



**St. Leo
Catholic Church**

**Fourth Sunday of
Lent
March 21-22, 2020**

P.O. Box 93, 2109 Sulphur Springs Rd, Inwood WV 25428 (304)229-8945



4th SUNDAY OF LENT

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?"
- Jn 9:35

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

PASTOR: Fr. Alfred Obiudu
DEACON: Rev. Mr. Brian Crim
MASS TIMES-Saturday-5:00PM
Sunday-9:00AM, 12:00PM

CONNECT:
On-line: Stleo.com
Facebook: <https://www.facebook.com/stleoinwoodwv>
Twitter : @stleoinwood
Email: Secretary@stleo.com
Mail :P.O. Box 93, Inwood WV 25428

Saturday, March 21

Readings: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab[cf. Hos 6:6]/Lk 18:9-14

Sunday, March 22

Readings: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 [1]/Eph 5:8-1
/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

Monday, March 23

Readings: Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b [2a]/
Jn 4:43-54

Tuesday, March 24

Readings: Ez 47:1-9, 12/Ps 46: 2-3, 5-6, 8-9/Jn 5:1-16

Wednesday, March 25

Readings: Is 7:10-14; 8:10/Ps 40:7-8a, 8b-9, 10, 11 [8a and 9a]
/Heb 10:4-10/Lk 1:26-38

Thursday, March 26

Readings: Ex 32:7-14/Ps 106:19-20, 21-22, 23 [4a]/Jn 5:31-47

Friday, March 27

Readings: Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23
[19a]/Jn 7:1-2, 10, 25-30

Fr. Alfred will be privately offering Mass daily for our parish and other intentions. Once we are back to normal operations, we will reschedule all intentions.

We ask Our Holy Father to keep watch over our parish, our Diocese, and our Church and country in this difficult time. May we find solace and comfort in His Divine Presence through prayer.

COLLECTIONS

General (first collection used for operating expenses) \$65.00

Debt Reduction (second collection used to pay the mortgage) \$230.00

On-line donations \$3356.50 (2159.50/ general; \$1077.00/debt; \$100.00/Priest Retirement; \$20.00/pantry)

Thank you to everyone that have mailed in their contributions and donated online. Your support is critical and much appreciated during this difficult time. God Bless you for your generosity!

If you wish to donate online, please visit our website-www.stleo.com-and scroll down to the donate button. You can choose a one time donation or set up a recurring donation.

If you wish to mail a donation into the church, please us the following address: P.O. Box 93, Inwood, WV 25428.

Thank you for your ongoing generosity!

ATTENDANCE

Saturday 5:00PM-

Sunday 9:00AM-

12:00PM-

The Altar wine for the month of March is offered by Nancy & Chris Gavin in honor of her parents.

The sanctuary candles for the month of March are offered by Tom & Elise Anderson for all the babies who have never seen the light of day.

Saturday, March 28

4:30pm

5:00pm

Readings: Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12 [2a]
]/Jn 7:40-53

Sunday, March 29

9:00am

10:15am

12:00pm

Readings: Ez 37:12-14/Ps 130:1-2, 3-4, 5-6, 7-8 [7]
/Rom 8:8-11/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

Thank you to all that have come to our Fish Fry on Fridays. Last week sales totaled \$1113.00.

Because of all the precautions taken due to the coronavirus outbreak, we will not be having the fish fry until further notice. We thank all of our patrons and especially our volunteers for its success so far!

Thanks to all who have purchased gift cards, the Gift Card Ministry was able to donate \$1000.00 towards the church's mortgage payment this month! When we resume normal operations, please consider purchasing gift cards to help us take a bite out of our debt! St. Leo receives a percentage of each card sold which goes towards paying down our mortgage. We have many cards on hand after the Masses each weekend and in the office Monday through Thursday during normal office hours. Many restaurant and retail stores cards are available for preorder. Any questions, please contact Melanie Nesselrodt at nesserodtmelaine@gmail.com.

