

Holiday Retail & Gift Guide



ADVANCED THERAPY MASSAGE LOTION BY BIOTONE

Maintains gentle drag and extended, lasting performance. Requires less reapplication so you can keep a smooth flow to your session. Sensitivity tested and proven safe; contains no drying alcohol, mineral oil, nut oils or strong fragrance, so you can use it as often as you like. Paraben-free, hypoallergenic and unscented. \$10.95 to \$45.70.

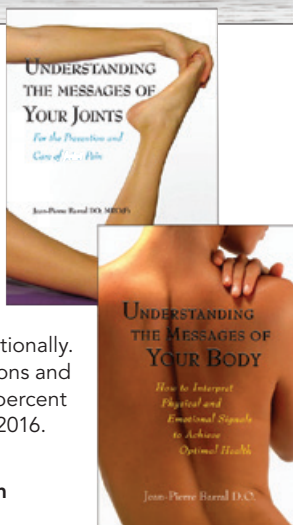
(800) 445-6457, biotone.com

UNDERSTANDING THE MESSAGES OF YOUR BODY AND UNDERSTANDING THE MESSAGES OF YOUR JOINTS

BY THE BARRAL INSTITUTE

In these books, Jean-Pierre Barral, D.O., M.R.O.(F), R.P.T., discusses each organ and its complex relationship with the rest of the body, and explains how to take care of your joints physically, psychically and emotionally. Understand the links between emotions and pain. Set Price: \$37.90. Receive a 25 percent discount with promo code HOLIDAY2016. Item code: UTMOYUTMOJ.

(866) 522-7725, barralinstitute.com

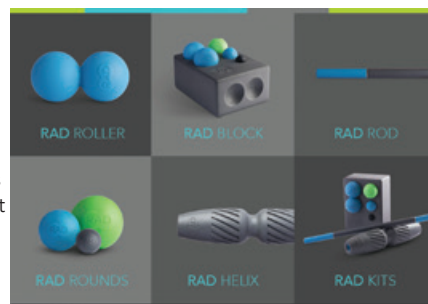


EVERY PAIN IN THE NECK, BACK & BODY, RELIEVED

BY RAD ROLLER

Designed with the anatomy in mind and delightfully effective, RAD's innovative line of self-myofascial-release tools brings self-care to the next level. Practitioner wholesale pricing available and free shipping when you mention this ad. Join the RADvolution today!

(866) 247-3241, radroller.com



PAIN IS NOT A LIFESTYLE

BY ADVANCED THERAPIES OF MOUNT DORA

Our premium CBD (cannabidiol) hemp salve is 100-percent organic and natural. The proprietary process eliminates all other constituents of the hemp plant, making our product highly absorbable. Massage on sore muscles and feel the immediate response. Holiday special: One 3-ounce jar for \$40. Two or more for \$35 each. Regular price, \$50.

(352) 357-1322
advancedtherapiesofmoundora.com



VITAMIN ENRICHED

BY PERFORMANCE HEALTH

Bon Vital® Body Butter and Body Silk Hydrating Lotion are vitamin-enriched finishing products that protect, nourish, balance and refresh the skin. Body Butter features cocoa butter, shea butter and beeswax; Body Silk's formula includes squalane, jojoba oil and sunflower oil. Both are available in scented and unscented.

(800) 321-2135
performancehealth.com



T-BALL BY TOTOTEC

The T-Ball is a German-engineered ergonomic hand tool utilized for performing soft tissue treatment. The T-Ball has a stainless steel ball at the end. It is used by chiropractors and massage therapists; it can also be used for self-care. Regularly \$50.00, on sale for \$44.95.

(732) 390-8255
tototec.net



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POWERFULLY SIMPLE SOFT-TISSUE TOOLS

BY ROCKTAPE

RockBlades consist of two precision-engineered soft-tissue instruments, a "Mallet" and "Mullet," accompanied by a 100-percent natural RockRub emollient and sanitizing wipes, to form a turn-key instrument-assisted soft-tissue mobilization system. The surgical-grade stainless steel Mallet is the ultimate upmarket in-clinic tool, and the portable Mullet is made of durable thermo-plastic polyamide.



(408) 912-7625
rocktape.com

INSPIRATION AND SERENITY ESSENTIAL OIL ROOM MISTS

BY BIOTONE

Enjoy aromatherapy room mists containing 100-percent pure essential oils of Lavender, Mandarin and Cedarwood; or Orange, Tangerine and Patchouli. Formulated for professional or home use. Adds a burst of aromatherapeutic ambiance to the massage room, spa liners, home, car or office. Promotes a sense of well-being to mind and body. \$14.00.

