

**WOMEN'S
SPORTS
FOUNDATION**

Go Girl Go!

Girls' Sports Reading List

The books on this list feature girls and women as active participants in sports and physical activity. There are books for all ages and reading levels. Some books feature champion female athletes and others are fiction. Most of the books written in the 1990's and 2000's are still in print and are available in bookstores. Earlier books may be found in your school or public library. If you cannot find a book, ask your librarian or bookstore owner to order it.

** The descriptions for these books are quoted with permission from Great Books for Girls: More than 600 Books to Inspire Today's Girls and Tomorrow's Women, Kathleen Odean, Ballantine Books, New York, 1997.*

~ The descriptions for these books are quoted from Amazon.com.

A Turn for Lucas, Gloria Averbuch, illustrations by Yaacov Guterman, Mitten Press, Canada, 2006. Averbuch, author of best-selling soccer books with legends like Brandi Chastain and Anson Dorrance, shares her love of the game with children in this book. This is a story about Lucas and Amelia, the soccer-playing twins who share this love of the game.

A Very Young Skater, Jill Krementz, Dell Publishing, New York, NY, 1979. Ages 7-10, 52 p., (\$6.95). The story of a 10-year-old female skater told in words and pictures.

A Winning Edge, Bonnie Blair with Greg Brown, Taylor Publishing, Dallas, TX, 1996. Ages 8-12, 38 p., (\$14.95). Bonnie Blair shares her passion and motivation for skating, the obstacles that she's faced, the sacrifices and the victories.

Alex in Rome, Tessa Duder, Houghton Mifflin, Boston, MA, 1992. Ages 12-14, 166 p., (\$14.95). As a member of the New Zealand swimming team, 15-year-old Alex gets her first taste of independence as she faces the challenges of competition in the 1960 Olympic Games in Rome.

All That Jazz: Pink Parrots #2, B.B. Calhoun, Little, Brown and Company, Waltham, MA, 1990. Ages 8-12. Jasmine (Jazz) is faced with the age-old choice between popularity and daring to be different. Should Jazz hang out with the more popular "mature" girls in school or should she be loyal to the Parrots?

Allie's Basketball Dream, Barbara Barber, Lee and Low Books, Inc., 1996. Ages 6-9, 32 p. Repeatedly told that "basketball's a boys' game," a girl's confidence falters and then rebounds in this encouraging tale. Allie tries out her brand-new basketball, a gift from her father, at a city playground. Although she wants to be a professional player, first she has to get the ball in, and not even her girlfriends want to play. Allie finally convinces one boy that girls can shoot hoops too, and her father returns just in time to see her make a perfect basket.

Always Dream, Kristi Yamaguchi with Greg Brown, Taylor Publishing, Dallas, TX, 1998. Ages 8-12, (\$14.95). Kristi Yamaguchi shares inspirational stories about overcoming her fears, making difficult choices and learning about her heritage.

Amazing Women Athletes (The Women's Hall of Fame Series), Jill Bryant, Second Story Press, 2002. Ages 9-12, 75 p. This collective biography profiles four Canadian athletes (Bobbie Rosenfeld, Sandra Schmirler, Chantal Petitclerc and Hayley Wickenheiser), four Americans (Annie Smith Peck, Julie Krone and Venus and Serena Williams), one Australian (Cathy Freeman) and an Olympic contender from China (Chen Lu). The sports that are highlighted include: curling, horse racing, ice hockey, ice skating, mountain climbing, tennis, track and field and wheelchair racing. The four- to six-page sketches present brief information on each athlete's childhood, family, goals, and achievements within her sport.

Amelia Bedelia Goes Camping, Peggy Parish, Harper Trophy, New York, NY, 1985. New reader, 55 p., (\$3.50). One of a series of books about the adventurous and spunky Amelia Bedelia. When Amelia Bedelia goes camping, anything can happen.

Amelia Earhart, Richard Tames, Franklin Watts, Inc., New York, NY, 1989. Ages 14 and up, 32 p., (\$3.95). A biography of Amelia Earhart with many photos.

Amelia Earhart: Courage in the Sky, Mona Kerby, Viking Penguin, New York, NY, 1990. Ages 7-11, 57 p., (\$10.95). When Amelia was a little girl, she liked to read adventure stories. Boys were her heroes. Just once, she wished for an adventure story about a girl. Amelia Earhart wrote that story with her own life. She was the first woman to fly across the Atlantic, the first woman to fly it alone, and the first person in the world to cross it twice.

Amelia's Fantastic Flight, Rose Bursik, Henry Holt & Co., New York, NY, 1992. Preschool, (\$5.95). Amelia's little spin covers six continents and takes her to 14 countries. Two full-spread maps, plus smaller inset maps throughout, enable children to follow Amelia's amazing journey.

American Gold Gymnasts: Balancing Act, Gabrielle Charbonnet, Skylark Books, New York, NY, 1996. Ages 8-12, 117 p., (\$3.50). Maya, a new girl at Sugarloaf Gymnastic Academy from Russia, tries to learn everything she can about America.

American Gold Gymnasts: Competition Fever, Gabrielle Charbonnet, Skylark Books, New York, NY, 1996. Ages 8-12, 118 p., (\$3.50). Kelly, the number-one gymnast at Sugarloaf Gymnastic Academy faces stiff competition from a new gymnast. Can they learn to work together for the team?

American Gold Gymnasts: Split Decision, Gabrielle Charbonnet, Skylark Books, New York, NY, 1996. Ages 8-12, 135 p., (\$3.50). Monica has to decide if it's time to quit gymnastics.

American Gold Gymnasts: The Bully Coach, Gabrielle Charbonnet, Skylark Books, New York, NY, 1996. Ages 8-12, 131 p., (\$3.50). Kelly, Maya and their friends learn to deal with a famous visiting coach who praises their strengths but is harsh – even cruel – when it comes to their flaws.

American Gold Swimmers: In Deep Water, Sharon Dennis Wyeth, Skylark Books, New York, NY, 1996. Ages 8-12, 137 p., (\$3.50). When Kristy's first boyfriend, Jason, thinks she's too competitive, she has to decide what is more important: pleasing Jason or pleasing herself.

American Gold Swimmers: The Human Shark, Sharon Dennis Wyeth, Skylark Books, New York, NY, 1996. Ages 8-12, 140 p., (\$3.50). Kristy spends too much time at the video arcade at an important meet and risks letting her teammates down.

American Gold Swimmers: The Winning Stroke, Sharon Dennis Wyeth, Skylark Books, New York, NY, 1996. Ages 8-12, 140 p., (\$3.50). Kristy makes the swim team and faces up to disappointment at her first meet.

America's Champion Swimmer: Gertrude Ederle, David A. Adler, Harcourt, Inc., 2000. Young reader, 28 p., (\$16.00). Trudy Ederle didn't learn to swim until she was seven. But once she hit the water, there was no stopping her. At the age of 17, Trudy won three medals at the 1924 Olympic Games in Paris. But what Trudy planned to do next had never been done...by a woman. She would tackle the most difficult swim of all: the 21 miles of cold, choppy water that separate England from France. She would swim the Channel faster than any man.

* **Angel and Me and the Bayside Bombers**, Mary Jane Auch, Little, Brown, 1989. Ages 7-9. "Brian Hegney, a third grader, has challenged the Bayside Bombers soccer team to a game. However, there is a problem, he doesn't have a team. He recruits his cousin Angel to help him. Angel coaches and trains a group of second grade girls and boys to victory."

Annie Oakley: Young Markswoman, Ellen Wilson, Aladdin Paperbacks, New York, NY, 1989. Ages 8-12, 192 p., (\$4.95). From the "Childhood of Famous Americans" series, this book focuses on the childhood of the famous American sharpshooter.

