



A Chance to Soar

Foster Parent Virtual Conference

Fall 2021

Fall 2021 Virtual Foster Parent Conference **November 4-6, 2021**

Presented by the Tennessee Department of Children's Services

Registration Brochure

General Information

The Fall 2021 Foster Parent Conference will be held November 4-6, 2021.

This year's conference is a **FREE** virtual event. Pre-registration is required.

Registration Information

The deadline for registration is **Wednesday, October 27, 2021**. Visit the [Foster Parent Conference webpage](#) to register.

Only foster parents who have registered by the deadline will be permitted to attend the conference or join any of the workshop sessions.

1. Complete the registration form and include all requested information. If multiple people within your household will be attending the same conference workshops together, you only need to submit one form. Include the other household members in the provided field and be sure to provide your full LEGAL names. **It is critical that you are able to access the email address you provide with your registration information, or you will not be able to attend the conference.**
2. Select the classes you wish to attend from the dropdown menu provided for each session.
3. When you are satisfied with your selections, submit the form to receive registration links for each of the classes you have selected. **Check your promotions, spam, junk, or clutter folders regularly if a confirmation email does not appear in your inbox within 24 hours of submitting your registration.**
4. **Access to workshops:** The week of the conference, you will receive an email from messenger@webex.com for each training you have selected. **Check your promotions, spam, junk, or clutter folders if these emails do not appear in your inbox.** Save these links so that you will be able to join the trainings. If you lose your registration links or your WebEx confirmation links before training, contact the registration helpline for assistance.

If you have not received links to join trainings by Tuesday, November 2, 2021, please contact tndcs.fpconference@gmail.com for assistance.

Registration Helpline: (615) 696-9056

Please leave a message and a training staff member will return your call within 24 hours.

Be sure to use the same email address and the same name(s) throughout the registration process to ensure you receive proper training credit. Use the images on the following pages as a guide when registering.

The first section of the form asks for demographic information to identify you and ensure that you receive credit for the trainings you attend throughout the conference weekend.

2021 Foster Parent Conference Registration

Participant (enter your LEGAL name)*

<input type="text" value="Carlton"/>	<input type="text" value="Banks"/>
First Name	Last Name

Enter the FULL LEGAL NAME of any other participants who will be viewing the selected trainings with you.

If other members of your household will be participating in the conference but NOT in the same trainings, please submit a separate registration form.

Email* <input type="text" value="do.the.carlton@carltondance.com"/>	Phone* <input type="text" value="6151234567"/>
Confirm Email * <input type="text" value="do.the.carlton@carltondance.com"/>	
Role* <input checked="" type="radio"/> Foster/Adoptive/Kinship Parent <input type="radio"/> Agency Staff <input type="radio"/> Other: <input type="text"/>	Agency or Organization* <input type="text" value="TN DCS"/>
What device will you be using to participate in the conference?* <input checked="" type="radio"/> Desktop or laptop computer <input type="radio"/> Google Chromebook <input type="radio"/> Phone (iPhone, Android) <input type="radio"/> Tablet (iPad, Surface, etc.) <input type="radio"/> Other: <input type="text"/>	Do you have a second device for viewing materials during the training?* <input type="radio"/> Yes <input checked="" type="radio"/> No
County* <input type="text" value="Davidson"/>	Edison IDs (if unknown, enter N/A)* <input type="text" value="Carlton: EL\$CARBAN99; William: EL\$WILSMI99"/>
Date of Birth* <input type="text" value="Sep"/> <input type="text" value="01"/> <input type="text" value="2021"/>	Zip Code* <input type="text" value="37243"/>

If you do not have an Edison account, this information will be used to create one for you.

The second part of the registration form asks for your workshop selections.

Course Selection

Pre-Conference Workshop: November 4, 2021 (5:30pm-7:00pm Central/6:30pm-8:00pm Eastern)*

Fetal Alcohol Spectrum Disorders from a Trauma Lens ▾

Session A: November 5, 2021 (10:00am-12:00pm Central/11:00am-1:00pm Eastern)*

3A: Social Media and Cyber Safety ▾

Session B: November 5, 2021 (1:15pm-4:15pm Central/2:15pm-5:15pm Eastern)*

11B: Crisis De-escalation (1:15pm-2:15pm Central/2:15pm-3:15pm Eastern) ▾

Session C: November 5, 2021 (2:30 pm-4:00 pm Central/3:30pm-5:00pm Eastern)*

1C: Fostering Better Health: A Foster Parent Advisory Panel Discussion ▾

Session D: November 5, 2021 (4:30pm-5:30pm Central/5:30pm-6:30pm Eastern)*

4D: Right Time: SOGIE Debrief ▾

Session E: November 6, 2021 (9:00am-10:30am Central/10:00am-11:30am Eastern)*

2E: It Takes a Team: How CASA Works within the Child & Family Team ▾

Session F: November 6, 2021 (10:45am-12:15pm Central/11:45am-1:15pm Eastern)*

1F: Sensory Solutions for Regulation ▾

Session G: November 6, 2021 (1:30pm-4:30pm Central/2:30pm-5:30pm Eastern)*

11G: DCS Computer Systems: Edison, TFACTS, and WebEx (1:30pm-3:30pm Central/2:30pm-4:30pm Eastern) ▾


Session H: November 6, 2021 (3:45pm-4:45pm Central/4:45pm-5:45pm Eastern)*

2H: Fostering from the Single Parent Perspective ▾

Submit Form

When you complete the registration form, you will be taken to a confirmation screen with a list of your workshop selections. This information will also be sent to the email provided in your registration form.

Participants will receive the links for each workshop during the week of the conference.

 Thank you for registering for the 2021 Foster Parent Conference, November 4-6, 2021. During the week of the conference you will receive a separate link for each of the trainings listed below to login to each session. **Be sure to use do.the.carlton@carltondance.com when logging into your sessions the day of training, and enter the full legal names of all participants in the field provided when you join the training.**

Your schedule, including the optional welcome and lunch and learn sessions, is below.

Schedule for: Carlton Banks

Additional participants: William Smith

Schedule:

November 4, 2021: 5:30pm-7:00pm Central/6:30pm-8:00pm Eastern

Fetal Alcohol Spectrum Disorders from a Trauma Lens

November 5, 2021

Welcome Session: 9:00am-9:45am Central/10:00am-10:45am Eastern

Conference Welcome Session

Session A: 10:00am-12:00pm Central/11:00am-1:00pm Eastern

3A: Social Media and Cyber Safety

Lunch and Learn: 12:15pm-12:45pm Central/1:15pm-1:45pm Eastern

The Core Components of TBRI

Sessions B and C: 1:15pm-4:15pm Central/2:15pm-5:15pm Eastern

11B: Crisis De-escalation (1:15pm-2:15pm Central/2:15pm-3:15pm Eastern)

1C: Fostering Better Health: A Foster Parent Advisory Panel Discussion

Session D: 4:30pm-5:30pm Central/5:30pm-6:30pm Eastern

4D: Right Time: SOGIE Debrief

If you are attending one of the Right Time Debrief sessions during Session D, please watch the appropriate video BEFORE attending training on Friday afternoon. Videos can be viewed at <https://stateoftennessee.formstack.com/forms/righttime>. Select the video that corresponds to your debrief session and complete the form to receive credit for the video portion of the training.

