

Lambda Beta Newsletter

Fall/Winter 2020



The National Honor Society for the Profession of Respiratory Care

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A Message from the President

by Susan Blonshine, BS, RRT, RPFT, AE-C, FAARC

Our profession has stepped into the spotlight due to the immense challenges 2020 has brought. Yet, we continue to provide excellent care to all our patients, possibly during the most challenging time of our careers. We are learning new ways to navigate work, home, patient care, and education in this entirely new environment.

Since its inception, Lambda Beta Society's purpose has been to promote, recognize, and honor scholastic achievement, service, and the character of students, graduates, and faculty members in the respiratory care field. This purpose is now even more important as we live with constant changes and new experiences. As professionals, we must rise to the occasion and support the future of respiratory care through excellence. Our patients deserve nothing less. This process starts with our students' development through education and continued learning and service throughout our careers.

Regardless of the various environments and areas we practice respiratory care, there are always opportunities to work with students to demonstrate the best of our profession.

We are proud to present our Lambda Beta scholarship winners to you in this fall's newsletter. They exemplify both outstanding character and academic achievement. These are the future leaders in respiratory care, and it is our responsibility as senior members of the profession to mentor and promote their ongoing growth after graduation. This represents the beginning of a path to career excellence. Our 2020 honorary member, Douglas Gardenhire, EdD, RRT, RRT-NPS, FAARC has embodied the purpose of Lambda Beta throughout his career.

This year, we welcome several new board members to the Lambda Beta Society, along with a new executive secretary, Debbie Farrow. We have inducted 421 new members into Lambda Beta and have 134 active chapters, representing approximately one-third of our Respiratory Care education programs. As we complete 2020 and move to 2021, I want to challenge each program to become an active member of the Lambda Beta Society. Excellence in our profession is the expectation, so we must start our students with an early introduction to Lambda Beta.

On behalf of the board, I would like to express our deepest gratitude to the past president, Henry Oh, for his excellent work and leadership over the past two years.

I consider it an honor and privilege to serve as your Lambda Beta Society president for the next two years. It is only through our support for this honor society and encouragement of scholarly activities that will guide our young therapists to achieve the highest potential.



Susan Blonshine

New Board Members

Meet the Newest Lambda Beta Board Members



Claire Aloan

Claire A. Aloan, RT, MS, RRT-NPS, FAARC ***Baccalaureate Program/PR Committee Co-Chair***

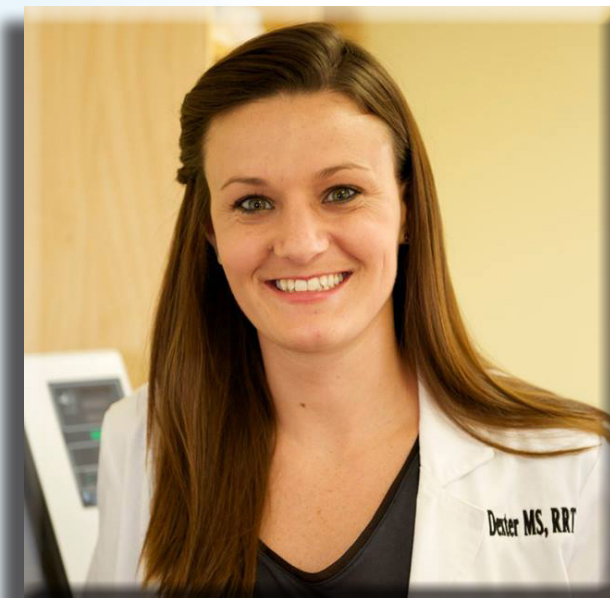
Claire Aloan, MS, RRT-NPS, FAARC is the current Program Director for the entry-level BS program in Respiratory Therapy at SUNY Upstate Medical University in Syracuse, NY. She holds an AAS degree in Respiratory Therapy from Upstate, a BA in Biology from Syracuse University, and an MS in Education from SUNY Cortland. She began her Respiratory Care career as an OJT at the former Crouse-Irving Memorial Hospital in Syracuse and returned there after graduation as a shift supervisor and staff educator. She left Crouse to begin her career in the academic world at the RT program at Hudson Valley Community College in Troy, NY, and subsequently moved to Onondaga Community College in Syracuse, serving as faculty, Clinical Director, and finally Program Director. She left OCC to start a hospital-based home care company at Community Hospital in Syracuse, and then turned to part-time work while starting her family, first at Crouse Hospital and then on the faculty of SUNY Upstate. When full-time work beckoned, she changed her focus and worked in-home care clinical management for several years. In what was intended to

