JUMBO is designed with whey protein. Dietary proteins are the source of nitrogen and indispensable amino acids, which the body requires for tissue growth and maintenance. Therefore, JUMBO's protein contributes to the growth and maintenance of muscle mass.\* Whey protein from milk is a so-called complete protein, because it provides the body with all necessary amino acids, including the 9 amino acids (i.e. Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine) that are considered essential for life, because the body cannot synthesize them. Determination of the nutritional efficiency of protein in the diet is in most cases based on estimating the extent to which dietary protein nitrogen is absorbed and retained by the body and is able to balance daily nitroaen losses. Net Protein Utilisation (NPU) is the percentage of ingested nitrogen that is retained in the body, and the Biological Value (BV) aives the percentage of absorbed nitrogen that is retained. Biological Value is the product of NPU and digestibility. Whey protein has good digestibility and amino acid composition, thus it's Biological Value is great compared to other dietary protein sources like meat, fish, eggs or soy.

JUMBO features our "6-CARB" carbohydrate blend that includes oat flour, Palatinose™ and native waxy maize food

The "JUMBO" extra ingredient matrix provides a good dose of our proprietary "CREA-BOMB multi-component creatine matrix"! At least a 3 g daily dose of Creatine is scientifically proven to increase performance in successive burst of short-term, high intensity exercise like weight training and interval cardio.\* We also added extra amino acids on top of the amounts coming from protein, including essential ones.

In the "Support complex" you'll find Magnesium in a dose that contributes to normal protein synthesis, to a reduction of tiredness and fatigue, to normal functioning of the nervous system (neurotransmission and muscle contraction including heart muscle), to normal energy-yielding metabolism, to electrolyte balance, to the maintenance of normal bones and teeth, and has a role in the process of cell division.\* Finally, we also added BioPerine®, a patented black pepper extract,

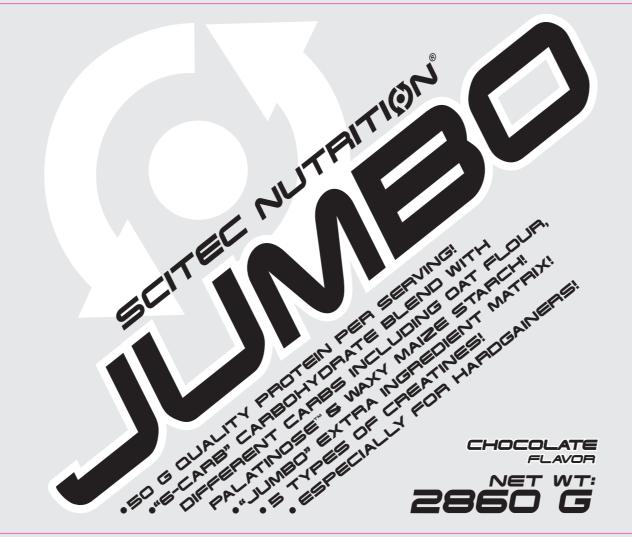
\*These statements have been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).

Storage conditions: Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.



