

# GOLDEN YEARS



*May each of you have a blessed Christmas and a Happy New Year! As the new year approaches, we all think of resolutions for the new year. Here is something to contemplate: Let's do better than resolutions by getting rid of:*

*Gossip, rudeness, impatience, know it all attitude, demanding attitude, false proclamations, bitterness, jealousy, I deserve it attitude, bossiness, and unfiltered mouths*

*And let's replace those with:*

*Truth, kindness, patience, helpful toward others, knowing the facts, sweetness, empathy, giving heart, understanding and always thinking before you speak.*

*What a wonderful world this could be if everyone followed the Golden Rule: Threat others as you yourself would like to be treated.*

**Just a reminder regarding the Holiday Party on December 29...The doors will open at 11:30 am and the meal will be served at noon. There is no meeting before the party. Please do not arrive before 11:30 am.**

**Police Dept reminder: always lock your car doors when the car is unattended**



## **Bucky Badger Contest :**

We have hidden a Bucky Badger somewhere in this newsletter. If you have the patience to hunt for it, and are lucky enough to find it, drop a note in the box in the office. Include your name, phone number and where the logo was located. We will have a random drawing of all correct entries to win a free lunch card to use for senior dining at Germantown Senior Center. Please submit your entries by the 9th of each month

In November Bucky was found on page 3 behind the turkey feathers.

Winner: Waynette Lentz

## CONTENTS

# 3

SENIOR CLUB NEWS

# 4

EVENTS & TRIPS

# 5

VAN INFORMATION

# 7

MOVIE

# 8

CLUB MEMBERSHIP  
FORM 2022

# 10

ACTIVITY CALENDAR

# 11

DINING MENU

W162 N11960 Park Ave.  
Germantown, WI 53022  
262.253.7799

CENTER OFFICE HOURS:  
8:00 A.M. TO 4:30 P.M.  
MONDAY THROUGH FRIDAY

DECEMBER 2021  
VOL. 12  
MMXXII

# INFORMATION

## CENTER STAFF

Main Office: (262) 253-7799  
Fax Number: (262) 250-1733  
Park & Rec Director: Gilford Standridge  
Senior Coordinator: Mary Fiegel  
Office Assistant: Susan Tatalovich  
Office Aides: Jackie Shebesta, Faye Price, Sandra Gillespie  
**Meal Reservations : (414) 380-8666**  
**Senior Dining Site Manager: Monica Cammack**

## SENIOR CENTER ADVISORY COMMITTEE

Trustee: Dennis Myers,  
Trustee: Jan Miller  
Citizen Representative: Norine Janzen  
Senior Representative: Jackie Shebesta  
Senior Representative: Faye Price

## CENTER OPERATION & PROCEDURES

### Wheels for Germantown

Need a ride to the grocery store, bank, shopping, doctor, dentist, or to the Senior Center? Wheels for Germantown is just for you! The van service is provided by our volunteer drivers for Germantown residents 55+ and operates Monday - Fridays from 9 a.m. to 2:30 p.m. Call 262-253-7799 for more information and/or to make a reservation.

### Germantown Senior Dining

The Germantown Senior Center meal site is run through the Washington County Aging and Disability Resource Center. A nutritious meal is served Monday through Friday at 11:30 a.m. To make a reservation call (414) 380-8666 by 12:00 (noon) the day before. Diners must be 60 or older. A donation of \$3.60 is suggested.

**Just an FYI** Due to the limit of staff at the Center we cannot provide one on one assistance during events, classes, or trips. It is your responsibility to provide your own assistance if needed.



## Aging & Disability Resource Center of Washington County

1.877.306-3030 or 262.335.4497

### ADRC BENEFIT SPECIALIST –

Jennifer Fechter –no in house appointments at this time but Jennifer is available by phone. 262.335.4497 or 1.877.306.3030

### Washington County Taxi Service

262.338.2908

### Washington Co. Interfaith Caregivers

Van Service 262.365.0902

### Germantown Senior Van Service

262.253.7799 Monday– Friday 9-2:30

reservation 24 hours prior to service required.

\*\*\*\*\*

### WINTER WEATHER CLOSINGS OF THE GERMANTOWN SENIOR CENTER

If the Germantown Schools are closed for severe weather , then the Senior Center is Closed also. If it would be when schools are on vacation then listen to the morning closures on WISN Channel 12. Also when there is severe weather our van service will not be running.



