# **Fort Stewart**

# **Community Resource Guide**



# **Last updated September 2014**

This guide is published for Fort Stewart and Hunter Army Airfield Garrison, Winn Army Community Hospital, 3rd Infantry Division, and Tenant Organizations. Proponent for this document is the Fort Stewart/HAAF Community Health Promotion Council.

For directory assistance, call: 912-767-1411

For updates or corrections to this guide, call: 912-435-9959 or 912-435-0875

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# Emergency? Dial 911!

# **Emergency Phone Numbers**

AAA/Budweiser Tow to Go	(888)-AAA-HELP
Army Community Services – Information & Referral	(912)767-5058/5059
Domestic Violence Advocates 24-hour Hotline	(912)767-3032
Emergency Room - Winn Army Community Hospital	(912) 435-6666
Georgia Mental Health 24-hour Hotline	(800) 715-4225
Military One Source	(800) 342-9647
On-Call Chaplain (After Hours)	(912) 767-8666/8667
Poison Control	(800) 222-1222
Poison Control (Animals)	(888) 426-4435
Police – Hinesville Non-Emergency.	(912) 368-8211
Police – Military Non-Emergency.	(912) 767-4895
Sexual Harassment/Assault 24-hour Hotline	(877) 995-5247
Suicide Prevention Lifeline	(800) 273-8255



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# Introduction

Fort Stewart is committed to building a strong and healthy community that supports Military Service Members, Families, DA Civilians, and Retirees. The Fort Stewart Resource Guide is a reference tool for contacting agencies responsible for providing Families assistance. Off-post agencies are occasionally listed to provide a full range of resources available within the Hinesville area. The Fort Stewart community is dedicated to providing resources and support to Soldiers and their Families.

#### HOW THIS RESOURCE GUIDE IS ORGANIZED

The Community Resource Guide is organized as a reference tool for individuals to contact agencies that offer support in different areas. Please use the table of contents to identify a topic and locate available resources in the community. Each page/section is organized as follows:

- I. Overview of topic listed
- II. Primary staff agencies responsible for assistance in providing services
- III. All services available with brief description, address, and phone number

# **Abuse and Neglect**

# **Child Abuse and Neglect**

#### **Family Advocacy Program**

Bldg 1286 Room 106, Fort Stewart 912-767-2882

Monday - Friday 7:30 a.m. - 4:30 p.m.

http://www.stewart.army.mil/acs/fap.asp

Audience: Soldiers and Family Members

Description: Prevent spouse and child abuse through education, prompt reporting, investigation, intervention, and treatment. Classes offered include Fly Families, Scream Free Parenting, Daddy Boot Camp, Infant Care, Before Baby Arrives, Play Group, and Family Violence Awareness.

# **Domestic Violence**

#### **Family Advocacy Program**

Bldg 1286 Room 106, Fort Stewart 912-767-2882

 $Monday-Friday\ 7{:}30\ a.m.-4{:}30\ p.m.$ 

http://www.stewart.army.mil/acs/fap.asp

Audience: Soldiers and Family Members

Description: Prevent spouse and child abuse through education, prompt reporting, investigation, intervention,

and treatment. Classes offered include Family Violence Awareness, Scream Free Parenting, Couples

Communication, Risk Management for Leaders, and Can we Talk.

# **Sexual Harassment and Assault**

#### **Family Advocacy Program**

Bldg 1286 Room 106, Fort Stewart 912-767-2882

Monday – Friday 7:30 a.m. – 4:30 p.m.

http://www.stewart.army.mil/acs/fap.asp

Audience: Soldiers and Family Members

Description: Prevent sexual harassment and assault through education, prompt reporting, investigation, intervention, and treatment. Classes offered include Family Violence Awareness, Sexual Assault Prevention and Training, and Silence is NOT Golden.

#### **SHARP Program**

Building 82, Fort Stewart, GA 912-767-9286/5850

Monday – Friday 7:30 a.m. – 4:30 p.m.

http://www.stewart.army.mil/sharp/default.asp

 $\underline{http://www.preventsexualassault.army.mil}$ 

Audience: Soldiers and Family Members

Description: The Army Sexual Harassment Assault Response and Prevention (SHARP) Program is designed to promote sensitive care for victims of sexual assault and accountability for those who commit these crimes.

#### **SHARP 24 hour hotline**

912-271-9958 or

877-995-5247, text 55247

http://www.stewart.army.mil/sharp/default.asp

http://www.preventsexualassault.army.mil

www.safehelpline.org

Audience: Soldiers and Family Members

Description: Have you or someone you know been sexually harassed or assaulted? If so, call the SHARP

HOTLINE to get help. The hotline is available 24/7.

# **Victim Advocacy/Support**

#### **Victim Advocate**

24 Hour Hotline 912-767-3032

Monday – Friday 7:30 a.m. – 4:30 p.m.

http://www.stewart.army.mil/acs/fap.asp

Audience: Family Members

Description: Victim Advocacy Program offers support 24 hours a day, 7 days a week. When a victim of domestic violence calls for assistance the advocate will provide him/her with a safety assessment and emotional support, and will help the victim explore options and community resources to make informed/independent decisions. The advocate can also provide the necessary support and information throughout the investigation, assessment, legal and case review processes. The Victim Advocacy program offers both restricted and unrestricted reporting options.

# **Child/Youth Services**

# **Adoption**

#### **Adoption Legal Support**

Building 709, 1791 Gulick Ave, Fort Stewart, GA 912-767-8819

Mon – Wed, Fri 8:30 a.m. – 4:00 p.m.; Thu 1:00 p.m. – 4:00 p.m.

http://www.stewart.army.mil/Legal/default.asp

Audience: Soldiers, DA Civilians, and Family Members

Description: Legal assistance attorneys are available to provide advice concerning divorce, adoption, custody, child support, name change, and other family law issues. In some cases, attorneys may be able to provide information and forms needed to handle the case alone. Referrals for civilian legal representation also available.

# **Babysitting/CPR Training**

#### Babysitter Training, First Aid, and CPR

Bldg. 6571, 507 Davis Avenue 912-767-3781

http://www.stewartmwr.com/index.php/child\_youth\_school\_services/programs\_and\_services/instructional\_classes/

Link to Calendar: <a href="http://www.stewartmwr.com/index.php/calendar">http://www.stewartmwr.com/index.php/calendar</a>

Audience: Adolescents 13-18

Description: Are you new to babysitting or looking for a way to expand or polish your skills as a babysitter? There are important abilities and knowledge that every parent wants in a responsible babysitter. The SKIES Unlimited training program includes ARMY/4-H class content on Safety and Child Development, First Aid and CPR, Child Abuse Prevention, and the business of babysitting. 4-H is a national organization for young people demonstrating leadership, citizenship, and life skills. Most importantly, these acquired skills will help your babysitting business stand out from the rest!

# **Child Play Groups**

**Play Morning** 

**ACS Family Advocacy Program** 

Bryan Village Center, Fort Stewart, GA 912-767-2312

http://www.stewartmwr.com/index.php/child\_youth\_school\_services/programs\_and\_services/

Link to Calendar: http://www.stewart.army.mil/acs/classes.asp

Audience: Soldiers and Family Members

Description: Parents with children ages 0-36 months are invited to an interactive play incorporating music,

stories, crafts, and toys! Also, parents can learn activities to do at home with their little ones.

# **Childcare**

#### Parent Central Services/Registration

Bldg 442, 884 Gulick Avenue, Fort Stewart, GA

912-767-2312

(Appointments only) Mon, Tue, Thu 8:00 a.m.-5:00 p.m.; Fri 8:00 a.m.-1200 p.m.

(Walk-Ins) Wed 8:00 a.m.-5:00 p.m.

(Admin Time) Fri 1:00 p.m.-5:00 p.m.

http://www.stewartmwr.com

Link to Calendar: http://www.stewart.army.mil/acs/classes.asp

Fees: Sliding scale based on income

Audience: Children ages 4 weeks through 12 years

Description: Central registration, child care waiting list for all CYSS programs resources, on-site child care

referral for meetings or events.

#### **Child Development Centers**

CDC Bldg 403, 912-767-3202

CDC Bldg 475, 912-767-1038

CDC Bldg 5500, 912-767-9662

CDC Bldg 7100, 912-767-1141

Mon – Fri 5:30 a.m. – 6:00 p.m.

http://www.stewartmwr.com

Link to Calendar: http://www.stewartmwr.com/index.php/calendar

Fees: Sliding scale based on income

Audience: Children ages 6 weeks through kindergarten

Description: Full day care, hourly care, part-day preschool, special openings, and parent education programs.

Provides child care for single- and dual-working parents; hourly care for volunteering, appointments,

intermittent needs, and respite care; and part-day preschool sessions during either morning or afternoon hours.

Parent education classes also offered.

#### **Childcare – School Age Center**

School Age Center, Bldg 7160, 97 Austin Road, Fort Stewart, GA

School Age Center, 912-767-2635

Mon - Fri 5:30 a.m. - 9:00 a.m. & 3:00 p.m. - 6:00 p.m.

School Holidays/Summer Camp 5:30 a.m. – 6:00 p.m.

http://www.stewartmwr.com

Link to Calendar: http://www.stewartmwr.com/index.php/calendar

Fees: Sliding scale based on income Audience: Children grades 1-5

Description: Before/after school care, full day care on school out days, summer camp, hourly care, parent education, special events. Provides a supervised before and after school program as well as hourly programs daily.

# **School Transition Support**

**New Student Registration – DODEA Schools** 

Bldg 5605, Fort Stewart, GA District Office: 912-408-3091

Mon - Fri 8:00 a.m. - 2:45 p.m., after school programs vary

http://www.am.dodea.edu/scstewartcuba/index.htm Audience: Pre- Kindergarten through Sixth Grade

Description: The Department of Defense Domestic Dependent Elementary and Secondary Schools (DDESS) located on Fort Stewart are: Brittin, Diamond, and Kessler Elementary. In accordance with federal regulations, the schools are accountable to the North Central Association Commission on Accreditation and School Improvement (NCA CASI) Office of Postsecondary Education. The curriculum standards are based on the content standards produced by the National Council of Teachers of Mathematics, the National Council of Teachers of English/the International Reading Association, the National Research Council's National Science Education Standards, and the National Council for Teachers of Social Studies.

# **Youth Programs**

#### Middle School/Teen Program

Middle School (Youth Center), Bldg 5655, 61 Mindoro Loop, Fort Stewart, GA 912-767-4491

Mon-Thu 2:00 p.m.-8:00 p.m.; Fri 2:00 p.m.-10:00 p.m.

Sat & School Holiday 12:00 p.m.-10:00 p.m.; Sun 2:00 p.m. - 6:00 p.m.

http://www.stewartmwr.com

<u>Link to Calendar: http://www.stewartmwr.com/index.php/calendar</u>

Fees: Sliding scale based on income Audience: Children grades 6-12

Description: Before school care, open recreation, summer camp, hourly care, parent education, special events. Provides a supervised before school program for middle school, as well as open recreation in the afternoons for middle school teens and pre-teens. Special events include trips, lock-ins, dances, etc. Fees for before school and summer camp programs based on total family income.

#### **Youth Instructional Programs (SKIES)**

Bldg 6571, 507 Davis Ave., Fort Stewart, GA

912-767-3781

Mon – Fri/Training Holiday – 8:00 a.m. – 5:00 p.m.

http://www.stewartmwr.com

Link to Calendar: http://www.stewartmwr.com/index.php/calendar

Fees: Varies based on class

Audience: Children and youth; Infant – 18 years old

Description: School of Knowledge, Inspiration, Exploration and Skills (SKIES) provides instructional classes

such as gymnastics, dance, art, karate, etc.

#### **Youth Sports**

Youth Sports & Fitness Center, Bldg 7338, 946 Austin Road, Fort Stewart, GA 912-767-9342/0315/5079

Mon-Fri 2:00 p.m.-8:00 p.m.; Sat 12:00 p.m.-10:00 p.m.; Sport Events Seasonal

http://www.stewartmwr.com/index.php/child\_youth\_school\_services/programs\_and\_services/sports\_and\_fitness/

Link to Calendar: http://www.stewartmwr.com/index.php/calendar

Fees: Varies based on sport Audience: Children aged 3-18

Description: Youth sports and fitness, individual and team sports, fitness programs, and sports clinics. Provides supervised team sports (soccer, basketball, baseball, flag football) and individual sports, skill building clinics, and individual fitness program. Also provides special needs sports activities and teams. Current sports physical

required.

# Counseling

# **Career Counseling**

#### **ACS Employment Readiness Program**

Building 86, 201 Lindquist Rd., Fort Stewart, GA 912-767-5058/5059

Mon – Fri 7:30 a.m. – 4:30 p.m.

http://www.stewart.army.mil/acs/classes.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Provide current, up-to-date information on employment opportunities on post and in the local area. Provide assistance in the areas of resume writing, job search, interviewing, and federal application procedures.

# **Combat Stress/PTSD**

#### **Warrior Resiliency Round Table**

Location Varies: See your unit Chaplain
Phone numbers for each unit listed on website
<a href="http://www.stewart.army.mil/chaplain/chaplain.asp">http://www.stewart.army.mil/chaplain/chaplain.asp</a>
Group held every Thursday from 1:30 p.m. – 2:30 p.m.

Audience: Soldiers

Description: A safe place for Soldiers to discuss combat-related experiences and build esprit de corps and

personal resiliency.

# **Counseling: Individual/Couples/Children/Families/Group**

Military & Family Life Counseling (MFLC)

Location Varies 912-432-8980

Counselors are available in each Brigade/Unit, the MFLC Counseling Center welcomes Walk-Ins, and regular and after-hours appointments can be arranged on or off post to meet client needs. All services are free of charge and anonymous, except in duty-to-warn situations.

Audience: Soldiers, Family Members, Command

Description: Through brief solution-focused counseling, soldiers and families better understand the impact of the Deployment Cycle and other stresses related to military life; and address such issues as Communication, Job Stress, Coping with Separation, Multiple Deployments and Reintegration, Grief and Loss, Marriage and Relationships, and Family Dynamics.

#### Child and Youth Behavioral Military & Family Life Counseling (CYB-MFLC)

Location Varies 912-432-8980

Counselors are located in CDCs, CYPs, and DoDEA and all Liberty County Schools. Appointments can be arranged with parents/families in alternate on and off site locations. All services are free of charge and anonymous, except in duty-to-warn situations.

