FOOD – COUNTABLE AND UNCOUNTABLE NOUNS

*	٥٩	Coffee in	
	T.		

- a) Color and give the name of each picture, then number them from the one you like the most a last one.
- c) Use **a** / **an** or **some** and write **C** for countable or **U** for uncountable.

•	money
•	ponds
•	cup of tea
•	sugar
•	bar of chocolate
•	ice-cream
•	rice
•	glass of water
•	coffee
•	cake
•	eggs
•	orange
•	bunch of grapes
•	coins
•	apple
•	salt

Student's name	
Date	Grade

COUNTABLE NOUS

- Nouns you can count
- You can use a / an in front of countable nouns.
- Nouns that have a plural form.

UNCOUNTABLE NOUNS

- Nouns you can't count
- Nouns that normally don't have a plural form
 - We can make uncountable nouns countable to express quantity. We add a unit or a quantity with "OF"

e.g. a bar of chocolate

b) Look at the words and select them into the right category

water – bread – lemons – chocolate – sugar – tea – milk – oranges- cheese – coffee – eggs –grapes – a bar of chocolate - chicken – butter – a loaf of bread – peach – a cup of tea – honey

Countable	Uncountable
	

HOW MUCH...? / HOW MANY...?

Student's name	Doto	Grada
Student 8 name	Date	Grade

How much + uncountable noun E.g. How much ham? How many + countable noun
 E.g.: How many rashers and sausages

d) Ask questions using how much or how many

(eggs)	?
(meat)	?
(jam)	?
(people)	?
(flour)	?
(votes)	?
(parties)	?
(oil)	?

d) Choose the correct word / expression and complete the sentences.

how much – how many – sandwiches have you got? milk is there in the fridge? time do you need? fruit can you see on the table? friends have you got? states are there in Mexico? love do you give to your mom? gobernators are there in Mexico? bananas do you eat a day?



FROTIS OR VEGETABLES..???

3. Check or write in the name	e of the fruit or veget	able you choose to	research.
Fruits: bananas spinach 4. Write a list of the nutrients	apples peppers	oranges eggplants	other
minerals, fiberetc.	s tills if tilt of vegetan	me contains; e.g., ty	pes of vitainins of
			V
-	nin the health	4. Write two i	nteresting facts about you e.
Circle one of the nutrients. Expla	nin the health		-
-	nin the health		-
-	nin the health		-
-		or vegetabl	-
enefits it gives us.		or vegetabl	-
5. Describe a simple, healthy		or vegetabl	-



HEALTHY DIET...long life!!!!!!

Read the description of two children in a common day.

Student's name	Date	Grade

Abbey gets up at 7:00 am, feeds the dog, and has cereal and a glass of juice for breakfast. She walks to school with her friend, Julia. She has a package of chips for a morning snack, drinks water from the water fountain, and has a chicken and lettuce sandwich with a banana for lunch. She likes to play soccer with her friends at lunch and morning break time. She walks home with Julia, has some crackers with cheese and fruit juice for afternoon snack and plays with the dog for a while. She plays computer games for an hour or two before dinner, then has a shower and does her homework. She watches her favorite television show for an hour, and then usually goes to bed at about 9:30 pm.

Carl gets up at 8:30 am and has two slices of toast with jam with a glass of milk for breakfast. His mother drives him to school on her way to work. He eats cookies and a packaged fruit drink for morning snack and a pot pie ordered from the school cafeteria with a fruit drink for lunch. He likes to play card games with his friends at lunchtime and climb the fixed equipment at morning break time. He catches the bus home, has a cereal bar and a can of

soda for afternoon snack, then watches some television. He has a shower before dinner, and then plays the computer for an hour or two. He goes to bed at about 10:30 pm.

1. Use the information from the text to rate the different aspects of the two lifestyles.

Health aspects	Abbey	Carl	You	
Diet				
Diet				
Sleep				
Sieeh				
Exercise				
LXCIGIGG				
Relaxation				
2. Read the following statements, and then decide if they are true T or false F.				
	f them have a healthy life.			
b) Abbey	has a glass of milk as a snack.			
c) Abbey doesn't take the bus to get school.				
d) Carl plays soccer with his friends				
e) Carl ge	et the bus to come back home.			

JRHJJGJDFHGJDFJ