

Super®
DrySport.
Watches
Fitness Tracker.
Instruction
Manual

Contents

1. Introduction & Warranty (PAGE 3)
2. Quick Use Guide (PAGE 5)
3. Watch Features (PAGE 6)
4. Turning ON/OFF (PAGE 6)
5. Pairing to an iOS or Android Product (PAGE 7)
6. Individual Settings (PAGE 8)
7. Information Display (PAGE 8)
8. Mode Selection (PAGE 9)
9. Daily Goals (PAGE 9)
10. Auto Tilt Mode (PAGE 10)
11. Sleeping Mode (PAGE 10)
12. Battery Status (PAGE 11)
13. Charging (PAGE 12)

1. Introduction & Warranty

Thank you for your purchase of the Superdry Sport Fitness Tracker.

The most advanced techniques were used during its manufacture, and it underwent stringent controls before it was released for sale.

Your Superdry Sport Fitness Tracker is guaranteed against any defects in material or workmanship that may occur under normal use for a period of 24 months from the date of purchase.

THE WARRANTY IS ONLY VALID WITH PROOF OF PURCHASE FROM YOUR AUTHORISED Superdry RETAILER.

Under no circumstances will Superdry be liable for any incidental or consequential damages.

The Warranty DOES NOT COVER:

1. Batteries, straps and watch glasses;
2. Damage or breakage caused from accident, maltreatment or mishandling;
3. Water penetration, except in watches marked as water resistant;
4. Tarnishing of case.

WATCH CARE INSTRUCTIONS:

Your Superdry Sport Fitness Tracker is carefully designed and produced. To fully utilize all the features, it is advisable to read this user manual carefully and use it in conformity with the notes mentioned below:

1. Battery.

To charge your Superdry Sport Fitness Tracker, ensure you use the USB port on your computer or a certified USB wall charger. The Superdry Sport Fitness Tracker can last for approximately 7 days of normal use.

2. Handling.

Your Superdry Sport Fitness Tracker will not withstand extreme shocks or vibration. It is sensible to remove your tracker before commencing rough work or situations where the tracker could be damaged.

Avoid exposing the Superdry Sport Fitness Tracker to extreme conditions for unreasonable amounts of time.

Keep the Superdry Sport Fitness Tracker away from magnets or appliances which contain magnetic components such as speakers or motors as these items may ruin the sensors.

3. Water Resistance.

Your Superdry Sport Fitness Tracker is 3 ATM water resistant. It is designed to withstand accidental splashing or rain but is NOT suitable for swimming, showering, bathing or washing.

Do not operate the button while the watch is in contact with the water.

4. Cleaning.

Clean the Superdry Sport Fitness Tracker occasionally with a soft cloth.

Disposal of Electric and Electronic Equipment

The consumer has a significant role to play in reducing the impact of waste electrical and electronic equipment, batteries and accumulators on the environment, through re-using or recycling such articles.

Some batteries and accumulators and some of the components used in electrical and electronic equipment may contain hazardous substances that can damage the environment and present a risk to human health if not properly disposed of.

The crossed out wheelie-bin symbol on this product is to remind you that waste electrical or electronic products, batteries and accumulators should not be disposed of with household waste.

If you are unable to re-use or recycle your article it should be disposed of at a civic amenity site/local authority recycling facilities.

DO NOT expose the Superdry Sport Fitness Tracker to strong chemicals such as fuel and alcohol as they will cause damage.

DO NOT dispose of the Superdry Sport Fitness Tracker into fire as the battery inside the main unit may explode.

WARNING!

Make sure that you fully understand the functions and limitations of the Superdry Sport Fitness Tracker. It is NOT a professional medical device. Should you have any further questions regarding your fitness condition, please consult your doctor.





2. Quick Use Guide

This guide is designed to quickly get you started on your Superdry Sport Fitness Tracker. However, to get the most out of your Superdry Sport Fitness Tracker it is advisable that you read the user manual carefully before use.

