



**Better Buildings Residential Network
Peer Exchange Call Series:**
Going Deep—What Drives Deep Energy Retrofits?
January 30, 2019

Agenda and Ground Rules

- Agenda Review and Ground Rules
- Opening Poll
- Residential Network Overview and Upcoming Call Schedule
- Featured Speakers:
 - **Rebecca Olson**, Center for Energy and Environment
 - **Brennan Less**, Lawrence Berkeley National Lab
 - **Rick Wertheim**, United Way Long Island
- Open Discussion
- Closing Poll and Announcements

Ground Rules:

1. **Sales of services and commercial messages are not appropriate** during Peer Exchange Calls.
2. Calls are a safe place for discussion; **please do not attribute information to individuals** on the call.

The views expressed by speakers are their own, and do not reflect those of the Dept. of Energy.

Better Buildings Residential Network

Join the Network

Member Benefits:

- Recognition in media and publications
- Speaking opportunities
- Updates on latest trends
- Voluntary member initiatives
- One-on-One brainstorming conversations

Commitment:

- Members only need to provide *one number*: their organization's number of residential energy upgrades per year, or equivalent.

Upcoming Calls (2nd & 4th Thursdays):

- Feb 13: Comfort – The Biggest Driver of Residential Energy Efficiency
- Feb 27: Heat Pump Water Heaters – What You Need to Know Right Now
- Mar 12: The State of Gas Energy Efficiency Programs

Peer Exchange Call summaries are posted on the Better Buildings [website](#) a few weeks after the call

For more information or to join, for no cost, email

bbresidentialnetwork@ee.doe.gov, or go to energy.gov/eere/bbrn & click Join



Rebecca Olson
Center for Energy and Environment

CEE's Approach to Deeper Residential Retrofits

Rebecca Olson, Director of Residential Programs

Better Buildings Residential Network
Peer Exchange
January 30th, 2020



• Deeper Retrofit Goals

- Complete comprehensive work scope
- Focus on cost effectiveness and health and safety
- Break down barriers to completing projects
- Use qualified and results-oriented contractors



Customer Experience

Customer Journey

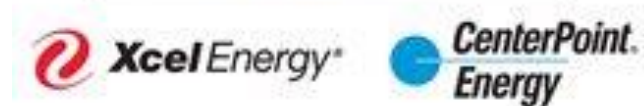


Program Process

Educate and promote	Visit type selection	Schedule customer	Complete diagnosis and installs	Create reports	Review reports with customer	Recommend projects	Engage customer	Review project scope	Schedule contractor work	Ensure rebate submission	QA and reporting
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Residential Retrofit Process

- Home Energy Squad
- Joint Gas and Electric Utility Program
 - Xcel Energy
 - Centerpoint Energy
- In over 8000 homes per year
 - Direct installation of gas and electric measures
 - Comprehensive Audits
- Action-oriented and customer-friendly report
 - Includes energy score and path



Contractor Relationships

- Trusted contractor network
 - 5 Insulation contractors
 - 2-3 HVAC contractors
- Negotiated pricing for Insulation scope
 - Keep costs transparent and consistent
- Deliver bids/scope of work at visit
 - Allows us to push for full scope of work
- CEE schedules work
 - Easy for customers
 - Helps us ensure work gets completed
- Quality Assurance on sample of jobs



Energy Advisor Service



Case Study 1:

- 1-story (rambler)
- Built in 1950
- **Score:** from 81 to 97
- **Furnace:** 80% furnace replaced with 96% Model with programmable thermostat
- **Attic Insulation:** Added R18
- **Air Sealing:** Reduced leakage by 15%
- **Water Heater:** Power vented unit installed (safe combustion)
- Home Energy Squad installed efficient lighting
- **Total Cost: \$6,000**
- **Annual Estimated Savings: \$298**
- **Payback of 20 years**
- **~20% Reduction in Usage**



ENERGY FITNESS PLAN



ACHIEVED	ACTION NEEDED by priority
Walls are fully insulated	Replace your furnace with a 96% AFUE model
Windows meet minimum efficiency standards	Air seal and insulate your attic
80% AFUE heating system	
Partial attic insulation and air sealing	

HEALTH & SAFETY

ACHIEVED	ACTION NEEDED
Adequate indoor ventilation	Have your water heater tested for combustion safety issues.