Act of Spiritual Communion

My Jesus,
I believe that you
are present in the Most Holy Sacrament.
I love you above all things,
and I desire to receive you into my soul.
Since I cannot at this moment
receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there and unite myself wholly to you.
Never permit me to be separated from you. (St Alphonsus de Liguori)



Catholic Charities WV wishes to thank you for your continued support of our Eastern Region office. With your contributions at our annual Christmas Appeal, other financial gifts, regular donation of personal care and hygiene supplies, and volunteerism, we work to create stability and sustainability for those to whom we provide services. Thank you for helping us to take care of our community in need. Please reach out if you'd like to learn more about our services or how you could be involved. Siobhán Bertone 304 267-8837 x 10 or sbertone@ccwva.org.



Bishop Mark Brennan sent out the following important message this week:

Dispensation from the obligation to attend Mass

“While no member of the Faithful is bound to attend Mass where impossibility arises, West Virginia borders a number of dioceses in which Masses are still being publicly celebrated, and many of our Faithful are easily able to attend those Masses. Owing to the grave nature of the current public health crisis, and not wishing that any of our flock be compelled to place themselves unnecessarily at risk, I hereby dispense all those who reside within the territory of the Diocese of Wheeling-Charleston from their obligation to attend Mass. The intention of this dispensation, along with the suspension of public liturgies in the Diocese, is to encourage the Faithful to practice “social distancing” and “self-quarantine” to the extent that their state of life permits, by which we hope to contribute to the containment and end of the current pandemic.”

-Most Rev. Mark Brennan

In addition to the altar wine and sanctuary candle memorials, we will begin offering communion host memorials starting with the month of April. You can memorialize the communion hosts for \$50 a month and we will run your intention in the bulletin for the month designated. Please contact Lisa Feeley for more information: secretary@stleo.com or 304-229-8945.



Please Pray For Our Military
 Sgt. Christopher Woynicz, Ft. Bragg, NC
 Ryan Toelle, Army, Ft. Sam Houston, San Antonio, TX
 Cpt. Philip Allen, Marines, deployed
 Mason Willett, Army
 Lari Bittinger, Air Force,
 Zane Craighead, Marines,
 Ryan Christopher Walker, Navy
 Joshua Tristan Walker, Navy
 Conor Clapsaddle, Coast Guard
 John Posadas, Army
 Lt. Melanie Arehart, Army, deployed
 Valerie Herndon, Navy
 Joseph Zygmunt, Air Force
 Cpl. James Mathew Rand, Army, deployed
 2nd Lt. Kaige Edgar, Army

Tai Chi For Health at St. Leo's: Classes begin Saturday, April 4th .
 Class will be held in the Conference Room on Saturdays at 10-11:00 AM
 Class will be taught by Tai Chi Dojo Master Victor Franco; cost is \$10.00 a class. Includes beginners packet.
 National Institutes of Health NIH has proven that Tai Chi practice boosts immunity to the shingles virus.
 Call 540 532 4372 or the Parish Office.
 Tai Chi Dojo website is www.taichidojo.com.

Do you have a family member or friend currently serving? Please let us know. Call the office at 304-229-8945 or email secretary@stleo.com.

Please note: this is subject to change due to the ongoing situation with the coronavirus pandemic.

“The Lord is my shepherd; there is nothing I shall want.” Let the Lord be the shepherd of your marriage. Attend a Worldwide Marriage Encounter weekend on September 11-13, 2020. The weekend is in College Park, MD. Apply on moments4marriage.org. It is not too early to apply! Go ahead and put it on your calendar. For more information leave a message at 301-541-7007.