* **At the Controls: Women in Aviation**, Carole S. Briggs, Lerner, 1991. Ages 10-14. "The history of American women and planes."

Athletes: Dynamic Modern Women, Laurie Lindop, Henry Holt & Co., 1996. Ages 10-14, 128 p., (\$21.40). Highlights the lives and athletic accomplishments of 10 women: Bonnie Blair, Florence Griffith Joyner, Julie Krone, Nancy Lopez, Diana Nyad, Joan Benoit Samuelson, Monica Seles, Lynette Woodard, Kristi Yamaguchi and Kim Zmeskal.

Athletes (Women in Profile Series), Leslie Strudwick, Weigl Educational Publishers Limited: Crabtree Publishing Company, 1999. Ages 9-12, 48 p. Chronicles the lives and achievements of talented women athletes, including speed skater Bonnie Blair, gymnast Nadia Comeneci, and track athlete Wilma Rudolph.

* **Babe Didrikson: Athlete of the Century**, R. R. Knudson, Viking, 1985. Ages 9-12. "This biography gives a balanced picture of an immensely talented and determined woman who, although is not well known, is one of the most talented athletes ever."

The Babysitters Club #73: Mary Anne and Miss Priss, Ann M. Martin, Scholastic Inc., New York, NY, 1994. Ages 8-10, 141 p., (\$3.50). Mary Anne wants Jenny (Miss Priss) to join the kickball team they're starting, but Jenny doesn't want to play, and nobody else wants her on the team anyway.

Baseball Ballerina, Kathryn Cristaldi, Random House, New York, NY, 1992. Ages 6-8, 48 p., (\$3.50). She plays shortstop for the Sharks. So what's she doing taking ballet lessons? And what if her team finds out? You'll love this funny story about baseball, ballet and friends.

Before Amelia: Women Pilots in the Early Days of Aviation, Eileen F. Lebow, Brassey's, Inc., 2002. 315 p. Amelia Earhart is, without a doubt, the world's most famous woman aviator, but she was not the first. Before Amelia introduces the world's remarkable women pioneer aviators who braved the dangers and challenges of the first two decades of flight. The story begins with Raymonde de Laroche, Russia's Lydia Zvereva, Germany's Melli Beese, Britain's Hilda Hewlett, America's Harriet Quimby and the other women pilots profiled here rose above coteremporary gender stereotypes and proved their ability to fly the temperamental heavier-than-air contraptions of the day.

Beneath the Armor of an Athlete: Real Strength on the Wrestling Mat, Lisa Whitsett, Wish Publishing, Terre Haute, Indiana, 2003. 162 p., (\$16.95). Beneath the Armor of an Athlete is the story of a female Olympic freestyle wrestler. Her love for the sport and striving for success expose her to rare challenges, all of which introduce new experiences in her life. From all-male wrestling camps and tournaments to the competitive ranks of national and international women's

freestyle wrestling, this athlete learns that her sport is the gateway to learning more about who she really is and what she is capable of becoming.

Big Girl in the Middle, Gabrielle Reece with Karen Karbo, Three Rivers Press, NY, 1997. Ages 14 and up, 256 p., (\$12.00). Autobiography of pro volleyball player Gabrielle Reece. At six-foot-three, 170 pounds, Reece is at once beautiful and brutish, feminine and rowdy, accessible and intimidating, a woman who is exploding female stereotypes and redefining our image of the female athlete.

* **Billie Jean King**, William Stanford and Carl R. Green, Crestwood House, 1993. Ages 9-12. "A biography that focuses on King's accomplishments and her contributions to tennis."

* **Blowing Bubbles with the Enemy**, Alison Jackson, Dutton, 1993. Ages 9-11. "The girls at Jefferson Middle School pull together in a wonderful way for a worthy cause: supporting the girls' basketball team. When talented basketball player Bobby tries out for the boys' team, the coach cheats her of a fair chance and none of the boys object."

Body Talk: The Straight Facts on Fitness, Nutrition, and Feeling Great about Yourself!

Ann Douglas, Maple Tree Press, Toronto, Canada, 2006. Ages 9-13, 64 p. An honest look at how women's bodies are objectified by the media while also talking about eating disorders, fad diets, and the beauty business. Gives girls the information they need to make healthy decisions, get active, stay motivated, eat a balanced diet, and generally take care of themselves.

* **Bonnie Blair: Golden Streak**, Cathy Breitenbucher, Lerner, 1994. Ages 9-12. "This biography focuses mainly on her career with details of her race history and her many successes."

* **The Boonsville Bombers**, Alison Cragin Herzig, Viking, 1991. Ages 8-10. "Ten-year-old Emma loves baseball and her brother Michael plays for the Boonsville Bombers. Michael won't let Emily join until she gives him one of her baseball cards. Emma combines luck with strong will in a way that leads to a happy ending for her."

~ **Brief Garland: Ponytails, Basketball, & Nothing But Net**, Harold Keith, Crowell, New York, NY, 1999, (\$18.95). Ages 9-12, 307 p. "Dismayed when he discovers he is assigned an all-girl basketball team, the new coach becomes increasingly committed to his players as he works with them."

The Broadway Ballplayers, Maureen Holohan, 1998. Ages 10-14. (\$6.00-\$6.95) A series of 5 books currently: 1) Friday Nights (Basketball), 2) Left Out (Softball), 3) Everybody's Favorite (Soccer), 4) Don't Stop (Soccer & Cross Country), and 5) Sideline Blues (Volleyball & Basketball). "For anyone who has been concerned about the limited options and unrealistic body images available to girls, these books offer exhilarating alternatives." - Donna Lopiano, Ph.D.

Cammi Granato: Hockey Pioneer, Thom Loverro, Lerner sports: Lerner publishing Group, 2000. Ages 9-13, 80 p. Loverro tells the story of how the only girl playing a "boys-only" game in Downer's Grove, Ill. grew up to be a captain for the U.S. Olympic team. Loverro's quick paced biography covers all of Granato's accomplishments on the ice with plenty of statistics and some nice quotes from the star herself. The book has lots of color photographs of Granato and a page of career highlights for those who love to consume statistics.

Careers for Women Who Love Sports: Get in the Game, Robin Roberts, Milbrook Press, 2000. Ages 9-13, 48 p. Roberts, a sports broadcaster at ESPN, is the host of the Get in the Game series directed at young female sports fans.

Cat Running, Zilpha Keatley Snyder, Delacorte Press, New York, NY, 1994. Ages 9-12, 168 p., (\$14.95). Eleven-year-old Cat Kinsey who is the fastest runner in school, but her father won't let her run in slacks. She decides to build a secret hideaway to escape her unhappy home life. She slowly gets to know a poor family that has come to California after losing their home in Texas.

Christy's Magic Glove, Gibbs Davis, Bantam Skylark Books, New York, NY, 1992. Ages 6-9, 70 p., (\$3.25). The Never Sink Nine, featuring baseball's best ballet-dancing star, Christy Chung, is gearing up for Saturday's big game against the Vampires, the scariest team in the league.

Cinder-Elly, Frances Minters, Penguin Books, New York, NY, 1994. Young Readers, 30 p., (\$13.99). In this rap version of the traditional fairy tale, the overworked younger sister gets to go to a basketball game and meets a star player.

* **Coaching Evelyn: Fast, Faster, Fastest Woman in the World**, Pat Connolly, Harper, 1991. Ages 12-14. "Coach Pat Connolly describes her work with runner Evelyn Ashford from their first encounter at UCLA in 1976 to the 1984 Olympics, where Ashford won two gold medals."

