

**Forty days of**

*prayer*

**and fasting**



**PRAYER GUIDE**

*REACH—EQUIP—SEND...Our mandate  
from Christ! Matthew 28:18-20*

## Introduction

It is a privilege to come to God in prayer for all that is in our hearts. As a child of God, adopted by His Spirit, we have an awesome access to heaven's throne room of grace through the blood of Jesus. As I have been seeking God's mercies for Haywood County for years, now seems the time to appeal to all the county to pray and fast for a move of God that ends in spiritual breakthrough for our county and community. I would like to thank Pastor Steve Schell for providing the free guideline from which we have adapted this 40 day prayer guide. And I would like to thank Pastor Ronnie Floyd for the urgent appeal he has issued to the body of Christ to pray AND fast for God to move.

I have never been more sure of the power of God and the means for securing that awesome power in our lives. The promises found in God's Word will remain true until the end of time. In fact Paul says, *even when we are unfaithful, God is still faithful!* God **always** keeps His promises. For this 40 days of prayer and fasting, I want to claim the promise of Isaiah 58. The promise found in Isaiah 58:6-14 will be the foundation for this prayer and fasting season.

### **God says... Is this not the fast that I have chosen:**

To loose the bonds of wickedness,

To undo the heavy burdens,

To let the oppressed go free,

And that you break every yoke?

<sup>7</sup> Is it not to share your bread with the hungry,

And that you bring to your house the poor who are cast out;

When you see the naked, that you cover him, And not hide yourself from your own

flesh? <sup>8</sup> Then your light shall break forth like the morning, Your healing shall spring forth speedily,

And your righteousness shall go before you; the glory of the Lord shall be your rear guard.

<sup>9</sup> Then you shall call, and the Lord will answer; You shall cry, and He will say, 'Here I am.'

If you take away the yoke from your midst, The pointing of the finger,

and speaking wickedness, <sup>10</sup> If you extend your soul to the hungry And satisfy the afflicted soul,

Then your light shall dawn in the darkness, And your darkness shall be as the noonday.

<sup>11</sup> The Lord will guide you continually, And satisfy your soul in drought,

And strengthen your bones; You shall be like a watered garden,  
And like a spring of water, whose waters do not fail.

<sup>12</sup> Those from among you shall build the old waste places;  
You shall raise up the foundations of many generations;  
And you shall be called **the Repairer of the Breach,**  
**The Restorer of Streets to Dwell In.**

<sup>13</sup> **“IF** you turn away your foot from the Sabbath, From doing your pleasure on My holy day, And call the Sabbath a delight, The holy day of the Lord honorable, *And shall honor Him*, not doing your own ways, Nor finding your own pleasure, Nor speaking your own words,

<sup>14</sup> **THEN** you shall delight yourself in the Lord; And I will cause you to ride on the high hills of the earth, And feed you with the heritage of Jacob your father. The mouth of the Lord has spoken.”

God’s promises to bless and reward the proper fast from Isaiah 58... (as quoted from book “The Power of Prayer and Fasting” by Ronnie Floyd):

- He will set you free from self and your sinful nature. He will loosen the bonds of wickedness and undo the bands of the yoke.
- He will bring freedom from oppression.
- He will transform you into a giver.
- He will give you the desire and ability to meet and minister to people’s needs.
- He will allow you to see yourself as you really are.
- God will give you spiritual insight and influence. No matter how dark and dismal the situation, your light will break forth like the dawn. You will help dispel the darkness and its power.
- Recovery and healing of various kinds may likely occur.
- Righteousness will precede you.
- The glory of God will be your protection and rear guard.
- God will answer your prayers. You will call, and He will answer.
- God will manifest His presence with you. You will cry out and He will reply, “Here I am...”
- He will adjust your attitude. Your gloom will become like midday.
- He will continually guide you.
- He will fulfill your desires in the midst of harsh and adverse circumstances.
- He will give you strength and energy.

