

# Colorado COACH

Volume 34 Number 2 Winter 2012-2013

Colorado High School Coaches Association

## Coaches of INFLUENCE

Columbine's Andy Lowry Wins National Award



Brian Christensen



Greg King



Mike Pallotto



Sue Snyder



Scott Yates

### 2013 CHSCA HALL OF FAME NAMED



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SPECIAL THANKS to Scott Christy and Ron Catron (photographer) for the COVER PHOTO.  
 To submit Information/Corrections/or letters to  
 the Editor for the  
**COLORADO COACH:**  
 email Becky Mudd, Editor, at  
[becky.mudd@colohsca.org](mailto:becky.mudd@colohsca.org)





# EXCITING CHANGES



**John Burke**  
**Executive Director**

This is indeed a very exciting time for the Colorado High School Coaches Association, the only organization that represents ALL member coaches in the state of Colorado. As we enter the winter sports season we have crowned the champions from the recently completed fall sports season and those coaches who have achieved this difficult goal are to be congratulated and encouraged to give back to the profession by assisting in mentoring our young coaches.

As many of you have noticed we have a job opening at the CHSCA. After many years of service to the organization, our All-State Games Director, Sandy Beasley, has turned in her resignation and we are following established Board policy in naming a new person to the position. Further information may be found on the CHSCA web site [colohsca.org](http://colohsca.org). In the interim, our current President, Ed Eastin, with assistance from Executive Committee member Eric McRae, will handle the fall sports and Randy Earl of Berthoud High School, our President-elect, will be responsible for the winter sports communication and selections to the All-State Games.

While not half through the school year we now have surpassed last year's total number of football coaches who belong to the CHSCA. Perhaps the opportunity to be involved in a weekly rankings system and choosing an end-of-the-year All-State team has helped encourage coaches to join and participate. One of our finest prep coaches, Andy Lowry of Columbine, has been chosen as the recipient of the American Football Coaches Association "Power of Influence" award, given once a year to a high school football coach who has made a difference in students' lives.

A recent Board decision to stay at Adams State University (no longer College) has allowed us to settle on a location for our long-running CHSCA All-State Games for the next five years. Adams State has been more than accommodating, and our relationship with them, and the use of their excellent facilities, has allowed the CHSCA to conduct the Games with the confidence that our athletes and coaches will have an outstanding experience and will not break the All-State Games budget.

***A recent Board decision to stay at Adams State University has allowed us to settle on a location for our long-running CHSCA All-State Games for the next five years.***

We are in the process of researching the number of CHSCA Hall of Fame ceremonies the organization has conducted, and it looks very much like this year's banquet will be the 50<sup>th</sup> anniversary of the CHSCA Hall of Fame. The 2013 event will be held on Saturday evening, March 30, 2013, with the social period beginning at 5:30 PM and dinner at 6:30 PM. Congratulations are in order to Sue Snyder, Brian Christensen, Greg King, Mike Pallotto, and Scott Yates on their

recent nomination for induction into the CHSCA Hall of Fame.

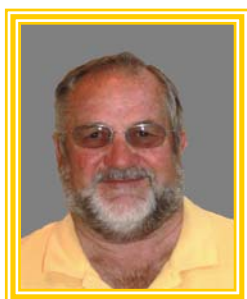
Thanks also to Becky Mudd for all her work and expertise in running the CHSCA website and online registration. Her efforts have allowed the CHSCA to enter the modern age!

***John Burke, Executive Director***

# *Presidents' Message*

Ed Eastin

CHSCA President



Greetings Colorado High School Coaches Association Members. By the time you receive this issue of The Colorado Coach, winter sports will have been competing for several weeks. Fall sports will be

fond memories.

I know success is measured or evaluated on many levels and there are many challenges- some very frustrating and some we look forward too. My hope is that all coaches and players, no matter what sport, record or challenges, improved as the season progressed. I am sure that there were many positives experienced which you and your team will remember and appreciate. To those of you who qualified for the state playoffs or state tournaments: congratulations on your achievement. To all the State Champions SUPER JOB, enjoy the success and memories that are so special.

For those of you who coach winter sports, have fun with the challenges that you face this year. Good luck to all of you. May you coach well, may your athletes play hard and may all of you build relationships that you will enjoy looking back on. GOOD LUCK!!!! A reminder to all coaches, make sure you contact or have one of your staff members

contact ALL OF THE MEDIA with your final results or scores of all your games or matches. We have newspapers, prep sports webs, television and radio stations that will really appreciate your communication. Yours fans and players really appreciate the up to date reporting!!!!

Check out the CHSCA website for the latest news and important dates. [www.colohsca.org](http://www.colohsca.org) Becky Mudd spends a lot of time updating the

web site. There are dates and forms that you will need for Hall of Fame banquet, All State Games, membership, clinic information and awards.

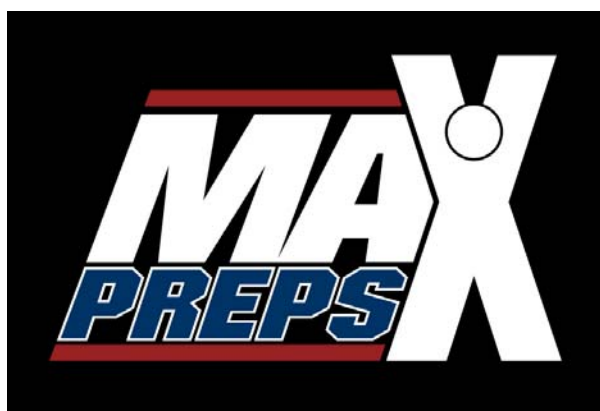
If you have any questions, concerns or suggestions, please contact one of

the board members so that we can continue to work to make the Colorado High School Coaches Association a valuable and important organization for you and your staff.

**WISHING YOU ALL A MERRY CHRISTMAS & HAPPY NEW YEAR!!!!**

As always, please support two of our outstanding sponsors, MAXPREPS and THE GRAPHIC EDGE.

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# Colorado High School Coaches Association

CHSCA  
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Phone: 602-978-5919  
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## 2012-2013

Membership runs  
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### MEMBERSHIP TYPES

#### ACTIVE MEMBERSHIPS

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## 2012-2013 CHSCA CLINIC/EVENT SCHEDULE

(Check clinics you plan to attend - Please note that summer clinic pre-registration ends on July 20. After that date you must register at the door)

				Pre-registration Price	
Fri-Sat	July 27-28, 2012	Multi-sport Clinic	Red Lion Hotel, Aurora, CO	\$30 per member	<input type="checkbox"/>
Fri-Sat	November 2-3, 2012	Swim & Dive Clinic	Ameristar Casino/Conf Center, Blackhawk, CO	\$30 per member	<input type="checkbox"/>
Fri-Sat	November 2-3, 2012	Wrestling Clinic	Ameristar Casino/Conf Center, Blackhawk, CO	\$30 per member	<input type="checkbox"/>
Saturday	November 3, 2012	Ice Hockey Clinic	Ameristar Casino/Conf Center, Blackhawk, CO	\$30 per member	<input type="checkbox"/>
Fri-Sat	February 1-2, 2013	Track Clinic	Red Lion Hotel, Aurora, CO	\$40 per member	<input type="checkbox"/>
Saturday	March 30, 2013	Hall of Fame Banquet	Red Lion Hotel, Aurora, CO	\$32 per member	<input type="checkbox"/>
				\$42 non member	
Sunday	March 31, 2013	Scholarship Luncheon	Red Lion Hotel, Aurora, CO	Invitation Only	

**YOU MUST BE A MEMBER TO ATTEND A CLINIC!**

MEMBERSHIP FEE OF \$70 (RETIRED \$35) INCLUDES ONE MILLION DOLLAR LIABILITY INSURANCE!

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- Eligible to Nominate Players for \$1,000 Scholarships
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- Eligible for Achievement Awards
- Eligible for State Coach-of-the-Year Recognition
- Eligible for National Coach of the Year Recognition
- Eligible for Special Awards Recognition by Sport
- Eligible for CHSCA Hall of Fame Induction

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Amount

Date Received

USE THIS FORM FOR CHECKS - TO USE A CREDIT CARD GO TO [colohsca.org](http://colohsca.org)

# Communication

Becky Mudd

Colorado Coach Editor



Last issue I discussed EVALUATION, and I hope you are finding ways to do that effectively. This issue I am going to focus on the next buzz word of our time, and that is COMMUNICATION. As coaches, we know that communication within the game is vital. Equally so, communication to our athletes is important. Since we are in the education business, communication with our communities and parents is key as well. It is sometimes hard to believe that in this “age of communication” this is one area that parents are always concerned about, so we need to take some steps to improve our communication.

Just a FEW years ago my husband and I were dating long distance as I was in Michigan and he was at the University of Denver. Our communication consisted of letters (which are still a treasure) and a weekly phone call on Sunday night. There were no cell phones, Facebook, Internet or Twitter. We both knew that all of our information about our week, our games, our classes and life would be contained in that phone call or letter.

Early in our marriage we owned a cell phone (looked like a black brick)-- that ONE of us could take somewhere for emergencies. He had a pager and I could enter the scores of our games into his pager so that he could see our results when he was away at work. Our faculty lounge had one computer, and our staff had ONE common email address, but we began to be able to see this world of communication unfolding in front of us.

I'll never forget a bus ride where the girls were talking and singing and suddenly it got quiet as one girl was talking loudly, and she was upset. I quickly responded to see what was the matter, or who was she yelling at? The girls said, “she is talking to her boyfriend on her cell phone.” It wasn't long after that until *every* student had a cell phone, and gone were the days of stories of broken down busses where anyone had to walk, or waiting after an away trip for parents to “pick up”—we now give the 20 minute warning and each girl calls home to make sure that someone is waiting at school when we arrive.

At this hour I just finished uploading my stats, updating my website, and putting up my video. I can post a message on Facebook or tweet or text and get immediate feedback. To test this out, I just texted my players (all at once) asking them to text back with their response to a certain question that they can easily answer. 5 minutes later I have 8 out of 10 responses (and it is 10:48 at night).

How is it fathomable then that in this day and age communication is such an issue? I will attempt to tackle two key points of why I see it to be a challenge, and ways to help coaches improve it within our programs.

The first thing that we must remember is that communication consists of TWO key components: giving AND receiving.

With today's technologies I know that we sometimes do a poor job of the second part: receiving the information. When the schedule or the expectations or any information is simply put online, or on facebook, or in an email, we assume that the audience is listening—which may not always be the case. (spam folders, deleted emails, not logging in all happen frequently.) I am so guilty of this! My daughter will show up for preschool and all the other kids are wearing SILLY HATS—but Mom didn't check the website, so she has no hat. As coaches we make a schedule change or an announcement, but someone already put the old time in their datebook or didn't have access to a computer to see announcements, and we have conflicts.

My advice for coaches in this first area is, just like my old college phone calls, to have ONE PLACE where parents, athletes, and community can go for the latest updates and information. If it is a website, a school page, a written newsletter--whatever, just keep it up to date and be consistent. You can always email, tweet or text for other quick information—but let your parents know right up front where that ONE place is to find things like schedules or team rules and **make sure that you keep it up to date**. Also, proper planning can minimize the need for schedule changes—do the work up front and limit changes.

Second, don't let the computer replace your voice. It takes just seconds to type or tweet—and more time to call, but don't reduce all communication to electronic. There is still something very vital about engaging in conversation. Meet people face to face. Say hello to parents at games, and anywhere you may see them. Have a social gathering with your families to encourage community. Ask them for help with duties related to the games to make them part of the program. Coaches also need to be on the receiving end of communication—listen to others concerns, and find ways to make things better. All of these things will help your parents and you to be better communicators with each other.

We have come a long way in the speed and accessibility of reaching each other. Coaches should remember: facilitate the giving AND receiving of information—and engage in ways beyond electronics with those who are connected to your program. Let's all work to be better communicators this year.

A handwritten signature in black ink that reads "Becky Mudd". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.



# IN THE SPOTLIGHT



Brian Christensen



Greg King



Mike Pallotto



Sue Snyder



Scott Yates

## ON THE COVER:

Our 2013 Hall of Fame class has been named, and will be inducted at a wonderful dinner on March 30, 2013 at the Red Lion Hotel. Other CHSCA Awards and rings will also be given that night. If you want to be inspired by these fellow coaches, as well as honor your peers, we encourage you to attend. More info on the recipients coming in the next issue!



Fountain, CO – The High School Sport Complex (Mitch Johnson Sports Complex) was named after Head Football Coach Mitch Johnson this fall in honor of his long service to the High School and community.

**GET INVOLVED!!!** The BOARD of the COLORADO HIGH SCHOOL COACHES ASSOCIATION needs YOU! We have many great things going on in our organization, and we want to continue to do more for the coaches across our state. All of the sports groups have representation on the Board, and there are several DIRECTOR positions that open each year. We are especially in need of representation from the Southern part of our state. If you have a desire to get involved with a great organization whose goals are to promote and provide benefits for coaches, please contact our Executive Director, John Burke [jburke24@colohsca.org](mailto:jburke24@colohsca.org)



# Columbine's Andy Lowry to Receive 2012 Power of Influence Award

Article reprinted with permission from American Football Coaches Association  
<http://www.afca.com/article/article.php?id=2270>

Columbine (Colo.) High School head coach Andy Lowry has been named the 2012 Power of Influence Award recipient. Lowry was nominated by the Colorado High School Coaches Association (CHSCA). Presented jointly by the American Football Coaches Association® and the American Football Coaches Foundation®, the award will be given to Lowry at the AFCA Coach of the Year Dinner on Tuesday, January 8, at the 2013 AFCA Convention in Nashville, Tennessee.

The Power of Influence award was created as a way for the AFCA and AFCF to honor a deserving high school football coach. Coaches who receive this award are recognized for their impact on their team and players, as well as the legacy they leave with the school and community. This award is not based on wins and losses; however, it is noted that coaches of powerful influence have longevity and success. It is the first AFCA award specifically designed to honor a high school coach.

“This award means much more than any other coaching awards that I have ever won,” said Lowry. “It goes beyond winning and losing and is an award for making an impact or difference in others’ lives, our school and community. I try to be a faithful person and a servant first in my job. God has blessed me in so many ways. I love my job working with young people and I have the best assistant coaches that any coach could ever wish for. They are the reason that we have won five state championships since 1999. This is an honor that I will accept on behalf of Columbine High School, my coaches, my family and most importantly, our great kids that have worked and excelled in our program for the past 19 years.”

Lowry began his coaching career in 1986 as a graduate assistant at his alma mater, Western State College. He moved on to Lakewood (Colo.) High School, where he rose through the ranks to become head coach by 1992. From there, Lowry found his way to his current position, the head coach of Columbine High School, where he took the reins in 1994. It was there that, in August 1999, tragedy struck, and the whole community was affected by the worst high school shooting tragedy in history. Lowry’s leadership and example, through his coaching, as well as his work in the community, helped mend the wounds that the town had experienced. Mere months after the tragedy, Lowry and his Rebel football team gave the town something to be excited about, as the team went on to win the 5A State title.

While racking up an impressive record at Columbine of 189-43 in his 19 years, Lowry has also been active in his community and has encouraged his staff to be active as well. When Greg Rund, a past player, passed away in Iraq in 2004, Lowry worked with the Rund family to set up a scholarship in Greg’s name, to go to a player that exemplified Greg’s unselfish attitude and commitment to the team. Lowry also works with the physical education challenge program, working with physically or mentally challenged students, frequently having students from the program lead the football team onto the field on Friday nights.

“I have been blessed to be one of Andy’s assistants for the past 19 years and during that time I’ve watched him build a program based on service to others,” wrote Tom Tonelli, an assistant coach at Columbine High School, echoing the sentiment of many that wrote in to support Lowry. “At the foundation of his coaching philosophy is an emphasis on developing relationships and having genuine respect for every person who plays for us. To Andy, working with kids is not a job, it is a privilege, and this idea not only guides our coaching staff, but has also had a profound impact on how I have come to view not only my players, but my students as well. You see, Andy sees the value and potential of human beings regardless of their speed or skill. And that is why every kid who plays at Columbine knows he has value.”

In addition to the 2012 Power of Influence Award, Lowry has received several other recognitions. He has been named Coach of the Year numerous times by several organizations, including Jefferson County five times, the Denver Post twice, the Denver Broncos three times, and he was named the Big 6 League Coach of the Year once. Lowry’s Columbine Rebel football team has won the Colorado 5A state championship five times (1999, 2000, 2002, 2006, 2011) and won their league a staggering 11 times. Lowry was also named a John Lynch Coach of the Month (2009) and the March of Dimes Inspirational Award (2000).

