

28th Annual Cardiology for Clinicians Spring Update 2015

Class of '62 Auditorium Thursday, May 21, 2015

"Focus on Failure: Angiotensin-Neprilysin Inhibition versus Enalapril in Heart Failure"

Leway Chen, MD, MPH, FACC, FACP, FAHA
Director, Program in Heart Failure and Transplantation
Associate Professor of Medicine
Division of Cardiology

Strong Memorial Hospital - University of Rochester Medical Center





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Class of '62 Auditorium Thursday, May 21, 2015

"What's New in 2015 for Heart Failure Management?"

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Disclosures

- I will discuss investigational agents/devices
- Consultant- Thoratec
- Site PI for Thoratec studies: ROADMAP and RESIST (completed)
- Site co-PI for Thoratec HeartMate III study (in process)
- ■Immediate Past Upstate Governor for the NY State ACC
- Leway_Chen@URMC.Rochester.edu
- Heart Failure/Transplant/MCS

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Outline

- I. Introduction to Heart Failure
- II. Sacubitril & valsartan (LCZ696) The PARADIGM-HF Study
- III.Ivabradine (Corlanor) The SHIFT study
- IV. Seralaxin (Relaxin) ongoing RELAX-AHF studies (2-ASIA-EURO)
- V. CardioMEMS The CHAMPION study
- VI. HeartMate III ongoing HeartMate III study

GREEN = FDA approved; RED = under investigation or awaiting FDA approval



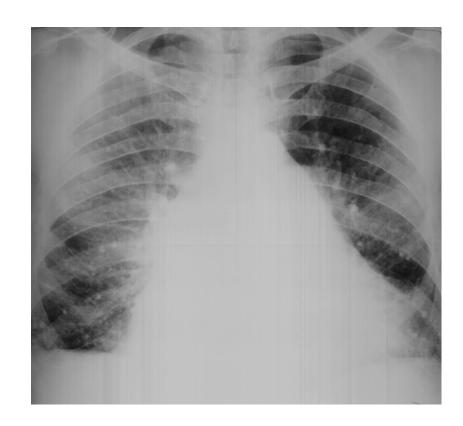
Heart Failure



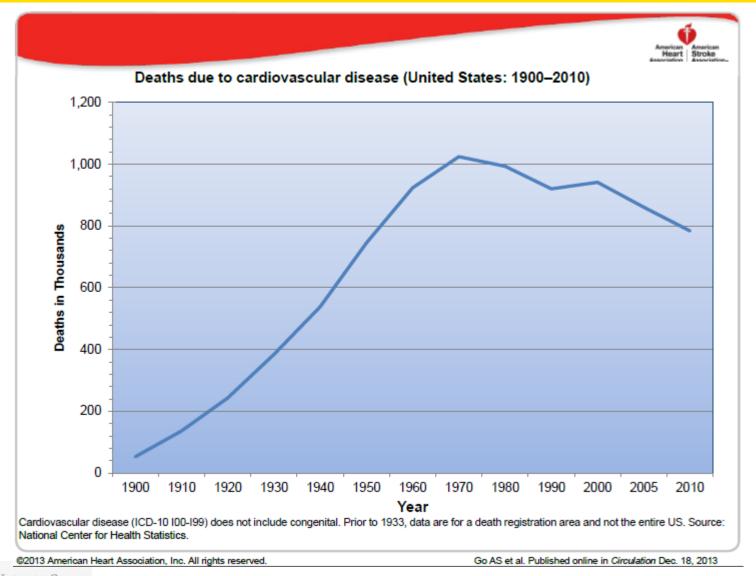


"The situation when the heart is incapable of maintaining a cardiac output adequate to accommodate metabolic requirements and the venous return."

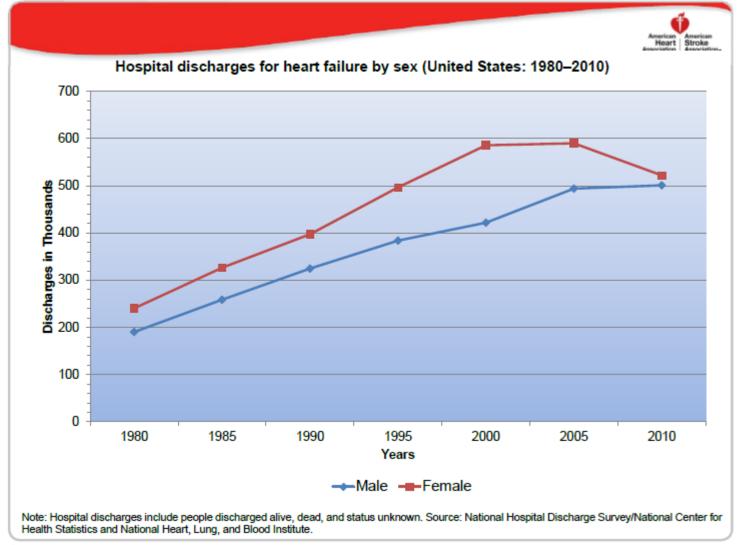
E. Braunwald



Deaths Due to Cardiovascular Disease (United States: 1900-2010)



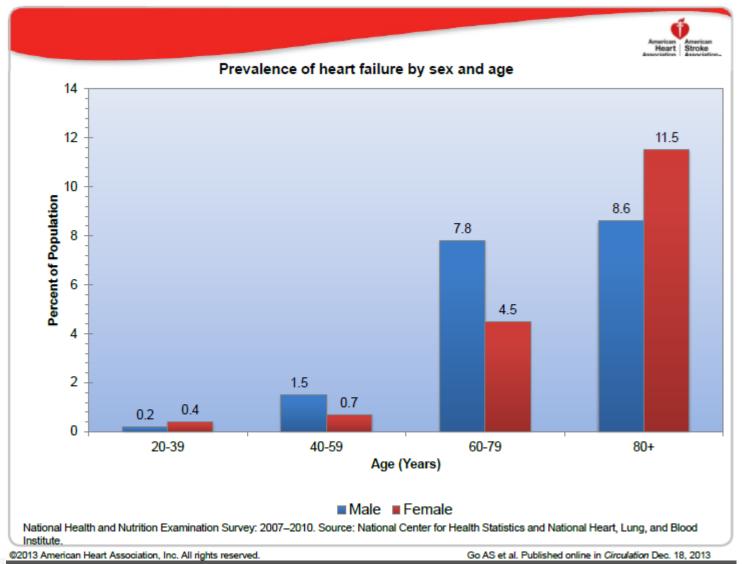
Hospital Discharges for heart failure by sex (United States: 1980-2010)



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Go AS et al. Published online in Circulation Dec. 18, 2013