be the last phase of her career, she moved to hospital management, first at Samaritan Medical in Watertown, NY, and then at St. Joseph's in Syracuse. After a brief stint as a Clinical Specialist for Masimo, Inc, Claire returned to the hospital world at Rochester Regional Health in Rochester, NY, where she oversaw several hospital RT departments and ancillary services, including cardiology and rehab. She was scheduled to retire in April of 2017 but received a call asking her to temporarily take on the PD role at Upstate. She is now in her fourth year at Upstate – so much for temporary!

Throughout her career, Claire has been active in professional activities, serving in multiple roles, including President at the regional and state level, and several terms representing NY in the House of Delegates. She serves on various regional and state committees and is active in planning local and state conferences in NY. She serves on multiple committees at the university and is actively involved in IPE and simulation and new program development. She looks forward to working with the outstanding Lambda Beta organization and Board.

Amanda M. Dexter, MS, RRT, RCP, CHSE ***Master's Degree Program/PR Committee Co-Chair***

Before her appointment at UNC Charlotte, Amanda Dexter worked as a clinical educator for a respiratory simulation company, IngMar Medical, Ltd. This position allowed her to travel internationally, teaching clinicians/educators how to incorporate medical simulation to teach mechanical ventilation concepts. She also served as a bedside respiratory therapist at Rush University Medical Center while living in Chicago, IL. Dexter's interest in respiratory care developed during medical mission work to Central America as a student and now faculty advisor. Her past research has focused on developing simulated patient models to study home care ventilators' performance for pediatrics and neonates and publications on airway management and VAE, interprofessional simulation, and ventilator graphics. Dexter now teaches full time in the BSRT and MSRC programs at UNC Charlotte and conducting respiratory care-related research and advising global health service projects.



Amanda Dexter

New Board Members, continued

Meet the Newest Lambda Beta Board Members

Max Eskelson, RRT, BSBA, MsHCA, FCCP *Member at Large*

I want to say that I am excited to work with this organization. I am sure this will be a relationship we all can benefit from.

I started in RT in 1974. This was in the days of reusable equipment. And that was my job – equipment tech. I would not modify this period of time because I got to become intimately involved and knowledgeable about the inner workings of equipment. I cleaned and set up the MA-1 with skill and expertise. I thought I was really cool when I wired an IMV box on top! I soon realized I was missing my true passion and that was caring for the patient.

During this time I became quite skilled in delivering IPPB and CPT. As time wore on, I increased both my skill and my thirst for knowledge. I attended RT school and got my RRT in 1982 (#17,250).

Over the years I have done a lot! I worked with the NIH during the ARDSNet trial as both an assistant and a research coordinator. I did aeromedical for 25 years. I have started two programs (with great success). I am currently the PD at Utah Valley University. Because of my passion for the patient, I soon realized I could impact more patients by providing high quality practitioners.

Lastly I want to thank Henry for his support and friendship over the years. Cheers Mate!



Max Eskelson



Lynda Goodfellow

Lynda T. Goodfellow, EdD, RRT, AE-C, FAARC *American Association for Respiratory Care (AARC) Representative*

Lynda T. Goodfellow is a tenured Professor of Respiratory Therapy and Senior Associate Dean for Academic Affairs for the Lewis College of Nursing and Health Professions at Georgia State University. She joined the AARC as a student member in 1980 and her NBRC registry number is 18,675. Dr. Goodfellow received a baccalaureate degree in respiratory therapy from the Medical College of Georgia and her doctorate in Adult Education from the University of Georgia. At Georgia State University, she has served as the director of clinical education, and as chair of the respiratory therapy department. During her time as chair, the department implemented a master's entry-degree for respiratory therapy in 2007. Since 1990 when she joined the RT faculty at Georgia State University, Dr. Goodfellow estimates that she has taught over 700 RT undergraduate students and over 300 graduate students.

