

SOCIETY *of* BEHAVIORAL MEDICINE
Better Health Through Behavior Change

FINAL PROGRAM

Technology: The Excitement and the Evidence



San Francisco

CALIFORNIA

MARCH 20-23, 2013 * 34TH ANNUAL MEETING & SCIENTIFIC SESSIONS * HILTON UNION SQUARE



TABLE OF CONTENTS

Program Forward.....	1	Abstract Reviewers.....	11
Content Area Finder.....	3	Rapid Communication Abstract Reviewers.....	14
Content Area Table of Contents.....	4	Meeting at a Glance.....	15
Conference Hotel Maps.....	5	Scientific Sessions – Tuesday, March 19, 2013.....	19
Onsite Registration.....	6	Scientific Sessions – Wednesday, March 20, 2013.....	21
Cancellation Policy.....	7	Scientific Sessions – Thursday, March 21, 2013.....	25
Continuing Education Information.....	7	Scientific Sessions – Friday, March 22, 2013.....	43
Overview.....	8	Scientific Sessions – Saturday, March 23, 2013.....	63
Target Audience.....	8	Achievement Awards Recipients.....	72
Learning Objectives.....	8	Special Interest Groups (SIG) Awards.....	73
Instructional Level.....	8	Citation Awards.....	74
Program Tracks.....	8	Meritorious Student Awards.....	78
Session Types and Meeting Features.....	9	Annual Meeting A to Z.....	82
Board of Directors.....	10	Special Interest Groups.....	88
Planning Committees.....	10	Things to See and Do in San Francisco.....	93
Track Chairs.....	11	Annual Meeting Supporters.....	101



PROGRAM FORWARD

Dear SBM Attendees,

Welcome to San Francisco and the Society of Behavioral Medicine's 34th Annual Meeting and Scientific Sessions. The Program Committee extends a warm welcome to you and encourages you to enjoy not only the meeting but also the world-famous sights, food and culture of San Francisco. SBM President Alan J. Christensen, PhD, has chosen a timely and stimulating theme for this year's conference: *Technology – the Excitement and the Evidence*. We have stretched beyond our usual circles of professional affiliations to include representatives of the technological and entrepreneurial communities, in the hopes of building bridges that will lead to new partnerships, innovative research, and significant advances in behavioral strategies for preventing and treating illness. SBM has taken a leap into the technological age, and has made available an on-line itinerary planner for the program. Download the app at your mobile app store by searching for 2013 SBM Annual Meeting. We hope we have provided an opportunity for each conference participant to gain new insights into how behavioral medicine is evolving to take advantage of rapidly developing technologies.

The Annual Meeting has once again broken all records in terms of the number of abstracts submitted, and we have moved to vertical posters to accommodate the growing number of top-notch presentations that will be featured in the poster sessions. As a reflection of our conference theme, we have expanded the exhibit hall to include demonstrations from a variety of technology companies that are developing products relevant to improving health through behavior change. Naturally, we continue to feature presentations on the core issues that have largely driven the need for behavioral medicine. Moreover, the content of the program incorporates not only original research presentations but also professional development, research design, reviews of the evidence, and discussions of dissemination and translation of evidence-based behavioral medicine interventions and approaches. We strongly encourage all conference participants to take advantage of the full range of program components.

In keeping with the conference theme, BJ Fogg, PhD, Founder and Director of the Persuasive Technology Lab at Stanford University, will present the Opening Keynote Address on Thursday morning to discuss "Three Lessons from Coaching Thousands of Tiny Habits". The two afternoon Master Lectures on Thursday will be delivered by David C. Mohr, PhD, Director of the Center for Behavioral Intervention Technologies and Professor of Preventive Medicine at Northwestern University, and by Daniel S. Stokols, PhD, Chancellor's Professor in the School of Social Ecology at the University of California, Irvine. Dr. Mohr will address the issue of "Improving the Design and Implementation of Behavioral Intervention Technologies for Depression", while Dr. Stokols will discuss strategies for team science in a talk entitled, "Can't We All Just Get Along? The Art and Science of Transdisciplinary Team Science".

Alan J. Christensen, PhD, will deliver his SBM Presidential Keynote Address, "Evolution and Revolution in Behavioral Medicine," on Thursday evening. Dr. Christensen is a Professor and Collegiate Fellow in the Department of Psychology as well as a Professor of Internal Medicine at the University of Iowa. Dr. Christensen's Presidential Address will review the importance of multi-level examinations of health and behavior. The rapidly evolving role of technology will be discussed within the context of bridging the "culture of excitement", common within the technology environment, and the "culture of evidence", which is characteristic of behavioral medicine. Finally, he will review opportunities for broadening the reach of behavioral medicine to address issues that are less characteristic of our field, but that carry critical public health and social implications.

Friday's Keynote Address will be delivered by Amy P. Abernethy, MD, Director of the Duke Center for Learning Health Care in the Duke Clinical Research Institute. Dr. Abernethy is an internationally recognized expert in health services research and the delivery of patient-centered cancer care. She will discuss her experiences using patient-reported outcomes data for clinical care and research. On Friday afternoon, Richard S. Surwit, PhD, will present the Distinguished Scientist Master Lecture on the topic of "Psychological Factors and the Pathophysiology of Type 2 Diabetes: A 30-Year Perspective". Dr. Surwit is a Professor in the Department of Psychiatry and Behavioral Sciences at Duke University School of Medicine and a former SBM President. He is a world renowned authority on stress and health. A second Master Lecture will be offered by Steven A. Schroeder, MD, Distinguished Professor of Health and Healthcare at the University of California, San Francisco, where he also heads the Smoking Cessation Leadership Center. Dr. Schroeder's presentation is entitled, "What to Do with a Patient Who Smokes: Bridging the Gap between the Clinic and the Community".

The Keynote Address on Friday afternoon will be given by Arthur F. Kramer, PhD, Director of the Beckman Institute for Advanced Science and Technology at the University of Illinois. Dr. Kramer's research focuses on developing interventions that capitalize on the cognitive and brain plasticity of older adults in an effort to enhance cognitive vitality throughout the lifespan. He will describe his work in a talk on exercise, the brain and cognition.

Saturday morning will close off the program with a strong finish, including morning paper and poster sessions followed by two Master Lectures and a Closing Keynote Panel. The Master Lectures will be presented by Annette L. Stanton, PhD, Professor of Psychology and Psychiatry at the University of California, Los Angeles and President of Division 38 (Health Psychology) of the American Psychological Association and by C. Barr Taylor, MD, Professor of Psychiatry and Behavioral Science at Stanford University School of Medicine and a former SBM President. Dr. Stanton will talk about developing maximally effective psychosocial interventions for adults living with chronic disease. Dr. Taylor will present his work using technology for prevention in the areas of body image, obesity and eating disorders.

PROGRAM FORWARD

The final session of the Annual Meeting will be a Keynote Panel featuring a stellar group of speakers addressing various facets of “Health Behavior Research and Practice via Social Media and Social Networks”. Presenters include: Sheanna S. Bull, PhD, Nathan K. Cobb, MD, James H. Fowler, PhD, and James R. Smarr, MS. The session will be moderated by Abby C. King, PhD, Past-President of SBM.

In addition to the program offerings from Thursday through Saturday, there are a variety of pre-conference activities from which to choose. On Tuesday, our colleagues at the National Institutes of Health have partnered with us to offer a full-day mHealth Brief Training Institute (organized by Wendy Nilsen, PhD, of the Office of Behavioral and Social Science Research) as well as a half-day workshop on translational and clinical perspectives on stress and obesity (organized by Elissa Epel, PhD, University of California, San Francisco, Catherine Stoney, PhD, National Heart, Lung, and Blood Institute [NHLBI], Susan Czajkowski, PhD, NHLBI, and Christine Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Disorders).

On Wednesday, there are a number of pre-conference workshops and seminars to help conference attendees develop new clinical and research skills, capped off with the opening poster session on Wednesday night.

Several Featured Symposia are highlighted in the program. These include a symposium on the Patient-Centered Outcomes Research Institute (PCORI) on Thursday morning, a symposium on “Incremental vs. Transformative Behavioral Medicine: How do we achieve a Balance?” on Thursday afternoon, a symposium on “Navigating the New Waters of Digital Health Research and Institutional Review Boards” on Friday morning, and a symposium on Friday afternoon showcasing the results of the American Cancer Society’s Study of Cancer Survivors.

As you visit the poster and paper sessions, we encourage you to engage all of our presenters in discussion about their projects, and to congratulate recipients of the citation and meritorious recognition awards.

We have continued the mentored poster program element this year. At the time of abstract submission, students were given the opportunity to request being included in this program. Selected students will have an opportunity to discuss their poster and general professional issues with a senior SBM member who has volunteered to participate. Many thanks to our SBM Fellows and senior members for taking part in this exciting program.

To support the conference theme, the Program Committee drew considerably on the contributions of the Tech Workgroup, ably chaired by Eric B. Hekler, PhD, and Thomas K. Houston, MD, MPH, FACMI. Much credit goes to this highly effective workgroup. The Program Committee also received wonderful support this year from the Local Arrangements Committee in terms of identifying opportunities for entertainment and food in the San Francisco area. Thanks go to Judith T. Moskowitz, PhD, MPH, and Jason Satterfield, PhD, for their valuable work pulling together this information.

On behalf of the Program Committee, we extend our hearty welcome to you and hope that you enjoy the meeting as well as the setting and the opportunity to connect with new and familiar colleagues. We look forward to seeing you again next year in Philadelphia!



Margaret L. Schneider, PhD
2013 Program Committee Chair



Elliot J. Coups, PhD
2013 Program Committee Co-Chair

CONTENT AREA FINDER

Refer to Table of Contents on Page 4 for Day, Time and Location

Content Area	Courses (PC)	Panel Discussions (PD)	Paper Sessions (P)	Seminars (S)	Symposia (SY)	Master Lectures (ML)	Keynote Addresses (KA)	Featured Sessions (F)
Technology: The Excitement and The Evidence	PC02; PC06	PD03; PD07; PD10; PD11; PD13; PD14; PD16	P02; P09; P12; P13; P16; P18; P20; P26; P27	S03; S09	SY02; SY04; SY06; SY10; SY11; SY13; SY16; SY18; SY19; SY21; SY22; SY26; SY29; SY36	ML01; ML06	KA01; KA02; KA05	F02; F03
Adherence		PD15	P21; P26		SY07; SY28; SY30			
Aging		PD06	P4; P34				KA04	
Behavioral Medicine in Clinical and Medical Settings	PC01; PC03	PD08; PD12	P04; P05; P15; P17; P25; P31	S01; S02; S06; S07; S08	SY09; SY14; SY31; SY32; SY36	ML02; ML04	KA03	
Biological Mechanisms in Health and Behavior Change			P05		SY33			
Cancer	PC06	PD14	P01; P02; P06; P13; P14; P16; P25; P30; P35; P36		SY03; SY15; SY17; SY33; SY35; SY39; SY44			F04
Cardiovascular			P04; P05; P26		SY40			
Children and Family Health			P08; P22		SY07; SY13; SY23; SY43			
Complementary and Integrative Medicine			P14; P30	S04; S08	SY42			
Decision Making	PC03	PD09	P16; P25; P29; P36		SY06; SY23; SY41			F01
Diabetes					SY07; SY22; SY23; SY30	ML03		
Education, Training and/or Career Development	PC05	PD05; PD07; PD08; PD10		S02		ML02		
Environmental and Contextual Factors in Health and Behavior Change	PC03		P08; P19; P23		SY22; SY24; SY27; SY39			
Health Communication			P01; P24		SY10; SY19; SY29; SY37			
Health Promotion			P18; P33; P35		SY27			
HIV/AIDS			P03; P21; P29		SY09			
Measurement and Methods	PC02; PC07	PD09; PD11	P10; P11	S03; S5; S09	SY14; SY20; SY27; SY34; SY44		KA03	
Mental Health		PD03; PD13	P04; P15; P18	S01; S07; SY09	SY18	ML01		
Military and Veterans' Health		PD03	P17		SY05; SY18			
Obesity	PC01	PD03; PD12	P07; P09; P23; P27	S04	SY01; SY05; SY12; SY13; SY16; SY32; SY38; SY42	ML03; ML06		
Pain			P11		SY28; SY36			
Physical Activity		PD06	P08; P18; P19; P22; P28; P34		SY10; SY24; SY27		KA04	
Policy and Public Health	PC03	PD04	P23		SY38			F01
Racial, Ethnic, and Cultural Factors in Health	PC04; PC06	PD01; PD06; PD14	P03; P15; P29; P32		SY04; SY31; SY39; SY40			
Sexual Behaviors			P03; P29					
Smoking/Tobacco		PD04	P10; P20; P32		SY02; SY21; SY37; SY41	ML04		
Spirituality and Health		PD02			SY08; SY25			
Stress	PC01		P05		SY40	ML03		
Substance Abuse			P12		SY09			
Theories and Techniques of Behavior Change Interventions	PC03; PC06	PD11	P10	S07; S08	SY12; SY20; SY21; SY37	ML01; ML05		
Translation of Research to Practice	PC01; PC03		P09; P36		SY05; SY17; SY43	ML04		
Women's Health			P33		SY15			

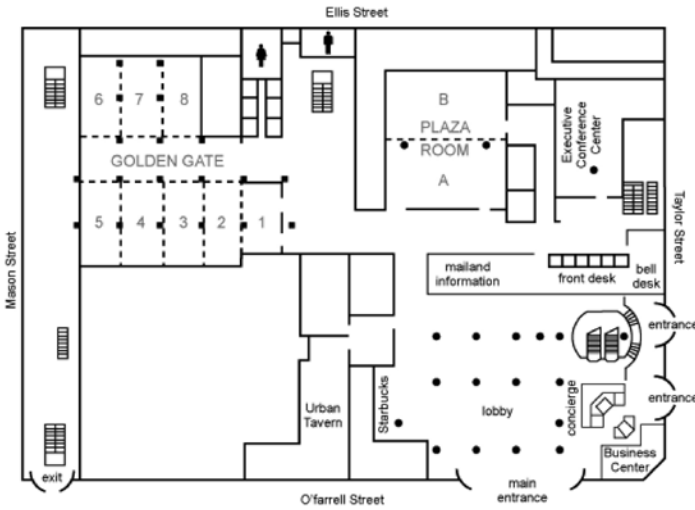
CONTENT AREA TABLE OF CONTENTS

Day	Content Code	Page Numbers
Tuesday, March 19		
Workshops	PC01, PC02	19 – 20
Wednesday, March 20		
Courses	PC03 – PC05	21 – 22
Seminars	S01 – S09	23 – 24
Thursday, March 21		
Featured Symposium 01	F01	26
Symposia	SY01 – SY11	26 – 28
Keynote Address		
<i>BJ Fogg, PhD</i>	KA01	29
Panel Discussions	PD01 – PD08	30 – 32
Master Lectures		
<i>David C. Mohr, PhD</i>	ML01	32
<i>Daniel S. Stokols, PhD</i>	ML02	32
Presidential Symposium	F02	33
Symposia	SY13 – SY22	33 – 35
Paper Session	P01 – P12	35 – 42
Presidential Keynote Address		
<i>Alan J. Christensen, PhD</i>	KA02	42
Friday, March 22		
Featured Symposium 03	F03	44
Symposia	SY12, SY23 – SY29, SY31 – SY33	45 – 47
Keynote Address		
<i>Amy P. Abernethy, MD</i>	KA03	47
Panel Discussions	PD09 – PD16	50 – 51
Master Lectures		
<i>Richard S. Surwit, PhD</i>	ML03	51
<i>Steven A. Schroeder, MD</i>	ML04	52
Featured Symposium 04	F04	52
Symposia	SY30, 34 – SY44	52 – 55
Paper Sessions	P13 – P24	55 – 61
Keynote Address		
<i>Arthur F. Kramer, PhD</i>	KA04	62
Saturday, March 23		
Paper Sessions	P25 – P36	63 – 70
Master Lectures		
<i>Annette L. Stanton, PhD</i>	ML05	70
<i>C. Barr Taylor, MD</i>	ML06	71
Closing Keynote Panel	KA05	71

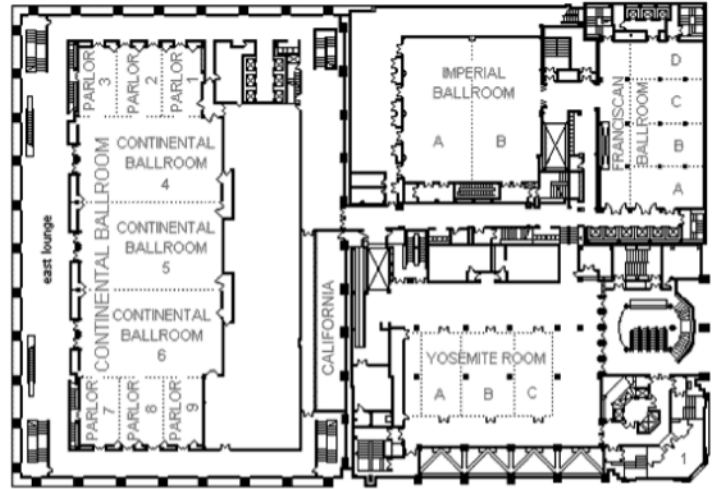
For an overview of scientific sessions according to content area see page 3

CONFERENCE HOTEL MAPS

HILTON UNION SQUARE — LOBBY LEVEL



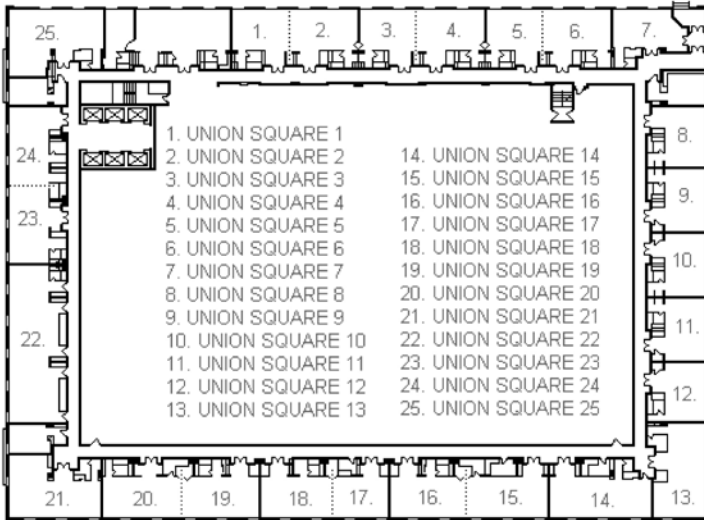
HILTON UNION SQUARE — BALLROOM LEVEL



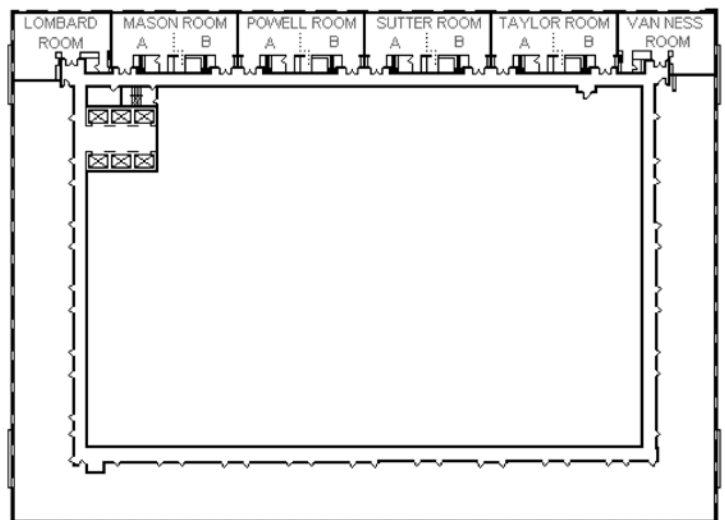
1. EXECUTIVE BOARDROOM

HILTON UNION SQUARE — FOURTH FLOOR

Union Square Rooms



HILTON UNION SQUARE — SIXTH FLOOR



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SCIENTIFIC PROGRAM

All scientific sessions will take place at the:
 Hilton San Francisco Union Square
 333 O'Farrell Street
 San Francisco, CA 94102
 Telephone: (415) 771-1400

CONFERENCE HOTEL

Conference Rate:
 \$230.00 Single or Double plus 15.58% state and local taxes, fees and assessments.
 Hilton San Francisco Union Square
 333 O'Farrell Street
 San Francisco, CA 94102
 Telephone: (415) 771-1400

The Hilton San Francisco Union Square will serve as the main hotel for 34th Annual Meeting & Scientific Sessions attendees. To reserve a room electronically visit www.sbm.org and click on the Housing and Transportation link. To reserve a room by phone, call 1-800-445-8667; to ensure you receive the conference room rate ask for a room in the SBM 2013 Annual Meeting & Scientific Sessions room block held March 20-23, 2013.

ONSITE REGISTRATION HOURS

The registration desk will be located in the East Lounge outside of the Continental 04-06 on the Ballroom Level

Wednesday, March 20, 2013 7:00 am – 7:00 pm

Thursday, March 21, 2013 7:00 am – 7:00 pm

Friday, March 22, 2013 7:00 am – 6:30 pm

Saturday, March 23, 2013 7:00 am – 11:00 am

Online registration can be found at www.sbm.org.

REGISTRATION FEES

The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket.

	Early-Bird Fees Before February 21, 2013	Regular & Onsite Fees On or after February 21, 2013
SBM Members		
Full/Associate/ Emeritus	\$345	\$395
Transitional	\$290	\$340
Student/Trainee	\$155	\$205
Non-Members		
Non-Member	\$645	\$695
Non-Member Student/ Trainee	\$332	\$382
One-Day		
One-Day Registration	\$318	\$368



RENEW YOUR MEMBERSHIP OR JOIN SBM NOW... ATTEND THE ANNUAL MEETING AS A MEMBER AND ENJOY:

Money savings:

Student/Trainee SBM members pay a \$155 registration fee saving \$80 compared to Non-Members!

Transitional SBM members pay a \$290 registration fee saving \$145 compared to Non-Members!

Compared to Non-Members, Full and Associate SBM members attending the Annual Meeting also pay less in registration fees PLUS enjoy...

Member benefits, including:

- Subscription to SBM's two journals: *Annals of Behavioral Medicine* and *Translational Behavioral Medicine: Practice, Policy, Research*
- Electronic access to three additional behavioral medicine journals: *Journal of Behavioral Medicine*, *International Journal of Behavioral Medicine* and *Journal of Behavioral Health Services and Research*
- Membership in the International Society of Behavioral Medicine (ISBM)
- Eligibility to receive SBM Achievement Awards
- Free Membership in SBM Special Interest Groups with access to listservs that facilitate critical networking with colleagues sharing similar behavioral medicine interests.
- Access to SBM's Expert Consultation Service
- Online access to the "Members Only" section of the SBM website, www.sbm.org, including the searchable membership directory
- 25% discount on all books published by Springer

Membership renewal forms can be found at the Member's Only section of the SBM website at www.sbm.org. Membership applications can be found on the SBM website at www.sbm.org

CANCELLATION POLICY

Any registration cancellations must be due to professional and/or personal/family health emergencies and be made in writing directly to the SBM national office by March 20, 2013. All cancellations are subject to a non-refundable \$50 administrative fee. Refunds will be processed following the Annual Meeting.

CONTINUING EDUCATION INFORMATION

Conference attendees who wish to receive a continuing education certificate for attendance at the 2013 Annual Meeting, must follow these steps:

1. Purchase continuing education credits, using the 2013 Annual Meeting Registration Form, or in person at the SBM registration desk.
2. Within 30 days following the Annual Meeting (starting Saturday, March 23, 2013, and ending, Friday, April 16, 2013), complete an online evaluation form. Registration packets for attendees who purchased continuing education credits (distributed onsite) will include a link to the online form. The SBM national office will also email the link to these attendees. The evaluation form does ask questions pertaining to attended sessions so it might be helpful to take session notes. Immediately after attendees complete

the online evaluation, continuing education certificates will be emailed to the address indicated on the evaluation. Certificates are available ONLY to attendees who purchased continuing education credits AND completed the online evaluation.

PHYSICIANS

Accreditation Statement This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for the Advancement of Human Behavior (IAHB) and the Society of Behavioral Medicine (SBM). The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement The IAHB designates this live activity for a maximum of **33.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES AND NURSE PRACTITIONERS

The Institute for Advancement of Human Behavior is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This course is co-provided by IAHB and the Society of Behavioral Medicine (SBM). Maximum of **33.50** contact hours.

PSYCHOLOGISTS

The Society of Behavioral Medicine (SBM) is approved by the American Psychological Association to offer continuing education for psychologists. SBM maintains responsibility for this program and its content. Maximum of **33.50** hours.

CERTIFIED HEALTH EDUCATION SPECIALISTS

This program has been submitted for approval to the National Commission for Health Education Credentialing, Inc.

DIETICIANS

Dieticians may earn a total of up to **33.50** CPEUs by attending this conference. Please see the PDP guidelines at www.cdrnet.org for further explanation of requirements.

OVERVIEW

The theme for the 34th Annual Meeting & Scientific Sessions is "Technology: The Excitement and the Evidence." Each program track has been designed to encourage presentations that are relevant on a cross-dimensional level within the field of behavioral medicine.

TARGET AUDIENCE

The Society of Behavioral Medicine Annual Meeting represents the largest annual scientific conference (1,600 + attendees) devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dieticians and other professionals with a range of expertise from research in health promotions, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

LEARNING OBJECTIVES

Upon completion of the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine delegates can be expected to:

1. List examples of successful tobacco cessation strategies.
2. Generate examples of effective tools for screening and treating patients for obesity.
3. Describe evidence-based therapies that are currently not being widely implemented in clinical practice.
4. Summarize key research findings related to physical activity, nutrition, and creative engagement among patients and their role in preventing cognitive decline, improving cognitive functioning and enhancing the capacity for resilience.
5. Identify specific components of internet and technology behavior change interventions that are associated with successful behavior change.

INSTRUCTIONAL LEVEL

To be compliant with accreditation policies we have been asked to specify the instructional level for each session eligible for Continuing Education credits. The instructional level for this year's scientific sessions range from beginner to advanced. Each eligible session is indicated with a specific instructional level code:

- ★ – Advanced
- – Intermediate/Advanced
- △ – Intermediate
- + – Beginner/Intermediate
- – Beginner

PROGRAM TRACKS

- Adherence
- Behavioral Medicine in Clinical and Medical Settings
- Biological Mechanisms in Health and Behavior Change
- Complementary and Integrative Medicine
- Environmental and Contextual Factors in Health and Behavior Change
- Health Communication and Technology
- Health Decision Making
- Health Promotion
- Measurement and Methods
- Population, Health Policy and Advocacy
- Psychological and Person Factors in Health and Behavior Change
- Quality of Life
- Racial, Ethnic, and Cultural Factors in Health
- Spirituality
- Translation of Research to Practice

SESSION TYPES AND MEETING FEATURES

DEFINITIONS BY SESSION TYPES

The 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine offers meeting attendees educational opportunities in a variety of formats. The following session types and meetings feature definitions which are offered to assist you in understanding the features of each session type and in selecting the type of instruction best suited to your educational needs.

BREAKFAST ROUNDTABLES

Breakfast Roundtables are held on Thursday and Friday mornings during the meeting. Breakfast Roundtables are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or a Special Interest Group (SIG). A continental breakfast is provided. Admission to these sessions is by name badge.

COURSES

Courses are held on Wednesday afternoon during the meeting. Admission to courses is by ticket only (with fee) and seating is limited.

DINNERS WITH AN EXPERT

Always popular and part of the Expert Consultations, Dinners with an Expert are off-site, small roundtable discussions held over dinner. This event will take place on Friday evening during the meeting for registered attendees. Participants are responsible for their own dinner costs.

EXPERT CONSULTATIONS

Expert Consultations are small roundtable discussions facilitated by Experts who are selected by the Education, Training and Career Development (ETCD) Council and SIGs and are primarily Fellow Members of SBM. Expert Consultations take place on Thursday and Friday during the Midday Meeting time slots.

PLENARY SESSIONS: KEYNOTE ADDRESS AND MASTER LECTURES

Plenary Sessions scheduled for Thursday, Friday and Saturday during the meeting include the Keynote Addresses and Master Lectures. These sessions are the premier educational sessions of the Society of Behavioral Medicine's Annual Meeting & Scientific Sessions. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

MIDDAY MEETINGS

Midday Meetings are interactive meetings held by one of the various Special Interest Groups (SIGs) or SBM Councils/Committees. Admission to these sessions is by name badge.

PANEL DISCUSSIONS

These 60 minute sessions focus on specific topics with various viewpoints expressed by a panel of experts. These hard hitting sessions have tackled such topics in the past as "Work/Life Balance: Challenges and Solutions for Women in Behavioral Medicine" and "NIH Peer Review: Advice for Applicants." Admission to these sessions is by name badge.

PAPER SESSIONS

Paper Sessions are offered on Thursday, Friday and Saturday during the meeting. Paper Sessions are based on accepted abstracts clustered around common themes and presented via oral presentations that are approximately 18 minutes in length. Admission to these sessions is by name badge.

POSTER SESSIONS

Poster Sessions featuring presentations of accepted abstracts in thematic groupings will take place on each day during the meeting. Poster Sessions allow abstract authors to discuss their research with interested colleagues for 90 minutes in an informal setting. Poster Sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the Poster Hall is by name badge.

SEMINARS

Seminars are held on Wednesday afternoon. They include presentations by approximately three speakers. Speakers are asked to emphasize the theory and application of practical skills and have the ability to interact with participants to a greater degree due to the smaller size of these sessions. Admission to Seminars is by ticket only (with fee) and seating is limited.

SYMPOSIA

Symposia are held on Thursday and Friday during the meeting. Symposia are didactic presentations that last 90 minutes. Presenters will examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge within the advertised topic area or theme. Admission to these sessions is by name badge.

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MEETING AT A GLANCE

TUESDAY, MARCH 19, 2013

Start	End	Title
9:00 am	5:00 pm	<i>Workshop 02: mHealth Brief Training Institute</i>
2:00 pm	6:15 pm	<i>Workshop 01: Stress & Obesity: Basic, Translational & Clinical Perspectives</i>

WEDNESDAY, MARCH 20, 2013

Start	End	Title
7:00 am	7:00 pm	Registration Open
9:00 am	11:45 am	Course 101: offered by the Evidence-Based Behavioral Medicine Special Interest Group <i>"Translating the Evidence into Practice: Challenges and Implementation"</i>
9:00 am	11:45 am	Course 201: offered by the Ethnic, Minority, and Multicultural Health Special Interest Group <i>"Adapting Evidence-Based Interventions for Latino Medical Populations: Theoretical and Applied Considerations"</i>
9:00 am	11:45 am	Course 301: offered by the Cancer Special Interest Group <i>"Mock Grant Review"</i>
12:00 pm	6:00 pm	Course 401: offered by the Cancer Special Interest Group and the Ethnic, Minority, and Multicultural Health Special Interest Group, the International Society of Behavioral Medicine and American Psychological Association Division 38 <i>"Interventions across Cancer Care Continuum: Development, Dissemination, and the Promise of New Technology"</i>
12:00 pm	2:45 pm	Course 501 <i>"Design and Conduct of Randomized Behavioral Clinical Trials"</i>
12:00 pm	6:00 pm	Seminar 01: Problem-Solving Therapy for Depression Comorbid with Medical Illness
12:00 pm	6:00 pm	Seminar 02: NIH Grant Writing Seminar for Early Career Researchers
12:00 pm	6:00 pm	Seminar 03: Applying Integrative Data Analytic Methods to Population-Level Cross-Sectional Survey Data
12:00 pm	6:00 pm	Seminar 04: Mindfulness-Based Eating Awareness Training (MB-EAT): Theory and Practices
12:00 pm	2:45 pm	Seminar 05: Introduction to Item Response Theory (IRT) and its Applications for Questionnaire Design and Evaluation in Behavioral Medicine
12:00 pm	2:45 pm	Seminar 06: An End to Brilliant and Irrelevant Research and Practice: Integrating Behavioral Medicine Research into the Patient Centered Medical Home
3:15 pm	6:00 pm	Seminar 07: Clinical Seminar in Behavioral Activation Treatment for Depression with Comorbid Health Conditions
3:15 pm	6:00 pm	Seminar 08: Promoting Patient Engagement in Medical Care among Patients with Comorbid Psychiatric and Medical Conditions: Using Antiviral Therapy for Hepatitis C as a Model
3:15 pm	6:00 pm	Seminar 09: Basic Android Programming for Behavioral Scientists
6:30 pm	8:00 pm	Poster Session A; includes Meritorious and Citation Posters*

*Sessions not eligible for CE credit hours

MEETING AT A GLANCE

THURSDAY, MARCH 21, 2013

Start	End	Title
7:00 am	7:00 pm	Registration Open
7:30 am	8:30 am	Breakfast Roundtables*
8:45 am	10:15 am	Featured Symposium 01: <i>"Patient-Centered Outcomes Research Institute and Partners: Improving Patient Outcomes through Behavioral Medicine Research"</i>
8:45 am	10:15 am	Symposia
10:30 am	11:30 am	Opening Keynote Address: <i>"Three Lessons from Coaching Thousands of Tiny Habits"</i> BJ Fogg, PhD Founder and Director, Persuasive Technology Lab, Stanford University
11:45 am	12:45 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
1:00 pm	1:45 pm	Master Lecture: <i>"Improving the Design and Implementation of Behavioral Intervention Technologies for Depression"</i> David C. Mohr, PhD Director, Center for Behavioral Intervention Technologies, Professor, Preventive Medicine, Northwestern University
1:00 pm	1:45 pm	Master Lecture: <i>"Can't We All Just Get Along? The Art and Science of Transdisciplinary Team Science"</i> Daniel S. Stokols, PhD Chancellor's Professor, Department of Planning, Policy & Design, and Department of Psychology and Social Behavior, School of Ecology, University of California, Irvine
2:00 pm	3:30 pm	Presidential Symposium: <i>"Incremental vs. Transformative Behavioral Medicine: How do We Achieve a Balance"</i>
2:00 pm	3:30 pm	Symposia
3:45 pm	4:45 pm	Meet and Greet* Hosted by the Membership Council and the Council on Special Interest Groups
3:45 pm	5:15 pm	Paper Sessions
5:30 pm	7:00 pm	Presidential Keynote Address and Awards Ceremony: <i>"Evolution and Revolution in Behavioral Medicine"</i> Alan J. Christensen, PhD Professor and Collegiate Fellow, Department of Psychology, Professor, Internal Medicine, University of Iowa
7:00 pm	8:30 pm	Poster Session B*

CANCELLED

*Sessions not eligible for CE credit hours

MEETING AT A GLANCE

FRIDAY, MARCH 22, 2013

Start	End	Title
7:00 am	7:00 pm	Registration Open
7:30 am	8:30 am	Breakfast Roundtables*
8:45 am	10:15 am	Featured Symposium 03: <i>"Navigating the New Waters of Digital Health Research and Institutional Review Boards"</i>
8:45 am	10:15 am	Symposia
10:30 am	11:30 am	Keynote Address: <i>"Patient Reported Outcomes Data in Action – Real Time Information for Clinical Care and Research"</i> Amy P. Abernethy, MD Associate Professor, Duke University Schools of Medicine and Nursing, Director, Duke Center for Learning Health Care/Duke Clinical Research Institute, Duke Cancer Research Program/Duke Cancer Institute
11:45 am	12:45 pm	Midday Meetings*/Panel Discussions/Expert Consultations/Adventure Walk*
1:00 pm	1:45 pm	Distinguished Scientist Master Lecture: <i>"Psychological Factors and the Pathophysiology of Type 2 Diabetes: A 30 Year Perspective"</i> Richard S. Surwit, PhD Professor and former Vice Chair for Research and Chief of the Division of Medical Psychology, the Department of Psychiatry & Behavioral Sciences at Duke University School of Medicine
1:00 pm	1:45 pm	Master Lecture: <i>"What to Do with a Patient Who Smokes: Bridging the Gap Between the Clinic and the Community"</i> Steven A. Schroeder, MD Distinguished Professor of Health and Healthcare, University of California, San Francisco
2:00 pm	3:30 pm	Featured Symposium 04: <i>"Patterns in Well-Being and Health Behaviors Among Long-Term Cancer Survivors: Results of the American Cancer Society's Study of Cancer Survivors"</i>
2:00 pm	3:30 pm	Symposia
3:45 pm	5:15 pm	Paper Sessions
5:30 pm	6:30 pm	Keynote Address: <i>"Take a Hike: Exercise, Brain & Cognition"</i> Arthur F. Kramer, PhD Director, Beckman Institute for Advanced Science & Technology; Swanlund Chair and Professor, Psychology and Neuroscience, University of Illinois
6:30 pm	8:00 pm	Poster Session C*

*Sessions not eligible for CE credit hours

MEETING AT A GLANCE

SATURDAY, MARCH 23, 2013

Start	End	Title
7:00 am	11:00 am	Registration Open
8:45 am	10:15 am	Paper Sessions
10:15 am	11:45 am	Poster Session D*
10:30 am	11:15 am	Master Lecture: <i>"How and for Whom? Toward Developing Maximally Effective Psychosocial Interventions for Adults Living with Chronic Disease"</i> Annette L. Stanton, PhD Professor of Psychology and Psychiatry/Biobehavioral Sciences, University of California, Los Angeles
10:30 am	11:15 am	Master Lecture: <i>"Using Technology for Prevention in Defined Populations: Body Image, Obesity, Eating Disorders"</i> C. Barr Taylor, MD Professor of Psychiatry & Behavioral Science, Stanford University School of Medicine
11:45 am	12:45 pm	Closing Keynote Panel: <i>"Health Behavior Research and Practice via Social Media and Social Networks"</i> Sheana S. Bull, PhD Professor of Health and Behavioral Sciences, University of Colorado, Denver Nathan K. Cobb, MD Research Investigator, Schroeder Institute for Tobacco Research and Policy Studies James H. Fowler, PhD Professor, School of Medicine and Division of Social Sciences, University of California, San Diego James R. Smarr, MS Software engineer and technical lead, Google+ project Moderator: Abby C. King, PhD Professor, Health Research & Policy and Medicine, Stanford University Medical School

*Sessions not eligible for CE credit hours

SCIENTIFIC SESSIONS – TUESDAY, MARCH 19, 2013

2:00 pm – 6:15 pm **Workshop 01: Stress & Obesity: Basic, Translational & Clinical Perspectives** △ (PC01)

An NIH and SBM-sponsored Pre-Conference Workshop
Plaza B, Lobby Level

Organized by: Elissa Epel, PhD, University of California, San Francisco (UCSF); Catherine Stoney, PhD, National Heart, Lung, and Blood Institute (NHLBI); Susan M. Czajkowski, PhD, NHLBI; and Christine Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

Fee: \$25 Fee includes beverages

AGENDA

2:00 pm – 2:15 pm **Introduction & Overview: What Do We Know about Stress & Obesity?**

Elissa Epel, PhD, UCSF

2:15 pm – 4:00pm **Basic Science Perspectives**

Moderator: Elissa Epel, PhD, UCSF

Animal Models of Stress Eating

Mary Dallman, PhD, UCSF

Cognitive Function and Stress in Obesity: A Lifespan Approach

John Gunstad, PhD, Kent State University

Stress, Neurobiology & Eating Behavior

Rajita Sinha, PhD, Yale School of Medicine

Discussion

Catherine Stoney, PhD, NHLBI

4:00 pm – 4:15 pm **Break**

4:15 pm – 6:00 pm **Translational & Clinical Perspectives**

Moderator: Susan M. Czajkowski, PhD, NHLBI

Stress, Eating Behavior, and Obesity in Low-Income Children: Identifying Novel Targets for Intervention

Alison Miller, PhD, University of Michigan

The MAMAS Study: Strategies to Improve Self-Regulation & Promote Healthy Weight Gain in Pregnancy

Barbara Laraia, PhD, UCSF

Stress, Positive Affect Induction, and Behavior Change

Mary Charlson, MD, Weill Cornell Medical College

Discussion

Christine Hunter, PhD, NIDDK

6:00 pm – 6:15 pm **Summary and Future Directions: What Do We Need to Know about Stress and Obesity?**

Deborah Olster, PhD, Office of Behavioral and Social Science Research (OBSSR)

SCIENTIFIC SESSIONS – TUESDAY, MARCH 19, 2013

9:00 am – 5:00 pm	<p>Workshop 02: mHealth Brief Training Institute △ (PC02)</p> <p>An NIH Sponsored Pre-Conference Workshop <i>Plaza A, Lobby Level</i> Fee: \$80 Fee includes lunch</p> <p>The mHealth Institute is designed to provide behavioral and social scientists tools to successfully add mobile health technologies to their research in a collaborative team environment with mentorship from leaders in the fields of engineering, medicine and the behavioral and social sciences.</p> <p>The one-day Institute provides participants with an overview of the central multidisciplinary aspects of mobile and wireless research. The training will follow a project from conception through analysis led by a panel of experts. Participants will be involved in didactic sessions targeting major cross-cutting research issues and interdisciplinary team exercises developing a mHealth research project.</p> <p>Using mobile technologies to more rapidly and accurately assess and modify behavior, biological states and contextual variables has great potential to transform health research. Recent advances in mobile technologies and the ubiquitous nature of these technologies in daily life (e.g., smart phones, sensors) have created opportunities for behavioral and social sciences research applications that were not previously possible (e.g., simultaneously assessing behavioral, physiological, and psychological states in the real world and in real-time). The use of mobile technology affords numerous methodological advantages over traditional methods, including reduced memory bias, the ability to capture time-intensive longitudinal data, date- and time-stamped data, and the potential for personalizing information in real-time. However, challenges in mobile health (or mHealth) research exist. Importantly, much of the work being done in mHealth arises from single disciplines without integration of the behavioral, social sciences and clinical research fields. Without integration, mobile technologies will not be maximally effective. The NIH mHealth Training Institute addresses these scientific silos by bringing together scientists from diverse fields to enhance the quality of mHealth research.</p> <p>The training will work with experts in mHealth to follow a project from conception through analysis. Topics include:</p> <ul style="list-style-type: none"> • Development: What are the steps of development? Who is on your team, and what do they need to know to help you? • Design: Designing well so you can make something that people will use and it will be secure. • Assessment: How and when to sample? Balancing burden, battery life and data tsunamis. • Methodology: Designs to evaluate mHealth in the fast-paced world of technology. • Evaluation: Missing data, machine learning, longitudinal data analysis, modeling and visualization.
9:00 am – 10:15 am	<p>Module 1: Defining the Problem Donna Spruijt-Metz, PhD University of Southern California</p>
10:15 am – 10:30 am	Break
10:30 am – 12:00 pm	<p>Module 2: User-Centered Design Larry Suarez and Iana Simeonov University of California-San Francisco</p>
12:00 pm – 1:00 pm	Break
1:00 pm – 2:15 pm	<p>Module 3: Technology and Assessment Edmund Seto, PhD University of California-Berkley</p>
2:15 pm – 2:30 pm	Break
2:30 pm – 4:00 pm	<p>Module 4: Research Methodology William Riley, PhD National Cancer Institute, National Institutes of Health</p>
4:00 pm – 5:00 pm	Bringing it All Together and Closing Discussion

SCIENTIFIC SESSIONS – WEDNESDAY, MARCH 20, 2013

7:00 am – 7:00 pm **Registration Desk Opens**
East Lounge (Outside Continental 04-06), Ballroom Level

9:00 am – 11:45 am **Course 101 △ (PC03)**

**offered by the Evidence-Based Behavioral Medicine Special Interest Group:
 “Translating the Evidence into Practice: Challenges and Implementation”**

Plaza A, Lobby Level

Chair: Bonnie Spring, PhD, ABPP

Co-Presenters: Joanna Buscemi, PhD; and Michael J. Coons, PhD

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$90/ Student/Trainees or Transitional Members: \$60/ Non-Members: \$105

Fee includes beverages

Evidence-based treatments delivered by an interprofessional team are the current gold standard of care in medical settings. Consistently delivering these types of interventions dramatically improves health outcomes and reduces health care costs. However, the process of evaluating the empirical evidence and implementing the best treatment given the context and available resources can present unique challenges. This pre-conference course combines didactic and interactive learning geared toward health care professionals across disciplines aimed at giving attendees a better understanding of evidence-based practice and implementation challenges. First, general instruction in the five steps of the evidence-based practice process and the three data strands that it integrates will be described (e.g., best available scientific evidence, patient preferences and clinical expertise). Second, we will introduce how systematic reviews and treatment guidelines inform evidence-based practice, including information about how to critically appraise the quality of the research. For the interactive portion, the attendees will be broken into small groups and will be given a systematic review from which to extract information regarding overall findings and practice/policy implications. Group members will then be given specific clinical “scenarios” that vary (e.g., interdisciplinary vs interprofessional; SES of population; minorities/no minorities; resources; urban/rural; diverse patient characteristics) and will be asked to follow the 3 circles taught previously to devise a treatment plan. Finally, each group will be given a series of implementation challenges to resolve. Group members will play conflicting roles in this process to solve common implementation problems.