Prevalence of Heart Failure by Sex and Age



Cost of HF

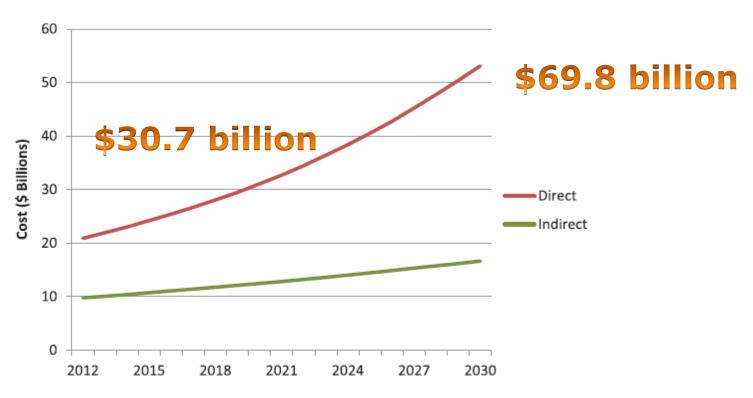


Figure 1. The projected increase in direct and indirect costs attributable to HF from 2012 to 2030 is displayed. Direct costs (cost of medical care) are expected to increase at a faster rate than indirect costs because of lost productivity and early mortality. HF indicates heart failure.

Sacubitril - Valsartan

Succes?

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

SEPTEMBER 11, 2014

VOL. 371 NO. 11

Angiotensin–Neprilysin Inhibition versus Enalapril in Heart Failure

John J.V. McMurray, M.D., Milton Packer, M.D., Akshay S. Desai, M.D., M.P.H., Jianjian Gong, Ph.D., Martin P. Lefkowitz, M.D., Adel R. Rizkala, Pharm.D., Jean L. Rouleau, M.D., Victor C. Shi, M.D., Scott D. Solomon, M.D., Karl Swedberg, M.D., Ph.D., and Michael R. Zile, M.D., for the PARADIGM-HF Investigators and Committees*



Historical Perspective on Heart Failure



Cardiorenal
Digitalis
Diuretics

Hemodynamic
Vasodilators
Inotropes

Neurohormonal
ACEI/ARB
β-Blockers
Aldosterone Antagonists

1940s

1960s

1970s

1990s and beyond

Cardiovascular Medications Useful for Treatment of Various Stages of Heart Failure (Slide 1 of 3)

Drug	Stage A	Stage B	Stage C	
ACE Inhibitors				
Benazepril	Н	-	-	
Captopril	H, DN	Post MI	HF	
Enalapril	H, DN	Asymptomatic LVSD	HF	
Fosinopril	Н	-	HF	
Lisinopril	H, DN	Post MI	HF	
Moexipril	Н	-	-	
Perindopril	H, CV Risk	-	-	
Quinapril	Н	-	HF	
Ramipril	H, CV Risk	Post MI	Post MI	
Trandolapril	Н	Post MI	Post MI	

CV Risk indicates reduction in future cardiovascular events; DN, diabetic nephropathy; H, hypertension; HF, hear failure; Asymptomatic LVSD, Asymptomatic left ventricular systolic dysfunction; Post MI, reduction in heart failure or other cardiac events following myocardial infarction.

Cardiovascular Medications Useful for Treatment of Various Stages of Heart Failure (Slide 2 of 3)

Drug	Stage A	Stage B	Stage C	
Angiotensin Receptor Blockers				
Candesartan	Н	-	HF	
Eprosartan	Н	-		
Irbesartan	H, DN	-	-	
Losartan	H, DN	CV Risk	-	
Olmesartan	Н	-	-	
Telmisartan	Н	-	-	
Valsartan	H, DN	Post MI	Post MI, HF	
Aldosterone Antagonists				
Eplerenone	Н	Post MI	Post MI	
Spironolactone	Н	-	HF	

CV Risk indicates reduction in future cardiovascular events; DN, diabetic nephropathy; H, hypertension; HF, heart failure; Asymptomatic LVSD, Asymptomatic left ventricular systolic dysfunction; Post MI, reduction in heart failure or other cardiac events following myocardial infarction.

Cardiovascular Medications Useful for Treatment of Various Stages of Heart Failure (Slide 3 of 3)

			*	
Drug	Stage A	Stage B	Stage C	
Beta Blockers			,	
Acebutolol	Н	-	-	
Atenolol	Н	Post MI	-	
Betaxolol	Н	-	-	
Bisoprolol	Н	-	HF	
Carteolol	Н	-	-	
Carvedilol	Н	Post MI	HF, Post MI	
Labetalol	Н	-	-	
Metoprolol succinate	Н	-	HF	
Metoprolol tartrate	Н	Post MI		
Nadolol	Н	-	-	
Penbutolol	Н	-	-	
Pindolol	Н	-	-	
Propranolol	Н	Post MI	-	
Timolol	Н	Post MI	-	
Digoxin	-	-	HF	

CV Risk indicates reduction in future cardiovascular events; DN, diabetic nephropathy; H, hypertension; HF, heart failure; Asymptomatic LVSD, Asymptomatic left ventricular systolic dysfunction; Post MI, reduction in heart failure or other cardiac events following myocardial infarction.

Biventricular Pacing / ICD

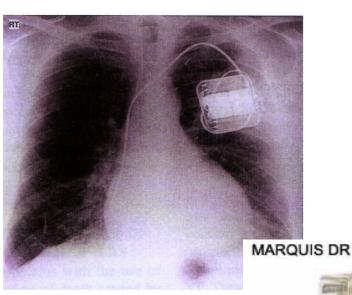
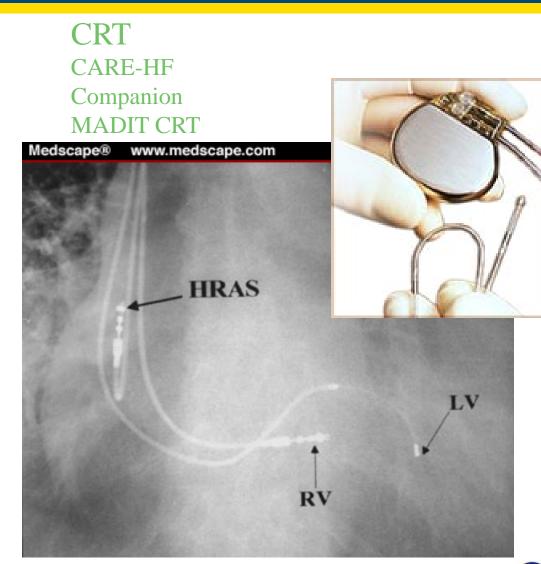
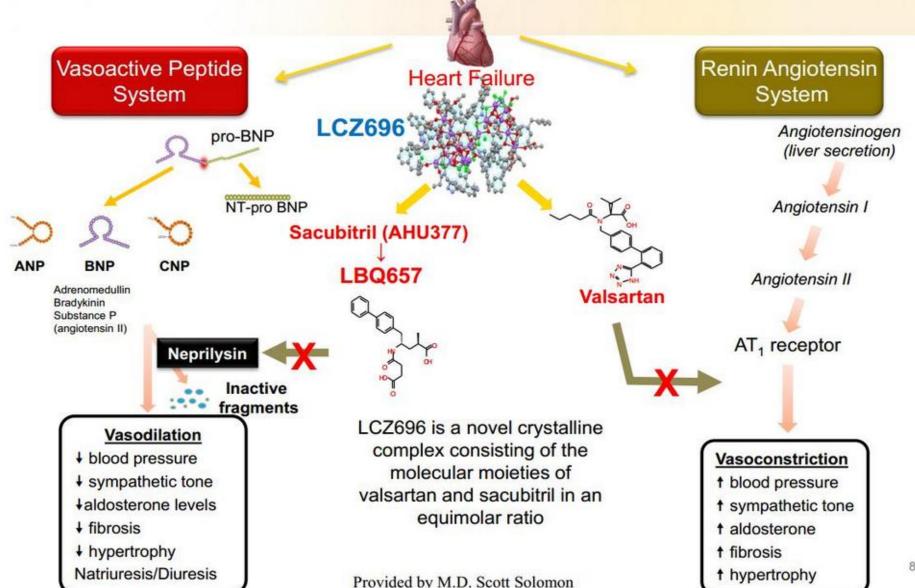