EFFICIENT PRODUCTS

ACHIEVED	ACTION NEEDED
	Install efficient lighting in 50% of rooms
	Install Programmable Thermostat

Case Study 2:

- 1.5 story
- Built in 1949
- **Score:** from 73 to 100
- **Wall Insulation:** All dense packed
- **Kneewall Insulation:** Added R25
- **Attic Insulation:** Added R45 in side attics, added R29 in peak,
- **Air Sealing:** 48% leakage reduction
- **Water Heater:** Power vented unit installed (safe combustion)
- Home Energy Squad installed efficient lighting & programmable thermostat
- **Total Cost: \$4,360**
- **Annual Estimated Savings: \$790**
- **Payback of 5.5 years**
- **~50% savings**



ENERGY FITNESS PLAN



ACHIEVED	ACTION NEEDED by priority
98% AFUE heating system	Air seal and insulate your attic
Windows meet minimum efficiency standards	Insulate your exterior walls
Partial attic insulation and air sealing	

HEALTH & SAFETY

ACHIEVED	ACTION NEEDED
Adequate indoor ventilation	Have your water heater tested for combustion safety issues

EFFICIENT PRODUCTS

ACHIEVED	ACTION NEEDED
	Install efficient lighting in 50% of fixtures
	Install Programmable Thermostat

Case Study 3:

- Split-Level
- Built in 1963
- **Score:** from 45 to 100
- **Furnace:** Replaced 70% furnace with 95% model with programmable thermostat
- **Attic Insulation:** Added R29
- **Air Sealing:** 36% air leakage reduction
- **Wall Insulation:** Dense packed exterior walls and tuck-under garage ceiling
- **Water Heater:** Power vented unit installed (safe combustion)
- Home Energy Squad installed efficient lighting
- **Total Cost: \$8,870**
- **Annual Estimated Savings: \$1,015**
- **Payback of 8.7 years**
- **~58% savings**



ENERGY FITNESS PLAN



ACHIEVED	ACTION NEEDED by priority
Windows meet minimum efficiency standards	Replace your furnace with a 95% AFUE model
Partial attic insulation and air sealing	Insulate your exterior walls and the ceiling above your tuck-under garage
	Air seal and insulate your attic

HEALTH & SAFETY

ACHIEVED	ACTION NEEDED
Water heater passed combustion safety testing	Install continuous indoor ventilation

EFFICIENT PRODUCTS

ACHIEVED	ACTION NEEDED
Programmable Thermostat	Install efficient lighting in 50% of fixtures



Brennan Less
Lawrence Berkeley National Lab

How Can We Get More Deep Energy Retrofits in the US?

2020-01-30

Brennan Less

LBNL, Residential Building Systems



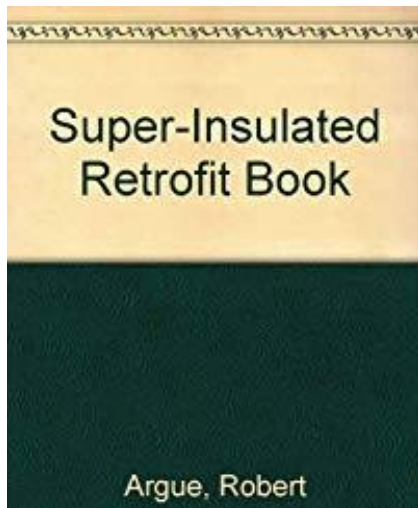
“So many more deep residential energy retrofits are occurring than we ever hoped. Savings are high, budgets are low...We are on-track!”



“So many more deep residential energy retrofits are occurring than we ever hoped. Savings are high, budgets are low...We are on-track!”

- No One Ever, PhD

- Every single country on the globe is struggling with this issue
- The problems are not technical (mostly)
- We've been doing this for >40 years