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owder with protein, carbohydrates, sugars, creatine, amino acids, AKG, magnesium and Bioperine® 2860									
Nutrition Information           Serving Size: 220 g (4 scoops)         Servings Per Contained									
Amount per serving	220 g	RI%**	100 g	Amount per serving	220 g	RI%**	100 g		
Energy Fat of which Saturates Carbohydrate of which Sugars	3394 kJ/ 808 kcal 6.9 g 1.6 g 144 g 59 g	40% 9.9% 8% 55% 66%	1546 kJ/ 368 kcal 3.1 g 0.7 g 65 g 27 g	Protein Salt* Dietary Fiber Magnesium Potassium	50 g 0.26 g 1 g 59 mg 365 mg	100% 4.3% - NRV%*** 16% 18%	23 g 0.12 g <0.5 g 27 mg 166 mg		
*Salt content is exclu	sively due t	o the prese	ence of natu	rally occurring sodium.	-				
Amount per serving					220 g	RI%**	100 g		
<b>"6-CARB" MATRIX</b> Dextrose, Palatinose™ (isomaltulose: low glycemic index carbohydrate), Oat Flour, Maltodextrin, Fructose, Waxy Maize Starch					149 g	-	68 g		
"JUMBO" EXTRA INGREDIENT MATRIX - Proprietary CREA-BOMB multi-component creatine matrix providing creatine: 4942 mg Creatine Monohydrate, Micronized Greatine Monohydrate, Creatine Gitrate, Creatine Phosphate, Creatine Pyruvate - HEMO-NO matrix L-Arginine Base (880 mg), L-Ornithine HCI (88 mg), Alpha-Ketoglutarate Calcium (88 mg) - JUMBO AMINO SELECT matrix L-Glutamine (946 mg), L-Alanine (11 mg) - BCAA XPRESS 100% pure essential amino acid complex					8803 mg 5610 mg 1056 mg 957 mg 940 mg	-	4001 mg		
Leucine (500 mg), L-Isoleucine (220 mg), L-Valine (220 mg) - Support complex Magnesium carbonate (235 mg), BioPerine® (5 mg) ***RI%: Reference intake of an average adult (8400 kJ/2000 kcal). ***NRV%: nutrient re									

NFT WT-

JUMBO Food intended for sportsmen

**Ingredients:** Ultrafiltered Whey Protein Concentrate (from *milk*, instantized with soy lecithin), Dextrose, Oat Flour (*gluten*), Palatinose™ (Isomaltulose), Maltodextrin, Fructose, Fat-reduced Cocoa Powder (10-12%), Waxy Maize Starch, Creatine Monohydrate, Flavor (Concolate), L'Glutamine, L'Arginine Base, L'Leucine, Micronized Creatine Monolydrate, Magnesium Carbonate, L'Isoleucine, Biorden et al. 1997. Alpha-Ketoglutarate Calcium, L-Ornithine HCl, Creatine Cirate, Creatine Phosphate, Creatine Physica, L'Alanine, BioPerine® (Piper Fruit

Directions: Mix 1 serving (220 g) in 400 ml liquid daily and take it preferably right after training.

Warnings: Use this product in conjunction with food as part of a healthy, balanced diet, not a substitute as such. This product contains an absorption modifier that could affect your medications - consult your physician before use! Keep out of the reach of children! Don't exceed the recommended daily dosage!

JUMBO is designed with whey protein. Dietary proteins are the source of nitrogen and indispensable amino acids, which the body requires for tissue growth and maintenance. Therefore, JUMBO's protein contributes to the growth and maintenance of muscle mass.\* Whey protein from milk is a so-called complete protein, because it provides the body with all necessary amino acids, including the 9 amino acids (i.e. Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine) that are considered essential for life, because the body cannot synthesize them. Determination of the nutritional efficiency of protein in the diet is in most cases based on estimating the extent to which dietary protein nitrogen is absorbed and retained by the body and is able to balance daily nitrogen losses. Net Protein Utilisation (NPU) is the percentage of ingested nitrogen that is retained in the body, and the Biological Value (BV) aives the percentage of absorbed nitrogen that is retained. Biological Value is the product of NPU and digestibility. Whey protein has good digestibility and amino acid composition, thus it's Biological Value is great compared to other dietary protein sources like meat, fish, eggs or soy.

JUMBO features our "6-CARB" carbohydrate blend that includes oat flour, Palatinose™ and native waxy maize food

The "JUMBO" extra ingredient matrix provides a good dose of our proprietary "CREA-BOMB multi-component creatine matrix"! At least a 3 g daily dose of Creatine is scientifically proven to increase performance in successive burst of short-term, high intensity exercise like weight training and interval cardio.\* We also added extra amino acids on top of the amounts coming from protein, including essential ones.

