

ARTS, ENTERTAINMENT & LIFESTYLE
IN GREY-BRUCE

FREE **MOSAIC**

OCTOBER 2015
VOL. 23 NO. 4

WORDS
ALOUD  **12**
SPOKEN WORD FESTIVAL **2015**



GHOSTS OF GREY COUNTY
Sunday Nov 1
Victoria Jubilee Hall

VIDEOPOEM-BLOOD IS BLOOD
Thursday Nov 5
Garafraxa Cafe

MAIN STAGE CONCERTS
Friday - Sunday Nov 6-8
Durham Art Gallery

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Saturday Nov 7
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**STORYTELLING WITH
BOB BAINBOROUGH**
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Owen Sound Poets Laureate

Jane Mingay

In an unprecedented move, poet Rob Rolfe and singer-songwriter Larry Jensen have been jointly appointed Owen Sound Poets Laureate for the 2015 to 2017 term. Former poet laureate Liz Zetlin, chair of the committee that chose the pair, said they have the most impressive combination of experience and vision for the poet laureate project. "We agreed to consider Rob and Larry as a duo only if their combined application reflected something truly unique," she said. "Then they blew us away and we had no doubts."

Rolfe and Jensen plan to expand on a collaboration that began about two years ago, developing projects that fuse the spoken word, songs, lyrics and poetry with instrumental music to explore working class stories of Grey-Bruce/Owen Sound, Mudtown and beyond.

Rolfe, who has a lifelong connection to the area, was a labour leader and librarian in Toronto. He moved to Owen Sound permanently three and a half years ago. He is the author of three books of poetry, with a fourth being released September 29 at The Ginger Press. He has written two chapbooks and his poems have appeared in many Canadian

literary journals. He has performed at book launches, special events and literary festivals.

Larry Jensen was born in Owen Sound and has been writing and performing music for 40 years including 20 years at Summerfolk. He has released over 15 albums of original songs and in 2009 he was awarded the first Owen Sound Cultural Award in recognition of his longstanding musical contribution to his home community.

"Whenever Rob came to see me play he would come up to me and say he liked my stuff and that he was writing about the same things as I was," said Jensen. "It was quite remarkable that our subject matter was so similar so we decided to try to put something together." They started by combining work with common themes that they had written independently. Now they are also working on new projects together. "He impressed me and I impressed him," said Jensen. "It's the closest thing to collaboration I've been involved with."

"One of my big interests in writing is to make poetry more accessible and also to tell some of those stories that never get told," said Rolfe. "I've written a lot about Mudtown and working class life in Owen Sound. The



Larry Jensen and Rob Rolfe

Photo by Katherine Mann Jensen

poet laureate position gives us a chance to reach a wider audience and talk about things they know about."

The duo will officially take up their duties on October 1. "In an art form that's usually so solitary," Zetlin says, "we are fortunate to have two very gifted artists creating a fusion that will take poetry to places it has never been and will enrich Grey Bruce/Owen Sound's cultural life in exciting and innovative ways."

The Poet Laureate 2015 to 2017 is a program of the Owen Sound and North Grey Union Public Library with support from the Owen Sound Little Theatre. The program is generously sponsored by John A. Tamming Law, David Madill, CFP of BMO Nesbitt Burns, and Andrew Armitage. **Ω**



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— David McLaren

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David McLaren  **NDP**



A composition created by inlaying various pieces to form one picture.

Established in 1993, MOSAIC is the only publication in Grey-Bruce dedicated 100% to encouraging and supporting all the local arts and entertainment.

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 South Grey Bruce Youth Literacy Council
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 Joanne Veerman-Royal LePage ~ Welbeck Sawmill
 Wild Lands Film Festival ~ Words Aloud

Published monthly from March to November, MOSAIC is available in the places where people gather from Tobermory to Kincardine to Collingwood and everywhere in between. Current and back issues are also available at www.greybrucemosaic.ca.

The Ginger Press

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COPY DEADLINES

Issue	Deadline
March	February 10
April	March 10
May	April 10
June	May 10
July	June 10
August	July 10
September	August 10
October	September 10
November/December	October 10

From My Desk

by Maryann Thomas

Pheh. September's five book launches in nine days was exciting! October's pace is a little slower, allowing for time to give thanks for the wonders around us: what's here now and, as described in Andrew Armitage's new book *Vanishing: Lost Places in Grey and Bruce*, what used to be here. His stories of the Corran, Osler Castle, the Warton Sugar Beet Factory, the Owen Sound Cement Company and the Balmy Beach Dance Pavilion all speak of the glories of a remarkable past in this region. Searching out the ruins and reading their histories expands our understanding of this remarkable place we call home. But today we've got outdoor murals to admire, art and music to enjoy, trails and trees to explore and lots of creatives to nurture and celebrate. This Grey Bruce MOSAIC is bursting with possibility.

Maryann



Jenny Parsons standing beside *Remembering Saugeen County Our Heritage* by Allen Hilgendorf

REMEMBERING HILGENDORF

Jenny Parsons

I have been thinking about Allen Hilgendorf. He painted more than a 100 murals in two decades and died young two years ago in August. And was it a coincidence that in MOSAIC's August issue there was an article by Ted Shaw about a "Lost Mural"? Coincidence yes, but reminds me, on the anniversary of his death, that some of his work is still out there – unaccounted for.

I think the missing mural in Owen Sound was a Hilgendorf. The photo that accompanied the story shows a mural with a classic Hilgendorf style. The characters are in a landscape that captures an important local feature. The people are often softly drawn; the landscape takes a sharp perspective dive into the background. It is fine story telling, a celebration of our history and executed with an inspired hand and a thoughtful mind.

But this "Lost Mural" in Owen Sound is not the only one. His murals are under-documented. Of the over one hundred, only 89 can be seen on his website. One of which is labeled IMG 0030. Looks to be located in an interior, I would wager, in Collingwood? If you Google for his murals, you will see images that are not on his site. There is no one place where one can say with certainty you will find the locations of all his work.

I spoke by email with his widow last year. She told me that even she doesn't have all the information. He died shortly after their first anniversary. I have discussed over this last year the virtue of documenting these treasures as a tour to promote Grey Bruce – Owen Sound; but mostly, as his widow reminded me, it seems necessary to acknowledge the man. He was a devout, devoted and talented man.

I saw him only once. He was retouching his first mural here in Durham. He looked thin and it must have been near the end of his life though I didn't know it, I didn't even know then he was the artist. I have seen photographs of him since. It was him. If I knew then what I know now, I would have shook his hand and thanked him. And then I would have asked him where those other dozen or so murals are hung. Ω

WHAT'S ON AT Santa Fe Gallery

Lin Souliere

Fall colours have begun to surround our beautiful Grey-Bruce landscape and the colours continue here at Santa Fe Gallery. Hope you can take time for a stroll through the art; we truly have some amazing talent in this area.

Opening on Saturday October 10 from 2:00 to 4:00, we have a new exhibit of Photography by **Tammy Kirkpatrick** and Paintings by **Elaine Doy**. Both artists give us a treat for the eyes, in colour, in form and in passion. The Fall Colours exhibit runs to November 14.


Looking ahead towards the busy holiday season, we have our Annual Creative Light Exhibit opening on Saturday November 21, from 2:00 to 4:00. Artists wishing to exhibit in Creative Light can pick up entry forms after October 24 at the gallery or email me at linsouliere@gmail.com for a copy. We look forward to having all types of art in this show this year...all media is welcomed.