Audience: Children of Soldiers, Family Members, and Caregivers

Description: Counselors observe and engage in activities with children and youth; provide direct behavioral interventions; and are available to assist parents, teachers, and caregivers. Counseling and education regularly address such issues as Social Skills; Aggressive Behaviors; Academic Issues; Bullying; Anxiety; Deployment, Separation and Reunion; Parenting Challenges; Sibling and Parent-Child Communication; and Fear, Grief, and Loss.

# **Crisis Intervention**

**Disaster Services American Red Cross** 

Location - anywhere 912-767-2197

www.redcross.org
Audience: everyone

Description: Provides emergency assistance in the event of a disaster or emergency.

# **Pastoral Counseling**

#### **Unit Counseling Ministry**

Located within each battalion and brigade Specific to unit or through the installation Religious Support Office 912-767-5409

http://www.stewart.army.mil/chaplain/chaplain.asp

Audience: Soldiers, Family Members, or DA Civilians

Description: Pastoral counseling and ministry for life events in the military context.

### **Chaplain Family Life Ministry**

Victory Chapel, Fort Stewart, GA

#### Specific to unit

http://www.stewart.army.mil/chaplain/chaplain.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Second-tier, long term pastoral counseling by Master's degree trained chaplain counselors for

individuals, couples, and families.

# **Substance Abuse**

#### **ASAP Treatment**

Ft. Stewart ASAP: Bldg-201A, 808 Worcester Ave., Fort Stewart, GA

ASAP Clinical FS: 912-767-5265/5267

http://www.stewart.army.mil/services/asap/default.asp

Audience: Soldiers; DA Civilians, Retirees, and Family Members as resources permit

Description: Treatment is provided regardless of how the individual is identified for referral (self-referral, commander referral, police blotter, urine testing, medical referral, court referral, etc.). The ASAP evaluates individuals for detoxification and/or inpatient residential treatment and refers them appropriately to Winn Army Community Hospital, Eisenhower Substance Addiction Program, or approved TRICARE civilian treatment centers.

#### Employee Assistance Program (EAP) for Family Members and DA Civilians

B-201, 807 Worcester Ave, Fort Stewart, GA 912-767-5974

http://www.stewart.army.mil/services/asap/default.asp

Audience: DA Civilian Employees & their Family Members, and Family Members of AD Service Members Description: The purpose of the Employee Assistance Program (EAP) is to: a) Help DA civilian employees (NAF/APF) with identifying and resolving personal problems that may negatively affect their job performance and well-being. b) Assist management with addressing employee productivity issues, and c) Promote installation work life/wellness programs.

#### Service Functions include:

- 1. Assessment, problem identification, and short-term counseling/intervention.
- 2. Referral for treatment and rehabilitation to appropriate community counseling/treatment resources.
- 3. Follow-up services to aid an employee in achieving an effective readjustment to his or her job after treatment.
- 4. Training and education for supervisors and employees about alcohol and drugs.
- 5. Training and consultation for supervisors and managers on how and when to make proper use of EAP services for improving employee performance and conduct.

# **Education and Training**

### **Adult Education**

#### Basic Skills Education Program (BSEP)/GT Improvement

100 Knowledge Dr., Bldg 100, Ft. Stewart, GA 31314

912-767-2812/8543

Classes are available Mon – Fri from 9:00 a.m.-12:00 p.m. or 1:00 p.m.- 4:00 p.m.

The classes are six weeks in length.

http://www.stewart.army.mil/services/education/education.asp

Audience: Active Duty and Reserve Component Service Members

Description: BSEP/GT Improvement is an on-duty program to promote retention, increase re-enlistment options, and improve job performance. Since BSEP is a refresher course that includes Math and English, many Soldiers take it to help them raise their GT scores when retesting on the Armed Forces Classification Test (AFCT).

#### **Educational Counseling**

100 Knowledge Dr., Bldg 100, Ft. Stewart, GA 31314

912-767-8331; usarmy.stewart.usag.list.dhr-education-counselor@mail.mil

Counselors are available Mon - Thurs from 9:00 a.m. - 4:30 p.m. and Fri 9:00 a.m. - 4:00 p.m.

http://www.stewart.army.mil/services/education/education.asp

Audience: Soldiers, Family Members, DA Civilians, and Retirees

Description: Education Counseling services are provided to discuss a wide range of educational opportunities available. Counseling includes discussing options to earn a GED, college certificates, diplomas, or degrees, and class options to improve a Soldier's GT score on the AFCT. Financial aid, testing, and GI Bill information are also among counseling topics.

#### **Fort Stewart College Degree Programs**

100 Knowledge Dr., Bldg 100, Ft. Stewart, GA 31314

Central Texas College (912-876-4045), Columbia College (912-877-3406), Webster University (912-876-8080), Savannah Technical College (912-767-5336).

Fees: Varies

http://www.stewart.army.mil/services/education/education.asp

Audience: Service members, Adult Family Members, DA Civilians, Retirees, Veterans, and Civilians.

Description: Central Texas College, Columbia College, Webster University, and Savannah Technical College provide a variety of programs to include certificate, diploma, Associate, Bachelor, and Master Degree programs to meet educational needs of the Fort Stewart/HAAF community.

#### **Learning Center & Computer Lab**

100 Knowledge Dr., Bldg 100, Ft. Stewart, GA 31314

912-767-8331; usarmy.stewart.usag.list.dhr-education-counselor@mail.mil

Learning Center hours are Mon - Thurs from 8:00 a.m. - 5:00 p.m. and Fri 7:30 a.m. - 4:30 p.m.

http://www.stewart.army.mil/services/education/education.asp

Audience: Soldiers, Family Members, DA Civilians, and Retirees

Description: The Army Learning Center provides 50 computers with Internet access to use for educational

purposes.

#### **MAPP – American Red Cross**

Winn Army Community Hospital, Fort Stewart, GA 912-767-2197

Held monthly

http://www.stewart.army.mil/services/education/education.asp

Audience: Adults, Fort Stewart American Red Cross Volunteers

Description: Develops skills in the medical administration field with hands on experience. This program does not lead to certification or guarantee a job. The MAPP program is only open to current Fort Stewart American Red Cross volunteers. The station will advertise in advance when applications will be available.

#### **Testing – Army Personnel Testing (APT)**

100 Knowledge Dr., Bldg 100, Ft. Stewart, GA 31314

912-767-8331; usarmy.stewart.usag.list.dhr-education-counselor@mail.mil

Testing is provided on Mon, Tue, Thu, Fri. Please visit the military testing website at

www.stewart.army.mil/services.education/educationmiltesting.asp

Audience: Active Duty and Reserve Service Members

Description: Army Personnel Testing (APT) services are available to assist Soldiers in meeting eligibility requirements for specialized training as well as support the Army's personnel selection and classification process. Tests include the Alternate Flight Aptitude Selection Test (AFAST), Armed Forces Classification Test (AFCT), Defense Language Aptitude Battery (DLAB), Defense Language Proficiency Test (DLPT), and Oral Proficiency Interview (OPI). Other Non-APT exams include the Basic Math and Science Test (BMST) and Test of Adult Basic Education (TABE).

#### **Testing – Academic (DANTES)**

100 Knowledge Dr., Bldg 100, Ft. Stewart, GA 31314

912-767-8331; usarmy.stewart.usag.list.dhr-education-counselor@mail.mil

Testing is provided daily. Contact the Army Education Center for test dates for requested test as well as test request procedures.

Fees: Varies

http://www.stewart.army.mil/services/education/education.asp

Audience: Active Duty and Reserve Service Members

Description: DANTES Academic Testing is available to Service members and includes academic tests such as

ACT, SAT, GED, and Praxis.

# Testing -College Level Examination Program (CLEP), DANTES Subject Standardized Test (DSST), and Distance Learning Testing

100 Knowledge Dr., Bldg 100, Ft. Stewart, GA 31314

912-877-3406; usarmy.stewart.usag.list.dhr-education-counselor@mail.mil

Contact Columbia College for test dates for requested test as well as test request procedures.

Fees: Varies

http://www.stewart.army.mil/services/education/education.asp

Audience: Service members, Adult Family Members, DA Civilians, Retirees, Veterans, and Civilians. Description: Over 70 testing topics are available through the CLEP and DSST programs. Distance learning tests can also be proctored for various colleges and universities.

# **Army Family Team Building**

#### **Army Family Team Building Level I**

ACS Bldg, 87, Fort Stewart, GA

912-767-5058/5059

See Calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Targets new Family Members with topics such as terms, acronyms, chain of command, community

resources, etc.

Description: AFTB, Level I, family member training, acronyms, resources, military expectations. Learn

military terms, life, promotion points, rank structure, and Army expectations.

#### **Army Family Team Building Level II**

ACS Bldg, 87, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Targets spouses wanting to enhance personal growth to include communication, stress and time management, and personality traits.

Description: AFTB, Level II, family member training, protocol, conflict management, stress management, communication skills, Grow Army, enhancing relationships, promotion points, personal growth, and time management.

#### **Army Family Team Building Level III**

ACS Bldg, 87, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Targets emerging leaders with information on leadership styles, FRGs, coaching/mentoring, cohesive team building.

Description: AFTB, Level III, family member training, leadership, communication skills, teambuilding, group conflict, problem solving, meeting management, leadership skills, promotion points, lead Army, leadership styles.

# **Conferences**

#### **Annual Army Family Action Plan Conference**

Fort Stewart, GA

912-767-5058/5059

Description: The AFAP is an Army-wide initiative to identify issues of concern to improve the overall Quality of Life for Soldiers and their Families. This process is used to identify the most critical well-being issues facing the Army today and present them to senior Army leadership for resolution.

# **Employment Education/Services**

**ACAP TAP Workshop** 

Ft. Stewart Education Center, Fort Stewart, GA

912-767-2234

Classes offered weekly – please call to schedule

http://www.facebook.com/stewartacap or http://www.acap.army.mil

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation. Check for eligibility requirements at https://www.acap.army.mil. Description: The 2½ day workshop taught by Department of Labor instructors covers all the requirements of the job search process from self-assessment to negotiating and evaluating job offers. You'll learn how to find jobs, write job search documents, and draft a resume.

#### **ACAP Senior TAP Workshop**

Ft. Stewart Education Center, Fort Stewart, GA 912-767-2234

Classes offered monthly – please call to schedule

http://www.facebook.com/stewartacap or http://www.acap.army.mil

Audience: The 3 day workshop taught by Department of Labor instructors covers all the requirements of the job search process from self-assessment to negotiating and evaluating job offers. You'll learn how to find jobs, write job search documents, and draft a resume. Additional guest speakers attend such as: Troops to Teachers, Tricare, and ACS - Finance.

#### **ACAP Interview Preparation**

Ft. Stewart Education Center, Fort Stewart, GA 912-767-2234

Classes offered monthly – please call to schedule

http://www.facebook.com/stewartacap or http://www.acap.army.mil

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation. Check for eligibility requirements at: <a href="https://www.acap.army.mil">https://www.acap.army.mil</a> Description: Learn tricks and tips to help you ace the interview and land the job.

#### **ACAP Advance Resume Writing**

Ft. Stewart Education Center, Fort Stewart, GA 912-767-2234

Classes offered monthly – please call to schedule

http://www.facebook.com/stewartacap or http://www.acap.army.mil

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation. Check for eligibility requirements at: https://www.acap.army.mil. Description: Learn to apply knowledge and skills gained at TAP or Senior TAP and how to land an interview.

#### **ACAP Apply for a Federal Job**

Ft. Stewart Education Center, Fort Stewart, GA 912-767-2234

Classes offered monthly – please call to schedule

http://www.facebook.com/stewartacap or http://www.acap.army.mil

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation. Check for eligibility requirements at <a href="https://www.acap.army.mil">https://www.acap.army.mil</a>. Description: Our counselors will walk you through what you need to know to write and submit your resume into Resumix and how to nominate yourself for the position you want.

#### **ACAP Starting a Small Business**

Ft. Stewart Education Center, Fort Stewart, GA 912-767-2234

Classes offered quarterly – please call to schedule

http://www.facebook.com/stewartacap or http://www.acap.army.mil

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation. Check for eligibility requirements at: https://www.acap.army.mil. Description: ACAP is in partnership with the Small Business Development Center at Georgia Southern University and offers this FREE seminar on starting a business.

#### **ACAP Starting a Franchise**

Ft. Stewart Education Center, Fort Stewart, GA 912-767-2234

Classes offered quarterly – please call to schedule

http://www.facebook.com/stewartacap or http://www.acap.army.mil

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation. Check for eligibility requirements at <a href="https://www.acap.army.mil">https://www.acap.army.mil</a>. Description: ACAP is in partnership with the Small Business Development Center at Georgia Southern University and offers this FREE seminar on starting a franchise.

#### **ACS Interviewing Workshop**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Spouses

Description: Class covering the job search process; includes interviewing.

#### **ACS Resume Writing Workshop**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Spouses

Description: Class on preparing a professional resume.

#### **ACS Resumix Class**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Spouses

Description: Class on how to locate and apply for federal positions. Instruction covers how to find and apply for

federal vacancies.

# Family Readiness Group (FRG)

#### **Introduction to FRG**

Bldg. 87, Fort Stewart, GA 912-767-5058

Offered semi-annually

http://www.stewart.army.mil/acs/default.asp

Audience: FRG Advisors

Description: This training defines the mission, role, and structure of FRGs. It also identifies the FRG's role and activities in each phase of the deployment cycle.

#### **Introduction to FRG life in Spanish**

Bldg. 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: FRG Advisors

Description: Este curso proporciona la visión general básica de grupo de disposición de familia (Family Readiness Group - FRG), las directrices regulatorias e información sobre cómo estructurar el FRG para las actuales familias, liderazgo del FRG, responsabilidades del comandante y expectativas.

#### **FRG Advisor Course**

Bldg. 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: FRG Advisors

Description: Learn what it takes to be informed, productive, and proactive in an advisory role with the unit's

FRG.

#### **FRG Fundraising**

Bldg. 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp Audience: Soldiers and Family Members

Description: Learn creative ideas to overcome fundraising challenges that your unit's FRG might face.

Participants will learn the rules and regulations of FRG fundraising.

#### **FRG Key Caller Course**

Bldg. 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers and Family Members

Description: This training covers Key Caller duties, communicating with Family Members, dispelling rumors,

handling crisis calls, and how the Key Caller fits into a successful Family Readiness Group.

#### **FRG Leader Training**

Bldg. 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp
Audience: Soldiers and Family Members

Description: This course provides FRG overview which includes regulatory guidance and information on how to structure a FRG for today's Families, FRG Leadership, and Commanders' responsibilities and expectations.