Liturgical Ministers for March 28-29, 2020 (if applicable)

Team #10 (5:00)	
Lector	Gary Dobaczewski
	(Joan Hellem)
	Donna McDonald
	Rhea Park
	Sacristan:
	Chris Spicher

Team #11 (9:00)	
Lector	Bill Bonifant
	Joe Ash
	Carol Kamensky
	Rosemary Lynch
	Connie Groves
	Mike Groves
	(Norman Black)
	Linda Wright
	Sacristan:
	Joseph Ash

Team #12 (12:00)	
Lector	Sandra Scott
	Charlie Mazza
	Chris Willett
	Diana Graham
	Bob Warburton
	Claudia Bell
	Don Sheehan
	Sacristan:
	Joe McDonagh

Stress and Coping



The outbreak of coronavirus disease 2019 (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, and your community stronger. Everyone reacts differently to stressful situations. How you respond to the outbreak can depend on your background, the things that make you different from other people, and the community you live in.

People who may respond more strongly to the stress of a crisis include:

Older people and people with chronic diseases who are at higher risk for COVID-19; Children and teens; People who are helping with the response to COVID-19, like doctors and other health care providers, or first responders; People who have mental health conditions including problems with substance use.

Stress during an infectious disease outbreak can include: Fear and worry about your own health and the health of your loved ones; Changes in sleep or eating patterns; Difficulty sleeping or concentrating; Worsening of chronic health problems; Increased use of alcohol, tobacco, or other drugs.

People with preexisting mental health conditions should continue with their treatment and be aware of new or worsening symptoms.

Things you can do to support yourself:

Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting; Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep, and avoid alcohol and drugs; Make time to unwind. Try to do some other activities you enjoy; Connect with others. Talk with people you trust about your concerns and how you are feeling.

Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.

Not all children and teens respond to stress in the same way. Some common changes to watch for include: Excessive crying or irritation in younger children; Returning to behaviors they have outgrown (for example, toileting accidents or bedwetting); Excessive worry or sadness; Unhealthy eating or sleeping habits; Irritability and “acting out” behaviors in teens; Poor school performance or avoiding school; Difficulty with attention and concentration: Avoidance of activities enjoyed in the past; Unexplained headaches or body pain; Use of alcohol, tobacco, or other drugs.

There are many things you can do to support your child:

Take time to talk with your child or teen about the COVID-19 outbreak. Answer questions and share facts about COVID-19 in a way that your child or teen can understand; Reassure your child or teen that they are safe. Let them know it is ok if they feel upset. Share with them how you deal with your own stress so that they can learn how to cope from you; Limit your family’s exposure to news coverage of the event, including social media. Children may misinterpret what they hear and can be frightened about something they do not understand; Try to keep up with regular routines. If schools are closed, create a schedule for learning activities and relaxing or fun activities; Be a role model. Take breaks, get plenty of sleep, exercise, and eat well. Connect with your friends and family members.

Resource: CDC - Coronavirus Disease 2019 (COVID-19) – How To Prepare

ST. LEO’S PRAYER LIST

Michael Kuchinsky	Karen Hartless	Mercedes Rosenkranz	Jackie Crouse	Karlee Desmond	Glen Dieterich	Faith McDonald
Dina Cirone	Amy Gareis	Tom & Genie Tobin	Tara Smoot	Sue Sullivan	Rosemary Hall	Anna Beracz
Vicky Hinchman	Alice Cooke	Stacy Huffman & family	Fritz Eagan	Jean Burkhardt	Joe Mauk III	Christine Kimm
Janet Fontenot	Jane Cohen	Merle Betts, Sr.	Wayne Damon	John Mollica	Glenda Bonfile	
Ann Carran	Paul Campbell	Mary Beth Parsons		Barbara Beatty	Betty Fries	
Anthony Imperatrice	Connie Marino	Charles Emery		Amy Hatfield	Marianne Bere	
Pat Whitacre	Pat Baginski	Andrew Staley		Lisa Dieterich	Jim Clifford	
Vincent Imperatrice	Steve Sims	Patty Caudell		Mark Woynicz	Lois Gargano	
Gayle Keenan	Robert Nearchos	Jeanne Zirk		Bill Frank	Elise Anderson	
Kyle Rima	Pat Shelly Jencks	Bob Huffman		Eva Dearth	Shirley Cadigan	
Blanche Blanchette		Terry Antonacci		Jay Imperatrice	Karen Bageant	
Earl Houlihan		Amy Verge Grant		Manny & Rebecca Alvarez		The Weltz family
Linda Fritze		Grace Serraglia		Lauren Harbison & twins		Lan Anh Bui

SOUTH BERKELEY
PHARMACY
Home Health Care Specialists

Rt. 51 East, Inwood

304.229.2400

Scott Boyd, R.Ph.

