Document Ref No: TPSMS/CSP/EXS/002 Rev 01



Document Title **Excavation Safety Procedure**

Date of Issue: 01/01/2016



EXCAVATION (SHORING & SLOPING) SAFETY PROCEDURE

Rev No.	Reason for Revision	Prepared By	Checked By	Approval by	
Rev 00	New procedure	R&P Sub-Committee	D Kamath	Vijay Chourey	
Rev 01	Standardization of procedure	Prakash Sharma (Head - Mechanical Maint MPL)	Navendra Singh (Group Head – P & CB; Corp Safety.)	Vijay Chourey (Chief – Corp Safety)	

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1. **OBJECTIVE:** This procedure is developed to cover the safe practices required for shoring and sloping in excavation and trenching jobs. This procedure is developed to establish mandatory requirements for practices to protect personnel, property and equipment from hazards associated with excavation activities.

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It covers role and duties of personnel associated with shoring and slopping in excavation jobs to discharge their duties effectively.

2. SCOPE: This procedure applies to all operating and project sites of Tata Power Group companies.

Deep shaft excavations, tunnel excavation, pile boring and excavation by blasting are excluded from the scope of this procedure.

3. EXPECTED RESULTS:

- 3.1. Manage Excavation jobs safely.
- 3.2. Control of incidents related to excavation activities.
- 3.3. Compliance to Regulatory requirements to make work place safety.

4. ACCOUNTABILITY & RESPONSIBILITY:

- 4.1. ACCOUNTABILITY: Concerned Division's Heads / Assets Custodian.
- 4.2. RESPONSIBILITY: Concerned Engineer/s

5. GLOSSARY/ DEFINITIONS:

Angle of repose - The greatest angle above the horizontal plane at which the material lie without sliding.

Benching – Method of protection to prevent cave-ins by excavating the sides of an excavation to form one or series of steps usually with vertical or near vertical surfaces between levels.

Cave-in – Separation of mass of soil or rock material from the side of an excavation or loss of soil from under a trench shield or supporting system and its sudden movement into the excavation in quantity that it could entrap, bury, injure or immobilize a person(s).

Competent Person – One who can identify existing or predictable hazards in the surroundings that are unsanitary, hazardous or dangerous to person. He also has authorization or authority by the nature of their position to take prompt corrective measures to eliminate them. The person shall be knowledgeable about the requirements of the standard.

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Excavation- Any man-made cut, cavity, trench or depression in earth surface formed by earth removal. Relatively large volume of earth is involved. Generally have relatively equal dimensions of width and length. Depth will vary but usually is lesser than the smaller dimension. Used for basements, installation or maintenance of underground tanks and pipelines, piling, culverts, and larger spread footings. Size generally makes sloping of banks more economical than shoring.

Hazard: Source or situation with potential for harm, something that can cause body injury / occupational illness, damage company property.

Job: A piece of physical work defined by time or other limits and that has a clear start and end point

Qualified/person(s) - Those who by extensive knowledge, training, and experience have successfully demonstrated their ability to carry out sloping and shoring of an excavation.

Ramp – An inclined walking surface specifically provided to gain access from one point to another and is constructed from earth or from structural members such as steel or wood.

Risk: The likelihood (probability) which can lead to potential negative consequences.

Shoring- A structure that supports the sides of an excavation and protects against cave-in.

Shall: Mandatory requirement

Should: Optional requirement

Sloping – Cutting of the edge back in inclined manner that it will not slide in the trench or excavated area.

Task / Activity: A sequence of steps taken to conduct a job. A task is a sub element of a Job.

Trench -Generally long, narrow, and deeper than its width, but the width of a trench is not greater than 15 feet (4.5Mt). Relatively small volume of earth involved. Used for installation or maintenance of underground pipelines, conduit, cables, or footings for buildings without basement. Size generally makes shoring more economical than sloping of banks.

