



AUGUST 2020 | VOLUME 3, ISSUE 2

GAUDENZIA

Gazette

ADDICTION TREATMENT & RECOVERY SERVICES

NEED HELP?

Gaudenzia's Treatment and Recovery Hotline

went live to the public on June 8. For any individual seeking help with a substance use disorder, this confidential 24/7 service offers easy access by connecting the person with a skilled agent. Any person needing help can get quick access to screening, referral scheduling and transportation assistance to inpatient programs by calling 1-833-976-HELP (4357).



From left: Attending the launch were call center specialists Charlie, Amanda, Marissa and George.



To reduce the spread of COVID-19, Gaudenzia Outpatient sites now offer telehealth services for assessments, outpatient services and intensive outpatient services at the following locations:

In Central Pennsylvania

Berwick Outpatient

205 Chestnut Street, Suite 2
Berwick, PA 18603 (570) 752-2985

Coal Township

500 Northumberland County Drive
Coal Township, PA 17866 (570) 215-7800

Fulton County Outpatient

201 Lincoln Way West, Suite 105
McConnellsburg, PA 17233 (717) 325-4855

Harrisburg Outpatient

2039 North Second Street
Harrisburg, PA 17102 (717) 233-3424

Lewisburg Outpatient

480 Hafer Road
Lewisburg, PA 17837 (570) 524-3884

Middleburg Outpatient

201 East Main Street, Suite 1
Middleburg, PA 17842 (570) 837-2208

Pottsville Outpatient

1 South 2nd Street, 4th Floor
Pottsville, PA 17901 (570) 622-6485

Sunbury Outpatient

51 South 4th Street
Sunbury, PA 17801 (570) 215-7800

West Shore Outpatient

4740 Delbrook Road
Mechanicsburg, PA 17050 (717) 766-8517

Continued on page 2.

Members of Gannon University's Engineering Department designed and donated 50 face shields to Gaudenzia Erie, Inc. on April 22.

From left: Nick Devine, Lab Engineer, Biomedical and Industrial Systems Engineering, and Steven Rowland, Lab Engineer, Electrical and Computer Engineering



Gaudenzia Outpatient sites

In Greater Philadelphia and State of Delaware

Bucks County 24 Hour Assessment Site

501 Bath Road
Bristol, PA 19007 (215) 405-6530

Coatesville Outpatient

31 South 10th Avenue
Coatesville, PA 19320 (610) 383-9600

Montgomery County Outpatient

166 West Main Street, 2nd Floor
Norristown, PA 19401 (610) 279-4262

Outreach I

1306 Spring Garden Street, 1st Floor
Philadelphia, PA 19123 (215) 238-2150

Outreach II

39 East School House Lane
Philadelphia, PA 19144 (215) 849-7200

Road to Recovery

18514 Pentecostal Street
Ellendale, DE 19941 (302) 836-8260

West Chester Outpatient

110 Westtown Plaza, Suite 115
West Chester, PA 19382 (610) 429-1414

Willow Grove/Dresher Outpatient

830 Twining Road
Dresher, PA 19025 (215) 433-1634

In Western Pennsylvania

Corry Outpatient

45 East Washington Street
Corry, PA 16407 (814) 459-6304

Erie Outpatient

141 West 11th Street
Erie, PA 16501 (814) 459-6304

Girard Outpatient

259 East Main Street
Girard, PA 16417 (814) 459-6304

North East Outpatient

6 East Main Street
North East, PA 16428 (814) 459-6304

Sharon Outpatient

912 East State Street, Suite E
Sharon, PA 16146 (724) 359-2976

In Maryland and Washington D.C.

