



# FR. O'KEEFE ASSEMBLY 1162

March 2020  
Volume 3, No. 9

4<sup>th</sup> Degree Knights of Columbus  
Norfolk, Virginia-Assembly 1162

*Fr. Matthew J. O'Keefe Assembly No. 1162*

## COMING UP AT ASSEMBLY #1162

March 2:	Meeting at Council 10601
March 7:	State Qtrly Meeting (Charlottesville)
March 8:	DAYLIGHT SAVINGS (+1 hr)
March 21:	District's Bi-Annual Meeting
March 29:	K of C FOUNDER'S DAY (138 Yrs)
April 6:	Meeting at Council 367
April 18:	4 <sup>th</sup> Degree Exemplification (VB)



## Faithful Navigator's Message

Worthy Sir Knights, Families, and Friends,

As we enter Lent, a season of prayer and penance. During this period, we should put an emphasis on daily prayer, receiving the sacraments, donating to the poor, and the practice of charity. In supporting this effort, the Assembly has been invited to attend the Liturgy of the Presanctified Gifts at Our Lady of Perpetual Help on 18 March at 6:30 pm (additional details on the service is provided in a separate article in this month's newsletter).

The Spring Exemplification will be held on Saturday 18 April 2020 at the Church of Ascension, 4853 Princess Anne Road, Virginia Beach, VA 23562. Candidates will need to arrive by 1100 with a start time of the Exemplification at 1200 Noon and the Ladies program will begin at 1100.

## Faithful Navigator's Message, *cont.*

In order to become a Star Assembly, we need to recruit at least 11 new Sir Knights. Please canvas your councils for new Sir Knights. The last chance for candidates to be voted on is the March meeting.

*See Faithful Navigator's Message, Page 2*

## Facebook & Website

Be sure to like **Father Matthew J. O'Keefe Assembly No. 1162 - 4th Degree, KOC** on Facebook and the Assembly's web site, **kofcasemby1162.org** to keep updated on Assembly events and news.

Please share the newsletter with those that do not have email and ask them to get an email account and register it with the Assembly as the newsletter will only be sent out via email.

*Knights of Columbus, Assembly #1162 meetings are held the 1<sup>st</sup> Monday of each month on a rotating basis from Councils 367, 3548, & 10601 beginning promptly at 7:30 p.m.*

<b>Council #367</b>	<b>(JAN, APR, JUL, OCT)</b>
<b>Council #3548</b>	<b>(FEB, MAY, AUG, NOV)</b>
<b>Council #10601</b>	<b>(MAR, JUN, SEP, DEC)</b>

*The Fr. Matthew J. O'Keefe Assembly #1162 is published by and for the membership of Knights of Columbus, Norfolk, Va. Assembly 1162. The views expressed therein are not necessarily those of the Knights of Columbus. It is published monthly to inform the membership on issues of concern. The publication is emailed monthly to 1162 members. Comments may be mailed to: John Person, 1162 Editor, 5201 Kennebeck Ave., Norfolk, VA 23513 or emailed at [jpperson415@cox.net](mailto:jpperson415@cox.net).*

## **Faithful Navigator's Message,** *from page 1*

The following Sir Knights have obtained Honorary Life Member status:

Joseph P Bernard

William R Epstein

Ronald A Stover

Richard H Trent

Rufino C Cachaper

Joseph V Marasco

Albert W Marchand

For those that did not attend the February meeting, I would like to present them the Honorary Life Member card and Certificate during the March meeting.

Our March meeting will be held at Council 10601, St. Matthew's Church, 3314 Sandra Ln, Virginia Beach.

I look forward to seeing you on 2 March at 7:30 PM.

Vivat Jesus,  
Ed Nettleton  
Faithful Navigator

## **Faithful Comptroller's Message**

**Worthy Sir Knights,**

Thank you to all that have paid your Dues. Unfortunately, as of February 20, 2020, there are still 37 Sir Knights that still have not paid their Dues for 2020. 1<sup>st</sup> and 2<sup>nd</sup> Notices have already been sent out and no response has been received from these brothers.

On March 2, 2020, Final Notices will be sent out and if you do not pay up within 60 days or reach out to the Faithful Navigator or Faithful Comptroller to make arrangements you will be dropped from the 4<sup>th</sup> Degree.

If you have not received a 1<sup>st</sup> or 2<sup>nd</sup> Notice, then you email and/or address on file is incorrect and you need to update it. Please, if you have not paid your Dues yet avail yourself of this last appeal to pay or make other arrangements.

Vivat Jesus,

Mike Atkinson,  
Faithful Comptroller

**COMING UP AT COUNCIL 367**  
***“THE FIRST COUNCIL IN THE SOUTH”***

- March 1-3: SPX NEST
- March 4: Business Meeting
- March 5: Form Nomination Committee
- March 6: AYCE LENTEN FISH FRY
- March 6-8: CTK Family Retreat
- March 7: 40 Day Prayer Vigil (Plan Parenthd)
- March 11: Officer’s Meeting (All Invited)
- March 13: LENTEN SHRIMP DINNER
- March 14: State Basketball Free Throw (Rich)
- March 14: 40 Day Prayer Vigil (Plan Parenthd)
- March 15: Disabled Citizen Dinner (Bless Sac)
- March 16: Silver Rose (Christ the King)
- March 17: St Patrick’s Dinner – Sacred Heart
- March 20: AYCE LENTEN FISH FRY
- March 21: LENTEN ADORATION CTK (24 hrs)
- March 21: 40 Day Prayer Vigil (Plan Parenthd)
- March 22: Bless Sacrament FOM Presentation
- March 22: Blessed Sacrament Breakfast
- March 25: Columbus Club Officer’s Meeting
- March 27: AYCE LENTEN FISH FRY
- March 28: KOVAR Drive Corner of Ches & LC
- March 28: 40 Day Prayer Vigil (Plan Parenthd)
- March 29: SPX Religious Ed Breakfast
- March 29: Exemplification at Sacred Heart

AYCE LENTEN FISH FRIES – Every Friday in Lent starting February 28. 6 – 7:30 PM. Stations of the Cross at 5:30 PM. Cost is \$10 for adults & \$5 for children ages 5 – 12. Menu consists of fried or baked fish, French fries, mashed potato, hush puppies, cole slaw, baked beans, & fish sticks.

LENTEN SHRIMP DINNER – Friday, March 13th, from 6 - 7:30. Menu includes 8 Jumbo Shrimp, baked potato, macaroni & cheese, roll, salad & dessert. Cost is \$10 Adults, \$5 for children 5-12. Children menu is 4 Jumbo Shrimp and children 4 & under are free but does not include shrimp.

KOVAR DRIVE – Saturday, March 28th, from 8 AM – 4 PM at intersection of Chesapeake Blvd & Little Creek Rd. We need four two-person teams to cover four two-hour shifts. We will be conducting our KOVAR drives at the Food Lion stores on Saturday, April 25th and at all our parishes on April 25-26. Contact KOVAR Chairman, PGK Ron Schafer, 735-1644.

