

The Pace Chronicle



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Why Athletes Stop Playing

KWADAR RAY
Sports Editor

Junior Charles Heady did not aim to be just another face on the football team when he arrived at Pace in 2015.

Even though Heady loved being a good teammate-- he once taught the entire playbook to a teammate who transitioned from running back to wide receiver-- his goal was to go out on the playing field and prove he could compete at a high level.

Heady never received that opportunity to play and thus, he made the difficult decision to end his playing career after his sophomore season.

"I wasn't really getting a chance," said Heady, who was a walk-on wide receiver. "Maybe I wasn't good enough because there were a lot of good players ahead of me, but I didn't want to just be on the team. That was never my goal. I'm not satisfied with that. I always just wanted to play, that's what made me happy."

Heady's story is the one of many: an athlete who discontinued

his/her collegiate career sooner than expected.

Similar to Heady, Pace senior and former softball player Kelly Whritenour hit multiple dead end streets when attempting to step on to the field as a walk-on.

"I loved my teammates, but I wasn't playing much," said Whritenour, who played catcher during her lone season as a member of the softball team. "It's not that I had expectations to play a lot or anything, but I felt I put in a fair amount of work and I was not always given the opportunity. Yes, I got some at bats here and there, and I did get to bat in the 2015 NCAA Tournament, but I wasn't too happy with the results I got out of playing."

Lack of playing time factored in to Whritenour's decision to end her softball career, but so did injuries and a demanding schedule.

"My knee was not right and by the end of the season and I couldn't even squat," Whritenour said. "Over the summer and after the season was over, I had a doctor's appointment.. and it turned out my knee was going to be fine, but after an MRI on my

shoulder, they found I had a 75 percent tear of my rotator cuff. That injury would just take too long to recover from."

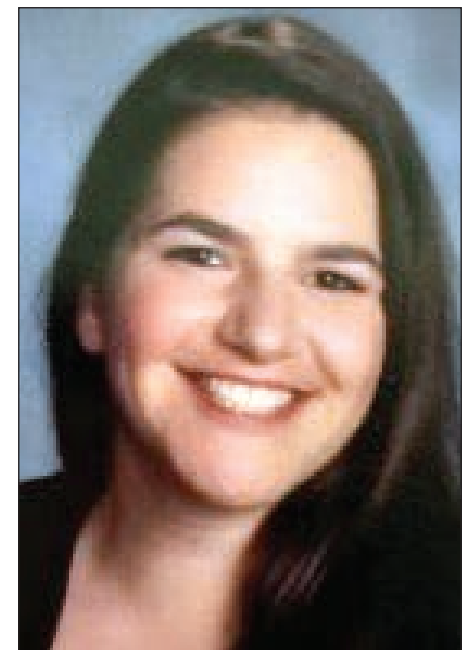
"I was also trying to figure out my major during the time I was on the team, but I couldn't take certain classes because of the year round schedule softball demanded," she said.

Unlike Whritenour and Heady, Junior and former running back/defensive back Nick Amone was given a scholarship to play at Pace after excelling in high school.

"Football was my everything," Amone said. "I was obsessed with football. I didn't think about going to college for school or life after football. All I thought about was football."

However, after tearing his ACL and tearing his hamstring during the preseasons of his freshman and sophomore years respectively, the unfathomable happened: Amone lost his passion for football.

"It was insane how fast I lost my love for the sport," Amone said. "I knew college was very different, but I thought it would be an easier



Pace senior Kelly Whritenour is one of multiple students who chose to discontinue their athletic careers. Photo Courtesy of Kelly Whritenour.

transition. It was a hard transition in general from being a star to being a nobody, but with the the injuries being on top of it, I honestly lost my love for football during that time."

Amone's choice to conclude his

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Alpha Chi Rho Hosts Game Night

JACK FOZARD
Feature Writer

Outside the winds ripped in nearly sub-zero airs last Friday, but through the doors of Butcher Suite, packed with people, laughter and games you wouldn't be able to tell.

Game Night, hosted by Alpha Chi Rho, seems like a hit, with groups of guys numbering three or more filtering in every time the party threatened to quiet down.

