

GoldWing Road Riders Association Region K, Chapter ON—Q Quinte Region Belleville, Ontario, Canada http://ong.regionk.ca





Chapter "ON-Q" Team

Chapter Directors

Dave & Barb Pattison (613) 961-1710

Assistant Chapter Directors

Position Vacant

Chapter Couple Of the Year

Bob & Doris Hagerman

(613-473-1842

Rider Educator

Position Vacant

Member Enhancement

Coordinator

Paul Haller

(613) 966-1805

Treasurer

Wendy McGeachy

(613) 967-1823

Social Events Planning

Barb Pattison & Judy Archbold

613-961-1710 613-969-0429

Sunshine Person

Judy Archbold

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Pins and Badaes

Andrea Randall

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Public Relations

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Motorcycle Awareness Coordinator

& Road Construction Alerts

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Newsletter Editor/Hug Collector

Terry Archbold

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Webmaster

Dave Pattison

(613) 961-1710



Wow, it's great now that summer has decided to arrive. With thoughts finally turning to rides and the nice roads we have, Barb and I hope you can take the time to participate in the upcoming Region K Rendezvous August 16th to 18th, 2013 at the Whispering Pines campground in Owen Sound. And, perhaps the Region L Rally in Summerside PEI August 1st to 4th. With these two events and so many other possibilities on our local roads we hope everyone has a safe season. We all look forward to hearing about Wing Ding from those who were able to attend in Greenville SC.

The next significant local road trip is the Observation Ride in Prince Edward County on 13 July. Email or call Terry Archbold to find out more and register for this riding event.

Sad news to share is that Sharon Craven is stepping down as Membership Enhancement Coordinator after the summer B-B-Q. Barb Pattison and Judy Archbold are stepping forward to take on the Social Events Planning and Paul Haller is taking on the role of Chapter MEC. Thank you Sharon for doing so much to keep our Chapter vibrant!!! We will miss you in this role and welcome your input and suggestions at any time.

Enjoy the July newsletter and feel free to share your articles, fresh event ideas and suggested rides to help keep it fun for everyone. Sharon Craven and Al Randall welcome your input so feel free to help keep our chapter vibrant.

We hope to see as many of you as possible on the road and at our events, as our Friends for Fun, Safety and Knowledge.

Happy riding.

Dave & Barb

Male Logic

A wife asks her husband, "Could you please go shopping for me and buy one carton of milk, and if they have avocados, get 6."

A short time later the husband comes back with 6 cartons of milk.

The wife asks him, "Why did you buy 6 cartons of milk?"

He replied. "They had avocados."





MEMBER ENHANCEMENT COORDINATOR: SHARON CRAVEN



I'd like to welcome back the members that attended the Atlantic Rally in Summerside PEI. Next year it is being held in Gander Newfoundland. That might be a trip that our chapter might like to do.

Our Rendezvous is taking place on Aug. 16th to 18th at the Whispering Pines Camp Grounds in Owen Sound. For any new members this is the Region K Rally in which Ontario, Manitoba and Quebec are all members. For those of you attending have a safe ride. Paul Haller informed the members at the Sunday Gathering that next year they are holding the Rally in Cornwall at the Nav Center. Apparently this is quite a nice place to stay, just some food for thought for next year.

I'd like to thank Al and Andrea for their Sunday ride last month. We travelled on some really beautiful roads and found out where the Petroglyph Provincial Park is located. Harold and I did the trip and went into the park last weekend. The Petroglyphs are carved on one huge almost flat rock, not on a rock wall. It is totally enclosed by a large glass building to protect it from the environment. It's quite the place to visit.

Our next event is on Saturday Aug. 24th. The Chapter Bar B Q at Jamie and Glenda's at 214 Whites Road in Brighton. Jamie is firing up his smoker and serving Ribs and some chicken. The cost is still \$5.00 per person. Bring your own drinks. They have deck chairs but not enough for everyone so you might want to bring your own. They have folding chairs that you can use if you wish. Glenda is going to supply plates and cutlery. I am going to send out an E Mail with your name and what you are bringing. If you haven't put down a food item let me know what you are bringing. The ride will leave at 10:00 am and if you are not coming until the afternoon you are welcome after 1:00 pm. Remember to pack bug spray just in case.