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powder with protein, carbohydrates, sugars, creatine, amino acids, AKG, magnesium and Bioperine® 21									
Nutrition Information           Serving Size: 220 g (4 scoops)         Servings Per Contain									
Amount per serving	220 g	RI%**	100 g	Amount per serving	220 g	RI%**	100 g		
Energy Fat of which Saturates Carbohydrate of which Sugars	3394 kJ/ 808 kcal 6.9 g 1.6 g 144 g 59 g	40% 9.9% 8% 55% 66%	1546 kJ/ 368 kcal 3.1 g 0.7 g 65 g 27 g	Protein Salt* Dietary Fiber Magnesium Potassium	50 g 0.26 g 1 g 59 mg 365 mg	100% 4.3% - NRV%*** 16% 18%	23 g 0.12 g <0.5 g 27 mg 166 mg		
*Salt content is exclus	ively due t	o the prese	ence of natu	rally occurring sodium.					
Amount per serving						RI%**	100 g		
<b>"6-CARB" MATRIX</b> Dextrose, Palatimose™ (isomaltulose: low glycemic index carbohydrate), Oat Flour, Maltodextrin, Fructose, Waxy Maize Starch						-	68 g		
* UMBO* EXTRA INGREDIENT MATRIX - Proprietary CREA-BOMB multi-component creatine matrix providing creatine: 4942 mg Creatine Monohydrate, MicronTec Micronized Creatine Monohydrate, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate - HEMO-NO matrix LArginine Base (880 mg), L-Ornithine HCI (88 mg), Alpha-Ketoglutarate Calcium (88 mg)						-	4001 mg		
- JUMBO AMINO SELECT matrix L-Glutamine (946 mg), L-Alanine (11 mg) <b>BCAA XPRESS 100% pure essential amino acid complex</b> L-Leucine (500 mg), L-Isoleucine (220 mg), L-Valine (220 mg) <b>- Support complex</b> Magnesium carbonate (235 mg), BioPerine® (5 mg) ***MPU% feasone intelle of an aurone adult (2400 kL/2000 Lcol). ***MPU% outcide to									

NFT WT-

JUMBO Food intended for sportsmen

\*\*R1%: Reference intake of an average adult (8400 kJ/2000 kcal), \*\*\*NRV%: nutrient reference values

Ingredients: Ultrafiltered Whey Protein Concentrate (from milk, instantized with soy lecithin), Dextrose, Oat Hour (gluten), Palatinose™ (Isomaltulose), Maltodextrin, Fructose, Waxy Maize Starch, Creatine Monohydrate, Havor (Strawberry), Clord (Beetroot Red), L-Glutamine, L-Arginine Base, L-Leucine, Micronized Creatine Monohydrate, Magnesium Carbonate, L-Isoleucine, L-Valine, Alpha-Ketoglutarate Calcium, L-Ornithine HCJ, Creatine (Tarte, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper Fruit Extract).

Directions: Mix 1 serving (220 g) in 400 ml liquid daily and take it preferably right after training.

Warnings: Use this product in conjunction with food as part of a healthy, balanced diet, not a substitute as such. This product contains an absorption modifier that could affect your medications – consult your physician before use! Keep out of the reach of children! Don't exceed the recommended daily dosage!

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JUMBO features our "6-CARB" carbohydrate blend that includes oat flour, Palatinose™ and native waxy maize food

The "JUMBO" extra ingredient matrix provides a good dose of our proprietary "CREA-BOMB multi-component creatine matrix"! At least a 3 g daily dose of Creatine is scientifically proven to increase performance in successive burst of short-term, high intensity exercise like weight training and interval cardio.\* We also added extra amino acids on top of the amounts coming from protein, including essential ones.