Dr. Goodfellow's areas of research include chronic respiratory disease management and education, particularly as it relates to asthma, tuberculosis, tobacco education, and education of respiratory care professionals. She received a clinical investigator award from the American Lung Association for support on asthma research for adolescents with asthma in the inner city and has been funded through the NIH as a member of the National Tuberculosis Curriculum Consortium. Her publications include articles in the Journal of Allied Health, Respiratory Care, Respiratory Care Education Annual, and other journals. In 2016, Dr. Goodfellow was the first respiratory therapist to be accepted to the Harvard Macy Institute's "Program for Educators in the Health Professions" at Harvard Medical School.

(continued on page 4)

New Board Members, continued

Meet the Newest Lambda Beta Board Members

(Lynda Goodfellow - continued from page 3)

Due to this experience, she started the Teacher-Scholar Academy for the Lewis College at Georgia State University to foster the scholarship of teaching. Dr. Goodfellow has also served on the Board of Visitors for the College of Education at the University of Georgia.

Dr. Goodfellow has served her profession as President of the Georgia Society for Respiratory Care, as Delegate in the House of Delegates, as Education Section Chair, as a Director-at-Large, Vice-President for Internal Affairs on the Board of Directors of the AARC, and most recently as Secretary-Treasurer. She has served as an editorial board member for the journal Respiratory Care where she received the "Editor's Pen" in 2013. She has also served on multiple committees over the years, namely those committees that purposefully developed strategies to move the profession to baccalaureate-entry. Dr. Goodfellow has also served as a Director to the National Asthma Educator Certification Board. She is a recipient of Life membership for Lambda Beta, is an AARC Fellow, and a past recipient of the Frederick H. Helmholtz, MD Award for Education/Dissertation Research and the William F. Miller, MD Post Graduate Scholarship.

Finally, Dr. Goodfellow would like to thank the profession of respiratory care for providing a career that has constantly challenged her to learn more and to be a better respiratory therapist. Moreover, she is especially thankful for her colleagues at Georgia State University, the Georgia Society for Respiratory Care, the AARC, and now Lambda Beta.

Nicholas Prush, MHA, RRT, RRT-ACCS *Member at Large*

Nicholas Prush MHA, RRT, RRT-ACCS is the founding Program Director and Clinical Assistant Professor for the University of Michigan-Flint Bachelor of Science in Respiratory Therapy (BSRT) degree advancement program. Nicholas received his respiratory therapy training from Henry Ford Community College, where he graduated with an AAS in 2003. He obtained his Bachelor of Applied Science (BAS) from Siena Heights University in 2008 and a Master of Health Administration (MHA) from Eastern Michigan University in 2014. He is currently working on his dissertation for a Ph.D. in Healthcare Administration.

Nicholas began teaching at Oakland Community College with their Respiratory Therapy Program as an Adjunct Professor. He taught at Monroe County Community College for seven years, four years as the DCE, and three years as the Program Director. Nicholas is the current [President of the Michigan Society for Respiratory Care \(MSRC\)](#), where he serves as the President and is on the Sputum Bowl Committee. Nicholas is a University of Michigan Inter-professional Leadership Fellow.



Nicholas Prush

New Staff

Meet the Newest Addition to the Lambda Beta Staff

Debbie Farrow
Executive Secretary

Debbie Farrow joined the organization in June 2020 and her main duties include processing Lambda Beta charter applications, membership applications, annual chapter dues, and general accounting operations.

Debbie has worked for the National Board for Respiratory Care (NBRC) for more than 24 years and is currently their Accounting/ HR Coordinator. She handles day-to-day accounting operations, including depositing money, writing checks, preparing payroll and financial statements, and manages human resource administrative duties. She graduated from the University of Missouri with a bachelor's degree in accounting.

You may reach Debbie by phone at (913) 440-4475 or by email at Debbie.Farrow@nbrc.org.



