; influenzal cough; bronchial / chest / complaints: tubercular. Cold uncured, leading to chronic catarrh of the chest, threatening to become tubercular. Great weakness of vocal chords: from talking / singing / laughing; voice hoarse, husky, hollow; profuse expectoration. Nausea / vomiting / from odour of cooking food. Colic relieved by hard pressure, also when carried over shoulder / laid across the knee in the case of children. *Helminthiasis*: Intestinal worms, including tape worm. Debilitating / uterine displacement / leucorrhoea; menses with strong body odor. Easy sexual orgasms. Child rejects milk of nursing woman. Cramps of writers / typists / instrumental musicians; fingers jerk when holding anything; can't let go of object being held; typist's paralysis. Burning palms / soles.

3. Colic relieved by pressure: *Bry.*, *Coloc.*, *Mag. Phos.* Aggravation from downward motion: *Bor.* (*Bor.* has dread but *Stan.M.* has dizziness). Pains increase gradually but end suddenly: *Sul. Ac.* Worse lying on the left side: *Phos.* When a loose cough turns dry *Puls.* will loosen it again. *Puls.* antidotal complement. 4. Dizziness / weakness / from downward motion. *Ulceration of ring hole of earlobe*. Tuberculosis from suppressed neuralgia. 9. Chilly patient; feels weak / dizzy / going down, but can go up well; *worse* lying on the left side. 11. The *Stan.* dizziness / weakness from downward motion is often associated with uterine displacement / leucorrhoea. *Stannum Iodatum* valuable in advanced tubercular and chest disorders. Violent neuralgia obliterated by the onset of copious, thick leucorrhoea indicates *Stan.* Great weakness seems to proceed from the chest; the leucorrhoea has rescued the woman from consumption (J. T. Kent). For tapeworm: one and a half ounce of tin, ground to a powder, mixed with sweet syrup, taken on a Friday, before change of moon, half of the and the rest on Sunday, followed with a purge on Monday (J. H. Clarke).

## 97. STAPHYSAGRIA (*Staph.*)

1. Aftereffects of pent up emotions, wounded pride, chagrin, resentment, mortification; peevish children, hard to please. Sexual excitement in men / women; effects of sexual continence in women. Urethritis, urinary incontinence (female) in the initial days of coition. Prostate enlargement with urinary incontinence, tenesmus, dribbling in old men. Recurrent styes. Teeth decay on edges and crumble. Neuralgic pains after surgery / amputation.

2. Excitable, easily roused to anger, but seldom manifests it; pent up wrath, suppressed emotions; pockets insult, feeling too dignified to fight; very sensitive to adverse criticism, always thinking of it, feeling acutely the slightest wrong, thinks the least thing done is a pre-meditated insult. Aftereffects of wounded pride / envy / chagrin / rankling / mortification / indignation / vexation / frustration: complete breakdown as a result. Biliary colic following mental upsets. Impetuous, violent outbursts of passion; cheerless, out of humour, morose, taciturn. Ill-humored children, cry for things, thrown away petulantly when given; child cross, hard to please. Long-lasting vertigo, accompanied by continued nausea, as in sea-sickness / pregnancy; wheeling vertigo, especially when sitting. Eczema capitis, moist, fetid, eczematous eruption on the head, especially occiput, behind the ears; tinea capitis sicca; crusty, squamous, eczematous eruption on the scalp, skin peels off with itching, smarting. Head lice / crab lice (mother tincture externally and potencies internally). Eyes: styes / chalaze / tumors of the eyelids, marginal blepharitis, margins of eyelids dry with hard lumps on their borders; styes appear one after another, abort, leaving little hard nodules. (*Staph. prophylactic against styes, aborts styes as they appear, cures styes already developed and prevents their recurrence*); ulceration of cornea with prolapse of the iris; lacerated / incised / wounds of the cornea, as in surgery; iritis; arthritic ophthalmia with sensation of burning in the eyes. Meibomian tumors in irritable children; inflammation of the eyes of children, particularly, eyelids, with hardened styes, little cystic tumors in the eyelids between inner and outer surfaces. Injuries to the eyes, stretched sphincters with agonizing pain in the inner canthi. Toothache: during menses / pregnancy, painful to touch of food / drink but not from biting / chewing. Premature decay / discolouration of teeth; teeth turn black, show dark streaks through them, decay on edges and crumble. In children teeth turn black and brittle; in old people teeth decay early, turn soft, crumble. Toothache often relieved by hard and aggravated by light pressure. Craving for tobacco; cough excited by tobacco smoke. Sensation of goneness in stomach, especially after one has taken offence. Colic from emotion / lithotomy / ovariectomy. Burning in urethra when *not* urinating. Frequent / urge to urinate: of women in the initial days of coition / difficult labour. Acute pain in the initial days of coition in women. Caruncle of urethra, causing spasms when nipped. Painful sensitiveness of sexual organs, vulva too sensitive to wear napkins; ovaries indurated; prolapse of the uterus. Sexual obsessions / excesses / irregular sexual appetites / masturbation / nymphomania. Aftereffects of continence in women, e.g. following prolonged abstention from coition. Enlarged prostate with frequent urge to pass urine in old men. Continued dribbling, scanty discharge in thin stream or in drops with sensation as if the bladder was still not empty. Orchitis

from mumps; orchitis with burning, stinging pain; testes: shrunk / inflamed / swollen / indurated; sexual excitement / impotence; seminal emissions followed by chagrin / mortification / prostration / dyspnea; Spermatorrhea with sunken features; prostration, relaxation, atrophy of genitals. Aftereffects of sexual excesses / masturbation: loss of memory / hypochondriasis / taciturnity / lack of vital heat / prostaticorrhea. Pain in prostate disorders of old men. Dyspnea in males during / after / coition. Stiffness, fatigue in joints, arthritic nodosities: worse from touch. Skin: when scratching relieves itching at one place it shifts to another. Herpes Zoster: pains radiate down the thighs. Eczema: yellow, acrid moisture oozes from under the crusts; new vesicles form from contact of exudation: occiput, behind ears; tinea capitis sicca. Warts about genitals / anus. Loss of blood, surgical shock, injuries from sharp instruments, incised wounds, surgical cuts; stretched sphincters; neuralgia, of the stumps from surgery / amputation, stinging / smarting pains after surgeries, including abdominal. Pains following surgery, even abdominal and cesarean or as a remote after-effect: *Staphys.* 1m / 10m. Arthritic inflammation of joints, of fingers, inflammation of phalanges with suppuration, sweating. Stiffness / fatigue / in all joints *worse from touch.*