9:00 am – 11:45 am **Course 201 △ (PC04)**

**offered by the Ethnic, Minority, and Multicultural Health Special Interest Group:
 “Adapting Evidence-Based Interventions for Latino Medical Populations: Theoretical and Applied Considerations”**

Plaza B, Lobby Level

Chair: C. Andres Bedoya, PhD

Co-Presenters: John S. Wiebe, PhD; Felipe Gonzalez Castro, PhD, MSW; and Julia Lechuga, PhD

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$90/ Student/Trainees or Transitional Members: \$60/ Non-Members: \$105

Fee includes beverages

This 2-hour and 45-minute interactive workshop will provide an in-depth discussion on the process of culturally adapting evidence-based interventions for Latino medical populations. Presenters will discuss strategies used in adapting evidence-based prevention and treatment interventions, using examples from diverse clinical and public health settings. The workshop will address both the decision-making process and practical decision rules that can be applied along this path. This would include conceptualizing culture and context, selecting a framework and level of adaptation, identifying core intervention components, involving the target population and identifying factors that influence cultural relevance and adaptation mismatch. These issues will be addressed as relevant to Latinos, with an emphasis on practical strategies for resolving the competing imperatives of maintaining fidelity to the original intervention and adapting the intervention to meet the needs of the cultural group.

The workshop will have three phases.

Phase I – Didactic material on theory and empirically-based practice, with concrete research examples.

Phase II – Application of material through use of vignettes.

Phase III – Application of materials through intervention challenges presented by course attendees; general question and answer session.

SCIENTIFIC SESSIONS – WEDNESDAY, MARCH 20, 2013

9:00 am – 11:45 am **Course 301 + (PC05)**

offered by the Cancer Special Interest Group:

“Mock Grant Review”

Continental 02, Ballroom Level

Chair: Aimee James, PhD, MPH

Co-Presenters: Kristi D. Graves, PhD; and Felicity W.K. Harper, PhD, MS, BA

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$90/ Student/Trainees or Transitional Members: \$60/ Non-Members: \$105

Fee includes beverages

The Mock Grant Review provides an in-depth look at how grants are reviewed and illustrates principles of successful grant writing. Attendees will observe a study section, review actual grant proposals, learn about study section processes, receive tips about grant writing and responding to reviewer comments, and have the opportunity to ask questions of the panel. A select number of applicants (3-4) will be able to have their proposal reviewed during the seminar. Grants to be discussed are selected in a competitive manner for fit, breadth and potential. The review panel is drawn from individuals with several years of grant reviewing experience, and will be tailored to the proposals under discussion.

12:00 pm – 6:00 pm **Course 401 + (PC06)**

offered by the Cancer Special Interest Group, the Ethnic, Minority, and Multicultural Health Special Interest Group, the International Society of Behavioral Medicine, and the American Psychological Association Division 38:
“Interventions Across Cancer Care Continuum: Development, Dissemination, and the Promise of New Technology”

Plaza A, Lobby Level

Chair: Michael A. Diefenbach, PhD

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$128/ Student/Trainees or Transitional Members: \$90/ Non-Members: \$148

Fee includes snacks

This pre-conference event has the overarching goal to inform attendees about the state of the science in intervention development, dissemination, and new technologies for cancer patients. There will be three blocks of lectures by various speakers, each lasting approximately 1 hour and 45 min devoted to each of the three sub topics (i.e., intervention development, dissemination, new technology). Block 1 will consist of an overview of theories in intervention research, intervention types (e.g., symptom management, emotional regulation, etc.) and behavioral interventions (e.g., smoking cessation, adherence, etc). Block 2 will focus on screening promotion in diverse communities and the use of non-RCT methodology, treatment disparities in cancer care and survivorship and patient navigation among minority populations. Block 3 will discuss web and mobile-based interventions, and their integration into the clinic using electronic medical records.

This pre-conference event is co-sponsored by APA's Division 38 Health Psychology (Annette Stanton, PhD, President). It is designed to be the first in a series of 3 linked events that will take place at the 2013 annual meetings of the Society of Behavioral Medicine, the American Psychological Association, and in 2014 during the International Congress of Behavioral Medicine. It is our hope to attract members from each organization to attend these linked events and thus provide a forum for the exchange of ideas by researchers and clinicians who would normally not attend each others annual meetings.

12:00 pm – 2:45 pm **Course 501 + (PC07)**

“Design and Conduct of Randomized Behavioral Clinical Trials”

Union Square 23-24, 4th floor

Chair: Peter G. Kaufmann, PhD

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$90/ Student/Trainees or Transitional Members: \$60/ Non-Members: \$105

Fee includes beverages

Randomized controlled trials are the standard objective method for evaluating efficacy and effectiveness of interventions in biomedical clinical research. This workshop will present the principal challenges associated with the design of clinical trials involving behavioral interventions, discuss the principles underlying successful clinical trials, the critical role of control groups, and selection of informative primary outcome measures and other design characteristics. While the session assumes only a modest level of familiarity with clinical trials, it may be of interest to individuals over a wider range of experience in clinical research. If participants wish to have a specific clinical trials issue discussed, they are encouraged to contact the session chair in advance

Agenda:

- Seven Principles of Successful Clinical Trials — *Lynda H. Powell, PhD*
- Design of Control Groups — *Kenneth E. Freedland, PhD*
- Design Options in Clinical Trials — *Peter G. Kaufmann, PhD*

SCIENTIFIC SESSIONS – WEDNESDAY, MARCH 20, 2013

12:00 pm – 6:00 pm **Full-Day Seminars**

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$125/ Student/Trainees or Transitional Members: \$75/ Non-Members: \$175

Seminar 01: Problem-Solving Therapy for Depression Comorbid with Medical Illness + (S01)

Plaza B, Lobby Level

Lead Presenter: Arthur M. Nezu, PhD, Drexel University, Philadelphia, PA

Co-Presenter: Christine M. Nezu, PhD, Drexel University, Philadelphia, PA

Seminar 02: NIH Grant Writing Seminar for Early Career Researchers + (S02)

Continental 02, Ballroom Level

Lead Presenter: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

Co-Presenters: Audie A. Atienza, PhD, National Institutes of Health, Bethesda, MD; William N. Elwood, PhD, National Institutes of Health, Bethesda, MD; Michael Stirratt, PhD, National Institutes of Health, Bethesda, MD; Stacey Fitzsimmons, PhD, National Institutes of Health, Bethesda, MD; Jane Simoni, PhD, University of Washington, Seattle, WA; Francis Keefe, PhD, Duke University, Chapel Hill, NC; Michaela Kiernan, PhD, Stanford University, Stanford, CA

Seminar 03: Applying Integrative Data Analytic Methods to Population-Level Cross-Sectional Survey Data △ (S03)

Continental 08, Ballroom Level

Lead Presenter: Richard P. Moser, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD

Co-Presenters: Sana Naveed, MPH, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; Benmei Liu, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; Mandi Yu, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; Lila F. Rutten, MPH, PhD, Department of Health Sciences Research, Mayo Clinic, Rochester, MN; Kelly Blake, ScD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; William Riley, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD

Seminar 04: Mindfulness-Based Eating Awareness Training (MB-EAT): Theory and Practices △ (S04)

Union Square 15-16, 4th Floor

Lead Presenter: Jean L. Kristeller, PhD, Psychology, Indiana State University, Terre Haute, IN

12:00 pm – 2:45 pm **Early Half-Day Seminars**

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$100/ Student/Trainees or Transitional Members: \$50/ Non-Members: \$125

Seminar 05: Introduction to Item Response Theory (IRT) and its Applications for Questionnaire Design and Evaluation in Behavioral Medicine + (S05)

Union Square 19-20, 4th Floor

Lead Presenter: Bryce B. Reeve, PhD, University of North Carolina-Chapel Hill, Chapel Hill, NC

Co-Presenter: Angela Stover, Doctoral Student, University of North Carolina-Chapel Hill, Chapel Hill, NC

Seminar 06: An End to Brilliant and Irrelevant Research and Practice: Integrating Behavioral Medicine Research into the Patient Centered Medical Home ■ (S06)

Union Square 22, 4th Floor

Lead Presenter: Rodger Kessler, PhD, ABPP, Family Medicine, University of Vermont College of Medicine, Burlington, VT

SCIENTIFIC SESSIONS – WEDNESDAY, MARCH 20, 2013

3:15 pm – 6:00 pm

Late Half-Day Seminars

Registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$100/ Student/Trainees or Transitional Members: \$50/ Non-Members: \$125

Seminar 07: Clinical Seminar in Behavioral Activation Treatment for Depression with Comorbid Health Conditions+ (S07)

Union Square 19-20, 4th Floor

Lead Presenter: Kristin Schneider, PhD, Psychology, Rosalind Franklin University, North Chicago, IL

Seminar 08: Promoting Patient Engagement in Medical Care among Patients with Comorbid Psychiatric and Medical Conditions: Using Antiviral Therapy for Hepatitis C as a Model+ (S08)

Union Square 22, 4th Floor

Lead Presenter: Megan Oser, PhD, Psychiatry, Brigham & Women's Hospital, Harvard Medical School, Boston, MA

Co-Presenters: Maggie Chariter, PsyD, MPH, Clinical Public Health, Department of Veterans Affairs, Office of Public Health, San Francisco, CA; Donna Evon, PhD, Department of Medicine, Division of Gastroenterology and Hepatology, University of North Carolina-Chapel Hill, Chapel Hill, NC

Seminar 09: Basic Android Programming for Behavioral Scientists+ (S09)

Union Square 23-24, 4th Floor

Lead Presenter: Yuelin Li, PhD, Psychiatry and Behavioral Sciences, Memorial Sloan-Kettering Cancer Center, New York, NY

6:30 pm – 8:00 pm

Poster Session A*

includes Citation and Meritorious Abstract Winners

Golden Gate Rooms, Lobby Level

Plan on joining colleagues as SBM celebrates those abstracts that have received Citation and Meritorious Awards. This poster session will provide attendees with their first opportunity to meet exhibitors as well as network with other attendees. A cash bar and complimentary hors d'oeuvres will be provided.

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

7:00 am – 7:00 pm

Registration Open

East Lounge (Outside of Continental 04-06), Ballroom Level

7:30 am – 8:30 am

Breakfast Roundtables*

Admission by Name Badge

Behavioral Informatics Special Interest Group: Technology Preview

Union Square 19-20, 4th Floor

Moderator: Timothy Bickmore, PhD

The Behavioral Informatics SIG will host a preview of the day's technology-oriented talks, panels, and symposia, with speakers providing brief summaries of their presentations. The meeting will also provide an open forum for discussion of the technology-related activities at the SBM meeting.

Challenges in Clinical Trials

Union Square 21, 4th floor

Moderators: Catherine M. Stoney PhD; and Peter G. Kaufmann, PhD

An open forum for discussion of current issues in the design and execution of clinical trials in all specialties of behavioral medicine.

Educational, Training and Career Development Council and Student Special Interest Group present: "How to Get the Most Out of a Post-doctoral Fellowship in Behavioral Medicine: Choosing, Using, and Moving On"

Union Square 17-18, 4th Floor

Moderator: Tracey A. Revenson, PhD

Co-Presenters: Danielle L. Beatty, PhD; Sarah Corey, PhD; Laura P. Forsythe, PhD, MPH; and Sarah E. Woolf-King, PhD, MPH

This session will provide trainees in behavioral medicine with a better understanding of the post-doctoral training experience. Although post-doctoral training positions are relatively common, most trainees have limited opportunities to discuss if, where, how, and why they should participate in post-doctoral training. This session will begin with an overview of the diverse benefits of a post-doctoral fellowship, followed by a moderated question and answer session with a candid panel of current, recent, and past post-doctoral fellows. Topics of discussion will include deciding if a post-doctoral training experience is right for you, selecting and obtaining a position, optimizing your training experiences, and transitioning after your fellowship. This session will be useful to current trainees at any phase who are interested in thinking forward about their career trajectory.

Ethnic Minority and Multicultural Health Special Interest Group Business Meeting

Union Square 01-02, 4th Floor

Moderators: Hayley S. Thompson, PhD; and Frank Sotelo, BA

The business meeting will include presentation of two research awards recognizing the work of a student/trainee and an early investigator, as well as discussion of other SIG issues.

Health Decision Making Special Interest Group Breakfast Roundtable

Union Square 03-04, 4th Floor

Moderators: Suzanne C. O'Neill, PhD; and Jennifer Hay, PhD

Annual Health Decision Making Special Interest Group Meeting and Awards Ceremony

Physical Activity Special Interest Group Breakfast Roundtable

Continental 08, Ballroom Level

Moderators: David X. Marquez, PhD; and Matthew P. Buman, PhD

Spirituality and Health Special Interest Group Business Meeting

Union Square 05-06, 4th Floor

Moderators: Amy Wachholtz, PhD (chair); and Crystal Park, PhD (past-chair)

Women's Health Special Interest Group Breakfast Roundtable

Continental 02, Ballroom Level

Moderators: Christina Psaros, PhD; and Valessa St. Pierre, MS

Overview of SIG business; mock grant review; meet and greet; and presentation of student award.

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

8:45 am – 10:15 am **Featured Symposium 01 (F01):**

“Patient-Centered Outcomes Research Institute (PCORI) and Partners: Improving Patient Outcomes through Behavioral Medicine Research” +

Plaza A, Lobby Level

Admission by Name Badge

Chair: Suzanne O’Neill, PhD, Georgetown University, Washington, DC

Presenters: Suzanne O’Neill, PhD, Georgetown University, Washington, DC; Thomas K. Houston, MD, MPH, University of Massachusetts Medical School, Worcester, MA; Mary E. Cooley, RN, PhD, Dana-Farber Cancer Institute, Boston, MA; Joe V. Selby, MD, MPH, PCORI, Washington, DC

Discussant: Sara J. Knight, Department of Veterans Affairs, Veterans Health Admin., Office of Research and Development, Washington, DC

The Patient-Centered Outcomes Research Institute (PCORI) was authorized by Congress to conduct research that provides the best available evidence to help patients and providers to make more informed health decisions. The work of behavioral medicine researchers and clinicians sits at the center of many PCORI initiatives, such as the assessment of prevention, diagnosis and treatment options, communication and dissemination research, and addressing health disparities. This symposium, a collaboration between SBM’s Health Decision Making Special Interest Group and Public Policy Leadership Group and PCORI staff, is designed to stimulate thought and discussion about ways in which behavioral medicine research complements PCORI’s vision. We will present an overview of PCORI’s mission and its relevance to behavioral medicine research and practice as illustrated by the research of two SBM members and PCORI award recipients. Special attention will be given by all of the speakers to Stakeholder Engagement, a key aspect of PCORI-funded research. Dr. O’Neill will introduce the symposium. Dr. Selby will describe PCORI’s national mandate and priorities. Dr. Houston will discuss PERSPeCT, an adaptive computer system that provides personalized, persuasive communication to support lifestyle choices. Dr. Cooley will present her decision support system for improving management and outcomes of those with cancer. Dr. Knight will place the symposium in the context of behavioral medicine research, with a specific focus on health decision making and public policy, and will facilitate audience discussion.

8:45 am – 10:15 am **Symposium 01: Why Weigh Every Day? Interventions Promoting Daily Weighing Across the Weight Management Spectrum △ (SY01)**

Plaza B, Lobby Level

Admission by Name Badge

Chair: Michaela Kiernan, PhD, Stanford University, Palo Alto, CA

Presenters: Michaela Kiernan, PhD, Stanford University, Palo Alto, CA; Dori M. Steinberg, PhD, RD, Nutrition, University of North Carolina – Chapel Hill, Chapel Hill, NC; Jennifer A. Linde, PhD, Epidemiology & Community Health, University of Minnesota, Minneapolis, MN; and Deborah F. Tate, PhD, University of North Carolina – Chapel Hill, Chapel Hill, NC

Discussant: Victor J. Stevens, PhD, Kaiser Permanente Center for Health, Portland, OR

8:45 am – 10:15 am **Symposium 02: Tweet to Treat: Harnessing Twitter for Smoking Cessation △ (SY02)**

Continental 02, Ballroom Level

Admission by Name Badge

Chair: Judith J. Prochaska, PhD, MPH, Stanford University, Stanford, CA

Presenters: Judith J. Prochaska, PhD, MPH, Stanford University, Stanford, CA; Ashley Sanders-Jackson, PhD, UC San Francisco, San Francisco, CA; Cornelia Pechmann, PhD, MBA, UC Irvine, Irvine, CA; and Danielle Ramo, PhD, Psychiatry, UC San Francisco, San Francisco, CA

8:45 am – 10:15 am **Symposium 03: Understanding Young Adult Cancer Patients and Survivors: Symptom Management, Health-Related Quality of Life, and Health Behaviors + (SY03)**

Continental 08, Ballroom Level

Admission by Name Badge

Chair: Ashley W. Smith, PhD, MPH, National Cancer Institute, Bethesda, MD

Presenters: Ashley W. Smith, PhD, MPH, National Cancer Institute, Bethesda, MD; Stacy Sanford, PhD, Northwestern University, Chicago, IL; and John M. Salsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 8:45 am – 10:15 am **Symposium 04: The Use of Emergent Technology to Assess and Intervene with Multiple Health Behaviors in Racial/Ethnic Minority Populations** \triangle (SY04)
Cosponsored by the Behavioral Informatics Special Interest Group; the Ethnic, Minority, and Multicultural Health Special Interest Group and the Multiple Health Behavior Change Special Interest Group
Union Square 15-16, 4th Floor
Admission by Name Badge
 Chair: Lisa M. Quintiliani, PhD RD, Department of Medicine, Boston University, Boston, MA and Tara A. Eaton, PhD, Department of Oncology, Wayne State University/Karmanos Cancer Institute, Detroit, MI
 Presenters: Lisa M. Quintiliani, PhD RD, Department of Medicine, Boston University, Boston, MA; Eun-Shim Nahm, PhD, University of Maryland School of Nursing, Baltimore, MD; Marcella H. Boynton, PhD, Alcohol Research Center, University of Connecticut Health Center, Farmington, CT; and Timothy Bickmore, PhD, Northeastern University, Boston, MA
 Discussant: Andrea G. Parker, PhD, Northeastern University, Boston, MA
- 8:45 am – 10:15 am **Symposium 05: Translation of Non-Traditional Lifestyle Behavior Change Interventions into Real-World Clinical Settings** $+$ (SY05)
Union Square 19-20, 4th Floor
Admission by Name Badge
 Chair: Laura Damschroder, MS, MPH, Diabetes QUERI, Ann Arbor VA Center for Clinical Management Research, Ann Arbor, MI
 Presenters: Laura Damschroder, MS, MPH, Diabetes QUERI, Ann Arbor VA Center for Clinical Management Research, Ann Arbor, MI; Bonnie Spring, PhD, Northwestern University, Chicago, IL; and David E. Goodrich, EdD, Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI
 Discussant: Russell E. Glasgow, PhD, National Cancer Institute, Bethesda, MD
- 8:45 am – 10:15 am **Symposium 06: Overcoming Challenges in Developing and Implementing Technology-Based Tools to Improve Health-Related Decisions and Behaviors: Lessons Learned** $+$ (SY06)
Union Square 22, 4th Floor
Admission by Name Badge
 Chair: Erika A. Waters, PhD, MPH, Surgery (Division of Public Health Sciences), Washington University School of Medicine, St Louis, MO
 Presenters: Erika A. Waters, PhD, MPH, Surgery (Division of Public Health Sciences), Washington University School of Medicine, St Louis, MO; David Buller, PhD, Klein Buendel, Inc., Golden, CO; and Mary K. Goldstein, MD, MS, Geriatric Research Education and Clinical Center (GRECC), VA Palo Alto Health Care System, Palo Alto, CA
- 8:45 am – 10:15 am **Symposium 07: Supporting and Facilitating Chronic Disease Management: Lessons Learned from Diabetes** $+$ (SY07)
Union Square 23-24, 4th Floor
Admission by Name Badge
 Chair: Korey Hood, PhD, Pediatrics, University of California San Francisco, San Francisco, CA
 Presenters: Korey Hood, PhD, Pediatrics, University of California San Francisco, San Francisco, CA; Linda J. Herbert, PhD, Children's National Medical Center, Washington, DC; Shelagh Mulvaney, PhD, Department of Biomedical Informatics, Vanderbilt University, Nashville, TN; and Marilyn Ritholz, PhD, Behavioral and Mental Health Research, Joslin Diabetes Center, Boston, MA
 Discussant: Korey Hood, PhD, Pediatrics, University of California San Francisco, San Francisco, CA

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

8:45 am – 10:15 am **Symposium 08: Spiritually Informed Interventions for Behavioral Medicine + (SY08)**

Continental 01, Ballroom Level

Admission by Name Badge

Chair: Kevin S. Masters, PhD, Psychology, University of Colorado Denver, Denver, CO

Presenters: Kevin S. Masters, PhD, Psychology, University of Colorado Denver, Denver, CO; Gail Ironson, PhD, MD, University of Miami, Miami, FL; Doug Oman, PhD, School of Public Health, University of California, Berkeley, Berkeley, CA; and Stephanie A. Hooker, MS, University of Colorado Denver, Denver, CO

Discussant: Timothy W. Smith, University of Utah, Salt Lake City, UT

8:45 am – 10:15 am **Symposium 09: Adapting CBT Interventions for Use with Marginalized Patient Groups Managing the Challenges of HIV, Mental Health, and Substance Use ■ (SY09)**

Continental 03, Ballroom Level

Admission by Name Badge

Chair: Conall O'Cleirigh, PhD, Department of Psychiatry, Massachusetts General Hospital, Boston, MA

Presenters: Conall O'Cleirigh, PhD, Department of Psychiatry, Massachusetts General Hospital, Boston, MA; Wade Taylor, PhD, The Fenway Institute, Fenway Health, Boston, MA; and Adam W. Carrico, PhD, University of California, San Francisco School of Nursing, San Francisco, CA

Discussant: David W. Pantalone, PhD, Suffolk University, Boston, MA

8:45 am – 10:15 am **Symposium 10: Moving Through Space and Time: Using Technology to Improve "On-the-Ground" Health Assessment and Communication ★ (SY10)**

Continental 07, Ballroom Level

Admission by Name Badge

Chair: Mary Ann Pentz, PhD, Institute for Health Promotion & Disease Prevention Research, University of Southern California, Los Angeles, CA

Presenters: Mary Ann Pentz, PhD, Institute for Health Promotion & Disease Prevention Research, University of Southern California, Los Angeles, CA; Donna Spruijt-Metz, MFA, PhD, Preventive Medicine, University of Southern California, Los Angeles, CA; Michael Jerrett, PhD, School of Public Health, University of California, Berkeley, Berkeley, CA; Thomas Valente, PhD, Institute for Health Promotion & Disease Prevention Research, University of Southern California, Los Angeles, CA; and Genevieve F. Dunton, PhD, MPH, Preventive Medicine, University Southern California, Los Angeles, CA

Discussant: Kevin Patrick, MD, MS, University of California, San Diego, La Jolla, CA

8:45 am – 10:15 am **Symposium 11: Using Technology to Deliver Interventions to Improve Health: How "Soft Touch" is "High Tech"? △ (SY11)**

Continental 09, Ballroom Level

Admission by Name Badge

Chair: Brian Oldenburg, BSc, MPsych, PhD, School of Public Health and Preventive Medicine, Monash University, Melbourne, VIC, Australia

Presenters: Brian Oldenburg, BSc MPsych PhD, School of Public Health and Preventive Medicine, Monash University, Melbourne, VIC, Australia; Adrienne O'Neil, BA Hons, School of Medicine, Deakin University, Geelong, VIC, Australia; and C. Barr Taylor, MD, Psychiatry, Stanford University, Stanford, CA

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

10:30 am – 11:30 am **Opening Keynote Address (KA01):**

“Three Lessons from Coaching Thousands of Tiny Habits”[△]

Continental 04-06, Ballroom Level

Admission by Name Badge

BJ Fogg, PhD

Founder and Director, Persuasive Technology Lab, Stanford University, Stanford, CA

Moderator: Bradford W. Hesse, PhD, National Cancer Institute, Bethesda, MD

Over the last 18 months, I've used email to coach over 12,000 people in a new method of habit formation. This was not my intent at the start. But week after week, as more people signed up for my 5-day course, I just kept going, day after day, even while on vacation. (Whew!)

From my personal interactions with so many, I saw patterns in people's struggles to improve their lives. Along the way I revised my teaching to help people focus on extremely small changes, to better recognize and celebrate their successes, and to trust a process of habit formation that does not rely on willpower.

In all of this, I became deeply convinced that motivation is not the key to long-term behavior change. More important is making the behavior easy to do and pairing it with an existing routine to trigger performance.



11:45 am – 12:45 pm **Expert Consultations***

Union Square 25, 4th Floor

Admission by Name Badge. Admission restricted to registered participants only. Sign up online or in person at the registration desk.

11:45 am – 12:45 pm **Midday Meetings***

Admission by Name Badge

**Cancer Special Interest Group and Health Decision Making Special Interest Group:
Affect, Intuition and Decision Making Across the Cancer Continuum**

Moderators: Michael A. Diefenbach, PhD; and Suzanne C. O'Neill PhD

Continental 09, Ballroom Level

The purpose of this meeting is to be a forum to discuss the role of affect and intuition in the decision making process, using decisions across the cancer continuum as exemplars. To start the moderator-facilitated discussions, we will have three brief presentations covering distinct topics. In the first presentation, Marc Kiviniemi, PhD, will discuss his work on the interplay of cognitively-based constructs (e.g., expected utility) and affectively-based constructs (feelings associated with health behaviors) and experiments examining the effect of manipulated affective associations on behavior. In the second presentation, Jennifer Hay, PhD, will discuss her research in inner-city, primary care populations examining affective and intuitive factors in cancer risk perceptions and: 1) patient activation to engage in proactive prevention activities and physician discussion, and 2) adoption of colorectal cancer screening in Spanish- and Haitian-Creole-speaking primary care populations. Finally, Michael Diefenbach, PhD, will present results from quantitative and qualitative data on the role of affect in decision making among prostate cancer patients who experience a rising PSA and who contemplate a hormonal treatment approach. Implications for intervention development will be discussed. Speaker presentations will be brief to ensure time for audience participation and exchange of ideas and experiences.

Child and Family Health Special Interest Group Meeting

Continental 07, Ballroom Level

Moderator: Kenneth Tercyak, PhD

In addition to covering SIG business, we will host a research presentation on frontiers in pediatric behavioral medicine with guest speaker Marian Fitzgibbon, PhD, University of Illinois at Chicago.

Evidence-Based Behavioral Medicine Special Interest Group Meeting

Union Square 05-06, 4th Floor

Moderators: Karen Oliver, PhD; and Sherri Sheinfeld-Gorin, PhD

Business Meeting and Outstanding Student/Trainee Award Presentation

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

Integrated Primary Care Special Interest Group Working Business Meeting

Union Square 01-02, 4th Floor

Moderator: Mark E. Vogel, PhD

Please join us to discuss ways to become more actively involved in the IPC SIG. We will specifically focus on:

1. Review/update of IPC research projects across the country
2. Collaborative efforts with other organizations promoting IPC efforts
3. Update on programs that provide training in integrated primary care
4. Opportunity to network with potential collaborator

Military and Veterans' Health SIG presents:

Expanding Career Possibilities in Behavioral Medicine in the Veterans Health Administration and the Department of Defense

Continental 03, Ballroom Level

Moderators: Jolyn Tatum, PhD; and Amanda McCorkindale, PsyD

This dynamic session will highlight the expanding career opportunities in Behavioral Medicine in the Veterans Affairs, Veterans Health Administration (VHA) and the Department of Defense (DoD). The career options in the VHA and DoD offer the unique chance to incorporate the profession of Behavioral Medicine with the exceptional opportunity to serve those who serve our country. Panel will include Christopher Hunter PhD, CDR, US Public Health Service, the DoD Program Manager for Behavioral Health in Primary Care in the Office of the Chief Medical Officer and Michael G. Goldstein, MD, the Associate Chief Consultant for Preventive Medicine Office of Patient Care Services VHA, Durham, NC. Panelists will discuss the expansions in the role of Behavioral Medicine in the VHA and the DoD and the careers associated with these recent expansions.

Obesity and Eating Disorders Special Interest Group, Theories and Techniques of Behavior Change Interventions Special Interest Group, and Physical Activity Special Interest Group present:

The Role of Behavior Change Theories in Behavioral Interventions for Obesity: Opportunities & Challenges

Union Square 03-04, 4th Floor

Moderators: Stephanie L. Fitzpatrick, PhD; Alex Rothman, PhD; and David Marquez, PhD, FACSM

Behavioral interventions to treat obesity are based formally or informally on theories of behavior change. Theories of behavior change provide a framework for understanding the social and psychological processes that underlie the behavioral changes that must occur to produce the primary outcome of interest in an obesity intervention (e.g., weight loss). However, the specific linkages between intervention strategies and the guiding theoretical principles are often poorly specified and infrequently measured and tested. Too many intervention studies fail to capitalize on the opportunity to test the hypothesized influence of the constructs identified in these theories (e.g., self-efficacy, social support, intrinsic motivation). However, intervention studies are also constrained by the limited guidance provided by current theories of behavior change. This session will allow members of the Obesity & Eating Disorders SIG, Theories & Techniques of Behavior Change Interventions SIG, and Physical Activity SIG to come together to discuss the interdependence between theory and intervention in obesity intervention research and how new strategies (including those afforded by new technological innovations) could be developed to address gaps in this research area. Ideas for future SIG collaborations will also be discussed.

Student Special Interest Group:

Applying to Psychology Internships in Behavioral Medicine

Plaza B, Lobby Level

Moderator: Heather McGinty, MA

Whether you are planning on attending graduate school in clinical psychology or about to begin the internship process, this session is for you. Join a panel of speakers for presentations addressing how to be competitive for internships, the application process itself, and strategies for interviews and ranking internship sites.

11:45 am – 12:45 pm **Panel Discussion 01: Operationalizing Culture for Health Behavior and Social Science Research** △ (PD01)

Continental 02, Ballroom Level

Admission by Name Badge

Chair: Marjorie Kagawa-Singer, PhD, Community Health Sciences, University of California, Los Angeles, Los Angeles, CA
Panelists: William Dressler, Anthropology, University of Alabama, Tuscaloosa, AL; Sheba George, Multicultural Health and Health Disparities, Charles R. Drew University of Medicine and Science, Lynwood, CA; Annie Fehrenbacher, MPH, Community Health Sciences, University of California, Los Angeles, Los Angeles, CA; and William N. Elwood, PhD, National Institutes of Health – OBSSR, Bethesda, MD

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

11:45 am – 12:45 pm **Panel Discussion 02: Novel Approaches for Integrating Religion and Spirituality into Health Treatment** △ (PD02)

Continental 08, Ballroom Level

Admission by Name Badge

Chair: Amy Wachholtz, PhD, MDiv, Psychiatry, University of Massachusetts Medical School, Worcester, MA

Panelists: Thomas G. Plante, PhD, Psychology, Santa Clara University, Santa Clara, CA; and Douglas Oman, PhD, Public Health, University of California-Berkeley, Berkeley, CA

11:45 am – 12:45 pm **Panel Discussion 03: A Qualitative Investigation of How to Use Technology to Improve Participation in MOVE!® among Veterans with Mental Illness** + (PD03)

Union Square 15-16, 4th Floor

Admission by Name Badge

Chair: Gina Evans-Hudnall, PhD, Michael E. DeBakey VA Medical Center and Baylor College of Medicine, Houston, TX

Panelists: Lonique Pritchett, PhD, Micheal E. DeBakey VA Medical Center, Houston, TX; Cora Platt, MA, Michael E. DeBakey VA Medical Center and Baylor College of Medicine, Houston, TX; and Jessica Breeland, MS, Michael E. DeBakey VA Medical Center and Baylor College of Medicine, Houston, TX

11:45 am – 12:45 pm **Panel Discussion 04: Social Policy Panel on Cigarette Graphic Warning Labels** △ (PD04)

Union Square 19-20, 4th Floor

Admission by Name Badge

Chair: Annette Kaufman, PhD, MPH, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD

Panelist: Linda D. Cameron, PhD, Psychology, University of California-Merced, Merced, CA

11:45 am – 12:45 pm **Panel Discussion 05: Graduate Student Research Panel Discussion** ● (PD05)

Plaza A, Lobby Level

Admission by Name Badge

Chair: Barbara Stetson, PhD, Psychological & Brain Sciences, University of Louisville, Louisville, KY

Panelists: Katherine E. Stewart, PhD, Fay W Bozeman College of Public Health, University of Arkansas for Medical Sciences, Little Rock, AR; Georita Marie Frierson, PhD, Psychology, Howard University, Washington, DC; and Patricia A. Lee, PhD, California Office of Women's Health, Sacramento, CA

11:45 am – 12:45 pm **Panel Discussion 06: Interventions with Older Latinos: Challenges and a Cultural Paradigm to Address the Challenges** + (PD06)

Union Square 22, 4th Floor

Admission by Name Badge

Chair: David X. Marquez, PhD, Kinesiology and Nutrition, University of Illinois at Chicago, Chicago, IL

Panelists: Melicia C. Whitt-Glover, PhD, Gramercy Research Group, Winston-Salem, NC; and Susan Aguiñaga, BS, Kinesiology and Nutrition, University of Illinois at Chicago, Chicago, IL

11:45 am – 12:45 pm **Panel Discussion 07: Quantified Self - How This Large Movement of Self Trackers Can Help Advance Behavioral Science** + (PD07)

Union Square 23-24, 4th Floor

Admission by Name Badge

Chair: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ

Panelists: Deborah F. Tate, PhD, University of North Carolina-Chapel Hill, Chapel Hill, NC; Ernesto R. Ramirez, University of California-San Diego, San Diego, CA; Bob Evans, Google, Mountain View, CA; and Roger Magoulas, O'Reilly Media Group, San Francisco, CA

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

11:45 am – 12:45 pm **Panel Discussion 08: What Did You Change Your Mind About?: Science and the Role of Knowledge, Reason and Data + (PD08)**

Continental 01, Ballroom Level

Admission by Name Badge

Chair: Michael E. Stefanek, PhD, Indiana University, Bloomington, IN

Panelists: Francis J. Keefe, PhD, Duke University, Durham, NC; Abby C. King, PhD, Stanford University, Stanford, CA; and Karen M. Emmons, PhD, Dana-Farber Cancer Institute, Cambridge, MA

1:00 pm – 1:45 pm **Master Lecture (ML01):**

“Improving the Design and Implementation of Behavioral Intervention Technologies for Depression” △

Plaza A, Lobby Level

Admission by Name Badge

David C. Mohr, PhD

Director, Center for Behavioral Intervention Technologies, Professor, Preventive Medicine, Northwestern University, Chicago, IL

Moderator: Bonnie Spring, PhD, ABPP, Northwestern University, Chicago, IL

This talk will review the program of research on telemental health treatment for depression in primary care, conducted through the Northwestern University Center for Behavioral Intervention Technologies. While eHealth interventions hold great promise for extending psychological care, adherence remains a challenge. Two general strategies are being investigated to improve adherence: the inclusion of human support and intervention technology design. A model of human support for eHealth interventions, called “supportive accountability,” will be described, as well as its application in web-based interventions. On the technology side, this talk will describe efforts to develop a machine learning component that harnesses data from embedded sensors within smartphone (location sensors, motion detectors, etc.) to identify treatment relevant patient states including location, activity, social context and mood in real time. This capacity will allow for just-in-time interventions based on detected states. Projects focused on enhancing pharmacotherapy process and outcome will also be discussed.



1:00 pm – 1:45 pm **Master Lecture (ML02):**

“Can’t We All Just Get Along? The Art and Science of Transdisciplinary Team Science” △

Plaza B, Lobby Level

Admission by Name Badge

Daniel S. Stokols, PhD

Chancellor’s Professor, Department of Planning, Policy & Design, and Department of Psychology and Social Behavior, School of Ecology, University of California-Irvine, Irvine, CA

Moderator: Margaret L. Schneider, PhD, University of California – Irvine, Irvine, CA

This talk will present basic concepts, methods, and findings related to the study and practice of transdisciplinary team science. Alternative organizational, environmental, and technological infrastructures for promoting team science will be described, and several findings from prior studies of large-scale transdisciplinary research and training centers will be presented. Research on the ecology of team science has revealed certain pivotal circumstances in team settings that either can enhance or constrain the effectiveness of collaborative health research and practice. Strategies for managing these “high-leverage” factors in scientific and translational collaborations will be suggested. Also, challenges related to training the next generation of team science scholars and practitioners will be discussed. Finally, implications of the science of team science for designing more effective initiatives to facilitate innovative advances in health science and practice will be noted.



SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

2:00 pm – 3:30 pm **Presidential Symposium (F02):**

“Incremental vs. Transformative Behavioral Medicine: How do We Achieve a Balance?” △

Plaza A, Lobby Level

Admission by Name Badge

Chairs: Alan J. Christensen, PhD, University of Iowa, Iowa City, IA; and Susan M. Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Presenters: Leonard H. Epstein, PhD, New York University at Buffalo, Buffalo, NY; Robert M. Kaplan, PhD, Office of Behavioral and Social Science Research, Bethesda, MD; Michaela Kiernan, PhD, Stanford University School of Medicine, Stanford, CA; and Richard K. Nakamura, PhD, Center for Scientific Review, National Institutes of Health, Bethesda, MD

Science progresses in two ways: by methodically building upon existing knowledge and by pursuing new ideas and transformative discoveries. This session will examine the tension between “incremental” and “transformative” behavioral science and how the field of behavioral medicine can achieve a balance between the two. Invited speakers representing NIH leadership, program, review and investigator perspectives will address how best to promote innovation in behavioral medicine research while ensuring rigor, impact and replicability of results.