Debbie Farrow

Welcome New 2020 Chapters

Welcome, and thank you for forming a new Lambda Beta chapter at your institution. If you are interested in nominating students at your school, you must first have an active chapter. Get your Chapter Charter [here](#).

Carrington College - Las Vegas
5740 S Eastern Ave, Ste 140
Las Vegas, NV

Texas State University - Round Rock
1555 University Blvd
Round Rock, TX

Dixie State University
225 South 700 East
St. George, UT

University of Texas Medical Branch - Galveston
301 University Blvd
Galveston, TX

James A. Rhode State College
4240 Campus Dr, Cook Hall 224C
Lima, OH

Utah Valley University
987 Geneva Road
Orem, UT

Liberty University Respiratory Therapy Program
1971 University Blvd
Lynchburg, VA

Walter State Community College
221 North College St
Greeneville, TN

Quinsigamond Community College
670 West Boylston St
Worcester, MA



2020 Lambda Beta Scholarships Program

Each year the Lambda Beta Society offers three scholarships to any student currently enrolled in a respiratory care program at a Commission on Accreditation for Respiratory Care (CoARC) accredited school can apply for any of these awards. Students do not have to be a member of the Lambda Beta Society to apply for these scholarships. Each has a different set of criteria and dollar amount.

H. Frederick Helmholtz, MD Scholarship

This scholarship is presented on the merit of an independent, original narrative review of *literature* related to the practice of respiratory care and must comply with the application requirements and deadline. The Lambda Beta Society may award up to \$2500.

CoARC Stephen P. Mikles, EdD, RRT, FAARC Media Award

This \$2000 award is sponsored by CoARC and is presented on the merits of an original presentation electronic slides in Power Point or other presentation format, video presentation, or other presentation on a CDROM or DVDROM relevant to respiratory care and must comply with the application requirements and deadline.

NBRC/Hill Leadership Award

This award will be presented to a student who has shown exemplary leadership in their educational career as well as volunteer and community service. The Lambda Beta Society may award up to \$2000.

Go to lambdabeta.org for more information.

Important 2021 Dates

March 15, 2021
Annual Chapter Dues Due

May 31, 2021
Scholarship Applications Due

September 30, 2021
*National Honorary Member
Nominations Due*

Lambda Beta Memorabilia

**We offer two ways to proudly display your membership
in the Lambda Beta Society.**

Gold Plated Honor Pin (Lambda Beta Logo).....\$20
Honor Cords (Lambda Beta Colors).....\$20
(Prices do not include shipping charges)

Go to lambdabeta.org or click **HERE to order.**

2020 Lambda Beta Scholarship and Award Winners

H. Frederic Helmholtz, Jr., MD Scholarship

Sponsored by the Lambda Beta Society
\$2,500 Award

James Liu

Georgia State University • Decatur, GA



James Liu



Jerrick Tupas

NBRC/Hill Leadership Award

Sponsored by the National Board for Respiratory Care
(NBRC)

and Dr. Thomas and Mrs. Kim Hill

\$2,000 Award

Jerrick Tupas

Gateway Community College • Avondale, AZ

2020 Lambda Beta Scholarship and Award Winners, cont.

Stephen P. Mikles, EdD, RRT, FAARC Media Award

Sponsored by the Commission on Accreditation for Respiratory Care (CoARC)

\$2,000 Award



Melissa Drake

Melissa Drake

St Philip's College • San Antonio, TX

“I am so thankful for this opportunity to receive the Media Award Scholarship from the Lambda Beta Society. What an incredible honor. I am very thankful for my St. Philip's College faculty and staff and a shout out to one of my professors, Mr. Mangus, for helping me complete and perfect my PowerPoint presentation.

Thank you again! I am so humbled and honored.

I will be using the scholarship funds to go towards my education and tuition!”

and

Brauxton Munshi

Liberty University • Troutville, VA

“I just want to say thank you so much for this scholarship opportunity, it is truly a blessing to be able to further my education within respiratory care!”