3. Styes: *Apis.* cures and prevents recurrence. In *Staph.* and *Coloc.* eating / drinking / causes griping / stool; colic as if stones were squeezing; *Staph.* pains are in the intestines and ovaries; both worse from anger. Neuralgia of the stumps: *Phos. A., Sym.* (also eating onions cures it – J. C. Burnet). *Staph.* is to incised wounds what *Calen.* is to lacerations, *Arn., Ham., Led.* and *Sul. A.* to bruises, *Rhus T., Cal. C.* and *Nux V.* to strains, *Cal. P.* and *Sym.* to fractures (E. B. Nash). *Staph.* is similar to *Coloc.* in mental / abdominal symptoms. Head / crab lice: *Coccul.* 10. *Caust., Coloc.* and *Staph.* follow each other in that order. 11. *Staph. Ø.* in water 1:4 external application for lice.

### 98. STRAMONIUM (*Str.*)

1. Violent upheaval in mind and body, maniacal rage, wild raving. Like an earthquake in violence, mind in an uproar. Furious delirium. Sexual excitement, exposing the person. Religious insanity, violent spasms, convulsions. Child awakes terrified, screams in fright, can't sleep in the dark. Total absence of pain very characteristic of *Str.*.

2. Tremendous turmoil, violent upheaval in mind and body; mania: full of excitement, rage; face looks wild, anxious, fearful, flushed; violent delirium, eyes fixed, wide open, prominent glassy, pupils widely dilated, insensible, contortion of eyes, eyelids; *risus sardonicus.* Like an earthquake in violence, mind in an uproar: frenzied raving, screaming, swearing, cursing, grinning, laughing, whistling, singing, praying; violent speech, erotomania, exposing the person (usually encountered in continued fevers, insanity, cerebral congestion etc.). Mania coming in paroxysms with suddenness; cold sweat in mania. Delirium: murmuring / violent / foolish / joyful / loquacious (most loquacious of all healants – loquacity often confined to one subject), jerks up the head off and on for long, in spasm; incoherent chattering with open eyes, spasmodic laughter, furious, wild raving; attempts to bite / stab; sexual excitement.



Leading heilant in nymphomania: menstrual / puerperal; lewd, violent, often before menstruation; strong odour, similar to odour of animals in the rutting season; sings amorous songs, coarse obscene talk. Fixed notion of having committed some unpardonable sin. Sees animals, ghosts, angels, devils, dead spirits; hallucinations: visual (thinks objects around are *black*) / auditory, particularly in the dark; converses with spirits, with god, delivers sermons, prophecies. Desires light and company – worse in darkness and solitude; mad hurry when going anywhere; attempts to run away, escape, *hide*; religious insanity, monomania, prays, entreats; rapid change from joy to sadness and *vice versa*. Pseudo-hydrophobia (almost a specific for it) with difficulty in swallowing. Spasmodic constriction of throat; spasms more gyratory than jerking; covered with cold sweat, children in chorea, violent convulsions, involving every muscle of the body; motion of hands and arms as if spinning / weaving; twitching of single or group of muscles, especially upper part of the body; opisthotonos, violent distortions, contraction of limbs; chorea: from fright, spasms constantly change, especially facial muscles, which assume all sorts of expression (rarely useful in persistent attacks of particular muscles): absence of pain in all this usual / significant. Convulsions with consciousness. Puerperal convulsions and insanity: sad, imagines / does / strange things until violent delirium sets in with loud screaming. In cerebral congestion delirium is followed by unconsciousness; seems profoundly intoxicated; marked stupor, stertorous breathing, lower jaw drops – also in typhoid and low forms of fever: tongue dry, so swollen as to fill the mouth, even hang out, sordes on teeth, bleeding from the mouth. Cerebro-spinal meningitis from suppressed ear discharge; forehead wrinkled, eyes glassy, pupils dilated, little fever, terrible pain through base of skull, especially if there is a history of necrosis about the ear. High fever, *non-remittent*: burning hot, with violent delirium. *Fevers peak up at noon*. Mania / violent headache / from exposure to heat of the sun, preceded by blurred vision, pain usually opposite side of the blurred eye; continually jerks up head from the pillow; head bent back; vertigo when walking in the dark. Child awakes terrified, screams in fright, clings to those nearby, can't sleep in the dark but readily sleeps in a lighted room. Asthma: nervous, spasmodic (very important): hardly able to breathe *in*, worse talking, desire for open air. Cough: spasmodic, suffocative, whooping; violent paroxysms, convulsive suffocation. Pneumonia: with peculiar delirium, inflammation on high grade, pus forms, abscesses with excoriating pain. Violent typhoid. Scarletina: before eruption appears, even after, in the malignant type; aftereffects of suppressed eruption in scarlatina. (*Str.* has an affinity for the hip joints) coxalgia / morbus coxal; accompanied by very severe pain. (a contrast to conspicuous painlessness of *Str.* otherwise). Skin rashes / eruptions following fright. Diarrhea in typhoid: stool dark, putrid, copious, involuntary, abdomen tympanitic, loquacious delirium, fright, desire for light, urine suppressed, (valuable in violent typhoid). Illness from suppressed discharges: menses / lochia / eruptions / sweat. Retention of urine; old men with declining control over the bladder. Sleep full of dreams and turmoil.

3. *Stram.* can't suffer darkness, *Bell.* light. Unlike the gyratory motions of *Stram.* the chorea of *Hyos.* has angular jerks, hurling the patient about. In fever *Bell.* very hot, *Stram.* violent, insane but moderately hot, *Hyos.* fever without

high insanity. *Str.* congestion rather non-inflammatory, greater than *Hyos.*, but much less than *Bell.*. In descending order of violence they are *Stram.*, *Bell.*, *Hyos.*. Convulsions with consciousness: *Nux V.*. In metrorrhagia from retained placenta with characteristic delirium, *Sec.* often acts promptly when *Str.* fails; *Pyr.* In high fever and sepsis. 9. Chilly patient. In fever temperature shoots up at noon. 11. Total absence of pain very characteristic of *Stram.*. It stands alone among deep acting healants in the violence of mental symptoms. *Stram.* is marked by opposite symptoms: cursing / praying, unable to walk / sleep in the dark / convulses on seeing anything bright, contorted face / graceful movements in delirium. *Lach.* , *Lyc.* , *Med.* , *Psor.* , *Str.* , *Syph.* , and *Ver. Alb.* are some important complementary healants in many mental disorders.