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powder with protein, carbohydrates, sugars, creatine, amino acids, AKG, magnesium and Bioperine <sup>®</sup> 2									
Nutrition Information           Serving Size: 220 g (4 scoops)         Servings Per Contain									
Amount per serving	220 g	RI%**	100 g	Amount per serving	220 g	RI%**	100 g		
Energy Fat of which Saturates Carbohydrate of which Sugars	3394 kJ/ 808 kcal 6.9 g 1.6 g 144 g 59 g	40% 9.9% 8% 55% 66%	1546 kJ/ 368 kcal 3.1 g 0.7 g 65 g 27 g	Protein Salt* Dietary Fiber Magnesium Potassium	50 g 0.26 g 1 g 59 mg 365 mg	100% 4.3% - NRV%*** 16% 18%	23 g 0.12 g <0.5 g 27 mg 166 mg		
*Salt content is exclu	sively due to	o the prese	ence of natu	urally occurring sodium.					
Amount per serving					220 g	RI%**	100 g		
<b>"6-CARB" MATRIX</b> Dextrose, Palatimose™ (isomaltulose: low glycemic index carbohydrate), Oat Flour, Maltodextrin, Fructose, Waxy Maize Starch						-	68 g		
"JUMBO" EXTRA INGREDIENT MATRIX - Proprietary CREA-BOMB multi-component creatine matrix providing creatine: 4942 mg Creatine Monohydrate, Kirconized Creatine Monohydrate, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate						-	4001 mg		
- HEMO-NO matrix     L-Arginine Base (880 mg), L-Ornithine HCl (88 mg), Alpha-Ketoglutarate Calcium (88 mg)     - JUMBO AMINO SELECT matrix     L-Glutamine (946 mg), L-Alanine (11 mg)     = BCAA XPRESS 100% pure essential amino acid complex									
- BCAA XYRESS 100% pure essential amino acid complex L-Leucine (500 mg), L-Isoleucine (220 mg), L-Valine (220 mg) - Support complex Magnesium carbonate (235 mg), BioPerine® (5 mg)									

NFT WT-

JUMBO Food intended for sportsmen

\*\*R1%: Reference intake of an average adult (8400 kJ/2000 kcal), \*\*\*NRV%: nutrient reference values

(**ngredients:** Ultrafiltered Whey Protein Concentrate (from *milk*, instantized with soy lecithin), Dextrose, Oat Flour (*gluten*), Palatinose™ (Isamaltulose). Maltodextrin. Fructose. Waxv Maize Starch, Greatine Monohydrate, Flavor (Vanilla), L-Glutamine, L-Arginine Base, Leucine, Nicronized Creatine Monohydrate, Magnesium Carbonate, L'Isolacine, L'Alanine, BioPerine® (Riboffavini, Alpha-Ketoglutarate Calcium, L-Ornithine HCI, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper Fruit Extract).

Directions: Mix 1 serving (220 g) in 400 ml liquid daily and take it preferably right after training.

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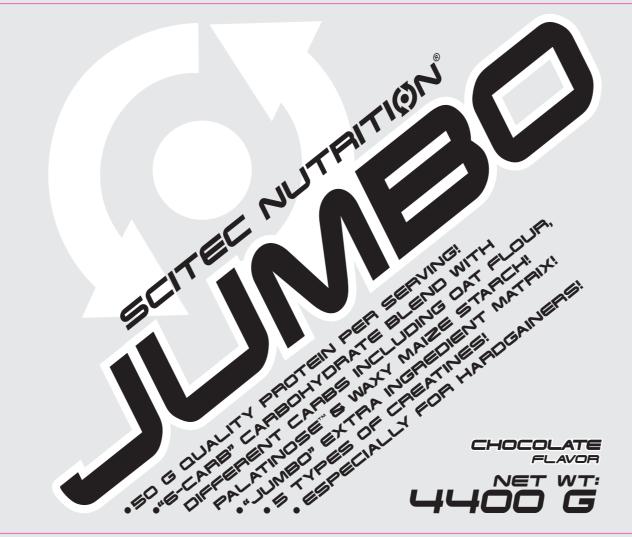
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JUMBO Food intended tor sportsmen powder with protein, carbohydrates, sugars, creatine, amino acids, AKG, magnesium and Bioperine®									
Nutrition Information           Serving Size: 220 g (4 scoops)         Servings Per Contained									
Amount per serving	220 g	RI%**	100 g	Amount per serving	220 g	RI%**	100 g		
Energy Fat of which Saturates Carbohydrate of which Sugars	3394 kJ/ 808 kcal 6.9 g 1.6 g 144 g 59 g	40% 9.9% 8% 55% 66%	1546 kJ/ 368 kcal 3.1 g 0.7 g 65 g 27 g	Protein Salt* Dietary Fiber Magnesium Potassium	50 g 0.26 g 1 g 59 mg 365 mg	100% 4.3% - NRV%*** 16% 18%	23 g 0.12 g <0.5 g 27 mg 166 mg		
*Salt content is exclu	*Salt content is exclusively due to the presence of naturally occurring sodium.								
Amount per serving						RI%**	100 g		
<b>"6-CARB" MATRIX</b> Dextrose, Palatinose™ (isomaltulose: low glycemic index carbohydrate), Oat Flour, Maltodextrin, Fructose, Waxy Maize Starch					149 g	-	68 g		
"JUMBO" EXTRA INGREDIENT MATRIX     "YOVY mate states     "JUMBO" EXTRA INGREDIENT MATRIX     Proprietary CREA-BOMB multi-component creatine matrix     providing creatine: 4942 mg     Creatine Monohydrate, Kicronized Creatine Monohydrate, Creatine Citrate,     Creatine Phosphate, Creatine Pyrvate     - HEMO-NO matrix     L-Arginine Base (880 mg), L-Ornithine HCI (88 mg), Alpha-Ketoglutarate Calcium (88 mg)     - JUMBO AMINO SELECT matrix     L-Glutamine (946 mg), L-Alanine (11 mg)     - BCAA XPRESS 100% pure essential amino acid complex     L-Leucine (500 mg), L-Isoleucine (220 mg), L-Valine (220 mg)     - Support complex     Magnesium carbonate (235 mg), BioPerine® (5 mg)						-	4001 mg		
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NET WT.