- He will make you fruitful like a watered garden.
- He will make you like living water that never runs dry.
- You will become a rebuilder of right traditions and a godly heritage.
- You will become a restorer.
- You will become a repairer of breaches and gaps.
- God will lift you up and exalt you.
- He will give you more faith.

The promises of God in Jesus are YES and AMEN! Let's set ourselves to proper prayer and fasting believing the promises of God in His Word and expecting to see God move in power and response to our cries! Much love to you all in this corporate prayer and fasting for God's breakthrough.

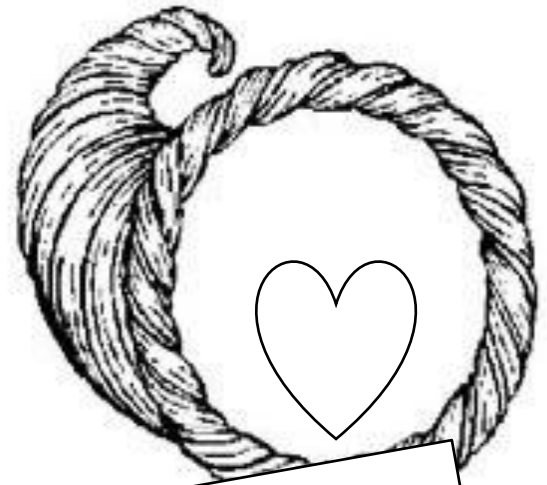
God bless you as we seek God together in prayer!

Pastor Dan

# PRAYER AND FASTING EXPECTATION

*During the 40-day prayer and fasting you are expected to:*

1. Ask the Holy Spirit to help you choose what type of fast is best for you to partner with Him, keeping in mind that a biblical fast involves some abstaining from food, reading your Bible and praying more than your normal amount. What food, how much, and how long is between you and the Lord. Check in with your doctor if you have any health issues.
2. Follow along in intercessory prayer using this prayer guide and allowing the Holy Spirit to pray God's heart through you. Other members will be praying along with you.
3. Fast from various media and use that time for prayer and Bible reading.
4. Attend any prayer meetings at the church, whether all church events or small group gatherings. There is power in agreement before the Lord!



*Never fasted before?*  
If you have never fasted before, we recommend reading *The Power of Prayer and Fasting* by Ronnie Floyd...God's Gateway to Spiritual Breakthroughs.

## FOCUS

### *Seeking God's power*

#### *For Breakthrough*

When we as a church seek spiritual breakthrough to the future, we claim Jeremiah 33:3...*Call to Me and I will answer you and show you great and mighty things which you do not know!* As we call on God together, praying in agreement, God alone can show us great and mighty things we do not know, even concerning our church, our county, and nation. We fast (to focus our heart and mind) and pray for breakthrough for our church and our county.

#### *Practicing humility/repentance*

We also fast to show humility before God Most High, the Creator of the universe and our Heavenly Father. The Sovereign God responds when we diligently and wholeheartedly seek Him including confession of sin with repentant hearts acknowledging our dependence on Him.

### *Asking for more of His glory*

We fast to demonstrate our hunger for more of God personally, as a church family, and county. In Joel 2:11-30, God says He wants His children to turn their hearts fully to Him because He wants to rescue them from the destroyer, bless them and pour out His Spirit upon them. We are asking for a fresh infilling of His Holy Spirit upon us leading to spiritual breakthrough in Haywood County. We believe that as we have been studying Acts, the same God who poured His Spirit then will do so again according to His promise to every generation...*if my people...*

#### *Interceding for others*

We fast on behalf of others, including family, pastors, volunteers, our church family, our county and community; and the nation using the prayer guide as a starter, so we are all interceding for others together.

# Daily Prayer Prompts

## DAY 1

Pray that God's name will be hallowed-considered as very holy among us!