Figure 4. Chest X-ray showing sub-pectorally place chamber implantable defibrillator and lead to right apex. Note arterial clips and sternal wires of previous bypass surgery.

ICD MADIT SCD-HeFT MADIT II



LCZ696 – A first-in-class Angiotensin Receptor Neprilysin Inhibitor



PARADIGM-HF: presented at European Society of Cardiology Meeting August 30, 2014

Dec 2009 – March 2014, 1043 centers 47 countries

8442 Patients EF < 40, class II-IV

LCZ696 200mg BID (Sacubitril + Valsartan 160mg BID) or enalapril 10mg BID

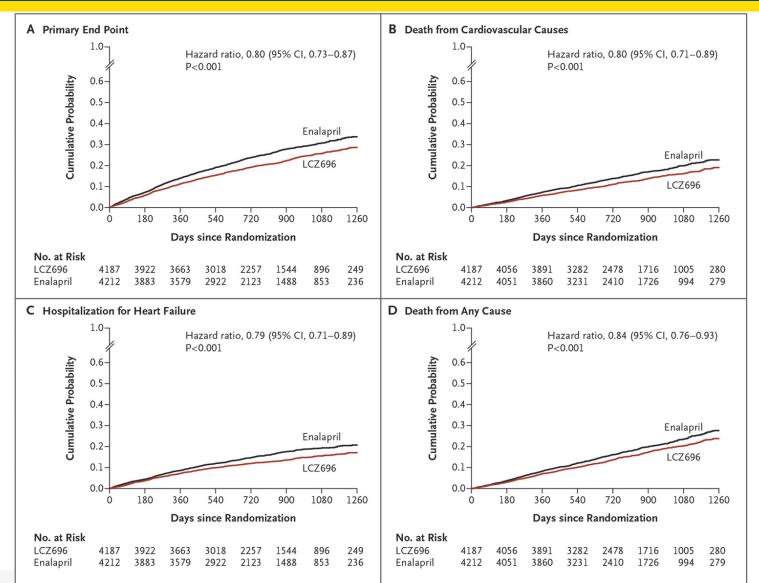
Primary endpoint: Combined CV mortality and hospitalization for HF

Secondary endpoint: Overall mortality, Kansas City Cardiomyopathy Questionnaire

EARLY TERMINATION: At 27 months, when the primary outcome had occurred in 914 (21.8%) in the LCZ696 group and 1117 (26.5%) in the enalapril group. NNT 21



RESULTS

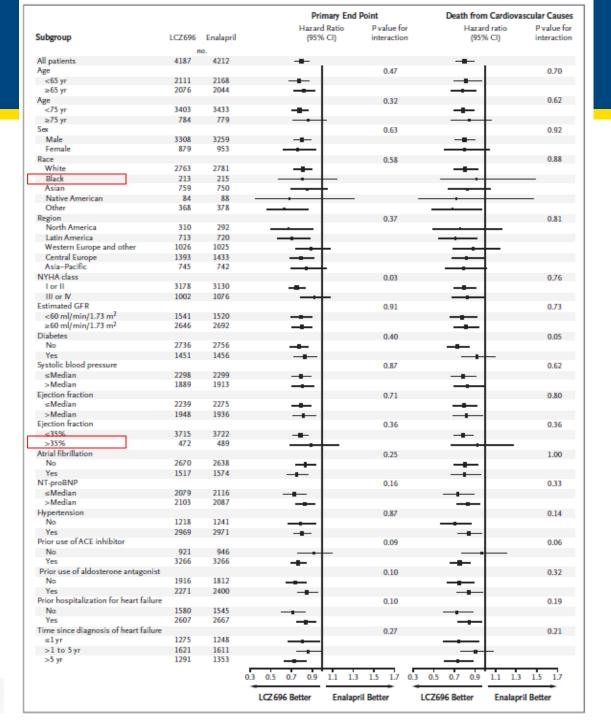




Results

Table 2. Primary and Secondary Outcomes.*				
Outcome	LCZ696 (N = 4187)	Enalapril (N = 4212)	Hazard Ratio or Difference (95% CI)	P Value
Primary composite outcome — no. (%)				
Death from cardiovascular causes or first hospitalization for worsening heart failure	914 (21.8)	1117 (26.5)	0.80 (0.73–0.87)	<0.001
Death from cardiovascular causes	558 (13.3)	693 (16.5)	0.80 (0.71-0.89)	< 0.001
First hospitalization for worsening heart failure	537 (12.8)	658 (15.6)	0.79 (0.71–0.89)	< 0.001
Secondary outcomes — no. (%)				
Death from any cause	711 (17.0)	835 (19.8)	0.84 (0.76-0.93)	< 0.001
Change in KCCQ clinical summary score at 8 mo†	-2.99±0.36	-4.63±0.36	1.64 (0.63-2.65)	0.001
New-onset atrial fibrillation‡	84 (3.1)	83 (3.1)	0.97 (0.72–1.31)	0.83
Decline in renal function∫	94 (2.2)	108 (2.6)	0.86 (0.65–1.13)	0.28