Brauxton Munshi

2020 Lambda Beta National Honorary Members

**Douglas Gardenhire, EdD, RRT,
RRT-NPS, FAARC**

Written by

Lynda Goodfellow, EdD, RRT, AE-C, FAARC

Dr. Douglas S. Gardenhire has made outstanding contributions nationally to the progress and/or development of the art, science, literature, and public understanding of respiratory care. Dr. Gardenhire has been a valued colleague and member of the Department of Respiratory Therapy at Georgia State University since 2001. He has steadily worked his way through the promotion process from an instructor to a clinical professor. Dr. Gardenhire currently serves as chair of the Department of Respiratory Therapy, which has a bachelor's and master's entry respiratory therapy program.

A few highlights of Dr. Gardenhire's teaching career include his innovations in course development, which resulted in highly attended courses of students from respiratory therapy and throughout the university. These online courses of Advanced Medical Terminology and Leadership and Ethics in Healthcare have ~150 to 600 students per semester. Dr. Gardenhire has a strong commitment to learning, as his courses are rigorous.

I believe students are looking for a challenge, and their expectations are met in his classes. He is the author of the top-selling pharmacology textbook in our profession, *Rau's Respiratory Care Pharmacology*, which has over \$1 million in net sales. Recent comments from students in his pharmacology course include "good depth and explanation of material - realistic expectations of students" and "the professor really cares about how well his students are doing in his course." Lastly, Dr. Gardenhire was the first respiratory therapy faculty member in Georgia to be awarded a Governor's Teaching Fellow from the University System of Georgia in 2012.

When an opportunity to begin a service-learning program providing basic respiratory therapy assessments to Nicaragua's most rural areas, Dr. Gardenhire realized that this opportunity would have great potential for his students at Georgia State University. He developed the first study abroad program for respiratory therapy students. Undergraduates and graduate students have traveled with Dr. Gardenhire to Nicaragua and the Dominican Republic on several occasions. Many respiratory therapy students, who are among the most diverse students in our College, have never left the United States and are introducing to these countries the profession of respiratory care for this first time. Dr. Gardenhire has also worked to develop dual master's degree programs with Taipei Medical University in Taipei, Taiwan, and Dar Al Uloom University in Riyadh, Saudi Arabia. The agreements are in place for coursework and research training opportunities. Dr. Gardenhire is mentoring students in faculty positions in their home institutions to return to implement respiratory therapy programs at their institutions.

Dr. Gardenhire has authored or co-authored many articles, abstracts, and book chapters. He is dedicated to the profession of respiratory therapy, and his textbook is a testament to his commitment to teaching and learning. This pharmacology textbook has sold more than 40,000 copies through three editions. He also is a co-author for "A Guide to Aerosol Delivery Devices for Respiratory Therapists" and other publications on asthma, nebulizers, and other respiratory therapy equipment. He is often invited to speak to state, regional, and national meetings and webcasts for the AARC. Dr. Gardenhire is on the editorial board of the *Respiratory Care Education Annual* (since 2013), a regular manuscript and abstract reviewer for *Respiratory Care*, and serves as a manuscript reviewer for the *Internet Journal of Allied Health and Practice*, which attracts various research articles from all healthcare disciplines. Dr. Gardenhire is also involved in product testing, which has garnered over \$30,000 in external funding. He provides consulting and advisory services as an expert legal witness and to manufacturers of respiratory therapy equipment.