November 6, 2021

Session E: 9:00am-10:30am Central/10:00am-11:30am Eastern

2E: It Takes a Team: How CASA Works within the Child & Family Team

Session F: 10:45am-12:15pm Central/11:45am-1:15pm Eastern

1F: Sensory Solutions for Regulation

Lunch and Learn: 12:30pm-1:15pm Central/1:30pm-2:15pm Eastern

COVID-19 Information for Parents

Sessions G and H: 1:30pm-4:45pm Central/2:30pm-5:45pm Eastern

11G: DCS Computer Systems: Edison, TFACTS, and WebEx (1:30pm-3:30pm Central/2:30pm-4:30pm Eastern)

2H: Fostering from the Single Parent Perspective

Virtual Conference Agenda

Conference attendees can earn at least 16.5 hours of training by attending workshops scheduled during all sessions.

Conference Agenda	
Thursday, November 4, 2021	
5:30 pm-7:00 pm Central	Pre-conference Workshop Attendees to this workshop receive 1.5 hours training credit.
Friday, November 5, 2021	
9:00 am-9:45am Central 10:00 am-10:45am Eastern	Welcome Session Conference attendees receive 1 hour training credit.
10:00 am-12:00 pm Central 11:00 am-1:00 pm Eastern	Morning Workshops 2 hours
12:15pm-12:45pm Central 1:15pm-1:45pm Eastern	Lunch and Learn Conference attendees receive 1 hour training credit.
1:15pm-4:15pm Central 2:15pm-5:15pm Eastern	Afternoon Workshops Attendees can earn 2 to 3 hours during these sessions.
4:30 pm-5:30 pm Central 5:30 pm-6:30 pm Eastern	Right Time Video Debrief Sessions Participants earn 2 hours for completing the selected video and attending the debrief session.
Saturday, November 6, 2021	
9:00 am-10:30 am Central 10:00 am-11:30 am Eastern	Morning Workshops 1.5 hours
10:45am-12:15pm Central 11:45am-1:15pm Eastern	Morning Workshops 1.5 hours
12:30 pm-1:15pm Central 1:30 pm-2:15pm Eastern	Lunch and Learn Conference attendees receive 1 hour training credit.
1:30 pm-4:30 pm Central 2:30 pm-5:30 pm Eastern	Afternoon Workshops Attendees can earn 1, 2, or 3 hours depending on selections.

Special Sessions

Pre-Conference Workshop

This 1.5 hour workshop will be held on Thursday, November 4, 2021 from 5:30 pm-7:00 pm Central/6:30 pm-8:00 pm Eastern. More information can be found on page 7.

Welcome Session

This session kicks off our conference and includes important information and updates. Participants can meet the leaders and training staff in their region. Please plan to attend this session just as you would attend the Opening Ceremony at an in-person conference.

Lunch & Learn Sessions

These optional sessions provide participants an opportunity to learn during their lunch break. More information about our speakers and topics can be found on page 8.

Right Time Videos and Video Debrief Sessions

Participants have the option to view one of eight videos for extra credit. To take advantage of this, register for the Debrief Session on Friday afternoon that corresponds with the video you would like to watch. You will need to watch the video before the debrief session and then attend the session on Friday. Descriptions for each video are in the Workshop Descriptions section of this brochure.

Conference Book Club

We are excited to be able to offer two conference book club sessions for the fall conference. In addition to the credit received for attending the book club session, participants will receive an additional 2 hours for completing the book discussed during the workshop. Participants must read the book before the workshop and should be prepared to engage in discussion. Additional information can be found on pages 9-10. Conference attendees may attend both book club sessions if desired.

Virtual Training Etiquette

- All participants must be able to view the training presentation. Participants who call in only will not be able to receive credit for these trainings.
- Participants may not attend training while operating a motor vehicle or other heavy machinery.
- Participants must be clothed in appropriate classroom attire and may not be in bed.
- All participants must be physically present with the device being used to view training (i.e., participants may not participate via FaceTime, phone, etc. with another participant who is viewing the training)
- Participants may not smoke, use tobacco products, or consume alcohol during training.

Spotlight: Pre-Conference Workshop

Fetal Alcohol Spectrum Disorders from a Trauma Lens

Presented by Barb Clark

In child welfare, we see high rates of children who have been prenatally exposed to alcohol and drugs along with high levels of in-utero stress, which can have a significant impact on a child's brain development. Although fetal alcohol spectrum disorders (FASD) are twice as common as autism, this disorder often goes undiagnosed or misdiagnosed. Children and adolescents with FASD have invisible brain injuries and typical parenting strategies can create more problems than they solve. Parents will learn the reasons behind children's learning and behavioral challenges and trauma-responsive caregiving strategies that focus on relationship, connection, and reducing the child's anxiety.

This workshop will

- Explore risk factors when illicit drugs, tobacco, and alcohol are used during pregnancy;
- Describe FASD and connection between brain impairment and behaviors;
- Explore diagnoses under FASD umbrella including basic diagnostic information;
- Identify symptoms and "red flags" which are common with a potential FASD; and
- Discuss reframing strategies



Barb Clark has four children, the oldest of which is diagnosed with a FASD. Barb has made a ton of mistakes and wants to help others avoid those mistakes. She works at the North American Council on Adoptable Children (NACAC) and provides training on trauma-informed strategies, post adoption support, and her personal passion, FASD. She is committed to improving the education and lives of individuals who were prenatally exposed to drugs and alcohol. Barb Clark has a B.I.S. in Youth Studies from the University of Minnesota but has learned more through parenting than any degree could ever teach.

This training will be held Thursday, November 4, 2021 from 5:30 pm to 7:00 pm Central/6:30 pm-8:00 pm Eastern. Participants will receive 1.5 credit hours for this training, which fulfills both trauma-informed and therapeutic training requirements.

Spotlight: Lunch & Learn Opportunities

Friday: The Core Components of TBRI

Trust-Based Relational Intervention (TBRI) is a therapeutic model that trains caregivers to provide effective support and treatment for at-risk children. This intervention is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI has been applied in orphanages, courts, residential treatment facilities, group homes, foster and adoptive homes, churches, and schools. This session will be presented by Mark Ottinger, MS and Tona Ottinger.

The Ottingers are active members of the foster and adoptive community in Memphis, TN. As the parents of six adopted children, they understand the need for quality connection-based and trauma informed care. They launched 1.17 Adoption Ministry out of Fellowship Memphis, which has enabled them to work with hundreds of families and children as they navigate the journey of foster and adoption.

Mark Ottinger is the Executive Director of Memphis Family Connection Center, and Tona Ottinger serves as Director of Programs.

This training will be held from 12:15pm-12:45pm Central/1:15pm-1:45pm Eastern on Friday, November 5, 2021. Attendees will receive 1 hour of training credit for this session.

Saturday: COVID-19 Information for Parents

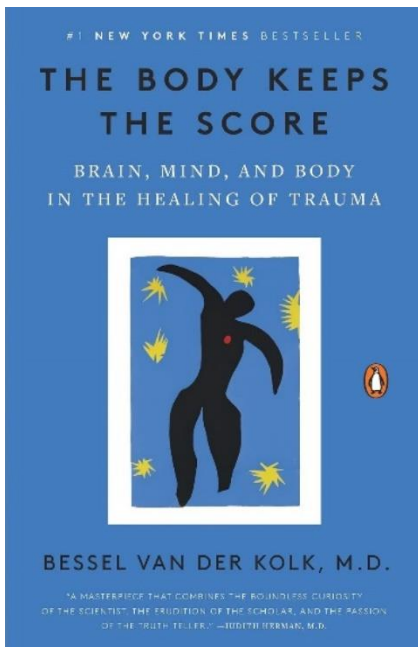
This session will include information on COVID-19 prevention, home safety, and supports and resources provided by DCS and will be presented by DCS nurse Mary Katherine Fortner and the Department of Health.

Mary Katherine Fortner, RN, is a Public Nurse Consultant with the Department of Children's Services' Department of Child Health. She is a native of Cleveland, TN, and obtained her degree from the University of Tennessee at Chattanooga. She has 37 years of nursing experience, including public health, pediatrics, transplant case management, acute care, and nursing supervision.