IIIMRO Food intended for sportsmen

\*\*R1%: Reference intake of an average adult (8400 kJ/2000 kcgl), \*\*\*NRV%: nutrient reference values

**Ingredients:** Ultrafiltered Whey Protein Concentrate (from *milk*, instantized with soy lecithin), Dextrose, Oat Flour (*gluten*), Palatinose™ (Isomaltulose), Maltodextrin, Fructose, Fat-reduced Cocoa Powder (10-12%), Waxy Maize Starch, Creatine Monohydrate, Flavor (Chocolate), L'Glutamine, L'Arginine Base, L-Leucine, Micronized Creatine Monohydrate, Magnesium Carbonate, L-Isoleucine, L'Valine, Alpha-Kelogularate Calcium, L-Ornithine HCI, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper Fruit

Directions: Mix 1 serving (220 g) in 400 ml liquid daily and take it preferably right after training.

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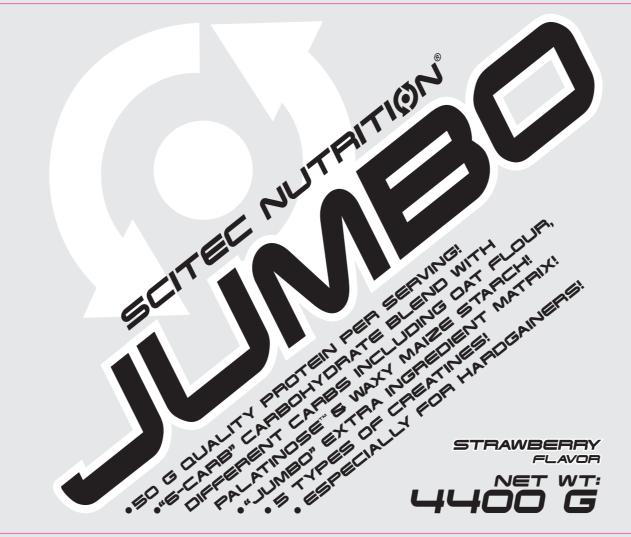
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UMBO Food intended for sportsmen NET WT: owder with protein, carbohydrates, sugars, creatine, amino acids, AKG, magnesium and Bioperine® 4400 g								
Nutrition Information           Serving Size: 220 g (4 scoops)         Servings Per Container: 20								
Amount per serving	220 g	RI%**	100 g	Amount per serving	220 g	RI%**	100 g	
Energy Fat of which Saturates Carbohydrate of which Sugars	3394 kJ/ 808 kcal 6.9 g 1.6 g 144 g 59 g	40% 9.9% 8% 55% 66%	1546 kJ/ 368 kcal 3.1 g 0.7 g 65 g 27 g	Protein Salt* Dietary Fiber Magnesium Potassium	50 g 0.26 g 1 g 59 mg 365 mg	100% 4.3% - NRV%*** 16% 18%	23 g 0.12 g <0.5 g 27 mg 166 mg	
"Salt content is exclu	sively due to	o the prese	ence of nati	rally occurring sodium.				
Amount per serving					220 g	RI%**	100 g	
"6-CARB" MATRIX 149 g - Dextrose, Palatinose™ (isomaltulose: low glycemic index carbohydrate), Oat Flour, Maltodextrin, Fructose, Waxy Maize Starch						-	68 g	
"JUMBO" EXTRA IN - Proprietary CREA-B providing creatine: 4	atrix	<b>8803 mg</b> 5610 mg	-	4001 mg				