**Other finalists for this year’s award were:** Paul Maechtle, Southeast Hills High School (Bradenton, Fla.); Rick Wimmer, Fishers High School (Fishers, Ind.); Steve Hancock, Branson High School (Branson, Mo.); Larry Hill, Smithson Valley High School, (Spring Branch, Texas); Peter Moe, Washburn High School (Washburn, N.D.); Paul Monk, New Life Academy (Woodbury, Minn.); Mark Batton, Magnolia High School (New Martinsville, W.Va.).

**Past Power of Influence Award winners include:** Larry Dippel, Amarillo (Texas) High School (2002); John McKissick, Summerville (S.C.) High School (2003); Marcus Borden, East Brunswick (N.J.) High School (2004); Ron Stolski, Brainerd (Minn.) High School (2005); Sid Otton, Tumwater (Wash.) High School (2006); Rob Younger, Sweet Home (Ore.) High School (2007); George Smith, St. Thomas Aquinas (Fla.) High School (2008); Jim Drewry, Booneville (Miss.) High School (2009); Brent Steuerwald, Shenendehowa (N.Y.) High School (2010), and Noel Dean, Lowell (Mich.) High School (2011).

# CHSCA 2013 HALL OF FAME INDUCTION CEREMONY



Brian Christensen



Greg King



Mike Pallotto



Sue Snyder



Scott Yates



## Saturday, March 30, 2013

- Red Lion Hotel, 3200 South Parker Road, Aurora, Colorado
- Reception to meet inductees at 5:30 PM, Awards Dinner at 6:30 PM
- Also awarding Achievement Rings and Special Awards

Choose from three delicious entrees available with complimentary salad, bread, coffee, tea and dessert.

**CHSCA members \$32**

**All others \$42**

Use the form below to make reservations to the 2013 CHSCA Hall of Fame Banquet

Mail check and reservation form to:

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PO Box 5745  
Peoria AZ 85385

Email: [jburke24@cox.net](mailto:jburke24@cox.net)  
Phone: 602-978-5919  
Fax: 602-896-1794

Please indicate below which 2013 Hall of Fame inductee you are affiliated with:

Hall of Fame Inductee \_\_\_\_\_

DINNER RESERVATION FORM (Due March 20, 2013)

	Circle one <u>Circle Dinner Choice</u>			CHSCA <u>Member</u>	<u>Non-Member</u>
	<u>Chicken</u>	<u>Beef</u>	<u>Veggie</u>		
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42
Guest Name _____	Chicken	Beef	Veggie	\$32	\$42

**Make copies of this sheet for more reservations**

Total for all reservations \$ \_\_\_\_\_

**REGISTER ONLINE AT [COLOHSCA.ORG](http://COLOHSCA.ORG)**



# MULTI-SPORTS COACHING CLINIC

**COLORADO HIGH SCHOOL COACHES ASSOCIATION**

**RED LION HOTEL**

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**JULY 26 & 27  
2013**

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**REGISTRATION QUESTIONS:**

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**CLINIC DIRECTOR:**

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**VENDORS!**

**MEET COLLEAGUES!**

**Sessions for Spirit Coaches!**

**1-3 COLLEGE CREDITS AVAILABLE**

**Rules Clinic and Concussion Session  
Meets CHSAA Requirements**

## CHSAA Notes

Compiled by Bert Borgmann,  
Assistant Commissioner

From the CHSAA Staff, please accept a short note of congratulations to all the fall state championship coaches. It was a great season for our students and the role you play is so very important. Again, a job well done.

### Cross Country

#### Boys

2A – Lyons – Mark Roberts

3A – University – Sharon Eberhard

4A – Coronado – Doug Hugill

5A – Mountain Vista – Jonathan Dalby

#### Girls

2A – Hotchkiss – Kelly Cowan

3A – Holy Family – David Good

4A – Classical Academy – Alan Vershaw

5A – Monarch – Kent Rieder

Field Hockey – Colorado Academy – Daan Polders

### Football

A6 – Fleming – John King

A8 – Hochne – Robert Schafer

1A – Cedaredge – Brandon Milholland

2A – Kent Denver – Scott Yates

3A – Silver Creek – Mike Apodaca

4A – Monarch – Phil Bravo

5A – Valor Christian – Brent Vieselmeyer

### Gymnastics

4A – Elizabeth – Stacy Folmar

5A – Broomfield – Erika Taga

### Boys Soccer

3A – Colorado Academy – J.C. Pritchard

4A – Battle Mountain – David Cope

5A – Boulder – Hardy Kalisher

### Boys Golf

3A – Kent Denver – Bob Austin

4A – Puenlo South – D. J. Johnson

5A – Regis Jesuit – Craig Rogers

### Softball

3A – Strasburg – Michelle Woodard

4A – Pueblo East – Ben Garcia

5A – Loveland – Mike Felton

### Boys Tennis

4A – Cheyenne Mountain – Dave Adams

5A – Cherry Creek – Kirk Price

### Volleyball

1A – Weldon Valley – Jerry Spooner

2A – Lutheran – Alicia Oates

3A – Valley – Rene Aafedt

4A – Cheyenne Mountain – David Barkely

5A – Doherty – Tara Hittle

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Sporting behavior remains an educational concern for the Association and the CHSAA staff would like to remind all the coaches that no person has a greater influence over how student

participants behave than the coach. Take a minute and talk with your players about your sportsmanship expectations for them. It is always a good idea to discuss your sportsmanship expectations with your players' parents, as well.

If you have an opportunity to address your student body before your winter season starts, tell the students your expectations for positive sporting behavior. Coaches have more impact on how crowds, players and student bodies than any other person. That is a big expectation, but it is so true.

Please use your in positive influence on your students and fans to help the problems of other states and other levels of play to remain at bay.

Participation in high school athletics give students some inherent educational values and you have the ability to ensure that these positive values are derived from your programs.

Finally, remember that what you condone, you approve.

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The latest class of the Colorado High School Activities Association Hall of Fame, the 24<sup>th</sup> in the history of the organization, features a broad range of inductees including three former student participants, a long-time official, a pair of highly successful coaches and a veteran public address announcer for many state championship events.

Joining the CHSAA Hall of Fame from the participant ranks are Chauncey Billups (George Washington), Rhonda Blanford-Green (Aurora Central) and Duane Lewis (Burlington). They are joined by volleyball coach Pam Fagerlund (Flagler) and former Manual, Denver South and George Washington coach Joe Strain, along with Frank Palmeri, whose 50-year public address career in Jefferson County also included five decades as the voice of the CHSAA's State Wrestling Championships. Blanford-Green also served as an administrator for the CHSAA for 14 years before becoming the executive director of the Nebraska Schools Activities Association last July, while Lewis went on to a successful teaching and coaching career at several Colorado schools.

"Earning a place in the CHSAA Hall of Fame is an honor so few receive. Yet each class represents the thousands upon thousands of participants, coaches, administrators, officials and significant contributors that give so much to the state's high school athletics and activities. The Class of 2012 reveals the breadth and depth that Colorado high school athletics and activities represent in our member schools. Each of the inductees has left a snapshot of his/her impact on this organization in a positive way," CHSAA Commissioner Paul Angelico said in making the announcement.

"I know it seems odd that it has taken so long for some of these people to be inducted into the CHSAA Hall of Fame, especially Chauncey Billups. But, induction is predicated on several things, including being nominated and the ability to be in attendance at the induction ceremony. For many deserving people, they have yet to be nominated. In the case of Chauncey, we wanted him to be in attendance because he is the prototypical inductee – success at all levels, leadership qualities, representing his sport at the highest level.



All seven of these people display these qualities. We are very proud of these seven individuals. They are high school athletics and activities,” CHSAA Hall of Fame administrator Bert Borgmann said.

The Class of 2012 will be inducted during a banquet ceremony on Wednesday, January 23, 2013, at the Red Lion Hotel Denver Southeast (I-225 and Parker). Individual tickets may be purchased for \$45 each by contacting the CHSAA. The festivities get underway at 6:30 p.m. Seating is limited.

The selection of the three student participants to the CHSAA Hall of Fame puts the total number of participants in the hall at 53. There are now 54 coaches, 27 administrators, 14 officials and six significant service contributors enshrined in the CHSAA Hall of Fame that began in 1989. There are also two teams in the hall. The Hall of Fame now features 156 inductees.

Biographies of the newest additions to the hall include:

**Chauncey Billups (George Washington)** – Certainly one of the greatest, if not the greatest basketball player, to play in Colorado, Billups led his George Washington team to a pair of 6A state championships as a sophomore and junior. A shoulder injury as a senior limited his time in the playoffs and GWHS was eliminated early that year. He remains active in the Colorado prep scene through camps with Regis University’s Lonnie Porter, which feature a significant amount of time on leadership and character principles. A star at the University of Colorado, he was chosen third overall in the 1997 NBA Draft by the Boston Celtics. A 5 time NBA All-Star and a 3 time All-NBA selection, Billups has played for the Celtics, the Toronto Raptors, the Denver Nuggets, the Minnesota Timberwolves, the Detroit Pistons, the New York Knicks, the Los Angeles Clippers, and Team USA. He won the NBA Finals MVP in 2004, helping the Pistons beat the Los Angeles Lakers in the Finals, and was given the nickname “Mr. Big Shot” for making late-game shots with Detroit.

**Rhonda Blanford-Green (Aurora Central)** – Perhaps the finest female track athlete ever from Colorado, Blanford-Green was a three-sport athlete (volleyball, cheer, and track and field) at Aurora Central and still holds school records in the 100m, 200m 100h, and long jump. She was an undefeated “Big 8” champion in the indoor and outdoor hurdles and an 11-time All-American for the University of Nebraska. Following her Nebraska career, she was a member and team captain for several U.S. teams that competed internationally. She served 14 years as a CHSAA administrator, including two as associate commissioner and is now the Nebraska Schools Activities Association executive director. She is currently the chair of the National Federation of High School Associations (NFHS) Citizenship and Equity Committee and NFHS Spirit Committee. She has also served on the Track and Field Committee. She is recognized nationally for her commitment to education in the areas of spirit, equity, and student participation. Blanford-Green was the first minority administrator hired to the CHSAA staff and she is the first African-American female Executive Director in the nation.

**Jim Dorsey (Sheridan)** – Dorsey was a teacher, coach and administrator at Sheridan High School from 1961 until his retirement in 2002. But, the CHSAA has benefited most from his work in officiating and the assignment of sports officials since 1974. His ability as an official stands out when one reads his resume. He was a high school and collegiate baseball umpire from 1961 until 1981. He officiated basketball at the prep and college levels from 1970 through 1999. His valuable insight into the professional development of basketball officials is underscored by his commitment to the

profession. He has been reappointed as the Secretary of the IAABO Board #4 in Colorado every year since 1998. That position requires exceptional organizational, personal and officiating skills. He is a charter member of the CHSAA basketball officials playoff assigning committee and is a noted clinician. Dorsey received the CHSAA’s Distinguished Service Award in 2004, has been a Special Olympics volunteer and officiated for Special Olympics since 1976. In spring 2011, Dorsey became one of just four Coloradans granted Life Membership in the IAABO.

**Pam Fagerlund (Flagler)** – Colorado’s winningest girls’ volleyball coach with a mark of 564-194 (.744) in 28 years at Flagler High School. Her teams have are 69-21 (.681) in state tournament play and have a 4-6 mark in state championship matches. Seven of her players have won post-season Player of the Year honors and 40 have gone on to earn All-State honors. Her teams had a streak of 25 of 28 appearances in the state tournament. She has served as chair of the CHSAA Volleyball Committee twice, has coached in nine All-State games for the CHSAA and CCGS and, in 2005, won The Denver Post Dave Sanders Award. Fagerlund is a 9-time Coach of the Year Award recipient, including 1998 when State Farm named her “Top Coach of Women’s Athletics.” The Colorado Coaches of Girls Sports presented her with the Helen D. McCall Award for Promotion of Girls’ Sports in 2003 and She was the National Federation’s Colorado Coach of the Year in 2001.

**Duane Lewis (Burlington)** – Although currently recognized, perhaps, more for his coaching and shooting education innovations, Duane Lewis was one of the state’s finest athletes while a student at Burlington High School from 1956-60. He held numerous spots in the CHSAA top basketball records for scoring. He earned 14 letters at BHS – four each in football, basketball and baseball, two in track – and averaged 29 points per game as a senior including four games with more than 40 points. He was ranked seventh in the state in scoring when he graduated. A career 64% shooter, Lewis’ exploits came prior to the advent of the three-point shot. Lewis went on to become one of the state’s top basketball and golf coaches, coaching both sports at Alamosa and Alameda. He has been awarded numerous post-season honors both as an athlete and as a coach, including induction into the Jeffco Hall of Fame (2010) and the CHSAA Hall of Fame (1999).

**Frank Palmeri (Jefferson County)** – From 1948 until 2005, a period of 57 years, Frank Palmeri as the “voice” of high school sports in Colorado. He started in 1948 in the Denver Parochial League and then, in 1959, he started with Jefferson County athletics, serving as public address announcer in every sport for the league. The vast majority of the state may not recognize Palmeri by face, but his distinctive, professional announcer’s voice is familiar to three generations of Colorado prep athletes. He was the “voice” of the state wrestling for 51 years, and nearly that same number for the state basketball tournament and state track meet. A native Coloradan, Palmeri grew up in north Denver. He was the 1992 CHSAA Distinguished Service Award recipient, was inducted into the Jeffco Hall of Fame in 1988 and was named the National Announcer of the Year in 2005 by the National Association of Sports Public Address Announcers Association.

**Joe Strain (Denver Public Schools)** – One of the city’s legendary coaches, Strain coached at Manual, South and Washington. His basketball teams won two titles at South (1969, 1970) and a pair at George Washington (1982, 1986). His teams were 297-153. Strain coached at South from 1963-1977, his teams compiling a 133-123 record over those 14 years. He moved over to GWHS and coached the Patriots from 1977 until his retirement in 1986, compiling a 165—30 mark. His GW teams won six City Championships and his teams went 22-5 in seven state playoff appearances. He served as a father figure and role model for many of his players. One player

noted that A coach affects eternity; he can never tell when his influence stops.” According to his former players, Strain’s influence is still alive and well today. During his coaching career at Manual, Strain was an assistant coach in basketball, baseball and football.

In addition to the induction of the Hall of Fame class, the Association will honor one person with its Distinguished Service Award and a Colorado organization or corporation with its Colorado Tradition Award. The Colorado Tradition Award is special recognition that goes to an organization that has distinguished itself through its support and loyalty to CHSAA, its mission and students. The CHSAA Distinguished Service Award is presented to persons whose efforts are in support of, rather than the focus of, an activity.

