Black Kills Kigh Wolf Fracks

UPCOMING EVENTS

February 9 & 10

Musical 7:00 PM in PAC

February 11

Musical 2:00 PM in PAC

February 11

Sadies—8:00 PM

February 13

BHAM Meeting 6:30 PM in Room 71

February 14

CMEA Jazz Festival All Day in PAC

February 15

Booster Člub 6:30 PM in Staff Lounge

February 20

No School Presidents' Day

February 21

No School Mid-Winter Break

February 25

Father—Daughter Dance

February 27

2017-18 Registration Start—Check school calendar for dates

February 27

Spring Sports Start Be sure to clear in the ASB Office

March 1

Choir Concert 7:00 PM in PAC

March 15

Freshman Fair 6:30 PM

PRINCIPAL'S MESSAGE

Dear Wolf Pack Nation,

Second Semester has begun with a flurry of activities, sports and snowy weather.

We welcome all families to attend one of the several showings of "The Music Man", put on by our Drama and Music students including some up and coming wolves from MTS and TMS. The final shows run this Thursday and Friday at 7:00 p.m. and Saturday at 2:00 p.m.

Our Winter Sports season is ending and we have seen positive results in our competitions from the rifle team, girls bowling, wrestling, and girls and boys basketball. Many teams have made it to the post season and we are excited about the possibilities of having the opportunity to continue playing and showing the state what great teams we have here at BHHS.

Congratulations to the band and orchestra students who performed at Solo and Ensemble January 28. BHHS had 19 entries in the competition and 15 of those received the highest score possible. A special congratulations to Emma Lindemeier, Andy Phan, Paige Hinman, and the BHHS Percussion Ensemble "Omnipotent" for winning the region. They will be competing at State at the end of April. BHHS also had eight performances qualify as alternates for State. Congratulations, band and orchestra!

Senior Exit interviews are coming up on March 28 and 29. This is a district requirement that all seniors must complete in-order to graduate. It is a great opportunity for our seniors to shine as every year I get feedback from community members about what outstanding students we have here at BHHS. If you are interested in assisting in this process, please get in touch with Susan Jones in our Career Center.

We have a great booster club and it is never too late to join them. Our booster club is an active organization that has assisted our students on numerous occasions and does so many great things for our school that I cannot list them all. We owe a great deal to the booster club and all they do for our students. Their next meeting is Wednesday, February 16, at 6:30 in the staff lounge. The annual Booster Bash Dinner and Auction is Saturday, May 6, from 6:00 – 9:00. Check out the flyer on page 4.

The Administrative Team here at Black Hills would like to say THANK YOU! Thank you for your support, thank you for sending us your children, as they truly are amazing; thank you for being involved in your child's life, thank you for your feedback both positive and negative — it does help us improve in our jobs and lastly thank you for reading this letter!

As always, if you have feedback on how to improve anything at BHHS please let me know. Have a Great Month!

Take Care,

David Myers - Principal



SPRING SPORTS CLEARANCE

On **February 13, 2017**, the ASB office will begin accepting Sports Clearance Packets for the following sports:

Baseball Fastpitch Golf-Girls Soccer—Boys Tennis-Girls Track and Field

If your student <u>already cleared for a 2016/2017 Fall or Winter Sport</u>, all they need to do is bring a completed Health History form and the \$75.00 (pay-to-play) fee to the ASB office.

If your student is <u>participating in a sport for the first time</u> in the 2016/2017 school year then they need to bring the <u>completed</u> **Athletic Packet** to the ASB office. The fee is \$40.00 for an ASB card (if not already purchased), and a \$75.00 pay-to-play fee.

The Athletic Clearance Packet may be found on the BHHS Website / Athletics / Athletic Forms.

First day of tryouts is 2-27-17

Student must be cleared before attending tryouts (do not wait until the last minute).

If you have any questions, please contact the Coach or the ASB office (360) 709-7810.

VANTAGE POINT: THE DEATH OF THE MULTISPORT ATHLETE

This column originally appeared in the September 2014 issue of Athletic Business under the headline, "Vantage Point: The Death of the Multisport Athlete."

