

START 2 MINUTES **AFTER THE** HOUR

 Slides for today's webinar can be found in the Handouts section of the GoToWebinar attendee interface

- A link to today's captions can be found in the Questions/Chat section of the GoToWebinar attendee interface
 - Submit a question if you require assistance

FOOD INSECURITY AND OPPORTUNITIES FOR HEALTH CENTERS



www.udsmapper.org UDS Mapper

ACKNOWLEDGEMENTS

This work is supported by the Health Resources and Services Administration under contract HHSH250201800033G





TODAY'S SLIDES

- Slides can be found in the Handouts section of the GoToWebinar attendee interface
- UDS Mapper webinars are recorded
 - Videos, captions, slides, and supporting materials (if any) will be available on the UDS Mapper website after the files have been processed



TODAY'S AGENDA

- UDS Mapper overview
- Food insecurity overview
- Health centers and food insecurity
- Using the UDS Mapper to examine food insecurity
- Use case
- Finding user support after the webinar



WHAT IS THE UDS MAPPER?

- An online mapping tool developed to provide access to maps, data, and analysis using Uniform Data System (UDS) and other relevant data to visualize service area information for Health Center Program (HCP) awardees and look-alikes
- Compares HCP awardee and look-alike data to community/population data and shows spatial relationships between the program, community attributes, and other resources

WHO CAN USE THE UDS MAPPER?

 The UDS Mapper is open to everyone, not just HCP awardees and look-alikes

 To begin using the UDS Mapper all you have to do is register for a user name and password at <u>www.udsmapper.org</u>

 More than one person from an organization can have a login for the UDS Mapper

Registration

Creating this account will give you access to the UDS Mapper.

Create Your Account

Username

	*	Email:
*	Confirm	Email:

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Your Email
Your Email

Password

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By accessing this web site, you are agreeing to be bound by these web site Terms and Conditions of Use, all applicable laws and gulations, and agree that you are sponsible for compliance with any

REGISTER **FOR A NEW** ACCOUNT

Accounts are necessary to allow you to save data that you upload to the UDS Mapper

- Complete all required fields
- Type the text you see in the image

Click Submit

FOOD INSECURITY IN THE U.S.

- In 2018, the U.S. Department of Agriculture (USDA) estimated that 37.2 million Americans (11.1%) lived in food-insecure households
- Households were more likely to be food insecure if they were
 - Households with children, especially children under six
 - Female-headed households
 - Black-headed households
 - Hispanic-headed households
 - Households in the South or Midwest
 - Households in nonmetropolitan areas or in large cities

https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-inthe-us/key-statistics-graphics.aspx#foodsecure



FOOD INSECURITY AS SOCIAL DETERMINANT OF HEATLH

Food insecurity is a key social determinant of health

- Recommended by IOM (now NAM) for inclusion in EHR
- Captured on many screening tools, including PRAPARE

Institute of Medicine. 2014. Capturing Social and Behavioral Domains and Measures in Electronic Health Records: Phase 1 or Phase 2. Washington, DC: The National Academies Press.



A POPULATION-BASED SDOH FRAMEWORK

HRSA's Bureau of Primary Health Care Speaker Series on "The Relative Contribution of Social Determinants on the Health Center Patients"

- 70% of health centers reported collecting data on individual patients' social risk factors
- 23% in planning stages to collect individual patients' social risk factors





FOOD INSECURITY AND THE PANDEMIC

Findings from the COVID-19 Impact Survey indicate the number of people experiencing food insecurity has increased

- Food insecurity during the pandemic as high as 20% or more families
- Especially affected are families with children (27%), individuals without a high school diploma (45%), low income households (40%), and Hispanic-headed households (33%)

https://www.covid-impact.org/



https://www.brookings.edu/blog/upfront/2020/05/06/the-covid-19-crisis-has-alreadyleft-too-many-children-hungry-in-america/

FOOD INSECURITY AND HEALTH CENTER PATIENTS

- Health Center patients with food insecurity are 70% more likely than those without food insecurity to be in fair/poor health¹
- Patients who can't eat regularly are less likely to manage chronic conditions such as diabetes²

