

United Chimes

JULY 2015 VOLUME 51 NUMBER 7
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Ghost Ranch All Church Camp 2015

September 4 - 6

Our 2015 speaker will be Dr. L. Stephanie Cobb, George and Sallie Cutchin Camp Professor of Bible at University of Richmond. Dr. Cobb received her B.A. from Baylor University and her Ph.D. from University of North Carolina at Chapel Hill. She teaches New Testament and early Christianity.



Her current research interests focus on the interrelationship among paganism, Judaism, and Christianity in the first and second centuries C.E. In particular she worked on martyrdom and persecution, gender and sex constructions in antiquity, and the function of texts in communities. In addition, her teaching interests include: magic and religion in antiquity, women in early Christianity, studies of the historical Jesus, the spread and growth of Christianity, and the battle between orthodoxy and heresy in early Christianity. In addition to her teaching and research she is also the Program Coordinator for Jewish Studies, and Program Coordinator for Interdisciplinary Studies.

Her theme for our lectures will be Persecution and Martyrdom. Her lectures will include an exploration of the history of persecution of Christians before Constantine's 313 CE Edict of Milan, which guaranteed religious freedom; the function of gendered language in early Christian martyr texts to construct in and out group boundaries; an examination of narratives of torture in which Christians are (narratively) pain free. Dr. Cobb will also offer a sermon during the Sunday Morning Worship.



All Church Camp is an annual weekend experience for members and friends of The United Church of Los Alamos. The event is held at the Ghost Ranch Conference Center north of Abiquiu, New Mexico. The weekend includes a speaker, activities for children during presentation times, and large blocks of free time for families to spend together or with other church families.

Companioning the Mourner: Essential Principles

Tenet 6: Companioning is about walking alongside; it is not about leading.

“True Compassion arises out of unity.” (Ram Dass)

We are only able to companion others when we understand ourselves to be fellow travelers. Often, especially when we are uncomfortable with the world of feelings, we fall back on what I often call the “expert syndrome.” We think of ourselves as having answers for others rather than of being present with others. It is the unity of our shared humanity that leads us to invite others to teach us what their grief is like so that we can better understand them and the diversity of human responses to the loss of someone important in a life. Our goal is to establish a relationship with the mourner that provides a safe environment to express whatever that individual is experiencing. To that end there are ten qualities that help us walk with someone.

Respect: seeing the mourner as a separate person capable of healing from the inside out.

Sensitivity and Warmth: This is reflected by personal closeness to the mourner rather than professional distance.

Genuineness: being truly yourself, not phony or defensive

Trust: offering consistency and safety

Immediacy: being present in the here and now

Humility: a willingness to understand and appreciate your own limitations and acknowledge how your own experiences with loss may be impacting you

Patience: acknowledging that each of us will mourn in our own way and in our own time; allowing time for silence

Hope: projecting an expectation of possibilities yet to come

Humor: also a part of grief; when we laugh *together* in the midst of our pain it can help us feel lighter

Heart: understanding and being true to your own feelings, humanness and vulnerabilities.

When we feel our empathy slipping it is probably good to revisit this list to ascertain where the problem lies. It is all about with rather than leading.

Monday Night at the Pit

Volleyball and a dinner (free)
for college students!

Every Monday evening this summer,
June 1 – mid August.

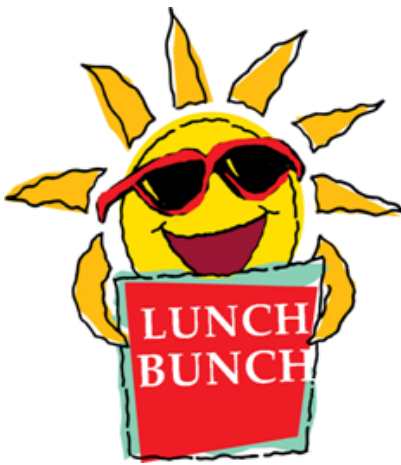
Volleyball court at Central and Canyon
in Los Alamos.

Dinner (BBQ chicken, hot dogs, or sloppy Joes, etc.
with chips and something sweet) will be served
6 PM with the volleyball activities to follow.

Come early!



Sponsored by The United Church of Los Alamos



JULY CALLERS are Corine
Christman, Jenny Sprinkle, Doris Ford,
Rosie Shalek, Pamela Massey,
Ann Cooke and Jane Phillips.