FORTY DAYS PRAYER VIGIL – From 11 am – 12 pm on Saturdays, March 7, 14, 21, 28 & April 4, to silently protest against abortion outside Planned Parenthood located at 515 Newtown Rd, Virginia Beach. Rosary prayed at 11:45 am.

**COMING UP AT COUNCIL 3548**

- March 3: Business Meeting 7:30 PM
- March 7: Shamrock Shenanigans
- March 17: Social Meeting 7:30 PM

AYCE BREAKFAST – There will be no breakfast this month due to the parade after party clean up.

SHAMROCK SHENANIGANS – See Attached Flyer

**COMING UP AT COUNCIL 10601**

- March 5: Officer’s Meeting 7 PM
- March 12: Business Meeting 7 PM

**COMING UP AT COUNCIL 16658**

- March 10: Business / Planning Mtg 7:00 PM

Meal trains are now set up for 3 families with babies born in February. You can pick up disposable aluminum food transport pans at Ray Selg’s office. 2500 Alameda Ave Suite 111, Norfolk.

Meal train for all three families on the same night:  
<https://www.mealtrain.com/trains/9I5y55>

Individual meal trains to bring meals to one family:

Morgan & Dan Evans: <https://mealtrain.com/I18m04>

Jet & Matt Hambrick: <https://mealtrain.com/q476r1>

Lainey & Tim Mire: <https://mealtrain.com/q40orm>  
 Tim is deployed.

Call Dan Patti at 412-291-0722 for more information.

Our Council’s meeting is held at:

Our Lady of Perpetual Help Parish  
 216 S Parliament Dr,  
 Virginia Beach, VA 23461

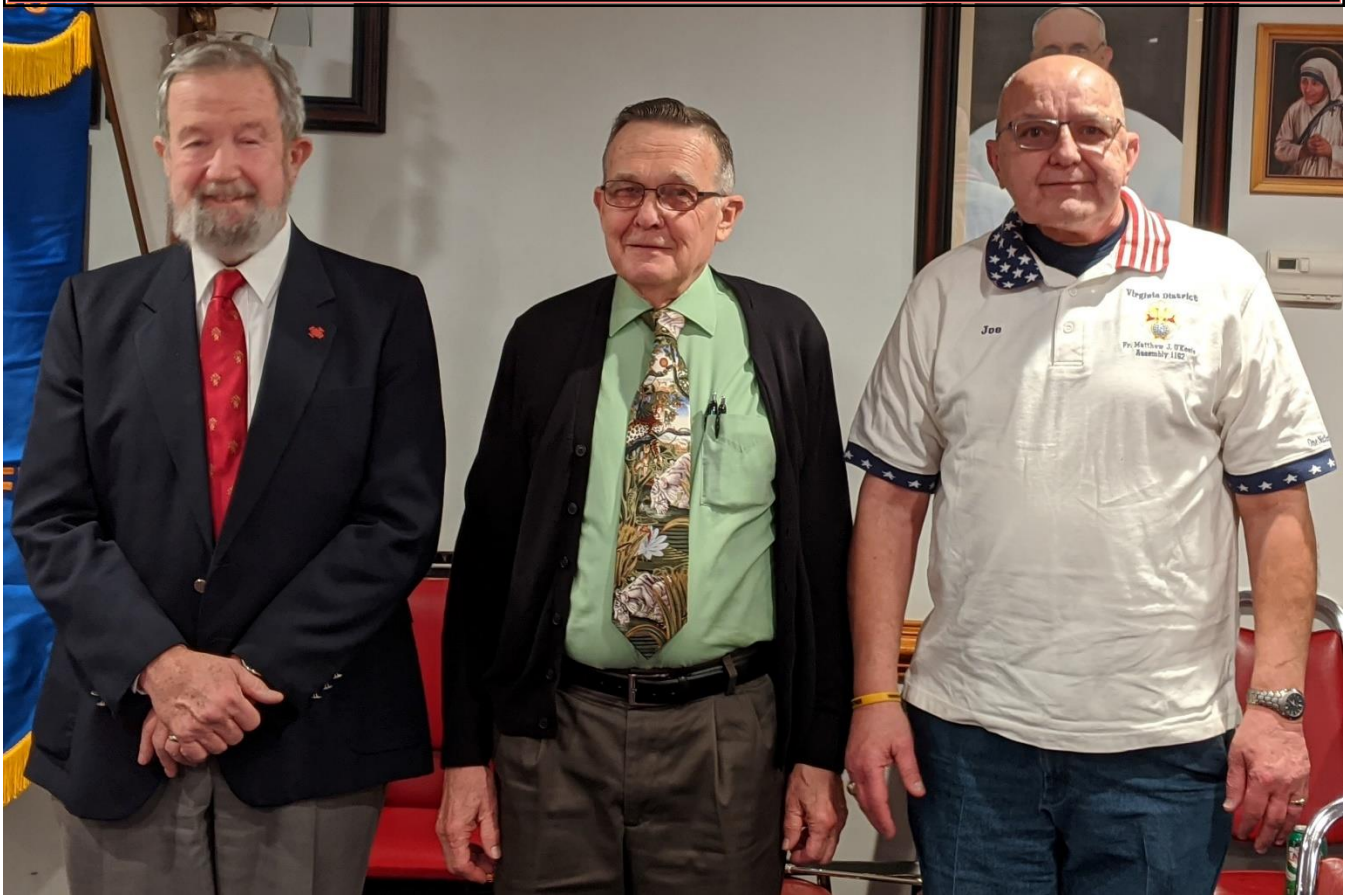
Check our new website at:  
<https://kofc16658.wixsite.com/website>

**COUNCIL 367 (CONT)**

Check out our website at [kofc367.org](http://kofc367.org) and our Facebook page for events.

# HONORARY LIFE MEMBERSHIP

## 2/3/20



**THREE OF OUR FINEST SIR KNIGHTS RECEIVED THEIR HONORARY LIFE MEMBERSHIP CARD & CERTIFICATE FROM OUR FAITHFUL NAVIGATOR, ED NETTLETON. SIR KNIGHTS JOSEPH P. BERNARD, RICHARD H. TRENT, & JOSEPH V. MARASCO. CONGRATULATIONS!**

# Liturgy of the Presanctified Gifts & Meal



On Wednesday, 18 March at 6:30 pm, Assembly 1162 have been invited to participate in the Pre-Sanctified Liturgy and Lenten Meal at Our Lady of Perpetual Help, [216 South Parliament Drive, Virginia Beach.](#)

During Lent, the Byzantine Catholic Church, has a special beautiful service: Liturgy of the Presanctified Gifts on Wednesday evenings and Friday evenings. The Liturgy of the Presanctified Gifts is the solemn Lenten Vespers with the administration of Holy Communion added to it. This service can be traced back to the Seventh Century AD.