\*\*\*\*\*

Starting in January of 2022 there will be a new format for signing up for the Free Activities (funded by Washington County grant). All event registrations will go into our computer system. This information will include your name, address, telephone number, birthdate, and email. You will receive an email confirmation for the events. Don't have email? then you can get a printed receipt for your records.

In order for the center to receive funding from Washington County, once a year, you are required to fill out their form to participate. Please note that you can sign yourself or your spouse up for an event, friends are welcome, but they need to sign up on their own. You do not have to live in Germantown or the County to participate in these programs.

# SENIOR CLUB

The next Club meeting is **DECEMBER 8 at 12:30 pm.** Please be sure to wear your nametag. If you do not have a nametag, please contact Susan at the Senior Center 262.253.7799 so we can have it ready for you on the day of the meeting. Bingo will be played after the meeting, for Club Members only

\*\*\*\*\*  
The form for Club Renewal is in this issue of Golden Years. 2021 Members will get a January newsletter but renewal is necessary for the other months of 2022  
\*\*\*\*\*

ILL: Our thoughts are with : Wayne Nelson Please remember him with cards and good wishes.  
We extend our sympathy to Della Rogers on the loss of her brother.

\*\*\*\*\*  
Senior Club 5th Wednesday Event  
Wednesday, March 30, 2021 11:30 am

*“SPRING*

*INDOOR TAILGATE PARTY “*

*More information will be in the January newsletter.*



## SENIOR CLUB BOARD

President: Sue Hafert  
Vice-President: Harry Reeder  
Secretary: Waynette Lentz  
Treasurer: Judy Konig  
Membership/Sunshine:  
Mary Lauderdale

## BOARD APPOINTEES

Set-Up: Wayne Nelson, Harold Reeder

## Club Members – DECEMBER Birthdays

2-Jackie Shebesta  
7- Joseph Martin  
8- Richard Skarie  
10- Donna Held  
10- Gregg Herde  
11- John Birmily  
11- Gene Constantineau  
12- Kathleen Hucker  
12- Patricia Skarie  
12- Anne Toth  
20- Mary Clerc  
25- Eleanor Ellner  
26-John Seymour  
27- Robert Richter  
31- Gerald Reinholz



## Fireside Trips 2022

### “A Mighty Fortress”

May 11, 2022

\$90.00 per person

This is the new installation of the Church Basement Ladies. Hilarious and a fun good time.

Sign up for this trip

Sign up closes April 11, 2022 so don't miss out on this one!



### “What Happens in Vegas”

June 15, 2022 \$90.00 per person

For over 70 years Las Vegas has been the entertainment capital of the world. Just about every great entertainer has appeared in Las Vegas over the last seven decades. The world's best singers, dancers, musicians, and comedians have flocked to this city where dreams become reality. Now The Fireside will pay tribute to many of those legendary performers in an all new live band show featuring Steve Watts and the celebrated Fireside Band. From the early days with Frank Sinatra and the Rat Pack to the contemporary artists of today, we'll feature the work of many Las Vegas favorites in the most spectacular band show yet. What happens in Vegas won't stay in Vegas. It will be here for all to see and enjoy on the stage of The Fireside Theatre. Sign up for this trip closes on May 9, 2022.



### “The Sound Of Music” March 16, 2022

Don't miss this classic musical. Let Maria and The Von Trapp's fill your day with the sound of music. This truly loved music comes to life again.

Make your reservation now to attend.

Cost: \$90.00 per person, sign up closes February 8, 2022

### “GREASE”

Oct. 12, 2022

Join Sandy and Danny in this wonderful musical about growing up in the 50's.

\$90.00 per person



# TRIPS

## Holiday Inn-December 8, 2021

Limited to 12 people

\$90.00 per person includes lunch, show and transportation. It does not include the tip for your waitress. Depart from the Senior Center at 8:30 am and return about 6 pm. **Sign up is full.**

\*\*\*\*\*

## THE SEA ISLANDS – Mayflower Tour

March 27, 2022 Departure 8 days 11 meals free home pick up. Visit Beaufort, Charleston, St. Helena Island, Savannah, Gatlinburg. Pick up a trip brochure at the Senior Center if interested.

March 27– April 3, 2022

\*\*\*\*\*

## Gangster Boat Tour– Lake Como

Coming in the Summer of 2022.