### 99. SULPHUR (*Sul.*)

1. Lean, stoop shouldered, dirty, with skin affections. Pseudo-philosopher lost in theories. Lack of response to treatment: well-indicated remedies fail. Early morning diarrhea driving patient out of bed. Sensation of burning in all orifices; burning heat of *feet*. Repressed ailments. Pneumonia.

2. Lean, stoop-shouldered persons, who walk and sit stooping: standing is the worst position for *Sul.* patients. Dirty, filthy, yet oversensitive to filthy odors, prone to all kinds of skin affections. Worse by bathing and averse to bath / washing. (Children resent being bathed / washed). Hates to work: sedentary living; pseudo-philosopher lost in theories. Religious melancholy. Diseases suppressed by wrong treatment. Pot-bellied children. Want of response to treatment: carefully chosen remedies fail to act, especially in acute illness: *Sul.* arouses the reactive powers of the organism; complaints that keep relapsing. Discharges / exhalations offensive, *burning the parts over which they pass*. Sensation of burning, smarting: vertex / face (without redness) / mouth / stomach / rectum / anus. Burning heat, particularly at night of palms, of *feet and soles*: must put feet out of blanket to cool them off (during day time may be cold). Diphtheria: painless, no distinctive symptoms. Hungry, all-gone sensation about an hour before meal time, about 11 a.m.; *Sul.* about the only hearty healant with craving for fat. Diarrhea after midnight; early morning diarrhea driving patient out of bed; diarrhea alternating with constipation. Feces / urine painful to the parts over which it passes; must hurry to urinate: profuse, colourless urine. Metastasis to the heart of bleeding piles, as bleeding subsides. Suffocative air hunger, laboured breathing; flushes of burning heat radiating from the chest, ending in sweat: e.g. in climacteric: face glowing red; leucorrhoea. Menorrhagia: never been well since miscarriage. Suppressed lochia. Promotes expulsion of moles. Menopausal breast enlargement. Pruritus; suppurations; boils in crops, spread over the body: a boil healed succeeded by another. Itching, burning of skin / Rashes, eruptions, pustules, rhagades, scabies, chronic skin disorders. Infiltration; induration: from pressure: corns, callosities. Suppressed skin eruptions. Rheumatism spreading from below upwards. Cramps during coition.

3. Hemorrhages in abortion: *Psorinum*. In desperate cases of pneumonia, after *Ars. Alb.* think of *Phos.* rather than *Sul.*, if there is no violent thirst for ice-cold water. Flushes of burning heat, particularly in hands: *Phos.*. Ascending stiffness

/ pains: *Con.*, *Led.*. Descending stiffness / pains: *Kalmia*. Flushes of heat / leucorrhoea / in climacteric: *Sanguinaria*, when *Lach.* / *Sul.* fail. Cramps during coition: *Cup. M.*, *Graph.*. Complementary: *Aloe*, *Psor.*. 4. In pneumonia, follows and antidotes *Ars. Alb.* in desperate cases -- valuable in the later stages when the inflammation fails to resolve, the cough is dry and the chest full of mucus rales: a few doses of *Sul.* would loosen the phlegm and resolve the hepatization. Prophylactic against cholera. When *Merc.* fails to cure dysentery. Cold ending in asthma, when *Dulc.* fails. When *Dulc.* proves inadequate in thermal changes from warm to cold. In menopausal flushes of heat, when *Sul.* fails: *Sul. Ac.* . 4. *Sul.* and *Sul. Ac.* Are complementary. Violent dysmenorrhoea in girls. *Suppressed lochia* (the foremost healant). Hemorrhages in abortion. Septicemia. Phimosis: not congenital, inflammation / induration / of the prepuce. Leading remedy in measles, in scrofula. Fever from disordered thermic centre (G. Royal). *When there is paucity of symptoms to prescribe on.* 5. When there are structural changes in vital organs. e.g., lung lesions in T.B.; over-inflamed appendix. 9. Heaty patient, yet resents / worse / by bath, warmth of bed, wet / cold / weather; standing; rest. 10. *Sul.*, *Cal. C.*, *Lyc.* follow each other in that order. 11. Often of great use in *beginning* treatment of chronic cases and in finishing acute cases. When the indicated healant ceases to act *Sul.* reactivates it when prescribed again (C. S. Pierce). Cholera: a pinch of Sulphur powder worn in the socks in contact with the soles of the feet acts as a prophylactic. Sulphur fumes said to prevent small pox / T.B. (Pulford, A & D.T.). According to Cooper workers in Sulphur mines, in malarial regions are completely immune to intermittent fevers (J. H. Clarke).

### 100. SULPHURIC ACID (*Sul. Ac.*)

2. Hurried, hasty manner of doing anything. Pains increase gradually but cease suddenly. Sensation of internal trembling from head to foot of drunkards though it is not externally evident. Children smelling sour even after washing. Weak children with no other symptoms. Trauma: concussion of brain, intra-ocular hemorrhage, gangrene. In trauma, removes long-lasting black and blue spots with soreness and stiffness of the parts; cicatrices turning red / blue. *Vomiting through the nose.* Vomiting after drinking cold water. Heartburn, sour eructations. Cough: followed by belching / vomiting. Hiccups of drunkards. Rapid flapping of nostrils. Larynx moves up and down violently. Carbuncles, boils and other streptococcal and staphylococcal infections. Menopause: flushes of heat / menorrhagia / pulmonary hemorrhage; erosion of cervix in old women. *Internal trembling without external tremor.* Fingers jerk while working with them. Hemorrhage: bleeding from every orifice: black blood. *Purpura hemorrhagica*, capillary extravasations under the skin. Craving for alcohol; hereditary alcoholism. Drunkards in their last legs, past the *Nux V.* stage: great thirst but vomit water unless liquor is added to it.