The seven new members join past inductees: Betsy Allen (2005); Bobby Anderson (2011); Justin Armour (2011); Chris Babbs (2005); Jim Baggot (1991); Ray C. Ball (1990); Alice Barron (1989); Bob Bledsoe (2010); Manual Boody (1990); Michelle Bostrom (2000); Donald Breese (1999); Maceo Brodnax, Jr. (1999); Irv Brown (2003); Gregg Browning (2007); Larry Brunson (2007); Christine Bullard (2011); Francis “Gene” Bunnelle (1996); Alex Burl, Jr. (1999); Farley Burl (2003); Carol Callan (2006); Jeffrey Carter (1998); Jack Cella (1996); Dan Cholas (2007); Bob Chavez (2002); Darryl Clack (1993); Earl “Dutch” Clark (1989); Sandra Cole (2009); Rob Conklin (2000); Gilbert Cruter (1989); Jim Danley (2007); Joyce Davisson (1997); George Demetriou (2011); Mickey Dunn (1997); Cody Dusenberry (2006); Richard Evans (2006); Melody Fairchild (2009); Tom Falgien (2000); Bill Fanning (1994); David Filsinger (2005); Tom Fincken (2005); Kathy Francis Nunnery (2007); Terri Fritzler-McNair (2002); Gib Funk (1991); Ken Furman (1997); Victor Garcia (2010); Gib Gardner (2009); Lloyd Gaskill (1990); Don Gatewood (2008); Guy Gibbs (2002); Shauna Gilmore (1990); Rick “Goose” Gossage (2006); Tanya Haave (1993); Tom Hancock (2008); Phyllis Jojola Hardt (1999); April Heinrichs (1994); Matt Hemingway (2008); Dick Hewson (1995); Tracy Hill (1993); Steve Hill (2000); Bill Hinkley (1989); Brenda House (2001); Allen Hower (1998); Laurice “Lo” Hunter (1996); Barry Helton (1996); Hale Irwin (2006); Mike Jackson (2006); Marc Johnson (2011); Charlotte Jorgenson (2010); Dick Katte (1999); Bill Kehmeier (1992); Mike Kronkright (1993); Dave Logan (1992); Virginia Lorbeer (2000); Ray Lutz (2004); Kurby Lyle (1994); Don McCall (2008); Bill McGraw (1989); Jayne Gibson McHugh (1991); Mary Gore (1992); Bette Lunn (1998); Lloyd McMillan (1995); Pat Manson (2001); Kristin (Jensen) McKay (2011); Don Miller (2009); Warren Mitchell (2001); Ruby Miller (1990); Glenn Morris (1997); Daryl Monasmith (2007); Frank Montera (2007); Leslie Moore (2010); Herman Motz (2005); John Mraule (2003); Bill Musgrave (1996); Bill Noxon (2010); Bob Ottewill (2006); Larry Overton (2001); Pat Panek (1991); Lou Piel (1995); Shelia Quillen (1998); Don Quinn (2002); Carl Ramunno (1998); Sollie Raso (1992); Earl Reum (1990); John Rivas (1994); Fred Rodriguez (2009); Jim Poole (2008); Joan Powell (2008); Lonnie Rogers (2001); Jeff Rohlwing (2004); Joe Romig (1993); Al Schalge (1993); Mel Schwartz (1993); Lowell Sharp (2000); Ron Shavlik (2002); Frank Sferra (1991); Eulalia Skinner (2002); Bob Smith (1997); Cari (Jensen) Smith (2011); Shirley Snyder (1995); Ken Soper (2008); Tom Southall (1999); John Stearns (2010); Sally Stewart (2004); Anita Stites-Rowland (2004); Scott Stocker (2004); Dale Stryker (1994); Richard Tate (2010); Dennis Teeters (2004); Fred Tesone (2009); Bob Thompson (1994); Carol Ulrich (1997); Brenda Ververs-Liggett (2003); Larry Vibber (2002); Don Weber (1995); Michael P. Weiker (1996); Bill Weimar (1992); Byron White (1998); Sharon Wilch (1997); Don Wilson (1995); Robert Wilson (2003); Scott Wilson (2005); Jimmy Womack (2003); Dick Yates (2006); Steve Zabel (1995); 1924 Windsor High School Boys’ Basketball Team and 1957 Mead High School Boys’ Basketball Team.

Members of the CHSAA Hall of Fame Selection Committee include: Dick Katte (chair, Denver Christian); Larry Bull (CCSD); Judy Hildner (Pueblo Chieftain); Robert Jefferson (Adams City); Rob Larson (Fort Collins); Virginia Lorbeer (CHSAA HOF); Becky Mudd (CHSCA); Jodi Reinhard (Standley Lake); and Denny Squibb (Fruita Monument); CHSAA staff liaison is Assistant Commissioner Bert Borgmann.

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A great source of sports specific information is the CHSAA’s own website, which is loaded with all the administrative information you need for the season. The [www.chsaa.org](http://www.chsaa.org) website. On this site, you will find bulletins, CHSAA Constitution and By-laws, playoff information and much more.

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Coaches often ask how they can affect the CHSAA committee process related to their sport. The key to being involved is to be aware of:

1. Know when your sport’s advisory committee meets;
2. Make contact with your sport’s CHSAA staff liaison and discuss your concerns or suggestions with that person;
3. Know the Board of Control dates where your sport’s committee report will be reviewed and voted on; and,
4. Talk with your sport’s classification committee member prior to the committee meeting if you have some issues that need to be addressed.

You are always welcome to attend your sports committee meeting. Please contact the committee chair or CHSAA staff liaison to let them know that you will be in attendance.

Although committee report can be amended at the Board of Control, the most effective manner in which to make your concerns known is to communicate those ideas prior to the committee developing its final report.

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Have a great season and please contact us if we can be of any assistance.

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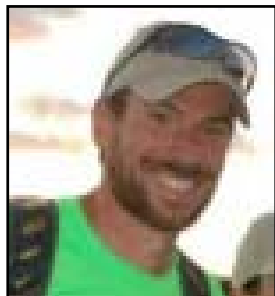


# CONGRATULATIONS

# TO OUR CHSCA MEMBER FALL STATE CHAMPIONS!



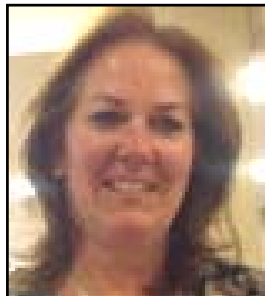
Member coaches as of December 1, 2012



Jonathan Dalby  
Mountain Vista HS  
Boys Cross Country



Doug Hugin  
Coronado HS  
4A Boys Cross Country



Sharon Eberhard  
University HS  
3A Boys Cross Country



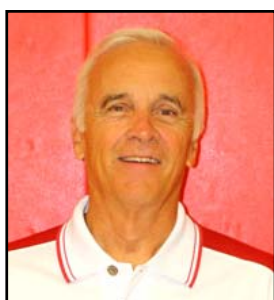
Mark Roberts  
Lyon HS  
2A Boys Cross Country



Alan Versaw  
The Classical Academy  
4A Girls Cross Country



David Good  
Holy Family HS  
3A Girls Cross Country



Kelly Cowan  
Hotchkiss HS  
2A Girls Cross Country



Brent Vieselmeyer  
Valor Christian HS  
5A Football



Mike Apodaca  
Silver Creek HS  
3A Football



Scott Yates  
Kent Denver HS  
2A Football



Brandon Milholland  
Cedaredge HS  
1A Football



Robert Schafer  
Hoehne HS  
8 Man Football



Hardy Kalisher  
Boulder HS  
5A Boys Soccer



David Cope  
Battle Mountain HS  
4A Boys Soccer



JC Pritchard  
Colorado Academy HS  
3A Boys Soccer



DJ Johnson  
Pueblo South HS  
4A Boys Golf



Michelle Woodard  
Strasburg HS  
3A Softball



David Barkely  
Cheyenne Mountain HS  
4A Volleyball



Rene Aafedt  
Valley HS  
3A Volleyball



Alicia Oates  
Lutheran HS  
2A Volleyball

# FROM THE Sports Presidents

## SOCCER

**Theresa Echtermeyer**  
**Mountain Vista HS**



Dear Coaches,  
Thank you to all the boys' coaches who attended the All State Meeting in November. A

quick reminder to everyone that if you are not receiving emails from Justin Stephens regarding All State Meetings, All State Games and Coaches clinics, we need to get an updated email address from you. If you are not receiving these emails please send Justin your current email; [jstephen@psdschools.org](mailto:jstephen@psdschools.org) or email me at [theresaechtermeyer@comcast.net](mailto:theresaechtermeyer@comcast.net).

Congratulations to our State Champions and COY winners for the Fall 2012 season;

3A State Champs Colorado Academy, Coach JC Pritchard

4A State Champs Battle Mountain HS, Coach Dave Cope

5A State Champs Boulder HS, Coach Hardy Kalisher

The CHSCA Coaches of the Year Awards for 2012

3A Arty Smith - Kent Denver HS

4A Dave Cope - Battle Mountain HS

5A Kersten Mullan - Smoky Hill HS

All Classifications COY - Dave Cope - Battle Mountain HS

NSCAA COY Award Winners for 2012

Private School - JC Pritchard - Colorado Academy HS

Small School (3A/4A) Dave Cope - Battle Mt. HS

Large School (5A) - Hardy Kalisher - Boulder HS

We also have several coaches who have just been named Regional Coach of the Year by the NSCAA. This is a great honor and we are lucky to have these talented and committed coaches working here in Colorado.

NSCAA Region VII Coaches of the Year

Girls Small Public HS - Nancy Sibley - Air Academy HS

Boys Private/Parochial - JC Pritchard - Colorado Academy HS

Boys Public Large School - Hardy Kalisher - Boulder HS

Quick reminder to all of our Coaches that the boys and girls All State Game will be played on Wednesday, June 26th at District 20 Stadium (Liberty High School). Girls 6:00pm - Boys 8:00pm.

Best of luck to everyone for the spring season!

Congratulations Bill Reader - 2012 Tracy Fifer Honor Award Recipient

Bill Reader was the recipient of the 2012 Tracy Fifer Award for Long-term Achievement. Bill was instrumental in bringing high school soccer, especially the State Championships, to the level of organization and popularity it is today. In 1987 Bill became the CHSAA Commissioner while also serving as the soccer liaison between CHSAA and CHSCA from 1987 until 1995. Bill served in his role as CHSAA Commissioner until his retirement in 2010. Bill was also on the Board of Directors for the National Federation of State High School Sports, serving as its President from 2003-2007. Bill was a champion for all sports but was instrumental in helping implement big improvements to the high school playoff and seeding formats. He also helped with moving soccer playoff dates and venues, thus making high school soccer playoffs more assessable and exciting for the fans and the athletes. Quotes you would often hear about Bill include; "He was willing to listen to the coaches and their input on improving the game. Bill was very fair." "He was an advocate for all players and coaches."

Thank you Bill for your service and for all you have done to help improve high school soccer in Colorado. Our administrators, coaches and student athletes are forever grateful!

## VOLLEYBALL

**Derek Herbert**  
**Fleming High School**



John Quincy Adams once said, "If your actions inspire others to dream more, learn more, do more, and become more, you are a

leader." I also think that if you embody this quote, you are a coach and I want to say thank you to the coaches for all you did during the last several months to benefit our youth. You provide more than just volleyball knowledge, you make our youth dream more, learn more, do more and become more than they ever thought they could. You have put in many hours of hard work and now it is time to celebrate the end to the season and with this issue of Colorado Coach we want to celebrate some great accomplishments from this past season.

**Congratulations** to all the coaches of State Championship Teams for bringing excellence and outstanding sportsmanship to our sport this past season.

**1A – Weldon Valley – Jerry Spooner**

**2A – Lutheran – Alicia Oates**

**3A – Valley – Rene Aafedt**

**4A – Cheyenne Mountain – David Barkley**

**5A – Doherty – Tara Hittle**

We had a new format for the state tournament this year with 12 teams able to qualify. It was fun to see more schools and teams competing and the competition was great. The state tournament is such an amazing venue to watch volleyball. There are so many fantastic teams to see in all five classifications and as a spectator there is always a competitive match to watch. With five courts going at the same time, there is never a dull moment.



I could not attend because we were playing, but thank you to everyone that joined us in the hospitality area. Several coaches said it was nice to get together with such talented people and just talk and relax. Extra thanks needs to go out to Thomas Southall from Cherokee Trail for manning the hospitality area during the tournament. I also want to give a special thanks to the ball shaggers from St. Vrain School District. They do such a great job keeping the tournament running smoothly and I had the joy of doing the chicken dance with several of them before the first match on Saturday, so I can tell you firsthand they are pretty awesome dancers as well.

**Congratulations** need to go out to **Shana Benson** from Gunnison for being selected our 2012 Colorado Coach of the Year. We also want to congratulate **Chris Sweeney** from St. Mary's for being selected our 2012 Assistant Coach of the Year.

This year at the state tournament we gave out two special awards, the Horizon and the Pioneer Awards.

**Congratulations** to **Caleb Howard** from Resurrection Christian for winning the 2012 Horizon Award. Caleb has been the head coach at Resurrection Christian High School for the last seven years. His teams have earned a state runner-up trophy and have amassed a 138 and 43 record over those years. He loves coaching and has been coaching volleyball in some capacity since graduating from high school; coaching at the middle school, high school, and club level for both boys and girls teams. Caleb is also a math teacher at the school and enjoys the chance to build relationships with the students and athletes every day. He is thankful for the opportunity that high school sports offer to teach the athletes about teamwork, selflessness, and dedication. His volleyball

team just qualified for the state tournament for the fourth time.

Caleb states, "I am very thankful for the many people who have contributed to the success of this program. This award definitely reflects the efforts of the entire coaching staff from middle school to varsity. I am thankful for athletes and families who are willing to put the success of the team over individual achievements. I appreciate the camaraderie with the other volleyball coaches around the state and all that I have been able to learn from them. I especially want to thank my wife and kids who are so supportive of all the time and passion that I pour into this program. I strive to impact the next generation and to glorify God in everything that I do as a coach and teacher."

**Congratulations** to **Bonnie Wallin-Kuntz** from Otis for winning the 2012 Pioneer Award. Bonnie began coaching in Northeast Colorado 26 years ago. For the last 23 years she has been the head volleyball coach at Otis. During that time, Bonnie's teams have compiled a record of 460 wins and 142 losses. This year Otis is competing in their eighth straight state tournament under Bonnie's leadership. During her career Otis has won four 1A state championships and was runners-up twice as well. They have also been league champions 14 times during that stretch. Bonnie has earned the 1A coach of the year several times and was the CHSCA All-Colorado Coach of the year in 1998 & 2009. Also in 2010, she was a Finalist for the National Coach of the Year Award. She was the CHSCA volleyball president for Colorado and has been a great mentor for many coaches throughout the state.

Bonnie states: "I would like to thank my family, coaching staff, all of my present and former players. I would also like to give thanks to the Otis community and

parents for all of their support over the years. I am truly grateful for this award. The State of Colorado is full of great coaches and I am honored to have my name among them."

The All-State Summer Games volleyball player selections have been made and players notified. Please help us get your player commitments in and verified as soon as possible. All forms to be filled out can be found on the CHSCA website. Your athletes will then be drafted to one of four teams for the summer games to be held in early June at Adam's State in Alamosa, CO. Please keep checking the website for further updates on the games.

Now that the season is over, I hope that all of you can enjoy a little down time and relax. You have been working extremely hard and deserve the chance to spend some quality time with family and friends. I hope you have a Merry Christmas and a great holiday season.

## **BOYS' BASKETBALL**

### **Ryan Voehringer**

#### **Valley High School**



Coaches,  
By the time you read this, you will be well underway into the new basketball season. I hope all is going well and I wish good luck to all of you.

With the start of the new two-year cycle, some of you are in new leagues and classifications. If this involves you, I hope the transition goes well for you. As it does every season, Colorado high school basketball will offer plenty of excitement during the season throughout all classifications.

Make sure that you are reporting results of all varsity games to Max Preps. CHSAA will be using Max Preps to seed for the playoffs. Max Preps also does a great job in providing availability to players,

# FROM THE Sports Presidents

parents, and college coaches to your program.

Just a reminder that practice over Christmas vacation is allowed, but you can not make it mandatory for your players. You may have practice beginning Friday, December 28, Saturday 29th and Monday the 31st. You may begin mandatory practices again on January 2.

I am in the beginning stages of preparing for the 2013 clinic and would appreciate any input you may have on ways to improve the clinic. If you have any thoughts or ideas on who we can bring in as guest speakers, please feel free to share those as well. If you are interested in speaking, please let me know.

Selection for the all-state game participants to be held in June in Alamosa is TBA. I will be sending out guidelines for selection and nomination forms to league representatives in early February, 2013. The nomination form will also be on our website after the first of the year. All nomination forms need to be returned to me by

Sunday, March 3, 2013, to [voehringerr@weld-re1.k12.co.us](mailto:voehringerr@weld-re1.k12.co.us).

Coaches, if you know of any coaches or have coaches on your staff who are not members of the CHSCA, please inform them what a great organization it is, and how it would benefit them to become a member. You can find all information regarding the coaches association on the web site including dates for all of our events and dues forms. The address for the web site is [www.colohsca.org](http://www.colohsca.org). Again, the best of luck this season and I hope to see you on the hardwood sometime this winter.

## SPIRIT

Virginia Lorbeer



### SPIRIT IS A SPORT IN COLORADO and SPIRIT COACHES ARE COACHES!

To cheerleader and dance coaches -- As coaches, we all have to look at our responsibilities as any other athletic coach -- we are no less responsible for her/his team than a coach is to his athletic team. The groups need direction, guidance, and firm and fair control.

In building school spirit, the cheerleader/dance coach has to have enthusiasm, pride, leadership, and dedication to instill into her teams these very important aspects in trying to build the school spirit, pride, and cohesiveness. She/he needs to be identified not only with the school but also with the community. A cheer/dance coach needs to be consistent in standards for the organization and she/he needs to be creative in trying to help the teams build new ideas for school spirit and pride.