This training will be held from 12:30 pm-1:15pm Central/1:30 pm-2:15pm Eastern on Saturday, November 6, 2021. Attendees will receive 1 hour of training credit for this session.

Conference Book Club Selection

The Body Keeps the Score by Bessel van der Kolk



Trauma is a fact of life. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Dr. Bessel van der Kolk, one of the world's foremost experts on trauma, has spent over three decades working with survivors. In *The Body Keeps the Score*, he uses recent scientific advances to show how trauma literally reshapes both body and brain, compromising sufferers' capacities for pleasure, engagement, self-control, and trust. He explores innovative treatments—from neurofeedback and meditation to sports, drama, and yoga—that offer new paths to recovery by activating the brain's natural neuroplasticity. Based on Dr. van der Kolk's own research and that of other leading specialists, *The Body Keeps the Score* exposes the tremendous power of our relationships both to hurt and to heal—and offers new hope for reclaiming lives.

This workshop will take place Friday, November 5, from 10:00 am to 12:00 pm Central/11:00 am to 1:00 pm Eastern. Participants will receive a total of **4 credit hours** for reading the book and participating the discussion.

This book can be purchased online (Amazon, Barnes & Noble, etc.) in print, audio, or as a digital copy.

Parents may also wish to visit [Hoopla](https://www.hoopladigital.com/) or download the [Libby app](https://libby.org/) to check their local library for availability.

User your mobile device to scan the QR code below to download the Libby app.

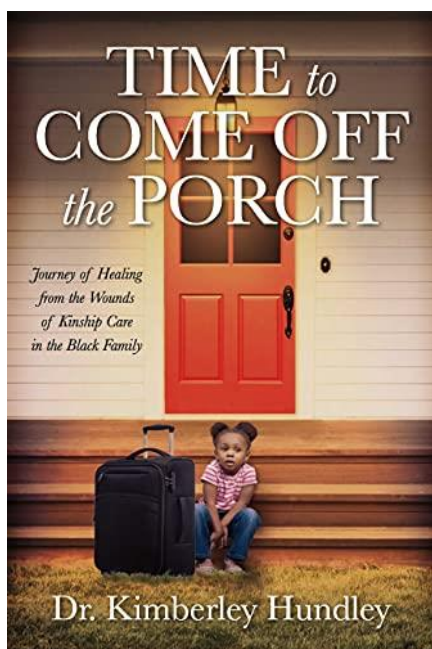


<http://hoopladigital.com/>

<https://www.overdrive.com/apps/libby/>

Conference Book Club

Time to Come Off the Porch by Dr. Kimberley Hundley



Time to Come Off the Porch: Journey of Healing from the Wounds of Kinship Care in the Black Family explores the relational problems experienced by African-American women reared in the system of "kinship care." This book outlines the history of the Black family, describes attachment issues and familial struggles in kinship care, shares future hopes for the kinship care system, offers support to those from similar situations, while providing a personal glimpse into my life as I wrestled with my "enoughness." The Black family has a strong foundation rooted in the tradition of preservation. Minimal conversation has been had regarding the psychological issues developed by children in kinship care situations. Not much information exists outlining how children raised in kinship care family's feel about their experience. This book seeks to fill in some of the missing information.

This workshop will take place Saturday, November 6, from 9:00 am to 10:30 am Central/10:00 am to 11:30 am Eastern. Participants will receive a total of **3.5 credit hours** for reading the book and participating the discussion.

This book can be purchased online (Amazon, Barnes & Noble, etc.) in print or as a digital copy.

Parents may also wish to visit [Hoopla](https://www.hoopladigital.com/) or download the [Libby app](https://libby.org/) to check their local library for availability.

User your mobile device to scan the QR code below to download the Libby app.



<http://hoopladigital.com/>

<https://www.overdrive.com/apps/libby/>

Training Requirements

Training Requirements can be found on the DCS website at:

<https://files.dcs.tn.gov/policies/chap16/ReqTrainChtFP.pdf>

Updated Training Requirements Effective July 1, 2021:

Each **foster parent or caregiver** must complete the following post approval trainings during the specified time frames below:

First Year:

- Creating Normalcy through Prudent Parenting (3 hours)
- What to Know About Child Exploitation and Human Trafficking (2 hours)
- One trauma-informed training
- Preserving Kinship Families (kinship only) (3 hours)
- Each **parent or caregiver** must complete additional training to total 15 hours with above requirements

Second Year and thereafter:

- CPR & First Aid every 2 years
 - CPR & First Aid Virtual Training (Part 1) (3 hours)
 - CPR Skills Demonstration (Part 2) (1 hour)
- Medication Administration Refresher every 2 years (2 hours)
- Additional training hours to meet 15-hour annual requirement (read below for additional information)

Effective July 1, 2021, foster parents in the second year of approval and thereafter must complete 15 total hours annually **per foster family**.

All **foster parents and caregivers** in the home must complete CPR & First Aid (4 hours) and Medication Administration Refresher (2 hours) every two years. The remaining hours may be chosen from other trainings offered or approved by the Department.

Please note that each course completed by members of the household will count only once toward the 15-hour requirement for the training period. Parents who are unable to attend trainings together are encouraged to share the concepts and information learned with their co-parents and other caregivers in the home.

If you have questions or would like additional information about training, please contact your Foster Parent Support Worker.

Workshop Detail

Thursday, November 4, 2021

5:30 pm-7:00 pm/6:30 pm-8:00 pm Eastern

Fetal Alcohol Spectrum Disorders from a Trauma Lens

Training credit: 1.5 hours

This training fulfills trauma and therapeutic requirements.

Prenatal exposure to alcohol and drugs along with high levels of in-utero stress can have a significant impact on a child’s brain development. Although fetal alcohol spectrum disorders (FASD) are twice as common as autism, this disorder often goes undiagnosed or misdiagnosed. Children and adolescents with FASD have invisible brain injuries and typical parenting strategies can create more problems than they solve. Parents will learn the reasons behind children's learning and behavioral challenges and trauma-responsive caregiving strategies that focus on relationship, connection, and reducing the child's anxiety.

Friday, November 5, 2021

10:00 am to 12:00 pm Central/11:00 am to 1:00 pm Eastern

1A What to Know about Child Exploitation and Human Trafficking

Required for all foster parents during the FIRST YEAR of approval.

This course will equip foster parents with information and training about Child Exploitation and Human Trafficking. Foster parents will gain insight into the criminality of child exploitation and human trafficking while learning about the physical and psychological impact it has on children. Participants will learn about the importance of protecting and educating children about the dangers of being lured into this fast-growing illegal activity that is considered modern day slavery.

2A Important Healthcare Information Every Foster Parent Needs to Know

Presented by Betsy Lowe and Maranda Langston (DCS)

This training will provide insight into the importance of clear communication between healthcare providers, DCS (FSW and Regional Health Unit Nurse), and foster parents. Topics will include the medication consent process and how to ensure medications are provide in a safe and timely manner, as well as information from the Department’s Safety Analysis Team reviews.

3A Social Media and Cyber Safety

Cyberbullying happens 24 hours a day, 7 days a week and reaches kids even when they are alone. This workshop will explore ways that parents can help prevent cyberbullying and 29 how to respond if you find out your child has become a victim of cyberbullying. Participants will also learn about the dangers and legal ramifications of sexting. In this workshop, participants will also gain a greater understanding of social media dangers that affect foster children and learn the basics of Internet Safety. Texting abbreviations and the language of social media will be covered. Foster parents will learn ways to help children avoid internet “danger zones” as well as implement parental controls on computers sand mobile devices.