Oat Flour, Maltodextrin, Fructose, Waxy Maize Starch			
"JUMBO" EXTRA INGREDIENT MATRIX	8803 mg	-	4001 mg
<ul> <li>Proprietary CREA-BOMB multi-component creatine matrix</li> </ul>	5610 mg		
providing creatine: 4942 mg			
Creatine Monohydrate, MicronTec Micronized Creatine Monohydrate, Creatine Citrate,			
Creatine Phosphate, Creatine Pyruvate			
- HEMO-NO matrix	1056 mg		
L-Arginine Base (880 mg), L-Ornithine HCl (88 mg), Alpha-Ketoglutarate Calcium (88 mg)	-		
- JUMBO AMINO SELECT matrix	957 mg		
L-Glutamine (946 mg), L-Alanine (11 mg)	-		
- BCAA XPRESS 100% pure essential amino acid complex	940 mg		
L-Leucine (500 mg), L-Isoleucine (220 mg), L-Valine (220 mg)	-		
- Support complex	240 mg		
Magnesium carbonate (235 mg), BioPerine® (5 mg)			
**DI0/. D-f			

\*\*RI%: Reference intake of an average adult (8400 kJ/2000 kcal). \*\*\*NRV%: nutrient reference values

Ingredients: Ultrafiltered Whey Protein Concentrate (from milk, instantized with soy lecithin), Dextrose, Oat Flour (gluten), Palatinose™ (Isomathulose), Maltodextrin, Fructose, Waxy Maize Starch, Creatine Monohydrate, Flovor (Strawberry), Color (Beetroot Red), L-Gutamine, L-Arginine Base, L-Leucine, Micronized Creatine Monohydrate, Magnesium Carbonate, L-Isoleucine, L-Valine, Alpha-Ketoglutarate Calcium, L-Ornithine HCJ, Creatine (Trate, Creatine Phosphate, Creatine Provate, L-Alonine, BioPerine® (Piper Fruit Extract).

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JUMBO features our "6-CARB" carbohydrate blend that includes oat flour, Palatinose™ and native waxy maize food

The "JUMBO" extra ingredient matrix provides a good dose of our proprietary "CREA-BOMB multi-component creatine matrix"! At least a 3 g daily dose of Creatine is scientifically proven to increase performance in successive burst of short-term, high intensity exercise like weight training and interval cardio.\* We also added extra amino acids on top of the amounts coming from protein, including essential ones.

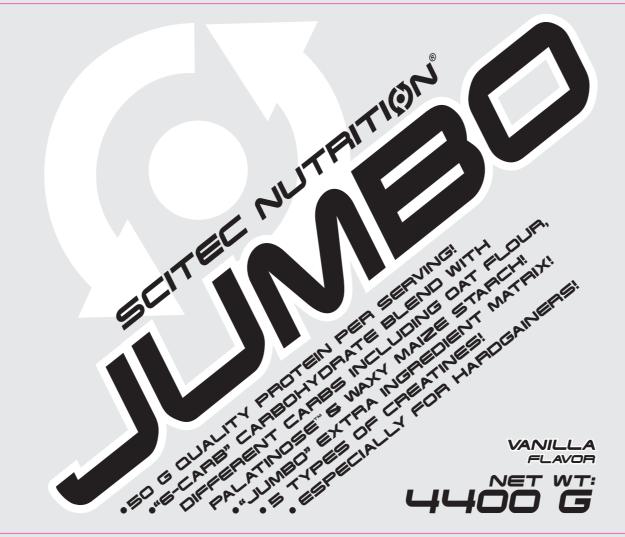
In the "Support complex" you'll find Magnesium in a dose that contributes to normal protein synthesis, to a reduction of tiredness and fatigue, to normal functioning of the nervous system (neurotransmission and muscle contraction including heart muscle), to normal energy-yielding metabolism, to electrolyte balance, to the maintenance of normal bones and teeth, and has a role in the process of cell division.\* Finally, we also added BioPerine®, a patented black pepper extract.