Friday night lights are back for high schools across the country, and as you read this, many of the nation's top athletes are hard at work on the gridiron preparing for this week's upcoming game. I remember my first experience around a star athlete. I was 11 years old and my oldest brother was attending Wheaton North High School, which at that time was home to Kent Graham, the best high school athlete in the state of Illinois. Kent was a 6-foot-5-inch physical freak and the number-one-ranked quarterback in the nation. He also played safety. He earned three all-conference distinctions in basketball and regularly hit .400 for the baseball team. My dad fondly recalls Kent hitting a home run off my brother in Little League that cleared the lights and still hasn't landed.

But this was back when your best athletes played multiple sports — an era that appears to be ending, as sport specialization dominates the modern high school scene. In an attempt to better position themselves for college recruiters and professional scouts, high school athletes are focusing exclusively on one sport year-round. There's certainly no shortage of opportunities, as I addressed in my January 2014 article "School's Out," which took an in-depth look at how club sports have gone from preparing athletes for high school athletics to essentially stealing athletes away from high school sports programs.

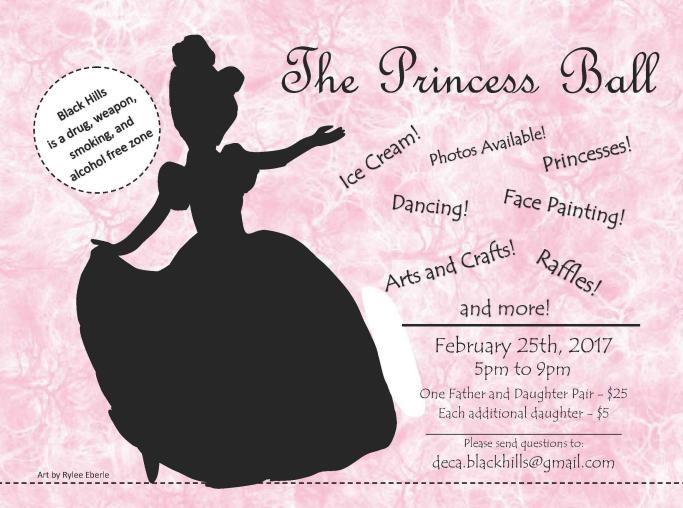
Arguments can be made for both sides of the equation, but there is one argument that prominent doctors strongly disagree with: athletes who play the same sport year-round are less susceptible to injury. In an <u>interview with Athletic Business</u> in August 2013, orthopedic surgeon and injury consultant Dr. James Andrews shared some insight from his book "Any Given Monday: Sports Injuries and How to Prevent Them for Athletes, Parents and Coaches — Based on My Life in Sports Medicine." In the interview, Dr. Andrews notes the dramatic increase in overuse injuries he was seeing in youth sports, due in large part to kids participating in one sport all year with little to no recovery time. Interestingly, another key factor in the rise in injuries, according to Dr. Andrews, is professionalism, the practice of training young kids whose bodies are still developing as if they are professional athletes. Dr. Andrews goes on to recommend specialization only once an athlete reaches his or her senior year in high school.

Unfortunately, his recommendations may not resonate with most coaches and parents. The pressure to develop faster and at a younger age is greater than ever before, and parents are convinced the most effective way to earn any type of athletic scholarship is through showcase events, such as Amateur Athletic Union (AAU) tournaments. While these types of tournaments have successfully spotlighted top basketball talent to recruiters, some argue they are hurting an athlete's development. In AAU, kids can play as many as four games in one day with little to no coaching, potentially impeding the necessary developmental strides they should be making.

For many high school parents and athletes today, it is no longer as much about love of the game as it is a business. Parents are "investing" outrageous amounts of money into their children's athletic development, because the fear is that they will not reach the level they need to without specialization, a notion constantly disproved. Look no further than the professional athletes we see today. Many were multisport athletes. Remember that high school wide receiver who was first-team All-State as a sophomore and led his team to the state semifinals his junior year? His name was LeBron James, and ironically, his high school football career came to an end in the summer before his senior year, when he broke his wrist playing in an AAU basketball tournament.