6. PROCEDURES

6.1. General Excavation:

- **6.1.1.** All the Excavations, more than 5 feet (1.5Mt) deep shall require shoring or sloping.
- 6.1.2. Excavated material must be kept at least 3 feet (1Mt) away from the edge of the excavation.

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- 6.1.3. Excavated material must not be permitted to accumulate in the work area or aisles. It should be shifted away.
- 6.1.4. Excavation bracing and shoring must be checked by qualified person, prior to starting the job, subsequently on daily basis and also after every rain and storm.
- 6.1.5. Power supply to all electrical equipment/lights should be through ELCB (Earth Leakage Circuit Breakers, Tripping timing of ELCB should be 30 Milliseconds. If tripping timing exceeds more than 50 Milliseconds at 30 Milliamp then ELCB shall be replaced immediately (For more detail refer TPSMS/GSP/ELCB/008 Earth Leakage Circuit Breaker (ELCB) Testing Procedure)
- 6.1.6. No hot work shall be done in excavation without a valid hot work permit.
- 6.1.7. In locations where oxygen deficiency or gaseous conditions are possible, air in the excavation shall be tested. Controls, as set forth in TATA POWER Standard Confined Space Entry, shall be established to assure acceptable atmospheric conditions. When flammable gases are present, adequate ventilation shall be provided or sources of ignition shall be eliminated.
- 6.1.8. Confined space permit should be taken for excavations more than 6 feet depth (1.8Mt) which come under the purview of confined space.

6.2. Trench Excavation

- 6.2.1. Points no 1 to 6 of above 6.1 area applicable and in addition to that following points are to be complied,
- 6.2.2. If the trench is 4 feet (1.2Mt) or more deep it should be provided with standard ladder to facilitate safe entry and exit.
- 6.2.3. The Sides of trenches in hard or compact soil, including embankments, shall be shored or otherwise supported when the trench is more than 5 feet (1.5Mt) in depth. In lieu of shoring, the sides of the trench above the 5 feet (1.5Mt) level may be sloped to preclude collapse, but shall not be steeper than a 1 feet (0.3Mt) rise to each ½ feet (0.15Mt) horizontal. When the outside diameter of a pipe is greater than 6 feet (1.8Mt), a bench of 4 feet (1.2Mt) minimum shall be provided at the toe of the sloped portion.

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6.3 Potential Hazards likely to be encountered during Excavation/Trenching

- a. Falling of persons into excavated trench or pit
- b. Collapse of excavation sides and falling of excavated material onto persons working within excavation trench or pit
- c. Collapse of temporary arrangements (shoring etc) made to support sides of excavation.
- d. Collapse of adjacent structure due to excavation.
- e. Persons within excavation pit struck by fall of spoils from excavator buckets and other objects dropped on them.
- f. Worker hit by reckless driving / operation of equipment.
- g. Falling of workmen through bottom of excavation into abandoned empty bore of pile, disused shaft or disused sewer line or other cavities in the ground.
- h. Persons within excavation struck by other objects falling due to work being done at higher elevation in the nearby vicinity.
- i. Risk of electrocution from cables crossing or used for lighting purpose in vicinity
- j. Risk of injury due to protruding nails, sharp edges in shoring.
- k. Falling of persons while climbing or getting down into excavation
- I. Spiking of underground electric cables with resulting flash burns and electric shock.
- m. Flooding with risk of drowning.
- n. Striking and breaking other underground utilities such as gas (fire and explosive hazard), water (flooding), and sewage (toxic gases).
- o. Fire and explosion from flammable gases heavier than air and vapors especially LPG, entering excavation.
- p. Poisoning from gases entering from pipelines or outside.
- q. Suffocation / Poisoning due to burning of torches, etc. used in excavation and insufficient ventilation, or from exhaust gases produced by plants and machinery used in connection with the excavation,
- r. Toxic and radioactive hazards from the ground itself, usually resulting from its previous occupancy.
- s. Accidental explosion through use of explosive in excavation.
- t. Objects getting to eyes while chiseling rock, using jack hammers in hard strata, concrete.
- **6.3.2 Excavation clearance:**Excavation clearance shall be taken as per Annexure I for all excavations more than 1 ft (0.3Mt) in depth. However, when excavation work is to be undertaken outside the Tata Power facilities, irrespective of the depth of excavation, all statutory clearances shall be obtained prior to commencing the work. The clearance shall be obtained as follows:

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- **6.3.2.1 For New Projects** The Project Manager/Site In-Charge shall be responsible for the co-ordination with all the departments and obtaining excavation clearance.
- **6.3.2.2 For Minor Projects & maintenance jobs** Excavation & trenching jobs both inside and outside battery limit areas, the Plant/Site Head or his authorized representative, is responsible for co-ordination with all the departments and give the excavation clearance to the Site In-Charge/ Project/Maintenance engineer.
- **6.3.2 Risk Assessment:** Risk assessment of the job shall be done to control hazards of site.
- **6.3.3 Work Permit:**Ensure proper Pemit-To-Work is obtained as per the Permit-to-Work (TPSMS/CSP/PTW/008) procedures.
- **6.3.4 Safety Aspects:**Following important safety aspects shall be implemented during execution of excavation activity at project site:

6.3.4.1 Safe access:

- a. Safe access must be provided to excavations by means of ladders, stairs or ramps.
- b. Provision of safe means of access & egress to workers. E.g. clear passage for entry and exit, ladder, stair case, slope, steps etc. shall be ensured.
- c. If the excavation is more than 4 feet (1.2Mt) deep it should be provided with standard ladder to facilitate safe entry and exit.
- d. The ladder must be provided at every 25 feet (8Mt) interval.
- e. Trenches more than 4 feet (1.2Mt) in depth shall have ladders spaced so that employee's lateral travel to a ladder does not exceed 25 feet (8Mt). Such ladders must be installed in accordance with the ladder safety requirements. The height of the ladder to be extended up to 3.3 feet (1Mt) from the top of ground surface. The ladder must be secured.
- f. Ensure proper passage over the excavation for by passers to move from one bank side to other with minimum 2 gratings Placed on horizontal members with guard rail.

6.3.4.2 Caution and Barrication:

- a. Excavations should be barricaded to prevent employees and others falling into them-
- b. Provide barricading of the area and display of warning signboard in Hindi / English / regional language at conspicuous locations.
- c. Warning signs including Light signal to be provided.

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- d. No trench, ditch or other excavation shall be left overnight without barricades and warning lights.
- e. Adequate illumination should be provided in the night and in day as per site condition so that the area will become visible.
- f. If barricades or portions of barricades are removed for work, they shall be replaced as soon as practicable.
- g. Suitable warning sign, such as fluorescent warning tapes, flashing lights, shall be provided to warn the persons in night.
- h. The warning barricades must be 6feet away from the edge of the excavation (plastic tape & sign board). In operations area the plastic tape must be at two levels i.e. 21" and 42" height from the ground.
- i. The barricades installed closer than 6 feet (1.8Mt) from the edge of the excavation, must be hard barricade which can withstand 100 kg load / thrust. Hard barricade shall have horizontal members at 21 inches and 42 inches respectively from the ground with adequate vertical supports.

6.3.4.3 Precautions against cave in, seepage etc

- a. If it is necessary to place or operate power shovels, derricks, trucks, materials, or other heavy objects on a level above and near an excavation, the side of the excavation shall be sheet-piled, shored, and braced as necessary to resist the extra pressure due to such superimposed loads.
- b. When mobile equipment is utilized or allowed adjacent to excavations, substantial stop logs, or barricades shall be installed. If possible, the grade should be away from the excavation.
- c. Care shall be taken during monsoon or during seepage of water from nearby area.
- d. When under cut is required then shoring shall be designed by professional engineer.
- e. If there is evidence of cave-ins or slides, all work in the excavation must cease until the necessary precautions have been taken to safeguard employees till further clearance is obtain.
- f. Where vehicles or equipment operate near excavations, the sides must be shored or braced as necessary to withstand the force exerted by the superimposed load. Also stop-logs or other substantial barricades must be installed to protect the edge of such excavations.
- g. Dewatering from the pit shall be done at remote location to avoid back flow to the pit resulting in soil collapse.
- h. All major excavations shall be done after engineering study and ensure that validated excavation scheme shall be installed.