And if you are looking for holiday gifts for an artist you know, drop by Mudtown Art Supply and check out all the creative goodies we have in stock. Santa Fe Gallery is open Tuesday to Friday, 10:00 to 4:00, Saturday 9:00 to noon, and we're closed Sunday and Monday. For more information contact (519) 793-4758 or (519) 270-5747 or visit us at 828 3rd Avenue East in Owen Sound.

Live @ Avalon

May Ip and Brent Jeffries

The Avalon Jazz Lounge & Patio located at 229 9th Street East in downtown Owen Sound offers an intimate setting with dinner options and local craft beers on tap. Owen Sound's premier jazz venue features live jazz Wednesday through Sunday and a special Sunday Brunch, featuring solo performances on our century-old Weber piano.

Live@Avalon's October schedule is shaping up really nicely! While still waiting for confirmation from a couple of artists, we are excited to announce the following weekend features: **Richard Knechtel** (9th), **Hammerton-Wagler-O'Neill** (10th), **Regal Jazz Band** (16th), **Brontae Hunter with Don Buchanan** (17th), **Kunle** (23rd) and **Bearcat.3** (24th). On Thursdays, the youth ensemble **West5** enchants audience with familiar jazz standards. Come out and support these youngsters as they embark on a journey of becoming the future of jazz. On Wednesdays, if you like ragtime music, **Wingy Manone Wednesdays** are for you! Bring an instrument and you can participate in Alexander's Ragtime Jam. Sundays, from 11am to 2pm, enjoy your choice of breakfast selections, soup, salad or po'boy sandwich while listening to music played on our century-old Weber upright piano. Admission for all events is PWYC. For more information on music events or reservations contact info@avalonjazz.ca or (519) 416-JAZZ. 

JOIN US FOR OUR 2015/2016 LECTURES

THE WONDERS OF ITALIAN RENAISSANCE ART with Judy Thomson

October 29 to December 3, 2015

This series represents the glorious art of the Renaissance in Italy and the three Italian cities that supported the rebirth. Follow the path of new ideas and ways of seeing from Florence to Rome and finally to Venice, each of which in turn was the centre of artistic activity.



SPECIAL LECTURE - UKRAINE, THE WEST AND RUSSIA: WHERE DO WE STAND NOW? BY LARRY BLACK

Monday, October 19, 2015 - Professor Emeritus and Distinguished Research Scholar at Carleton University, and Director of the Centre for Research on Canadian-Russian Relations at the University Partnership Centre, Georgian College



All Lectures: 10:00 am to noon at the Bayshore Community Centre in Owen Sound.
Lecture series tickets may be purchased online or at the door for \$45.00 per series
Single tickets may be purchased as "rush seats" for \$15.00 as space allows.
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"Look closely. The beautiful may be small." - Immanuel Kant _____ Debbie Ebanks


In the age of the internet, people are bombarded with digital images of artworks readily available for quick digestion. Some artists ask us to slow down and look more closely. The Durham Art Gallery opens the fall season with two captivating exhibitions – *Fold* features work by Jane Buyers and *Répétition* has work by Richard Pilon. These two artists engage in a meticulous, repetitive drawing process producing highly detailed works that reference books, flowers, stones, roots or squares. The artists' delicate treatment of imagery takes us to the brink of the sublime while provoking deeper questions about our place in the world.

Although predominantly employing a black and white palette, two of Buyers' series show handwritten notes in colour. These marginal notes made by students intertwine with old poetry texts. The words are overlaid with an image of a tulip at the end of its blooming cycle. I think about the last breath of each flower mirroring the words of dead male poets and the marginalized words of students of poetry. For me, superimposing floral images over the masculine, authoritative word is a decidedly feminist act. Yet the state of the flower makes

me consider the labour required for such action.

The selection of works by Richard Pilon are delicately executed in coloured pencil. He is inspired by minute parts of mostly small, natural objects. Sometimes a grid breaks up the image, pixelating without revealing its subject. I wonder what things I neglect to see. Although each square sometimes acts as a window, Pilon suggests there is still much more that escapes our eyes. Even though his abstractions distort what I see, the images trigger associations locked in my memory.

Both of these artists beckon me to take the time to look rather than to simply scan through images. If we dare to commit ourselves to notice things, perhaps we have a better chance at finding the beauty. Perhaps we are more likely to see the small, beautiful things present in each other.


Located at 251 George Street East, the Durham Art Gallery hours are Tuesday to Friday from 10 to 5; Saturday, Sunday and holidays from 1 to 4. For more information contact (519) 369-3692 or info@durhamart.con.ca or www.durhamart.on.ca. 

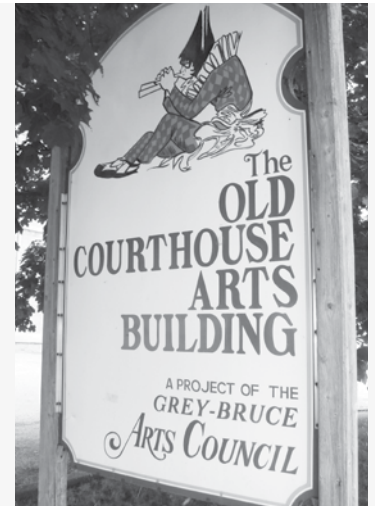
HARLEQUIN

By the central door to the old Courthouse Building on 3rd Avenue East in Owen Sound, there is a brass historical plate that informs this is a Designated Heritage Building of 1864. It has been many years since, when led by curiosity, I tried the door. Not locked. I stepped inside. It was very quiet. Nothing stirred, "not even a mouse." Apparently all judicial stuff had long since ceased. I felt totally alone in this cavernous space. Thoughts of all that had gone on in here were pressing down upon me. I was rather surprised to come across a full-sized boxing ring. And up there, on the wall was a splendiferous heraraldic Coat of Arms.

And now on this day in late August, and the

Story/Photo Ted Shaw

building sold, outside by the side of the road under the maple trees there is a tall sign that proclaims on each side this is the "Old Courthouse Arts Building – a project of the Grey Bruce Arts Council." For a while, until recently, spaces were rented to serve as studios wherein artists would ply their crafts. But now, the artists have departed to where-ever, upon their wandering ways. Above the words we see the portrayal of Pierrot the Clown, in his traditional baggy costume, and playing his flute. In the shafts of flickering sunlight through the leaves he moves. He is dancing. The painting *Harlequin* by Cezanne, comes to mind. And so Pierrot, come what may, please play on. 





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UPDATE: at the Owen Sound Artists' Co-operative

by Morag Budgeon



I was challenging myself the other day to think of anything I need to acquire for my day to day life, both essential and luxury items, that was not available for purchase downtown. I actually can walk to obtain the crucial items: groceries, prescriptions, beer (oh wait...wine and spirits...guess I will have to get those poured into glasses at a local restaurant/bar). Recently, I had an invasion of wasps in my home; helpful advice and solutions were found on the Main Street! Something splendid to wear for me, my husband and children? Shoes and accessories? Where better than downtown. Books, toys, flowers, unique food, home décor, kitchenwares...I find it all in our grand collection of specialty and boutique stores. Want to dine out? A global array of cuisine is available: Asian, Greek, Cajun, Indian, Mexican, Fusion and more. Buying lunch downtown is one of my favourite pastimes. Saturday morning market offers fresh everything, plus a thriving social community. Many of our Co-op members also sell their wares at market, including Eternal Bee, the passion of **Aiyana Harris**.