You are cordially invited to the annual Father Daughter Dance





Father's Name	Daughter(s)	100000000000000000000000000000000000000
Email Address (for confirmation)	Phone Number	Total Cost

Paying at the door will result in an extra \$2 fee
7741 Littlerock Rd SW Tumwater, WA 98512 Bonnie Center: (360) 709-7810

To pre-register, please call or fill out bottom half and either mail or turn in to Bonnie Center at the BHHS ASB Office
Cash and check only at door. To pay with card please go see or call Bonnie Center at the BHHS ASB office before February 23rd
Tumwater School District is not a sponsor of this event and assumes no responsibility for it



Time to ... How!

BLACK HILLS HIGH SCHOOL

BOOSTER BASH DINNER & AUCTION

Saturday, May 6, 2017 Doors open at 5:30 p.m. Event 6:00 – 9:00 p.m.

Capital Event Center (ESD 113, Behind Tumwater Walmart)

* Live Auction * Silent Auction * Dinner * No Host Bar

Proceeds support all participating BHHS sports, clubs, performing arts programs, students, and staff. This is the largest joint fundraiser of the year!

Your support is greatly appreciated.

December Students of the Month



Samantha Worth Arts



Alexandra Cokl History



Simone Symonds Language Arts



Quinton Platter Math



Gabrielle Mitchell PE



Dayton McGuire PE



Craig Adams Science



Caden Bourland Technology



Caleb Evans World Languages

January Students of the Month



Sarah Nedrow Arts



Jordan Anderson History



Savanna Thompson Language Arts



Eowyn Gordon Math



Athena Richards PE



Alexander Farmer



Devika Prasanth Science



Rylee Eberle Technology



Jarod Torres World Languages

Cheer Leads On and Off the Sidelines



Cheer Captains(Juniors) Elise Masters (right) and Radiant Berrien (left) really enjoy singing in their spare time...they are known to sing at any given moment during cheer practice.

Elise participates in Running Start at SPSCC. She explains that, "Running Start is an amazing opportunity and gives introduction to a college level learning environment."

Radiant enjoys volunteering in the community. Also, at Black Hills she is a member of the Yearbook Staff and especially enjoys fitness with Mrs. Summers

Freshman, Taylor Bueby is an academic all star with a stellar GPA!
Also, as a member of Black Hills' DECA team, she along with her teammates, recently competed against other students from various High School DECA programs in Washington State.



Karlie Noonan, Sophomore, has school spirit and Wolf Pack Pride! She represents Black Hills High School well as she volunteers at South Sound Services-A non profit agency in Olympia that provides a safe environment for children and families.



Cierra Moon, a Freshman not only adds positivity and smiles to cheer, but she also enjoys learning new skills in her Personal Choices class. In the class, students learn skills such as cooking and sewing. Here she is trying her hand at a new smoothie recipe.



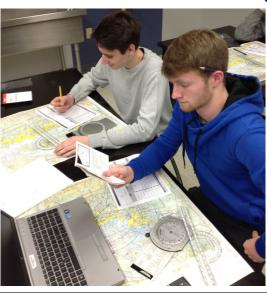
Cheer Try-outs!

Your Black Hills High School Cheer staff will be conducting try-outs in March. If you have school spirit and would like to find out how cheer supports BHHS athletic teams, come join the fun!!!

Individuals entering 9th through 12th grade in the Fall of 2017 may try-out. Information will be in the March Wolf

If you have any questions, please email Coach Melissa @ melissa.berrien@outlook.com or Coach Mikay @ mamakk27@yahoo.com

Physics of Flight





Physics of Flight students have learned how to use a flight computer (which is a simple circular slide rule) to plan a flight between different airports. They determine true course, calculate true heading and magnetic heading. They use wind velocities and speeds to calculate ground speeds and estimated times enroute. The students also calculate the amount of fuel they burn during their flight. Finally, the students fly their completed flight plan on our flight simulators. Math, science, and technology integrated together in flight!

