

ANKENY COMMUNITY ENGAGEMENT

community) challenge) excellence) inspiration) leadership



Fall and Winter 2021-2022 COURSE CATALOG



**Virtual Family
Cooking Class pg. 5**



**Instant Guitar
And Piano pg. 7**

*Providing Community Connections
and Lifelong Learning Opportunities*



Register at ankenyschools.org/community-engagement

ANKENY

COMMUNITY ENGAGEMENT



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Welcome

Whether your student was online or in-person last school year, there is no denying that last year was atypical. That is why we are especially excited about returning to a more traditional lineup of classes this fall! Inside, you will find enrichment courses to enhance and reinforce your student's skills in everything from math and reading to organization and test-taking. If you are looking to encourage your child's critical thinking and problem-solving in a fun and social way, be sure to check out some of our STEM-based offerings such as Junior Robotics or Chess. If you want to try something new as a family, take a virtual cooking class led by Hy-Vee dietitian Anne Hytrek.

You will find the return of many favorites too, including Tae Kwon Do, Fencing, Dance, and Fitness Boot Camp, and each is a sure way to keep you moving as the weather turns colder. Teens and adults can also find new ways to express themselves with classes to jump-start a musical interest in both piano and guitar "instantly."

If your finances need a boost, we now also offer a variety of low-cost classes that can help with a variety of topics. Each class is led by qualified professionals who offer insight regarding estates, divorce, retirement, and first-time home buying—and each costs only \$5 per person.

We maintain our commitment to Ankeny and hope that you find what you're looking for inside these pages. If you have ideas for other classes you would like to see us offer, feel free to reach out to us and we will see if we can make it happen together.

Contact Us

Ankeny Community Engagement Dept.
1102 N. Ankeny Blvd. Door 15 S
Ankeny, Iowa 50023
kristopher.koehler@ankenyschools.org
515 965-9604 ext 54363

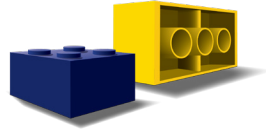
Office hours: Monday - Friday
7:30 am to 4:30 pm



Youth Courses

{YEL!} Junior Robotics

Join this popular after-school enrichment program using LEGO® bricks. Each {YEL!} Junior Robotics class follows four basic components.



- Teach It!... In each class, students are taught the basic STEM engineering concepts behind each project.
- Build It!... Students use LEGO® bricks to build an alligator, race car, and more.
- Program It!... Then they program the project to race, chew, make noise, and more using drag-and-drop icon-based software.
- Play It!... Finally they play with their project, modify it, create extensions, and have fun working with it.

For more details, visit yelkids.com. (LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize, or endorse this site or program).
Grades 1-5.

Instructor: Youth Enrichment League

#374025: Sat, 10/23 - 12/18; **\$130**

10:00 AM - 11:30 AM Crocker Elementary Lunchroom

*No Class 11/27

{YEL!} Grandmasters of Chess

New and returning students are invited for after-school fun! Students will learn different chess concepts and how to implement them into their games and will practice positions to improve their understanding of the concept. Students are given chess puzzles (constructed by Women's International Master Sima Sokolovskaya) and work with coach guidance to solve them. Each class ends with 20-30 minutes of playing time. Coaches often feature in-class tournaments during the session. Fee includes chesskid.com membership (\$49 annual value).

Grades K-5.

Instructor: Youth Enrichment League

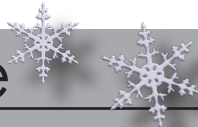
#374024: Thur, 10/21 - 12/16; **\$132.50**

6:15 PM - 7:30 PM Crocker Elementary Lunchroom

*Class on 10/21 will be held at Southview Middle School **No Class 11/25



Be Winter Wise



In the event of a class cancellation due to weather, class participants will be notified as soon as possible via email. Community Engagement classes are cancelled if the Ankeny Community School District has cancelled for weather or other emergencies. See page 10 for more information.

