



SJ

Suzan

Johnston

TRAINING ORGANIZATION

Finishing & Image Development

Professional Modelling

Children's Parties & Modelling

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Thank you for taking the time to consider the Suzan Johnston Training Organization.

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Founded in 1959, the name Suzan Johnston has been at the forefront in delivering confidence, image development and model training courses. Suzan Johnston is renowned throughout Australia for superior and quality training programs that really do make the difference!

Today we are more committed than ever to producing results for our graduates, through our high calibre training courses and exclusive after course assistance program.

Whether you are interested in improving your confidence and deportment or are planning a career in modelling – we have the course for you!

Our centre offers a warm, friendly environment with well-resourced learning facilities. We have a dedicated team of trainers who are committed to ensuring our students' learning experience is extremely positive. Our teaching methods are highly interactive and underpinned by the principle of learning being not only informative and empowering, but also fun and enjoyable.

Please accept my personal invitation to visit our centrally located training centre.

Such a visit would enable you to meet some of our staff, have a guided tour of our training facilities and to observe our classes in action.

I look forward to meeting you.

Best wishes



Donna Leigh
CEO



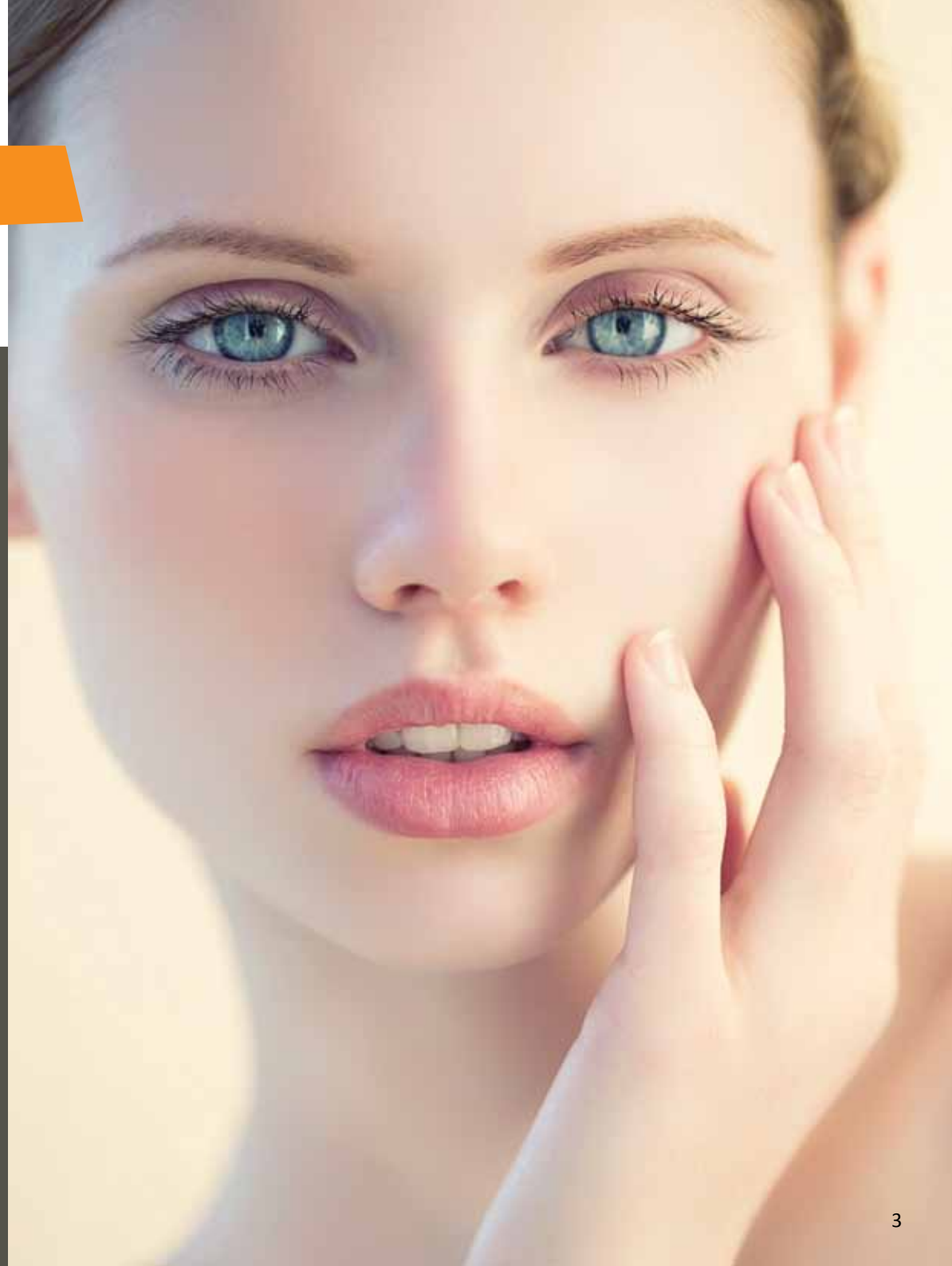
CELEBRATING

more than 50 years...

With more than five decades of quality training experience, moving with the times has been the key to our longevity... and your success!

"We don't 'make' a girl beautiful. We simply enhance her self-esteem and show her that she already is."

Donna Leigh CEO



FINISHING COURSE

For Image & Confidence Enhancement

DEVELOPING YOUR
PERSONAL IMAGE,
SELF-ESTEEM,
CONFIDENCE AND SELF
ACCEPTANCE FOR LIFE!

4-Day Course

Full-time and Part-time

MODELLING & FINISHING COURSE

Two Amazing Courses in One!



INCLUDES THE COMPLETE
FINISHING COURSE AND
OUR PROFESSIONAL
MODEL TRAINING

Should you be considering a career as a professional model or are simply seeking to develop your personal image and self-esteem - then this is the course for you!

8-Day Course

Full-time and Part-time

BRILLIANT,