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i. Ensure that there are no scaffolds or temporary structures adjacent to where trench or excavation is to be made unless adequate measures have been taken based on a formal risk assessment.

6.3.5 Preparation (to be done in consultation with a competent person)

- a. Study the soil characteristics with reference to angle of repose for soil required etc. Please refer Sketch 1 for guidelines.
- b. See that excavated area is not blocking the access to the site for man and material both or otherwise necessary sign shall be displayed at appropriate locations.
- c. It should be ensured that there is no exposed live wire in working areas which are accessible to building workers other than those authorized to work on such live lines.
- d. Alternate route for traffic should be provided (in case of road blockage). Ensure Road block procedures are followed.
- e. Ensure that there are no vibrations from an external source which may impact the excavation.
- f. Ensure that consideration has been given to proximity of adjacent structures while finalizing the method of excavation.
- g. All efforts will be made to locate underground utilities that may reasonably be expected to be encountered during excavation work. A cable detector may be used before start of excavation. In the situation where a cable or utility is found to be existent, the engineer will judiciously after obtaining the excavation clearance, excavate a trial trench manually only. The depth of trial trench shall not exceed 1.5 meters in general 2.0 meters in special cases so as to ascertain the presence of any cable/gas pipeline/other utility. In case, no cable or other utility service lines detected in the trial trench, mechanical excavation upto 1.2 meters depth shall be undertaken. The whole process is repeated for the next 1.2 meters.

6.3.6 Supervision, workforce and Inspection

- a. It should be ensured that all excavations are supervised by qualified person.
- b. Give Tool Box Talks regarding safety measures to be observed to the workers involved before starting the job.
- c. Confirm methodology to be adopted, explains Risk Assessment and plan of action in case of emergency.
- d. Confirm PPEs provided, are as per the work permit.
- e. If the depth of excavation is more than 7 feet (2.2 meters) than double lifeline full body harness must be used. The harness to should be secured to a suitable lifeline.
- f. E I C shall ensure that check list as per Annexure- 1 has been filled and signed for excavations for excavation more than 1 ft.
- g. Minimum person shall be kept inside pit. All idle workers should be removed from there.



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h. Each excavation shall be inspected daily by the qualified persons, after heavy rains & Storms, or more often if conditions change rapidly.

6.3.7 Precautions during Job

- a. If, during excavation, unexpected utilities are discovered, Contractor should stop excavation and immediately notify the PM and/or Plant Control room. Work shall be resumed only after obtaining further clearance in consultation with the competent person.
- b. Hand tool excavation: Whenever the presence of underground pipes, cables, vessels, or structures is known, or suspected, they shall be exposed by hand tool digging before mechanical excavators are used. Hand tool excavation is required within 10 feet (3.0 meters) of the object.
- c. Machine excavation: When the location of all utilities or structure have been established by surface markers or hand tool excavation, machine excavation may commence under close surveillance of the Contractor's supervisor.
- d. Movement of vehicle and heavy cranes shall be 3 feet (1meter) away or 1.5 times the depth of excavation, whichever is greater.
- e. Loose excavated material must be placed no closer than 3 feet from the edge of the excavations. In any case it shall be outside the excavation barricaded area. Precautions must be taken to prevent loose excavated material falling into the excavated area.
- f. The disposal area should be defined, made safe for receiving the loose excavated material and manner of disposal is defined.
- g. All equipment, electrical connection and machinery used for excavation shall be tested and validated by the Plant/site electrical department.
- h. In case of excavation more than 15 feet (4.5 meters), ensure adequate means of communication and proper ventilation are provided.
- i. Power supply to all electrical equipment/lights should be through ELCB (Tripping at 30mA current leakage to earth).
- j. If there is evidence of cave-ins or slides, all work in the excavation must cease until the necessary precautions have been taken to safeguard employees.