Glen Burnie Outpatient

5 Crain Highway North, Rear Entrance
Glen Burnie, MD 21061 (443) 569-7950

Park Heights Outpatient

44 Park Heights Avenue
Baltimore, MD 21215 (443) 454-9075

RAP

1949 4th Street NE
Washington, D.C. 20002 (202) 462-7500

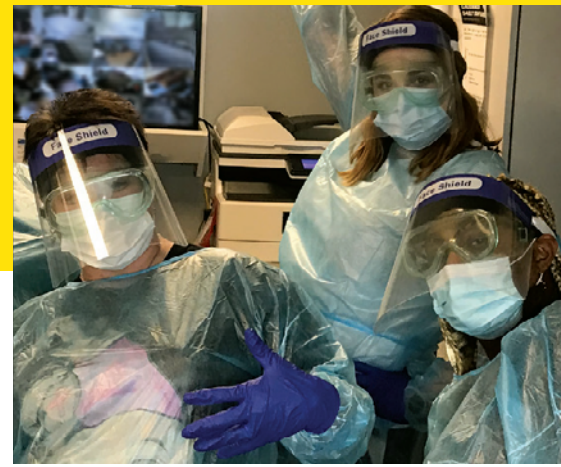
PPE Protecting All of Us!

Personal protective equipment (PPE) is used every day by Gaudenzia employees to protect themselves, their clients and others while providing care.

All of Gaudenzia's residential locations in Pennsylvania, Maryland, Delaware and Washington, D.C., have remained open, and we have admitted more than a thousand patients since the coronavirus pandemic began in March.

In total, Gaudenzia operates more than one hundred programs, and operating our residential programs comes with a cost. This was true enough in happier times, as we provide services to everyone seeking treatment, regardless of their ability to pay.

The cost of doing this is even higher now. Most important, for the safety of all, is personal protective equipment (PPE) — cloth masks, surgical masks, gowns and face shields — which comes with a monthly price tag of \$211,000.

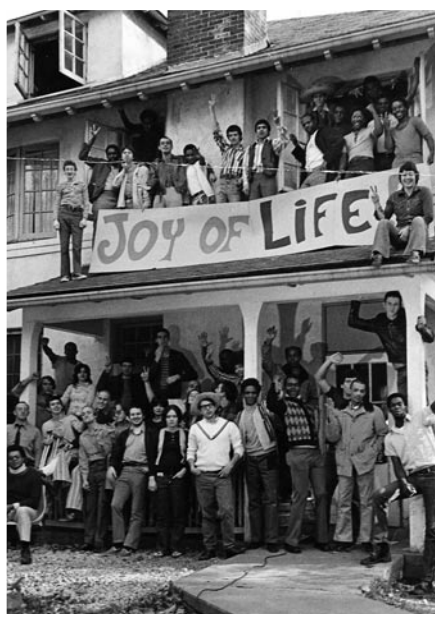


As of production, Gaudenzia gratefully recognizes the following organizations that have generously helped us purchase PPE either through monetary or in-kind donations:

Brandywine Valley Insurance Group
Central Susquehanna Community Foundation
Comstar Technologies
Erie County Gaming Revenue Authority
The Foundation For Enhancing Communities
Gannon University
Grass Family Foundation
The Hershey Company
The John & Melinda Ortenzio Family Foundation
Lancaster Community Foundation/United Way of Lancaster
Lockton Companies

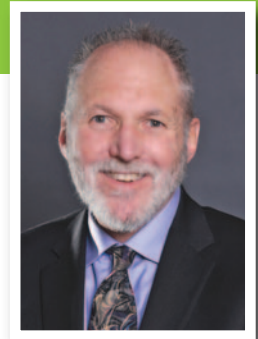
Mask-Erie
MedsPack
The Montgomery County Foundation
PA Head Start State Collaboration Office
Partnership for Better Health
PHL COVID-19 Fund
Recovery Lancaster
TFBCares
Wawa, Inc.
West Girard Health Pharmacy

Thank You!



Gaudenzia: Embracing Diversity and Inclusion since our founding in 1968.