**DATE TO BE DETERMINED**

\*\*\*\*\*

## “4 County Dine Around” April 28, 2022

Join us as we venture into Washington, Ozaukee and Fond du Lac County to experience a progressive lunch! That is right, we will have hors d'oeuvres in Washington County, Lunch in Ozaukee County and dessert in Fond du Lac County. We will also stop for a special treat in Dodge County on the way home. Cost: \$80.00 includes transportation and the cost of your food at each stop. (You will have an entrée choice at the lunch stop) Sign up opens February 1, 2022

\*\*\*\*\*

**There are no membership fees to come and join in the activities at the Germantown Senior Center.**

**There are fees for trips, some classes and some events. If there are fees it is indicated in the event information. You do not have to be a Club Member to participate in Center activities.**

*If you want to be a member of the Senior Club which is an entity within the Center, the fee is \$18.00 per year, for Germantown Residents and \$24.00 for non-residents. Club Membership benefits include: the Golden Years Newsletter is mailed to your home, you can attend Club events at a discounted rate, you can come and play Club Bingo for cash prizes.*



**Germantown Senior Center Van Rides**  
**Monday—Friday Van Service Information:**

**(Reservations are only taken Monday -Friday...no calls accepted Sat or Sun)**

- Van operates Monday 9-1 Tuesday through Friday 9 am-2:30 pm
  - Must call 24 hours in advance to book a ride (weekdays only) , phone calls need to be received between 8 am and 4:15 pm the day before the ride you desire. 262.253.7799
  - Must reside in the village for ride pick up
  - When you make a reservation, please have the address of where you are going,, where you are being picked up and your phone number.
  - You are charged according to the mileage involved in the trip there and back
  - We try to get as close to your desired time as possible, please be on time as we book many rides a day.
  - Must be 55 years of age or older to use this service.
  - Driver's cannot enter passengers home, a rider must be able to get out to the van on their own or have a caregiver with them.
  - We cannot transport people home from the hospital or ER after a procedure,
  - We also cannot transport large items in the van such as furniture, televisions etc.
- If the Center is Closed due to weather, so is the van service.

**SCHRAMKA**  
Funeral Homes

www.schramkafuneralhome.com

262-251-0330

my choice  
WISCONSIN

My Choice Wisconsin  
is a managed care organization that  
serves government-funded programs  
to seniors and adults with disabilities  
in over 50 Wisconsin counties.

**Visit us today:**  
[mychoicewi.org/LPI](http://mychoicewi.org/LPI)  
**1-800-963-0035**

For more information on your long-term care  
options, contact your local ADRC.

DHS Approved 4/22/2021

**AVAILABLE FOR  
A LIMITED TIME!**  
**ADVERTISE HERE NOW!**

Contact **Jeff Parkinson** to  
place an ad today!  
[jparkinson@lpicommunities.com](mailto:jparkinson@lpicommunities.com)  
or **(800) 950-9952 x5887**

**ADT-Monitored  
Home Security**

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



Authorized  
Provider

SafeStreets

1-855-225-4251



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Germantown Senior Club, Germantown, WI

A 4C 01-1438

**Computer Room**– The room is open for use. Copies or printed pages are 10 cents each.



\*\*\*We have **computer/device instruction** available for individuals/couples at this time. Please call Mary for more information to set up an appointment for assistance. This is fee based instruction. The instructor is a computer guru.  
\*\*\*\*\*

## Holiday Party sponsored by The Senior Club and The Senior Center



December 29 11:30—3 pm

Pre-registration was required. Reservations are full. .  
\*\*\*\*\*

**Tax Preparation By AARP is not available at The Germantown Senior Center.** Please call AARP or the Washington County ADRC office for a list of places of the facilities where this service is being held. These places are not published until the middle of January. **Thank you for not calling the Germantown Senior Center. We cannot accommodate AARP's needs at our Center.**  
\*\*\*\*\*

*Mark this on your calendar for 2022! Ian Gould from Belfast, Northern Ireland will be back to entertain us on Monday, March 14 at 1 pm. Following his concert and storytelling we will have some Irish Treats! Sign up begins January 26th. FREE EVENT.*



\* starting December 1, the back door to the center will be locked at 12:30 pm. for enhanced security reasons, please use the main entrance after 12:30 pm

## Strong Bodies

Kristen has let us know that Strong bodies will not be starting until 2022 due to the increase in covid numbers and requirements of Washington County ADRC  
\*\*\*\*\*

Just a reminder, when you come to the Center for any activity it is **required that you sign in.** we need to know who attends what for various reasons. Thank you for your cooperation  
\*\*\*\*\*

## Holiday Hours For the Germantown Senior Center

December 23– Closed  
December 24– Closed  
December 31–Closed  
January 3– Closed

Please note these dates on your calendar.