It took
dedication,
commitment
and involvement
from many.
Thank you





Has God given you the talent of being a baby whisperer? Would you like to serve? Nursery volunteering is a growing ministry of our church. Please consider helping out, we have opportunities requiring very little time. Please contact Jody Rigg at 662-3055

The United Church of Los Alamos

Vacation Bible School... ***“Everest”***

@ 11:00am-12:15pm

(Light lunch for kids starts at 12:15)

Every Sunday in August!

Come Join the Adventure..Don't Miss It!

4 years-Kindergarten...1st Grade-6th

For more information call 662-2971

Lectio Divina Class

Meditating on the Word

There are many kinds of Christian meditation. This class will use a method referred to as Lectio Divina, listening to God through the scriptures, ruminating on the Word, a deep conversation of hearing and responding. In meditation, we read not just for information; we probe, ponder, and explore so that the words of scripture become for us the Word of God in our lives. As a class, we will think about what it takes to probe deeper for us as individuals, and practice meditating on the Word as a way of being present to God.

Georgia Strickfaden

Party Girl Boutique/Novia Americana

Attend the Prom! Go party! Have a wedding! Then donate your prom, party, and wedding dresses to our Thrift Shop. They will be collected and shipped by the Mission & Service Board to the Maya-Mesoamerica Mission in Guatemala for a micro-business project that provides opportunities for women and impoverished families in Central America to earn income in an atmosphere of safety and dignity. It also provides income to support the outreach projects of the Mission, e.g., free lunches for needy families.

Mission Prayer Partners for the month of July 2015

Our mission prayer partner for the week of July 5 is **Navajo Ministries**. Navajo Ministries serves people, primarily the Navajo, in the Four Corners Region. Since 1953, they have helped to meet the physical, emotional, educational and spiritual needs of Navajo families and children. They will continue to build a future for Navajo families through programs which establish self-sufficiency, resilience and Christian family values. They provide hope and restoration to families through the following ministries: Four Corners Home for Children, Navajo Nation Outreach and through radio KNMI broadcasting positive music and a message of hope. (Gloria Gilmore-House, 661-0470) www.navajoministries.org

The week of July 12 please pray for **La Jicarita Cluster**. La Jicarita Cluster is an association of Hispanic Heritage Presbyterian churches in Northern New Mexico. It administers the mission in the north end of the Santa Fe Presbytery by making grants to aid (1) community development, (2) youth and family and (3) health. They conduct leadership training events and work projects in the churches and communities. A major focus is on Camp Loma Verde in the Taos Canyon and its program and development. (Janet Hall, 672-6404)

Please pray for the **Los Alamos Group Home** the week of July 19. The Group Home provides care for adults with developmental disabilities. The residents are furnished various special services in the home (such as speech therapy) and are encouraged and helped to interact with the community outside the home. The Group Home has been in operation for 29 years and our donations are used to furnish, maintain and improve the home. Our donations are also used to supplement the program given to the residents by the state sponsored service provider. (Norma Puckett, 672-9642)

We ask your prayers the week of July 26 for **Young Life of Los Alamos**. Young Life thinks the world of kids. They believe that they deserve to know what life can hold for them. Young Life leaders are caring adults who come sharing the hope that Christ offers as well as fun and lasting friendships. Young Life is also all about fun. From club and camp to Campaigners and other activities, teenagers have a blast laughing, trying new things and being with their friends. (Irene Powell, 662-5877) <http://sites.younglife.org/sites/atomicyl/default.aspx>

SANCTUARY and PRAISE CHOIRS

2014—2015 Season

(singers and accompanists)

Gretchen Amstutz	Eric Bjorklund	Kathy Bjorklund
Charlie Bowman	Don Brown	Joann Brown
Jennifer Buckman	Sophia Buckman	Jack Carter
Clarice Cox	Gary Doolan	Marilyn Doolan
Katherine Elton	Lori Elton	Laura Erickson
Randy Erickson	James Goforth	Linda Goforth
Sarah Kelly	Terry Langham	James Leach
Karen Leach	Nancy Lemons	Loree Lynch
Ed Macmann	Tom McDonald	Lisa Moore
Alice Mutschlecner	Frances Meier	Nancy Nunnelley
Lesley Olsher	Lisa Reader	Jan Sander
Oscar Sander	Charmain Schaller	Phil Seeger
Barbara Smith	Chuck Tallman	Gary Thayer
Nina Thayer	Ruth Williamson	Sarah Worley

Thank you for your many hours of dedication.

Soli Deo Gloria!