1. Get started on iOS or Android.

- To download the App search for the name “**Superdry Sport Fitness**” on Google Play or the App Store.
- After installation of the App, click and run the programme.
- Turn on your Fitness Tracker Watch by pressing and holding the button. Ensure your wireless connection function on your phone is switched on.

2. Activate your Fitness Tracker.

- Tap the Home icon “” on the app, tap “**Settings**”, scroll down to “**Wrist Band Settings**” and tap “**Not paired**” the Connection Screen will appear.
- Hold the button on your Fitness Tracker until “” appears on the screen and then release it.
- Press the button on your Fitness Tracker when “” is shown. At the same time, tap “**Pair**” on your phone to start scanning for the Fitness Tracker.
- If paired successfully, “” will be shown on the Fitness Tracker. Otherwise, repeat the process again.

3. Set up your individual profile.

- To get started, go to the “**Settings**” menu of the app, scroll down and set up your “**User Profile**”.
- Within the settings menu of the app set up your own walk and run stride length and which wrist you are wearing the Fitness Tracker on to ensure your goals will be achieved accurately.

4. Charging.

NOTE: For more detailed instructions of how to carefully complete the charging process without damaging your Superdry Sport Fitness Tracker Watch. Please refer to Section 13 of this document.

- To charge the device, remove the main unit from the silicone band.
- Place the main unit into USB charger and insert into the USB port on your computer or a certified USB wall charger.

5. Usage Instructions.

- It is advisable to read the user manual carefully before use.
- Wear the Fitness Tracker on whichever wrist is most comfortable.
- Press the button to cycle between displays on the Fitness Tracker.
- You must wear the Fitness Tracker while sleeping to accurately record sleep data.
- Whilst wearing, tilt the tracker towards yourself for the screen to auto display.

NOTE: This feature must be enabled in the settings menu. For more details please refer to Section 10 of this document.

3. Watch Features

 **WirelessConnectivity.**

 **ActivityTime.**

 **Steps.**

 **Distance.**

 **Calories.**

 **Time.**

OLEDDisplay.

 **3 Alarms.**

 **SetDailyGoals.**

 **RecordSleepCycles.**

The Superdry Sport Fitness Tracker has only one mode button to control all functions.



NOTE: The time will automatically set once the Fitness Tracker is synced with your mobile device (see section 5).

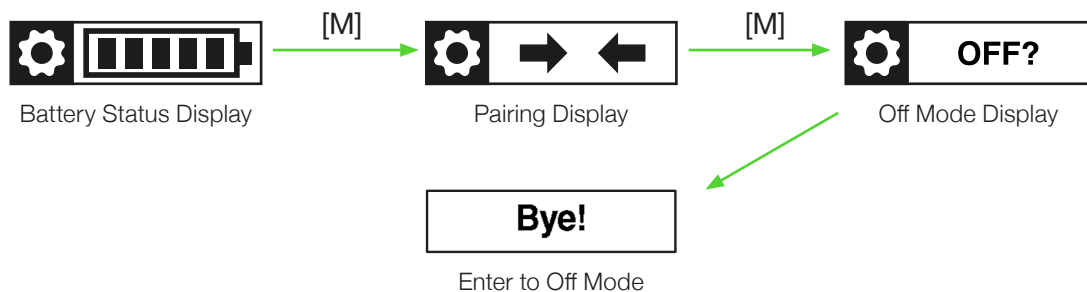
4. Turning ON / OFF

To switch ON the Superdry Sport Fitness Tracker, press and hold the Mode button [M] until **“How are you?”** is shown on the screen.

How are you?

Welcome Screen

To switch OFF the Superdry Sport Fitness Tracker, press and hold the Mode button [M] until the **“Battery Status”** appears and then release it. The Menu screen will scroll in the sequence as the diagram below.



When the Icon **“OFF?”** appears, press the Mode button [M] to confirm. **“Bye!”** will be shown on the screen and the Superdry Sport Fitness Tracker will switch off.