#### FRG Social Media

Bldg. 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp
Audience: Soldiers and Family Members

Description: Learn how to integrate and maximize the effectiveness of social media in your FRG while

maintaining Operational Security (OPSEC).

#### **FRG Treasurer Training**

Bldg. 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp Audience: Soldiers and Family Members

Description: Topics include regulatory guidance, setting up an FRG informal fund account and Commanders' responsibilities. Training also details the supplemental FRG fund account and how to access and prepare for the yearly funds audit. Training is designed for FRG Treasurers, FRG Leaders, Commanders, Rear D Commanders,

and Advisors.

# **Financial Classes**

#### **Car Buying**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Basic understanding of how to make informed decisions concerning car purchasing.

#### Credit: Buy now, Pay later

ACS Bldg 87, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Learn a basic understanding of credit and discuss how to make informed decisions concerning

credit use.

#### **Financial Planning for Deployment**

ACS Bldg 86, Fort Stewart, GA 912-767-5058/5059 Offered upon request

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Training to financially prepare Soldiers and Family members for pre and post deployment.

#### **Financial Planning for PCS**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Brief all First Term Soldiers on financial expectations prior to PCSing.

#### **Home Buying Workshop**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Compare the benefits of purchasing vs. renting and determine how much you can really afford.

#### **Keeping your Bank Account in Check**

ACS Bldg 87, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Bank account management

#### Living on a Plan: How to Create a Budget that Works

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Steps of how to create and maintain a personal budget

#### **Military Saves Campaign**

Fort Stewart, GA 912-767-5058/5059

Only one week per year

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Week-long campaign to promote community to build wealth, not debt.

#### **Saving and Investing Class**

ACS Bldg 86, Fort Stewart, GA 912-767-5058/5059

By Request

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Information on how to get started with saving and investing, TSP, and why it benefits all in

preparation for retirement.

#### **Savvy Consumer**

ACS Bldg 86, Fort Stewart, GA 912-767-5058/5059

By Request

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Community-based classes geared toward Consumer Scam/Fraud Awareness

#### **Thrift Savings Plan**

ACS Bldg 86, Fort Stewart, GA 912-767-5058/5059

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Offered semi-annually

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Enrollment and understanding the advantages of TSP.

#### Trapped by debt? Downsize in 6 steps!

ACS Bldg 87, Fort Stewart, GA

912-767-5058/5059

Offered semi-annually

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Debt reduction strategies

#### **Understanding Insurance**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

Offered semi-annually

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Basic understanding of how to make informed decisions concerning insurance.

# **Pre-Marriage Training**

#### Marriage 101

FS Main Post Chapel, BLDG 500, Fort Stewart, GA

912-767-8549

Held monthly on the 4<sup>th</sup> Tuesday of every month from 9:00 a.m. – 3:00 p.m.

Must RSVP by the 3<sup>rd</sup> Tuesday of the month

http://www.stewart.army.mil/chaplain/umtl.asp

Audience: engaged and married couples

Description: A 6 hour workshop to acquire basic skills for building a healthy marital relationship. No childcare

provided. Free lunch provided.

# **Resilience and Performance Enhancement Training**

#### **Comprehensive Soldier and Family Fitness Training Center**

844 Gulick Avenue, Bldg 442, Fort Stewart, GA 912-767-4153

http://csf2.army.mil

Mon - Fri 0800 - 1600

Audience: Soldiers, Family Members, DA Civilians

Description: CSF2 conducts the two-week Master Resilience Trainer Course (MRTC) to Soldiers, Family Members, and DA Civilians. As the MRT proponent, CSF2 provides training support and quality assurance services to unit MRTs. CSF2 also provides performance enhancement trainings that can be tailored to improve unit operations in the field or in corrison.

unit operations in the field or in garrison.

# **Resiliency Training**

#### **Resiliency Training**

ACS Bldg 87, Fort Stewart, GA

912-767-1257

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Resiliency Training helps you to enhance and build skills to thrive in the face of challenges. Build your Mental Toughness, learn your Character Strengths, and increase Team Building and Strong Relationships skills. Classes are interactive and skills are easily learned and put to use. This is a complete course of modules 1-4.

# **Soldier and Leader Training**

#### **ACS Financial Program CDR/1SG Course**

Education Services, Bldg 100, Fort Stewart, GA 912-767-5058/5059

Offered once per quarter upon request

Audience: Soldiers recently promoted to the position of CDR/1SG

Description: Training concerning financial issues, budgeting, counseling, referral procedures, and AER processing.

#### **ACS Financial Program NCO Course**

NCO Academy

912-767-5058/5059

Offered once a month

Audience: Recently promoted NCOs

Description: NCOs are trained to function in the unit as the CDR's right hand concerning financial issues, budgeting, counseling, referral procedures, and AER processing.

#### **ACS Financial Program Rear D**

ACS Bldg 87, Fort Stewart, GA

912-767-5058/5059

Offered once per quarter upon request

http://www.stewart.army.mil/acs/default.asp

Audience: NCOs functioning as Rear D CDRs during a deployment

Description: Training concerning financial issues, budgeting, counseling, referral procedures, and AER processing.

#### **ACS Instructor Training Class**

ACS Bldg 87, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Army Family Team Building instructors and all other volunteers who provide training in any ACS program

Description: Provides training on becoming an effective instructor, briefer, and facilitator with a focus on ACS programs.

#### **Casualty Assistance Training**

Soldier Service Center, BLDG 253, Fort Stewart, GA

912-767-8443

Audience: Active Duty, National Guard, Reserves

Description: Organizes and coordinates training on Casualty, Mortuary Affairs, Mass Casualty, Military Burial Honors, Line of Duty, Soldier and Family Pre-Deployment Training, Summary Courts Martial Officer, and initial training to the Casualty Assistance Center Staff.

#### CDR/1SG Readiness Group (FRG) Training Course

ACS Bldg 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: CDRs/1SG

Description: This training is required by the Marne Inspection Program A-23 for Company Commanders and

First Sergeants. Topics include FRG Operations, Responsibilities, and Informal Funds.

#### **Rear Detachment Leadership Training**

ACS Bldg 87, Fort Stewart, GA

912-767-5058

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: CDRs/1SG

Description: This training focuses on family readiness, specifically the leadership role and issues involved in taking care of families while Soldiers are deployed. Defines the mission and structure of rear detachment FRG. Provides guidance on how to interact with families and how to help families solve problems. Designed for Rear Detachment Commanders, FRSA's, FRG Leaders, and Advisors.

#### **Pastoral Skills Training**

Victory Chapel, Fort Stewart, GA 912-767-8549

http://www.stewart.army.mil/chaplain/relprogs.asp

Audience: Chaplains

Description: Training for unit chaplains on Family Life, pastoral counseling, and pastoral care skills.

#### **Sponsorship Training**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers and Leaders

Description: Classes are designed to train Soldiers on how to be an effective sponsor who can be requested by

units and individuals.

#### **Risk Management for Junior Leaders**

ACS Bldg, 82, Fort Stewart, GA 912-767-2882

By Appointment

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers

Description: Provide training and support for NCO's by helping them recognize, identify, and address potential red flags and warning signs in their subordinates.

#### **Risk Management for Senior Leaders**

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

By Appointment

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers

Description: A one hour briefing providing information to Leaders regarding child abuse and domestic violence prevention measures that can be taken. Information will be provided regarding the Case Review Committee process and the Leader's role.

#### **Risk Reduction Program**

B-201, Fort Stewart, GA

912-767-5974

Call for schedule

Audience: Commanders

Description: The Army Substance Abuse Program (ASAP) Risk Reduction Program is a Commander's tool for

tracking high risk behaviors.

# **Strong Bonds/Relationship Skills Training**

#### **Strong Bonds Training**

Location varies – please contact your unit chaplain

http://www.stewart.army.mil/chaplain/chaplain.asp

Audience: Soldiers, Family Members, or DA Civilians

Description: Various courses and programs of instruction designed to empower the participant with skills and

techniques for enhancing relationships, parenting, and life.

# **Substance Abuse Education**

#### **Army Substance Abuse Program (ASAP)**

B-201, 807 Worcester Ave, Fort Stewart, GA

912-767-5974

http://www.stewart.army.mil/services/asap/default.asp

Audience: Soldiers; DA Civilians, Retirees and Family Members

Description: The Army Substance Abuse Program (ASAP) enhances the combat readiness of Soldiers, strengthens the overall fitness and effectiveness of the Army's workforce, builds resilient civilian employees and families, and conserves resources by providing services which are proactive and responsive to the needs of the Army's workforce. Services provided emphasize alcohol and other drug abuse deterrence, prevention, and education. Services are provided to family members as resources permit.

# **Volunteer Training**

#### **Volunteer Management Information System (VMIS)**

Soldier and Service Center, Bldg 253, Room 1006, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Unit/organization, Volunteer Coordinators/ Leaders

Description: Volunteer Management Information System (VMIS) Workshop for volunteers and volunteer

manager.

#### **Volunteer Recruiting Training**

Soldier and Service Center, Bldg 253, Room 1006, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Unit/organization, Volunteer Coordinators/ Leaders

Description: Provides guidance/training for unit/organization volunteer managers on recruitment, basic management, recognition, and the registration/documentation process.

#### **Volunteer Management Training: Volunteer Awards Workshop**

Soldier and Service Center, Bldg 253, Room 1006, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Unit/organization, Volunteer Coordinators/ Leaders

Description: Find out about the many awards available for the great volunteers who provide an invaluable

service to the installation.

#### **Volunteer Training: Retention and Recognition**

ACS BLDG 87, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Unit/organization, Volunteer Coordinators/ Leaders

Description: Retaining volunteers is key to your organization's success. Learn effective ways of retaining

volunteers through positive feedback, service recognition, and available volunteer awards.

# **Workforce Development**

#### **Equal Employment Opportunity Office**

Army Education Center, Bldg 100, Room 247, Fort Stewart, GA 912-767-4074

http://www.stewart.army.mil/DEEO/default.asp

Audience: Managers/Supervisors

Description: EEO for Supervisors (training)

#### **Safety Program Management**

BLDG 162, Fort Stewart, GA

ISO FS, 912-767-7880

http://www.stewart.army.mil/DEEO/default.asp

Audience: Garrison Safety Officers

Description: Provide Garrison Safety Officers another resource to assist them in completing and maintaining

their safety programs.

# **Family Support**

# **Anger Management**

#### **Anger/Stress Management**

ACS Bldg, 82, Fort Stewart, GA 912-767-2882

Mon – Fri 7:30am – 4:30pm

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp Audience: Soldiers and Family Members

Description: Workshop that teaches skills to identify stress triggers, methods to manage emotions, and positive

communication techniques for dealing with anger.

# **Children: Parenting**

#### **Baby Boot Camp for Dads**

ACS Bldg, 82, Fort Stewart, GA 912-767-2882

Mon – Fri 7:30 a.m. – 4:30 p.m.

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp Audience: Soldiers and Family Members

Description: An interactive educational course that teaches new expectant and/or first time fathers about

newborn infant care and safety skills.

#### **Before Baby Arrives**

ACS Bldg, 82, Fort Stewart, GA 912-767-2882

Mon – Fri 7:30 a.m. – 4:30 p.m.

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp Audience: Soldiers and Family Members

Description: Before Baby Arrives is a course designed to foster strong bonds between both parents and their unborn child/children to inspire pregnant women to have a healthy lifestyle and ultimately, a healthy baby.

#### **Families in Action**

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp Audience: Soldiers and Family Members

Description: Provide training and support, teach fundamental attitudes and skills, and assess specific challenges

for parents of teenagers.

#### **Infant Care**

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

#### http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers and Family Members

Description: Infant care course is a hands-on workshop that provides and strengthens the basic skills that are

vital for newborn care.

#### **Infant Massage**

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

 $\underline{http://www.stewart.army.mil/acs/default.asp}$ 

Audience: Soldiers and Family Members

Description: Parents with babies 6 weeks to 9 months learn the delicate art of infant massage which promotes better sleep, boosts baby's immune system, relieves teething pains, and makes the baby feel loved and secure.

Dads are especially welcome!

#### **Scream Free Parenting**

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers and Family Members

Description: Scream-Free Parenting is the principle-based relationship approach that will move parents beyond many of the child-focused, technique-based approaches that ultimately fail. Scream Free compels you to focus on your own behavior for the benefit of your children.

#### **Home Visits**

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers and Family Members

Description: Parents with babies 0-36 months can request to have a home visit. This visit will allow a trained

professional to provide personalized education and support in the home for new parents.

# **Divorce**

#### **Divorce Legal Assistance**

Building 709, 1791 Gulick Ave, Fort Stewart, GA

912 767-8809/8819

Audience: Soldiers, DA Civilians, and Family Members

Description: Our legal assistance attorneys are available to provide you with advice concerning divorce, adoption, custody, child support, name change, and other family law issues. In some cases we may be able to provide you with the information and forms that you need to handle your case yourself. In cases when you require assistance outside the scope of our legal assistance, we can provide you referrals to secure civilian legal representation.

# **Deployment Support**

#### **Deployment Briefings – American Red Cross**

Anywhere in the Fort Stewart Community

912-767-2197

Scheduled by appointment through FRGs & Commands

Audience: Military and their Families

Description: Provide service members and their families with information on ARC services available for

deployments.

#### **Deployment, Mobilization, and Readiness**

Building 87, Fort Stewart, GA

912-767-1257

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers and Family Members preparing or returning from Deployment

Description: Deployment/Mobilization/Readiness (DMR) is designed to support active and reserve component Soldiers and their Families, providing guidance and assistance to Family Members in their volunteer leadership roles within the Family Readiness Group, and support the command in maintaining an atmosphere of Family well-being.

#### **Hearts Apart Support Group**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

**Audience: Family Members** 

Description: Information conduit for Family Members of Service Members serving away from local installation

due to deployment, unaccompanied tour, or extended TDY.

#### SGT Rocky's Neighborhood

Building 87, Fort Stewart, GA

912-767-1257

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp Audience: Soldiers and Family Members

Description: SGT Rocky and the ACS team visit special friends in the neighborhood to answer questions and provide a safe and fun environment for children to learn and express their feelings with a parent in the military.

# **Emergency Communication**

### **Red Cross Message/Emergency Communication Messaging**

912-767-2197 or 1-877-272-7337

**Available 24/7/365** 

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Military and their Families

Description: Serve as the link between military members and their families

#### **Red Cross International Services**

912-767-2197 or 912-651-5300

Available when requested Audience: Everyone

Description: Provides international tracing services for family members separated by wars or other

humanitarian emergencies.