Boys' Basketball

The boys basketball team is getting ready for post-season play. Despite busy schedules, and long hours, the players spent five of their recent Saturdays in the gym working with our "Little Wolves". The players served as coaches to the group of 2nd-6th graders, working on fundamentals across all areas of basketball. They also coached the participants in game settings that took place at half-time of recent JV and varsity games. "Little Wolves" is a fun and positive experience for all involved, and one that everyone looks forward to participating in each year.

All teams finished up their schedule at home when they hosted Tumwater (boys and girls double header) on February 3rd, and WF West on February 7th. They start their District playoffs on February 11th at Woodland High School at 7:00 p.m.



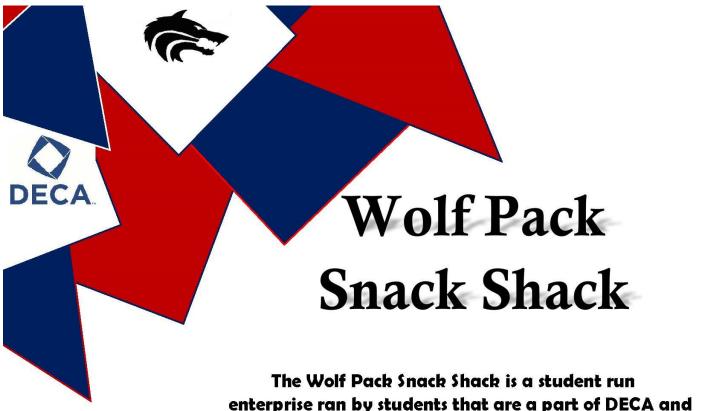
It is Time to Swing into Action!

Fore! BHHS girls' golf practice starts on Monday, Feb. 27th for all ages and abilities, especially freshmen. What can you do? Please prompt your daughter/s to turn out. Their first stop should be to visit Bonnie in the ASB financial office to pick up all the essential forms to become eligible. Schedules are available as well with Coach Reeves in the ASB office. If you have any questions please feel free to e-mail Coach Reeves at

dale.reeves@tumwater.k12.wa.us or call at 360-709-7809



BLACK HILLS HIGH WOLF TRACKS
PAGE 8



Located in the hallway by the commons.

competitions.

have completed one year in Intro to Marketing. The

profits made go towards funding DECA conferences and

- Opened during both lunches on Thursdays.
- We will be <u>selling</u> coffee, muffins, gum and more goodies to get you through the day!!!



"Mrs. Larson's iDesign (Visual Communications) class offers students a chance to explore Photography, Computer Science, Graphic Design, Graphic Art Careers, Cyber Safety, and Video Production. iDesign students learned about color and design through a graffiti name color wheel project during finals week."

Students pictured are Sam Carson, Wyatt Rollman, and Kierra Benevente from Mrs. Larson's 3rd Period iDesign class.



SAT PREP CLASS



Once again the SAT Prep class is being offered to TSD students. Classes start March 6th at Tumwater High School from 6-8pm. Flyers may be picked up in the BHHS main office for more information. If you are a junior and planning on attending college, this is a great opportunity for you to prepare for the SAT and take the test in May or June (or both).

Payment can be made at the ASB office.

Black Hills High School Theatre and Music Present "The Music Man."

By turns wicked, funny, warm, romantic and touching, *The Music Man* is family entertainment at its best. Meredith Wilson's six-time, Tony Award-winning musical comedy has been entertaining audiences since 1957 and is a family-friendly story to be shared with every generation.

The Music Man follows fast-talking traveling salesman, Harold Hill, as

he cons the people of River City, Iowa, into buying instruments and uniforms for a boys' band that he vows to organize – this, despite the fact that he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian, the librarian, who transforms him into a respectable citizen by curtain's fall.

Shows are February 9th and 10th at 7 p.m., and February 11th at 2 p.m.