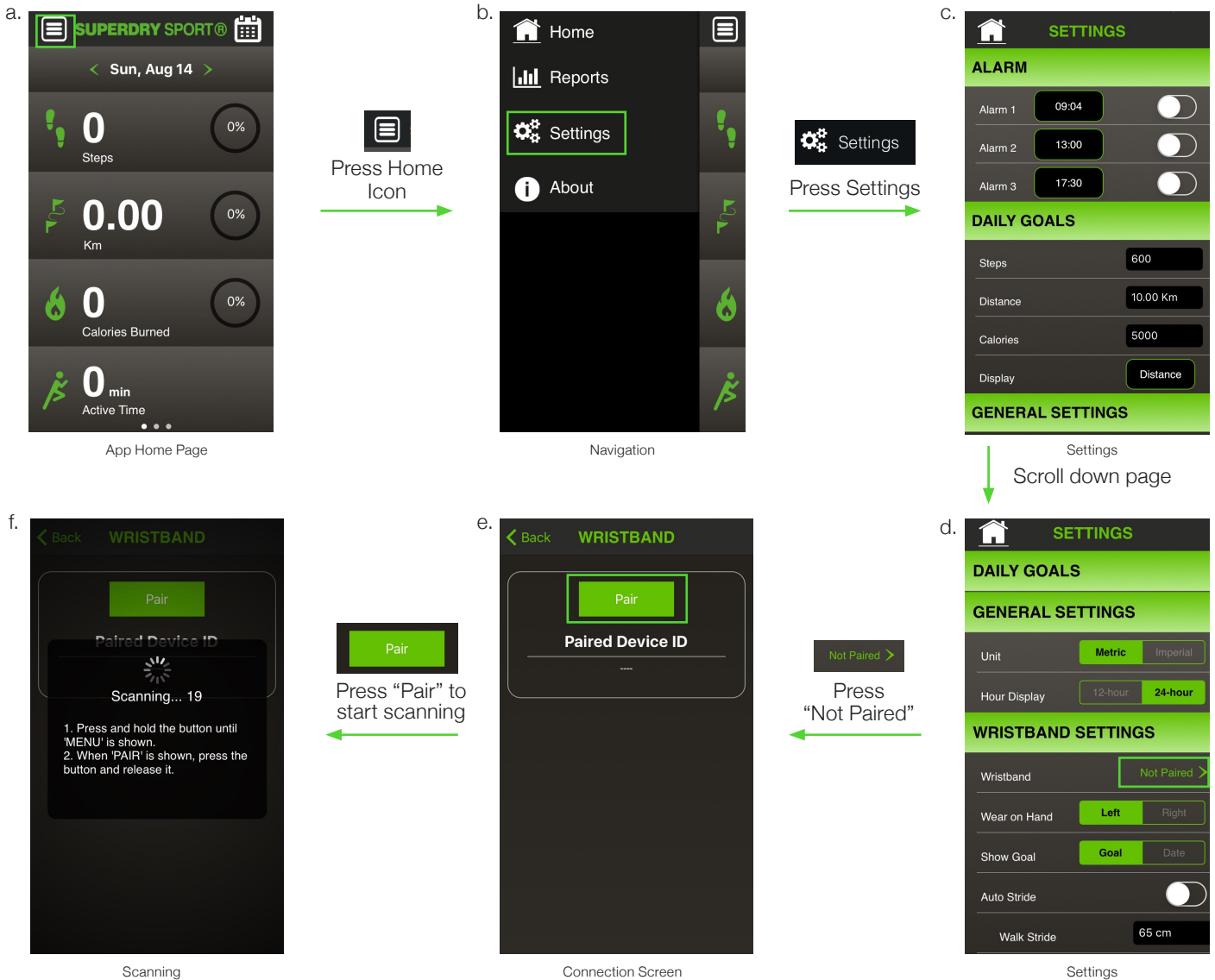
5. Pairing to an iOS or Android Product

To fully utilize your Superdry Sport Fitness Tracker, it has to be used in line with an iOS or Android Product for setting and tracking your daily activities. Synchronisation with an iOS or Android Product is required.