There were flat screen TVs on three tables in a crescent formation, with people lining the inside and outside of the crescent in close huddles, all tuned-in to the same frequency and to the same game.

On one screen there is UFC '18, on another Super Smash Bros., and surrounding all of the TVs were people enough to occupy the available controllers and then some.

For Damian Nguyen, Recruitment, Public Relations and Philanthropy chair for Alpha Chi Rho and planner of Game Night, this is a good sight.

"My favorite part of Game Night in particular... is seeing everyone start vibing because of a game," says Nguyen. "it's mainly an event where we want people to come hang out with us. It could be literally anybody, someone interested in video games, someone, interested in the organization."

And come they did, as the three full tables filled to four, then to five, it was clear that free food, games and hanging out attracted some attention.

"I would say the best part of the event really was

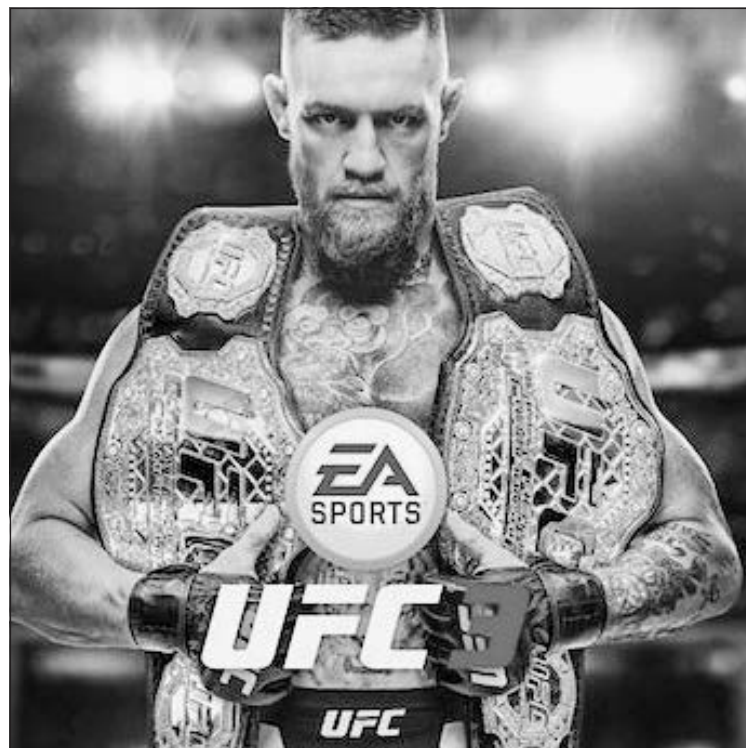


Above, students attend game night in Butcher Suite. Photo by Jack Fozard
Below, characters from Super Smash Bros. and UFC video games. Photos from Google.



the social aspect," says Nathaniel Linton, a junior transfer student at Pace and a first-time attendee for Game Night. "I think a good component is, besides it being a game night, it's a social night. You can just talk and get to know the brothers if you're interested

in fraternity life, but even if you aren't, they have games, so it's not just that kind of audience." Audible above the beating music cycling from a Spotify playlist were the cheers of people winning, losing and the casual act of getting to know each other.



Once, after a Super Smash Bros. match, two guys unknown to each other previously, asked each other for their name following an intense match.

"Games are not something the whole community will come toward, but games are something that unite all

of us as an organization," continues Nguyen. "I know in particular, when I was a freshman, they had Super Smash Bros. set up so you could just walk up to a random person and start playing with them – you instantly vibe with them because of the game."

Pace University President Marvin Krislov Names Neurobiologist Vanya Quiñones as New Provost

Champion of diversity in science and arts joins Pace from CUNY's Hunter College

News Release from Pace.edu

Pace University President Marvin Krislov has announced that Vanya Quiñones, Ph.D., a neurobiologist and biopsychologist who serves as Associate Provost for Student Success and Retention at CUNY's Hunter College, will assume the role of Provost of Pace, effective July 1, 2018.

Quiñones brings to Pace decades of experience in scientific research, academic administration, program- and research-focused fundraising, and a long record of

working to improve diversity in science and the arts.