Following the service, a simple Lenten meal, typically beans and rice will be served. There is no cost for the meal, but donations are welcome.

Six years ago, Council 10601 started serving this meal after learning about the terrible plight of Eastern Catholics in Iraq and Syria. This began a series of Lenten solidarity dinners, simple dinners essentially rice and beans, a dinner that refugees in the Middle East typically eat.

Please join Council 367, Council 10601, and Council 16658 on Wednesday 18 March for the Liturgy of the Presanctified Gifts at Our Lady of Perpetual Health. All donations will be sent to Supreme to be forwarded to the Church in Iraq.

# **ST PATRICK'S DAY CELEBRATION PARADE**

## **LOCATION**

Old Town Alexandria, Alexandria, VA 22314

## **WHEN/TIME**

Saturday/7 March - 12:30pm (start) to 2:30pm

## **MUSTER LOCATION/TIME**

Basilica of St. Mary's Lyceum - 313 Duke St Alexandria, VA 10 AM

## **PARADE START LOCATION/LENGTH**

Begins on King Street between Alfred and Lee Streets – 1 ½ Miles

## **PARADE GRAND MARSHAL**

John Brennan, Restaurateur, BIO: <https://www.ballyshaners.org>

## **ATTIRE**

Official Regalia Dress-Service (ORD-SER), see attachment for dress reqts. or Social Dress Uniform (SDU): Standard Suit (Dark black, blue, or gray); Plain White button-down shirt with no ruffles, no French cuffs (no cuff-links allowed) or button-down collar; Conservative tie (no bow tie); Plain black shoes, no Penny Loafers, Wingtips, or decorated type shoes; Plain black socks; 4th Degree Social Baldric; 4th Degree Lapel Pin (PG-113); Name Badge; Miniature Medals; Jewels of Office (3rd or 4th Degree - Only current worn); and White gloves).

## **POC/INFO**

Color Corps Commander, Fred Beata, at <[fred2pgk@gmail.com](mailto:fred2pgk@gmail.com)> or 571-249-0955.

Prior to the parade coffee and donuts will be on hand and refreshments will be served following the event.

**RSVPs WILL BE TAKEN UP UNTIL THE DAY OF THE EVENT**

# OFFICER POSITIONS

We will be forming a Nominating Committee in March to find Sir Knights that want to step up and become an officer in the 4<sup>th</sup> Degree. The following is a list of positions and what their responsibility is for the Assembly.

## Faithful Navigator

The Navigator is responsible for the welfare of the Assembly. He presides over Assembly meetings, acts as an ex-officio member of all committees, appoints a membership and programming director, convenes officers for a monthly meeting, and ensures all necessary reports are submitted to the State and Supreme Council. He should also be aware of the Assembly's financial status and ensure that his signature appears on all checks drawn. The Navigator is a member of the Advisory Board.

## Faithful Admiral

The Admiral\* has a variety of responsibilities. Primarily, he assists the Navigator and the Captain in the execution of their duties and oversees the Assembly in both their absences. He is charged with strengthening the members' interests in Assembly activities. The Admiral is chairman of the admission committee.

*\*This position is usually held by the Past Faithful Navigator*

## Faithful Friar

The Friar (*chaplain*) is the spiritual advisor of the Assembly. He is expected to make a report at Assembly meetings on religious matters. The Navigator appoints a priest in accordance with any rules established by the bishop of the diocese to serve as Assembly Friar (*chaplain*).

## Faithful Captain

The Captain is second in command. He assists the Navigator with Assembly affairs and fulfills all duties assigned to him by the Navigator. Should the Navigator be absent from an Assembly meeting, the Captain will preside. He is chairman of the Assembly's retention committee and also a member of the Advisory Board.

## **Faithful Pilot**

The Pilot is the ‘watchdog’ for all Assembly property and degree paraphernalia, except the property of the Comptroller, Purser and Scribe. He is also responsible for setting up the Assembly chambers for meetings.

## **Faithful Scribe**

The Scribe is similar to a court reporter or a secretary. He is responsible for maintaining a true record of all actions of the Assembly and its correspondence. A copy of the last meeting's minutes is reviewed by the executive at a meeting prior to the Business meeting.

## **Faithful Comptroller**

The Comptroller is an *elected* position in the Fourth Degree. His main area of responsibility is maintaining all financial and membership records. He alone collects and receives all moneys from all sources, including annual dues from Assembly members. He also handles supply orders for the Assembly officers and members, filing the Report of Officers, and submitting all membership transactions to the Supreme Council.

## **Faithful Purser**

The Purser is responsible for the safekeeping and maintaining of records regarding all Assembly funds and accounts. The *Comptroller* turns over all monies collected to the *Purser* and receives a receipt for same. The *Purser* is responsible for depositing all money into the Assembly’s accounts and provides the certificate of such monies to the Navigator. He is also responsible for payment of all expenses through a warrant signed by the F.N. and Comptroller.

## **Faithful Outer/Inner Sentinel**

The Sentinels have similar responsibilities, but distinct differences. The outside Sentinel tends to the outer door admitting visitors and members to the inner door. Once at the inner door, the inside Sentinel checks to make sure that their membership cards are current.



## Faithful Trustees

The board of trustees consists of three members elected by the Assembly and the Navigator who serves as chairman of the board. They oversee the work of the Comptroller and Purser, and with the Captain, serve on the Assembly's retention committee. During Assembly elections, only the three-year trustee is voted on, with the others moving up to become two and one-year trustees, respectively.

## Color Corps Commander

The Guard Commander is appointed by the Faithful Navigator to organize and lead the Color Corps for the Assembly and is responsible for the training and deployment of the guard. The F.N. may appoint one or more **Alternate Commander(s)** to assist the Guard Commander.

## Equivalent Positions Between Council's and Assembly's

<b>Council</b>	<b>Assembly</b>
Worthy Grand Knight	Faithful Navigator
Worthy Chaplain	Faithful Friar
Worth Deputy Grand Knight	Faithful Captain
Worthy Warden	Faithful Pilot
Worthy Recorder	Faithful Scribe
Worthy Financial Secretary	Faithful Comptroller
Worthy Treasurer	Faithful Purser
Worthy Inside Guard	Faithful Inner Sentinel
Worthy Outside Guard	Faithful Outer Sentinel
Worthy Trustees (3)	Faithful Trustees (3)

## **General Membership**

The Fourth Degree ritual added patriotism to the three original principles of the Order: charity, unity and fraternity. Any Third Degree member in good standing, is eligible for membership in the Fourth Degree. The primary purpose of the Fourth Degree is to foster the spirit of patriotism by promoting responsible citizenship and a love of and loyalty to the Knights' respective countries through active membership in local Fourth Degree groups called assemblies. Fourth Degree members must retain their membership as Third Degree members in the local council to remain in good standing.