N Engl J Med Volume 371(11):993-1004 September 11, 2014



Adverse Events

Table 3. Adverse Events during Randomized Treatment.*			
Event	LCZ696 (N=4187)	Enalapril (N = 4212)	P Value
	no.	(%)	
Hypotension			
Symptomatic	588 (14.0)	388 (9.2)	< 0.001
Symptomatic with systolic blood pressure <90 mm Hg	112 (2.7)	59 (1.4)	< 0.001
Elevated serum creatinine			
≥2.5 mg/dl	139 (3.3)	188 (4.5)	0.007
≥3.0 mg/dl	63 (1.5)	83 (2.0)	0.10
Elevated serum potassium			
>5.5 mmol/liter	674 (16.1)	727 (17.3)	0.15
>6.0 mmol/liter	181 (4.3)	236 (5.6)	0.007
Cough	474 (11.3)	601 (14.3)	< 0.001
Angioedema†			
No treatment or use of antihistamines only	10 (0.2)	5 (0.1)	0.19
Use of catecholamines or glucocorticoids without hospitalization	6 (0.1)	4 (0.1)	0.52
Hospitalization without airway compromise	3 (0.1)	1 (<0.1)	0.31
Airway compromise	0	0	_

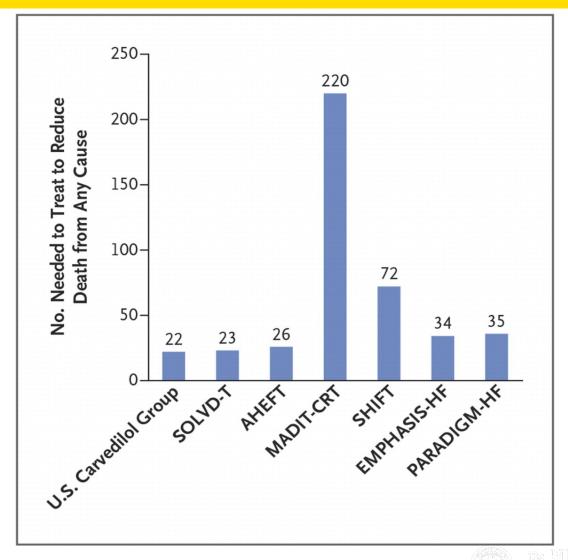
^{*} Shown are results of the analyses of prespecified safety events at any time after randomization. The numbers of patients who permanently discontinued a study drug were as follows: for hypotension, 36 (0.9%) in the LCZ696 group and 29 (0.7%) in the enalapril group (P=0.38); for renal impairment, 29 (0.7%) and 59 (1.4%), respectively (P=0.002); and for hyperkalemia, 11 (0.3%) and 15 (0.4%), respectively (P=0.56).

N Engl J Med Volume 371(11):993-1004 September 11, 2014



 $[\]dot{\uparrow}$ Angioedema was adjudicated in a blinded fashion by an expert committee.

Numbers of Patients with Heart Failure Who Would Need to Be Treated to Reduce Any-Cause Mortality in Seven Clinical Trials.



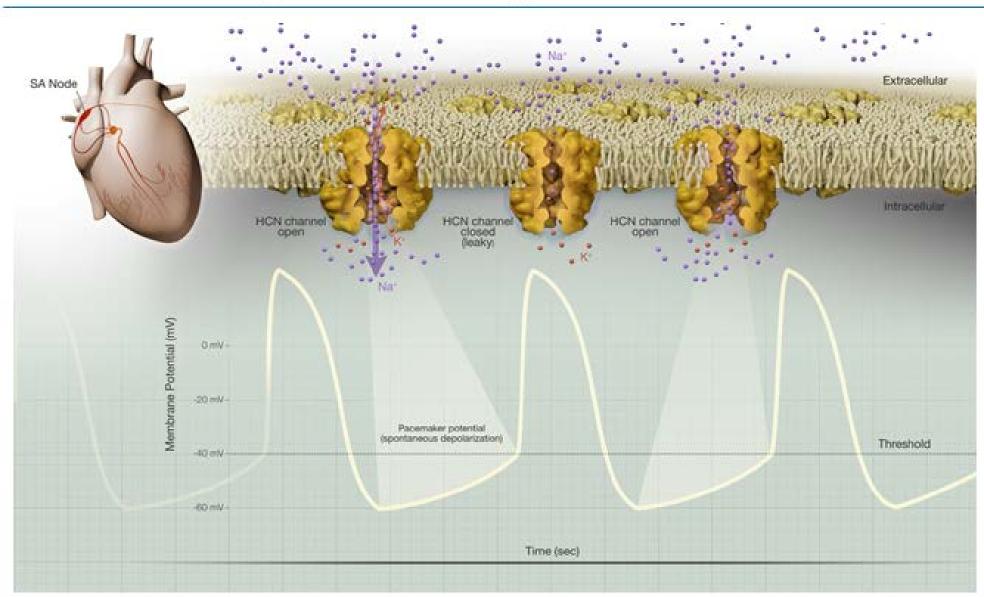
Status?

FDA granted priority review in February 2015

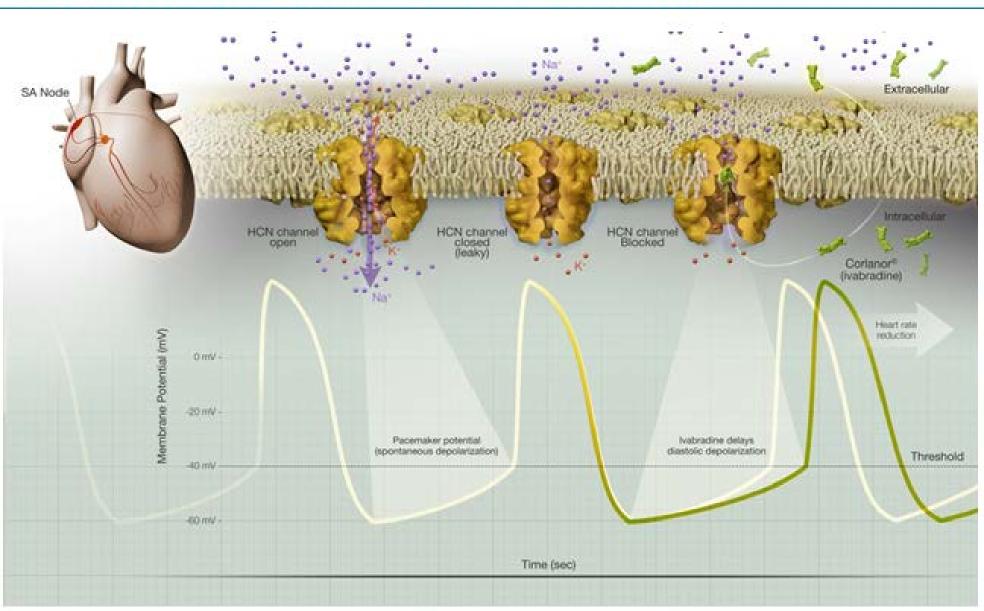
Likely decision to be made August 2015

Success?