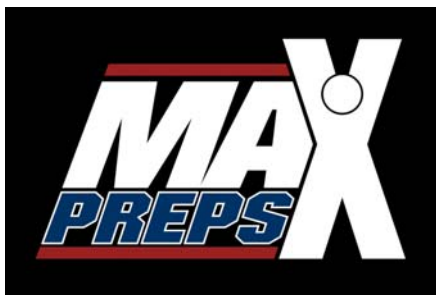
The young people are now asking and looking for guidance and direction. As a coach, you can give these to them. Communication is a key word in working with the cheerleaders, parents, faculty, and administration. Keep people informed as to what is going on and when. Ideas that you, as a coach can do to keep the lines of communication open are folders for the athletes which consist of rally schedule, calendar of events, practice schedule, fundraising events, telephone numbers, and e-mail addresses. Give the faculty and administration folders with a pep rally schedule and calendar of events. Prior to tryouts have a parent meeting so that the parents will understand the obligations and responsibilities that their daughters/sons will assume if they are selected to the team (financial, practices, camps, fundraising, and eligibility). Following tryouts, have another meeting

with the parents to again explain the financial obligations, eligibility, and attendance at games, practices and what you as a coach expect from your team and what you will do to help them succeed. Show appreciation to your athletes for the work that they have done and continue to do. THANKS is a very important word to and for everyone. A coach of any athletic team doesn't send a team to practice or to a game without him/her. It's not only your job but it should be important to you to want to be where your team is performing and practicing. If you are not present at practice and at games where cheerleaders are stunting, there is also the legal liability involved. You and the spirit groups have no season -- it's a year-round job and responsibility. You see, as a coach, I always believed that my teams were the best in the city and state and by my attending games, meetings, and activities; it showed them "I did care!"

As a coach, not only is your responsibility to be supportive and a knowledgeable coach, but you also have a professional responsibility:

- . To be current on all rules -- CHSAA and National Federation
- . To attend mandatory rules clinic
- . To attend a concussion session and take the CHSAA concussion test
- . To take the CHSAA coaches' test
- . To be current on your CPR
- . To be educated on the latest dance moves and cheer stunts
- . To meet all deadlines
- . To communicate with your AD, parents, staff, and your team
- . To know the eligibility rules and to be sure that your athletes are eligible
- . To teach and show sportsmanship
- . If you don't know, ask
- . We are now a sport, so much is expected from you, the coach!

Last but by no means least is to "believe in your team, your school" because to you they should be the very best that is in the league, city, and state. Support them, believe in them, and be proud of them. After all, you as a coach are many times a substitute parent to these young adults.





They need you and they believe in you. If you do all of these, you will earn the respect of your team, your school, and your community. In closing, may I leave you with this saying which I have tried to live by when I'm working with my squad and in my everyday life.

The purpose of life is not to be happy, it is to be useful

To be honorable, to be compassionate

To have it make some difference

That you have lived and have lived well.

You as a coach, represent the spirit and pride that the school, community, and team are looking for. Be proud, be enthusiastic, and be YOU!

## **WRESTLING**

### **Keith Wollert**

#### **CHSCA Sponsored CWCA Coaches Clinic a Big Success**

The annual CHSCA sponsored CWCA coaches' clinic was held at the Ameristar Casino, Resort and Spa in Black Hawk, Colorado on November 2-3.

Coaches remarked that the clinic was great. All coaches who attended had nothing but praise for the Clinicians, their Presentations, and the way in which the clinic was organized. Our thanks to the Vendors and Sponsors who helped offset our costs.

The clinic began with past Olympic USA wrestling team assistant coach Mike McArthur who was also a three time All-American wrestler at the University of Minnesota. Mike presented the technique of mat strategies while stressing how important it is not to put too much pressure on your athlete.

Matt Padgett spoke on behalf of youth wrestling and for the makings of a successful program. Matt stressed the need to have qualified coaches in order to assure that youth wrestlers enjoy the sport without feeling pressured while at the same time developing their skills in

becoming a successful wrestler in High School.

Mike Moyer, Executive Director of the National Wrestling Coaches Association, talked about OPC improving on communication and his availability to help coaches via phone calls or emails. The NWCA's goal for OPC's wrestlers and coaches is to get more exposure at the State and National levels. Mike also stated that entering your stats during the match on OPC would be a lot easier even though internet availability may be an issue in some gyms.

Charlie White, who coached 9 Colorado High School State Championship teams, entertained the coaches with trivia dating back to the early nineteen hundreds. His session on how to improve your coaching skills was highly received. He believes that he could have achieved four more Colorado State titles if he would have put less pressure on his athletes. He confessed that his biggest mistake was that his tension caused his wrestlers to feel even more pressure. He said, "Build your wrestlers to have confidence through the season and have them prepared before the state tournament. Your athlete has enough pressure and if the coach is being too tense, your athlete will feel this added pressure. Don't do that. If a coach is relaxed your athlete will feel the vibes, resulting in your athlete feeling more confident. Make wrestling fun, believe in each other and good things will happen. This is not an easy thing to accomplish so make it your priority." Thank you Charlie, for giving coaches this great advice.

Scott Tarbox, who is a highly respected wrestling official representing CWOA, discussed the new rules and interpretations followed by a question and answer session with the coaches. Well done Scott thank you.

Harry Waterman, CHSAA Assistant Commissioner, stressed that coaches need to know rules and regulations for the upcoming year. Harry concluded his session with questions and answers. This portion of this session is very important in developing a stronger bond of communications between our Coaches and our governing body, known as CHSAA.

Conrad Parra, Past CWCA President introduced a proposal to change our present point system to allow more dual meets in our High School Schedule.

Joe Pereira, Head Coach at Broomfield High School and who represents CUSA Wrestling, discussed how CUSA has affected a major turnaround on the administration board. They now have direction and Leadership which has been missing for some time. The rules of freestyle and Greco have changed so much that coaches are not feeling confident to coach or attend distant tournaments. CUSA would like to see Folk Style and Freestyle begin working together. The idea of state wide training centers as a convenience for wrestling programs was a topic of discussion. This vision of the new CUSA Board sounds promising. Thank you, Joe for your input.

We were honored to have Les Guthes, a two time National Champ from Oregon and who is currently coaching at the Olympic Training Center. Les also won the Dan Hodge trophy, Outstanding Wrestler and NCAA National title all in 1996. Not many have received this recognition. Les is a legend in our sport. Mike McArthur and Les want to work together with me, your CWCA President, to combine our two clinics. This would be a step up for our wrestling programs. Les spoke also about coaches and parents putting less pressure and allowing their athletes to love the sport of wrestling. This was followed by a session of

# FROM THE Sports Presidents

wrestling technique tips. Thank you Les for your informative presentation.

Our keynote speaker was Joe Leblanc, who was a three time Colorado State Champion from Meeker and a four time All-American for the University of Wyoming and who is now an assistant coach for the Indiana Hoosiers under the guidance of another Colorado standout Duane Goldman of Cheyenne Mountain. Joe and Duane made wrestling history for Colorado which only took 26 years to accomplish! They are the only two wrestlers from Colorado to become four time Division 1 NCAA All-American and now they are coaching together at Indiana University. Every coach at the clinic agreed that Joe has a bright future in Coaching. Joe spoke with confidence and gave our coaches superb technique tips. Joe brought up the fact that Colorado wrestlers who have attended Division 1 Universities and who are currently attending Division 1 Universities, and who have become All-Americans, are now currently ranked 9<sup>th</sup> in the nation. Joe you did a fantastic job.

The business meeting went well with discussion on when and where next year's Coaches Clinic will to be held. Our contract with Ameristar ends this year. Most coaches would like to come back to Ameristar but costs and attendance will determine a venue that we can afford but still provide special accommodations for our coaches and rewarding them for their hard work. Great venues are nice but great clinicians should also be our priority. Attendance at these clinics will help us become better coaches. The conflicts of the Monster Mash Tournament and the beginning of the College Wrestling

season the first weekend in November, forces us to schedule our Coaches Clinic a month or so earlier. The venue and date will be announced later.

Officers of CWCA were elected. Keith Wollert was unanimously elected to the office of CWCA President for another term. Keith has served four years as CWCA Vice President and two years as President. There were three candidates nominated for Vice President. They were Rod Padilla of Chaparral, John Faczak of Bennett and Bill Barron of Woodland Park who is retired now. Congratulations to our new Vice President Bill Barron.

Many thanks to our Clinic Director, Dr. Rick Bettger, for all of his time and work that went into making the fall clinic so great.

## **GIRLS' BASKETBALL** **President Jeff Beatty** **Mesa Ridge High School**



For my first article for the Colorado Coach, I thought I would address one of the toughest decisions that a coach has to make: cutting players. Most of us coaches probably have that same kid in class. Our program expanded to 4 teams 6 seasons ago, and I appreciate the opportunity that it gives us to keep kids that may not be skilled enough to make our JV and Varsity teams, while increasing the opportunities for freshman to play up. The scheduling for that 4<sup>th</sup> team can be time consuming. I usually put on JV in some 3A and 4A

Varsity games and tournaments to open up games for our JV2 to play some league games.

At the same time we are keeping more kids actively playing basketball. Every year in our league we have to fill JV and C games in league due to teams being dropped due to low numbers. What is drawing players away from basketball? When I ask around, the main outside draw on girls is club volleyball. If that is the case I sure wish that we could figure out a way to make both work.

One of my proudest observations is watching a player that was kept on the extra team be recruited and offered scholarships for her basketball ability. One of my seniors this season is such a player. It is nice to see when a kid like her decides to put in all the hard work necessary to achieve so much when her skill set was that of a novice player just 2 years ago. The 4<sup>th</sup> team also allows us to keep a player that basketball will be a savior in a sense that it keeps them focused on the right things, when otherwise the same player may not have had the opportunity to stay in the program. I believe that a kid should have the opportunity to experience as many positive activities as possible while they are in sc



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# Coaches- check the NCAA ELIGIBILITY

## Are you aware of the changes made by the NCAA regarding eligibility for student/athletes?

Beginning **August 1, 2013**, student/athletes considering a **Division II** school for an athletic scholarship, here is what you need to know regarding your required CORE classes:

### **MUST complete 16 CORE classes:**

- . 3 years of English
- . 2 years of math (algebra 1 or higher)
- . 2 years of natural or physical science (including one year of a lab science)
- . 3 extra years of English, math, or natural or physical science
- . 2 years of social science
- . 4 years of extra core courses from any of the above or foreign language
- . Earn a minimum required grade-point average 2.0 or better in your core courses
- . Earn a combined SAT score of 820 (critical reading and math only) or a combined ACT sum score of 68.

What is different? Previously, a student/athlete only had to complete 14 CORE classes and now he/she must complete **16 CORE** Courses.

The initial-eligibility standards for NCAA Division I college-bound student/athletes are changing. College-bound student/athletes first entering a **Division I** college or university **on or after August 1, 2016**, will need to meet new academic rules in order to receive athletic aid (scholarship), practice or compete during their first year.

**Full Qualifier:** A college-bound student/athlete may receive athletic aid (scholarship), practice, and compete in the first year of enrollment at the Division I College or university.

### **Academic Redshirt:**

A college-bound student/athlete may receive athletic aid (scholarship) in the first year of enrollment and may practice in the first regular academic term (semester or quarter) but may **NOT** compete in the first year of enrollment. After the first term is complete, the college-bound student/athlete must be academically successful at his/her college or university to continue to practice for the rest of the year.

**Nonqualifier:** A college-bound student/athlete cannot receive athletic aid (scholarship), cannot practice and cannot compete in the first year of enrollment.

Here are the new requirements (after August 1, 2016):

### **Full Qualifier must:**

1. Complete 16 core courses (same as in the past)
  - . **Ten** of the 16 core courses must be completed **before the seventh semester** (senior year) of high school
  - . **Seven** of the 10 core courses must be in English, math, or science
2. Have a **minimum** core course **GPA of 2.300**
  - . Grades earned in the 10 required courses required before the senior year are “locked” in for purposes of GPA calculation.
  - . A repeat of one of the “locked in” courses will not be used to improve the GPA if taken after the seventh semester begins.
3. Meet the completion sliding scale requirement of GPA and ACT/SAT score (this is a new scale with increased GPA/test score requirements); and
4. Graduate from high school.

### **ACADEMIC REDDSHIRT must:**

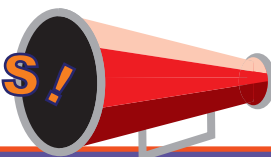
1. Complete 16 core courses (same distribution as in the past)
2. Have minimum core-course GPA of 2.00
3. Meet the academic redshirt sliding scale requirement of GPA and ACT/SAT score, and
4. Graduate from high school.

### **OFFICIAL TEST SCORES:**

Test scores must **be reported directly** to the Eligibility Center from the ACT or SAT. Test scores will **NOT** be taken off transcripts or from a student score report. When the student registers for the SAT or ACT, remind him/her to include **the Eligibility Center code of 9999** so the test comes directly to the Eligibility Center at no extra charge. Remember....if a student takes the SAT or ACT multiple times, NCAA rules require that all scores must be reported to the Eligibility Center.

Eligibility center website is:

[www.eligibilitycenter.org](http://www.eligibilitycenter.org)



★ **BOYS BASKETBALL** ★ **VOLLEYBALL** ★ **FOOTBALL** ★ **WRESTLING** ★

# **COLORADO ALL-STATE GAMES**

★ **FOOTBALL** ★ **WRESTLING** ★ **SOFTBALL** ★ **GIRLS BASKETBALL** ★

*For questions regarding  
college credit contact:  
Dr. Rick D. Bettger :  
970.879.1592  
pine903@aol.com*

**Coaches  
may earn**

**1-3  
CREDITS**

***in the  
following ways:***



**DATES : June 4-8, 2013**  
**LOCATION: Adams State University**



**Girls' Softball Wednesday, June 5, 2013**

**Adams State University  
Grizzly Softball Field**

**Football Friday, June 7, 2013**

**Adams State University  
Rex Field**

**Volleyball, Wrestling &  
Girls' & Boys' Basketball**

**Saturday, June 8, 2013**

**Adams State University**

***Coaching at the games and completing assigned  
college course curriculum requirements.***

***Attending games with your student athletes.***

***Attending games--participating with  
other coaches in a mentor/mentee  
relationship.***

***College credit earned will be based  
on course work, and hours  
completed.***

**FOR INFORMATION:**

**FALL SPORTS: Ed Eastin or Eric McRea**

**WINTER SPORTS: Randy Earl**

**All State Games e-mail at: [allstate@colohsca.org](mailto:allstate@colohsca.org)**





# ALL STATE GAME SOFTBALL SELECTIONS

Player	School	Coach	Player	School	Coach
Allison Anderson	Vista Ridge	Summer Coombs	Liberty Nelson	Frederick	Roger Dufour
Taryn Arcarese	Discovery Canyon	Tanya Ramsay	Claire Nibbe	Erie	Bob Bledsoe
Nickie Blue	Niwot	Bobby Mathews	Amanda Ochoa	Erie	Bob Bledsoe
Addie Coldiron	Loveland	Mike Felton	Corin Panozzno	Mullen	Tony Lopez
Courtney Davis	Strasburg	Michelle Woodard	Bekka Prokaski	Legacy	Dawn Gaffin
Hannah Gonzales	Pueblo Central	Larry Romero	Cassidy Smith	Loveland	Mike Felton
Shelby Hetzel	Discovery Canyon	Tanya Ramsay	Megan Valdez	Pueblo South	Gene Maio
Haley Hutton	Valley	Kevin Miles	Kaydee Valliere	Discovery Canyon	Tanya Ramsay
Lindsey Karlin	Berthoud	Teresa Alba	Brooke Wakefield	Rock Canyon	Debbie Kortbawi
Taylor Kigerl-Hill	Eaglecrest	Yvette Hendrian	Brittany Younan	Fossil Ridge	Dave Philop
Daniella Maestas	Pueblo East	Ben Garcia			
Lexi Martindale	Pueblo South	Gene Maio			
Rebecka Mintz	Chatfield	Nicole Janssen			
Nicole Montoya	Pueblo South	Gene Maio			