(800) 445-6457, biotone.com



AUOMÈRE INCENSE

BY AUOMÈRE

AYURVEDIC IMPORTS

Made with love in Pondicherry, South India, where incense-making is an ancient art and handcraft, Auomère Incense is expertly rolled by hand by local village women,

helping to support their livelihood and continue a timeless cultural tradition. Twenty-five percent of profits are donated to support an integral school in rural India.

(800) 735-4691, auomere.com

AN ANSWER TO YOUR PAIN

BY UPLEDGER PRODUCTIONS

Compendium of case stories written by practitioners to share the power of CranioSacral Therapy (CST). These case stories serve as a testament that CranioSacral Therapy may be an answer to your pain. This is a great gift to educate patients and friends about CST. \$17.95. Receive a 25 percent discount with promo code HOLIDAY2016. Item code: AATP.

(800) 233-5880, upledger.com



CranioSacral Therapy for Health and Healing

CranioSacral Therapy (CST) is a gentle, hands-on approach that releases tension deep in the body to relieve pain and dysfunction, and improve whole-body health and performance.

CranioSacral Therapy Practitioner Case Stories
Edited by Upledger Institute International, Inc.
Foreword by John M. Upledger



WELLNESS FOR THE FEET

BY PERFORMANCE HEALTH

A blend of dwarf pine oil, horse chestnut extract, menthol, farnesol and aloe vera make Bon Vital® Original Formula Foot Balm the most powerful vitamin-infused moisturizing balm on the market. The lasting glide is perfect for reflexology, shiatsu, deep tissue or general relaxing massage.

(800) 321-2135
performancehealth.com

THE ULTIMATE GIFT FOR COMFORT AND WARMTH

BY THERABATH PROFESSIONAL
PARAFFIN

When you are away from your Therabath Paraffin Bath, Comfort Heated Mitts provide the ultimate in comfort and

warmth. Simply microwave to warm or place in the freezer to chill. This is the ultimate gift of relaxation—at an affordable price. Filled with a rice-and-herb blend, they feature a machine-washable outer cover in a luxurious blue fabric. Made in the U.S. \$43.95 for a pair of two mitts. Mention code MM4 to receive a free 4-ounce Therabath Hydrating Cream with purchase.

(800) 321-6387, therabathpro.com



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OPTIMIZED FORMULA DELIVERS LONGER-LASTING EFFECT

BY PERFORMANCE HEALTH

New Biofreeze Professional combines characteristics you love from regular Biofreeze in an optimized formula of key ingredients. Multiple Ph.D.-led research studies and user experience led to a professional formula that delivers a longer-lasting effect and a more satisfying client experience with a smoother application. Free of parabens and propylene glycol.

(800) 321-2135
performancehealth.com



STILL POINT INDUCER

BY UPLEDGER PRODUCTIONS

Intended to help with relaxation, reduce stress, relieve headaches and ease pain. Designed to create a pause in the rhythm of the craniosacral system; a soothing still point like that achieved during CranioSacral Therapy. Includes an audio CD with chakra-balancing music. \$24.95. Receive a 25 percent discount with promo code HOLIDAY2016.

(800) 233-5880, upledger.com

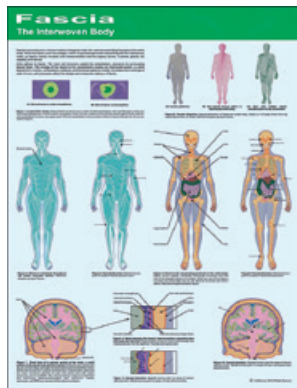


FASCIA: THE INTERWOVEN BODY WALL CHART

BY UPLEDGER PRODUCTIONS

Beautifully illustrated, this wall chart shows fascia as the body's foundational substance and clearly explains how fascial distortions alter the musculoskeletal system, organs, brain and spinal cord. Use this chart to explain how the cause of pain and dysfunction may be due to nearby or faraway fascial stress. \$29.95. Item code: WC-FAS

(800) 233-5880, upledger.com



INNERPEACE QUILTORTER COTTON FLANNEL QUILTED BLANKET WITH BONUS STORAGE SACK

BY INNERPEACE, "THE SHEET PEOPLE"

Our signature, lightweight quilted blanket, designed by massage therapists with comfort in mind, contains two layers of our 100-percent domestic cotton flannel wrapped around a generous layer of "Warm & White." It measures 45 inches wide by 96 inches long and is available in standard Innerpeace Sheets colors. Comes with bonus Ivory Quiltorter® Storage Sack.

