


girl scouts
of oregon
& sw washington



Girl Scout Brownie Activity Book

Grades 2-3



What Girl Scout Brownies Do

Every Brownie activity—be it science, outdoors, entrepreneurship or character building—expands her world as she makes new friends, tries new things, and builds life skills that will help her in school and beyond. All the while, she'll be earning badges to wear proudly on her Girl Scout uniform!

Plus, she'll have the chance to take trips, sell

cookies, and make the world a better place with her new Girl Scout sisters. If she loves laughing, learning and lifetime-friendship, she's ready to be a Brownie!

Let's have some fun! The activities in this booklet will help your girl get a head start on a few Girl Scout badges. You can learn more about these and other badges at girlscouts.org/badgeexplorer. If you like these activities, we invite you to continue the fun by signing up to become a Girl Scout Brownie today at girlscoutsosw.org/brownies.

Promise and Law

In Girl Scouts, it's not just about the amazing activities we do, but the values of our Promise and Law which we live by each and every day.

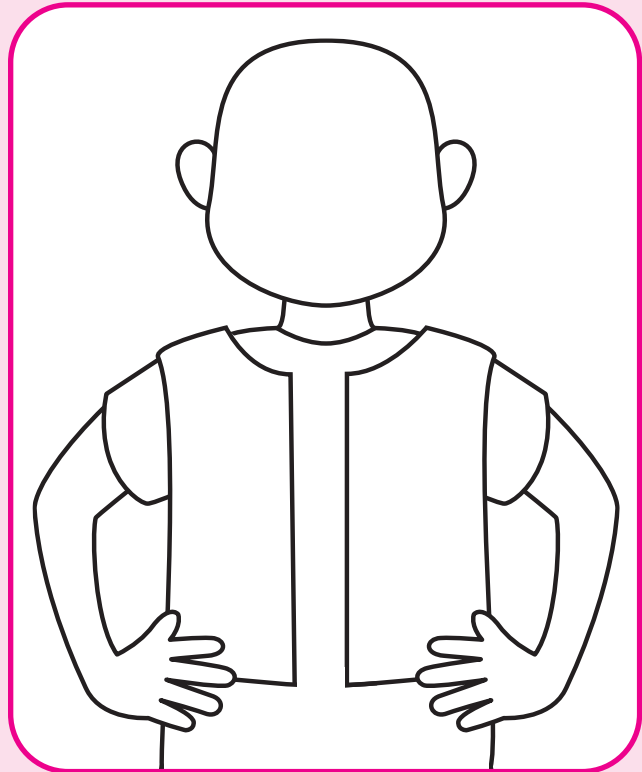
The Girl Scout Promise

On my honor, I will try:

To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.



Color in your Brownie vest and draw in your face and hair to see what you'll look like as a Girl Scout! Check the back cover to see what your uniform can look like once you've earned some badges.

This activity fulfills Step 2 of the Brownie Bugs badge: Try a Bug Craft.

About the Brownie Bugs badge: Girls explore the world of bugs and learn more about these little creatures that help us in lots of cool ways.



Crafty Bugs

We share our planet with over one million species of insects! Insects are invertebrates, which means they have a hard shell on the outside of their bodies that protects them, called an exoskeleton. All insects have three parts—the head, the thorax (which is the middle part), and the abdomen (which is the end part). They have two antennae and six legs! Spiders have eight legs, and that's why they are considered arachnids. In this activity, you will design and create a bug of your own!

Materials Needed:

Paper plate
Pipe cleaners
Googly eyes
Other decorative items (optional)

Instructions:

1. Decorate a paper plate with markers or paint to make it look like the body of a spider or any other bug you want to create.
2. Draw eyes or make them by attaching googly eyes.
3. Cut pipe cleaners in half to make six, eight (or more) legs.
4. Attach the legs to the plate, by either poking them through the paper or gluing them to the side.
5. Bend them to make the bug stand.



Bugs in Action

Instructions:

1. With the help of an adult, choose an area outside where you can safely observe bugs. It can be a backyard, a local park, a school field, etc.
2. Head outside to search for bugs! Be sure to bring a pencil and your Bugs in Action worksheet—you'll use it to write down information about bugs that you observe.
3. Look for three different bugs in the area (for example, an ant carrying food, a beetle chewing on a leaf, and a roly-poly/sow bug on a porch).
4. Identify the bugs you see and try to find out what they are doing and why. Be sure to write it down on your Bugs in Action worksheet!
5. Share the fun things you've learned with a family member or friend. What is cool about bugs? What do bugs do? What bugs are faster than others?