2:00 pm – 3:30 pm **Symposium 13: Mobile and Web-Based Serious Games for Behavior Change in Child and Adolescent Populations** ■ (SY13)

Continental 02, Ballroom Level

Admission by Name Badge

Chair: Bernard F. Fuemmeler, PhD, MPH, Community & Family Medicine and Psychology and Neuroscience, Duke University Health System, Durham, NC

Presenters: Bernard F. Fuemmeler, PhD, MPH, Community & Family Medicine and Psychology and Neuroscience, Duke University Health System, Durham, NC; Alan Delamater, PhD, Pediatrics, University Miami, Miami, FL; and Donna Spruijt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA

Discussant: Wendy J. Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD

2:00 pm – 3:30 pm **Symposium 14: Integration and Innovation for Behavioral Health Interventions in Primary Care** △ (SY14)

Continental 08, Ballroom Level

Admission by Name Badge

Chair: Jennifer K. Carroll, MD, Family Medicine Research, Oncology and Center for Community Health, University of Rochester Medical Center, Rochester, NY

Presenters: Jennifer K. Carroll, MD, Family Medicine Research, Oncology and Center for Community Health, University of Rochester Medical Center, Rochester, NY; Amireh Ghorob, MPH RYT, Center for Excellence in Primary Care, University of California San Francisco, San Francisco, CA; Frank deGruy, MD MSFM, Family Medicine, University of Colorado School of Medicine, Denver, CO; Larry Green, MD, Family Medicine, University of Colorado School of Medicine, Denver, CO; and Kurt Stange, MD PhD, Family Medicine, Epidemiology & Biostatistics, Sociology, and Oncology, Case Western Reserve University, Cleveland, OH

Discussant: Sara J. Knight, PhD, Department of Veterans Affairs, Veterans Health Administration, Office of Research and Development, Washington, DC

2:00 pm – 3:30 pm **Symposium 15: Social Relationships, Gender and Psychosocial Adjustment to Hematological Cancers and Hematopoietic Cell Transplants: Framing New Questions** + (SY15)

Union Square 15-16, 4th Floor

Admission by Name Badge

Chair: Tracey Revenson, PhD, City University of New York, New York, NY

Presenters: Tracey Revenson, PhD, City University of New York, New York, NY; Sarah Thilges, MS, Loyola University Medical Center, Maywood, IL; and Bethany Gourley, BA, Psychology, Eastern Michigan University, Ypsilanti, MI

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 2:00 pm – 3:30 pm **Symposium 16: Tweet Up, Meet Up, and Like It: Leveraging Online Social Networks for Weight Loss + (SY16)**
Union Square 19-20, 4th Floor
Admission by Name Badge
Chair: Sherry Pagoto, PhD, Medicine, University of Massachusetts Medical School, Worcester, MA
Presenters: Sherry Pagoto, PhD, Medicine, University of Massachusetts Medical School, Worcester, MA; Gabrielle Turner-McGrievy, PhD, MS, RD, Health Promotion, Education, and Behavior, University of South Carolina, Columbia, SC; Kristin Schneider, PhD, Psychology, Rosalind Franklin University, North Chicago, IL; and Kevin O. Hwang, MD, MPH, Internal Medicine, The University of Texas Medical School at Houston, Houston, TX
Discussant: Nathan K. Cobb, MD, Schroeder Institute for Tobacco Research, Washington, DC
- 2:00 pm – 3:30 pm **Symposium 17: Coordinating Cancer Care: What Have We Learned from Twenty Years of Empirical Studies? ● (SY17)**
Union Square 22, 4th Floor
Admission by Name Badge
Chair: Sherri Sheinfeld Gorin, PhD, NCI (SAIC), Columbia University, New York, NY
Presenters: Sherri Sheinfeld Gorin, PhD, NCI (SAIC), Columbia University, New York, NY; Paul Han, MD, MA, MPH, CORE, Maine Medical Center, Scarborough, ME; Kathryn McDonald, PhD, CHP/PCOR, Stanford University, Stanford, CA; David Haggstrom, MD, MAS, HSRD, VA HSR&D Center of Excellence on Implementing Evidence-Based Practice, Indianapolis, IN
Discussant: Steven B. Clauser, PhD, National Cancer Institute, Bethesda, MD
- 2:00 pm – 3:30 pm **Symposium 18: Military and Veterans' Health Special Interest Group presents: Mobile Applications to Support Patient Self-Management for Military and Veterans: Promise, Challenges, and Evaluation △ (SY18)**
Union Square 23-24, 4th Floor
Admission by Name Badge
Chair: Kenneth R. Jones, PhD, VA National Center for Health Promotion & Disease Prevention, Department of Veterans Affairs, Durham, NC
Presenters: Kenneth R. Jones, PhD, VA National Center for Health Promotion & Disease Prevention, Department of Veterans Affairs, Durham, NC; Julia E. Hoffman, PsyD, National Center for PTSD, Department of Veterans Affairs, Menlo Park, CA; and Julie T. Kinn, PhD, National Center for Telehealth & Technology, Department of Defense, Tacoma, WA
Discussant: Deborah F. Tate, PhD, University of North Carolina-Chapel Hill, Chapel Hill, NC
- 2:00 pm – 3:30 pm **Symposium 19: eHealth Interventions: Where We've Been and Where We're Going △ (SY19)**
Continental 01, Ballroom Level
Admission by Name Badge
Chair: Seth M. Noar, PhD, School of Journalism and Mass Communication, University of North Carolina-Chapel Hill, Chapel Hill, NC
Presenters: Seth M. Noar, PhD, School of Journalism and Mass Communication, University of North Carolina-Chapel Hill, Chapel Hill, NC; David Buller, PhD, Klein Buendel, Golden, CO; Lorien Abrams, ScD, Department of Prevention & Community Health, The George Washington University School of Public Health & Health Services, Washington, DC; Borsika A. Rabin, PhD, MPH, Kaiser Permanente Colorado, Denver, CO; and Gary L. Kreps, PhD, Communication, George Mason University, Fairfax, VA

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 2:00 pm – 3:30 pm **Symposium 20: Finding Power and Sample Size for Mixed Models in Study Designs with Repeated Measures and Clustering** + (SY20)
Continental 03, Ballroom Level
Admission by Name Badge
 Chair: Mildred Maldonado-Molina, PhD in Human Development and Family Studies, Health Outcomes and Policy, University of Florida, Gainesville, FL
 Presenters: Mildred Maldonado-Molina, PhD in Human Development and Family Studies, Health Outcomes and Policy, University of Florida, Gainesville, FL; Anna Baron, PhD, University of Colorado, Denver, CO; and Sarah Kreidler, Biostatistics PhD student, Department of Biostatistics, University of Colorado, Denver, CO
 Discussant: Jacinda Dariotis, PhD, MAS, MA, MS, John Hopkins Bloomberg School of Public Health, Baltimore, MD
- 2:00 pm – 3:30 pm **Symposium 21: Application of Health Behavior Theory to Technology-Delivered Interventions** ■ (SY21)
Sponsored by the Theories and Techniques of Behavior Change Interventions Special Interest Group
Continental 07, Ballroom Level
Admission by Name Badge
 Chair: William Riley, PhD, Science of Research and Technology Branch, National Cancer Institute, Rockville, MD
 Presenters: William Riley, PhD, Science of Research and Technology Branch, National Cancer Institute, Rockville, MD; Victor J. Strecher, PhD, Health Behavior and Health Education, University of Michigan, Ann Arbor, MI; Susan Michie, PhD, Health Psychology, University College London, London, United Kingdom; and Robert West, PhD, Health Psychology, University College London, London, United Kingdom
 Discussant: Alexander J. Rothman, PhD, Department of Psychology, University of Minnesota, Minneapolis, MN
- 2:00 pm – 3:30 pm **Symposium 22: Facing Diabetes as a Nation: Maximizing Health Through Technology and Community** ■ (SY22)
Continental 09, Ballroom Level
Admission by Name Badge
 Chair: Larry Cohen, MSW, Prevention Institute, Oakland, CA
 Presenters: Larry Cohen, MSW, Prevention Institute, Oakland, CA; Howard Wolpert, MD, Joslin Diabetes Center, Boston, MA; and Marilyn D. Ritholz, PhD, Mental Health/Psychiatry, Joslin Diabetes Center/Harvard Medical School, Boston, MA
 Discussant: Francine Kaufman, MD, Keck School of Medicine, University of Southern California, Los Angeles, CA
- 3:45 pm – 4:45 pm **Meet and Greet***
 (Organized by the Membership Council and the Council on Special Interest Groups)
Admission by Name Badge
Plaza B, Lobby Level
 On behalf of the Society of Behavioral Medicine, the Membership Council and Council on Special Interest Groups extend an invitation to members and non-members alike to join them at the Thursday Meet and Greet. Learn general information about SBM and the Special Interest Groups (SIGs) and then introduce yourself to SIG Chairs and other leaders.
 Snacks will be provided.
- 3:45 pm – 5:15 pm **Paper Session 01: Cancer Communication** + (P01)
Continental 02, Ballroom Level
Admission by Name Badge
 Chairs: Bradford W. Hesse, PhD, National Cancer Institute, Bethesda, MD; and Elisia L. Cohen, PhD, University of Kentucky, Lexington, KY
- 3:45 pm - 4:03 pm **Improving Patient-Provider Communication in Advanced Cancer: Development of a Web-Based Intervention to Help Patients Express Emotional Concerns**
 Laura S. Porter, PhD,¹ Kathryn Pollak, PhD,¹ David Farrell, MPH² and James Tulsy, MD¹. ¹Duke University Medical Center, Durham, NC and ²People Designs, Durham, NC

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

4:03 pm - 4:21 pm	<p>Effective Communication to Improve Decision Making about Health Care Plans Mary C. Politi, PhD,¹ Kimberly A. Kaphingst, ScD,¹ Matthew Kreuter, PhD,¹ Enbal Shacham, PhD,² Melissa C. Lovell, MPH¹ and Timothy McBride, PhD¹. ¹Washington University in St. Louis, St. Louis, MO and ²Saint Louis University, St Louis, MO</p>
4:21 pm - 4:39 pm	<p>Cancer Care Communication with Physicians: Perspectives from Chinese-American and Non-Hispanic White Breast Cancer Survivors Judy Wang, PhD,¹ Inez Adams, PhD,² Rena Pasick, DrPH,³ Scarlett Gomez, PhD,⁴ Laura Allen, MPH,⁴ Grace Ma, PhD,⁵ Michael Lee, MD³ and Ellen Huang, BA¹. ¹Georgetown University, Washington DC, MD; ²Harvard University, Boston, MA; ³University of California San Francisco, San Francisco, CA; ⁴Cancer Prevention Institute of California, Fremont, CA and ⁵Temple University, Philadelphia, PA</p>
4:39 pm - 4:57 pm	<p>Satisfaction with Cancer Care Communication in a Study of a Multimedia Patient Assessment and Education System Sofia F. Garcia, PhD,¹ John D. Peipert, MSW² and Elizabeth A. Hahn, MA¹. ¹Northwestern University, Chicago, IL and ²Washington University School of Medicine, St. Louis, MO</p>
4:57 pm - 5:15 pm	<p>Evaluation of a Communications Skills Training Module to Enhance Transition to Cancer Survivorship Carma Bylund, PhD,¹ Danielle Baum, BS,¹ Kara McLarney, MPH,¹ Matt Matasar, MD,¹ Steven Horwitz, MD,¹ Smita Banerjee, PhD,¹ Charissa Hicks, BS,² Paul Jacobsen, PhD² and David Kissane, MD¹. ¹Memorial Sloan-Kettering Cancer Center, New York, NY and ²Moffitt Cancer Center, Tampa, FL</p>
3:45 pm – 5:15 pm	<p>Paper Session 02: Digital Interventions for Cancer Symptom Management △ (P02) <i>Plaza A, Lobby Level</i> <i>Admission by Name Badge</i> Chair: Mitch Golant, PhD, Cancer Support Community, Los Angeles, CA</p>
3:45 pm - 4:03 pm	<p>Cancer Pain: An Electronic System to Rapidly Identify, Assess, and Intervene Tamara J. Somers, PhD, Francis Keefe, PhD, Howard Shang, BS and Amy Abernethy, MD. Duke University Medical Center, Durham, NC</p>
4:03 pm - 4:21 pm	<p>Improving Symptom Communication through Personal Digital Assistants: The C.H.A.T. Project Douglas Post, PhD,¹ Charles Shapiro, MD,¹ Don Cegala, PhD,¹ Prabu David, PhD,¹ Mira Katz, PhD,¹ Gary Phillips, MAS,¹ Jessica Krok, PhD,¹ Jennifer Lehman, BS,¹ David Gustafson, PhD² and Electra Paskett, PhD¹. ¹Comprehensive Cancer Center, The Ohio State University, Columbus, OH and ²CHESS, University of Wisconsin, Madison, WI</p>
4:21 pm - 4:39 pm	<p>Topics and Linguistic Variables that Predict Peer Responsiveness in an Online Cancer Support Group Andrea C. Lewallen, MA,¹ Jason E. Owen, PhD, MPH,¹ Erin O'Carroll Bantum, PhD² and Annette L. Stanton, PhD³. ¹Loma Linda University, Loma Linda, CA; ²University of Hawaii at Manoa, Honolulu, HI and ³University of California-Los Angeles, Los Angeles, CA</p>
4:39 pm - 4:57 pm	<p>Using Latent Class Analysis to Explore How User Characteristics Affect Patterns of Use of a Web-Based Illness Management Support System Elin Børøsund, PhD student, MS,¹ Milada Cvanarova, PhD^{1,2} and Cornelia Ruland, PhD^{1,2}. ¹Center for Shared Decision Making and Collaborative Care Research, Oslo University Hospital, Oslo, Norway and ²Department of Medicine, University of Oslo, Oslo, Norway</p>
4:57 pm - 5:15 pm	<p>The Effects of Patient Avoidance and Partner Social Constraints on Patient Momentary Affect in Metastatic Breast Cancer Hoda Badr, PhD,¹ Elizabeth C. Pasipanodya, BA² and Jean-Philippe Laurenceau, PhD². ¹Oncological Sciences, Mount Sinai School of Medicine, New York, NY and ²Psychology, University of Delaware, Wilmington, DE</p>

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 3:45 pm – 5:15 pm **Paper Session 03: Culture, Sexual Health, and HIV/AIDS Prevention + (P03)**
Continental 01, Ballroom Level
Admission by Name Badge
 Chairs: Latrice C. Pichon, MPH, PhD, University of Memphis, Memphis, TN; and Andrea L. Williams, MPH, St. Jude's Research Hospital, Memphis, TN
- 3:45 pm - 4:03 pm **Young African American Women's Perceptions of the Risks and Benefits of Participating in a Text Message-Delivered Sexual Communication Intervention**
 Michelle Broaddus, PhD¹ and Lisa Marsch, PhD². ¹Center for AIDS Intervention Research, Medical College of Wisconsin, Milwaukee, WI and ²Dartmouth College, Lebanon, NH
- 4:03 pm - 4:21 pm **Context of Sexual Concurrency among African American Young Women**
 Teaniese L. Davis, PhD,^{1,2} Jessica L. Muilenburg, PhD,² Ralph J. DiClemente, PhD¹ and Kathleen deMarrais, Edd². ¹Behavioral Sciences & Health Education, Emory University, Atlanta, GA and ²University of Georgia, Athens, USA
 Minor Outlying Islands
- 4:21 pm - 4:39 pm **Perceptions Regarding Medical Male Circumcision and Implications for Prevention**
 Deborah Jones, PhD,¹ Ryan Cook, BA,¹ Robert Zulu, MD,² Ndashi Chitalu, MD² and Stephen M. Weiss, PhD, MPH¹. ¹Miller School of Medicine, University of Miami, Miami, FL and ²School of Medicine, University of Zambia, Lusaka, Zambia
- 4:39 pm - 4:57 pm **Acculturation, Cultural Values and Sexual Risk Behaviors Among Latino Youth: A Longitudinal Study**
 Davida Becker, PhD, Jennifer B. Unger, PhD, James P. Thing, PhD, Daniel Soto, MPH and Lourdes Baezconde-Garbanati, PhD. Institute for Health Promotion and Disease Prevention Research, University of Southern California, Los Angeles, CA
- 4:57 pm - 5:15 pm **Using SMS to Stimulate National Conversation Around Concurrent Sexual Partnerships and HIV in Tanzania**
 Jennifer Orkis, MHS, Abu Msemu, BA, Gloria David, MA Candidate, Christina Dickenson, MPH, Benjamin Kamala, MD, Deo Ng'wanansabi, MBA, MPH and Susan Mlangwa, PhD. Johns Hopkins Bloomberg School of Public Health Center for Communication Programs, Baltimore, MD
- 3:45 pm – 5:15 pm **Paper Session 04: Depression and Cardiovascular Health △ (P04)**
Union Square 17-18 4th Floor
Admission by Name Badge
 Chairs: Robert M. Kaplan, PhD, Office of Behavioral and Social Sciences Research, Bethesda, MD; and Laura Forsythe, PhD, MPH, National Cancer Institute, Bethesda, MD
- 3:45 pm - 4:03 pm **Depressive Symptoms, Inflammation and Subclinical Atherosclerosis in Metabolic Syndrome Patients**
 Diana A. Chirinos, MS,¹ Maria M. Llabre, PhD,¹ Barry E. Hurwitz, PhD,¹ Ronald Goldberg, MD,² Marc Gellman, PhD¹ and Neil Schneiderman, PhD¹. ¹Department of Psychology, University of Miami, Coral Gables, FL and ²Miller School of Medicine, University of Miami, Miami, FL
- 4:03 pm - 4:21 pm **Depressive Symptoms, Cardiac Disease Severity, and Functional Limitation in Patients with Coronary Heart Disease: Longitudinal Findings from the Heart and Soul Study**
 Nancy L. Sin, PhD,¹ Kristine Yaffe, MD^{1,2} and Mary A. Whooley, MD^{1,2}. ¹UCSF, San Francisco, CA and ²Department of Veterans Affairs Medical Center, San Francisco, CA
- 4:21 pm - 4:39 pm **Reciprocal Influences between Psychological Distress and Physical Health Functioning in Heart Failure Patients**
 Biling-Jiun Shen, PhD, Masato Nakazawa, PhD, Irina E. Livitz, BS, BA and Kristen Fox, BA, BS. Psychology, Ohio University, Athens, OH
- 4:39 pm - 4:57 pm **Depression and Exercise Training in Patients with Chronic Heart Failure**
 James A. Blumenthal, PhD,¹ Michael A. Babyak, PhD,² Christopher O'Connor, MD,³ Steven Keteyian, PhD,⁴ Joel Landzberg, MD,⁵ Jonathan Howlett, MD,⁶ William Kraus, MD,³ Stephen Gottlieb, MD,⁷ Gordon Blackburn, PhD,⁸ Ann Swank, PhD⁹ and David Whellan, MD¹⁰. ¹Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC; ²Psychiatry and Behavioral Sciences, Duke University, Durham, NC; ³Medicine, Duke University, Durham, NC; ⁴Cardiovascular Medicine, Henry Ford Hospital, Detroit, MI; ⁵Medicine, Hackensack University Medical Center, Hackensack, NJ; ⁶Medicine, Queen Elizabeth II Health Sciences, Halifax, NS, Canada; ⁷Medicine, University of Maryland, Baltimore, MD; ⁸Cardiovascular Medicine, Cleveland Clinic Foundation, Cleveland, OH; ⁹Health and Sports Science, University of Louisville, Louisville, KY and ¹⁰Medicine, Thomas Jefferson University Medical Center, Philadelphia, PA

★ Advanced — ■ Intermediate/Advanced — △ Intermediate — + Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 4:57 pm - 5:15 pm **Depression And Rehospitalization In Patients With Heart Failure**
Kenneth E. Freedland, PhD,¹ Robert M. Carney, PhD,¹ Brian C. Steinmeyer, MS¹ and Rebecca L. Reese, PhD².
¹Psychiatry, Washington University School of Medicine, St. Louis, MO and ²Behavioral Medicine, VAMC, Boston, MA
- 3:45 pm – 5:15 pm **Paper Session 05: Stress Psychophysiology + (P05)**
Continental 03, Ballroom Level
Admission by Name Badge
Chair: Annette L. Stanton, PhD, University of California-Los Angeles, Los Angeles, CA
- 3:45 pm - 4:03 pm **Stability of Physiological Reactivity to and Recovery from Stress in a 3-Year Longitudinal Study**
Anda Dragomir, Bachelor^{1,2} and Bianca D'Antono, PhD^{1,2}. ¹Research Center, Montreal Heart Institute, Montreal, QC, Canada and ²Psychology, Université de Montréal, Montreal, QC, Canada
- 4:03 pm - 4:21 pm **Chronic Stress and Comfort Food: A Formula for Elevated Oxidative Stress**
Kirstin Aschbacher, PhD, Katherine Monahan, BA and Elissa Epel, PhD. Psychiatry, University of California-San Francisco, San Francisco, CA
- 4:21 pm - 4:39 pm **Deferential Effects of Stress-Sensitive Biomarkers and Behavioral Factors on Postoperative Depression, Anxiety, and Hostility**
Amy L. Ai, PhD. Psychology, Florida State University, Tallahassee, FL and Family Medicine, Florida State University, Tallahassee, FL
- 4:39 pm - 4:57 pm **Mood States and Stress-Related Hemodynamic Reactivity in Heart Failure**
Kristie M. Harris, MS,¹ Charles Emery, PhD,¹ Jennifer Marshall, BS,² Maria Banis, MA,³ Andrew Wawrzyniak, PhD,⁴ Stephen Gottlieb, MD² and David Krantz, PhD³. ¹Ohio State University, Columbus, OH; ²University of Maryland, Baltimore, MD; ³Uniformed Services University of the Health Services, Bethesda, MD and ⁴University of Miami, Miami, FL
- 4:57 pm - 5:15 pm **Individual Differences in the Relation between Stress Responses and Metabolic Burden Measured Concurrently and Prospectively**
Christina Gentile, Bachelor of Arts^{1,2} and Bianca D'Antono, PhD^{1,2}. ¹Research Center, Montreal Heart Institute, Montreal, QC, Canada and ²Psychology, Université de Montréal, Montreal, QC, Canada
- 3:45 pm – 5:15 pm **Paper Session 06: Stem Cell Transplant: Psychosocial Issues △ (P06)**
Continental 07, Ballroom Level
Admission by Name Badge
Chairs: Paul B. Jacobsen, PhD, Moffitt Cancer Center, Tampa, FL; and Catherine E. Mosher, Indiana University-Purdue University Indianapolis, Indianapolis, IN
- 3:45 pm - 4:03 pm **Efficacy of an Internet RCT for Long-Term Cancer Survivors After Hematopoietic Cell Transplantation (HCT)**
Karen Syrjala, PhD,¹ Jean Yi, PhD,¹ Samantha Artherholt, PhD,² Joan Romano, PhD,² Allison Stover, MPH,¹ Mary Flowers, MD,¹ Mark Hegel, PhD³ and Wendy Leisenring, ScD¹. ¹Fred Hutchinson Cancer Research Center, Seattle, WA; ²University of Washington, Seattle, WA and ³Dartmouth-Hitchcock, Hanover, NH
- 4:03 pm - 4:21 pm **Cognitive Function Prior to Allogeneic Hematopoietic Cell Transplant**
Heather Jim, PhD,¹ Anna Barata, MA,² Charissa Hicks, BA,¹ Joseph Pidala, MD,¹ Brian Gonzalez, MA,³ Brent Small, PhD³ and Paul Jacobsen, PhD¹. ¹Moffitt Cancer Center, Tampa, FL; ²Hospital Sant Pau, Barcelona, Spain and ³University of South Florida, Tampa, FL
- 4:21 pm - 4:39 pm **Impact of Tobacco Use on Health Related Quality of Life (HRQOL) among 1-Year Survivors of Hematopoietic Stem Cell Transplantation (HSCT)**
Shawna L. Ehlers, PhD, Carrie Bronars, PhD, Patten Christi, PhD, James Cerhan, MD, PhD, Brockman Tabetha, BA, Christine Hughes, MA, Paul Decker, MS, Jon Ebbert, MD, MSc and Dennis Gastineau, MD. Psychiatry and Psychology, Mayo Clinic, Rochester, MN

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 4:39 pm - 4:57 pm **Role of Health Behaviors in Sexual Quality of Life among Hematopoietic Stem Cell Transplant Cancer Survivors**
Keagan L. McPherson, BA,^{1,2} Shawna L. Ehlers, PhD,¹ Eric L. Sprankle, PsyD,² Carrie A. Bronars, PhD,¹ Tabettha A. Brockman, MA,¹ Christine A. Hughes, BA,¹ Dennis A. Gastineau, MD³ and Christi A. Patten, PhD¹. ¹Psychology and Psychiatry, Mayo Clinic, Rochester, MN; ²Psychology, Minnesota State University-Mankato, Mankato, MN and ³Hematology, Mayo Clinic, Rochester, MN
- 4:57 pm - 5:15 pm **The Relationship Between Emotional Support and Emotional Well-Being Among Patients Undergoing Stem Cell Transplantation**
Michael Coggins, BA Candidate,¹ Stephen Zhou, BA,¹ Anava A. Wren, MA,¹ Sara Edmond, BA,¹ Tamara Somers, PhD,¹ Rebecca Shelby, PhD,¹ Krista Rowe, RN,² Amy Abernethy, MD² and Francis Keefe, PhD¹. ¹Psychiatry, Duke University Medical Center, Durham, NC and ²Medicine-Oncology, Duke University Medical Center, Durham, NC
- 3:45 pm – 5:15 pm **Paper Session 07: Obesity Interventions: Factors Associated with Weight Loss and Maintenance + (P07)**
Union Square 15-16, 4th Floor
Admission by Name Badge
Chairs: Cheryl L. Albright, PhD, MPH, University of Hawaii, Manoa, School of Medicine, Honolulu, HI; and Rebecca E. Lee, PhD, Texas Obesity Research Center, University of Houston, Houston, TX
- 3:45 pm - 4:03 pm **Eating Behaviors Influence BMI Change in SisterTalk**
Patricia M. Risica, DrPH, Gerald Bove, PhD and Akilah Dulin-Keita, PhD. Institute for Community Health Promotion, Brown University, Providence, RI
- 4:03 pm - 4:21 pm **Examining a Ripple Effect: Do Spouses' Behavior Changes Affect Each Others' Weight Loss?**
Anna Schierberl Scherr, MA,¹ Kimberly J. McClure Brenchley, PhD² and Amy A. Gorin, PhD¹. ¹University of Connecticut, Storrs, CT and ²St. John Fisher College, Rochester, NY
- 4:21 pm - 4:39 pm **Do Program Dose, Fidelity, and Quality Predict Physical Activity and Waist Circumference Outcomes? Process Evaluation of the PROACTIVE Trial**
Kathryn Olsheski, MSc Candidate, Amy Latimer-Cheung, PhD, Robert Ross, PhD, Proactive Group, PROACTIVE Research Team and Lucie Lévesque, PhD. School of Kinesiology and Health Studies, Queen's University, Kingston, ON, Canada
- 4:39 pm - 4:57 pm **Lifestyle Patterns Related to Weight-Loss Maintenance**
Paul T. Fuglestad, PhD,¹ Robert W. Jeffery, PhD,¹ Yan Zhang, MS¹ and Nancy E. Sherwood, PhD^{2,1}. ¹University of Minnesota, Minneapolis, MN and ²HealthPartners Institute for Education and Research, Minneapolis, MN
- 4:57 pm - 5:15 pm **Modest Financial Incentives and Optional Group Sessions Enhance Outcomes in an Internet Behavioral Weight Loss Dissemination Initiative**
Tricia M. Leahey, PhD,¹ Graham Thomas, PhD,¹ Katie Krupel, MS,¹ Katherine Boguszewski, BA,¹ Kimberly Kent, BA,¹ Rajiv Kumar, MD,² Brad Weinberg, MD² and Rena Wing, PhD¹. ¹Brown Medical School, Providence, RI and ²Shape Up, Providence, RI
- 3:45 pm – 5:15 pm **Paper Session 08: Adolescent and Child Physical Activity: Social and Environmental Influences △ (P08)**
Continental 08, Ballroom Level
Admission by Name Badge
Chairs: Claudio R. Nigg, PhD, University of Hawaii, Honolulu, HI; and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA
- 3:45 pm - 4:03 pm **Do Friends or Parents Matter More to Youth Eating, Physical Activity, and Sedentary Behaviors?**
Meg Bruening, PhD, MPH, RD,¹ John Sirard, PhD,² Marla Eisenberg, ScD, MPH,³ Rich MacLehose, PhD⁴ and Dianne Neumark-Sztainer, PhD, MPH, RD⁴. ¹Nutrition, Arizona State University, Phoenix, AZ; ²Kinesiology, University of Virginia, Charlottesville, VA; ³Adolescent Health, University of Minnesota, Minneapolis, MN and ⁴Epidemiology, University of Minnesota, Minneapolis, MN
- 4:03 pm - 4:21 pm **Use of Appreciative Inquiry to Engage Parents as Co-Designers of a Healthy Living/Weight Management Program for Adolescents**
Shirley M. Moore, RN, PhD, Arax Ballian, PhD, Cheryl Killion, PhD, Elaine Borawski, PhD, Leona Cuttler, MD and Jacqueline Charvat, MS. Case Western Reserve University, Cleveland, OH

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

4:21 pm - 4:39 pm	A Longitudinal Study of the Effects of Social Support on Physical Activity in Underserved Adolescents E. Rebekah Sicheloff, PhD, Dawn K. Wilson, PhD and M. Lee Van Horn, PhD. Psychology, University of South Carolina, Columbia, SC
4:39 pm - 4:57 pm	Portrayals of Sports Participation in Popular Children's Television Shows: The Roles of Gender and Ethnicity Elizabeth McDade-Montez, PhD. Psychology, UC Merced, Merced, CA
4:57 pm - 5:15 pm	Children's Opportunities for Physical Activity at School: Recess Matters Thomas L. McKenzie, PhD, ¹ Monica A. Lounsbury, PhD ² and Shannon M. Monnat, PhD ² . ¹ San Diego State University, San Diego, CA and ² University of Nevada-Las Vegas, Las Vegas, NV
3:45 pm – 5:15 pm	Paper Session 09: Translation of Research to Practice: Health Behavior + (P09) <i>Union Square 19-20, 4th Floor</i> <i>Admission by Name Badge</i> Chair: Bonnie Spring, PhD, ABPP, Northwestern University, Chicago, IL
3:45 pm - 4:03 pm	Delivering Chronic Illness Self-Care Behavioral and Clinical Support on a Mobile Health Technology Platform Robin C. Anthony Kouyate, PhD. Clinical Innovation, WellDoc Inc, Baltimore, MD
4:03 pm - 4:21 pm	Mobile Apps for Pediatric Obesity Prevention: Just Fun and Games? Danielle E. Schoffman, BA, Gabrielle Turner-McGrievy, PhD, Sonya J. Jones, PhD and Sara Wilcox, PhD. Arnold School of Public Health, University of South Carolina, Columbia, SC
4:21 pm - 4:39 pm	How Evidence-Based Are Weight Loss Mobile Apps? Sherry Pagoto, PhD, ¹ Kristin Schneider, PhD, ² Mirjana Jojic, MD, ¹ Michele Debiase, MS, RD, CNSD ³ and Devin Mann, MD, MPH ³ . ¹ Medicine, University of Massachusetts Medical School, Worcester, MA; ² Rosalind Franklin University, North Chicago, IL and ³ Boston University, Boston, MA
4:39 pm - 4:57 pm	A Knowledge Mobilization Network Analysis in a Community-Based Organization Heather L. Gainforth, MSc, ¹ Amy E. Latimer-Cheung, PhD, ¹ Peter Athanasopoulos, ² Spencer Moore, PhD ¹ and Kathleen Martin Ginis, PhD ³ . ¹ School of Kinesiology & Health Studies, Queen's University, Kingston, ON, Canada; ² Canadian Paraplegic Association Ontario, Toronto, ON, Canada and ³ Department of Kinesiology, McMaster University, Hamilton, ON, Canada
4:57 pm - 5:15 pm	Factors That Influence Implementation of School Policies: Integrating Concepts from the Diffusion of Innovations Louise C. Masse, PhD, ¹ Daniel Naiman, MSc ¹ and Patti-Jean Naylor, PhD ² . ¹ School of Population and Public Health, University of British Columbia, Vancouver, BC, Canada and ² School of Physical Education, University of Victoria, Victoria, BC, Canada
3:45 pm – 5:15 pm	Paper Session 10: Smoking: Novel Assessment Approaches △ (P10) <i>Union Square 22, 4th Floor</i> <i>Admission by Name Badge</i> Chair: Wayne F. Velicer, PhD, University of Rhode Island, Kingston, RI
3:45 pm - 4:03 pm	Relationship between Changes in Implicit Attitudes toward Smoking and Smoking Cessation Hyoung S. Lee, PhD, ¹ Delwyn Catley, PhD, ² Harris J. Kari, PhD, MPH, ³ Kathy J. Goggin, PhD, ² Kimber Richter, PhD, MPH, ⁴ Christi Patten, PhD, ⁵ Karen Williams, PhD, ² Laura Martin, PhD ⁴ and Joseph McClernon, PhD ⁶ . ¹ University of Washington Tacoma, Tacoma, WA; ² University of Missouri-Kansas City, Kansas City, MO; ³ The University of Montana, Missoula, MT; ⁴ University of Kansas Medical School, Kansas City, KS; ⁵ The Mayo Clinic, Rochester, MN and ⁶ Duke University Medical Center, Durham, NC
4:03 pm - 4:21 pm	Combined EMA and GPS for Assessing the Spatial Distribution of Smoking Behavior: A Proof of Concept Study Francis J. McClernon, PhD, ¹ John T. Mitchell, PhD, ¹ Robert S. Schick, PhD, ² Rebecca L. Bayham, BS, ¹ Michelle E. Dennis, MS, ¹ Scott H. Kollins, PhD ¹ and Jean C. Beckham, PhD ¹ . ¹ Duke University Medical Center, Durham, NC and ² University of St. Andrews, St. Andrews, United Kingdom

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 4:21 pm - 4:39 pm **Random Walk Network Analysis for Smoking Cessation Before Cancer Surgery**
Yuelin Li, PhD, Jennifer Lord-Bessen, MA, Jack Burkhalter, PhD and Jamie Ostroff, PhD. Memorial Sloan Kettering, New York, NY
- 4:39 pm - 4:57 pm **Factorial Invariance of Situational Temptations for Smoking in Adult Smokers Including a Weight Concerns Subscale**
Hui-Qing Yin, BA, Colleen A. Redding, PhD, Joseph A. Rossi, PhD and James O. Prochaska, PhD. Cancer Prevention Research Center and Department of Psychology, University of Rhode Island, Kingston, RI
- 4:57 pm - 5:15 pm **Ratings of Puff Liking During Cigarette Smoking are Associated with Nicotine Dependence and Subsequent Relapse to Smoking**
Chantal E. Meloscia, BA,¹ David W. Wetter, PhD,² Paul M. Cinciripini, PhD,² Jason D. Robinson, PhD,² Yisheng Li, PhD² and Andrew J. Waters, PhD¹. ¹Uniformed Services University of the Health Sciences, Bethesda, MD and ²The University of Texas MD Anderson Cancer Center, Houston, TX
- 3:45 pm – 5:15 pm **Paper Session 11: Pain Assessment, Intervention, and Outcomes + (P11)**
Union Square 23-24, 4th Floor
Admission by Name Badge
Chair: Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC
- 3:45 pm - 4:03 pm **Relationships between Spouse Criticism/Hostility and Pain among Patients with Chronic Pain: A Within-Couple Daily Diary Study**
John Burns, PhD,¹ Kristina Peterson, PhD,² David Smith, PhD,² Frank Keefe, PhD³ and Laura Porter, PhD³. ¹Rush University Medical Center, Chicago, IL; ²University of Notre Dame, South Bend, IN and ³Duke University, Durham, NC
- 4:03 pm - 4:21 pm **Ecological Momentary Assessment of Smoking Behavior in Persistent Pain Patients**
Lara Dhingra, PhD,¹ Peter Homel, PhD,² Bella Grossman, MA,³ Jack Chen, MBS,¹ Elyssa Scharaga, BA,⁴ Steven Calamita, BS,¹ Jae Shin, MPH¹ and Russell Portenoy, PhD¹. ¹Beth Israel Medical Center, New York, NY; ²Maimonides Medical Center, Brooklyn, NY; ³The New School for Social Research, New York, NY and ⁴Yeshiva University, Bronx, NY
- 4:21 pm - 4:39 pm **Pain and Eating in Overweight and Obese Individuals with Osteoarthritis: An Ecological Momentary Study**
Karmel Wong, BA,¹ Tamara J. Somers, PhD,² Michael Babyak, PhD,² Kathleen J. Sikkema, PhD¹ and Frank J. Keefe, PhD². ¹Psychology and Neuroscience, Duke University, Durham, NC and ²Duke University Medical Center, Durham, NC
- 4:39 pm - 4:57 pm **On-line Training of Mindfulness-based Emotion Regulation For Fibromyalgia: Results of a Small Randomized Trial**
Mary Davis, PhD and Zautra Alex, PhD. Arizona State University, Tempe, AZ
- 4:57 pm - 5:15 pm **Computer-Delivered Social Normative Message Increases Pain Tolerance**
Kim Pulvers, PhD, MPH,¹ Eleuterio F. Limas, BA,¹ Jacquelyn Schroeder, AA¹ and Shu-Hong Zhu, PhD². ¹Psychology, California State University-San Marcos, San Marcos, CA and ²Moore's Cancer Center, University of California-San Diego, La Jolla, CA
- 3:45 pm – 5:15 pm **Paper Session 12: Alcohol Use and Abuse △ (P12)**
Continental 09, Ballroom Level
Admission by Name Badge
Chair: Kerstin E.E. Schroder, PhD, University of Alabama at Birmingham, Birmingham, AL
- 3:45 pm - 4:03 pm **A Pilot Study of a Self-Administered, Smartphone-Based Treatment System for Alcohol Use Disorders**
Patrick Dulin, PhD,¹ Vivian M. Gonzalez, PhD¹ and Diane K. King, PhD². ¹University of Alaska-Anchorage, Anchorage, AK and ²Center for Behavior Research and Services, University of Alaska-Anchorage, Anchorage, AK
- 4:03 pm - 4:21 pm **Interactive Voice Response (IVR) for Problematic Alcohol Use: A Three-Armed Randomized Controlled Trial**
Mikael Gajecki, MSc,¹ Claes Andersson, PhD,^{2,1} Kristina Sinadinovic, PhD¹ and Anne H. Berman, PhD¹. ¹Department of Clinical Neuroscience, Karolinska Institutet, Stockholm, Sweden and ²Department of Criminology, Malmö University, Malmö, Sweden

SCIENTIFIC SESSIONS – THURSDAY, MARCH 21, 2013

- 4:21 pm - 4:39 pm **Effects of Social and Health Consequences on Adolescent Drinking Cognitions**
John Kingsbury, PhD,¹ Rick Gibbons, PhD²; and Meg Gerrard, PhD². ¹Harvard University, Boston, MA and ²University of Connecticut, Storrs, CT
- 4:39 pm - 4:57 pm **Effects of Self-Deception and Impression Management on Self-Reports of Alcohol Use and Alcohol-Related Problems**
Kristen E. Hernandez, BS,^{1,2} Angelee G. Shamaley, BBA, MS, ABD, CHES,¹ Joe Tomaka, PhD¹ and Holly J. Mata, CHES, PhD². ¹Department of Public Health, University of Texas at El Paso, El Paso, TX and ²Hispanic Health Disparities Research Center, University of Texas at El Paso, El Paso, TX
- 4:57 pm - 5:15 pm **The "Prediction of Alcohol Withdrawal Severity Scale" (PAWSS): A New Scale for the Prediction of Moderate to Severe Alcohol Withdrawal Syndrome**
Jose R. Maldonado, MD, FAPM, FACFE, Yelizaveta Sher, MD, Sermsak Lolak, MD and Lauren Kissner, MD. Psychosomatic Medicine Service, Stanford University, Stanford, CA

5:30 pm – 7:00 pm **Presidential Keynote Address and Awards Ceremony (KA02):**

"Evolution and Revolution in Behavioral Medicine" △

Continental 04-06, Ballroom Level

Admission by Name Badge

Alan J. Christensen, PhD

Professor and Collegiate Fellow, Department of Psychology; Professor, Internal Medicine, University of Iowa, Iowa City, IA

Moderator: Timothy W. Smith, PhD, University of Utah, Salt Lake City, UT

This talk will review some of the major successes and challenges facing behavioral medicine and will discuss the importance of multi-level examinations of health and behavior. The rapidly evolving role of technology will be reviewed within the context of bridging the "culture of excitement," common within the technology environment, and the "culture of evidence", which is characteristic of behavioral medicine. Finally, Dr. Christensen will review some opportunities for broadening the reach of behavioral medicine to address issues that are less characteristic of our field, such as gun violence, but that carry critical public health and social implications.



7:00 pm – 8:30 pm **Poster Session B***

Admission by Name Badge

Golden Gate Rooms, Lobby Level

Join the Board of Directors and President Alan J. Christensen, PhD, for a delightful evening of networking in a cutting edge poster session. A cash bar and complimentary hors d'oeuvres will be provided.

7:00 pm – 8:30 pm **Women's Health Special Interest Group Networking Dinner***

OshaTai Noodle Cafe, 696 Geary St.

This will be an opportunity for Women's Health SIG members to network and socialize over dinner. Dinner attendees can meet at the Registration Desk at 6:45 pm to walk over together.

7:30 pm – 9:00 pm **Military and Veterans' Health Special Interest Group Social Meet and Greet***

Location to be announced

An informal opportunity to meet your Department of Defense and Veterans Affairs counterparts in a casual setting and to foster professional networking and collaborations. Light appetizer and cocktails will be available for purchase.

8:00 pm – 10:00 pm **An Evening Out with the Student Special Interest Group***

Santorini, 242 O'Farrell Street

Enjoy an opportunity to meet and socialize with other students at this event. The Student SIG will provide light appetizers; entrees and cocktails will be available for purchase. Meet at the Registration Desk at 7:45 pm to walk over as a group.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

7:00 am – 7:00 pm **Registration Open**
East Lounge (Outside Continental 04-06), Ballroom Level

7:30 am – 8:30 am **Breakfast Roundtables***
Admission by Name Badge

Aging Special Interest Group Business Meeting and Networking Session
Union Square 01-02, 4th Floor

Moderator: Reginald Tucker-Seeley, PhD

This session serves as the Aging SIG's formal business meeting. Additionally, a structured, facilitated junior to senior aging research networking session will also take place, providing a formal opportunity for junior Aging SIG members to network with senior SIG and SBM members. Presentation of the student research award(s) will also be made at this time.

Behavioral Informatics Special Interest Group: Technology Preview and Business Meeting
Union Square 19-20, 4th Floor

Moderator: Timothy Bickmore, PhD

The Behavioral Informatics SIG will host a preview of the day's technology-oriented talks, panels, and symposia, with speakers providing brief summaries of their presentations. The meeting will also provide an open forum for discussion of the technology-related activities at the SBM meeting.

Cancer Special Interest Group Business Meeting
Union Square 15-16, 4th Floor

Moderator: Michael A. Diefenbach, PhD

To update members of the Cancer SIG about SIG-related activities, finances, confer the Cancer SIG Achievement Award and the Junior Research Award.

Diabetes Special Interest Group Breakfast: Discussion of Current and Future Plans
Union Square 22, 4th Floor

Moderator: Korey K. Hood, PhD

Breakfast roundtable discussion to update current members on past year's activities and to plan for next year's efforts and conference. Will also recognize award recipient.

Education, Training, and Career Development Council and the Ethnic, Minority, and Multicultural Health Special Interest Group presents: When the Workplace Environment Doesn't Fit: Lessons Learned in Creating Culture Change

Union Square 05-06, 4th floor

Moderator: Laura Forsythe, PhD, MPH

Panelists: Georita Frierson, PhD; Tracey Revenson, PhD; John Ruiz, PhD; and Beverly Thorn, PhD

The purpose of this session is to facilitate dialogue among experienced leaders, early career professionals, and trainees in behavioral medicine regarding creating cultural change in the work place. Although the workplace environment can have a strong influence on productivity, success, and happiness, many behavioral medicine trainees and professionals feel ill-equipped for creating cultural change in the workplace.

How to Use Social Media to Maximize Your Impact as a Behavioral Scientist
Continental 02, Ballroom Level

Moderators: Sherry Pagoto, PhD; Gary Bennett, PhD; and Kathleen Wolin, ScD

Social media provides behavioral medicine professionals an opportunity to engage and interact with a wide range of stakeholders, including high-priority targets like policymakers, the media and consumers. Recent data also show that degree of dissemination of scientific papers via social media outlets is predictive of impact factor. Behavioral scientists have been slow to develop a professional presence in social media and thus may be missing an important opportunity to educate the public about the field and its impact, disseminate their work, as well as engage in professional networking with colleagues in related fields. Twitter, Facebook, LinkedIn, blogs and other online social networking sites can be leveraged for both professional networking and increasing public awareness of our work. Participants will learn how to establish and maintain an active social media presence, the benefits to oneself and the field, how to navigate ethical issues, and the dos and don'ts of participation. Students especially will be highly encouraged to participate.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

Military and Veterans' Health Special Interest Group Business Meeting and Discussion

Continental 01, Ballroom Level

Moderators: Ken Jones, PhD; and Michael Ann Glotfelter, PsyD

Meeting of the Military and Veterans' Health Special Interest Group to nominate leadership, discuss future goals of the SIG and other SIG-related issues.

Multi-Morbidities Special Interest Group In-formation

Continental 03, Ballroom Level

Moderator: Jerry Suls, PhD

The initial meeting of the Multi-Morbidities Special Interest Group to adopt rules, elect chair and formulate mission.

Multiple Health Behavior Change (MHBC) Special Interest Group Business Meeting & Discussion

Union Square 23-24, 4th Floor

Moderators: Lisa Quintiliani, PhD; and Marcella Boynton, PhD

An interactive meeting to highlight some of the top MHBC-related student research through a fast-paced data blitz session, to present student abstract awards and highlight recent events related to MHBC research

Student Special Interest Group presents:

Communication for Research, Academia and Teaching

Continental 08, Ballroom Level

Moderator: Heather L. McGinty, MA

Career success depends on a person's ability to communicate effectively to various audiences. This session will provide attendees guidelines for how to communicate effectively in three key behavioral medicine settings: research, academia and teaching. It will begin with an overview on effective communication in the three settings, followed by a moderated question and answer session.

Theories and Techniques of Behavior Change Interventions Special Interest Group Breakfast Roundtable

Union Square 03-04, 4th floor

Moderators: Susan Michie, DPhil, CPsych, FBPS; and Alexander J. Rotherman, PhD

The meeting will report on the first year of the TTBCI SIG, discuss ideas for future activities and plan for the coming year and for the longer-term. The focus of the SIG is to exchange of ideas and foster collaboration with the aims of a) developing methods for specifying intervention content, b) evaluating the theory base of interventions, and c) linking behavior change techniques to theory.