Holy, Holy, Holy, is God the sovereign Lord of all, who was, and is, and is to come. *Revelation 4:8*

You are worthy, O Lord our God, to receive glory and honor and power, because You have created all things; by Your will they have their being. *Revelation 4:11*

Worthy is the Lamb, the Lamb that was slain, to receive all power, and wealth, wisdom and might, honor and glory and praise!" *Revelation 5:12*

## DAY 2

Pray for God's Kingdom to come.

Bring Your love to perfection in us. 1 John 4:7-12

That we will dwell in His love, banishing fear! 1 John 4:16-19

That we will love one another. 1 John 4:12



## DAY 3

Pray that God's will be done.

Open our spiritual eyes, so we can see the heaviness of the crop to be reaped. Matthew 9:37

That we will pray to the Lord of the harvest to send laborers—using us and raising up more laborers! Matthew 9:38

That we can know the authority Jesus has given His children to cast out unclean spirits, to experience supernatural healing, and to make disciples. Matthew 10:1; 28:18-20.

## DAY 4

Pray for our daily bread.

That our God will be our shield and the horn of my salvation, my stronghold. Psalm 18:1-3

That we will love the Lord with all our heart, all our souls, and all our minds. Matthew 22:37

That You Lord will give us beauty for ashes. Isaiah 61:3



## DAY 5

Seek God's forgiveness.

Today we come forward and accept the water of life, a free gift to all who desire it. Revelation 22:17

We ask You Father to forgive us where we have sinned against you—point out our sins so we may seek Your forgiveness. Matthew 6:24

Today we ask forgiveness for the words out of our mouth that do not edify. Matthew 15:18-19

## DAY 6

We forgive others.

In seeking your forgiveness God; help me forgive others. Mathew 6:14-15

Holy Spirit bring me to the river that flows from the throne of God and the Lamb so You can wash the unforgiveness and wounds from my heart. Revelation 22:1-2

Let my old man die, and the new man from You rise in me. Colossians 3:10

## DAY 7

Ask God to deliver us from the one who tests us.

Father we ask today that You help us keep our eyes on Christ alone. Matthew 14:30-31

Help us walk in perfect love that cast out fear. 1 John 4:18

Help us to live on every word from the mouth of God. Matthew 4:4

## DAY 8

Praise God for making us part of His Kingdom.

Victory to our God who sits on the throne, and to the Lamb! Revelation 7:10

Praise and glory and wisdom, thanksgiving and honor, power and might be to our God forever and ever! Revelation 7:12

Great and marvelous are Your deeds, O Lord God sovereign over all; just and true are Your ways, You, the King of the nations. Revelation 15:3-4

## DAY 9

Pray for our church.

That we will be a Spirit-filled church that prays on every occasion in the power of the Holy Spirit. Ephesians 6:18-19

That we will be a church that keeps watch and perseveres always interceding for all God's people. Ephesians 6:18-19

That we will be a church that will find our strength in the Lord and in His mighty power. Ephesians 6:10

## DAY 10

Pray for our leaders.

Father, grant that these men and women will be full of the Spirit and faith. *Acts 6:5*

Father, fill them full of grace and power and begin to work great miracles among us. *Acts 6:8*

That they will be able to submit to one another in love. *Ephesians 5:21*

## DAY 11

Lift up the church staff.

That the pastor and staff walk in unity. *Matthew 12:25*

That they will lead in humility and strengthen the brothers. *Luke 22:31-32*

That they will be men and women who stand firmly in Christ through opposition. *Luke 22:28*

## DAY 12

Give thanks.

Praise be to the Lord, God of Israel from everlasting to everlasting! *1 Chronicles 16:36*

Give thanks to the Lord, for He is good; His mercy endures forever! *1 Chronicles 16:34*

The heavens declare the glory of God; the skies proclaim the works of His hands! *Psalms 19:1*

## DAY 13

Pray for the body of Christ.

