



P.A.C.E FOOTBALL PLAYBOOK

INTRODUCTION TO FORMATIONS

All offensive plays start from a formation that dictates where all five players line up prior to the start of the play. Our flag football playbooks focus on six formations – spread, trips, stack, double back, I and single-back. There are always adjustments and changes a coach can make to these plays (including sending a player in motion), however it is important when coaching young players that you focus more on basic fundamentals of the game and less on complicated formations and motions. Teams that do just a few things very well will be more successful than teams that do many things less than well.

SPREAD RIGHT	SPREAD LEFT	TRIPS RIGHT	TRIPS LEFT	STACK RIGHT	STACK LEFT
Where all three receivers are on the line of scrimmage, two to the right side of the center and one to the left.	Where all three receivers are on the line of scrimmage, two to the left side of the center and one to the right.	Where all three receivers are on the line of scrimmage, right of the center.	Where all three receivers are on the line of scrimmage, left of the center.	Where one receiver lines up behind another to the right of the center; the other receiver is left of the center on the line.	Where one receiver lines up behind another to the left of the center; the other receiver is right of the center on the line.

SPREAD RIGHT

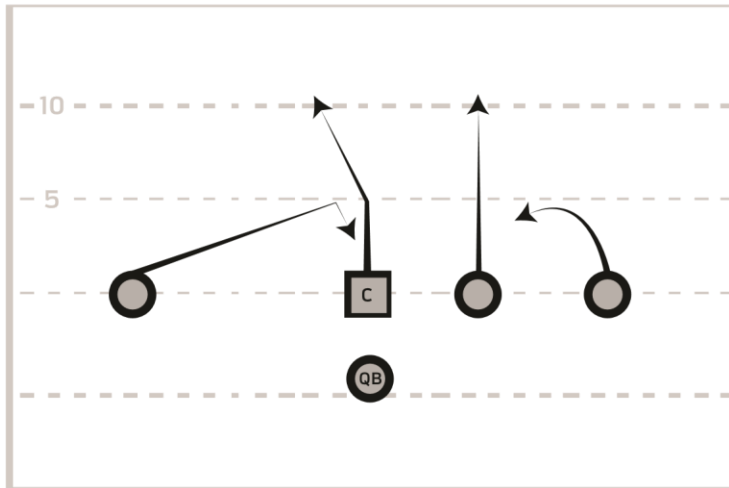
All three receivers are on the line of scrimmage, two to the right side of the center and one to the left.

PLAY-CALLING

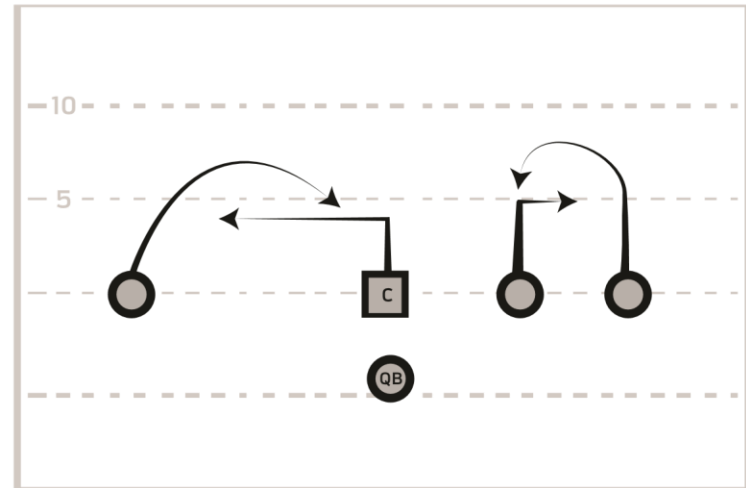
When calling an offensive play in the huddle, give the formation first, then the play. Example: "Spread Left Fills Left" would refer to a Spread Left formation and the Fills Left play.

Note: Play names included in this playbook are suggestions. Feel free to adapt the play names to fit your needs and the mental capacity of your players. USA Football recommends picking a few plays that your team can run well rather than implementing the entire playbook.