3. Children smelling sour: *Hepar.*. Regurgitation of food through nose: *Op.*. Pains increase gradually, cease suddenly: *Argentum Metallicum*; begin and end suddenly: *Bell.*, *Lyc.*; begin and end gradually: *Stan. M.*; either of them gradual and the other sudden: *Pul.*. Rapid flapping of nostrils: *Ant. T.*, *Chel.*, *Lyc.*, *Phos.*. Cicatrices turning green: *Led.*. Hereditary alcoholism: *Syph.*. *Purpura*

hemorrhagica: *Ham.*, *Lach.*, *Phos. Ac.*, *Phos.*.4. Two / three drops of pure sulphuric acid dissolved in a glass of water and given teaspoonful doses every two / three hours will eliminate the craving for liquor in drunkards. To be continued until one gets well even if it causes sore mouth. Should it cause diarrhea *Puls.* in potencies will set it right. 6. Ailments from drinking brandy; trauma; old age. 7. Old people, particularly women; Menopause. Sour babies. Drunkards. Trauma. 8. More right-sided. 9. Heaty patient. 10. In trauma: *Sul. Ac.* follows *Arn.* in bruises of soft parts, *Con.* in bruises of glands, and *Ruta* in bruises of bones. Flushes of heat in Menopause after *Sul.* fails. *Sul.* and *Sul. Ac.* Are complementary.

### 101. SYMPHYTUM (*Sym.*)

1. Injuries to bone / periosteum; wounds penetrating to perineum and bones; injuries to sinews / tendons / joints / eye balls; non-union of fractures. *Almost an orthopedic specific.* Deficient callus. Irritable stump after surgery. Gun shot wounds. Traumatic injuries of the eyes, particularly of eye ball: no remedy can equal *Sym.*. Pains / stiffness in the back from violent motion as wrestling / sexual indulgence -- and even spermatorrhea from it. Periosteal stiffness / pains after wounds have healed. Periosteal *pricking pain and soreness.* Persisting indurations in breasts after blows. Psoas abscess.

3. Compare other traumatic remedies; spermatorrhea from sexual indulgence: *Arn.*. In bone / periosteal injuries when *Arn.* has cured the bruised soreness of the soft parts, *Sym.* cures the remaining pain and soreness. Irritable stump after surgery: *Phos. A.*, *Staph.*. 5. As external application when skin is broken. 11. *Sym.* pains are jagging, stitching but above all pricking. Promotes callus. 12. Sarcomatous tumour infiltrating the bony tissue of the upper jaw: Dr. William Thompson, President of the Royal College of Surgeons in Ireland, delivered an address in Dublin on 13 November, 1896, entitled "Some Surprises and Mistakes", in which the following very important case was narrated:

"In the early part of this year I saw a man who was suffering from a growth in the nose. I recommended him to see Dr. Woods, and I saw him later with Sir. Thornley Stoker and Dr. Woods. We came to the conclusion that he was suffering from a malignant tumour of the antrum which had extended to the nose. We recommended an exploratory operation, and if our opinion was confirmed, that the jaw should be at once removed. He refused the larger operation. The exploration was made by Dr. Woods. We found that the tumour did extend from the antrum, into which I could bore my finger easily. Dr. O'Sullivan, Professor of Pathology of Trinity College, declared the growth to be a round-celled sarcoma. Of that there is no doubt. The tumour returned in a couple of months, and the patient then saw Dr. Semon in London, who advised immediate removal of the jaw. He returned home, and after a further delay he asked to have the operation performed. I did this in May last by the usual method. I found the tumour occupying the whole of the antrum. The base of the skull was everywhere infiltrated. The tumour had passed into the right nose and perforated the septum so as to extend into the left. It adhered to the septum around the site of perforation. This was all removed, leaving a hole in the

septum about the size of a florin. He went home within a fortnight. In a month the growth showed signs of return. It bulged through the incision and protruded upon the face. Dr. Woods saw him afterwards, as I declared by letter that a further operation would be of no avail. The tumour had now almost closed the right eye. It was blue, tense, firm and lobulated, but it did not break. Dr. Woods reported the result of this visit to me and we agreed as to the prognosis. Early in October the patient walked into my study after a visit to Dr. Woods. He looked better in health than I had ever seen him. The tumour had completely disappeared from the face and I could not identify any trace of it in the mouth. He said he had no pain of any kind. He could speak well when the opening remaining after the removal of the hard palate was plugged, and he was in town to have an obturator made. He had since gone home apparently well. He told me he had applied poultices of comfrey (*Symphytum*) root and that the swelling had gradually disappeared. Now this was a case of which none of us had any doubt at all, and our first view was confirmed by the distinguished pathologist whom I have mentioned, and by our own observation at the time of the major operation. Here, then, was another surprise. I am satisfied as I can be of anything that the growth was malignant and of a bad type. Of course we know in the history of some tumours that growth is delayed, and that in the sarcomata recurrence is often late. But this is a case in which the recurrence occurred twice – the second time to an extreme degree, and yet this recurrent tumour had vanished. What has produced this atrophy and disappearance? I do not know. I know nothing of the effects of comfrey root, but I do not believe that it can remove a sarcomatous tumour. Of course the time that has so far elapsed is very short; but the fact that this big recurrent tumour no longer exists – that it has not ulcerated or sloughed away, but simply with unbroken covering disappeared – is to me one of the greatest surprises and puzzles that I have met with.” (From M. L. Tyler: *Homeopathic Drug Pictures*).

## 102. SYPHILINUM (*Syph.*)

1. Depression, despair, despondency, imbecility, amnesia; insomnia, alcoholism, Neuralgic / linear headaches. teeth dwarfed, convergent at tips. Conspicuous saddle across bridge of the nose. Recurrent abscesses, with foul discharges. *Ophthalmia neonatorum*; infants incessantly crying immediately after birth. Worse: sunset to sunrise. *Insomnia*.

