

# Extreme Programming:

“Once over lightly”

*Andrew Black*

Presentation based on material from Nick Southwell, William Wake, and others

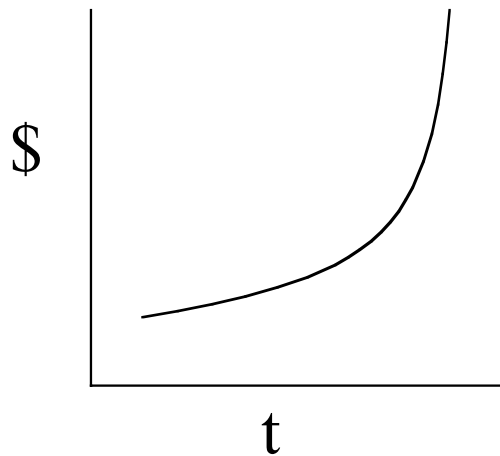
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# XP is...

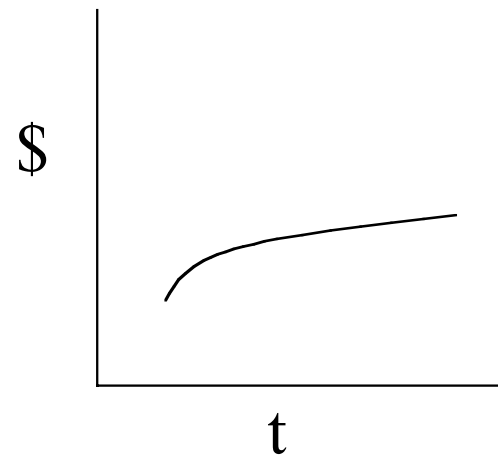
A lightweight development methodology that emphasizes:

- ongoing user involvement
- testing
- pay-as-you-go design

# Background: Cost of Changes

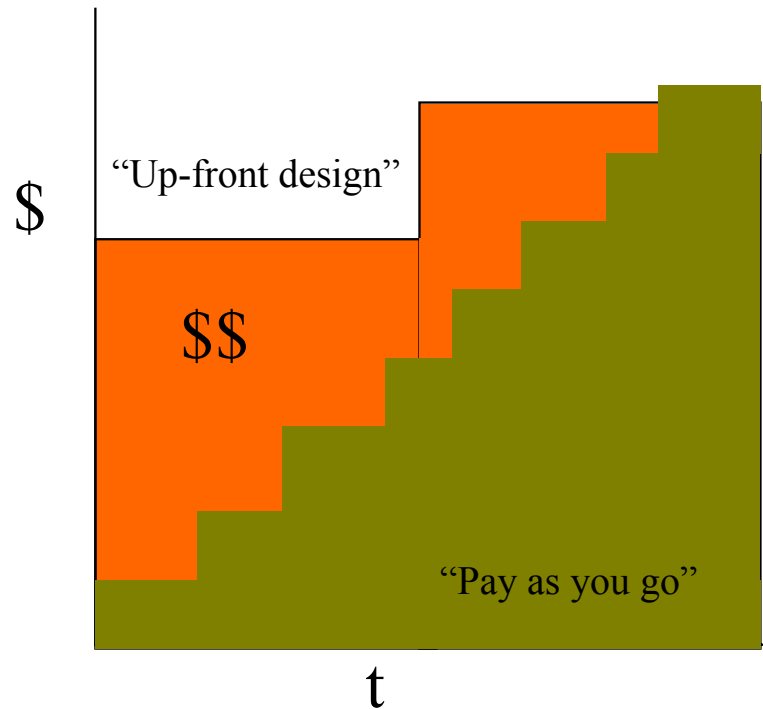


“Then” (exponential)



“Now” (flattened)