Promote the faithful fulfillment of God's plan for us, which works through faith. *1 Timothy 1:4*

Grow the body into spiritual unity and in the Bond of the Spirit. *Ephesians 4:1-3*

Promote in us a unifying love which springs from a clean heart and a faith that is genuine. *1 Timothy 1:5*

## DAY 14

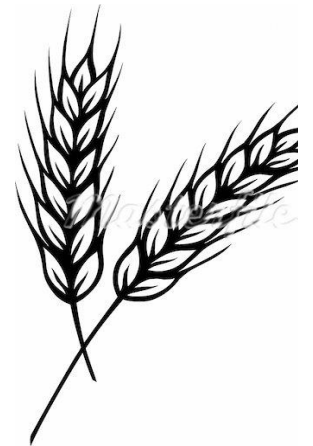
Pray for the intercessors.

Please call more prayer warriors into the intercessory ministry. *Luke 10:2*

We ask for a hedge of protection around them and their families. *1 Chronicles 16:22*

Give them insight and wisdom on what You are calling them to pray for. *Job 42:7-9*

That they will look to the Lord and His strength and seek His face always. *1 Chronicles 16:11*



## DAY 15

Pray for local mission.

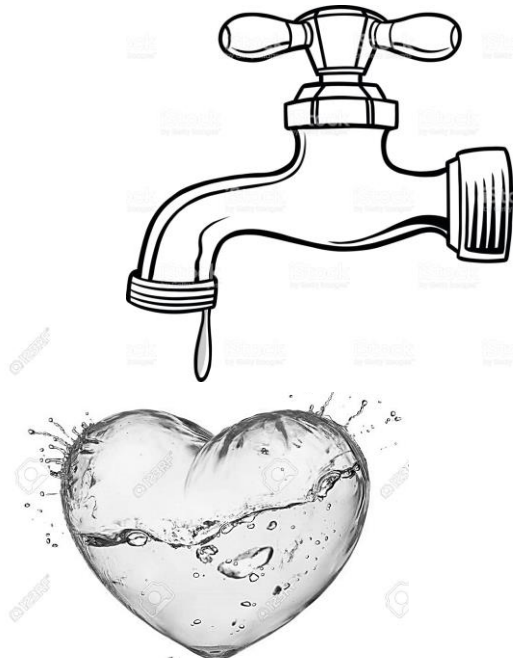
That we will cultivate our relationship with the community around us.

That the seed sown will fall on good ground.

That the seed sown will produce their 30-, 60- and 100-fold harvests. *Matthew 13:18-23*



*Indeed, the water I give them will become in them a spring of water welling up to eternal life.*  
*John 4:14*



## DAY 16

Lift up volunteers.

That the water within them will be an inner spring always welling up for eternal life. John 4:14

That You, God, will fill them with joy unspeakable. Romans 15:13

That they will be generous to one another, tenderhearted, forgiving one another as God in Christ forgave you. Ephesians 4:32

## DAY 17

Pray for single parents.

May God strengthen them in His glorious might.

That they will have ample power and support to meet whatever comes with faith, patience, and joy.

Teach them to praise You God in all things. Colossians 1:11-12



## DAY 18

Pray for equipping of the saints.

That we may mature to Christlikeness, measured by nothing less than the full stature of Christ. Ephesians 4:13

That we will throw off the doctrines of this world. Ephesians 4:14

That we will preach the gospel with boldness. Acts 4:29



*Put on the full armor of God, so that you can take your stand against the devil's schemes.*

*Ephesians 6:11*

## DAY 19

Pray for the Prayer Ministry.

That their sword and spear are the Lord's and they will wield it by God's mighty power. *Judges 7:18*

That they will be fully covered in the armor of God. *Ephesians 6:12-17*

That the Word will light the path that they will walk. *Psalms 119:105*

That Your love will envelop them and will cast out all fear. *1 John 4:18*

## DAY 20

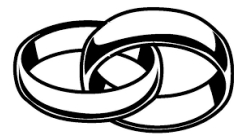
Give praise to our God.