Suzanne

Please continue to hold these persons
in your prayers during the month of July

HOMEBOUND: Jane Hamada, Bob Marr,
Grace Ogden, Murlin Nutter, Ann Thomson
and Bob Malone.

THOSE WHO HAVE BEEN ILL:

Jody Rigg ~ Nona Brandt ~ Pamela Massey

Lavella Locke-Watson ~ Xander Rigg

Nancy Bolme ~ Ed Macmann

Nona Bowman ~ Tom Reader (Garth's father)

Mary Lutes ~ Jean Riegle (Jen Buckman's mother)

James Andrew ~ Nona Bowman ~ Maggie Davis

Larry Wangen

Prayers for family and friends of Ed Macmann
upon the death of his wife, Wilberta.

Prayers for family and friends of Betsy Grindstaff
upon the death of her sister, Sally.

Prayers for family and friends of Vicki Cobble
upon the death of her mother.

JULY BIRTHDAYS

Jim Hall	01	Norma Puckett	01
Liinda Goforth	02	Laura Hockaday	03
James Stapp	04	Paul Mutschlecner	06
Sally Grindstaff	08	Maddie Ovaska	10
Judy Cyre	11	Jan Lippiatt	12
Zena Thomas	12	Norm Wilson	13
Patrick Harlow	16	Xander Rigg	25
Thurman Talley	26	Gerry Bolme	27
Dorothy Crawford	28	Bill Chambers	30
Charmian Schaller	30		



LOVE VITAMINS JULY 2015

FREEDOM

Jillian Michaels is a famous trainer on THE BIGGEST LOSER and now a health guru with CURVES with her own website and newsletter. I admire her. Not only for her ability to help others get in shape and her strong good looks, but that she cares about interior health too. She shared this on her free web newsletter:

“It can be easy to blame your struggles on people who did you wrong or things that happened in your past. Holding a grudge can seem temporarily gratifying, but let's be honest — no good can ever come of it. People who hold on to anger often stunt their personal growth and development by repeatedly finding themselves facing the same (real or imagined) adversaries. And with some people, the anger brews inside to the point at which they become immobilized. Healing old wounds properly and leaving them in the past (where they belong) can help you focus on the here and now — and beyond. If you repeatedly use past incidents and issues as an excuse for failings, it's probably a sign that you need to work more on taking ownership of things in your life.”

Jesus knew what a gift forgiveness is. He said to forgive 70x7 times which is not a math problem but a statement about forgiving over and over. Sometimes it takes forgiving someone moment by moment, day by day to free ourselves from bitter grudges. I have read numerous accounts of people forgiving others heinous acts and in doing so freeing themselves. When we hold on to our anger and hurt we end up hurting ourselves even with the perpetrator absent. We become enslaved to the resentment. With God's help we can remove these daggers and open ourselves to the joys of the present.

“When we have forgiven those who have hurt us and asked forgiveness from those we have hurt, a new freedom emerges. It is the freedom to move on. When Jesus was dying he prayed for those who had nailed him to the cross: ‘Father, forgive them; they do not know what they are doing’ (Luke 23:34). That prayer set him free to say, ‘Father, into your hands I commit my spirit.’ (Luke 23:46).”

Henri Nouwen

Forgiveness can always be looked at with new eyes. Let's set ourselves and others free and be able to move forward.

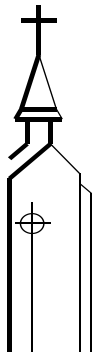
On behalf of all good imperfect relationships, Betty Smith

WEEKLY CALENDAR

MONDAY	Women's Book Study (11 AM Room 315)
TUESDAY	Staff Meeting (10 AM Library)
WEDNESDAY	Thrift Shop (8:30 AM-12:30 PM)
THURSDAY	Men's Koffee Klatch (9:30 AM Lounge) Thursday Faith and Family Night (TFFN)
FRIDAY	Friday Bible Study (10 AM White Rock Presbyterian Church)
SUNDAY	Sunday Worship (8 & 9:30 AM) Sunday School for all ages

JULY SUMMER EVENTS

JULY 4th	Independence Day
JULY 5th	Independence Day Worship
JULY 12TH	Sunday Worship
JULY 15th	Aspen Ridge Conversation CHIMES NEWSLETTER articles (August)
JULY 16th	Sombrillo Worship
JULY 19	Sunday Worship
JULY 26th	Sunday Worship



The JUNE CHIMES Newsletter
The United Church of Los Alamos
2525 Canyon Road
Los Alamos, NM 87544

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**POSTMASTER PLEASE
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June 25—27**