2. Horrid depression, despair, beats head against wall; fear of becoming crazy; melancholia, imbecility, loss of memory, particularly for persons, places, books; despair of recovery from illness. *Syphilitic insanity*. Sever intractable *insomnia* (leading indication). Excessive craving for alcohol, hereditary alcoholism. Constant, heavy, dull headache above inner angle of right eye; violent, crushing, neuralgic headaches causing insomnia; linear headaches: pain running a direct line in the head, temple to temple / forehead to cerebellum; Copious falling of hair. Tubercles all over scalp, exostosis on cranium, sore and painful. Brain syphilis where *Caus.* and *Sul.* have produced suffering and weakness. Chronic, recurrent, phlyctenular inflammation of cornea; successive crops of phlyctenules and abrasions of epithelial layer of cornea; tubercular iritis; atrophy of the optic nerve; retina pale, gray and spotted. Ptosis: paralysis

of superior oblique, sleepy look from *drooping eyelids*. *Ophthalmia neonatorum*. Caries of ossicles in ear / nasal bones / hard palate / septum, with perforation; abscess of middle ear. Tongue soft, spongy, easily dented, deep longitudinal cracks on tongue, excessive salivation: runs out of mouth in sleep. Teeth cupped, edges serrated, dwarfed in size, convergent at the tips. Very conspicuous saddle across the bridge of the nose (much more prominent than in *Sepia*). Ozena offensive with discharges of fetid clinkers. Ulceration: mouth / nose / genitals / skin: ulcers with greenish base. *Cough: sunset to sunrise* (syphilitic or not will benefit by *Syph.*) *Chronic asthma in summer*. *Profuse*, acrid, leucorrhoea, soaking through the napkins and running down the heels; aphonia preceding menses, epileptic convulsions after menses. Nodular formations in / around / the genitals: testes / scrotum / spermatic chord / vagina / labia; herpetic eruption on prepuce / scrotum; induration of testes / spermatic chord. Rheumatism: muscles contracted in hard knots and lumps; severe pain in the long bones; bone pains as if being sawed. Pains increase and decrease slowly. Abscesses with foul discharges (all pus formations in *Syph.* are fetid); recurrent abscesses, recurring crops of boils. Copper colored, reddish brown eruptions over the body with bad odour. Ichthyosis. Painful inflammation, stiffness of joints. Distorted nails. Hot veins. Infants with propensity to cry immediately after birth and would not stop crying. Children stunted, dwarfed, with chronic nasal catarrh. Extreme emaciation; bald head, pouting lips, pot belly. All discharges foul. Constant desire to keep washing one's hands. According to Wildes (quoted by J. H. Clarke) syphilitic rashes are the initial stage of leprosy and are curable by *Syph.*; lepra-syphilis from vaccination. Hastens cure of typhoid in syphilitics.

3. Sever insomnia: *Dipodiam Punctatum.*, *Zincum valerian.* Hereditary alcoholism: *Sul. Ac.*. Pains increase and decrease slowly: *Stan. M.*. Fear of becoming crazy: *Act. R.*. Ichthyosis: *Hydrocotyle.*, *Thyroid.* 4. Hastens recovery from typhoid in syphilitics. 9. *Worse: sunset to sunrise. Better:* at altitudes. 10. *Aurum* precedes / follows *Syph.* well. 11. *Lach.* , *Lyc.* , *Med.* , *Psor.* , *Str.* , *Syph.* , and *Ver. Alb.* are some important complementary healants in many mental disorders.

### 103. TABACUM (*Tab.*)

1. Haunting nausea, violent vomiting, diarrhea; vertigo, sudden fainting, death-like pallor of face, cold, clammy sweat, collapse; spasms / constrictions / apoplexies; angina pectoris; salivation, spitting.

2. Intense, haunting nausea, incessant, violent vomiting (even fecal), gastralgia, enteralgia, sea sickness, diarrhea, cholera infantum, violent rectal tenesmus, dreadful feeling of goneness, sinking at pit of stomach, copious salivation, much spitting, profuse cold perspiration; nausea / vomiting of pregnancy. Vomiting from general anesthesia, when *Phos.* fails. Excessive vertigo, on opening eyes, dizziness, (sudden) fainting, cold, clammy sweat, death-like pallor of face, acute dyspnea, asphyxia, collapse. Effects of sun stroke. Delirium. Brain fag; inability to concentrate, progressing to idiocy. Headache, neuralgic / gastric, with vertigo / nausea / vomiting. Rapid blindness without

lesion, followed by atrophy of retina / optic nerve; retina retains images too long. Degeneration of nerve tissue, general muscular paralysis; paralysis of sphincters, rectal / urethral. Chronic anal prolapse. Angina pectoris, pain radiating from centre to sternum; twisting about heart; persistent palpitation, worse lying on left side; acute dilatation from shock / physical exertion; often with insomnia. Gastralgia: pain from heart to left arm. Persistent backache; cramps / jerkings / tremors. Strangulated hernia. Nocturnal emissions / prostaticorrhea / impotence. Pruritus / freckles / anal herpes. *Tetanus*. Mushroom poisoning.

3. Obstinate vomiting of pregnancy: *Lactic Acid*, *Merc. Cor.*, *Phos.*, *Psor.*, *Symphoricarpus Racemosa*. *Tab.*, when *Phos.* fails in vomiting. 9. *Better*: Uncovering abdomen mitigates nausea / vomiting; open air, vinegar, sour fruits. *Worse*: Least motion. 11. *Tab.* in potencies for the nagging craving for tobacco when giving it up (H. C. Allen). Nicotine is a most effective remedy for tetanus (W. H. Burt). Tobacco has marked antiseptic qualities: antidotes cholera germs. Tobacco is said to help endure starvation (A. and D. T. Pulford). Local application over the pit of stomach relieves nausea (J. H. Clarke). A bit of tobacco leaf, coated with vinegar applied locally, palliates bee stings and mosquito bites (J. H. Clarke); coated with vinegar / camphor solution, applied to the forehead and nape, relieves headache and induces sleep (J. H. Clarke).

#### 104. TARENTULA CUBENSIS (*Tar. C.*)

2. Virulent toxemic, septic conditions, severe inflammations, malignant suppurations, carbuncles, (even sloughing). Intolerable *burning*, stinging, shooting pains: deathly agony, uncontrollable restlessness, grave abscesses, felons, gangrene, diphtheria; bubonic plague (preventive / curative). Auto-intoxication with tachycardia; frightened, fear of death. Raging diphtheric / septic / fever, typhoid with fetid, black stool, last stages of pulmonary T. B.. Relieves death rattle, soothes last struggles.