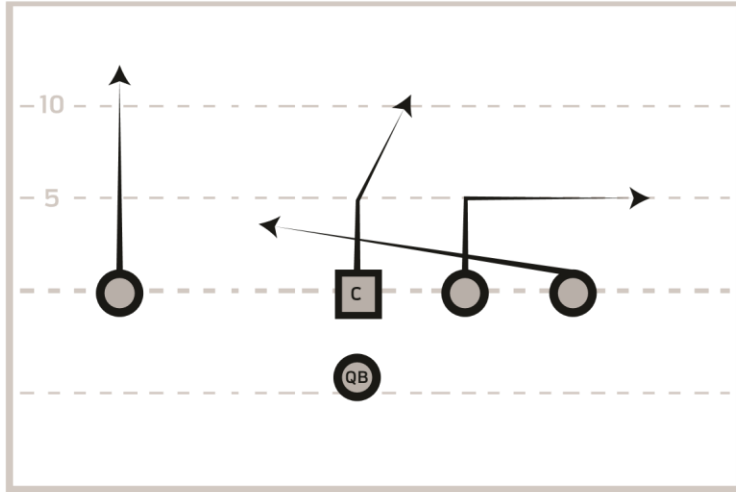
FILS RIGHT



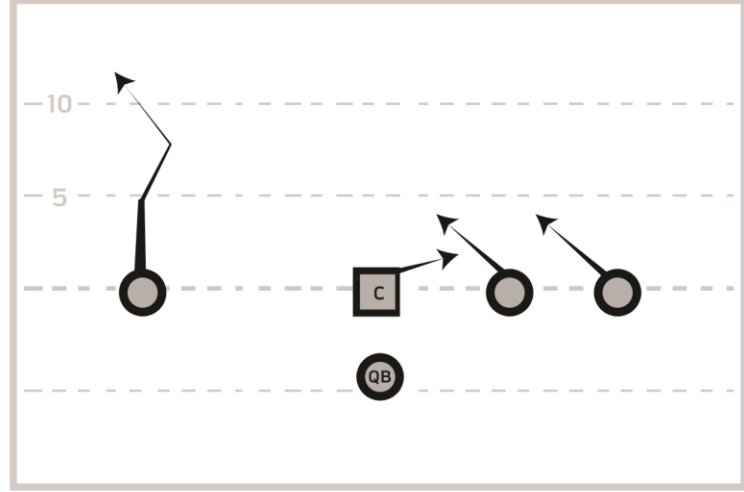
MCDONALD LEFT



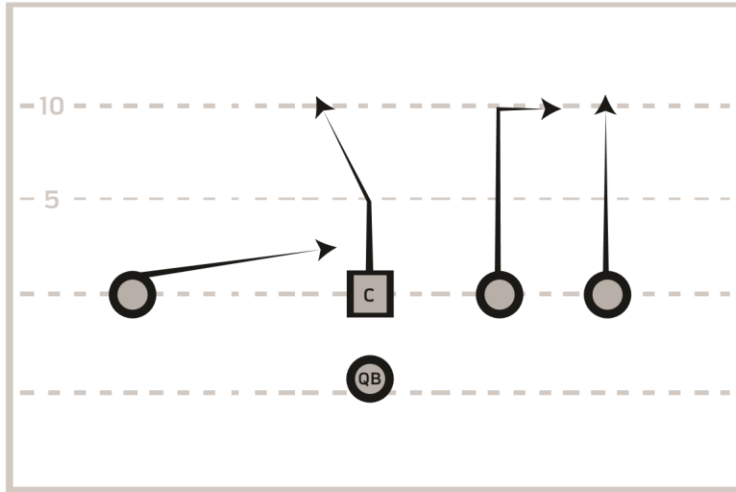
HIDDEN SLANT RIGHT



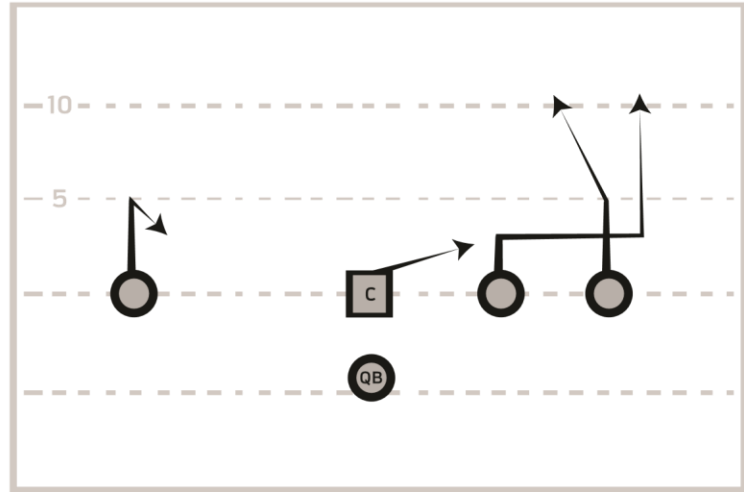
SLANT UNDER RIGHT



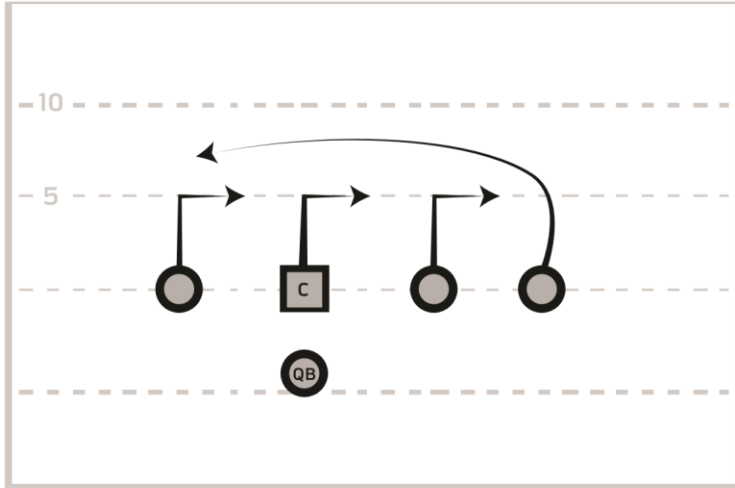
FIL FLY RIGHT



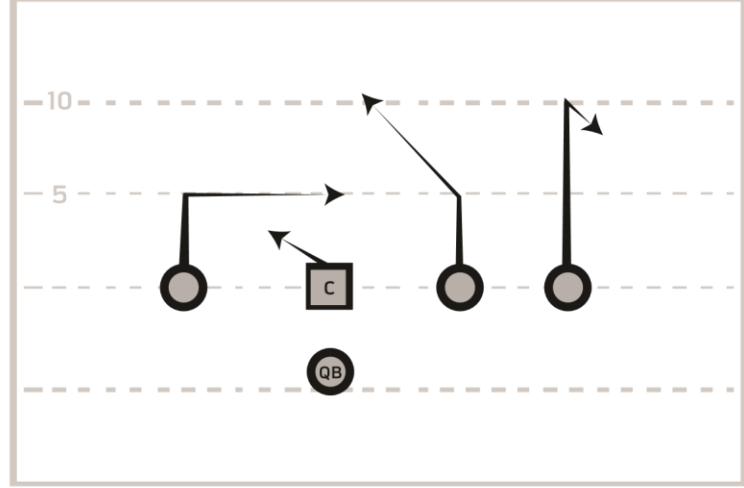
CHAIR RIGHT



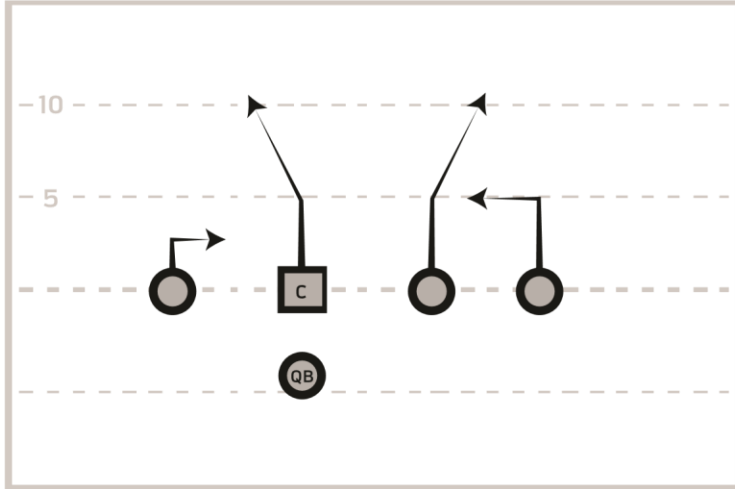
REVERSE FLOW



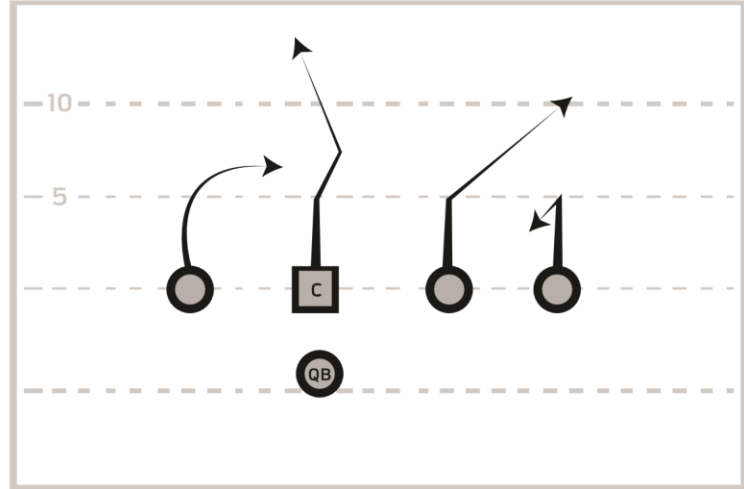
DO RIGHT



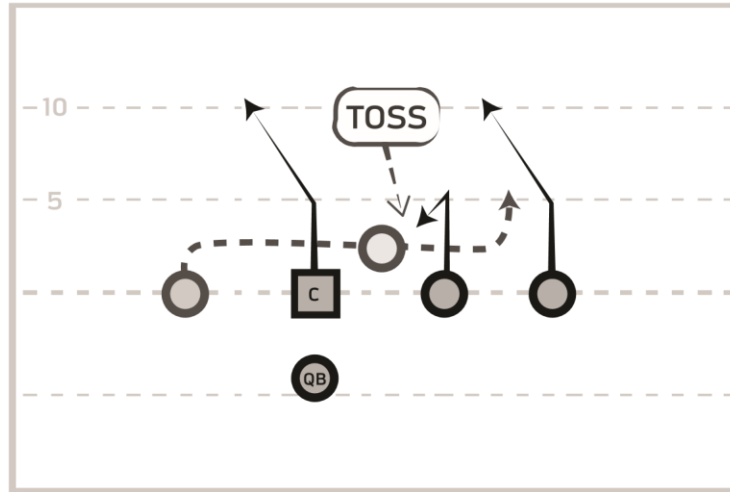
CORNERS RIGHT



SAFETY'S CHOICE



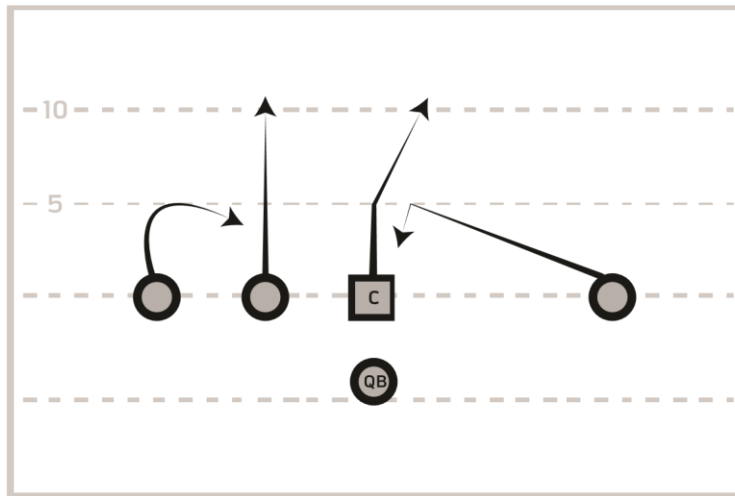
HOOK 'N' LADDER



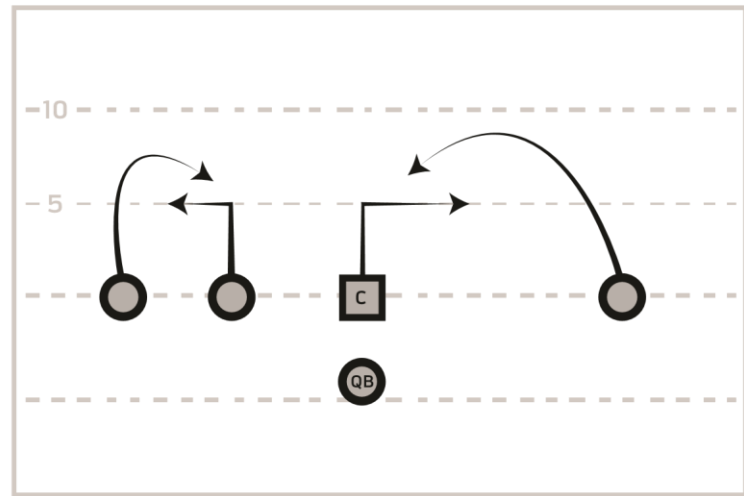
SPREAD LEFT

All three receivers are on the line of scrimmage, two to the left side of the center and one to the right.