8:45 am – 10:15 am **Featured Symposium 03 (F03):**

"Navigating the New Waters of Digital Health Research and Institutional Review Boards"

Plaza A, Lobby Level

Admission by Name Badge

Chair: Audie A. Atienza, PhD, Health Scientist Administrator, National Cancer Institute, Bethesda, MD

Panelists: Donna Spruijt-Metz, MFA, PhD, University of Southern California Keck School of Medicine, Alhambria, CA; John Heldens, CIP, CCRP, University of California-San Francisco, San Francisco, CA; and Ivor Pritchard, PhD, U.S. Department of Health and Human Services (HHS), Washington, DC

The use of digital and mobile technology is proliferating at an astounding rate. The internet, social media, cloud computing, personalized health records and mobile devices offer behavioral researchers unprecedented opportunities to study health behaviors, environments and health conditions in the real-world, in real-time and in ways previously unimagined. Yet, the increased use of digital and mobile technology in behavioral research also triggers concerns about protecting human subjects, and maintaining the privacy and security of the health information that is collected with this technology. Institutional Review Boards (IRBs) and researchers are wrestling with human subjects protection issues in this age of ever-evolving innovative technology.

This panel discussion will provide three perspectives on key issues to consider when submitting research proposals involving digital and mobile technology to IRBs: 1) a behavioral research scientist, 2) a director of a university human research protection program, and 3) a federal government official with expertise in human research protection. Issues to be discussed include differences in privacy/security requirements between digital versus non-digital research, common practices on addressing human research protections with digital health research, informed consent issues and potential risks that may be unique to digital and mobile technology research. The panel will also discuss researchers' needs in navigating the IRB clearance process in their respective institutions, IRB policies related to digital technology research and ways to increase consistency among the various IRBs. Audience members will have an opportunity to ask the panelists questions and engage in the dialogue following the panelists' presentations.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 8:45 am – 10:15 am **Symposium 12: Using Data on Mechanisms of Behavior Change to Develop Obesity Interventions: Findings from the Obesity-Related Behavioral Intervention Trials (ORBIT) Δ (SY12)**
Union Square 19-20, 4th Floor
Admission by Name Badge
 Chair: Susan M. Czajkowski, PhD, Clinical Applications & Prevention Branch, Division of Cardiovascular Sciences, National Heart, Lung, & Blood Institute, National Institutes of Health, Bethesda, MD
 Presenters: Susan M. Czajkowski, PhD, Clinical Applications & Prevention Branch, Division of Cardiovascular Sciences, National Heart, Lung, & Blood Institute, National Institutes of Health, Bethesda, MD; Jerry L. Grenard, PhD, School of Community and Global Health, Claremont Graduate University, Claremont, CA; and April I. Carcone, PhD, Wayne State University, Detroit, MI
 Discussant: Bonnie Spring, PhD, Northwestern University, Chicago, IL
- 8:45 am – 10:15 am **Symposium 23: Risk and Resilience Factors During the Transition to Emerging Adulthood Among Youth with Type 1 Diabetes $+$ (SY23)**
Continental 01, Ballroom Level
Admission by Name Badge
 Chair: Vicki Helgeson, PhD, Carnegie Mellon University, Pittsburgh, PA
 Presenters: Vicki Helgeson, PhD, Carnegie Mellon University, Pittsburgh, PA; Cynthia A. Berg, PhD, Psychology, University of Utah, Salt Lake City, UT; and Maureen Monaghan, PhD, Center for Translational Science, Children's National Medical Center, Washington, DC
 Discussant: Korey K. Hood, PhD, Cincinnati Children's Hospital, Cincinnati, OH
- 8:45 am – 10:15 am **Symposium 24: The Possibilities and Potential of Social Ecological Frameworks to Understand Health Behaviours and Outcomes Δ (SY24)**
Continental 03, Ballroom Level
Admission by Name Badge
 Chair: Daniel Stokols, PhD, Departments of Psychology and Social Behavior and Planning, Policy, and Design, University of California, Irvine, CA
 Presenters: Daniel Stokols, PhD, Departments of Psychology and Social Behavior and Planning, Policy, and Design, University of California-Irvine, Irvine, CA; James F. Sallis, PhD, Family & Preventive Medicine, University of California-San Diego, San Diego, CA; and Robert A. Hiatt, MD, PhD, UCSF Helen Diller Family Comprehensive Cancer Center, University of California-San Francisco, San Francisco, CA
 Discussant: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ
- 8:45 am – 10:15 am **Symposium 25: Religious/Spiritual Coping with Illness and Stress: An Evaluation of Mechanisms Δ (SY25)**
Continental 07, Ballroom Level
Admission by Name Badge
 Chair: Thomas V. Merluzzi, PhD, Psychology, University of Notre Dame, Notre Dame, IN
 Presenters: Thomas V. Merluzzi, PhD, Psychology, University of Notre Dame, Notre Dame, IN; Crystal Park, PhD, University of Connecticut, Storrs, CT; and Amy Wachholtz, PhD, MDiv, Dept of Psychiatry, University of Massachusetts Medical School, Worcester, MA
 Discussant: Thomas G. Plante, PhD, Santa Clara University, Santa Clara, CA

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 8:45 am – 10:15 am **Symposium 26: There's a Whole World Out There! Exemplars from Human Computer Interactions for Creating Health Behavior Change Technologies + (SY26)**
Plaza B, Lobby Level
Admission by Name Badge
Chair: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ
Presenters: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ; Andrea G. Parker, PhD, College of Computer & Information Science, Northeastern University, Boston, MA; Timothy Bickmore, PhD, Northeastern University, Boston, MA; Erika S. Poole, PhD, The Pennsylvania State University, University Park, PA; and Sunny Consolvo, PhD, Google, Mountain View, CA
Discussants: Andrea G. Parker, PhD, College of Computer & Information Science, Northeastern University, Boston, MA; Timothy Bickmore, PhD, Northeastern University, Boston, MA; Erika S. Poole, PhD, The Pennsylvania State University, University Park, PA; and Sunny Consolvo, PhD, Google, Mountain View, CA
- 8:45 am – 10:15 am **Symposium 27: Innovative Community-Based Methods for Assessing and Evaluating the Impact of the PATH Trial on Physical Activity and Walking △ (SY27)**
Continental 02, Ballroom Level
Admission by Name Badge
Chair: Dawn K. Wilson, PhD, Psychology, University of South Carolina, Columbia, SC
Presenters: Dawn K. Wilson, PhD, Psychology, University of South Carolina, Columbia, SC; Sandra M. Coulon, MA, Department of Psychology, University of South Carolina, Columbia, SC; and Kassandra A. Alia, BA, Psychology, University of South Carolina, Columbia, SC
Discussant: Ken Resnicow, PhD, University of Michigan, Ann Arbor, MI
- 8:45 am – 10:15 am **Symposium 28: Treatment Adherence in Persistent Pain: Psychosocial Mechanisms and Research Challenges + (SY28)**
Union Square 15-16, 4th Floor
Admission by Name Badge
Chair: Lara Dhingra, PhD, Beth Israel Medical Center, New York, NY
Presenters: Lara Dhingra, PhD, Beth Israel Medical Center, New York, NY; Lance M. McCracken, PhD, Psychology, King's College London, London, United Kingdom; Elizabeth Seng, MS, Psychology Service, VA Connecticut Healthcare System, West Haven, CT; and Daniel Bruns, PsyD, Health Psychology Associates, Greeley, CO
- 8:45 am – 10:15 am **Symposium 29: Quantifying the Health Information Revolution △ (SY29)**
Continental 08, Ballroom Level
Admission by Name Badge
Chair: Bradford W. Hesse, PhD, Behavioral Research Program, National Cancer Institute, Rockville, MD
Presenters: Bradford W. Hesse, PhD, Behavioral Research Program, National Cancer Institute, Rockville, MD; Ellen B. Beckjord, PhD, MPH, University of Pittsburgh, Pittsburgh, PA; Wen-ying Sylvia Chou, PhD, MPH, Health Communication and Informatics Research Branch, National Cancer Institute, Bethesda, MD; and Lila J. Rutten, PhD, MPH, Director of Population Health, Center for the Science of Health Care Delivery, Department of Health Sciences Research, Division of Epidemiology, Mayo Clinic, Rochester, MN
Discussant: Alan J. Christensen, PhD, University of Iowa, Iowa City, IA

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

8:45 am – 10:15 am **Symposium 31: Physicians' Racial Bias and Discrimination** △ (SY31)

Continental 09, Ballroom Level

Admission by Name Badge

Chair: Sarah J. Miller, PsyD, Oncological Sciences, Mount Sinai School of Medicine, New York, NY

Presenters: Sarah J. Miller, PsyD, Oncological Sciences, Mount Sinai School of Medicine, New York, NY; Michelle van Ryn, PhD, Family Medicine and Community Health, University of Minnesota, Minneapolis, MN; Louis A. Penner, PhD, MA, Department of Oncology, Wayne State University, Detroit, MI; and John F. Dovidio, PhD, Psychology, Yale University, New Haven, CT

Discussant: Hayley S. Thompson, PhD, Wayne State University School of Medicine - Karmanos Cancer Institute, Detroit, MI

8:45 am – 10:15 am **Symposium 32: Integrated Care Team Approaches for Treatment of Obesity** + (SY32)

Union Square 22, 4th Floor

Admission by Name Badge

Chair: Stephanie L. Fitzpatrick, PhD, Division of General Internal Medicine, Welch Center, Johns Hopkins School of Medicine, Baltimore, MD

Presenters: Stephanie L. Fitzpatrick, PhD, Division of General Internal Medicine, Welch Center, Johns Hopkins School of Medicine, Baltimore, MD; Kenneth R. Jones, PhD, VHA National Center for Health Promotion and Disease Prevention, Veterans Health Administration, Durham, NC; Russell E. Glasgow, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Rockville, MD; and Suzanne Bennett Johnson, PhD, American Psychological Association, Washington, DC

8:45 am – 10:15 am **Symposium 33: Bio-Behavioral Connections to Objective Sleep Disturbances in Breast Cancer** ■ (SY33)

Union Square 23-24, 4th Floor

Admission by Name Badge

Chair: Arianna Aldridge-Gerry, PhD, MPH, Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA

Presenters: Arianna Aldridge-Gerry, PhD, MPH, Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA; Oxana Palesh, PhD, MPH, Psychiatry and Behavioral Sciences, Stanford University, Stanford, CA; Firdaus S. Dhabhar, PhD, Psychiatry and Behavioral Sciences, Stanford University, Stanford, CA; and Michelle Rissling, PhD, SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA

10:30 am – 11:30 am **Keynote Address (KA03):**

"Patient Reported Outcomes Data in Action – Real Time Information for Clinical Care and Research" △

Continental 04-06, Ballroom Level

Admission by Name Badge

Amy P. Abernethy, MD

Associate Professor, Duke University Schools of Medicine and Nursing; Director, Duke Center for Learning Health Care/ Duke Clinical Research Institute, Duke Cancer Research Program/Duke Cancer Institute, Durham, NC

Moderator: Francis J. Keefe, PhD, Duke University, Durham, NC

Patient reported information like symptoms, quality of life and psychosocial distress has many purposes, providing data to inform care occurring in real time, highlighting opportunities for clinical practice improvement, and generating explanatory and outcomes variables for research. This session will focus on practical solutions to support the collection of reliable patient reported data within the clinical setting, and informatics solutions to warehouse the information for future reuse. Features of successful implementation include choice of technology, usability/feasibility, real-time reporting, careful choice of items, and coordination of care process. Example indicators of data quality are data missingness and likelihood of that data are clinically actionable. When datasets are reliable, valid and relatively complete, the information can be used to support clinical trials, comparative effectiveness research, quality monitoring, and clinical annotation of biospecimens, ultimately contributing to a learning health care system. Patient reported data provides an important opportunity to ensure that the questions, concerns and outcomes relevant to behavioral medicine are seamlessly integrated into medicine-at-large.



SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

11:45 am – 12:45 pm **Expert Consultations** ★

Mason, 6th floor

Admission by Name Badge. Admission restricted to registered participants only. Sign up online or in person at the registration desk.

11:45 am – 12:45 pm **Midday Meetings***

Admission by Name Badge

Aging Special Interest Group presents:

Utilizing Web-Based Tools in Behavioral Studies: Available Platforms, Individual and Systems Measurement Potential, and Implementation Considerations in Older Adults

Continental 03, Ballroom Level

Moderator: Bess Marcus, PhD

Panelists: Caroline R. Richardson, MD; Reynolette Ettienne-Gittens, PhD, MS, RD; Jacqueline Mogle, PhD; Lisa Quintiliani, PhD, RD; and Karen Syrjala, PhD

Topics to include:

- Stepping Up to Health: Tailored Step-Count Feedback to Increase Walking
- Using a Web Application for the Collection of Dietary Data from Older Adults: Can Behavioral Researchers Realistically Overcome the Digital Divide?
- Use of Mobile Devices to Understand Daily Fluctuations in Cognitive Performance in Older Adults
- Development of a Computer-Based Nutrition and Food Insecurity Assessment Tool to Promote Healthy Eating for At-Risk Older Adults
- Older Cancer Survivor Enrollment in and Utilization of Internet-Based Assessments and Clinical Trials

Complementary and Integrative Medicine Special Interest Group Working Group Business Meeting and Research Award Presentations

Union Square 17-18, 4th Floor

Moderator: Laura Young, MD, PhD

This is an excellent opportunity to learn about the activities of the Complementary and Integrative Medicine SIG. Committees for the upcoming year will be formed and there will be plenty of opportunities to become actively involved in the SIG. Come and meet other like-minded researchers within SBM who embrace the potential that complementary and integrative approaches hold for health promotion and disease prevention/management. Annual research awards will also be presented.

Diabetes Special Interest Group:

Meet the Experts: Mixed Methods Researchers in Diabetes

Union Square 03-04, 4th Floor

Moderator: Corey K. Hood, PhD

This meeting is intended to provide attendees with direct access to experts in mixed methods work in diabetes. We have assembled a group of experienced qualitative and quantitative researchers (Marilyn Ritholz, PhD; Alan Delamater, PhD; Vicki Helgeson, PhD; Shelagh Mulvaney, PhD) who will discuss their work and answer questions in small groups. We had a lot of enthusiasm for last year's pre-conference workshop on qualitative research so we are hoping to follow-up on some topics in this year's midday meeting.

Education, Training, and Career Development Council:

Succeeding in Research and Practice: Strategies for Achieving Synergy and Optimizing Productivity

Continental 09, Ballroom Level

Moderators: Georita Frierson, PhD; and Karen Oliver, PhD

Juggling the responsibilities of patient care with those of building and maintaining a productive research career can present a number of significant challenges. However, the combination of research and clinical work can also provide opportunities for rich and varied experiences that can enhance both areas of work and support translation. This panel will provide clinician-researchers with a forum for discussing strategies for successfully balancing their clinical and research responsibilities while pursuing their career goals. The session will begin with overviews of (a) common challenges faced by clinician-researchers (e.g., time management, setting priorities, and maintaining boundaries) and strategies for negotiating them; and (b) the expectations/demands/rewards for clinical and research activities in different settings (e.g., campus-based, medical school, VA). This will be followed by a question and answer session with a panel of experienced clinician-researchers including Shawna Ehlers, PhD; Justin Nash, PhD; and Kristin Kilbourn, PhD. Topics of discussion will include ways to increase synergy between research and clinical activities, and institutional policies/work culture factors that can hinder or help synergy and productivity. This session will be useful to clinicians-researchers at any stage of career.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

**Ethnic, Minority, and Multicultural Health Special Interest Group presents:
The National Cancer Institute (NCI)'s Continuing Umbrella of Research Experiences (CURE) and Diversity Supplements**

Moderators: Heather Honore Goltz, PhD, LMSW; and Jamilia Sly, PhD

Union Square 05-06, 4th Floor

This midday meeting will focus on the Continuing Umbrella of Research Experiences (CURE) sponsored by the National Cancer Institute's Center to Reduce Cancer Health Disparities (CRCHD). CURE offers funding opportunities developed to support student researchers and junior investigators from diverse and under-represented racial, ethnic and sociodemographic backgrounds. The meeting will include a panel discussion led by Dr. Carmen Moten, Program Director/Health Scientist Administrator in the Disparities Training Branch of the CRCHD. Other panelists will include NCI representatives and past award recipients. The panel will also discuss research supplements to promote diversity in health-related research, with a focus on proposal preparation, budget issues, and the review process. The panel discussion will be followed by roundtable discussions and facilitated networking between interested candidates and potential mentors.

International Society of Behavioral Medicine

Union Square 25, 4th Floor

The International Society of Behavioral Medicine (ISBM) is a vibrant scientific society consisting of national and regional societies from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation. ISBM provides an optimal platform to build professional relationships with like minded scholars to conduct cross-national research in behavioral medicine. As SBM is a member society, SBM members are in turn a part of the ISBM, can receive the ISBM Journal and register at a reduced rate for our Congress. This Congress, held every two years, brings together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. Leaders from the ISBM will discuss and explore ways to interact and collaborate with behavioral medicine scientists across the world, provide some information on our next International Congress of Behavioral Medicine (ICBM) to be held August 20–23, 2014, in Groningen, The Netherlands, and discuss other activities such as our Early Career Network and our scientific journal, The International Journal of Behavioral Medicine. This midday session will provide an opportunity for SBM members to become more aware and involved in the activities of the ISBM.

Pain Special Interest Group Business Meeting and Student Award Presentation

Continental 07, Ballroom Level

Moderator: Martin D. Cheadle, PhD

Physical Activity Special Interest Group's San Francisco Adventure Walk

Meet at the registration desk at 11:45 am

Let's get some physical activity and enjoy San Francisco - all supported by the latest technology! Join the Physical Activity Special Interest Group (SIG) for a 45-minute walk around San Francisco, guided by the *Mobile Adventure Walks* iPhone app. The app will guide us through an exciting adventure through the city. You'll discover San Francisco, answer trivia about the city, and see your surroundings in a whole new way. You don't need an iPhone because we'll work together as we have fun and explore the hidden gems of San Francisco.

Spirituality and Health Special Interest Group:

Dr. Carl Thoresen, Distinguished Senior Investigator Awardee and Master Mentor

Continental 01, Ballroom Level

Moderator: Amy Wachholtz, PhD

This session will present the Distinguished Senior Investigator Award to Dr. Carl Thoresen who will review his extensive career in spirituality and health. Mentees will describe the benefits they have experienced personally and professionally through Dr. Thoresen's mentorship.

Student Special Interest Group presents:

Behavioral Medicine Internship Meet and Greet

Union Square 01-02, 4th Floor

Moderator: Heather McGinty, MA

The Student SIG invites you to an informal and interactive meet-and-greet with representatives and/or current interns from several psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities and get your questions answered.

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 11:45 am – 12:45 pm **Panel Discussion 09: Shared Decision Making Measures: Promoting Harmonized Data Using the National Cancer Institute's Grid-Enabled Measures (GEM) Portal ■ (PD09)**
Union Square 15-16, 4th Floor
Admission by Name Badge
Chair: Sarah C. Kobrin, PhD, National Cancer Institute, Rockville, MD
Panelist: Miho Tanaka, PhD, National Cancer Institute, Rockville, MD
- 11:45 am – 12:45 pm **Panel Discussion 10: How Do I Find and Work Productively with a Computer Scientist? A Panel Discussion on Working Across the Disciplinary Divide for Developing Behavior Change Technologies + (PD10)**
Plaza A, Lobby Level
Admission by Name Badge
Chair: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ
Panelist: Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI and University of Massachusetts-Boston, Boston, MA
- 11:45 am – 12:45 pm **Panel Discussion 11: If You Build It, Will They Come? Exploring the Challenges of Tracking the Utilization of eHealth Interventions △ (PD11)**
Plaza B, Lobby Level
Admission by Name Badge
Chair: Linda Fleisher, MPH, PhD, Health Communications and Health Disparities, Fox Chase Cancer Center, Cheltenham, PA
Panelists: Frances P. Thorndike, PhD, Behavioral Health & Technology, University of Virginia Health System, Charlottesville, VA; Gary G. Bennett, PhD, Duke Obesity Prevention Program, Duke University, Durham, NC; Deborah F. Tate, PhD, Health Behavior & Health Education, University of North Carolina, Durham, NC; and Kevin Patrick, MD, MS, Family and Preventive Medicine, University of California San Diego, San Diego, CA
- 11:45 am – 12:45 pm **Panel Discussion 12: Male Participation in Weight Loss Interventions: Present Findings and Future Directions △ (PD12)**
Union Square 19-20, 4th Floor
Admission by Name Badge
Chair: Gina Evans-Hudnall, PhD, Michael E. DeBakey VA Medical Center, and Department of Psychiatry, Baylor College of Medicine, Houston, TX
Panelists: Lonique R. Pritchett, Michael E. DeBakey VA Medical Center, Houston, TX; Jessica Y. Breland, MS, Michael E. DeBakey VA Medical Center, Houston, TX and Department of Psychology, Rutgers, The State University of New Jersey, New Brunswick, NJ; and Cora G. Platt, MA, Michael E. DeBakey VA Medical Center, Houston, TX and Department of Psychology, Southern Methodist University, Dallas, TX
- 11:45 am – 12:45 pm **Panel Discussion 13: Integrating Outcomes Tracking into Evidence-Based Practice - Technological Challenges and State-of-the-Art Solutions + (PD13)**
Continental 02, Ballroom Level
Admission by Name Badge
Chair: Freda F. Liu, PhD, Psychiatry and Behavior Medicine, Seattle Children's Hospital and Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, WA
Panelists: Corey Fagan, PhD, Psychology, University of Washington, Seattle, WA; and Carol Rockhill, Psychiatry and Behavior Medicine, Seattle Children's Hospital and Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, WA

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

11:45 am – 12:45 pm **Panel Discussion 14: Cancer Survivorship Challenges of Minority, Low Income, Rural Populations: Is There a Role for Modern Technology? + (PD14)**

Union Square 22, 4th Floor

Admission by Name Badge

Chair: Michelle Y. Martin, PhD, Comprehensive Cancer Center and Division of Preventive Medicine, University of Alabama at Birmingham, Birmingham, AL

Panelists: Maria Pisu, PhD, Comprehensive Cancer Center and Division of Preventive Medicine, University of Alabama at Birmingham, Birmingham, AL; Kimlin Ashing-Giwa, PhD, Population Sciences, City of Hope Medical Center, Duarte, CA; and Shelley A. Johns, PsyD, ABPP, Indiana University School of Medicine, and Regenstrief Institute, Indianapolis, IN

11:45 am – 12:45 pm **Panel Discussion 15: NIH Adherence Research Network: A Roundtable Discussion on How to Advance the Science and Practice of Adherence ■ (PD15)**

Union Square 23-24, 4th Floor

Admission by Name Badge

Chair: Wendy Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD

Panelists: Susan M. Czajkowski, PhD, National Heart, Lung, and Blood Institute/NIH, Bethesda, MD; Janet S. De Moor, MPH, PhD, National Cancer Institute/NIH, Bethesda, MD; David Clark, DrPH, National Institute of Dental and Craniofacial Research/NIH, Bethesda, MD; Christine M. Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Disorders/NIH, Bethesda, MD; Julia H. Rowland, PhD, National Cancer Institute/NIH, Bethesda, MD; and Michael J. Storratt, PhD, National Institute of Mental Health/NIH, Bethesda, MD

11:45 am – 12:45 pm **Panel Discussion 16: Translational Pipelines for Evidence-Based Digital Health ■ (PD16)**

Continental 08, Ballroom Level

Admission by Name Badge

Chair: Abdul R. Shaikh, PhD, MHSc, National Cancer Institute, Bethesda, MD

Panelists: Sean P. Mullen, PhD, University Illinois at Urbana-Champaign, Urbana, IL; Lee M. Ritterband, PhD, University of Virginia Health System, Charlottesville, VA; Gregg Masters, MedStar, New York, NY; and Bern Shen, MD, HealthCrowd, San Francisco, CA

1:00 pm – 1:45 pm **Distinguished Scientist Master Lecture (ML03):**

“Psychological Factors and the Pathophysiology of Type 2 Diabetes: A 30 Year Perspective” △

Plaza A, Lobby Level

Admission by Name Badge

Richard S. Surwit, PhD

Professor and former Vice Chair for Research and Chief of the Division of Medical Psychology, the Department of Psychiatry & Behavioral Sciences at Duke University School of Medicine, Durham, NC

Moderator: Margaret A. Chesney, PhD, University of California-San Francisco, San Francisco, CA

For the past 30 years, my colleagues and I have been exploring the role of stress and the autonomic nervous system in the etiology and treatment of diabetes mellitus. We have shown that stress, acting through the sympatho-adrenal system can cause acute hyperglycemia in animals and humans predisposed to diabetes and that stress management techniques can improve glycemic control both acutely and chronically in patients with type 2 diabetes. Recent work by our group has focused on the interaction of central adiposity, stress and adrenal medullary function in the development of pre-diabetes. Adrenal medullary function, as measured by plasma epinephrine levels, interacts with central adiposity in determining fasting glucose and individuals differ in circulating epinephrine levels in both stressed and non-stressed states. In healthy, normal individuals, plasma epinephrine decreases with increasing adiposity. In obese, prediabetic individuals this decrease in epinephrine fails to occur suggesting that diabetes may result in a failure of the adrenal medullary system to adapt to increasing obesity. Thus increased stress and increased adrenal medullary activity are risk factors for diabetes particularly in obese individuals. Behavioral and/or pharmacologic interventions that mitigate increased adrenal medullary activity may be useful in the prevention and treatment of type 2 diabetes when increased central adiposity is present.



SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

1:00 pm – 1:45 pm

Master Lecture (ML04):

"What to Do with a Patient Who Smokes: Bridging the Gap between the Clinic and the Community" △

Plaza B, Lobby Level

Admission by Name Badge

Steven A. Schroeder, MD

Distinguished Professor of Health and Healthcare, University of California-San Francisco, San Francisco, CA

Moderator: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

Clinicians in behavioral health treat clients with very high smoking rates (from 40-80%), compared with the national prevalence of 19%. Yet, smoking is the number one cause of death in this population. For decades most behavioral health clinicians have opted not to help their smokers quit, reasoning that their other problems were paramount, that they didn't want to quit, that they couldn't quit, and that quitting might worsen their underlying mental illnesses. Accumulated evidence has shown that all these assumptions are false, and there is now momentum to help all smokers quit. This Master Lecture will review that evidence, address some of those barriers and assumptions, and present concrete steps that can help to reduce the huge burden of smoking among behavioral health consumers.



2:00 pm – 3:30 pm

Featured Symposium 04 (F04):

"Patterns in Well-Being and Health Behaviors among Long-Term Cancer Survivors: Results of the American Cancer Society's Study of Cancer Survivors" △

Admission by Name Badge

Plaza A, Lobby Level

Chair: Kevin D. Stein, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA

Co-Presenters: Kevin Stein, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA; Corinne Leach, PhD, MPH, Behavioral Research Center, American Cancer Society, Atlanta, GA; Johann L. Westmaas, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA; and Tenbroeck Smith, MA, Behavioral Research Center, American Cancer Society, Atlanta, GA

Discussant: Annette L. Stanton, PhD, University of California-Los Angeles, Los Angeles, CA

Despite the recent surge in interest in the quality of life (QOL) and health behaviors of cancer survivors, the majority of research with people affected by cancer has focused on their functioning during active treatment and the years immediately after the completion of treatment. Current knowledge regarding the physical health and mental well-being of long-term (> 5 years post-diagnosis) cancer survivors remains limited. In addition, little is known about survivors' ongoing health behaviors, such as smoking, or their continuity of cancer care. To address these gaps, the American Cancer Society (ACS) launched a national longitudinal study of over 6,000 survivors of the 10 most common cancers, known as the ACS Study of Cancer Survivors (SCS). Survivors completed surveys at 1, 2, and 9-years post-diagnosis. This symposium will highlight both longitudinal and cross-sectional findings related to the long-term well-being and health behaviors among survivors.

In the first presentation, Dr. Stein will provide an overview of the rationale, design, and implementation of the SCS, setting the stage for the remaining talks. He will then summarize findings regarding survivors' changes in physical and mental functioning over time. Next, Dr. Leach will discuss the prevalence and longitudinal predictors of changes in comorbidities. Mr. Smith will explore survivors' utilization of oncology and primary care physician services and preferences for their ongoing survivorship care. Dr. Westmaas, using health belief theories as a framework, will present an analysis of the factors associated with smoking and cessation. The Discussant, Dr. Annette Stanton, will consider how the findings presented inform our current knowledge of long-term cancer survivorship and explore potential future directions for research and clinical work.

2:00 pm – 3:30 pm

Symposium 30: Outcomes of Peer Support Programs for Diabetes Management - Peers for Progress ■ (SY30)

Union Square 17-18, 4th Floor

Admission by Name Badge

Chair: Edwin B. Fisher, PhD, Health Behavior, University of North Carolina-Chapel Hill, Chapel Hill, NC

Presenters: Edwin B. Fisher, PhD, Health Behavior, University of North Carolina-Chapel Hill, Chapel Hill, NC; Michele Heisler, MD, MPA, Internal Medicine and Health Behavior and Health Education, University of Michigan, Ann Arbor, MI; Monika M. Safford, MD, Medicine, University of Alabama at Birmingham, Birmingham, AL; and Amireh Ghorob, MPH, University of California-San Francisco, San Francisco, CA

Discussant: Russell E. Glasgow, PhD, National Cancer Institute, Bethesda, MD

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 2:00 pm – 3:30 pm **Symposium 34: Advancements in Ecological Momentary Assessment (EMA) Methods for Health Behavior Research ■ (SY34)**
Plaza B, Lobby Level
Admission by Name Badge
 Chair: Genevieve F. Dunton, PhD, MPH, Preventive Medicine, University of Southern California, Los Angeles, CA
 Presenters: Genevieve F. Dunton, PhD, MPH, Preventive Medicine, University of Southern California, Los Angeles, CA; Jimi Huh, PhD, University of Southern California, Los Angeles, CA; and Susan M. Schembre, PhD RD, Department of Behavioral Sciences, University of Texas MD Anderson Cancer Center, Houston, TX
- 2:00 pm – 3:30 pm **Symposium 35: Toward a Better Understanding of Meaning and Benefit Finding Following Cancer: 10 Years Later+ (SY35)**
Continental 02, Ballroom Level
Admission by Name Badge
 Chair: Patricia L. Tomich, PhD, Psychology, Kent State University, Warren, OH
 Presenters: Patricia L. Tomich, PhD, Psychology, Kent State University, Warren, OH; Tracey A. Revenson, PhD, Graduate Center, City University of New York, New York, NY; and Suzanne C. Lechner, PhD, University of Miami, Miami, FL
 Discussants: Crystal L. Park, PhD, University of Connecticut, Storrs, CT; and Vicki S. Helgesen, PhD, Carnegie Mellon University, Pittsburgh, PA
- 2:00 pm – 3:30 pm **Symposium 36: Pain Management in the Primary Care Setting: Utilizing Technology to Meet the Challenges △ (SY36)**
Continental 08, Ballroom Level
Admission by Name Badge
 Chair: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA
 Presenters: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA; Kathleen Darchuk, PhD, Harry S Truman Memorial Veterans' Hospital, Columbia, MO; and Mark Vogel, PhD, Medical Education, Genesys Regional Medical Center, Burton, MI
- 2:00 pm – 3:30 pm **Symposium 37: Marketing Health ■ (SY37)**
Union Square 15-16, 4th Floor
Admission by Name Badge
 Chair: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD
 Presenters: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD; W. Douglas Evans, PhD, School of Public Health and Health Services, The George Washington University, Washington, DC; Jeff Jordan, MS, Rescue Social Changes, San Diego, CA; and Yvonne Hunt, PhD, National Institutes of Health, Bethesda, MD
 Discussant: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD
- 2:00 pm – 3:30 pm **Symposium 38: Early Evidence That Policy Changes are Working to Reduce Children's Obesity Levels and Daily 'Energy Gaps': Lessons Learned for Future Research △ (SY38)**
Union Square 19-20, 4th Floor
Admission by Name Badge
 Chair: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ
 Presenters: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ; Tina J. Kauh, PhD, Research & Evaluation, Robert Wood Johnson Foundation, Princeton, NJ; Laura C. Leviton, PhD, Research and Evaluation, The Robert Wood Johnson Foundation, Princeton, NJ; and Claire Wang, MD, ScD, Health Policy & Management, Columbia University Mailman School of Public Health, New York, NY
 Discussant: James F. Sallis, PhD, University of California, San Diego, Active Living Research, San Diego, CA

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 2:00 pm – 3:30 pm **Symposium 39: Understudied and Underserved: Cancer Survivors Living in Rural Areas + (SY39)**
Union Square 22, 4th Floor
Admission by Name Badge
Chair: Nynikka R. Palmer, MPH, DrPH, Division of Public Health Sciences, Wake Forest School of Medicine, Winston-Salem, NC
Presenters: Nynikka R. Palmer, MPH, DrPH, Division of Public Health Sciences, Wake Forest School of Medicine, Winston-Salem, NC; Kathryn Weaver, PhD, MPH, Division of Public Health Sciences, Wake Forest University School of Medicine, Winston-Salem, NC; and Michael Andrykowski, PhD, University of Kentucky, Lexington, KY
Discussant: Carly Parry, PhD, MSW, MA, National Cancer Institute, Bethesda, MD
- 2:00 pm – 3:30 pm **Symposium 40: Physical Health Risks Across Diverse Populations Exposed to Psychological Trauma △ (SY40)**
Union Square 23-24, 4th Floor
Admission by Name Badge
Chair: Jeffrey Kibler, PhD, Nova Southeastern University, Fort Lauderdale, FL
Presenters: Jeffrey Kibler, PhD, Nova Southeastern University, Fort Lauderdale, FL; Maria M. Llabre, PhD, University of Miami, Coral Gables, FL; and Jean C. Beckham, PhD, Duke University Medical Center, Durham, NC
- 2:00 pm – 3:30 pm **Symposium 41: Approaches to Studying and Understanding Tobacco Risk Perceptions + (SY41)**
Continental 01, Ballroom Level
Admission by Name Badge
Chair: Annette Kaufman, PhD, MPH, National Cancer Institute, Rockville, MD
Presenters: Annette Kaufman, PhD, MPH, National Cancer Institute, Rockville, MD; Amber R. Koblitz, PhD MPH, Behavioral Research Program, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD; Erika A. Waters, PhD, MPH, Washington University, St Louis, MO; and David B. Portnoy, PhD, MPH, Center for Tobacco Products, FDA, Rockville, MD
- 2:00 pm – 3:30 pm **Symposium 42: Mindful Eating: A New Approach to Weight Management and Compulsive Overeating △ (SY42)**
Continental 03, Ballroom Level
Admission by Name Badge
Chair: Jean L. Kristeller, PhD, Psychology, Indiana State University, Terre Haute, IN
Presenters: Jean L. Kristeller, PhD, Psychology, Indiana State University, Terre Haute, IN; Jennifer J. Daubenmier, PhD, Osher Center for Integrative Medicine, Department of Medicine, University of California-San Francisco, San Francisco, CA; and Kimberly Coleman-Phox, MPH, Center for Health and Community, University of California-San Francisco, San Francisco, CA
Discussant: Margaret E. Kemeny, PhD, University of California-San Francisco, San Francisco, CA
- 2:00 pm – 3:30 pm **Symposium 43: Innovative Approaches to Oral Health in Children ■ (SY43)**
Continental 07, Ballroom Level
Admission by Name Badge
Chair: Claudio Nigg, PhD, Public Health Sciences, University of Hawaii, Honolulu, HI
Presenters: Claudio Nigg, PhD, Public Health Sciences, University of Hawaii, Honolulu, HI; Richard Niederman, DMD, The Forsyth Institute, Boston, MA; Mikako Deguchi, DDS, Department of Public Health Sciences, University of Hawaii at Manoa, Honolulu, HI; and Martha E. Oropeza, BA, Public Health Sciences, University of Hawaii at Manoa, Honolulu, HI
Discussant: David Clark, DrPH, National Institute of Dental Craniofacial Research, Bethesda, MD

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 2:00 pm – 3:30 pm **Symposium 44: Developing Assessment Tools for End-of-Life Research** △ (SY44)
Continental 09, Ballroom Level
Admission by Name Badge
 Chair: Barry Rosenfeld, PhD, Psychology, Fordham University, Bronx, NY
 Presenters: Barry Rosenfeld, PhD, Psychology, Fordham University, Bronx, NY; Allison J. Applebaum, PhD, Psychiatry and Behavioral Sciences, Memorial Sloan-Kettering Cancer Center, New York, NY; Elissa Kolva, MA, Psychology, Fordham University, Bronx, NY; Kristen G. Tobias, MA, Psychology, Fordham University, Bronx, NY; and Rebecca James, MA, Fordham University, Bronx, NY
- 3:45 pm – 5:15 pm **Paper Session 13: Lung, Head, and Neck Cancer Survivorship** + (P13)
Union Square 19-20, 4th Floor
Admission by Name Badge
 Chairs: Jamie L. Studts, PhD, University of Kentucky, Lexington, KY; and Jessica L. Burris, PhD, Medical University of South Carolina, Charleston, SC
- 3:45 pm - 4:03 pm **Caregiving Burden Predicts Psychological Distress in Couples Coping with Lung Cancer: A Longitudinal, Dyadic Analysis**
 Kathrin Milbury, PhD, Hoda Badr, PhD and Cindy Carmack, PhD. Behavioral Science, The University of Texas, MD Anderson Cancer Center, Houston, TX
- 4:03 pm - 4:21 pm **An Online Intervention for Lung Cancer Caregivers Buffers Negative Mood in Bereavement**
 Lori L. DuBenske, PhD,^{1,2} David Gustafson, PhD,² Kang Namkoong, PhD,³ Ming-Yuan Chih, MHA MS,² Amy Atwood, PhD,² Robert Hawkins, PhD⁴ and James Cleary, MD⁵. ¹Psychiatry, University of Wisconsin, Madison, WI; ²Center for Health Enhancement Research Studies, University of Wisconsin, Madison, WI; ³Community and Leadership Development, University of Kentucky, Lexington, KY; ⁴Journalism and Mass Communication, University of Wisconsin, Madison, WI and ⁵Medicine, University of Wisconsin Carbone Cancer Center, Madison, WI
- 4:21 pm - 4:39 pm **The Effect of an Online Intervention on Symptom Distress in Patients with Nonsmall Cell Lung Cancer: A Randomized Trial**
 Lori L. DuBenske, PhD,^{1,2} David H. Gustafson, PhD,² Ming-Yuan Chih, MHA, MS,² Amy K. Atwood, PhD,² Robert Hawkins, PhD,³ Cindy L. Carmack, PhD⁴ and James F. Cleary, MD⁵. ¹School of Medicine and Public Health, University of Wisconsin, Madison, WI; ²Center for Health Enhancement Systems Studies, University of Wisconsin, Madison, WI; ³School of Journalism and Mass Communication, University of Wisconsin, Madison, WI; ⁴Department of Behavioral Science, MD Anderson Cancer Center, Houston, TX and ⁵Department of Medicine, University of Wisconsin Carbone Cancer Center, Madison, WI
- 4:39 pm - 4:57 pm **Development and Validation of a Conceptual Framework of Lung Cancer Stigma**
 Heidi A. Hamann, PhD,¹ Jamie S. Ostroff, PhD,² Emily G. Marks, MS,¹ David E. Gerber, MD,¹ Joan H. Schiller, MD¹ and Simon J. Craddock Lee, PhD¹. ¹UT Southwestern Medical Center, Dallas, TX and ²Memorial Sloan-Kettering Cancer Center, New York, NY
- 4:57 pm - 5:15 pm **Evaluation of Treatment and Disease-Related Symptoms in Advanced Head and Neck Cancer: Validation of a New Disease-Specific Quality of Life Measure**
 Timothy P. Pearman, PhD,^{1,3} Beaumont Jennifer, MS,¹ Diane Paul, MS, RN,⁴ Amy Abernethy, MD,⁵ Paul Jacobsen, PhD,⁷ Karen Syrjala, PhD,⁶ Jamie vonRoenn, MD² and David Cella, PhD¹. ¹Medical Social Sciences, Psychiatry & Behavioral Sciences, Northwestern University School of Medicine, Chicago, IL; ²Hematology/Oncology, Northwestern University School of Medicine, Chicago, IL; ³Psychiatry & Behavioral Sciences, Northwestern University School of Medicine, Chicago, IL; ⁴National Comprehensive Cancer Network, Fort Washington, PA; ⁵Duke University School of Medicine, Chicago, IL; ⁶Fred Hutchinson Cancer Research Center, Chicago, IL and ⁷Moffitt Comprehensive Cancer Center, Chicago, IL

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 3:45 pm – 5:15 pm **Paper Session 14: Breast Cancer Interventions and Survivorship** △ (P14)
Plaza B, Lobby Level
Admission by Name Badge
Chairs: Linda E. Carlson, BSc, PhD, University of Calgary – Tom Baker Cancer Centre, Calgary, AB, Canada; and Shelia N. Garland, PhD, University of Pennsylvania, Philadelphia, PA
- 3:45 pm - 4:03 pm **Mindfulness-Based Cancer Recovery (MBCR) vs. Supportive Expressive Therapy (SET) in Breast Cancer Survivors (the MINDSET Trial): Impact of Patient Preferences and Personality on Outcomes**
Linda E. Carlson, PhD,^{1,3} Richard Doll, MSW,² Joanne Stephen, PhD,² Rie Tamagawa, PhD,³ Peter Faris, PhD³ and Michael Specia, PsyD^{3,1}. ¹Oncology, University of Calgary, Calgary, AB, Canada; ²BC Cancer Agency, Vancouver, BC, Canada and ³Alberta Health Services, Calgary, AB, Canada
- 4:03 pm - 4:21 pm **Perspectives of Asian Immigrant Breast Cancer Survivors on Post-Treatment Surveillance**
Tara Eaton, PhD,¹ Kristin Bright, PhD,² Xin Zeng, MPH³ and Hayley Thompson, PhD¹. ¹Wayne State University/ Karmanos Cancer Institute, Detroit, MI; ²Middlebury College, Middlebury, VT and ³New York University School of Medicine, New York, NY
- 4:21 pm - 4:39 pm **Integrative Oncology Consultation Does Not Delay Initiation of Primary Treatment for Breast Cancer**
Marin Robyn Andersen, PhD, MPH,^{1,2} Barbara Osborn, RN, BSN,³ Erin Sweet, ND, MPH,³ Fred Dowd, BA³ and Leanna Standish, ND, PhD³. ¹Fred Hutchinson Cancer Research Center, Seattle, WA; ²University of Washington, Seattle, WA and ³Bastyr University, Kenmore, WA
- 4:39 pm - 4:57 pm **Relationships between Self-Efficacy for Communication with One's Physician and Measures of Well-Being, Concerns about Taking Medications, and Medication Adherence in Breast Cancer Patients Receiving Adjuvant Endocrine Therapy**
Sara N. Edmond, BA, Jamie M. Farquhar, Rebecca A. Shelby, PhD, Gretchen G. Kimmick, MD, Paul K. Marcom, MD, Jeffrey M. Peppercorn, MD, Kimberly L. Blackwell, MD and Francis J. Keefe, PhD, Duke University, Durham, NC
- 4:57 pm - 5:15 pm **Healthy Moves to Improve Lifestyle Behaviors of Cancer Survivors & Their Spouses: Feasibility and Preliminary Results of Intervention Efficacy**
Cindy L. Carmack, PhD,¹ Karen Basen-Engquist, PhD,¹ Laura Shely, MA,¹ George Baum, MS,¹ Sharon Giordano, MD,¹ Miguel Rodriguez-Bigas, MD,¹ Curtis Pettaway, MD¹ and Wendy Demark-Wahnefried, PhD, RD². ¹The University of Texas MD Anderson Cancer Center, Houston, TX and ²The University of Alabama, Birmingham, AL
- 3:45 pm – 5:15 pm **Paper Session 15: Depression Intervention and Natural Progression** ■ (P15)
Continental 01, Ballroom Level
Admission by Name Badge
Chair: Karina W. Davidson, PhD, Columbia University, New York, NY
- 3:45 pm - 4:03 pm **Psychological Adjustment after Diagnosis of Chronic Conditions: Identifying Distinct Trajectories among Different Chronic Conditions**
Ching-Ju Chiu, PhD¹ and Yu-Ching Hsu, MD^{1,2}. ¹Institute of Gerontology, College of Medicine, Nation Cheng Kung University, Tainan, Taiwan and ²Chinese Medicine Department, Department of Health Executive Yuan, Tainan Hospital, Tainan, Taiwan
- 4:03 pm - 4:21 pm **Building a Community-Academic Partnership: Implementing a Community Based Trial of Telephone Cognitive Behavioral Therapy for Rural Latinos**
Gino Aisenberg, PhD, MSW,¹ Megan Dwight-Johnson, MD, MPH,² Mary O'Brien, MSW,³ Evette Ludman, PhD⁴ and Daniella Gollinelli, PhD². ¹Social Work, University of Washington, Seattle, WA; ²Rand Corp., Santa Monica, CA; ³Yakima Valley Farm Workers Clinic, Yakima, WA and ⁴Center for Health Studies, Group Health Cooperative, Seattle, WA
- 4:21 pm - 4:39 pm **Automated Text Messaging (SMS) to Improve Depression Treatment in Low-Income Settings**
Adrian Aguilera, PhD¹ and Ricardo Munoz, PhD². ¹University of California-Berkeley, Berkeley, CA and ²Palo Alto University, Palo Alto, CA