Our next Event is the Chapter home-made wine competition being held at our home, 222 Whites Road in Brighton. Please get designated drivers for the event. I will be giving everyone spittoons to use if you wish. I am asking for 2 btls. of each wine you put in competition. All wine that you bottle yourself is eligible for competition. We have 15 wines entering the competition and 25 people have signed up to attend. Everyone who attends will be taking part as judges this will include the competitors. It will be a blind tasting so you will not know who's wine you are tasting. The cost is \$5.00 per person and all proceeds will go to the Winners of the competition. Dinner will follow, Prime Rib and all the fixings.

Our Halloween party will be hosted by Skip and Deb Redden at 40 Kipling Drive in Belleville just north of the 401, on Saturday Oct. 26th. More information will follow at the next gathering.

Dates to remember

Aug.16th to 18th Region K Rendezvous in Owen Sound at the Whispering Pines Camp Grounds.

Aug. 24th Saturday Chapter Bar B Q hosted at Jamie and Glenda's, 214 Whites Road Brighton 10:00am for the ride or arrive after 1:00pm

Aug. 30th to Sept.02nd. Friday to Monday Terry and Judy's Weekend Get Away to Reading Pennsylvania, Meet at Denny's in Belleville @ 7:00 am

Sept. 07^{th} Saturday at 2:00 pm Wine Tasting Competition and Dinner hosted at Harold and Sharon's home, 222 Whites Rd. Brighton

Sept. 08th Sunday at 9:00am, Breakfast Gathering at Northway Restaurant

Sept. 13th Port Dover Friday the 13th

Sept. 20th, 21st. Friday and Saturday, North Bay Colour Run, Weekend Get Away.

Sept. 24th Tuesday, Dinner night out, Location to be announced

Sept. 26th to 28th Wings over North Carolina, in Concord North Carolina, Formerly known as Wings over the Smokies

Sharon

GWRRA Social Events Schedule 2013

Breakfast Gatherings are held on the 2nd Sunday of every month, excluding December.

Where: Northway Restaurant, 205 North Front St., Belleville

Time: 9:00am

July 14 th Sunday	9:00am	Breakfast Gathering, Northway Restaurant	
Aug. 1st—4th, Thurs.— Sun.		GWRRA Atlantic Rally, Summerside PEI	
Aug. 11th Sunday	9:00 am	Breakfast Gathering, Northway Restaurant	
Aug. 16—18, Fri.— Sun.		GWRRA Region K Rendezvous, Whispering Pines Campgrounds, Owen Sound.	
Aug. 24th Saturday		Chapter Bar B Q Hosted by Jamie and Glenda Scott, 214 Whites Rd. Brighton	
Sept. 08th Sunday	9:00 am	Breakfast Gathering, Northway Restaurant	
Sept. 7 th Saturday	2:00 pm	Home Made Wine Competition and tasting (Sharon & Harold Craven, 222 Whites Rd. Brighton Roast Beef dinner & Pot	
Sept. 13 th Friday		Port Dover, Friday the 13th	
Sept. 20th to 21st Fri.—Sun.		North Bay Colour-Run, Weekend get away	
Sept. 24th Tuesday	6:00 pm	Dinner Night Out (Restaurant TBA)	
Sept. 26 th to 28 th Thursday, Friday, Saturday		Wings over North Carolina, Concord, North Carolina, formerly known as Wings over The Smokies	
Oct. 13 th Sunday	9:00 am	Breakfast Gathering, Northway Restaurant	
Oct. 25 th to 27 th Fri - Sun	10:00 am	Creative Festival, Toronto International Center	
Oct. 26 th Saturday	8:00 pm	Halloween Party, (Skip & Deb Redden's, 40 Kipling Dr., Belleville)	
Oct. 29 th Tuesday	7:00 pm	Coffee Night, (Paul & Sheila Haller's, 23 Hawthorn St. Belleville)	
Nov. 10 th Sunday	9:00 am	Breakfast Gathering, Northway Restaurant	
Nov. 23 rd Saturday		Pot Luck Hors D'oeuvres Recipe Exchange, Hosted by Dave & Barb Pattison, 115 Gavey St. Belleville	
Dec. 07 th Saturday	6:00 pm	Chapter Christmas Dinner Dance @ #413 Wing Trenton,	
Dec. 13th Friday	5:30 & 8:00pm	Dinner @ 5:00pm (TBA), Empire Theatre Panto @ 8:00pm	
Dec. 14th Saturday		Chapter K Kingston Dinner Dance (Date and place TBA)	