Give thanks unto the Lord, call on His name. *Isaiah 12:4*

Sing to the Lord all the earth. Proclaim His salvation day after day. *1 Chronicles 16:23*

My whole being will exclaim, "Who is like You O Lord?"

You rescue the poor from those too strong for them, the poor and needy from those who rob them. *Psalms 35:10*



## DAY 21

Pray for marriages.

That husbands will love their wives, as Christ loved the church. *Ephesians 5:25*

That the wives will be subject to their husbands. *Ephesians 5:22-23*

That they will be subject to one another out of reverence to Christ. *Ephesians 5:21*



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## DAY 22

Pray for the older saints.

Let them declare, “I am still as strong today as on the day the Lord sent me out!” “I have followed the Lord my God wholeheartedly!” *Joshua 14:8, 11*

We declare with them, “The land on which your feet have walked will be your inheritance and that of your children forever!” *Joshua 14:9*

## DAY 23

Pray for the younger people.

That they may attain wisdom and discipline for understanding words of insight. *Proverbs 1:2*

That love and faithfulness never leave them, that they bind them around their neck and write them on their hearts. *Proverbs 3:3*

That they will be a people who seek the Lord. *Psalms 33:9*

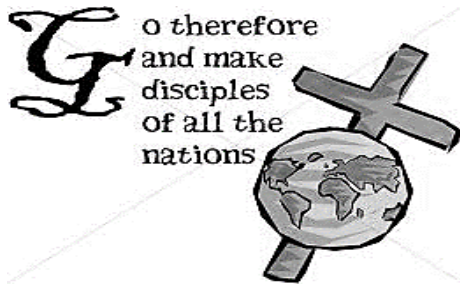
## DAY 24

Pray for our children.

Let the little children come unto Me and forbid them not. *Matthew 19:14*

Protect them from the impure things, that they might serve the Lord all of their days. *Judges 13:7*

That worship will be perfected in them. *Matthew 21:16*



## DAY 25

Pray for missionaries.

Open doors for our missionaries to be able to spread the gospel. *Colossians 4:3*

A hedge of protection around our missionaries as they go into all the world. *Job 1:10*

For those in missions, as they prepare to go, that they will listen to the leading of the Holy Spirit. *Mark 16:15*

## DAY 26

Pray for the serving ministry.

That God's people will know their gifts and will obey their call to service. *1 Corinthians 12*

That the whole body of believers is united in heart and soul. *Acts 4:32*

That the people in this ministry will be full of grace and wisdom and will begin to work miraculous things among the people. *Acts 6:8*

## DAY 27

Praise the Almighty God.

Praise you God, You are the primacy over all created things. *Psalms 97:9*

In You everything in heaven and on earth was created.  
*1 Chronicles 29:11*

All thrones, sovereignty, authorities and powers, the whole universe has been created through Him and for Him.  
*Colossians 1:16-18*

## DAY 28

Pray for the church body.

That we will be firmly joined in unity.  
*1 Corinthians 1:9*

That we will purge out the old leaven and be the Passover unleavened bread. *1 Corinthians 5:7*

Help us walk in love. *1 Corinthians 13:4-7*

## DAY 29

Pray for our pastors.

Surround them with people who will be constantly in prayer with and for them. *Acts 1:14*

Through Your Spirit give our pastors boldness to preach Your truth. *Acts 2:14*

That they will submit to Christ who is the head. *Ephesians 4:16*

## DAY 30

Pray for prodigals.

Rescue them from the domain of darkness.

Bring them into the kingdom of Your dear Son. *Colossians 1:13*

That they may bear fruit of every kind and grow in the knowledge of God.  
*Colossians 1:10*

## DAY 31

Pray for families.

That our children will fully grow up in Christ. *Ephesians 4:16*

That husbands and wives will give themselves wholly to prayer. *Ephesians 6:18*

That God will grow in us a love that is ever richer in knowledge and insight of every kind. *Philippians 1:9-10*

## DAY 32

Pray that God strengthens us for battle.