Tickets are \$10.00 for adults and \$7.00 for students and seniors. Please call 709-7832 for more information.



SPRING SPORTS MEETINGS

Baseball

First day of tryouts February 27th

Fastpitch

New Coach—Jonathan Paul Informational Meeting February 10th during PACK Small Gym

Soccer

Informational Meeting February 10th during PACK Room 122

Track

First Day of Tryouts February 27th



GIRLS' BASKETBALL



The girls' basketball team wrapped up their season with 10 and 0 league record and an 18 and 1 overall record.

They start their post season games at Districts on Friday, February 10th at home against Columbia River.



Career Center News

Susan Jones- Career Center Specialist

Dear Parents and Community Members,

On March 29th and 30th, our seniors will be completing a graduation requirement by presenting their High School and Beyond Plan. This presentation (also called the Senior Exit Interview) is done in front of a panel of three people. One staff, the student's advocate and a community member. If you would like more information on how you can be a part of this all important process, please contact me at susan.jones@tumwater.k12.wa.us. I would love to hear from you.

> Susan Jones Career Center Specialist Black Hills High School

Updates

Seniors, as you receive your letters of college acceptance, scholarships, grants and financial aid notifications, please bring me a copy. (Whether it's your school of choice or not) This information is used several different ways including the Evening of Excellence.

Senior Exit Interviews will be held March 29th and 30th. All seniors will be required to present during this time. You need to complete your community service hours and finish your resumes if you haven't done so yet. Watch for more information to be emailed to seniors.

SPSCC has an online tutorial "7 Easy Steps to FAFSA"

Go to www.spscc.edu, click Paying for College, then Financial Aid. Top of the page is "7 Easy Steps to FAFSA".

Do you need to send a transcript with your college application?

Transcript request forms can be found in the Counseling Center and on our website. They must be filled out completely before being processed. Return completed forms to Mrs. Lovely in the Counseling Center for processing. The first 2 are free of charge. \$2/ transcript after that. Fee can be paid at the ASB office.

Juniors, if you are thinking about attending a four-year college or university, now is the time to start thinking about taking the SAT or ACT this spring. Tests dates are in March, May and June.

You will register for these test on their website. Please read all the testing information carefully. You will need to upload a photo for your admission ticket.

SAT: collegeboard.org.

ACT: act.org

Test and registration dates can be found on the BHHS Counseling calendar, in the Career Center or on the individual testing websites. Please make sure to fill out which colleges you want your scores sent to. You get the first 4 free. If you wait and send scores after you have received them, there will be a \$12/college fee.

Community Service

□ TYP Middle School Late Night, Valentine Theme

Feb 10th, 7-10PM

Tumwatér Middle School

You must be 16yr or older and completed the mandatory orientation to volunteer for this event.

☐ TYP Grade School Super Hero Night

Feb 24th, 7-9:30pm

Peter G Schmidt Elementary

You must have completed the TYP Orientation at City Hall before volunteering.

Volunteer Tumwater

The City of Tumwater has several opportunities for you to volunteer your time. This can be a one-time commitment or ongoing depending on the need. For more information, go to http://www.ci.tumwater.wa.us/departments/executive/city-programs/volunteer -programs/volunteer-tumwater and find out how you can help keep Tumwater beautiful.

Providence Health International 9225 Polaris Ln NE, Suite A; Lacey

Contact: laura.rodriguez@providence.org

We have a warehouse in Lacey and offer amazing volunteer opportunities.
We recover and donate medical supplies to over 25 countries, eliminate waste and take better care of our environment and provide help for the poor and vulnerable.

By volunteering at our medical Supply Warehouse, you can help sort, package or load products for shipment. Volunteers are needed at our warehouse weekdays and Saturdays. Shifts are 3 hours long.

YMCA Tutor Volunteer Any TSD elementary school 2 hours a week until June 2017

The YMCA is in need of tutors for their after-school programs at the elementary schools. You must be a junior or senior, commit to 2 hours a week until the end of the school year, and complete the volunteer application. See Mrs. Jones for more information.