\*\*\*\*\*

**The cost for toenail trimmers will increase starting in January. The cost will be \$31.00.**

\*\*\*\*\*

## JACKPOT BINGO



Wednesday, December 15  
1:00 pm

\$3.00 to play

(please pay in 1 dollar bills)

**\*Also bring a non-perishable food item to donate to the Germantown Food Pantry.**

\*\*\*\*\*

**Mark your calendars for March 1, 2022 for Paczki Day with the Village Board at 10 am. Sign up will begin on January 26.**

**DECEMBER 1**  
**Movie - "The Man Who Invented Christmas"**  
**PG 13 1 H 44 M**

**This movie tells the magical journey that led to the creation of Ebenezer Scrooge (Christine Plummer) Tiny Tim and other classic characters from a *A Christmas Carol*. Directed by Bharat Nalluri, the film shows how Charles Dickens (Dan Stevens) mixed real life inspirations with his vivid imagination to conjure up unforgettable characters and a timeless tale, forever changing the holiday season into the celebration we know today.**

***Bring your own beverage...a snack will be provided***



- No endowment fee or long-term commitment
- Variety of floor plans with full kitchens
- Full calendar of social and recreational activities
- Pet friendly, vibrant community



**The Gables of Germantown**  
**(262) 345-1025**  
Germantown  
[gablesofgermantown.com](http://gablesofgermantown.com)

**Grace Commons**  
**(262) 252-9600**  
Menomonee Falls  
[gracecommonsliving.com](http://gracecommonsliving.com)

**Independent Living | Assisted Living | Memory Care** 

**NEVER MISS  
A NEWSLETTER!**

Sign up to have our newsletter  
emailed to you at  
[www.mycommunityonline.com](http://www.mycommunityonline.com)



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Germantown Senior Club, Germantown, WI B 4C 01-1438

# GERMANTOWN SENIOR CITIZEN'S CLUB, INC.

## MEMBERSHIP APPLICATION 2022

**\$18.00 Resident      \$24.00 Non-Resident Jan 1 – Dec 31**

LAST NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

HIS FIRST NAME: \_\_\_\_\_ HER FIRST NAME: \_\_\_\_\_

HIS FULL BIRTHDATE: \_\_\_\_\_ HER FULL BIRTHDATE: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

IN CASE OF EMERGENCY CONTACT: Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Relationship to member: \_\_\_\_\_

**Make checks payable to:  
"Germantown Seniors"**

**Mail to:      Germantown Senior Club  
W162 N11960 Park Avenue  
Germantown, WI 53022**

WELCOME! There are many opportunities here at the Center in which you can become involved. If volunteering is an area that interest you, please look over the list of services below and check those in which you would like to help. If you already volunteer, we thank you for your time, service and talents. Your help is appreciated!!

\_\_\_\_\_ Kitchen/Dining Room

\_\_\_\_\_ Office Work

\_\_\_\_\_ Serve on a Committee

\_\_\_\_\_ Activities

\_\_\_\_\_ Miscellaneous: List Below

\_\_\_\_\_ Other

\_\_\_\_\_ Driver for Home Delivered Meals

Remarks: \_\_\_\_\_

-----  
(OFFICE USE ONLY)

NEW: \_\_\_\_\_

RENEWAL: \_\_\_\_\_

AMOUNT PAID: \_\_\_\_\_ DATE: \_\_\_\_\_ RECEIVED BY: \_\_\_\_\_



**Eyeglass Donations-**

We are accepting eyeglass donations. If you have glasses that you cannot use any longer, donate them for the Lion's Club Vision Mission. This is on going throughout the year.

**FOOD PANTRY DONATIONS ARE NOW BEING ACCEPTED AT THE GERMANTOWN SENIOR CENTER.** All donations go to the Germantown Food pantry. Non-perishable please!