Editor's Note: The following statement was issued by Dr. Dale Klatzker, Gaudenzia's President and CEO, shortly after the civil unrests began across the nation.



Letter on Diversity

Nullifying the long-standing racism in our society is imperative for us all. Racism is poisonous, and its effects are real, pervasive and traumatic. Systemic racism is not beyond our control, but it is ever-present in our society. The Covid-19 pandemic doesn't stop it. The addiction epidemic doesn't stop it. Both of these have disproportionately impacted people of color, and both of these exposes and reveals our racism. Racism is not something that can be delayed, nor can it be postponed for another day to address—it is a constant. White supremacy does not shelter in place, and anti-blackness does not take vacations.

Change is necessary. Author Ta-Nahisi Coates recently wrote that what we are experiencing opens a new window — “An America that looks away is ignoring not just the sins of the past but the sins of the present and the certain sins of the future.”

As the leadership of Ben & Jerry's recently wrote, “We do not have an option to look away. No one and not for any of us. Every citizen, every politician, and every company must do its part to look at the truth without flinching. In that way, together, we'll continue the fight for a more just and equitable country.” I echo these sentiments, and my heart aches for what we are observing and living—we can and must not let this continue.

Diversity is the mixture of individuals in society, while inclusion is allowing that mixture to exist and work well together. Diversity recognizes that everyone is different. Some differences people are born with and cannot be changed. Other differences are adopted as part of our unique identity. Inclusion is involvement and empowerment, where the inherent worth and dignity of all people are recognized. Gaudenzia was inclusive since its beginnings in 1968 and will continue to embrace diversity, inclusion and all of humanity today and into the future.

Sincerely,

Dale Klatzker, PhD
President and CEO

Embrace change. Change is not our enemy. It is something to harness so that we can continue to be part of the recovery of thousands of individuals and families we serve each year.

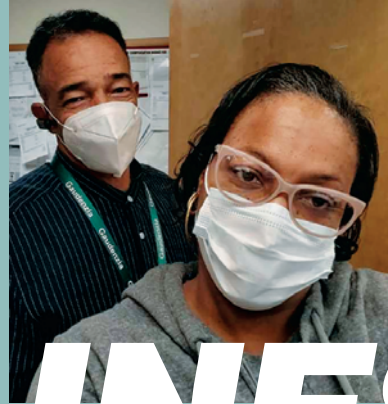


From left, Lynette Smith, Withdrawal Management House Manager, and Verneice Green, Outpatient Administrative Assistant

Recently, two of Washington, D.C.'s leading pastry chefs created a fundraising initiative that guided sales of confections from home bakers and professionals to organizations fighting systemic racism and injustice. One of them, Pie Shop DC, raised \$500 for RAP, Inc. as its charity for the **Bakers Against Racism** fundraiser.

Editors Note: Gaudenzia has a management agreement in place with RAP, Inc.

Stories from the **FRONTLINES**



Amy Baker **House Manager Supervisor** **Fountain Springs**

My name is Amy Baker, and I am the House Manager Supervisor at our Fountain Springs facility in the Central Region. Recently, I had the honor of being a critical supporter, along with one of my coworkers, for a woman who came to us about a month ago. I picked this woman up from a coronavirus shelter in the Scranton area. She was eight-months pregnant and had very little prenatal care before coming to our facility. She was eager to be in treatment and start a new life for both her and her baby, but she was very afraid. Her prior experiences had made her hesitant to trust anyone.

I was able to watch this incredibly brave, strong woman give birth. I held her hand and told her how proud I was of her. I spent the night in the hospital with her to make that sure she and her baby were okay. Our facility is all that she has right now. She has no supportive family, so my coworker and I took on the responsibility of encouraging and supporting her during this important moment in her life, when she became a mother.