## **Organizational Structure**

The Fourth Degree was initially started at a National Council meeting in 1899, when it was determined that an additional ceremonial degree was needed that would represent patriotism. The initial Exemplification, as the degree is called, was held on February 22, 1900. It was scheduled to be in the Astor Hotel, however when the class reached in excess of 1,100 candidates, it was moved to the Lenox Lyceum, a temporary wooden structure. Members were originally part of local councils. In 1910 a restructuring of the order separated them and called the groups, Assemblies.

There are more than 1.9 million Knights of Columbus members in more than 14,000 councils. Fewer than 18% of Knights join the Fourth Degree, which is optional. Today there are more than 2,500 Assemblies.

## **Fourth Degree Structure**

Starting at the Supreme level there is the Supreme Master and the Supreme Board of Directors. The next level of the structure is broken into provinces of which there are twenty. Each province is lead by a Vice-Supreme Master. There are currently 15 provinces in the United States, 4 in Canada, 1 in Mexico 1 in the Philippines, and 1 in Korea.

A Master is in charge of a District and is responsible for overseeing the Installation of 4th Degree Assembly Officers, The Renewal of Obligations in January, and holding at least one 4th Degree Exemplification each year.

Also a Master usually has a District Marshall to assist him. The Jewel for the 4th degree officers are suspended from a red, white, and blue ribbon. Each contains the 4th Degree Emblem and title of the Officer's position.

Assemblies are similar to the council, and many are named after patriots, war heroes.

The triad emblem of the Fourth Degree features the Dove, the Cross, and the Globe.



*The Dove* - classic symbol of the Holy Spirit and Peace - is shown hovering over the orb of the *earth (Globe)*. Both are mounted on a variation of the *Crusader's Cross* - that which was found on the tunics and capes of the Crusading Knights who battled to regain the Holy Land from the pagans.

**Our Honored Order cherishes as its patron Christopher Columbus.**

**Christopher** - Christ Bearer

**Columbus** - Dove of Peace, symbolizing the Paraclete.

*Those Knights currently holding or having held the office of Supreme Master, Vice Supreme Master, District Master or Faithful Navigator will wear a colored patch behind the beret pin in the colors below. Only the current serving Marshal or Color Corps Commander may wear the appropriate colored patch.*

### **Colors of Beret Flash For Color Corps/Honor Guard**

Supreme Master	Dark Blue
Vice Supreme Master	Light Blue
Master	Gold
Faithful Navigator	White
District Marshall	Green
Assembly Commander	Purple
Color Corps Members	Beret Pin without a patch



*Knights of Columbus  
Fourth Degree  
Calvert Province – Virginia District*



Stephen Paul Raschke Sr., PSD  
District Master

5210 Aberdeen Creek Road  
Gloucester, VA 23061

Home: 804 695-9912  
Cell: 757 509-0177

**“Patriotically Proud”**

E-Mail: Master@vakofc.org

Website: www.vakofc.org

January 17, 2020

State Officers  
District Deputies  
Directors and State Staff  
Past State Deputies  
Former Masters  
Grand Knights  
Faithful Navigators  
District Secretary  
District Marshal  
Regional Marshals  
District Staff  
General Agents  
LOV President

Spring 4<sup>th</sup> Degree Exemplification April 18, 2020

This letter provides all addressees with the information required for the Virginia District April 18, 2020 Exemplification. Faithful Navigators and Grand Knights are requested to pass this information to potential candidates and to all 4<sup>th</sup> Degree Knights and their spouses.

The Fall Exemplification will be held on Saturday April 18, 2020 at the Church of Ascension, 4853 Princess Anne Road, Virginia Beach, VA 23562. Candidates will need to arrive by 11:00 AM with a start time of the Exemplification at 12:00 Noon and the Ladies program will begin at 11:00AM. The attire will be as described in the attached informational packet to the candidates and sponsors/observers.

If you would like to get a hotel room the night before, reservations may be made at the Hyatt Place Virginia Beach, 335 Independence Blvd, Virginia Beach, VA 23462. The room rate is \$139.00 plus tax per night which includes breakfast. To make reservations call 888-591-1234 ask for the “Knights of Columbus, VA State Council group rate” online instructions are attached with enclosed instructions. Reservations must be made as soon as possible, but no later than 17 March 2020. There will be a hospitality room for those staying at the hotel on Friday evening.

Read the candidate and assembly information carefully as there have been a number of changes. Please plan and join us and escort new Sir Knights into our Order.

Patriotically Proud

Stephen Paul Raschke Sr., PSD  
Master, Virginia District



# Knights of Columbus Fourth Degree Exemplification Saturday, April 18, 2020



## **INFORMATION FOR CANDIDATES, GUESTS, AND CURRENT FOURTH DEGREE MEMBERS**

**Date:** Saturday, April 18, 2020

**Location:**

Exemplification

Church of the Ascension  
4853 Princess Anne Road  
Virginia Beach, Virginia 23462

Hotel/Lodging

Hyatt Place, Virginia Beach  
335 Independence Blvd  
Virginia Beach, Virginia 23462  
757- 431-7000

To make reservations: Call (888) 591-1234 and ask for the "Knights of Columbus VA State Council group rate" or on line at [https://www.hyatt.com/en-US/hotel/virginia/hyatt-place-virginia-beach-town-center/orfzv?src=vanity\\_hyattplacevirginiabeachtowncenter.com](https://www.hyatt.com/en-US/hotel/virginia/hyatt-place-virginia-beach-town-center/orfzv?src=vanity_hyattplacevirginiabeachtowncenter.com) put in your check-in date, check-out date (04/17/20-04/18/20), enter your special code "G-VKOC" under the corporate or group code drop down box, click BOOK NOW & follow the directions. Our special group rate of \$139 will pop up.

**(Cutoff date for reservations is 17 March, 2020, please RSVP early)**

**Eligibility:**

Candidates must be a Third-Degree Knight in good standing. All applications (Form 4) for non-U.S. citizens, must be reviewed by the Master once they are approved by the Assembly. To facilitate the process, you may send an electronic copy, not the original application.

Candidates requiring special arrangements are to be identified when their application is submitted. Special needs include diabetics, candidates in wheel chairs, etc. We will make special arrangements for them to take the Degree, if necessary. The Assembly must escort those with special needs to the antechamber and stay with them until they are ready to be moved into the Exemplification Chamber.

**Fees:**

The candidate fee is \$70.00. This fee is set by Supreme. This fee includes the social baldric, Fourth Degree Pin, certificate, luncheon ticket, and processing fees. Candidates and SK's will pay their fees to the local Assembly. The Assembly will write a single check to the Master.

**Priests:**

The cost for Priests is \$60.00. We encourage Assemblies to assume the costs for their Priest candidates. Although Supreme does not charge a fee for Priests, the \$60.00 cost includes the Priest's luncheon ticket, social baldric, Fourth Degree Pin, and certificate.