\*\*\*\*\*

Please note that if you sign up for an activity or event and are unable to show on that day, we request that you contact the Senior Center Office. We keep a waiting list of folks who would like to participate and if you do not cancel your reservation, another person is deprives of attending. We purchase food based on attendance and do not want to waste our dollars on excess.



**FRYDACH**  
INSURANCE  
*Agency, Inc.*

*Serving individuals, families, and businesses throughout Southeastern Wisconsin*

Debbie Frydach (262) 437-0036

[www.frydachinsurance.com](http://www.frydachinsurance.com)

W175N11163 Stonewood Dr. Ste 229, Germantown, WI

**PROTECTING SENIORS NATIONWIDE**  
MEDICAL ALERT SYSTEM



**\$29.95/MO**  
BILLED QUARTERLY

- No Long-Term Contract
- Price Guarantee
- Made and monitored in the USA

**PLUS SPECIAL OFFER**

**CALL NOW! 1.877.801.5055**  
[WWW.24-7MED.COM](http://WWW.24-7MED.COM)

MADE IN USA

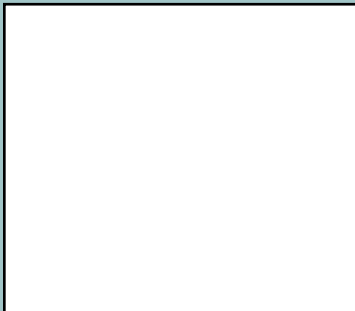


**AVAILABLE FOR A LIMITED TIME!**

**ADVERTISE HERE NOW!**

Contact **Jeff Parkinson** to place an ad today!

[jparkinson@lpicommunities.com](mailto:jparkinson@lpicommunities.com)  
or (800) 950-9952 x5887



**SUPPORT OUR ADVERTISERS!**



Washington & Dodge Counties



Habitat for Humanity  
**ReStore**

Shop. Donate. Volunteer.

GERMANTOWN  
**262-255-7470**  
[gtrestore@hfhwashco.org](mailto:gtrestore@hfhwashco.org)  
W190N10768 Commerce Circle  
Germantown, WI 53022

**Hours:**  
Monday-Friday: 9am-6pm  
Donations from 9am-5pm  
Saturday 9am-4pm  
Donations from 9am-3pm  
**FREE HOME PICK-UP**

# DECEMBER 2021

| MONDAY                                                                                         | TUESDAY                                                                                    | WEDNESDAY                                                                                                                          | THURSDAY                                                                             | FRIDAY                                                         |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------|
|                |           | <b>1</b><br><br>1:00 Movie<br>1:00 Ping Pong                                                                                       | <b>2</b><br>9:30 Chat N Crafts<br>1:00 Bridge<br>1:00 Dartball<br>1:00 Mexican train | <b>3</b><br>1:00 Canasta<br>1:00 Hand & Foot<br>3:00 Billiards |
| <b>6</b><br><br>1:00 Billiards<br>1:00 Corn Hole<br>1:00 Open Sheepshead<br>1:00 Wii Bowling   | <b>7</b><br>9:00 Deco Art<br>1:00 Tournament Sheepshead<br>1:00 Polish Poker<br>2:30 Yoga  | <b>8</b><br>8:30 Fireside Trip<br><b>12:30 Club Meeting &amp; Club Bingo</b><br>(Wear nametag )                                    | <b>9</b><br>9:30 Chat N Crafts ( )<br>1:00 Bridge<br>1:00 Dartball<br>1:00 Bunko     | <b>10</b><br><br>1:00 Hand & Foot<br>3:00 Billiards            |
| <b>13</b><br><br>1:00 Billiards<br>1:00 Corn Hole<br>1:00 Open Sheepshead<br>1:00 Wii Bowling  | <b>14</b><br>9:00 Deco Art<br>1:00 Tournament Sheepshead<br>1:00 Polish Poker<br>2:30 Yoga | <b>15</b><br><br>10:00 Golden Tones Concert<br><i>**please sign up to attend</i><br>1:00 Jackpot Bingo<br>1:00 Ping Pong           | <b>16</b><br>9:30 Chat N Crafts<br>1:00 Bridge<br>1:00 Dartball                      | <b>17</b><br><br>1:00 Canasta<br>1:00 Hand & Foot              |
| <b>20</b><br><br>1:00 Billiards<br>1:00 Corn Hole<br>1:00 Open Sheepshead<br>No Writer's Group | <b>21</b><br>1:00 Tournament Sheepshead<br>1:00 Polish Poker                               | <b>22</b><br>9:30 Chat N Crafts<br>1:00 Dartball<br>1:00 Hand & Foot<br>1:00 Ping Pong                                             | <b>CENTER CLOSED</b><br><b>Meal site Closed</b>                                      | <b>CENTER CLOSED</b><br><b>Meal site closed</b>                |
| <b>27</b><br>1:00 Billiards<br>1:00 Corn Hole<br>1:00 Open Sheepshead                          | <b>28</b><br>1:00 Tournament Sheepshead<br>1:00 Polish Poker                               | <b>29</b><br>11:30 Holiday Party meal served at noon. Pre-sign up was enquired ...door open at 11:30 am<br><b>Meal site closed</b> | <b>30</b><br><b>CENTER CLOSED</b><br><b>Meal site closed</b>                         | <b>31</b><br><b>CENTER CLOSED</b><br><b>Meal site closed</b>   |