The HCN Channel Responsible for the Cardiac Pacemaker I_f Current Regulates Heart Rate



Corlanor® (ivabradine) Blocks the HCN Channel in the Sinus Node which Reduces Heart Rate



History

SHIFT study

Systolic Heart failure treatment with the 1/4 inhibitor ivabradine Trial

Swedberg K, Lancet. 2010; 376(9744):875-885.

February 2012

 European Medicine Agency granted indication of ivabradine in chronic heart failure (NYHA Class II-IV, SR, Heart rate ≥75 bpm)

May 2012

 ESC guidelines for the diagnosis and management of heart failure included ivabradine in the algorithm for the treatment of chronic heart failure (NYHA Class II-IV, SR, heart rate ≥ 70 bpm)

Ivabradine and outcomes in chronic heart failure (SHIFT): a randomised placebo-controlled study

Karl Swedberg, Michel Komajda, Michael Böhm, Jeffrey S Borer, Ian Ford, Ariane Dubost-Brama, Guy Lerebours, Luigi Tavazzi, on behalf of the SHIFT Investigators*

Summary

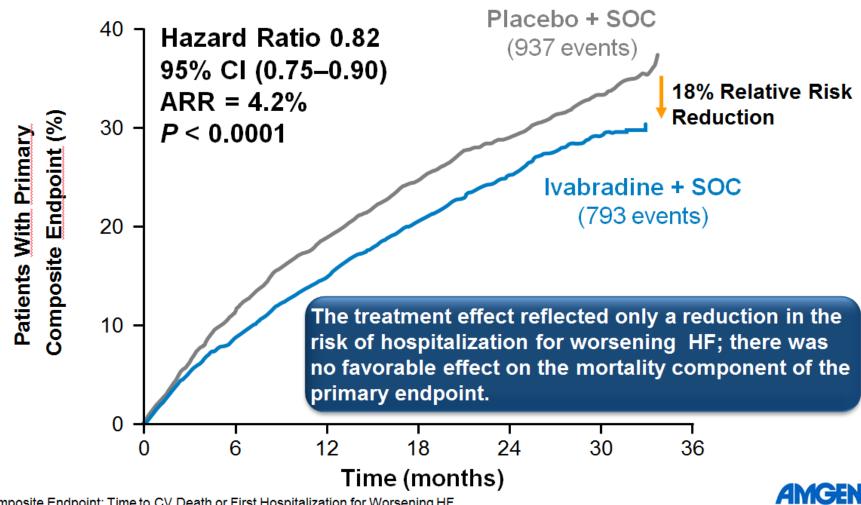
Background Chronic heart failure is associated with high mortality and morbidity. Raised resting heart rate is a risk factor for adverse outcomes. We aimed to assess the effect of heart-rate reduction by the selective sinus-node inhibitor ivabradine on outcomes in heart failure.

Methods Patients were eligible for participation in this randomised, double-blind, placebo-controlled, parallel-group study if they had symptomatic heart failure and a left-ventricular ejection fraction of 35% or lower, were in sinus rhythm with heart rate 70 beats per min or higher, had been admitted to hospital for heart failure within the previous year, and were on stable background treatment including a β blocker if tolerated. Patients were randomly assigned by computer-generated allocation schedule to ivabradine titrated to a maximum of 7.5 mg twice daily or matching placebo. Patients and investigators were masked to treatment allocation. The primary endpoint was the composite of cardiovascular death or hospital admission for worsening heart failure. Analysis was by intention to treat. This trial is registered, number ISRCTN70429960.

Findings 6558 patients were randomly assigned to treatment groups (3268 ivabradine, 3290 placebo). Data were available for analysis for 3241 patients in the ivabradine group and 3264 patients allocated placebo. Median follow-up was 22.9 (IQR 18–28) months. 793 (24%) patients in the ivabradine group and 937 (29%) of those taking placebo had a primary endpoint event (HR 0.82, 95% CI 0.75–0.90, p<0.0001). The effects were driven mainly by hospital admissions for worsening heart failure (672 [21%] placebo vs 514 [16%] ivabradine; HR 0.74, 0.66–0.83; p<0.0001) and deaths due to heart failure (151 [5%] vs 113 [3%]; HR 0.74, 0.58–0.94, p=0.014). Fewer serious adverse events occurred in the ivabradine group (3388 events) than in the placebo group (3847; p=0.025). 150 (5%) of ivabradine patients had symptomatic bradycardia compared with 32 (1%) of the placebo group (p<0.0001). Visual side-effects (phosphenes) were reported by 89 (3%) of patients on ivabradine and 17 (1%) on placebo (p<0.0001).

Interpretation Our results support the importance of heart-rate reduction with ivabradine for improvement of clinical outcomes in heart failure and confirm the important role of heart rate in the pathophysiology of this disorder.

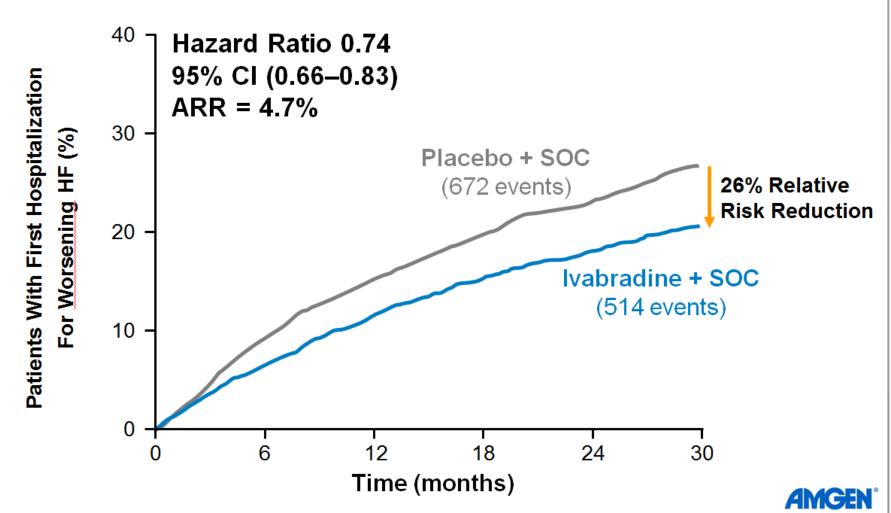
Time to First Event of Hospitalization for Worsening HF or CV Death



Primary Composite Endpoint: Time to CV Death or First Hospitalization for Worsening HF. ARR, absolute risk reduction; CI, confidence interval; SOC, standard of care. Corlanor® (ivabradine) Prescribing Information, Amgen. Swedberg K, et al. *Lancet*. 2010;376;875-885

Cardiovascular

Hospitalization for Worsening HF at Any Time





U.S. Department of Health and Human Services



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FDA News Release

FDA approves Corlanor to treat heart failure

For Immediate Release

April 15, 2015

Release

Español

The U.S. Food and Drug Administration today approved Corlanor (ivabradine) to reduce hospitalization from worsening heart failure.