Aiyana started her own business, Eternal Bee from scratch about six years ago. Aiyana was never crazy about the amount of chemicals in traditional over-the-counter skincare products and wanted to create

something she herself would feel comfortable putting on her own skin. With her background in holistic medicine she began to experiment until she came up with her own line of lifestyle products. From eye serums to skin creams, beeswax candles, lip balm and more, Eternal Bees' products are designed to heal, soothe and brighten your day. Aiyana is dedicated to encouraging her customers towards the subtle art form of treating themselves well. Her candles bring light and warmth, cleanse your space and can help with depression. Her organic skin creams are formulated from scratch, all natural, and are made with the highest quality ingredients.

As well as our 40 brilliant members, new guests and exhibits are featured monthly at the Artists' Co-op. Our guest artist for October **Aimee Charbonneau** returns with her beautifully designed and handmade hemp clothing. Her soft fabrics, lovely colours and flattering lines occupy several hangers in my wardrobe!

In the Legacy Gallery, we will be unveiling a new exhibit "Together Again." After a successful collaborative exhibit in 2014, five female artists re-unite to showcase the direction that their individual work has since taken. Working in cold wax/oil, and acrylics, **Wendy Bachiu, Cathy Byberg, Laurie Cochrane, Janet Henry and Susan**



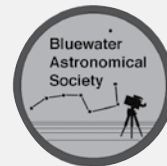
Beeswax lotion and candles by Aiyana Harris, Eternal Bee

Seitz have created a beautiful collaboration of art. They will be available to meet at the opening, Sunday, October 4, from 2 to 4 pm.

Feed your soul in downtown Owen Sound! The Owen Sound Artists' Co-op at 279 10th Street East is open Monday to Saturday, 9:30 am to 5:30 pm. ♪

Rise and Shine

Zoë Kessler



You've been thinking about doing some stargazing, but you haven't seen a late night since Johnny Carson went off the air? Or perhaps you're a natural-born early riser? No more excuses! Haul your butt out of bed because in October, the expression "rise and shine" reaches a whole new level. You take care of the rise part; the planets Mercury, Venus, and Jupiter will take care of the shine. And let's face it: most of us are crazy about shiiiiiny things!

Here are some highlights: On the 16th, Mercury makes a rare appearance low in the eastern sky just before sunrise (7:40am). This is the highest it's going to get, so take advantage of the opportunity to see this shy inner planet. Both Venus and Jupiter will appear, very close together, in the east just before sunrise (7:53am) on October 26. And, saving the best for last, on October 28 the skies offer up some truly spectacular celestial bling. Like a beautiful three-jewel pendant, Venus, Mars, and Jupiter form a rare, three-planet conjunction (grouping). Look for a tight 1-degree triangle in the east just before the sun comes up at 7:56am.

So forget expensive diamonds and jewels and set your alarms to appreciate truly the most dazzling gems of all – our beguiling planetary neighbours. ♪



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RENAISSANCE ART & RUSSIAN POLITICS BALL 2015-16

Judy Beth Armstrong



Larry Black returns to present the Bluewater Association for Lifelong Learning – BALL's – first special lecture of this season, *Ukraine, The West and Russia: Where Do We Stand Now?* Much has happened since April 2014 when Dr. Black last spoke to BALL members so this address will serve partly as an update and partly as an explication of the international manifestations of the crisis in Ukraine. What are the temporary and permanent consequences of the tragic events in Ukraine? Have international alignments shifted? Have sanctions vs. Russia worked? So many more questions; so few answers...so much to think about! Join us with *your* questions on Monday, October 19 at 10am. Tickets are \$5 for BALL members; \$15.00 for non-members.

Italian Renaissance Art is the topic of the second series, October 29 to December 3, for six consecutive Thursdays. Explore the glorious art of the Italian Renaissance with local art historian and arts

advocate Judy Thomson who will guide us through the rebirth of artistic activity in Florence, Rome and Venice, 1350 – 1550. The lecture series costs \$45, which includes BALL membership fee. Register in advance online with your credit card at the newly updated website: bluewaterlearns.com or take your chance for a seat when you register at the door (cash or cheque only).

Other talks scheduled for the 2015-2016 season include the science and secrets of light, (*Let There be Light* with John Hlynialuk) and understanding the brain (*Our Beautiful Baffling Brains* presented by six leading experts in their fields). All lectures in the 2015-2016 season are scheduled for Thursday mornings (unless otherwise noted), 10am to noon, in Owen Sound at the Harry Lumley Bayshore Community Centre. BALL membership is open to all adults with an inquisitive mind. For further information, please visit bluewaterlearns.com or email info@bluewaterlearns.com.

NEW BOOK:

Anne Judd

CORKY


by Suzanne Sloan

Corky, an Airedale Terrier, is the central character in the first novel for adults released by The Bruce Dale Press. Corky touches many lives and the book shows the redemptive power of human/animal connections. The fictional dog's present and past owners – an immigrant farmer, a boutique owner, and a tourist-lodge worker – can scarcely believe their Airedale is charged with killing a

man. As the dramatic story unfolds, readers re-live the summer of 1980, when Ontario law took a somewhat different view of many things.

Author M. Suzanne Sloan lives in southern Grey County and has set the story in a fictional town there as well as locations on Georgian Bay and the Toronto area. Her work has previously appeared in *Wood Words: a celebration of forests* and in issues of *The Leaf*, all published by The Bruce Dale Press. She has independently published a memoir of her northern Canada childhood, *Mining the Memories*, as well as an e-novel, *Eleanor*. Ms. Sloan has experience in birthing and caring for puppies from her childhood years and, for a time, shared her life with a rescue dog.

At 218 pages, *Corky* retails for \$20.00 and is available from independent booksellers or on-line from www.bruce Dale Press.ca.



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Bruce Trail Clubs Welcome You!

Sandra J. Howe

Did you know that the Bruce Trail is Canada's oldest and longest footpath? Begun by volunteers in 1962 – over 50 years ago – it now stretches 885 km from Tobermory to Queenston, ON. Nine member clubs are part of the Bruce Trail Conservancy. In Grey-Bruce, the Peninsula, Sydenham, Beaver Valley, and Blue Mountain Clubs maintain the trail and offer local hiking programs. Fall is a wonderful time for hiking: cooler weather, few bugs, and spectacular colours all add to the pleasure. The clubs provide a wide range of opportunities for the public to get active and involved.

Sunday, October 4 is **Bruce Trail Day!** Free, guided hikes are open to everyone. Blue Mountains Club will hike at Swiss Meadows atop Blue Mountain. Beaver Valley Club will hike in the Kolapore Uplands. Sydenham Club will be at Pottawatomi Conservation Area, Springmount. Peninsula Club will host their 12th Annual Bruce Peninsula Outdoor Festival. More details on all Bruce Trail Day events online at www.bruce-trail.org/pages/bruce-trail-day.

On Sunday, October 18, the Sydenham Club invites members and friends to join together for a great day of hiking, socializing, and eating. Our Annual General Meeting will take place at Walters Falls Community Centre this year. Meet at 1:30pm to hike the lovely Walters Creek Loop or explore historic Walters Falls. AGM, potluck supper and catching up on trail stories will follow. This is a fun and friendly way to connect with club members and learn more about what we do.