(800) 949-7650, innerpeacesheets.com



BIOTONE

DUAL-PURPOSE MASSAGE CREME

DUAL-PURPOSE MASSAGE CREME

BY BIOTONE

Soften and moisturize while relieving tension and stress. A rich, thick texture and extended glide mean fewer reapplications and more contact with your clients. Paraben-free. \$9.75 to \$61.95.

(800) 445-6457
biotone.com



FREE ONLINE CE HOURS MASSAGE MAGAZINE

Enjoy the gift of education this holiday season with a free trial of our CE program. You'll get access to some of our most popular courses. Courses vary by state, but often include Structural Integration 2: Techniques for Neck, Shoulders & Low Back; and Hands on Help for Headaches: Reducing Frequency & Intensity.

- Easy to use on a smartphone
- Instant certification
- All courses NCBTMB-approved

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massagemag.com/mm-ceu-free-trial



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COLOR AROMA GIFT SETS

BY CONSCIOUS COLORS
Color Aroma essential oils combine color and scent with inspiring affirmations for holistic wellness benefits. Our Color Aroma Kits make great gifts and beautiful retail displays. Patrons choose by colors or choose by moods. Perfect stocking stuffers and travel sizes. Get wholesale discounts and package specials now! Kits from \$35.50.



(805) 305-0046, consciouscolors.com

ALL NATURAL HOT/COLD THERAPEUTIC PACKS

BY CHERAPY
Cherapy therapeutic packs are beautifully designed and perfect for client gifting, self-care, practice use and retail sales. Feel the amazing therapeutic benefits of extremely moist heat or as a cold pack. Filled naturally from the orchard and covered in trendy designer fabrics that change seasonally. Individual, bulk and wholesale available. Add to your gift list! Order today.



(410) 504-9015, cherapy.com

SUGAR BODY POLISH TRIAL-SIZE KIT

BY BIOTONE
Try them all: Coconut Crush, Café Brulée and Berry Buff! Three trial-size sugar body polishes, wrapped in a sheer organza bag. Paraben-free. \$4.79.

(800) 445-6457
biotone.com



MOST DYNAMIC SELF-MASSAGE AND TRIGGER POINT TOOL

BY RANGE OF MOTION PRODUCTS LLC

The Rolflex is a simple self-care tool designed to alleviate your pain, reduce tension



and speed muscle recovery with an all-in-one body solution that's portable, versatile and affordable at only \$59.99 (retail). The Rolflex's unique design allows for stabilized trigger-point and active release applications using precise leverage and pressure.

(888) 822-0275, irolflex.com

HERBAL PAIN RELIEF

BY CHINA-GEL
China-Gel is an herbal, topical pain-relieving gel that incorporates modern technology with ancient pain-relieving concepts of Chinese medicine. Resembling a fine hand cream, it spreads on evenly and absorbs completely without leaving a greasy residue. It has a pleasant lavender-and-menthol fragrance on application that ultimately becomes odorless.

(847) 364-0353, chinagel.com



FAST, PENETRATING RELIEF

BY PERFORMANCE HEALTH
The TheraPearl® Back Wrap is generously sized, soft and pliable, drip-free, hypoallergenic, nontoxic and reusable. It's perfect for abdominal cramps and muscle tenderness on large areas of the body. Chill it for analgesic cold or warm it for penetrating heat. It holds a therapeutic temperature for 20 minutes.

(800) 321-2135
performancehealth.com

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ESSENTIAL OIL ROLL-ONS

BY GRAMPA'S GARDEN

Relieva natural pain relief roll-on essential oil blend, Relax lavender roll-on essential oil blend, and Focus roll-on essential oil blend.

(877) 373-4328
grampasgarden.com

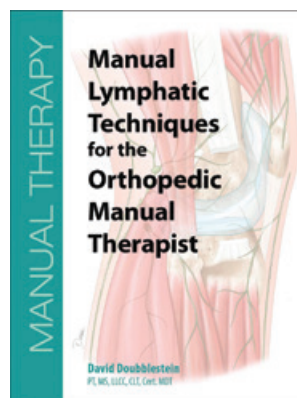


MANUAL LYMPHATIC TECHNIQUES FOR THE ORTHOPEDIC MANUAL THERAPIST

BY D'AMBROGIO INSTITUTE

This book, *Manual Lymphatic Techniques for the Orthopedic Manual Therapist*, addresses the application of various lymphatic techniques to many orthopedic ailments and sports injuries such as bursitis, tendonitis, low-back pain, shoulder pain, knee pain, and post-operative knees and shoulders. \$74.95. Item code: MLTOM.

