

HILLTOP HERALD

peopleCare Hilltop Manor * 42 Elliott St, Cambridge * 519-621-3067 * visit www.peoplecare.ca



February 2020

Celebrating February

Smiles Theatre

Monday February 3rd at 3:00pm
in Preston Dining Room

Art Shine

Tuesday February 4th at 10:00am
in Preston Dining Room

Jessie Webber Duo -

Monday February 10th at 3:00pm
in Blair Dining Room

Lovers Luncheon

Friday February 14th at 12:00 pm
RSVP by February 9th

Instrumental Concert with Fraser French

Friday February 14th at 2pm in
Blair Dining Room

Resident Council

Wednesday February 26th at
10:00 in the Blair Dining Room

DURING THIS
SEASON OF
LOVE FOCUS
ON LOVING
MORE THAN
JUST THOSE
CLOSEST TO
YOU

Love Everyone.

Welcome Home

Maria D, Armande T, Sylvia H,
Audrey B, Ivan S, Joanne C,
Josephine S, Emilia S and Eleanor L

Happy Birthday

To All those born in February!

Name	Date	Name	Date
Ada	1 st	Virginia	17 th
Rudi	2 nd	David	18 th
Grace	3 rd	Leona	20 th
Sarah	9 th	Edith	21 st
Gerald	10 th	Marjorie	21 st
Angie	10 th	Lucien	25 th
Salome	12 th	Verna	26 th
Mary H	13 th	Marion	27 th
Helen- Marie	16 th		

Flower: Carnation
Birthstone: Violet



February Birthdays

In astrology, those born between February 1–18 are the Water Bearers of Aquarius. As the water of life heals the land, so Aquarians are the humanitarians of the zodiac. Free-spirited, nonconformist, compassionate, and visionary, they support giving “power to the people.”

Those born between February 19 and 29 are the Fish of Pisces. Fish feel things deeply, as in under-the-sea deep. These intuitive, creative, and intelligent people have strong feelings of right and wrong and also love to help others.

Don't Forget about the Disability Tax Credit (DTC)

Substitute Decision Makers, If your love one is eligible for the DTC please bring in Form T2201 Part B and let the nurse know that the medical practitioner needs to fill it out, the nurse will follow up with the Doctor next time they are in.

We will also be reaching out to the community to see if there is someone who will come in to help with income taxes. Stay Tuned!



In Memory Of

Alice
Wayne
Jack
Jenny
Priscilla
Jim
Margaret
Sigrid

*Our deepest thoughts and sympathies
go out to the family and friends*

*"He spoke well who said that graves
are the footprints of angels."*

~Henry Wadsworth Longfellow

Message from the Executive Director

Dear Residents, Families and Loved Ones,

January was a quieter month at Hilltop given that we had a number of ill residents and were focusing our efforts on caring for those who were unwell. We also spent extra time ensuring our environment was even more thoroughly and regularly disinfected to prevent the spread and our outbreak durations were kept quite short. Many thanks to our residents for enduring this disruption to normal daily life at Hilltop. Many of you were asked to remain in your room during the outbreak and there were many less visitors to the home. If not for your cooperation our outbreaks may have dragged on for several weeks and I appreciate your patience.

So far this season we have not had any influenza activity in the home, and this is much due to our high flu shot vaccine rates. Ninety seven percent of all residents and 87% of all staff have been vaccinated. Just a friendly reminder to postpone your visit if you are feeling unwell.

I have received questions from many of you regarding the Ontario Senior's Dental Program recently rolled out by the Ontario Government. At this point any resident of Ontario aged 65 or older who meets the lower income requirements can apply for a dental card. This dental card can then be presented at one of two designated provider clinics in Waterloo Region to receive dental services at no charge to you. We are currently exploring ways that this service could benefit residents in long-term care without the need for assistance to travel to a designated clinic. Please stay tuned for more information. If you would like to learn more about the program, please visit www.ontario.ca/seniorsdental.

I would like to congratulate Brent Morrison on his recent promotion to Executive Director at Delhi Long-Term Care, a peopleCare managed home. Brent was promoted from cook at another peopleCare home to Director of Food Services at Hilltop Manor two years ago. Brent has aspirations to grow and took on the Assistant Executive Director role. Brent enrolled in the Administrator's Certification Program required by the Ministry of Long Term Care and passed with flying colours. Brent's leadership skills have served him well, and he is now moving on to his next adventure, which was his goal. Brent will remain at Hilltop three days per week until his successor is hired. Brent, congratulations and thank you for all you have contributed to Hilltop Manor. We will miss you!