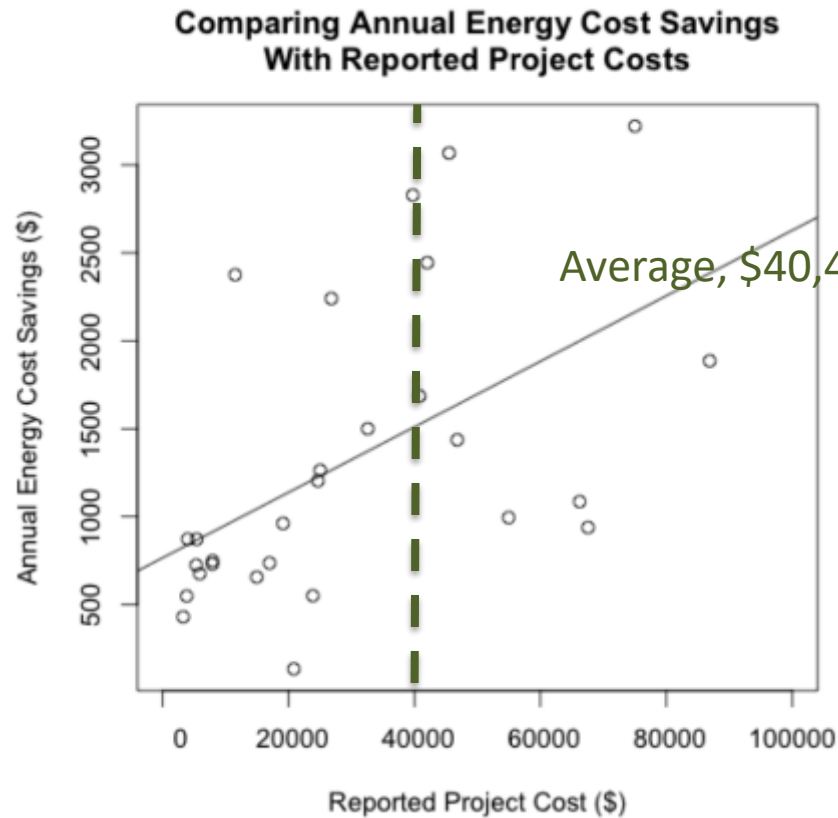
“Future DERs will need to look different than they have in (many) past demonstration projects... We are not going to be wrapping every existing home in the US with 4” of exterior insulation, air sealing them to 0.6 ACH₅₀, and custom engineering the HVAC.”

-Brennan Less (that's me)

Bottlenecks and Burdens

- High project costs
- Extended project timelines
- Disruption and inconvenience
- Complexity – too many players
- Inadequate workforce
- Information burden
- Risk of new technologies and practices (procurement, contractor, inspection, etc.)
- Financing (incentives split from homeowners and financing)
- Market valuation in real estate
- Inconsistent outcomes
- Lack of incentives commensurate with costs

Cost Burden



Many cold climate projects have reported > \$100,000

At best, a DER costs as much as a kitchen remodel...