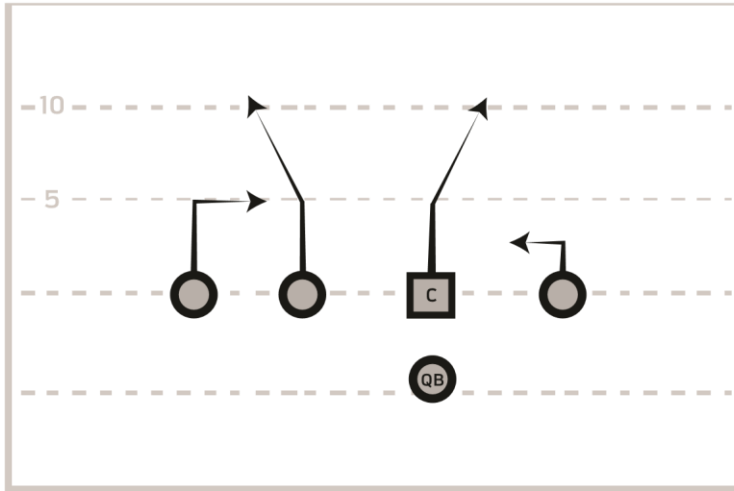
FILS LEFT



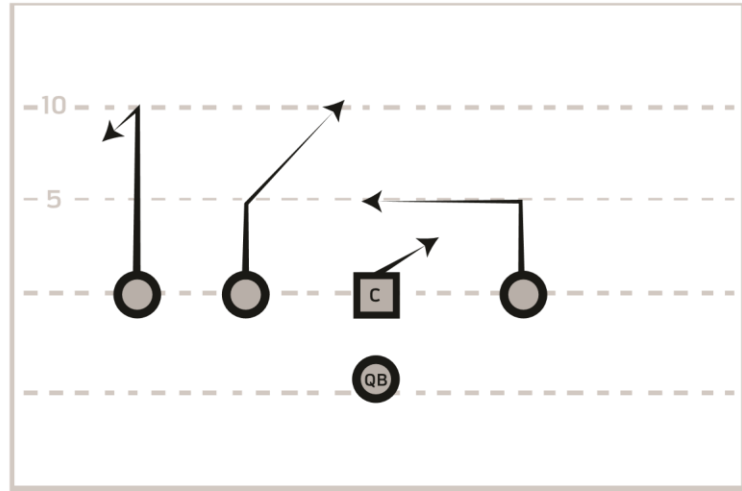
MCDONALD LEFT



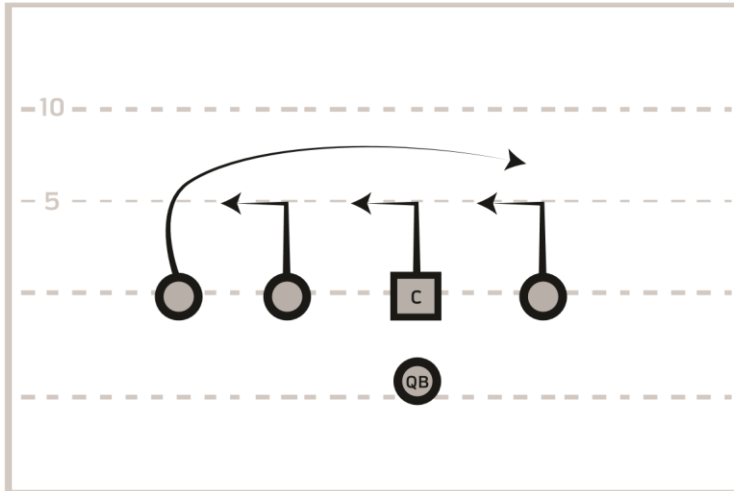
CORNERS RIGHT



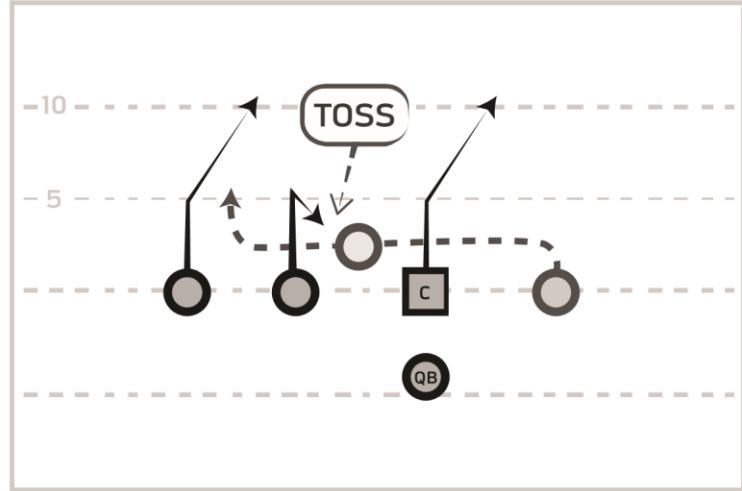
DO LEFT



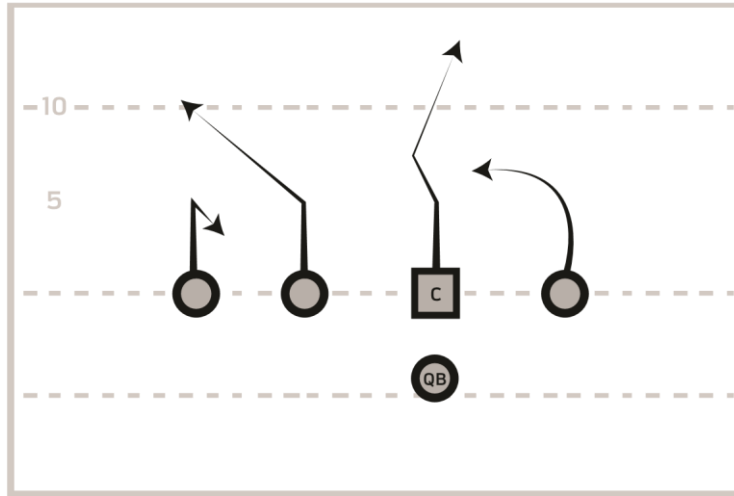
REVERSE FLOW



HOOK 'N' LADDER



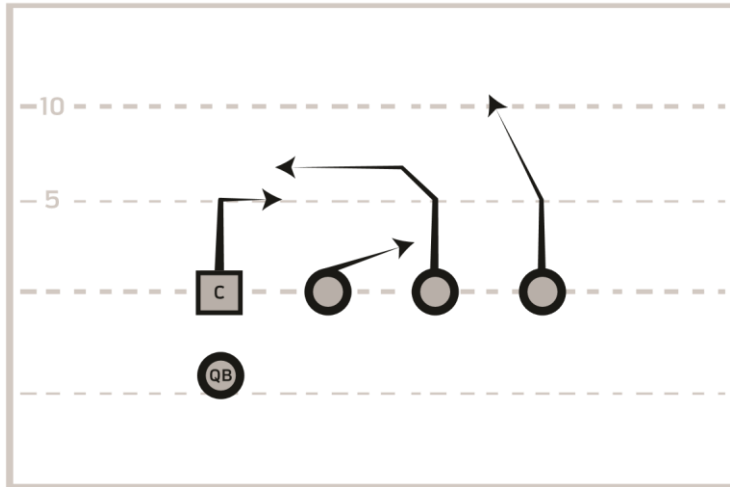
SAFETY'S CHOICE



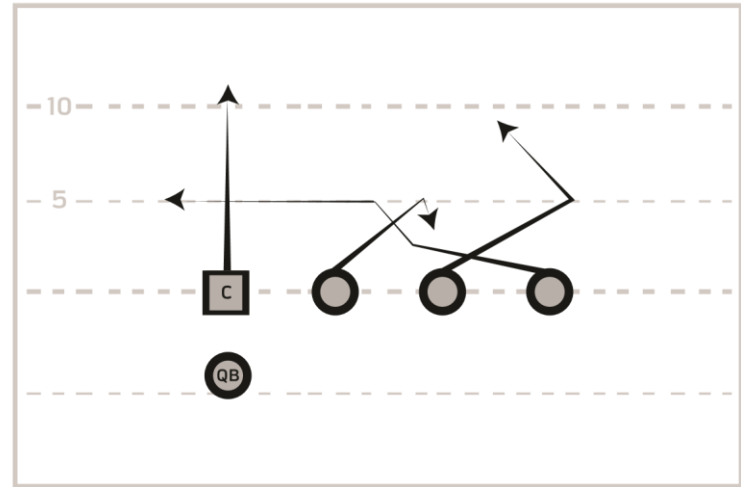
TRIPS RIGHT

All three receivers are on the line of scrimmage, right of the center.