Inquiries

Media

Sandy Walsh

**** 301-796-4669

Consumers

888-INFO-FDA

Share



Considerations

NYHA Class I-IV

LVEF ≤ 35%

Prior HF hospitalization in previous 12 months

Heart rate sinus rhythm \geq 70 bpm (resting ECG)

On standard HF agents

Not for acute decompensated HF

Increased risk of atrial fibrillation?

Coverage?

Not on inpatient formularies at this time

Succes?

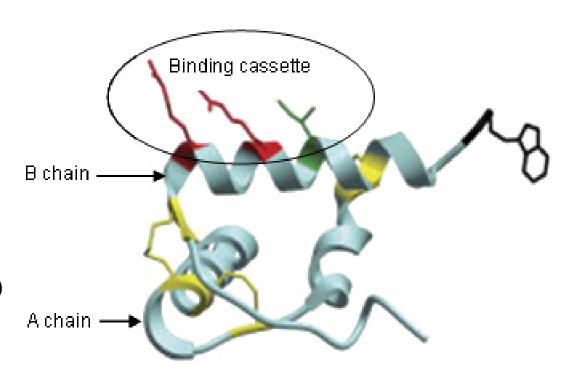
Relaxin

Classified as a protein hormone

 Belongs to the insulinsuperfamily

Produced:

- Women
 - Ovary (Corpus luteum)
 - Breast
 - Placenta
- Men
 - Prostate and in prostatic fluid



Serelaxin, recombinant human relaxin-2, for treatment of acute heart failure (RELAX-AHF): a randomised, placebo-controlled trial

John R Teerlink, Gad Cotter, Beth A Davison, G Michael Felker, Gerasimos Filippatos, Barry H Greenberg, Piotr Ponikowski, Elaine Unemori, Adriaan A Voors, Kirkwood F Adams Jr, Maria I Dorobantu, Liliana R Grinfeld, Guillaume Jondeau, Alon Marmor, Josep Masip, Peter S Pang, Karl Werdan, Sam L Teichman, Angelo Trapani, Christopher A Bush, Rajnish Saini, Christoph Schumacher, Thomas M Severin, Marco Metra, for the RELAXin in Acute Heart Failure (RELAX-AHF) Investigators

Lancet 2013; 381: 29-39

Published Online November 7, 2012 http://dx.doi.org/10.1016/ S0140-6736(12)61855-8



RELAX-AHF Conclusions

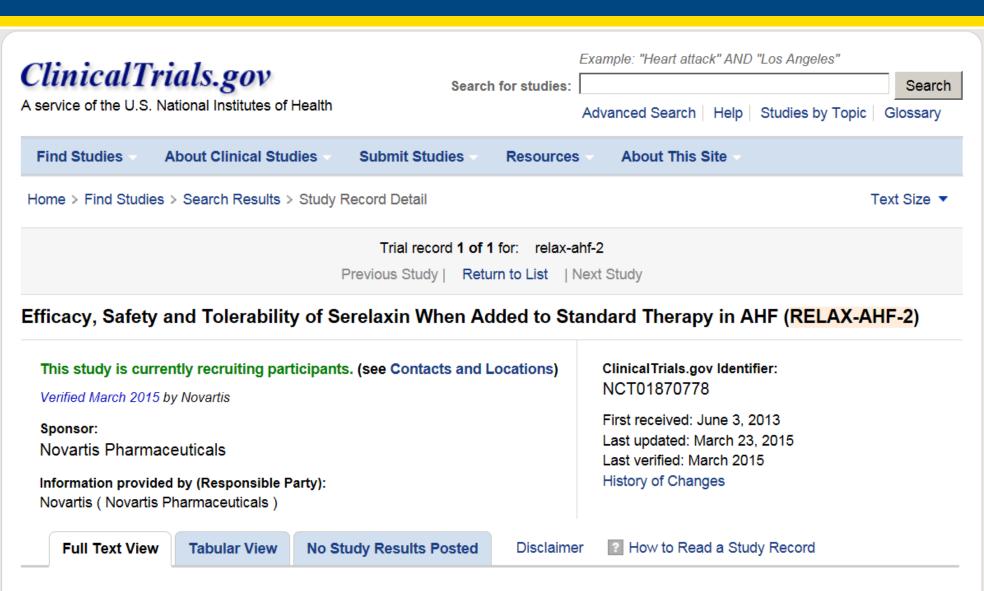
- Significant reduction in primary endpoint: Dyspnea -19%
 - And other acute HF signs/symptoms
- Reduced length of stay
- No reduction in 60-day hospital readmission
- No reduction in combined hospital readmission and cardiovascular death, BUT

Reduced Cardiovascular Death at 180 days with an Absolute Risk Reduction of 3.5%

Not powered to look at mortality...



RELAX-AHF-2



URMC

We are a site for RELAX-AHF-2

Screening since March 2015

1200 screened; one consented; no enrollment yet

Study will be powered to look at mortality

Succes?

Wireless pulmonary artery haemodynamic monitoring in chronic heart failure: a randomised controlled trial

William T Abraham, Philip B Adamson, Robert C Bourge, Mark F Aaron, Maria Rosa Costanzo, Lynne W Stevenson, Warren Strickland, Suresh Neelagaru, Nirav Raval, Steven Krueger, Stanislav Weiner, David Shavelle, Bradley Jeffries, Jay S Yadav, for the CHAMPION Trial Study Group*

Summary

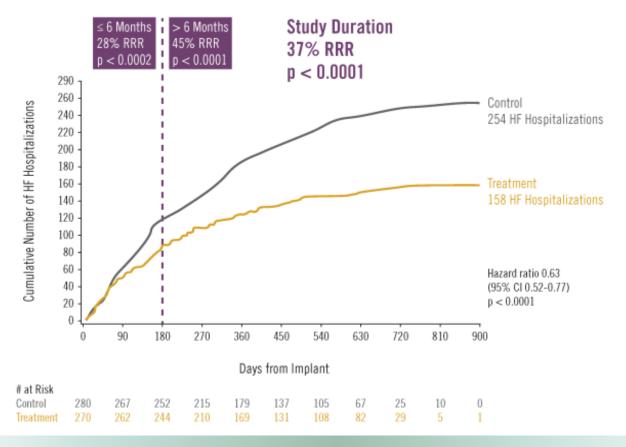
Background Results of previous studies support the hypothesis that implantable haemodynamic monitoring systems might reduce rates of hospitalisation in patients with heart failure. We undertook a single-blind trial to assess this approach.