All dates & events are subject to change. Always check the newsletter under Social Events for updates or our website. Changes are also reviewed at our Chapter Gatherings on the 2nd Sunday of the month, excluding December.



RIDER EDUCATOR: JOHN ROSS



Carrying Medical Information

To start, this article was a special request from one of our chapter members. There is a lot of discussion on carrying medical information when we ride and exactly what information to carry. I have spent some time researching this, talking with the Calabogie Motorsport Park medical team and a Renfrew county EMS team.

I also looked at a couple of motorcycle clubs and what they suggested their members carry. The Ducati Owners Club of Canada (DOCC) provides their members a card, the size of a business card with the following information. The clubs suggestion is to keep this in their riding gear.

Member Name

Membership#

Address

Telephone#

Date of Birth

Emergency Contact Name

Emergency Contact Number

OHIP#

Medical Insurance Provider

Medical Insurance Plan#

Allergies

Medications

Date of Last Tetanus

Wearing Contact Lenses Yes/No

Notes:

Pro6 Cycle has recently mandated that all those riding in track days; wear a medical card that adheres to your helmet. This is offered by a company called Medical Data Carrier

(www.medicaldatacarrier.com). The information included on this card

Name

Address

Phone#

Date of Birth

Blood Type

Sex

Organ Donor

Medication taken (e.g. Insulin)

Allergies (e.g. Penicillin)

Medical/Surgical History (e.g. Heart bypass)

Miscellaneous Info (e.g. Pacemaker)

Medical Plan#

Medical Insurance#

Emergency Contact info: (Name, Phone, Email, Relationship)

Doctor name/phone#

My discussion with the Calabogie Medical Team and Renfrew EMS found that the most important information is your name and address information, emergency contact information and your current medical status; including medications you are taking and information such as if you are wearing a pacemaker. They both indicated that Blood type would be useful, but any hospital would test your blood type, if blood products are required.

The medical teams both agreed that the best place to have this information is on your helmet. They can find it quickly without having to search in your riding gear.

So, either of the examples above are good in emergency situations, as long as Emergency Services can find it. And EMS suggests carrying this information on your helmet.

I'm not advocating Medical Data Carrier, however EMS indicates this is one of the best available.

John

Editor's Note: We'd like to thank John for stepping in and filling the breach when needed. We'll miss him and we wish him well in the future.



Pins & Badges: Andrea Randall



QUAN.	DESCRIPTION	PRICE
4	10" Griffin Crest, Red	\$11.00
4	10" Griffin Crest, Black/Gold	\$13.00
1	10" Old Style Crest, Black/Gold	\$10.00
2	4" Griffin Crest, Red	\$5.00
2	4" Griffin Crest, Black/Gold	\$5.00
2	4" Old Style Crest, Black/Gold	\$4.00
3	10" GWRRA Rocker, Black/Gold	\$5.00

QUAN.	DESCRIPTION	PRICE
2	10" Chapter ON-Q Rocker, Black/Gold	\$15.00
2	Small Upper Senior Rocker, Black/Gold	\$2.00
2	Chapter Director Rocker, Black/Gold	\$2.00
2	Operations Rocker, Black/Gold	\$2.00
3	Region K Pin, Large	\$7.50
8	Region K Pin, Small	\$6.00
Lots	Chapter Q Pin Bar	\$4.00

I have a list of what is available to order. If there is anything in particular please let me know and I will see if it is on the list.

Andrea

Heaven Bound

All arrivals in heaven have to go through a bureaucratic examination to determine whether admission will be granted. One room has a clerk who inputs computerized records of what each applicant did on his or her last day of life.