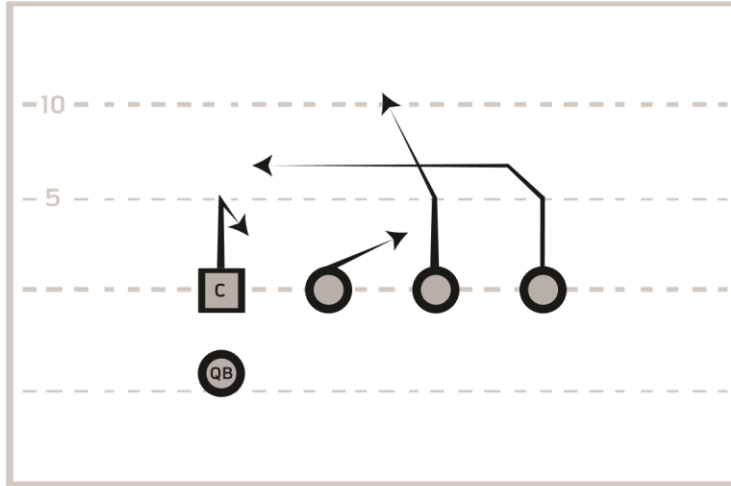
AKRON



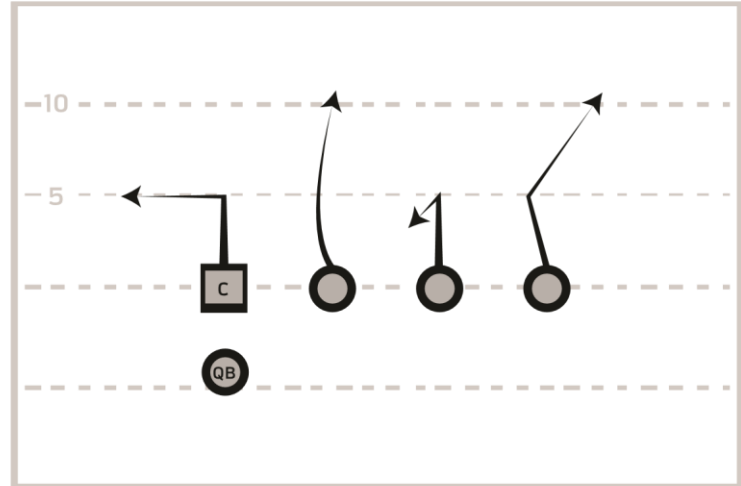
ZIG ZAG



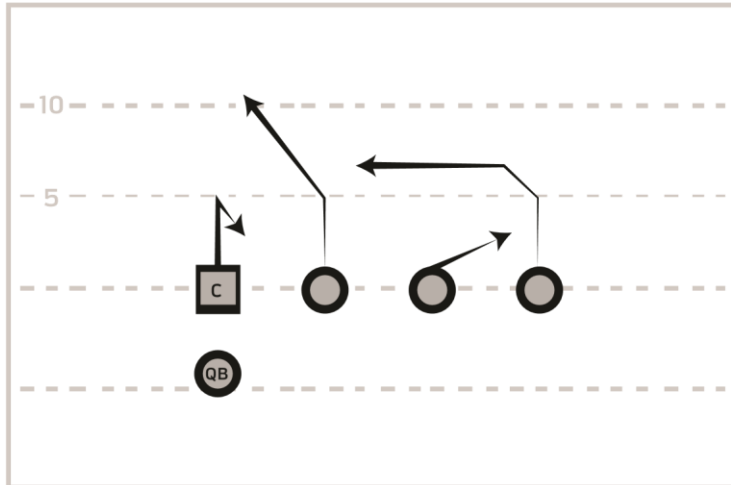
BOISE



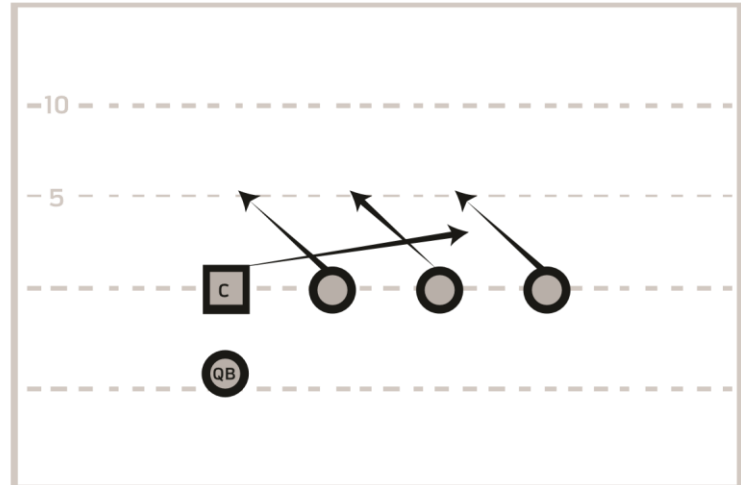
FIL



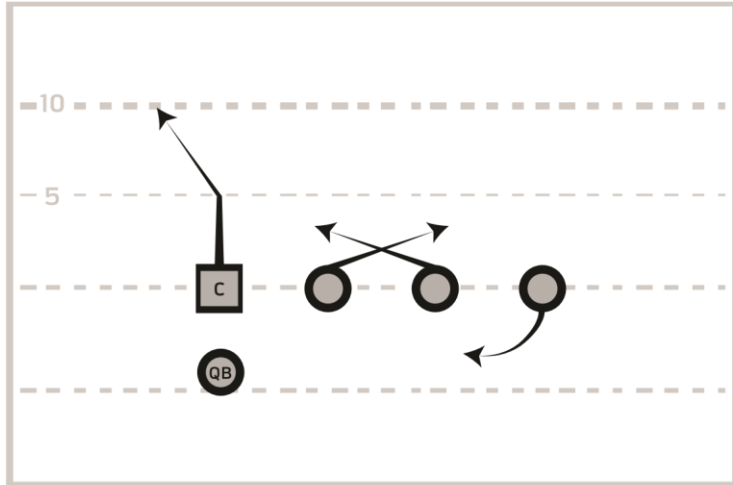
CONNECTICUT



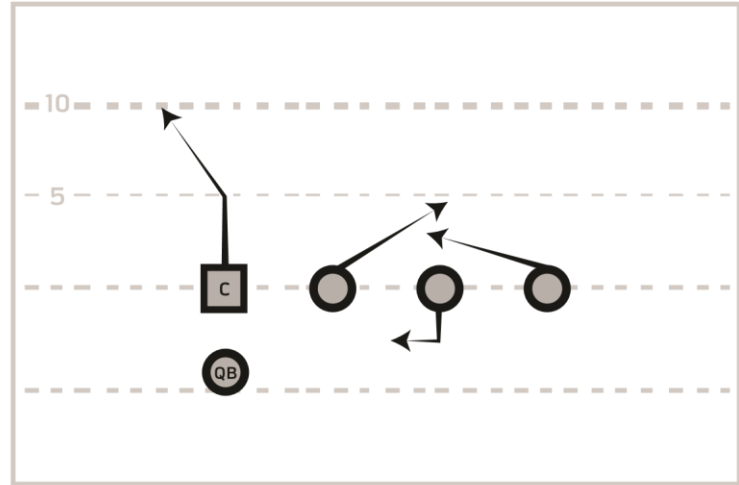
SLANT REVERSE



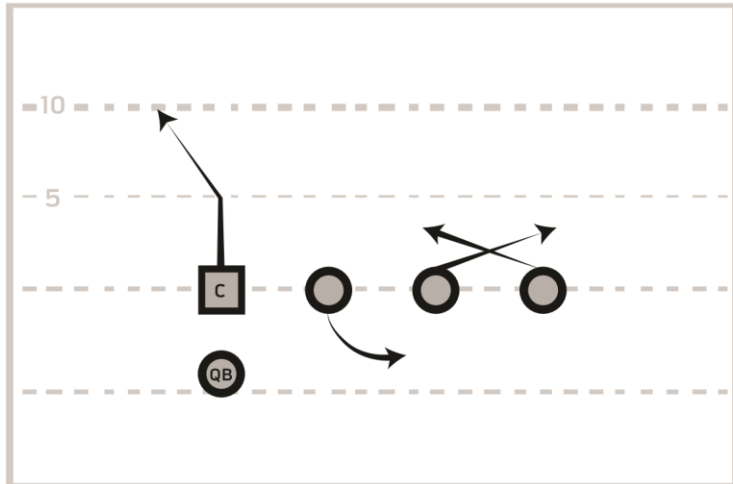
ITCHPASS AL