Healing Hearts Ranch/Heart Strides needs volunteers! Call or text Erin Nutter if interested 360-455-0951 Fridays 1:30-3:30.

Need volunteer hours? Like working outside? Being around horses?

Pasture poop scooping, stall mucking, barn sweeping, tack cleaning and general care, ...
You can ride the bus to the ranch. Route 201 bus #42. You will need an initial bus note, let them know it will be regularly on Friday. Please arrange for your own pick up @3:30.

You must have Release Agreement completed and signed. Agreements can be found on our Community Volunteer webpage or in the Career Center.

Boys and Girls Club- Homework Hero

This is a 1 hr/2 days per week commitment for at least one school quarter. You will provide one on one assistance with homework and learning to an individual student. For more information, email Kaila at krants@bgctc.org.

STEP (Sharing Teens/Elders Project)

STEP is a program that trains teens to assist elders in enhancing their brains through fun targeted exercises, games and puzzles and conversations.

Applications and more information is available in the Career Center.

- These events are sponsored by the City of Tumwater Parks and Rec Department. You must attend an orientation before volunteering for the event.
- ♦ For all work parties, please dress for the weather and wear sturdy shoes or boots that can get wet and muddy. Youth under age 14 must be accompanied by an adult and all youth under 18 years must have a signed Waiver and Medical Alert or have a parents' signature on the sign-in roster at the project work site. Waivers can be found at http://olympiawa.gov/ city-services/parks/volunteering.aspx.

Each student has a file in the Career Center where they can keep their community service forms safe. Forms can be found in the Career Center or online.

Scholarship Opportunities

Juniors: The process for applying to a military academy begins in your junior year. More information and application is available in the Career Center. There will be an informational meeting scheduled for next spring for those juniors starting or interested in this process.

Austin German Ellison Memorial Scholarship Feb 1st Deadline

This scholarship is open to seniors who have participated in the band program all four years of high school and planning to continue your education after graduation. You must have a minimum GPA of 2.0 and write an essay. Information is available in the Career Center or on the Scholarship Bulletin.

Olympia Choral Society Scholarship \$1500 Award Feb. 1st Deadline

The Olympia Choral Society will award a scholarship to one or more South Sound seniors who intend to study vocal/choral music in college. The applicant does not have to major in this but study and/or participate in it. Application needs to be mailed and must be postmarked no later than Feb. 1st. For more information or the application, check the Scholarship Bulletin on our website.

WSECU Scholarship Feb. 13, 2017

It's the time of year when we extend an invitation to our members who are beginning or continuing their higher education. Last year we awarded nearly \$65,000 to 29 deserving recipients. You can access the application and more information at https:// www.scholarsapply.org/wsecu/.

Leadership 1000 Scholarship Feb 28th Deadline

The Leadership 1000 Scholarship is a scholarship program funded by individuals, foundations or businesses to provide college scholarships to students who will be attending an eligible four-year college or university in Washington state. Awards will range from \$1,500 to \$5,000. Transcripts, letters of recommendation including required form, and completion of your FAFSA is required. For more information, go to http://collegesuccessfoundation.org/wa/scholarships/1000/eligibility.

Washington State Opportunity Scholarship Feb. 28th Deadline

The Washington State Opportunity Scholarship (WSOS) supports low- and middle-income students pursuing eligible, high-demand majors in science, technology, engineering, mathematics (STEM) and health care. It encourages recipients to work in Washington state once they complete their degrees. You must be a Washington state resident, earn a HS diploma, attend college in Washington state once they complete their degrees. You must be a Washington state resident, earn a HS diploma, attend college in Washington as a full time student, have a minimum GPA of 2.75 or higher and have completed your FAFSA.

The application for 2017-2018 is available on the WSOS website. http://collegesuccessfoundation.org/WA/Scholarships/WSOS.

Washington State Governors Scholarship for Foster Youth Feb 28th Deadline

More information and an example of the application can be found at http://collegesuccessfoundation.org/wa/scholarships/governors/eligibility.