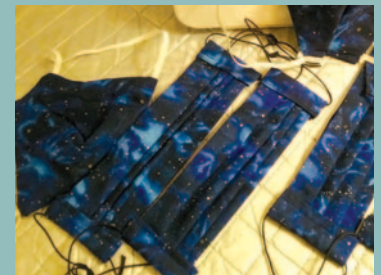
Every day, I show up to work with the hope that, as a Gaudenzia graduate and now employee, I can be a role model to the women who are wearing the shoes that I once wore. Instead, on this day, a woman taught me something about myself. Her strength and

commitment are two of the reasons I show up to work. It is also why so many of my coworkers show up every day and put their best foot forward. It reminds me that even in the toughest of times, helping someone else through their own struggle is helping me.

Kimberly London **Clinical Supervisor, Lower Bucks**

No matter how exhausted I felt, I was rejuvenated every time I walked through the program doors and saw my staff present and accounted for. They kept coming to work, despite the fear and lack of resources. They came in because their dedication to our clients fighting for a chance to live weighed more than any fear that COVID-19 could instill.

We will continue to inspire one another and go the extra mile. We still need help though. The support that we receive from agencies that have contributed to our PPE needs is invaluable for the work that we do. Those who have contributed are a major part of our team and don't even realize it. Their generosity and work save lives every day, and our staff and clients are grateful for it!





Amy Baker



Elisa Dingle-Adams



Kimberly London



Maria Shelley

Elisa Dingle-Adams
Division Administrative Coordinator
Chesapeake Region



I am a mother of three who recently welcomed a new baby in November. After returning from maternity leave in early March, it seemed like all hell broke loose in the world.

I love what I do here at Gaudenzia, and in spite of what is going on in the world, I continue to come to work each and every day, even though I have a vulnerable infant at home.

When I came back to work, my son wasn't even four-months-old. His dad was very concerned about my health and safety as well as our son's. I made sure that I only went to work, and I sanitized myself when I arrived home.

We only went out when it was absolutely necessary. I carried a can of disinfectant spray, wore a face mask and used hand sanitizer everywhere I went. I washed my hands constantly to decrease the likelihood of contracting the virus and take it back home to my infant son.

In spite of the rising numbers of confirmed cases and deaths in the country, state, city and even the zip code my program is in, I continued to come to work and do my part to help the community because I love what I do!

Maria Shelley
Counselor II, Gibson House

I feel proud to be able to do my part, especially for our clients that think they have the virus. Every day, when I get up in the morning, I tap into gratitude and my faith. On my commute to work, I focus on how I can engage our clients to participate in their own well-being, make a difference in their lives and put them at ease. I also make sure that I'm keeping myself sanitized and take all of the proper precautions. More than my safety at this moment, most important to me is helping other people. This gives me the most satisfaction. Stay safe, everyone!





“Reading gives us somewhere to go when we have to stay where we are.”

Gaudenzia Erie, Inc.’s **Nesting Families** program has been using creative methods to keep their clients engaged during the pandemic. As part of their aftercare outreach program, Nesting Families has been utilizing Facebook, Zoom and other telehealth options to post resources as well as host discussions and build a strong recovery community with their clients. In addition, Jen Boyle, the Children’s Coordinator for the Nesting Families program, has been filming “book reads” for current clients and alumni to enjoy with their children in their homes throughout the Western Region. The books that Jen reads have been generously donated by people in the community.



Grants ease hunger issues for at-risk families

Through the generous support of The Hershey Company and The Wawa Foundation, Gaudenzia is alleviating hunger for the families in its **DELTA Community Apartments**. The funds help to reduce food insecurity as single-parent families transition from homelessness into our supportive housing in Dauphin County.

The support provides meaningful assistance for the families who were struggling to make ends meet even before the coronavirus outbreak. Now, as families enter our care, the staff is able to stock the pantries and refrigerators with nutritious foods as the families move in, seek employment and become self-sufficient once again.