"...good fun, great trainers and a real confidence boost. Thanks!"

Jaymie Hughan



FINISHING SUBJECTS:

The Professional Modelling Course includes our complete Finishing Course. Please refer to pages 4, 5 & 6 for details on the content of the finishing subjects.

"SJ was the best thing that I have done – the course has made me feel so happy and confident and I am really sad that it is over. An amazing experience and I can't thank you enough."

Stephanie Lipinski

MODELLING SUBJECTS:

Runway and Fashion Parade Training

- How to walk and move like a professional model
- The latest trends in runway parades and showings
- Choreographed routines and model turns
- Includes participation in a real fashion parade!

Television Modelling

- Hands-on workshops in television hosting, commercials and presenting
- Preparation for television auditions and screen tests

Modelling Overview

- Individual direction on how to prepare for a career as a professional model
- Advice regarding reputable modelling, casting and promotional agencies
- How to prepare portfolios and composite cards
- Do's and Don'ts when modelling
- An insight into showroom and promotional modelling
- Getting started in the modelling industry



FANTASTIC COURSE

“Very helpful and an amazing, life-changing experience!”
Sophie Spurgeon

“As a parent I feel so proud that we gave our daughter this opportunity, she learnt so much and enjoyed every second.”
Fiona Douglas

“SJ training was quite a keystone to my success as a model but also to my on-going development. I am indebted to the SJ organisation. Thank you! A thousand thank yous!”
Bronwyn Trimble (Former Miss Victoria)

DELIVERY METHODS AND AFTER COURSE ASSISTANCE

Classes are highly practical and are delivered in an entertaining and relaxed manner. Our trainers are experienced industry professionals who are dedicated to enhancing your confidence and personal image, whilst also teaching you the skills and techniques required to pursue modelling. Our practical modelling classes will enable you to ‘trial’ modelling in a non-competitive, happy and encouraging environment.

On the successful completion of your course you shall be individually guided and advised regarding your model potential. This personalised assessment can include direction regarding your suitability for different types of modelling work, selection of photographs and personal introductions to Melbourne’s top modelling and casting agencies.