{YEL!} Fencing

New and returning students invited! Join this fast-growing sport. Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts the lessons and curriculum. Students pair up and practice the fencing move or concept, rotate partners, and repeat. Students are then asked to mock-fence using only the moves taught so far. Students fence with multiple fencers at their skill level. All equipment provided. Instructor: Youth Enrichment League

GRADES 2-5

#374021: Mon, 10/18 - 12/20; **\$154**
6:15 PM - 7:15 PM Parkview Lunchroom

GRADES 6-12

#374023: Mon, 10/18 - 12/20; **\$190**
7:20 PM - 8:50 PM Parkview Lunchroom



Let's Go Italian Family Freezer Meal Virtual Cooking Class

Join Hy-Vee dietitian, Anne via Zoom to make two easy and kid-friendly Italian-themed meals (serving a family of 4) that you can make and/or freeze to enjoy later. Kids will learn how to measure foods, read a recipe, prep, and mix ingredients. A Zoom link, grocery list, and recipes will be provided upon registration. Instructor: Anne Hytek

#374066: Wed, 9/29; **\$35**
5:30 PM - 6:30 PM Online



Sum Fun! Addition and Subtraction

Does your child dread those pesky timed addition and subtraction tests? During this course, your child will learn how to use everyday objects to help with his/her basic facts! This will be a fun approach for your child to improve understanding of basic addition and subtraction skills, while increasing speed and accuracy.

Grades: 1-3
Instructor: Sylvan Learning

#374061: Sat, 10/30 - 11/20; **\$150**
1:00 PM - 3:15 PM Southeast Lunchroom

Ready, Set... Multiply

Students will understand the concepts behind multiplication and division, and will work to increase speed and accuracy of basic facts. During this course, kids will utilize a variety of learning tools to engage their brain – and improve their multiplication and division facts. Flash cards are a thing of the past!

Grades: 3 - 5
Instructor: Sylvan Learning

#374064: Sat, 9/25 - 10/16; **\$150**
1:00 PM - 3:15 PM Southeast Media Center

Math Word Problems? No Problem

Does your child struggle with word problems? They are not alone! Attend this 2 hour session and come away with a simple 4 step strategy to successfully attack word problems!

Grades: 4 - 6
Instructor: Sylvan Learning

#374057: Sat, 10/2; **\$35**
1:00 PM - 3:00 PM Heritage Media Center

Smart Start with Study Skills

The biggest hurdle to academic success after elementary school seems to be poor study skills. During these sessions, students will be introduced to excellent strategies to set them up for success in middle and high school. Register for the entire 10-hour course, which includes all five classes listed below at a discounted price, or sign up for individual classes for \$35 each.

Grades 5-8 Instructor: Sylvan Learning

ENTIRE COURSE INCLUDES ALL FIVE 2-HOUR SESSIONS LISTED BELOW (A SAVINGS OF \$25), OR YOU MAY SIGN UP FOR INDIVIDUAL SESSIONS (SEE TIMES AND DATES BELOW).

#374044: Tues, 9/21 - 10/19; **\$150**, 6:00 PM - 8:00 PM at Northview Room 1107

Organization and Time Management

Develop and refine time management and organizational habits to succeed in school, life, and beyond. Use an academic planner to track school assignments and grades. Manage time and responsibilities inside and outside of the classroom. Organize school work and study area.

#374046: Tues, 9/21; **\$35**
6:00 PM - 8:00 PM Northview Room 1107

Note-Taking Strategies

During this course, your child will get an introduction to taking notes in order to study more effectively and improve test scores. They will also learn to use note-taking tools to record and manage information presented in classroom texts and lectures.

#374048: Tues, 9/28; **\$35**
6:00 PM - 8:00 PM Northview Room 1107

Test-Taking Strategies

During this two hour course, your child will be introduced to study strategies to take tests and quizzes with confidence. Students will learn to manage test anxiety and use a study process, apply study strategies for various subjects, and tackle different types of tests and item types.

#374051: Tues, 10/5; **\$35**
6:00 PM - 8:00 PM Northview Room 1107

Reading and Study Strategies

Develop active reading strategies to read better in every class. Use text features to improve comprehension. Read strategically by using text features, visual aids, and context clues. Locate the main idea and summarize information. Skim and scan for key details.

#374053: Tues, 10/12; **\$35**
6:00 PM - 8:00 PM Northview Room 1107

Learning Style and Study Habits

During this two hour course, your child will be introduced to key study strategies and habits to become an independent and effective student. In addition to this, they will start to develop a "yes I can" mindset and set and achieve short- and long-term goals.

#374054: Tues, 10/19; **\$35**
6:00 PM - 8:00 PM Northview Room 1107

SIGN UP EARLY!