# **Employment**

#### **Employment Readiness**

Building 86, Fort Stewart, GA

912-767-5058/5059

Monday – Friday 7:30am – 4:30pm

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Provide current, up to date information on employment opportunities on post and in the local area. Provide assistance in the areas of resume writing, job search, interviewing, and federal application procedures.

#### Job Fair

Club Stewart, Fort Stewart, GA 912-767-5058/5059

Held semi-annually

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Job fairs hosting local employers and partners of the MSEP (military spouse employment

partnership).

# **Financial Support/Loans**

#### **Army Emergency Relief (AER Loans)**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

Monday – Friday 7:30am – 4:30pm

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: AER provides financial assistance to Soldiers and eligible Family members when faced with a valid financial emergency. Assistance is provided as a non-interest loan, a grant (when appropriate), or a combination loan and grant. Types of emergencies covered include but are not limited to: non-receipt or loss of funds, medical or dental expenses requiring a co-payment, funeral expenses for immediate family members, travel expenses related to emergencies, rent, food, utilities, vehicle payments and repairs.

#### **Financial Readiness Program**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

Mon – Fri 7:30 a.m. – 4:30 p.m.

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Establish procedures for providing financial education and counseling services for Soldiers and Families in the Ft Stewart/Hunter Army Airfield (FS/HAAF) military community. The program is designed to provide support to unit Commanders in maintaining unit financial readiness, to sustain deployments, as well as to counsel and educate Soldiers and Families on financial self-sufficiency.

#### **Personal Financial Management Training (PFMT)**

TF231, Fort Stewart, GA 912-767-5058/5059

Mon – Fri 7:30 a.m. – 4:30 p.m.

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Eight hours of financial management training for new Army Soliders.

### **Foreign Born Spouses**

#### **Foreign Born Spouse Support Group**

ACS Bldg 86, Fort Stewart, GA 912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

**Audience: Family Members** 

Description: Members from various cultures and countries join other spouses to network, discuss the American way of life, develop friendships, and learn about the many resources available to make their new life experience positive. This is also a support group for any Spouse of a Soldier deployed on a remote assignment far from home. Children are welcome to participate or just come to have fun!

# **Newcomers**

#### **Newcomers Information and Referrals/Outreach**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.aspAudience: Soldiers and Family Members

Description: Are you new to the community? Would you like to meet new friends, Families, and other Service Members? Interested in what your installation and community has to offer? Get all the information you need to thrive in your new community and get all your questions answered!

# **Relationships**

#### **10 Great Dates**

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp
Audience: Soldiers and Family Members

Description: Remember back to your dating days and the excitement you felt? Now you can reclaim that same spark, connection, and creativity in your marriage through ten intentional, memory-making dates. This class teaches you how to communicate better, process anger, resolve conflicts, appreciate your differences, and balance your busy lifestyles.

#### The Five Love Languages

ACS Bldg, 82, Fort Stewart, GA

912-767-2882

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp
Audience: Soldiers and Family Members

Description: A class for couples to learn practical ways to communicate their love to their spouse. Learn the

five love languages; identify your own love language and your spouse's love language.

# **Special Needs**

#### **Educational and Developmental Intervention Services (EDIS)**

CT 5002 9th Ave., Fort Stewart, GA 912-435-6349/6370

http://www.edis.army.mil

Audience: Fort Stewart Active Duty Military and Civilian Families in the Department of Defense (DOD) who live on military installations in the United States or in an overseas area with the DOD sponsor on a "command-sponsored" tour.

Description: The Military Medical Department provides Educational and Developmental Intervention Services (EIS) pursuant to the Individual with Disabilities Education Act (IDEA) on military installations supported by Department of Defense (DOD) schools. Educational and Developmental Intervention Services (EDIS) provides services to support families of children with developmental delays, disabilities, or special learning needs. EDIS provides services for eligible infants and toddlers and their families in domestic and overseas areas who have a child less than 3 years of age who have a developmental delay or a diagnosed medical condition that places the child at high risk for a developmental delay.

#### **Exceptional Family Member Program (EFMP)**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/1035

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp Audience: Exceptional Family Members Description: The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personal services to Families with special needs in accordance with AR 608-75.

### **EFMP Autism Support Group**

ACS, Bldg 86, Fort Stewart, GA 912-767-5058/1035 See website for schedule

http://www.stewart.army.mil/acs/classes.asp

Audience: EFMP Families

Description: EFMP It's An Exceptional Life Support Group is a monthly support group meeting on autism and

other topics.

# **EFMP Focus Group**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/1035

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers in-processing with EFM and new enrollees in EFMP

Description: EFMP Welcome Seminar is an opportunity for Family members to learn about local resources and

meet other EFM's.

#### **EFMP Parent Education**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/1035

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: EFMP enrollees

Description: EFMP Parent Education provides education and training on a variety of topics pertaining to

disability awareness, intervention, self-care, and advocacy.

#### **EFMP Recreational Activity**

Marne Lanes, BLDG 402, Fort Stewart, GA

912-767-5058/1035

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Exceptional Family Members

Description: EFMP Recreational Activity is a monthly recreational activity for Family Members registered in

EFMP bowling at Marne Lanes.

# **Project Lifesaver International**

912-767-8659

http://www.projectlifesaver.org/

Audience: Soldiers and Family Members

Description: Project Lifesaver International helps provide rapid response to save lives and reduce potential for serious injury for adults and children who wander due to Alzheimer's, Autism, Down Syndrome, dementia, or other cognitive conditions by utilizing specialized electronic search and rescue equipment, technology and procedures, as well as rescuers who know how to communicate with individuals afflicted with cognitive conditions.

# **Survivor Outreach**

#### **Survivor Outreach Services**

Soldier and Family Assistance Center, Bldg 4973, Fort Stewart, GA 912-435-9646

Mon - Fri 7:30 a.m. - 4:30 p.m.

http://www.stewart.army.mil/acs/default.asp

Audience: Surviving Family Members and Friends of Fallen Warriors

Description: Financial Counselors provide assistance to Surviving Families through investment and estate planning education. Support Coordinators offer long term support for Survivors. Support Coordinators facilitate support groups, provide life skills education, and connect Survivors with resources.

# **Time Management/FLY Families**

#### **FLY Families**

ACS Bldg 82, Fort Stewart, GA

912-767-2882

Monday – Friday 7:30am – 4:30pm

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.aspAudience: Soldiers and Family Members

Description: Are YOU living in CHAOS (Can't Have Anyone Over Syndrome) like Franny in the pink sweats? Do you feel overwhelmed, overextended, and overdrawn? Hopeless and you don't know where to start? Don't

worry friend, we've been there, too.

# **Volunteer Opportunities**

#### **Army Volunteer Corps**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Explore a new career, develop skills, set your own hours, network with other professionals and create opportunities for yourself. If your goal is to help others and have some quality time away from home, volunteering can be most rewarding.

#### **Year Round Youth - American Red Cross**

Bldg. 253, Soldier Service Center Fort Stewart, GA

912-767-2197 Audience: Teens

Description: Youth serving the community through various outreach projects that are youth lead and adult

supervised.

#### Adult Volunteers - American Red Cross

Fort Stewart, GA 912-767-2197 Audience: Teens

Description: Volunteers who serve the Fort Stewart communities donating thousands of service hours monthly in a wide variety of areas such as emergency casework services, medical clinics, pet therapy, veterinary clinic,

pharmacy, clerical and hospitality.

## Winn Army Community Hospital Volunteers

Fort Stewart, GA

912-435-6903 or winn.voldirector@amedd.army.mil

Audience: All

Description: Through the American Red Cross, Winn is able to place numerous adult volunteers throughout the facility. From administrative to hands-on nursing, Winn staff welcome the extra help. If you are interested in meeting new people, gaining or polishing your skills, or helping your community, contact the volunteer services director.

# **Installation Support**

# **Casualty Assistance**

### **Casualty Assistance**

Soldier Service Center, Building 253, Room 2037, Fort Stewart, GA 912-767-1152

Audience: Family Members of deceased Active Duty Soldiers

Description: Review of benefits and settling claims and applying for a receipt of survivor benefits; assists in other personnel – related affairs; appoints Casualty Assistance Officer who serves as the Army's liaison to pass information relating to the Soldier or the incident.

#### **Casualty Assistance VA Benefits**

Soldier Service Center, Building 253, Room 2037, Fort Stewart, GA 912-767-6410

Audience: Family Members of deceased Active Duty Soldiers

Description: establishes a Soldier's or surviving Family Member's eligibility for disability payments and other benefits provided by the Department of Veterans' Affairs.

## **Casualty Notification**

Soldier Service Center, Building 253, Room 2037, Fort Stewart, GA

912-767-1152

Audience: Family Members of deceased Active Duty Soldiers

Description: Provide notification of an individual who has been reported as a Casualty in a timely, professional, and dignified manner. Provide to those receiving benefits and entitlements in death, missing or DUSTWUN cases and to those Next of Kin.

### **Military Funeral Honors**

Soldier Service Center, Building 253, Room 2050, Fort Stewart, GA

912-767-5844

Audience: Active Duty, Retired, Reserve, National Guard, or Veteran Members of the U.S.

Description: The Military Funeral Honors Coordinator receives all request for Military Honors, verifies that the recipient is eligible for Military Honors.

# **DEERS**

#### **Enrollment and Disenrollment in DEERS**

Soldier Service Center, BLDG 253, Fort Stewart, GA

912-767-4909

Audience: Soldiers; DA Civilians, Contractors, Retirees and Family Members

Description: Enrollment and disenrollment of personnel in DEERS. Prepare ID Cards and CAC to include new issues and replacement of missing and unserviceable cards for eligible personnel only. Prepare for signature and issue letters, DA Form 1602, and agent cards permitting access to facilities, to include Commissary, PX, and MWR facilities. Issue Geneva Convention Cards to eligible personnel only. Verify eligibility and issue contractor ID badges in accordance with local policy and maintain a log of issues badges with daily updates

# **Environmental/Recycling**

#### **Fishing and Hunting**

Directorate of Public Works: 1177 Frank Cochran Drive, Fort Stewart, GA

912 435-8061

http://www.stewart.army.mil/dpw/wildlife/Home%20page.htm

Audience: Everyone

Description: Fort Stewart is the second largest public hunting and fishing entity in the state. All hunters on the installation must possess a Hunter Safety Course certificate, a valid Georgia hunting license, and the appropriate Fort Stewart hunting permit. Annual and daily permits are available. Annual hunting permits are good for one year from the date of purchase.

#### Recycling

PX Parking lot, McFarland Avenue & Sigma Street and Bultman Street (BLDG 1190), Fort Stewart, GA 912-767-8880

http://www.stewart.army.mil/dpw/PC Recycling.asp

Audience: Everyone

Description: Whether you live on or off post, you can take advantage of several Recycling Convenience Centers

located on post.

# **Equal Employment Opportunity**

### **Equal Employment Opportunity Office**

Garrison Headquarters, Bldg 624, Fort Stewart, GA 912-767-4074

http://www.stewart.army.mil/DEEO/default.asp

Audience: DA Civilian Employees

Description: To provide technical and professional advice to DoD employees at Fort Stewart/HAAF in accordance with Title VII and all applicable EEO regulatory guidelines which safeguard the workplace from discrimination based on sex, race, color, national origin, age, religion, reprisal, genetics or disability (physical/mental).

# **Inspector General**

### **Inspector General (IG)**

1042 William H. Wilson Ave, Bldg 622, Suite 138, Fort Stewart, GA

Phone: 912-767-2803

http://www.stewart.army.mil/IG/default.asp

Audience: Commanders, Soldiers, Family Members, Civilian Employees, Retirees

Description: Provide Inspector General support to Commanders, Soldiers, Family Members, civilian employees, Retirees, and others with problems related to the U.S. Army at Ft. Stewart, Hunter Army Airfield and 3rd BDE at Ft. Benning, GA. On order, deploy and provide Inspector General support simultaneously at home and deployed locations focusing on the division's readiness and war fighting capability.

# **Legal Services**

### **Legal Services**

Building 709, 1791 Gulick Ave, Fort Stewart, GA 912-767-2953

Mon, Tues, Wed, Fri 830 – 1800; Thurs 1300 – 1600

Audience: Civilians, Soldiers, Family Members, Retirees, and Contractors

Description: The attorneys and paralegals serving in the Legal Assistance Office assist community members with wills and powers of attorney, motor vehicles tax exemptions, family law, immigration, consumer law, various military administrative action rebuttals and appeals, taxes, and claims.

# **Police/Fire/Physical Security**

#### **Fire Department**

15<sup>th</sup> Street Fire Station, Fort Stewart, GA 24/7

912-767-2636

Audience: Civilians, Soldiers, Family Members, Retirees, and Contractors

### **Police Department**

Bldg 283, Fort Stewart, GA 24/7

912-767-8435

Audience: Civilians, Soldiers, Family Members, Retirees, and Contractors

#### **Conservation Police**

Fort Stewart - Bldg 8091, Fort Stewart, GA 912-435-8012

Audience: Civilians, Soldiers, Family Members, Retirees, and Contractors Description: Conservation Law Enforcement, Hunting, Fishing, Camping

# **Vehicle/Weapons Registration**

### **Vehicle Registration**

Building 226, 757 East Bultman Avenue, Fort Stewart, GA 912-767-5197

Hours: Monday through Friday, 8:00 a.m. - 4:30 p.m.; CLOSED Federal Holidays

http://www.stewart.army.mil/des/gateInfoVehReg.asp

Audience: Civilians, Soldiers, Family Members, Retirees, Contractors

Description: You must present the following items to register your vehicle: Certificate of Registration, Valid Driver's License, Military ID card/civilian ID card or statement of employment from contractor, proof of insurance, MDDC or MSF card for motorcycles, and valid safety inspection (if required by licensing state).

#### **Weapons Registration**

Building 226, 757 East Bultman Avenue, Fort Stewart, GA 912 767-5197

Hours: Monday through Friday, 8:00 a.m. - 4:30 p.m.; CLOSED Federal Holidays

http://www.stewart.army.mil/des/gateInfoVehReg.asp

Audience: Civilians, Soldiers, Family Members, Retirees, Contractors

Description: If you own a weapon you must register it in accordance with Fort Stewart Regulation 190-2.

Weapon registration is required just like vehicle registration on Fort Stewart and is recorded in the same COPS

database.