4A Be the One Suicide Prevention

This training fulfills trauma and therapeutic requirements.

Be the One is based on the idea that people can help build supportive communities that value and affirm life. In this webinar, we will learn about the prevalence of suicide, we will reflect on our attitudes about suicide, and learn strategies for preventing suicide. Suicide can be a difficult topic to think about and discuss. While no one prevention strategy or gatekeeper program is 100% effective, we believe that learning the basic gatekeeper skills taught in the Talk, Listen, Connect curriculum will help save lives.

5A	Pediatric Diabetes and How to Manage the Challenging Eater	Caring for a child who has diabetes can seem daunting. The medical appointments, medications, dietary needs, insulin pumps, and blood sugar checks often feel like a full-time job. However, with the right tools, knowledge, and resources, foster parents can help their foster children with diabetes stay healthy. During this presentation, Registered Dietitians and Certified Diabetes Care and Education Specialists, Sarah Provence and Melissa Perry, will provide information about Type 1 and Type 2 diabetes, medications for diabetes, and blood sugar monitoring. They will also offer helpful resources as well as tips and tricks so that foster parents feel prepared to navigate caring for a child with type 1 or type 2 diabetes. In addition, they will discuss common feeding challenges parents may face at the dinner table such as picky eating, sneaking food, or skipping meals.
	Presented by Sara Provence and Melissa Perry (BlueCross BlueShield) and Dr. Shayna Smith (DCS)	
6A	Creating Loving Attachments with PACE	PACE is a way of thinking, feeling, communicating, and behaving that aims to make the child feel safe. It is based upon how parents connect with their young infants. As with young toddlers can begin to explore and safety may be a concern. Parenting with PACE gives space for the troubled child to feel safe enough to being trusting others, considering others, and allowing emotional closeness
	Presented by Leyla Haverlock and Audrea Goff (Harmony Family Center)	
	This training fulfills trauma and therapeutic requirements.	
7A	Child and Family Team Meeting	In this workshop, participants will learn the purpose of Child and Family Team Meetings (CFTM), the importance of participating in CFTMs and the roles and responsibilities of foster parents in the CFTM, when to request a CFTM, and how to interact as part of the Child and Family Team.
8A	Engaging and Parenting Teens 2.0	This workshop will showcase the benefits of being a foster parent for teens and discuss adolescent development in relation to behaviors, peers, and family and the relationship between independence & positive youth development
9A	Conference Book Club: The Body Keeps the Score	Trauma is a fact of life. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Dr. Bessel van der Kolk, one of the world's foremost experts on trauma, has spent over three decades working with survivors. In <i>The Body Keeps the Score</i> , he uses recent scientific advances to show how trauma literally reshapes both body and brain, compromising sufferers' capacities for pleasure, engagement, self-control, and trust. He explores innovative treatments—from neurofeedback and meditation to sports, drama, and yoga—that offer new paths to recovery by activating the brain's natural neuroplasticity. Based on Dr. van der Kolk's own research and that of other leading specialists, <i>The Body Keeps the Score</i> exposes the tremendous power of our relationships both to hurt and to heal—and offers new hope for reclaiming lives.

<p>10A SIU Was Called; Now What?</p> <p>Presented by Melina Smith and Meredith Worsham (DCS)</p>	<p>DCS’s Special Investigation Unit and Foster Home Quality Team will present an overview of the SIU process and FHQT protocol, including potential outcomes of FHQT reviews. Foster parents will learn what happens when a foster home receives a referral; learn the differences in classifications; clarify which homes are placed on suspended admissions, explain what cases warrant FHQT reviews, explain who is involved in FHQT reviews, and explain the difference between a Supervisory Review and a Secondary Review.</p>
<p>11A Addressing the Opioid Epidemic in TN through Collaboration: 2021 Updates</p> <p>Presented by Robin Cruise, Jill Amos, and Deborah Gatlin (BlueCross BlueShield)</p>	<p>Each day in Tennessee, at least three people die from an opioid-related overdose, which is more than the number of daily traffic fatalities. This epidemic does not discriminate and knows no boundaries. It devastates families and harms communities across Tennessee.</p> <p>Driven largely by the opioid epidemic, the number of kids entering foster care in Tennessee has jumped by more than 10.3% in the past two years. Children with a parent or parents addicted to drugs tend to stay in foster care longer, and usually having experienced significant trauma. Through collaboration of all healthcare facilities, healthcare providers and state agencies/officials, we can and must do better. We will discuss the BlueCare Opioid strategy and the 4 major components:</p> <ul style="list-style-type: none"> • Primary Prevention • Increasing access to treatment: Specialty MAT Network • Focused patient engagement: Early detection, interventions to reduce impact of opioid misuse. • Provider engagement: support, educate/train providers on opiate prescribing. <p>During this presentation we will discuss the risk factors for substance abuse, physical and behavioral changes that can suggest opioid addiction and how to find resources.</p>
<p>12:15 pm to 12:45 pm Central/1:15 pm to 1:45 pm Eastern</p>	
<p>Lunch and Learn: The Core Components of TBRI</p>	<p>Trust-Based Relational Intervention (TBRI) is a therapeutic model that trains caregivers to provide effective support and treatment for at-risk children. This intervention is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI has been applied in orphanages, courts, residential treatment facilities, group homes, foster and adoptive homes, churches, and schools.</p>
<p>1:15 pm to 4:15 pm Central/2:15 pm to 5:15 pm Eastern</p>	
<p>1B Caring for the Child with Sexual Trauma</p> <p>This training fulfills trauma and therapeutic requirements.</p>	<p>This course explores the many facets of child sexual abuse in depth with information pertaining to facts and myths of child sex abuse, the grooming process, child disclosures, working with the Special Investigative Unit (SIU), and addressing high risk sexual behaviors in children. The class is designed to educate parents and assist the foster, kinship, and adoptive parent that cares for the child with sexual trauma.</p>

2B	Connecting the Dots: What Every Foster Parent Should Know about CANS	The Child and Adolescents Strengths and Needs Assessment (CANS) is used by DCS to communicate needs and strengths of youth and their families. In addition to the importance of the child/youth's voice and the family's voice for the CANS, the foster parent's voice is also one of the most critical and vital elements to ensure positive outcomes for that child/youth. This course will share information about the what/why/how of CANS, what can be learned about traumatic experiences and reactions a youth may have, and ways that teams can help youth to "build their bounce."
	Presented by Nena Horton and Michelle Reiter (DCS)	
3B	Creating Teachable Moments	This course was created to address the skills that youth need in order to navigate life in the direction of success. The tools youth need are easily obtained with the help of a significant personal connection who takes an interest in teaching them. This course will discuss the ways we work with our youth, which falls into two categories: teaching tangible skills such as problem solving, planning, decision-making, time management, communication, and interpersonal relations; and teaching intangible skills like cooking, budgeting, or how to get a summer job. Caregivers can provide these skills by creating teachable moments with youth. This material will help foster parents have a better understanding of the lasting impact they can have on a youth's future.
4B	Creating Normalcy through Prudent Parenting	This training introduces and instructs participants on how to create normalcy through reasonable prudent parenting standards which is characterized by careful, thoughtful parental decision making that is intended to maintain a child's health, safety, and best interest, while creating a more normal life.
	Required for all foster parents during the FIRST YEAR of approval.	
	If you are a first year foster parent and have already completed this training, you may choose from any of the other offerings during this session.	
5B	Positive Parenting	This course centers on building connections and relationships with children who have experienced trauma. Positive Parenting will help parents become more mindful in their interactions with children as well as learning to see behaviors through a trauma lens. Several typical trauma behaviors will be addressed and hands on strategies to address big emotions will be provided. A focus on observation of behavior as well as nutrition and wellbeing will be discussed. This course is designed to help parents with daily interactions to build connections and strengthen resilience in children.
	This training fulfills trauma and therapeutic requirements.	
6B	Trauma Informed Parenting Strategies Part 1 (TIPS)	This course focuses on parenting teens through a trauma informed lens and includes a justice involved module for parents that will be caring for this population. Topics include an overview of trauma informed parenting, adolescent development, teen issues, trauma informed discipline, and working with justice involved youth.
	Participants must complete both sessions.	
	This training fulfills trauma and therapeutic requirements.	