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 4:39 pm - 4:57 pm **Impact of a Culturally-Focused Psychiatric Consultation Intervention on Depressive Symptoms among Latino Primary Care Patients**
C. Andres Bedoya, PhD,^{1,2} Lara Traeger, PhD,^{1,2} Nhi-Ha Trinh, MD MPH,^{1,2} Trina Chang, MD MPH,^{1,2} Charlotte Brill, BA,⁴ Katherine Hails, BA,⁵ Patrick Hagan, BA,⁶ Katherine Flaherty, ScD³ and Albert Yeung, MD ScD^{1,2}. ¹Massachusetts General Hospital, Boston, MA; ²Harvard Medical School, Boston, MA; ³Abt Associates Inc; Cambridge, MA; ⁴University of Washington, Seattle, WA; ⁵Children's Hospital, Boston, MA and ⁶Smith College, Northampton, MA
- 4:57 pm - 5:15 pm **Cognitive Behavioral Therapy for Adherence and Depression in Adults with Type 2 Diabetes: Acute and Maintenance Outcomes from a Randomized Controlled Trial**
Jeffrey S. Gonzalez, PhD,¹ Enrico Cagliero, MD,² Christina Psaros, PhD,² Deborah Wexler, MD, MPH,² Linda Delahanty, MS, RD,² Nicholas Perry, BA,² Aaron Blashill, PhD² and Steven Safren, PhD². ¹Yeshiva University/Albert Einstein College of Medicine, Bronx, NY and ²Harvard Medical School/Massachusetts General Hospital, Boston, MA
- 3:45 pm – 5:15 pm **Paper Session 16: Skin Cancer Prevention and Screening** △ (P16)
Union Square 23-24, 4th Floor
Admission by Name Badge
Chairs: Alan Geller, MPH, RN, Harvard School of Public Health, Boston, MA; and Elliot J. Coups, PhD, The Cancer Institute of New Jersey, New Brunswick, NJ
- 3:45 pm - 4:03 pm **Using Relational Agents in Tailored Interventions for Multiple Risk Factors: Preliminary 12 Month Results**
Wayne Velicer, PhD,¹ Colleen A. Redding, PhD,¹ Bryan Blissmer, PhD,¹ Steven F. Babbitt, MA,¹ Andrea Paiva, PhD,¹ Timothy Bickmore, PhD² and Janet Johnson, PhD³. ¹Cancer Prevention Research Center, University of Rhode Island, Kingston, RI; ²Northeastern University, Boston, MA and ³Pro-Change Behavior Systems, Wakefield, RI
- 4:03 pm - 4:21 pm **A Youth-Participatory Approach to Developing Video-Based UV Exposure Messages for Young Adolescents: Findings from a Pilot Study**
Nancy L. Asdigian, PhD,¹ Lori A. Crane, PhD,¹ Alfred C. Marcus, PhD,¹ Sheana Bull, PhD,¹ Sally O. Casey, MPH,² Nancy Rumbaugh Whitesell, PhD¹ and Jenny Aalborg, MPH¹. ¹Community and Behavioral Health, Colorado School of Public Health, University of Colorado-Denver, Aurora, CO and ²Center for Public Health Practice, Colorado School of Public Health, University of Colorado-Denver, Aurora, CO
- 4:21 pm - 4:39 pm **Barriers to Mobile Teledermoscopy in Primary Care**
Lois Loescher, PhD,¹ Joseph Chao, BS,¹ H Peter Soyer, MD² and Clara Curiel-Lewandrowski, MD¹. ¹University of Arizona, Tucson, AZ and ²The University of Queensland, Brisbane, QLD, Australia
- 4:39 pm - 4:57 pm **Feasibility of Real-Time Assessment of Sun Protection Decision Making via Interactive Voice Response (IVR) Technology**
Elyse Shuk, MA,¹ Susan Holland, MA, MPS,¹ Angelo Landriscina, BA² and Jennifer Hay, PhD¹. ¹Memorial Sloan-Kettering Cancer Center, New York, NY and ²Albert Einstein College of Medicine of Yeshiva University, Bronx, NY
- 4:57 pm - 5:15 pm **Sun-Protective Behaviors and Perceived UV Risk in Deployed Military Members**
Rena A. Nicholas, PhD, CBSM¹ and Kenney H. Wells, OD². ¹Behavioral Medicine, Wilford Hall Ambulatory Surgical Center, Lackland AFB, TX and ²Optometry, Blanchfield Army Community Hospital, Ft. Campbell, KY
- 3:45 pm – 5:15 pm **Paper Session 17: Post-Traumatic Stress Disorder: Treatments and Symptoms** + (P17)
Continental 07, Ballroom Level
Chair: Kerry E. Evers, PhD, Pro-Change Behavior Systems, Inc., South Kingston, RI
- 3:45 pm - 4:03 pm **Multiple Behavior Change in Veterans With PTSD**
Laurel A. King, PhD,^{1,2} Patricia J. Jordan, PhD,^{2,3} Kerry E. Evers, PhD,⁴ James L. Spira, PhD,¹ Julia M. Whealin, PhD¹ and Patricia H. Castle, PhD⁴. ¹National Center for PTSD, Honolulu, HI; ²VA Pacific Islands Health Care System, Honolulu, HI; ³Pacific Health Research and Education Institute, Honolulu, HI and ⁴Pro-Change Behavior Systems, Kingston, RI
- 4:03 pm - 4:21 pm **Portable Mantram Repetition Improves Spiritual Wellbeing in Veterans with PTSD**
Jill Bormann, PhD, RN^{1,2} and Steven Thorp, PhD^{2,3}. ¹Patient Care Services, VA San Diego Healthcare, San Diego, CA; ²Center of Excellence for Stress and Mental Health (CESAMH), VA San Diego Healthcare, San Diego, CA and ³Psychiatry, UCSD, San Diego, CA

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

4:21 pm - 4:39 pm	A Control Engineering Approach to Scheduling Behavioral Interventions for Posttraumatic Stress Disorder Sarah Noble, PhD. United States Naval Academy, Annapolis, MD
4:39 pm - 4:57 pm	The Role of Health Concerns and Sleep Impairment in Recovery from Posttraumatic Stress Disorder Tara Galovski, PhD and Leah M. Blain, MA. Psychology, University of Missouri St. Louis, St. Louis, MO
4:57 pm - 5:15 pm	Remediating Sleep Impairment in Posttraumatic Stress Disorder: The Additive Benefits of Sleep-directed Hypnosis to Evidence-based Psychological Intervention Tara Galovski, PhD and Leah M. Blain, MA. Psychology, University of Missouri-St. Louis, St. Louis, MO
3:45 pm – 5:15 pm	Paper Session 18: Innovative Technology and Physical Activity Promotion △ (P18) <i>Plaza A, Lobby Level</i> <i>Admission by Name Badge</i> Chairs: Kevin Patrick, MD, MS, University of California-San Diego, La Jolla, CA; and Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ
3:45 pm - 4:03 pm	Can a Tablet-Based Book Club Improve Physical Activity (PA) and Self-Worth (SW) in Women? Diane Ehlers, MA, Jennifer Huberty, PhD, Gerardus de Vreede, PhD and Danae Dinkel, MS, ABD. Health, Physical Education, & Recreation, University of Nebraska-Omaha, Omaha, NE
4:03 pm - 4:21 pm	Efficacy of an Internet-delivered Physical Activity Program Plus Portable Pedal Exercise Machine for Reducing Daily Sedentary Time Lucas J. Carr, PhD ^{1,2} and Mallory Peavler, MS ² . ¹ Health and Human Physiology, University of Iowa, Iowa City, IA and ² Kinesiology, East Carolina University, Greenville, NC
4:21 pm - 4:39 pm	An Adaptive Goal Setting and Feedback Intervention for Physical Activity Marc A. Adams, PhD, MPH, ¹ James Sallis, PhD, ² Greg Norman, PhD, ² Elyse Perata, BA, ² Eric Hekler, PhD ¹ and Melbourne Hovell, PhD ² . ¹ Arizona State University, Phoenix, AZ and ² University of California-San Diego, San Diego, CA
4:39 pm - 4:57 pm	“You are the Weakest Link...”: Motivating Free-Living Physical Activity among College Students Using Virtual Partners Brandon C. Irwin, PhD, ¹ Deborah L. Feltz, PhD ² and Norbert L. Kerr, PhD ³ . ¹ Kinesiology, Kansas State University, Manhattan, KS; ² Kinesiology, Michigan State University, East Lansing, MI and ³ Psychology, Michigan State University, East Lansing, MI
4:57 pm - 5:15 pm	Increasing Engagement in Web-based Interventions using Relational Agents Timothy Bickmore, PhD, Daniel Schulman, MS and Langxuan Yin, MS. Northeastern University, Boston, MA
3:45 pm – 5:15 pm	Paper Session 19: The Built Environment and Physical Activity △ (P19) <i>Continental 08, Ballroom Level</i> <i>Admission by Name Badge</i> Chairs: James Sallis, PhD, University of California-San Diego, San Diego, CA; and Jorge A. Banda, PhD, Stanford University, Stanford, CA
3:45 pm - 4:03 pm	GPS-Measured Time Spent in Vehicle, Neighborhood Walkability and BMI in Adolescents Jordan A. Carlson, MA, ¹ Jacqueline Kerr, PhD, ¹ James F. Sallis, PhD, ¹ Suneeta Godbole, MPH, ¹ Michael Lam, BS, ¹ Brian E. Saelens, PhD, ² Kelli Cain, MA, ¹ Terry L. Conway, PhD, ¹ Lawrence D. Frank, PhD ³ and Glanz Karen, PhD MPH ⁴ . ¹ University of California San Diego, La Jolla, CA; ² Seattle Children’s Hospital, Seattle, WA; ³ University of British Columbia, Vancouver, BC, Canada and ⁴ University of Pennsylvania, Philadelphia, PA
4:03 pm - 4:21 pm	The OPEN Partnership: Observing Park Environments in Nevada Monica A. Lounsbury, PhD ¹ and Thomas L. McKenzie, PhD ² . ¹ University of Nevada-Las Vegas, Las Vegas, NV and ² San Diego State University, San Diego, CA
4:21 pm - 4:39 pm	Lifespace Approaches to Examine Associations Between the Built Environment and Physical Activity Heather A. Starnes, PhD, ¹ Jeffrey S. Wilson, PhD, ² Daniel K. Mroczek, PhD, ³ Meghan H. McDonough, PhD ³ and Philip J. Troped, PhD ³ . ¹ California Polytechnic State University, San Luis Obispo, CA; ² Indiana University - Purdue University Indianapolis, Indianapolis, IN and ³ Purdue University, West Lafayette, IN

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 4:39 pm - 4:57 pm **Adolescents' Sedentary Time in Relation to Neighborhood Walkability & Income**
James F. Sallis, PhD,¹ Terry L. Conway, PhD,¹ Jacqueline Kerr, PhD,¹ Brian E. Saelens, PhD,² Lawrence D. Frank, PhD,^{3,4} Karen Glanz, PhD MPH,⁵ Donald J. Slymen, PhD,⁶ Kelli L. Cain, MA¹ and James E. Chapman, MSCE⁴. ¹Family & Preventive Medicine, University of California-San Diego, San Diego, CA; ²Children's Hospital Seattle, Seattle, WA; ³University of British Columbia, Vancouver, BC, Canada; ⁴Urban Design 4 Health, Seattle, WA; ⁵University of Pennsylvania, Philadelphia, PA and ⁶San Diego State University, San Diego, CA
- 4:57 pm - 5:15 pm **Does More Make More? Single Purpose versus Multi-Purpose Schoolyard Areas and Elementary School Children's Physical Activity**
Mahabub-UI Anwar, MS,¹ Katie Amato, BS,¹ Guangxiang Zhang, PhD,¹ Eve Kutchman, MLA,² Peter Anthamatten, PhD,² Christine A. Schaefer, MS,³ Ray Browning, PhD,³ Lois Brink, MLA,² James Hill, PhD² and Claudio R. Nigg, PhD¹. ¹Public Health Sciences, University of Hawaii, Honolulu, HI; ²University of Colorado, Denver, CO and ³Colorado State University, Fort Collins, CO
- 3:45 pm – 5:15 pm **Paper Session 20: Smoking Cessation Technology + (P20)**
Union Square 15-16, 4th Floor
Admission by Name Badge
Chairs: Jamie S. Ostroff, PhD, Memorial Sloan-Kettering Cancer, New York, NY; and Paul Krebs, PhD, NYU Langone Medical Center, New York, NY
- 3:45 pm - 4:03 pm **Online Intervention Engagement Predicts Smoking Cessation**
Ralf Schwarzer, and Lars Satow, Freie Universitat Berlin, Berlin, Germany
- 4:03 pm - 4:21 pm **Using Technology to Monitor Relapse Risk in Recent Quitters**
Anna M. McDaniel, PhD,¹ Beatriz Carlini, PhD, MPH,^{2,3} Renee M. Stratton, MS,¹ Patrick Monahan, PhD,¹ Timothy Stump, MS¹ and Susan Zbikowski, PhD². ¹Indiana University, Indianapolis, IN; ²Alere Wellbeing, Seattle, WA and ³University of Washington, Seattle, WA
- 4:21 pm - 4:39 pm **A Pilot Study Testing SMS-Text Delivered Scheduled Gradual Reduction to Promote Smoking Cessation and Reduction among Pregnant Smokers**
Kathryn I. Pollak, PhD,^{1,4} Pauline Lyna, MPH,⁴ Alicia Bilheimer, MPH,⁴ David Farrell, MPH,³ Xiaomei Gao, MS,⁴ Geeta K. Swamy, MD² and Laura J. Fish, PhD¹. ¹Community and Family Medicine, Duke University, Durham, NC; ²Obstetrics and Gynecology, Duke University, Durham, NC; ³People Designs, Durham, NC and ⁴Cancer Prevention Detection and Control Research Program, Duke Cancer Institute, Durham, NC
- 4:39 pm - 4:57 pm **An Observational Study of Message Framework among Smoking Cessation Twitter Accounts**
Mary Rocheleau, BSc,¹ Kate Baquis, BS candidate,¹ Hannah Stahl, BS candidate,¹ Rebecca Kinney, MPH,¹ Sherry Pagoto, PhD,² Rajani S. Sadasivam, PhD^{1,3} and Thomas K. Houston, MD, MPH^{1,3}. ¹Quantitative Health Sciences, University of Massachusetts Medical School, Worcester, MA; ²Preventive and Behavioral Medicine, University of Massachusetts Medical School, Worcester, MA and ³VA eHealth Quality Enhancement Research Initiative, Bedford VAMC, Bedford, MA
- 4:57 pm - 5:15 pm **Interactive Voice Response Systems: Hidden Complexities of Utilization**
Lisa A. Waiwai, MS,¹ Jeffrey L. Fellows, PhD,¹ Renee M. Stratton, MS CCRP,² Susan M. Zbikowski, PhD,³ Beatriz H. Carlini, PhD MPH³ and Anna M. McDaniel, PhD RN FAAN². ¹Kaiser Permanente Center for Health Research, Portland, OR; ²Indiana University, Indianapolis, IN; and ³Alere Wellbeing, Seattle, WA
- 3:45 pm – 5:15 pm **Paper Session 21: Adherence and HIV/AIDS Management △ (P21)**
Continental 03, Ballroom Level
Admission by Name Badge
Chairs: Kathy J. Goggin, PhD, University of Missouri, Kansas City, MO; and Sofie L. Champassak, University of Missouri, Kansas City, MO
- 3:45 pm - 4:03 pm **Process Analysis of a Bidirectional Personalized Text Messaging Adherence Intervention for Rural HIV+ Drug Users**
Karen S. Ingersoll, PhD,¹ Rebecca Dillingham, MD,¹ George Reynolds, BS,² Jennifer Hetteema, PhD,¹ Jason Freeman, PhD,¹ Avi Hosseinbor, BS¹ and Chris Winstead-Derlega, BS¹. ¹School of Medicine, University of Virginia, Charlottesville, VA and ²Health Decision Technologies, Charlottesville, VA

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

- 4:03 pm - 4:21 pm **Medication Use, Adherence and Condom Use in HIV-Seroconcordant Couples**
Deborah Jones, PhD,¹ Szonja Vamos, MS,¹ Ryan Cook, BA,¹ Ndashi Chitalu, MD² and Stephen M. Weiss, PhD, MPH¹.
¹Miller School of Medicine, University of Miami, Miami, FL and ²School of Medicine, University of Zambia, Lusaka, Zambia
- 4:21 pm - 4:39 pm **Testing the IMB Model of HAART Adherence with Moderating Factors**
Howard Newville, PhD, Mallory O. Johnson, PhD, Kevin L. Delucchi, PhD and James L. Sorensen, PhD. University of California-San Francisco, San Francisco, CA
- 4:39 pm - 4:57 pm **Risk and Protective Factors for Retention in HIV Care**
Drenna Waldrop-Valverde, PhD,¹ Ying Guo, PhD,¹ Raymond L. Ownby, MD, PhD,² Allan Rodriguez, MD³ and Deborah L. Jones, PhD³. ¹Emory University, Atlanta, GA; ²Nova Southeastern University, Fort Lauderdale, FL and ³University of Miami, Miller School of Medicine, Miami, FL
- 4:57 pm - 5:15 pm **Individualized Texting for Adherence Building (iTAB) Improves Antiretroviral Dose Timing among HIV+ Persons with Bipolar Disorder**
David J. Moore, PhD,¹ Jessica Montoya, BA,² Amelia Poquette, BA,¹ Ben Gouaux, BA,¹ Kaitlin Blackstone, BA,² Colin A. Depp, PhD^{1,3} and J. Hampton Atkinson, MD^{1,3}. ¹Psychiatry, University of California-San Diego, San Diego, CA; ²SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA and ³VASDHS, San Diego, CA
- 3:45 pm – 5:15 pm **Paper Session 22: Familial Influences on Physical Activity** △ (P22)
Union Square 22, 4th Floor
Admission by Name Badge
Chairs: Diane K. King, PhD, University of Alaska, Anchorage, AK; and Kaitlyn Amato, MPH, University of Hawaii, Honolulu, HI
- 3:45 pm - 4:03 pm **Parental Correlates in Child and Adolescent Physical Activity: A Meta-Analysis**
Christopher A. Yao, MSc, Behavioral Medicine and Ryan E. Rhodes, PhD. Exercise Science, Health and Physical Education, University of Victoria, Victoria, BC, Canada
- 4:03 pm - 4:21 pm **Understanding the Link Between Parent and Child Physical Activity Levels: The Role of Parental Influences**
Anuja Shah, Bachelor's Candidate, Eleanor Tate, MA, Yue Liao, MPH, Mary Ann Pentz, PhD, and Genevieve Dunton, PhD, MPH. University of Southern California, Los Angeles, CA
- 4:21 pm - 4:39 pm **Physical Activity and Sedentary Behavior Trajectories across 12 Months in Cohort Samples of Couples without Children, and Expectant Parents**
Ryan E. Rhodes, PhD,¹ Chris M. Blanchard, PhD,² Cecilia Benoit, PhD,¹ Ryna Levy-Milne, PhD,³ Patti-Jean Naylor, PhD,¹ Danielle Symons Downs, PhD,⁵ and Darren Warburton, PhD⁴. ¹University of Victoria, Victoria, BC, Canada; ²Dalhousie University, Halifax, NS, Canada; ³BC Cancer Agency, Vancouver, BC, Canada; ⁴University of British Columbia, Vancouver, BC, Canada and ⁵The Pennsylvania State University, State College, PA
- 4:39 pm - 4:57 pm **Effect of Children in the Home on Exercise Barriers, Physical Activity and Weight Loss in A Behavioral Weight Loss Intervention**
Brooke T. Nezami, MA,¹ Deborah F. Tate, PhD,¹ Wei Lang, PhD,² Kristen Polzien, PhD,¹ Karen E. Erickson, MPH, RD,¹ Kelliann K. Davis, PhD,³ Amy D. Rickman, PhD³ and John M. Jakicic, PhD³. ¹University of North Carolina-Chapel Hill, Chapel Hill, NC; ²Wake Forest University School of Medicine, Winston-Salem, NC; and ³University of Pittsburgh, Pittsburgh, PA
- 4:57 pm - 5:15 pm **Spouse Outcomes from a Spouse-Assisted Intervention to Lower Patient Cholesterol**
Heather A. King, PhD,¹ Cynthia J. Coffman, PhD,^{1,2} Megan McVay, PhD^{1,2}, and Corrine I. Voils, PhD^{1,2}. ¹Durham VA Medical Center, Durham, NC and ²Duke University, Durham, NC

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

3:45 pm – 5:15 pm	<p>Paper Session 23: Social and Environmental Influences on Obesity + (P23)</p> <p><i>Continental 02, Ballroom Level</i> <i>Admission by Name Badge</i></p> <p>Chairs: Michaela Kiernan, PhD, Stanford University School of Medicine, Stanford, CA; and Karly S. Geller, PhD, Miami University, Oxford University, OH</p>
3:45 pm - 4:03 pm	<p>Impact of Food Prices on Consumer Demand: Differences Across Income Levels and Ethnic Groups in New Zealand</p> <p>Cliona Ni Mhurchu, PhD,¹ Helen Eyles, PhD,¹ Chris Schilling, MSc (Economics),² Qing Yang, PhD,² Murat Genc, PhD,³ Bill Kaye-Blake, PhD², and Tony Blakely, PhD⁴. ¹National Institute for Health Innovation, University of Auckland, Auckland, New Zealand; ²New Zealand Institute for Economic Research, Wellington, New Zealand; ³Department of Economics, University of Otago, Dunedin, New Zealand and ⁴Department of Public Health, University of Otago, Wellington, New Zealand</p>
4:03 pm - 4:21 pm	<p>Weight Discrimination Is Associated With Obesity Over Four Years</p> <p>Angelina R. Sutin, PhD and Antonio Terracciano, PhD. Florida State University College of Medicine, Tallahassee, FL</p>
4:21 pm - 4:39 pm	<p>Differences in Perceived Weight Discrimination by Race, Sex, and Weight Status</p> <p>Gareth R. Dutton, PhD,¹ Tene Lewis, PhD,² Nefertiti Durant, MD,¹ Jewell Halanych, MD,¹ Catarina Kiefe, MD, PhD,³ Stephen Sidney, MD⁴, and Cora Lewis, MD¹. ¹Preventive Medicine, University of Alabama at Birmingham, Birmingham, AL; ²Emory University, Atlanta, GA; ³University of Massachusetts Medical School, Worcester, MA and ⁴Kaiser Permanente, Oakland, CA</p>
4:39 pm - 4:57 pm	<p>Poor Kids, Rich Kids: Obesity-Related Behaviors during Summer Break by Income</p> <p>Claire Wang, MD, ScD, Amber Hsiao, MPH, and Seanna Vine, BS. Health Policy & Management, Columbia University Mailman School of Public Health, New York, NY</p>
4:57 pm - 5:15 pm	<p>Neighborhood Deprivation and the Retail Food Environment in a US-Mexico Border Urban Area</p> <p>Teresa M. Anchondo, MPH, and Joseph Tomaka, PhD. College of Health Sciences, University of Texas at El Paso, El Paso, TX</p>
3:45 pm – 5:15 pm	<p>Paper Session 24: Consumer Health Communication ● (P24)</p> <p><i>Continental 09, Ballroom Level</i> <i>Admission by Name Badge</i></p> <p>Chairs: Marc T. Kiviniemi, PhD, University at Buffalo, SUNY, Buffalo, NY; and Christine M. Rini, PhD, University of North Carolina-Chapel Hill, Chapel Hill, NC</p>
3:45 pm - 4:03 pm	<p>Reducing Information Avoidance</p> <p>Jennifer Howell, MS and James Shepperd, PhD. Florida, Gainesville, FL</p>
4:03 pm - 4:21 pm	<p>Personal Health Record Adoption Varies by Diagnosis: The VA Experience</p> <p>Stephanie L. Shimada, PhD,^{1,2} Cynthia A. Brandt, MD, MPH,^{3,4} Ann Quill, MA,¹ D Keith McInnes, ScD,^{1,2} Jim Rothendler, MD^{1,2} and Thomas K. Houston, MD, MPH^{1,5}. ¹VA eHealth QUERI, Bedford, MA; ²Boston University School of Public Health, Boston, MA; ³Department of Veterans' Affairs, West Haven, CT; ⁴Yale University School of Medicine, New Haven, CT and ⁵University of Massachusetts Medical School, Worcester, MA</p>
4:21 pm - 4:39 pm	<p>A Conceptual Framework for the Design of Consumer Health Informatics Applications</p> <p>Bryan Gibson, DPT, PhD,^{1,2} Charlene Weir, RN, PhD^{1,2} and Jorie Butler, PhD^{1,2}. ¹University of Utah, Salt Lake City, UT and ²VA Salt Lake City Healthcare System, Salt Lake City, UT</p>
4:39 pm - 4:57 pm	<p>Patient Centered Prescription Labeling: Functional Understanding and Adherence Results from a Randomized Controlled Trial</p> <p>Anjali U. Pandit, MPH, MS,^{1,2} Michael S. Wolf, PhD, MPH,^{1,2} Ruth M. Parker, MD,³ Terry C. Davis, PhD⁴ and Stacy C. Bailey, PhD, MPH^{1,2}. ¹General Internal Medicine, Northwestern University, Chicago, IL; ²Health Literacy and Learning Program, Northwestern University, Chicago, IL; ³Division of General Medicine, Emory University, Atlanta, GA and ⁴Department of Medicine and Pediatrics, Louisiana State University, Shreveport, LA</p>
4:57 pm - 5:15 pm	<p>Looking Good vs. Feeling Good: An Examination of Attention Towards Health- and Appearance- Related Physical Activity Advertisements</p> <p>Erin Berenbaum, MSc, and Amy E. Latimer-Cheung, PhD. School of Kinesiology and Health Studies, Queen's University, Ontario, ON, Canada</p>

SCIENTIFIC SESSIONS – FRIDAY, MARCH 22, 2013

5:30 pm – 6:30 pm

Keynote Address (KA04):

"Take a Hike: Exercise, Brain & Cognition" △

Continental 04-06, Ballroom Level

Admission by Name Badge

Arthur F. Kramer, PhD

Director, Beckman Institute for Advanced Science & Technology; Swanlund Chair and Professor, Psychology and Neuroscience, University of Illinois

Moderator: Edward McAuley, PhD, University of Illinois at Urbana-Champaign, Urbana, IL

Populations throughout the industrialized world are becoming increasingly sedentary as a result of the changing nature of work and leisure activities. As a result of these societal changes increases in diseases such as hypertension, diabetes, osteoporosis, and forms of cancer are increasing. Physical activity serves to reduce susceptibility to these diseases. However, increased physical activity also has direct, and relatively rapid effects on cognition and brain health. Such results have now been reported, over the course of several decades, in animal studies of physical activity.

In my presentation I will review research conducted in our laboratory, and the field in general, which has examined the extent to which fitness training and physical activity enhances cognition and brain structure and function of older adults. The presentation will cover both cross-sectional and intervention studies of fitness differences and fitness and physical activity training. Studies which assess cognition via both behavioral measures and non-invasive neuroimaging measures, such as magnetic resonance imaging, functional magnetic resonance imaging, event-related brain potentials, and the event-related optical signal, will be reviewed and discussed. Finally, I will explore the gaps in the human and animal literature on cognitive and brain health and the manner in which they can be addressed in future research.



6:30 pm – 8:00 pm

Poster Session C*

Admission by Name Badge

Golden Gate Rooms, Lobby Level

It's Friday night and we've got a poster session that is going to set the stage for a wonderful night on the town. Before you go out – be sure to stop by the poster session – enjoy complimentary hors d'oeuvres while you peruse the posters. Make the poster hall the meeting spot for your going out party!

7:00 pm – 9:00 pm

Dinner with an Expert*

Reservation forms are online at sbm.org or posted onsite at the meeting on the Announcements Bulletin board near the Registration Desk.

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

- 6:30 am – 7:30 am **Fun Run/Walk***
 Better Health Through Behavior Change begins with you! Show off your athletic prowess by participating in the Fun Run/Walk! All runners and walkers are to meet near the concierge desk at 6:15 am. The run starts at 6:30 am sharp.
- 7:00 am – 11:00 am **Registration Desk Open**
 East Lounge (Continental 04-06), Ballroom Level
- 7:30 am – 8:30 am **SBM Business Meeting***
 Plaza A, Lobby Level
 Breakfast will be served
 Call to Order
 Alan J. Christensen, PhD – President
 Secretary-Treasurer's Report
 Michael A. Diefenbach, PhD - Secretary-Treasurer
 Corporations By-Laws Amendment Vote
 Michael A. Diefenbach, PhD - Secretary-Treasurer
 Membership Council Report
 Brent Van Dorsten, PhD - Chair, Membership Council
 2013 Annual Meeting Report
 Margaret L. Schneider, PhD – Chair, Program Committee
 President's Report
 Alan J. Christensen, PhD – President
 Nominating Committee Report/ Election Results
 Abby C. King, PhD - Chair, Nominating Committee
 Results of By-Laws Amendment Vote
 Michael A. Diefenbach, PhD - Secretary-Treasurer
 Transition of the Presidency
 Alan J. Christensen, PhD and Dawn K. Wilson, PhD
 Plans for 2013-2014
 Dawn K. Wilson, PhD – President
 Business Meeting Adjournment
- 8:45 am – 10:15 am **Paper Session 25: Breast Cancer Risk and Screening + (P25)**
 Union Square 19-20, 4th Floor
 Admission by Name Badge
 Chairs: Marc D. Schwartz, PhD, Lombardi Comprehensive Cancer Center, Washington, DC; and Camonia R. Long, PhD, CHES, University of Hawaii, Honolulu, HI
- 8:45 am – 9:03 am **Contextual Determinants of Mammography Use among Poor and Racial/Ethnic Minority Women**
 Kassandra I. Alcaraz, PhD, MPH¹ and Matthew W. Kreuter, PhD, MPH². ¹Behavioral Research Center, American Cancer Society, Atlanta, GA and ²Health Communication Research Laboratory, Washington University in St. Louis, St. Louis, MO
- 9:03 am – 9:21 am **Women's Awareness of Mammographic Breast Density as a Breast Cancer Risk Factor**
 Suzanne O'Neill, PhD, Nadiyah Sulayman, BA, Elizabeth Spellman, BA, Kara Grace Leventhal, BS and Marie Scarles, BA. Oncology, Georgetown University, Washington, DC
- 9:21 am – 9:39 am **Mammographic Breast Density as a Breast Cancer Risk Factor: Implications for Intervention**
 Suzanne O'Neill, PhD, Nadiyah Sulayman, BA, Elizabeth Spellman, BA, Kara Grace Leventhal, BS and Marie Scarles, BA. Georgetown University, Washington, DC

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

- 9:39 am - 9:57 am **Abnormal Mammogram Results among Latinas and White Women: What are Differences in the Healthcare Experience?**
Yamile Molina, PhD,^{1,2} Linda K. Ko, PhD,^{1,3} Beti Thompson, PhD^{1,3} and Shirley A. A. Beresford, PhD^{3,1}. ¹Public Health Sciences, Cancer Prevention, Fred Hutchinson Cancer Research Center, Seattle, WA; ²Epidemiology & Biostatistics, University of Illinois-Chicago, Chicago, IL and ³University of Washington, Seattle, WA
- 9:57 am - 10:15 am **Intrusive Thoughts about Breast Cancer in Healthy Women are Associated with Higher Perceptions of Future Risk of Developing the Disease, As Well As with Past Experience with the Disease in Close Relatives**
Dana H. Bovbjerg, PhD, Shane Belin, BA, Thomas W. Kamarck, PhD, Jessica Manculich, MA, Anna L. Marsland, PhD and Luke Neal, BA. University of Pittsburgh Cancer Institute, University of Pittsburgh, Pittsburgh, PA
- 8:45 am – 10:15 am **Paper Session 26: Mobile and Telephone Technology for Cardiovascular Health + (P26)**
Plaza A, Lobby Level
Admission by Name Badge
Chairs: Timothy Bickmore, PhD, Northeastern University, Boston, MA; and Beth C. Bock, PhD, The Miriam Hospital, Providence, RI
- 8:45 am - 9:03 am **When Behavioral Science and User-Centered Design Collide: Building and Testing an Online Intervention for Persons with Coronary Artery Disease**
Catherine D. Serio, PhD, Christine G. Calhoun, MPH, and Becky Reed, BS. Healthwise, Boise, ID
- 9:03 am - 9:21 am **Smartphone Medication Adherence Stops Hypertension (SMASH) Among Hispanics**
Mathew J. Gregoski, PhD, Deborah Williamson, DHA, Judith Rundbaken, Lydia Davidson, BS, Eveline Treiber, BS, Romina McCandless and Frank Treiber, PhD. College of Nursing, Medical University of South Carolina, Charleston, SC
- 9:21 am - 9:39 am **mHealth Intervention to Improve Medication Adherence in Heart Failure: Promises and Pitfalls**
Carly M. Goldstein, BA,^{1,2} Emily C. Gathright, BA,^{1,2} Anthony Sterns, PhD,^{1,3} John Gunstad, PhD,^{1,2} Joseph D. Redle, MD,² Matthew Carr, MA,⁴ Mary Dolansky, RN, PhD,⁵ Richard Josephson, MD^{1,5} and Joel W. Hughes, PhD^{1,2}. ¹Psychology, Kent State University, Kent, OH; ²Summa Health System, Akron, OH; ³Creative Action, LLC, Akron, OH; ⁴University of Notre Dame, Notre Dame, IN and ⁵Case Western Reserve University, Cleveland, OH
- 9:39 am - 9:57 am **Heart Exercise and Remote Technologies (HEART): Perceptions of a mHealth Exercise-Based Cardiac Rehabilitation Intervention**
Leila Pfaeffli, MA, Ralph Maddison, PhD, Robyn Whittaker, MBChB, MPH, PhD, Ralph Stewart, MBChB, MD, Andrew Kerr, MBChB, Yannan Jiang, PhD, Geoff Kira, PhD and Karen Carter, BSc. University of Auckland, Auckland, New Zealand
- 9:57 am - 10:15 am **Phone-Delivered Mindfulness Training for Patients with Implantable Cardioverter Defibrillators (ICDs): Results of a Pilot Randomized Controlled Trial**
Elena Salmoirago-Blotcher, MD, PhD,¹ James Carmody, PhD,¹ Sybil Crawford, PhD,¹ Lawrence Rosenthal, MD, PhD,¹ Gloria Yeh, MD, MPH² and Ira Ockene, MD¹. ¹Medicine, University of Massachusetts Medical School, Worcester, MA and ²Harvard Medical School, Boston, MA
- 8:45 am – 10:15 am **Paper Session 27: Impact of Novel Obesity Intervention Studies △ (P27)**
Plaza B, Lobby Level
Admission by Name Badge
Chairs: Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC; and Susan M. Schembre, PhD, RD, The University of Texas MD Anderson Cancer Center, Houston, TX
- 8:45 am - 9:03 am **Utilization and Outcomes of a Low Intensity Phone and Web-Based Workplace Weight Loss Program**
Kelly Carpenter, PhD,¹ Jennifer Lovejoy, PhD,^{1,2} Jenny Hapgood, ScM,¹ Jane Lange, MS² and Anna Korpak, MS². ¹Research, Alere Wellbeing, Seattle, WA and ²University of Washington, Seattle, WA
- 9:03 am - 9:21 am **Sino-US Cooperation in Weight Loss: An Intervention Using SMS Among Chinese Adults in Beijing**
Erica Levine, BA,¹ Pao-Hwa Lin, PhD,¹ Yanfang Wang, MD, PhD, MHSc,² Sandy Askew, MA,¹ Shenting Lin, MD² and Gary Bennett, PhD¹. ¹Global Health Institute, Duke University, Durham, NC and ²Clinical Research Institute, Peking University, Beijing, China

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

- 9:21 am - 9:39 am **Treatment of Binge Eating Disorder in Ethnically Diverse Obese Patients in Primary Care**
Carlos M. Grilo, PhD. Psychiatry, Yale University, New Haven, CT
- 9:39 am - 9:57 am **Daily Self-Weighing Does Not Cause Adverse Psychological Outcomes among Overweight Adults: Results from a Randomized Controlled Trial**
Dori M. Steinberg, PhD, RD,^{1,2} Deborah F. Tate, PhD,^{1,3} Gary G. Bennett, PhD,² Susan Ennett, PhD,³ Carmen Samuel-Hodge, PhD, RD¹ and Dianne S. Ward, EdD¹. ¹Nutrition, University of North Carolina-Chapel Hill, Chapel Hill, NC; ²Duke Global Health Institute, Duke University, Durham, NC and ³Health Behavior, University of North Carolina-Chapel Hill, Chapel Hill, NC
- 9:57 am - 10:15 am **Outcomes from Mind Your Health I and II: Randomized Controlled Trials of an Innovative Acceptance-Based Behavioral Treatment for Obesity**
Evan M. Forman, PhD, Meghan L. Butryn, PhD, Lauren E. Bradley, BS, Adrienne S. Juarascio, PhD, Michael R. Lowe, PhD and James D. Herbert, PhD. Psychology, Drexel University, Philadelphia, PA
- 8:45 am – 10:15 am **Paper Session 28: Innovative Studies of Psychosocial Influences on Physical Activity** △ (P28)
Continental 08, Ballroom Level
Admission by Name Badge
Chairs: Abby C. King, PhD, Stanford University Medical School, Stanford, CA; and David X. Marquez, PhD, University of Illinois at Chicago, Chicago, IL
- 8:45 am - 9:03 am **Habits Predict Physical Activity on Days When Intentions Are Low**
Amanda L. Hyde, MS,¹ Shawna E. Doerksen, PhD,² Steriani Elavsky, PhD,¹ Jaclyn P. Maher, MS¹ and David E. Conroy, PhD¹. ¹Kinesiology, Pennsylvania State University, University Park, PA and ²Recreation, Park, & Tourism Management, Pennsylvania State University, University Park, PA
- 9:03 am - 9:21 am **Autonomy Mediates the Relationship between Personality and Physical Activity: An Application of Self-Determination Theory**
Eric Hall, PhD,¹ Meredith Ramsey, BS¹ and Katherine Hall, PhD². ¹Exercise Science, Elon University, Elon, NC and ²Veterans Health Administration, Durham, NC
- 9:21 am - 9:39 am **Longitudinal Change in Physical Activity and Self-Efficacy as a Determinant in Relapsing-Remitting Multiple Sclerosis**
Robert Motl, PhD, Edward McAuley, PhD and Brian M. Sandroff, MS. Kinesiology and Community Health, University of Illinois at Urbana-Champaign, Urbana, IL
- 9:39 am - 9:57 am **Relationships between Physical Activity and the Mean and Variability in Repeatedly-Measured Behavioral Cognition Variables**
Trevor A. Pickering, MS,¹ Jimi Huh, PhD,¹ Stephen Intille, PhD² and Genevieve Dunton, PhD¹. ¹Preventive Medicine, University of Southern California, Los Angeles, CA and ²Department of Health Sciences, Northeastern University, Boston, MA
- 9:57 am - 10:15 am **Exploring Mediators of Physical Activity in Young Adult Cancer Survivors: Evidence from the Fostering Improvement through Networking and Exercising Together Study**
Carmina G. Valle, PhD, MPH,^{1,3} Deborah F. Tate, PhD,^{1,3} Deborah K. Mayer, RN, AOCN, FAAN,^{2,3} Marlyn Allicock, PhD, MPH^{1,3} and Jianwen Cai, PhD¹. ¹Gillings School of Global Public Health, University of North Carolina at Chapel Hill, Chapel Hill, NC; ²School of Nursing, University of North Carolina at Chapel Hill, Chapel Hill, NC and ³Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill, Chapel Hill, NC
- 8:45 am – 10:15 am **Paper Session 29: HIV/AIDS Testing and Prevention** △ (P29)
Continental 01, Ballroom Level
Admission by Name Badge
Chairs: Michelle Broaddus, PhD, Center for AIDS Intervention Research, Milwaukee, WI; and Travis I. Lovejoy, PhD, MPH, Portland Veterans Affairs Medical Center, Portland, OR
- 8:45 am - 9:03 am **Bridging Barriers to Clinic-Based HIV/STI Testing With New Technology: At Home Testing for Youth**
M. M. Dolcini, PhD,¹ D. P. Dowhower, MS, MPH,¹ L. G. Dolcini-Catania¹ S. L. Towner, MS,¹ G. W. Harper, MPH, PhD² and J. A. Catania, PhD¹. ¹College of Public Health and Human Sciences, Oregon State University, Corvallis, OR and ²School of Public Health, University of Michigan, Ann Arbor, MI