All Bruce Trail Clubs are run entirely by volunteers and your help is most welcome. Clubs need trail captains, land stewards, trail workers, organizers, writers, photographers, storytellers, bookkeepers, leaders, followers... there is a place for you in these organizations. Come to an event or contact your local club to get involved. The Sydenham Club is especially seeking new members to serve as Events Coordinator, Land Stewardship Director, and Vice-President. New trail captains and crew are always helpful. We enjoy our work and play and hope you join us soon! Happy hiking!



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Lin Souliere (Gallery Director) and Carl Bell

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Trek along heritage trails with Bob Henderson

Kate Russell

Take a trip along heritage trails across Canada on October 28 at 7pm at the South Grey Museum as seasoned outdoorsman, educator and author Bob Henderson shares personal stories gleaned from over 40 years of travel exploration. Truly trails with tales, Henderson's journeys inspire the imagination and share rich experiences. Join him as he crosses our country from north to south and east to west. Where others may see empty space, this adventurer will open your eyes to little-known aspects of an earlier period. Watch the past awaken as he shares research to enliven the past to enrich our present. Presented as part of the museum's annual speaker series, held every fourth Wednesday through to November, \$5 for members, general admission is \$7.



HEARTWOOD


Josh Richardson Photo: John Fearnall/Good Noise Photography

The Heartwood Concert Hall – the first new music-dedicated venue since the heyday of local dance pavilions – has opened in downtown Owen Sound. Their first event marked the first release of a vinyl record in the city for almost three decades with Mudtown Records’ celebration of the release of Windsor quartet **What Seas, What Shores’** album “Spiritual Nap Machine” along with performances by Toronto art-country septet **Beams**, and **Charles Glasspool** with **Keira McArthur**. The event also featured visuals in collaboration with **OSC Media House**.

You could say that the area is seeing a boom, or at least an upturn, in the local music industry. With Summerfolk hosting its most successful festival to date and the region experiencing a wealth of music related events – from festivals and house concerts to nationally recognized acts and local cover bands – it’s hard to read a newspaper, listen to the radio, or scroll through a social media feed without encountering a local music related story.

Enter Greg Bottrel. In 2005, he and his wife Joanna and their young family bought the Charles Lake Stock Farm where I once worked as a shepherd. The farmer told me – knowing my interest in music – that “a music guy” had bought the farm. I’d learn later about the new owner’s deep connection to the Canadian music industry – his early days booking Toronto’s storied Queen Street venue, the Rivoli, to his helping launch the Tragically Hip’s latest album with a

four-day residency at his part-owned venue in Kensington Market. The rule of six degrees of separation proved true as I soon met Greg and his wife through mutual friends. “I’ve got an idea for a place kinda like the Black Sheep Inn,” he said, referring to the legendary and picturesquely situated venue in small town Wakefield, Quebec. A who’s who in Canadian musicians have played the Black Sheep. It’s almost a necessity that a touring band make their stop at the Black Sheep before “making it” in Canada.

It turned out Greg’s interest was authentic. He and his two teenage sons play and write music. The family ensconced themselves into the musical community, attending songwriters’ nights, and finally making the move into the city. A location for the venue was found in the former Jolley’s Cycle building on 2nd Avenue with Joanna first opening her Heartwood Home rustic furnishings store, while Greg and a team of local craftspeople worked shaping the upstairs space with reclaimed wood and locally sourced materials. Those who’ve seen it agree it is a beautifully crafted space – and one, I will wager, that will become a favourite of audiences and musicians alike. The fully licensed venue with stage, lighting and sound system, video capabilities, green room, kitchen, and capacity for 150 people is available to promoters, community groups, and private individuals for bookings. Check out both Heartwood Hall and Mudtown Records on Facebook. 


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MAIN STAGE FRIDAY, NOVEMBER 6

Durham Art Gallery 7:30pm

Carolyn Marie Souaid is the Montreal-based author of seven poetry collections, most recently *This World We Invented* (2015). She has performed her work in Paris, Berlin, Budapest, Ljubljana, Canada and the US. Her videopoeem *Blood is Blood* (with Endre Farkas) won a top prize at the 2012 Zebra Poetry Film Festival in Berlin.



Fortner Anderson has been a featured poet at the Berlinpoesie festival, the Festival international de la littérature in Montreal and the Genoa International Poetry Festival. In 2007, he was awarded the "La voix électrique" prize for career achievement in poetry performance. His latest book and performance work, *Points of departure*, will be launched in the fall of 2015 by small perturbations press.



Comedian **Charlie Demers** has performed in clubs and at festivals across the country and as a regular guest on CBC's *The Debaters* and *This is That*. Author of *Vancouver Special* (a finalist for the BC Bookprize for nonfiction), as well as the forthcoming collection of humour essays *The Horrors*, he is a lecturer in the prestigious Creative Writing program at the University of British Columbia, where he teaches non-fiction, new media, and comedy writing.



SATURDAY, NOVEMBER 7

Durham Art Gallery 7:30pm

Susan McMaster's credits include anthologies, magazines, poetry books, and recordings and performances with First Draft, SugarBeat, and Geode Music & Poetry. *Crossing Arcs: Alzheimer's, My Mother and Me* was shortlisted for ARC Magazine's 2010 Lampman Award, the Ottawa Book Award, and the Acorn-Plantos People's Poetry Prize. She's a former president of the League of Canadian Poets.



Dr Naila Keleta-Mae is an award-winning artist and scholar whose work explores performance, gender, race, politics, and the self. She is an Assistant Professor of Theatre and Performance at the University of Waterloo and a published and produced poet, playwright, and director who has worked in Canada, France, Japan, Portugal, South Africa and the US.



Dennis Cooley lives in Winnipeg where he taught Canadian literature. He was instrumental in the beginnings of the Turnstone Press and Manitoba Writers' Guild. He has edited many books, including two anthologies of prairie poetry, and published many titles, including *The Vernacular Muse*, *Bloody Jack*, *correction line*, *this only home*, and more recently *the stones* and *abecedariam*.



SUNDAY, NOVEMBER 8

Durham Art Gallery 2pm

Mark Truscott is the author of two books of poetry: *Said Like Reeds or Things* (Coach House, 2004) and *Nature* (BookThug, 2010). His third book, *Branches*, is forthcoming in fall 2016. He lives in Toronto.



Veronica Gaylie is a poet, writer and environmental educator from Vancouver. Her work has been published in literary journals including *Poetry Review* (UK) and *Crannog* (Ireland), as well as *Geist*, *Grain*, *Ditch*, and *Filling Station*. She has written two books about ecological education. Veronica's first book of poetry *Sword Dance* (Exile 2015) will see the light in Fall 2015.



Armand Garnet Ruffo is the author of the biography *Norval Morrisseau: Man Changing into Thunderbird* (Douglas & McIntyre, 2014) and four books of poetry, including *The Thunderbird Poems* (Harbour Publishing, 2015). He is an associate professor in the Department of English Language and Literature at Queen's University and lives in Kingston, Ontario.



SATELLITE EVENTS SUNDAY, NOVEMBER 1

at Victoria Jubilee Hall, Walkerton 2 pm

Ghosts of Grey County

Jenny Parsons and Steve Morel present this year's family program, a comedic play with songs. Grey County heroes Agnes Macphail and John Diefenbaker feature in a cast filled with colourful local characters, including a chorus of crooning coyotes. Part comedy, part history lesson, mostly strange and wonderful: come see the *Ghosts of Grey County* rise again to lift us up with their revelry and revelations!