The first applicant of the day explains that his last day was not a good one "I came home early and found my wife lying naked in bed. She claimed she had just gotten out of the shower. Well, her hair was dry and I checked the shower and it was completely dry, too

I knew she was into some hanky-panky and I began to look for her lover. I went onto the balcony of our 9th floor apartment and found the SOB clinging to the rail by his finger tips. I was so angry that I began bashing his fingers with a flower pot. He let go and fell, but his fall was broken by some awnings and bushes.

On seeing he was still alive, I found super human strength to drag our antique cedar chest to the balcony and throw it over. It hit the man and killed him. At this point the stress got to me and I suffered a massive heart attack and died." The clerk thanked him and sent him on to the next office.

The second applicant said that his last day was his worst. "I was on the roof of an apartment building working on the AC equipment. I stumbled over my tools and toppled off the building. I managed to grab onto the balcony rail of a 9th floor apartment but some idiot came rushing out on the balcony and bashed my hands with a flower pot.

I fell, but hit some awnings and bushes and survived, but as I looked up I saw a huge chest falling toward me. I tried to crawl out of the way but failed and was hit and killed by the chest."

The clerk couldn't help but chuckle as he directs the man to the next room.

He is still giggling when his third customer of the day enters. He apologizes and says "I doubt that your last day was as interesting as the fellow in here just before you."

"I don't know" replies the man, "picture this, I'm buck naked hiding in this cedar chest....."



MOTORIST AWARENESS COORDINATOR: MIKE DRAKE



Hello everyone; there has been lots to do this year with riding. I know Kelly and I are looking forward to this trip to Pennsylvania.

I understand that some may be departing the day before, taking away from the total number of people leaving Fri-

We will no doubt have to be in 2 groups, depending on the final number of bikes Friday morning.

Everyone will play a part in these groups in watching what is going on around us as we travel.

Knowing the group that we are, I am confident that our ride will be a safe one.



Construction Alerts

As for construction, this is only for Cruickshank jobs we are doing; grinding & paving are still going on west bound from Odessa to Camden East exit. Work is still at night and they are usually off the 401 by 8am.

No work on the east bound side is scheduled until the west bound is complete. This is only a base coat of asphalt, we still have to put the top on! So I believe that is still going to be done at night

and I will update when I know.

Now we have assisted CoCo Paving in Centerville with redoing the main street (Cty Rd 4). They will be paving this themselves, so be aware if you ride that way this weekend or during next week.

Also, our bridge crew is currently work at St. Hiliare Rd & 401. At time of this writing, there have been NO lane closures in either direction but that will change in time.

Harold Craven advises us that reconstruction has started on highway 2 east of Brighton from the Quinte west border over to Flindall where the junk store is on the north side. There is no road just dirt and gravel. If you head north on Walt street, D.J. Whites road it is also just dirt from the Quinte west border over to Experimental Farm Road. Telephone Road is ok at the moment.

If you don't already know Highway 2 through Trenton is also messed up just on the east side of the bridge you know of any other construction, please forward these to Terry or myself and we'll get it out. Everyone ride safe and we'll see you soon.

Ride safe and see you soon!

. Mike

Church Ladies with Typewriters

The church will host an evening of fine dining, super entertainment and

gracious hostility.

Pot-luck supper Sunday at 5:00 PM - prayer and medication to follow.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

This evening at 7 PM there will be a hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.





SUNSHINE PAGE: JUDY ARCHBOLD



August is here but don't worry, there are still lots of riding days left. It sounds like everyone who went enjoyed Wing Ding and the Atlantic Rally. Apparently the lobster was delicious.

Summer must be agreeing with our members as I have heard of no problems, however I have been away so hope that all is well.

There are still lots of social events left so keep track and enjoy.

We extend congratulations to Dave Pattison as he will be heading back to college come September. Watch out for those student parties Dave!

Here's a dessert recipe to celebrate peach season.