Buick Achievers Scholarship Feb 28th Deadline (Application open Jan 4th)

You must be a high school senior, graduate or current postsecondary undergraduate student, plan to enroll fulltime at a 4 year college or university, focus on Engineering, Technology, Design or other programs related to the automotive industry, and be a US citizen. Recipients will be selected based on the academic achievement, financial need, leadership, community service, work experience, and interest in pursuing a career in the automotive or related industry. For more information, go to http://buickachievers.com/.

Centralia College Foundation Scholarships March 1st Deadline

You must be enrolled as a full-time student (12 credit hours or more) each quarter and maintain a 3.0 GPA while attending Centralia College. To be eligible to apply for this, you must apply to the college, complete your FAFSA and complete the scholarship application before the March 1st deadline. The Foundation has many scholarship opportunities for students. To check out the online application and more information, go to http://www.centralia.edu/admissions/finaid/scholarships.html#apply.

Sound Credit Union Scholarship March 3rd Deadline

Sound Credit Union will award several scholarships between \$500 and \$1,000 each to the class of 2017.

To be eligible for consideration, applicants must:

Complete and return application by March 3, 2017

Be a primary member of Sound Credit Union by November 25, 2016

Be a senior attending high school

Maintain a 3.00 GPA through senior year of high school

Be a student in good standing.

For access to this application, go to soundcu.com/scholarships or in the Career Center.

Washington State Elks Vocational Grant Award March 3rd Deadline

The grant may be used for tuition, fees, books and supplies at a Community College or Technical School. Any graduating Senior High School student and/or General Education student, who is a U.S. Citizen is eligible. They must be receiving a diploma or certificate during the current program year and planning to pursue an eligible Vocational/Technical Course, above and supplemental to High School or Preparatory School, may apply.

Start the application process early. Visit www.waelks.net to find the Elks lodge nearest to where you live. Contact the lodge for appli-

Start the application process early. Visit www.waelks.net to find the Elks lodge nearest to where you live. Contact the lodge for application drop off times. Application can be found here or online at http://www.waelks.net/forms.htm. Please read directions carefully.

Ewing C Kelly Scholarship March 10th Deadline

Eligibility: 1) Applicant must be accepted, or have an application pending, at an accredited institution of higher learning, public or private including community colleges; 2) must be a senior-level student at a public or private high school (or home school); 3) must have a composite score of 20 on the ACT or a composite score of 1400 on the old version of SAT (1030 on new version) if planning to attend a 4-year school; 4) must be a U.S. citizen or have a green card. Application is available here or in the Career Center

Tumwater Education Association Scholarship March 15th Deadline

The TEA Future Teacher Scholarship provides financial aid to a graduating senior pursuing post secondary education leading to public school teacher certification. This award must be used within one year and you must attend a state accredited public or private university or college, or accredited community college. The application is available here or in the Career Center and must be returned to the Career Center by the posted deadline.

TwinStar Credit Union High School Scholarship March 31st Deadline

This scholarship opportunity is for current TwinStar customers in good standing and plan on attending an institution of higher learning in the fall of 2017. A transcript must be included with the application. Applications can be found at https://www.twinstarcu.com/scholarships.