THURSDAY, NOVEMBER 5

at Garafraxa Cafe, Durham 7pm

Screening & Discussion: *Blood is Blood*, by Carolyn Marie Souaid & Endre Farkas, a collaborative book-length poem for two voices,



dealing with the bloodshed in the Middle East, a version of which was commissioned for CBC Radio in 2006. Souaid, of Christian Lebanese descent and Farkas, the child of Jewish Holocaust survivors, give this piece a special resonance. The video-poem shows this powerful encounter between two poets from diametrically opposed backgrounds and world-views.

SATURDAY, NOVEMBER 6:

West Grey Library, Durham 10am – 12pm
Words Aloud, in partnership with the Durham Public Library, present local writer, actor and storyteller Bob Bainborough performing a new Jake and Jack story, *Jake and Jack and the Mystery Train*. Stay afterward to participate in some Playful Poetry Activities! This is a free family-friendly event. Please bring a non-perishable food bank donation.

Durham Legion Hall 1 - 3pm

London Poetry Slam & Comedian Charlie Demers
Our (eye)opening act is West Coast comedian, Charlie Demers, heralded by CBC Radio as “truly one of the smartest comics out there.” You won’t want to miss this one, followed by Holly Painter, leading a powerful team of spoken word artists from London ON. Flowing from optimism, social advocacy, self-love and bruised hearts the words of these youth slammers will fill the space with a multiplicity of messages and meanings.

Harmony Centre, Owen Sound

Crossing Arcs: Alzheimer’s, My Mother and Me
Susan McMaster, with accompanist Barb Dyck, will present her musical spoken word performance to an audience gathered from the community of families coping with Alzheimer’s Disease in Owen Sound. This collaboration with The Owen Sound Alzheimer’s Society will also include an improvisational performance by theatre troupe *Sheatre*.

M’Wikwedong Native Cultural Resource Centre, Owen Sound

Armand Garnet Ruffo reads from his book *The Thunderbird Poems* and discusses his fascination with and academic work on the prolific and self-taught Ojibway artist Norval Morrisseau.

SUNDAY, NOVEMBER 8

at St Peter’s Parish Hall, Durham, 12 – 1pm
At the Edges of the Spiritual: Expressing Mystery

in Poetry and Religion

Mystery names the experience of wonder and awe in our relation to the world: pain and death, life and hope, the cosmic and the intimate. Come and explore the intersections between two modes of sharing our words in the face of mystery. Is the spiritual what reason cannot probe and science cannot quantify? Presented in a dialog format, with Norm Klassen, professor of English at St Jerome’s University (U of Waterloo), and Charles Fernandes, deacon at St John’s parish in Dundalk.

WORKSHOPS

at Durham Town Hall

Suitable for all levels and ages, from beginning to published writers. Preregistration for limited spaces is recommended.

SATURDAY, NOVEMBER 7:

9am – 12 noon

Dennis Cooley, “Intensifying the Poem”
In this workshop the focus would be not on how to get started, or to become inspired, or how to draw on one’s memories or dreams as impulses for writing. It would consider what we can do with texts, even those that might seem undeveloped or unpromising; somehow needing something more (or less). Participants ought to bring a variety of texts, including those written by others, and even those that seem in no obvious or usual way to be poetic

SATURDAY, NOVEMBER 7:

1 – 4pm

Dr Naila Keleta-Mae, “First Person Singular”
In this workshop participants will discuss autobiography and autoethnography – specifically the ways in which we can narrate and imagine the use of our personal and lived experiences in our writing.

SUNDAY, NOVEMBER 8:

9am – 12 noon

Veronica Gaylie, “Words and Work: A Weaving”
This workshop weaves together the words of the workplace into compelling stories or perhaps, poems. Whether you are a woodworker, a farmer, a phlebotomist, or simply living the daily grind, this workshop will help bring you the inspiration to get your words out to the world.

TICKETS

Main Stage Performances and Workshops

INDIVIDUAL EVENTS	Regular	Student
Main Stage Evening	\$20	\$15
Main Stage Matinee	\$15	\$5
Workshops	\$35	\$20
Poetry Slam	\$5	\$2
FESTIVAL PASSES		
Main Stage only	\$45	\$25
Workshops only	\$95	\$70
Main Stage & Workshops	\$140	\$95
EARLY BIRD SPECIALS		
(on or before Monday, October 12)		
Main Stage & Workshops		
Festival Pass	\$125	
Main Stage Festival Pass	\$40	
Children’s Program	\$12	
\$6 (youth up to 12 years old)		

More information and tickets for Main Stage, Workshops and Children’s Program available at: www.wordsaloud.ca and the Durham Art Gallery. Children’s Program tickets also available at: Holst Office Supplies in Hanover and Walkerton. For information on events and ticket availability, Email info@wordsaloud.ca or phone Durham Art Gallery at 519-369-3692. For information on the Children’s Program and the “Ghosts” writing contest, Email info@sbgbyouthliteracy.org or phone 519-364-0008.

THANKS

Words Aloud gratefully acknowledges all our supporters and our valued collaboration with the Durham Art Gallery. Our Funders are Canada Council for the Arts, Ontario Arts Council, Community Foundation Grey Bruce, The League of Canadian Poets, Municipality of West Grey and Quebec Writer’s Federation. Our Producing Partners are Durham Art Gallery, South Grey Bruce Youth Literacy Council, West Grey Public Library, Durham Branch, M’Wikwedong, Owen Sound Alzheimer’s Society, St Peter’s Parish Hall, Durham Legion, Garafraxa Cafe, Auditory Health Care and Victoria Jubilee Hall. Our Festival Supporters are Dunlop Johnson & Pust Barristers & Solicitors, Wilson Travel Service, Millennia Books, Kimberley Love and Edgehill Country School. Our Media Supporters are MOSAIC, Exile and The Owen Sound Sun Times.

For more than 5000 years a starchy tuber, the humble potato, has been a staple food crop around the world. In fact, many historians credit the potato with the development of the New World following the Spanish conquest of the Incan world, because potatoes yield abundantly with little effort and adapt readily to diverse climates. However a lack of genetic crop diversity left the crop vulnerable to disease and, in 1845, a late blight caused by fungus spread through the poorer communities of western Ireland. This resulted in widespread crop failure and the Great Irish Famine. One of the legacies of this significant event was a heightened sense of Irish nationalism that eventually led to independence from Great Britain in the 20th century.

On October 4 from 12 noon to 5pm, Grey Roots celebrates its **6th Annual Pratie Oaten Irish Festival** in Moreston Heritage Village, a day of music, games and stories of the past from our costumed interpreters. The potatoes are dug and it's time to boil up a pot of "lumpers" to make a batch of everyone's favourite, Pratie Oaten, our Irish potato oatcakes. Watch as the Blacksmith twists molten hot iron into intricate Celtic designs. Samples of Pratie Oaten will be available throughout the day in the Log Cabin. Do not miss this fun tribute to the early Irish settlers in Grey County.


From 4 to 7pm, on October 24, something wicked this way comes. School-age children are invited to join us to explore spooky activities in Moreston Heritage Village at **A Little Scary Halloween** event, with games, fortune telling, crafts and a photo booth. Dress up and join the fun at Grey Roots. Children must be accompanied by an adult. Regular admission rates apply.

Dinosaurs Unearthed will inspire curiosity and capture the imagination. Three lifelike and life-sized animatronic dinosaurs, as well as a T-Rex head, a feathered T-Rex juvenile, stunning fossils and a Gasosaurus skeleton, take center stage in this family friendly exhibit, which has been extended until October 31.