I have received some questions regarding the Corona virus that is currently circulating in China and more recently in North America. We receive weekly updates from the Ministry of Long Term Care, our local public health unit and Public Health Agency of Canada. The disease is being monitored very closely and at present the risk of transmission is low. However, we are taking steps to prepare ourselves in the event the situation worsens, including taking on extra supplies, refreshing staff education on infection control and the use of personal protective equipment. We will keep you apprised as the situation develops.

Finally, I would like to welcome Amy Donohue to our team as a second Nursing Staffing Manager, joining Jacklyn in the staffing office. We have identified that with the current healthcare labour shortage, this position needs additional resources to ensure we are maximizing the use of our existing staff, and recruiting new staff to fill our open positions. We have already begun to realize the benefits of this additional position with more consistent staffing.

Sincerely,
Mike Dickin, Executive Director

Living the peopleCare Values

PEOPLE

Educate, Mentor, Recognize

Who have you recognized lately?

Mentoring = Leadership

Be a Leader today!



Check us out, and like us on Facebook by typing in "peopleCare Communities"

<https://www.facebook.com/PeopleCareCommunities/>

Visit www.peoplecare.ca to download our latest program calendars and newsletters, and to learn what's new at peopleCare Communities!

HEARTbeats

Congratulations to our December Draw Winners!

Lucas
Heather M

They have received a \$25 gift card for displaying the peopleCare Values!

Thank you for all you do!



Internal Phone Directory

Reception Desk	100
Executive Director – Mike Dickin	103
Business Office Manager – Vimla Hare	112
Nursing Staff Manager – Jacklyn Appleby	104
Exc. Dir of Nursing – Deborah Beckman	222
Director of Resident Care – Raj Kaur	117
Director of Resident Care – Jenny Wang	204
Director of Resident Care – Vickie Cook	303
Director of Nutrition – Brent Morrison	105
Asst. Director of Nutrition – Harpreet Batth	106
Dietician – Meghan Scott	134
Director of Recreation- Kristen Leenders	114
Social Work – Peter /Chaplain- Daria	232
Physio- ARVAN Group	107
Director of Environmental Services – Carl Lindo	116
Hair Salon – Lorrie	136

peopleCare Is here for You

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and Employee Recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats rewards and recognition Program

Meeting Minutes- Jan 8th

- Welcome- tonight's agenda- Recreation at Hilltop Manor
 - Kristen Leeders - Director of Recreation gave a report on how the Recreation department creates a plan, their budget, choice of excursion, how to get involved, 2019 overview and goals for 2020
 - Main entertainment includes, Smiles Theatre, Bingo, Pub Night, Birthday Tea and Lunch, Carnival, In House Casino, a Men's Group joining residents from Golden Yrs & AR Goudie
 - Learned that the Chaplin and Social Worker are contracted positions and not employees of PeopleCare. They split their time between Hilltop and Golden Years, 2-3 days per week and fall under the Recreation budget
 - Goals - Introduce an entertainer for Grand River home area one time per month. Increase hours in REC with program staff and or Music Therapy, Stroke focused therapy group
- A big shout out to Kelly's Flowers for donating all of the monthly birthday corsages. THANK YOU!

Next Meeting - February 12 @6:00pm

- Welcome- main floor library or Preston lounge, join Family Council and members of the leadership team for -
- Discussion to set dates and topics for our monthly meeting as well as our new education series for 2020
- Open questions and or concerns

Our FIRST Education date is Saturday, February 29 - 3:00- 4:30

Topic - Real Estate - Next Steps for Your Family Home

A local Realtor will discuss all of your options in taking the next steps to make a change in the family home.

Groundhog Day Word Search

L K Y E N W A T U S X N U P W E V E
P J P N F O Y R A U R B E F T Q I L
G X F L W D K W Y D U O L C S T W A
H R O C I A Y O B M U M W P A T J M
P Z O M R H D I O L P M W E C B P M
G L U U P S U G S P R I N G E W V A
D O E J N U Q T R E S G L Y R K L M
A W D U N D E R G R O U N D O S S S
Y A D I L O H E M E R G E E F T B S
S Y A D Q L L O P R E D I C T I O N
I S S F V Y K H G K C V W O R R U B
X B E A W I Z M R O D E N T X D N P
T E T A N R E B I H A R E T N I W L
E E P W E E U E I F W E A T H E R I
J S P E N N S Y L V A N I A M J V H
S E H L G O E Y E O Y Z F R T S Y P
X K B I T J R Y V X H J P X C Y G U
L K S I H K O P O B Q E X Z Z O H C