# **Medical Services**

# **Adult Medicine**

#### **Adult Medicine**

Winn ACH, Bldg 302, Outpatient Clinic, Fort Stewart, GA

912-435-6633

http://www.winn.amedd.army.mil/index.php/medical-services/primary-care/family-practice-clinic/

Audience: TRICARE Prime, TRICARE Plus, TRICARE, Standard, TRICARE life, retirees, active duty, and family members

Description: Adult medicine is staffed by active duty and civilian providers, LPNs, RNs, CNAs, and MSAs. Adult medicine provides comprehensive outpatient medical care to eligible patients and focuses on respiratory management (asthma, blood pressure, diabetes, lipids, and Coumadin), as well as Cardiology, EKG's, B-12 vitamin, testosterone, and Implanon injections. EKGs and respiratory management include all ages, birth to geriatrics. Through the Aim to Winn program, nutrition, diet, and exercise guidance are also provided. Walk-in appointments are available.

# **Clinics**

### **Tuttle Army Health Clinic**

230 Duncan Drive, Building 1440, HAAF, GA 31409 912-435-6633

http://www.winn.amedd.army.mil/index.php/medical-services/tuttle-army-health-clinic/

Audience: Active Duty, Family Members, and Retirees

Description: Tuttle Army Health is a full service outpatient facility including pharmacy, laboratory, and radiology services. There are no emergency room services available. The clinic also offers the following services: primary care, pediatrics, immunizations, active duty physical exams/ (to include flight), physical therapy, optometry, behavioral health, social work services, family advocacy, TRICARE service center, health benefits, referral management, and medical records. DENTAC is co-located within the facility and is for active duty only.

# **Dental Care**

# **US ARMY Dental Activity (DENTAC)**

Headquarters-Bldg #440, 351 W. 6<sup>th</sup> St., Fort Stewart, GA

912-767-8137

Hours: Mon - Fri, 7:30 a.m. – 4:15 p.m. Closed on all Federal Holidays.

Audience: Active Duty Service Members ONLY. (Family members and retiree/family member beneficiaries are eligible for the Tricare Dental Plan (TDP) and the Tricare Retiree Dental Plan (TRDP)-see information below.)

Description: The Ft. Stewart DENTAC provides a full range of general dentistry treatment and the associated specialties of endodontics, periodontics, prosthodontics, and oral surgery. The mission of the Ft. Stewart DENTAC is to ensure the dental readiness of installation units and their assigned Soldiers. The DENTAC mission is accomplished at 3 separate troop dental clinics, an in-processing dental clinic, and an Oral-Maxillofacial Surgery clinic within Winn Army Community Hospital on the Ft. Stewart installation.

Soldiers can call 912-435-6777 to access their assigned dental clinic to request an appointment.

The TRICARE Dental Program (TDP) is managed by the MetLife insurance company.

Information and service can be accessed:

Online: <a href="https://mybenefits.metlife.com/tricare">https://mybenefits.metlife.com/tricare</a>

Telephone numbers: 1-855-MET-TDP1 (1-855-638-8371), or: TDD/TYY 1-855-MET-TDP3 (1-855-638-8373)

Facebook: www.facebook.com/metlifetdp

The TRICARE Retiree Dental Program is managed by the Delta Dental insurance company.

Information and service can be accessed:

Online: <a href="http://www.trdp.org/">http://www.trdp.org/</a>

Telephone numbers: Customer Service-888-838-8737, Monday - Friday, excluding holidays

9:00 a.m. - 9:00 p.m. EST

# **Diabetes**

### **Diabetes Management**

Winn Outpatient Nutrition on 1st floor Winn Army Hospital, Fort Stewart, GA 912-435-5049

http://www.winn.amedd.army.mil/index.php/medical-services/nutrition-care/

Audience: Soldiers, Family Members, or retirees who are living with diabetes. Family Members or caregivers may also attend.

Description: All beneficiaries 18 years or older may attend the class on managing diabetes. The classes include multiple medical providers such as dietitians, pharmacists, optometrists, and nurse practitioners. Providers educate on diet, medication management, and additional diabetes care. This class is crucial for the new diabetic or anyone needing a refresher.

# **Emergency Medicine**

#### **Emergency Room**

Winn ACH, Building 302, Emergency Department, Fort Stewart, GA 912-435-6666

www.winn.amedd.army.mil/index.php/medical-services/emergency-medicine/

Audience: Active Duty, Active Duty Family Members and Retirees

Description: The Department of Emergency Medicine is staffed by a combination of providers (physicians, physician assistants, and/or nurse practitioners), nurses, medics, and medical support assistants. The goal of the Emergency Department is to treat immediate medical needs (such as heart attacks, strokes, emotional distress, poisonings, overdoses, and injuries or other conditions that are a threat to life, limb, or eyesight) and then refer patients to primary care managers for follow-up regarding any non-emergency or chronic findings. Emergency ambulance service is also available at Fort Stewart and can be contacted by calling 911.

# **Family Medicine**

#### **Family Practice**

Winn ACH, Bldg 302, Outpatient Clinic, Fort Stewart, GA 912-435-6633

http://www.winn.amedd.army.mil/index.php/medical-services/primary-care/family-practice-clinic/

Audience: TRICARE Prime, TRICARE Plus, TRICARE, Standard, TRICARE life, retirees, Active duty, and Family Members

Description: The Family Practice Clinic provides comprehensive medical care for the whole family. Services include well baby checks, care for routine/minor illnesses, preventive services (immunizations, screening labs, cardiovascular risk screening, diabetes education), well woman exams, birth control management, sports physicals, and minor procedures (skin biopsy, toenail removal, injections, vasectomies, etc.).

# **Health Benefits Advisor**

## **Beneficiary Counselor and Assistance Coordinator (BCAC)**

Health Benefits Office, TRICARE Service Center, Building 202, Fort Stewart, GA 912-435-6716

www.tricare.mil

Audience: Active Duty Service Members, Eligible AD Family Members, Retirees and all of their eligible Family Members

Description: Provide counseling and assistance on established TRICARE procedures and local hospital policies face to face, written or telephonic communication. Counselors assist with eligibility, claims and referral issues, enrollment status, and coordination of medical/dental benefits for all Active Duty members, AD Family Members, Retirees and all of their eligible Family Members as well.

# **Heart Care**

# Cholesterol/Hypertension

Winn Outpatient Nutrition on 1st floor Winn Army Hospital, Fort Stewart, GA 912-435-5049

http://www.winn.amedd.army.mil/index.php/medical-services/nutrition-care/

Audience: Soldiers, retirees, and Family Members

Description: Class is offered twice per month and discusses the basics of a healthy diet for cholesterol

management. Hypertension class covers sodium-restricted and DASH diets.

# **Medical Departments**

#### **Dermatology**

Tuttle Army Health Clinic, Hunter Army Airfield, GA and Winn ACH Bldg 302, Fort Stewart, GA 912-435-6633

Audience: Active Duty Service Members and eligible family dependents, Retirees and eligible Family Members. **Appointments by referral** 

Description: The Dermatology Department offers comprehensive medical and surgical care for a variety of diseases of the skin, hair, and nails, including eczema, psoriasis, acne, dermatitis, moles, warts, and skin cancers. Treatments and surgeries provided include Phototherapy, Laser Therapy, Mohs Micrographic Surgery, and other surgical procedures including excisions, grafts, flaps, dermabrasion, nail surgery, and chemical peels for sun damage.

#### **Health Promotion**

Winn ACH Bldg. 308(located behind ER), Fort Stewart, GA

912-435-5071

Audience: All Military (Active and Retired) beneficiaries and DoD Civilians

Description: Responsible for the promotion of health and the prevention or reduction of disease for the community at Fort Stewart and Hunter Army Airfield by offering Health Services Outreach (blood pressure,

glucose, and cholesterol screenings), Health Care Consultations, and Health Fair Consultations.

### **Hearing Conservation**

Winn ACH Bldg. 308(located behind ER), Fort Stewart, GA

912-435-6633

Audience: AD service members and eligible DoD civilians

Description: Hearing Conservation is responsible for evaluating and protecting military and civilian personnel

from hearing loss due to occupational noise exposure.

### **Labor & Delivery**

Winn Army Community Hospital, Bldg #302, 4th Floor, Fort Stewart, GA 912-435-6785

http://www.winn.amedd.army.mil/index.php/medical-services/women's health/obstetric services/

Audience: Soldiers and beneficiaries

Description: Collaborative team of physicians, nurse midwives, nurses, and medical support staff designed to provide family-centered obstetric and newborn care throughout the labor, delivery, and postpartum hospital stay.

## **General Surgery - Urology**

Winn ACH Bldg 302 Outpatient Clinics, Fort Stewart, GA

912-435-6633

Audience: Active Duty Service Members and eligible family dependents, retirees and eligible Family members.

### Appointments by referral

Description: The General Surgery/Urology Department provides comprehensive surgical care to all patients with disease processes that may require surgical intervention. Surgical procedures performed include: Laparoscopic surgery (gallbladder, hernias, and Nissen fundoplications), Surgical Endoscopy (colonoscopy and EGD), colorectal surgery, thyroid and parathyroid surgery, soft tissue biopsies, Lithotripsy (treatment of kidney stones), vasectomy, prostate surgery, cystoscopies, urethral stent placement, and urodynamic procedures.

#### **Obstetrics and Gynecology**

Winn Army Community Hospital, Bldg #302, 4th Floor, Fort Stewart, GA 912-435-6633

http://www.winn.amedd.army.mil/index.php/medical-services/womens-health/

Audience: Soldiers and beneficiaries

Description: Obstetrical patients do not require a referral from their PCM to schedule an appointment.

Gynecology patients must have a referral from their PCM to schedule an appointment.

#### **Ophthalmology**

Winn ACH, Bldg 302, first floor, Fort Stewart, GA

912-435-6633

Audience: Active Duty Service Members and eligible family dependents, retirees and eligible family members.

### Appointments by referral

Description: The Ophthalmology Department provides comprehensive treatment and surgical intervention for eye diseases and injuries.

### **Optometry Services**

Winn ACH, Bldg 302, WRESP Center, Fort Stewart, GA

912-435-5696

Audience: Tricare Prime Enrollees

Description: Optometry provides comprehensive primary care vision services for the greater Fort Stewart and Hunter Army Airfield area. Optometry is a self-referral clinic dedicated to serving past, present, and future soldiers and their families.

### Otolaryngology

Winn ACH Bldg 302, first floor, Fort Stewart, GA

912-435-6633

Audience: Active Duty Service Members and eligible family dependents, retirees and eligible family members.

### Appointments by referral

Description: The Otolaryngology Department Provides comprehensive care and treatment for problems of the ear, face, throat, sinuses, nose, mouth, face, and neck. Surgical interventions may be required for the treatment of such problems. The Audiology Clinic provides services for hearing, balance, and the health of the auditory system.

#### **Pediatric Services**

Winn ACH, Bldg 302, Outpatient Clinic, Fort Stewart, GA 912-435-6633

http://www.winn.amedd.army.mil/index.php/medical-services/primary-care/family-practice-clinic/

Audience: Tricare PRIME enrollees birth to 18 years old

Description: The Pediatric Clinic is staffed by active duty and civilian pediatricians as well as a pediatric nurse practitioner, physical therapist, speech therapist, RNs, LPNs, military medical specialists, civilian nursing assistants, medical clerks, and various ancillary personnel. The pediatric clinic provides outpatient medical care to eligible dependent children of active duty and retired military service members, from birth to 18 years of age. The Well Baby Clinic provides physical examinations, immunizations, and anticipatory guidance to parents.

# **Physical Therapy and Occupational Therapy**

Winn ACH, Second Floor, Fort Stewart, GA

912-435-6633

Audience: Active Duty Service Members, Tricare Prime Beneficiaries. (Tricare Standard may be seen on space available basis).

Description: PT provides comprehensive rehabilitative care for orthopedic and sports injuries as well as post-operative care for orthopedic surgery.

# **Nutrition Health Needs**

#### **Nutrition Education**

Winn Outpatient Nutrition on 1st floor Winn Army Hospital, Fort Stewart, GA 912-435-5049

http://www.winn.amedd.army.mil/index.php/medical-services/nutrition-care/

Audience: Soldiers, Retirees, and Family Members

Description: The Winn Nutrition Clinic sees a wide variety of patients individually by appointment and MD consult to provide diet education on conditions such as allergies, pediatric growth, prenatal nutrition, vegetarian diet tips, celiac disease, bariatric surgery, sports nutrition, and more.

# **Pregnancy**

#### **Prenatal Nutrition**

Winn Outpatient Nutrition on 1st floor Winn Army Hospital, Fort Stewart, GA 912-435-5049

http://www.winn.amedd.army.mil/index.php/medical-services/nutrition-care/

Audience: Soldiers and beneficiaries

Description: Winn nutrition clinic, in collaboration with physical therapy, teaches weekly classes on prenatal nutrition basics and exercise during pregnancy. Patients with nutritional problems during pregnancy can also be seen individually by appointment.

#### **Gestational Diabetes**

Winn Outpatient Nutrition on the 1st floor Winn Army Hospital, Fort Stewart, GA 912-435-5049

http://www.winn.amedd.army.mil/index.php/medical-services/nutrition-care/

Audience: Soldiers and beneficiaries

Description: Women diagnosed with Gestational Diabetes must attend the Thursday class (offered weekly) to learn about dietary management. Patients are seen after the initial class on an individual basis for follow up.

### **Pregnancy/Postpartum Physical Training (P3T)**

Newman Gym every day except Thursday; Woodruff Theatre on Thursdays Hours: 6:30 a.m. – 7:30 a.m. No training on holidays or training holidays.

Audience: All active duty Soldiers who are pregnant or up to six months postpartum.

Description: Physical training exercises based on trimester and postpartum status four days a week. Educational program once a week that provides health and social service information for this population conducted by subject matter experts.

# **Preventive Medicine**

### **Child Youth and School Services (CYSS)**

Winn ACH Bldg. 308(located behind ER), Fort Stewart, GA

912-435-5071

Audience: All Military Beneficiaries and DoD eligible

Description: CYSS serves as health consultants for CYS programs on matters related to Special Needs

Assessments, communicable disease prevention, medication administration, basic care items, and monitoring of

health and sanitation practices. Conducts monthly health inspections of CYS programs and makes

recommendations to ensure compliance

#### **Communicable Disease Prevention and Control**

Winn ACH Bldg. 308(located behind ER), Fort Stewart, GA

912-435-5170/5071

Audience: Active Duty Service Members and eligible family dependents, retirees and eligible DoD Civilians (by referral only). Walk-ins accepted.