7B	NAS and Safe Sleep	This course provides foster parents with information about NAS. Neonatal Abstinence Syndrome is a condition in which a baby has withdrawal symptoms after being exposed to certain substances. The kinds of medications that may cause withdrawal and how to parent babies with NAS will also be discussed. In addition, techniques on how to reduce your baby's risk of Sudden Infant Death Syndrome (SIDS) and other sleep-related causes of infant death will be reviewed.
8B	Parenting LGBTQ+ Youth Part 1 Participants must complete both sessions.	This curriculum aims to enhance parenting strategies for LGBTQ+ youth. The training will provide information on the scope of LGBTQ+ youth in the child welfare system; the challenges to safety, permanence and well-being for LGBTQ+ youth; understanding DCS policy related to sexual orientation, gender identity and expression; using accurate and culturally appropriate terminology; and increasing their own competency in parenting LGBTQ+ youth.
9B	CPR and First Aid Virtual Training (Part 1) Required for all foster parents during the SECOND YEAR of approval and every other year thereafter.	This course, required for all foster parents every two years after approval, instructs participants in basic CPR and first aid skills that can sustain or save a life while professional emergency help is on the way. This training will make the home and work environment safer by preventing illness and injury as well as allowing parents to quickly recognizing and responding to emergencies. Parents must complete the in-person skills demonstration to fulfill this requirement. These sessions will be scheduled with the trainer following completion of the virtual delivery.
1:15 pm to 2:15 pm Central/2:15 pm to 3:15 pm Eastern		
10B	Social Media and Your Teen Presented by Jerry Stout (TBI)	The internet can be a wonderful resource and can open up a world of possibilities for children. Children can swipe a screen and have access to the world, but that access can also pose dangers. There are individuals online who attempt to exploit children through the use of the Internet. This 1-hour presentation is intended to offer parents, guardians, and even communities information about what they can do to better protect their children from these online threats.
11B	Crisis De-escalation This training fulfills therapeutic requirements. Presented by Dr. Keith Bailey (Harmony Family Center)	In this workshop we will learn about trauma-informed care and approaches to use when supporting children and youth in a crisis situation. We will explore the concept of 16 aggression in children and youth and learn a variety of techniques that will assist them in managing aggressive behaviors. Participants will also learn some resources and strategies for self-care that will assist them in dealing with aggressive and challenging behaviors of children.
12B	How Does the Foster Care Placement Process Work? Presented by Sharon Morgan and Jimmie Trice-Baylor (DCS)	In this workshop participants will review the placement process from start to finish. The presenters will share information on the criteria and factors used to determine appropriate placements for DCS youth. They will also address some common questions and misconceptions regarding the placement process.
2:30 pm to 4:00 pm Central/3:30 pm to 5:00 pm Eastern		
1C	Fostering Better Health: A Foster Parent Advisory Panel Discussion Presented by Sandra Davis and Gail Winton (BlueCross Blue Shield)	Join BlueCross BlueShield's panel-led discussion to learn about the health benefits for children in state's custody. as well as local resources to help families.

2C	Best Practices in Tennessee Safe Baby Courts	This presentation will provide learners with a comprehensive overview of Tennessee Safe Baby Court cases and the best practices associated with cases on a Safe Baby Court docket.
	Presented by Sammi Maifair, Jennifer Fisher, Stephanie Etheridge, and Elizabeth Setty-Reeve (DCS)	

4:30 pm to 5:30 pm Central/5:30 pm to 6:30 pm Eastern

1D	Right Time: Understanding Behaviors Debrief	<p>The purpose of this learning opportunity is to further explore how trauma effects youth’s behaviors. The experience of trauma often produces behaviors that will seem out of context and usually includes anger, mistrust or defiance. The experience of trauma can also impact school performance and relationships and can result in delays in and social skills and development. You will explore how the interactions and interventions used with youth who have experienced trauma are different than those used with youth who have not experienced trauma. The learning objectives are to (1) Understand what traumatic events are and how they affect youth physically, emotionally and psychologically, (2) Recognize emotions and behaviors in your child that are associated to a traumatic event, (3) Learn how triggers work and how to respond effectively to a traumatic response, and (4) Gain usable knowledge on how to parent traumatized youth and promote successful behaviors.</p>
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This training fulfills therapeutic requirements.

To view this video, visit <https://stateoftennessee.formstack.com/forms/righttime> and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.

2D	Right Time: Understanding and Recognizing the Effects of Trauma Debrief	<p>The purpose of this learning opportunity is to continue to enhance your understanding and recognition of the effects of trauma and trauma-informed parenting. This session explores how trauma affects the youth’s physical, psychological and emotional well-being and introduces the critical framework of "Regulate, Relate, Reason" which will help you remember how to best respond to youth who have been affected by all types of trauma. Trauma informed resource parenting is defined as the framework that includes understanding, recognizing, and responding to the effects of all types of trauma on children and youth in care. The learning objectives are to understand the basics of brain development, understand what traumatic events are and how they affect youth physically, emotionally and psychologically, and increase your understanding of the "Regulate, Relate, Reason" framework.</p>
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This training fulfills therapeutic requirements.

To view this video, visit <https://stateoftennessee.formstack.com/forms/righttime> and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.

3D	<p>Right Time: Transitions Debrief</p> <p>This training fulfills therapeutic requirements.</p>	<p>A critical element of creating a safe, predictable environment is to ensure smooth transitions for youth. Transitions include moves such as being placed from the birth home into a foster home, moves from one foster home to another, being placed into a group home or treatment setting, moving into an adoptive home or returning to the birth home from foster care. The purpose of this portion of the training is to enhance your learning around transitions. This session focuses on how change impacts the youth, you, and your family. Strategies are introduced to help you prepare for and manage the emotional impact (stress, fear, uncertainty, pain, loneliness, anxiety and hopelessness) that are often a part of the transition process. The learning objectives are to learn how to prepare for periods of transition, learn how transitions impact youth, identify ways to respond to youth through transitions, recognize how youth are coping with the transition, and increase awareness about the impact of transitions on you and your family.</p> <p>To view this video, visit https://stateoftennessee.formstack.com/forms/righttime and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.</p>
4D	<p>Right Time: SOGIE Debrief</p> <p>This training fulfills therapeutic requirements.</p>	<p>The purpose of this learning opportunity is to enhance your learning around sexual orientation, gender identity and expression (SOGIE). SOGIE is a term that includes all types of sexual orientation and gender identities and expressions. In this program, the term diverse SOGIE is used to describe youth who are expressing a nontraditional sexual orientation or gender identity, and who need to be supported through their sexual orientation or gender identity exploration with understanding and acceptance. The learning objectives are to (1) Increase awareness of the complexities of youth who identify as Lesbian, Gay, Bisexual, Transgender, Questioning and Two-Spirit (LGBTQ2S), (2) Strengthen understanding of behaviors that demonstrate acceptance and support of LGBTQ2S youth, (3) Enhance awareness of the critical role that family support plays in determining long term well-being, (4) Learn strategies to help reconcile your value system with the support needs of your youth, (5) Enhance awareness of the needs for advocacy for LGBTQ2S youth, and (6) Youth who identify themselves as LGBTQ2S are disproportionately represented in the foster care system.</p> <p>To view this video, visit https://stateoftennessee.formstack.com/forms/righttime and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.</p>