Cool Careers for Girls in Sports, Ceel Pasterneck & Linda Thornburg, Impact Publications, 1999. 120 p. Profiles of 10 women who work in the sports field: a golf pro, basketball player, ski and snowboard instructor, sports broadcaster, trainer, sports psychologist, basketball official, entrepreneur and two athletic directors. Each 10- to 13-page profile has a general description of the job, how the individual began and progressed to her present level, and some mention of overcoming the difficulties of being female in a male-dominated field. Each description includes the salary range of the position and provides a career checklist to help readers determine their suitability for such work.

Counting Coup, Larry Colton, Warner Books, 2000. 448 p. Colton journeyed to a Native American Crow reservation in Montana for 15 months to chronicle the stories of the girls' basketball team at Hardin High School. More than just another version of In These Girls, Hope is a Muscle, the girls of Hardin High give new meaning to the term "underdog" as they battle

against the racial tensions, alcoholism and gender bias that exists in their community while playing the game they love.

Court Quest: Playing Women's Squash in the USA and Canada 1992-1994, Joy Conrad, Bench Press Books, British Columbia, Canada, 2002. 166 p., (\$15.00). With squash as the vehicle for telling a pivotal part of her life story, the author takes us intimately with her as she tries to overcome her doubts, struggle with fitness, improve her game to national caliber, deal with career and love life crises, and stay open to her leading. A Changing Course book.

Crashing the Net: The U.S Women's Olympic Ice Hockey Team and the Road to Gold, Mary Turco, Harper Perennial, 1999. 242 p. When the unbearable heat makes you long for winter, grab a slushie and the story of the first gold medal for women's ice hockey in the Olympic Games. The book follows the American team through locker rooms and press rooms, from tryouts to the gold-medal game vs. Canada, including personal anecdotes and quotes from the players themselves.

Dirt on Their Skirts: The Story of the Young Women Who Won the World Championship, Doreen Rappaport and Lyndall Callan, Dial Books, New York, NY, 2000. Ages 4-8, 32 p. The story of the 1946 championship game of the All-American Girls Professional Baseball League is seen through the eyes of a fictional young spectator.

Dirty Socks Don't Win Games, Dean Marney, Scholastic, Inc. New York, NY, 1992. Ages 8-10, 88 p., (\$2.95). The story of a boys' basketball team that faces the challenge of playing a girls' team that is taller, faster, stronger and more skilled.

Dominique Moceanu: An American Champion, An autobiography as told to Steve Woodward, Bantam Books, New York, NY, 1996. Ages 9-13, 112 p., (\$14.95). The story of the youngest U.S. gymnastics champion. Dominique talks about her passion for gymnastics, her years of intense training, her favorite events, coach, her teammates and family.

Dominique Moceanu: A Gymnastics Sensation, Krista Quiner, Bradford Book Company, 1997. Ages 10-14, 182 p. (\$12.95). A biography of the youngest member of the gold medal winning gymnastics team at the 1996 Olympic Games. Includes photographs, quotes and stories of her life.

* **Down Under, Down Under: Diving Adventures on the Great Barrier Reef**, Ann McGovern, Macmillian, 1989. Ages 8-10. "This is a photo-essay about a 12-year-old girl diving in the Great Barrier Reef with her marine biologist mother."

The Everything You Want to Know About Sports Encyclopedia: Sports Illustrated For Kids, Sports Illustrated, New York, NY, 1994. (\$7.99). Provides an overview of a variety of sports including history, equipment, athletes and skills.

Extraordinary Girls, Maya Ajmera, Olateju Omolodun, Sarah Strunk, Charlesbridge Publishing, 1999. 45 p., (\$16.95). Stories and photos from more than 60 countries highlighting the things girls do and the things they care about, no matter where they live.

The Finnish Line, Linda Gerber, Puffin Books, New York, NY, 2007. Young Adult, 224 p. From the Students Across the Seven Seas (S.A.S.S.) series comes this story about a young ski jumper from Park City, Utah who finds herself competing a long way from home—in Finland! As she struggles to emerge from her famous skier father’s shadow, she learns how to balance school, a social life and her training.

Fleet-Footed Florence, Marilyn Sachs, Doubleday & Co., Inc., 1981. The story of Florence Griffith-Joyner, Olympic champion.

Florence Griffith Joyner: Dazzling Olympian, Nathan Aaseng, Lerner Publications, Minneapolis, MN, 1989. Ages 8-12, 60 p. Available from the National Women's History Project, Windsor, CA, 707-838-6000. The story of the three-time Olympic gold medalist in track & field. (Contact publisher for other female athletes in the series like Jennifer Capriati).

Flying Free: America’s First Black Aviators, Philip S. Hart, Lerner Publications Company, 1992. 64 p., (\$19.95). One group of aviators was not so well received during the early days of aviation. Black Americans who flew airplanes, and those who wanted to learn, faced segregation and racial discrimination. Many airports were off-limits to black pilots. And neither the United States military nor private aviation schools would train blacks to fly. In *Flying Free*, you'll learn how black pilots of the 1920s and 1930s overcame obstacles. Black aviators started their own flight schools, put on air shows, flew cross-country, and persuaded the military to train black soldiers for aviation combat.

* **Forward Pass**, Thomas J. Dygard, Morrow, 1989. Ages 11-14. “Desperate for a football player who can catch long passes, Coach Gardner recruits Jill Winston, a star from the girls’ basketball team. As the season ends, Jill has to make a choice between boys’ football and girls’ basketball.”

Game Face: What Does a Female Athlete Look Like? Jane Gottesman and Penny Marshall, Random House, 2001. 224 p. The extraordinary collection of photographs and rich personal stories that make up *Game Face* documents the tremendous impact that sports has on the daily lives of millions of girls and women. On playing fields and street corners, in backyards and gyms, the people in this arresting array of pictures are unselfconsciously exploring the physical and emotional pleasures of competition and play. Each image offers an affirming and satisfying answer to the question at the heart of *Game Face*: What do girls and women look like, freed from traditional feminine constraints, using their bodies in joyful and empowering ways?

* **Get Set! Swim!** Jeannine Atkins, Lee & Low Books, Inc., New York, 1998. Young Readers, 30 p, (\$15.95). “A young Hispanic girl learns the value of teamwork and family pride at her first big swim meet.”

* **The Girl Who Could Fly**, William H. Hooks, Macmillan, 1995. Ages 7-10. “A most unusual girl impresses a group of boys and coaches their baseball team to success.”

Girl Wonder: A Baseball Story in Nine Innings, Deborah Hopkinson, Atheneum Books for Young Readers, 2003. Ages 5-8, 48 p. In prose that reflects the easy rhythms of balls and strikes, Hopkinson tells the story of teenager Alta Weiss, who in 1907 pitched for a semipro all-male team in Ohio.

The Girls of Summer: The U.S. Women’s Soccer Team and How It Changed the World, Jere Longman, Harper-Collins. (\$24.00). The USA’s winning run at the 1999 Women’s World Cup.

The Girls Strike Back: The Making of the Pink Parrots, Kathilyn Proboz, Little, Brown and Company, Waltham, MA, 1990. Ages 14 and up, 119 p., (\$3.50). When a group of junior high school girls in search of their own baseball team meet Ro, a baseball nut who happens to be the owner of the Pink Parrot Beauty Parlor, it's a match made in baseball heaven.

Go for the Goal: A Champion's Guide to Winning in Soccer and in Life, Mia Hamm with Aaron Heifetz, HarperTrade, 2001. 256 p. Soccer superstar Mia Hamm mixes autobiography with easy-to-read tips on kicking your own game up a notch. In addition to her own story, photos and instructional diagrams, she also enlists a few friends and World Cup champion teammates for some advice on both soccer and carrying sport ideals into everyday life.

Going For the Gold: Shannon Miller, Septima Green, Avon Books, New York, NY, 1996. Ages 9-13, 76 p., (\$4.50). A biography of Shannon Miller, two-time world champion and winner of five Olympic medals.