All Community Engagement classes have a minimum number of students necessary to run each class. Registration closes three business days before the first day of class, so be sure to sign up today!

Writer's Workshop

In this course, your child will have fun engaging in different writing styles and types. From blogs to persuasive pieces (haven't you always wanted to hear exactly WHY they need a cell phone in 4th grade?!), your child will have time to get their creative juices flowing. This course will be taught by a Sylvan Certified Writing teacher who will arm your child with great foundational skills to back to school success (or to beat summer boredom).

Grades: 1 - 5

Instructor: Sylvan learning

#374065: Sat, 10/30; **\$35**

1:00 PM - 3:00 PM Heritage Media Center



Advanced Reading Skills Training

Help your child read faster while increasing their comprehension skills. During this 12-hour course, the students will focus on identifying habits that inhibit development of an adequate reading rate and practicing appropriate reading behaviors that help increase speed and efficiency. Students will see no less than a 5% increase in their effective reading rate. Perfect for both high school and college-bound students.

Grades: 8 - 12

Instructor: Sylvan Learning

#374042: Wed, 9/22 - 10/27; **\$199**

6:00 PM - 8:00 PM Northview 1107

ACT Prep Seminar

In this competitive college environment, even a modest score increase is a significant advantage for admissions and scholarship opportunities. Students who complete a ZAPS seminar(s) and practice the tips and strategies at home typically raise their scores on the ACT by two to four points. In a five-hour ZAPS test-preparation seminar, students will learn tips for improvement, practice strategies, prepare to write a well-organized persuasive essay, take shortened practice tests, and reduce test anxiety while gaining confidence. A comprehensive study guide and practice-test workouts are included. Bring two pencils and a calculator.

Instructor: Doorway to College

Ankeny Centennial High School

#373996: Mon & Tues, 10/11 - 10/12; **\$99**

4:00 PM - 6:30 PM ACHS Rm 1109/1110

Ankeny High School

#373997: Wed & Thur, 10/13 - 10/14; **\$99**

6:30 PM - 9:00 PM AHS Rm 2101

Ankeny Community Engagement has limited scholarships available for courses which benefit youth. Scholarship requests may be made per person or family each fiscal year (July 1-June 30). Call 515-289-3960 for more information.

Adult & Youth Courses



Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. Since this class is being held online with Zoom you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And, since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands on instruction.

Topics include:

- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid “counting”
- How to simplify over 12,000 complex chords

For ages 13+

Instructor: Craig Coffman

#374031: Thur, 9/23; **\$59**

6:30 PM - 9:30 PM Online



Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with Zoom, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well.

Topics include:

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

For ages 13+

Instructor: Craig Coffman

#374032: Thur, 9/30; **\$59**

6:30 PM - 9:00 PM Online

Tae Kwon Do

What are the benefits of Tae Kwon Do for you and your family? Quite simply - tons! Physical fitness, weight control, increased concentration span, self-esteem, stress relief, and personal protection skills.

Along with these, you will learn the art of traditional Tae Kwon Do. Ages six and older. Family fun. This class will be held on Mondays and Thursdays unless communicated by instructor

Instructor: Martial Arts America

#373998: Mon & Thur, 9/2 - 10/25; **\$60**
6:15 PM - 7:15 PM Crocker Elem. Gym

#374002: Mon & Thur, 10/28 - 12/20; **\$60**
6:15 PM - 7:15 PM Crocker Elem. Gym

#374003: Mon & Thur, 12/23 - 2/14; **\$60**
6:15 PM - 7:15 PM Crocker Elem. Gym

#374004: Mon & Thur, 2/17 - 3/10; **\$60**
6:15 PM - 7:15 PM Crocker Elem. Gym



Retirement 101

Afraid you cannot afford to retire? We will explore this question along with social security, Medicare, how to convert a 401(k) plan to an income stream you won't outlive, ways to minimize your taxes in retirement, and options to help protect your investments from market fluctuation. This seminar is relevant to anyone who wants to become more empowered in today's financial world. Course taught by a financial advisor with over 30 years of experience. Instructor: Ann Merkley