O'Bee Credit Union Scholarship April 1st Deadline

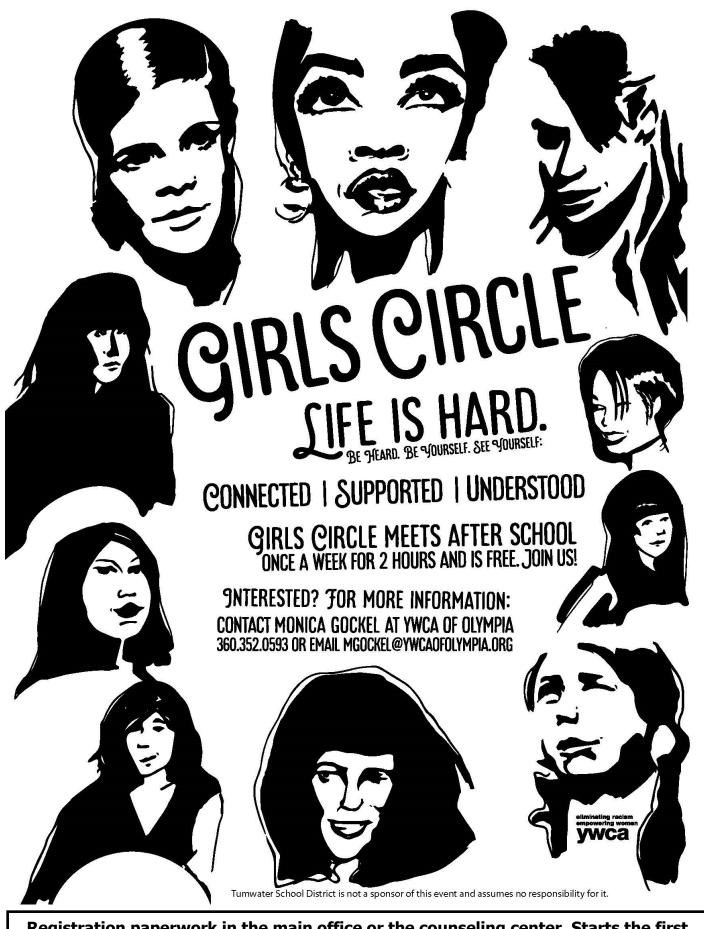
O Bee Credit Union's college scholarship program is open to O Bee members.

Six \$3,000 scholarships will be awarded.

Scholarships will be awarded only to students attending public colleges or trade schools within their state of residence. Those attending private or out-of-state will not be considered. This online application is available at https://www.obee.com/Everyday-Banking/Youth-Services/SCHOLARSHIPS.

Check out the Scholarship Bulletin on our BHHS website for more information on other opportunities and access to online applications.

The Tumwater School District does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including general expression or identity, the presence of any sensory, mental or physical disability or the use of a trained dog guide or service animal by a disabled person in its educational programs, activities, or employment procedures and personnel practices as required by state and federal law.



Registration paperwork in the main office or the counseling center. Starts the first week in February.

TUMWATER COMMUNITY SCHOOLS

We need your help to keep our School Pantries & Resource Centers stocked!

We can help support student success by making sure that all students have access to necessities such as food, clothing, and hygiene items.

Items can be dropped off at any Tumwater Community Schools site: Black Lake, Michael T. Simmons, Peter G. Schmidt, Bush Middle School, Tumwater Middle School, Black Hills and Tumwater High School.

TOGETHER! advances the health and wellbeing of all young people.



Specific needs at BHHS =



NEW (NOT USED) CLOTHING:

- T-Shirts (short & long sleeve)
- Sweatshirts
- Jeans
- Athletic pants
- Socks
- Underwear & bras
- Shoes size 1-10: boots, athletic shoes
- School spirit gear (gently used is ok)
- Outerwear: hats, scarves, jackets

HYGIENE:

- Shampoo
- Conditioner
- Liquid body wash
- Deodorant
- Toilet paper
- Toothbrushes, toothpaste, dental floss
- Pads & tampons
- Hairbrushes & combs
- Face wash
- Lotion

Updated 1/26/17

FOOD:

- Canned fruits, vegetables, beans, soups, pasta, cooked meats (Pop-top cans preferred)
- Healthy snacks: nuts, dried fruit, jerky
- Protein shakes & bars
- Easy Mac
- Ready-to-eat meals
- Instant rice & pasta dishes
- Pre-made tuna or chicken salad
- Breakfast items & Cereals

OTHER:

- Gift cards for gas, groceries, restaurants (\$10-25)
- Electronics: laptops, phones, chargers, phone cards
- Hangers
- Shopping bags: paper, plastic, reusable
- Alarm clocks
- Large ziplock type bags
- Hygiene wipes (or baby wipes)

Community Schools reduces barriers to student & family success by integrating community resources with in-school support systems.