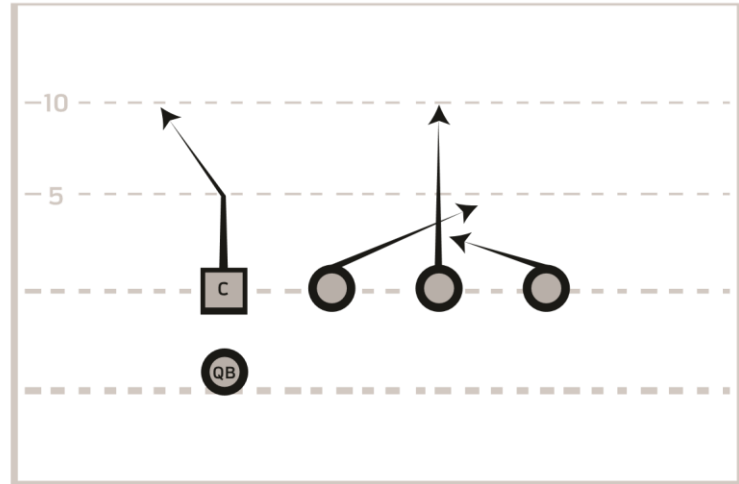
ITCHPASS BOB



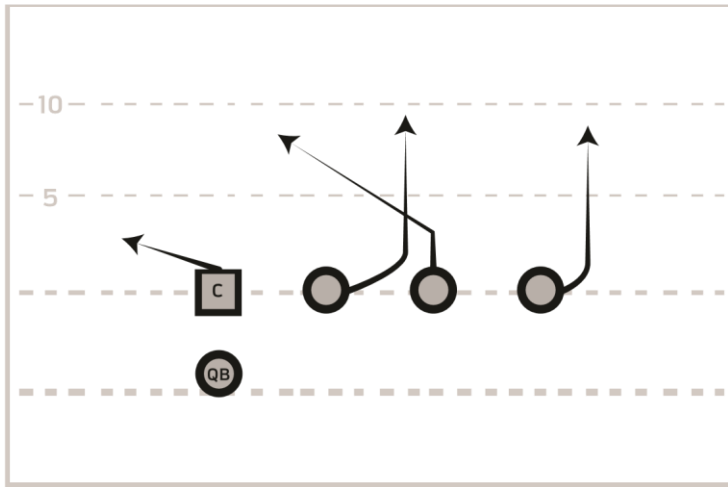
ITCHPASS CHUCK



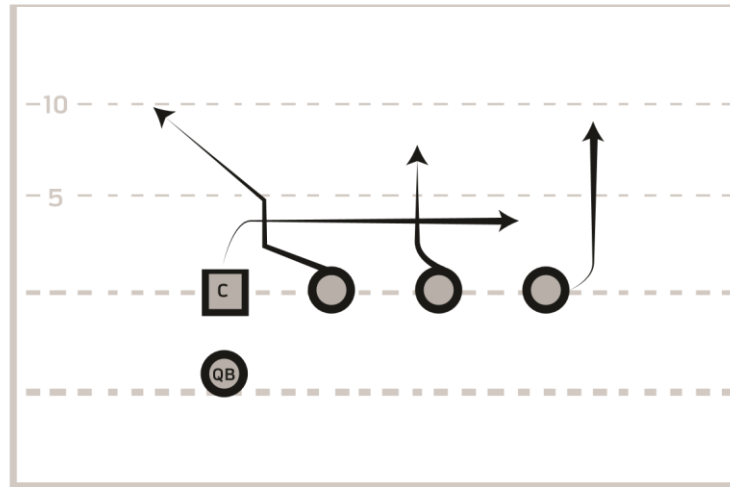
CROSSING SLANTS



SEAHAWK RIGHT



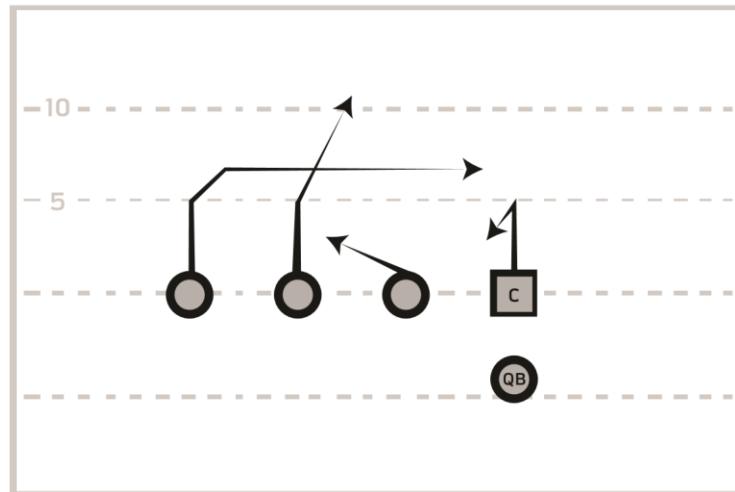
ARCTIC RIGHT



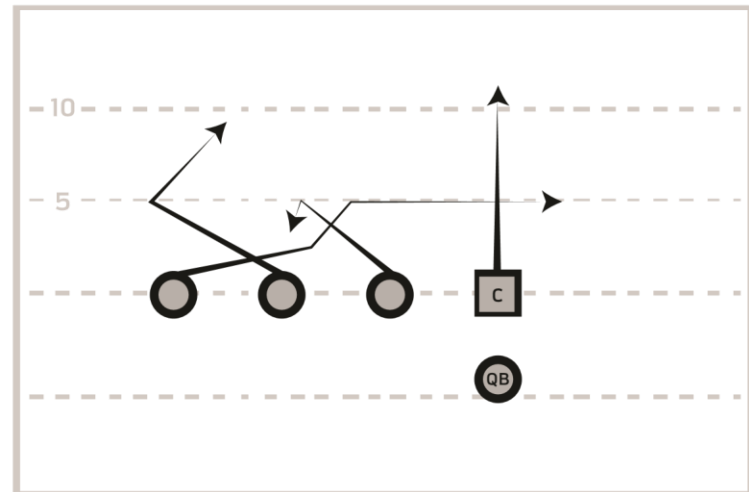
TRIPS LEFT

All three receivers are on the line of scrimmage, left of the center.