6.3.8 Dewatering

- a. Incase ground water is in entering excavated area, ensure continuous dewatering is done
- b. Persons shall not work in excavations that contain or accumulating water unless precautions have been taken to protect persons from hazards posed by water accumulation. The precautions taken shall include support or sealed systems to





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protect from cave-ins, water removal to control the level of accumulating water and use of safety harness and life lines.

- c. Dewatering from the pit shall be done at remote location to avoid backflow to the pit, resulting in soil collapse .If water is controlled or prevented from accumulating by the use of water removal equipment, the water removal equipment & operation shall be monitored by a person trained in the use of the equipment.
- d. If excavation work interrupts the natural drainage of surface water, diversion ditches, dikes, or other suitable means will be used to prevent surface water from entering the excavation. Precautions shall also be taken to provide adequate drainage of the area adjacent to the excavation.

6.3.9 Shoring

- a. Bracing or shoring of trenches shall be carried along with the excavations.
- b. Trenches 4 feet (1.2 meters) or deeper must be shored or sloped back to the angle of repose. Any excavation in unstable ground will require shoring or sloping.
- c. An adequate supply of materials such as timbers, trench sheets & props with which to shore the sites of excavation must be delivered to the site before starting excavation.
- d. Material used for sheeting, shoring or bracing must be of good condition. Timbers must be sound, free of large knots and of appropriate dimensions.
- e. Shoring with GI sheets shall be firmly supported by steel/ scaffold pipes with spacing of 4 ft in horizontal & vertical direction with cross bracing & shall be suitable clamped.
- f. Supporting systems; i.e., piling, cribbing, shoring, etc., shall be designed to meet accepted engineering requirements. When tie rods are used to restrain the top of sheeting or other retaining systems, the rods shall be securely anchored well back of the angle of repose.
- g. For shoring extending below the water table proper means of water drainage with the means of weep holes or other means shall be ensured.

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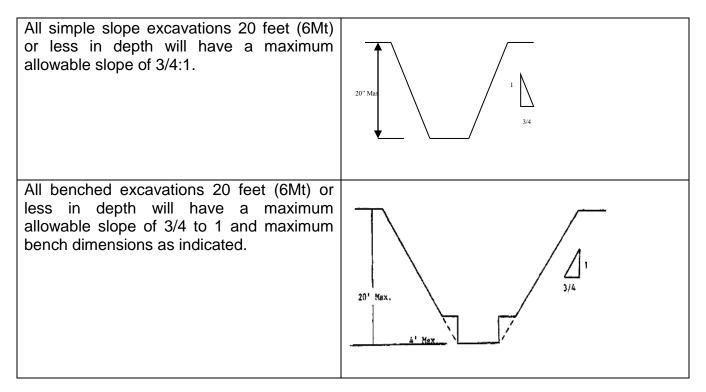