(800) 311-9204
dambrogioinstitute.com



IT WORKS BECAUSE IT STICKS

BY PERFORMANCE HEALTH

TheraBand® Kinesiology Tape features best-in-class adhesion from Cramer® Sports Medicine and an exclusive innovation from TheraBand: XactStretch™ visual elongation indicators for perfect application every time, even for beginners. TheraBand Kinesiology Tape sticks and provides durable support for up to five days. It works because it sticks.

(800) 321-2135, performancehealth.com



SOMBRA NATURAL PAIN RELIEVING GEL

BY SOMBRA

Sombra Natural Pain Relieving Gel is a topical pain reliever for sore muscles and joints, and arthritis pain. Sombra is paraben-free, alcohol-free, vegan, gluten-free and nongreasy. Visit our website to learn more about our all-natural

Sombra massage line and products. Give us a call to locate a distributor near you.

(800) 225-3963
sombrausa.com



PURE TOUCH ORGANICS MASSAGE CREME

BY BIOTONE

Organic ingredients that make a difference. Pure Touch Organics Massage Creme is Earth-balanced and rich in organic ingredients in their purest forms. Provides rich thickness and hypoallergenic qualities in an unscented creme. Organic, paraben-free and gently pH-balanced. Assures the therapist of the highest quality and purity. \$6.75 to \$74.95.

(800) 445-6457, biotone.com



MASSAGE MAGAZINE SUBSCRIPTION

BY MASSAGE MAGAZINE

MASSAGE Magazine is an independent, monthly trade publication for massage therapists, in publication since 1985. We help massage therapists succeed by sharing information about hands-on techniques, up-to-the-minute business advice, industry news, self-care and research. Our website features information and advice updated daily. U.S. subscription now only \$14.95.

(904) 285-6020
massagemag.com



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FRESH & FUN BODY CARE EXFOLIANTS, LOTIONS, BUTTERS AND DRY BODY OILS

BY BIOTONE

Indulge in perfect-grain exfoliants, maximum-moisture lotions, nourishing dry oil body sprays and ultra-hydrating body butters.

Irresistible aromas, nourishing shea and sesame oils, and natural botanicals help maintain beautiful, younger-looking skin. Paraben-free. \$16.75 to \$20.50.



(800) 445-6457, biotone.com



FOOD FOR SKIN THAT'S GOOD ENOUGH TO EAT

BY BINDI

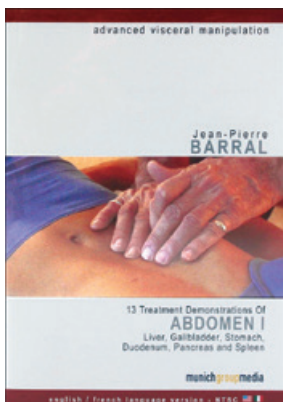
A perfect gift for the holidays! Make it a healthy and a happy one with our time-tested oils that bring smiles to many. Please call for a FREE sample. Do it the BINDI way!

(800) 952-4634, bindi.com

DVD: ADVANCED VISCERAL MANIPULATION-ABDOMEN 1

BY THE BARRAL INSTITUTE

Visceral Manipulation is a manual therapy that assists functional and structural imbalances throughout the body, including musculoskeletal, vascular, nervous, urogenital, respiratory, digestive and lymphatic dysfunction. This DVD shows detailed anatomical explanations and 13 Visceral Manipulation treatment demonstrations for working with the organs of the abdomen. \$67.95. Item code: D-AVMA1.



(866) 522-7725, barralinstitute.com

MASSAGE STONES

BY THE MED-STONE

Sedona Stone: A smooth stone made from crushed rock from Arizona. **Med-Stone Deep Tissue:** This stone has a textured bottom to stimulate blood flow to injured muscles. **Muscle Scraping Tool:** This tool has a scraping side to help break up scar tissue and release toxins, plus a trigger-point knob to penetrate knotted muscles.



(623) 565-3906
themedstone.com



SACRO WEDGY

BY SACRO WEDGY

Balance the sacrum, help balance the body. The Sacro Wedgy® has been used for more than 20 years to help therapists help themselves, and is a great tool for clients. Work smart, work simple. Helps relieve sciatica, low-back pain, hip pain, poor posture and more. \$33.95. Discount for professionals.

(800) 737-9295, sacrowedgy.com

EXFOLIATE AND REVITALIZE

BY PERFORMANCE HEALTH

Scrub away dry skin to refresh, revive and reveal a healthy glow with Bon Vital® professional exfoliating products. Bon Vital' Body Polish, Salt Glow and Sugar Scrub can be used in both wet and dry rooms and are all available in client retail sizes, and scented and unscented formulations.

(800) 321-2135
performancehealth.com