But then you don't have a new kitchen



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Time Burden

~2 Months

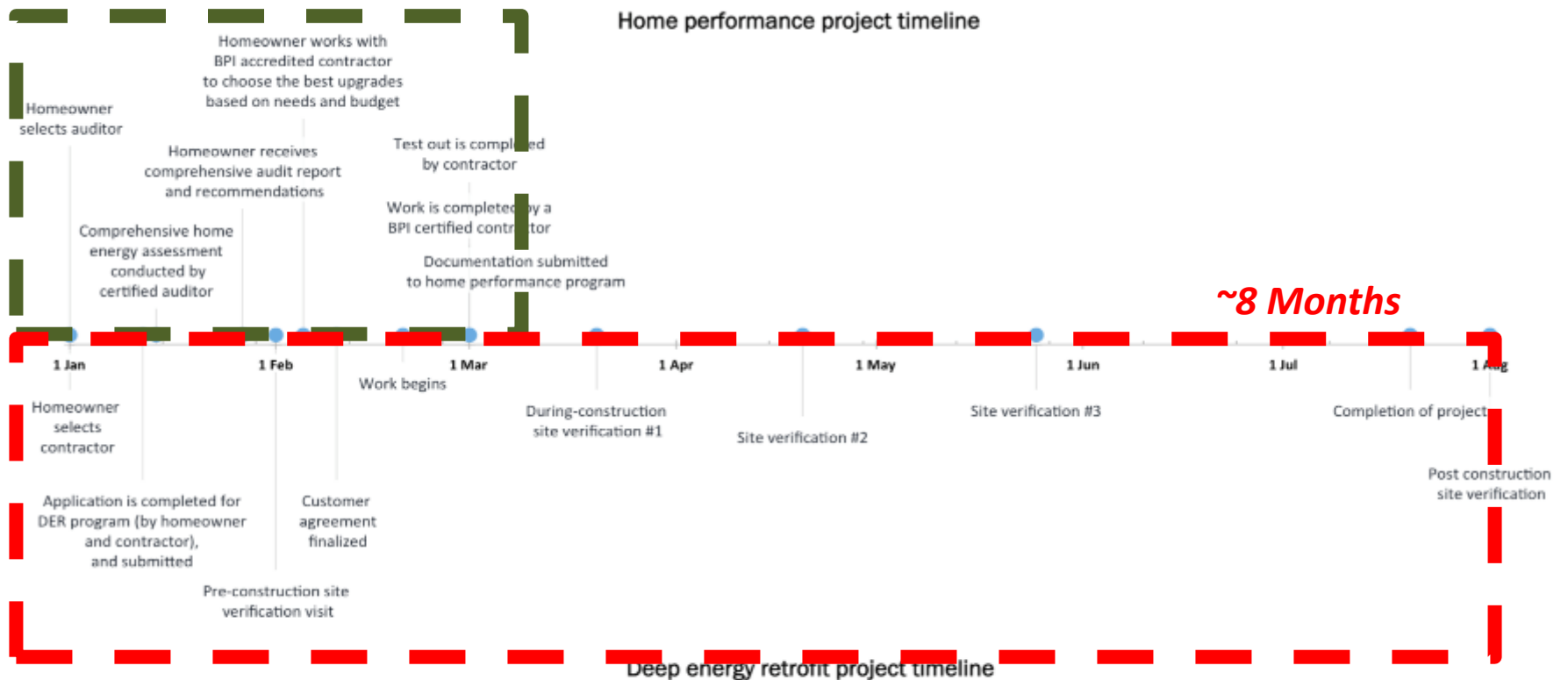
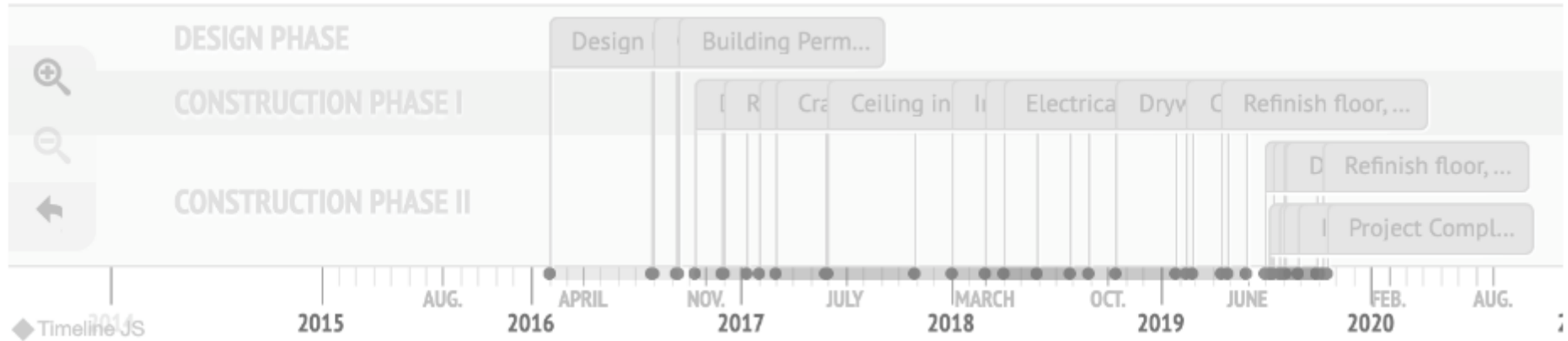



Figure 11. Home performance and deep energy retrofit program timelines. *Source:* EPA 2011, Neuhauser 2012.