As a young researcher at The Rockefeller University, Quiñones realized that she saw few who looked like her. This led to her career-long focus on creating opportunities for underrepresented students across scientific disciplines and within the arts. Quiñones holds a bachelor's degree in biology and master's in cell biology from the University of Puerto Rico and a doctorate in neurobiology and physiology from Rutgers University.

"We were looking for a creative and inspiring provost," said Krislov. "We found one in Dr. Quiñones. She has a compelling vision for our academic program, and she shares our commitment to diversity and inclu-

sion. She's an impressive academic, an inspirational leader and a champion of student success. Most important, she is a tireless advocate for the transformative impact of an education."

"Pace University routinely demonstrates how higher education can change lives," said Quiñones. "I have dedicated my career to improving minority representation in STEM and the arts, and Pace is the perfect place for me to build on that work. I'm honored to have been selected as provost and will work tirelessly to help faculty and students maximize their potential."

Pace Board of Trustees Chairman Mark Besca added, "There has never been a more exciting time at Pace University. As the nation's number one four-year private university for driving social mobility, we are creating life-changing opportunities for our students. I'm confident that with Dr. Quiñones serving as our new provost, Pace will build on its strong foundation of academic excellence and student achievement."

Quiñones will succeed Interim Provost Nira Herrmann, Ph.D., who will reassume her role as dean of the



Vanya Quiñones

Dyson College of Arts and Sciences at Pace. Herrmann has served as interim provost since July 2017, and will continue in that role for the remainder of this academic year. "Dr. Herrmann's stewardship has been instrumental in advancing Pace's vast academic endeavors during a year of considerable transition and the entire Pace Community is grateful for

her service," Krislov said.

This appointment follows an exhaustive national search that included exceptional candidates from across the country.

Quiñones joined Hunter College in 1997 as an assistant professor in the Department of Psychology. As a tenured professor, she went on to lead its biopsychology

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Diane Cypkin: Applying Her Parents' Love for Knowledge and Theatre in the Classroom

ADIBA SKIDER
Feature Editor

Professor Diane Cypkin, a communications professor at Pace, has a love for knowledge and theatre that can brighten classrooms and inspire students to do more than what they are capable of.

Cypkin's passions are heavily influenced by her parents, who were Holocaust survivors. She recalls them being intelligent people.

"I remember my father reading a book and eating a McIntosh apple in the other hand," said Cypkin.

She reminisces the days of when she was younger and would have scholarly conversations with them at the dinner table.

"We'd talk about politics, we'd talk about history, and it made it life interesting," said Cypkin. "In a way, sometimes when I'm talking to my class, I feel like I have reinvented my dinner table."

She believes that having conversations in the classroom are important in order to help students realize that education is more about the ability to think, rather than the information alone.

"Information you can get on your own or you can get on your computer, but teaching people to think or

be critical thinkers, that's something else entirely," said Cypkin.

Cypkin also performs at libraries and hosts concert lectures on World War II and the music during that time period. Her love for theatre started with her parent's experience during the Holocaust.

Cypkin's parents were Holocaust survivors from Lithuania and when her parents were in the ghetto, her father was often made the leader of a Jewish work brigade because the German overseer liked when he could speak to the leader.

"My father wrote lyrics to melodies that were already well-known and became very well know," said Cypkin. "The only freedom my father, and a lot of people who wrote, had during the time of the ghetto was the freedom of the mind so when they wrote lyrics or a poem, it took them away because it was the only freedom they could find."

Her father and mother were two of the 90 people out of over 35,000 to have been liberated by the Russians.

"We were lucky to survive," said Cypkin.

Cypkin feels happy to be able to influence young students and sees herself doing what she's doing now



Professor Diane Cypkin. Photo by Adiba Sikder

ten years from now.

"I travel 50 miles to get to Pace, that's a 100 miles in a day because I love it here.

I think Pace in Pleasantville is a marvelous place," said Cypkin. "My colleagues are terrific people and the stu-

dents here are really nice and really enjoy their work when they're shown that work can be enjoyable."