Good Sports: Winning. Losing. And Everything in Between, Theresa Kauchak, Pleasant Company, Middleton, WI, 1999. Ages 8 and up, 96 p., (\$8.95). American Girl’s behind-the-scene look at sports includes advice on being a great teammate and a good winner, tips on keeping your mind and body strong, advice from famous women athletes, resources and memory pages where you can record your goals and favorite sports moments.

Goosebumps: Be Careful What You Wish For, R.L. Stine, Scholastic Inc., New York, NY, 1993. Ages 8-12, 121 p., (\$3.50). Samantha Byrd is a klutz. She’s the laughing stock of the girls’ basketball team. And that mean, rotten Judith Bellwood is making her life miserable on and off the court. But everything is about to change. Sam’s met someone who can grant her three wishes.

Grandma's Baseball, Garin Curtis, Crown Publishers, Inc., 1990. A young boy learns to see beyond his grandmother's grumpiness when she comes to live with his family following her husband's death.

Gutsy Girls: Young Women Who Dare, Tina Schwager & Michele Schuenger, Free Spirit Publishing Inc., Minneapolis, MN, 1999. Ages 10-14, 252 p., (\$14.95). Twenty-five young women share their adventures in such activities as skydiving, building homes, and mountain climbing, demonstrating the value of courage, commitment and a positive attitude.

* **The Gymnasts # 18: The New Coach?**, Elizabeth Levy, Scholastic, 1991. Ages 9-11. "Eleven-year-old Lauren and her friends on the Pinecones gymnastics team take their sport seriously but not too seriously, an approach that their coach Patrick reinforces."

Heather Hits Her First Home Run, Ted Plantos, Black Moss Press, Windsor, Ontario, 1989. New reader, 21 p., (\$4.95). Although Heather doesn't actually hit a home run, she does manage to win the game for her team with a terrific hit that knocks in three runs. She fails to score "home" herself but it's a signal to her coach – and most of all to her – that it is possible for her to do it... maybe next year! Heather learns the value of perseverance and team spirit and she comes out a winner.

The Highest Hit, Nancy Willard, Harcourt Brace Jovanovich, New York, NY, 1978. Ages 8-12, 127 p., (\$3.95). Kate Carpenter Schmidt is determined to get herself into the Guinness Book of World Records. Meanwhile she's busy teaching her mother how to play baseball, collecting news for her neighborhood paper and getting in and out of trouble with the irrepressible Ursula Quinn. Kate has a lot of ambition – but life has a funny way of throwing curveballs just when everything seems under control.

The Hockey Girls, Scott Corbett, Dutton, 1976. 104 p. The girls at Wagstaff High hate the compulsory sports program, until they get involved in field hockey.

The Home Team: Of Mothers, Daughters, & American Champions, RuthAnn & Rebecca Lobo, Kodansha International, New York, NY, 1996. Ages 14 and up, 180 p., (\$19.00). In alternating chapters, Rebecca, champion basketball player, and RuthAnn, her mother, reflect on the joys and sufferings of growing up female.

Horse Crazy, Horse Wise, Horse Shy, and others, Bonnie Bryant Hiller, Bantam, (a series of books on girls and horses).

Hotshot on Ice, David Halecroft, Alden All Star Series, Puffin Books, 1991. Ages 8-12. When Chris Santini joins Alden's hockey team, the players are shocked to learn she's a girl. But Chris can skate, pass and shoot with the best of them, and the Panthers are glad to have her. But will the rest of the league let her play?

I Am a Gymnast, as photographed by Jane Feldman, Random House Books for Young Readers, NY, 2000. Ages 8 and up, 48 p., (\$14.99). Eight-year-old McKenzie Foster shares with readers the importance of following their dreams. In her own words she shares stories of her training with an international champion and coach, Wendy Hilliard; her performance at Rockefeller Center on National Gymnastics Day; her live television interview on the Today Show; and her chance to meet famed Olympic coach Bela Karolyi and Olympic gold medalists Shannon Miller and Dominique Dawes.

I Know About Sports, Chris Jaeggi, Rand McNally & Company, 1995. Ages 4-6, 24 p. Provides a simple introduction to various athletic activities, including baseball, hockey and soccer.

I Love Softball, Barbara J. Berst, National Lilad Publishing, Richland, WA, 1985. Ages 8-12, 72 p., (\$4.25). A book like this can be a friend to a girl like you who loves softball. With this book, you will find out more about softball, your coach, your teammates...and yourself.

Inside the WNBA: A Behind the Scenes Photo Scrapbook (She's Got Game), Joe Layden and James Preller, Scholastic Inc., (1999). Ages 9-13, 48 p. The book contains a treasure of pictures and words about some of the most solid basketball players in the world.

In These Girls, Hope Is A Muscle, Madeline Blais, The Atlantic Monthly Press, New York, NY, 1995. Ages 14 and up, 263 p., (\$19.95). The inspiring story of one season of the Lady Hurricanes, the Amherst, Mass., girls' high school basketball team.

* **In Lane Three**, Alex Archer, Tessa Duder, Houghton, 1989. Ages 13-14. "New Zealander Alexandra Archer wants to go to the 1960 Olympic Games in swimming. To succeed, she has to win a qualifying race against her rival Maggie Benton."

* **In the Year of the Boar and Jackie Robinson**, Bette Bao Lord, Harper, 1984. Ages 9-12. "It's 1947, and Shirley Temple Wong has just moved to New York from China. Everything is strange and worrisome, from the language to the food, from school to the stickball game that other children play. Shirley befriends Mabel, who teaches her how to play stickball and how to appreciate baseball, especially Jackie Robinson of the Brooklyn Dodgers."

Jackie Joyner-Kersey: Superwoman, Margaret J. Goldstein & Jennifer Larson, Lerner Publications Company, Minneapolis, MN, 1994. Ages 8-13, 52 p., (\$4.95). The story of U.S. national, world and Olympic champion track & field athlete Jackie Joyner-Kersey.

Jennifer Capriati, Mikki Morrisette, Sports Illustrated For Kids, Little, Brown and Company, Boston, MA, 1991. Ages 8-10, 58 p., (\$3.95). The story of Jennifer Capriati, the youngest American tennis player ever to turn pro.

Jennifer Capriati: Tennis Sensation, Margaret Goldstein, Lerner Publications, Minneapolis, MN, 1993. Ages 8-12, 55 p. The story of Jennifer Capriati, the youngest American tennis player ever to turn pro. Many photos.

Jill Trenary: The Day I Skated For the Gold, Jill Trenary and Dale Mitch, USFSA, Colorado Springs, CO, 1989. Ages 8-13. The story of U.S. national and world champion figure skater Jill Trenary.

JoJo's Flying Side Kick, Brian Pinkney, Simon & Schuster, New York, NY, 1995. Ages 5-8, 30 p., (\$15.00). Everyone gives JoJo advice on how to perform in order to earn her yellow belt in tae kwon do class, but in the end she figures it out for herself.

Judy Ford: World Champion Cowgirl, Greg Reeves, State House Press, Austin, TX, 1992. Ages 8-12, 46 p. The true story of a young cowgirl who loves horses, rodeos and the like. One who turned a dream of becoming a world champion into reality through hard work, dedication and determination.

Juli Furtado: Rugged Racer, Morgan Hughes, Lerner Publications Company, Minneapolis, MN, 1998. 64 p. When she was just 16 years old, Juli Furtado's promising career came to a crashing halt. Her battered knees couldn't bounce back from another injury. Juli was done as a competitive skier. But she wasn't done competing! Read this action-packed biography and discover how Juli kept her athletic career from going downhill!

Julie Krone: Unstoppable Jockey, Jeff Savage, Lerner Publications Company, 1996. Ages 9-12, 56 p. Discusses the childhood, education, riding career and personal life of the first woman jockey to win a Triple Crown race.

