

#### **Fundamentals of Environmental Studies**

Environmental Studies is a compulsory paper for undergraduate students in almost all disciplines in India. The purpose of teaching this course is to sensitize students towards environmental issues. The course introduces students to the fundamental principles of environmental science, ecology and allied topics including policy, law, pollution control, economics and natural resource management.

This book provides detailed discussion on fundamental concepts and issues – including global warming, acid rain, ozone layer depletion, nuclear accidents and nuclear holocaust – related to the environment. Focussing on the immediate need for public awareness, the book discusses various natural resources such as water, land, forests, food and mineral, and the problems associated with them. Using examples, it introduces and explains different types of ecosystems, biogeochemical cycles and laws of thermodynamics. It also contains chapters on environmental pollution and waste management that visit important topics like air pollution, water pollution, noise pollution, waste water treatment and solid waste management in detail.

Case studies, multiple choice questions, short questions and essay type questions are interspersed throughout the book for assessment of learning achievements.

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Mahua Basu S. Xavier





## CAMBRIDGE UNIVERSITY PRESS

4843/24, 2nd Floor, Ansari Road, Daryaganj, Delhi - 110002, India

Cambridge University Press is part of the University of Cambridge.

It furthers the University's mission by disseminating knowledge in the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org

Information on this title: www.cambridge.org/9871107536173

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First published 2016

Printed in India

A catalogue record for this publication is available from the British Library

Library of Congress Cataloging-in-Publication Data

Names: Basu, Mahua. | Xavier, S. (Savarimuthu), 1970-

Title: Fundamentals of environmental studies / Mahua Basu, S. Xavier, SJ.

Description: Delhi, India: Cambridge University Press is part of the

University of Cambridge, [2016] | Includes bibliographical references and index.

Identifiers: LCCN 2015021990 | ISBN 9781107536173 (pbk.)

Subjects: LCSH: Environmental sciences. | Natural resources. | Human ecology.

Nature--Effect of human beings on.

Classification: LCC GE105 .B37 2016 | DDC 304.2--dc23 LC record available at http://lccn.loc.gov/2015021990

ISBN 978-1-107-53617-3 Paperback

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Dedicated to our Parents and all our Teachers





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#### **Preface**

Environmental studies is not just another term paper that students are expected to rush through. On the contrary, it is much more potent in its content and its proper understanding will not only help young learners live their lives in the most sustainable manner, but will also help them make a difference and contribute to the reversal of many of the ailments that afflict Mother Earth.

Our environment, which has been shaped over millennia, is today threatened, primarily because of man's greed and wantonness. Indiscriminate burning of fossil fuels and a mad haste for development over the last three centuries have played havoc with the fragile ecosystems, at places irretrievably. Environmental studies is thus gaining in importance as it not only promises a holistic view of related issues, but is also capable of pointing out human follies and providing answers for a cleaner, greener and more prosperous future world order.

The paper on which this book is printed, the wooden desk on which you are now studying the book, the electricity that is propelling the ceiling fan, the pen that you are using to take down notes – everything around us has an impact on the world that we live in and therefore on our environment. By understanding what starts the domino effect leading to ultimate consequences for the environment – through Environmental Studies – we can not only strive towards a more sustainable lifestyle locally, but can actually make some difference at the planetary level by capping wastages and ensuring the optimal usage of resources.

Each drop of positive action taken by every individual will add up – through families, societies, nations – to encompass entire mankind and will one day make up the ocean that will help us restrain, even reverse the wheels of ecological destruction that we ourselves have set in motion. This is precisely why we have stressed and striven to ensure that the students understand the subject, are able to relate the knowledge they gain to the way they live and finally to empower them to be the change they will profess.

Any textbook can define, dictate and be didactic. Our effort on the contrary is not merely restricted to helping students achieve top grades. That is certainly an important function of the book. However, the core concern and main stress is on engaging young minds and igniting them, so that the students imbibe the values imparted and transform into better human beings.

Being clean, green and sustainable are not mere options. Today, we live in a world, where it is the only option and even as we write this, time is running out on the environment pushing us all towards the brink of destruction. The answer, humanity's response, will depend to a great extent on how conscious and committed future generations are. Only when a million ignited minds attain critical mass and walk the green talk will we be able to make a difference. If this book is able to create an impression on even one such young mind, we will consider having succeeded in our endeavour.