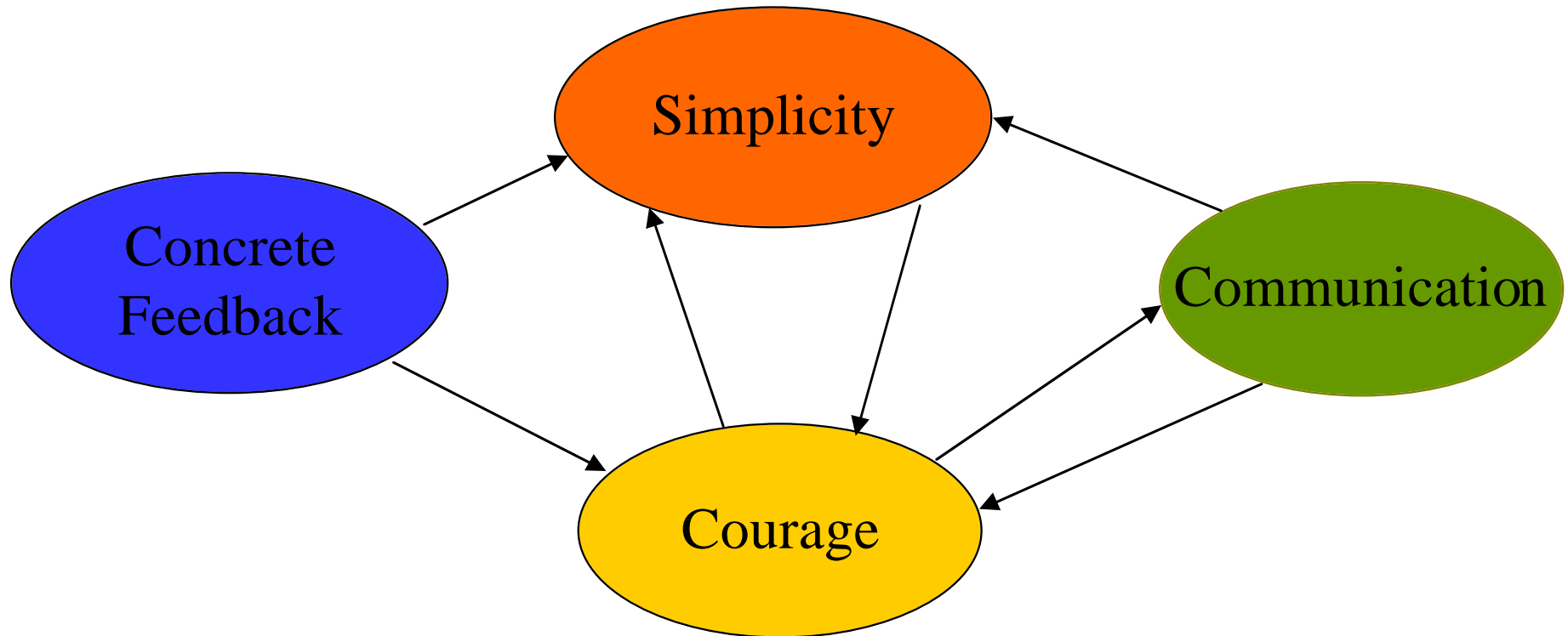
# Background: Cost of Money



# Key values of XP

- **Communication**
  - Problems with projects can invariably be traced back to somebody not talking to somebody else.
- **Simplicity**
  - It is better to do a simple thing today, and pay a little more tomorrow, than to do a complicated thing today that may never be used.
- **Concrete Feedback**
  - Feedback at all time scales keeps the project on track.
- **Courage**
  - Together with the first three values, Courage allows you to make high-risk, high-reward experiments. Without them, it's just hacking.

# XP values



# XP Principles

- Get rapid feedback
- Assume simplicity
- Incremental change
- Embrace Change
- Do quality work

# XP Practices

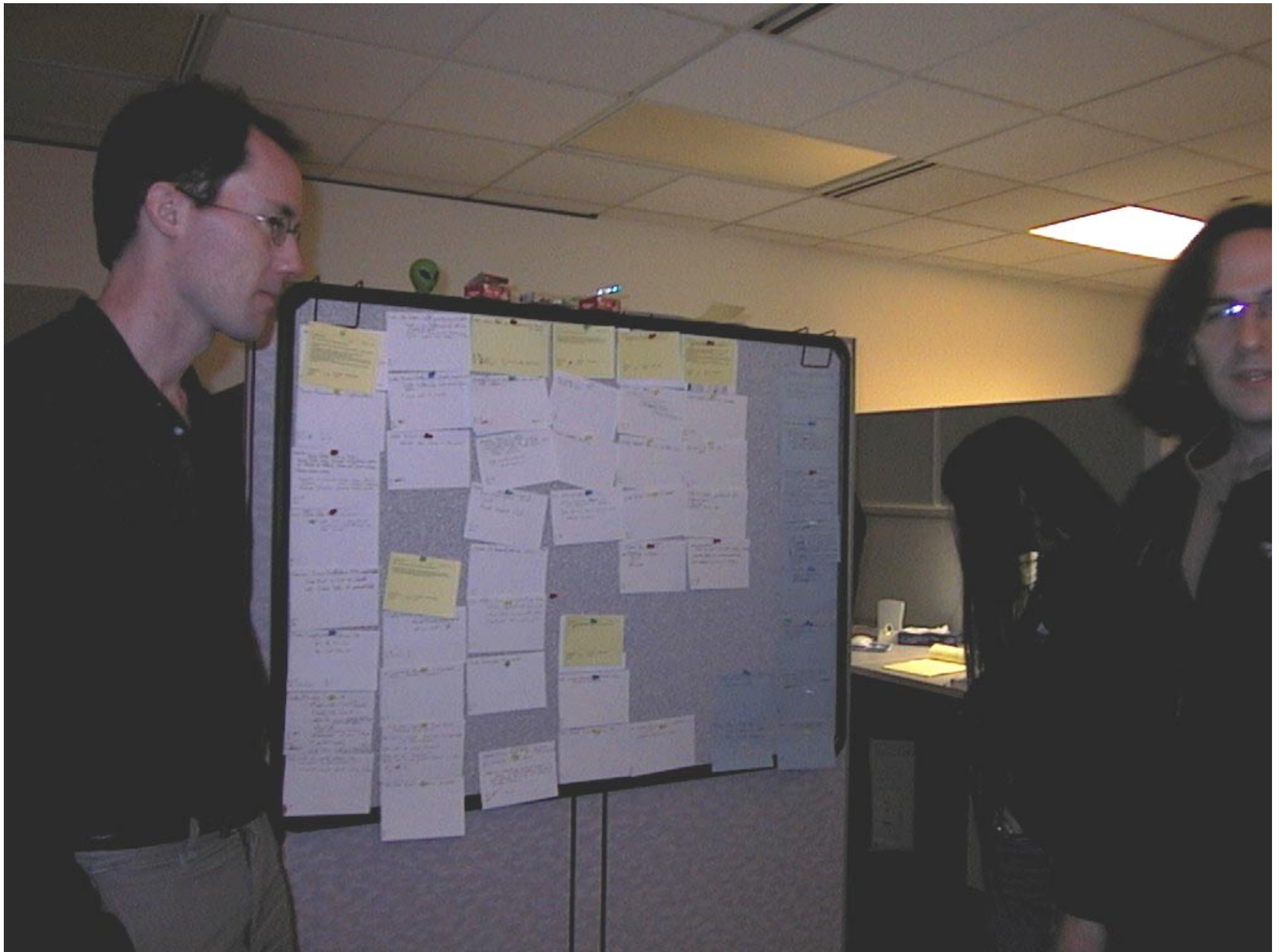
- Planning Game
- Metaphor
- Testing
- Refactoring
- Pair programming
- Small releases
- On-site customer
- Simple design
- Collective ownership
- Continuous integration
- 40-hour week
- Coding Standards



# Planning Game

User stories = lightweight use cases

- 2-3 sentences on a file card that
  - the customer cares about
  - can be reasonably tested
  - can be estimated & prioritized



# Planning Game (cont.)

- Users write stories
- Developers estimate them
- Users split, merge, & prioritize
- Plan overall release (loosely) and the next iteration
  - Don't plan too far ahead