Methods Patients with New York Heart Association (NYHA) class III heart failure, irrespective of the left ventricular ejection fraction, and a previous hospital admission for heart failure were enrolled in 64 centres in the USA. They were randomly assigned by use of a centralised electronic system to management with a wireless implantable haemodynamic monitoring (W-IHM) system (treatment group) or to a control group for at least 6 months. Only patients were masked to their assignment group. In the treatment group, clinicians used daily measurement of pulmonary artery pressures in addition to standard of care versus standard of care alone in the control group. The primary efficacy endpoint was the rate of heart-failure-related hospitalisations at 6 months. The safety endpoints assessed at 6 months were freedom from device-related or system-related complications (DSRC) and freedom from pressure-sensor failures. All analyses were by intention to treat. This trial is registered with ClinicalTrials.gov, number NCT00531661.

Findings In 6 months, 83 heart-failure-related hospitalisations were reported in the treatment group (n=270) compared with 120 in the control group (n=280; rate 0.31 vs 0.44, hazard ratio [HR] 0.70, 95% CI 0.60–0.84, p<0.0001). During the entire follow-up (mean 15 months [SD 7]), the treatment group had a 39% reduction in heart-failure-related hospitalisation compared with the control group (153 vs 253, HR 0.64, 95% CI 0.55–0.75; p<0.0001). Eight patients had DSRC and overall freedom from DSRC was 98.6% (97.3–99.4) compared with a prespecified performance criterion of 80% (p<0.0001); and overall freedom from pressure-sensor failures was 100% (99.3–100.0).

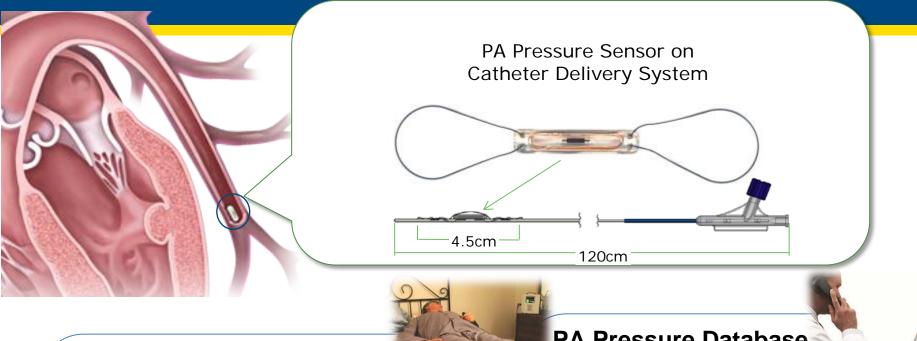
Interpretation Our results are consistent with, and extend, previous findings by definitively showing a significant and large reduction in hospitalisation for patients with NYHA class III heart failure who were managed with a wireless implantable haemodynamic monitoring system. The addition of information about pulmonary artery pressure to clinical signs and symptoms allows for improved heart failure management.

CHAMPION Clinical Trial: PA Pressure-guided Therapy Reduces HF Hospitalizations

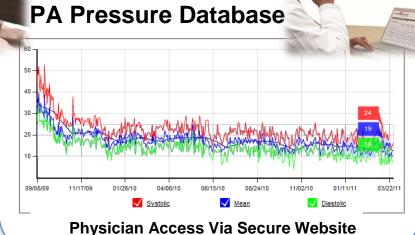


Patients managed with PA pressure data had **significantly fewer HF hospitalizations** as compared to the control group.

CardioMEMS™ HF System







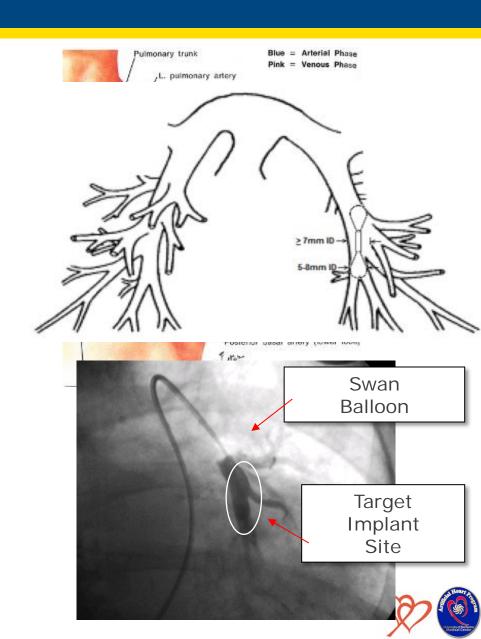
Pulmonary Artery Sensor Implant

RHC with selective pulmonary angiogram (limited ~ 5cc)

Right or left PA branch, basal (lower) lobe, descending branch, pre-bifurcation

Vessel Lumen ID: 7-15mm

The Sensor and nitinol anchoring loop sizes have been carefully optimized to allow placement in the pulmonary artery in a distal location and not injure artery



CardioMEMS™ HF System Indications for Use

The CardioMEMS HF System is indicated for wirelessly measuring and monitoring pulmonary artery (PA) pressure and heart rate in New York Heart Association (NYHA) Class III heart failure patients who have been hospitalized for heart failure in the previous year. The hemodynamic data are used by physicians for heart failure management and with the goal of reducing heart failure hospitalizations.



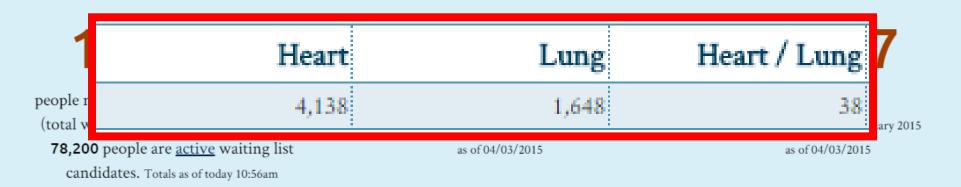
Major Inclusion Criteria

- NYHA Class III HF
- Reduced EF Patients had to be on stable heart failure therapy per ACC/AHA guidelines
 - ACE/ARB, Beta Blocker and CRT therapy if indicated
- HF Hospitalization within the last 12 months
- Anatomical criteria
 - PA branch diameter > 7mm



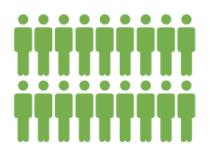
Success?

At a Glance



Organ donation and transplantation can save lives







Every ten minutes, someone is added to the national transplant waiting list.

On average, 21 people die each day while waiting for a transplant.

One organ donor can save eight lives. <u>Sign</u>
<u>up to be a donor</u> in your state.