Jude



Peaches 'n Cream Pie (from Kraft What's Cooking magazine)



Ingredients:

1½ cups finely crushed Nilla Wafers

1/3 cup butter, melted

1 pkg. (85 g) Jello Orange jelly powder

³/₄ cup boiling water

2 cups ice cubes

1½ cups thawed Cool Whip topping

1 cup chopped, peeled, fresh peaches.



Directions:

Combine crumbs with butter; press firmly onto bottom of 9" pie plate.

Stir jelly powder into boiling water until completely dissolved; add ice cubes. Stir until jelly thickens; remove any unmelted ice.

Add whipped topping; stir with wire whisk until well blended. Gently stir in peaches.

Refrigerate 15 min. to thicken, (consistency of unbeaten egg whites), so you can pile the filling high.

Spoon into crust and refrigerate 3 hours or until set.

Serves 8

Prep Time 15 min.

Total 3 hours, 30 min.



Wingin' It by Bob Hagerman



The road up to the Cumberland Gap overlook is about three miles of switch-backs where the Wing teeters for a second on the right hand turns as I grind upward in second gear. At the top we park the bike and ascend a stairway till we get to the walkway that leads to the observation deck.

Doris observes the view from the back of the platform which has been cut into the rock face. I demonstrate a higher testosterone level at the railing edge, where the vertical view of several thousand feet causes an involuntary constriction of certain muscles. From here we can see a hundred miles into Kentucky, Virginia and Tennessee, while the town of Middlesboro below looks like a finely detailed

street map. An eagle banks left and disappears around the peak. I use up the last of my film in an attempt to capture the view, but I know I will be disappointed when I see the prints, for they will not compare to the perspective seen by the eye.

The ride down is as much fun as the ride up, only with a little less tension on the inside turns. When we reach the bottom I am almost tempted to turn around and do it again. A museum is located at the base of the mountain so we spend a cool hour or so learning about the history of the area where Daniel Boone led the early settlers through the mountains into Kentucky. When we return to the Wing Doris notices that the front tire is flat. I am not surprised; I knew we would not make it home on this one.

The Honda shop in Middlesboro is only four doors from our motel. They do not have a nineteen inch tire for my bike. The parts man calls Billy-Bob down in the valley but Billy-Bob doesn't have one either. He phones the tire depot and they say they have one. I pump some more air into the tire and buzz over to the depot. Sorry, it's too wide. This is beginning to look like a problem. Back at the Motel Doris digs out the Gold Book which we have never used before. The nearest dealer listed is in Knoxville Tennessee about seventy miles south-west. We hadn't planned on Tennessee this trip but this is a good excuse. Off we go, stopping every ten miles to check the front tire. Our electric air pump comes in handy on this trip. About thirty miles down the road we come to a small town with a large HONDA sign on the front of

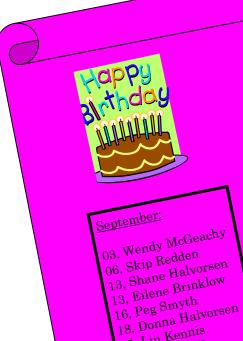
a bike shop. This place is not in the book but we may not make Knoxville so I stop to check out their tire department. We are in luck!

This is the first time anyone else has put a tire on my bike so I am a bit nervous. We watch through the glass from the showroom while the operation is performed. Then they open the doors and some young lad takes *MY MOTORCYCLE* for a burn to check out the front tire. I try to read a magazine to pass the time till he returns, but I can't help thinking about a part in "Ferris Buelers Day Off" where a couple of parking attendants take a joy-ride in his old man's Ferrari. However, a few long minute's later he returns and brings me the bill.

All of this has forced a change in our travel plans (which are tenuous at best), so we consult the map and pick a campground east of Knoxville, now to our south. There are no main roads in that direction so we head south-east into a maze of side-roads which weave through a range of low mountains. We still have a whole afternoon of riding left and much exploring to do.