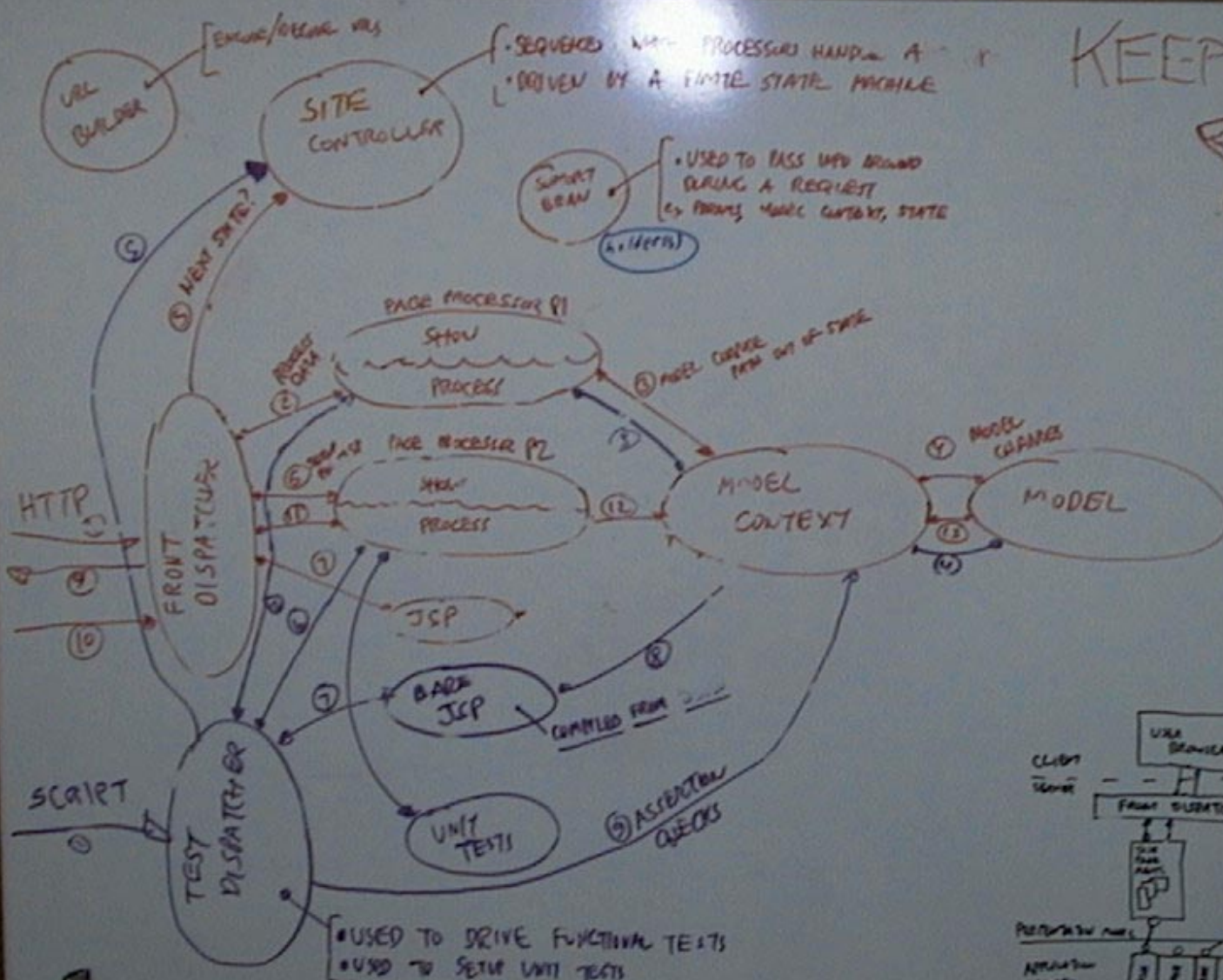


# Small Releases

- Make every release as small as possible
  - Release makes sense as a whole
- Make simple designs, sufficient for the current release
- Small releases provide:
  - rapid feedback
  - sense of accomplishment
  - reduced risk
  - customer confidence
  - adjustments to changing requirements

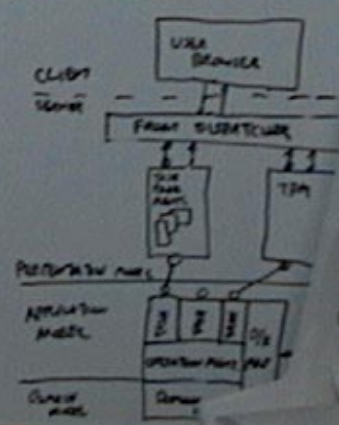
# Metaphor

- Guide the project with a single Metaphor
  - *e.g.*, the UI is a desktop
- Must represent the architecture
  - makes it easier to discuss
- The customer must be comfortable with it



KEEP CLAM

? Document Folder  
 ? Multiple Ar  
 ? Artifact/Re  
 constraints



# Simple Design

- The right design for software:
  - Runs all the tests.
  - Has no duplicated logic (DRY principle)
  - States every intention important to the programmers.
  - Has the fewest possible classes and methods
- Don't worry about having to change a design later



# Testing

- XP tests everything that might possibly break, all the time
- The tests *are* the specification:
  - An *executable* specification
- Two kinds of tests:
  - Functional Tests
  - Unit Tests

# Functional Tests

- Specified by the user
- Implemented by users, developers, and/or test team
- Automated
- Run at least daily
- Part of the specification

# Unit Tests

- Written by developers
- Written before and after coding
- Always run at 100%
- Support design, coding, refactoring, and quality.

# Pair Programming

- Role of one partner
  - uses the mouse and the keyboard
  - thinks about the best way implementing the method
- Role of the other
  - is the approach going to work
  - think about test cases
  - can it be done simpler
- Pairing is dynamic
- Pairing provides discipline
- Pairing spreads knowledge about the system











# Collective Code Ownership

- Anybody can add to any portion of the code
  - subject to current requirements
  - subject to simple design
- Unit tests protect the system functionality
- Whoever find a problem, solves it
- Everybody is responsible for the whole system

# Continuous Integration

- Integration of tested code every few hours (max. a day)
- All unit tests need to run successfully
- If a test fails the pair has to repair it
- If you can't repair it, throw away the code and start again

# 40 Hour Week

- If you can't do your work in 40 hours, then you have too much work
- 40-Hour weeks keeps you fresh to tackle problems
- It prevents making silly, hard to find mistakes late at night
- Frequent planning prevents you from having too much work
- Overtime is a symptom of a serious problem

# On-site Customer

- Writes functional tests
- Makes priority and scope decisions for the programmers
- Answers questions
- Does his or her own work

If you can't get an On-site Customer, maybe the project isn't important enough?







