

# FRUIT OF THE SPIRIT

*Personalized Scriptures*



**SID ROTH**

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# A Word from Sid

## Gifts are instant, but fruit grows slowly.

I believe we are living in the last of the last days. The prophecies of the Book of Revelation are getting ready to come to pass. The key element for avoiding end-time deception and living a righteous life is found in knowing the Word of God.

And one of the most important things we learn about in God's Word is the fruit of the Spirit.

I believe those who meditate on God's promises on a personal basis will learn to know God better, safeguard themselves from deception and pride, and be prepared for the coming return of Messiah Jesus.

That's why I have hand-picked and personalized the enclosed Scriptures from the Old and New Testaments on the fruit of the Spirit.

I pray this eBook is a blessing to you and that as you meditate on God's Word, your faith will grow exponentially. Please share this eBook with your friends and family!

Shalom and Love,

*Sid Israel Roth*

Sid Israel Roth



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# How to Meditate on Scripture

## It starts with knowing God.

Unless you really know Jesus, meditating on Scripture will just be a religious exercise. To obtain experiential knowledge of God you must believe He sent Jesus to die for your sins, confess Him out loud as your Lord and Savior and ask Him to live in you.

You receive deeper experiential knowledge by reading the Bible daily, praying in tongues and living a life of praise and worship. Through reading God's Word, praying and worshipping Him, you will become constantly aware that the Messiah is living in you, loves you and is guiding you. Enjoy His presence 24/7!

Experience more of him each day. Really make Him Lord. Then it will dawn on **you that you are totally whole in Him!**

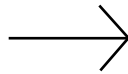


# How to Meditate on Scripture

“**Meditate**” in the Hebrew language means “to speak or mutter.” Therefore, the Jewish way to meditate is to speak out loud the Words of God.

When meditating on Scripture, I do the following:

1) I personalize the verse.



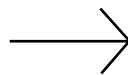
**Psalm 91:1 (Personalizing)**

“He who dwells...” (Unpersonalized)  
becomes “I dwell...” (Personalized)

2) I visualize myself doing what the verse says.

3) I speak the verse out loud.

4) I add descriptive wording.



**Psalm 91:1 [Descriptive Wording]**

“I dwell, [I actually breathe and live inhaling the rarefied air of heaven] in the secret place of the Most High...”

I have personalized and added some descriptive wording to the Scriptures contained within this eBook for you so you can begin meditating on them right away. The visualizing and speaking out loud is up to you!

# What is the Fruit of the Spirit?

Paul the Apostle discusses the fruit of the Spirit in the book of Galatians:

“But the fruit of the [Holy] Spirit [the work which His presence within accomplishes] is **love, joy** (gladness), **peace, patience** (an even temper, forbearance), **kindness, goodness** (benevolence), **faithfulness, gentleness** (meekness, humility), **self-control** (self-restraint, continence). Against such things there is no law [that can bring a charge].”

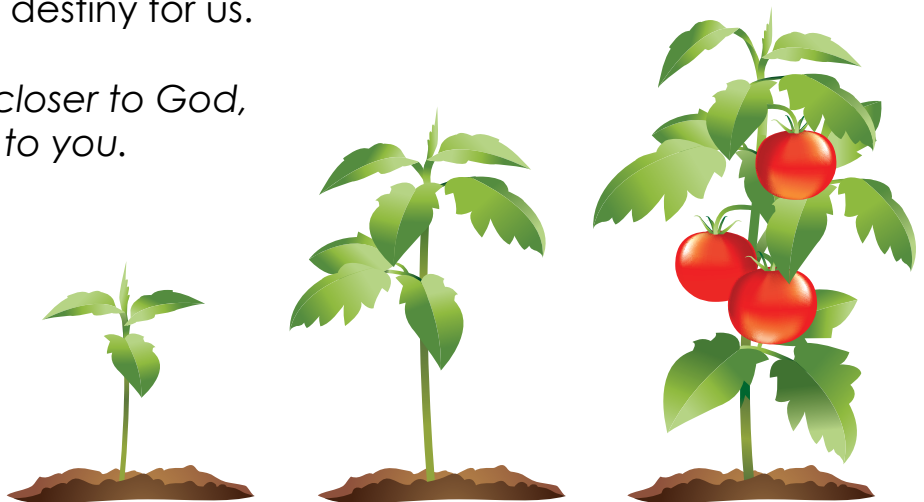
—Galatians 5:22-23 (Amplified)

So what is the fruit of the Spirit?

The various attributes of the fruit of the Spirit (love, joy, peace, etc...) are the visible characteristics of a true Christian life. The fruit of the Spirit is **grown** within people who have repented of their sins and accepted Jesus as their Savior. The Holy Spirit causes the fruit to grow within us.