Time Burden, Continued



Frugal Happy DIY DER timeline

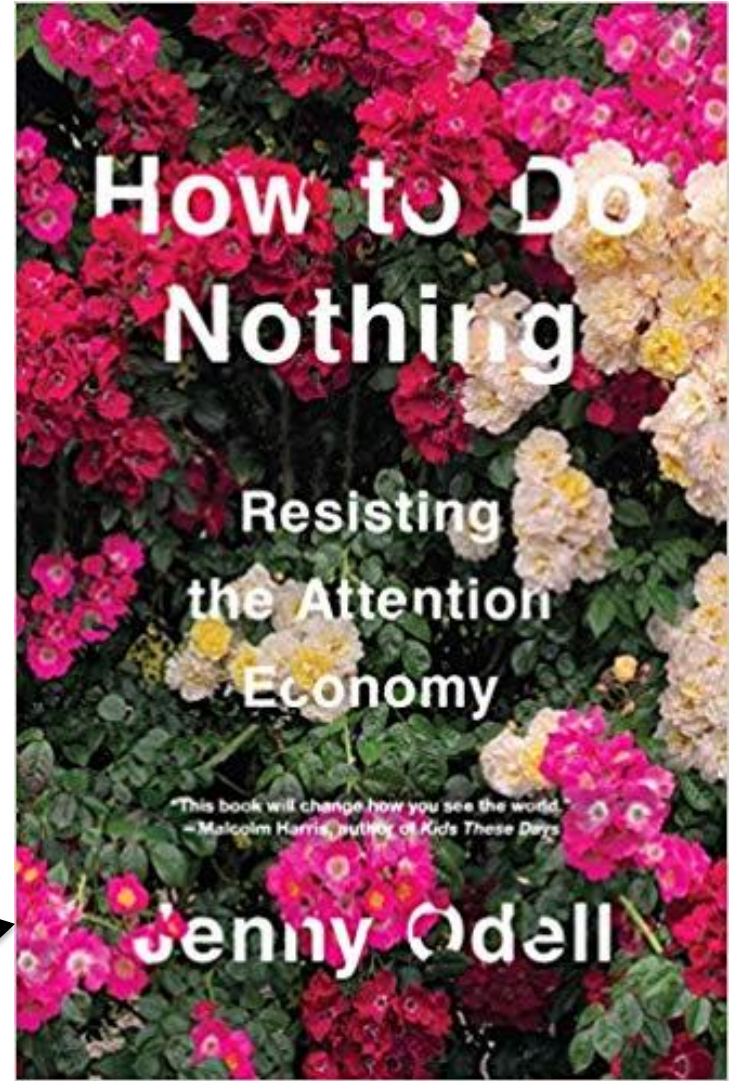
A cartoon illustration of Winnie the Pooh, a yellow bear wearing a red shirt, looking upwards with a slight smile. The background is a soft, blurred landscape with green hills and a yellow sky.

“People say nothing’s impossible,
but I do nothing everyday.”

-Winnie the Pooh



Recommended by Barack Obama!