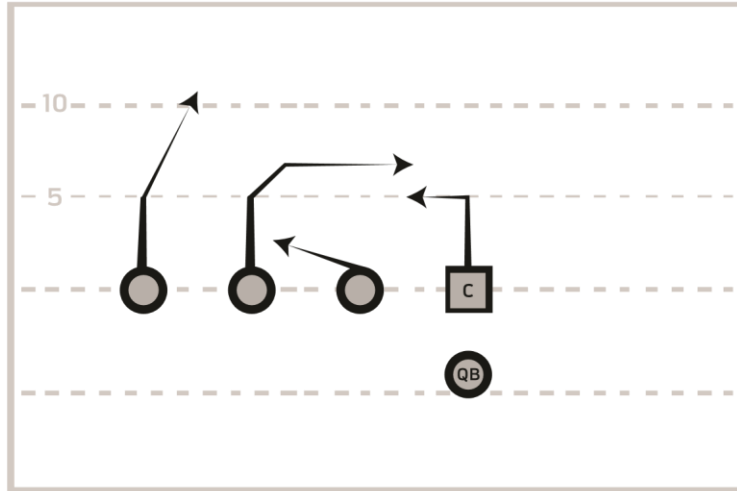
BOISE



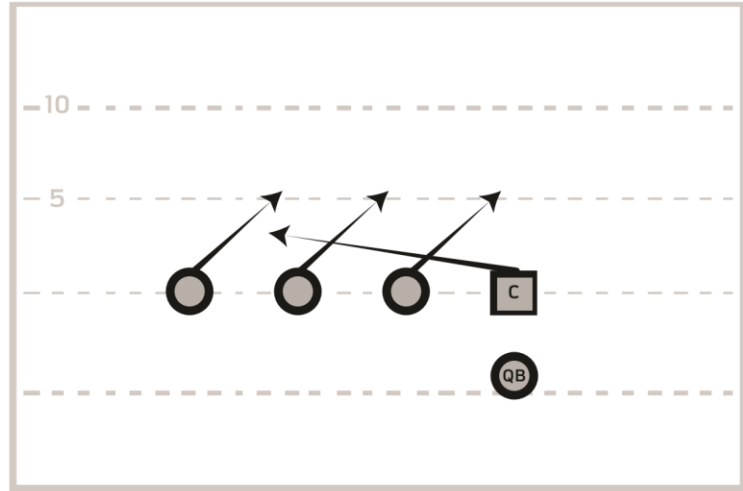
ZIG ZAG



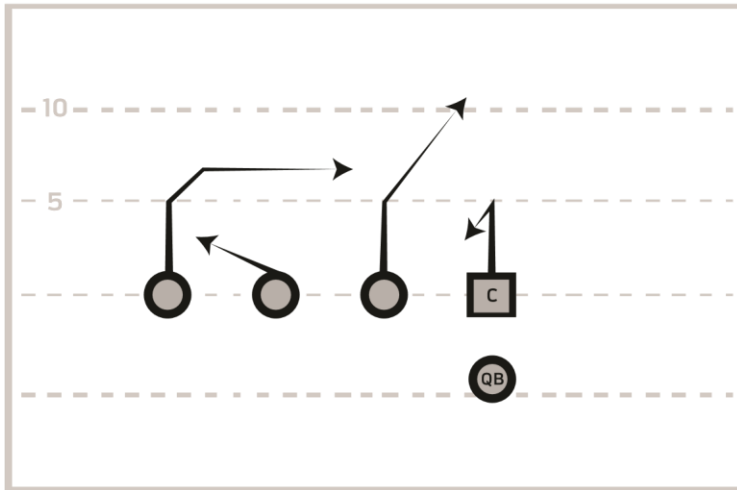
AKRON



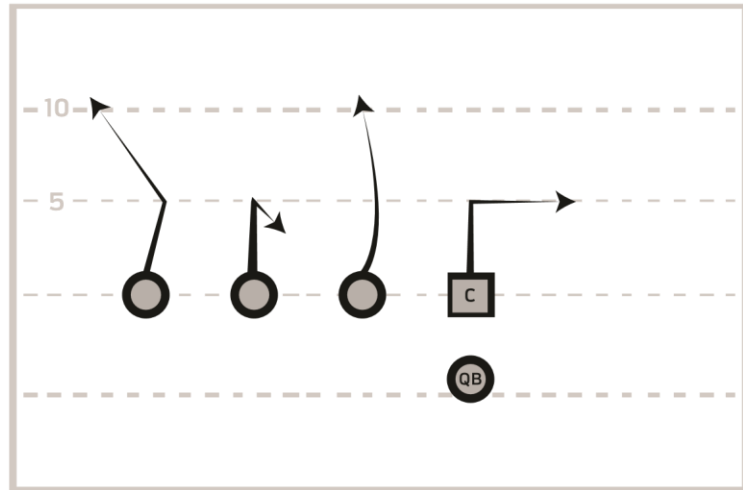
SLANT REVERSE



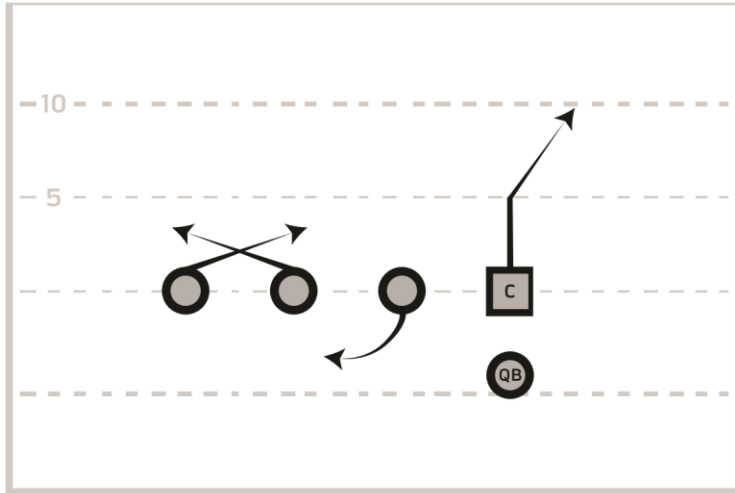
CONNECTICUT



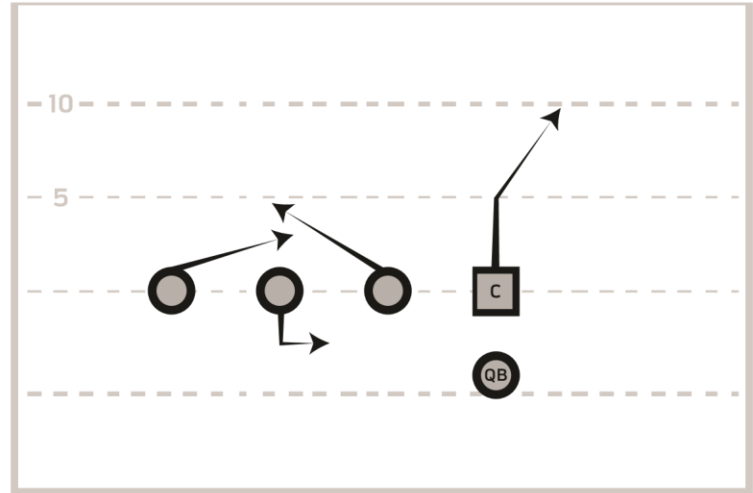
FIL



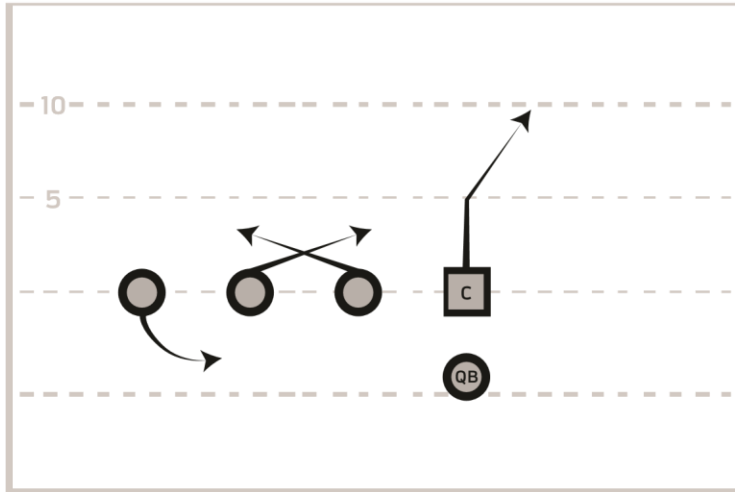
ITCHPASS CHUCK



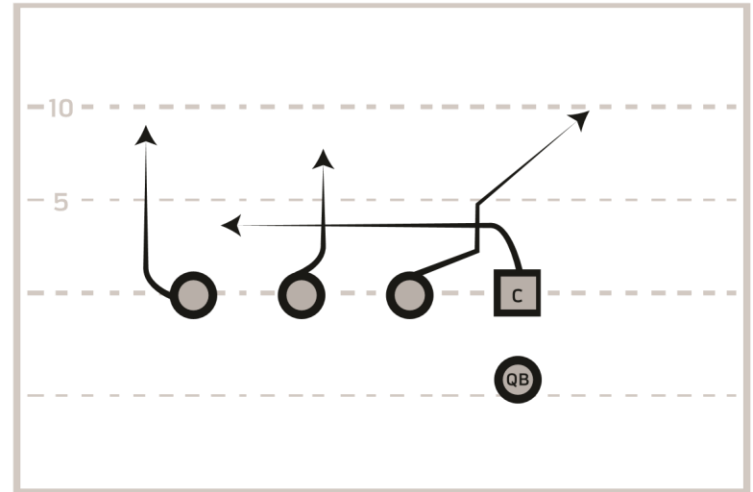