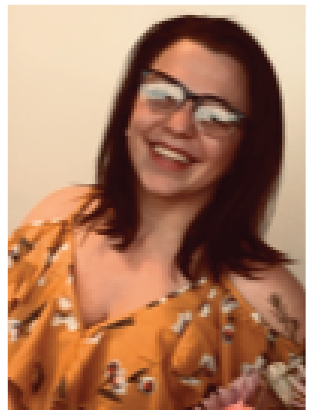
Dollars and Sense



Your generosity to our **COVID-19 Appeal** may also provide relief to you in the form of an increase in the tax deductions that you can take.

Normally, people who itemize deductions on their federal tax return can deduct no more than 60 percent of their adjusted gross income (AGI) for charitable contributions. But for 2020, the limit is 100 percent of AGI. The IRS provision also allows people who take the standard deduction to subtract \$300 from their taxable income for charitable contributions. Please consult with your financial advisor for any questions that you might have.

Editor’s Note: Gaudenzia can not provide legal or financial advice. Consult with a professional advisor before making a charitable gift.



Alumni Spotlight **Shyan S.**



I remember a time in my life when every day was just a different degree of awful, without any hope on the horizon.

For me, “awful” had just become so comfortable. However, I can say that everything I did during that time was motivated by a desire and a need to escape the pain I had become so accustomed to in my active addiction and my life at that time.

My story reflects many stories of recovery regarding my active addiction, causing harm, harming myself and not being able to stop, no matter how much I wanted to. It was a long journey from being unable to realize that there was a better, more compassionate way to live. I had been to jail and rehabilitation programs multiple times since my first use, and I never wanted to put the effort into staying clean or making changes. I had never made it past 30 days of being sober. Eventually, I came to the Community House at Gaudenzia in Erie, Pennsylvania. I resisted and rejected the ideas and the process of recovery via AA/NA, and I fought the program each and every step. The staff at the Community House started to work with me to develop hope that things could be better. They never gave up on me, and they gave me the feeling that I could do something better and that they really cared about me.

Slowly, I began to really participate in the community, discovering that “those girls” (my community members) and I had so much in common. I felt like I became a part of something. I started going to recovery meetings, got a sponsor and worked on my 12 steps. Things got so much better in my life and within myself.

I was able to see my son for the first time in months, and I was able to get a job for the first time in a very long time. I noticed that I was able to have honest conversations with others as well, which was revolutionary for me. This was a totally different way of living, and I learned that every day is a chance to practice these skills from when I started to make these changes up until today.

My life is still imperfect. Things still go wrong for me at times, and the deepest changes are still unfolding. I no longer wake up in the morning preparing for only pain and misery as my only feelings. Learning how to cope with disappointments and unhappy events that come up by using the skills and support that I started learning at the Community House is my new normal. It transformed me and my life.

I owe the staff and my peers during my Community House days a debt that I feel I can never repay directly. Without them in my life, just when I needed them, I know that I would still be suffering and on a journey to an early death. I am forever grateful for the opportunities that Gaudenzia’s Community House gave to me. The sustained care and support that I have received gave me the courage to apply to become an employee of the agency and give to others what was given to me.



ERIE ROCKS

The clients and staff at Gaudenzia Erie, Inc.'s **House of Healing** have been busy painting inspirational messages on rocks, which were scattered throughout the Erie community. This outreach was done to provide a boost of morale to individuals who located the rocks while they were out walking.

GAUDENZIA, Inc.

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Norristown, PA 19401

www.gaudenzia.org

CHANGE SERVICE REQUESTED

GET HELP

help@gaudenzia.org
Treatment Recovery Hotline
1-833-976-HELP (4357)

LEARN MORE ABOUT US

communityaffairs@gaudenzia.org

MAKE A PLANNED GIFT

legacy@gaudenzia.org

UPDATE NAME OR ADDRESS

gazette@gaudenzia.org

The Gaudenzia Gazette is published by the Community Engagement Department of Gaudenzia, Inc.

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