Junior Gymnasts: #1 Dana's Competition, Teddy Slater, A Little Apple Paperback, Scholastic Inc., New York, NY, 1996. Ages 7-10, 77 p., (\$2.99). Dana is excited about her first meet, and she wants to beat Amanda more than anything.

Junior Gymnasts: #2 Katie's Big Move, Teddy Slater, A Little Apple Paperback, Scholastic Inc., New York, NY, 1996. Ages 7-10, 77 p., (\$2.99). Katie loves gymnastics, but she is afraid to do any backward moves during her routines. Will she get over her fears or have to quit?

* **Just for Kicks**, Paul Baczewski, Lippincott, 1990. Ages 11-14. "Brandon manages his high school football team. The only thing the team needs to be really competitive is a kicker, and Brandon knows just the person to do the job: his sister Sarah."

Katie Kicks Off, Gibbs Davis, Bantam Skylark Books, New York, NY, 1994. Ages 6-9, 73 p., (\$3.25). When several members of the Never Sink Nine baseball team decide to sign up for soccer, Walter Dodd is glad that he's been assigned to the Plunger's team. Katie Kessler is on that

team, and she can run faster and kick harder than anyone else on the soccer field. But right before the Plungers' first game against the Crushers, Katie says she wants to drop out. Can the Never Sink Nine get Katie to change her mind before their first season goes down the drain? One of a series of books about the Never Sink Nine including two more that feature girls in sports — Major-League Melissa and Christy's Magic Glove.

Katy Steding: Pro-Basketball Pioneer, Sara Gogol, Lerner, Minneapolis, MN, 1998. Ages 10 and up, 64 p., (\$5.95). A biography of the young woman who played at Stanford University and on the 1996 Olympic gold medal basketball team and was a member of the WNBA Portland Power.

Koala Lou, Mem Fox, Harcourt Brace Jovanovich, New York, New York, 1988. New readers, 30 p., (\$13.95). The story of a baby girl koala bear who takes up running.

Kristi Yamaguchi: Artist on Ice, Shibhan Donohue, Lerner Publications Company, Minneapolis, MN, 1994. Ages 8-13, 64 p., (\$4.95). The story of U.S. national, world and Olympic champion figure skater Kristi Yamaguchi.

~ **Let Me Play: The Story of Title IX: The Law that Changed the Future of Girls in America**, Karen Blumenthal, Atheneum Books for Young Readers, New York, NY, 2005. Ages 9-12, 152 p. (\$17.95). “A fascinating look at the birth, growth, stagnation, and final emergence of Title IX. While acknowledging the controversy surrounding this law, the author is unwaveringly supportive of its passage and implementation. Interesting and easy-to-follow chapters highlight the process of creating, revising, fighting for, and ultimately passing this legislation that gave girls and women equal access to physical-education classes, gymnasiums, universities, and graduate schools.”

Life Rocks!, Tori Allen, Tada Ink, Indianapolis, IN, 2003. Ages 8-12, 119 p., (\$12.95). Tori Allen, champion pole vaulter and rock climber, shares her first 13 years.

The Little Gymnast, Sheila Haigh, Scholastic, Inc., New York, NY, 1962. Ages 8-12, 135 p., (\$2.95). The story of a young female gymnast, Anda, who has the talent and the desire to be a champion. There's only one thing standing in her way — money. She needs to get a scholarship to keep training because her parents can't afford any more lessons.

Living the Dream, Dot Richardson with Don Yaeger, Kensington Books, 1997. Young Adult, 180 p., (\$19.95). A behind-the-scenes look at the quest of Dot Richardson to excel in softball and life.

* **Louanne Pig**, Nancy Carlson, Carolhoda, 1985. Ages 3-7. “In this sweet story, Louanne decides to try out for the cheerleading squad, while her smaller friend Annie wants to try out for the football team. The tidy, colorful pictures suit this story about characters who find the activity that suits them best, regardless of stereotypes.”

* **Little Sure Shot: The Story of Annie Oakley**, Stephanie Spinner, Random House, 1993. Ages 6-9. “This biography introduces the fascinating character known as Annie Oakley. The chapters follow her throughout her childhood, when she learned to shoot and sold game to support her family.”

The Luckiest Girl in the World, Steven Levenkron, Penguin Group, New York, NY, 1997. Ages 12-14, 43 p., (\$9.95). Katie Roskova appears to be the luckiest girl in the world: she’s pretty, popular, an A-student at an exclusive private school and on her way to becoming a champion figure skater. But there is another Katie – the one she hides from the world – who is having trouble dealing with the mounting pressures of her life.

Michelle Kwan: Champion on Ice, Kimberly Gatto, Lerner, Minneapolis, MN, 1998. Ages 10 and up, 64 p., (\$5.95). Follow the inspirational story of her climb to the top, from winning her first competition to becoming the Olympic Festival’s youngest skating champion at age 13 to achieving her current success.

Michelle Kwan: Heart of a Champion, Michelle Kwan as told to Laura James, Scholastic, 1997. Ages 10-14, 151 p. (\$14.95). Autobiography of a champion female figure skater prior to the 1998 Olympic Games.

Mighty Jackie: The Strike-Out Queen, Marissa Moss, Paula Wiseman Books, New York, NY, 2004. Ages 5-8, 32 p. The story of the 17-year-old girl who struck out both Babe Ruth and Lou Gehrig on one fateful day, April 2, 1931.

* **Molly Maguire: Wide Receiver**, Ann Sullivan, Avon, 1992. Ages 9-11. “Molly Maguire is a fifth grader who loves to climb trees and build forts and rafts. She’d rather be throwing a football around with her neighbor, Mr. Brewer, than going to the mall with her best friend. The thorn in her happy life is Jason, the boy who sits behind her in class and teases her endlessly. An excellent runner and receiver on the recreation football team, she wins the respect of the other players, including Jason.”

My Mom is a Runner, Mary Gallapher Reimold, Abingdom Press, 1981. Ages 4-8, 32 p. The rigorous training involved in long distance running is depicted in sharp, well-reproduced color photographs of the lifestyle of a family of four. Although the mother is dedicated to the sport and works at it daily, she does not isolate herself from her husband and young sons. An interesting

variety of scenes are reinforced by a simple, straightforward text, generally limited to one or two easy-to-read sentences per page.

Nancy Lieberman: Basketball's Magic Lady, Betty M. Jones, Harvey House Publishers, New York, NY, 1980. Ages 14 and up, 74 p. Biography about the former number one draft pick of the Women's Professional Basketball League.

* **Never Say Quit**, Bill Wallace, Holiday, 1993. Ages 11-13. "Three girls and four boys, rejected from the school team for social reasons, decide to start their own team."

New Moon: Sports, Crown Books for Young Readers, 1999. Ages 8-13. 96 p., (\$9.99). A unique look at the way girls can participate in athletic activities, common myths about girls and sports, and girls' sports around the world. Exploring the variety of sports now available to them, *New Moon: Sports* discusses competition and shares first-hand accounts of winning and losing. Included are the girls' trademark poems, interviews, fascinating facts and more.

Nike is a Goddess: The History of Women in Sports, edited by Lissa Smith, Atlantic Monthly Press, 1998. 331 p. This collection of essays by women sportswriters recounts the long history of female athletes, covering sports as varied as equestrian, golf and skiing. An education in the strides women have made in the sports world, the book celebrates the legacy of women athletes through the struggles and triumphs of stars such as Jackie Joyner-Kersey, Billie Jean King and Tara Lipinski.

* **Olympic Black Women**, Martha Ward Plowden, Pelican, 1995. Ages 11-14. "A collective biography of black women who have participated in the Olympic Games."

Play Ball, Amelia Bedelia, Peggy Parish, Harper Trophy, New York, NY, 1972. New reader, 64 p., (\$3.50). The lovable, hilarious Amelia Bedelia is back, filling in for a sick player on the Grizzlies baseball team. Watch out – because nobody plays ball like Amelia Bedelia.