When we meditate on God's Word, we get to know God better. When we get to know God better, we are able to understand and fulfill His destiny for us.

*When you draw (grow) closer to God,  
He draws (grows) closer to you.*



*Personalized Scriptures*

# Personalized Scriptures

## LOVE

### **Ephesians 5:1-2**

I imitate God...in everything I do, because I am His dear child. I live a life filled with love, following the example of the Messiah. He loved me and offered Himself as a sacrifice for me, a pleasing aroma to God.

### **Jude 1:2**

God is giving me more and more mercy, peace, and love.

### **1 Corinthians 14:1**

I eagerly pursue and seek to acquire [this God kind of] love [I make it my aim, my great quest]...

### **John 13:34-35**

...As Jesus has loved me, I am commanded to love others. By this all will know that I am His disciple, if I have love for others.

### **John 15:12**

Jesus' commandment to me is that I love others as He has loved me.



# Personalized Scriptures

## LOVE

### 1 Corinthians 13:1-8

If in the languages of men I speak and the languages of the angels but do not have love [Greek word here used of God's love produced in the heart of the yielded saint by the Holy Spirit, a love that impels me to deny myself for the sake of the loved one], I have already become and at present am sounding brass or a clanging cymbal.

And if I have the gift of uttering divine revelations and know all the mysteries and all the knowledge, and if I have all the faith so that I am able to keep on removing mountain after mountain, but am not possessing this kind of love, I am nothing.

And if I use all my possessions to feed the poor, and if I deliver up my body [as a martyr] in order that I may glory, but do not have love, I am being profited in not even one thing.

God's love in me meekly and patiently bears ill treatment from others.

It enables me to be kind, gentle, benign (harmless),

This love in me pervades and penetrates my whole nature, mellowing all which would have been harsh and austere; it is not envious.

I do not brag, nor show myself off, I am not ostentatious (showy), I do not have an inflated ego, I do not act unbecomingly.

God's love in me does not allow me to seek after my own rights, I am not irritated, provoked, exasperated, aroused to anger, I do not take into account the evil [which I suffer],

I do not rejoice at iniquity but rejoice with the truth,

I endure all things, believe all things, hope all things, bear up under all things, not losing heart nor courage.

This kind of love never fails.

# Personalized Scriptures

## JOY

### **Isaiah 29:19**

The meek will have increased joy in the Lord, and...will rejoice and exult in the Holy One of Israel.

### **James 1:2-3**

...whenever trouble comes my way, I let it be an opportunity for joy. When my faith is tested, my endurance is given the opportunity to grow.

### **Psalms 27:5-6**

God will conceal me when troubles come; He will hide me in His sanctuary. He will place me out of reach on a high rock...I will hold my head high, above my enemies who surround me. At His Tabernacle I will offer praise and worship with shouts of joy, singing and praising Him...

### **Philippians 4:4**

I rejoice in the Lord always [at all times]; again I declare, I rejoice in the Lord.

# Personalized Scriptures

## JOY

### **1 Peter 4:13**

I am joyful as I partake in Messiah's sufferings because when His glory is revealed, I will be glad with exceeding [abundant, unending] joy.

### **Psalms 71:23**

My lips will greatly rejoice when I sing to You,  
And my soul [will greatly rejoice], which You have redeemed.

### **Psalms 16:11**

You show me the path of life;  
In Your presence there is fullness of joy;  
At Your right hand are pleasures forevermore.

# Personalized Scriptures

## PEACE

### **Romans 12:18**

As much as it is possible and depends on me, I will live peaceably with all people.

### **Psalms 119:165**

If I love and obey Your law, I will have great peace. Nothing will ever offend me or make me stumble.

### **1 Peter 5:7**

I have peace by giving all of my worries and cares to God because He cares about me...

### **Hebrews 12:14**

I work at living in peace with everyone, and work at living a holy life, for those who are not holy will not see the Lord.

### **Isaiah 26:3**

You will keep me in absolute perfect peace as my mind is focused on You...I trust in You.

# Personalized Scriptures

## PEACE

### **1 Peter 3:11**

I will turn away from evil and do good; I will seek peace and pursue it.

### **Romans 14:19**

I will definitely aim for and eagerly pursue what makes for harmony [peace] and for mutual upbuilding (edification and development) of others.

### **Colossians 3:15**

I will let the peace that comes from Messiah rule in my heart...I am called to live in peace. And I am always thankful.

### **Psalms 4:8**

I will lie down and sleep in peace, for the Lord alone will keep me safe.



# Personalized Scriptures

## PATIENCE

### **Romans 12:12**

I will rejoice and exult in hope; I will be steadfast and patient in suffering and tribulation; I will be constantly in prayer.

### **Ecclesiastes 7:9**

I will not be quick in my spirit to become angry...