ITCHPASS BOB



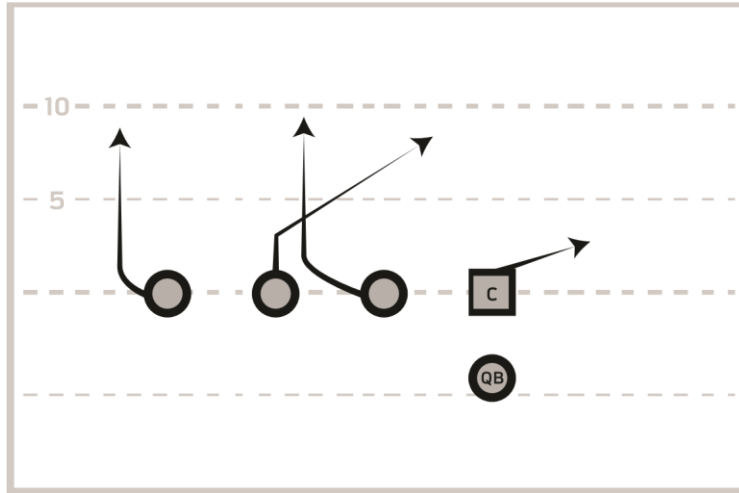
ITCHPASS AL



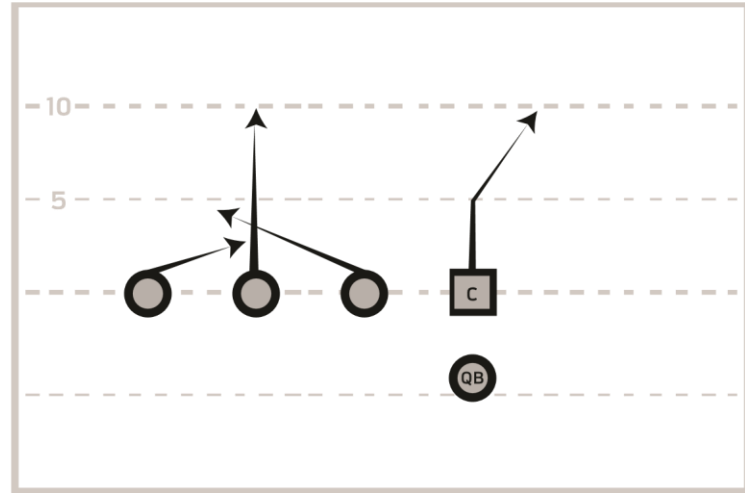
ARCTIC LEFT



SEAHAWK LEFT



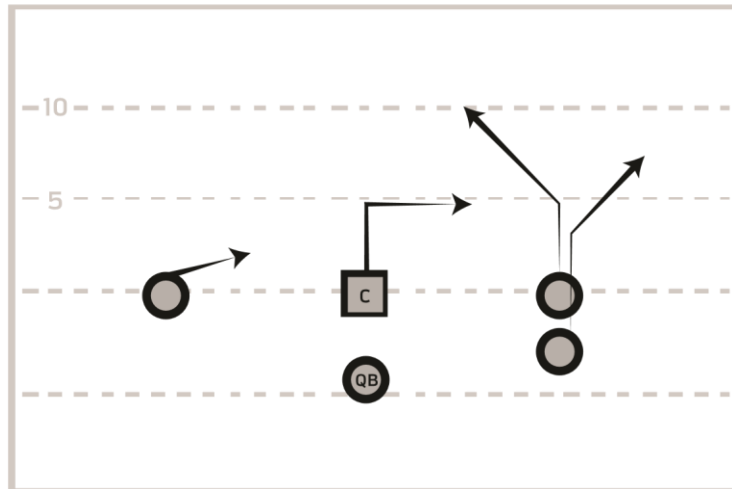
CROSSING SLANTS



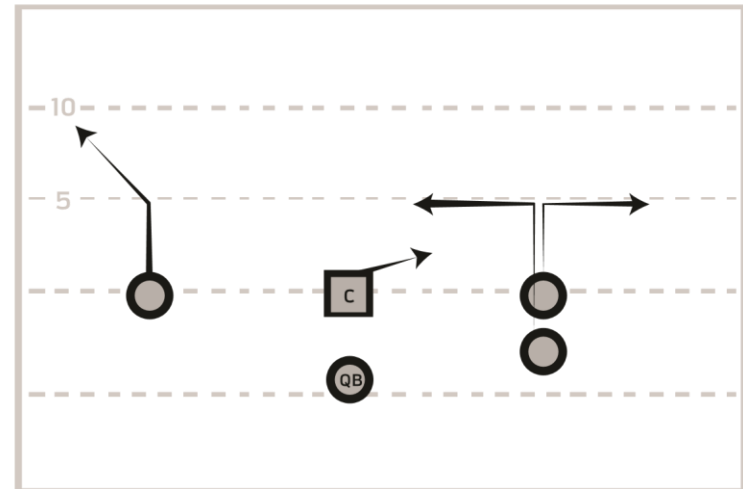
STACK RIGHT

One receiver lines up behind another to the right of the center; the other receiver is left of the center on the line.