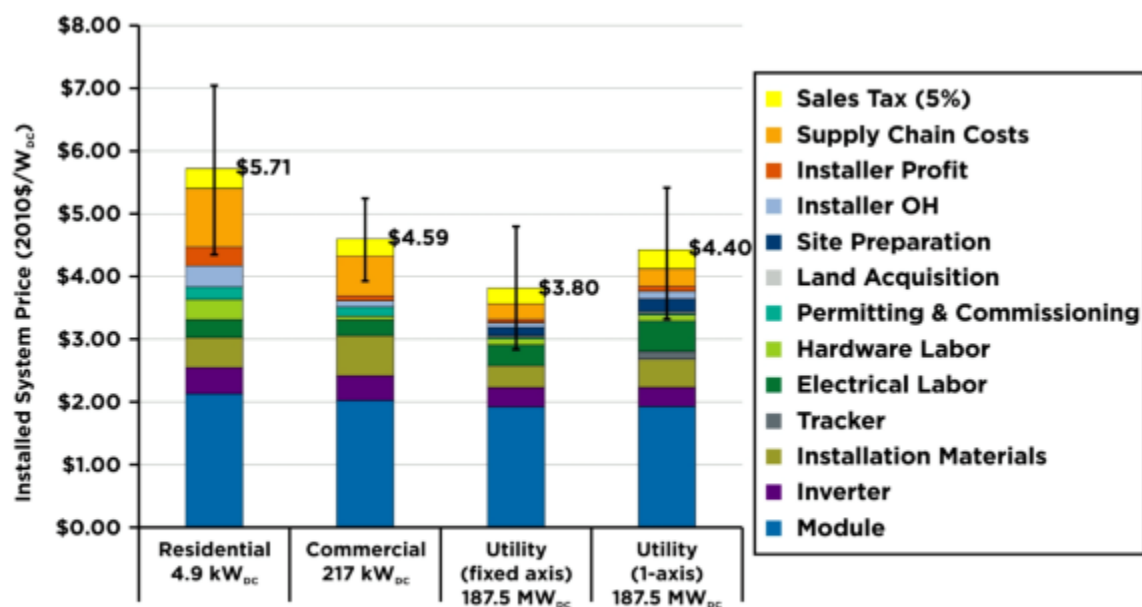
Options and Ideas Moving Forward

Options and Ideas Moving Forward

- Need to comprehensively address the actual barriers to widespread implementation of DERs
 - Make them easier, faster, more convenient, less disruptive, flexible, etc.
 - One Stop Shop program designs
 - Trigger Point program strategies
 - Time of Sale, Renovation or Energy Rate change
 - Over-time retrofits, with planning and implementation support
 - Standardized packages and approaches, NOT optimized
 - Marginal value of contractor familiarity, reliability and serviceability will outpace any marginal cost-performance benefit
 - Need to find sweet spot between Standardized and Individualized

DOE RBI Funding of DER Cost-Stacks and Research Prioritization

- Modeled on successful SunShot program by DOE
 - 75% reduction in installed PV costs
- DER work will inform targeted DER research strategy in upcoming years



Source: Goodrich et al. (2012)

DOE RBI Funding of DER Cost-Stacks and Research Prioritization

- Tasks
 - **Literature review** of US and international DER programs, market assessments
 - Develop **reproducible cost-stack methodology** to guide future research funding
 - **Create baseline cost-stacks** for present-day Deep Retrofits in the US
 - **Survey of DER contractors** and associated professionals to identify research opportunities
- May include time burdens along with costs

DOE RBI Funding of DER Cost-Stacks and Research Prioritization

- To help support DER R&D at the Federal level
- Please provide your valuable input:
- Brennan Less
 - bdless@lbl.gov
- Iain Walker
 - iswalker@lbl.gov



Options and Ideas Moving Forward, Contd

- Different types of DERs with more Consumer Benefits
 - Minimum disruption retrofit
 - Low risk retrofit
 - Smart home retrofit
 - Resilient retrofits (power outage resilience, etc.)
 - Contractor-friendly retrofit - designed around familiarity, durability, longevity
 - Current Code retrofit
 - Grid responsive retrofits
 - Water, carbon ...
- Role of PV, electrification, car charging, thermal/battery storage
 - How can we still get most (but not all) of the thermal comfort, IAQ/health, durability and other co-benefits?

European Panelized Approaches

- Energiesprong – Panelized retrofits
- Complete reskinning – best for uniformly shaped buildings
 - Integrate walls, windows, HVAC
 - Questions remain about moisture considerations
- Integrate financing, planning, contracting, etc. Simplify for owners/occupants. Make it one decision. ONE STOP SHOP.



European Panelized Approaches

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CALIFORNIA
ENERGY COMMISSION



stopanel

- Panelized retrofit activity in US
 - RMI [REALIZE](#) initiative
 - NYSERDA [RetrofitNY](#), 10-years, \$30 million
 - California, \$7.2 million to operationalize a market facilitation platform to deliver Energiesprong-type projects.



THANK YOU

- **Let us know if you want to contribute to current DOE Cost-Stack Assessment and Contractor Survey**
- Brennan Less
 - bdless@lbl.gov
- Iain Walker
 - iswalker@lbl.gov
- [Residential Building Systems Group](#)
- [Indoor Environment Group](#)



Rick Wertheim
United Way Long Island



United Way of Long Island

Deep Energy Retrofit

From the Outside – Circa 1890's Colonial

Rick Wertheim **Senior VP Housing & Green Initiatives**

“Develop Healthy, Durable Energy Efficient Housing for the Special Needs and affordable Housing Sector on Long Island, New York.”

Comfort and Health



Basic Project Parameters

1. Take an older home that uses a lot of energy and is drafty and uncomfortable and convert it into a “High Performance” Energy Efficient home with low operational costs
2. Augment existing oil fired steam boiler with cast iron radiators with new state of the art Air Source Heat Pumps
3. Produce significant Building Envelope improvements
4. ALL without disturbing the interior of the home or disruption of occupancy

Existing conditions

1. House was originally Masonry Stucco over lathe on plank skip sheathing with NO insulation and Plaster interior walls
2. Prior owner had “resided” the home with Vinyl Siding and fanfold “insulation” and re-roofed the home to attempt comfort solutions
3. Next attempt was to change out existing windows with more efficient Vinyl Replacement Windows
4. Owner after raising a family was unable to remain in the home due to his fixed income and outrageous operational costs.
5. House purchased by United Way for the Deep Energy Retrofit

Grand Winner

U.S. Dept. of Energy

“Housing Innovation Award”

Affordable Housing Category

Take our New Construction Methodology...