Ken Trenary, R.Ph.

Drive-Thru & FREE Delivery
Unique Gift Selections

Pill & Pill

Attorneys-At-Law



304-263-4971

Martinsburg



WE'RE HIRING
AD SALES EXECUTIVES



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT
careers@4LPi.com
www.4LPi.com/careers

PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM

\$29.95/MO

BILLED QUARTERLY



CALL NOW! 1.877.801.7772

WWW.24-7MEDALARM.COM

AVAILABLE
FOR A LIMITED TIME

ADVERTISE YOUR
BUSINESS HERE

Contact **Michael Ficzner** to place an ad today!
mficzner@4LPi.com or (800) 477-4574 x6452



608 W Addition Street
304-263-3095

Open My Eyes That I May
See Wonderful Things.

Psalms 119:16

www.martinsburgopticalinc.com

Eackles - Spencer & Norton
Funeral Home



Traditional, Pre-Arrangement
& Cremation Offered

Charles Town - Harpers Ferry, WV

Robert Spencer LIC.

Alan H. Norton lic.

Phone: 304.724.6500

www.eackles-spencerfuneralhome.com



Life is full of choices.
Home health care is no different.

If you're recovering
from surgery, illness,
or an accident, **ask for**
Panhandle Home Health.
Most insurances accepted.



304-263-5680 / 800-397-7444

PanhandleHomeHealth.org

THIS SPACE IS
AVAILABLE

Call LPI at
1.800.477.4574
for more
information.

MERCEDES PROHASKA
REALTOR®

(304) 724-2000 x1607 Office

(304) 264-1832 Cell

(304) 513-1230 Direct Phone + Fax

MercedesProhaska@PremierMove.com

www.PremierMove.com



PREMIER



I will donate 5% of any sale
made from St. Leo's member
toward St. Leo's mortgage!

116 E. German St./R.O. Box 3328,
Shepherdstown, WV
Independently owned and operated.

Center for
Orthopedic
Excellence

1008 Tavern Rd. • Ste #102
Martinsburg

304-263-5129



3-D-4-2

For ad info. call 1-800-477-4574 • www.4lpi.com

14-0796/i

kw EASTERN
PANHANDLE
KELLERWILLIAMS

Vimi Walker

Realtor® MRP
Cell: 304-266-8989
Office: 304-901-4886
vimwalker@kw.com
www.vimisellshomeswv.com

105 Tavern Rd, Ste 1
Martinsburg, WV 25401
Jay Deeds, WV, VA, MD & PA Broker



**EG BERKELEY
GLASS**

COMMERCIAL
& RESIDENTIAL

P: 304.267.GLAS

www.berkeley-glass.com

412 W. Race St.
Martinsburg, WV



**ONLINE
GIVING**
By WeShare

St. Leo Catholic Church
<https://stleowv.weshareonline.org>



Since 1830
Robert C. Fields, LLC

**Brown
Funeral Homes
& Cremations**

Robert C. Fields and Sons

CALL STEVE HEDGES
for Guaranteed Pre-Arrangements

Martinsburg • Charles Town
Inwood • Ranson

304-263-8896

BrownFuneralHomesWV.com

Briarwood
Dental Center

Jay S. Boyd, D.D.S.
C. Greg Stephen-Hassard, D.D.S.