#374026: Tues, 9/28; **\$5**
6:30 PM - 8:30 PM at ACHS Room 1110

Estate Planning

Even every day folks need an estate plan. An estate plan saves your family undue grief and cost by ensuring your assets are distributed as you wanted. Whether your assets are worth thousands or hundreds of thousands, it is important to protect everything you worked so hard to earn. Learn how to avoid unnecessary expenses and fees, how to reduce or eliminate taxes and how to maximize the transfer of your real estate, investments, and personal belongings to your loved ones and/or charitable organizations. Taught by a financial advisor with additional support of an estate attorney and an advanced planning consultant. Instructor: Ann Merkley

#374027: Thur, 10/14; **\$5**
6:30 PM - 8:30 PM at ACHS Room 1110

Adult Courses

First-Time Homebuyer

Are you thinking about purchasing a new home or in the process already? This class is taught by a panel of experts that will educate you on everything you need to know including understanding your credit score, what's involved in the process of finding the perfect home, how much you can afford to spend, your loan options, and what down payments are required. Owning your first home may seem like an overwhelming task. This will help you wade through the process from the idea stage to getting you to the closing table.

Instructor: Ann Merkley

#374028: Thur, 9/16; **\$5**
6:30 PM - 8:30 PM at ACHS Room 1110

Dignified Divorce

Divorce is hard enough by itself. This class will help you understand the process and potential pitfalls. It will cover topics from how to choose an attorney, custody issues, child support, and equitable division of assets such as 401(k)s, pensions, social security, and alimony.

Instructor: Ann Merkley

#374029: Thur, 11/4; **\$5**

6:30 PM - 8:30 PM at ACHS Room 1110

Line Dance | ONLINE

Learn to dance in the comfort of your own home. You will learn footwork and rhythm counts in ballroom, country, and swing dances. Your dance lessons take place over video chat with Facebook Messenger or Skype, so you can learn and respond in real time. Each class is one hour per week for five weeks.

Instructor: Aimee Shedd

#374659: 5 one-hour sessions **\$50**

Dates and time arranged with instructor.

Couples Dance | ONLINE

Learn to dance in the comfort of your own home. We will break down the men's and ladies' footwork individually. You will learn lead and follow, footwork, and rhythm counts in ballroom, country, and swing dances. Your dance lessons take place over video chat with Facebook Messenger or Skype, so you can learn and respond in real time. Each class is one hour per week for five weeks.

Instructor: Aimee Shedd

#374661: 5 one-hour sessions **\$100/couple**

Dates and time arranged with instructor.

Fitness Boot Camp

Make fitness fun with a combination of strength, cardio, muscle endurance, and core exercises. This 45 minute class is a team environment where your instructor and fellow Bootcampers will motivate and challenge you to reach your potential. It is designed to build strength and fitness through a variety of intervals. From circuit-style routines, to muscle-toning exercises with dumbbells, and even using your own body weight, each class will challenge you differently. All fitness levels encouraged. Participants will need to bring a set of weights with them to class.

Instructor: Shanell Freeseaman

#375105: M, T, & Th, 9/7 - 9/30; **\$25**

6:15 PM - 7:00 PM at Prairie Trail Gym

#375107: M, T, & Th, 10/4 - 10/28; **\$25**

6:15 PM - 7:00 PM at Prairie Trail Gym
*10/18, 10/19, and 10/21 will be on Zoom

#375108: M, T, & Th, 11/1 - 11/23; **\$25**

6:15 PM - 7:00 PM at Prairie Trail Gym
*Class will meet on 11/17 and not on 11/25

#375109: M, T & Th, 11/29 - 12/22; **\$25**

6:15 PM - 7:00 PM at Prairie Trail Gym
*12/6 - 12/16 will be in the lunchroom
**Class will not meet 12/23

#375110: M, T, & Th, 1/3 - 1/27; **\$25**

6:15 PM - 7:00 PM at Prairie Trail Gym

#375111: M, T, & Th, 1/31 - 2/24; **\$25**

6:15 PM - 7:00 PM at Prairie Trail Gym
*Class on 2/16, 2/23, and not on 2/21, 2/22



Registration

ONLINE

Register for classes and access up-to-date class information from the comfort of your own computer at www.ankenyschools.org/community-engagement.

IN PERSON

Monday through Friday, 7:30 am - 4:30 pm. Orbis, 1102 N. Ankeny Blvd. Door 15 S, Ankeny, credit only. Questions can be directed to the Ankeny Community Engagement Department at 515-289-3960.