\*These statements have been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).

Storage conditions: Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.

Formulated by and manufactured for SCITEC NUTRITION P.O. Box 431975, Miami, FL 33243, USA Made in EU. www.ScitecNutrition.com Distributed by Scitec Kft.. 1134 Budapest, Váci út 49., Hungary



JUMBO Food intended for sportsmen powder with protein, carbohydrates, sugars, creatine, amino acids, AKG, magnesium and Bioperine®							
	Nutrition Information Serving Size: 220 g (4 scoops)						ontainer: 20
Amount per serving	220 g	RI%**	100 g	Amount per serving	220 g	RI%**	100 g
Energy Fat of which Saturates Carbohydrate of which Sugars *Salt content is exclu	3394 kJ/ 808 kcal 6.9 g 1.6 g 144 g 59 g sively due to	40% 9.9% 8% 55% 66% or the prese	1546 kJ/ 368 kcal 3.1 g 0.7 g 65 g 27 g ence of natu	Protein Salt* Dietary Fiber Magnesium Potassium urally occurring sodium.	50 g 0.26 g 1 g 59 mg 365 mg	100% 4.3% - NRV%*** 16% 18%	23 g 0.12 g <0.5 g 27 mg 166 mg
Amount per serving		-			220 g	RI%**	100 g
"6-CARB" MATRIX Dextrose, Palatinose™ (isomaltulose: low glycemic index carbohydrate), Oat Flour, Maltadextrin, Fructose, Waxy Maize Starch					149 g	-	68 g
"JUMBO" EXTRA INGREDIENT MATRIX "Proprietary CREA-BOMB multi-component creatine matrix providing creatine: 4942 mg Creatine Monohydrate, Micronized Creatine Monohydrate, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate - HEMO-NO matrix L-Arginine Base (880 mg), L-Ornithine HCI (88 mg), Alpha-Ketoglutarate Calcium (88 mg) - JUMBO AMINO SELECT matrix L-Glutamine (946 mg), L-Ionithine HCI (88 mg) adpha-Ketoglutarate Calcium (88 mg) - JUMBO AMINO SELECT matrix L-Glutamine (946 mg), L-Ionithine (11 mg) BCAA XPRESS 100% pure essential amino acid complex L-Leucine (500 mg), L-Iosleucine (220 mg), L-Valine (220 mg) - Support complex Maganesium carbonate (235 mg), BioPerine® (5 mg)				8803 mg 5610 mg 1056 mg 957 mg 940 mg 240 mg	-	4001 mg	

\*\*R1%: Reference intake of an average adult (8400 kJ/2000 kcal). \*\*\*NRV%: nutrient reference values

(**ngredients:** Ultrafiltered Whey Protein Concentrate (from *milk*, instantized with soy lecithin), Dextrose, Oat Flour (*gluten*), Palatinose™ (Isamaltulose). Maltodextrin. Fructose. Waxv Maize Starch, Greatine Monohydrate, Flavor (Vanilla), L-Glutamine, L-Arginine Base, Leucine, Nicronized Creatine Monohydrate, Magnesium Carbonate, L'Isolacine, L'Alanine, BioPerine® (Riboffavini, Alpha-Ketoglutarate Calcium, L-Ornithine HCI, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper Fruit Extract).

Directions: Mix 1 serving (220 g) in 400 ml liquid daily and take it preferably right after training.

Warnings: Use this product in conjunction with food as part of a healthy, balanced diet, not a substitute as such. This product contains an absorption modifier that could affect your medications – consult your physician before use! Keep out of the reach of children! Don't exceed the recommended daily dosage!