3. *Compare: Anthracin; Lach., Pyr.*. Relieves death rattle: *Ant. T.*. Typhoid with fetid, black stool: *Bap.*. 11. When the mind is badly affected *Tar. C.* presents a picture of violent rage, of metamorphosis from a sweet, wholesome, rational person to one terribly self-centered and selfish, who wants everyone standing around, waiting on him --- because of some imaginary ailment, like feigning a swoon, to make others stay near (Dr. Green, quoted by M. L. Tyler). *Tar. C.*, symptomology may include all the paroxysmal, violent insanity of *Tarentula Hispania*. Sudden changes of mood, from destructive violence to sad remorse.

#### 105. TUBERCULINUM (*Tub.*) / BACILLINUM (*Bac.*)

2. Of immense value in incipient / inherited tuberculosis, tubercular diathesis, primary complex. Emaciated, weak, always tired, very susceptible to changes in the weather and with very low recuperative powers. Symptoms constantly change, the slightest exposure provokes cold and well-selected

remedies fail to improve. Persons who develop cough / cold / fever / catarrh / chest complaints with every change in the weather. Eczema of eyelids, tartar of teeth, lice. Epilepsy, meningitis, adenoids, tonsillitis, insanity, mania, melancholia. Eczema: tubercular over entire body, severe itching, copious bran-like scales; ringworm. Diarrhea in children running for weeks with utter exhaustion. Broncho-pneumonia in children: hard, hacking cough, dry / catarrhal, rales all over chest. Plica polonica. Tonsillitis. Adenoids: most efficacious in the higher potencies. Marasmus. Intermittent fever: stubborn, relapsing and indicated remedies prove unequal. Bronchitis. Counteracts effects of 'flu, dengue. Fever, feverishness, chill towards evenings. Young girls with amenorrhea: pale, puny and tired, predisposed to respiratory ailments. Antidote to the 'flu and its mutational toxins.

3. Hungry, all-gone feeling about an hour before meal time like *Sul.*, when *Sul.* proves inadequate. Early morning diarrhea driving one out of bed, like *Sul.*, when *Sul.* does not complete the cure. *Bac.*: as an intercurrent healant when indicated in fever with cough / cold / catarrh; with *Inf.* when both may be indicated. With *Pyr.* when indicated in persistent feverishness, sensation of feverish heat without rise in temperature. Primary complex. *Cal. C.* / *Kali C.* complementary, *Psor.* the chronic of *Bac.*. 4. Cases too deep for *Sul.*. 5. In structural changes in vital organs: lesions in the lungs. 9. Heaty patient (generally). 11. Patients who are not clinically T. B. positive may still carry a sub-clinical or latent constitutional predisposition which can be gleaned from the symptom totality; Primary complex. *Kali S.* often indicated after *Tub.*. *Hydrastis* to nourish patients cured of T.B..

#### 106. VARIOLINUM (Var.)

2. Extreme heaviness of head, splitting headache, unbearable, excruciating *backache*; aching in legs. High fever; burning rashes, pustules: *small-pox* (preventive and curative); Influenza / dengue. Hemorrhage in typhoid. Tongue protrudes in sleep. Eczema of palms. Herpes zoster. Hangover neuralgia from herpes.

11. *Sarracenia purpurea*: aborts small pox, arrests pustulation.

#### 107. VERATRUM ALBUM (Ver. A.)

2. *Collapse*, with icy-coldness, blueness; total prostration; continual, copious *vomiting*, violent retching and *profuse persistent diarrhea*, dehydration; nausea, thirst for cold water which is vomited as soon as it gets warm in the stomach. Ice-cold sensation on vertex. Discharges greenish, copious, sapping the vitality: extreme prostration from great loss of vital fluids. Hemorrhages. Face Hippocratic, deathly pale, bluish, distorted; hands, legs, even whole body, ice-cold. Cholera and cholera like symptoms -- and paralysis following. Cramps: in chest / bowel / fingers / calves / toes etc. with rigidity. High fever with violent *delirium*. Splitting headache. Overpowering, raging *mania*; lewd / lascivious / religious / sexual / puerperal; hallucinations. *Insanity*, brooding / howling / screaming / screeching. Loquacity; melancholia,



stupor, sullen indifference, notices nothing, aimless traveling from home. Severe colic, with retching, vomiting, purging. Coprophagia: eating up one's excrement. Menses too early, *profuse*, exhausting; dysmenorrhea with hysteria/purging; sexual mania preceding menses. Bronchitis especially of old people with mucus rattling, little expectoration. Tickling all over within the chest and throat, deep in trachea and bronchi. Retention of urine in cholera.

3. In Cholera: when cramps, convulsions predominate: *Cup. M.*; when with coldness, blueness but *scanty* sweat, vomiting and purging: *Camphor*: (cholera sicca or *dry* cholera); when with coldness, blueness and copious discharges: *Ver. A.*. Stoppage of urine in cholera: *Canth.*. *Carbolic Acid* in cholera when *Verat. Alb.* fails. Scarlet / eruptive fever suppressed, when *Zinc.* fails. Constipation of children when *Nux V.* / *Lyc.* fail. Constipation of *Ver. A.* also characteristic: inactive rectum, stools large, black; essential indications other than the bowel must provide the clue. 7. The extremes of life: children / old people. Depleted vital force / response. 11. Often indicated for the malefic effects of opium / tobacco / alcohol. *Lach.* , *Lyc.* , *Med.* , *Psor.* , *Str.* , *Syph.* , and *Ver. Alb.* Are some of the complementary healants in many mental disorders.

### **108. ZINCUM METALLICUM (*Zinc. M.*)**

1. Nervous symptoms most important. Brain fag; impending brain paralysis, spinal affections. Meningitis. Mania. Children bordering on idiocy. Convulsions / chorea from fright / arrested discharges / retarded eruptions. Rolling of head from side to side in bed; restless, *fidgety feet/ legs*.