WASHINGTON COUNTY SENIOR DINING

MEALS FOR DECEMBER 1-30, 2021

CALL 262-335-4497 or 1-877-306-3030 FOR RESERVATIONS 1 DAY IN ADVANCE BY 12:00 P.M.

| MONDAY                                                                                                                                                 | TUESDAY                                                                                                                                       | WEDNESDAY                                                                                                                                                    | THURSDAY                                                                                                                                                                    | FRIDAY                                                                                                                                                             |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                        | 12-1-21                                                                                                                                       | 12-1-21                                                                                                                                                      | 12-2-21                                                                                                                                                                     | 12-3-21                                                                                                                                                            |
| POT ROAST<br>GARLIC MASHED<br>POTATOES WITH GRAVY<br>CARIBBEAN BLEND<br>VEGGIES<br>MULTIGRAIN BREAD<br>CHERRY PIE<br>ALT: DIET PIE                     | BRAT ON A BUN WITH<br>SAUERKRAUT<br>MUSTARD POTATO SALAD<br>WISCONSIN BLEND<br>VEGGIES<br>OATMEAL RAISIN COOKIE<br>ALT: DIET COOKIE           | GARLIC AND HERB<br>CHICKEN BREAD<br>BUTTERED BABY RED<br>POTATOES<br>BROCCOLI FLORETS<br>CHILLED PEACHES<br>MULTIGRAIN BREAD<br>BROWNIE<br>ALT: DIET PUDDING | SWEDISH MEATBALLS<br>OVER NOODLES<br>DILLED CARROT COINS<br>SUGAR SNAP PEAS WITH<br>RANCH<br>FRUIT COCKTAIL<br>BANANA BREAD<br>ALT: DIET JELLO                              | FRENCH DIP SANDWICH<br>ROSEMARY ROASTED<br>POTATOES<br>COUNTRY MIX VEGGIES<br>CITRUS FRUIT SALAD<br>PEANUT BUTTER COOKIE<br>ALT: DIET COOKIE                       |
| 12-6-21                                                                                                                                                | 12-7-21                                                                                                                                       | 12-8-21                                                                                                                                                      | 12-9-21                                                                                                                                                                     | 12-10-21                                                                                                                                                           |
| HONEY BOURBON BBQ<br>CHICKEN BREAD<br>AUGRATIN POTATOES<br>BROCCOLI FLORETS<br>CARROT RAISIN SALAD<br>CORNBREAD MUFFIN<br>ICE CREAM CUP                | SPAGHETTI WITH<br>MEATSAUCE<br>ITALIAN BLEND VEGGIES<br>SPINACH SALAD WITH<br>RASPBERRY VINEGARETTE<br>APPLE STREUSEL CAKE<br>ALT: APPLESAUCE | OLD FASHIONED BEEF<br>STEW WITH POTATOES<br>KEY LARGO BLEND<br>VEGETABLES<br>FRUITED JELLO<br>BUTTERMILK BISCUIT<br>STRAWBERRY ICE CREAM                     | CHICKEN TETRAZZINI<br>BROCCOLI FLORETS<br>TROPICAL FRUIT SALAD<br>BLUEBERRY MUFFIN<br>CHOCOLATE MILK<br>ALT: PEARS                                                          | HOMESTYLE MEATLOAF<br>RED SKINNED MASHED<br>POTATOES WITH GRAVY<br>CREAMED CORN<br>CHILLED PEARS<br>WHOLE WHEAT BREAD<br>BUTTERSQUASH PUDDING<br>ALT: DIET PUDDING |
| 12-13-21                                                                                                                                               | 12-14-21                                                                                                                                      | 12-15-21                                                                                                                                                     | 12-16-21                                                                                                                                                                    | 12-17-21                                                                                                                                                           |