## NUTRITION INFORMATION

Serving size: 220 g (4 scoops)							
	220 g	RI%**	100 g		220 g	RI%**	100 g
Energy	3394 kJ	40%	1546 kJ	Protein	50 g	100%	23 g
	808 kcal		368 kcal	Salt *	0.26 g	4.3%	0.12 g
Fat	6.9 g	9.9%	3.1 g	Dietary Fiber	1 g	-	<0.5 g
of which Saturates	1.6 g	8%	0.7 g				
Carbohydrate	144 g	55%	65 g				
of which Sugars	59 g	66%	27 g				
	1	IRV%***			1	IRV%***	
Magnesium	59 mg	16%	27 mg	Potassium	365 mg	18%	166 mg
		RI%**				RI%**	
"6-CARB" MATRIX	149 g	-	68 g	- JUMBO AMINO SELECT matrix	957 mg		
Dextrose, Palatinose™ (isomaltulose: low glyce Maltodextrin, Fructose, Waxy Maize Starch	emic index carb	ohydrate),	Oat Flour,	L-Glutamine (946 mg), L-Alanine (11 mg)			
" JUMBO" EXTRA INGREDIENT MATRIX	8803 mg	-	4001 mg	<ul> <li>BCAA XPRESS 100% pure essential amino acid complex</li> </ul>	940 mg		
- Proprietary CREA-BOMB multi- component creatine matrix	5610 mg			L-Leucine (500 mg), L-Isoleucine (220 mg), L-	Valine (220 mg)		
providing creatine: 4942 mg Creatine Monohydrate, MicronTec Micronized C Citrate, Creatine Phosphate, Creatine Pyruvate		drate, Crea	atine	- Support complex	240 mg		
- HEMO-NO matrix	1056 mg			Magnesium carbonate (235 mg), BioPerine® (	5 mg)		
L-Arginine Base (880 mg), L-Ornithine HCI (88 mg)	mg), Alpha-Ket	oglutarate (	Calcium (88				

\*Salt content is exclusively due to the presence of naturally occurring sodium. \*\*RI%: Reference intake of an average adult (8400 kJ/2000 kcal). \*\*\*NRV%: nutrient reference values

## **INGREDIENTS**

Chocolate: Ultrafiltered Whey Protein Concentrate (from milk, instantized with soy lecithin), Dextrose, Oat Flour (gluten), Palatinose TM (Isomaltulose), Maltodextrin, Fructose, Fat-reduced Cocoa Powder (10-12%), Waxy Maize Starch, Creatine Monohydrate, Flavor (Chocolate), L-Glutamine, L-Arginine Base, L-Leucine, Micronized Creatine Monohydrate, Magnesium Carbonate, L-Isoleucine, L-Valine, Alpha-Ketoglutarate Calcium, L-Ornithine HCI, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper Fruit Extract).

Vanilla: Ultrafiltered Whey Protein Concentrate (from milk, instantized with soy lecithin), Dextrose, Oat Flour (gluten), Palatinose TM (Isomaltulose), Maltodextrin, Fructose, Waxy Maize Starch, Creatine Monohydrate, Flavor (Vanilla), L-Glutamine, L-Arginine Base, L-Leucine, Micronized Creatine Monohydrate, Magnesium Carbonate, L-Isoleucine, L-Valine, Color (Riboflavin), Alpha-Ketoglutarate Calcium, L-Ornithine HCI, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper Fruit Extract).

Strawberry: Ultrafiltered Whey Protein Concentrate (from milk, instantized with soy lecithin), Dextrose, Oat Flour (gluten), Palatinose<sup>TM</sup> (Isomaltulose), Maltodextrin, Fructose, Waxy Maize Starch, Creatine Monohydrate, Flavor (Strawberry), Color (Beetroot Red), L-Glutamine, L-Arginine Base, L-Leucine, Micronized Creatine Monohydrate, Magnesium Carbonate, L-Isoleucine, L-Valine, Alpha-Ketoglutarate Calcium, L-Ornithine HCI, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper Fruit Extract).