Description: Provides services for Latent Tuberculosis and +PPD patients, epidemiology support (animal bites management) and disease prevention education, counseling, and treatment for sexually transmitted infections (STIs).

### **Pre-Employment Physicals**

Winn ACH Bldg. 308 (located behind ER), Fort Stewart, GA

912-435-5101

Audience: Health Care Workers, Firefighters, Equipment Specialists, Police Officer/Security, Wage Grade Employees, Child and Youth Services Assistants

Description: Provides placement, periodic, and termination exams, deployment physicals, audiograms for noise-exposed employees, vision screenings for eye hazard-exposed employees, evaluations for employees required to wear respirators, occupational assessment for pregnant employees, worksite visits/screening, and blood pressure screenings.

# **Special Needs**

## **Educational and Developmental Intervention Services (EDIS)**

CT 5002 9th Ave, Fort Stewart, GA 912-435-6349

http://www.edis.army.mil

Audience: Fort Stewart Activity Duty Military and Civilian Families in the Department of Defense (DOD) who live on military installations in the United States or live in an overseas area with the DOD sponsor on a "command-sponsored" tour.

Description: The Military Medical Department provides Educational and Developmental Intervention Services (EIS) pursuant to the Individual with Disabilities Education Act (IDEA) on military installations supported by Department of Defense (DOD) schools. Educational and Developmental Intervention Services (EDIS) provides services to support families of children with developmental delays, disabilities, or special learning needs. EDIS provides services for eligible infants and toddlers and their families in domestic and overseas areas who have a child less than 3 years of age who have a developmental delay or a diagnosed medical condition that places the child at high risk for a developmental delay.

# **Tobacco Cessation**

#### **Tobacco Cessation**

Winn ACH Bldg. 308 (located behind ER), Fort Stewart, GA

912-435-5071

Audience: All Military beneficiaries

Description: Individuals receive individual and group education, strategies to work through the quit process such as goal setting, behavior modification, social support networking, and the use of free on-line resources.

# Weight Management/Nutrition Education

### AIM to WINN/Healthy WINN

Winn Outpatient Nutrition on the 1st floor Winn Army Hospital, Fort Stewart, GA 912-435-6707

http://www.winn.amedd.army.mil/index.php/medical-services/nutrition-care/

Audience: All eligible beneficiaries

Description: In conjunction with Nutrition Care and Behavioral Health, provides dependents with information and guidance for a proper exercise regime for weight loss and maintenance, how to exercise safely, general overuse injuries and prevention, overall health guidance in regards to fitness plan, general question and answer session, foot typing, footwear guidance, and individual exercise prescription.

### **Army MOVE**

Winn Outpatient Nutrition on the 1st floor Winn Army Hospital, Fort Stewart, GA 912-435-6707

http://www.winn.amedd.army.mil/index.php/medical-services/nutrition-care/

Audience: All eligible beneficiaries

Description: In conjunction with Nutrition Care, provides active duty members with information and guidance for a proper exercise regime for weight loss and maintenance, how to exercise safely, general overuse injuries and prevention, overall health guidance in regards to fitness plan, general question and answer session, foot typing, footwear guidance, and individual exercise prescription.

## **Army Wellness Center**

Bldg 442, 844 Gulick Avenue, Fort Stewart, GA 912-767-4077

Audience: Soldiers, Family Members, DA Civilians, Contractors

Description: The Army Wellness Center offers a variety of personalized tests to help community members improve athletic performance, control and monitor weight, and better understand nutritional needs. Tests include body fat percentage, resting metabolic rate, strength and flexibility, and VO<sub>2</sub> max.

# Women's Health

#### **Breastfeeding Class**

Department of Obstetrics and Gynecology Winn Army Community Hospital, Bldg #302, 4th Floor, Fort Stewart, GA 912-435-6633 option #2

http://www.winn.amedd.armv.mil/index.php/medical-services/womens-health/

Audience: Soldiers and beneficiaries

Description: Breastfeeding classes are held on the second Tuesday of every month. Classes can be scheduled at the clinic any time during duty hours or by calling 912 435-6633, option # 2. Registration begins at 28 weeks gestation. Get a head start in learning how to give your baby the best a mother can offer; mother's milk.

### From Delivery to Parenthood

Department of Obstetrics and Gynecology

Winn Army Community Hospital, Bldg #302, 4th Floor, Fort Stewart, GA

912-435-6633

http://www.winn.amedd.army.mil/index.php/medical-services/womens-health/

Audience: Soldiers and beneficiaries

Description: Three childbirth classes reviewing labor and delivery, postpartum, and baby care.

Registration begins at 28 weeks gestation.

#### **Tiny Toes Together**

Department of Obstetrics and Gynecology Winn Army Community Hospital, Bldg #302, 4th Floor, Fort Stewart, GA 912-435-6633

http://www.winn.amedd.army.mil/index.php/medical-services/womens-health/

Audience: Soldiers and beneficiaries

Description: Tiny Toes class meets the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Tuesday of each month. Classes can be scheduled at the clinic any time during duty hours or by calling 912-435-6633, option # 2. This sibling class is designed for children 3 to 12 years of age. Spend some fun time learning how to be an "official big brother or sister."

# **Military Transition**

# **Employment Assistance**

### **ACAP Employer Days**

Soldier Service Center, Building 253, Room 1100; 55 Pony Soldier Avenue; Ft. Stewart 912-767-2234

Employer days held throughout month. Please call for schedule.

http://www.acap.army.mil or our facebook at: http://www.facebook.com/stewartACAP

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation or 2 years of retirement. Check for eligibility requirements at https://www.acap.army.mil.

Description: Various employers who want to hire veterans.

# **Housing**

## On Post Housing

Liberty Woods Community Center 50 Austin Road, Building LW50, Fort Stewart, GA 31314

Southern Oaks Community Center 50 Southern Oaks Drive, Building SO 50, Ft. Stewart, GA 31314

1-888-727-9072

http://www.fortstewartfamilyhousing.com

Audience: Soldiers and Family Members

Description: Provide quality residential communities and total housing services for Soldiers, Families, and other

qualified residents at Fort Stewart and Hunter Army Airfield.

### **Off Post Housing**

55 Pony Soldier Avenue, BLDG 253, Fort Stewart, Georgia 31314

HOURS: 7:30 A.M. - 4:00 P.M. Monday - Friday

912767-4278 / 7852

http://www.stewart.army.mil/dpw/housing/rcihaafoffpost.asp

Audience: Soldiers and Family Members

Description: Provide individual off-post counseling and referral assistance, maintain up-to-date listings of homes for rent or sale, review, clarify or explain lease contracts upon request, mediate disputes between tenants and landlords, inspect off-post rental housing for adequacy and obtain assurance of non-discriminatory rental practices, maintain a display of handout materials including area maps, rental/sales booklets, brochures, etc., and brief personnel on the local area.

# **In/Out Processing**

### Moving Overseas Briefing - Personnel Processing Center

Building 1286, Hunter Army Airfield, GA

Mon/Wed/Fri at 9:30 a.m.

Audience: Soldiers who are on an overseas assignment

Description: Briefs soldiers on the requirements for assignment instructions to an overseas location and prepares family members for travel with Soldier; to include Exceptional Family Member (EFMP) medical screening and to obtain a travel decision from the gaining command for dependents. Program also ensures Soldiers are qualified for the assignment.

### **Out Processing - Personnel Processing Center**

Soldier Service Center, Building 253, Fort Stewart, GA

912-767-7868

Audience: Soldiers who are departing Fort Stewart on PCS/ETS or retiring

Description: Conduct soldier's out-processing IAW applicable regulations and established local installation procedures. Conduct out-processing briefings and utilize Installation Support Module for clearing Soldiers out of the installation.

# **Moving (PCS)**

### Kids on the Move

Army Community Service, Building 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: For children ages 2-12 who are PCSing to learn about moving and to receive an activity pack to keep them occupied while traveling to new duty station. Parents can also get an informational booklet on their new duty station.

### Overseas Briefing: Alaska and Hawaii

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Learn about your new duty station, receive a packet of information, and learn about services to help make your move a smooth one. Family Members are highly encouraged to attend with their Soldier.

### **Overseas Briefing: Korea and Germany**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Learn about your new duty station, receive a packet of information, and learn about services to help make your move a smooth one. Family Members are highly encouraged to attend with their Soldier.

#### **PCS Briefing**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers

Description: Briefing to all Soldiers preparing to PCS focusing on Soldiers PCSing for the first time

#### **Pre-Move Briefing (PCS OCONUS)**

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: <a href="http://www.stewart.army.mil/acs/classes.asp">http://www.stewart.army.mil/acs/classes.asp</a>

http://www.stewart.army.mil/acs/default.aspAudience: Soldiers and Family Members

Description: Workshop for Soldiers and Families scheduled to PCS to OCONUS assignments

# **Pre-separation Briefings**

# **ACAP Pre-separation Briefings**

Soldier Service Center, Building 253, Room 2056; 55 Pony Soldier Avenue; Ft. Stewart

912-767-2234

Briefings offered daily – please call to schedule

http://www.acap.army.mil or our facebook at: http://www.facebook.com/stewartACAP

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation or 2 years of retirement. Check for eligibility requirements at https://www.acap.army.mil.

Description: ACAP provides pre-separation counseling and a wide range of transition and job search information and referral services for Soldiers, Veterans, retirees, DA civilians and Family Members both online and at ACAP Centers. Eligibility requirements are explained at <a href="https://www.acap.army.mil">https://www.acap.army.mil</a>.

# **Relocation Assistance**

### **Lending Closet Services**

ACS Bldg 86, Fort Stewart, GA 912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: ID Card holders

Description: If you are new to the area or PCSing, the lending closet has basic household goods available to

borrow while waiting for your personal property.

#### **Relocation Readiness**

Soldier Service Center, Building 253, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Representatives from various on-post agencies to help assist with Soldiers transitioning to the

installation.

#### **Relocation Readiness Program**

ACS BLDG 86, Fort Stewart, GA

912-767-5058/5059

See calendar for schedule: http://www.stewart.army.mil/acs/classes.asp

http://www.stewart.army.mil/acs/default.asp

Audience: Soldiers, Family Members, and DA Civilians

Description: Offers transitioning and settling-in services. Relocation counseling and referrals provide an

opportunity to identify issues and concerns with transitioning.

# **Retirement Services**

#### **Retirement Services**

Soldier Service Center, Building 253, Suite 1071, Fort Stewart, GA

912-767-5013/3326

Audience: Soldiers who are within one year of retirement/retirees/Family Members

Description: Process Enlisted/Officer retirements, brief on survivor's benefits, pre-retirement briefing, process DD Fm 2656 thru Transproc., process medical retirements, assist retirees and their Family Members after retirement, assist former spouses, assist widow(ers) filing for benefits.

# **Sponsorship Assistance**

## Sponsorship/ACS Relocation Program

ACS Bldg 86, Fort Stewart, GA

912-767-5058/5059 Audience: Soldiers

Description: Soldiers learn how to be an effective sponsor for their unit or individuals. Sponsorship packets and

resources are available.

# **Veterans Affairs**

#### **VA Benefits Briefing**

Soldier Service Center, Building 253, Room 1100; 55 Pony Soldier Avenue; Ft. Stewart 912-767-2234

Briefings offered weekly – please call to schedule

http://www.acap.army.mil or our facebook at: http://www.facebook.com/stewartACAP

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation or 2 years of retirement. Check for eligibility requirements at https://www.acap.army.mil.

Description: You will receive information about the broad range of VA benefits and eligibility. Counselors explain your benefits and assist with benefit applications.

### **VA DTAP Briefings**

Soldier Service Center, Building 253, Room 1100; 55 Pony Soldier Avenue; Ft. Stewart 912-767-2234

Briefings offered weekly – please call to schedule

http://www.acap.army.mil or our facebook at: http://www.facebook.com/stewartACAP

Audience: Active Component and Reserve Component Soldiers with 180+ days of continuous active duty service and within 1 year of separation or 2 years of retirement. Check for eligibility requirements at https://www.acap.army.mil.

Description: DTAP covers service-connected disability or a service-aggravated injury or illness. You will learn about Vocational Rehabilitation and Employment services designed to help you get and keep a job.

# **Wounded Warrior**

#### **Warrior Transition Unit**

BLDG 12702, Fort Stewart, GA **S-1** 912-435-5249/912-767-7001

Audience: Wounded, ill, and injured Soldiers and their Families so they may return to active duty or transition to civilian life as proud, productive Veterans.

Description: Warrior Transition Units (WTUs) provide critical support to Soldiers who are expected to require six months of rehabilitative care and complex medical management. The key to WTU success is its Triad of Care, comprised of a primary care manager (usually a physician), nurse case manager, and squad leader who create the familiar environment of a military unit and surround the Soldier and Family with comprehensive care and support, all focused on the Soldier's mission—to heal and transition.

# **On Post Facilities**

# **AAFES Restaurants/Shopping/Services**

# Main Exchange/ Concessions/ Exchange Restaurants

Bldg. 71

Main Exchange

912-876-2850

Mon-Sat 9:00 a.m.-9:00 p.m.; Sun 10:00 a.m.-6:00 p.m.; Holidays 10:00 a.m.- 7:00 p.m.

Exchange Mobile Center

912-369-9299

Mon-Sat 9:00 a.m. - 9:00 p.m.; Sun 10:00 a.m. - 6:00 p.m.

Barber Shop

912-876-0934

Mon-Fri 9:00 a.m. - 6:00 p.m.; Sat-Sun 10:00 a.m. - 5:00 p.m.

**Beauty Salon** 

912-876-2663

Mon-Sat 9:00 a.m. - 6:00 p.m.; Sun 11:00 p.m.- 4:00 p.m.

Petals & Blooms Flowers

912-876-0598

Mon-Fri 9:00 a.m. – 6:00 p.m.; Sat 9:00 a.m. – 5:00 p.m.; Sun Closed

**US** Calvary

912-368-2378

Mon-Sat 10:00 a.m. − 6:00 p.m.; Sun 10:00 a.m. − 5:00 p.m.

GameStop

912-877-2602

Mon-Sat 9:00 a.m. – 7:00 p.m.; Sun 10:00 a.m. – 6:00 p.m.