## Knights of Columbus Fourth Degree Exemplification Saturday, April 18, 2020



### **Fourth Degree Dress Code:**

Candidates for the 4<sup>th</sup> Degree will wear a dark black, grey, or blue suit with a plain white shirt and basic/conservative style tie (no bowties). Both jacket and pants must be dark in color. Brown, green, or other color suits are not authorized. Candidates should not wear any pins on their jacket lapels. The social baldric and PG-113 pin will be provided to candidates during the ceremony. Priests should be dressed in clerical attire. Deacons may wear clerical attire as allowed by diocesan guidelines. Active Duty Military may wear their Class A or dress uniform. Policemen and Firemen may wear their dress uniform. 4<sup>th</sup> Degree Sir Knights attending the Exemplification as observers should wear the Official Regalia Dress or they may also wear dark black, grey, or blue suit with a plain white shirt and basic/conservative style tie (no bowties). Both jacket and pants must be dark in color. Brown, green, or other color suits are not authorized. The social baldric should be worn under the jacket but in front of the tie. All Sir Knights, observers or color corps members, will wear the Fourth-Degree pin, the PG-113. No other pin will be worn. Policemen and Firemen may wear their dress uniform.

Candidates should be in possession of their 3<sup>rd</sup> Degree membership cards. All observers attending the Exemplification will need to present current 3<sup>rd</sup> **and** 4<sup>th</sup> Degree membership cards. Honorary and Honorary Life membership cards are not acceptable for admittance to the Exemplification.

### **Luncheon:**

The luncheon will be served at the Church of Ascension 4853 Princess Anne Road, Virginia Beach Virginia 23462. Cost: \$20.00 per Guest ticket. The cost of additional exemplification luncheon tickets is also to be paid to the local Assembly for inclusion on the tally sheet. The luncheon will be buffet style. There will be a program during the luncheon to include the 4<sup>th</sup> Degree Necrology for the April 2019 to April 2020 year.

### **Ladies' Program:**

Ladies may and are encouraged to attend the ladies' program and exemplification luncheon. Cost for the Ladies program is \$20.00 and the luncheon 20.00 for a total of \$40.00 if attending both program and luncheon.

**Ladies' program will be on a separate flyer.** The ladies' program has not been finalized and it is requested that any Lady attending the ladies' program and exemplification luncheon and wish to receive updated information on the program provide to the Master's wife her email. The Master's wife will provide updates and information to the ladies thru their email prior to the exemplification. Her email is [dcraschke@aol.com](mailto:dcraschke@aol.com)

**Cancellation Policy for all Events:** No refunds AFTER April 1, 2020.

### **Exemplification Mass:**

No separate/special Mass will be held at this event. Church of the Ascension has Masses scheduled for 5:30 PM Saturday and 8:45, 10:30 and 12:15 on Sunday.



# Knights of Columbus Fourth Degree Exemplification Saturday, April 18, 2020



**Schedule of Events:**

Day	Time	Event
Friday	5:00 PM- 7:00 PM;	Navigator check-in at hotel
Friday	5:30 PM – 11:00 PM	Hospitality Room open
Saturday	8:00 AM to 11:00 AM	Navigator check-in at Church of the Ascension
Saturday	No later than 11:15 AM	Candidates report to Antechamber
Saturday	11:00 AM ***	Ladies program
Saturday	12:00 Noon	Exemplification
Saturday	3:00 PM ***	Luncheon
Saturday	5:30 PM	Mass at Church of the Ascension (regular parish Mass)

\*\*\* Time subject to slight changes

**Candidates and Members:**

Please confirm with your Faithful Navigator or Assembly representative when and where you should meet to get your tickets for the Exemplification and luncheon; and the time and location from where you will be escorted to the Degree.

All candidates must know the name and number of their new assembly. Candidates should also have the cell phone number of their Navigator or Assembly Representative. **It is also recommended that the Assembly POC each candidate's cell phone number.**

Note that all candidates need to report to the antechamber no later than 11:15 AM and show a current signed third-degree membership card.

Candidates requiring special arrangements or accommodations are to be identified when their application is submitted. Additionally, please advise the Master's staff when checking in. Candidates will form at the antechamber no later than 11:15 AM; the Degree will start at 12:00 Noon and not end until mid-afternoon. Candidates with special medical requirements such as diabetes should be aware of this time restraint, so medications and food might be consumed accordingly prior to the degree. The Assembly must provide a SK to escort those with special needs to the antechamber and stay with them until they are ready to be moved into the Exemplification Chamber.

**Special Notes:**

- All reservations for candidate tickets and extra luncheon tickets need to be made through the local Assembly and payment made to the Assembly.
- Tickets MUST be presented for admission to luncheon.
- A combined hospitality room will be open at the hotel on Friday.

**Questions and/or additional information**

Please do not hesitate to contact District Master Stephen Paul Raschke Sr. at [Master@vakofc.org](mailto:Master@vakofc.org) or at 804-695-9912 (H) or 757-509-0177 (C), or the District Marshal/Secretary, David Todd Sr. at [Secretary@vakofc.org](mailto:Secretary@vakofc.org) or at (703) 352-2724.

**NAVIGATORS: PLEASE PROVIDE THIS INFORMATION TO ALL CANDIDATES AND OTHERS WHO WILL BE ATTENDING THE EXEMPLIFICATION**



# Knights of Columbus Fourth Degree Exemplification Saturday, April 18, 2020



## ADDITIONAL ASSEMBLY INFORMATION

### This supplements the Candidate Information sheet

#### Submissions

All paperwork including the Assembly Tally Sheet (attached and available at [www.vakofc.org](http://www.vakofc.org)), completed Form 4's (without detaching any copies), and Assembly check for payment of all fees **must** be received by Wednesday, April 1, 2020. Please allow sufficient time for mailing. All paperwork should be sent to:

Jeff Befumo, PFN  
Administrative Assistant  
16933 Four Seasons Drive  
Dumfries, VA 22025

Please send Jeff an e-mail at [adminassistant@vakofc.org](mailto:adminassistant@vakofc.org) and advise him that you have sent a package and by which method (i.e., regular mail, FedEx, etc.). This allows us to track everything sent to us. DO NOT USE "REQUIRE A SIGNATURE" SERVICE (Suggest Priority Mail \$7.45 this has a tracking with the service and has better security in the mail box vice FEDEX dropping off on the front porch.)

Note: The one Assembly check for the entire amount for all candidate fees and additional luncheon tickets, and ladies' program must be made payable to Stephen Paul Raschke Sr., Master, Fourth Degree.

Candidates will be accepted on a "first come, first served" basis. All paperwork must be completed, and a check received from the Assembly before a candidate is added to the list. Assemblies are strongly encouraged to make an early submission and then follow-up with a second submission if there are additional candidates.

#### Waivers

All applications (Form 4) for non-U.S. citizens must be reviewed by the Master as soon as they are approved by the Assembly. To facilitate the process, send an electronic copy, not the original application. Do not wait to submit the Form 4 with the total package, but submit it as soon approved.