Four years and more than 8,000 volunteer hours later, the diorama representing the east side of the Owen Sound Harbour

circa 1910, is now the centrepiece of **Arrivals & Departures: The CPR in Grey County**. This original exhibit, available until 2017, also includes beautifully designed interpretive panels and rail artefacts.

For 75 years, families have relied on CFOS for the latest news of their communities and around the world. In honour of this anniversary, Grey Roots presents an encore display of its original exhibit, **On the Air: 70 Years of CFOS Radio**. Be introduced to your favourite radio personalities and shows through audio clips, and take a behind-the-scenes look at CFOS with rare station artefacts. This is an extraordinary perspective on the evolution of our community through the recorded history of CFOS. This exhibit will be open until the end of the year.

Grey Roots combines Museum, Archives, and Tourism services under one roof and is located at 102599 Grey Road 18, just west of Inglis Falls and a few minutes south of Owen Sound, in the Municipality of Georgian Bluffs. Grey Roots is open seven days a week, from 10am to 5pm, until Thanksgiving. For information on any of our programs or services, please refer to our website at www.greyroots.com or call (519)376-3690 or toll free 1-877-GREY ROOTS. 

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WILD LANDS FILM FESTIVAL

Nelson Phillips

The 2nd annual Wild Lands Film Festival (WLFF) kicks off October 9 and 10 at Owen Sound's Historic Roxy Theatre. On Friday night, the festival will premiere a riveting documentary film as the opening gala event. *How to Change the World* chronicles the not-so-humble rise of Greenpeace. Saturday night, our crowd favourite Shorts program is back, premiering 10-12 local and regional short films from Owen Sound and all over Ontario. Noted media critic, author and *Globe and Mail* film critic, Geoff Pevere, will return to MC the festival. Newly appointed Owen Sound Poets Laureate, Larry Jensen and Rob Rolfe, will open the local Shorts programme.

As a special presentation, on Saturday at 2:00 pm, the WLFF will up shop in the newly unveiled Heartwood Concert Hall, partnering with Mudtown Records to screen *Montage of Heck*, a pseudo-fantasy documentary based on the life of Nirvana frontman, Kurt Cobain. Lynn Crosbie, author of the new novel *Where Did You Sleep Last Night*, will attend the screening to take part in a Q&A with Pevere and give a short book reading. A separate \$5 door charge applies for this matinee presentation.



Festival patrons will be able to enjoy a collaboration craft beer made by Kilannan Brewing Co., and Tobermory Brewing Co. and Grill – made specifically for the festival. *Wild Lands Mild Oxymoron Ale* will be available at the Roxy Theatre during the festival, as well as Casero Kitchen Table.

The Wild Lands Film Festival is dedicated to helping Owen Sound and Grey Bruce cement itself as an emerging and engaged film hub of the near-north. WLFF serves to benefit the community by including local businesses, artists and entrepreneurs in a thought-provoking and professional annual event. Tickets are available at the Roxy box office in Owen Sound for \$20/night, or \$35/festival. **Ω**

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PROFILE:

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Sandra J. Howe

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Carl began his collection in 1987 with a vintage wagon which he carefully refinished. Flea markets and hobby shows have provided many great finds over the years. Original catalogue ads with descriptions and costs provide heritage details. His oldest piece is a wooden 1868 Junior Boneshaker Bicycle. It looks like it would, in fact, rattle your bones. Later models include sophisticated details like spring suspension, brakes, horns, lights and sirens. There is a toy for every child's fancy: fire engines, airplanes, horses with sulkies, tractors, prams, sleds. So much joy! As Carl says, "It's never too late for a happy childhood!"

To visit Jolley's Riding Toy Museum at Meaford, contact them for an appointment at (519) 538-3200 or visit www.jolleyridingtoymuseum.com. It will make you remember and smile. 



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UPCOMING EVENTS:

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Now in its 13th year, Write @ Your Library is the biggest and longest running local creative writing contest for youth, partnering public libraries across Grey and Bruce counties with MOSAIC magazine, the United Way of Bruce Grey and the Centre cultural du Jardin decouvertes to provide young writers from our region with the opportunity to be recognized for their creative achievements. If you would like to find out more about the Write @ Your Library contest, please contact Nadia Danyluk, Youth Services Librarian at the Owen Sound & North Grey Union Public Library at ndanyluk@owensound.library.on.ca or (519) 376-6623 ext. 4.

Senior Short Story – First Place

The Contentment of Regret

Emma-Jane Hill

There was a face in the wall, that's what Clara remembered most clearly. Not a literal face of course, but after everything that wall had seen how could it not have developed a sort of perception and understanding? It seemed as though the people that knew the significance of that place always nodded sympathetically towards the wall, and the wall would inexplicably accept their motions.

There have been many people who have experienced the weight of that place, and are forever changed. Well, except for Clara that is. Everyone that visits is given a choice, and until Clara everyone had chosen the same. She gave the wall a new view, a new perception, a new understanding. The wall had the most sympathy and gratitude for her.

Clara had been drawn toward the tree, as most were. She saw the area shaded by the long, graceful arms of the willow tree. It seemed as if a pristine area of nature enclosed the tree. The butterflies were calm, the bees were kind, and the grass was that perfect green.

She was just passing through, so she had never heard the legends the townspeople always joked about, all secretly wanting to experience it themselves.

The tree was in a small courtyard, all surrounded by brick walls, completely enclosed on all sides save for the little stone path that was difficult to find. Aside from the path, the ground was all grass.

It was when Clara was starting towards the tree that she noticed the silence. She had no idea when it happened, but she realized that she couldn't hear any noises from the world outside the courtyard. There were no car noises, no passersby, only the serene calm of the courtyard. For some reason though, this didn't faze her. She continued to stare at the tree. All of a sudden she heard the sound of footsteps from behind her. She spun around and saw a kind, yet strange looking old man. His suit was compiled of mismatched pieces, some looking like they dated back hundreds of years.

"Sorry, just thought I'd shuffle my feet around so as not to frighten you too much," he said.

"Who are you?" Clara asked, still stunned.

"My name is not important, though I suppose I don't really have one. Your name, however, is something very important indeed," he said with a knowing smile, though what he knew she had no idea.

"I'm not sure I understand," said Clara, not understanding a thing at all.

"I know your past, Clara. I know your future, your possible futures, and every regret you've ever had," he said.

"How do you know my name?" Clara asked startled.

"Because I'm here to offer you a choice. A choice to choose a new path in life, to rectify a mistake," he told her. Clara was still very confused, and had the notion to leave, but she found that she couldn't. Her entire body was calm, and waiting to hear the strange man's offer.

"Seven years and thirty-six days ago you made a decision that you've regretted ever since. Your friend decided to leave the place where you'd grown up, and asked you to come. You struggled with the decision, worried that you both had no money, no plan, just a random spot circled on a map. In the end you decided to go, and have regretted it ever since.

"You were right to have concerns. You and your friend struggled and fought. After only a few months you went your separate ways, and you haven't spoken since. For the next few years you had a very difficult time, always regretting your decision," he finished.

Clara nervously awaited the next part of his speech.

"So now you have a choice," he told her. "I can change your decision for you. It will be as if you never decided to go away with your friend, you will finally choose the path you've always wished you had taken.

"If you choose to change your choice, you will never remember our encounter. It will just be as if you had always chosen that way. However, if you choose not to change the decision you made, you will remember me, and what I offered you," he explained.

As the man patiently awaited her response, she was trying to understand everything and make a choice. She did not immediately choose to change her past, but wasn't this what she had always wanted? A chance to live her life the way she had wanted it to be? It hadn't all been bad though. Actually, after a bit her life had become something she had never imagined.