5D	<p>Right Time: Relationship Development Debrief</p> <p>This training fulfills therapeutic requirements.</p>	<p>The purpose of this portion of the training is to enhance your learning around relationship development. In this program, relationship development is defined as the critical tasks and skills required to engage, increase commitment and positive connection, and develop a supportive healing relationship between foster caregivers and the youth in their homes. As a result, participants will (1) Understand how trust and safety are critical to relationship development, (2) Understand how parenting characteristics are related to relationship development, and (3) Identify parenting strategies that support relationship development. To view this video, visit https://stateoftennessee.formstack.com/forms/righttime and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.</p>
6D	<p>Right Time: Parental Regulation Debrief</p> <p>This training fulfills therapeutic requirements.</p>	<p>The purpose of this learning opportunity is to enhance your understanding of parental regulation. Parental Regulation is the set of skills and abilities that help us manage our feelings and behaviors so that we can then use the right skills, interventions and supports at the right time. The learning objectives are to understand how to regulate yourself through a variety of techniques and understand the importance of self-regulation and modeling those behaviors for the youth. Every parent will experience times when they feel a sense of frustration, anger, hurt, and sadness. The challenges and stresses that parents face every day. To view this video, visit https://stateoftennessee.formstack.com/forms/righttime and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.</p>
7D	<p>Right Time: Parental Adaptation Debrief</p> <p>This training fulfills therapeutic requirements.</p>	<p>Parental Adaptation is based on the idea that youth cannot be parented in the same manner as “traditional” parenting. It targets the thinking and skills parents will need to adjust to assure that their parenting responses successfully respond to the needs of the youth. The learning objectives are to (1) Understand why parenting responses need to be adjusted based on the youth’s skills, emotion development and needs, (2) Increase awareness of how a youth’s prior experiences have shaped their sense of identity, values and/or behavior, and how the lack of alignment between their values and yours can create discomfort for you, and (3) Identify new support and intervention strategies. To view this video, visit https://stateoftennessee.formstack.com/forms/righttime and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.</p>

8D	Right Time: Continued Connections Debrief This training fulfills therapeutic requirements.	Continued Connections targets the honoring of the teens' former attachments, acknowledges that teens are part of other families and have other relationships, and recognizes that the loyalty and connection to those relationships may be significant. Continued Connections also explores the importance of your relationship with the youth's birth family and other people who are important to the youth. This theme captures the concept that resource parents may need to move beyond their own discomfort toward prior relationships in order to help the youth grieve losses, maintain connections, confirm their identity, and form healthy attachments with others. To view this video, visit https://stateoftennessee.formstack.com/forms/righttime and select the title from the dropdown menu. Participants will receive one hour of credit for the video and an additional hour for attending the debrief session.
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Saturday, November 6, 2021

9:00 am to 10:30 am Central/10:00 am to 11:30 am Eastern

1E	Supporting Children Diagnosed with Autism Spectrum Disorder This training fulfills trauma and therapeutic requirements. Presented by Dr. Whitney Loring (Vanderbilt University Medical Center)	This presentation will focus on the symptoms of Autism Spectrum Disorder (ASD) and how it affects every person differently. Participants will learn about the core characteristics of ASD and how those impact a child's learning and behavior. Participants will also be provided with an overview of recommended services for children with ASD. A few simple strategies for supporting children with ASD, specifically related to communication and behavior, will also be discussed.
2E	It Takes a Team: How CASA Works within the Child & Family Team Presented by Lynn Farrar, Wendy Jill Spence, Kassie Davis, and Matthew R. Muenzen (CASA)	This workshop will cover the mission of CASA (Court Appointed Special Advocates) from the local level, through the state and national network. Everyday situations in regards to a child's journey through placement will be explored from the standpoint of the team. Topics will include: <ul style="list-style-type: none"> • Basics of CASA Advocacy-what does a CASA volunteer do? • State Statute for CASA • CASA's place in the child welfare system • Panel to include members of the Child & Family Team, i.e., local CASA director, • foster parent, DCS, GAL, Judge • Collaboration throughout the team for the best interest of the child • Discussion of typical scenarios and how to address them
3E	Building Strong Brains This training fulfills trauma and therapeutic requirements.	The architecture of a young child's brain is shaped by the interaction between genes and experiences. Science shows that Adverse Childhood Experiences are correlated with negative health outcomes. In this training, participants will build knowledge and understanding of early childhood brain development and ways to mitigate the impact of Adverse Childhood Experiences. This training promotes potential of every child in Tennessee to have the opportunity to lead a healthy, productive life.

4E	<p>Empowering Local Foster Parent Association Leaders</p> <p>Presented by Marion Rhines (TFACA)</p>	<p>This workshop will give association leaders a clear plan on what steps to take to get an association started, how to recruit members, and identify their statewide support members. The governing elements of local associations will be covered, including how to conduct meetings and IRS and TFACA requirements. The Minimum Standards for Local Associations will also be explained. This workshop is open to anyone interested in starting or growing a local association and those interested in the operations of the Tennessee Foster and Adoptive Care Association (TFACA).</p>
5E	<p>Recognizing and Responding to Trafficking of Children</p> <p>Presented by Natalie Ivey (Prevent Child Abuse Tennessee)</p> <p>This training may be substituted for What to Know about Child Exploitation and Human Trafficking.</p>	<p>This workshop will address common misconceptions surrounding the issue of human trafficking and discuss what human trafficking actually looks like in our community, the prevalence of the problem and the intersection of human trafficking and the foster care system. The training will also provide tips and tools for working with minors who have been exposed to trafficking in the foster care setting.</p>
6E	<p>Parenting Sibling Groups</p>	<p>This curriculum aims to educate foster parents on the dynamics of sibling groups and enhance their skills in managing a sibling group in their home. This training will provide information on the following:</p> <ul style="list-style-type: none"> • Different dynamics of sibling groups entering foster care • The importance of the sibling relationship • Opportunities and challenges of fostering sibling groups • Sibling youth's perspective • Tips on managing a sibling group in your home • DCS policy on multiple children in the home • Preparing your family and your home to receive a sibling group.
7E	<p>Conference Book Club: Time to Come off the Porch</p>	<p>Time to Come Off the Porch: Journey of Healing from the Wounds of Kinship Care in the Black Family explores the relational problems experienced by African-American women reared in the system of "kinship care." This book outlines the history of the Black family, describes attachment issues and familial struggles in kinship care, shares future hopes for the kinship care system, offers support to those from similar situations, while providing a personal glimpse into my life as I wrestled with my "enoughness." The Black family has a strong foundation rooted in the tradition of preservation. Minimal conversation has been had regarding the psychological issues developed by children in kinship care situations. Not much information exists outlining how children raised in kinship care family's feel about their experience. This book seeks to fill in some of the missing information.</p>
8E	<p>Supporting the Sensory System</p> <p>Presented by Kelley Howe</p>	<p>We all have sensory needs and some require more support than others. In this presentation, we will explore how your child's sensory system affects their behavior, academics, and social interactions. Participants will learn to identify the sensory needs of their child and how to implement strategies to best support their child's sensory needs.</p>