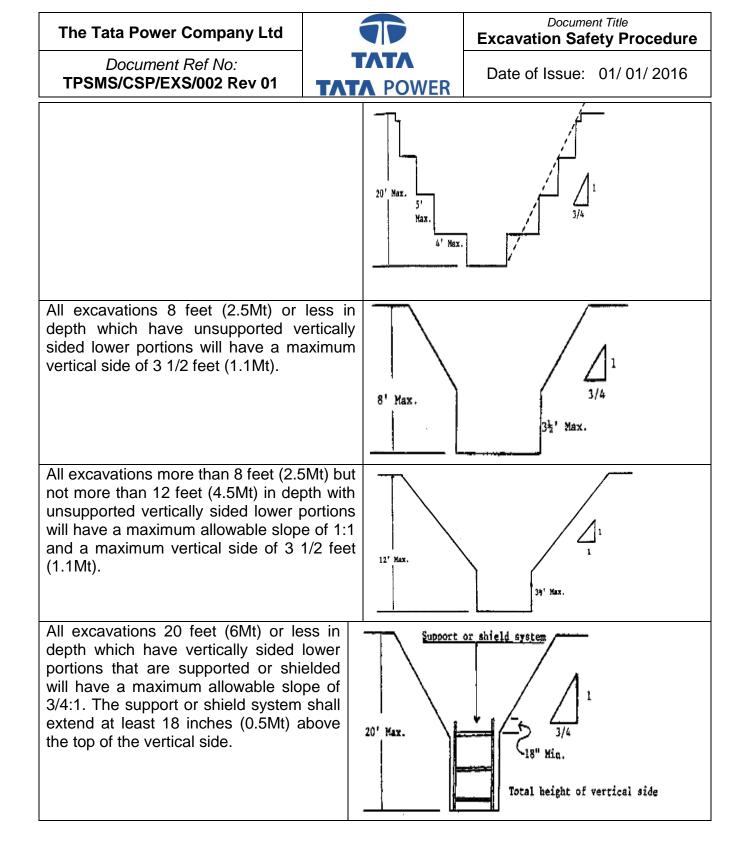
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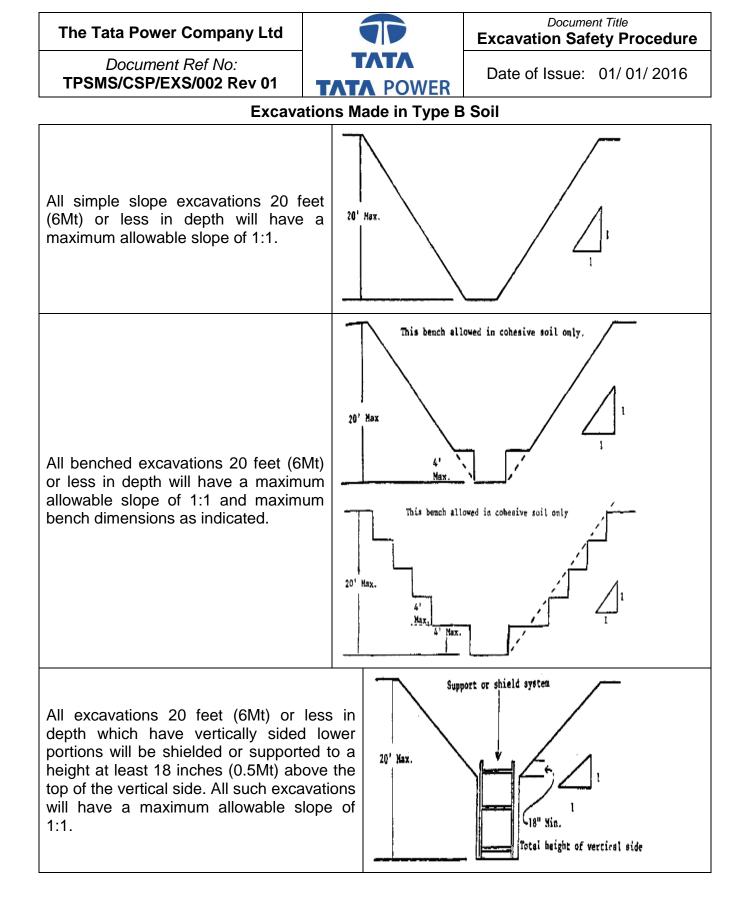
6.3.10 Sloping: For sloping of sides/angle of repose refer Table no1