"I think...I'd like to keep everything the way it is," she said, making her decision. The old man's eyebrows went up, being truly surprised for the very first time. Never before had anyone chosen this.

"But...why?" he asked.

"If I change it, I'll be a completely different person. I will never have existed. My life might have been challenging for a while, but I wouldn't want to change it for anything. Maybe I'm just selfish," she said, casting her eyes down.

"No, Clara. I think you're the first wise person I've encountered in my life," said the strange old man, right before he disappeared from her sight.

As Clara left the courtyard that day, she looked at the old wall, and that look is what changed it. She remembered. She was the only person that knew the significance of the wall, the tree, and the grass. She alone held the secret. Well, her and the wall.

TREES 'N' TRAITS: MAPLE – “VIVACITY”

Neil Baldwin

This ongoing inquiry into whether particular tree species may personify some of your traits (or perhaps traits you desire!) is winding down to its second-last installment. As you walk your favourite woodlands of Grey-Bruce this month, what a great time to consider how you closely Maples embody your essence.

There are “hard maples” – Sugar and Black (the latter generally found south of Grey-Bruce); and “soft maples” – such as Red and Silver. In some parts of our region you may see Mountain, Striped and Manitoba Maples, as well as the naturalized Norway Maple with a leaf shape similar to the Sugar Maple.

Sugar Maples, clearly, are beautiful, showy and colourful. And even though at their most luminous in autumn, they are a lively presence in the forest throughout spring and summer with bold, bright and distinctly identifiable leaves. They are also very sweet. Their sap, with 2-6% sugar content, is what the glorious syrup we use in many ways is distilled from.

Maples tend to be quite light-sensitive. This is most obvious in how their leaves change colour but it is also interesting to

observe how leaf stalks bend and twist to position themselves upright for best exposure to light. Also, maple leaves attached to the underside of a branch will often have longer stalks and larger blades than those on the upper side. Despite being moderately shade tolerant, Maples need good light and will orient themselves to get the most of it.

Are you a “showy” Maple personality – the type of person who may stand out from the crowd and get attention? Do people tend to see you as a colourful life-force? Do you get “tapped” by others for your sweet smile, vibrant personality and cheerful demeanour? If so, perhaps you are a Maple.

Just as Maple trees are quite sensitive to light, people with a Maple temperament are also quite energy aware. They are able to intuitively sense positive (and negative) energy in others, and are apt to be affected by those energies around them. If you are a Maple, you may also have the ability to change your form somewhat to best harness the energies around you.

It's no coincidence Maples are the focus in the October installment of this series. I ordinarily wrap up each article with suggested local sites to get up close and personal with



Photo by: Shelley Jackson

“your tree” but when it comes to Maples this time of year, they will be making themselves obvious in pretty much every hardwood forest. Also consider this: Maples are at their most beautiful when looking at the forest from beyond. The splendour may be less obvious from within. Life can be like that sometimes too. Next Month: Spruce **Ω**

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A few falls ago we were out for a Sunday drive through the countryside when I spotted something deliciously rusty in the ditch. Pulled over I did and rescued what, at one time in its history, was someone's wash bucket. Imagine clean laundry being hung on the line after being washed by hand in the then perfectly fine galvanized tub. Imagine also, the fresh scent of line-hung laundry filling your nostrils in your home. Doesn't get much better.

So I load up said tub and hairy eyeballs aside, I assure Karin this is a thing of beauty! Take some old anything, fill it full with a story and repurpose it into something offering beauty. This old tub became the home to a bevy of *Acidantherus* (*Gladiolus callianthus*) corms. Now if you're up for a real botanical bonanza treat yourself to a show of these next year. I planted them in the old rusty tub here at QuaySide last summer. They are late bloomers so their show didn't really start until well into August. But what a show. Margo just couldn't contain herself on a drive by one day. She pulled in and demanded to know the name of these extraordinary flowers. She told her cousin Dorothy who lives up the road. They asked Kelly at the Co-Op to order some in. Now *Acideranthus* blooms for many in the "hood". Maybe even in old rusty tubs. Who knew that the old tub could contain and pronounce such a proliferating performance?

I remember Peter Little's bumper sticker from about twenty years ago proclaiming we "Practice random acts of kindness and senseless acts of beauty." I'm all over it! In *The Timeless Way of Building*, Christopher Alexander talks of the quality of the Flower and the Seed. He likens the process of a seed growing into a flower with the potential in the quality inherent in our buildings and towns (and here I offer gardens too). They, like a flower, cannot be made. They must be generated, indirectly, by the ordinary actions of people. This is process and reinvention within the context of a creative evolution. "Art in everyday living" as Bud, my dad, was wont to offer. Love it!

On the cover of Ron's birthday card I pasted a picture of the... old rusty water trough which I had noticed out behind his barn and which he took great delight in delivering to me in his vintage pick-up. The picture showed this year's bumper crop of basil. Perfect in every way. Crossing paths, mixing purposes, redefining stereotypes...eyes wide open for the opportunities to see and breathe the richness of all the layers of our local lives.

The harvest is on and we are thankful. For our first year here at "The Quay", the greens grew and grew. As did the aubergine and golden beets. The almost-too-lately planted Lemon Queen sunflowers are now laden with honeybees gorging on nectar. Simple acts of sowing seeds and growing hope and reaping tremendous joy and nourishment. A time to celebrate.

Pumpkin Cheesecake:

I read somewhere recently someone's depiction of the seasons: winter, spring, summer and pumpkin! Truly this is a prolific and versatile salute to the harvest. Check out Sinclair's Market Garden just west of Hepworth for a fabulous selection of these and other remarkable squash. For this recipe you'll need 1½ cups of cooked pumpkin puree but it freezes well and there is a long winter ahead so put up lots. I also recommend working with the little people in your life. Lots of opportunity here for hands on goinness.

Preparing pumpkin is as easy as cutting them in half, scooping out the innards, stabbing the outer skin a few times and baking at 350 degrees until they are soft. Afterwards puree the pulp in the cuisinart and you're good to go. Of course you'll want to wash the seeds and throw them in a bowl. Add a dash of vegetable oil, salt, pepper, garlic and curry powder. Lay them out on a baking tray and bake the seeds until golden. Snack on these while you make the cheesecake.

For the topping:

- ¾ cup brown sugar
 - 1½ cups pecans
 - 2 Tbs softened butter
- Mix these together and set aside.

For the base:

- 2 cups graham crumbs (substitute ground almonds or your "go to" gluten free options)
- ½ cup melted butter
- 2 Tbs white sugar

Mix and form into a 10" springform pan. You may want to line the bottom with parchment paper beforehand.

For the cheesecake:

- 2 cups softened cream cheese
- 1 cup brown sugar
- 5 eggs, beaten
- 1½ cups fresh pumpkin puree
- 1 cup whipping cream
- 1½ tsp cinnamon
- ½ tsp each of nutmeg and cloves

Combine ingredients and pour over base. Bake for 1 hour at 325 degrees and then sprinkle topping on. Bake for an additional 15 to 20 minutes. The smells will drive them crazy! Gathering family and friends together this fall for our appreciation of the harvest always makes for a wonderful time. The slow and thoughtful preparation of food shared through story couldn't be more rewarding. I know it seems like just yesterday we were at this place in our cycle. That's the thing: the cycles and the rhythms of our lives carry on. Traditions survive and others fade making way for new ones. It's as honest and simple as it gets. Thanksgiving indeed. *Eet smakelijk!* ♫

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Celebrate Our Story

Wendy Tomlinson



Just as the star completes the top of the Christmas tree, a train set circling the bottom of the tree has become a holiday tradition in many homes for more than a century. By the mid 1800s, Christmas decorating had become an extremely popular holiday trend and many households displayed a village diorama, complete with scaled down versions of their own homes and local landmarks. With the immense popularity of train travel, especially during the holidays, it seemed only natural to add a train to the scene and early versions were cast iron push or wind-up trains made by the Buddy L toy company. By the time Lionel manufactured its first electric train set in 1901, train sets were a popular request in letters to Santa.