# Coding Standards

- Complicated constructions are not allowed
  - let's keep things simple
- Code looks uniform
  - easier to read
- No need to reformat the code
  - no 'curly brackets wars'



# Design

- Pay as you go
- Re-design when necessary
- “You aren’t gonna need it”
- “Simplest thing that could possibly work”
- “Once And Only Once”

# Refactoring

- Refactor = to improve the structure of code without affecting its external behavior
- Done in small steps
- Supported by unit tests, simple design, and pair programming
- Seek “once and only once”
- Refactoring in pairs gives you more courage and confidence

# Refactoring Example

Replace Magic Number  
by Constant:

```
return 32.5 *  
    miles_traveled;
```



```
static final double  
    MILEAGE_RATE = 32.5;  
...  
return MILEAGE_RATE *  
    miles_traveled;
```

Separate Query from  
Modifier:

```
Stack:  
    Object getTopAndPop();
```



```
Object getTop();  
void pop();
```

# Planning XP

## Why Plan?

- To do the most important thing
- To coordinate with others
- To be able to respond to the unexpected

# The Balance of Power

Business people make business decisions

- dates
- scope
- priority

Developers make development decisions

- estimates

# Two kinds of planning:

- Release Planning
- Iteration planning

# Release Planning

- Customers write stories
- Developers estimate them
  - stories that are too complex to estimate go back to the customer to be split
- Customer prioritizes the stories and fills a three week “bucket” with their choice
  - don’t worry about “dependencies”
- Do one, two (or even three?) releases like this

# Iteration Planning

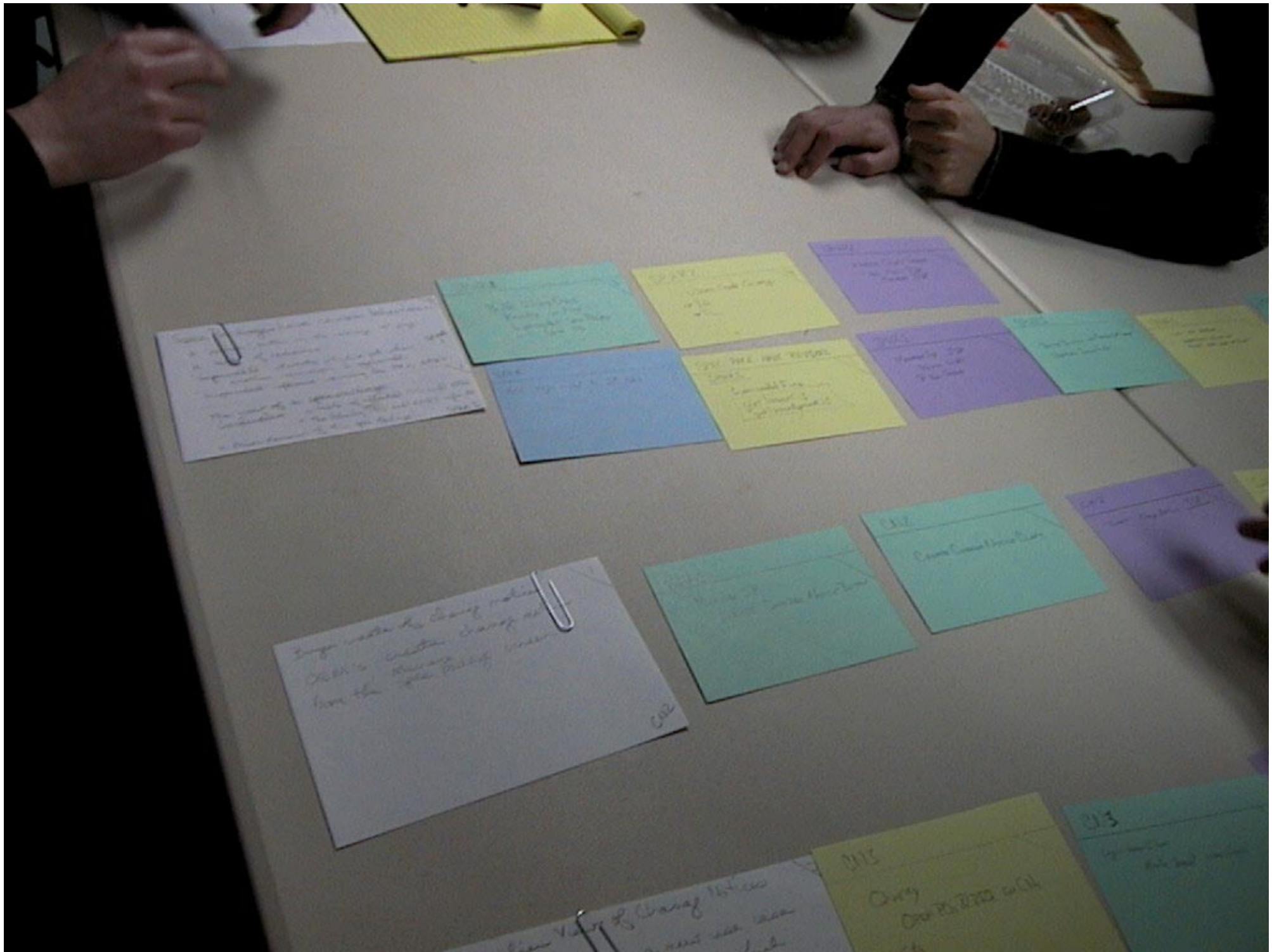
For the current release:

- Developers split each story into tasks
- Estimate the tasks collectively
- Individuals sign up to do the tasks

Which tasks do you do first?

- The riskiest ones!