1. Alvarez C, Lantz P, Sharac J & Shin P. Food Insecurity, Food Assistance and Health Status in the U.S. Community Health Center Population. Journal of Health Care for the Poor and Underserved. 2015;26(1), 82-91. Doi:10.1353/hpu.2015.0006

2. Gucciardi E, Vahabi M, Norris N, Del Monte JP, Farnum C. The Intersection between Food Insecurity and Diabetes: A Review. Curr Nutr Rep. 2014;3(4):324-332. doi: 10.1007/s13668-014-0104-4. PMID: 25383254; PMCID: PMC4218969. The Cycle of Food Insecurity and Chronic Disease



https://hungerandhealth.feedingamerica.org/understan d-food-insecurity/hunger-health-101/

FOOD INSECURITY AND HEALTH CENTERS

Health centers are tackling food insecurity

- Screening
 - PRAPARE: In the past year, have you or any family members you live with been unable to get any of the following when it was really needed?
- Referrals
 - Food pantries, food assistance
- Innovations
 - Rooftop gardens, cooking classes, food pharmacies
- Partnerships
 - Food pantries, community gardens, universities, grocery stores

http://www.nachc.org/wp-content/uploads/2017/10/NACHC_FIToolkit_WEB_v1.pdf



UDS MAPPER AND FOOD INSECURITY

Use the UDS Mapper to

- Map areas in your community with high levels of food insecurity
- Upload locations of local programs
- Layer with health center sites and service area ZIP Code Tabulation Areas (ZCTAs) to target resources and identify partners





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Map My Data

Login

Map My Data allows you to put your own data on the map. Users should consider patient confidentiality when uploading patient data. Small cell counts may lead to identification of individual patients when mapping areas. When mapping points, please remember that the Map My Data tool is not HIPAA compliant.



NEW MAP MY DATA FUNCTIONALITY

- New area-mapping capability
- Improved point mapping capability
- Consider patient confidentiality
 - Areas: small cell counts (a small number in one of your areas) could lead to patient identification
 - Points: the UDS Mapper is not HIPAA compliant

Food Insecurity and Opportunities for Health Centers 18

GEOGRAPHY TYPES

Geography type options include:

- States
- ZCTAs
- Counties
- Census Tracts
- Public Use Microdata Areas (PUMAs)
- For the geography type you select, there should be a column in your dataset that has an identifier for each row of data
 - All geography types use FIPS
 - State also has an option to use the two-letter state abbreviation

WHAT ARE FIPS CODES?

- Federal Information Processing Series (FIPS) codes
- A standard way to identify geographic areas using numbers
- Most FIPS codes can be found online if your dataset does not already have them
- While an individual area will have its own number, those number may repeat in other states or counties so you need to use full FIPS codes
 - Full FIPS codes use the code for your area of interest plus the FIPS codes for the larger geographies that it nests in

FIPS CODE EXAMPLES

- States can be identified by two-digit FIPS Code or two-letter postal abbreviation
 - Alabama = AL = 01
- Counties must be identified by full five-digit FIPS Code (state + county codes)
 - Autuaga County, AL = 01001 (01 = Alabama, 001 = Autuaga County)
 - Albany County, WY = 56001 (56= Wyoming, 001 = Albany County)
- Beware! ZCTAs also are five-digit codes
 - Agawam, Massachusetts ZCTA = 01001
- Public Use Microdata Areas (PUMAs) must use full seven-digit FIPS code (state + PUMA codes)
 - Atlanta Regional Commission (Central)--Fulton County (North)--Sandy Springs City PUMA = 1301001 (13 = Georgia, 01001 = PUMA)
- Census tracts must be identified by full 11-digit FIPS Code (state + county + tract codes)
 - You may be used to referring to census tracts by much shorter numbers like 1.02 or 201
 - These numbers are actually six digits so 1.02 = 000102 and 201 = 020100
 - Add the six digits to the end of the five-digit county number so census tracts 201 and 208.02 in Autauga County, AL, become 01001020100 and 01001020802, respectively