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

9:03 am - 9:21 am	<p>Baseline Predictors of Retention in an HIV/STD Risk-Reduction Intervention for African American Female Adolescents Over 24 Months Jennifer L. Brown, PhD, Andrea L. Swartzendruber, PhD, Jessica M. Sales, PhD, Teaniese L. Davis, PhD, Eve S. Rose, MSPH and Ralph J. DiClemente, PhD. Emory University, Atlanta, GA</p>
9:21 am - 9:39 am	<p>Computer-Based Video to Increase HIV Testing among Patients Who Initially Decline Ian D. Aronson, PhD,¹ Lisa Marsch, PhD,² Juline Koken, PhD,¹ Sonali Rajan, EdD,³ Madia Tariq, BA,⁴ Kate Haley, BA⁴ and Theodore C. Bania, MD^{4,3}. ¹NDRI, New York, NY; ²Dartmouth College, Lebanon, NH; ³Columbia University, New York, NY and ⁴St. Luke's-Roosevelt Hospital, New York, NY</p>
9:39 am - 9:57 am	<p>Reaching a Mobile Target: Using Probability Sampling and Heckman-Type Selection Models to Estimate HIV Risk among Mexican Migrants Xiao Zhang, MSc,¹ Ana P. Martinez-Donate, PhD,¹ Melbourne F. Hovell, PhD,² Maria Gudelia Rangel, PhD,³ Carol L. Sipan, PhD,⁵ Carlos Magis-Rodriguez, PhD⁴ and Eduardo Gonzalez-Fagoaga, PhD³. ¹Population Health Sciences, University of Wisconsin, Madison, WI; ²Graduate School of Public Health, San Diego State University, San Diego, CA; ³El Colegio de la Frontera Norte, Tijuana, Mexico; ⁴Centro de Investigaciones en Infecciones de Transmision Sexual, Programa de VIH y SIDA de la Ciudad de Mexico, Tijuana, Mexico and ⁵University of California-Merced, Merced, CA</p>
9:57 am - 10:15 am	<p>When Is It True That If You Build It, They Will Come? Lessons about Voluntary Engagement with Technology-Based Interventions from a Safer-Sex Video Game for a Hard-To-Reach Population Leslie B. Snyder, PhD and Kirstie Cope Farrar, PhD. Communication, University of Connecticut, Storrs, CT</p>
8:45 am – 10:15 am	<p>Paper Session 30: Yoga and Tai Chi Interventions Δ (P30) <i>Continental Q2, Ballroom Level</i> <i>Admission by Name Badge</i> Chairs: Karen M. Mustian, PhD, University of Rochester School of Medicine, Rochester, NY</p>
8:45 am - 9:03 am	<p>Affect and Mindfulness as Moderators of Change in Mood Disturbance, Stress Symptoms and Quality of Life in a Community-Based Yoga for Cancer Survivors Program: A Longitudinal Multilevel Modeling Approach Michael J. Mackenzie, MSc and Nicole Culos-Reed, PhD. Kinesiology, University of Calgary, Calgary, AB, Canada</p>
9:03 am - 9:21 am	<p>YOCAS[®] Yoga For Aromatase Inhibitor-Related Toxicities in Breast Cancer Patients: A URCC CCOP Randomized, Controlled Clinical Trial Luke J. Peppone, PhD,¹ Michelle Janelins, PhD,¹ Jeffrey Kirshner, MD,⁴ James Atkins, MD,² Rakesh Gaur, MD, MPH,³ Pavan Reddy, MD⁵ and Karen Mustian, PhD, MPH¹. ¹University of Rochester, Rochester, NY; ²SCCC CCOP, Winston-Salem, NC; ³Kansas City CCOP, Kansas City, MO; ⁴Hem Onc CNY CCOP, Syracuse, NY and ⁵Wichita CCOP, Wichita, KS</p>
9:21 am - 9:39 am	<p>YOCAS[®] Yoga Improves Memory: A Randomized Clinical Trial Among 358 Cancer Survivors Michelle C. Janelins, PhD,¹ Charles E. Heckler, PhD,¹ Kavita Chandwani, PhD,¹ Luke J. Peppone, PhD,¹ James N. Atkins, MD,² Marianne K. Melnik, MD,³ Jeffrey Giguere, MD,⁴ Bart A. Frizzell, MD,² Gary R. Morrow, PhD¹ and Karen M. Mustian, PhD¹. ¹University of Rochester, Rochester, NY; ²SCCC CCOP, Winston-Salem, NC; ³Grand Rapids CCOP, Grand Rapids, MI and ⁴Greenville CCOP, Greenville, SC</p>
9:39 am - 9:57 am	<p>Yoga Practice Improves Attention in Older Adults: Preliminary Results from a Pilot RCT Neha P. Gothe, MA and Edward McAuley, PhD. Kinesiology, University of Illinois at Urbana Champaign, Urbana, IL</p>
9:57 am - 10:15 am	<p>Physical Activity & Quality of Life Associations with Telomere Length among Senior Female Cancer Survivors Enrolled in a Tai Chi Chih Trial Rebecca Campo, PhD,¹ Kathleen O'Connor, MS,¹ Kathleen Light, PhD,² Yoshio Nakamura, PhD,² David Lipschitz, PhD,² Paul LaStayo, PhD, PT,² Neeraj Agarwal, MD³ and Anita Kinney, PhD^{1,2}. ¹Cancer Control & Population Sciences, Huntsman Cancer Institute, University of Utah, Salt Lake City, UT; ²School of Medicine and College of Health, University of Utah, Salt Lake City, UT and ³Department of Oncological Sciences, Huntsman Cancer Institute, University of Utah, Salt Lake City, UT</p>

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

- 8:45 am – 10:15 am **Paper Session 31: Solid Organ Transplantation: Behavioral and Psychosocial Issues** △ (P31)
Continental 09, Ballroom Level
Admission by Name Badge
 Chairs: James A. Blumenthal, PhD, Duke University Medical Center, Durham, NC; and Patrick J. Smith, PhD, Duke University Medical Center, Durham, NC
- 8:45 am – 9:03 am **Stanford Integrated Psychosocial Assessment for Transplantation (SIPAT) - A New Scale to Predict Psychosocial & Medical Outcomes in Organ Transplant Candidates**
 Jose R. Maldonado, MD, FAPM, FACFE, Yelizaveta Sher, MD, Sermsak Lolak, MD, Danica Skibola, MD, Catherine Sullivan, MD, Kim Standridge, BS and Evonne David, BS. Psychosomatic Medicine Service, Stanford University, Stanford, CA
- 9:03 am – 9:21 am **Clinical Outcomes and Quality of Life in Recipients of Livers Donated After Cardiac Death**
 Neehar Parikh, MD, Anton Skaro, MD, PhD, Daniela Ladner, MD, MPH, Amna Daud, MD, MPH, Michael Abecassis, MD, MBA and Zeeshan Butt, PhD. Northwestern University, Chicago, IL
- 9:21 am – 9:39 am **Living Donation Education for African American End-Stage Renal Disease Patients**
 C. Lamonte Powell, PhD, MPH,¹ Kimberly R. Jacob Arriola, PhD, MPH,¹ Jennie P. Perryman, PhD, RN² and Nancy J. Thompson, PhD,¹. ¹Behavioral Sciences and Health Education, Emory University, Atlanta, GA and ²Emory Transplant Center, Emory Healthcare, Atlanta, GA
- 9:39 am – 9:57 am **Factors Associated with Adoption of Pocket PATH®: Personal Assistant for Tracking Health**
 Yun Jiang, BSN, MS, RN, Jill Aubrecht, MSN, RN, Mary Connolly, BSN, RN and Annette DeVito Dabbs, PhD, RN. University of Pittsburgh, Pittsburgh, PA
- 9:57 am – 10:15 am **Neurobehavioral Functioning and Survival following Lung Transplantation**
 Patrick J. Smith, PhD,^{1,3} James A. Blumenthal, PhD,¹ Kenneth Freedland, PhD,² Robert Carney, PhD,² Todd A. Schwartz, DrPH,³ Benson M. Hoffman, PhD,¹ Gary Koch, PhD,³ C. Virginia F. O'Hayer, PhD,¹ Elbert Trulock, MD,² R. D. Davis, MD⁵ and Scott Palmer, MD⁴. ¹Psychiatry and Behavioral Sciences, Duke University, Durham, NC; ²School of Medicine, Washington University, St. Louis, MO; ³Biostatistics, University of North Carolina-Chapel Hill, NC; ⁴Medicine, Duke University Medical Center, Durham, NC and ⁵Surgery, Duke University Medical Center, Durham, NC
- 8:45 am – 10:15 am **Paper Session 32: Sociocultural Factors and Smoking** △ (P32)
Union Square 22, 4th Floor
Admission by Name Badge
 Chairs: Robert West, PhD, University College London, London; UK; and Lara K. Dhingra, PhD, Beth Israel Medical Center, New York
- 8:45 am – 9:03 am **Cigarette Smoking Disparities among Sexual Minority Cancer Survivors**
 Charles S. Kamen, PhD, John Blosnich, PhD, Lara Treviño, PhD, Megan Lytle, PhD and Gary Morrow, PhD. University of Rochester, Rochester, NY
- 9:03 am – 9:21 am **Micro-Cultural Differences in the Relationship Between Social Isolation and Smoking Behavior in Switzerland**
 Nicola Diviani, PhD and Peter J. Schulz, PhD. Institute of Communication and Health, Università della Svizzera italiana, Lugano, Switzerland
- 9:21 am – 9:39 am **Mobilizing Smokers and Their Families to Promote Smoking Cessation in Chinese and Vietnamese Men: A Pilot Study**
 Janice Tsoh, PhD,^{1,6} Ching Wong, BS,^{2,6} Khanh Le, MD, MPH,^{2,6} Ginny Gildengorin, PhD,^{2,6} Anthony Nguyen, Dipl,^{4,1} Joanne Chen, BA,⁵ Icarus Tsang, MS,^{1,3} Angela Sun, PhD,⁵ Nancy J. Burke, PhD,³ Tung T. Nguyen, MD^{2,6} and Stephen J. McPhee, MD^{2,6}. ¹Psychiatry, University of California-San Francisco, San Francisco, CA; ²Medicine, University of California-San Francisco, San Francisco, CA; ³Anthropology, History, and Social Medicine, University of California-San Francisco, San Francisco, CA; ⁴Southeast Asian Community Center (SEACC), San Francisco, CA; ⁵Chinese Community Health Resource Center (CCHRC), San Francisco, CA and ⁶UCSF Vietnamese Community Health Promotion Project (VCHPP), San Francisco, CA

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

- 9:39 am - 9:57 am **Cigarette Smoking and Depressive Symptoms among Hispanic Adults**
Frank Bandiera, MPH, PhD,^{1,3} William Arguelles, PhD,² Marc Gellman, PhD,² David Lee, PhD³ and Neil Schneiderman, PhD². ¹Center for Tobacco Control Research and Education, University of California-San Francisco, San Francisco, CA; ²Department of Psychology, University of Miami, Miami, FL and ³Department of Epidemiology & Public Health, University of Miami, Miami, FL
- 9:57 am - 10:15 am **Differences Between Intermittent And Daily Light Smokers in a Predominantly Hispanic Sample**
Amy S. Farrell, MA,¹ Mosi Dane'el, BA,² Ishmael Lopez, NA,² Dessaray Gorbett, NA,² José Cabriaes, MA² and Theodore V. Cooper, PhD². ¹Psychology, University of Memphis, Memphis, TN and ²Psychology, University of Texas at El Paso, El Paso, TX
- 8:45 am – 10:15 am **Paper Session 33: Promoting Healthy Pregnancy + (P33)**
Union Square 23-24, 4th Floor
Admission by Name Badge
Chair: Megan A. Lewis, PhD, RTI International, Research Triangle, NC
- 8:45 am - 9:03 am **Latent Postpartum Depression Trajectory Groups among Overweight or Obese Women**
Chien-Ti Lee, PhD,¹ Marissa Stroo, BS,¹ Bernard F. Fuemmeler, PhD, MPH,¹ Rahul Malhotra, MBBS, MD, MPH² and Truls Østbye, MD, PhD^{1,2}. ¹Community and Family Medicine, Duke University, Durham, NC and ²Duke - NUS, Singapore, Singapore
- 9:03 am - 9:21 am **Technology Preference in Choices of Delivery Care Utilization from User Perspective - a Community Study in Vietnam**
Toan K. Tran, Dr,^{1,2} Bo Eriksson, Prof,² An N. Pham, Prof,¹ Chuc T. Nguyen, Prof,¹ Goran Bondjers, Prof³ and Karin Gottvall, Dr⁴. ¹Hanoi Medical University, Hanoi, Viet Nam; ²Nordic School of Public Health, Goteborg, Sweden; ³Goteborg University, Goteborg, Sweden and ⁴Karolinska Insitutet, Stockholm, Sweden
- 9:21 am - 9:39 am **Multiparity: A Risk Factor for Health-Compromising Behaviors in Pregnancy**
Felix A. Okah, MD, MS,^{1,2} Yifei Liu, PhD³ and Jinwen Cai, MD⁴. ¹Pediatrics, Children's Mercy Hospitals and Clinics, Kansas City, MO; ²University of Missouri-Kansas City School of Medicine, Kansas City, MO; ³University of Missouri Kansas City School of Pharmacy, Kansas City, MO and ⁴Health Department, Kansas City, MO
- 9:39 am - 9:57 am **An RCT of 3 Preconception Motivational Interviewing Interventions to Reduce Alcohol-Exposed Pregnancy Risk**
Karen S. Ingersoll, PhD, Sherry Ceperich, PhD, Jennifer Hetteema, PhD, Leah Farrell-Carnahan, PhD and Kim Penberthy, PhD. School of Medicine, University of Virginia, Charlottesville, VA
- 9:57 am - 10:15 am **Marital Status and Religious Commitment Predict Prenatal Tobacco, Alcohol, and Illicit Substance Use in Southern Appalachia**
Andrea D. Clements, PhD,¹ Tifani R. Fletcher, MA,¹ Lana McGrady, MA² and Beth Bailey, PhD². ¹Psychology, East Tennessee State University, Johnson City, TN and ²Family Medicine, East Tennessee State University, Johnson City, TN
- 8:45 am – 10:15 am **Paper Session 34: Older Adults and Physical Activity △ (P34)**
Union Square 15-16, 4th Floor
Admission by Name Badge
Chairs: Barbara Resnick, PhD, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore, MD; and Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ
- 8:45 am - 9:03 am **Resilience as a Mediator between Secondary Conditions and Quality of Life in Persons Aging with Disability**
Alexandra L. Terrill, PhD, Dawn M. Ehde, PhD, Mark P. Jensen, PhD and Ivan R. Molton, PhD. Department of Rehabilitation Medicine, University of Washington, Seattle, WA
- 9:03 am - 9:21 am **Maintaining Resistance Training in Pre-Diabetic Older Adults: SCT Approach**
Richard Winett, PhD,¹ Elaina Marinik, PhD,² Brenda M. Davy, PhD,² Kyle Flack, MS,² Mary Elizabeth Baugh, BS,² Nabal Boutagy, BS,² John Pownall, MS,² Sarah Kelleher, MS,¹ Soheir Borsha, MD,⁴ Adrienne Clark, BS,² Sheila Winett, MS,³ Tina Savla, PhD,⁵ Chad Blake, BS³ and David M. Williams, PhD⁶. ¹Psychology, Virginia Tech, Blacksburg, VA; ²HNFE, Virginia Tech, Blacksburg, VA; ³Software Development, PCR, Inc., Blacksburg, VA; ⁴Center for Healthy Aging, Carilion Clinic, Roanoke, VA; ⁵Human Development, Virginia Tech, Blacksburg, VA and ⁶Public Health, Brown University, Providence, RI

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

9:21 am - 9:39 am	<p>Trajectories of Change in Exercise Self-Efficacy in a Home-Based Physical Activity Trial Jason T. Fanning, BS, Thomas Wojcicki, MS, Neha Gothe, MS, Erin Olson, MS, Robert W. Motl, PhD and Edward McAuley, PhD. Kinesiology and Community Health, Univeristy of Illinois at Urbana-Champaign, Urbana, IL</p>
9:39 am - 9:57 am	<p>Relationship between Sedentary Time and Emotional Health among Older Adults in Retirement Facilities Dori E. Rosenberg, PhD, MPH,¹ Jacqueline Kerr, PhD,² Linda Poon, n/a,² Jordan Carlson, MA,² Katie Crist, MPH,² Kari Wasilenko, MPH² and Simon Marshall, PhD². ¹Group Health Research Institute, Seattle, WA and ²University of California-San Diego, San Diego, CA</p>
9:57 am - 10:15 am	<p>Effects of an 8-Week Theory-Based Online Bone Health Program for Older Adults Recruited from Two Large Online Communities Eun-Shim Nahm, PhD,¹ Barbara Resnick, PhD,¹ Jay Magaziner, PhD,¹ Michele Bellantoni, MD,² Clayton Brown, PhD,¹ Shijun Zhu, PhD,¹ Patricia Brennan, PhD,³ Paul Estabrooks, PhD,⁴ Minjeong An, MS,¹ Bu-Kyung Park, MS¹ and Jeanine Brown, MS¹. ¹University of Maryland-Baltimore, Baltimore, MD; ²Johns Hopkins University, Baltimore, MD; ³University of Wisconsin, Madison, WI and ⁴Virginia Tech, Blacksburg, VA</p>
8:45 am – 10:15 am	<p>Paper Session 35: Virus-Linked Cancers: Screening, Vaccination, and Care + (P35) <i>Continental 03, Ballroom Level</i> <i>Admission by Name Badge</i> Chairs: Noel T. Brewer, PhD, University of North Carolina-Chapel Hill, Chapel Hill, NC; and Paul L. Reiter, PhD, The Ohio State University, Columbus, OH</p>
8:45 am - 9:03 am	<p>At the Intersection of HIV/AIDS and Cancer: Are AIDS Service Organizations Ready? Jack E. Burkhalter, PhD,¹ Erica Lubetkin, MD, PhD,² Geoffrey Corner, BA,¹ John Guidry, PhD³ and Mark Kornegay³. ¹Memorial Sloan-Kettering Cancer Center, New York, NY; ²The City College of New York, New York, NY and ³Gay Men's Health Crisis, New York, NY</p>
9:03 am - 9:21 am	<p>Multivariate Predictors of Hepatitis B Testing among Korean Adult Church Attendees Enrolled in a Randomized Trial Beth A. Glenn, PhD,¹ Roshan Bastani, PhD,¹ Alison Herrmann, PhD,¹ Annette Maxwell, DrPH,¹ Angela Jo, MD, MSHS,² L.Cindy Chang, MS,¹ Catherine Crespi, PhD¹ and Victoria M. Taylor, MD, MPH³. ¹Fielding School of Public Health & Jonsson Comprehensive Cancer Center, UCLA, Los Angeles, CA; ²Family and Community Medicine, University of New Mexico, Albuquerque, NM and ³Fred Hutchison Cancer Research Center, Seattle, WA</p>
9:21 am - 9:39 am	<p>Primary Care Provider Attitudes and Beliefs about the HPV Test and Extended Cervical Screening Intervals: Findings from CDC's Cervical Cancer (Cx3) Study Katherine B. Roland, MPH,¹ Vicki B. Benard, PhD,¹ April Greek, PhD,² Nikki A. Hawkins, PhD,¹ Diane Manninen, PhD² and Mona Saraiya, MD, MPH¹. ¹Centers for Disease Control and Prevention, Atlanta, GA and ²Battelle Center for Analytics and Public Health, Seattle, WA</p>
9:39 am - 9:57 am	<p>Links between HPV Vaccination and Acculturation in Latina Mothers Mary A. Gerend, PhD, Claudia Zapata, BS and Elena Reyes, PhD. Florida State University College of Medicine, Tallahassee, FL</p>
9:57 am - 10:15 am	<p>Disappearing Disparities, Unsatisfactory Uptake: Trends in Girls' HPV Vaccination in North Carolina, 2008-2010 Jennifer L. Moss, MSPH,¹ Melissa B. Gilkey, PhD,² Paul L. Reiter, PhD^{3,4} and Noel T. Brewer, PhD^{1,2}. ¹Health Behavior, University of North Carolina, Chapel Hill, Chapel Hill, NC; ²Lineberger Comprehensive Cancer Center, University of North Carolina, Chapel Hill, Chapel Hill, NC; ³Division of Cancer Prevention and Control, College of Medicine, The Ohio State University, Columbus, OH and ⁴Comprehensive Cancer Center, The Ohio State University, Columbus, OH</p>

SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

8:45 am – 10:15 am	<p>Paper Session 36: Genitourinary Cancer: Decision Making and Survivorship + (P36)</p> <p><i>Continental 07, Ballroom Level</i> <i>Admission by Name Badge</i></p> <p>Chairs: David M. Latini, PhD, Baylor College of Medicine, San Francisco, CA; and Patricia A. Parker, PhD, University of Texas MD Anderson Cancer Center</p>
8:45 am - 9:03 am	<p>Treatment Decisions Among Men with Low-Risk Prostate Cancer</p> <p>Kathryn L. Taylor, PhD;¹ S. Van Den Eeden, PhD;² R. Hoffman, MD;³ A. Leimpeter, MS;² C. Tomko, BA;¹ J. Shan, PhD;² K. Davis, PhD¹ and D. Aaronson, MD². ¹Georgetown University, Washington, DC; ²Kaiser Permanente Northern California, Oakland, CA and ³University of New Mexico, Albuquerque, NM</p>
9:03 am - 9:21 am	<p>Intolerance of Uncertainty Moderates the Association Between Cognitive Complaints and Cancer-Specific Distress in Prostate Cancer Survivors</p> <p>Stacy A. Eisenberg, MA, Keiko Kurita, MA and Beth E. Meyerowitz, PhD. Psychology, University of Southern California, Los Angeles, CA</p>
9:21 am - 9:39 am	<p>Quality of Life after Prostate Cancer Treatment: Trajectories of Recovery using Piecewise Latent Growth Curve Analyses</p> <p>Michael A. Diefenbach, PhD;¹ William N. Dudley, PhD;² Jeffrey D. Labban, PhD² and Robert A. Henson, PhD². ¹Urology and Oncological Sciences, Mount Sinai School of Medicine, New York, NY and ²University of North Carolina Greensboro, Greensboro, NC</p>
9:39 am - 9:57 am	<p>Developing Bladder Cancer Survivorship Care Plans: A Qualitative Study of Provider Perceptions</p> <p>Heather H. Goltz, PhD, LMSW, MEd,^{1,2} Nihal Mohamed, PhD,³ Cheryl T. Lee, MD⁴ and David M. Latini, PhD². ¹University of Houston-Downtown, Houston, TX; ²Baylor College of Medicine, Houston, TX; ³Mount Sinai Medical Center, New York, NY and ⁴University of Michigan, Ann Arbor, MI</p>
9:57 am - 10:15 am	<p>Developing Bladder Cancer Survivorship Care Plans: A Qualitative Study of Survivor Perceptions</p> <p>Nihal Mohamed, PhD,¹ Heather H. Goltz, PhD, LMSW, MEd,^{2,3} Cheryl T. Lee, MD⁴ and David M. Latini, PhD³. ¹Mount Sinai Medical Center, New York, NY; ²University of Houston-Downtown, Houston, TX; ³Baylor College of Medicine, Houston, TX and ⁴University of Michigan, Ann Arbor, MI</p>
10:15 am – 11:45 am	<p>Poster Session D</p> <p><i>Golden Gate Rooms</i> <i>Admission by Name Badge</i> Coffee will be served</p>
10:30 am – 11:15 am	<p>Master Lecture (ML05):</p> <p>“How and for Whom? Toward Developing Maximally Effective Psychosocial Interventions for Adults Living with Chronic Disease” △</p> <p><i>Plaza A, Lobby Level</i> <i>Admission by Name Badge</i></p> <p>Annette L. Stanton, PhD Professor of Psychology and Psychiatry/Biobehavioral Sciences, University of California-Los Angeles, Los Angeles, CA</p> <p>Moderator: Alan J. Christensen, PhD, University of Iowa, Iowa City, IA</p> <p>Hundreds of randomized, controlled trials and associated meta-analyses demonstrate the overall efficacy of psychosocial interventions for improving the lives of adults experiencing chronic disease. How can we hone our approaches to make them more efficient and effective? Dr. Stanton will address how existing theories and research on risk and protective factors for adjustment to chronic disease can inform the development of effective interventions, highlight promising mechanisms for the efficacy of recent randomized controlled trials, discuss targeting of interventions to particular groups and contexts, and pose questions for future intervention research and evidence-based practice for adults living with chronic disease.</p>



SCIENTIFIC SESSIONS – SATURDAY, MARCH 23, 2013

10:30 am – 11:15 am **Master Lecture (ML06):**

**“Using Technology for Prevention in Defined Populations:
Body Image, Obesity, Eating Disorders” △**

Plaza B, Lobby Level

Admission by Name Badge

C. Barr Taylor, MD

Professor of Psychiatry & Behavioral Science, Stanford University School of Medicine, Stanford, CA

Moderator: Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC

Mobile phone and other technologies have the potential to revolutionize health care delivery on an individual and population level. In this talk, Dr. Taylor discusses how he and his colleagues have developed and used technological approaches to provide universal, targeted/selected, and indicated prevention/intervention programs to defined populations. A suite of programs were designed and evaluated to provide healthy weight regulation, improve body image, prevent eating disorders, and reduce the progression of eating disorder symptoms among high school and college students. To access programs, students complete an on-line screen that recommends programs based on student need and interest. Use of the screen is promoted mainly through community activities. To increase salience, the programs are now being made accessible by smart phones. Finally, the large population potentially enrolled in these interventions permits the use of “smart” and innovative trial designs for next iterations. Benefits and limitations of technology will be discussed.



11:45 am – 12:45 pm **Closing Keynote Panel (KA05):**

“Health Behavior Research and Practice via Social Media and Social Networks” △

Plaza A, Lobby Level

Admission by Name Badge

Panelists: Sheana S. Bull, PhD, Professor of Health and Behavioral Sciences, University of Colorado-Denver, Denver, CO; Nathan K. Cobb, MD, Research Investigator, Schroeder Institute for Tobacco Research and Policy Studies, Washington DC; James H. Fowler, PhD, Professor, School of Medicine and Division of Social Sciences, University of California-San Diego, San Diego, CA; James R. Smarr, MS, software engineer and technical lead, Google+ project, Mountainview, CA

Moderator: Abby C. King, PhD, Professor, Health Research & Policy and Medicine, Stanford University Medical School, Stanford, CA

Social media have become an ubiquitous aspect of daily life. Facebook membership is approaching one billion users worldwide and along with other social media sites such as Google+, LinkedIn and Twitter provide a digital trace of social networks and the information that flows among members of these networks. These platforms provide health behavior researchers with new opportunities to study human behavior and social interactions. Via existing social media data, social networks have been mapped and have improved our understanding of social contagion. Social media sites also can be used as a registry of potential research participants for surveillance and cohort studies and as a platform for the delivery of health behavior interventions. This panel of social media and social network experts will discuss the various potential capabilities of social media for health behavior research and practice, the challenges of using these platforms and provide examples of health behavior research via social media.

ACHIEVEMENT AWARDS RECIPIENTS

Congratulations to the following 2013 Society of Behavioral Medicine Achievement Awards recipients!

Distinguished Research Mentor

Michael G. Perri, PhD

Distinguished Scientist

Karina W. Davidson, PhD

Early Career Investigator

A. Janet Tomiyama, PhD

Odette Wegwarth, PhD

Outstanding Dissertation

Carmina Valle, PhD, MPH

Alere Research to Practice

Saul Shiffman, PhD

Excellence in Behavioral Medicine Training Program Award

Training in Research for Behavioral Oncology and Cancer Control Program Indiana University

DISTINGUISHED STUDENT AWARDS

Excellence in Research

Laramie R. Smith, MA

Rachel A. Millstein, MHS, MS

Travel Scholarship

Afton M. Koball

Angela M. Legg

Excellence in Service Delivery

Katherine L. Taylor

C. TRACY ORLEANS DISTINGUISHED SERVICE AWARD

The Society of Behavioral Medicine recognizes the following individuals for their hard work and dedication to the society.

Jennifer K. Carroll, MD, MPH, Member Delegate

Amanda L. Graham, PhD, Outlook Editor

Paul B. Jacobsen, PhD, Evidence-Based Behavioral Medicine Chair

Abby C. King, PhD, Past President

Sara J. Knight, PhD, Scientific and Professional Liaison Council Chair

Laura S. Porter, PhD, Education, Training, and Career Development Council Chair

Margaret L. Schneider, PhD, Program Committee Chair

Timothy W. Smith, PhD, Publications and Communications Council Chair

Brent Van Dorsten, PhD, Membership Council Chair

SPECIAL INTEREST GROUPS (SIG) AWARDS

SBM congratulates the following recipients of these awards given by the Special Interest Groups.

CANCER SIG

Cancer SIGGIE Scientist Award

Annette L. Stanton, PhD

Cancer SIGGIE Service Award

Julia H. Rowland, PhD

CHILD AND FAMILY HEALTH SIG

The Student Award for Outstanding Research in Child and Family Health

Rhona Slaughter, MA

The Award for Outstanding Research in Child and Family Health

Ellen R. Sicheloff, PhD

Special Recognition for Service to Child and Family Health

Marian L. Fitzgibbon, PhD

DIABETES SIG

Early Career Travel Award

Amanda M. Brouwer, PhD

Cynthia Fritschi, PhD, Honorable Mention

HEALTH DECISION MAKING SIG

Outstanding Trainee Abstract in Health Decision Making

Sarah E. Lillie, MPH

SPIRITUALITY SIG

Spirituality and Health Senior Investigator Award

Carl E. Thoresen, PhD

STUDENT SIG

Student SIG Research Award

Lauren C. Capozzi, PhD Student

Diane Ehlers, MA

Yue Liao, MPH

CITATION AWARDS

The following abstracts have been recognized by the Program Committee for excellence in research at the 2013 Society of Behavioral Medicine Annual Meeting & Scientific Sessions. Each will be displayed in Poster Session A on Wednesday evening, March 20, 2013, and presented during the noted times.

WEDNESDAY, MARCH 20, 2013

Poster Session A 6:30 PM-8:00 PM

A-196

A LONGITUDINAL, POPULATION-BASED STUDY OF CAMEL SNUS USE IN CIGARETTE SMOKERS UNMOTIVATED TO QUIT

Jessica L. Burris, PhD, Bianca Jardin, PhD and Matthew Carpenter, PhD
Medical University of South Carolina, Charleston, SC

THURSDAY, MARCH 21, 2013

Paper Session 03 4:39 PM-4:57 PM

2120

ACCULTURATION, CULTURAL VALUES AND SEXUAL RISK BEHAVIORS AMONG LATINO YOUTH: A LONGITUDINAL STUDY

Davida Becker, PhD, Jennifer B. Unger, PhD, James P. Thing, PhD, Daniel Soto, MPH and Lourdes Baezconde-Garbanati, PhD
Institute for Health Promotion and Disease Prevention Research, University of Southern California, Los Angeles, CA

Paper Session 04 4:21 PM-4:39 PM

2124

RECIPROCAL INFLUENCES BETWEEN PSYCHOLOGICAL DISTRESS AND PHYSICAL HEALTH FUNCTIONING IN HEART FAILURE PATIENTS

Biing-Jiun Shen, PhD, Masato Nakazawa, PhD, Irina E. Livitz, BS, BA and Kristen Fox, BA, BS
Psychology, Ohio University, Athens, OH

Paper Session 04 4:57 PM-5:15 PM

2126

DEPRESSION AND REHOSPITALIZATION IN PATIENTS WITH HEART FAILURE

Kenneth E. Freedland, PhD,¹ Robert M. Carney, PhD,¹ Brian C. Steinmeyer, MS¹ and Rebecca L. Reese, PhD²
¹Psychiatry, Washington Univ. School of Medicine, St. Louis, MO and ²Behavioral Medicine, VAMC, Boston, MA

Paper Session 08 4:21 PM-4:39 PM

2144

A LONGITUDINAL STUDY OF THE EFFECTS OF SOCIAL SUPPORT ON PHYSICAL ACTIVITY IN UNDERSERVED ADOLESCENTS

E. Rebekah Sicheloff, PhD, Dawn K. Wilson, PhD and M. Lee Van Horn, PhD
Psychology, University of South Carolina, Columbia, SC

Paper Session 11 3:45 PM-4:03 PM

2157

RELATIONSHIPS BETWEEN SPOUSE CRITICISM/HOSTILITY AND PAIN AMONG PATIENTS WITH CHRONIC PAIN: A WITHIN-COUPLE DAILY DIARY STUDY

John Burns, PhD,¹ Kristina Peterson, PhD,² David Smith, PhD,² Frank Keefe, PhD³ and Laura Porter, PhD³

¹Rush University Medical Center, Chicago, IL; ²Univ Notre Dame, South Bend, IN and ³Duke Univ, Durham, NC

Paper Session 11 4:03 PM-4:21 PM

2158

ECOLOGICAL MOMENTARY ASSESSMENT OF SMOKING BEHAVIOR IN PERSISTENT PAIN PATIENTS

Lara Dhingra, PhD,¹ Peter Homel, PhD,² Bella Grossman, MA,³ Jack Chen, MBS,¹ Elyssa Scharaga, BA,⁴ Steven Calamita, BS,¹ Jae Shin, MPH¹ and Russell Portenoy, PhD¹

¹Beth Israel Medical Center, New York, NY; ²Maimonides Medical Center, Brooklyn, NY; ³The New School for Social Research, New York, NY and ⁴Yeshiva University, Bronx, NY

Poster Session B 7:00 PM-8:30 PM

B-078

TWO-YEAR OUTCOMES FROM THE SMAHRT TRIAL TO REDUCE CVD RISK IN VETERANS WITH BIPOLAR DISORDER

David E. Goodrich, EdD,^{1,2} Amy M. Kilbourne, PhD, MPH,^{1,2} Steve Chermack, PhD^{1,2} and Mark S. Bauer, MD³

¹Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI; ²Department of Psychiatry, University of Michigan Medical School, Ann Arbor, MI and ³VA Boston Healthcare System, Boston, MA

Poster Session B 7:00 PM-8:30 PM

B-127

ASTHMA MANAGEMENT IN INNER CITY AFRICAN AMERICAN ADOLESCENTS: A RANDOMIZED CONTROLLED TRIAL OF MULTISYSTEMIC THERAPY (MST)

Phebe K. Lam, PhD, Sylvie Naar-King, PhD, Deborah Ellis, PhD and Pamela King, PhD

Pediatrics, Wayne State University, Detroit, MI

CITATION AWARDS

Poster Session B 7:00 PM-8:30 PM

B-170

"WILL THE REAL BREAKS PLEASE STAND UP!" DETECTING BREAKS FROM SITTING USING OBJECTIVE TOOLS & NOVEL ANALYTIC TECHNIQUES

Jacqueline Kerr, PhD,¹ K. Ellis, BS,¹ G. Lanckriet, PhD,¹ J. Staudenmayer, PhD,² S. Godbole, MPH,¹ J. Chen, BS,¹ P. Kelly, MS,³ A. Doherty, PhD,³ C. Foster, PhD,³ M. Oliver, PhD,⁴ H. Badland, PhD⁵ and S. Marshall, PhD¹

¹UCSD, San Diego, CA; ²UMass, Amherst, MA; ³Oxford Uni, Oxford, United Kingdom; ⁴AUT, Auckland, New Zealand and ⁵Melbourne Uni, Melbourne, VIC, Australia

Poster Session B 7:00 PM-8:30 PM

B-183

TRI-OCCURRENCE OF BEHAVIORAL RISK FACTORS PREDICTS HEART DISEASE, CANCER, AND STROKE

Todd R. Seech, MA,¹ Elisa V. Borah, PhD,¹ John P. Hatch, PhD,¹ Don D. McGeary, PhD,¹ Stephen L. Franco, PhD² and Alan L. Peterson, PhD¹

¹University of Texas Health Science Center San Antonio, San Antonio, TX and ²United States Army, Fort Eustis, VA

FRIDAY, MARCH 22, 2013

Paper Session 15 4:57 PM-5:15 PM

3114

COGNITIVE BEHAVIORAL THERAPY FOR ADHERENCE AND DEPRESSION IN ADULTS WITH TYPE 2 DIABETES: ACUTE AND MAINTENANCE OUTCOMES FROM A RANDOMIZED CONTROLLED TRIAL

Jeffrey S. Gonzalez, PhD,¹ Enrico Cagliero, MD,² Christina Psaros, PhD,² Deborah Wexler, MD, MPH,² Linda Delahanty, MS, RD,² Nicholas Perry, BA,² Aaron Blashill, PhD² and Steven Safren, PhD²
¹Yeshiva University/Albert Einstein College of Medicine, Bronx, NY and ²Harvard Medical School/Massachusetts General Hospital, Boston, MA

Paper Session 19 3:45 PM-4:03 PM

3130

GPS-MEASURED TIME SPENT IN VEHICLE, NEIGHBORHOOD WALKABILITY AND BMI IN ADOLESCENTS

Jordan A. Carlson, MA,¹ Jacqueline Kerr, PhD,¹ James F. Sallis, PhD,¹ Suneeta Godbole, MPH,¹ Michael Lam, BS,¹ Brian E. Saelens, PhD,² Kelli Cain, MA,¹ Terry L. Conway, PhD,¹ Lawrence D. Frank, PhD³ and Glanz Karen, PhD MPH⁴

¹U of California San Diego, La Jolla, CA; ²Seattle Children's Hospital, Seattle, WA; ³U of British Columbia, Vancouver, BC, Canada and ⁴U of Pennsylvania, Philadelphia, PA

Paper Session 19 4:21 PM-4:39 PM

3132

LIFESPACE APPROACHES TO EXAMINE ASSOCIATIONS BETWEEN THE BUILT ENVIRONMENT AND PHYSICAL ACTIVITY

Heather A. Starnes, PhD,¹ Jeffrey S. Wilson, PhD,² Daniel K. Mroczek, PhD,³ Meghan H. McDonough, PhD³ and Philip J. Troped, PhD³

¹California Polytechnic State University, San Luis Obispo, CA; ²Indiana University - Purdue University, Indianapolis, Indianapolis, IN and ³Purdue University, West Lafayette, IN

Paper Session 20 3:45 PM-4:03 PM

3135

ONLINE INTERVENTION ENGAGEMENT PREDICTS SMOKING CESSATION

Ralf Schwarzer, Dr and Lars Satow, Dr
Freie Universitat Berlin, Berlin, Germany

Paper Session 21 4:57 PM-5:15 PM

3144

INDIVIDUALIZED TEXTING FOR ADHERENCE BUILDING (ITAB) IMPROVES ANTIRETROVIRAL DOSE TIMING AMONG HIV+ PERSONS WITH BIPOLAR DISORDER

David J. Moore, PhD,¹ Jessica Montoya, BA,² Amelia Poquette, BA,¹ Ben Gouaux, BA,¹ Kaitlin Blackstone, BA,² Colin A. Depp, PhD^{1,3} and J. Hampton Atkinson, MD^{1,3}

¹Psychiatry, UCSD, San Diego, CA; ²SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA and ³VASDHS, San Diego, CA

Paper Session 24 4:03 PM-4:21 PM

3156

PERSONAL HEALTH RECORD ADOPTION VARIES BY DIAGNOSIS: THE VA EXPERIENCE

Stephanie L. Shimada, PhD,^{1,2} Cynthia A. Brandt, MD MPH,^{3,4} Ann Quill, MA,¹ D Keith McInnes, ScD,^{1,2} Jim Rothendler, MD^{1,2} and Thomas K. Houston, MD MPH^{1,5}

¹VA eHealth QUERI, Bedford, MA; ²Boston University School of Public Health, Boston, MA; ³Department of Veterans' Affairs, West Haven, CT; ⁴Yale University School of Medicine, New Haven, CT and ⁵University of Massachusetts Medical School, Worcester, MA

Poster Session C 6:30 PM-8:00 PM

C-096

DIET IS ASSOCIATED WITH REAL-TIME MEASURES OF MOOD IN CHILDREN

Gillian A. O'Reilly, Doctoral Student,¹ Jimi Huh, PhD,¹ Susan M. Schembre, PhD, RD,² Eleanor B. Tate, MA,¹ Mary Ann Pentz, PhD¹ and Genevieve Dunton, PhD, MPH¹

¹University of Southern California, Los Angeles, CA and ²University of Texas MD Anderson Cancer Center, Houston, TX

CITATION AWARDS

Poster Session C 6:30 PM-8:00 PM

C-184

YOU'RE GETTING SLEEPY: THE EFFECT OF TREATMENT CHOICE ON SLEEP QUALITY IN A PLACEBO TREATMENT PARADIGM

Jill A. Brown, MA, Jason P. Rose, PhD and Andrew L. Geers, PhD
Psychology, University of Toledo, Toledo, OH

Poster Session C 6:30 PM-8:00 PM

C-202

INVARIANCE EXAMINATION OF ADOLESCENT SURVEY-BASED SMOKING-RELATED BEHAVIORS ACROSS ETHNICITY AND GENDER

Darius B. Dawson, BS,¹ Francisco L. Sotelo, BA,² Scott Roesch, PhD¹ and Elizabeth A. Klonoff, PhD¹

¹San Diego State University, San Diego, CA and ²SDSU/UCSD Joint Doctoral Program, San Diego, CA

SATURDAY, MARCH 23, 2013

Paper Session 25 8:45 AM-9:03 AM

4001

CONTEXTUAL DETERMINANTS OF MAMMOGRAPHY USE AMONG POOR AND RACIAL/ETHNIC MINORITY WOMEN

Kassandra I. Alcaraz, PhD, MPH¹ and Matthew W. Kreuter, PhD, MPH²

¹Behavioral Research Center, American Cancer Society, Atlanta, GA and ²Health Communication Research Laboratory, Washington University in St. Louis, St. Louis, MO

Paper Session 28 9:39 AM-9:57 AM

4019

RELATIONSHIPS BETWEEN PHYSICAL ACTIVITY AND THE MEAN AND VARIABILITY IN REPEATEDLY-MEASURED BEHAVIORAL COGNITION VARIABLES

Trevor A. Pickering, MS,¹ Jimi Huh, PhD,¹ Stephen Intille, PhD² and Genevieve Dunton, PhD¹

¹Preventive Medicine, University of Southern California, Los Angeles, CA and ²Department of Health Sciences, Northeastern University, Boston, MA

Paper Session 29 9:21 AM-9:39 AM

4023

COMPUTER-BASED VIDEO TO INCREASE HIV TESTING AMONG PATIENTS WHO INITIALLY DECLINE

Ian D. Aronson, PhD,¹ Lisa Marsch, PhD,² Juline Koken, PhD,¹ Sonali Rajan, EdD,³ Madia Tariq, BA,⁴ Kate Haley, BA⁴ and Theodore C. Bania, MD^{4,3}

¹NDRI, New York, NY; ²Dartmouth College, Lebanon, NH; ³Columbia University, New York, NY and ⁴St. Luke's - Roosevelt Hospital, New York, NY

Paper Session 29 9:39 AM-9:57 AM

4024

REACHING A MOBILE TARGET: USING PROBABILITY SAMPLING AND HECKMAN-TYPE SELECTION MODELS TO ESTIMATE HIV RISK AMONG MEXICAN MIGRANTS

Xiao Zhang, MSc,¹ Ana P. Martinez-Donate, PhD,¹ Melbourne F. Hovell, PhD,² Maria Gudelia Rangel, PhD,³ Carol L. Sipan, PhD,⁵ Carlos Magis-Rodriguez, PhD⁴ and Eduardo Gonzalez-Fagoaga, PhD³

¹Population Health Sciences, University of Wisconsin-Madison, Madison, WI; ²Graduate School of Public Health, San Diego State University, San Diego, CA; ³El Colegio de la Frontera Norte, Tijuana, Mexico; ⁴Centro de Investigaciones en Infecciones de Transmision Sexual, Programa de VIH y SIDA de la Ciudad de Mexico, Tijuana, Mexico and ⁵University of California-Merced, Merced, CA

Paper Session 33 9:39 AM-9:57 AM

4044

AN RCT OF 3 PRECONCEPTION MOTIVATIONAL INTERVIEWING INTERVENTIONS TO REDUCE ALCOHOL-EXPOSED PREGNANCY RISK

Karen S. Ingersoll, PhD, Sherry Ceperich, PhD, Jennifer Hetteema, PhD, Leah Farrell-Carnahan, PhD and Kim Penberthy, PhD
School of Medicine, University of Virginia, Charlottesville, VA

Paper Session 36 8:45 AM-9:03 AM

4056

TREATMENT DECISIONS AMONG MEN WITH LOW-RISK PROSTATE CANCER

Kathryn L. Taylor, PhD,¹ S. Van Den Eeden, PhD,² R. Hoffman, MD,³ A. Leimpeter, MS,² C. Tomko, BA,¹ J. Shan, PhD,² K. Davis, PhD¹ and D. Aaronson, MD²

¹Georgetown University, Washington, DC; ²Kaiser Permanente Northern California, Oakland, CA and ³Univ. of New Mexico, Albuquerque, NM

Poster Session D 10:15 AM-11:45 AM

D-018

PERCEIVED MISTREATMENT AND COPING STRATEGIES OF AFRICAN AMERICANS AND CAUCASIANS WITH CANCER

Lauren Smith, BA,¹ Thomas V. Merluzzi, PhD¹ and Errol J. Philip, PhD²

¹Psychology, University of Notre Dame, Notre Dame, IN and ²Psychiatry/Behavioral Sciences, Memorial Sloan Kettering CC, New York, NY

CITATION AWARDS

Poster Session D **10:15 AM-11:45 AM**

D-137

A NOVEL MEASURE OF IMPLICIT ATTITUDES PREDICTS BLOOD DONATION BEHAVIOR

Regina M. Warfel, MS, Katrina Hamilton, HS, Anthony Hess, BA, Mary Mushaben, HS, Markie Ruggeri, HS, Emily Jones, HS, Jacob Mosher, BA, Jessica Solano, HS, Janis L. France, PhD and Christopher R. France, PhD
Psychology, Ohio University, Athens, OH

Poster Session D **10:15 AM-11:45 AM**

D-147

THE INFLUENCE OF COPING ON CHANGES IN QUALITY OF LIFE DURING MIGRAINE TREATMENT

Kenneth A. Holroyd, PhD¹ and Elizabeth Seng, MS²
¹Psychology, Ohio University, Athens, OH and ²Psychology Service, VA Connecticut Healthcare System, West Haven, CT

Poster Session D **10:15 AM-11:45 AM**

D-171

SOCIAL SUPPORT FOR PHYSICAL ACTIVITY AMONG SAN DIEGO COUNTY LATINAS

Sandra C. Soto, MPH, RN, Elva Arredondo, PhD, Christina Holub, PhD, MPH, Guadalupe X. Ayala, PhD, MPH, John P. Elder, PhD, MPH, Dayana Chanson, MPH, Kari Burke, BA and Jessica Haughton, MPH, MA
San Diego State University, Institute for Behavioral and Community Health, WASHINGTON, CA

Poster Session D **10:15 AM-11:45 AM**

D-183

DOES THE EFFECTIVENESS OF INTERVENTIONS THAT CHANGE ATTITUDES, NORMS, AND SELF-EFFICACY DEPEND UPON THE CLASS OF HEALTH BEHAVIOR?