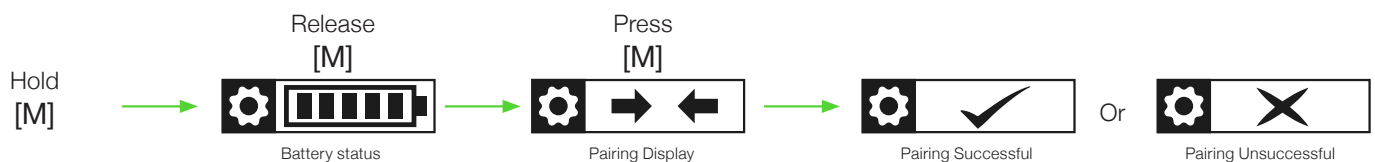
First, download the Superdry Sport Fitness Tracker App (**Name: Superdry Sport Fitness**) from the App Store on your iOS device or Google Play on your Android device. After installation of the App, click and run the programme. The below diagrams display what will appear on your device. Follow the below steps to pair your tracker to your phone. Switch ON your Superdry Sport Fitness Tracker and the wireless connectivity on your device.

NOTE: The App interface varies slightly between iOS and Android.



NOTE: Ensure wireless connectivity is switched ON. Otherwise, connection cannot be established.

Once you press pair and start the 'scan' mode on App, you must follow the below procedure on the Superdry Sport Fitness Tracker to complete the pairing process:



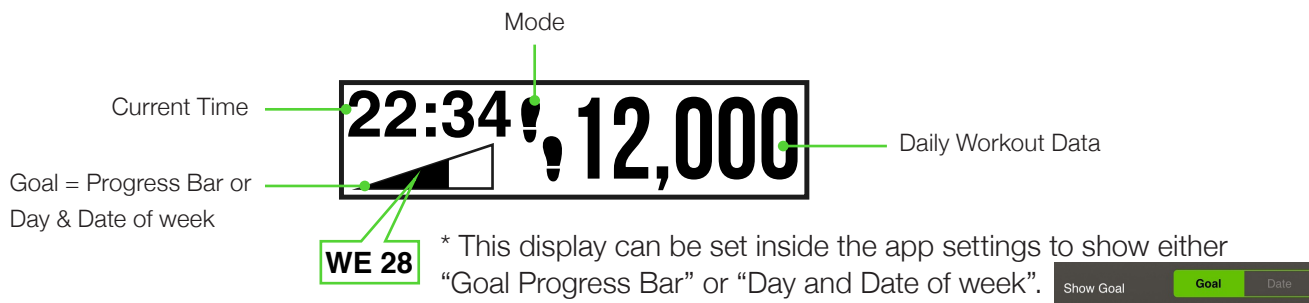
- Press and hold the mode button until the “” display appears on the screen and then release it.
- Press “[M]” when “” is shown on display.
- If paired successfully, “” will be shown on the Wrist Band. Otherwise, repeat the process again.

6. Individual Settings - App

To get the most out of your Superdry Sport Fitness Tracker you need to create a user profile, this helps to tailor the data of the Fitness Tracker perfectly to your individual requirements. This can all be done easily via the App. The below diagram will explain how to complete these settings.