burrow
cloudy
cold
day
emerge
February
forecast
groundhog

hibernate
hole
holiday
mammal
Pennsylvania
prediction
Punxsutawney Phil
rodent

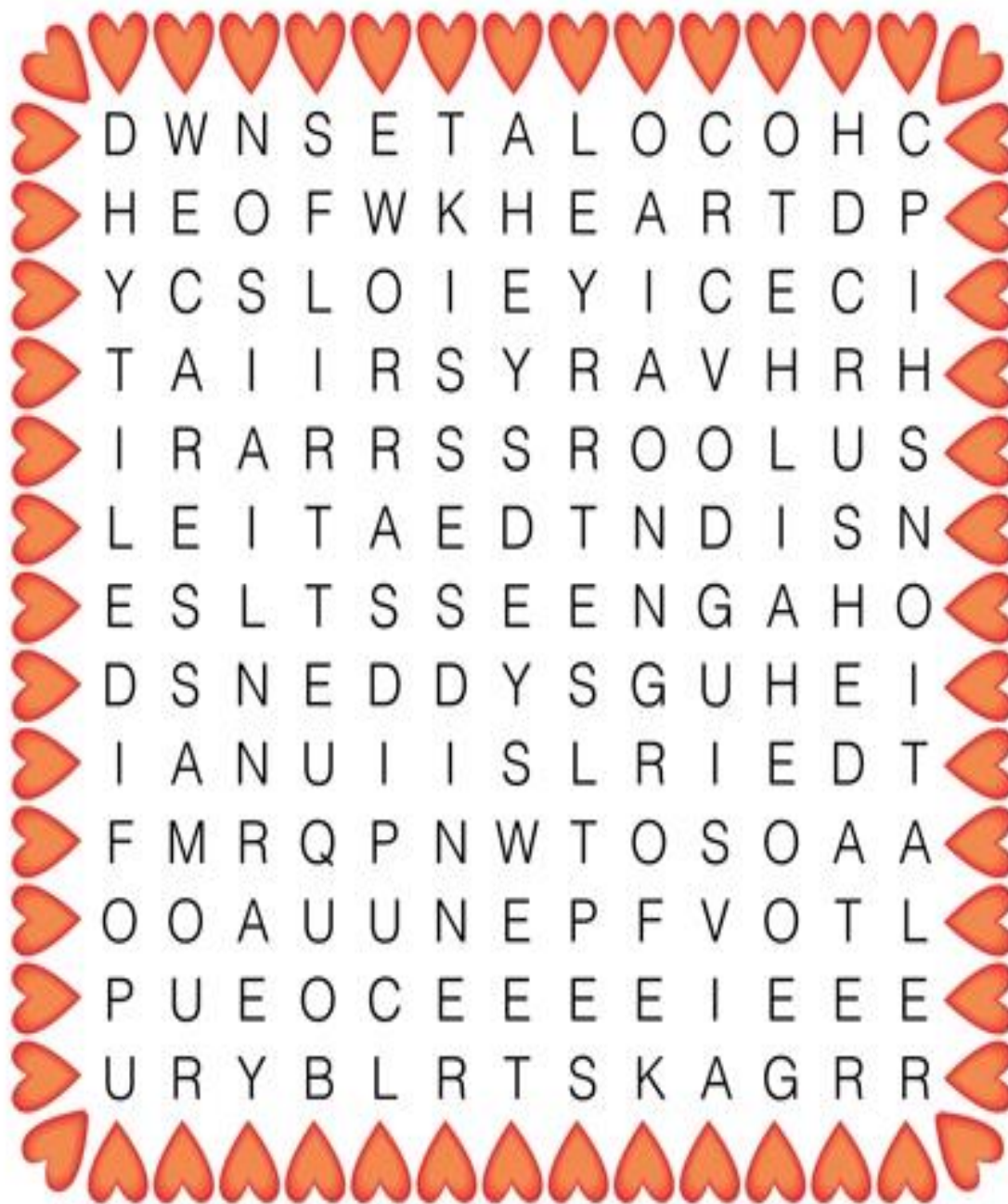
shadow
sign
six weeks
spring
underground
weather
winter



Valentine's Day Word Search

Find all these words in the grid, they can run in any direction but will always be in a straight line. The left over letters will complete this quotation :