#### Picking up candidate packages and escorting candidates to the Degree

Navigators can pick up their candidate packages from 5:00 PM until 6:30 PM Friday April 17, 2020 at the hotel and from 8:00 AM until 11:00 AM on Saturday, April 18, at Church of Ascension. Please note that only Navigators or their appointed representatives should be picking up candidate packages. Candidates must get their tickets from the Navigator after the Assembly has been checked-in. Therefore, Navigators should arrange to check in and pick up all tickets as soon as possible.

When checking in, Navigators should bring with them a copy of their final tally sheet. This will assist in reconciling any differences in candidate, luncheon, or monetary totals. Navigators should also have an assembly check made payable to the Master, for any funds owed or for any additional candidates or for the purchase of additional luncheon tickets, pending availability.

#### **Each Navigator is responsible for:**

- Ensuring all Form 4s (complete without detaching any copies), tally sheets, and Assembly checks are complete and accurately filled out.
- Reminding and ensuring the candidates and observers are in the proper attire for the Degree. Candidates for the 4<sup>th</sup> Degree will wear a dark black, grey, or blue suit with a plain white shirt and basic/conservative style tie. Both jacket and pants must be dark in color. Brown, green, or other color suits are not authorized.





## Knights of Columbus Fourth Degree Exemplification Saturday, April 18, 2020



- Candidates should not wear any pins on their jacket lapels. The social baldric and PG-113 pin will be provided to candidates during the ceremony. Priests should be dressed in clerical attire. Deacons may wear clerical attire as allowed by diocesan guidelines
- Active Duty Military may wear their Class A or dress uniform. Policemen and Firemen may wear their dress uniform.
- 4<sup>th</sup> Degree Sir Knights attending the Exemplification as observers should wear the Official Regalia Dress. They may also wear dark black, grey, or blue suit with a plain white shirt and conservative style tie. Both jacket and pants must be dark in color. Brown, green, or other color suits are not authorized. The social baldric should be worn under the jacket but in front of the tie. All Sir Knights, observers or color corps members, will wear the Fourth-Degree pin, the PG-113. No other pin will be worn. Military, Policemen and Firemen may wear their dress uniform.
- Registering and picking up candidate and participant tickets upon arrival.
- Distributing candidate tickets and luncheon tickets before 11:15 AM on Saturday. Please advise your candidates where they can pick up their tickets. Suggest providing candidates with the FN or Rep. cell number prior to Exemplification.
- Bringing candidates to the Degree chamber entrance no later than 11:15 AM on Saturday, April 18, 2020.
- If you have a candidate with special needs requiring him to take the Degree by observation, please advise the Master's staff accordingly. Candidates will form outside at the chamber no later than 11:15 AM; the Degree will start at 12:00 Noon and not end until mid-afternoon. Candidates with special medical requirements such as diabetes should be aware of this time restraint, so medications and food might be consumed accordingly.
- Ensure that Candidates have in their position a 3<sup>rd</sup> degree membership card for admittance into the Chamber and know the name and number of their Assembly and FN or Rep cell phone #.
- Ensure all Assembly observers have a 3<sup>rd</sup> and 4<sup>th</sup> degree membership card in their position for admittance into the chamber

### **Cancellations and Additions**

Cancellations received after Wednesday, April 1, 2020 will not receive any refunds as final commitments will have been made. While we will do our best to accommodate additions, luncheon additions made after Wednesday, April 1st cannot be assured a luncheon ticket.

### **Special Navigator Information**

All Navigators are expected to attend the Exemplification in Official Regalia Dress if you wish to participate as an escort. You are requested to assist in the Exemplification as escorts for the candidates. This is a critical part of the Exemplification and your role as an escort is an important one and your participation is required and greatly appreciated. As has been the practice the past few years, you should plan to participate in a rehearsal at 9:00 AM on Saturday. You are expected to attend and participate even if your Assembly does not have candidates. I understand that all Navigators will not yet have the Official Regalia Dress; if there are Sir Knights in your Assembly that do and can fill in for you as an escort, their participation will be most appreciated.

### **Hospitality Rooms**

No individual hospitality rooms are planned for this Exemplification. A combined hospitality room will be available for snacks and beverages on Friday evening at the hotel.

Assemblies are being asked to contribute \$25.00 to help offset the cost of the hospitality room. The Assembly check should be made payable to Stephen Paul Raschke Sr., Master, Fourth Degree and mailed to 5210 Aberdeen Creek Road, Gloucester, VA 23061, no later than October 16. This should not be part of your Exemplification package and should **not be mailed to the administrative assistant.**



## Knights of Columbus Fourth Degree Exemplification Saturday, April 18, 2020



### **Program Book Sponsorships**

Assemblies are requested and strongly encouraged to sponsor the Exemplification Program Book. Sponsorship cost is \$75.00. Please send a check to the District Master no later than April 1 202. The Assembly check should be made payable to Stephen Paul Raschke Sr., Master, Fourth Degree and mailed to 5210 Aberdeen Creek Road, Gloucester, VA 23061. This should not be part of your Exemplification package and should **not be mailed to the administrative assistant.** This sponsorship helps to keep other candidate costs at their current levels.

### **Necrology**

There will be a Necrology read at this Spring 2020 Exemplification, all Assembly Comptrollers need to make sure all VSS9's have been processed and sent to the District Secretary for inclusion of all departed Knights since the last Spring Exemplification on 27 April 2019.

### **Reminder of cutoff dates**

ASAP	Recruit
March 17	Hotel reservations
April 1	Candidate packages to the Administrative Assistant
April 1	Program and hospitality sponsorships to District Master
April 1	Absolutely no refunds after this date

### **Fees:**

**All fees are to be paid to the Assembly and the Assembly must issue one check payable to Stephen Paul Raschke Sr., Master, Fourth Degree.**

The candidate fee is \$70.00. This fee includes the candidate's banquet ticket, social baldric, Fourth Degree Pin, certificate, and processing fees.

The cost for Priests is \$60.00. We encourage Assemblies to assume the costs for their Priest candidates. Although Supreme does not charge a fee for Priests, the \$60.00 cost includes the Priest's luncheon ticket, social baldric, Fourth Degree Pin, and certificate.