Between 1901 and 1950, a new brand-name electric train was considered a major purchase that needed to be budgeted for and, since it was after all a toy, Christmas was the ideal time for toy manufacturers to heavily market the train sets, with special Santa-themed lines. During World War 2, some sets capitalized on the theme "I'll Be Home for Christmas", when the railroads moved thousands of soldiers home

for the holidays.

The most popular exhibits with visitors at the Community Waterfront Heritage Centre are the three working scale train sets. Many train enthusiasts fondly remember receiving their first train as a Christmas gift. When asked, one CWHC volunteer and train collector commented, "It sort of fits under the tree, doesn't it? It's the ideal thing to circle around the base of an evergreen!"

Make plans to board **The Christmas Train** on Saturday November 14 and find Christmas treasures at the **Pre-Loved Christmas Ornament Sale** aboard the newly arrived 1953 Dining Car.

We are delighted to announce the winner of our raffle to raise funds to bring the Dining Car to Owen Sound is Richard Bennett. Congratulations to Richard and thank you to everyone who supported this initiative. For more information on all programs, visit www.marineandrail.ca or call (519) 371-3333 or email info@heritagecentre.ca or visit us at 1155 1st Avenue West, Owen Sound, daily until Thanksgiving and by appointment after that. **Ω**

PROFILE:

NEMESIS GROUP SERVICE

Rebekkah Alexander Adams and Bonita Johnson deMatteis of Nemesis Group Services are pleased to announce their practice of Trauma Incident Reduction (TIR) and Life Stress Reduction (LSR), a client centred approach to guiding clients to address and release unwanted emotional and/or behavioural aftereffects of traumatic losses such as grief and loss, accidents, injuries, domestic

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TIR involves re-experiencing past traumas in a completely safe environment, free of distractions, judgments, or interpretations. LSR uses information from a client interview to design a case plan – the Life Stress Reduction Program – to suit what the

viewer hopes to achieve during Life Stress Reduction.

With the use of Narrative, Play and Expressive Art therapy practiced at Nemesis Group Services, we have seen many adults and children enjoy the benefits of reduced trauma and life stress. For more information visit our web site at nemesisgroupservices.com or call us at (519) 372-2425. **Ω**

THE DEMENTIA PLAY david sereda

Does dementia or Alzheimer's disease affect you or someone you know? Are you in the early stages of dementia, or are you a caregiver? Sheatre, an award-winning local community arts company and the Alzheimer Society of Grey-Bruce start work this fall on *The Dementia Play*, a project that will share real-life experiences and fight the stigma connected to dementia. Local people are invited to take part in creating and presenting the play through a series of fun and engaging workshops and rehearsals beginning in October. In November, the play will be presented to audiences young and old at selected community groups, schools and events in Grey-Bruce. "We are looking for ten seniors and caregivers to participate, though younger people are also welcome," says project co-facilitator, david sereda.

Joan Chandler, Artistic Director of Sheatre, has facilitated the creation of 111 plays over Sheatre's 30-year history. She will guide the group through the creative and presentation process. Says Chandler,

"No previous acting or singing experience is needed, just be ready to learn new things, meet new friends and have fun while the group collaborates on a meaningful project for others to enjoy and learn from for years to come."

The project hits home for Audrey Otter, a past participant with Sheatre: "My first husband had dementia. I really know the message you will be getting across is vitally important." Otter presented a series of plays for the benefit of seniors including *Bruno and Alice*, a *Love Story* about falls prevention, and *Ye Canna Throw Your Granny Off a Bus* that dealt with senior abuse.

The project is also timely for sereda, a singer-songwriter and composer for theatre. "Working on the play gives me a chance to not only use music in a new context, but learn about positive strategies to cope with dementia, both from participants and the representatives from the Alzheimer Society of Grey-Bruce. My mother is living with dementia and I'm very aware of the stigma

surrounding it. It can isolate people and prevent them from getting the care and support that is available." Music is a great way to bring people together, and a proven, powerful way to reach people with Alzheimer's and dementia.

The Dementia Play is the first collaboration between Sheatre and the Alzheimer Society of Grey-Bruce. The ASGB will provide educational background and support, and help ensure that the project has a broad reach in the community. Senior participants will receive an honourarium and travel expenses will be reimbursed. While no performance experience is required, experience of dementia and/or Alzheimer's is needed, as well as a desire to help bring this new educational play to life in Grey Bruce. For more information contact Sheatre (Joan Chandler) at sheatre@sheatre.com or (519) 534-3039 or Sandra Hong, Public Education Officer at the Alzheimer Society of Grey-Bruce, at shong@alzheimergreybruce.com or (519) 376-7230 or 1-800-265-9013. **Ω**

NEW BOOK:

GOOF, CARPETBAG STEAK *and Divinity:* A MEMOIR WITH RECIPES

by *Claudia Staines*

I am not very good at waiting. I start getting antsy about my August birthday in June. And the mix of anticipated pleasure and "will they love it?" Christmas anxiety has me making mad lists through the fall. So you'll understand that the past few months, since April really, waiting for October 1st has been stressful. My book, *Goof, Carpetbag Steak and Divinity: A Memoir with Recipes* published by The Ginger Press was officially launched on that date. Before then there was the writing and re-writing, the editing and the proofing, and a lot of worrying. I've been worrying not just about stories I've told, stories about my family and food, but about the food itself.

When writing a cookbook of any sort, the recipes have to be tested to be sure that

what you remember about making Lemon Parmesan Chicken is actually what needs to be done to make it today. As it turns out, I did change the recipe from my mother's version a little bit. More than 50 recipes in the book means a lot of time, a lot of ingredients, a lot of dirty pots and, thankfully, a very happy husband, family members and friends who have enjoyed the taste testing. In the rush to get the manuscript done, I asked brothers Max and David to do a little cooking for me too, to great results.

I am confident that you, too, will be able to make all the recipes you want from this book. I also want you to enjoy the stories. If you've eaten at my table, you may have heard one or two of them before. If you were

so lucky as to meet my parents, or any of my siblings, you might have heard their versions of my stories. But a good story, like a good casserole recipe, is worth repeating and often improves with re-inventing. Get your copy of *Goof, Carpetbag Steak and Divinity* (\$25) today at one of our fine independent local bookstores today. And enjoy your Lemon Parmesan Chicken tonight. **Ω**



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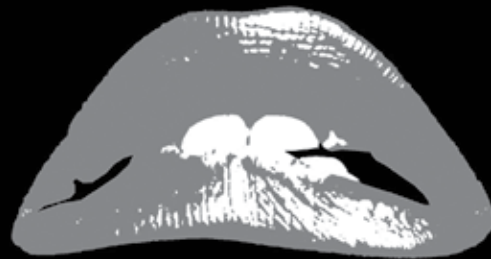
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