## Coaches

Larry Romero	Pueblo Central
Gene Maio	Pueblo South
Summer Katzoff	Elizabeth

# ALL STATE GAME VOLLEYBALL SELECTIONS

<u>1A</u>	<u>Coach</u>			<u>4A</u>	
Hailey Covelli	Weldon Valley	Jerry Spooner	Natalie Bulen	Durango	Robin Oliger
Kelsea Eskew	Weldon Valley	Jerry Spooner	McKenna Franzen	Durango	Robin Oliger
Lyndee Johnson	Pawnee	Marcy Konig	Callie Gafford	Delta	Renee Cronenburg
Teri Johnson	Wiley	Audrey Bauer	Hannah Ikleler	Green Mountain	Kelly Morrison
Taylor King	Fleming	Derek Herbert	Clara Koetzow	Valor Christian	Lars Nielsen
Rachel McCracken	Weldon Valley	Jerry Spooner	Grace Neal	Mesa Ridge	Francis Calar
Morgan Norris	Weldon Valley	Jerry Spooner	Serina Nickle	Coronado	Don Lash
Emily Palser	Otis	Bonnie Wallin-Kuntz	Kira Nielander	Evergreen	Katie Ryan
Sophia Proano	Community Christian	Krista Solomon	Mikaela Richardson	Glenwood Springs	Susan Ryan
Hanna Yahn	Caliche	Jeanett Lambrecht	Cat Stevenson	Lewis-Palmer	Susan Odenbaugh
<u>2A</u>				<u>5A</u>	
Marilyn Alexander	Simla	Susan Snyder	Cat Denny	Grandview	Patty Childress
Laura Beach	Lutheran	Alicia Oates	Ryan Hoerdemann	Arapahoe	Cara Seyers
Ellen Edgerton	Vail Mountain	Mike Garvey	Micayla Lansing	Bear Creek	David Youngblood
Jessica George	Simla	Susan Snyder	Amanda Maestas	Rangeview	Larry Deffenbaugh
Taylor Mansfield	Rye	Tammy Van Oort	Katie Pyles	Heritage	Alyssa Ledingham
Sidney Merrill	Akron	Lindsay Gilbert	Abby Shelton	Chaparral	T.R. Ellis
Kenzi Mitchell	Simla	Susan Snyder	Allison Walker	Rangeview	Larry Deffenbaugh
Jordyn Sturms	Lutheran	Alicia Oates	Liz Wanek	Fort Collins	Lindsey Kerr
Allyson Vasquez	Akron	Lindsay Gilbert	Katie Weber	Greeley West	Tabatha Godoy
Sarah Wontrobski	Telluride	Fawnda Rogers	Amanda Wronkoski	Greeley West	Tabatha Godoy
<u>3A</u>			<u>Coaches</u>		
Courtney Chacon	Valley	Rene Aafedt	Fawnda Rodgers	Telluride	
Tyler Chrisman	Sterling	Lisa Schumacher	Melissa Sweeney	St. Mary's	
Brynn Eckhardt	Valley	Rene Aafedt	Chris Sweeney	St. Mary's	
Megan Gianinetti	Roaring Fork	Carrie Schultz	Renee Cronenburg	Delta	
Meghan McGee	Manitou Springs	Carol Benedict	Larry Deffenbaugh	Rangeview	
Rachael Morales	Platte Valley	Jared Rudiger	Mike O'Dwyer	Assistant Coach	
Jen Phelps	Bayfield	Kelly Rifilato	Chris Coppa	Assistant Coach	
Abby Reinick	Platte Valley	Jared Rudiger			
Danielle Rodriquez	University	David Smith			
Bria Sweeney	St. Mary's	Melissa Sweeney			

# ALL STATE GAME FOOTBALL SELECTIONS

## NORTH

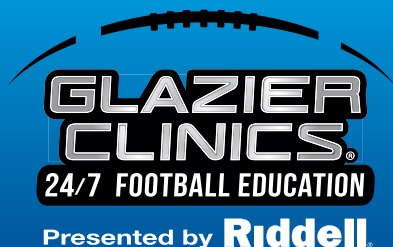
Player	School	Coach
Dustin Rivas	Horizon	Frank Ybarra
Jake Hanks	Fort Collins	Eric Rice
Jeff Tootle	Aurora Central	Taylor Calvert
Zack Golditch	Gateway	Justin Hoffman
Spencer Svejcar	Ralston Valley	Matt Loyd
Jakob Buys	Ralston Valley	Matt Loyd
Forrest Wetterstorm	Longmont	Joe Doug Johnson
Joe Sanger	Windsor	Chris Jones
Sean Glenn	Windsor	Chris Jones
Paris Salas	Golden	Mike Joseph
Colin Hart	Monarch	Phil Bravo
Cody Davis	Fort Morgan	Harrison Chisum
Damasjae Currington	Englewood	Jay Graves
Robert Fulton	Northridge	Jeff Fulton
Jakob Bernhardt	Roosevelt	Noland Eastin
Pedro Anderson	Erie	Larry Gartrell
Jakob Vargas	Frederick	Thad Lear
Cody Marvel	D'Evelyn	Jemery Bennett
Austin Balbin	D'Evelyn	Jemery Bennett
Don Fuller	Conifer	Larry Fitzmaurice
Caleb Copeland	Bennett	Rick Jacoby
Chantz Tanner	Kent Denver	Scott Yates
Austin Ekeler	Eaton	Bill Mondt
Matt McNear	Sterling	Mark Bauder
Trent Sieg	Eaton	Bill Mondt
Henry Southway	Middle Park	Troy Schmidt
Taylor Barton	Faith Christian	Blair Hubbard
Cade Reinick	Wray	Levi Cramer
Jake Robl	Platte Canyon	Mike Schmidt
Carter Wasser	Cedaredge	Brandon Milholland
Reed Christensen	Akron	Brian Christensen
Trevor Chintala	Fleming	John King
Jordan Radebaugh	Northglenn	Scott Gallas
Devin Martin	Brighton	Pat Sandoval
Tyler Stemky	Broomfield	Gary Davies
Dillon Jones	Platte Valley	Troy Hoffman
Andrew Blum	Windsor	Chris Jones
Daniel Kubislek	Holy Family	Mike Gabriel
Conner Skelton	D'Evelyn	Jeremy Bennett
Spencer Urban	Roosevelt	Noland Eastin
Nate Alexander	Fort Morgan	Harrison Chisum
Anthony Smith	Brighton	Pat Sandoval
<b>Coaches</b>		
Mike Gabriel	Head Coach	
Harrison Chisolm	Assistant Coach	
Jeremy Bennett	Assistant Coach	
Andy Yost	Assistant Coach	

## SOUTH

Player	School	Coach
Tahj Willingham	Cherry Creek	Dave Logan
Matt Barden	Cherokee Trail	Monte Thelen
Chris Hill	Mountain Vista	Ric Cash
Jake Hand	ThunderRidge	Joe Johnson
Patrick Healy	Mullen	Tom Thenell
Brian Mayberry	Columbine	Andy Lowry
Anthony Davis	Fountain - Fort Carson	Mitch Johnson
Jon Wilson	Heritage	Mike Griebel
Vince Grasson	Fruita	Mulvey Sean
Blake Alexander	Montrose	Todd Casebier
Pete Williams	Denver South	Tony Lindsay Sr.
Deion Trejo	Wheatridge	Reid Kahl
Brandon Cartagena	Vista Ridge	Les Johnson
Corry Williams	Ponderosa	Jamie Woodruff
Chris Fox	Ponderosa	Jamie Woodruff
Derrick Jackson	Pueblo West	Monte Pinkerton
Diego Rojas	Pueblo West	Monte Pinkerton
Austin Douglas	Canyon City	Tom O'Rourke
Dillon Meserve	Pueblo County	Jeff Wilson
Thomas Carcena	The Classical Academy	David Bervig
Josh Knotek	Coronado	Bob Lizarraga
Jack Palmer	Discovery Canyon	Shawn Mitchell
TJ Pazell	Bayfield	Gary Heide
Austin McMenimen	Bayfield	Gary Heide
Stephan Padilla	Grand Valley	Mike Johnson
KC Quarry	Manitou Springs	Dan Gieck
Chris DeAngelis	Trinidad	Randy Begano
Brian Shaw	Trinidad	Randy Begano
Shadron Wenta	Monte Vista	Jim McAulliffe
Chandler Dole	Limon	Mike O'Dwyer
Koby Close	Buena Vista	Matt Flavin
Daniel Carr	Buena Vista	Matt Flavin
Cody Friend	Florence	Mark Buderus
Ty McCulley	Pueblo Central	Zach O'Dell
Brayton Medina	Mesa Ridge	Rob Braaten
Garrett Zimmerman	Cherokee Trail	Monte Thelen
Ryan Moeller	Rifle	Damon Wells
Andy Armstrong	Eagle Valley	John Ramunno
Austin Tribble	Glenwood Springs	Rocky Whitworth
Terrell Stafford	Walsh	Ronny Tate
Alerto Gutierrez	Kit Carson	Jim Trahern
Colton Fries	Rock Canyon	Tom Lynch
<b>Coaches</b>		
Zach Odell	Head Coach	
Matt Flavin	Assistant Coach	
Mike O'Dwyer	Assistant Coach	
Chris Coppa	Assistant Coach	

ALL STATE GAME –June 7, 2013 at A.S.U.





# 2013 Denver Glazier Clinic



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## ***Do you have a future Paralympian in your school?***

USA Paralympics needs your help to identify and train HS Paralympic qualified athletes. We currently have seven High School athletes who competed in the 2012 London Games. Athletes that came out of their HS programs and onto the World stage in front of 80,000 Paralympic fans. In 2013, we would like to identify more athletes to participate in Paralympics.

Teamwork, Goal setting, Self-discipline... all of those great athletic benefits work just the same for a Paralympic qualified athlete.



### **Visually Impaired**

- Athlete will be legally blind- totally blind to limited vision
- Paperwork can help verify if they qualify for Paralympics



### **Intellectually Impaired**

- IQ must be 75 or less to qualify
- Competes in three events-- 1500, Long Jump and Shot



### **Cerebral Palsy/Traumatic Brain Injury**

Athlete will have an arm that is permanently crooked or have a different type of walking gait (walk only on toes). Typically affects an arm and leg on the same side with varying degrees. Athlete might be in a Wheelchair depending on balance.



### **Dwarves and Amputees**

- Amputees in all forms-- arms (above the wrist), single legs, double legs, below the knee, above the knee



### **Spinal Cord Injury and Spina Bifidia**

- Athletes in Wheelchairs--- they can race in racing chairs and throw out of throwing chairs or their day chairs.

**For more information see our webpage at: <http://www2.teamusa.org/US-Paralympics/Sports/Track-and-Field.aspx> or email: [Cathy.Sellers@usoc.org](mailto:Cathy.Sellers@usoc.org).**

**Here is a video of two of our HS athletes-- <http://www.youtube.com/watch?v=ajn6OcbhpLw>**



# Colorado High School Coaches Association

## Dick Katte Sportsmanship Award

Sportsmanship is how you play the game—conduct that leaves a much longer-lasting impression than who won the game. It has been one of the criteria by which teams, players and fans have been judged for many years. The coach is influential in sportsmanship by his or her actions and demeanor. CHSCA wants to recognize coaches who promote good sportsmanship and, by their actions, are positive role models. Nominated coaches must display an impression of dignity in all circumstances, and their teams and participants must be characterized by fair play, teamwork and courtesy. In addition the coach must be willing to censure those players and assistants who violate this conduct.

### NOMINATION FORM

NOMINEE\_\_\_\_\_

ADDRESS\_\_\_\_\_

SCHOOL\_\_\_\_\_POSITION\_\_\_\_\_

CURRENT CHSCA MEMBER YES\_\_\_\_\_ NO \_\_\_\_\_

PHONE\_\_\_\_\_email\_\_\_\_\_

HEAD COACH, SPORTS, YEARS\_\_\_\_\_

NOMINATING PERSON\_\_\_\_\_

SCHOOL\_\_\_\_\_POSITION\_\_\_\_\_

GIVE CITATIONS THAT DEMONSTRATE THE  
SPORTSMANSHIP OF THIS PERSON

GIVE A BRIEF SUMMARY OF THIS COACH'S PHILOSOPHY OF  
COACHING AND HOW THIS INCLUDES A COMMITMENT TO  
SPORTSMANLIKE CONDUCT

Send nomination forms to: CHSCA Awards Committee  
6137 S. Windermere Way  
Littleton, CO 80120

# COLORADO HIGH SCHOOL COACHES ASSOCIATION COACHES NOMINATE PLAYERS FOR THE FRED STEINMARK AWARD

## 2013 Steinmark Award Nominations

Nominations for the 2013 Fred Steinmark High School Student/Athlete of the Year Award are due by May 6, 2013. The Fred Steinmark Award is sponsored by the Colorado High School Coaches Association after being sponsored for many years by *The Rocky Mountain News* and *Colorado Sidelines*. Any member of the Colorado High School Coaches Association can nominate an athlete from any school.

There are four requirements for a student/athlete to gain a nomination. The student/athlete must:

1. be a senior,
2. have carried at least a 3.0 grade-point average through his/her high school career,
3. have played a minimum of two sports each year,
4. have been selected all-state in one sport and at least all-league in another.

Please submit a short letter or email stating that the student/athlete has met or will meet the above requirements by the end of the 2013 spring season. The format for the award application will be sent to the nominating coach after the student/athlete's nomination is received. Email nominations to Scott Stocker: [sidelines1971@gmail.com](mailto:sidelines1971@gmail.com).

Please include the words "Steinmark Award Nomination" in the subject line of the email. Members of the Colorado High School Coaches Association will be asked to be on the Steinmark Award selection committee. Members from schools submitting nominees are not eligible to be on the selection committee.

The Steinmark Award honors Fred Steinmark, who excelled in football, basketball and baseball while attending Wheat Ridge High School in the late 1960s. Steinmark also was an outstanding student and was active in several school and community-oriented endeavors before attending the University of Texas, where he helped the Longhorns to the national football title in 1969. Steinmark died from cancer in 1971 at age 22.

Eight finalists and the final winner of the award will be selected by a committee of athletic directors, coaches, and former Steinmark Award winners. The winners will be honored at the Colorado High School Coaches Association All-State Games Banquet to be held on June 10, 2012 on the campus of Adams State College in Alamosa, Colorado.



# WINNERS OF THE FRED STEINMARK AWARD

*Presented by The Colorado High School Coaches Association*

Boys			Girls		
1972	Dave Logan	Wheat Ridge	1974	Anne Vento	Pueblo Centennial
1973	Gary Washington	Colorado D & B	1975	Donette Fischer	Alameda
1974	Darryl Monasmith	Burlington	1976	Lou Piel	Prairie
1975	Tim Roberts	Arvada West	1977	Brenda House	Wray
1976	Mike Edwards	Kennedy	1978	Jayne Gibson	Arvada West
	Tom Reed	Fruita	1979	Janet Winter	Windsor
1977	Mike Hendricks	Burlington	1980	Tanya Haave	Evergreen
1978	Steve Needens	Brush	1981	Armella Kanski	Machebeuf
1979	Kevin Baird	Cherry Creek	1982	Deana Simpson	Highland-Ault
	Craig Kaiser	Merino	1983	Tracy Hill	Ridgway
1980	Jerry Kersey	Rye	1984	Michelle Bostrom	Brush
1981	Tom Southall	Steamboat Spgs.		Sheila Quillen	Fowler
1982	Stein Koss	Durango	1985	Katie Salen	Pomona
1983	Rick Wheeler	Cherry Creek	1986	Lori Shalberg	Plainview
1984	Todd Tyrell	Arvada West	1987	Cindy O'Connor	Lyons
1985	Terry Taylor, Jr.	Rangeview	1988	Jen Tubergen	Denver Christian
1986	Pat Manson	Aurora Central	1989	Dee Binning	Cherry Creek
1987	Brett Quigley	Lakewood	1990	Cruz Zarco	Sargent
1988	Fred Harris	Montbello	1991	Tricia Bader	Roaring Fork
1989	Scott Phillips	Lewis-Palmer	1992	Kayci Emry	Lewis-Palmer
1990	Kent Kahl	Ft. Morgan	1993	Wendy Braye	Arvada West
1991	Justin Armour	Manitou Spgs.	1994	Shelly Greathouse	Rocky Mountain
1992	Greg Jones	Kennedy	1995	Jenny Coalson	Ellicott
1993	Jeff Singleton	Broomfield	1996	Rebekah McDowell	Wheat Ridge
1994	Scott Elarton	Eaton	1997	Sarah Law	Ponderosa
1995	Brad Schick	Gunnison	1998	Britt Hartshorn	Lamar
1996	Matt Rillos	Golden	1999	Ashley Augspurger	Wheat Ridge
1997	Kyle Howell	Kent Denver/ Gr. Jct. Central	2000	Cari Jensen	Fowler
1998	Derek Applewhite	Brighton	2001	Mary McDowell	Wheat Ridge
1999	Kevin Singleton	Broomfield	2002	Laura Probst	Arvada West
2000	M.J.Flaum	Northglenn	2003	Jasmine Oeinck	Arapahoe
2001	Tom Hubbard	Limon	2004	Sara Hunter	Rocky Mountain
2002	David Hall	Akron	2005	Maddie McKeever	Heritage
2003	Dustin Sprague	Holyoke	2006	Danielle Kachulis	Kent Denver
2004	Jeff Byers	Loveland	2007	Annie Perizzolo	Smoky Hill
2005	John McGuire	D'Evelyn	2008	Stephanie Pepper	Cherry Creek
2006	Dex Cure	Wray	2009	Laura Tremblay	Thompson Valley
2007	Brian Hendricks	Burlington	2010	Clare Gallagher	Cherry Creek
2008	Kevin Williams	D'Evelyn	2011	Annie Kuntz	Wheat Ridge
2009	Bryan Peters	Rocky Mountain	2012	Janae Vander Ploeg	Cheyenne Mountain
2010	Kyle Pollock	Wiggins			
2011	Connor Medbery	Loveland			
2012	Canyon Berry	Cheyenne Mountain			

## NOMINATIONS FOR

## CHSCA DOCTOR DALE YOST TEACHER/COACH OF THE YEAR

To nominate a coach for the Doctor Dale Yost Teacher/Coach of the Year, fill out these two pages and give them to your A.D. You must be a member of the Colorado High School Coaches Association to nominate a teacher/coach.