10:45 am to 12:15 pm Central/11:45 am to 1:15 pm Eastern

1F	Sensory Solutions for Regulation Presented by Jahna Golly and Lauren Thomas (Harmony Family Center) This training fulfills the therapeutic requirement.	Some children with trauma histories and developmental delays display problems with sensory integration and self-regulation. The facilitator(s) will explain a variety of sensory needs. Facilitators will discuss a therapeutic approach that engages the whole child, physically and emotionally, with the goal of expanding the child's window of tolerance for both positive and negative emotional states and for connection with others. Participants will obtain tools to support self-regulation through sensory input, understand how to create an effective sensory diet, and increase awareness of resources that may be beneficial to their children and family.
2F	Foster Parent Bill of Rights Presented by Nancy Woodall and Johnetta Lane	This workshop covers the 25 tenets and subsequent amendments that govern the way foster parents are viewed and treated as part of the professional team that serves children in the child welfare system of Tennessee. The Foster Parent Bill of Rights outlines the department's commitment to providing foster parents with the support, training and resources they need to provide for Tennessee's foster children.
3F	Stewards of Children	One out of ten children will be sexually abused before their 18th birthday. This means that in a school classroom of 20 children there are two children who are bearing the burden of child sexual abuse alone and need our help. For abused children, their classroom teacher may be the only safe adult in their lives. That is why it is critical for us to work together to train teachers, school personnel, professionals, and all members of our community how to recognize the abused children who are in their classrooms and report the abuse. The Darkness to Light curriculum is DHS approved for child care licensing requirements and DCS approved for foster parent training.
4F	Couples Who Foster Presented by Andrea Nash with Anthony and Anntoinette Johnson	This curriculum focuses on strengthening relationship and family dynamics. The training will provide information on the importance of positive parenting; associations between components of the family context and emotion regulation; stress and stressors felt by each spouse; effects of fostering on the family; creating and maintaining a healthy relationship; ways and to incorporate self-care as a family dynamic, and recognizing the importance of Positive Parenting.
5F	Approved, Now What? Recommended for foster parents during the FIRST YEAR of approval.	This workshop for newly approved foster parents seeks to help answer questions that newly approved foster parents might have about their role, training requirements, confidentiality and logistics of what "day one" might look like with a foster child. This training also seeks to be a source of encouragement and empowerment considering all of the, overwhelming, information they are receiving as they begin their new journey as foster parents.

6F What Foster Parents Need to Know about Human Trafficking in Tennessee

Presented by Natalie Ivey (Prevent Child Abuse Tennessee) and Rana Zakaria (Community Coalition Against Human Trafficking)

In this training, participants will learn about the prevalence of human trafficking in Tennessee. Trainers will provide a deep analysis of how individuals are lured into trafficking and the long-term impact and trauma associated with this type of victimization. This course will provide detailed instruction on identifying trafficked individuals and reporting to authorities. The training will also alert foster parents of red flags to look out for to assist in identifying, reporting, and then help to heal and recover.

This training may be substituted for What to Know about Child Exploitation and Human Trafficking.

7F Reaction Awareness: How We Show Up during Conflict

This training fulfills trauma and therapeutic requirements.

Reaction Awareness is a course that explores Counter Response framework. Counter Response training includes recognizing healthy versus compromised emotional systems and utilizing the concepts of emotional regulation and attachment as it relates to behavior. When conflict is mismanaged, it can cause harm to personal and professional relationships. When our response to conflict is driven by awareness and focused on resolution, the situation provides an opportunity to strengthen the relationship. During this training we explore how our own thoughts, feelings, and behaviors contribute to the Conflict Cycle. Being aware of our internal state allows us to discover and understand how our behavior affects conflict outcomes.

8F Self-Care for Foster Parents

This course focuses on key concepts of caring for children from the child welfare system and ways caregivers can support their own self-care. Participants will learn risks and symptoms of helping others who experience trauma and the impact of Secondary Traumatic Stress. Strategies for combatting burnout through caregiver self-care will be learned and practiced. Additionally, caregivers will be able to assess their strengths and needs and create plans for quality self-care through small and large group discussions

9F Professionalism and Ethics

The training will allow participants to define professionalism and identify qualities expected of professionals. Participants will be able to recognize how foster parents are professional members of the team and become familiar with the Code of Ethics for Foster Parents.

12:30 pm to 1:00 pm Central/1:30 pm to 2:00 pm Eastern

Lunch and Learn: COVID-19 Information for Parents

This session will include information on COVID-19 prevention, home safety, and supports and resources provided by DCS. This workshop is presented by DCS Nurse Mary Katherine Fortner and the Department of Health.

1:30 pm to 4:30 pm Central/2:30 pm to 5:30 pm Eastern

1G Legal Overview for Foster Parents and Legal Panel

Presented by Sammi Maifair and Julie Rotella (DCS)

This workshop will discuss various aspects of the legal system and address how resource parents can work effectively within the court system. The workshop will address the roles of children’s advocates, including a Guardian Ad Litem, and court representatives. Discussion will be held concerning how everyone involved can work toward a partnering relationship.

Recommended for foster parents during the FIRST YEAR of approval.

2G	Trauma Informed Parenting Strategies Part 2 (TIPS)	This course focuses on parenting teens through a trauma informed lens and includes a justice involved module for parents that will be caring for this population. Topics include an overview of trauma informed parenting, adolescent development, teen issues, trauma informed discipline, and working with justice involved youth.
	Participants must complete both sessions. This training fulfills trauma and therapeutic requirements.	
3G	Creating Normalcy through Prudent Parenting	This training introduces and instructs participants on how to create normalcy through reasonable prudent parenting standards which is characterized by careful, thoughtful parental decision making that is intended to maintain a child's health, safety, and best interest, while creating a more normal life.
	Required for all foster parents during the FIRST YEAR of approval.	
4G	Impact of Fostering on Birth Children	This course explores what birth children may feel through all phases of the fostering process and offers tips for helping them cope.
5G	Loving and Letting Go	This workshop will help foster parents address the grief and loss they experience when children in their homes return to their birth parents or other permanent placements. Techniques will also be provided on how to manage the stress that accompanies grief during the transition period of a foster child leaving the home.
	Recommended for foster parents during the FIRST YEAR of approval.	
6G	Preserving Kinship Families	This course is designed to help kinship families face the unique stressors that may arise when becoming a kinship placement. Family dynamics are constantly shifting based on a number of factors including family members' differing communication styles, traditions, and changes in parental roles, such as the ones required when families become a kinship placement. This workshop allows participants to explore ways to adapt to the changes in the family dynamic, how to work with the birth parents, and address role conflicts within the family.
	Required for all kinship parents during the FIRST YEAR of approval.	
7G	CPR and First Aid Virtual Training (Part 1)	This course, required for all foster parents every two years after approval, instructs participants in basic CPR and first aid skills that can sustain or save a life while professional emergency help is on the way. This training will make the home and work environment safer by preventing illness and injury as well as allowing parents to quickly recognizing and responding to emergencies.
	Required for all foster parents during the SECOND YEAR of approval and every other year thereafter.	Parents must complete the in-person skills demonstration to fulfill this requirement. These sessions will be scheduled with the trainer following completion of the virtual delivery.
8G	Parenting LGBTQ+ Youth Part 2	This curriculum aims to enhance parenting strategies for LGBTQ+ youth. The training will provide information on the scope of LGBTQ+ youth in the child welfare system; the challenges to safety, permanence, and well-being for LGBTQ+ youth; understanding DCS policy related to sexual orientation, gender identity and expression; using accurate and culturally appropriate terminology; and increasing their own competency in parenting LGBTQ+ youth.
	Participants must complete both sessions.	