CENSUS GEOGRAPHY HIERARCHY

- ZCTAs are built from census blocks
- ZCTAs do not nest within traditional census geography
 - They may cross county or state boundaries
- Because ZCTAs do not align with the other geographies you can add, while you can look at UDS Mapper ZCTAlevel data at the same time as your uploaded data, your comparison areas likely will not align

http://www2.census.gov/geo/pdfs/reference/ geodiagram.pdf

FLORIDA AS USE CASE

Tampa Temps For Pierce R. Myers West Palm Beach NY Times (https://www.nytimes.com/interactive/2020/us/floridacoronavirus-cases.html)

Food Insecurity and Opportunities for Health Centers 23

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WALKTHROUGH OF THE UDS MAPPER

Use Case

- 1. Examine low access to food stores by county
- 2. Identify health centers in low access county
- 3. Upload nearby food pantries

DOWNLOAD DATA

Specific to USDA data

- Download in Excel
- Use variable list to identify fields you want to map
- Match variable name to variable code
- Use this variable code when uploading your data into the UDS Mapper

In general

- Pay attention to data documentation
- Variables or field names might be very different from what you expect

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UPLOAD AREA DATA

- Match the fields in your dataset to what the UDS Mapper needs
 - **TYPE** is the type of geography that you are mapping
 - **ID** is the variable or column in your dataset that has the code that tells the UDS Mapper which area each line in your dataset represents

Select your data for this map layer

- This will be what is used to color in your map
- If you select the wrong file you will need to reupload your data
- Your title will appear in the legend
 - It should describe the variable you chose in **Select your data** for this map layer
- Click Upload Now

FIPS	State	County	LACCESS_POP10	
12001	FL	Alachua	49065.5344907807	37664.1
12003	FL	Baker	9153.83627532137	8982.41
12005	FL	Bay	61403.3211518075	56308.4
12007	FL	Bradford	1627.28768589395	1579.68
12009	FL	Brevard	215761.179046993	218701
12011	FL	Broward	196466.912929673	158491
12013	FL	Calhoun	3756.15540788311	2635.87
12015	FL	Charlotte	68289.4665259689	66893.4
12017	FL	Citrus	41743.7219528234	43886.2
12019	FL	Clay	44092.6137283297	46476.3
12021	FL	Collier	90020.9227648774	90596.7
2023	FL	Columbia	11177.4524959311	11077.7
2027	FL	DeSoto	3913.15011613833	3454.77
2029	FL	Dixie	999.458870223901	1484.28
12031	FL	Duval	215252.983305631	213634
2033	FL	Escambia	118775.148598038	108622
2035	FL	Flagler	33564.7473647474	33041.2
12037	FL	Franklin	373.796076667058	287.434
2039	FL	Gadsden	4813.61937275168	3970.91
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Map My Data allows you to put your own data on the map. Users should consider patient confidentiality when uploading patient data. Small cell counts may lead to identification of individual patients when mapping areas. When mapping points, please remember that the Map My Data tool is not HIPAA compliant.

Upload Now

Esri, HERE, Garmin, FAO, NOAA, USGS, EPA, NPS

Login

VIEW YOUR UPLOADED DATA

- After you have uploaded your data you should see your data on the map
- •Use Legend to match colors with values
- •We see several counties that may have higher need, including Brevard County

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Esri, HERE, Garmin, FAO, NOAA, USGS, EPA, NPS

Login

MAKE CHANGES TO YOUR MAP

LIDC Manage

 Click the pencil icon next to your map layer to edit:

- Color scheme
- Number of categories
- Data distribution
- Change to a threshold map
- Color

 In the editor, switch to Information Card to add or remove items from the Information Cards that appear as you move your mouse across your data on the screen within the Map My Data tool

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ZOOM TO BREVARD AND ADD HEALTH CENTERS

- In the Explore Service Area tool, turn on Health Center Administrative Locations and Health Center Service Delivery Sites
- We see one health center organization with several sites is serving Brevard County

 the Brevard Health Alliance

Main Services: food pantry, clothing, personal care items

Serving: anyone in need, all ages, individuals, families

2.96 miles (serves your local area)

Suggest Program | Claim Programs | Accessibility | Terms | Privacy © 2011-2020. Powered by Aunt Bertha.