### **Romans 5:4**

...endurance develops strength of character, and character strengthens my confident hope of salvation.

### **Isaiah 40:31**

If I wait on the Lord I will have my strength renewed; I will mount up with wings like eagles; I will run and never be weary; I will walk and never grow faint.

### **James 5:8**

I am patient and I take courage because the coming of the Lord is near.

### **Hebrews 6:15**

...Abraham waited patiently, and He received what God had promised. [I will wait patiently like Abraham!]

# Personalized Scriptures

## KINDNESS

### **James 5:9**

I should never grumble (complain) against other people so that I will not be judged...

### **Ephesians 4:32**

...I am called to be kind to others, tenderhearted, and forgiving, just as God through Messiah has forgiven me.

### **Proverbs 11:17**

If I am kind I will be rewarded, but if I am cruel it will destroy me.

### **Luke 6:35**

Jesus has called me to love my enemies and be kind and do good [doing favors so that someone derives benefit from them] and lend, expecting and hoping for nothing in return but considering nothing as lost and despairing of no one [or nothing]; and then my recompense (my reward) will be great (rich, strong, intense, and abundant), and I will be a son/daughter of the Most High...

# Personalized Scriptures

## GOODNESS

### **Matthew 6:14-15**

...if I forgive men their trespasses, my heavenly Father will also forgive me. But if I do not forgive men their trespasses, neither will my Father forgive my trespasses.

### **Romans 12:9**

I must not just pretend to love others. I must really love them. I must hate what is wrong. I must hold tightly to what is good.

### **Psalms 27:13**

...I am confident I will see the Lord's goodness while I am here in the land of the living.

### **Galatians 6:10**

...As I have the opportunity, I will do good to all, especially to those who are of the household of faith.

### **Matthews 12:35**

A good person out of the good treasure of his/her heart brings forth good things... [I will bring forth good things out of the good treasure of my heart.]



# Personalized Scriptures

## FAITHFULNESS

### **Luke 16:10-11**

If I am faithful in little things, I will be faithful in large ones. But if I am dishonest in little things, I won't be honest with greater responsibilities. And if I am untrustworthy about worldly wealth, who will trust me with the true riches of heaven?

### **Proverbs 28:20**

If I am faithful I will abound in blessings...

### **John 14:15**

I love You, so I will strive to keep [be faithful to] Your commandments.

### **1 Corinthians 4:2**

...It is [essentially] required...that I should be found faithful [proving myself worthy of trust].

### **Galatians 3:9**

...if I am of faith [if I am faithful] then I am blessed along with Abraham, the man of faith.

# Personalized Scriptures

## GENTLENESS

### **Proverbs 15:1**

A soft [gentle] answer turns away wrath...

### **Titus 3:2**

[I will strive] to speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.

### **Matthew 11:29-30**

I will take Messiah's yoke upon me, and learn from Him, for He is gentle and lowly in heart, and I will find rest for my soul.

### **1 Peter 3:15**

In my heart I will set Messiah apart as holy [and acknowledge Him] as Lord. I must always be ready to give a logical defense to anyone who asks me to account for the hope that is in me, but I must do it gently and respectfully.

### **Galatians 6:1**

If someone I know is overtaken in any trespass, I should help to restore him/her in a spirit of gentleness...

### **Ephesians 4:2**

I will always be humble and gentle. I will be patient with others... because of my love.

# Personalized Scriptures

## GENTLENESS

### **John 8:50**

...I am not in search of honor for Myself. [I do not seek and am not aiming for My own glory]...

### **1 Peter 5:5-6**

God opposes the proud but favors the humble. So if I humble myself under the mighty power of God, at the right time He will lift me up in honor.

### **James 4:10**

(If) I humble myself in the sight of the Lord, He will lift me up.

### **Mark 9:35**

If I want to be first I must take last place and be the servant of everyone else.

### **Luke 14:11**

If I exalt myself I shall be reduced to a rank below those who are honored, and if I place myself in a lower rank in life, I shall be elevated to a place where I am honored.

# Personalized Scriptures

## GENTLENESS

### **Luke 9:23-25, 48**

...Assuming that I desire to come after Jesus as a follower of His, I must disregard my own interests, and I must once and once for all pick up and carry my cross day after day, and take the same road that Jesus takes as a habit of life. For if I desire to save my soul-life, I shall ruin it...If I declare a sentence of death upon my soul-life for Jesus' sake, then I shall save it. For how am I profited, having acquired the whole world but having ruined or forfeited myself? When I am least among all, I am great (in God's sight).

### **Luke 22:26**

... if I want to be great, I must become as the younger one. And if I exercise the office of leadership, I must become as he who serves.

### **John 12:25**

If I am fond of my soul-life, I will lose it. But since I hate my soul-life in the sphere of this world with a view to life eternal, I am preserving it safe and unimpaired.