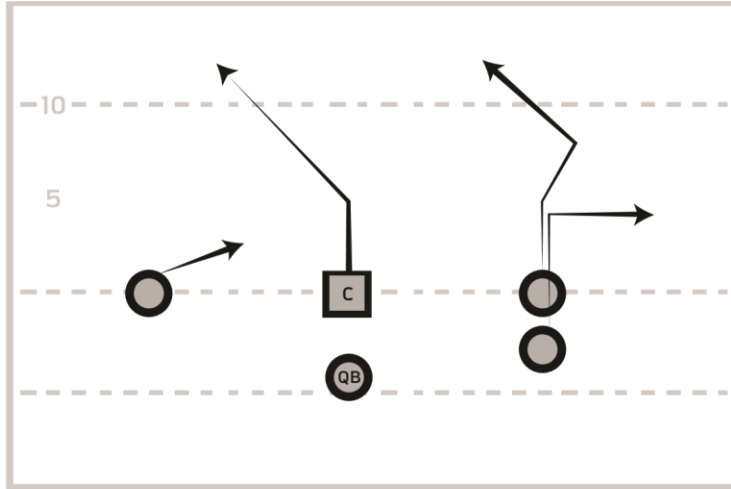
STACK 45 DEGREES



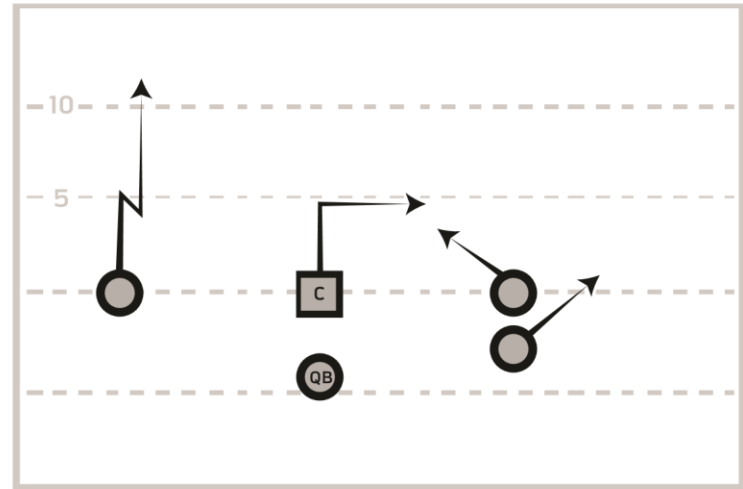
STACK 90 DEGREES



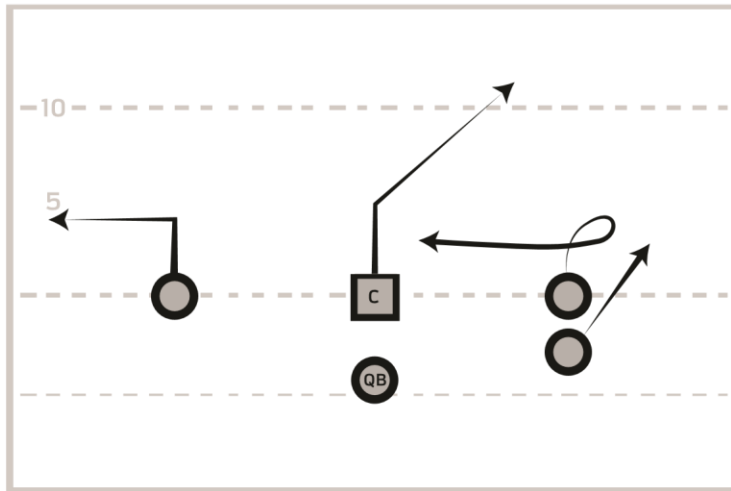
CORNER POST



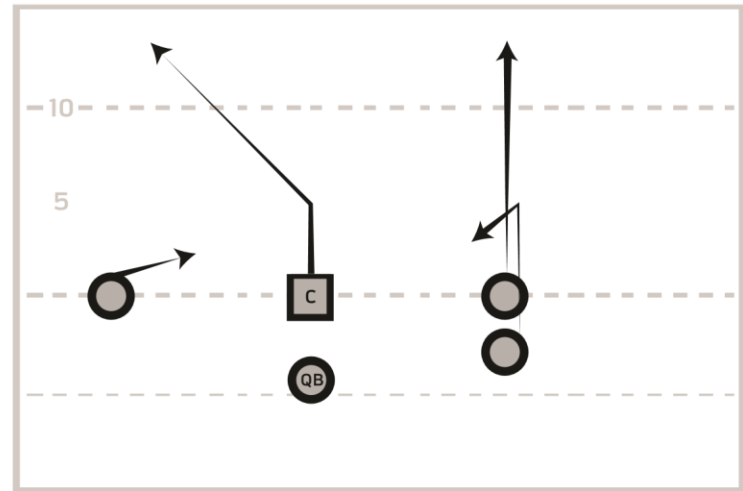
STACK SLANTS



T - IN



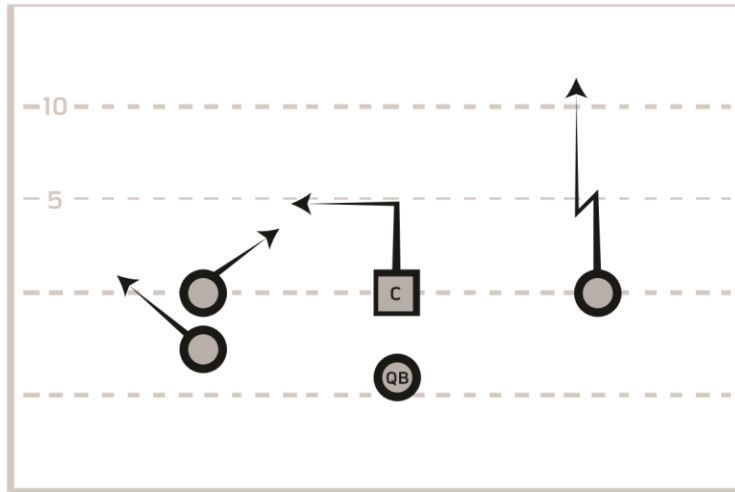
STACK STRAIGHT



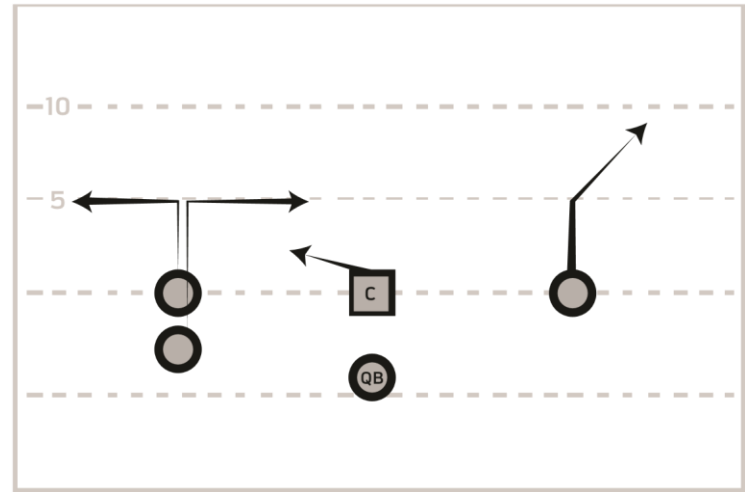
STACK LEFT

One receiver lines up behind another to the left of the center; the other receiver is right of the center on the line.

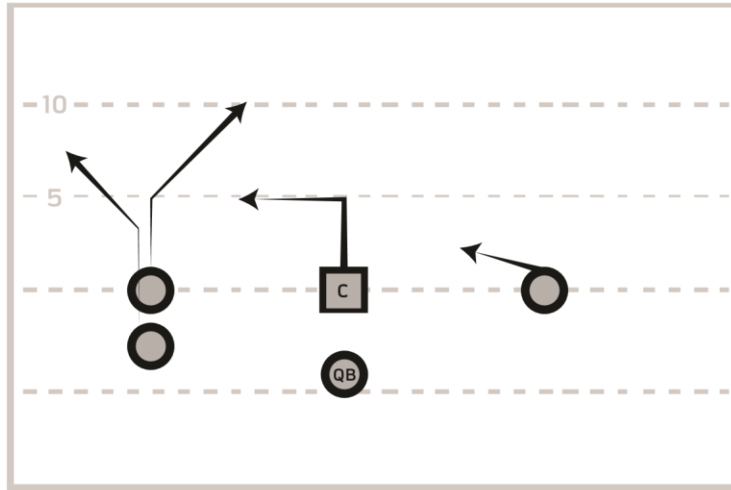
STACK SLANTS



STACK 90 DEGREES

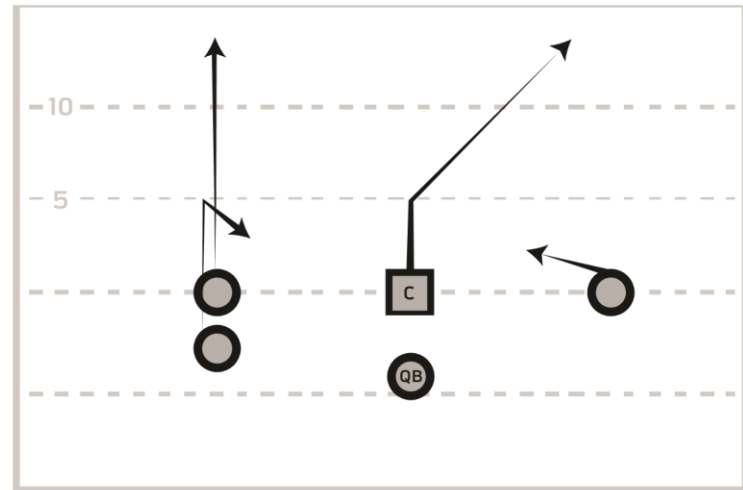


STACK 45 DEGREES



T - IN

STACK STRAIGHT



CORNER POST