FIND LOCAL RESOURCES

There are many free resources databases, for example:

- Neighborhood Navigator
- Aunt Bertha
- Feeding America
- Find relevant resources to add to a spreadsheet
- Community health workers may also have resources

Food Insecurity and Opportunities for Health Centers 32

a change.

FORMAT ADDRESS DATA

- Create a final spreadsheet with resources to map
- Be sure the worksheet with your data is the left-most worksheet
- Be sure you have fields for Address, City, State, and ZIP Code and these are complete for all rows of data
- You can have additional fields describing your locations
- DO NOT UPLOAD PHI

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UPLOAD POINT DATA

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- Match the fields in your dataset to what the UDS Mapper needs
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Select your data for this map layer

- This will be what is used to color in your map
- If you select the wrong file you will need to reupload your data
- Your title will appear in the legend
 - It should describe the variable you chose in Select your data for this map layer
- Click Upload Now

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Esri, HERE, Garmin, USGS, NGA, EPA, USDA, NPS

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Food Insecurity and Opportunities for Health Centers 34

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ZIP

CODE:

Type

ZIP Code

Color Code Points By:

VIEW DATA LAYERS AND **ASSESS**

Legend shows

- Area-level data
- Point-level data
- Health centers
- Anything else you've turned on in other tools

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MAP MY DATA INFORMATION CARDS

Area Data

User Added Data	
Low Access by County	
County:	Brevard
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Point Data

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Address:	871 Coply Street SE
City:	Palm Bay
State:	FL
Zip Code:	32909
Type:	Food Pantry
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MAKE **CHANGES TO POINTS**

Edit point data

- •Point style
- Palette

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Home

USE CASE CONCLUSION

- We added county level data (percent population with low access to store) for Florida and identified Brevard County as having high levels of food insecurity
- We added point level data to identify food pantries
- We now can see which food pantries are close to health centers for potential partnerships

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Tutorials & Resources

Webinars & Presentations Attending a webinar or in-person presentation is one of the best ways to learn how to properly and effectively use the UDS Mapper. View our list of upcoming webinars and presentations, and sign up for one today!

UDS Mapper at your own pace.

Futorials

Knowledge Base

The Knowledge Base contains FAQs, a Glossary of terms used within the website, and Data Definitions. Type a keyword or phrase into the search bar to find related articles. If you cannot find what you are looking for, feel free to contact us!

Find the slides we use during the webinars and a variety of how-to materials are provided

to help you use the UDS Mapper! Use these resources to teach yourself how to use the

Data Update Schedule

The various data sources in the UDS Mapper update on different schedules. Find the overall data update schedule in this section. Information about individual data points can be found in the the Knowledge Base.

Data Estimation Methodologies Read an explanation of our methodology for obtaining ZCTA-level data estimates.

Benchmarks for Population Indicators Find a table of benchmarks you can use for the Population Indicators Tool.

ZIP Code to ZCTA Crosswalk ZIP Codes and ZCTAs do not always perfectly align. To find out which ZCTA a ZIP Code has been assigned to, please use this Crosswalk.

Articles & References

Return Return to your session in the UDS Mapper

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View Demo Learn how you can use the tool to improve community health

Quick Links

What is the UDS Mapper? Tutorials & Resources Knowledge Base Webinar Training Contact Us About HealthLandscape **TUTORIALS & RESOURCES**

 User support is available throughout the UDS Mapper site

 Most of the help resources are found in the **Tutorials & Resources** section of the site

THANK YOU!

If you have additional questions or feedback after the conclusion of this presentation, please use the Contact Us form provided on the UDS Mapper Site:

https://www.udsmapper.org/contact-us.cfm

or contact the Bureau of Primary Health Care: <u>https://www.bphc.hrsa.gov</u>

> Sign up for the <u>Primary Health Care Digest</u>

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