Optometry

912-876-1101

Mon-Tue & Thu-Fri 9:00 a.m. – 5:00 p.m.; Wed 11:00 a.m. – 7:00 p.m.; Sat 9:00 a.m. – 4: 00 p.m.; Sun Closed

**Optical Center** 

912-876-2488

Mon-Fri 9:00 a.m. – 6:00 p.m.; Sat 9:00 a.m. – 5:00 p.m.; Sun Closed

Stripes Alteration Shop

912-876-8181

Mon-Fri 8:00 a.m. – 6:00 p.m.; Sat 10:00 a.m. – 4:00 p.m.; Sun Closed

**GNC** Nutrition

912-876-4994

Mon-Fri 0900-1900 Sat 0900-1700 Sun 1100-1700

## **Exchange Restaurants**

Burger King

Bldg. 455 Gulick Ave., Fort Stewart, GA

912-368-6618

Mon-Fri 6:00 a.m. – 8:00 p.m.; Sat-Sun 8:00 a.m. – 8:00 p.m.

Subway

912-876-4698

Mon-Fri 8:00 a.m. – 8:00 p.m.; Sat 10:30 a.m. – 7:00 p.m.; Sun 10:30 a.m. – 6:00 p.m.

Anthony's Pizza

912-876-4698

Mon-Fri 10:30 a.m. – 7:00 p.m.; Sat 11:00 a.m. – 7:00 p.m.; Sun 11:00 a.m. – 6:00 p.m.

Charley's Grilled Subs

912876-4698

Mon-Fri 8:00 a.m. – 8:00 p.m.; Sat 10:30 a.m. – 7:00 p.m.; Sun 11:00 a.m. – 6:00 p.m.

Taco John's

912-876-4698

Mon-Fri 10:30 a.m. – 6:00 p.m.; Sat 11:00 a.m. – 6:00 p.m.; Sun 11:00 a.m. – 5:00 p.m.

Starbucks Coffee

912-876-4713

Mon-Fri 6:30 a.m. – 7:00 p.m.; Sat-Sun 9:00 a.m. – 6:00 p.m.

**Coldstone Creamery** 

Mon-Thu 11:00 a.m. – 10:00 p.m.; Fri-Sat 11:00 a.m. – 11:00 p.m.; Sun 12:00 p.m. – 10:00 p.m.

Marco's Pizza

Mon-Sun 10:00 a.m. – 11:00 p.m.

Popeye's Chicken

Bldg. 703, Fort Stewart, GA

912-368-0134

Mon-Fri 7:30 a.m. – 8:00 p.m.; Sat 11:00 a.m. – 8:00 p.m.; Sun 11:00 a.m. – 5:00 p.m.

GrafX

Mon-Sat 10:00 a.m. – 6:00 p.m.; Sun Closed

### **Other Facilities**

Lock & Leave

912-876-2103

Mon-Fri 9:00 a.m. - 5:00 p.m.; Sat-Sun Closed

**AWN** 

912-876-2915

Mon-Fri 8:30 a.m. – 5:30 p.m.; Sat-Sun Closed

Cleaners

912-876-9820

Mon-Fri 10:00 a.m. – 6:00 p.m.; Sat 11:00 a.m. – 4:00 p.m.; Sun Closed

The Spa

912-332-7314

Mon-Fri 9:00 a.m. – 8:00 p.m.; Sat 9:00 a.m. – 6:00 p.m.; Sun Closed

Launderette Mon-Sun Open 24 Hrs

Brigade Troop Store/ Barber Shop/ GNC 2

Bldg. 706 Vanguard Rd., Fort Stewart, GA

912-876-0340

Mon-Fri 7:00 a.m. – 7:00 p.m.; Sat 10:00 a.m. – 4:00 p.m.; Sun Closed

Barber Shop

912-876-0325

Mon-Fri 9:00 a.m. - 5:00 p.m.; Sat-Sun Closed

GNC<sub>2</sub>

912-368-0770

Mon-Fri 8:00 a.m. – 7:00 p.m.; Sat-Sun 10:00 a.m. – 4:00 p.m.

Bryan Village Express/ Instaflix DVD Kiosk

Bldg. 7336 Austin Rd., Fort Stewart, GA

912-368-2237

Mon-Fri 7:00 a.m. – 10:00 p.m.; Sat 9:00 a.m. – 10:00 p.m.; Sun 9:00 a.m. – 8:00 p.m.

**Furniture Store** 

Bldg. 419 Vilseck Ave., Fort Stewart, GA

912-876-7560/7558

Tue-Sat 10:00 a.m. – 6:00 p.m.; Sun-Mon Closed

Launderette Mon-Sun Open 24 Hrs

Bldg. 417 58 Vilseck, Fort Stewart, GA

912-876-0868

Mon-Thu 6:00 a.m. – 8:00 p.m.; Fri 6:00 a.m. – 10:00 p.m.; Sat 9:00 a.m. – 10:00 p.m.;

Sun 10:00 a.m. – 7:00 p.m.

Military Clothing Store/ Alterations

Bldg. 71 345 Lindquist Ave., Fort Stewart, GA

912-368-4572

Mon-Fri 8:00 a.m. – 6:00 p.m.; Sat 10:00 a.m. – 5:00 p.m.; Sun 10:00 a.m. – 4:00 p.m.

WINN Army Community Hospital/Hospital Express

Bldg. 302, Fort Stewart, GA

912-435-6895

Mon-Fri 7:30 a.m. – 3:30 p.m.; Sat-Sun Closed

Woodruff Theater

Bldg. 410, Fort Stewart, GA

912-767-3069

Fri opens at 6:00 p.m.; Sat opens at 3:00 p.m.

Harmon Express/ Instaflix DVD Kiosk

Bldg. 7806 Harmon Ave., Fort Stewart, GA

912-876-4230

Mon-Fri 5:30 a.m. – 9:30 p.m.; Sat 9:00 a.m. – 8:00 p.m.; Sun 10:00 a.m. – 6:00 p.m.

6th St Mini Mall/ Barber Shop/ Subway

Bldg. 3050, Fort Stewart, GA

912-867-2351

Mon-Fri 7:30 a.m. – 7:00 p.m.; Sat 11:00 a.m. – 6:00 p.m.; Sun Closed

GM/ Personnel/ Services

Bldg. 419, Fort Stewart, GA

912-876-8880/2494/2851

Mon-Fri 8:00 a.m. – 5:00 p.m.; Sat-Sun Closed

# **Car Services**

#### **Auto Crafts Service**

Libby Auto Crafts, Bldg 1503, Fort Stewart, GA 912-767-3521

Mon, Thu, Fri 1:00 p.m. – 8:30 p.m.; Sat - Sun 9:00 a.m. – 4:30 p.m.

http://www.stewartmwr.com

Audience: All Military ID Card holders

Description: Auto – self-help auto repair, car lifts, tire changer, brake work, and engine repair

Marne Express/ Class Six/ Gasoline Bldg. 939 Utility Rd., Fort Stewart, GA 912-876-8434 Mon-Sun Open 24 Hrs

Car Care Center

Bldg. 430 Bundy Ave., Fort Stewart, GA

912-876-5265

Mon-Fri 7:00 a.m. – 6:00 p.m.; Sat 9:00 a.m. – 4:00 p.m.; Sun Closed

Williams Detailing

Mon-Fri 9:00 a.m. – 3:00 p.m.; Sat 9:00 a.m. – 2:00 p.m.; Sun 9:00 a.m. – 12:00 p.m.

# **Dining**

#### **Winn Dining Facility**

Winn Dining Facility on the 1st floor, Winn Army Community Hospital, Fort Stewart, GA

Winn Army Hospital 912-435- 6329 / 5106 / 5049

Mon, Thu, Fri 1300-2030 hrs; Sat, Sun 0900-1630 hours

Audience: Patients, Soldiers, Family members, employees, retirees, contractors and visitors

Description: WINN Dining Facility (DFAC) offers a variety of services including:

Dining Facility Operations, Inpatient Feeding (Patient Tray Service), Specialty meals, Grab-n-Go Services, and

**Command Sponsored Caterings** 

# **Shopping**

#### **Commissary**

200 Vilseck Street, Bldg 421, Fort Stewart, GA 912-767-2076

http://www.commissaries.com/

Audience: Soldiers, Family Members, Retirees

# **Pet Animal Services**

# **Pet Boarding**

### **Pet Boarding**

Holbrook Rec Pet Boarding, Bldg 8324, Fort Stewart, GA

912-435-8052

Mon, Fri 9:00 a.m. – 6:00 p.m.; Tue-Thu 9:00 a.m. – 3:00 p.m.; Sat 9:00 a.m. – 12:00 p.m.;

Sun & Holidays 4:00 p.m. - 6:00 p.m.

http://www.huntermwr.com

Audience: All military ID card holders

Description: Pet Boarding, Doggy Day Care, Grooming

# Veterinarian

#### Veterinarian

461 W. Bultman Ave, Fort Stewart, GA 912-767-4194

http://phc.amedd.army.mil/organization/Pages/VtfDetails.aspx?VtfID=57&loc=GA

Description: Fort Stewart Veterinary Treatment Facility is professionally staffed by Army Veterinary Corps personnel with the primary mission of providing complete veterinary care for all government employee owned animals. Our staff understands how important your pet is to you and with that in mind we also offer many types of routine care services for the pets of military families. Due to our limited manpower and resources, most veterinary emergency cases are best served through a full service civilian veterinary hospital.

# **Physical Fitness**

# **Adult Sports Groups**

#### **Intramural Sports**

Bennett Sports Complex, Bldg 471, Fort Stewart, GA 912-767-8238

Mon-Fri 7:30 a.m. – 4:00 p.m.; Sport Events Seasonal

http://www.stewartmwr.com Audience: All Active Duty

Description: Sports- Flag Football, Soccer, Basketball, Softball

# **Fitness**

#### **Fitness Centers and Indoor Pool**

Newman Fitness Center, Bldg 439; 4 IBCT Fitness Center, Bldg 8437

Newman Fitness Center, 912-767-3031; 4 IBCT Fitness Center, 912-435-9306

Mon-Fri 5:00 a.m. – 8:00 p.m.; Sat 9:00 a.m. – 10:00 p.m.; Sun 9:00 a.m. – 7:00 p.m.;

Holidays 9:00 a.m. – 5:00 p.m. http://www.stewartmwr.com

Audience: All Military ID card holders and civilian guests

Description: Basketball/ Volleyball/ Racquetball courts, free weight rooms, Selectorized equipment, aerobic machines, indoor pool and climbing wall (4 IBCT), military training, fitness training, swim lessons, family

recreation, lifeguarding classes.

# Recreation

# **Entertainment**

### **Bingo**

Bingo, Bldg 405 (adjacent Club Stewart), Fort Stewart, GA

Stewart Bingo, 912-368-3930

Tues, Wed 6:00 p.m. – 11:00 p.m.; Sun 3:00 p.m. – 10:00 p.m.

http://www.stewartmwr.com

Audience: All Military ID card holders and civilian guests

Description: Fort Stewart Bingo is a state-of-the-art bingo facility located adjacent to Club Stewart. It offers early bird programs and a terrific session program with cash payouts. Customers can play paper and 50 hand-held electronic bingo units with exciting 24 Number Quick shots games. Fort Stewart Bingo is a smoke free facility.

### **BOSS – Single Soldiers**

BOSS Office, Bldg 703, Fort Stewart, GA

BOSS, 912-767-9917

http://www.stewartmwr.com

Audience: All single active duty soldiers

Description: Monthly meetings, recreation trips

### **Bowling**

Marne Lanes, Bldg 402 and Stewart Lanes, Bldg 450, Fort Stewart, GA

Marne Lanes, 912-767-4866 and Stewart Lanes, 912-767-4273

http://www.stewartmwr.com

Audience: All Military ID card holders and civilian guests

Description: Bowling Lanes, Snack Bar, Arcade, Lounge, Private parties/Special groups by appointment

#### **Club Stewart**

Club Stewart, Bldg 405, Fort Stewart, GA

Club Stewart, 912-368-2212

http://www.stewartmwr.com

Audience: All Military ID Card Holders and Civilian guests

Description: Ball Room, Numerous Meeting/Party Rooms, Thunder Run Lunch program, Specialty Brunches,

weekly dinner nights, Friday Night Marne Call, karaoke, catering services, and special events.

# **Corkan Family Fun Center**

Corkan Family Fun Center, Bldg 449, Fort Stewart, GA

Corkan Family Fun Center, 912-767-9884/4273

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Corkan Family Recreation Area, roller skating, 3-D climbing wall, laser tag, snack concession,

party areas, inflatables

## **Cypress Creek**

Cypress Creek, Bldg 444A, Fort Stewart, GA

Cypress Creek, 912-767-4273

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Corkan Family Recreation Area, Adventure mini-golf, Splash Spray Park, private parties

scheduled by appointment

### **Cypress Sam's Treehouse**

Cypress Sam's Treehouse, Bldg 449 complex, Fort Stewart, GA

Cypress Sam's Treehouse, 912-767-4273

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Corkan Family Recreation Area, Toddler Time (carpeted area & rubberized tree trucks & beetles),

multi-level netted plastic ball area with slides. Open for special groups/functions by appointment.

#### George P. Hayes Library

George P. Hays Library, Bldg 411, Fort Stewart, GA

George P. Hays Library, 912-767-2828

http://www.stewartmwr.com

Audience: All Military ID card holders and civilian guests

Description: Circulation desk, computer lab

### Golf

Taylors Creek Golf Course, Bldg 2150, Fort Stewart, GA

Taylors Creek Golf Course, 912-767-2370

### http://www.stewartmwr.com

Audience: All Military ID card holders and civilian guests

Description: 18 hole golf course, practice putting green, driving range, pro shop

### Rocky's Zone

Rocky's Zone, Bldg 703, Fort Stewart, GA

Rocky's Zone, 912-767-8715 <a href="http://www.stewartmwr.com">http://www.stewartmwr.com</a>

Audience: All Military ID card holders and civilian guests

Description: Soldier Recreation, Wi-Fi, Play Station 3, Pool tables, Half-court basketball, Movie theatre room 60 " screen, Big screen TVs, Ping Pong and Foosball tables, Snack bar. Nominal fee for snack bar food and drinks.

# **Food Service**

#### **Club Stewart**

Club Stewart, Bldg 405, Fort Stewart, GA

Club Stewart, 912-368-2212

http://www.stewartmwr.com

Audience: All Military ID card holders and civilian guests

Description: Ball Room, Numerous Meeting/Party Rooms, Thunder Run Lunch program, Special Brunches, Wednesday Night-Internationally Inspired Cuisine Night, Marne Call, Karaoke, DJ- dancing, catering services,

special events

# Lodging

# **Stewart Army Lodging**

Stewart Army Lodging, Bldg 4951, Fort Stewart, GA

Stewart Army Lodging, 912-767-8384

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Guestroom features and amenities comparable to a commercial hotel. Telephone, clock radios, ice baskets, micro fridge units. Kitchenettes fully stocked, coffee, and condiments. Continental breakfast daily.