Please refer to the following pages for details of some of our latest modelling success stories



Photographic Workshops

- Learn how to move, pose and be photographed to ensure the best results
- Participate in a professional photographic session resulting in gorgeous photographs – ideal for your model portfolio

“Since completing the course, I have never been without ongoing advice and up-to-date information about the modelling industry. The Suzan Johnston staff have always given constructive advice about the best path for me to follow. Thank you to the Suzan Johnston Organization - well done.”
Wendy Morrison

“I would like to thank you very much for your outstanding assistance and support with my modelling career over the past few months. Without your encouragement and enthusiasm I certainly wouldn’t be where I am now. Thank you.”
Bianca Holgate

Model Make-up

- Learn how to apply a professional model make-up suitable for future modelling work
- Contouring and shading techniques

SOME OF OUR MODEL SUCCESS STORIES

Since 1959 we have been one of Australia's leading and most prestigious Modelling and Finishing training organisations. Over the decades countless Suzan Johnston graduates have been successful in pursuing exciting careers as Professional Models, Actors and Television Presenters. You could be next!



- A. Rachael J (Brazen Models)
- B. Lauren K (Brazen Models)
- C. Amber G (Miss World Australia)
- D. Chloe (International Model)
- E. Emma N (London Management Group)
- F. Todd F (Scene Models)
- G. Jessica H (Viviens Model Management)



H



I



J



N



O



K



L



M

- H. Karina W (Brazen Models)
- I. Bree (London Management Group)
- J. Cindy (new face 2016) Photo by Lauren Kidd
- K. Bronte J (Brazen Models)
- L. Felicity M (Brazen Models)
- M. Emma K (Brazen Models)
- N. Oliver L (Brazen Models)
- O. Olivia C (Brazen Models)

WOMEN'S IMAGE DEVELOPMENT COURSE

Exclusively for Women



FOR WOMEN SEEKING A
REFRESHED PERSONAL
STYLE, A RENEWED SENSE
OF SELF AND ENHANCED
LEVELS OF CONFIDENCE.

*"It is never too late to be
what you might have been."*
George Elliot

2-Day Course

INSPIRATIONAL

"...and invaluable. Thank you! Wish I had done this course years ago!"

Lindy Lane

"Empowering! A fabulous course!"

Heather Stewart

"SJ gave me the boost that I was looking for! The trainers were inspirational; giving me the knowledge, confidence and motivation to achieve success both within my career and other facets of my life."

Eve Mandergeddes

Communication Skills

- Starting and maintaining a conversation
- Introductions and the art of a good handshake
- Assertiveness and listening skills
- Keeping calm under pressure

"I came away feeling rejuvenated."

Marina Rodes

Skin Care, Make-up, and Grooming

- Learn the latest skin care and make-up techniques for results that are modern, flattering and age appropriate
- Hair care and hair style advice

Wardrobe and Style

- Dressing to suit your body type and the occasion
- Building, planning and updating your wardrobe
- Mixing and matching items
- Making the most of what you have and deciding what to add for optimal dressing

"Fabulous, friendly and very informative. I'm feeling very motivated!"

Kylie Harding



Speech Enhancement

- Learn to speak distinctly and with confidence
- Experience significant improvement in your pitch, diction and projection
- Develop techniques for relaxation and breath control

"Informative, useful, invaluable, up-to-date, uplifting and encouraging! I feel that I now have the tools to begin to achieve my personal and professional goals."

Belinda Greenwood

"Every aspect was perfect! Thank you for the new me!"

Leigh Hanham

Posture and Deportment

- Identify any deportment and posture concerns
- Active posture - embody a positive attitude
- The art of positive body language

Social Etiquette

- Table manners, dining out and hosting a dinner party
- Style and manners for weddings, business functions, special occasions etc.
- Telephone, mobile and social media etiquette

MALE IMAGE DEVELOPMENT COURSE

...for the man who wants to succeed!