Play like a Girl: A Celebration of Women in Sports, Sue Macy and Jane Gottesman, Henry Holt and Company LLC, 1999. 32 p. This photographic celebration of women in sport captures professional, college, Olympic, and amateur athletes doing what they love best. Excellent-quality, full- and double-page action photographs are accompanied by excerpts from magazine articles, short stories, and fiction and nonfiction books. Macy and Gottesman include well-chosen quotes from athletes, coaches and writers.

* **Playing Marbles**, Julie Brinkloe, Morrow, 1988. Ages 3-6. "With an invitation to play marbles from a girl, three boys decide they will play a game with her in order to make her go away. It is a

pleasure to see girls challenging boys and her holding her own in a domain the boys think belongs to them.”

Pretty Good for a Girl: The Autobiography of a Snowboarding Pioneer, Tina Basich with Kathleen Gasperini, HarperEntertainment, New York, NY, 2003. 225 p., (\$15.95). Comments like "You're pretty good ... for a girl" only pushed Tina Basich harder to be the best and to prove she was more than just a token player on the slopes. Representing women everywhere, she became a snowboarding all-star, started her own signature board and clothing lines for women, founded Boarding for Breast Cancer and followed her heart, which led her on the adventure of a lifetime.

Pretty Tough, Liz Tagelaar, Razorbill, 2007. 256 p. One team, two sisters, three million reasons to hate each other, and only four months to win it all. The Brown sisters couldn't be more different, but through the course of the soccer season, they learn more about each other than they ever could have imagined. For more info, check out www.prettytough.com.

Queen Bess: Daredevil Aviator, Doris L. Rich, Smithsonian Institution Press, 1993. 172 p. Queen Bess presents the brief but intense life of Bessie Coleman, America's first African-American woman aviator. Born in 1892 in Atlanta, Texas, she became known as "Queen Bess," a barnstormer and flying-circus performer who defied the strictures of race, sex and society in pursuit of a dream. Includes 30 duotone photographs.

Queen of the Negro Leagues: Effa Manley and the Newark Eagles, James Overmyer, Scarecrow Press, Lanham, MD, 1998. Ages 14 and up, 297 p., (\$16.95). In a time when white men dominated the ranks of sports executives, Effa Manley was a trailblazer. A hard-headed businesswoman derided as a mere "glamour girl," she turned the Newark Eagles into the pride of the community.

Queen of the Scene, Queen Latifah, HarperCollins Publishers, New York, NY, 2006. Ages 4-8, 32 p. This confident, strong girl can do it all—from playing basketball, soccer, and stickball to building the best sandcastles. All children can benefit from this self-assured girl's story, told in rhyme by Grammy Award-winning artist Queen Latifah.

Race Across Alaska: First Woman to Win the Iditarod Tells Her Story, Libby Riddles and Tim Jones. Available from the National Women's History Project, Windsor, CA. Ages 14 and up. Riddles set new records for the Iditarod sled dog race, a grueling 1200 mile race across Alaska during blizzards, over mountains and in -40 degree weather. Her day-by-day account will leave you breathless!

* **Racing in Her Blood**, Millys N. Altman, Lippincott, 1980. 117 p. A high school senior with a burning desire to race must overcome her protective father's objections.

Real Fitness: 101 Games and Activities to Get Girls Going! Carol Yoshizumi, American Girl, Middleton, WI, 2006. Ages 9-12, 96 p. Full of ideas to get girls active, including playground games, how to have fun around town, water games, etc.

* **The Real Me**, Betty Miles, Knopf, 1974. Ages 9-12. “Barbara Fisher has been told she cannot enroll in tennis or Physical Education or take over her brother’s newspaper route simply because she is a girl. Barbara learns how to speak for what she believes in, without expecting everyone to agree with her.”

Red-Hot Hightops, Matt Christopher, Little, Brown and Company, Boston, MA, 1987. Ages 10-14, 148 p., (\$3.95). When Kelly Roberts plays basketball at home with her friend, Ester, she's a whiz, but as soon as she faces a crowd, she freezes. One day Kelly finds a brand-new pair of red hightops in her locker. They fit her perfectly, and whenever she wears them her teammates tell her she plays a better game. She is reluctant to believe them at first, but soon even she has to admit that the sneakers have a strange, almost overpowering, effect on her. Could the mysterious hightops somehow be hexed?

The Red Rose Crew, Daniel J. Boyne, Hyperion, 2000. 206 p. In 1975, the first U.S. national women’s crew walked out onto the world stage and shocked everyone except themselves. Ranging in age from 16 to 31, standing from five-foot-four to six-foot-one and led by prestigious Harvard coach Harry Parker, the varied personalities of these nine women are the force driving Boyne’s book as the crew competes against each other for seats in the boat and together for a world championship medal.

Ride of Your Life: A Race Car Driver’s Journey, Lyn St. James, Hyperion Press, 2002. 288 p. Forget about that wood-paneled station wagon sitting in your driveway and imagine a world in which tires are changed in less than 11 seconds and you are supposed to drive 200 mph. Follow Lyn St. James, a seven-time Indianapolis 500 driver and the first woman Indy 500 Rookie of the Year, as she speeds through the male-dominated racecar-driving world.

* **Riding for My Life, Julie Krone and Nancy Ann Richardson**, Little, Brown, 1995. Ages 12-14. “Jockey Julie Krone has excelled in a world dominated by men and become the “winningest” female jockey ever. This autobiography reveals that she has earned her success through relentless hard work and perseverance.”

The Right Moves: A Girl’s Guide to Getting Fit and Feeling Good, Tina Schwager, P.T.A., A.T., C. and Michele Schuerger, Free Spirit Publishing Inc., Minneapolis, MN, 1998. Ages 11-18, 262 262 p., (\$15.95). The benefits of good nutrition and regular exercise can last a lifetime. This upbeat, positive book encourages girls to reach their full potential by developing a healthy

self-image, eating right and becoming physically fit. Part 1, "Pump Yourself Up," helps girls boost their self-esteem, build confidence, set goals, handle puberty and pamper themselves. Part 2, "Food Is Your Fuel," focuses on diet (and diets), nutrition, "fat-free" foods and more. Part 3, "Bodies in Motion," invites girls to explore the wide world of exercise, design a personal fitness plan and gear up to get moving. Includes quizzes, quotes, facts and fun activities to guide readers along the path to total fitness, inside and out.

Rivers Running Free: Canoeing Stories by Adventurous Women, Judith Niemi and Barbara Waser, Seal Print Feminist Pub., 1987. 289 p., (\$14.95). The book is a collection of 37 first person narratives by and about women examining their relationships with the wilderness, their companions and themselves. The trips date back as far as 1905 and range all over North America, including urban adventures along the Hudson and Mississippi, and the daunting, almost heartbreaking, journeys through Labrador or down the Saskatchewan. The strikingly common threads in all these journeys are the importance of working with nature (as opposed to trying to conquer it) and the value of developing co-operative relationships with long-time friends and total strangers.

* **Run for Your Life**, Marilyn Levy, Houghton, 1996. Ages 13-14. "Based on a true story, this compelling novel follows the fate of a girls' track team at a community center in Oakland, California."

* **Ruth Marini: Dodger Ace**, Mel Cebulash, Lerner, 1983. 141 p. Ruth Marini becomes the first woman professional baseball player, advancing from the minor league to pitch for the Los Angeles Dodgers.

The Saddle Club: Wild Horses, Bonnie Bryant, Skylark Books, 1996. Ages 9-12, 131 p. (\$3.99). Lisa is enrolled in a fancy boarding school far away from her friends, the Saddle Club and her favorite horse, Prancer.