1003 Sushruta Drive
Martinsburg, WV

304.263.3367

www.briarwooddentalcenter.com



ST. LEO

KNIGHTS OF COLUMBUS

Inwood Council #10756

Meeting

1st Thursday at 7:00 pm

"We invite all Catholic men,
in good standing with the
Church to join our Council
and our work."

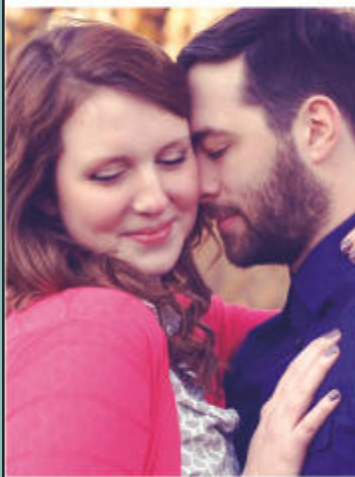
F. SAMUEL BYRER
Lawyer

Law office of
F. Samuel Byrer, PLLC

(304) 724-7228

byrerlawofc@frontiernet.net

catholicmatch®
West Virginia



CatholicMatch.com/WV

Too Sick for Mass?

SUPPORT OUR PARISH NO MATTER WHERE YOU ARE!

Sign-up to get your bulletin delivered
right to your inbox!

www.parishesonline.com



MARY'S CORNER

SACRED HEART OF JESUS, HAVE MERCY ON US. OUR LADY OF SORROWS, PRAY FOR US. All of us have experienced sorrow, sadness, pain, suffering or distress sometime in our lives. Yes, this is part of the human experience. Lent is a good time to think about how these unwelcome experiences have affected our lives. It is time to think about the sufferings of Jesus and all that He endured for us to save us. It is also time to think of Our Blessed Mother and the many sorrows she experienced in her lifetime especially on the Road to Calvary when she meets Jesus, when she stood at the foot of the cross and when she saw



Jesus crucified. When we meditate on the sufferings of Jesus and Mary we can learn a great deal about ourselves and the sanctity of suffering. Ask Jesus and Mary for their help with your life distresses. Neither will ever forsake you.

The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' Charter for the Protection of Children and Young People by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact the West Virginia Bureau for Children and Families/Child Protective Services by calling the Child Abuse Hotline at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop's designees at 888.434.6237 (toll free) or 304.233.0880: Sister Ellen Dunn, ext. 264; Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. For more information on the Diocese's Office of Safe Environment, please go to www.dwc.org, then click the "Diocese" tab, then click "Office of Safe Environment" under the "Offices" menu. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit <http://www.usccb.org>. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.

Office: 304-229-8945 Rectory: 304-229-5994

Office Hours Mon-Thurs 9am-4pm /Friday 9am-3pm

Website: www.stleo.com

Pastor.....Fr. Alfred Obiudu
FrAlfred@stleo.com

Clergy Associate.....Deacon Brian Crim
deaconbrian@stleo.com

Music Director.....Ross Semler
music@stleo.com

Secretary..... Lisa Feeley
secretary@stleo.com

Business.....Joseph Ash
business@stleo.com

Faith Formation /Family Life Coordinator.....
Michele Bui familylife@stleo.com

Custodian.....Russell Harp
building@stleo.com

Housekeeper.....JoAnne Muia

RCIADeacon Brian Crim
deaconbrian@stleo.com

Marriage Preparation.....Larry & Shirley Slebodnick
304-725-2449, marriageprep@stleo.com

Religious Goods Store.....Martha Parrish
304-229-3150

Parish Nurse.....Claudia Bell
parishnurse@stleo.com

Knights of Columbus.....Gregory Hilleary
304-702-3216, gh2010@aol.com

Pastoral Council.....Sheri Lincecum, president
brighteyes195005@gmail.com

Finance Council.....Harry Wilkins, president
wilkins.ht@gmail.com

Fellowship Hall rental.....Carla Hopkins
carla31252@yahoo.com 304-268-0496

Knights of Columbus hall rental.....Dave Torlone
davetorlone@frontier.com 304-620-2240