| PORK CHOP SUEY OVER<br>RICE<br>STIR FRY BLEND VEGGIES<br>CHILLED PINEAPPLE<br>APPLE BRAN MUFFIN<br>CHOCOLATE MILK                                      | ROAST TURKEY<br>MASHED SWEET<br>POTATOES<br>BROCCOLI FLORETS<br>WHOLE WHEAT BREAD<br>FRESH ORANGE                                             | ROAST PORK<br>MASHED SWEET<br>POTATOES<br>BRUSSEL SPROUTS<br>FRUIT COCKTAIL<br>MULTIGRAIN BREAD<br>PUMPKIN MOUSSE<br>ALT: DIET PUDDING                       | BEEF ROAST WITH<br>MUSHROOMS & ONIONS<br>YUKON GOLD MASHED<br>POTATOES WITH GRAVY<br>FRENCH CUT GREEN<br>BEANS<br>DINNER ROLL<br>STRAWBERRY CRÈME CAKE<br>ALT: DIET PUDDING | TUNA NOODLE<br>CASSEROLE WITH PEAS<br>CARROT COINS<br>FRESH APPLE<br>CHEESECAKE WITH FRUIT<br>TOPPING<br>ALT: DIET JELLO                                           |
| 12-20-21                                                                                                                                               | 12-21-21                                                                                                                                      | 12-22-21                                                                                                                                                     | 12-23-21                                                                                                                                                                    | 12-24-21                                                                                                                                                           |
| SALISBURY STEAK<br>MASHED POTATOES WITH<br>GRAVY<br>HARVARD BEETS<br>CHILLED APRICOTS<br>NINE GRAIN BREAD<br>CHOCOLATE CHIP COOKIE<br>ALT: DIET COOKIE | CREAMY BAKED CHICKEN<br>BREAD<br>HERBED STUFFING<br>DICED TOMATO SALAD<br>BABY CARROTS WITH DIP<br>WARM APPLE SLICES<br>CHOCOLATE MILK        | VEGETABLE LASAGNA<br>GREEN & YELLOW BEANS<br>MANDARIN ORANGES<br>CHEF'S CHOICE BAR<br>ALT: DIET COOKIE                                                       | <b>CHRISTMAS<br/>HOLIDAY</b><br><br><b>All Meal Sites &amp;<br/>ADRC CLOSED</b>                                                                                             | <b>CHRISTMAS<br/>HOLIDAY</b><br><br><b>All Meal Sites &amp;<br/>ADRC CLOSED</b>                                                                                    |
| 12-27-21                                                                                                                                               | 12-28-21                                                                                                                                      | 12-29-21                                                                                                                                                     | 12-30-21                                                                                                                                                                    | 12-31-21                                                                                                                                                           |
|                                                                                                                                                        |                                                                                                                                               | RING BOLOGNA<br>HOT GERMAN POTATO<br>SALAD<br>ASPARAGUS TIPS<br>FRUIT COCKTAIL<br>RYE BREAD<br>VANILLA PUDDING<br>ALT: DIET PUDDING                          | <b>NEW YEARS<br/>HOLIDAY</b><br><br><b>All Meal Sites and<br/>ADRC CLOSED</b>                                                                                               | <b>NEW YEARS<br/>HOLIDAY</b><br><br><b>All Meal Sites and<br/>ADRC CLOSED</b>                                                                                      |

ALT = NO CONCENTRATED SWEETS DESSERT

This program is a volunteer driven program. Every possible effort will be made to provide you with the meal that you ordered.  
All meals include an 8 oz carton of 1% milk

# GOLDEN YEARS GAZETTE

GERMANTOWN SENIOR CENTER

W162 N11960 Park Ave.  
Germantown, WI 53022  
262.253.7799

PRSR STD  
US POSTAGE  
**PAID**  
NEW BERLIN, WI  
PERMIT NO. 188

# Germantown Senior Citizens Club



**DECEMBER 2021**