Sally Ride: Shooting for the Stars, Jane Hurwitz with Sue Hurwitz, Fawcett Columbine, 1989. Ages 9-12, 115 p., (\$4.99). Profiles the life of America's first woman astronaut to fly in space. Join Sally's astronaut training and witness her breathtaking view of earth from 184 miles out in space, while traveling at more than 17,400 miles per hour.

Sarah's Boat: A Young Girl Learns the Art of Sailing, Douglas Alvord, Tilbury House Pub., Gardiner, Maine, 1994. Young readers, 48 p., (\$16.95). Young readers will love unsinkable Sarah and share the triumph of her voyage into young adulthood. Along the way they'll learn, with Sarah, some of the basics of sailing. Sweeping full-color illustrations help tell the tale.

Shannon Miller: America's Most Decorated Gymnast, Krista Quiner, Bradford Book Company, 1997. Ages 10-14, 234 p. (\$11.95). A biography of the seven-time Olympic medalist, including photographs.

Shannon Miller: My Child, My Hero, Claudia Miller, University of Oklahoma Press, Norman, Oklahoma, 1999. Ages 14 and up, 320 p., (\$19.95). A biography of Shannon Miller by her mother. Includes photographs.

Silver Blades (series), Melissa Lowell, Skylark Books. Ages 9-12, approximately 150 p. each. The adventures of four friends and talented skaters who want to someday compete in the Olympic Games, a series that includes: *Breaking the Ice*, *Center Ice*, *The Competition*, *Going for the Gold*, *In the Spotlight*, *More than Friends*, *Natalia Comes to America*, *Now or Never*, *On the Edge*, *The Perfect Pair*, *Rinkside Romance*, *Rival Roommates*, *Rumors at the Rink*, *Skating Camp*, *A Surprise Twist* and *Wedding Secrets*.

Skye's the Limit!, Megan Shull, Pleasant Company Publishing, Middleton, WI, 2003. Ages 10 and up, 184 p., Intermediate Fiction, (\$5.95). When 12-year-old Skye O'Shea signs up for Cat Island Adventure Camp, she thinks she's in for the summer of her life. Biking around an island, sleeping under the stars and swimming in the ocean all sounds so glamorous. But soon Skye is 3,000 miles away from home, battling mammoth mountain peaks and the meanest girl she's ever met. With the help of two spunky new friends, one sweet boy and a little luck, Skye discovers she is stronger than she ever thought.

Sliding into Home, Dori Hillestad Butler, Peachtree Publishers, 2003. Ages 9-14, 218 p., (\$14.95). Thirteen-year-old Joelle Cunningham is passionate about baseball but there are strict rules that prevent her from playing on the baseball team in her town. But Joelle is determined to play and through some surprising alliances she finds a solution.

Soccer Dreams: My true adventure following the U.S. Women's National Soccer Team, as a fan and 12-year old Junior Reporter for the St. Petersburg Times during the history-making 1999 FIFA Women's World Cup! Leah Lauber, WCI Press, Florida, 2003. 94 p, (\$19.99). The 1999 Women's World Cup is widely regarded as a milestone in women's sports, and Soccer Dreams takes the reader on a journey any sports fan could only dream about - not only meeting her heroes at their finest moment, but interviewing them for one of the country's best newspapers. Leah's incredible adventure takes the reader to games, training sessions, into the locker room and under the press tent after the ultimate victory over China.

* **Soccer Game!**, Grace Maccarone, Scholastic, 1994. Ages 3-7. "A story of girls and boys playing soccer together. The pictures clearly show girls enjoying a team sport and boys treating them as full-fledged teammates and opponents."

Soccer Stars (series), Emily Costello, Skylark Books. Ages 8-12, (\$3.99). Meet the Soccer Stars, seven girls who love to play soccer! This series includes *Against the Rules*, *Best Friend Face-Off*, *Foul Play* and *On the Sidelines*. Each book contains a special soccer tip section!

Something Queer at the Ball Park, Elizabeth Levy, Delacorte Press, New York, New York, 1975. Young readers, 42 p., (\$3.50). Jill is a terrific baseball player, but slips into a slump when her lucky bat disappears. Follow her path to solving the disappearance.

Sophie Skates, Rachel Isadora, G.P. Putnam's Sons, New York, 1999. Young readers, 30 p., \$15.99. Sophie dreams of being a professional ice skater, but she knows there will be many years of hard work ahead. She takes lessons five mornings and three afternoons a week. We share this time with her as she laces up her skates and practices basics, figures and freestyle. For girls and boys who want to know about ice skating, *Sophie Skates* is a perfect introduction.

Sports Pages, Arnold Adoff, Harper & Row, 1990. A collection of poems about sports. (It's about boys' and girls' reactions and feelings during competition).

Sports Stars...Briana Scurry: Super Saver, Mark Stewart, Children's Press: Grolier Publishing Co., 1999. Ages 9-12, 48 p. A biography of Briana Scurry, top goalie for the United States women's national soccer team.

Sports Stars...Mia Hamm: Good as Gold, Mark Stewart, Children's Press: Grolier Publishing Co., 1999. Ages 9-12, 48 p. A biography of one of the top female soccer players in the world, Mia Hamm, who helped the United States win a gold medal in soccer in the 1996 Olympic Games.

Steffi Graff, Laura Hilgers, Little, Brown and Company, 200 West Street, Waltham, MA 02254, 1990. Ages 8-12. From her school days in West Germany to Centre Court at Wimbledon, here's the inspirational and exciting biography of one of today's most extraordinary athletes. Photographs.

Still Kicking: My Dramatic Journey as the First Woman to Play Division One College Football, Katie Hnida, Simon & Schuster Adult Publishing Group, 2006. This autobiography by Katie Hnida, the first woman to play and score points as a Division I football player, tells of her struggles and successes of being the only girl on the field and in the locker room. After enduring sexual torment from her teammates at the University of Colorado at Boulder, Katie struggled to find her place in the football world. Eventually Katie left Colorado and joined the University of New Mexico football team where she found success as a player and teammate. More recently

Katie has gone public with her experiences as a Colorado player and is an inspiration to female football players and victims of sexual assault everywhere.

Superwomen: 100 Women, 100 Sports, Jodi Buren, Bullfinch Press, 2004. Fabulous photos of 100 female athletes in 100 sports accompanied by autobiographical reflections, quotes and facts about each athlete. A publication of the Women's Sports Foundation.

Sister Surfer: A Woman's Guide to Surfing with Bliss and Courage, Mary Osborne and Kia Afcari, The Lyons Press, Guilford, CT, 2005. 192 p. Mary Osborne, three-time women's pro champion surfer, gives advice that can only come from someone who was raised in the ocean. With everything from why women should start surfing to what to bring to the beach, this book is a must-read for all wannabe surf girls.

* **Susan Butcher: Sled Dog Racer**, Ginger Wadsworth, Lerner, 1994. Ages 8-10. "Susan Butcher is a remarkable woman who became dominant in dogsled racing. The text touches on her background, then details the ups and downs of each race she entered."

Take Me Out to the Ballgame, Maryann Kovalski, Scholastic Inc, New York, New York, 1992. New Readers, 30 p., (\$14.95). Jenny and Joanna love baseball, and Grandma's always game for an adventure.

Taking Charge of My Mind & Body: A Girls' Guide to Outsmarting Alcohol, Drug, Smoking, and Eating Problems, Cladys Folkers, M.A., and Jeanne Engelmann, Free Spirit Publishing, Inc., Minneapolis, MN, 1997. Age 12 and up, 208 p., (\$13.95). Offers advice, with quotes from teenagers, on making appropriate choices about using alcohol and other drugs, smoking, dealing with body image and eating disorders, and other adolescent concerns.