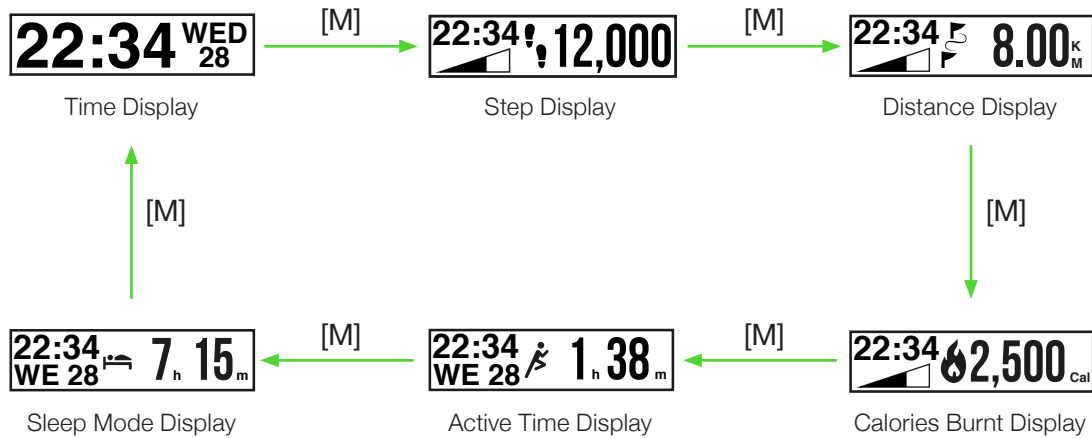
7. Information Display - Fitness Tracker



Mode	Icon	Daily Workout Data
Step		12,000
Distance		8.00 _K _M
Calorie		2,500 _{Cal}
Activity Time		1 _h 38 _m
Sleep Time		7 _h 15 _m

8. Mode Selection - Fitness Tracker

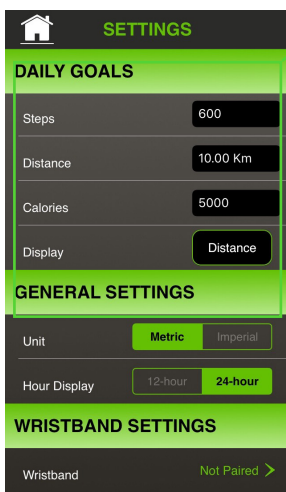
Different modes can be selected as shown in the below diagram. When the display is ON, you may press the Mode button [M] once to select the next mode.



When the display of the Superdry Sport Fitness Tracker goes off, press the Mode button [M] once to display the last mode information.

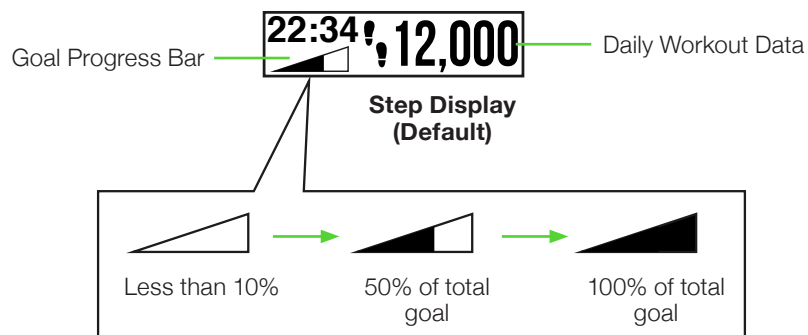
9. Daily Goals - App

The Superdry Sport Fitness Tracker has a built-in 3-axis accelerometer sensor which monitors and records your physical activity towards the specific goal that you define.



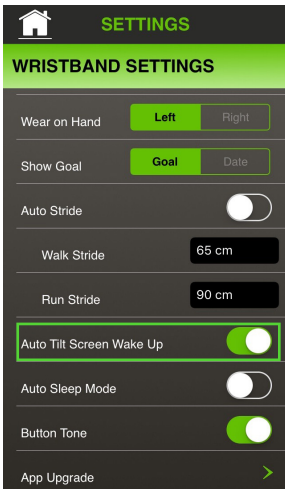
Daily goals can be set for steps taken, distance travelled and calories burned. You can set your own personal goals through the settings page on the App.

You can monitor the status of your Daily goals by navigating through the Superdry Sport Fitness Tracker using the mode [M] button (See section 8). The diagram below explains how to understand the display data.




NOTE: Above diagram is an example only - the goal progress bar will increase gradually.

10. Auto Tilt Mode



The Superdry Sport Fitness Tracker has an auto tilt feature which when activated, lights up the display screen, meaning you will not need to press the button to view the display.

To use auto tilt mode you must activate it via the “Settings” menu.