2. Disease undeveloped, arrested from enervation: too weak to bring out the disease from within: effects of hidden / arrested / suppressed illness. When eruptions remain undeveloped / recede / suppressed after surfacing: e.g. measles remain or suppressed; when discharges remain blocked within the system or cease prematurely; e.g. menses. All functions are slow. The entire organism too *enervated to throw out the disease*. Nerve / muscle / brain / fag; impending brain paralysis. Mania from retrocessive eruptions / discharges / repressed emotions / fright. Loquacity; melancholia. Meningitis / convulsions / chorea from repressed discharges / eruptions / emotions, from fright. Rolling of head from side to side in bed; incessant / violent, *fidgety feet / legs, moving, shaking them constantly*; sliding from stupor into unconsciousness. Suicidal predisposition; fear of incarceration for supposed crime. Repeats questions before answering them as in typhoid, when patient fails to convalesce or in brain affections: pauses with blank look, then the face lights up, answers. Constipation of new-born. Children bordering on idiocy. Deep-seated brain affections. Teeth fail to develop; tendency to squint. Crying out in sleep, boring head into the pillow. Hydrocephalus: idiopathic / tubercular / after cholera: roaring in head, starting in fright, occiput hot, muscles tremulous, constant motion of *feet* even in convulsions. Cerebral symptoms from arrested diarrhea. Child grasps genitals during cough. *Headaches of over-taxed children*. Headache with pressure on root of nose. Eyes feel drawn together, squint. Hysterical retention of urine; often must lean far back to pass urine. No control

over bladder unless feet are in constant motion. *Male*: Violent erections; falling off of pubic hair. One or other testis drawn up along the spermatic chord. Orchitis from suppressed otorrhea. *Female*: Nymphomania of lying in women / from suppressed lochia. Menses suppressed: chronic symptoms, jerking, twitching, creeping, crawling of the extremities. Vicarious menstruation from urethra / lungs / bowel. Masturbation from vulval pruritus; unnatural sexual urges. (All the female symptoms are associated with restlessness, depression, coldness, spinal tenderness and restless feet.) Hands constantly on the genitals: both sexes. Cries out in sleep; loud screaming in sleep without being aware of it; jerking of the whole body / twitching of single limbs, nervous motion / shaking of feet in sleep. Somnambulism. Sudden, spasmodic, bursting sensation about heart, as if it would suddenly burst out of the chest. Eyes: particularly affections of the inner canthus; after recurrent corneal inflammations; opacity of the cornea. (*Zincum Sulphuricum* preferable). Rolling of eyes / squintings; strabismus after brain affections / scarlet fever / measles. Blindness during headache. Pain / stiffness / weariness in nape of neck from writing / over exertion. Hungry, all-gone sensation around 11 a.m. Hurried eating / drinking. Abdomen retracted. Griping after eating. Convulsions with rolling of eyes / gnashing of teeth without fever. Cerebral symptoms / convulsions after sudden cessation of discharges.

3. For those who are *naturally* feeble minded: *Bar. C.* (*Zinc.* for such because of illness) Nerves: injuries - *Hyp.* but derangements from defective metabolism: *Zinc.* For effects of suppressed eruptions: *Cup. M.*, but for effects of eruptions undeveloped / receded: *Zinc.* When *Zinc* fails in Scarlet / eruptive fever suppressed: *Ver. A.* Somnambulism: *Kali P.* Hydrocephalus: *Calc. P.* Affections of the outer canthus: *Graph.* Constipation of new born: *Alum.* Abdomen retracted: *Plumbum.* Hurried eating / drinking: *Hepar.* Hungry, all-gone sensation around 11 a.m.: *Sul.* 4. In typhoid -- when mental symptoms supervene: muddled, incoherent, half-smiling loquacity or staring look, pale, almost Hippocratic face. Erysipelas in old age. *Zincum Aceticum*: overworked, inadequate sleep. 9. Great relief from discharges. 10. Inimical: *Nux V.* not to be given before or after. 11. Women prone to abortion should take *Sep.* and *Zinc* (*C. Hering*). "Some deep-seated brain disorder cases may slowly, gradually pass into unconsciousness and cannot be aroused; involuntary discharges of feces and urine in the bed; tongue dry and parched, so shriveled that it looks like leather, lips also; face withered, each day looks older; paralysis of one hand or one foot, or it seems the whole muscular system is paralyzed. Screaming out of pain although not so shrilly as in *Apis.* . A dose of *Zinc.* will sometimes bring this patient back to life. In a few days after the remedy there will be a jerking and quivering in the parts that were motionless, or its action will be shown in a copious sweat, much vomiting; sudden arousing that is alarming, for it looks like a threatened sinking, but this is the beginning of reactions. Now, for days and nights while this little one is coming back to consciousness, the restoration of sensation in the parts is accompanied with the most tormenting formication, tingling, pricking, creeping and crawling. --- but if you antidote, the case will return to where it was before. This suffering is but the awakening to life. It will go in this way for a week or two and then will show signs of falling back; it needs another dose of *Zinc.* , which will again be followed by a sweat, vomiting, etc.

You will see this in spinal meningitis. The early stage will be that of congestion, and Bell. may palliate, but with the onset symptoms enumerated above, Zinc. is the only remedy that will cure. The Bell. Case will have flushed face, hot head, rolling of the head, flashing eyes, throbbing carotids. The Bry. Case will be docile, stupid, purple, sleepy; ameliorated by quiet. The Helleborus case will exhibit but little fever; cold extremities, tossing of the head, dilated pupils, unconsciousness, can be hardly aroused; rolling the head from side to side, but when the reflexes are abolished, Zinc. comes in. After the relief from Gels., Bell., or Bry., give Zinc. A person advanced in years cannot stand such an ordeal, but --- the little ones can endure the prolonged congestion and inflammation. After scarlet fever and badly treated meningitis; tubercular meningitis, I have carried these severe forms of brain disease thorough on Phosphorus, which has a picture somewhat like that of Zincum. ---- A homeopath can cure some of these cases, though it may take two or three months to go down and come out of it, with two or three relapses.” (J. T. Kent: *Lectures on Homeopathic Materia Medica: Zincum Metallicum.*)

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## APPENDIX A

### **New way to detect viral infections gives homeopathy a boost**

Jonathan Leake

An Nobel laureate who discovered the link between HIV and AIDS has suggested there could be a firm scientific foundation for homeopathy.

Professor Luc Montagnier, a French virologist, stunned his colleagues at a prestigious international conference when he presented a new method for detecting viral infections which bore close parallels to the basic tenets of homeopathy. Although fellow Nobel prize winners who view homeopathy as quackery were left shaking their heads, Montagniers comments were rapidly embraced by homeopaths in UK eager for greater credibility.