Materials Needed:

- Pencil
- Magnifying glass to look at bugs close up (optional)



This activity fulfills Step 3 of the Brownie Bugs badge: See Bugs in Action.

About the Brownie Bugs badge: Girls explore the world of bugs and learn more about these little creatures that help us in lots of cool ways.



Bugs in Action Worksheet

What is it?	Draw it!	What was it doing?	Where was it?



Making Snacks

Try a Savory Snack: Fresh Guacamole

Ingredients:

6-8 avocados, ripe and soft but not mushy
1/2 cup cilantro leaves, chopped
1/2 cup tomatoes, chopped fine
1/2 cup white onions, chopped fine
1 jalapeño (remove the seeds if you don't like it hot)*
1 teaspoon cumin powder
Salt
5-6 limes, halved

*Be careful when handling fresh jalapeños. They can irritate your skin. You might want to wear plastic or latex gloves (like the kind used for washing dishes) when you touch them. If you do touch them with bare hands, wash your hands before touching your eyes.

Instructions:

1. Peel and pit avocados. In a large mixing bowl, mash avocados one by one with a large fork until fairly smooth.
2. Add cilantro, tomatoes, white onions, jalapeño, cumin, and a few pinches of salt. Mash and mix all ingredients.
3. Squeeze the limes into the guacamole one by one, mixing after each one.
4. Taste, and add salt pinch by pinch until it's as salty as you like it. You will probably need about 3 teaspoons altogether.

Makes about 3 cups.



Try a Sweet Snack: Smoothie

Ingredients:

1 cup frozen fruit (cut into cubes if pieces are large)
1 tablespoon honey
1 cup 100% juice or water
1 cup ice

Instructions:

Place all items in a blender and blend until smooth.

Makes 4 cups.

These activities fulfill Steps 2 and 5 of the Brownie Snacks badge:
Make a Savory Snack, Slurp a Snack.

About the Brownie Snacks badge: Girls learn how to make snacks that give them the energy to think, hike, run around, dress up—and do all the other activities they love to do!





This activity fulfills Step 3 of the Brownie First Aid badge: Make a First Aid Kit.

About the Brownie First Aid badge: Girls find out what to do in an emergency, from calling 911 to using first aid to treat minor injuries. When the unexpected happens, they'll be prepared!

First Aid

It is important for everyone to have basic first aid skills, and know what to do in an emergency situation. In the case of an emergency you should: stay calm, make sure the scene is safe, find an adult, and call 911.

You should always have a first aid kit to help anyone who has a minor injury like a scrape or a cut. Let's make a first aid kit for your backpack!

Materials Needed:

Below are some common items often included in a first aid kit. Your kit may include different items, depending on what emergencies you need to be prepared for. Work with an adult to decide which items are right for your kit!

Small pouch/box (like a sandwich bag, pencil bag or cosmetic bag)
Bandages of various sizes
Gauze pads
Sterile dressing
Adhesive tape
Tweezers
Scissors
Non-latex gloves
Cotton balls and swabs
Alcohol wipes
Cleansing wipes
Safety pins

Instructions:

1. Find out what should go in to a first aid kit. Think about what kinds of emergencies you might need to be prepared for. Make your first aid kit to be prepared for them!
2. Fill your small pouch or box with the first aid items you've identified.
3. Be sure to write the date on your first aid kit to keep it up-to-date.



You're Invited to Join Girl Scouts!

Did you have fun with this activity packet? There's so much more to discover as a Girl Scout! Don't miss a moment of fun and friendship—you are invited to an animal dance party! Find an upcoming virtual animal dance party at girlscoutsosw.org/connect or sign up to become a Girl Scout Brownie family at www.girlscoutsosw.org/brownies. We can't wait for you to join us!

Have a question? We're here to help. Email answers@girlscoutsosw.org or call (800) 338-5248.

Where Does Everything Go?

As your Brownie earns her badges and awards, she'll want to display them on her vest or sash. Here's your cheat sheet on how she can show off her accomplishments with pride.