Dear Athletic Director:

For several years we have taken pleasure in awarding the Colorado High School Teacher/Coach-of-the-Year Award presented by the Colorado High School Coaches Association. The award is co-sponsored by Colorado State University, School of Education, Fort Collins, Colorado.

Our previous award winners have included many outstanding educators. The 2013 winner is Coach Ray Van Heukelem from Denver Christian High School. Nominated by colleague Dick Katte, Ray has been coaching and teaching physical education for over 35 years. His classes are never about “rolling out the balls”—he **teaches** every day, and has brought a lot of new activities to his classes, including new fitness classes and even roller blading. All of our winners have been very worthy recipients and truly exemplify the excellence that many individuals bring to both the classroom and the athletic arena.

The award is decided on the following criteria: experience as a teacher and as a coach, holding the position of Department Chair, honors received in both teaching and coaching, and membership in the Colorado High School Coaches Association.

We ask that you and/or your principal nominate a teacher/coach in your school for this award. Each year we review the nomination forms that have been received. If you have nominated an individual within the last three years, the form is on file with us. If it has been over three years, we ask that you submit a new form to us. We will recognize the award recipient at the CHSCA Hall-of-Fame Banquet to be held in 2013. The award winners will be notified of their selections prior to this time.

Nominations can be sent anytime but all nominations for the 2014 presentation must be received by December 31, 2013. Please send the information sheet along with your letter of nomination to:

**Ray Barron**  
**7708 W. Trail S. Dr.**  
**Littleton, CO 80125**

Sincerely,  
 Ray Barron, Chairman  
 Teacher/Coach Award Committee

### CHSCA DR. DALE YOST TEACHER/COACH AWARD NOMINATION FORM, P. 1

**Nominator** \_\_\_\_\_ **Date** \_\_\_\_\_

**Nominee** \_\_\_\_\_ **Address** \_\_\_\_\_

**City, Zip** \_\_\_\_\_ **Home Phone** \_\_\_\_\_

**School** \_\_\_\_\_

**Other schools taught at** \_\_\_\_\_

**Is the nominee a current member of the Colorado High School Coaches Association?**  
 (Circle) Yes No

(Continued on the next page.)

**CHSCA DR. DALE YOST TEACHER/COACH AWARD NOMINATION FORM, P.2****TEACHING**

Subjects taught and years \_\_\_\_\_

\_\_\_\_\_

Dept. chairs, other offices held and years \_\_\_\_\_

\_\_\_\_\_

Membership in professional teaching organizations, list offices held and years \_\_\_\_\_

\_\_\_\_\_

Teaching honors \_\_\_\_\_

\_\_\_\_\_

**COACHING**

Head coach, sports and years \_\_\_\_\_

\_\_\_\_\_

Assistant coach, sports and years \_\_\_\_\_

\_\_\_\_\_

State championships as a head coach, sports and years \_\_\_\_\_

\_\_\_\_\_

League championships, playoff appearances, sports and years \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Membership in professional coaching organizations, offices held and years

\_\_\_\_\_

Coaching honors, sports and years

\_\_\_\_\_

\_\_\_\_\_

On an additional sheet briefly state nominee's philosophy of teaching/coaching and include how his/her career has reflected that philosophy.

\_\_\_\_\_

\_\_\_\_\_



## DOCTOR DALE YOST TEACHER/COACH OF THE YEAR AWARD

1988	Dick Katte	Denver Christian	1999	Bob Graf	Wasson	2009	Tony Hurt	Heritage
1989	Sandra Cole	Platte Valley	2000	Merlyn Henry	Deer Trail	2010	Micah Porter	D'Evelyn
1990	John Martin	Ft. Collins	2000	Art Hassler	Fountain/Ft. Carson	2011	Mike Griebel	Heritage
1991	Bob Hiester	Smokey Hill	2001	Dale Miller	Sand Creek	2012	Tom Meyer	Akron
1992	Bob Deter	Sheridan	2002	Ray Barron	Heritage			
1993	Lee Hitchcock	Canon City	2003	Mike Wilson	Greeley Central			
1994	Ed Kintz	Golden	2004	Al Snyder	Simla			
1995	Ken Soper	Dolores County	2005	Geoff Ferguson	Heritage			
1996	Dick Rush	Westminster	2006	John Lenhart	Pueblo South			
1997	Bob Guthrie	Rampart	2007	Doug Lick	Roosevelt			
1998	Rich Urano	Eaton	2008	Vernon Kimball	Bayfield			

## AWARDS GIVEN BY SPORTS GROUPS

**The Ed Lesar Award** is presented to a football coach in recognition of his excellence and contribution to the football coaching profession. Selection is done by the Colo. H.S. Football Coaches Assn. It will be presented at the Summer Awards Program. Some of the past recipients are: \* Year unknown

Dick Westbay 71-72	Wasson	Tom Brockman 88	P. Centennial	Lee Hitchcock 00	Canon City
Brian McGregor*	Arvada West	Pat O'Donnell 89	Rocky Mountain	Rusty Mathena 01	Berthoud
Jim Hartman*	Mitchell	Larry Mills 90	Brush	Rich Yonker 02	Poudre
Fred Tesone*	Cherry Ck.	George Rykovich 91	Manitou	Mark Drake 03	Steamboat
Sam Pagano*	Fairview	Gordon Cramer 92	Longmont	Bob Marken 04	Buena Vista
Don Miller 80	Glenwood	Ken Soper 93	Dolores County	Rick Kahl 05	Ft. Morgan
Herman Motz 81	T. Jefferson	John Randall 94	Ponderosa	Jamie Woodruff 06	Ponderosa
Warren Mitchell 82	Limon	John Burke 95	Douglas County	Tim Gribben 07	Idalia
Ed Kintz 84	Pomona	Dale Yost 96	Roosevelt	Randy Penn 08	Englewood
Jim Grieve 85	P. Centennial	Chris Brown 97	West Grand	Mark Swalley 09	Denver Christian
Ken Moore 86	Simla	Tim Monty 98	Ft. Collins	Tony Manfredi 10	Overland
Joe Sisneros 87	CO Sch. D&B	Tiny Koehler 99	Niwot		

**The Tom Sutak Award** is presented to a basketball coach in recognition of his excellence and contribution to the basketball coaching profession. Nomination and selection are done in the Colo. H.S. Basketball Coaches Assn. It will be presented at the Summer Awards Program. The past recipients of the **Tom Sutak Award** are:

Dick Katte 83	Denver Christian	Dan McKiernan 93	Palmer	Gary Stone 03	Weld Central
Bob Chavez 84	Glenwood	Mark Beranek 94	Sierra	Greg King 03	Del Norte
Guy Gibbs 85	Regis	Kelly Meek 95	Steamboat	Bruce Dick 04	Green Mtn.
Gary Osse 86	Wheat Ridge	Steve Barnett 96	Douglas County	Gary Childress 05	Grandview
Gary Goings 87	Bear Creek	Gene Walter 97	Wiggins	Jim Trahern 06	Kit Carson
Warren Mitchell 88	Limon	Roger Johnson 98	Greeley West	Bob Wood 07	Buena Vista
Duane Lewis 89	Alameda	Steve Hill 99	Ridgway	Jim Shaffer 08	Pagosa Springs
Bill Wright 90	Mitchell	Ken Shaw 00	Rocky Mountain	Ken Vecchio, 09	Manitou Springs
Leroy Needens 91	Brush	Terry Taylor 01	Rangeview		
Ray Sanchez 92	Widefield	Al Blanc 02	Pueblo East		

**The Warren Mitchell Award** is presented to a Colorado high school track and field coach in recognition of his excellence and contribution to the track and field coaching profession. Nominations should be sent to the track and field president. The awards named for the dean of track coaches. Past recipients of the **Warren Mitchell Award** are:

John Martin 00	Ft. Collins	Teen. Anderson 04	Harrison	John Hancock 08	Mullen
Bill Kalb 01	Yuma	Vernon Kimbal 05	Bayfield	Tom Southall 09	Cherokee Trail
Joe Shields 02	West Grand	Larry Zaragosa 06	Alamosa	Ed Atencio 10	Centennial
L. Lienemann 03	Heritage	Rod Card 07	Regis	Tom Meyer 11	Akron

**The Pioneer Award for Volleyball** is presented to a Colorado high school volleyball coach in recognition of excellence and contribution to the volleyball coaching profession. Past recipients are:

Judy Barnett 02	Manitou Springs	Joan Powell 06	Coronado	Sue Snyder 09	Simla
Fran Sixkiller 03	Lyons	Don Lash 07	Lewis Palmer	Pam Fagerlund 10	Flagler
Don Lash 04	Lewis Palmer	Vin Mizer 08	Fowler	Patty Childress 11	Grandview
Lo Hunter 05	Evergreen	Judy Beardsley 09	Merino & Sterling		

**Volleyball Horizon Award** is presented to a volleyball coach showing great coaching potential. Past recipients are:

Krista Schwartz 04	Rocky Mountain	Dave Walck 07	Rangely	Sandy Moss 10	Fowler
C.L. Hubbard 05	Faith Christian	Bridget O'Connor 08	Manitou Springs	Shane Forrest 11	Montrose
Lindsey Stinson 06	Mountain View	Derek Herbert 09	Fleming	Rob Graham 11	Ponderosa

**The Ceal Barry Award** Is given to honor the former Head Basketball Coach at the University of Colorado for her great example and on-going assistance to high school coaches. It is given yearly to a Colorado high school girls' basketball coach for excellence in and contribution to girls' basketball coaching. Past recipients are:

Ceal Barry 05	Univ. of Colorado	Kerry Sayles 08	High Plains	George Debus 11	
Al Snyder 06	Simla	Greg Fruwirth 09	Fowler	Duane Buys 12	D Christian/Sheridan
Darrell Parker 07	Sterling / NJC	Charles Phillips, 10	Las Animas & Cheraw		

**Tracy Fifer Service to the High School Soccer Community Award.** It is named for Tracy Fifer, the longtime Bear Creek soccer coach who did so much for the sport in the early days of high school soccer. The award will be presented annually at the All State Soccer Games. Past recipients are:

Art Drotar 07	Horizon	Jack Busher 09	Cheyenne Mountain	Tee MacDonald 11	Denver East
Peter Horvath 08	Columbine	Tracy Fifer &	Bear Creek	Bill Reader 12	CHSAA
		Vic Garcia 10	Lewis Palmer		

# UP-DATE YOUR ACHIEVEMENTS

Fill out the “Longevity Awards” section on the reverse side to get awards for years of service as a coach. Use this page to determine if you are eligible for an achievement award. If you are, fill out the information on the back of this sheet, “Achievement Awards” and send it to the CHSCA office. If you are eligible for a level 4 achievement ring, you must include your ring size. Send the sheet to John Burke, Executive Director CHSCA, P.O. Box 5745, Peoria, AZ 85385.



## CHSCA CRITERIA FOR ACHIEVEMENT AWARDS

### Contest Victories Needed

Sport	Step 1	Step 2	Step 3	Step 4
Football	50	100	150	200
Baseball	80	155	235	315
Softball	80	155	235	315
Volleyball	90	180	270	360
Soccer (B & G)	65	135	200	270
Basketball (B & G) Revised for 2007	85	165	250	335
Ice Hockey	70	140	215	285
Field Hockey (G)	60	125	185	250
Lacrosse	60	125	185	250

### REQUIREMENTS FOR SPORTS BASED ON LEAGUE/REGIONAL (DISTRICT) OR STATE FINISHES

The following sports use these requirements:

Cross Country (B&G)	Gymnastics	Spirit	Track( B&G)	Tennis (B&G)
Golf (B&G)	Skiing (B&G)	Swimming (B&G)	Wrestling	

#### Important notes:

- League finish may be used only if sport does not have a regional/district event
- Only one finish (league/regional [district] or state) is allowed to be counted per sport season.
- A “finish” is defined as placing in a league/regional [district] or state meet according to the table below. \*

Total teams participating in league/district or state meet	8 or less	9-12	13-16	17-20	21-24	25-28	29-32	33-36	37-40
Must place in the top	2	3	4	5	6	7	8	9	10

Note: for each additional 4 teams over 40, add 1 to the “must place in the top” column.

Steps shall be as follows: Step 1 – 5 league/regional [district] or state finishes \*  
 Step 2 – 9 league/regional [district] or state finishes \*  
 Step 3 – 14 league/regional [district] or state finishes \*  
 Step 4 – 18 league/regional [district] or state finishes \*  
 \*(Refer to important notes above)

Additional steps awarded for each previous step plus 4 additional league/regional (district) or state finishes (EX: 18 + 4 = step 5, etc.)

### AWARDS GIVEN FOR STEPS

Step 1 – certificate; Step 2 – 6”x8” plaque; Step 3 – 7”x9” plaque; Step 4 – ring; Step 5 and above – TBD

# APPLICATION FOR COACHING AWARDS

Name: \_\_\_\_\_ e-mail \_\_\_\_\_

School affiliation: \_\_\_\_\_ Date \_\_\_\_\_



## Colorado High School Coaches Association

John Burke, Executive Director

P.O. Box 5745

Peoria, AZ 85385

Phone 602.978.5919

e-mail jburke24@cox.net

## Longevity Awards (Service Awards)

A longevity award is given after 10 years coaching a high school sport(s) while being a member of the Colorado High School Coaches Association. An additional award is given for each additional 5 years spent coaching a high school sport(s) while a member of the Association. Return this sheet to John Burke at the address above.

EXAMPLE: Years coaching completed while a member of the CHSCA 17 (yrs)

Award for which you are now eligible, but have not received 15 (yrs)

Years coaching completed while a member of the CHSCA \_\_\_\_\_ (yrs)

Award for which you are now eligible, but have not received \_\_\_\_\_ (yrs)

\* **NOTE:** Longevity awards are now given based strictly on years coaching ANY high school sport(s) while being a member of the CHSCA, rather than being awarded based on years spent coaching each individual sport.

## Achievement Awards

Varsity Head Coaches only. Apply when you have earned a new level by contest wins or top finishes. See the chart on the next page. Return to John Burke at address above.