Apply it to a Deep Energy Retrofit!



United Way of Long Island

Suffolk County LandBank Affordable Housing | East Patchogue, NY | UnitedWayLong





*Each of the four ZERO projects will provide a key of access to a keyway "locking" them from the exterior.






PROJECT DATA

- Layout: 3 beds, 2 baths, 11,136 SF
- Climate: ICCA 4A, mixed-humid
- Completed: May 2019
- Category: affordable

MODELLED PERFORMANCE DATA

- HERS Index: without PV 57; with PV 15
- Annual Energy Costs: without PV \$1,000; with PV \$140
- Annual Energy Cost Savings: for typical new homes without PV \$18,000; with PV \$3,200
- Annual Energy Savings: without PV \$,546 kWh; with PV 2,785 kWh
- Savings in the First 30 Years: \$16,900

KEY FEATURES

- Walls: 2x6 24" o.c. advanced framing, R-31 (o.c.); 5.5" blown fiberglass; 1/2" OSB plywood sheathing; house wrap; 2" XPS board rigid foam; vinyl siding.
- Roof: Gable roof, 19" CDX plywood sheathing, underlayment, ice-and-water shield, architectural shingles with vent. Truss design has insulated chases for HVAC.
- Attic: Vented attic, 19" R-30 to R-34 blown fiberglass, trusses designed with center chases for HVAC; 2" R-14 rigid foam plus 1.5" blown fiberglass over HVAC chase; 10" rigid board trusses.
- Foundation: Insulated basement, 4" poured concrete wall, 2" xps exterior rigid foam.
- Windows: triple-pane, argon filled, low-e2, vinyl casement frames, double, 50% U-0.21.
- Air Sealing: 10 ACH 50.
- Ventilation: ERV, MERV 12 filter, whole house dehumidification, moisture and humidity sensors on spot ventilation fans.
- HVAC: ducted, multi-split heat pump, 3.0 SEER, 10.2 HSPF, rigid metal ducts.
- Hot Water: heat pump water heater, 3.4 GPH, 160-gal tankless, standing with PEX piping.
- Lighting: LED, LED, integrated lighting controls.
- Appliances: ENERGY STAR refrigerator, dish washer, and clothes washer.
- Solar: 10.4 kW PV system.
- Water Conservation: EPA WaterSense fixtures, smart irrigation, structural drainage driveway, below-grade storm drainage piping.
- Energy Management System: smart energy monitoring system, indoor air quality monitor.
- Other: electric vehicle charging station, low-4 metal deck entries, wider doors, low-to-no-VOC paints, CARB-compliant cabinets, on-site wastewater treatment.

CONTACT

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631-340-3777
neer@unitedwaylong.org



Energy Efficiency & Renewable Energy



For more information on the DOE Deep Energy Retrofit Home, visit www.energystar.gov/buildings or call 1-800-452-6040.



Plan for Retrofit

1. “Gut” the home from the outside to achieve building envelope improvements
2. Leave existing vinyl replacement windows, as they were replaced recently
3. Plan a PV solar Array for south facing renewable energy
4. Leave existing steam boiler and cast iron radiators for historical aesthetics and back-up heat
5. Install 2 separate Air Source Heat Pumps – medium static, ducted.
6. LEAVE the interior alone. Re-Paint and floor refinishing only improvements done inside

Wall Retrofit – Priority One

1. Remove Vinyl Siding
2. Chip away all of the Masonry Stucco
3. Repair any sheathing defects
4. Drill and Dense Pack with Cellulose (R-12.6)
5. “Outsulate” and provide new continuous air barrier and WRB with Zip R-Sheathing and attached 1.5” foam. (R- 6.6)
6. LEAVE the interior alone. Re-Paint and floor refinishing only improvements done inside
7. New siding to be PVC clapboard and PVC trim
8. Total R Value Wall = R-20

Shell

Remove
existing
siding



Shell

Expose
Stucco



Shell

Expose
Stucco



Shell

Expose
Stucco

Rear



Shell

Repair
Defects

Rot at
corner



Prepare for
Dense Pack



Shell

Prepare for
Dense Pack

Drilling holes

taping holes
to keep out
weather until
cavity is filled



Prepare for
Dense Pack

Rear



Install Zip R-Sheathing



Install Zip R-Sheathing



Shell

Install Zip
R-Sheathing

Rear

Starting to
tape seams



Shell

Install Zip
R-Sheathing

Details

Water table

Windows



Siding



Shell

Siding

Done



Shell

Siding

Done



Mechanical System– Heat Pump for large home?