I WAS ALWAYS TAUGHT TO RESPECT MY ELDERS, BUT IT KEEPS GETTING HARDER TO FIND ONE. Member's Comer





25, Lin Kennis 27, Keith Walls

Happy Anniversary

September:

07, Al & Andrea Randall 11, Les & Wendy McGeachy 13, Karl & Marilyne Hennek





Have I missed anyone? Please ensure that I have your birthday/anniversary if you'd like it to appear on this page. Send it to:

tarchbold@cogeco.ca



RIDE SCHEDULE: AL RANDALL



W/P= Weather Permitting

R/S= Rain or Shine

DATE	LEADER	DESCRIPTION	COND.
Breakfast Meetings	9:00 A.M.	2nd Sunday of each month at Northway Restaurant, N. Front St. Belleville.	W/P
Coffee Night Rides (Not Shown Below)	7:00 P.M.	Every Wednesday from Tim Horton's, Bell Blvd., (at Reid's Dairy, Belleville	W/P
Hooky Rides (Not Shown Below)	10:00 A.M.	Every <u>Thursday</u> from Tim Horton's, Bell Blvd., (at Reid's Dairy, Belleville	W/P
April 7th		Chapter Ride	W/P
April 14th		Gathering & Ride	W/P
May 4th	Dave Pattison	PLP 400 Sidney St. Trenton 9am	W/P
May 12th		Ride, no gathering this month	W/P
May 25th	Mike Drake	Motorcycle Awareness Course Location TBA	W/P
June 4/8th		Americade, Lake George. New York	
June 9th	Paul Haller	Gathering & Ride	W/P
June 22nd	Terry Archbold	Observation Ride in the County	W/P
July 3/6th		GWRRA Wing Ding. Greenville.SC	
July 14th	Harold Craven	Gathering & Ride	W/P
July21st	Al Randall	Lift Lock Peterborough & Kawarthas	W/P
Aug. 1st/4th		GWRRA Atlantic Rally Summerside PEI	
Aug 11th		Gathering & Ride	W/P
Aug 16th-18		GWRRA Region K Rally (Owen Sound) @ Whispering Pines Camp Grounds	
Aug 24	Dave Pattison	Chapter BBQ Hosted by Jamie and Glenda	W/P
Aug 30- Sept 2	Terry Archbold	Weekend Get-away. Lancaster City, PA	W/P
Sept 8		Gathering Ride	W/P
Sept 13		Port Dover Ride	W/P
Sept 20-21		North Bay Colour Run	W/P
Oct 13		Gathering & Ride	W/P

Ride planners & leaders are needed for those rides that have not yet been planned.

Chapter rides after breakfast will not proceed in rainy weather.

Wing Ding 36

I'm told that next year's event will be held in Madison WI.

If you plan to attend, book early. I'm advised that several of our members have already booked their rooms and registered as well.



EVENT NOTICES FOLLOW

Please check the following pages for events that you'd like to attend and copy or print the information that you require.

A Note To Our Readers:

This newsletter is sent to all Chapter members as well as to other Chapters and members of GWRRA. This list includes several members who do not participate in Chapter activities for one reason or another. With that in mind we would ask that should you not wish to continue receiving this newsletter, you contact the editor, Terry Archbold, at tarchbold@oqeco.ca to unsubscribe.

Pennsylvania Dutch Country Get-Away

Aug. 30—Sept. 2, 2013





Our Hotel

Comfort Inn 2200 Stacy Dr., 5th. St. Hwy. Reading, PA, 19605 **610-371-0500**

A block of 15 rooms has been set aside until June with a rate of \$89.99 (+tax) per night and a Hospitality Room will be included.

Please call to reserve your room quoting GOLDWING ROAD RIDERS for the guaranteed rate.

The hotel offers a free Continental Breakfast, WIFI, refrigerator, & microwave in each room.

The cost, if any, for the Hospitality Room will be equally shared by all participants.

Destination Shopping

Welcome to Reading's own VF Outlet Center conveniently located at 801 Hill Ave. For first-quality name brands at discounted prices, it's where savvy shoppers enjoy serious savings. Nowhere else in South-eastern Pennsylvania will you find our unique combination of brand-name retailers, plus the legendary VF Outlet store.

From fashions to luggage to housewares to tools to books to electronics, you'll get more for your money on the brands you love at VF Outlet Center. But we're more than retail therapy.