Pre-registering helps instructors plan for their classes. All classes have size limits and/or have a minimum requirement for the class to be a “go.” Please help us avoid the disappointment of class cancellations by registering early. Registration closes three business days before the first day of class.

Confirmation of Registration

Registration is required for all classes and is on a first-come, first-served basis. If registering close to the start date of a class, call or check the website to confirm that space is still available.

Refunds

Refund requests must be made at least three business days prior to the start of class. Registration will be fully refunded if Ankeny Community Schools cancels the class. There are no refunds or discounts for missed classes due to illnesses.

Changes/Cancellations

Occasionally class locations may need to change. Please make sure your contact information is current so that we may reach you with any necessary changes/updates.

Partial Scholarships

Grant funding makes it possible for the Ankeny Community Engagement Department to offer partial scholarships to students in need on a limited basis. These partial scholarships are available for our youth and parenting courses. Contact the Ankeny Community Engagement Department at 515-289-3960 for more information.

Weather Cancellations

Community Engagement classes scheduled in or at district facilities are canceled if the Ankeny Community School District has canceled for weather or other emergencies. A message will be posted at ankenyschools.org.

Photo Permission

Occasionally photos may be taken of the participants in classes for future marketing. Participants desiring their names/photograph not to be used for marketing must notify Community Engagement in writing at the time of registration.

Hold Harmless

Instructors and participants understand that this course may expose them to some risk and that individuals need to assess their own personal health/fitness to participate in the courses, and thus, instructor or participants are responsible for any medical expense. Participants hold harmless the District and its officials, employees, and agents from and against all claims, liabilities, damages and expenses, including attorney fees and costs.

Ankeny Community School District does not discriminate based on race, color, creed, religion, national origin, sex, gender identity, age, disability, marital status, sexual orientation, physical attributes, physical or mental ability or disability, ancestry, political party preference, military affiliation, socioeconomic status, or familial status. Inquiries or grievances may be directed to Kenneth Morris, Jr. Equity Director, 306 SW School Street, P.O. Box 189, Ankeny, IA, 50021-0189, (515) 965-9600, kenneth.morris@ankenyschools.org; or the Iowa Civil Rights Commission, Grimes State Office Building, Des Moines, IA, 50319-0201, (515) 281-4121; or the U.S. Department of Education, Office for Civil Rights, 500 West Madison Street, Suite 1475, Chicago, IL 60661.



Class Locations

Community Engagement classes take place in Ankeny Community School District's seventeen buildings.

Ankeny Centennial High School
2220 NW State Street

Ankeny High School
1155 SW Cherry Street

Ashland Ridge Elementary School
2600 NW Ash Street

Crocker Elementary School
2910 SW Applewood Street

East Elementary School
710 SE 3rd Street

Heritage Elementary School
301 SW Prairie Trail Parkway

Northeast Elementary School
1705 NE Trilein Drive

Northview Middle School
1302 N Ankeny Boulevard

Northwest Elementary School
202 W First Street

Parkview Middle School
105 NW Pleasant Street

Prairie Ridge Middle School
1010 NW Prairie Ridge Drive

Prairie Trail Elementary School
1850 SW College Avenue

Rock Creek Elementary School
3800 NW Abilene Road

Southeast Elementary School
1005 SE Trilein Drive

Southview Middle School
1020 SW Cherry Street

Terrace Elementary School
310 NW School Street

Westwood Elementary School
2920 NW Ninth Street

**CONNECT WITH US
ON FACEBOOK**

@AnkenySchoolsCE

**SUBSCRIBE HERE FOR
MONTHLY HIGHLIGHTS
AND UPDATES**

**[https://www.smore.com/u/
ankenyce](https://www.smore.com/u/ankenyce)**



**SHARE
YOUR
BIG IDEA**

Have a talent or topic you'd like to share with others? Call the Community Engagement office at 515-965-9604 x54363 or go to [ankenyschools.org/community-engagement](https://www.ankenyschools.org/community-engagement) to submit your camp or class proposal.

**PROPOSALS FOR SPRING/
SUMMER 2022 ARE DUE
OCTOBER 25, 2021!**

ANKENY

COMMUNITY ENGAGEMENT

STAY UP TO DATE!

Find current information for all community classes at ankenyschools.org/community-engagement. When registering, be sure to include your current email address so you will receive registration confirmation, reminders, class announcements, updates, weather-related info, and other important class-related information.