The cost of additional luncheon tickets is \$20.00 per ticket  
The Ladies Program with lunch and program is \$40.00 for luncheon only \$20.00

**Ladies program will be on a separate flyer.** It is requested that any Lady attending the ladies' program and exemplification luncheon and wish to receive updated information on the program and tour provide to the Master's wife her email. Master's wife will provide updates and information to the ladies thru their email prior to the exemplification. Her email is [dcraschke@aol.com](mailto:dcraschke@aol.com)

### **Schedule of Events:**

Day	Time	Event
Friday	5:00 PM- 7:00 PM;	Navigator check-in at hotel
Friday	5:30 PM – 11:00 PM	Hospitality Room open
Saturday	8:00 AM to 11:00 AM 9:00 AM	Navigator check-in at Church of the Ascension Escort Practice All Navigators
Saturday	No later than 11:15 AM	Candidates report to Antechamber
Saturday	11:00 AM ***	Ladies program
Saturday	12:00 Noon	Exemplification
Saturday	3:00 PM ***	Luncheon
Saturday	5:30 PM	Mass at Church of the Ascension (regular parish Mass

\*\*\* Time subject to slight changes



## Knights of Columbus Fourth Degree Exemplification Saturday, April 18, 2020



### **Color Corps Volunteers**

District Marshall Phil Kennedy will be sending out an e-mail soliciting the assistance of Color Corps members for the Degree ceremony. All Navigators are expected to serve as Candidate Escorts for the Exemplification. Practice for Navigators and volunteers is scheduled for Saturday at 9:00 AM. Volunteers must be in the Official Regalia Dress for the Degree. Please encourage your members to assist.

### **Questions and/or additional information**

Please do not hesitate to contact District Master Stephen Paul Raschke Sr., at [Master@vakofc.org](mailto:Master@vakofc.org) or at 804-695-9912(H) or 757-509-0177 (C), or the District Secretary, David Todd Sr. at [Secretary@vakofc.org](mailto:Secretary@vakofc.org) or at (703) 352-2724.

KNIGHTS OF COLUMBUS  
UNIFORM PROGRAM  
MANAGED BY  
THE SUPPLY ROOM

The Supply Room is a small Veteran owned business located in Oxford Alabama. We have been in business for over 37 years serving all beaches of our armed forces. Most of the Government agencies who started with us 37 years ago are still our largest customers today. The owner of the Company is a Former Army Officer and I am a Retired Navy E9/CWO, both the owner and I understand specifications, quality control and paying attention to the details. These qualities are what has kept the Supply Room at the top of a highly competitive industry and it will also serve us well as we work toward building a first class Knights of Columbus program.

We took possession of the existing uniforms during the first two or three days of December. Our first step was to measure each and every garment to be sure the size label was accurate before we placed it into stock. By doing this timely and costly evaluation and by asking the right questions when the customers place their orders, we have pretty much eliminated the rejects or returns.

We are now in the process of dyeing fabric and sewing our products and will have most every product on our shelves in the April/May timeframe. Here are the actions we have taken to improve each item:

**Blazer** We will have two models of the blazer, the traditional fit and what we are calling, our executive fit. Both models will be made from a tried and tested pattern which have been used to make hundreds of thousands of commercial blazers over the years. The fit and style has been battle tested. The Traditional cut is for those who still have a chest and waist in proportion. We will have sizes from 32 XX-Short to 72 X-Long, so we can fit most anyone.

The Executive cut, (Portly) is for those who need a little more coat around the stomach so it can be buttoned. This will allow us to fit you properly over the back and shoulders and still take care of the buttoning issue.

**Trousers**

We found the trousers to be this biggest problem from the past and we have taken the necessary action to correct this problem. We have also used a tried and tested pattern for the trousers to provide plenty of room in the thigh, seat and leg. We also have added a concealed stretch waistband to provide 2 to 3 inches of ease above and beyond the waist size. If you wear a 34, these pants will fit you even if you are actually a 35 or even 36 inch waist.

## **Beret**

We heard a lot of stories about the beret and how it fit, or didn't fit. Many said it looked like a "beanie" and just sat on the top of the head. Our military experience kicked in and we took the style we make for the Special Forces which would fit properly and allow the drape to extend over the right ear. We removed the lining, trimmed it in a top quality leather and used a fine Australian wool. From the feedback we have received, this has solved the problems. We supplied the Color Guard at the Kellenberg Assembly up in New York State who refused to wear the old style and according to Rob Timmerman, the Color Guard members now love it.

## **Tie**

Not a lot of complaints about the tie other than the Long was not long enough, so we have added an extra long which is 64 inches and should fit the tallest member.

## **OPTIONAL ITEMS**

We were asked if we could offer, as an option, a white shirt, a black oxford and an overcoat. We can, and we have provided prototypes of each for approval.

### **White Shirt**

We will be offering a 100% cotton, no-iron white shirt with exact sleeve lengths. We will stock sizes from a 13" neck and 28" sleeves to a 23" neck and 37" sleeve. This should fit most every need. Shirts are like the blazer's, some need more room in the stomach area and we have addressed this. We will have an executive cut/style for those who need this extra room. We will have these available around April and they will be favorably priced for this quality and features. Once approved, they will be available on our our website, [www.kofcuniform.com](http://www.kofcuniform.com) or toll free number 833-562-4327.

### **Black Oxford**

We will have these shoes ready for sale in late March early April. We have used a top grain cowhide and the inside of the shoe is lined with a soft leather. From the feedback we have received from test wears is, this is one comfortable shoe.

### **Overcoat**

There are some areas in America where an overcoat is needed in the winter time. We have developed a 19 oz., 100% wool, mid-calf coat with a heavy satin lining. The coat will be water resistant as well. The coat will have epaulets on the shoulders for the Baldric to go under and the gold KOC buttons. This coat is currently being test worn and if it is accepted as it is, we will have these available before the winter ends, especially in the northern part of the country.

In summary, we at the Supply Room feel blessed to have been given the responsibility to provide the 4th Degree Knights with a complete uniform with the highest quality in materials and workmanship. We have accepted this challenge and we think we are well on our way to meet all of the objects set before us. Let me assure everyone, we take this seriously and we will work hard to earn the respect and trust of each and every member. You will receive professional and courteous service from the moment you call us. We have a team of skilled ladies accepting your calls and if they cannot answer your questions, they give the call to me. We are also receptive to your comments and/or suggestions as to how we can improve. We must always get any changes approved by the Supreme Headquarters, but trust me, Headquarters wants the best possible program and they are trusting us to get it right. I hope this answers most of your questions, if not, let me know and I will do my best to do so.

God Bless,

Jim Craig  
The Supply Room  
334-863-1674 cell  
800-458-5180 Ext: 168

## Sick and Deceased

We pray for those listed below prior to each Council Meeting and ask that each Brother also remember them in their prayers and at Mass:



Fr John Abe	Michael Brown
Bill Carr	Daniel Dowd Sr
Truman Elliott	Aria Epperly
Philip Escuadra	Paul Forsythe
Jesse Gagnon	Pat Hughes
Walker King	Melissa Kocurek
Bob LaGreca	Joe Marasco
Mike McKenna	Cindy Michalski
Jack Michalski	J.R. Morris
Ray Parker	Jay Perez
Sauda Pousa	Dr Howard Richard
Kathleen Rogers	Ed Webb

We also pray for the repose of the souls of the departed. May they rest in peace.

Note: If anyone knows of someone who needs to be **ADDED** or **REMOVED** from our list, please contact John Person at (757) 675-2107 or [jpersion415@cox.net](mailto:jpersion415@cox.net).