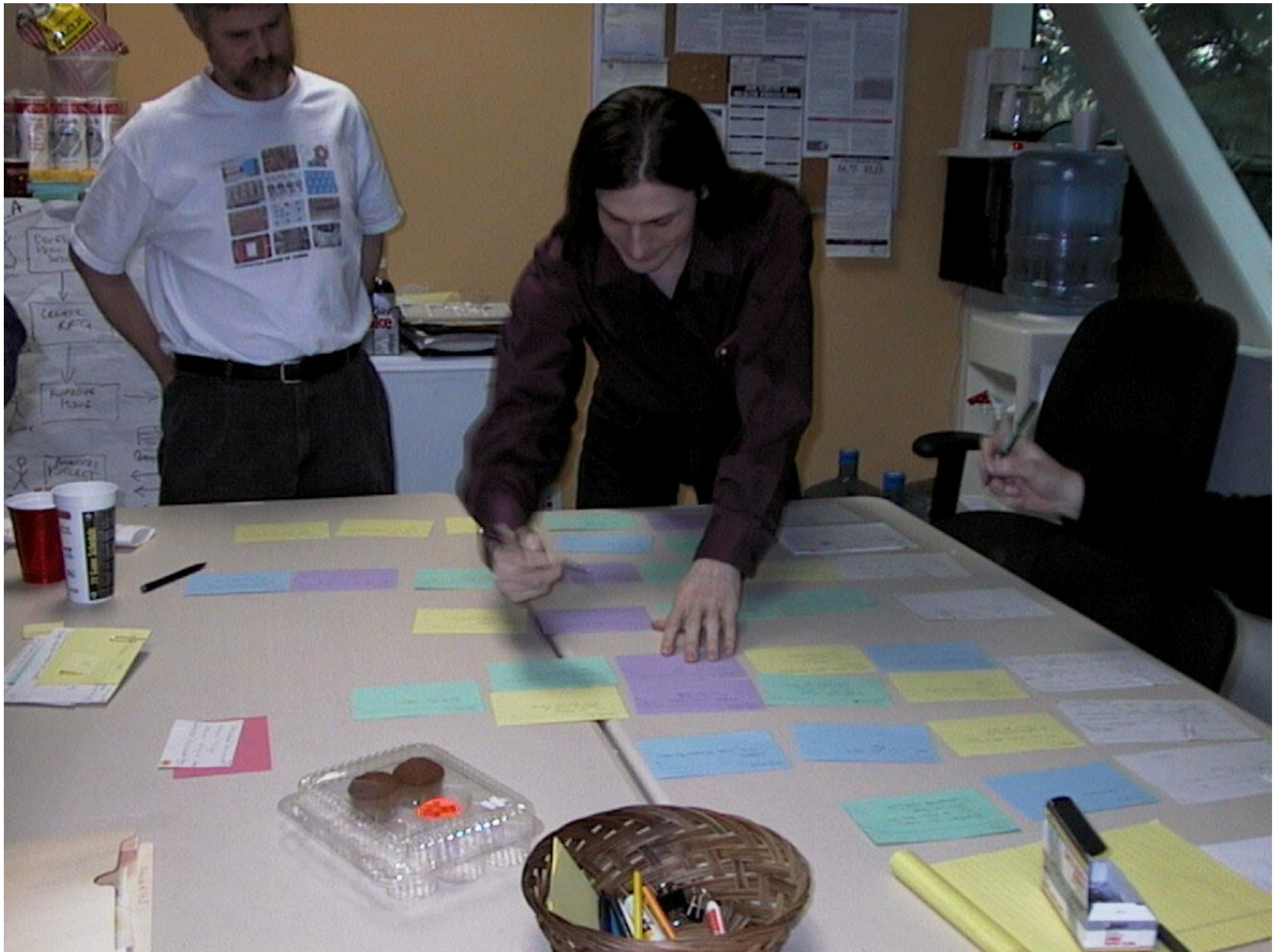
FSM 1

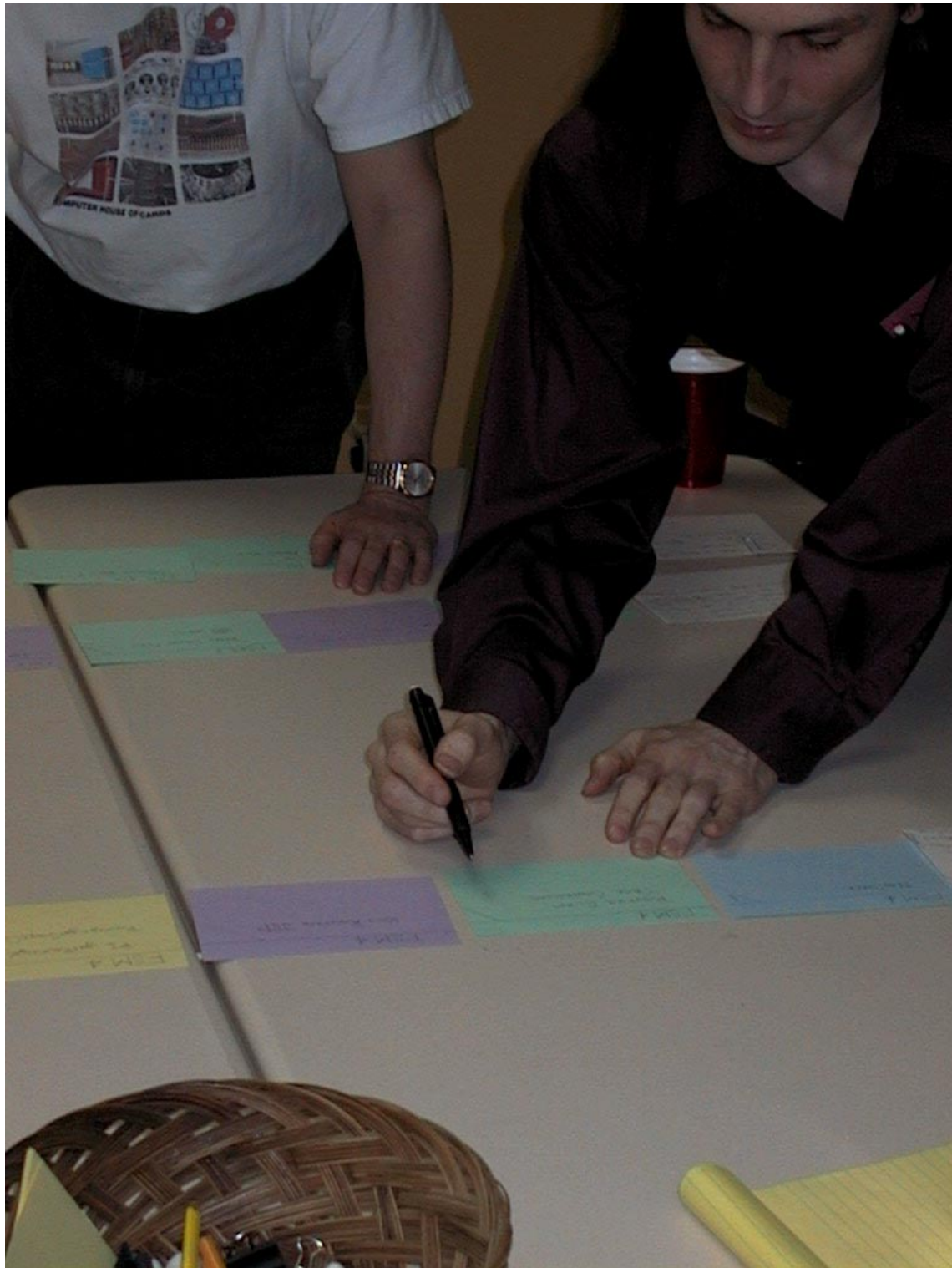
ROUTING

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FSM #1

















# Measure what you do

It's OK to try almost anything on an XP project, as long as you learn from it!