Erika Montanaro, Master of Science,¹ Alex Maki, Masters,² Angela D. Bryan, PhD,¹ Alex Rothman, PhD² and Paschal Sheeran, PhD³
¹Psychology, University of Colorado Boulder, Boulder, CO;
²Psychology, University of Minnesota, Minneapolis, MN and
³Psychology, University of Sheffield, Sheffield, United Kingdom

Poster Session D **10:15 AM-11:45 AM**

D-219

EXERCISE AND LAPSE FOLLOWING A CANNABIS QUIT ATTEMPT

Jessica G. Irons, PhD,¹ Cecelia L. Bergeria, BS pending,¹ Lauren N. Whitehurst, BS¹ and Marcel O. Bonn-Miller, PhD^{2,3}
¹Psychology, James Madison University, Harrisonburg, VA; ²Center of Excellence in Substance Abuse Treatment and Education, Philadelphia, PA and ³National Center for PTSD & Center for Health Care Evaluation, Palo Alto, CA

MERITORIOUS STUDENT AWARDS

The following abstracts have been chosen as Meritorious Student Abstracts by the Program Committee. Outstanding Posters and Papers submitted by students were selected for this special designation. Each will be presented in Poster Session A on Wednesday evening, March 20, 2013. They will be presented again at the time noted. Please congratulate these presenters on submitting excellent research to the 2013 SBM Annual Meeting & Scientific Sessions!

WEDNESDAY, MARCH 20, 2013

Poster Session A 6:30 PM -8:00 PM

A-111

EATING TO REGULATE EMOTION, LANGUAGE USE, AND BODY COMPOSITION

Jane A. Skoyen, MA, Evette J. Richardson, BS, Ashley K. Randall, PhD, Shannon A. Corkery, MS, Matthias R. Mehl, PhD and Emily A. Butler, PhD
University of Arizona, Tucson, AZ

Poster Session A 6:30 PM -8:00 PM

A-169

AFFECTIVE RESPONSES TO A NOVEL VS. TRADITIONAL BOUT OF PHYSICAL ACTIVITY

Courtney J. Stevens, MA and Angela D. Bryan, PhD
Psychology and Neuroscience, University of Colorado at Boulder, Boulder, CO

THURSDAY, MARCH 21, 2013

Paper Session 05 3:45 PM-4:03 PM

2127

STABILITY OF PHYSIOLOGICAL REACTIVITY TO AND RECOVERY FROM STRESS IN A 3-YEAR LONGITUDINAL STUDY

Anda Dragomir, Bachelor^{1,2} and Bianca D'Antono, PhD^{1,2}
¹Research Center, Montreal Heart Institute, Montreal, QC, Canada and ²Psychology, Université de Montréal, Montreal, QC, Canada

Paper Session 05 4:39 PM-4:57 PM

2130

MOOD STATES AND STRESS-RELATED HEMODYNAMIC REACTIVITY IN HEART FAILURE

Kristie M. Harris, MS,¹ Charles Emery, PhD,¹ Jennifer Marshall, BS,² Maria Banis, MA,³ Andrew Wawrzyniak, PhD,⁴ Stephen Gottlieb, MD² and David Krantz, PhD³
¹Ohio State Univ., Columbus, OH; ²Univ. of MD, Baltimore, MD; ³USUHS, Bethesda, MD and ⁴Univ. of Miami, Miami, FL

Paper Session 05 4:57 PM-5:15 PM

2131

INDIVIDUAL DIFFERENCES IN THE RELATION BETWEEN STRESS RESPONSES AND METABOLIC BURDEN MEASURED CONCURRENTLY AND PROSPECTIVELY

Christina Gentile, Bachelor of Arts^{1,2} and Bianca D'Antono, PhD^{1,2}
¹Research Center, Montreal Heart Institute, Montreal, QC, Canada and ²Psychology, Université de Montréal, Montreal, QC, Canada

Paper Session 07 4:03 PM-4:21 PM

2138

EXAMINING A RIPPLE EFFECT: DO SPOUSES' BEHAVIOR CHANGES AFFECT EACH OTHERS' WEIGHT LOSS?

Anna Schierberl Scherr, MA,¹ Kimberly J. McClure Brenchley, PhD² and Amy A. Gorin, PhD¹
¹University of Connecticut, Storrs, CT and ²St. John Fisher College, Rochester, NY

Paper Session 10 4:39 PM-4:57 PM

2155

FACTORIAL INVARIANCE OF SITUATIONAL TEMPTATIONS FOR SMOKING IN ADULT SMOKERS INCLUDING A WEIGHT CONCERNS SUBSCALE

Hui-Qing Yin, BA, Colleen A. Redding, PhD, Joseph A. Rossi, PhD and James O. Prochaska, PhD
Cancer Prevention Research Center and Department of Psychology, University of Rhode Island, Kingston, RI

Paper Session 10 4:57 PM-5:15 PM

2156

RATINGS OF PUFF LIKING DURING CIGARETTE SMOKING ARE ASSOCIATED WITH NICOTINE DEPENDENCE AND SUBSEQUENT RELAPSE TO SMOKING

Chantal E. Meloscia, BA,¹ David W. Wetter, PhD,² Paul M. Cinciripini, PhD,² Jason D. Robinson, PhD,² Yisheng Li, PhD² and Andrew J. Waters, PhD¹
¹Uniformed Services University of the Health Sciences, Bethesda, MD and ²The University of Texas MD Anderson Cancer Center, Houston, TX

Paper Session 11 4:21 PM-4:39 PM

2159

PAIN AND EATING IN OVERWEIGHT AND OBESE INDIVIDUALS WITH OSTEOARTHRITIS: AN ECOLOGICAL MOMENTARY STUDY

Karmel Wong, BA,¹ Tamara J. Somers, PhD,² Michael Babyak, PhD,² Kathleen J. Sikkema, PhD¹ and Frank J. Keefe, PhD²
¹Psychology and Neuroscience, Duke University, Durham, NC and ²Duke University Medical Center, Durham, NC

Poster Session B 7:00 PM-8:30 PM

B-132

SEXUAL MINORITY WOMEN AND UTILIZATION OF GYNECOLOGICAL SERVICES

Elizabeth Sosa, MA Clinical Psychology and Peter Theodore, PhD
California School of Professional Psychology, Los Angeles, CA

MERITORIOUS STUDENT AWARDS

Poster Session B 7:00 PM-8:30 PM

B-183

TRI-OCCURRENCE OF BEHAVIORAL RISK FACTORS PREDICTS HEART DISEASE, CANCER, AND STROKE

Todd R. Seech, MA,¹ Elisa V. Borah, PhD,¹ John P. Hatch, PhD,¹ Don D. McGeary, PhD,¹ Stephen L. Franco, PhD² and Alan L. Peterson, PhD¹
¹University of Texas Health Science Center San Antonio, San Antonio, TX and ²United States Army, Fort Eustis, VA

Poster Session B 7:00 PM-8:30 PM

B-219

UNDERSTANDING ALCOHOL USE AMONG LATINO IMMIGRANT MEN: PERSPECTIVES ON THE FEASIBILITY AND NEED FOR SCREENING AND BRIEF INTERVENTION

Claire Allen, BA, India Ornelas, PhD and Cata Vaughan, MA
 Health Services, University of Washington, Seattle, WA

FRIDAY, MARCH 22, 2013

Paper Session 19 3:45 PM-4:03 PM

3130

GPS-MEASURED TIME SPENT IN VEHICLE, NEIGHBORHOOD WALKABILITY AND BMI IN ADOLESCENTS

Jordan A. Carlson, MA,¹ Jacqueline Kerr, PhD,¹ James F. Sallis, PhD,¹ Suneeta Godbole, MPH,¹ Michael Lam, BS,¹ Brian E. Saelens, PhD,² Kelli Cain, MA,¹ Terry L. Conway, PhD,¹ Lawrence D. Frank, PhD³ and Glanz Karen, PhD MPH⁴
¹U of California San Diego, La Jolla, CA; ²Seattle Children's Hospital, Seattle, WA; ³U of British Columbia, Vancouver, BC, Canada and ⁴U of Pennsylvania, Philadelphia, PA

Paper Session 22 4:39 PM-4:57 PM

3148

EFFECT OF CHILDREN IN THE HOME ON EXERCISE BARRIERS, PHYSICAL ACTIVITY AND WEIGHT LOSS IN A BEHAVIORAL WEIGHT LOSS INTERVENTION

Brooke T. Nezami, MA,¹ Deborah F. Tate, PhD,¹ Wei Lang, PhD,² Kristen Polzien, PhD,¹ Karen E. Erickson, MPH, RD,¹ Kelliann K. Davis, PhD,³ Amy D. Rickman, PhD³ and John M. Jakicic, PhD³
¹UNC Chapel Hill, Chapel Hill, NC; ²Wake Forest University School of Medicine, Winston-Salem, NC and ³University of Pittsburgh, Pittsburgh, PA

Paper Session 23 4:57 PM-5:15 PM

3154

NEIGHBORHOOD DEPRIVATION AND THE RETAIL FOOD ENVIRONMENT IN A US-MEXICO BORDER URBAN AREA

Teresa M. Anchondo, MPH and Joseph Tomaka, PhD
 College of Health Sciences, University of Texas at El Paso, El Paso, TX

Poster Session C 6:30 PM-8:00 PM

C-096

DIET IS ASSOCIATED WITH REAL-TIME MEASURES OF MOOD IN CHILDREN

Gillian A. O'Reilly, Doctoral Student,¹ Jimi Huh, PhD,¹ Susan M. Schembre, PhD, RD,² Eleanor B. Tate, MA,¹ Mary Ann Pentz, PhD¹ and Genevieve Dunton, PhD, MPH¹
¹University of Southern California, Los Angeles, CA and ²University of Texas MD Anderson Cancer Center, Houston, TX

Poster Session C 6:30 PM-8:00 PM

C-105

PARENT-ADOLESCENT COMMUNICATION MODERATES THE EFFECTS OF A FAMILY-BASED PARENTING INTERVENTION ON SEDENTARY BEHAVIOR IN AFRICAN AMERICAN ADOLESCENTS

Sara M. St. George, MA,¹ Dawn K. Wilson, PhD,¹ Elizabeth Schneider, PhD² and Cassandra A. Alia, BA¹
¹University of South Carolina, Columbia, SC and ²University of Florida, Gainesville, FL

Poster Session C 6:30 PM-8:00 PM

C-184

YOU'RE GETTING SLEEPY: THE EFFECT OF TREATMENT CHOICE ON SLEEP QUALITY IN A PLACEBO TREATMENT PARADIGM

Jill A. Brown, MA, Jason P. Rose, PhD and Andrew L. Geers, PhD
 Psychology, University of Toledo, Toledo, OH

Poster Session C 6:30 PM-8:00 PM

C-202

INVARIANCE EXAMINATION OF ADOLESCENT SURVEY-BASED SMOKING-RELATED BEHAVIORS ACROSS ETHNICITY AND GENDER

Darius B. Dawson, BS,¹ Francisco L. Sotelo, BA,² Scott Roesch, PhD¹ and Elizabeth A. Klonoff, PhD¹
¹San Diego State University, San Diego, CA and ²SDSU/UCSD Joint Doctoral Program, San Diego, CA

SATURDAY, MARCH 23, 2013

Paper Session 27 9:39 AM-9:57 AM

4014

DAILY SELF-WEIGHING DOES NOT CAUSE ADVERSE PSYCHOLOGICAL OUTCOMES AMONG OVERWEIGHT ADULTS: RESULTS FROM A RANDOMIZED CONTROLLED TRIAL

Dori M. Steinberg, PhD, RD,^{1,2} Deborah F. Tate, PhD,^{1,3} Gary G. Bennett, PhD,² Susan Ennett, PhD,³ Carmen Samuel-Hodge, PhD, RD¹ and Dianne S. Ward, EdD¹
¹Nutrition, University of North Carolina at Chapel Hill, Chapel Hill, NC; ²Duke Global Health Institute, Duke University, Durham, NC and ³Health Behavior, University of North Carolina at Chapel Hill, Chapel Hill, NC

MERITORIOUS STUDENT AWARDS

Paper Session 28 **9:39 AM-9:57 AM**

4019

RELATIONSHIPS BETWEEN PHYSICAL ACTIVITY AND THE MEAN AND VARIABILITY IN REPEATEDLY-MEASURED BEHAVIORAL COGNITION VARIABLES

Trevor A. Pickering, MS,¹ Jimi Huh, PhD,¹ Stephen Intille, PhD² and Genevieve Dunton, PhD¹

¹Preventive Medicine, University of Southern California, Los Angeles, CA and ²Department of Health Sciences, Northeastern University, Boston, MA

Paper Session 29 **9:39 AM-9:57 AM**

4024

REACHING A MOBILE TARGET: USING PROBABILITY SAMPLING AND HECKMAN-TYPE SELECTION MODELS TO ESTIMATE HIV RISK AMONG MEXICAN MIGRANTS

Xiao Zhang, MSc,¹ Ana P. Martinez-Donate, PhD,¹ Melbourne F. Hovell, PhD,² Maria Gudelia Rangel, PhD,³ Carol L. Sipan, PhD,⁵ Carlos Magis-Rodriguez, PhD⁴ and Eduardo Gonzalez-Fagoaga, PhD³

¹Population Health Sciences, University of Wisconsin-Madison, Madison, WI; ²Graduate School of Public Health, San Diego State University, San Diego, CA; ³El Colegio de la Frontera Norte, Tijuana, Mexico; ⁴Centro de Investigaciones en Infecciones de Transmision Sexual, Programa de VIH y SIDA de la Ciudad de Mexico, Tijuana, Mexico and ⁵University of California-Merced, Merced, CA

Paper Session 30 **9:39 AM-9:57 AM**

4029

YOGA PRACTICE IMPROVES ATTENTION IN OLDER ADULTS: PRELIMINARY RESULTS FROM A PILOT RCT

Neha P. Gothe, MA and Edward McAuley, PhD

Kinesiology, University of Illinois at Urbana Champaign, Urbana, IL

Paper Session 35 **9:57 AM-10:15 AM**

4055

DISAPPEARING DISPARITIES, UNSATISFACTORY UPTAKE: TRENDS IN GIRLS' HPV VACCINATION IN NORTH CAROLINA, 2008-2010

Jennifer L. Moss, MSPH,¹ Melissa B. Gilkey, PhD,² Paul L. Reiter, PhD^{3,4} and Noel T. Brewer, PhD^{1,2}

¹Health Behavior, University of North Carolina, Chapel Hill, Chapel Hill, NC; ²Lineberger Comprehensive Cancer Center, University of North Carolina, Chapel Hill, Chapel Hill, NC; ³Division of Cancer Prevention and Control, College of Medicine, The Ohio State University, Columbus, OH and ⁴Comprehensive Cancer Center, The Ohio State University, Columbus, OH

Poster Session D **10:15 AM-11:45 AM**

D-018

PERCEIVED MISTREATMENT AND COPING STRATEGIES OF AFRICAN AMERICANS AND CAUCASIANS WITH CANCER

Lauren Smith, BA,¹ Thomas V. Merluzzi, PhD¹ and Errol J. Philip, Ph D²

¹Psychology, University of Notre Dame, Notre Dame, IN and ²Psychiatry/Behavioral Sciences, Memorial Sloan Kettering CC, New York, NY

Poster Session D **10:15 AM-11:45 AM**

D-054

SOCIOSTRUCTURAL, CULTURAL, AND PSYCHOLOGICAL FACTORS INFLUENCING EXERCISE COMPLIANCE IN TYPE 2 DIABETICS

Sonika Ung, BA,¹ Gregory J. Regts, MA,¹ Hector Betancourt, PhD^{1,2} and Patricia M. Flynn, PhD, MPH¹

¹Psychology, Loma Linda University, Loma Linda, CA and ²Psychology, Universidad de la Frontera, Temuco, Chile

Poster Session D **10:15 AM-11:45 AM**

D-137

A NOVEL MEASURE OF IMPLICIT ATTITUDES PREDICTS BLOOD DONATION BEHAVIOR

Regina M. Warfel, MS, Katrina Hamilton, HS, Anthony Hess, BA, Mary Mushaben, HS, Markie Ruggeri, HS, Emily Jones, HS, Jacob Mosher, BA, Jessica Solano, HS, Janis L. France, PhD and Christopher R. France, PhD

Psychology, Ohio University, Athens, OH

Poster Session D **10:15 AM-11:45 AM**

D-171

SOCIAL SUPPORT FOR PHYSICAL ACTIVITY AMONG SAN DIEGO COUNTY LATINAS

Sandra C. Soto, MPH, RN, Elva Arredondo, PhD, Christina Holub, PhD, MPH, Guadalupe X. Ayala, PhD, MPH, John P. Elder, PhD, MPH, Dayana Chanson, MPH, Kari Burke, BA and Jessica Haughton, MPH, MA
San Diego State University, Institute for Behavioral and Community Health, WASHINGTON, CA

Poster Session D **10:15 AM-11:45 AM**

D-183

DOES THE EFFECTIVENESS OF INTERVENTIONS THAT CHANGE ATTITUDES, NORMS, AND SELF-EFFICACY DEPEND UPON THE CLASS OF HEALTH BEHAVIOR?

Erika Montanaro, Master of Science,¹ Alex Maki, Masters,² Angela D. Bryan, PhD,¹ Alex Rothman, PhD² and Paschal Sheeran, PhD³

¹Psychology, University of Colorado Boulder, Boulder, CO;

²Psychology, University of Minnesota, Minneapolis, MN and

³Psychology, University of Sheffield, Sheffield, United Kingdom

MERITORIOUS STUDENT AWARDS

Poster Session D

10:15 AM-11:45 AM

D-200

AFRICAN AMERICAN SMOKERS REPORT GREATER ATTENTIONAL BIAS TO SMOKING CUES THAN WHITE SMOKERS: IMPLICATIONS FOR SMOKING CESSATION

Cendrine Robinson, BS,¹ Wallace Pickworth, PhD,² Stephen Heishman, PhD³ and Andrew Waters, PhD¹

¹Uniformed Services University of the Health Sciences, Washington, DC; ²Battelle Centers for Public Health Research & Evaluation, Baltimore, MD and ³NIDA Intramural Research Program, Baltimore,



ANNUAL MEETING A TO Z

ADA COMPLIANCE

If you require special arrangements in order to fully participate in the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

BOOK EXHIBIT AND PUBLICATIONS MART

We are pleased to announce the return of the Book Exhibit and Publications Mart in the SBM Resource Booth. SBM has invited various publishers to display and sell books/publications on a variety of topics of interest to Annual Meeting attendees in the Poster Hall. Stop by the SBM Resource Booth to see what other SBM members are publishing!

CAREER PLACEMENT MESSAGE BOARD

A self service Career Placement Message Board is available onsite at the SBM Annual Meeting near the Registration Desk for meeting attendees to self-post position openings on behalf of an institution. Instructions for formatting a posting are as follows:

1. All position announcements should be prepared on an 8.5" x 11" sheet of institutional letterhead
2. Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/applications.
3. Attendees planning to post a career placement message onsite are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees.

All posting is self-service and a benefit of attending the SBM Annual Meeting.

CITATION AWARDS

Citation Awards are those Paper and Poster submissions judged by the Program Committee to be especially original and significant.

COMMITTEE AND COUNCIL MEETINGS

Membership Council Meeting

Friday, March 22, 2013
3:45 pm – 4:45 pm
Union Square 05-06, 4th floor

Special Interest Group Council Meeting

Friday, March 22, 2013
4:15 pm – 5:15 pm
Union Square 03-04, 4th floor

CONTINUING EDUCATION CREDITS

If you receive CE credits there is no need to sign in and out! Just be sure to attend each session in its entirety and fill out the post-meeting evaluation available through the SBM website (www.sbm.org). This evaluation will be available following the closing session on Saturday, March 23. The evaluation will contain an attestation statement, which indicates that you attended each session you want credit for in its entirety. To receive credit for a session you must stay for the duration of that session!

CONTINUING EDUCATION CERTIFICATES

Conference attendees who wish to receive a continuing education certificate for attendance at the 2013 Annual Meeting, must follow these steps:

1. Purchase continuing education credits, using the 2013 Annual Meeting Registration Form or onsite at the Registration Desk, located in the East Lounge on the Ballroom Level (directly outside of Continental 04-06).
2. Within 30 days following the Annual Meeting (starting Saturday, March 23, 2013 and ending, Friday, April 16, 2013), complete an online evaluation form. Registration packets for attendees who purchased continuing education credits (distributed onsite) will include a link to the online form. The SBM national office will also email the link to these attendees. The evaluation form does ask questions pertaining to attended sessions so it might be helpful to take session notes. Immediately after attendees complete the online evaluation, continuing education certificates will be emailed to the address indicated on the evaluation. Certificates are available ONLY to attendees who purchased continuing education credits AND completed the online evaluation.

DINNER WITH AN EXPERT

These dinners have been organized by the Education, Training and Career Development Council. Dinners will take place off-site. Registrants are responsible for payment of own dinner.

EXHIBITOR DIRECTORY

The Exhibit tables are located in the Golden Gate Rooms on the Lobby Level.

Staffed Exhibit Hours:

Wednesday, March 20, 2013	6:30 pm – 8:00 pm
Thursday, March 21, 2013	7:00 pm – 8:30 pm
Friday, March 22, 2013	6:30 pm – 8:00 pm
Saturday, March 23, 2013	10:15 am – 11:45 am

ANNUAL MEETING A TO Z

Table 5:
National Cancer Institute, Division of Cancer Control and Population Sciences

Web Site: <http://cancercontrol.cancer.gov/brp/>

Email: oconnellm@mail.nih.gov

Behavioral research in the context of cancer control is the study of the initiation, conclusion or maintenance of actions to prevent, detect or ameliorate the effects of cancer. Behavioral scientists are particularly interested in elucidating the behavioral and psychosocial antecedents that predict or influence health outcomes. The Behavioral Research Program (BRP) is within the National Cancer Institute's Division of Cancer Control and Population Sciences. BRP initiates, supports, and evaluates a comprehensive program of research ranging from basic behavioral research to the development, testing, and dissemination of interventions in areas such as tobacco use, screening, dietary behavior, and sun protection. The goal of the BRP is to increase the breadth, depth, and quality of behavioral research in cancer prevention and control. Established in 1997, BRP now has six branches that support and conduct behavioral research across the cancer continuum. Those branches are Basic Biobehavioral and Psychological Sciences Branch (BBPSB), Health Behaviors Research Branch (HBRB), Health Communication and Informatics Research Branch (HCIRB), Process of Care Research Branch (PCRB), Science of Research and Technology Branch (SRTB), and Tobacco Control Research Branch (TCRB).

Table 7:
BeHealth Solutions, LLC

375 Greenbrier Drive
 Charlottesville, VA 22901

Phone: (434) 422-9090 x700

Email: Joe@behealthsolutions.com

BeStudy Manager is a web-based technology platform for managing research studies and developing online behavioral interventions. Its study management tools include the following online features: participant recruiting and consenting, tracking of participant study progress, pre- and post-assessment data capture, prospective diary collection, automated emails, and convenient remote access for participants and study coordinators across geographic locations. These features result in greater study efficiency; improved protocol consistency; and increased data accuracy compared to traditional study methods. Content management features allow for the quick and cost-effective creation of interactive, tailored, online interventions that are integrated with the study management tools. BeHealth Solutions, LLC provides BeStudy Manager under the Software-as-a-Service model – we take care of technology hosting, programming, maintenance and support issues, so researchers can focus on the research itself. BeStudy Manager has been used for more than a decade in Internet intervention research trials, benefitting from more than \$12 million in study finding. This advanced platform and our experienced staff can meet your unique study protocol and intervention requirements, and provide training and support to your team. Learn more at: www.behealthsolutions.com.

Table 8:
Public Health Law Research

1719 N. Broad Street
 Philadelphia, PA 19122

Phone: (215) 204-2218

Email: lgoodman@temple.edu

Public Health Law Research, a Robert Wood Johnson Foundation® program at Temple University, is a national initiative to promote effective regulatory, legal and policy solutions to improve public health. Laws have improved the public's health by affecting behaviors (such as promoting seatbelt use and immunizations) and environments (such as regulating exposure to lead and protecting communities from the spread of infectious diseases). Laws can enable the public to make healthy choices, and they give public health agencies the authority to respond to community needs in times of crisis. Laws and law enforcement practices can also have unintended negative effects on health. The Public Health Law Research program is dedicated to building the evidence base for laws that improve public health. We fund research, improve research methods, and make evidence more accessible to policy-makers, the media, and the public.

Table 9:
National Collaborative on Childhood Obesity Research

1825 Connecticut Ave. NW
 11 North Bldg.

Washington, DC 20009

Phone: (202) 464-3863

Email: dsimms@fhi360.org

The National Collaborative on Childhood Obesity Research (NCCOR) is a public-private partnership between Center for Disease Control, National Institutes of Health, Rober Wood Johnson Foundation, and United States Drug Administration. NCCOR's mission is to improve the efficiency, effectiveness, and application of childhood obesity research and to halt – and reverse – the current childhood obesity epidemic.

Table 10:
Klein Buendel, Inc.

1667 Cole Blvd., Ste 225
 Golden, CO 80401

Phone: (303) 565-4331

Email: jjohnson@kleinbuendel.com

Klein Buendel, Inc. specializes in the research and development of health behavior and education programs. The firm designs, develops and evaluates targeted public health interventions in collaboration with academic, public and private partners by bringing together a dynamic multimedia development team and leading research scientists. The company has developed several evidence-based products including: mobile phone-based programs such as the Real e Quit smoking cessation program and Solar Cell, a GPS-enabled application that helps users protect themselves from harmful UV exposure; the Real Health commercial stock art service for health communicators featuring images of under-represented populations; the Live Fit on Campus web-based nutrition program

ANNUAL MEETING A TO Z

for college freshmen; and the Sun Safe States web program to provide state health departments with a single complete resource for families, school and employer-related sun protection information.

Table 11:
Springer Science and Business Media

233 Spring Street
New York, NY 10013

Phone: (212) 460-1551

Email: janice.stern@springer.com

Springer is the proud publisher of *Annals of Behavioral Medicine*, *Translational Behavioral Medicine*, *Encyclopedia of Behavioral Medicine*, and many other professional and research publications in public health, medicine, allied health, and psychology. We are a global scientific publisher, providing researchers in academia, scientific institutions, and corporate R&D departments with quality content through innovative information products and services. We are also the largest open access scientific publisher in the world, with more than 300 open access journals. Come visit our booth and meet our senior editor, Janice Stern.

EXPERT CONSULTATIONS

The Education, Training and Career Development Council (ETCD) is pleased to offer Expert Consultations again at this year's Annual Meeting. Society Fellows and designated representatives of the SIGs, each representing various areas of interest within the field of behavioral medicine, will contribute their time to facilitate small roundtable discussions with meeting attendees on research and clinical issues of mutual interest.

FELLOWS ANNOUNCEMENT

The following individuals have been advanced to the status of Fellow within the Society of Behavioral Medicine. New Fellows will be officially recognized during the Presidential Address and Awards Ceremony which is being held on Thursday, March 21 from 5:30 pm – 7:00 pm in Continental 04-06, Ballroom Level. Please take time to congratulate all of SBM's new Fellows!

Kathryn L. Taylor, PhD
M. Margaret Dolcini, PhD
Jennifer B. McClure, PhD
Suzanne C. Segerstrom, PhD

FUTURE ANNUAL MEETINGS

35th Annual Meeting & Scientific Sessions
April 23-26, 2014
Philadelphia Marriott Downtown
Philadelphia, PA

36th Annual Meeting & Scientific Sessions
April 22-25, 2015
San Antonio Marriott Rivercenter
San Antonio, TX

37th Annual Meeting & Scientific Sessions
March 30-April 2, 2016

Washington Hilton
Washington, DC

38th Annual Meeting & Scientific Sessions
March 29-April 1, 2017

Hilton San Diego Bayfront
San Diego, CA

HEALTH TECHNOLOGY DEMONSTRATIONS

The Health Technology Demonstration Tables will be located in the Poster Hall (Golden Gate Rooms on the Lobby Level). Representatives from each listed company will be available to demonstrate their products during the days and times listed below.

Wednesday, March 20, 2013 -6:30 pm – 8:00 pm

Table 1 – BitGym:

BitGym powers interactive cardiovascular applications on tablets. Their unique cardio tracking technology allows the tablet to sense the exercise speed of the user on any bike, elliptical or treadmill without any external sensors or data connection.

Table 2 – Gigabody:

Gigabody creates fitness tools and products for people who crave convenience, engagement, and motivational support. Our first product is called *Will Train For Chocolate*: <http://www.willtrainforchocolate.com>, which is meant to inspire, reward, and coach beginning or casual runners to complete a 5k. Our goal is to attract and retain people who do not enjoy the gym through careful product positioning and a balance of intrinsic and extrinsic rewards. Gigabody's next product is an online exercise video service that mitigates many of the barriers to exercise.

Table 3 – Ashametrics:

LifeBand is a soft wearable sensor band that measures emotional arousal in the form of sympathetic nervous system activation. LifeBand measures electrodermal activity, 3-axis acceleration, humidity and temperature, with data logging to internal memory. The data can be downloaded via USB or streamed in real-time via low-power Bluetooth to a mobile phone. LifeBand is a user-friendly tool that can be used for behavioral monitoring, behavioral therapy, autism studies, or mental health interventions.

Thursday, March 21, 2013, 7:00 pm – 8:30 pm

Table 1 – Ginger.io:

At Ginger.io, we're changing the care paradigm from episodic data collection to continuous interaction and insight. Our behavioral analytics platform, which consists of a mobile application that collects active and passive data, our predictive models, and a web dashboard, is a 'check-engine light' for a person's health. Drawing on research from the MIT Media Lab, we use machine learning to model a person's behavior patterns and health - and figure out when something is going wrong in order to deliver context based interventions. Researchers use our platform to improve their intervention studies, while physicians, hospitals and other

ANNUAL MEETING A TO Z

healthcare institutions use it to help connect to chronic patients and their caregivers. Ginger.io is currently working with leading US providers, has won several industry awards, and has received funding from leading venture capital investors.

Table 2 – Paco - Personal Analytics Companion:

Paco is an open source tool for studying daily experience and offering momentary intervention on mobile devices. It has been used both inside Google and outside Google at several universities to study everything from work engagement to substance use. You can learn more about Paco here: <http://www.youtube.com/watch?v=5xYfM3360vE>.

Table 3 – Small Steps Labs LLC:

Fitabase is a realtime monitoring and analysis software for internet-connected physical activity devices. Researchers can use Fitabase to remotely monitor device wearers, see trends in custom tagged user groups, as well as filter and export data. Fitabase currently supports the Fitbit line of activity trackers.

Table 4 – ISIS Ventures Inc:

Oregon Reminders: A mobile optimized system for medication adherence, prescription refills, HIV/STD testing reminders and weekly health tips. www.oregonreminders.org Circle of 6: A mobile app designed to prevent dating violence and abuse among college students. Winner of the White House/ HHS Apps Against Abuse Challenge and the Institute of Medicine Award. <https://play.google.com/store/apps/details?id=com.circleof6>

Friday, March 22, 2013, 6:30 pm – 8:00 pm

Table 1 – Reify Health:

Reify Health is building the lab bench for digital health research. Mobile technology has the potential revolutionize the healthcare industry through patient monitoring and engagement, but the research necessary to discover effective uses of mobile technology in healthcare is time-consuming and expensive. Reify is building a web platform that 1) allows scientists and clinicians to create custom mobile health solutions without doing any programming and 2) provides statistical tools for developers to evaluate the clinical effectiveness of their technologies.

Table 2 – Kairos Labs:

“Habitual” is the first mobile behavior-change gaming network shown to effectively train positive daily habits persisting beyond 100 days. By integrating behavioral & resiliency training methods from Stanford, UPenn and Yale; social gaming design; and advanced smartphone technology, as many as 80% of recent participants were successful in developing a sustainable, daily habit within just the first 40 days.

Table 3 – Open mHealth:

Patients live on a continuum where they slide from being healthy to sick to less sick. The future of health care is such that patients will need to use more than one application (in an app for this and an app for that culture) to build the data richness that’s necessary to get any sort of meaningful insight into their health status as it evolves. Open mHealth will demonstrate the power of integrating

a variety of apps and devices using the Open mHealth software architecture to understand and improve the behavior of a Type 1 diabetic and a veteran with PTSD.

HISTORICAL REVIEW

SBM Past Presidents include:

1979-1980 W. Stewart Agras, MD
 1980-1981 Joseph V. Brady, PhD
 1981-1982 Gene G. Abel, MD
 1982-1983 Michael F. Cataldo, PhD
 1983-1984 Redford B. Williams, Jr., MD
 1984-1985 Stephen M. Weiss, PhD
 1985-1986 Herbert Benson, MD
 1986-1987 Michael J. Follick, PhD
 1987-1988 Evan G. Pattishall, Jr., MD, PhD
 1988-1989 Kelly D. Brownell, PhD
 1989-1990 Albert Stunkard, MD
 1990-1991 Judith Rodin, PhD
 1991-1992 John W. Farquhar, MD
 1992-1993 Rena R. Wing, PhD
 1993-1994 Jacqueline Dunbar-Jacob, PhD, RN
 1994-1995 Richard S. Surwit, PhD
 1995-1996 C. Barr Taylor, MD
 1996-1997 Robert M. Kaplan, PhD
 1997-1998 Thomas G. Pickering, MD, DPhil
 1998-1999 Norman B. Anderson, PhD
 1999-2000 Joel E. Dimsdale, MD
 2000-2001 C. Tracy Orleans, PhD
 2001-2002 Michael G. Goldstein, MD
 2002-2003 David B. Abrams, PhD
 2003-2004 Linda C. Baumann, PhD, RN, FAAN
 2004-2005 Judith K. Ockene, PhD, MEd
 2005-2006 Laura L. Hayman, RN, PhD, FAAN
 2006-2007 Edwin B. Fisher, PhD
 2007-2008 Peter G. Kaufmann, PhD
 2008-2009 Bonnie Spring, PhD, ABPP
 2009-2010 Francis J. Keefe, PhD
 2010-2011 Karen M. Emmons, PhD
 2011-2012 Abby C. King, PhD

MEET AND GREET

On behalf of the Society of Behavioral Medicine, the Membership Council and Council on Special Interest Groups extend an invitation to members and non-members alike to join them at the Thursday Meet and Greet. Learn general information about SBM and the Special Interest Groups (SIGs) and then introduce yourself to SIG Chairs and other leaders.

Meet and Greet

Thursday, March 21, 2012

3:45 pm – 4:45 pm

Snacks will be provided.

Plaza B, Lobby Level

ANNUAL MEETING A TO Z

MERITORIOUS STUDENT AWARDS

Meritorious Student Awards are those Posters and Papers submitted by students and judged by the Program Committee to contain research of the highest caliber.

NAME BADGES AND RIBBONS

With the exception of ticketed Workshops, Seminars and Courses, admission to all educational sessions and the Poster Hall is by name badge only. Please be sure to wear your name badge at all times during the Annual Meeting.

In addition to a name badge, some individuals will be recognized with an identifying ribbon which affixes to their name badge. The following individuals will be recognized with the corresponding ribbon.

Ribbon Colors

General

Ambassador	Dark Teal
Award Winner	Ocean Blue
Citation Recipient	Brown
Distinguished Service Award	White
Exhibitors	Green
Expert Consultant	Neon Yellow
Fellow	Light Blue
Friend of SBM	Purple
Health Tech Demo	Lavender
Meritorious Student Award Recipient	Goldenrod
New Fellow	Aqua Blue
Press	Purple
SBM Fund Contributor	Purple
Speaker	Maroon
Volunteer	Rainbow

Board of Directors

All	Gold
President	Black
Past-President	Yellow
Immediate Past President	Jewel Blue
President-Elect	Navy
Secretary/Treasurer	Yellow
Council Chair	Orange
Committee Chair	Forest Green
Member Delegate	Yellow
Program Chair	Navy
Program Co-Chair	Jewel Blue
Outlook Editor	Violet
Annals Editor	Violet
TBM Editor	Pink
Web Editor	Pink

Councils/Committees/Members

Council Member	Purple
Committee Member	Red
Member	Ivory
New Member	Peach

Other

SBM Staff	Melon
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POSTER HALL

Traditionally SBM has positioned its poster boards – on which posters hang - horizontally, measuring 8 feet wide by 4 feet high. Accordingly poster presenters formatted their posters to fit within that space and read horizontally.

Due to 2013 Annual Meeting space constraints we'll be positioning the poster boards vertically:

The surface area for poster display will be 4 feet wide by 8 feet high (1.2 meters wide by 2.4 meters high). The exact poster dimensions are up to poster presenters, but we recommend no higher than 5 feet (1.5 meters) – for ease of vertical viewing.

What happens if I bring a wrong-sized poster to San Francisco?

You can make a remedial trip to the Fed Ex located inside the hotel, where posters can be formatted and printed!

But to avoid unnecessary hassle and expense – “Go Vertical!”

Poster Session Scheduling

Please be sure to hang your poster during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of our vendors there is to be no viewing of posters outside of the established viewing times.

Wednesday, March 20, 2013 – Poster Session A

Author set up posters	4:30 pm – 6:00 pm
Posters available for viewing	6:30 pm – 8:00 pm
Authors present for discussion	6:30 pm – 8:00 pm
Authors remove posters	8:00 pm – 8:30 pm

Thursday, March 21, 2013 – Poster Session B

Authors set up posters	5:00 pm – 6:30 pm
Posters available for viewing	7:00 pm – 8:30 pm
Authors present for discussion	7:00 pm – 8:30 pm
Authors remove posters	8:30 pm – 9:00 pm

Friday, March 22, 2013 – Poster Session C

Author set up posters	4:30 pm – 6:00 pm
Posters available for viewing	6:30 pm – 8:00 pm
Authors present for discussion	6:30 pm – 8:00 pm
Authors remove posters	8:00 pm – 8:30 pm

Saturday, March 23, 2013 – Poster Session D

Authors set up posters	8:15 am – 8:45 am
Posters available for viewing	10:15 am – 11:45 am
Authors present for discussion	10:15 am – 11:45 am
Authors remove posters	11:45 am – 12:15 pm

All posters left after the removal period will be discarded.

ANNUAL MEETING A TO Z

POSTER MENTOR PROGRAM

SBM Fellows have kindly volunteered their time and expertise to work with interested students during SBM poster sessions. Fellows will meet with assigned student presenters during the session in order to foster SBM's unique tone of mentorship and community. This program is small so that networking and conversation do not have to be cut short. If you were interested but were not selected as part of the random drawing, or if you are interested in being mentored at future meetings, remember to indicate your interest during the abstract submission process.

RAPID COMMUNICATION POSTERS

Rapid Communication Posters are late-breaking abstract submissions judged by the Program Committee to be original and beneficial research. Rapid Communications will be presented in Poster Sessions only. A complete listing of Rapid Communication Posters are included on the SBM 2013 Annual Meeting mobile app and will be provided on the 2013 Annual Meeting website at a later date.

SBM RESOURCE BOOTH

Make sure to stop by the SBM Resource Booth. The SBM Resource Booth will feature informational pieces regarding SBM and its policy briefs along with the Book Exhibit and Publications Mart.

VOLUNTEERS

SBM Student/Trainee members will be volunteering during the meeting and are eager to help you navigate the meeting. Whether at the registration desk or roaming the halls, SBM volunteers can be identified by a bright "volunteer" ribbon on their name badge. If necessary, they will also be able to help you find an SBM staff member.

SPECIAL INTEREST GROUPS

Are you a Member of SBM who hasn't signed up for a Special Interest Group (SIG) or perhaps a non-member who might be interested in signing up for a particular SIG through new membership? SBM SIGs offer a fit for every area of interest: Where do you belong? Renew your membership today and sign up for a SIG at no additional cost or become a new member and start participating in the SIG of your choice with colleagues who are also interested in the same area(s) as you! Member application and renewal forms can be found at sbm.org. Already paid your 2013 dues and would like to join a specific SIG? Email info@sbm.org and request to join.