### Acknowledgments

It took more than two years to write this book. Prior to writing, it took another few years to assemble all the information that was required to plan and start writing the chapters. The subject is so dynamic that by the time we collected information and started writing, the policies, plan and data would often undergo revision. We have tried our level best to provide updated data, latest developments and case studies in an attempt to make the book apposite to the present day's context and of course ensure that it contains every topic in the UGC syllabus. Our additional inputs shall definitely proffer the utility of this book for students of Honours and Post Graduate courses.

First and foremost we owe a lot to our parents for their constant encouragement and suggestions throughout the period of writing. We express our apology for not being able to give them adequate time during the span of writing.

We gratefully acknowledge the humble support and inspiration we received from our Principal Rev. Fr Dr J. Felix Raj, S.J., the Vice Principals, Rev. Fr Dr Dominic Savio, S.J., Professor Bertram Da Silva, Professor M. M. Rahman, Deans of all the departments in our endeavour.

Our sincere gratitude to all our teachers who imparted knowledge to us since our childhood and encouraged us in our endeavour. Special thanks to Professor Runu Bhattacharya as she would often enrich us with her knowledge and wisdom.

We extend our sincere thanks to Saikat Sen, who believed in us and was the first person to come up with the idea of writing a textbook on Environmental Studies for the Undergraduate level. His support generated the self-confidence required to transform our knowledge into the form of a book. We are grateful to Sabarna Banerjee, Senior Sales Executive, Cambridge University Press. We shall not forget his first telephonic conversation expressing his willingness to refer the manuscript to the editorial sections of Cambridge University Press.

Such confidence was again provided by Rajesh Dey, Commissioning Editor, Cambridge University Press, who after a glance at the initial chapters of the manuscript expressed interest in considering it for publication. We shall remember his guidance and expertise at each step in giving a final shape to this book. Our sincere thanks to Debjani Majumder, Vice President, Cambridge University Press, who, in spite of her busy schedule, would often take out time in order to share her experiences and expectations regarding this book whenever she would get a chance to visit Calcutta.

Our thanks to Professor Bipra Kumar Das, Dr Ankur Ray, St. Xavier's College (Autonomous), Kolkata, Professor Ilora Sen of Shri Shikshayatan College, Kolkata and Late Sri Shyamal Kumar



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Bose for their patience in reading the text and for their valuable suggestions for improvements in specific topics. We are grateful to the reviewers who undertook the painstaking job of scrutinizing the chapters and providing valuable comments for enrichment of their contents. Incorporation of these suggestions has taken the book a step ahead from being a text book to becoming a reference book that will be useful both at undergraduate and post graduate levels.

We earnestly thank Suvobrata Ganguly, Editor, Core Sector Communique, who helped in writing a few topics in Chapters 1, 2 and 9. His multifaceted knowledge served as valuable input to this book.

Our sincere thanks to Professor Fr Dejus J.R., St Xavier's College (Autonomous), Kolkata for his contributions in the form of flow charts and illustrations in some chapters. His expertise in this field has simplified the complicated figures into simple, student friendly illustrations. We are indeed very grateful for his support.

We will be failing in our duties if we do not thank our students for whom this book has been written. Our students, both past and present, form our inner strength and are important motivators. It was our students who made us realize the need for such a book and have, since we started working on it, helped us all the way with their valuable inputs, suggestions and carefully thought out intellectual contributions. If they accept this book with the enthusiasm with which they helped us work on it, our purpose will be served.

Our whole hearted thanks to Dr Arijit Basu and Dr Nibha Mishra, Assistant Professor, Department of Pharmaceutical Sciences, BITS, Mesra, who guided us in writing the content in a proper format, and also provided valuable technical inputs and critical comments. They were present right from its inception, up to the proof reading stage. The ir constant moral support and guidance enabled us reach our final destination. The book would not have been possible without their encouragement and support.

Lastly, thanks to our priceless friends Saikat Mitra, Anindya Ray, Sudipta Lahiri, Anita Mamidi and Paramita Paul for their constant drive towards completion of this book. In this regard we should not forget to mention Partha Pratim Boral who is not amongst us today, but is present very much in our spirit. His enthusiasm regarding the book release was unbelievable. As friends they were eager to do everything that would help in completion of the book.