- an XP team is a learning organization
- it must constantly compare its performance against its estimates
- if a practice helps, do more of it.
- if a practice hinders, do less of it



# RA/IT 3 Successes

- 1/2 ADMIN 1
  - 3/9 RESTART SCRIPTS
  - 2/8 BACKUP/RESTORE SCRIPTS
  - 2/9 DEPLOY DB2
  - 1/4 DEPLOY LAPTOP
  - 1/2 ~~DEPLOY~~ IMPROVEMENTS
  - 7/41 FORMS
- 
- PARTIAL VAPOR LOCK
  - DEPLOY DOGFOOD"
  - ADMIN 2

16/75

GO FORWARD  
84

ROLG:  
OPCS  
CAW ONLY

# RA IT 1

## SUCCESES

- 2/10 PE Setup / New @
- 3/12 TIME MANAGEMENT (WORK)
- 2/8 PORTS / DNS
- 1/3 Feature / Issue Resolution
- 2/5 Feature / Document / Plan
- 2/6 Plan on the Way / Release, etc
- 1/3 UPLOAD DOC'S / Setup / Case
- 2/6 UP LOAD DOC'S / Setup / Case
- 1/3 Document Doc's (SOP's)
- 4/15 LWR - Monitor
- 2/20 LWR
- 2/7

1/3 WEEK 2/3  
2/3 DAY 2/3  
2/3 DAY 2/3

# RA IT 2

- 6+ TYPE STORIES (ANALOGUES)
- 2/1 CONFIGS ADDTL. ANNOTATIONS BEHIND PO / JFG
- 11/37 CLARIFY STORIES
- 4/38 BOM
- 1/5 ADD SUPPLIES

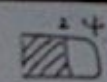
60 FORWARD  
90 TAKE UP  
30 DECORATING

PO's have responses  
Security Spike  
LOOK INTO SPILL  
90 TAKE UP  
30 DECORATING

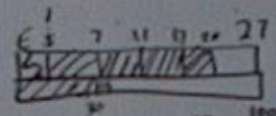
# METRICS

	15/1	35/1	4/15
- STORY COMPLETION	22/29	24/6	4/15
- BUG TRACKING ID, DESCRIPTION	2	4	4
- STORY LIST			
- FUNCTION COMPT			
- CODE (COMPLEXITY?) COUNT - KLOCs, CLASSES, METHODS, ETC.			
- PARTNER CHANGE	5	24/6	
- SNACK FACTOR	8	9/6	

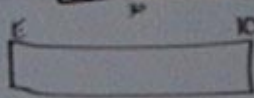
1. Process Discussions (All Hands)