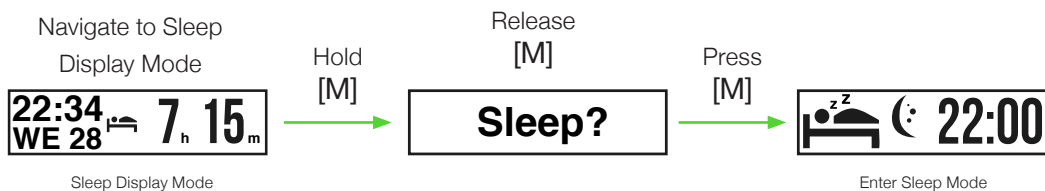
- Set Auto Tilt to on, “” will be displayed.
- When wearing the Fitness Tracker, tilt towards your person for the screen to auto wake up the display.
- The last shown screen will be the one which is displayed.

11. Sleeping Mode

You must be wearing the Superdry Sport Fitness Tracker to increase accuracy of sleep data.

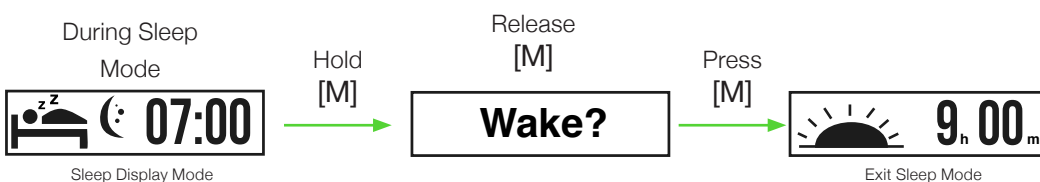
Enter Sleep Mode

- Navigate to the Sleep Mode Display by pressing mode [M] button.
- Hold the mode [M] button until it displays “**Sleep?**” and then release it.
- Press the mode [M] button whilst the word “**Sleep?**” still appears on the screen.
- The Superdry Sport Fitness Tracker will start recording your sleeping pattern.



Exit Sleep Mode

- While on Sleep Mode Display hold the mode [M] button until it displays “**Wake?**”
- Press the mode [M] button whilst the word “**Wake?**” still appears on the screen.
- The sunshine animation will show to confirm exit of sleep mode.
- Your sleeping pattern has been recorded and can be synced to the App to review.









12. Battery Status

In any mode other than Sleep Display, press and hold the mode button until it displays the Battery Status. The battery status indications are as below:



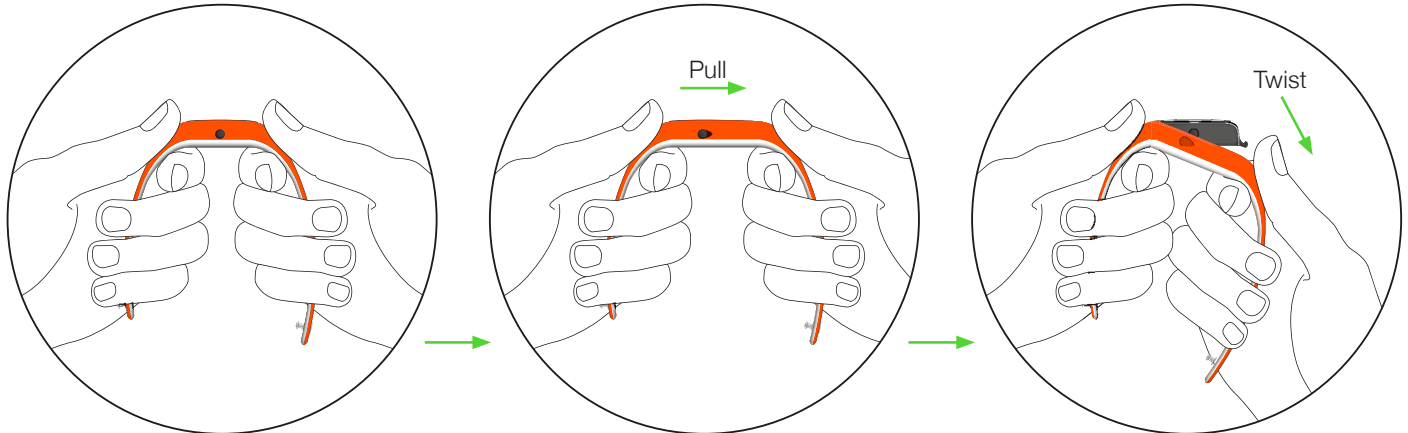
Battery Status
Display

Empty	
	< = 10%
	11 - 28%
	29 - 46%
	47 - 64%
	65 - 82%
	83 - 100%

13. Charging

Removing the Main Unit from Strap

- To charge the Superdry Sport Fitness Tracker, you must first remove the main unit from the silicone band.
- To remove the main unit from the silicone band follow the steps shown below.



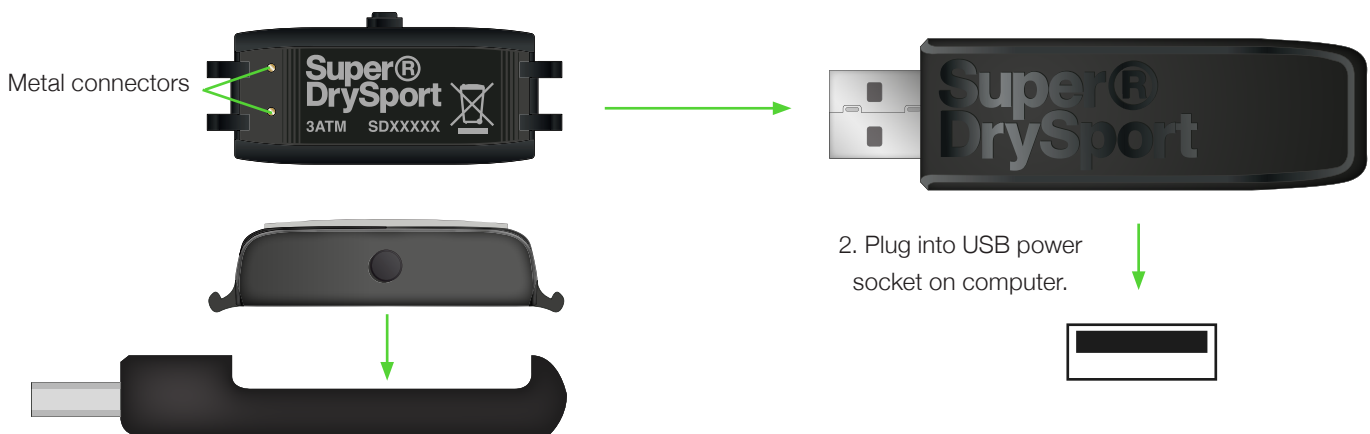
1. Grasp the Fitness Tracker as shown.

2. Pull the silicone band to one side until you feel the band unhook from main unit.

3. Twist the silicone band down to reveal the main unit.

Charging the Main Unit

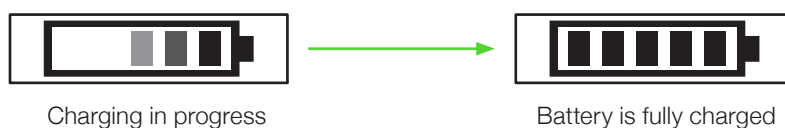
- Once removed, clip the main unit into the USB connector, ensuring the metal connectors are touching.
- Plug into the USB port on your computer as below diagram.



1. Clip main unit into USB connector.

2. Plug into USB power socket on computer.

The charging animation below will be shown when the connection is correct. When the animation stands still, charging is completed and the battery is full.



The Superdry Sport Fitness Tracker can last for approximately 7 days of normal use.

Removing Main Unit from USB Charger

- To remove the main unit from the USB charger please follow diagram steps below.
- Once removed from the charger, return the main unit to the silicone band.