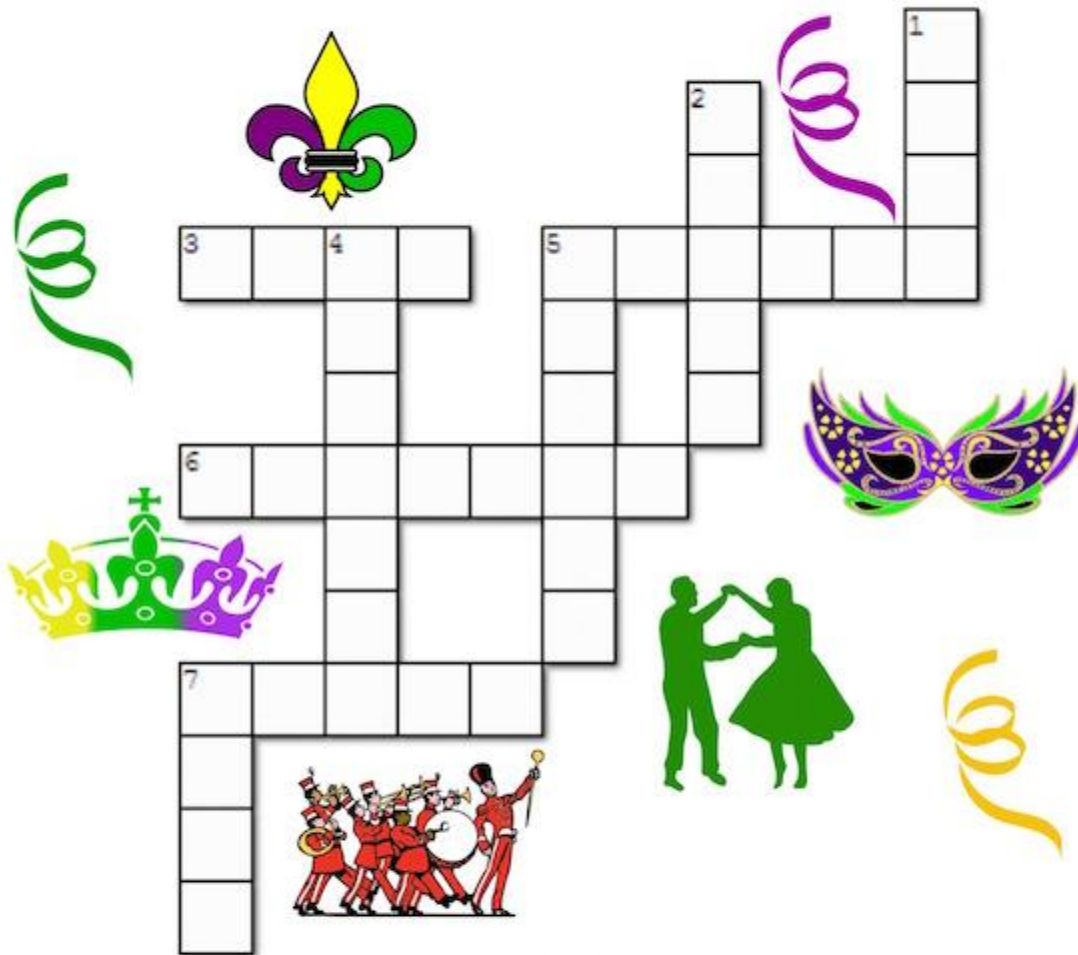
IF LOVE IS BLIND, _____



- ADORE
- AMOUR
- BOUQUET
- CARDS
- CARESS
- CHOCOLATES
- CRUSH
- CUPID SARROW
- DATE
- DESIRE
- DESIRE
- DEVOTED
- DINNER
- DOVES
- FANTASY
- FIDELITY
- FLIRT
- GIFTS
- HEART
- HONEY
- HUGS
- KEEN
- KISS
- LIAISON
- LOVE
- RELATIONSHIP
- SWEET
- YEARN

MARDI GRAS CROSSWORD PUZZLE

USE THE CLUES BELOW TO SOLVE THE CROSSWORD PUZZLE.



Across

3. 'Laissez les bons temps rouler' means 'Let the _____ times roll'.
5. People celebrate Mardi Gras by giving out _____, green and gold beads.
6. Mardi Gras is also known as Fat _____.
7. My favorite part of Mardi Gras is dancing to the _____.

Down

1. King _____ is a round baked good, decorated with purple, gold and green.
2. _____ Gras marks the end of Carnival Season.
4. Mardi Gras is celebrated every year in New _____, Louisiana.
5. I love watching the floats in the _____ go by.
7. On Mardi Gras I will wear a _____ to cover my face.

WWW.BLOGGINGBABIESANDTHEBAYOU.COM