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Pace Cooks and Bakes Proves to be Successful New Club

CHRISTINA BUBBA
Feature Writer

Pace Cooks and Bakes, a new club on Pace University's Pleasantville campus, is cooking up fun events and rapidly expanding.

"Originally we had only the six board members, which, in a few months, turned into about 15 members," co-president Emma Smith said. "Since then, we have been adding members over the past couple of months... we have 26 members currently."

The first full-body meeting, with the theme of Super Bowl Snacks, took place on Monday night in the Kessel Student Center's Butcher Suite. More than 30 students enjoyed the selection of platters ranging from traditional wings and desserts to vegan cauliflower wings, over a playful game of Super Bowl trivia.

"I'm really happy with everyone who came out," Smith said. "It's really encouraging that all of these people are supporting my

organization on campus."

Smith (co-president) and the rest of the club's e-board – Jamie DelToro (co-president), Sarah Gruhn (Vice President) Dana Prisco (secretary), Christina Thalassitis (treasurer), and Brittany Taubman (Public Relations/Social Media Coordinator) – plan on a baking and/or sharing skills at each meeting.

"One of the main ideas we set out with was how to cook in the dorms with basic ingredients- things you already have," Gruhn said.

These general body meetings take place every other Monday in the Kessel Student Center. In addition, the club partners with other on-campus organizations to host themed events and is looking to partner up with sports teams for certain events next semester.

"The club is great because every time they do something different," new member, Rocco Odell said. "They combine with other clubs, which makes for a better turn-out."

The club is in the pro-



Pace Cooks and Bakes, is a new club at Pace. Photo by Christina Bubba

cess of planning its next three events.

'Fight Ignorance and Rape with Education' (F.I.R.E.) will join with the club for Avo-cuddles, scheduled for Feb. 12. It will combine F.I.R.E.'s agenda of educating against sexual assault and Pace Cooks and Bakes agenda of teaching culinary skills.

"The goal is to make avocado-toast, but talk

about what it means to be in a healthy relationship," DelToro said.

Although no details will be released about the *Tide Pod Challenge* event taking place on February 26, the event seemingly offers a comical change of pace to the serious tone of the previous event. The club will partner with Pace's sorority, Delta Sigma Theta, to talk about healthy self-image for

the *Potato gang* event on March 5.

Kevin Henriquez, the club's adviser and senior director of the campus dining service, says he is excited about the new organization and how it will help students.

"This is not only getting them [the e-board] involved, but teaching them how to budget themselves," Henriquez said.

Quiñones Named New Provost

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gy and neuroscience doctoral graduate sub-program before assuming the role of department chair. During her 20 years at Hunter she has held numerous positions culminating in her current role as associate provost for student success and retention. A few highlights from her distinguished career include:

- Published more than 70 peer-reviewed articles and given over 200 presentations, monographs or invited papers.
- Brought more than \$25 million in funding for Hunter from the NIH, private foundations, the Department of Education, among others grants. Many of the

grants were to support underrepresented minorities, including the NIH's Career Opportunities in Research and Enhancing Neuroscience Diversity through Undergraduate Education Experiences (ENDURE) programs.

- Supported cross-departmental infrastructure projects at Hunter, including renovating the Baker Theater Building and Library Learning Centers, developing a STEM flex laboratory, and design/renovation of the Online Technology Center.

- Increased department funding by \$3.4 million during her six years as chair of Psychology (Hunter's largest and highest extramurally funded department).

64 Student-Athletes Make ECAC Honor Roll

News Release from
PaceAthletics.com

Sixty-four student-athletes from Pace University's fall sports have been selected to the Eastern College Athletic Conference's (ECAC) Academic and President's Honor Roll for the fall semester.



P Fall 2017 Academic & President's Honor Roll

The ECAC Honor Roll is divided into two separate tiers. The Academic Honor Roll recognizes those who achieved a 3.2-3.59 GPA on a 4.0 scale, and have completed one full academic year. The President's Honor Roll, recognizes student-athletes who have a GPA of 3.6 or better and have completed a full academic year.

The full list of honor roll recipients is available on paceathletics.com.