UPDATE YOUR
PERSONAL BRANDING...
FOCUS ON WARDROBE,
ETIQUETTE, POSTURE
AND COMMUNICATION
ENHANCEMENT.

2-Day Course

BRILLIANT

"...and the trainers have a passion that is contagious."
Sean Nabben

Grooming and Wardrobe

- Dressing for success – advice with style, body shape and building your wardrobe
- Personalised advice on hair, nails, skin and shaving

"The course is the sole reason I have a job today."

N. Rogers

Job Interview Training

- Preparing your résumé
- Job interview skills - questions and answers
- Dressing for success
- Making a positive first impression

Communication Skills

- Meeting and greeting people
- The art of a good handshake
- Effective listening
- Starting and maintaining a conversation
- Expressing yourself with confidence
- Keeping calm under pressure

"Amazing. Beneficial. Inspiring."
Calvin Jazmin

Health and Well-Being

- Developing healthy self-esteem and a positive body image
- Maintaining a healthy eating plan for life
- Building resilience and self-acceptance



Department, Posture and Body Language

- Active posture - embody a positive attitude
- The art of positive body language

Speech Enhancement

- Diction, voice projection and modulation
- Public speaking skills
- Breath control and relaxation techniques

"I really enjoyed the course and gained a lot from it. All the trainers were friendly, helpful and very knowledgeable."

C. Stefano

"I liked the positive energy of all the trainers, they made learning fun and easy. Great course for confidence building. An informal and relaxed learning environment, with really lovely staff."

J. Brown

Social and Business Etiquette

- Make introductions confidently
- Dining out (wines, cutlery, table etiquette, tipping etc.)
- Telephone, mobile and social media etiquette
- Dating etiquette

MALE MODELLING AND IMAGE DEVELOPMENT COURSE

Includes the complete Male Image Development Course and our Professional Model Training (two courses in one)



AN INTENSIVE COURSE THAT WILL ENABLE YOU TO EXPERIENCE MODELLING IN A SUPPORTIVE AND NON-THREATENING ENVIRONMENT, WHILST ALSO ENHANCING YOUR PERSONAL IMAGE AND CONFIDENCE.

4-Day Course

Full-time and Part-time

AMAZING

“The trainers were amazing throughout the course, they really helped give me the confidence to overcome my fears about trying modelling and they taught me great tricks and skills.”

Jayden Ciancio

“The trainers were very friendly and helpful – the advice I received has already assisted me in getting modelling/acting work. I would recommend SJ to anyone interested in trying modelling.”

Vinod Kumar

Runway and Fashion Parade Training

- How to walk and move like a professional model
- The latest trends in runway parades and showings
- Choreographed routines and model turns
- Includes participation in a real runway parade!

Modelling Overview

- Reputable modelling, casting and promotional agencies
- Preparation of portfolios and composite cards
- Do’s and Don’ts when modelling
- An insight into showroom and promotional modelling
- Getting started in the modelling industry

Image Development

The Male Modelling Course includes the complete Suzan Johnston Male Image Development Course. Please refer to pages 14 & 15 for details on the image development subjects included within this course.

“Fun, Exciting. A new experience. A must do!”

Alex Hanson

Photographic Workshops

- Learn how to move, pose and be photographed to ensure the best results
- Includes participation in a professional photographic session resulting in great photographs – ideal for your model portfolio

Television Modelling

- Hands-on workshops in television hosting, commercials and presenting
- Preparation for television auditions and screen tests

DELIVERY METHODS AND AFTER COURSE ASSISTANCE

Classes are highly practical and are delivered in an entertaining and relaxed manner. Our trainers are experienced industry professionals who are dedicated to enhancing your confidence and personal image whilst also teaching you the skills and techniques required to pursue modelling.

On the successful completion of your course you shall be individually guided and advised regarding your model potential. This personalised assessment can include direction regarding your suitability for different types of modelling work, selection of photographs and personal introductions to Melbourne’s top modelling and casting agencies.

“Fun, friendly, very useful knowledge, loved it!”