# Personalized Scriptures

## SELF-CONTROL

### **Colossians 3:5-10**

I put to death the sinful, earthly things lurking within me. I have nothing to do with sexual immorality, impurity, lust, and evil desires. I am not greedy, for a greedy person is an idolater, worshiping the things of this world. Because of these sins, the anger of God is coming. I used to do these things when my life was still part of this world. But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language. I do not lie, for I have stripped off my old sinful nature and all its wicked deeds. I have put on my new nature, and I am renewed as I learn to know my Creator and become like Him.

### **1 John 2:15-17**

I do not love this world nor the things it offers me, for when I love the world, I do not have the love of the Father in me. For the world offers only a craving for physical pleasure, a craving for everything I see, and pride in my achievements and possessions. These are not from the Father, but are from this world. And this world is fading away, along with everything that people crave. But I do what pleases God and will live forever.

# Personalized Scriptures

## SELF-CONTROL

### **James 4:11**

I do not speak evil of others.

### **James 5:9**

I do not grumble about others ...or I will be judged. For look—the Judge is standing at the door!

### **Proverbs 13:3**

Since I control my tongue I will have a long life; opening my mouth can ruin everything.

### **Proverbs 13:16**

Since I am wise I think before I act; fools don't.

### **Proverbs 11:12-13**

It is foolish to belittle one's neighbor;  
As a sensible person I keep quiet.  
A gossip goes around telling secrets,  
but because I am trustworthy I can keep a confidence.

# Personalized Scriptures

## SELF-CONTROL

### **Ephesians 4:27, 29-32**

I leave no room or foothold for the devil [I give no opportunity to him].

I let no foul or polluting language, nor evil word nor unwholesome or worthless talk [ever] come out of my mouth, but only such [speech] as is good and beneficial to the spiritual progress of others, as is fitting to the need and the occasion, that it may be a blessing and give grace (God's favor) to those who hear it.

I do not grieve the Holy Spirit of God [I do not offend or vex or sadden Him], by Whom I was sealed (marked, branded as God's own, secured) for the day of redemption (of final deliverance through the Messiah from evil and the consequences of sin). I let all bitterness and indignation and wrath (passion, rage, bad temper) and resentment (anger, animosity) and quarreling (brawling, clamor, contention) and slander (evil-speaking, abusive or blasphemous language) be banished from me, with all malice (spite, ill will, or baseness of any kind).

I am useful and helpful and kind to others, tenderhearted (compassionate, understanding, loving-hearted), forgiving everyone [readily and freely], as God in Messiah forgave me.

# Prayer of Blessing



“ I pray that every action you take will be controlled by the God kind of love. I pray that your love and compassion for God and others will increase every day. I pray the fruit of the Spirit will grow immeasurably in your life.

I pray all of this over you in Jesus' Name. ”

Sid Israel Roth

*Sid Israel Roth*



# Scripture Reference

Verses and corresponding translations used in this eBook:

## **Amplified**

Psalm 119:165  
Isaiah 29:19  
Luke 6:35  
John 8:50  
Romans 12:12  
Romans 14:19  
1 Corinthians 4:2  
1 Corinthians 14:1  
Ephesians 4:27, 29-32  
1 Peter 3:15

## **English Standard Version**

Psalm 119:165  
Proverbs 15:1  
Ecclesiastes 7:9  
Isaiah 40:31  
Matthew 11:29-30  
Galatians 3:9  
Philippians 4:4  
Hebrews 6:15  
James 5:9

## **New King James**

Psalm 16:11  
Psalm 71:23  
Proverbs 28:20  
Isaiah 26:3  
Matthew 6:14-15  
John 13:34-35  
John 14:15  
John 15:12  
Romans 12:18  
Galatians 6:1  
Galatians 6:10  
James 4:10  
James 4:11  
1 Peter 3:11  
1 Peter 4:13

## **New Living Translation**

Psalm 4:8

Psalm 27:5-6  
Psalm 27:13  
Proverbs 11:12-13  
Proverbs 11:17  
Proverbs 13:3  
Proverbs 13:16  
Mark 9:35  
Luke 16:10-11  
Romans 5:4  
Romans 12:9  
Galatians 5:22-26  
Ephesians 4:2  
Ephesians 4:32  
Ephesians 5:1-2  
Colossians 3:5-10  
Colossians 3:15  
Titus 3:2  
Hebrews 12:14  
James 1:2-3  
James 5:8  
James 5:9  
1 Peter 5:5-6  
1 Peter 5:7  
1 John 2:15-17  
Jude 1:2

## **Wuest**

Luke 9:23-25, 48  
Luke 14:11  
Luke 22:26  
John 12:25  
1 Corinthians 13:1-8



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