Douglas Gardenhire

2020 Lambda Beta National Honorary Members, cont.



Glenda Hocker

Glenda Hocker

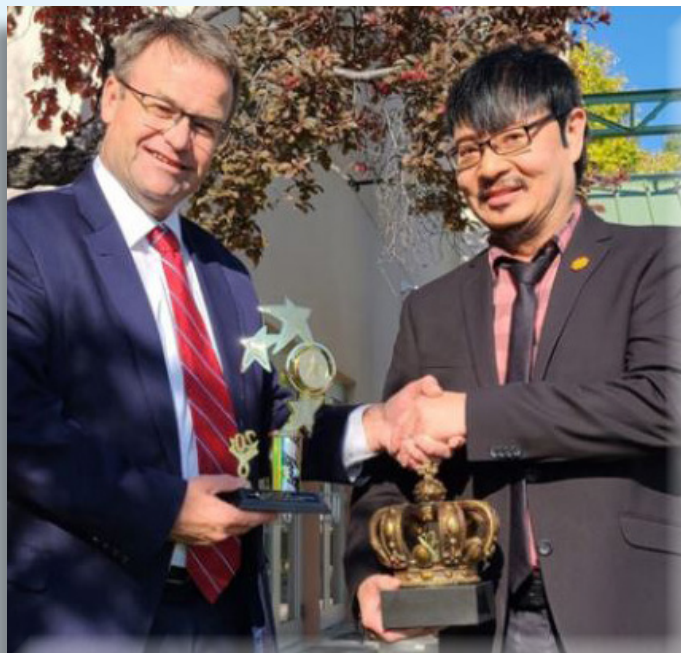
Lambda Beta Past Executive Secretary

Thank you for your service to the Lambda Beta Society,
Glenda. Enjoy your retirement!

Congratulations to Lambda Beta's Past-President, Dr. Oh

Congratulations to Henry Oh, PhD, RRT, RRT-NPS, MT(AMT), FACSc, FRSB, who received national recognition this year.

U.S. Professor of the Year in Health Sciences and the 2020 Global Crown Award - awarded by Extraordinary People Awards, a group that identifies individuals who have achieved exceptional success in their professions and/or have made significant contributions to the community by empowering the lives of others.



Pocatello, ID Mayor Brian Blad congratulates Dr. Henry Oh



About Lambda Beta Society

What is the Lambda Beta Society?

The Lambda Beta Society is the National Honor Society for the Profession of Respiratory Care and was formed in 1986 to promote high scholarly standards within the schools and chapters through the encouragement of membership and graduation with honors. CoARC accredited programs can become Chapter of the Lambda Beta Society and nominate individuals based on their scholarly achievement.

How to become a Lambda Beta Society Chapter

Any CoARC-accredited respiratory care program can establish a Lambda Beta Society Chapter by completing the [Application for Charter](#) and submitting it to the Executive Office at LambdaBeta@nbrc.org with the initial membership fee of \$55. The chapter must be established by the program's faculty or by the elected officers of the chapter. Members who initiate the establishment of the chapter can then join as "Charter Members." Each chapter must pay a \$50 annual dues fee to maintain active status and nominate students, alumni, and faculty. A portion of the annual dues goes to fund our three scholarship programs, which are award to students each year.

Who can become a member of the Lambda Beta Society?

To qualify for membership, a respiratory care student must have completed 50% of their respiratory care courses and hold a GPA that ranks in the top 25 percent of the respiratory class. The individual must be of good character and nominated by faculty or chapter officers from a Lambda Beta Chapter. Also, a graduate who meets the 25% criteria at the time of graduation can become a member of Lambda Beta as an Alumni member. A graduate from any CoARC approved, or CAAHEP (or its predecessor CAHEA) accredited program that is no longer in existence, providing that the individual met the membership qualifications at the time of the individual's graduation, may nominate themselves for membership and shall provide evidence of their academic standing (e.g., a transcript or a letter from a member of the program faculty who attests to the candidate's academic ability). All candidates who apply for this type of membership require full Board approval.

Lambda Beta Chapters may also nominate faculty members who have two years of full-time or four years of part-time faculty experience in a CoARC accredited program, are currently teaching or holding a teaching appointment, and have maintained an ethical and unblemished professional record.

For chapters nominating individuals or for individuals accepting a nomination to become a Lambda Beta member, please contact the Executive Office for the appropriate forms. Upon receipt of the completed form and fees (if applicable), a new member packet will be mailed, including a certificate. A ribbon may also be purchased to be worn on a graduation gown.

A Chapter can also nominate an Honorary Chapter member, reserved for any person who has made an outstanding contribution to the process and/or development of the Chapter's institution's respiratory care program. This category is an honorary title, and the Executive Board shall grant only one per chapter per year. Individuals accepting a nomination may contact the Executive Office for a Membership Acceptance Form to submit with a one-time \$40 fee.

Please email any questions or application requests to LambdaBeta@nbrc.org.



PRESIDENT

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Mason, MI

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Palm Beach Gardens, FL

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Atlanta, GA

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Bedford, TX

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Palm Beach Gardens, FL

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