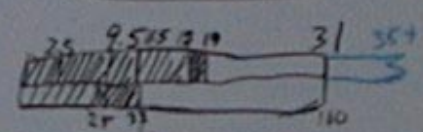
2. Create Supplemental Ev. Dtl



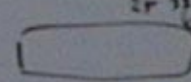
3. Create Supp. Ev. Relationship



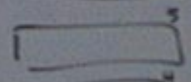
4. Add Values Grid



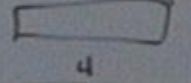
5. Funds on Party tab



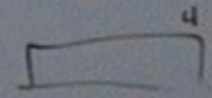
6. Fin Acct. Brz



7. Fin Acct Dtl



8. APP Brz

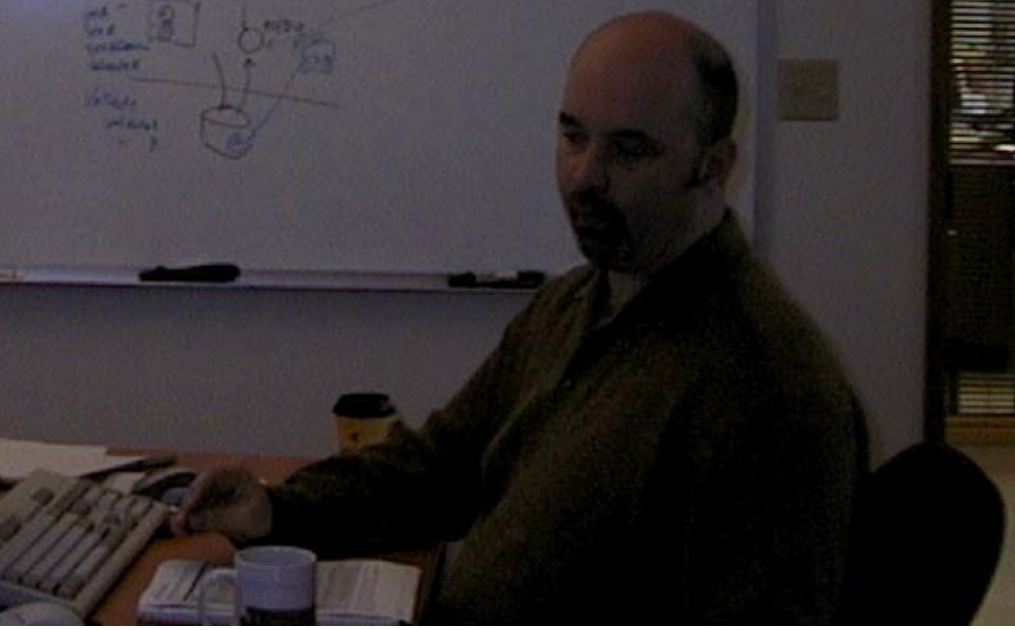


- 7 tabs buttons
- Copy Cell
- Prop. Inq. Btn
- Dup. Records
- Save Change

# Adopting XP

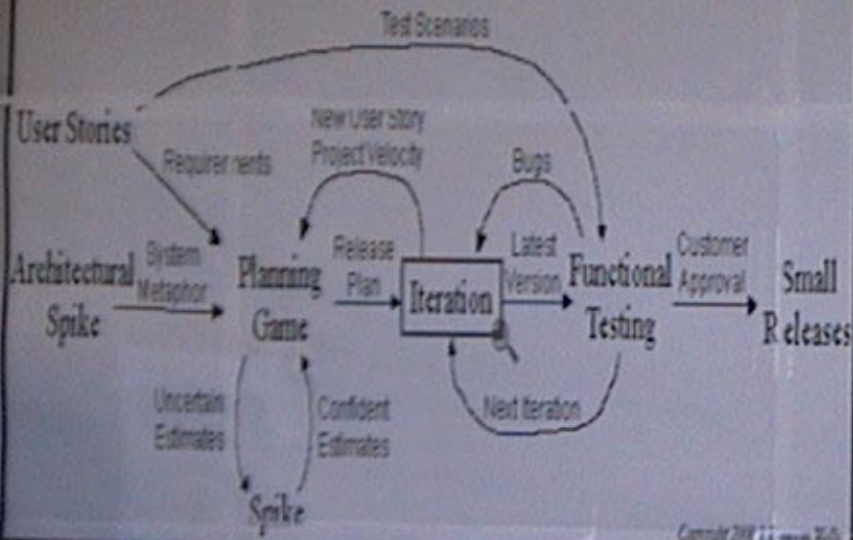
- Some practices can be done solo, others by team, others require users to help.
  - Customer involvement
  - Functional tests and unit tests
  - Simple design & refactoring
  - Pair programming

Skills  
Effective Communication  
Understanding of NP and Process  
OO Design - CRC or similar  
UML Basics - Generic Modeling  
Java - other OO Language  
Patterns  
Refactoring  
Team Orientation  
Abstract Thinking  
High-level Architecture  
Estimating  
Unit Testing  
Orientation / Public Speaking  
Domain Knowledge





# Extreme Programming Project



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**Planning Game**

The Planning Game is a collaborative process where the customer and developer work together to plan the next iteration. It involves discussing requirements, estimating tasks, and creating a release plan. The customer provides requirements and the developer provides estimates. The process is iterative, allowing for adjustments as more information becomes available.

**Iteration**

An iteration is a short, time-boxed period of development. It typically lasts one to two weeks. During an iteration, the developer works on the tasks identified in the release plan. The iteration ends with a shippable increment of the software. The process is flexible, allowing for changes in requirements and priorities during the iteration.

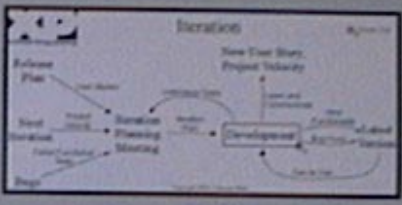
**Functional Tests**

Functional tests are tests that verify the software meets the requirements. They are run frequently, often multiple times per day. The tests are written by the developer and are run automatically. The results of the tests are visible to the customer, who can see the software working and provide feedback. This provides a high level of transparency and confidence in the software.



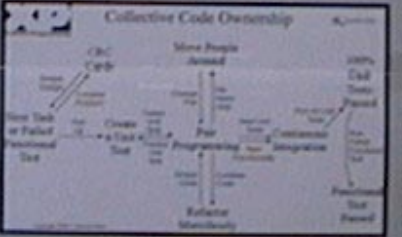
**Development**

The Development process is a continuous cycle of working on tasks, testing, and learning. It emphasizes frequent releases and communication. The developer works on tasks that are estimated with confidence. The code is shared and maintained collectively. The process is flexible and allows for changes in requirements and priorities during the iteration.



**Iterations**

The Iterations process is a continuous cycle of working on tasks, testing, and learning. It emphasizes frequent releases and communication. The developer works on tasks that are estimated with confidence. The code is shared and maintained collectively. The process is flexible and allows for changes in requirements and priorities during the iteration.



**Collective Code Ownership**

Collective Code Ownership is a practice where all team members are responsible for the code. It allows for frequent releases and communication. The developer works on tasks that are estimated with confidence. The code is shared and maintained collectively. The process is flexible and allows for changes in requirements and priorities during the iteration.



# Nick Southwell (Motorola Personal Networks) asks: Can We Use XP?

- XP is for small teams
  - XP relies on verbal communication instead of formal documentation
- XP is for “greenfield” as opposed to “legacy” projects
  - We have lots of code with no tests, or documentation
  - We have no coding standards
  - Many parts of the system are understood by only one person
- XP requires leadership, discipline and team buy-in
  - All the team must believe that XP can work
  - There are no shortcuts
  - Need a leader to drive XP

# Pretty Adventuresome Programming (PAP)

- About as much excitement as you're going to want
- Dials up pretty high: 9.3 or so.
- Wow that XP is neat! We almost do it too!

See Alistair Cockburn at  
<http://c2.com/cgi/wiki?PrettyAdventuresomeProgramming>

# Extreme Programming Requires:

- Pair Programming
- Deliver an increment every 3 weeks
- Customer on the team full-time
- Regression tests that pass 100% of the time

## In return you don't have to:

- Put comments in the code
- Write formal requirements
- Write design documents

Now, on this project we're pretty close:

- Our guys are spread around the building and the country, so we don't actually do pair programming
- Actually, we deliver our increments every 4-6 months
- We don't have customers anywhere in sight
- We don't have any unit tests

## But at least:

- We don't have many comments in the code
- We don't have formal requirements document
- We don't have design documents

So we're **ALMOST** extreme!