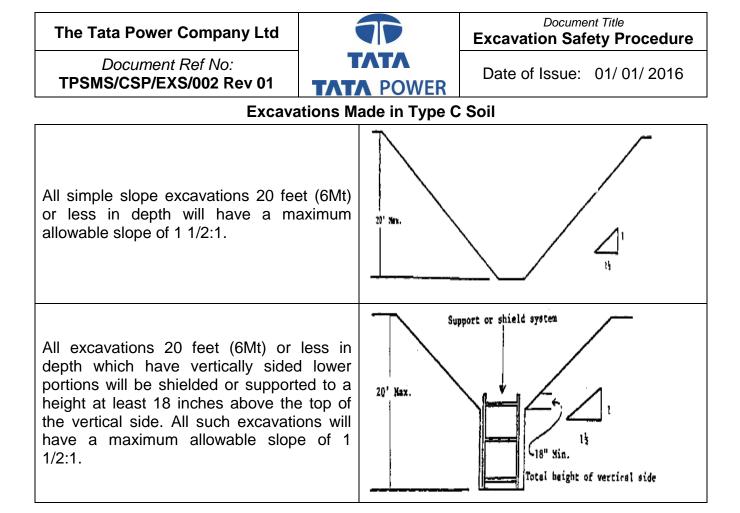
		Table no -1		
Soil or Rock Type	Type of strata	Soil bearing capacity in T/m ²	Maximum Slope (H:V)	Maximum Slope (Degrees)
Stable Rock	Solid rock, Shale or cemented	45 to 90	Vertical	90
Туре А	Soft and hard murrum	20 to 45	0.75:1	53
Туре В	Clay and cohesive soil	15 to 20	1:1	45
Туре С	Sandy soil, broken rock, gravel and Black cotton soil	0 to 15	1.5:1	34
	Loose sand	0 to 4	2:1	26

Excavations made in type A Soil









7. RECORDS :

7.1. Filled Excavation Checklist minimum three years

8. TRAINING & COMMUNICATION

- 8.1. Training of this procedure shall be covered as per Safety Training need identified across divisions.
- 8.2. Initial Communication to be done through Corporate Communication, Email and subsequently shall be made available at safety portal at Sangam.

9. VERIFICATION

- 9.1. Verification of implementation shall be done during Safety audit, field safety visit and site inspections.
- **10. EXEMPTION:** Any Exception to this procedure shall only be done as per Document Control Procedure (TPSMS/GSP/DC/014).

11.REFERENCES

- National Building Code of India -2005; Part 7 Construction Practices and safety
- Tata Power Confined Space entry procedure TPSMS/CSP/CSE/003
- Tata Power Permit To Work Procedure TPSMS/CSP/PTW/008





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- **12. REVIEW:** Review of this procedure shall be done as and when but not later than once in every three (03) years. Typical Factors like Changes in legislation, Review of Incident Reports, Inspection & Audit findings, Feedback from users, Recommendations in Incident investigation reports may be inputs for the review and revision of the procedure.
- 13. ATTACHMENTS/APPENDIX :

Annexure -1-Sample Format for Excavation Checklist

(TPSMS/CSP/EXS/002/FORM/001)

Annexure -2-Trench shoring –Minimum requirements

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Annexure-1

TPSMS/CSP/EXS/002/FORM/001

EXCAVATION CHECKLIST

Site Name:	
------------	--

DATE: _____

Work Permit NO.

1.	Description of work	:	Excavation/Piling /Road Cutting
	(Delete whichever not applicable)	

2.	Location/Area of the work	:	
	(Attach Drawing/sketch etc.)		(Co-ordinates:

3. Size of the Excavation : Leng	th Breadth Depth
----------------------------------	------------------

4. Date and Time of starting the work: Date_____Time_____

5. Expected duration of the work	<pre> :</pre>	Days/Hours
6. Purpose of excavation	:	
7. Name of the acceptor	:	
8. Contractor's Name	:	

Clearances for Excavation - Check List

Sr.			Description	Clearance Given by				
no	Clearance		Description	Name	Sign	Date		
1	Electrical	а	Do not exist					
	Cables	b	Exist just below					
		С	Existing within 2 meters					
		d	Not known					
2	Fire	а	Do not exist					
	Water	b	Exist just below					
	pipeline	С	Existing within 2 meters					
		d	Not known					
3	Utilities	а	Do not exist					
	pipeline	b	Exist just below					
		С	Existing within 2 meters					
		d	Not known					