Example: Baseball Current # of wins 325 Level applying for 4

1st sport: \_\_\_\_\_ Current # of wins: \_\_\_\_\_ Level applying for \_\_\_\_\_

2nd sport: \_\_\_\_\_ Current # of wins: \_\_\_\_\_ Level applying for \_\_\_\_\_

3rd sport: \_\_\_\_\_ Current # of wins: \_\_\_\_\_ Level applying for \_\_\_\_\_

### **Individual Sports - Playoff Top 3 Finishes (See Chart on back.)**

Example: Track Current # top finishes 10 Level applying for 2

1st sport: \_\_\_\_\_ Current # top finishes \_\_\_\_\_ Level applying for \_\_\_\_\_

2nd sport: \_\_\_\_\_ Current # top finishes \_\_\_\_\_ Level applying for \_\_\_\_\_

3rd sport: \_\_\_\_\_ Current # top finishes \_\_\_\_\_ Level applying for \_\_\_\_\_



**CHSCA SPECIAL AWARDS**  
The descriptions of the awards are on the next page.

**SPECIAL CHSCA AWARDS NOMINATION FORM**

**AWARD NOMINATED FOR (check one):**

☐ **\*\*Don DesCombes Award**

☐ **Lloyd Gaskill Award**

☐ **Media Award**

☐ **Benefactor Award**

☐ **\*\*Asst. Coach Award (Boys)**

☐ **\*\*Asst. Coach Award (Girls)**

**\*\* Must be a member of the CHSCA to be eligible for DesCombes and Assistant Coaches awards**

**NOMINEE** \_\_\_\_\_  
First Last

**CHSCA MEMBER?** yes ☐ no ☐

**SCHOOL OR ORGANIZATION/BUSINESS** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_  
Street City Zip

**PHONE** (\_\_\_\_)\_\_\_\_\_ **EMAIL** \_\_\_\_\_

\* \* \* \* \*

**NOMINATING INDIVIDUAL** \_\_\_\_\_  
First Last

**SCHOOL OR ORGANIZATION** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_  
Street City Zip

**PHONE** (\_\_\_\_)\_\_\_\_\_ **EMAIL** \_\_\_\_\_

**PLEASE ENCLOSE LETTER OF NOMINATION**

**SEND TO: AWARDS COMMITTEE, CHSCA  
6137 S WINDERMERE WAY  
LITTLETON, CO 80120**

## CHSCA SPECIAL AWARDS

**Don DesCombes Award** – This award is named after the founding father of the CHSCA. It is given in recognition of exceptional leadership and dedicated service to the CHSCA, and is the most prestigious award given by the Association.

**Lloyd Gaskill Award** – The award is named after the legendary Limon High School coach. It is given to an individual (excluding coaching and athletic director duties and honors) who has given his/her time and support for the betterment of Colorado high school athletics.

**Media Award** – This award is given to an organization (newspaper, radio or television station, etc.) or individual who has significantly supported Colorado high school athletics through the media.

**Benefactor Award** – The award is given to an organization, business, or individual that has provided material and/or financial support to the CHSCA.

**Assistant Coach of the Year Award** – This award is given to an assistant coach who through his/her time, dedication, and loyalty has contributed significantly to the success and development of the high school athletes of Colorado. Two awards will be given each year – one for an assistant in a girls' sport and one for an assistant in a boys' sport. This individual must have served as an assistant coach at the high school level for a minimum of five years, and shall not have been a head coach in any sport at the high school level for more than five years. (EXCEPTION: That individual can regain eligibility for the Assistant Coach Award once five years or more have passed since serving as a head coach.)

**\*NOTE: NOMINEES ON THE SPECIAL AWARDS NOMINATION LIST WILL BE PURGED AFTER THREE (3) YEARS ON THE LIST. THIS WILL ENCOURAGE NAMES TO BE RE-SUBMITTED WITH UPDATED INFORMATION, QUALIFICATIONS, AND HONORS.**

## SPECIAL AWARDS RECIPIENTS

### Don DesCombes Distinguished Service Award

1983	Lloyd Gaskill	Limon	1999	Chris Brown	West Grand
1984	Warren Mitchell	Limon	2000	Ray Barron	Heritage
1985	Ray Ball	CHSAA	2001	Jim Trahern	Kit Carson
1986	Ed Kintz	Bear Creek	2002	Susan Snyder	Simla
1987	Dave Zbinden	Skyview	2003	Larry Mills	Brush
1988	Sharon Wilch	CHSAA	2004	Dale Yost	Roosevelt
1989	Brian McGregor	Arvada W.	2005	Paul "Tiny" Koehler	Niwot
1990	John Martin	Ft. Collins	2006	Jack E. Meehan	Cherry Creek
1991	Dick Katte	D. Christian	2007	Richard Geddes	Liberty
1992	Stringy Ervin	Littleton	2008	Arnold Torgerson	Ft. Collins
1993	Herman Motz	T. Jefferson	2009	Bob Marken	Buena Vista
1994	John Miles	T. Jefferson	2010	Tom Southall	Cherokee Trail
1995	LeeRoy Needens	Brush	2011	Vernon Kimball	Bayfield
1996	Don Miller	Glenwood Spgs.	2012	Karen Bryan	Rock Canyon
1997	Bob Deter	Sheridan			
1998	Ken Moore	Simla			

## Lloyd Gaskill Award

1993	Bill Brittain	Zemi Photographics	2002	Carol A. Rook	Kiowa
1994	Scott Stocker	Rocky Mt. News	2003	Dan Ford	Bayfield
1994	Irv Brown	KYBG Radio	2004	Dan McClure	Bayfield
1995	Gary Burke	Delta	2005	Janis Shawcroft	Douglas County
1995	Walt Hylton	Colo Springs	2006	Kevin Brooks	Grand Junction
1996	Ray Lutz	Colo Springs	2007	Darryl Miller	Denver Public Schools
1997	Bus Campbell	Littleton	2007	Lisa Lear	Front Range Orthoped.
1997	Shiela Worley	Sterling	2008	Bernie Goss	Western Officials Assn.
1998	Bob Chapman	Denver	2009	Margaret Rash	Liberty
1999	Don Griebel	Cherry Creek	2010	Al Hower	Mapleton/Skyview
2000	Vic Gregory	Glenwood Spgs.	2011	Curt Weibel	Estes Park
2001	Frank Woodburn	Palisade	2012	Shannon Southall	

## Media Award

1983	Scott Stocker	Colo. Sidelines	1998	Gary Burke	Delta Ind.
1984	Don Miles	Sterling Journal	1999	Neil Devlin	Denver Post
1985	Manuel Booty	Rocky Mt. News	2000	Frank Mercer	Brush
1986	Sandy McLean	Canon Cty Daily	2001	Bill Engler	Craig
1987	Dave Soucier	Pueblo Chieftain	2002	Ken McDowell	Sentinel
1988	Irv Brown	KYBG Radio	2003	Nick Larson	Post
1989	Marcia Neville	KCNC News 4	2004	Tony Rayl	Yuma Pioneer
1990	Lloyd McMillan	KBUC Montrose	2005	Tom Munds	Community
1991	G. G. Mills	KVRH Salida	2006	James Davis	KTMM Gr. Junction
1992	KLMR Radio	Lamar	2007	Jesse Florea	Woodman Edition, C.S.
1993	Dennis Taylor	Greeley Tribune	2008	John Mullen	Radio Sports Network
1994	Brian Jerman	KRDO TV C.S.	2009	Tom Bredehoft	Flagler News
1995	KBLJ Radio	LaJunta	2010	Lloyd Engen	Valley Courier
1996	Neil Hammer	Alamosa	2011	Courtney Oakes	Aurora Sentinel
1997	Les Messamer	Salida/BV	2012	Ben Blecha	KBBG Radio

## Benefactor Award

1997	Dennis Greer	The Insurance Group	2005	Rick Bettger	Continuing Ed
1998	J. Schmidt, S. Luzak	Go-Jo's Sports	2006	John Green	Cherry Creek Schools
1999	Bill & Sandy Brittain	Zemi Photographics	2007	Arnold Torgerson	Ft. Collins
2000	Gatorade	Scholarships	2008	Patricia Motz	Denver
2001	CHSAA	Student Activities	2009	Kimberly Rose	CHSAA
2002	Denver Broncos	Football Club	2010	Bill Reader	CHSAA Commissioner
2003	Wilma Rose	Assistant to Director	2011	Rod Mergardt	Max Preps
2004	Greg Jablonski	JCJ & Associates	2012	GTM SPORTS	GTM Sports

## Assistant Coach of the Year Award

1999	Bryan Skarda	Heritage High School	2007	Merry Tombling	ThunderRidge
2000	Wayne Carter	Montbello High School	2008	Rocky Cundiff	Ignacio
2001	Roger King	Arapahoe	2009	Don Bailey	Limon
2002	Harlan Hankins	Roosevelt	2010	Chris Clemensen	Ponderosa High School
2003	Susan Odenbaugh	Lewis Palmer	2011	Jeff Wasinger	Arvada High School
2003	Don McCall	Cherry Creek	2011	Karen Scott	Cheyenne Mountain H.S.
2004	Paul Hansen	Mitchell	2012	(boys) Charles Rollins	Vista Ridge
2004	Cheryl Brown	West Grand	2012	(girls) Doug Cox	Simla HS
2005	Nancy Tanaka	Erie			
2005	Albert Ford	Alamosa			
2007	Todd Wesswick	Heritage			



# Recent Award Winners

## RECENT AWARD WINNERS in ACHIEVEMENT

**Ed Atencio;** Centennial HS  
Basketball- 250 Wins  
Boys Track- 24 Top Finishes  
Girls Track- 18 Top Finishes  
Boys Cross Country- 19 Top Finishes

**Ray Barron;** Heritage HS  
Wrestling- 26 Top Finishes

**John Baumgartner;** Holyoke HS  
Boys Basketball- 250 Wins

**Bob Bledsoe;** Erie HS  
Softball- 369 Wins  
Girls Basketball- 335 Wins

**Stringy Ervin;** Littleton HS  
Boys Swimming- 30 Top Finishes

**Andrea Kinnison;** Pawnee HS  
Volleyball- 100 Wins

**Jeff Kloster;** Longmont HS  
Basketball- 250 Wins

**Levi Kramer;** Wray HS  
Football- 50 Wins

**David Labett;** Kent Denver HS  
Ice Hockey- 150 Wins

**Wayne Marshall;** Air Academy High School  
Ice Hockey- 285 Wins  
Ice Hockey- 355 Wins  
Boys Soccer- 200 Wins

**Glenn Millhauser;** Pine Creek HS  
Baseball- 235 Wins

**Ken Soper;** Dove Creek HS  
Football- 305 Wins

**Richard Stewart;** Lewis- Palmer HS  
Track- 24 Top Finishes

**Bob Ulrich;** Colorado Academy HS  
Girls Tennis- 5 Top Finishes

**Ken Vecchio;** Manitou Springs  
Boys Basketball- 400 Wins

## RECENT LONGEVITY AWARD WINNERS

### 50 YEARS

Ken Soper; Dove Creek HS

### 40 YEARS

Terry Amundson; Byers HS  
Ed Atencio; Centennial HS  
Ray Barron; Heritage HS  
Bob Deal; Windsor HS

### 35 YEARS

Stringy Ervin; Littleton HS  
Richard Geddes; Liberty HS  
Wayne Marshall; Air Academy HS

### 30 YEARS

Randy Earl; Berthoud HS  
Jeff Kloster; Longmont HS  
Jeff Priestley; Fort Lupton HS  
Richard Stewart; Lewis-Palmer HS

### 25 YEARS

Ken Vecchio; Manitou Springs HS  
Steve Miller; Thunderridge HS  
Bob Ulrich; Colorado Academy HS

### 20 YEARS

John Baumgartner; Holyoke HS  
Vance Gale; Falcon HS

Glenn Millhauser; Pine Creek HS  
Chuck Puga; Ponderosa HS

### 15 YEARS

Clint Boston; Green Mountain HS

### 10 YEARS

Andrea Kinnison; Pawnee HS  
David Labett; Kent Denver HS

# CONTINUING EDUCATION NEWS EXTENDED STUDIES CREDIT

★ **2013-2014** ★

**2013 BASEBALL COACHES CLINIC**  
January 17, 18 & 19, 2013  
DTC Marriott

**2013 TRACK & FIELD & CROSS COUNTRY**  
February 1 & 2, 2013  
Red Lion Hotel  
I-225 & Parker Road

**2013 ATHLETIC DIRECTORS CONFERENCE**  
April 27-29, 2013  
Omni Hotel & Resort  
Broomfield, CO

**2013 COLORADO ALLSTATE GAMES**  
June 4-8, 2013  
Adams State University

**2013 COLORADO SPIRIT COACHES CONFERENCE**  
July 26 & 27, 2013  
Red Lion Hotel  
I-225 & Parker  
Aurora, CO

**2013 ICE HOCKEY COACHES CLINIC**  
July 26 & 26, 2013  
Red Lion Hotel  
I-225 & Parker  
Aurora, CO

**2013 MULTI-SPORT COACHES CLINIC**  
FOOTBALL, VOLLEYBALL,  
SOFTBALL, BASKETBALL,  
CROSS COUNTRY, SOCCER  
SWIMMING, WRESTLING,  
ICE HOCKEY & SPIRIT  
July 26 & 27, 2013  
Red Lion Hotel  
I-225 & Parker Road

**2013 COLORADO WRESTLING COACHES CLINIC**  
July 26 & 26, 2013  
Red Lion Hotel  
I-225 & Parker  
Aurora, CO

**2013 SWIMMING, DIVING**  
July 26 & 26, 2013  
Red Lion Hotel  
I-225 & Parker  
Aurora, CO

**2013 CHSAA SPEECH CONFERENCE**  
September 6 & 7, 2013  
Cherry Creek High School

**2013 NATIONAL STRENGTH & CONDITIONING CONFERENCE**  
Date: TBA  
Location: TBA



## 1-3 CREDIT HOURS AVAILABLE

**INSTRUCTOR: DR. RICK D. BETTGER**  
**PHONE : 970.879.1592**

**LOCATION: CHSAA or TBA**  
**E-MAIL: pine903@aol.com**

**REGISTER ON SITE AT CLINICS FOR COLLEGE CREDIT**



# JOB OPENING



JOB TITLE: **Coordinator, CHSCA All-State Games**

SALARY: **\$700 Month**

STARTING DATE: May 1, 2013 with some shadowing before that at meetings

POSTING CLOSING DATE: February 1, 2013

INTERVIEWS CONDUCTED: Sunday, March 3, 2013

FURTHER INFORMATION CONTACT: Ed Eastin, President, CHSCA ([edwardeastin@yahoo.com](mailto:edwardeastin@yahoo.com))

## ALL-STATE GAMES COORDINATOR

### JOB REQUIREMENTS

- COORDINATE WITH CCGS THE VOLLEYBALL AND BASKETBALL SELECTIONS
- DESIGN AND IMPLEMENT FORM FOR PARTICIPANT INFORMATION
- COORDINATE EFFORTS TO INSTALL PARTICIPANT FORM ONLINE AT CHSCA WEB SITE
- COORDINATE SOFTBALL GAME DETAILS WITH HOST SITE
- CONDUCT SELECTION MEETINGS AS NEEDED
- COMPLETE ALL DETAILS ASSOCIATED WITH SELECTION MEETINGS
- SEND CONGRATULATORY NOTES TO SELECTED PARTICIPANTS
- COMPLETE DETAILED PARTICIPANT INFORMATION, INCLUDING BUT NOT LIMITED TO:
  - Height, weight, clothing sizes, cell phone number, email address, parents phone and email, sponsors, how paid, amount paid, date paid, etc.
- COORDINATE WITH SPORT PRESIDENTS AND COACHES TO COMPLETE ROSTERS
- PROVIDE APPROPRIATE INFORMATION TO PROGRAM PRINTER AND TO REQUIRED OTHER ENTITIES
- COMPLETE AND DISSEMINATE ALL APPROPRIATE INFORMATION TO COACHES
- COORDINATE ALL DETAILS RELATED TO BANQUET TICKET SALES AND ATTENDANCE
- WITHIN ONE WEEK OF GAMES CONCLUSION DEPOSIT ALL MONIES RELATED TO THE GAMES
- WITHIN TWO WEEKS COMPLETE AND SUBMIT TO EXECUTIVE DIRECTOR CHSCA SETTLEMENT FORM
- SUBMIT ARTICLES FOR PUBLICATION TO COLORADO COACH EDITOR
- PROVIDE DETAILED UNIFORM INFORMATION TO CHSCA DESIGNATED INDIVIDUAL
- WORK TOGETHER WITH THE CHSCA UNIFORM COORDINATOR OR DESIGNATED INDIVIDUAL TO PROVIDE CLOTHING AND UNIFORMS
- ADHERE TO ALL DATES AND TIMES AS REQUESTED OR REQUIRED BY EXECUTIVE DIRECTOR AND/OR ALL-STATE GAMES CONTRACT
- WORK POSITIVELY TO ENHANCE THE QUALITY OF THE CHSCA ALL-STATE GAMES

Home of the Colorado All-State Games

JOHN BURKE, Executive Director - 602-978-5919 (home) - 602-896-1794 (fax) - [jburke24@cox.net](mailto:jburke24@cox.net) (email)

PO Box 5745 - Peoria, AZ 85385



# CHSCA SCHOLARSHIP PROGRAM

## NOMINATE YOUR ATHLETE

### \$1000.00 SCHOLARSHIPS

CHSCA Scholarships will be awarded to senior student-athletes in need of assistance for post high school education. These scholarships are one-time, good-for-one-year, non-renewable awards.