## Happy Birthday Sir Knights & Wives

James E Gagne PFN	03-03
Joseph Q Hai-Nguyen <b>75</b>	03-03
James A Williams	03-04
Jack A Sparagna <b>65</b>	03-07
Venancio R Balarote	03-09
Jesus Perez	03-09
<i>Kathleen Rogers</i>	<i>03-09</i>
Phillip M O'Shea	03-10
<i>Sandi Blatnik</i>	<i>03-11</i>
William J Blatnik	03-11
Ronald A Stover	03-12
Raymond A Parker	03-13
Thomas M Atkinson <b>60</b>	03-14
William A Carr	03-17
Jesse J Miles Sr	03-17
Joseph W Rejuney	03-18
Robert F Place <b>70</b>	03-19
<i>Ellyn Place</i>	<i>03-19</i>
Edward A Isajewicz	03-20
Oliver Onwubunta	03-20
<i>Susan Atkinson</i>	<i>03-21</i>
Angelo J Morlino	03-21
David M Wagner	03-21
Florante N Ablao	03-22
Romeo N Octavo	03-23
Andrew J Patton	03-24
Orlando S Mina	03-26
Howard L Forsythe	03-27
Christopher L Kupchik	03-28
Eric L Peart	03-29
Richard H Trent	03-29
Michael D Brown <b>60</b>	03-31

*Happy Birthday to you all! May you enjoy many more!*

## Happy Anniversary!

Thomas G & Robin Webber	03-06
Arnel E & Marilyn Rodriguez	03-18

*Happy Anniversary to you all! May you enjoy many more Blessed Years Together!*





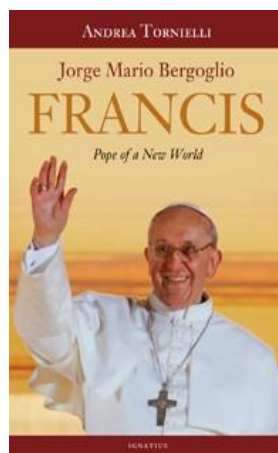
## FR. MATTHEW J. O'KEEFE ASSEMBLY #1162

March 2020  
Volume 3, No. 9

4<sup>th</sup> Degree Knights of Columbus  
Norfolk, Virginia-Assembly 1162

### 2019/2020 Fraternal Year Assembly #1162 Officers

<b>Navigator</b>	<b>Edward Nettleton</b>	<a href="mailto:nettleton.edward@gmail.com">nettleton.edward@gmail.com</a>	<b>904.742.9289</b>
<b>Friar</b>	<b>Michael Brown</b>	<a href="mailto:mdb46@yahoo.com">mdb46@yahoo.com</a>	<b>757-547.6576</b>
<b>Captain</b>	<b>Larry Forsythe</b>	<a href="mailto:michigan_masterchief@hotmail.com">michigan_masterchief@hotmail.com</a>	<b>757-383-2585</b>
<b>Admiral</b>	<b>Steve Kocurek</b>	<a href="mailto:SCOUTINGFAN@yahoo.com">SCOUTINGFAN@yahoo.com</a>	<b>757.407.0074</b>
<b>Pilot</b>	<b>Peter Laurin</b>	<a href="mailto:laurin1@cox.net">laurin1@cox.net</a>	<b>757.479-9450</b>
<b>Comptroller</b>	<b>Thomas M Atkinson</b>	<a href="mailto:mikeatkinson13@cox.net">mikeatkinson13@cox.net</a>	<b>757.681-2679</b>
<b>Scribe</b>	<b>Dan Schmidt</b>	<a href="mailto:dantheman195009@gmail.com">dantheman195009@gmail.com</a>	<b>757.348.5517</b>
<b>Purser</b>	<b>John Escuadra</b>	<a href="mailto:je2820@aol.com">je2820@aol.com</a>	<b>757.639.5628</b>
<b>Inner Sentinel</b>	<b>James Fitzgibbons</b>	<a href="mailto:je_fitz@yahoo.com">je_fitz@yahoo.com</a>	<b>757-270.6109</b>
<b>Outer Sentinel</b>	<b>Andrew Patton</b>	<a href="mailto:pattona@umich.edu">pattona@umich.edu</a>	<b>215.400.1594</b>
<b>Trustee 1yr</b>	<b>Gilbert Martinez</b>	<a href="mailto:dodgerblue1957@gmail.com">dodgerblue1957@gmail.com</a>	<b>757.515.5116</b>
<b>Trustee 2yr</b>	<b>James Pressler</b>	<a href="mailto:jimpresskoc@yahoo.com">jimpresskoc@yahoo.com</a>	<b>757.681.2679</b>
<b>Trustee 3yr</b>	<b>Daniel Owens</b>	<a href="mailto:dtokofc@cox.net">dtokofc@cox.net</a>	<b>757.853.5418</b>
<b>Color Corps Cmdr</b>	<b>James Pressler</b>	<a href="mailto:jimpresskoc@yahoo.com">jimpresskoc@yahoo.com</a>	<b>757.515.5116</b>







Kick-off St. Patrick's Week with

# Shamrock Shenanigans



211 W. Government Avenue - Norfolk

**March 7, 2020**

**6:30 PM until 11:00 PM**

Heavy hors d'oeuvres • BYOB

Mixers included • Beer available • \$2.00

**\$20.00 Per Person**

**Music by Steppenstone Band**

Bill Dewey: 757-374-8268

Norfolk Parade: 757-587-3548





# AYCE LENTEN FISH FRIES



**WHERE:** 5201 KENNEBECK AVE, NORFOLK, VA 23513

**WHEN:** 6 – 7:30 FRIDAYS FEB 28, MAR 6, 20, 27, & APR 3

**MENU:** FRIED or BAKED FISH, FISH STICKS, HUSH PUPPIES, FRENCH FRIES, MASHED POTATOES, COLE SLAW, BAKED BEANS, & DESSERTS.

**HOMEMADE CLAM CHOWDER AVAILABLE FOR \$3 A BOWL OR \$5 FOR PINT TAKE OUT!**

**COST:** \$10 FOR ADULTS / \$5 FOR CHILDREN AGES 5-12. 4 & UNDER EAT FREE!



# LENTEN SHRIMP DINNER



WHERE: 5201 KENNEBECK AVE, NORFOLK, VA 23513

WHEN: 6 – 7:30 FRIDAY MARCH 13<sup>TH</sup>

MENU: JUMBO SHRIMP, BAKED POTATO, SALAD, MACARONI & CHEESE, ROLL, & DESSERTS.

COST: \$10 FOR ADULTS / \$5 FOR CHILDREN AGES 5-12. 4 & UNDER EAT FREE, BUT NO SHRIMP!

ADULT MEALS INCLUDE 8 JUMBO SHRIMP & CHILDREN MEALS INCLUDE 4 JUMBO SHRIMP.