Montagnier told the conference last week that solutions containing DNA of pathogenic bacteria and viruses, including HIV, could emit low frequency radio waves that induced surrounding water molecules to become arranged into nanostructures. These water molecules, he said, could also emit radio waves. He suggested that water could retain such properties even after the original solutions were massively diluted, to the point where the original DNA had effectively vanished. In this way, he suggested, water could retain the memory of substances with which it had been in contact - and doctors could use the emissions to detect disease.

For the lay person such claims may sound technical but uncontroversial. For scientists they are highly provocative because they embody principles which are extremely similar to those said to underpin homeopathy. Homeopathic medicines work on the principle that a toxic substance taken in minute amounts will cure same symptoms that it would cause if it were taken in large amounts.

Montagniers claims come at a sensitive time, with British Medical Associations annual conference last week calling for the National Health Service to stop spending 4m a year on homeopathy.

Source : Times of India - 5th July 2010

## APPENDIX B

### **IIT-B team unravels homeopathy mystery**

*Malathy Iyer | TNN*

Mumbai: Six months after the British Medical Association wrote off homeopathy as witchcraft that had no scientific basis, we may now have an irrefutable answer to what makes this ancient form of medicine click. Scientists from the Indian Institute of Technology-Bombay (IIT-B ) have established that the sweet white pills work on the principle of nanotechnology.

Homeopathic pills, made of naturally occurring metals such as gold, copper and iron, retain their potency even when extremely diluted to a nanometre or one-billionth of a metre, states the IIT-B research published in the latest issue of Homeopathy, a peer-reviewed journal from the reputed medical publishing firm, Elsevier. IIT-B's chemical engineering department bought commonly available homeopathic pills from neighbourhood shops, prepared highly diluted solutions and checked them under powerful electron microscopes to find nanoparticles of the original metal.

“Our paper showed that certain highly diluted homeopathic remedies made from metals still contain measurable amounts of the starting material, even at extreme dilutions of 1 part in 10 raised to 400 parts (200C),” said Dr Jayesh Bellare from the scientific team. His student, Prashant Chikramane, presented the paper titled, Extreme homeopathic dilutions retain starting materials : A nanoparticulate perspective, as part of his doctoral thesis.

Homeopathy was established in the late 18th century by German physician Samuel Hahnemann. While it is widely popular in certain countries, especially India, the British Medical Association and the British parliament have in recent times questioned its potency. Some four years ago, British research papers rubbish homeopathy as a mere placebo.

“Homeopathy has been a conundrum for modern medicine. Its practitioners maintained that homeopathic pills got more potent on dilution, but they could never explain the mechanism scientifically enough for the modern scientists”, said Bellare. For instance, if an ink-filler loaded with red ink is introduced into the Powai lake, Bellare said, there would be no chance of ever tracing it. “But the fact is that homeopathic pills have worked in extreme dilutions and its practitioners have been able to cure tough medical conditions”, he added. One of the theories that was floated a few years ago stated that these pills imprinted their memory on the water molecules. For the first time, scientists used equipment, such as a transmission electron microscope, electron diffraction and emission spectroscopy, to map physical entities in extremely dilution.

## APPENDIX C

### **Homeopathy is based on nanotechnology, proves IIT-B research**

Mumbai: Scientists from the Indian Institute of Technology-Bombay (IIT-B) have now proved that homeopathy definitely works on the principle of nanotechnology. Refuting the British Medical Association's claim that this ancient form of medication does not work on a scientific basis, IIT-B published a report stating that homeopathic pills, made of naturally occurring metals such as gold, copper and iron, retain their potency even when extremely diluted to a nanometre or one-billionth of a metre.

Scientists used equipment, such as a transmission electron microscope, electron diffraction and emission spectroscopy, to map physical entities in extremely dilution. And sure enough, these high-tech devices could measure nanoparticles of gold and copper (the original metal used in the medicines).

“We had analyzed ayurvedic bhasmas (powders) a few years ago and found nanoparticles to be the powering agent. Following this, whenever we spoke about ayurveda at scientific meetings, we would get a person standing up to ask about homeopathy. That is when we decided to unravel the homeopathy mystery”, the team members said.

American homeopaths Dr Joh Ives from the Samueli Institute in Virginia and Joyce C Fryce from the Centre of Integrative Medicine, University of Maryland said that the IIT-B theory was fascinating. We are all familiar with the simple calculations showing that a series of 1:99 dilutions done sequentially will produce a significant dilution of the starting material in very short order, they wrote in a special editorial in the journal. But as dilution increases, this theory goes awry. ( But) Chikramane et al found that, contrary to our arithmetic, there are nanogram quantities of the starting material still present in these high potency remedies.

The hypothesis is that nanobubbles form on the surface of the highly diluted mixtures and float to the surface, retaining the original potency. We believe we have cracked the homeopathy conundrum, said Bellare. However, the scientific world believes that the work needs to be replicated on a larger scale before it becomes an accepted theory.

According to well-known city homeopath Dr Farokh J Master, the IIT theory has proven something what practitioners have always known. My instruction to my patients has always been to dilute the pills in a cup of water and stir it 10 times with a spoon. Then remove the spoon vertically, dip it in another cup of pure water and stir 10 times. I advise my patients to perform this exercise in five cups before discarding the first four cups and then drink from the fifth cup in two equal doses, said Master. Dilution works, he says. Homeopathy can cure dogs and cats who are not susceptible to the theory of placebos. So, the only possibility is that homeopathy is so potent that it cures all.

## **Esmame Glossary**

Blepharitis: inflammation of the eyelid.  
Caruncle: small fleshy excrescence.  
Cri encephalique: screaming, from inflammation of the brain.  
Gastric: relating to the stomach.  
Meibomian: (relating to the eyelid) gland: sebacious gland at the rim of the eyelid; Cyst: small tumor on eyelid  
Ozena: fetid discharge from the nostril.  
Phlyctenule: whitish inflammatory swelling / blister on the eye.  
Ptosis: drooping (of the upper eyelid).  
Rectus: straight muscle (recti: pl)  
Risus sardonicus: Sardonic grin; drawing back of the corners of the mouth by spasm of the muscles, as in tetanus.  
Sicca: dry.  
Sphincter: muscle, on contraction narrows / closes an orifice (opening)  
Strabismus: squint.  
Synochal: remittent (non-intermittent)

### **Suffixes:**

-algia: ache.  
-itis: inflammation.  
-rrhea: discharge / outflow.