Tom Oski



“I liked the level of experience the trainers brought with them and could also share. This course will provide you with the essential tools for employment as a model whilst also helping to boost your confidence. The course has honestly helped me with my confidence and enabled me to make many personal decisions for the future.”

Quentin Barrott

GIRLS' MODELLING AND GROOMING COURSE

For girls 8 - 12 years

INCLUDES CONFIDENCE BUILDING AND GROOMING LESSONS, AS WELL AS A UNIQUE OPPORTUNITY TO EXPERIENCE MODELLING IN A SAFE, SUPPORTIVE AND FUN ENVIRONMENT.

4-Day Course

Full-time and Part-time

ENJOYABLE

"A really enjoyable experience at Suzan Johnston. It was fun, exciting and the staff were all really friendly. I made heaps of new friends and I had the time of my life."

Aly Engleman

"Elliah absolutely loved the Girls' Modelling and Grooming Course and she cannot wait to come back as a teenager and do another course at SJ."

Suzy Candappa

Posture and Body Language

In this lesson your child will receive individual assistance with improving her posture whilst also learning the art of positive body language.

Photographic Workshop

Designed to teach your child how to be photographed with confidence. This session includes a photo-shoot with a professional photographer resulting in proofs that are yours to keep (and an ideal start for a portfolio).

Personal Grooming and Presentation

During these practical workshops your child will learn how to care for her own personal hygiene, hair and nails.

Runway and Fashion Parade Training

- How to walk and move like a professional model
- Choreographed routines and model turns
- Participating in a live runway parade with friends and family as our audience

TV Commercials and Audition Training

What to expect and how to prepare for television commercials and auditions.



Social Etiquette

Training in table etiquette, telephone manners, greeting people and shaking hands.

Health and Well-Being

This workshop includes advice on healthy eating, self-esteem, resilience and self-assurance.

"Our daughters were privileged to experience the SJ Modelling and Grooming Course. They found it a fabulous and compelling step along the journey from childhood to adolescence."

Doug Millar

Practical Make-up/Beauty Session

This age appropriate 'hands-on' lesson will assist your child in understanding the importance of skin care as well as the basics of applying a lovely natural make-up.

Learning to 'do it the right way' now... and giving her confidence and know-how for the future!



Speech and Communication

Your child will receive guidance in improving speech and communication skills – learning to express herself with more confidence.

AFTER COURSE ASSISTANCE

On completion of the course you will be individually guided and advised regarding your child's model potential. This personalised assessment can include direction regarding your child's suitability for different types of modelling work and referral to reputable children's modelling and/or acting agencies.

GIRLS' MODELLING & MAKE-UP PARTIES

All inclusive 'Model for a Day' parties!



MORE THAN 50 YEARS OF PROFESSIONAL MODEL AND FINISHING TRAINING IS OUR ASSURANCE TO YOU OF A PARTY THAT YOUR DAUGHTER AND HER FRIENDS WILL REMEMBER ALWAYS.

SO MUCH FUN

"I have never done any modelling before but it was such a great start! All my friends had so much fun...it was the best party ever!"

Mia Ciciulla (age 8)

"I love that everything is taken care of and you can walk away knowing that the girls are in great hands. This year was our 3rd party at SJ - my daughter just loves it! The staff are beautiful and flexible to accommodate our various needs. It's a wonderful experience."

Soula Patros

Number of guests:

Minimum of 10 children per party.

Recommended age for participants:

Parties are designed for girls aged between 7 – 18 years.

Payment details and costs:

Please contact one of our consultants for information.

"I was really happy with the party – it was absolutely perfect for my 13-year old daughter and her friends. The thing I really noticed was that during the party all the kids looked like they were happy, confident and having fun - even the quieter ones got involved and had a ball."

Wendy Adams

Bookings:

Parties are available Monday to Saturday.

Early bookings are essential as we only run one party at a time and they are very popular. A deposit of \$100.00 is required to secure your party booking.