With on-premise special events, and Reading's nearby attractions, entertainment and recreational areas, the VF Center is one of the region's premier destinations. So check our schedule, bring the family and make a memorable day of it.

Daniel Boone Homestead (www.danielboonehomestead.org)

The Daniel Boone Homestead (400 Daniel Boone Rd., Birdsboro, PA) is a historical site that tells the story of Daniel Boone's youth in Pennsylvania's Oley Valley and illuminates the daily lives of the region's 18th-century settlers through the eyes of the Boone, Maugridge and DeTurk families who occupied the site. Discover this diverse region that impacted Daniel Boone's life and Pennsylvania's history.



The Reading Pagoda

(www.readingpagoda.com)

The Pagoda located atop Mt. Penn, (at 98 Duryea Dr.), is an historical landmark that has served as a shining bea-

con for Greater Reading for more than 100 years. It is owned, loved, and cared for by the citizens of Reading, PA. Visitors from around the world come to see the Pagoda. This out-of-place, yet extraordinary building has an unforgettable view and is a comforting sight for many, especially the red glow of lights at night.

To generations of residents, the Pagoda is a sure sign of home.



Located in a late Victorian period freight station on Platform One of Rolling Stock Hall, this facility complements the nearby Steinman Station as part of a 1910 era exhibit area.



The museum is located at 300 Gap Rd., Ronks, PA.



A Dash of Heritage with a Pinch of Flair

Many folks are drawn to Lancaster County for our Amish community, but

soon discover and enjoy all the other things to see and do when they visit Pennsylvania Dutch Country.

Escape from the stress of a fast-paced life and linger where there's no fast lane. Explore our unique small towns & villages. Tucked into rolling Amish farmland are some of this country's oldest towns and villages. Each one has a story of its own, history carved into the restored buildings, churches, museums and attractions found in

quaint downtowns.

Ale Trail



Pennsylvania is home to more than 50 microbreweries and has more operating regional breweries than any other state. In PA Dutch Country, old German influences and creative personalities have blended to make special microbrews you won't find anywhere else. Visit these local breweries and brewpubs and experience

beers and ales with tons of Pennsylvania Dutch flair.

Water & Winery Trail



Visit local markets and sample wines grown along the banks of the mighty Susquehanna River.

PA Dutch Dining

The names alone often get a second glance - dried corn, whoopie pies, schnitz und knepp - but these unusual delicacies are an everyday affair in Pennsylvania Dutch Country. Made from scratch with tender lov-



ing care, treats like apple dumplings and shoofly pie are staples in local bakeries, and no Pennsylvania Dutch restaurant is complete without an offer of chicken pot pie and a side of chow chow.

Visitors to Lancaster, PA can sample these and other homemade Pennsylvania Dutch favourites to get a taste of the cooking traditions passed from generation to generation – and kitchen to kitchen – among the locals of Lancaster County.

Sweet & Salty Trail

Explore quaint towns and villages while tasting the foods that have made Lancaster County famous. If you get to Blue Ball, move on to Bird-In-Hand. If you then go on to Intercourse, you might find Paradise just down the road.





Please refer to the website at www.padutchcountry.com for a

We'll meet at Denny's Restaurant, by Quinte Mall for breakfast at 7:00 If anyone is éoiné but not travelliné with the éroup please let me know AM for an 8 AM departure. so that we won't be waiting for you. Thanx, Terry

<u>Central Canada</u> <u>Region K Rendezvous 2013</u>

Friday August 16 (3:00 p.m.) to Sunday August 18, 2013

Whispering Pines Campground 719601 Hwy. 6, Hepworth, ON N0H 1P0 http://www.campontario.net/



Chapter ON-0, Owen Sound, is pleased to host this year's Rendezvous.

Join us in beautiful Bruce County for some scenic self-guided tours, along with fun with other GW members during our Chapter Challenge, Couple of the Year, Door Prizes, Raffles and Share the Wealth. The Tall Ships and Summerfolk Music Festival are also in Owen Sound this weekend (http://www.owensound.ca/events).

Due to space limitations, all participants must pre-register by August 2, 2013.

Register by July 15 to receive early bird pricing.