Life Without the Party

JOSIAH DARNELL
Opinion Editor

The social aspect of college life contributes to a student's college experience, as much as the academic aspect. For some students, it may weigh heavily on how they like the school one hundred times more than academics do. That includes everything from residential life, clubs, physical fitness, events, and parties. Especially parties!

When making college decisions, one of the most frequently asked questions by students and by parents about social life is, what are the parties like? Incoming students want to know this so they can determine if they would have as much fun as possible should they choose to attend that school.

Pace may not be a well-known party school, but make no mistake about it, townhouse parties can reach different levels of crazy at any given time. However, there are many occasions, usually depending on the time of year, where they won't be many townhouse parties. If any at all. That is when students take to the streets of Westchester county and find bars and other eye popping events that may take



College students indulging in game night. Photo from Google.

place.

That leaves the rest of the Pace population who is left on campus either because they choose not to go out, have no transportation for both the ride to their destination and a ride back, or have other means preventing them from having a successful time out.

Those students are left to roam around campus finding something to do to make their night what they call "lit." Nine times out of ten, situations like this fall on Friday night, Satur-

day night, and Thursday night, when Thirsty Thursday's make Paulies Bar the place to be.

Campus events are what keep students engaged and intrigued. They allow opportunities for communication and relationship building.

Pace's calendar is filled with events but they usually take place during the week. Other than sporting events there isn't much offered to students during the weekend and Thursday's are not a popular day for campus events either.

instead of hearing the stories they weren't a part of they can sit down and tell stories of their own. College is said to be the best four years of your life and it shouldn't be filled with stories that include you staying in at your dorm watching Netflix while your peers partied until no tomorrow.

Something should be organized on those popular nights so that way those students who don't go out have events to fall back on to make their nights as interesting and fun as possible. Having events on these nights could also be the determining factor to whether students decide to stay here or not.

Once students get that feeling that no matter what night it is if they go out or stay on campus there will always be something to do and that's what students want. They want to be entertained all the time and who better to do that for them than the school that they attend?

Pace has done an amazing job overall with the events that they put together. There are numerous amounts of them and they do catch the eye of the students. All that is asked is for them to pay a little special attention to those favorite party nights.

This means these students are left here with their imagination and creativity to come up with something that keeps them occupied for the nights majority of the campus is missing in action. This is when campus events are critical. If there are events setup for students to partake in they won't have to worry as much about what there is for them to do when some, if not all, of their friends are out having a good time.

That fear of missing out won't drag them down as much, and

Athletes

Continued from page 1
playing career was one of the most difficult decisions of his life.

"I discussed whether or not I should move on from football a lot with friends and family," he said. "It was a huge thing. I know my dad really wanted to see me play. I put in so much work my two years, so it was hard for me to drop it because I felt like that hard work for two years was for nothing, but I knew that sports for me wasn't going far. I had to stop."

Amone, Heady and Whritenour had unprecedented emotions during their transition from student athletes to everyday students. Neither three had lived life without sports since they were young children.

Whritenour studied abroad at Wales-- a country with no softball field in sight -- in Spring 2016 so she could resist the urges to watch softball or pick up a bat again.

"I pretty much ran away," Whritenour admitted. "I went to Wales, and there was just cricket and rugby, but not a diamond to be found."

"I was playing since fourth grade, so it was weird because for every summer it was always about football," Heady said. "I never had a summer off until recently, so that was cool."

Amone found difficulty watching any football games this past season.

"It was hard," Amone said. "It got better during the second half, but during the first half of the season, I was not interested. I didn't even want to talk football and I didn't even want to

think about it. Every time I watched it, I missed it a lot more and wanted to be back on the field."

The glamour and lime-light of college athletics never arrived for Heady, Amone and Whritenour. The three did not have an opportunity to repeat any startling performances they had in high school.

However, their lives have moved on. There is no sad ending for either of the three.

Heady's decision to leave football proved to be favorable for his grades.

"When I was playing football, my GPA was a 3.5, but in the recent semesters I've gotten 3.8 or better," the accounting major said. "I have been able to focus more on school, I've be able to work, make money, help pay loans and I'm having fun. I'm enjoying life and I can't say I'm not happy."