Will this Work?

Factors that have Changed recently with Heat Pumps

Performance has SIGNIFICANTLY improved

Panasonic “*EXTERIOS*” Cold climate model data...

Panasonic

Wall Mount Heat Pumps						
Model No.	XE9SKUA			XE12SKUA		XE15SKUA
Unit Model No.	Indoor Unit	Outdoor Unit	Indoor Unit	Outdoor Unit	Indoor Unit	Outdoor Unit
	CS-XE9SKUA	CU-XE9SKUA	CS-XE12SKUA	CU-XE12SKUA	CS-XE15SKUA	CU-XE15SKUA
Performance & Electrical Ratings						
Capacity	Cooling	8,700 (2,800–12,000)		11,500 (2,800–14,000)		15,000 (3,300–19,000)
	Heating	10,900 (3,000–18,000) (10,600 at 17°F)		13,600 (3,000–23,000) (13,500 at 17°F)		18,000 (3,300–24,000) (16,500 at 17°F)
Moisture Removal	High	1.3		2.3		2.70
Dry Air Flow	High	470		520		550
SEER	Cooling	30.6		26.2		22.10
EER	Cooling	17.05		14.7		12.50
HSPF	Heating	14.0		12.5		12.00
Power Supply	V, Phase, Hz	230/208V, 1PH, 60Hz		230/208V, 1PH, 60Hz		230/208V, 1PH, 60Hz
Running Amps	Cooling	2.4 / 2.7		3.7 / 4.1		5.7 / 6.3
	Heating	3.1 / 3.5		4.4 / 4.9		5.9 / 6.7
Power Input	Cooling	510 (150–850)		780 (150–1,050)		1.20k (250–1.90k)
	Heating	670 (150–1,650)		950 (150–2,100)		1.30k (200–2.65k)
Back-up Heater	W	80		80		80
Fuse or Circuit Breaker Capacity	A	15		20		25

Factors that have Changed recently with Heat Pumps

More Manufacturers

Some Models creating **HEAT** at -15 deg. F



Factors that have Changed recently with Heat Pumps

More Configurations

Ductless



Factors that have Changed recently with Heat Pumps

Ducted



Finished Installation - Attic

Ducted with flex



Finished Installation - Attic

Ducted with flex

4- 10" ports



Open Cell SPF Foam- Attic

“Hot Roof”

Brings attic
into
conditioned
space

10” = R-34



High Performance Details added



Energy Recovering Ventilator



Lighting Controls



LED lighting

High Performance Details to be added

PV Solar will get deep energy retrofit project to “Near Zero”



PV Solar

High Performance Details added



Heat Pump Hot Water Heater

Summary

- Deep Energy Retrofits costs *SHOULD* be assessed by Life Cycle Cost savings vs. First Costs
- This project has produced over 40% energy savings based upon improvements over original condition of home
- Comfort and health have been improved **SIGNIFICANTLY**
- New detailing will lower ongoing operational and maintenance costs for a not for profit housing agency to house and run health and human services for clients
- These improvements are sustainable and buffer the agency from energy spikes

Available Programs to guide you



Thank you

Questions: rwertheim@unitedwayli.org

Invest in what matters. Changing lives where you live.

Explore the Residential Program Solution Center

Resources to help improve your program and reach energy efficiency targets:

- [Handbooks](#) - explain *why* and *how* to implement specific stages of a program.
- [Quick Answers](#) - provide answers and resources for common questions.
- [Proven Practices](#) posts - include lessons learned, examples, and helpful tips from successful programs.
- [Technology Solutions](#) **NEW!** - present resources on advanced technologies, **HVAC & Heat Pump Water Heaters**, including installation guidance, marketing strategies, & potential savings.



<https://rpssc.energy.gov>

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or future call topic ideas to:
bbresidentialnetwork@ee.doe.gov