It is God who arms us with strength and makes our way perfect. *Psalms 18:32*

He trains our hand for battle, our arms can bend a bow of bronze. *Psalms 18:34*

We pursued our enemies and overtook them, we did not turn back till they were destroyed.  
*Psalms 18:37*

## DAY 33

Pray that all who are called will come.

We pray that not one of those promised will be lost. *John 6:39*

That the Good News will be preached in the

Canton, Bethel, Clyde, Waynesville and across every square foot of Haywood County! And then NC, the Southeast, and the entire USA... and over all the whole world. *Mark 15:16*

That all the Father has given to Christ will come, for Christ will not turn them away.  
*John 6:37*

## DAY 34

Pray for our geographical region (Haywood County).

May the enemies turn back, and may they stumble and perish before You. *Psalms 9:3*

Lord that You will be our stronghold in time of trouble here in our region. *Psalms 9:9*

You hear, O Lord, the desire of the afflicted, You encourage them and listen to their cry.  
*Psalms 10:17*

Defend the fatherless and the oppressed.  
*Psalms 10:18*

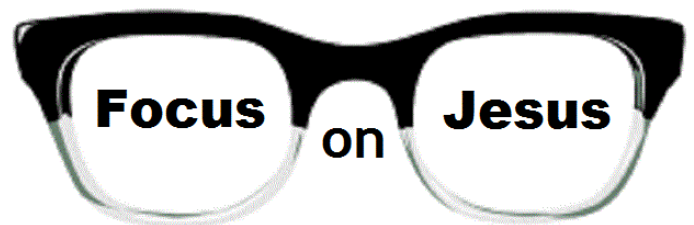
## DAY 35

Pray for pastors in our city.

That they will delight themselves in the Lord and meditate on His Word day and night.  
*Psalms 1:2*

That they will be a tree planted by streams of water. *Psalms 1:3*

That they will produce fruit in season and whose leaf does not wither. *Psalms 1:3*



...but our eyes are upon Thee.

2 Chronicles 20:12

## DAY 36

Pray for pastors across our country.

That they protect their time with their family.  
*Mark 10:9*

That they will be single-minded in their pursuit of God. *James 1:8*

God will place a mighty hedge of protection around them and their families. *Psalms 91*

## DAY 37

Pray for the church throughout our nation.

That the church will find common ground in Jesus Christ.  
*1 Corinthians 12:12-14*

That as the church shows people Christ, they will be “cut” to the heart. *Acts 2:36-41*

That the sower and reaper may rejoice together over the crop that is brought in. *John 4:35-38*

## DAY 38

Pray for genuine spiritual breakthrough.

Oh that you would tear the heavens  
And come down! Show Your Power!! And that all  
will tremble at Your presence Oh God! *Isaiah 64:1-2*

That we (all Haywood County) will be full of the  
Spirit and the Word of God.  
*Acts 13:52*

That mighty works shall follow our prayers and the  
preaching of God's Word. *Mark 16:20*

That God will pour out His Spirit in tremendous  
power and great grace—calling young men and  
women into the ministry of the gospel. *Acts 4:33*

## DAY 39

Today we pray to possess the harvest.

That we will be salt in this world. *Matthew 5:13*

That we will be the light in this present darkness. *Matthew 5:14*

Give us a gentle spirit so we can take this  
earth as a possession. *Matthew 5:5*

## DAY 40

Thank our Father for hearing our prayers  
for breakthrough!

Thank You Lord that all will  
tremble at Your manifest presence  
Oh God! *Isaiah 64:1-2*

Great are You God, and greatly to  
be praised! *Jeremiah 10:6*

Thank You for manifesting your  
awesome saving power! *Psalms 18:13-19*

“**You are worthy** to take the scroll  
and open its seals, because You  
were slain, and with Your blood  
You purchased men for God  
from every tribe, and language and  
people and nation.” *Revelation 5:9-10*

**AND ALL THE CHURCH SAID...AMEN!**