AGING

Contact Information:

Co-Chair: Patricia C. Heyn, PhD: Patricia.Heyn@ucdenver.edu

Co-Chair: Katherine S. Morris Hall, PhD: ksmorri1@gmail.com

Description/Mission Statement:

The Aging SIG is focused on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment and policy factors. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The workgroup focused on Aging has identified the need and interest in exploring the ways in which older adults, particularly older adults with chronic illnesses, can alter behavior to promote health and quality of life. The research considering behavior change among older adults has been sparse and it is not clear what types of interventions have the greatest impact at different periods of time (i.e. the young-old versus the old-old), and when faced with the many challenges associated with aging. Moreover, the cultural influence of health promotion and what is expected of older individuals at different life points is also not well addressed. The goals of this workgroup are to develop a symposium that focuses on: Lessons Learned in Facilitating Behavior Change During Transitions Points in Older Adults with Chronic Illness. Papers will include the work of group members in cardiac rehabilitation, dialysis, with older adults post hip fracture, and with adults transitioning into retirement.

BEHAVIORAL INFORMATICS

Contact Information:

Chair: Timothy Bickmore, PhD: ksmorri1@gmail.com

Past Chairs: Beth Bock, PhD: bbock@lifespan.org; Tom Houston, MD, MPH: Thomas.Houston@umassmed.edu

Description/Mission Statement:

The Behavioral Informatics Special Interest Group is designed as a forum for members of the Society of Behavioral Medicine with an interest in the impact of information and communication technology on health behavior outcomes and processes. Our working definition of "Behavioral Informatics" incorporates the study of the use of these technologies by patients and health care providers as well as the design, implementation and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and healthcare.

The SIG is now developing a weblog as a discussion forum. Check it out at: <http://behavioralinformatics.blogspot.com/>

CANCER

Contact Information:

Chair: Michael A. Diefenbach, PhD: michael.diefenbach@mountsinai.org

Description/Mission Statement:

The Cancer Special Interest Group of SBM aims to foster high quality collaborative research, enhance the professional development of its members, and work with other professional organizations involved in cancer prevention and control research. Our goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups and socioeconomic strata. We will accomplish our mission through a variety of activities: special symposia, exchange of information via a listserv and fostering of junior investigators.

SPECIAL INTEREST GROUPS

CHILD AND FAMILY HEALTH

Contact Information:

Kenneth Tercyak, PhD: tercyakk@georgetown.edu

Description/Mission Statement:

The Child and Family Health Special Interest Group is an interdisciplinary forum for members of the Society of Behavioral Medicine concerned with the health and wellbeing of children, adolescents and families. Members of this SIG have interests bridging biological, cognitive, emotional, behavioral and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. Members are involved in the conduct of research and provision of services to promote child health and development, prevent childhood illness and injury and foster family adjustment to chronic illnesses and other physical conditions of childhood. This SIG aims to advance and disseminate knowledge, foster professional networks to produce high-quality collaborative research and ultimately enhance the health and wellbeing of children, adolescents, and families.

COMPLEMENTARY AND INTEGRATIVE MEDICINE

Contact Information:

Laura A. Young, MD, PhD: Laura_Young@med.unc.edu

Description/Mission Statement:

According to the National Center on Complementary and Alternative Medicine (NCCAM) of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western (conventional) medicine does not commonly use, accept, study, understand or make available. This special interest group provides a forum for discussion of CAM, as defined by the NCCAM of the NIH, as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care. In particular, the CAM SIG will promote understanding of the underlying behavioral and psychological processes and application of CAM approaches; attitudes toward use and delivery of CAM; and use of CAM with special populations, in the context of culturally traditional healing, and in regard to public health policy. CAM SIG membership does not imply or endorse the individual's ability to practice CAM modalities.

DIABETES

Contact Information:

Chair: Korey Hood, PhD: HoodK@peds.ucsf.edu

Co-Chair: Jennifer C. Averyt, MS: jm317105@ohio.edu

Description/Mission Statement:

The Diabetes Special Interest Group is designed to be a forum for Society of Behavioral Medicine members with an interest in the advancement of behavioral and psychological research in diabetes. Our goals are to: 1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM conference; 2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and 3) support professional networking and the training of young investigators and students interested in diabetes research. These goals will be accomplished through the collaborative development of submissions for the SBM conference, organization of meetings and symposia, communication through our listserv and other activities that will evolve.

ETHNIC, MINORITY, AND MULTICULTURAL HEALTH

Contact Information:

Chair: Hayley S. Thompson, PhD: thompsoh@karmanos.org

Co-Chair: Frank L. Sotelo, BA: frank.sotelo@gmail.com

Description/Mission Statement:

The Ethnic Minority and Multicultural Health Special Interest Group (EMMH SIG) concerns itself with advancing the field of ethnic minority and multicultural health, through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees and the peer-review process.

EVIDENCE-BASED BEHAVIORAL MEDICINE

Contact Information:

Co-Chair: Sherri Sheinfeld-Gorin, PhD: sherri.gorin@gmail.com

Co-Chair: Karen Oliver, PhD: Karen_Oliver@brown.edu

Description/Mission Statement:

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine (EBBM) is a relatively young field that has similar purposes. Researchers, clinicians, students, and policy makers may all wish to become better acquainted with the history, principles and future directions of this field.

In addition to hosting a breakfast session at the annual Society of Behavioral Medicine conventions, the EBBM Special Interest Group (SIG) also has a listserv for contact among those interested in EBBM.

SPECIAL INTEREST GROUPS

HEALTH DECISION MAKING

Contact Information:

Chair: Suzanne O'Neill, PhD: sco4@georgetown.edu

Co-Chair: Jennifer L. Hay, PhD: hayj@mskcc.org

Description/Mission Statement:

The Health Decision Making Special Interest Group provides a forum within the Society of Behavioral Medicine to advance the theory, science and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals and clinical decision making by health professionals.

The HDM SIG accomplishes its mission through 1) fostering communication and collaboration among its members; 2) providing high quality peer review of abstracts and manuscripts on decision making topics submitted to SBM meetings and publications; 3) developing and offering activities through SBM venues that will enhance the collective knowledge of health decision making among SBM members; and 4) providing guidance on the science of health decision making to SBM committees, SIGs, and councils.

The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

INTEGRATED PRIMARY CARE

Contact Information:

Chair: Mark E. Vogel, PhD: vogel1@msu.edu

Description/Mission Statement:

The Integrated Primary Care SIG is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. We provide a forum for the exchange of information and foster relationships between behavioral health and medical professionals in order to: 1) facilitate the integration behavioral health professionals and biopsychosocial interventions into primary care settings; 2) advance research of behavioral health interventions in primary care; 3) support the training of students pursuing integrated primary care; and 4) inform the development of policies that impact behavioral health care in primary care settings. We meet these goals through meetings and symposia at SBM conferences, communication through our listserv and collaborating with other organizations that promote integrated primary care.

MILITARY AND VETERANS' HEALTH

Contact Information:

Co-Chair: Kenneth R. Jones, PhD: kenneth.jones6@va.gov

Co-Chair: Michael A. Glotfelter, MS: michael.glotfelter@afncr.af.mil

Communication Officers:

David E. Goodrich, EdD, MS, MA: david.goodrich2@va.gov

Amanda McCorkindale, PsyD: amanda.mccorkindale@gmail.com

Jo Lyn Tatum, PhD: jolyntatum@gmail.com

Description/Mission Statement:

The Military and Veterans' Health SIG is an interdisciplinary group of researchers, clinicians and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training and mentoring in military and veterans' health. This includes translating evidenced-based behavioral medicine interventions into clinical care for military service members engaged in active duty and veterans that improve health outcomes by promoting innovative implementation and evaluation practices and access to quality and cost-effective care. We invite those who have an interest in promoting health within the unique health care systems of the Department of Defense and the VA in the United States, as well as those interested in improving health outcomes in active duty service members and veterans from around the globe.

MULTIPLE HEALTH BEHAVIOR CHANGE

Contact Information:

Chair: Lisa M. Quintiliani, PhD, RD: lisa.quintiliani@bmc.org

Co-Chair: Marcella H. Boynton, PhD: marcella.h.boynton@duke.edu

Description/Mission Statement:

The Multiple Health Behavior Change SIG aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. The group addresses theoretical, methodological, interventional, statistical and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include, but are not limited to, tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure and stress. Our cross-disciplinary group is designed to enhance the professional development of its members by fostering networking, mentorship, career development and scientific discussion.

SPECIAL INTEREST GROUPS

OBESITY AND EATING DISORDERS

Contact Information:

Co-Chair: Amy A. Gorin, PhD: amy.gorin@uconn.edu

Co-Chair: Stephanie L. Fitzpatrick, PhD: fitzpatrickorama@gmail.com

Description/Mission Statement:

The purpose of the Obesity and Eating Disorders Special Interest Group (OED SIG) is to provide networking, mentorship and scientific training to those interested in obesity, eating disorders and weight-related pathology. Members of the OED SIG also aim to advance the field of obesity and eating disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

PAIN

Contact Information:

Chair: Martin D. Cheatle, PhD: Martin.Cheatle@uphs.upenn.edu

Description/Mission Statement:

Millions of people suffer from painful conditions, with wide-ranging physical, psychological, social and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological and social sciences. Our current understanding of biopsychosocial factors in pain perception and management is largely based on interdisciplinary research and clinical practice. Interdisciplinary efforts have accounted for significant contributions to the understanding of pain, including, the Gate-Control Theory, the development of a cognitive behavioral perspective of pain, and the role of learning and conditioning in pain. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through: 1) increasing interdisciplinary communication; 2) promoting research; 3) providing education and training for both researchers and clinicians; 4) mentoring students and young professionals; and 5) providing a forum for collaboration between interested individuals and groups.

PHYSICAL ACTIVITY

Contact Information:

Chair: David Marquez, PhD: marquezd@uic.edu

Co-Chair: Matt Buman, PhD: mbuman@asu.edu

Description/Mission Statement:

The aims of the Physical Activity SIG are to: 1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; 2) provide a format for both formal and informal networking among SBM members with physical activity interests; and 3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections and SBM program submissions.

SPIRITUALITY AND HEALTH

Contact Information:

Co-Chair: Crystal Park, PhD: crysdara@aol.com

Co-Chair: Amy B. Wachholtz, PhD, MDiv: amy.wachholtz@umassmemorial.org

Description/Mission Statement:

Spiritual matters have always been linked to human health. All major religions, for example, typically prescribe or prohibit a variety of health-related behaviors and beliefs. Examples include rules against smoking, no or limited use of alcohol (and other drugs) and regular care of the body (e.g., routine exercise, nutritious diets, good sanitary habits). Why this concern with health? Part of the reason is because the body and its well being, along with the mind and spirit, are often viewed as a gift of God (some would say God's Temple) or a higher or universal power or spirit. In this sense all human life is sacred and must be cared for.

Until recently the possible links of spiritual and religious factors to health, broadly viewed, were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations over time of selected spiritual and religious factors with important health and disease outcomes (e.g., less all-cause mortality; higher subjective well-being). An emerging theme is that any causal relationships with health, if existing, are more indirect and distal in nature (e.g., as mediating or moderating factors). The Spirituality and Health Special Interest Group seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work. Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also bear on ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters. In North America and in some other areas of the world, the majority of people with health issues and problems are spiritually involved or religiously active. Health professionals and scholars need to better understand the connections between health, disease and spiritual matters.

STUDENT

Contact Information:

Chair: Heather L. McGinty, MA: heather.mcginty@moffitt.org

Description/Mission Statement:

The purposes of the Student SIG are to provide a home for student members of the Society of Behavioral Medicine where their unique needs and concerns can be discussed and addressed and to facilitate their professional development. Additional goals of the Student SIG include promotion of the following: student-oriented programs, activities, and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join.

THEORIES AND TECHNIQUES OF BEHAVIOR CHANGE INTERVENTIONS

Contact Information:

Chair: Susan Michie, DPhil, CPsychol, FBPS, AcSS: s.michie@ucl.ac.uk

Co-Chair: Alexander J. Rothman, PhD: rothm001@umn.edu

Co-Chair: Stephanie M. Case: stemarsh@iupui.edu

Description/Mission Statement:

The Theories and Techniques of Behavior Change Interventions (TTBCI) SIG includes promotion of the following: student-oriented programs, activities and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join.

TTBCI is an interdisciplinary group of researchers, clinicians and educators who are committed to developing methods to improve the design and evaluation of interventions aimed at changing preventive, illness-related and health professional behaviors. We will aim to promote research, education, training, mentoring, clinical and public health practice and policy development in the area of behavior change interventions.

Most interventions are complex, comprising many component behavior change techniques. To date, there has been no shared language for describing the content, especially the 'active ingredients' of behavior change interventions; by contrast, biomedical interventions are precisely specified. There is also increasing recognition of the importance of developing theory-based interventions. The SIG will allow exchange of ideas and foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions and linking behavior change techniques to theory.

WOMEN'S HEALTH

Contact Information:

Co-Chair: Christina Psaros, PhD: cpsaros@partners.org

Co-Chair: Valessa St. Pierre, MS: valessastpierre@gmail.com

Description/Mission Statement:

The Women's Health SIG is an interdisciplinary group of researchers, clinicians, educators and public health advocates committed to promoting research, clinical and community interventions, policy as well as education, training and mentoring in women's health. The SIG is also dedicated to supporting the professional advancement of women and women's issues in behavioral medicine.

THINGS TO SEE AND DO IN SAN FRANCISCO

Welcome to The City by the Bay, one of the most beautiful cities in the world. Whether you are looking for stunning scenery, highly-acclaimed international cuisine, fascinating history or chic shopping, San Francisco has everything – and more!

It's a city best explored on foot. Step into a pair of comfortable walking shoes and armed with only a map, set out to discover some of the city's most fascinating neighborhoods and popular attractions.

When your feet tire of walking the city's legendary hills, get a lift from the easily-accessible public transportation system comprised of the historic street and cable cars, the efficient subway system, buses and light-rail vehicles.

If you want more adventure, take an unforgettable excursion to infamous Alcatraz Island, a former federal prison located just off Fisherman's Wharf.

Or spend a day renting a bike and riding across the Golden Gate Bridge to Marin County to explore the picturesque waterfront community of Sausalito. When done there, hop aboard a ferry - bike and all - for a quick 25-minute ride across the bay back to the city.

If getting out of the city is your aim, rent a car or take a tour and cross the Golden Gate Bridge to Marin County. Spend time at the Marin Headlands, located just off the base of the bridge to see spectacular views of the city.

Go a bit further to visit Muir Woods, a 295-acre remnant of the ancient coast redwood forests, which at one time blanketed many northern California coastal valleys. The national monument contains six miles of walking trails among the old-growth giants, the tallest living things in the world.

You can also head north along infamous Highway One for breathtaking views of the rugged Pacific Coast. Or venture further inland to discover Wine Country where you can be pampered with lovely restaurants, shops and of course, some of the world's finest wineries.

This directory contains a listing of many things to see and do during your stay in San Francisco, as well as some basic city information. Be sure to take time to experience some of what the area offers.



RESTAURANTS

Deciding which restaurant to visit and then deciding what to eat while there will probably be some of your biggest challenges while in San Francisco. Whether it is Chinese street food or an elegant sit-down meal, you have everything at your doorstep.

A delightful selection of Asian restaurants go beyond the simple Chinese and Japanese. Asian Fusion is ever-popular as are the area's noodle restaurants. You will also find California-inspired menus as well as traditional American fare.

Some of the best seafood in the world, including fresh Dungeness crab and oysters, is available in San Francisco. Italian food is plentiful in the North Beach area (known to some as Little Italy). If organic, vegetarian or vegan food is your thing, San Francisco will be a delight to your taste buds!

INEXPENSIVE - \$20 AND UNDER

Old Siam – Thai

(Casual)
25 Mason Street; PH: 885-5154

Osha Thai Noodle Cafe – Thai

(Casual)
696 Geary; PH 673-2368
www.oshathai.com

Ar Roi – Thai

(Casual)
643 Post Street; PH: 771-5146

Pho Tan Hoa – Vietnamese

(Casual)
431 Jones Street; PH: 673-3163

Chutney – Indian & Pakistani

(Casual)
511 Jones Street; PH: 391-5541
www.chutneysf.com

Ryokos – Sushi

(Casual)
619 Taylor Street; PH: 775-1028
www.ryokos.com

Sushi Boat – Sushi

(Casual)
389 Geary Street; PH: 781-5111

L'Ottavo Ristorante – Italian

(Casual)
692 Sutter Street; PH: 922-3944

Lori's Diner – American

(Casual)
149 Powell Street; PH: 677-9999
www.lorisdiner.com

Lefty O'Douls – American

(Casual)
333 Geary Street; PH: 982-8900
www.leftyodouls.biz

Honey Honey Café & Crepery – Crepes

(Casual)
599 Post Street; PH: 341-2423
www.honeyhoneycafeandcrepery.com

Pinecrest Diner – American

(Casual)
401 Geary Street; PH: 885-6407
www.pinecrestdiner.com

Café Rulli – Coffee & Deli

(Casual)
333 Post Street; PH: 433-1122
www.rulli.com

Café Mocca – Coffee & Deli

(Casual)
175 Maiden Lane; PH: 956-1188

MODERATE - \$21 TO \$49

Sanraku – Japanese

(Casual)
704 Sutter Street; PH: 771-0803
www.sanraku.com

Sakana – Japanese

(Casual)
605 Post Street; PH: 775-7644
www.sfsakana.com

E & O Asian Kitchen – Asian Fusion

(Business casual)
314 Sutter Street; PH: 693-0303
www.eosanfrancisco.com

El Sotano Grill – Mexican

(Casual)
550 Powell Street; PH: 989-7131
www.elsotanogrillsf.eat24hour.com

Colibri Mexican Bistro – Mexican

(Semi casual)
438 Geary Street; PH: 440-2737
www.colibrimexicanbistro.com

Finally, if you're a real foodie, someone with a discriminating palate and a taste for fine wine, there are scores of high-end restaurants.

But what are the best restaurants in San Francisco? Which ones should you visit? It's hard to say ... but some people do seem to know. For the most up-to-date information and reviews, check out www.zagat.com; www.sanfranciscorestaurants.com; or www.sfgate.com/food.

Within walking distance of the hotel is the ever-popular food court at the Westfield San Francisco Centre shopping center. Located at 865 Market Street, at the Cable Car Turnaround, the food court features international delights at inexpensive prices.

A sampling of restaurants within walking distance of the hotel appears as follows. If the restaurant has a website, it's included.

Amber India – Indian

(Casual)
25 Yerba Buena Lane; PH: 777-0500
www.amber-india.com/Indian-Restaurant-San-Francisco/

Café Claude – French

(Casual)
7 Claude Lane; PH: 392-3505
www.cafeclaudesf.com

Hops & Hominy – Southern

(Casual)
1 Tillman Place; PH: 373-6341
www.hopsandhominy.com

EXPENSIVE - \$50 AND OVER

Fleur De Lys – French

(Formal)
777 Sutter Street; PH: 673-7779
www.hubertkeller.com/restaurants/fleur-de-lys.html

Le Central – French

(Casual)
453 Bush Street; PH: 391-2233
www.lecentralbistro.com

Farallon – Seafood

(Semi casual)
450 Post Street; PH: 956-6969
www.farallonrestaurant.com

Bourbon Steak – Steak

(Semi formal)
335 Powell Street; PH: 397-3003
www.bourbonsteaksf.com

Chez Papa – French

(Semi-Casual)
4 Mint Plaza; PH: 546-4134
www.chezpaparesto.com

Jeanne D'Arc – French

(Casual)
715 Bush Street; PH: 421-3154
(in the Cornell Hotel de France)
www.restaurantjeannedarc.com

Café de la Press – French

(Casual)
352 Grant Avenue; PH: 398-2680
www.cafedelapress.com

Le Colonial – French Vietnamese

(Semi formal)
20 Cosmo Place; PH: 931-3600
www.lecolonialsf.com

Gitane – Spanish French

(Business casual)
7 Claude Lane; PH: 392-3505
www.gitanerestaurant.com

Fino Ristorante-Bar – Italian

(Business casual)
624 Post Street; PH: 923-2080
www.finoristorante.com

Zingari Ristorante – Italian

(Semi casual)
501 Post Street; PH: 885-8850
www.zingari.com

Scala's Bistro – California Italian

(Semi casual)
432 Powell Street; PH: 395-8555
www.scalasbistro.com

Leatherneck Steakhouse & Lounge – Steak

(Semi-formal)
609 Sutter Street; PH: 673-6672
(in the Marine's Memorial Club & Hotel)
www.marineclub.com

Grand Café Brasserie & Bar – California French

(Casual)
501 Geary Street; PH: 292-0101
www.grandcafe-sf.com

STROLL THROUGH THE NEIGHBORHOODS

Walkers beware: San Francisco terrain can be hilly! Wear comfy shoes and be prepared for a bit of a work-out. Be sure to take along a light jacket and a map. Some of these neighborhoods are within walking distance from the Hilton San Francisco Union Square, others will require a trolley, cable car or bus ride.

UNION SQUARE DISTRICT

Whether you are looking for great restaurants, a cup of coffee while people watching, an evening at the theatre or shopping, Union Square is for you. Nearly every fashion label in the world has set up shop around Union Square, a landmark park in the heart of the downtown shopping and hotel district. For a list of Union Square offerings, visit www.unionsquareshop.com.

Granite plazas, a stage, a café and four grand entrance corner plazas bordered by the park's signature palms (not, by the way, native to San Francisco), pay tribute to the Square's distinctive history. To buy half-price day-of-show tickets, head to the TIX Bay Area booth on Powell Street, between Geary and Post.

Tucked near Union Square is the little alley reminiscent of Europe called Claude Lane. Not exactly a neighborhood, it feels like one – and French at that! The SF Weekly's 2012 pick for "Best Place to Pretend You're in France," brick-paved Claude Lane is lined with boutiques, an art gallery and charming restaurants – mostly French; many offer outside seating – a dicey but possible proposition in March.

CHINATOWN

No worries if you lose your itinerary while visiting San Francisco's Chinatown; enchantment can be your guide. Pass through the flamboyant Dragon Gate entrance at Grant Avenue and Bush Street, and you are immediately immersed in China. Besides restaurants, you will find small stores selling Chinese herbs, teas, ointments, plastic Buddhas and more. But to get away from the touristy stuff and discover how local denizens shop and bargain for produce, live turtles and chickens walk down Stockton Street, between Columbus and Broadway, on Saturday afternoon.

Who can bake 20,000 fortune cookies in one day? Two women – the entire crew – at the Golden Gate Fortune Cookie Factory, on Ross Alley. Watch how they do it and buy a bag of 40 cookies for only a few dollars.

Visit one of the area's temples or churches, such as the Buddha Universal Church. At five stories tall, it is the largest Buddhist church in the country. The Buddhist Gold Mountain Sagely Monastery is in the heart of Chinatown and offers Sutra recitations, meditation classes and discussions on Buddhism. The Kong Chow Temple is a Taoist temple founded in 1857 and has colorful altars that display representations of various gods.

History buffs should especially check out the Chinese Historical Society of America, dedicated to the study, documentation, and

dissemination of Chinese American history, at 965 Clay Street. For more information, check out www.chsa.org.

For more information about Chinatown, visit www.sanfranciscochinatown.com.

FISHERMAN'S WHARF

What's a trip to San Francisco without seeing Fisherman's Wharf? Locals pretend to not like the area but tourists love it! It is possible to have a cheap, good time there and see some of the best views in the city, eat fresh seafood and watch the ever-amusing sea lions.

Last year, almost 12 million people made their way to the Wharf. In international surveys, it ranks as the No. 1 destination for San Francisco-bound visitors, right ahead of Chinatown and the Golden Gate Bridge.

The Wharf's biggest attraction - drawing more than 1 million visitors per year – and a short boat ride away is Alcatraz, the home away from home for some infamous characters (Al Capone and Robert "the Birdman" Stroud among them). The island has been many things since its inception in 1853, including a US Army fort, a military prison and a high-security penitentiary.

Tour the island and you will see the cell blocks, which were designed to be inescapable - and they were. Of the 14 inmates who attempted escape, none were successful. Those caught trying were punished with endless hours in solitary confinement. Today, it's the visitors waiting to get in who spend endless hours on the Rock.

The tour often sells out. If you want to take this tour, get your tickets ahead of time – maybe even a month before the annual meeting - and print them at home, www.alcatrazcruises.com. This will ensure you get a chance to visit this unforgettable and unforgiving island.

THE EMBARCADERO

Once a bustling seaport along the San Francisco Bay, especially during the 1849 Gold Rush, the Embarcadero now serves as a tourist destination and departure point for ferries.

The Ferry Building, at the foot of Market Street, houses high-end gift, antique and gourmet food shops as well as several popular restaurants. On weekends, regional artists peddle ceramics, jewelry, photographs and other wares from colorful kiosks nestled along the eastern end of Market Street. Across Market Street, in front of the Ferry Building, northern California farmers sell their freshest bounty, much of it organic. Learn more about the Embarcadero at: www.sanfrancisco.travel/neighborhood/embarcadero-financial-district.

If time permits, hop aboard a ferry for Sausalito to find an abundance of art, clothing and gift boutiques. A few of the restaurants just north of town offer a picturesque view of the colorful houseboats for which Sausalito is famous.

HAIGHT-ASHBURY

When thinking of San Francisco, one of the first thoughts that pop into your mind is probably the tie-dyed, hippy culture, guitar-strumming 1960s era. Save for a few relics, much of the Haight-

STROLL THROUGH THE NEIGHBORHOODS

Ashbury area is different than it was nearly 50 years ago but it still remains the place where the counter-culture gathered to celebrate peace and love and all things in between.

Not to be missed is the Haight-Ashbury Flower Power Walking Tour, your backstage pass to what is called the “coolest area in the universe!” A well-versed guide will take you through the “cosmic history” of free rock, communes, wild fashion and cults. The tour boasts of being “60% hippy history and 40% general neighborhood history and architecture, but it’s always 100% ‘far-out’ fun!” The tour finishes with the Psychedelic History Museum, which is open only in conjunction with the tour. For tickets and more information, go to www.haightashburytour.com.

When you are done with the past, take some time to wander through the area’s cafes and bookstores. Books you would have difficulty finding in more mainstream stores, you just might find at the volunteer-run Bound Together Bookstore. If you are looking for a craft shop featuring items from all over the world, look no further than Genesis Imports. Whether it is Peruvian jewelry or American Indian saddle blankets, this shop will carry it.

TELEGRAPH HILL

At one point, a semaphore telegraph system stood atop the summit of this legendary hill in San Francisco and the name stuck. Walking through this lovely neighborhood can make for a wonderful afternoon but beware – lots of stairs to climb to reach the top of the hill where the art deco Coit Memorial Tower stands. Step inside the tower and admire the series of colorful murals painted in 1934 by local artists under the Public Works Art Project. From atop the 210-foot tower the view of the city is panoramic.

PARKS AND OUTDOOR SPACES

GOLDEN GATE PARK

With its more than 1,000 acres, Golden Gate Park is one of the largest urban parks in the world and even bigger than New York City’s Central Park!

About 3 miles long and ½ mile wide, the park stretches from Ocean Beach to Stanyan Street. A herd of bison call this oasis home as does the California Academy of Science with its aquarium, planetarium, a natural history museum and a four-story rainforest – all under a living “green” roof!

Other park treasures include the beautiful Botanical Garden at Strybing Arboretum; the internationally famous Japanese Tea Garden with its beautiful sculptures and bridges; the lovely Conservatory of Flowers, which is the oldest existing glass-and-wood Victorian greenhouse in the Western Hemisphere; the quiet and reflective National AIDS Memorial Grove; the de Young Museum; and the Academy of Sciences.

You’ll see cars zig-zagging down Lombard, the crookedest street in the world!

While walking in the area, keep on the lookout for the neighborhood’s famous flock of wild parrots. The area has a long and storied history – over the years, it has been home to immigrants, wealthy investors and artists. If you want to avoid the stairs, take a taxi or bus directly to Coit Tower and wander through the neighborhood – all downhill.

CASTRO DISTRICT

One of the city’s most vibrant and cohesive communities, the Castro District is home to many of San Francisco’s LGBT community as well as others who also appreciate its stylish shops, popular bars and neighborhood restaurants. Political activism coupled with the assassination of openly gay San Francisco Supervisor Harvey Milk in 1978 brought the community together and The Castro became celebratory about its population. Today, the Castro’s gay identity is itself a tourist attraction, beckoning people from all over the world. It is bustling all day long, but at night it really comes alive, as bars fill up and the Castro Theatre’s neon marquee lights up the main drag.

Not to miss is the Metropolitan Community Church San Francisco, at 150 Eureka Street, which is the second-oldest lesbian and gay congregation in the U.S. and which supports many other community organizations that help everyone from teens to the homeless. Visit www.mccsf.org.

A volunteer-led walking tour called *Castro: Tales of the Village* takes you through Castro’s history, from its roots as an Indian foraging ground, to a working-class neighborhood of immigrant homesteaders and finally to its emergence as the vibrant, eclectic district it is today. For tour information, visit www.sfcityguides.org/desc.html?tour=7.

THE PRESIDIO

Soldiers from Spain and Mexico used The Presidio at different points in time before it became a US Army base in 1845. At that point, the grounds started transforming from largely undeveloped dunes and scrub into a fully-functioning military post that eventually had nearly 900 structures. The base was closed in the 1990s and today is part of the Golden Gate National Recreation Area, operated by the US National Park Service.

On its prime waterfront location, the Presidio features many things including a national cemetery, former airfield and The Walt Disney Family Museum (see museum section). Crissy Field is a stunning place in which to walk or bike and has some of the most iconic views of San Francisco Bay and the Golden Gate Bridge.

Baker Beach, at one mile long, lies at the foot of rugged cliffs west of the Golden Gate. Large waves, undertow and rip currents make the

PARKS AND OUTDOOR SPACES

beach unsafe for swimming, but it provides panoramic views of the Golden Gate Bridge, Marin Headlands and Lands End.

The Presidio also has beautifully manicured tree-lined streets filled with buildings that once housed soldiers and that once served as military offices. There are also cafes and restaurants, including one with an organic menu inspired by Alice Waters.

Ranger and docent-led walks are available and there are 11 miles of hiking trails and 14 miles of biking routes within the 1,491-acre parcel of land. Plan your visit to coincide with brunch, lunch or dinner at The Presidio Social Club (presidiosocialclub.com). If you wish to extend your stay in San Francisco, consider staying at the Inn at the Presidio, an elegant Georgian Revival-style building which was once home to unmarried officers. For more information about The Presidio and all it has to offer, visit www.presidio.gov.

YERBA BUENA GARDENS

This oasis of peaceful tranquility in the middle of bustling San Francisco is located above the Moscone Convention Center and covers two square city blocks. One entire block features a 2-1/2 acre grassy meadow (The Esplanade), an extensively-landscaped garden, a 120,000 gallon waterfall, a memorial dedicated to Dr. Martin Luther King Jr., several fountains and major works of public art.

The Children's block, or Rooftop, features a children's art and technology museum, the 100-year-old Children's Creativity Carousel, an interactive play garden and more. The area is also

home to several cafes and the not-to-be-missed Yerba Buena Center for the Arts, designed to "embrace and celebrate a diversity of arts, cultures and audiences."

Nearby museums include the Museum of Modern Art, the Contemporary Jewish Museum and the Museum of the African Diaspora.

LANDS END

Head to the western end of Geary Boulevard and you'll find yourself at Lands End, a wild and rocky park on the Pacific coastline. Part of the Golden Gate National Parks Conservancy, the area features a 3-mile hiking trail that offers one stunning view after another. Along the way, you'll see hillsides of cypress and wildflowers, views of old shipwrecks, ruins of the former Sutro Baths and pocket beaches.

OCEAN BEACH

Picture a 3.5-mile stretch of white beach with few tourists and no high rise buildings. It's just you, the waves and the seabirds at Ocean Beach, on the westernmost border of San Francisco, adjacent to Golden Gate Park. Great for strolling and flying kites, but the water is frigid and the currents hazardous for all but the most experienced surfers.

SAN FRANCISCO ZOO

An all-time favorite for families, the San Francisco Zoo features more than 250 species of wildlife from all around the world. It is located along the ocean, south of Golden Gate Park. Visit www.sfzoo.org.

STEP INTO A MUSEUM

CALIFORNIA ACADEMY OF SCIENCES

It's a one-stop museum for many people and is jaw-dropping not only in its 400,000-square-foot size but also in what it contains. Located in Golden Gate Park, the world-class scientific and cultural institution houses an aquarium, planetarium, natural history museum, rainforest and an amazing living roof. Go to www.calacademy.org.

AQUARIUM OF THE BAY

With its prime waterfront location on Pier 39 in Fisherman's Wharf, the Aquarium allows visitors to experience the magic of the bay with its up-close and personal encounters with more than 20,000 local marine animals. Visit www.aquariumofthebay.com.

BOUDIN MUSEUM & BAKERY TOUR

Taste a bit of history by walking into the Boudin Museum & Bakery in Fisherman's Wharf and sample some of its mouthwatering sourdough bread. It's been a San Francisco landmark since 1849 when the Boudin family discovered that wild yeasts in the San Francisco air gave a unique taste to its French bread. A portion of

the mother dough still lives on in each loaf of sourdough bread made by the Boudin Bakery. For more information, visit www.boudinbakery.com.

CABLE CAR BARN & MUSEUM

They've been around since 1873 and won't be going away anytime soon - thanks to the city's charter, which mandates the survival of the cable cars. Head to this museum to learn about the cable car's inventor, technologies, builders, rapid expansion, near loss and the ongoing efforts to save and rebuild the cable cars. Visit www.cablecarmuseum.org.

CARTOON ART MUSEUM

Spanning editorial cartoons to comic books, graphic novels to anime, Sunday funnies to Saturday morning cartoons, the Cartoon Art Museum has something for everyone. Located in the downtown Yerba Buena cultural district, the museum is home to more than 6,000 pieces of original cartoon and animation art. Visit cartoonart.org.

STEP INTO A MUSEUM

CONTEMPORARY JEWISH MUSEUM

Located in downtown San Francisco, the Contemporary Jewish Museum presents dynamic exhibitions and educational programs, exploring contemporary perspectives on Jewish culture, history and ideas. Visit www.thecjm.org/

DE YOUNG MUSEUM

The oldest museum in San Francisco reopened in 2005 in a building designed by Pritzker Prize-winning architects Herzog & de Meuron. The first and second floors of this huge museum feature permanent collections of American paintings, decorative art and sculpture, as well as a vast array of non-American art: international contemporary art, Oceanic carvings, African art, art from ancient American civilizations and textiles and costumes from around the world. Visit deyoung.famsf.org.

GLBT HISTORY MUSEUM

The GLBT History Museum houses a collection of lesbian, gay, bisexual and transgender historical materials. It boasts of being the first full-scale, stand-alone museum of its kind in the US and is located in the city's Castro District. Visit www.glbthistorymuseum.org.

THE SAN FRANCISCO MUSEUM OF MODERN ART (SFMOMA)

Founded in 1935, SFMOMA was the first museum on the West Coast devoted to modern and contemporary art. From the outset, the museum has championed the most innovative and challenging art of its time and continues to exhibit and collect work by both modern masters and younger, less-established artists. Visit www.sfmoma.org.

USS PAMPANITO

Step into the World War II years and see how submariners lived by visiting the USS Pampanito, located at Pier 45, in Fisherman's Wharf. The Balao class Fleet submarine made six patrols in the Pacific during the war and sank six Japanese ships and damaged four others. It is open daily for visitors. For more information, visit www.maritime.org/pamphome.htm.

THE WALT DISNEY FAMILY MUSEUM

This museum is not affiliated with The Walt Disney Company but it is a museum about Walt Disney nonetheless. Located in The Presidio, the museum's collection includes some 25,000 works such as rare film clips, concept art, scripts, musical scores and cameras that Disney and his staff used. Also included are original drawings that Disney made in his youth and some of the earliest known drawings of Mickey Mouse. For more information, visit waltdisney.com.

WELLS FARGO HISTORY MUSEUM

It was 1852 in New York City when two men – Henry Wells and William Fargo – were among those who signed paperwork for a joint stock company to do a banking and express business in far away California. "Rushing for gold and silver in the West, overland by pony and stagecoach, coming through for miners, merchants, farmers and ranchers, building on the frontier, offering "Ocean-to-Ocean" service by 1888, Wells, Fargo & Co. grew with the nation." Walk away from the digital age for a moment and see how these incredible men connected people and goods from the Atlantic Ocean to the Pacific Ocean without cellular telephones, cars, airplanes or computers. For more information, visit www.wellsfargohistory.com/museums/museum_sanfrancisco.html.

ASIAN ART MUSEUM OF SAN FRANCISCO

Not to be missed is The Asian Art Museum of San Francisco (www.asianart.org) one of the largest museums in the world devoted exclusively to Asian art. Located in the Civic Center, the Asian Art Museum—Chong-Moon Lee Center for Asian Art and Culture is home to a world-renowned collection of more than 18,000 Asian Art treasures spanning 6,000 years of history.

LEGION OF HONOR

Often considered San Francisco's most beautiful museum, the Legion of Honor in Lincoln Park houses a collection of more than 4,000 years of ancient and European art in a neoclassic building overlooking the Golden Gate Bridge. The building itself was constructed to commemorate Californian soldiers who died in World War I. Admission tickets include same-day general admission to the deYoung Museum. Visit legionofhonor.famsf.org/

MUSEUM OF THE AFRICA DIASPORA

MoAD showcases the history, art and cultural richness that resulted from the dispersal of Africans throughout the world and strives to connect all people through a shared African heritage. It is one of few museums in the world focused exclusively on African Diaspora culture and of African descendant cultures around the globe. It is conveniently located in the Yerba Buena area. Visit www.moadsf.org/

COMPUTER HISTORY MUSEUM

Whether it's using a telephone, operating your oven, driving a car or reading a book, one thing is in common: it likely involves a computer. Learn the history of computers and find out why computer history is really more than 2,000 years old by visiting the Computer History Museum. Located in nearby Mountain View, the museum is accessible by public transportation. Visit www.computerhistory.org.

THE ARTS

Numerous opportunities for the performing arts exist in San Francisco, ranging from Broadway or Los Angeles theater/musical performances to the symphony, ballet, opera and experimental theater. For an up-to-date listing of what's going on in San Francisco's arts community while you are in the city, go to sfarts.org.

Steve Silver's Beach Blanket Babylon calls itself the longest running musical revue in theatre history. Hailed as "a constant cascade of showstoppers" by the San Francisco Chronicle, Beach Blanket Babylon follows Snow White as she takes a fast-paced journey around the world in search of her "Prince Charming." Along the way she encounters a star-studded, ever-changing line-up of hilarious pop-culture characters, including Lady Gaga, President Barack & Michelle Obama, Katniss from "The Hunger Games," Mitt Romney,

Justin Bieber, Nicki Minaj, The San Francisco Giants, Prince William, Kate Middleton and the Queen of England, Hillary and Bill Clinton, Oprah Winfrey, The Cast of "Glee," Nancy Pelosi, Madonna, Michael Jackson and six-time Grammy Award Winner, Adele. Visit www.beachblanketbabylon.com.

Of special note: Highly-acclaimed classical violinist Midori is scheduled to perform on Sat., March 23 and on Sun., March 24 at St. Mark's Lutheran Church. Visit www.sfperformances.org for ticket information. The same weekend, the San Francisco Ballet will be performing *Onegin*, a ballet based on Alexander Pushkin's classic novel set to a score by Tchaikovsky. For information, go to www.sfballet.org.

TOURS

If traversing the city by foot proves tiring, consider taking a tour. City tours range from a sail on San Francisco Bay and tour of Alcatraz Island to a visit to Muir Woods, located just across the Golden Gate Bridge.

Numerous tour companies operate in the San Francisco area including San Francisco Tours (www.sanfranciscotours.us); All San Francisco Tours (www.allsanfranciscotours.com); San Francisco Shuttle Tours (www.sanfranshuttletours.com); and San Francisco Tour Center-City by the Bay (www.sanfranciscotourcenter.com). Check out the websites, peruse available tours and decide which is best for you.

The hop-on, hop-off trolley/bus city tours, offered by San Francisco Tours and All San Francisco Tours take visitors to areas of general interest such as Fisherman's Wharf, North Beach, Nob Hill, Chinatown and along the waterfront. You can spend as much or

as little time as you want at any given location and then hop back onto the trolley or bus.

In addition to the city tours, you can also contact one of the above tour companies for day tours to Wine Country, Yosemite National Park or Muir Woods.

If exercise is your thing, consider renting a bike to cross Golden Gate Bridge and visit Sausalito. It is an 8-mile long route and considered by many to be one of the best urban bike rides in the world. San Francisco Bicycle Rentals (www.bikerentalsanfrancisco.com) has a location in Fisherman's Wharf that is only a half block from the start of the Golden Gate Promenade Bike Path, where the route begins. Be sure to check ferry schedules (goldengateferry.org) from Sausalito before you start riding, however, to ensure you can get back to the city.

TRANSPORTATION

Most conference attendees will arrive by air transportation into San Francisco International Airport (SFO) or Metropolitan Oakland International (OAK).

Take a taxi from the airport to the Hilton San Francisco Union Square or use BART (Bay Area Rapid Transit) or SuperShuttle (www.supershuttle.com). A cab ride from SFO will be about 30 minutes; from OAK, about 40 minutes. BART will take you to the Powell Street station (about a 5-minute walk to the hotel) for a fraction of the cost of a taxi in about the same time frame.

If you are driving, both self and valet parking is available through the hotel.

Getting around the city is easy with public transportation whether you are using Muni (municipal railway) or BART.

Muni operates about 80 routes through the city with street cars, modern light rail vehicles, diesel buses and cable cars. Muni has visitor passports and CityPASSes, which offer unlimited rides. For more information, go to www.sfmata.com.

A visit to San Francisco is not complete without a ride on the city's famous cable cars. There are three cable car routes in operation and it is important to know their respective destinations – Powell-Mason, Powell-Hyde and California. An interactive map, fare information and schedule, can be found at www.sfcablecar.com. Both Powell lines end near Fisherman's Wharf but at different areas and the routes are significantly different. The California line runs east-west from the Financial District through Chinatown, over Nob Hill and stops at Van Ness Avenue.

BART is the region's efficient subway system that will take you to 43 stations in Bay Area cities. For more information, visit www.bart.gov.

CITY DETAILS

Early spring usually brings cool temperatures (not hot, not cold) ranging from the upper-40's (Fahrenheit) to the upper 50's, sometimes reaching 60. A little early in the year for much fog or rain (but pack an umbrella to be safe), late March has both sunny and cloudy days.

San Francisco is like every other city in the world in regard to safety. Be smart and know your surroundings. Don't flash money around and keep your valuables close to you at all times.

Bring your nice shoes for conference activities but don't forget walking shoes, or if you are a runner, your running shoes. San Francisco is a great place for a jog. A backpack and water bottle are good for times when you might be away from the hotel for more than several hours

The San Francisco Visitor Information Center at Hallidie Plaza is open Monday through Saturday and can assist with questions about the city. It has been in operation for more than 30 years and has just reopened with an innovative facelift which features touch screens. It is located at 900 Market Street, on the plaza's lower level, at the corner of Market & Powell Streets.

Finally, be sure to carry your smartphone with you when touring so you can have up-to-date information, easy access to maps and directions, telephone numbers and websites.

ANNUAL MEETING SUPPORTERS

The Society of Behavioral medicine would like to gratefully acknowledge the following organizations for their support of the 34th Annual Meeting & Scientific Sessions.



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APRIL 23-26, 2014