**Don't use XP to legitimize not doing those things that you don't want to do, without doing the XP practices that protect you from not doing them!**

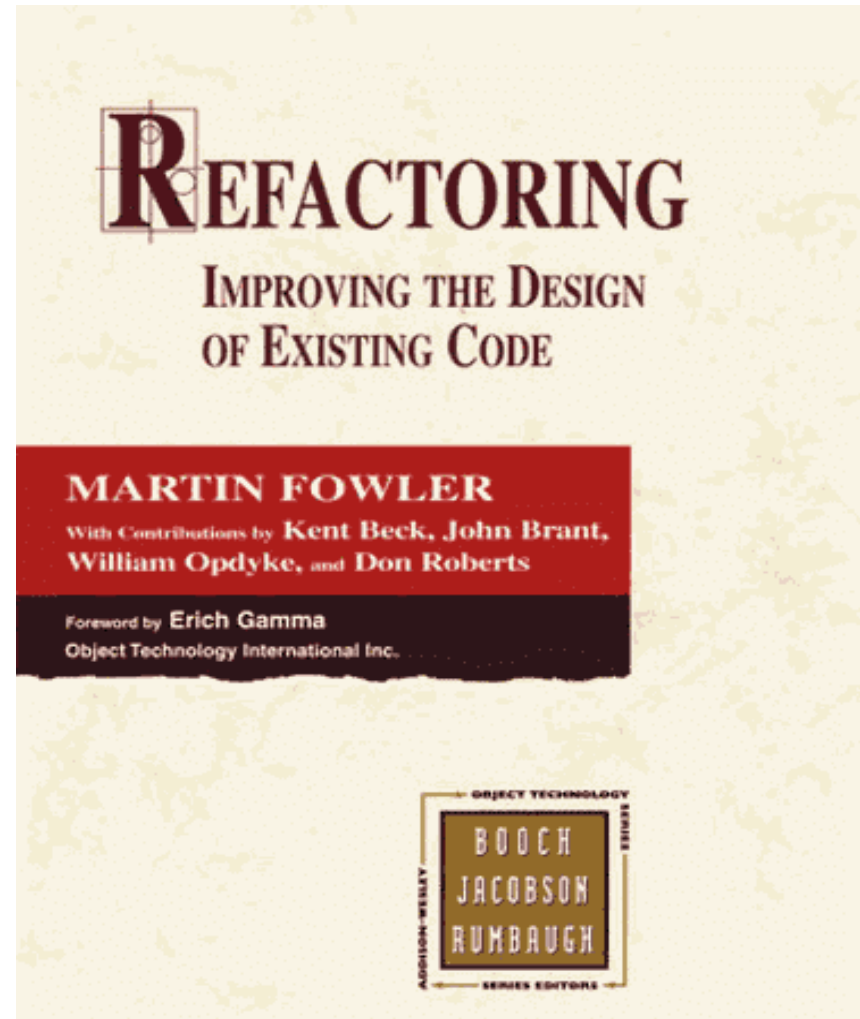
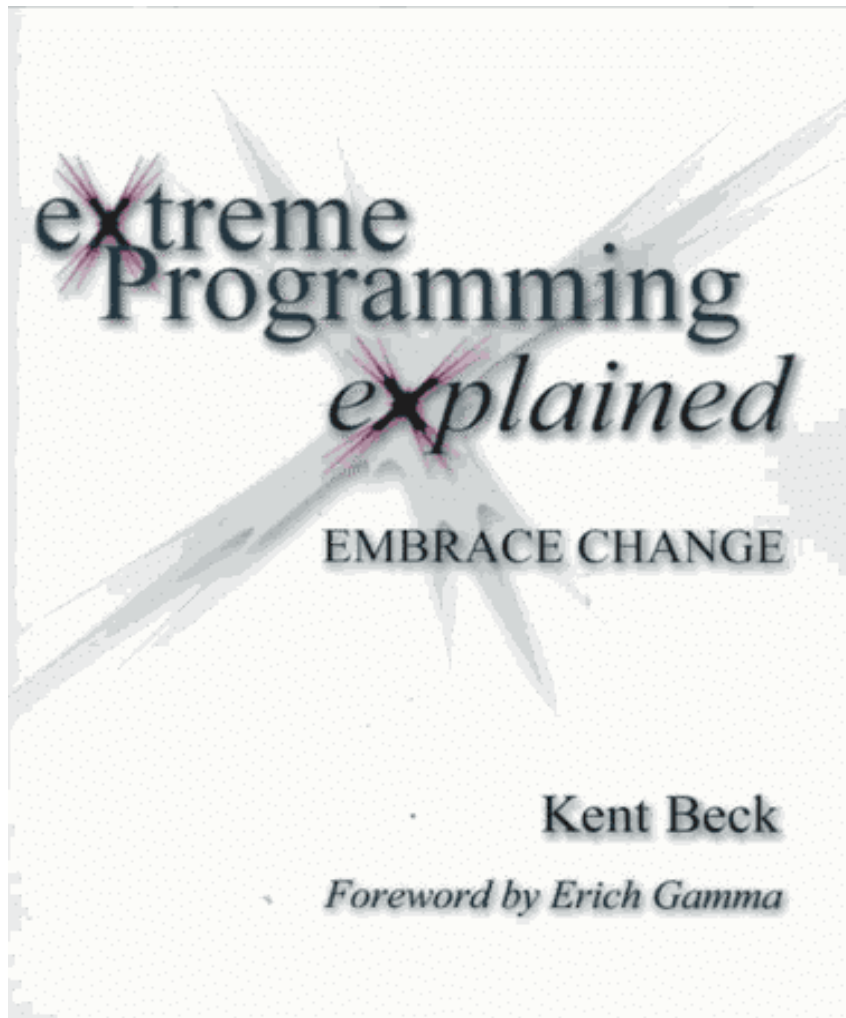
**“Almost XP” = not XP at all**

# Internet Links to XP

- <http://www.xprogramming.com>
  - Ron Jeffries's site. Explains xp and offers resources for learning more.
- <http://www.extremeprogramming.org/>
  - Don Well's site. A great intro to XP. Presents rules and practices clearly.
- <http://c2.com/cgi/wiki?ExtremeProgramming>
  - The Twelve Practices of ExtremeProgramming
- <http://c2.com/cgi/wiki?ExtremeProgrammingRoadmap>
  - roadmap to find your way to the most important pages in a logical order.
- <http://www.ObjectMentor.com/>
  - Offers XP training. Based in Libertyville. Various papers on XP.
- <http://www.cs.utah.edu/~lwilliam/Papers/>
  - Articles on Pair Programming



# Books About XP



# Other Approaches

- UML: XP uses it on the whiteboard (if at all)
- Rational Unified Process: XP has many fewer roles & documents; XP emphasizes team over artifacts
- SCRUM: XP compatible

# Summary

- XP is code centered
  - do only those things that speed up code production
  - do only those things developers like to do
    - coding and direct feedback through testing
- XP is people oriented
  - knowledge transfer through communication with real people
- XP is lightweight
  - do away with all overhead
  - create quality products by rigorously testing the code
  - only tested for small groups of developers
- The XP principles are not new