#### Scholarship Procedure

**ANY MEMBER COACH MAY NOMINATE ONE ATHLETE.** (Dues must be paid for the 2012-2013 year.) The coach should copy the form on the next page for the athlete that he/she nominates. The coach should read this application form: 1) to determine if the athlete qualifies [paragraph I], 2) to assist with the required documentation [paragraph II], and 3) to make sure all inclusions are returned on time [paragraph III]. A committee of members from the Board of Directors of the CHSCA will make the selections near the end of January. The selections will be based, as nearly as can be determined from the returned documents, on **character, need, athletic participation, and probability of success in post high school education.** Not more than one applicant from a school will be chosen in any one year. Winners will be notified by phone and/or mail when the selections are approved by a vote of the CHSCA Board of Directors.

Deadline for return of applications and  
required inclusions is January 13, 2013

**Mail to: CHSCA Scholarship Committee  
3375 South Clinton Ct.  
Denver, CO 80231**



# COLORADO HIGH SCHOOL COACHES ASSOCIATION SCHOLARSHIP APPLICATION

## TO THE APPLICANT:

1. You qualify to complete this application if: a) you will be a graduating senior this school year, b) you have lettered in at least one sport and c) you have been nominated by a member-coach of the Colorado High School Coaches Association. **Each member-coach may nominate only one athlete. The number of nominees from each school will be reduced to one applicant before final selection.**

2. Include the following documents with this application form:

Page 1 - Your high school grade transcript with ACT scores

Page 2 - A concise typed statement of your goals

A concise typed statement of your need for financial aid

Page 3 - A typed list of:

a) Your athletic letters with sports and years and other athletic awards

b) Your school activities other than sports with offices held

c) Your notable non-school activities

Page 4 - A letter from your nominating coach. The coach should consider your personal worth, your contribution to the school athletic program and your need for scholarship assistance.

No additional letters for this applicant will be considered. **The coach must be a member of the Colorado High School Coaches Association.**

3. Your application and all documents must be received by **January 13, 2013**. Send to:

**CHSCA Scholarship Committee**

**3375 South Clinton Ct.**

**Denver, CO 80231**

4. If you have any questions, contact the scholarship chairman, Herman Motz.

Phone 303-755-1354 e-mail motzart2@aol.com

NAME \_\_\_\_\_ SCHOOL \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

YOUR HOME PHONE \_\_\_\_\_ ACT SCORE \_\_\_\_\_ PRESENT GPA \_\_\_\_\_

NOMINATING COACH \_\_\_\_\_ COACH'S PHONE \_\_\_\_\_

(Nominating coach must be a member of the Colorado High School Coaches Association.)

# Colorado High School Coaches Association HALL OF FAME

## OFFICIAL NOMINATION FORM

Coaches: if you know of any coach who should be considered for the CHSCA Hall of Fame, please nominate that coach. The list of nominees at present contains over 25 names. Each nominee is kept on the nomination list for five years from the time of nomination. A maximum of five coaches are selected each year. Please have your nominee fill out this form as soon as possible so that you may send it to the Hall of Fame committee. The coach must have been a member of the CHSCA.

Send nomination forms to:

Coach Bob Marken  
Hall of Fame Chairman  
PO Box 1413  
Buena Vista, CO 81211

marken.robert@gmail.com  
719-221-1857

## OFFICIAL NOMINATION FORM - PAGE I of 2

Name \_\_\_\_\_ Date \_\_\_\_\_  
First Last Nickname

Address \_\_\_\_\_  
Street City State/Zip

Home Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Place of Birth \_\_\_\_\_

Total Number of Years Coached \_\_\_\_\_ Total Number of Years Membership in CHSCA \_\_\_\_\_

### Personal Information

1. High School and Year of Graduation \_\_\_\_\_

2. High School Activities/Awards \_\_\_\_\_

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Continue on the next page



# Colorado High School Coaches Association Hall of Fame

## OFFICIAL NOMINATION FORM - PAGE 2 of 2

3. College(s) and Year(s) of Graduation and Degree(s) earned \_\_\_\_\_

\_\_\_\_\_

4. College Activities and Awards \_\_\_\_\_

\_\_\_\_\_

### 5. Coaching Chronology

School

Sport

Years

Accomplishments

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(If necessary attach another page)

### 6. Contributions to the Colorado High School Coaches Association

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### 7. Professional Affiliations and Achievements

\_\_\_\_\_

\_\_\_\_\_

### 8. Words that the Coach Lives by

\_\_\_\_\_

\_\_\_\_\_

### 9. Other pertinent Information (Names of immediate family members, milestone dates [ wedding], etc.)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# COLORADO COACHes' Corner

## COACHING MILESTONES/ACHIEVEMENTS

(see also page 38 for other recent award winners)

**Don Lash** reached his 500<sup>th</sup> win in volleyball.



"So, I just finished my 34<sup>th</sup> season (32 as a head coach). I now have 510 wins. I started in 1976. I have coached at Aguilar (1 year), Elizabeth (11 years), Lewis-Palmer (17 years), Pikes Peak Christian (1 year), and

now Coronado (2 years)." Away from the court Don also makes trips to Ecuador to see kids who he sponsors. (as pictured here.)

**Jeff Bailey** of Rye HS has several milestones including:  
Football:

21 years as head coach at Rye H.S, 142-75

15 state playoffs appearances in 21 years as head coach

1 state championship

Girl's Basketball:

20-7 in 2011/2012 season (1st year head coach)

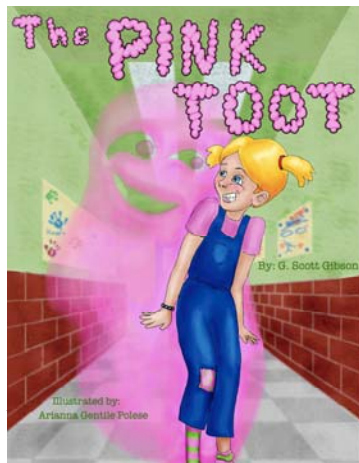
State Consolation Champions - 1st time in school history.

**Sharon Eberhard** of University High School Cross Country – Head Coach has several milestones:

"I have coached at University High School for 15 years (just completed my 15<sup>th</sup> Cross Country season).

Married for 33 years to Ron Eberhard (my designated photographer for the team) 4 children and 4 grandchildren (have coached all four of my children)

Graduating December 15, 2012 with a Physical Education major and Coaching minor (only took me 36 years to complete).



## FUN FACTS:

**Scott Gibson** head softball coach at Thornton High School just wrote a children's book and it has been published. The book is called "The Pink Toot."

## COACHING HIRES/MOVES

**Nick Arcuri**, formerly of Columbine, is now the head baseball coach at South High School.

**Rod Beauchamp** is taking the position as Athletic Director at Broomfield High School after 20 years coaching girls' basketball, the last 12 as the head coach at Fairview High School. Andre Goldberg has been assigned as the varsity coach at Fairview.

The full coaching staff of Northridge High Spirit includes: **Michelle Mauch** – Head Cheerleading Coach/Spirit Coordinator, **Alexis Hernandez-Sanchez** –Assistant Cheerleading, **Coach Jamie Sup** – JV Cheerleading Coach, **Devon Seperich** – Head Poms Coach, **Judianne Graham** – Assistant Poms Coach

**Rick Susak**, moved from Peyton High School to Head Coach at Falcon High School.

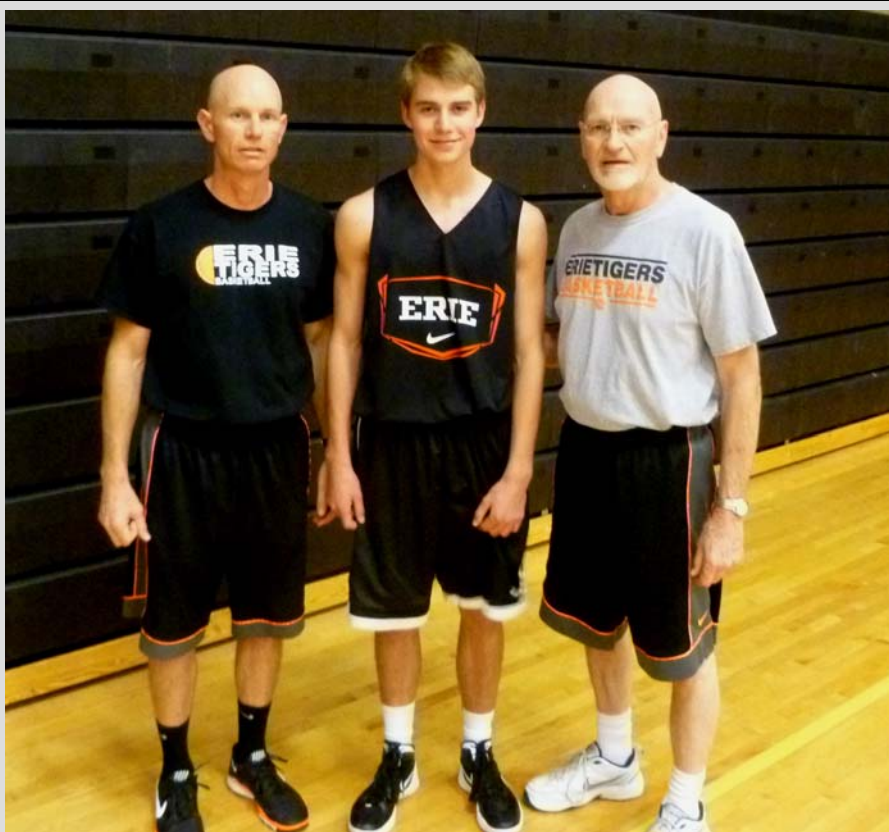
**Ray Van Heukelem** moved from Littleton HS to the Head Boys Basketball Coach at Denver Christian HS.

**Mark Jones** was the girls' coach at Sargent for 10 years but now back to boys at Center High School, brand new facilities and young team.



**Clint Boston** (far left) was named the John Lynch Foundation Coach of the Month for November. He was chosen from a pool of deserving nominees from around the state and will now also be considered for the foundation's Coach of the Year Award. The honor speaks to the positive influence Clint has on the kids participating in cross-country at Green Mountain.





## ALL IN THE FAMILY

**By Mike Leahy**-- I retired in 2006 after 39 years from being a head basketball coach at the high school level. My retirement came after Devon Beitzel's senior year at Centaurus H.S. Devon then went on to a fabulous career at Northern Colorado, which led him to the NCAA Tourney & eventually the Colorado HOF Collegiate Player of the Year in 2011. I should mention that my grandson, Kyle, was our ball boy at Centaurus all 4 years that Devon was in high school. His father, Tim, would come into the locker room at half time of all our games at Centaurus, and give me his take on the game at that point in time. He would make suggestions for the 2nd half. I should also mention that Tim was my assistant coach at Fairview H.S. from 1987-1990.

Tim was a Class 6A All State basketball Player for me at Manhattan High School in Kansas in 1981-82. His younger brother, Todd, played on that team too, and would also be named Class 6A All State in basketball the following season. Tim went on to play Junior College Basketball at Cloud County in Concordia, KS., and eventually ended up on scholarship at K-State under Jack Hartman. We moved to Boulder & Fairview H.S. in 1987. At that time our youngest son, Tom, was a senior to be at FHS. Tom was an outstanding player at Fairview in both basketball and baseball. He would end up playing baseball in the Atlanta Braves Organization as a pitcher.

In 2000, Tim (Kyle's father), was offered the head boys basketball position at Erie H.S. He said if he took the job, he wanted me to come out of retirement and assist him. Kyle was an 8th grader at the time. Now after leading the Erie H.S. team in scoring & rebounding last year as a freshman on the varsity, this will be our 2nd year with 3 generations of the family working together. By the way, the players call me "Grandpa". If I count my senior year at the University of Nebraska, where I was an assistant coach at University High School on the University Campus, this will be my 43rd year as a basketball coach. My wife, Ruth, has done stats all those years, including the 1964-65 season at University H.S. in Lincoln. I guess you could say it has been a family love of the sport that has engulfed us. This journey has covered over 6 decades from the 1960s into the 2010s.

## OTHER NEWS

**Ryan Renquist** (Walsh HS basketball) and wife, Alissa, had a boy on November 7. Jace Bryan Renquist (8lbs 3oz - 21.5")

**Andy Cornell**, football and track at Englewood High School, and wife Anne' welcomed our new daughter Olivia Cornell to the world on Nov. 1st.

## COACHING OPENINGS

Brighton High School has an opening for a Head Coach (Sprints, Jumps, or Hurdle coach experience preferred).

Littleton HS Head Varsity Football Coaching candidates should complete the LPS application process and send a resume, letter of interest, and three letters of recommendation to Cathy Benton, Athletic Director, Littleton High School 199 E. Littleton Blvd. Littleton, CO 80121

Columbine Coaches Needed:

-Football Assistant

-Level 3 Girls' Lacrosse Coach

Contact Scott Christy @ 303 982 3545 if interested. Thanks.

Centaurus High School has a pole vault coaching position opening, for the 2013 Track season. If interested, please contact [devin.rourke@gmail.com](mailto:devin.rourke@gmail.com).

All announcements for the COACHES CORNER should be sent to Becky Mudd at [becky.mudd@colohsca.org](mailto:becky.mudd@colohsca.org)





**FEBRUARY 1-2, 2013**  
**RED LION HOTEL**  
 DENVER SOUTHEAST  
**I-225 & PARKER ROAD**  
**AURORA, CO**  
**303-695-1700**

## LEARN...

FROM KNOWLEDGEABLE COACHES  
 WITH CHAMPIONSHIP EXPERIENCE

## NETWORK...

WITH CLINICIANS AND COACHES &  
 SHARE VALUABLE TRAINING TIPS

## RULES UPDATE...

MEETS CHSAA REQUIREMENT  
 FOR HEAD TRACK COACHES

## CONTINUING ED...

EARN CREDIT HOURS FROM  
 COLORADO STATE UNIVERSITY  
 DR. RICK BETTGER, 970.879.1592  
 PINE903@AOL.COM

**\$40**  
 CLINIC  
 FEE

### CLINIC INFO

JOHN HANCOCK, CLINIC DIRECTOR  
 MUSTANGTRACK@MSN.COM

### MEMBERSHIP & CLINIC REGISTRATION INFO

CHSCA WEBSITE: [WWW.COLOHSCA.ORG](http://WWW.COLOHSCA.ORG)  
 JOHN BURKE, 602.978.5919  
 CHSCA EXECUTIVE DIRECTOR  
 JBURKE24@COX.NET

## CHSCA 2013 TRACK & FIELD COACHES CLINIC

### OLYMPIC COACHES & ATHLETES

- ◇ DR. JOE VIGIL, Distance
- ◇ STEVE SCOTT, Distance
- ◇ STACY DRAGILA, Pole Vault
- ◇ MATT HEMINGWAY, High Jump

### COLLEGE COACHES & TRAINERS

- ◇ BRIAN BEDARD, CSU, Throws
- ◇ TIM CAWLEY, CSU, Long/Triple Jump
- ◇ JENNIFER MICHEL, WSCU, Distance
- ◇ DREW MORANO, CU, Sprints
- ◇ AMANDA SCHICK, UNC, Hurdles
- ◇ JAY JOHNSON, Distance
- ◇ LOREN LANDOW, Speed Concepts
- ◇ HOLLY THOMPSON, Track Warm-ups

### HIGH SCHOOL COACHES

- ◇ BEN MONTOYA, FOUNTAIN -  
 FT. CARSON HS
- ◇ JOHN REYES, THUNDER  
 RIDGE HS



**\$75**  
 CLINIC FEE  
 FOR  
 OUT-OF-STATE  
 COACHES

**REGISTER:**  
**[WWW.COLOHSCA.ORG](http://WWW.COLOHSCA.ORG)**