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Sr	Type of			Decemination	Clea	rance Give	n by
no.	Clearance			Description	Name	Sign	Date
4	Telephone	а	Do	not exist			
	cables	b	Exi	st just below			
		С	Exi	sting within 2 meters			
		d	Not	known			
5	IT cables	а	Do	not exist			
		b	Exi	st just below			
		С	Exi	sting within 2 meters			
		d	Not	known			
6	Control /	а	Do	not exist			
	inst. cables	b	Exi	st just below			
		С	Exi	sting within 2 meters			
		d	Not	known			
7	Plant	а	Do	not exist			
	pipelines	b	Exi	st just below			
		С		sting within 2 meters			
		d	Not	known			
8	Other	а	Do	not exist			
	clearances	b	Exi	st just below			
	(specify)	С		sting within 2 meters			
		d	Not	known			

Following Precauti Road Barricading

ollowing Precautions taken by acceptor			
Road Barricading done	Yes	Not	
		required	
Warning signs incl. Light signal provided	Yes	Not	
		required	
Barrication of excavated area carried out	Yes	Not	
		required	
Shoring carried	Yes	Not	
-		required	
Alternate route for traffic is as below or	Yes	 Not	
attached		required	
In case of road blockage, SI/PM is	Yes	Not	
informed		required	
Any other precautions taken (specify)	Yes	Not	
		ro guiro d	

required

Remarks (if any) :

Check by:

Signature & Name :

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Annexure -2

Trench shoring – Minimum Requirements

			Size and spacing of members										
		I	Jprights	s String	Cross Braces								
ench	tion of		ension	oacing	ension	acing	١	Nidtl	h of ti	rencł	ı	Maximum spacing	
Depth of trench	Kind of condition of earth		Minimum dimension	Maximum spacing	Minimum dimension	Maximum spacing	Up to 3 Ft	3 to 6 Ft	6 to 9 Ft	9 to 12 Ft	12 to 15 Ft	Vertical	Horizontal
Ft			ln.	Ft.	ln.	Ft	ln.	In	ln.	ln.	ln.	Ft.	Ft.
5-10	Hard, Compac	rt	3 4 or 2 6	6	-	-	2 6	4 4	4 6	6 6	6 8	4	6
	Likely to crack		3 4 or 2 6	3	4 6	4	2 6	4 4	4 6	6 6	6 8	4	6
	Soft, sar or filled	ndy	3 4 or 2 6	Close sheeting	4 6	4	4 4	4 6	6 6	6 8	8 8	4	6
	Hydrosta pressure		3 4 or 2 6	Close sheeting	4 6	4	4 4	4 6	6 6	6 8	8 8	4	6
10-15	Hard, Compac	ct	3 4 or 2 6	4	4 6	4	4 4	4 6	6 6	6 8	8 8	4	6
	Likely to crack		3 4 or 2 6	2	4 6	4	4 4	4 6	6 6	6 8	8 8	4	6
	Soft, sar or filled	ndy	3 4 or 2 6	Close sheeting	4 6	4	4 6	6 6	6 8	8 8	8 10	4	6
	Hydrosta pressure		3 4 or 2 6	Close sheeting	8 10	4	4 6	6 6	6 8	8 8	8 10	4	6
15-20	All kinds conditio		3 6	Close sheeting	4 12	4	4 12	6 8	8 8	8 10	10 10	4	6

Note: Uncontrolled once printed

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	>20	All kinds of conditions	3 6	Close sheeting	6 8	4	4 12	8 8	8 10	10 10	10 12	4	6		

Notes:

- a. Trench jacks may be used in lieu, or in combination with, cross braces.
- b. Shoring is not required in solid rock, hard shale or hard slag.
- c. Where desirable, steel sheet piling and bracing of equal strength may be substituted for wood.