Amone, who no longer has a scholarship after leaving the football team, now pays less in tuition as a commuter.

"I'm going to Pace for \$6,000 less than I did last year when I had to stay on campus due to football obligations," said Amone, whose studying business management. "Now I'm at a point where I'm doing what I need to do academically."

Softball was admittedly Whritenour's first love and passion, but the digital film making major has found a new love.

"Softball was my outlet," she said. "When I was upset, I swung a bat. When I was excited, I swung a bat. I'm still sort of looking for a new outlet, but I have found a new love and that's films."

Pace's New Track Club Creates Outlet for All Types of Runners

CARMEN BALLON
Feature Writer

Pace Track Club jump starts the semester with the hope to become a new collegiate team, while giving beginner runners an option to train as well.

Ayanna Armstrong and Jaria Barrie, co-founders of Pace Track club, had their first official practice on Jan.30.

"We started it to get back into shape," said Ayanna Armstrong. "We ran in high school...we hope it can turn into a team."

With the help of David Robinson, Pace University's Cross Country coach, Robinson will coach the competitive runners of the club in hopes to assist with their goal.

"Right now there is not enough money in the budget to create a team...but when we start going to competitions...when we start getting good and placing in those...then they will think about making a track team," said Ayanna Armstrong.

While not all the runners are competitive, Monique Garcia uses the club as an outlet to maintain a healthy lifestyle.

"I wanted to get fit... I wanted to start exercising more for this new year," said Monique Garcia. "I want to get my stamina up...I want to get physically healthy..."

"All types of runners can join," said Ayanna Armstrong.

Armstrong is looking for anyone that is committed or wants to be healthy.



Members of Pace's new track club. Photo by Carmen Ballon.

"I am looking for someone who is committed to running and better health. We're looking for people who want to compete too... we're going to branch out.... have people who just want to workout.. and people who want to race," said Ayanna Armstrong.

The club meets twice a week at 6:30pm. Practices are adjusted to your style of fitness. Each practice is an hour long.

The competitive track team meets five times a week, at the same time, but with the Cross Country coach instructing.

The Pace Track club

hopes to compete in several invitational's or dual meets against other track clubs. One day, Ayanna Armstrong hopes that Pace University can host a running invitational of their own.

"We're trying to make an event here...possibly at the end of the year I hope," said Armstrong.

Armstrong's passion for running has created an outlet for all runners. She believes that "the buzz of running is one-of-a-kind."

Pace track club continues to strengthen. The club hopes to assist others and possibly become a new athletic team.



Freshman Iliana Krasnigi (left) and senior Gabriella Rubin (right) were two of nine scorers on the night in the Setters' victory over American International College. Photo Courtesy of Pace U Athletics.

This Week in Pace Sports

January 31 - February 3

KWADAR RAY, *Sports Editor*

1/31 – Men's Basketball earned its seventh victory of the season on LGBTQ Pride Hoops Night with a win over American International College (AIC) 66-61. After a tie game at the halftime, the Setters' offense stepped up with 44 points in the second half. Sophomore forward Peyton Wejnert led the way with 17 points and a career high 13 rebounds.

1/31 – Women's Basketball rebounded from three consecutive losses to defeat AIC 78-73 at home. After an all-around team effort that featured four scorers posting double-digits, the Setters were fouled endlessly by the Yellow Jackets late in the fourth quarter, but the Setters knocked down their free throws and put the game away.

2/3 – Women's Basketball was in action again, this time on

the road against Dominican College. The Setters came out on top 57-49 in one of their best defensive performance of the season. Sophomore guard Jackie DelliSanti had a team-high 14 points and eight steals against the Chargers. The Setters are now 12-11.

The Men's and women's Swimming and Diving teams were not in action this week, but will return for the NE-10 Conference Championships on Feb. 8-11 in Worcester, MA. Freshman sensations Annabel Keppel-Palmer, Sophia Howard, Leigha Kosakowski, Joana Krause Massauger of the women's team, and Joshua Lozano, Alec Young and Filip Turecky of the men's team look to set their mark on their first Conference Championships.