Parties include:

- 3-hour party including 'hands-on' workshops in make-up, hair styling and runway/fashion parade training
- Participation in a 'fashion parade'! At the conclusion of the party the children participate in a real fashion parade - with family/friends as our audience
- Party invitations
- Party food including pizzas, wedges, fruit platter, party snacks and fruit juices (healthier alternatives are available upon request)

We take care of everything except the birthday cake (which we ask you to bring along).

Party venue:

Parties are held at our modern training facility located at:
Level 6, 246 Bourke Street, Melbourne.

"From a mother's perspective it was great that the focus was on building the girls' confidence - there was one little girl who was so shy and did not want to participate yet the SJ staff were genuinely encouraging and she ended up having a wonderful time. It was a very positive experience."

Joanne Ciciulla (Mia's mum)

"I found your staff highly professional and really lovely with the girls and their parents. The hair and the make-up was perfect (and age appropriate) and the party itself was a credit to your organisation. Thank you once again for the joy you gave my daughter for her 13th birthday, it will be memorable not only to her but her friends too."

Helen Howden

OTHER COURSES AVAILABLE

For qualifications that employers know and trust

OUR CAREER TRAINING COURSES HAVE BEEN SPECIFICALLY DESIGNED TO GIVE YOU A DEFINITE COMPETITIVE EDGE WHEN PURSUING EMPLOYMENT.

Certificate II in Business



Qualify for a position as a Receptionist, Secretary or Administration Assistant.
Free job placement assistance available to our graduates!

6 Weeks Full-time Course 20 Weeks Part-time Course

Certificate III in Business Administration (includes Certificate II in Business)



Qualify for a position as a Receptionist, Secretary, Personal/Executive Assistant, Administration Assistant and Office Manager!
Free job placement assistance available to our graduates!

15 Weeks Full-time Course 40 Weeks Part-time Course

Certificate III in Early Childhood Education & Care



Qualify as a Child Care Educator and a Professional Nanny!
Dual qualifications that will make you versatile and extremely employable.
Graduates receive placement assistance from leading Employment Agencies.

6 Months Full-time Course 9 Months Part-time Course

Diploma of Early Childhood Education & Care



Qualify for future employment as a Manager/Supervisor within the Child Care Industry.
Includes units from Certificate III Qualification.
Develop the required leadership and management skills to further your career within the Child Care Industry.

12 Months Full-time Course 17 Months Part-time Course

Certificate III in Travel



Qualify as an International Travel Consultant and see the world!
Free job placement assistance available to our graduates!

6 Months Full-time Course 10 Months Part-time Course

Government Subsidised Training available at Suzan Johnston Australia!

Great news for our prospective students!

You may be eligible for Government Subsidised Training whilst studying a nationally recognised qualification with Suzan Johnston Australia.

So now you can study at Suzan Johnston Australia and only pay a small portion of our standard course fees!

Eligibility criteria applies. Not all nationally recognised courses are Government funded.



Trainers/Delivery Methods

Classes are highly practical and delivered in an entertaining, relaxed and supportive manner. Our trainers are experienced professionals who are dedicated to teaching and enhancing your confidence, communication skills and personal image.

Our small class sizes ensure that trainers can work closely with you to personalise your learning experience, and provide you with the help, support and direction required.

Enrolment and Course Commencement Dates

Only a limited number of training programs are conducted throughout the year – to ensure a place in your preferred course early enrolment is advised. Please refer to the course Enrolment Form for information on enrolment procedures, course commencement dates and hours of attendance.

Course Fees

Where applicable, course fees can be paid in easy weekly instalments. Please refer to the course Enrolment Form for further details.

Open Days

You are welcome to visit our training centre on any of our advertised Open Days, however you can also visit us outside these advertised dates.

Please phone for an appointment time or just call in personally – every day is Open Day at Suzan Johnston.

Lifetime Membership for our Graduates

As a Suzan Johnston graduate you are automatically entitled to be able to repeat your course in the future free of charge! This ensures that you will continue to have the latest, up-to-the-minute knowledge and receive ongoing benefits from your training for life! This offer only applies to our various Finishing/Image Development and Modelling Courses.

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