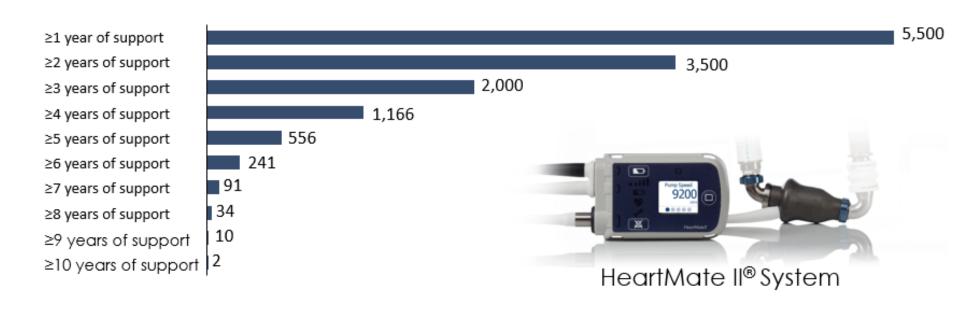
URMC = 152 patients on HeartMate II support





Worldwide, over **21,000** patients have now been implanted with the HeartMate II LVAS*

Over 8,000 patients on ongoing support*



Over **12 million days** of HeartMate II support.

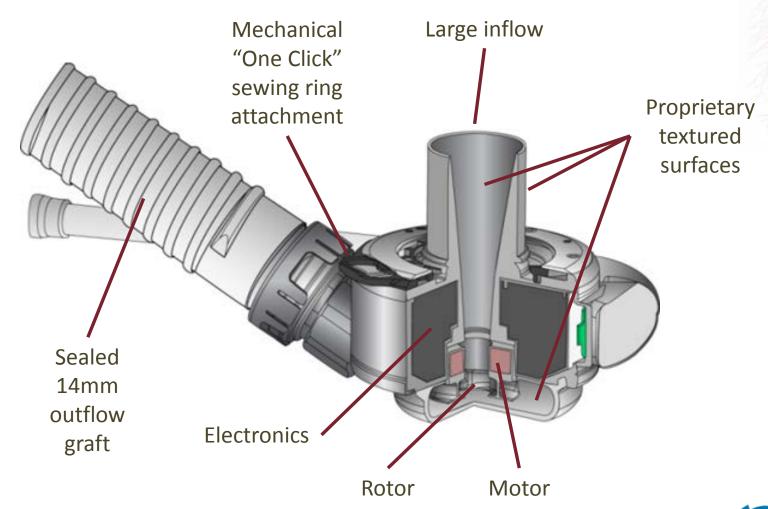
As of May 2015.



^{*}Based on clinical trial and device tracking data.

HeartMate III

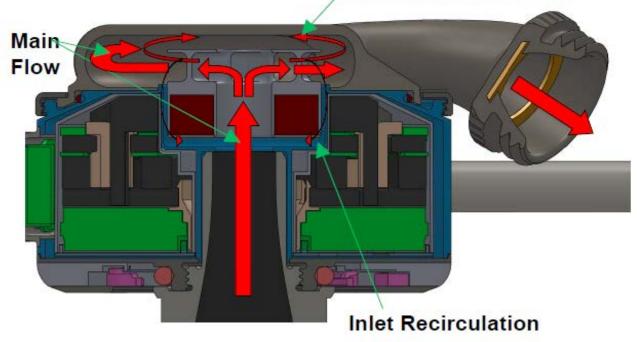
Device components

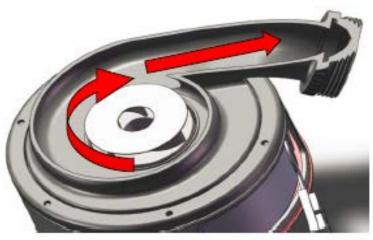




Flow Pathways

Shroud Recirculation



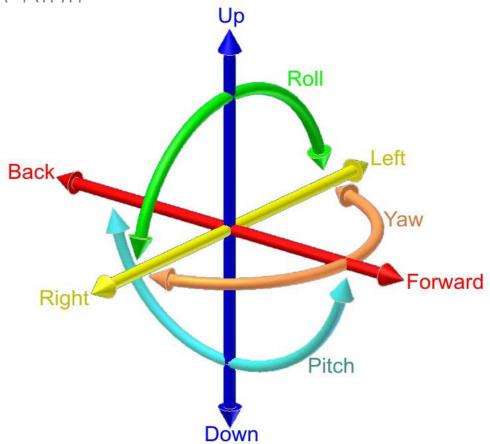




52 Exclusively for clinical investigations. CAUTION - Investigational device. Limited by US Federal law to investigational use.

Controlling the Rotor

Key Design Decision



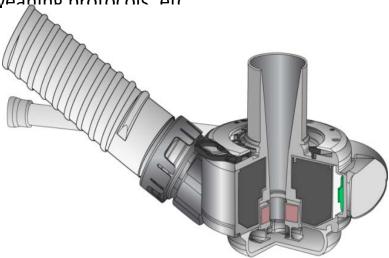
The rotor can potentially move with 6-degrees of freedom



HeartMate III: Full MagLev Technology

Key Design Feature: Wide Range of Operation

- HeartMate III rotor levitation is independent of rotor speed; levitation is maintained at any rotor speed, even zero.
 - Conversely, for a hydrodynamic bearing the rotor scrapes the housing surface until it comes up to speed and entrains a thin layer of blood to produce lift; a certain critical speed must be maintained to avoid rotor/housing contact.
- Rotor speed independence permits flexibility in operating speeds, which
 could in the future enable use in low-speed conditions, e.g., pulmonary
 circulation, weaping protocols etc



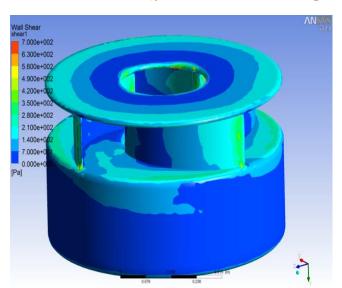
2.5L/Mi

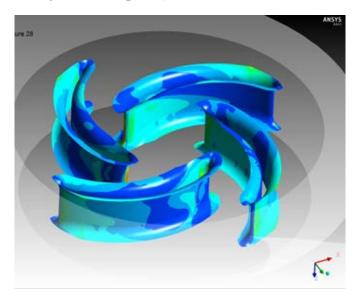


HeartMate III: Full MagLev Technology

Key Design Feature: Rotor Design (Minimize Shear Stress and Activation of Blood Components)

- The HeartMate III rotor and inflow have been designed to minimize shear and avoid stasis over the entire range of operation (2.5 to 10 L/min).
- Impressively low hemolysis has been demonstrated in both in vitro and in vivo (plasma-free hemoglobin always <10 mg/dL) studies.





10L/Min Wide Range of Operation

2.5L/Mi