9G	TBRI 101 Presented by Tona Ottinger This training fulfills trauma and therapeutic requirements.	TBRI® is a holistic approach that is multi-disciplinary, flexible, and attachment-centered. While it is a trauma-informed intervention that is specifically designed for children who have experienced maltreatment, abuse, neglect, multiple home placements and violence the principles learned during the workshop apply to all children. TBRI® consists of three sets of harmonious principles: connecting, empowering, and correcting. In this course, we will provide an overview of these principles as well as practical strategies to implement in your home.
1:30 pm to 3:30 pm Central/2:30 pm to 4:30 pm Eastern		
10G	Foster Parent Roles in Best Practice Presented by Rebecca Hendrich and Haley Gilson (DCS)	Review of the federal expectations of best practice for foster parents. This workshop will guide the attendees through the expectations of the Department as well as foster parents by the federal government through the Child and Family Service Review process and Council on Accreditation.
11G	DCS Computer Systems: Edison, TFACTS, and WebEx Recommended for foster parents during the FIRST YEAR of approval.	This session will provide an overview of the computer-based programs that Foster Parents are now using. Come and learn more about the Edison Learning Management System, including how to establish an account, register for classes and check your learning transcript. Foster Parents will also be using TFACTS to confirm placements and board payments. Demonstrations of this system including how to complete assessments, questionnaires, surveys, and invoice confirmation will be provided. In addition, more and more training is being offered through the video conferencing software WebEx, allowing you to complete training hours from your home or any location where you have an internet connection. Come learn how to navigate live webinar training with ease.
12G	What to Know about Child Exploitation and Human Trafficking Required for all foster parents during the FIRST YEAR of approval.	This course will equip foster parents with information and training about Child Exploitation and Human Trafficking. Foster parents will gain insight into the criminality of child exploitation and human trafficking while learning about the physical and psychological impact it has on children. Participants will learn about the importance of protecting and educating children about the dangers of being lured into this fast-growing illegal activity that is considered modern day slavery.
13G	Medication Administration Refresher Required for all foster parents during the SECOND YEAR of approval and every other year thereafter.	This course is required for all DCS foster parents every two years after approval. This refresher course includes an update on medication administration policies and procedures. The course also provides an update on the knowledge to administer medications safely and effectively to children in care. Topics included in this class range from self- storage and disposal of medication to common errors in medication administration.
3:45 pm to 4:45 pm Central/4:45 pm to 5:45 pm Eastern		
1H	Parent Partnerships – Mentoring Birth Parentings Recommended for foster parents during the FIRST YEAR of approval.	This course aims to educate foster parents on the importance of establishing partnerships with birth parents and how to enhance their skills in mentoring and engaging birth parents. This training will provide information on the impact of family disruptions, examine the dynamics of relationships between birth and foster parents, and identify practices to maintain and strengthen partnerships with birth parents.

2H	Fostering from the Single Parent Perspective	This training focuses on the challenges and rewards that many single parents experience while parenting children in the foster care system. Tips, tools, and resources will be provided to help single parents navigate their daily lives.
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Approved Substitutions and Therapeutic Training

Thursday, November 4	
Fetal Alcohol Spectrum Disorders	Therapeutic training
Friday, November 5	
4A: Be the One Suicide Prevention	Therapeutic training
6A: Creating Loving Attachments with PACE	Therapeutic training
11A: Addressing the Opioid Epidemic in Tennessee through Collaboration: 2021 Updates	Therapeutic training
1B: Caring for the Child with Sexual Trauma	Therapeutic training
5B: Positive Parenting	Therapeutic training
6B/2G: Trauma Informed Parenting Strategies	Therapeutic training
11B: Crisis De-escalation	Therapeutic training
Session D—Right Time Video Debrief Discussions	All workshops during this session fulfill the therapeutic training requirement.
Saturday, November 6	
1E: Supporting Children Diagnosed with Autism Spectrum Disorder	Therapeutic training
3E: Building Strong Brains	Therapeutic training
5E: Recognizing and Responding to Human Trafficking of Children	May be substituted for What to Know about Child Exploitation and Human Trafficking
8E: Supporting the Sensory System	Therapeutic training
1F: Sensory Solutions for Regulation	Therapeutic training
6F: What Foster Parents Need to Know about Human Trafficking in Tennessee	May be substituted for What to Know about Child Exploitation and Human Trafficking
7F: Reaction Awareness	Therapeutic training
9G: TBRI 101	Therapeutic training

Tennessee Foster and Adoptive Care Association (TFACA)



TFACA

TENNESSEE FOSTER ADOPTIVE CARE ASSOCIATION

About: The Tennessee Foster and Adoptive Care Association (TFACA) is a nonprofit organization that functions as an advocacy support group for resource parents throughout the state of Tennessee. TFACA encourages and motivates foster and adoptive parents, as well as any other interested member of the community, to work together to promote the general welfare of foster children. We assist in communications between foster and adoptive parents and others concerned with the growth and development of foster children. Website: www.tfaca.net

Membership: Membership is open to all foster or adoptive parents, employees of the Tennessee Department of Children's Services, and citizens concerned about the wellbeing of foster and adoptive parents and children. Membership is \$20 per year and members receive a discount on their conference registration, when applicable. Membership application and payment must be completed through TFACA's website.

TFACA Scholarship: Foster, birth and adoptive children of TFACA members are eligible to apply for the Kenneth P. and Maxine Fox Scholarship. Applications must be submitted by the TFACA deadline to be considered. Visit the TFACA website for more information: <http://www.tfaca.net/scholarships.html>

Frequently Asked Questions

When is the deadline for conference registration?

The deadline for registration is Wednesday, October 27, 2021. Due to the online nature of the conference and the need to communicate with participants ahead of workshops, there will be no exceptions.

How do we register if we are a couple or have other adults in the home?

Household members who will be attending the same courses can submit a single registration. Follow the prompts on the registration form to identify co-parents or additional household members in your registration.

If you do NOT intend to attend the same workshops, please submit a separate registration.

How do I change my workshop selection?

Conference attendees may request changes to workshop selections by October 27, 2021. Please send any change requests to tndcs.fpconference@gmail.com, and indicate the workshop ID and workshop title that you would like to be added to your schedule

How many training credit hours are available this year?

Depending on workshop selections, participants can earn between 15.5 and 17.5 hours if they attend workshops during each available session, including the pre-conference workshop on Thursday evening. Parents attending one or both Book Club workshops will receive an additional 2 hours for each session, making a maximum of 21.5 hours possible. Additionally, participants attending CPR & First Aid must complete an additional 1 hour in-person skills demonstration, to be scheduled with the trainer at a later date.

The conference is a great opportunity for DCS parents to fulfill all training requirements for the year; help parents who are not compliant with previous years' trainings earn additional hours to get in compliance; and help provider parents fulfill additional therapeutic training requirements.

How do I access my virtual workshops?

Participants will receive individual web links for each course from messenger@webex.com. These emails will be sent the week of the conference. Please save this email address in your contacts, and be sure to save the emails from the system so that you can easily access your workshops. Check spam, junk, clutter, and promotions folders if these emails do not appear in your inbox. If you have not received these emails by November 2, contact tndcs.fpconference@gmail.com for assistance.

Conference Committee

Ronya Faulkner, Director of Training and Professional Development

Joye Duvall, Director of Foster Parent Training

Tracy Watkins, Foster Parent Training Manager

Stacy Arnold, DCS Logistics Manager

Anna Wiginton, Director of Foster Care and Resource Eligibility

Vanessa Addington, Northeast

Erin Beese, Northeast

Cindi Thornton

Michael Nason, Shelby

Eugenia Boatright, Northwest

Becky Selph, Northwest

Jennifer Stamper

Laura Troup, AGAPE Nashville

Marion Rhines, TFACA

To find additional training opportunities, visit our website at

<https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t.html>

Virtual Classroom Training

<https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/calendars/post-state.html>

Online Training

<https://www.tn.gov/dcs/program-areas/training/tpd/fpt/t/opportunities/online-training.html>

Podcast Series

<https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources/cwr/dcs-talks.html>

Child Welfare Resources

<https://www.tn.gov/dcs/program-areas/training/tpd/cw-resources.html>