Baby cribs available. Reservations may be made 1 year in advance when on official orders.

# **Outdoor Recreation**

### Camping/RV Campground

Holbrook Pond Campground, Bldg 8340 (off Hwy 144 E), Camp Host Site #1, Fort Stewart, GA

Holbrook Pond Campground, 912-435-8213 (Office), 912-435-8211 (camp host)

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: RV Campground, Tent Sites, Picnic Tables, WiFi

### **Equipment Rental/Checkout**

Holbrook Outdoor Recreation Center, Bldg 8325, Fort Stewart, GA

Holbrook Outdoor Recreation Center, 912-435-8205

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Travel Trailers, Fishing Boats, Fishing Poles, Camping Gear, BBQ Grills, Kayaks, Canoes, Party

Canopies, Sports equipment, etc.

### **Fishing**

Directorate of Public Works: 1177 Frank Cochran Drive, Fort Stewart, GA 31314

Pass & Permit Office at 912 435-8061

http://www.stewart.army.mil/dpw/wildlife/Home%20page.htm

Audience: Everyone

Description: Fort Stewart is the second largest public hunting and fishing entity in the state. All hunters on the installation must possess a Hunter Safety Course certificate, a valid Georgia hunting license, and the appropriate Fort Stewart hunting permit. Annual and daily permits are available. Annual hunting permits are good for one year from the date of purchase.

### Hunting

Directorate of Public Works: 1177 Frank Cochran Drive, Fort Stewart, GA 31314

Pass & Permit Office at 912 435-8061

http://www.stewart.army.mil/dpw/wildlife/Home%20page.htm

Audience: Everyone

Description: Fort Stewart is the second largest public hunting and fishing entity in the state. All hunters on the installation must possess a Hunter Safety Course certificate, a valid Georgia hunting license, and the appropriate Fort Stewart hunting permit. Annual and daily permits are available. Annual hunting permits are good for one year from the date of purchase.

#### **Outdoor Pools**

Bryan Village Outdoor Pool, Bldg 7098; Corkan Outdoor Pool, Bldg 446, Fort Stewart, GA

Bryan Village Outdoor Pool, 912-767-2701; Corkan Outdoor Pool, 912-767-8575

http://www.stewartmwr.com

Audience: All Military ID card holders

**Description: Outdoor Pools** 

#### **Paintball**

Stewart Paintball, Bldg 8323, Fort Stewart, GA

Stewart Paintball, 912-435-9303

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Woods play, speedball, equipment rental, paint sales

#### **Picnic Areas**

Holbrook Pond Recreation Area (off Hwy 144 E), Fort Stewart, GA

Holbrook Pond Recreation Area, 912-435-8213

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Picnic pavilions, fishing, playground, canoe, kayak and paddle boat rental, restrooms

### **Shooting Range**

Archery/ Rifle & Pistol Ranges, Bldg 8093, Fort Stewart, GA

Archery/ Rifle & Pistol Ranges, 912-435-8061

http://www.stewartmwr.com

Audience: All Military ID card holders Description: Archery, Rifle, & Pistol

### **Skeet Trap - Shooting Range**

Holbrook Rec Area Skeet & Trap, Bldg 8332, Fort Stewart, GA

Holbrook Rec Area Skeet & Trap, 912-435-8219

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Skeet and trap

#### **Storage Rental**

Holbrook Outdoor Recreation Center Storage, Bldg 8325, Fort Stewart, GA

Holbrook Outdoor Recreation Center Storage, 912-435-8205

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Rental space for storage of POV, RV, campers, and boats

# **Trips and Leisure**

#### **Travel and Ticketing**

Leisure Travel Office, Bldg 419 (Inside PX Furniture Mall), Fort Stewart, GA

Leisure Travel Services, 912-767-2841

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Sale of professional football and baseball tickets, plus source of hotel discount information

#### **Trips and Leisure**

Leisure Travel Office, Bldg 419 (Inside PX Furniture Mall), Fort Stewart, GA

Leisure Travel Services, 912-767-2841

http://www.stewartmwr.com

Audience: All Military ID card holders

Description: Sale of event attraction tickets, trips and reservation services

# Safety

# **Ergonomics and Worksite Safety**

### **Accident Investigation**

Bldg 162, Fort Stewart, GA

912-767-7880

Audience: Soldiers, DA Civilians, and Contractors

Description: Conduct investigations to determine the root cause of accidents and determine ways to mitigate the

risk of re-occurrence

#### **Environmental Health Safety**

Winn ACH Bldg. 308(located behind ER), Fort Stewart, GA

912-435-5271 or call 1-800-796-9699

Audience: All Military Beneficiaries, Food Handlers, FRGs, child development services employees Description: Environmental Health minimizes and controls health hazards by conducting water analysis, food service inspections, child-care inspections, swimming pool inspections, insect pest surveillance, and supervision of regulated medical waste. When needed, recommendations are provided for corrective actions and future control measures. Med Threat Briefings and Food Sanitation Classes. Advice on temperature risks are provided in the summer to prevent heat injuries

#### **Forklift Certification**

Bldg 162, Fort Stewart, GA

912-767-7880

Audience: Employees required to operate a forklift

Description: Conduct classroom instruction and an evaluation to certify employees on various forklifts

#### **Industrial Hygiene**

Winn ACH Bldg. 308(located behind ER), Fort Stewart, GA

912-435-5101

Audience: Soldiers and DA Civilians

Description: Industrial Hygiene helps to promote health and safety by identifying, evaluating, and recommending measures to control risk factors and stressors in the work place that may cause sickness, impair health, and affect well-being by offering special and periodic comprehensive industrial hygiene evaluations, noise surveys and noise dosimetry. Ventilation surveys, ergonomic evaluations, respiratory protection program support, light surveys, and design review.

### **Radiation Safety Management**

Bldg 162, Fort Stewart, GA

912-767-7880

Audience: Unit/Agency Radiation Safety Officers

Description: Measures to control hazardous radiation exposure

### **Respiratory Protection**

Bldg 162, Fort Stewart, GA

912-767-7880

Audience: Employees required to wear a respirator

Description: Conduct a quantitative fit test for those employees required to wear a respirator

## **Standard Safety and Occupational Inspection**

Bldg 162, Fort Stewart, GA

912-767-7880

Audience: Garrison Directorates and Employees

Description: Conduct inspections of garrison facilities and processes in order to provide a safe and healthy

working environment

### **Workplace Safety Training**

Bldg 162, Fort Stewart, GA

912-767-7880

Audience: Garrison Directorates and Employees Description: Conduct various awareness training

#### **Standard Safety and Occupational Inspection**

Bldg 162, Fort Stewart, GA

912-767-7880

Audience: Soldiers, DA Civilians, and Contractors

Description: Conduct inspections of garrison facilities and processes in order to provide a safe and healthy

working environment

# Safety (All – fire, water, etc.)

### **Safety Module Course**

411 Park of Commerce Way Bldg 200, Savannah, GA 31412

912-651-5300

When requested

www.savannahredcross.org

Audience: Varies

Description: Develops skills in each of the following categories: Community safety, injury prevention,

hypertension, and workplace ergonomics.

### Lifeguarding, Swim Lessons, and Instructor Training

411 Park of Commerce Way Bldg 200, Savannah, GA 31412

912-651-5300

www.savannahredcross.org

Audience: Adults and children interested in becoming lifeguards

Description: Offers 8 levels of swimming lessons with swimming and lifeguarding certifications

# **Traffic Safety and Training**

#### **Advanced Riders Course**

Bldg 162, Fort Stewart, GA

912-767-7880

https://apps.imcom.army.mil/AIRS/default.aspx

Audience: Active duty, Army Reserve, and National Guard Soldiers

Description: Provide experienced riders the opportunity to improve and learn new skills

### **Basic Rider Course**

Bldg 162, Fort Stewart, GA

912-767-7880

https://apps.imcom.army.mil/AIRS/default.aspx

Audience: Active duty, Army Reserve, and National Guard Soldiers

Description: Classroom instruction and riding exercises in a controlled environment providing a complete

introduction to motorcycle safety

### **Intermediate Driver Training**

Bldg 727, Fort Stewart, GA

912-767-7880

https://apps.imcom.army.mil/AIRS/default.aspx

Audience: Soldiers 26 years of age or younger

Description: Intermediate traffic training that reinforces the Introduction to Driver's Training provided

separately to service members during their Advanced Individual Training

### **Military Sports Bike Riders Course**

Bldg 162, Fort Stewart, GA

912-767-7880

https://apps.imcom.army.mil/AIRS/default.aspx

Audience: Active duty, Army Reserve, and National Guard Soldiers

Description: Provide sport bike riders the opportunity to improve and learn new skills

### **Motorcycle Refresher Training**

Bldg 162, Fort Stewart, GA

912-767-7880

https://apps.imcom.army.mil/AIRS/default.aspx

Audience: Soldiers who have been deployed 180 days or more

Description: Assess motorcycle riders skills after long periods of inactivity

### **Motorcycle Sustainment Training**

Bldg 162, Fort Stewart, GA

912-767-7880

https://apps.imcom.army.mil/AIRS/default.aspx

Audience: Soldiers who have been deployed 180 days or more

Description: Keep motorcycle operators training current and sustain rider skills for Military Sports Bike Riders

Course or Experienced Riders Course

#### **Remedial Driver Training**

Bldg 727, Fort Stewart, GA

912-767-7880

https://apps.imcom.army.mil/AIRS/default.aspx

Audience: Soldiers in violation of traffic laws while operating a DOD owned vehicle

Description: Affect behavioral change in participants which results in reduction of motor vehicle accidents and related loss of life and limb

# Spiritual Support/Religious Services

# **Emergency Religious Support**

### On Call Duty Chaplain

Fort Stewart, GA 912-767-8666

http://www.stewart.army.mil/chaplain/umtl.asp

Audience: Soldiers, Families, and DA Civilians

Description: Emergency 24/7 religious support when your unit chaplain is unavailable through the Installation

**Operations Center** 

# **Marital Assistance**

### Marriage 101

FS Main Post Chapel, BLDG 500, Fort Stewart, GA 912-767-8549

http://www.stewart.army.mil/chaplain/umtl.asp

## Must RSVP NLT 3rd Tuesday of each month

Held monthly on every 4<sup>th</sup> Tuesday from 9:00 a.m. – 3:00 p.m.

Audience: Engaged and married couples

Description: A 6 hour workshop to acquire basic skills for building a healthy marital relationship. No childcare

provided. Free lunch provided.

### **Strong Bonds Training**

Contact unit chaplain

http://www.stewart.army.mil/chaplain/chaplain.asp

Audience: Soldiers, Families, and DA Civilians

Description: Various courses and programs of instruction designed to empower the participant with skills and techniques for enhancing relationships, parenting, and life.

# **Religious Education**

### **Military Council of Catholic Women**

Main Post Chapel, BLDG 500, Fort Stewart, GA 912-767-5409

http://www.stewart.army.mil/chaplain/relprogs.asp

Weekly, call for schedule

Audience: Soldiers, Families, and DA Civilians

Description: Fellowship, worship, and learning opportunities for Roman Catholic women of faith

### **Protestant Women of the Chapel**

Main Post Chapel, BLDG 500, Fort Stewart, GA 912-767-5409

http://www.stewart.army.mil/chaplain/umtl.asp

Held weekly on Thursdays at 9:30 a.m.

Audience: Soldiers, Families, and DA Civilians

Description: Fellowship, worship, and learning opportunities for Protestant women of faith

#### **Roman Catholic Religious Education**

Main Post Chapel, BLDG 500, Fort Stewart, GA 912-767-1813

http://www.stewart.army.mil/chaplain/relprogs.asp Audience: Soldiers, Families, and DA Civilians

Description: Instruction, catechism, CCD for Roman Catholics

# **Pastoral Care**

### **Unit Ministry Chaplain**

Specific to unit, Fort Stewart, GA

Specific to unit or through the installation Religious Support Office 912-767-5409

http://www.stewart.army.mil/chaplain/umtl.asp

Audience: Soldiers, Families, and DA Civilians

Description: Rites, sacraments, and religious ordinances for life events such as marriage, birth, transition, parenting, sickness, and death. Chaplains nurture the living, care for the wounded, and honor the dead.

# **Youth Ministry**

#### **Youth Club**

Victory Chapel, Fort Stewart, GA 912-767-5409

http://www.stewart.army.mil/chaplain/relprogs.asp

Weekly, Wednesdays 5:30 p.m. -7:30 p.m.

Audience: Soldiers, Families, and DA Civilians teen youth

Description: Worship, religious education, and fellowship opportunities for Middle and High School Aged

Youth

# **Worship Services**

#### **Worship Services**

All chapels, Fort Stewart, GA 912-767-5409

http://www.stewart.army.mil/chaplain/wo.asp

Services vary, please call or check website Audience: Soldiers, Families, and DA Civilians

Description: Worship and devotional opportunities for various faith groups

# **Suicide Prevention**

# **Suicide Prevention**

### **Suicide Prevention Program**

B-201c, Fort Stewart, GA

ASAP Prevention FS: 912-767-5974

http://www.stewart.army.mil/services/asap/default.asp

Audience: Soldiers, Families, and DA Civilians

Description: The Army Substance Abuse Program (ASAP) enhances the combat readiness of Soldiers, strengthens the overall fitness and effectiveness of the Army's workforce, builds resilient civilian employees and Families and conserves manpower by providing services which are proactive and responsive to the needs of the Army's workforce. Services emphasize suicide prevention and substance abuse prevention. Services are provided to Soldiers, DA Civilians and Family Members of each.

# **Suicide Prevention Training**

#### **Suicide Prevention Training**

Contact unit chaplain, Fort Stewart, GA

Varies

http://www.stewart.army.mil/chaplain/chaplain.asp

Audience: Soldiers, Families, and DA Civilians Description: Facilitation of ACE and ASIST training

### **ASAP Suicide Prevention Training**

B-201c, Fort Stewart, GA

ASAP Prevention FS: 912-767-5974 Mon – Fri 7:30 a.m. – 4:30 p.m.

http://www.stewart.army.mil/services/asap/default.asp

Audience: Soldiers, Families, and DA Civilians

Description: Leaders can take advantage of these programs: ASIST TRAINING, ACE, Shoulder to Shoulder monthly 1 hour, Unit, and FRG Presentations (upon request). Contact the Suicide Prevention Program Manager for more information or to schedule, 767-7373