Tara and Michelle: The Road to Gold, Wendy Daly, Random House, New York, NY, 1997. Ages 8-11, 114 p., (\$3.99). Meet Tara and Michelle, the figure skating world's reigning ice princesses!

Tara Lipinski: Triumph on Ice, Tara Lipinski as told to Emily Costello, Bantam, 1997. Ages 10-14, 116 p. (\$15.95). The autobiography of Tara Lipinski prior to her 1998 Olympic gold medal winning performance.

* **Tell Me If Lovers Are Losers**, Cynthia Voigt, Atheneum, 1982. Ages 12-14. "Set at a New England women's college in 1961, this is the story of Ann Gardner, her two freshman roommates, and their volleyball team."

* **There's a Girl in My Hammerlock**, Jerry Spinelli, Simon & Schuster, 1991. Ages 10-13. "Although Maisie tries out for the wrestling team because she has a crush on one of its members, she finds she loves wrestling."

* **Top Ten Tennis Players**, Denis J. Harrington, Enslow, 1995. Ages 9-12. "A collective biography which includes 10 top tennis legends past and present."

Tracks, Robyn Davidson, Vintage, 1995. 256 p. Tracks is the brilliantly written and frequently hilarious account of a young woman's odyssey through the deserts of Australia, with no one but her dog and four camels as companions. Davidson emerges as a heroine who combines extraordinary courage with exquisite sensitivity.

Venus and Serena: Serving from the Hip: 10 Rules for Living, Loving, and Winning, Venus Williams and Serena Williams, H. Mifflin, Boston, MA, 2005. Young Adult, (\$14.00). Venus and Serena Williams have something to say. But it isn't all about tennis. It's about life and how to play it! These superstars and super sisters share their secrets in this straight-talking smart guide.

* **Who Let Girls in the Boys' Locker Room?**, Elaine Moore, Troll, 1994. Ages 10-13. "Michelle has a great love for basketball. She has a Michael Jordan poster in her room, she plays on the community center team, and she plans to play on the junior high girls' team. Due to school budget cuts the boys' and girls' teams are forced to merge into a co-ed team."

A Whole New Ball Game: The Story of the All-American Girls Professional Baseball League, Sue Macy, Puffin Books, New York, NY, 1995. Ages 10-14, (\$4.99). During World War II, a unique group of athletes took the field – the All-American Girls Professional Baseball League. Illustrated with black and white photos.

Wilma Rudolph: Champion Athlete, Tom Biracree. Available from the National Women's History Project, Windsor, CA. Ages 8-14. Stricken with polio as a child and unable to walk until she was 11, this courageous child, with the help of her family, not only recovered fully, but also went on to win several Olympic gold medals.

Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman, Kathleen Krull, Harcourt Brace & Company, San Diego, CA, 1994. Ages 7-10, 36 p. (\$16.00). A biography of the African-American woman who overcame crippling polio as a child to become the first woman to win three gold medals in track in a single Olympic Games.

Winning Sounds Like This: A Season with the Women's Basketball Team at Gallaudet, the World's Only Deaf University, Wayne R. Coffey, Crown Publishing Group, 2002. 256 p. When a reporter asks the Division III Bisons how they played so well despite being hearing-impaired, one player replies, "We're not hearing impaired, we're deaf." Their honest and determined attitude is what defines this unique and talented team of women, who know they are anything but disabled and are determined to prove it.

Winning Ways: A Photohistory of American Women in Sports, Sue Macy, Holt, 1996. Ages 11-14, 217 p. Winning Ways is a history of women's athletics in the United States. Reading it

will make you realize how far we've come (from wearing corsets during exercise!) and yet how far we still have to go.

Winning Women: Eight Great Athletes and Their Unbeatable Stories, Fred McMane and Cathrine Wolf, a Sports Illustrated for Kids book, Bantam Books, New York, NY, 1995. Ages 8-12, 109 p. (\$3.99). The biographies of Oksana Baiul, Bonnie Blair, Gail Devers, Teresa Edwards, Steffi Graf, Julie Krone, Nancy Lopez and Shannon Miller.

Winning Women in Ice Hockey (Sport Success Series), Marlene Targ Brill, Barrons Educational Series Inc., 1999. Ages 9-12, 112 p. An overview of the history of women's ice hockey, including how the game is played, equipment used and biographies of four women players.

Women in Baseball: The Forgotten History, Gai Ingham Berlage, Greenwood Publishing Group, Incorporated, 1994. The great American pastime for women! Berlage's extensive history covers women's participation from Victorian era backyard games to Little League championships. If all you know about women playing baseball comes from watching "A League of Their Own," this one will hold quite a few surprises.

Women Who Dared, Valjean McLenighan. Available from the National Women's History Project, Windsor, CA. Ages 9-14. Exciting biographies of six women who stepped outside of "ladylike behavior" to find adventure and satisfaction in unusual careers and accomplishments. Includes Janet Guthrie, race car driver; Diana Nyad, marathon swimmer; and Annie Smith Peck, mountain climber.

You Go Girl: The Winning Way, Kim Doren and Charlie Jones, Seven Locks Press, Santa Ana, California, 2003. 202 p., (\$14.95). You Go Girl is a collection of interviews--first-person insights, thoughts and stories--with successful women in the world of sports. Athletes, coaches and sport executives talk about their lives, their passions, their goals and their disappointments, as well as their practice habits, perspectives and victories. Interviews include Evelyn Ashford, Chris Evert, Julie Foudy and Marion Jones, among others. Their stories of perseverance and meeting challenges will give great inspiration for young and mature women to excel, not just in sports, but in every aspect of their lives.

Young Amelia Earhart: A Dream to Fly, Susan Alcott, Troll Associates, 1992. New readers, 32 p., (\$2.95). A simple biography of the pilot who became the first woman to fly solo across the Atlantic Ocean.

Yours Truly, Skye O'Shea, Megan Shull, Pleasant Company Publishing, Middleton, WI, 2003. Ages 10 and up, 169 p., Intermediate Fiction, (\$5.95). Sixth-grade hockey sensation Skye O'Shea is full of wonders and worries as she walks the hallways of Lakeview Middle School.

Will she make the Ithaca Comets girls' traveling hockey team? Does her crush, Ashton, like her as much as she likes him? And just who is sending her these mysterious notes? With a little help, Skye may learn how to be a champion on and off the ice.

Zanballer, R.R. Knudson, Harper & Row, New York, NY, 1977. Ages 12 and up, (\$6.95). Zan Hagan and her friends create their own football team. The team, Catch 11, faces discrimination, hassling and heckling but manages to keep cool even when things get a bit scary. The girls learn to love the game and find success.

Zanbanger, R.R. Knudson, Harper & Row, New York, NY, 1977. Ages 12 and up, 162 p. (\$6.95). Zan Hagan manages to play successfully on the boys' high school basketball team. To do this, she first has to win a physical battle with herself by getting in shape, then a legal battle in court and finally a psychological battle against both the boys on her own team as well as the opposing teams.

Zanboomer, R.R. Knudson, Harper & Row, New York, NY, 1978. Ages 12 and up, 183 p., (\$6.95). Zan Hagan loves playing baseball but finds herself unable to play after she injures her shoulder. She turns to running as an activity and learns about the loneliness of competing without teammates. She discovers new satisfaction as she learns to exert herself for herself in running.

Zina: My Life in Women's Tennis, Zina Garrison with Doug Smith, Frog Ltd, 2000. 150 p. Before there were Serena and Venus Williams, there was Zina Garrison. A three-time Grand Slam mixed doubles champion, she writes about her struggles in tennis and in life, including her victory at Wimbledon and her battle against bulimia, all the while exhibiting her champion attitude in overcoming them.

Zina Garrison, ACE, A.P. Porter, Lerner Publications Company, 1991. 64 p., (\$4.95). The story of tennis champion Zina Garrison.