	Quantity	Until July 15	July 16 - Aug. 2	Total
GWRRA members		\$25.00	\$35.00	\$
Non-members		\$35.00	\$40.00	\$
Children (12-18)		\$10.00	\$15.00	\$
Camping at group site* (per tent)	1 night 2 nights	\$10.00 \$15.00	\$15.00 \$20.00	\$
Saturday night meal		\$20.00	\$20.00	\$
Vegetarian option		\$20.00	\$20.00	\$
Sunday breakfast	-	\$10.00	\$10.00	\$
			Total	\$

^{*}Group camping site does not include services. Campsites in the main camping area with services are available at an extra charge – please make reservations directly with Whispering Pines Campground at http://www.campontario.net/ or call 519-935-2571 for sites with services.

Please make cheques payable and mail to: GWRRA Region K 1315 Sherwood Court Burlington, ON L7M 1C8

Rider's Name	Co-Ride	r's Name
GWRRA Membership Number		Chapter Affiliation
Address	City	Postal Code
**E-mail		Distance to Rally

^{**}Confirmation of registration will be e-mailed upon receipt.

Local Motels:

(Book early, as there are a limited number of rooms available at each motel)

Shenstone Motor Inn, Highway 6, north of Hepworth (1-888-353-0931) - 14 rooms www.shenstone.ca

Double - \$85 (includes tax)

Top Notch Motel, Highway 6, Wiarton (1-800-840-7722) - 15 rooms www.highwayresorts.com/tn/
Double - \$84.75 (includes tax)

Wiarton Willy's Inn, Highway 6, Wiarton www.wiartonwillys.com (1-888-534-3907) Hotel closed until April 15

Additional motels and hotels are available in Owen Sound and Sauble Beach - book early!

Contacts:

For more information about this year's Rendezvous, please contact:

Bob & Carolyn Pinet Drew & Jeanette Ferguson bpinet@sympatico.ca

905-336-6166

dferguson@bmts.com

519-371-0498

Please note that Hwy. 6 will be under construction from Owen Sound to Hepworth this summer. Alternate routes will be e-mailed to registered participants and posted on-line for your convenience.

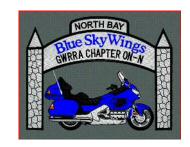
All participants must sign the following waiver form.

I/We agree to conform to and comply with the ideals governing this event, and I/we further agree to hold harmless GWRRA, co-sponsoring organizations or any property owner(s) for any loss or injury to self or property in which I/we may become involved by reason of participation in this event. I/We also agree to assume responsibility for any property I/we knowingly damage. I/We have read this entire form.

Rider:	Co-Rider:
Print Name:	Print Name:
Signature:	Signature:
Other Participant:	
Print Name:	
Signature:	



Chapter ON-N Blue Sky Wings



COLOUR RUN

The Blue Sky Wings are deep in the planning stages of another great COLOUR RUN September 20-21, 2013.

We would like to take a minute to remind our Chapter Members and the members of all other Chapters of the following incentives of sending in your registration early:

Early Bird Registration: Register by August 24, 2013 and be entered into a draw for 1 free night's accommodation at the Best Western, courtesy of The Best Western.

For registrants not part of Chapter ON-N:

Registrants travelling more than 200 KM (will be verified by home address) will be entered in a draw to win a \$400 prepaid credit card courtesy of Performance Auto and Tire Service.

In addition, any registrants, not part of Chapter ON-N, who register prior to the Early Bird dead line, will also be entered into the draw for the \$400 prepaid credit card.

Friday night: Casino Fun Night, pizza and wings dinner. Saturday: several guided area tours, fun games, socializing, Silent Auction, buffet dinner, Share the Wealth, our famous Toonie Auction, draws, music and dancing, and much more.

We also would like to find out if any registrants are interested in a planned pampering outing. We are looking at arranging a trip to a day spa setting where you could have a facial, manicure, pedicure, massage, waxing, etc. It is VERY important that we receive your feedback on this new offering. If we have enough interest, we will book well in advance. Please contact ericaweegar@on.aibn.com directly regarding interest.

Mark your calendars for this last run of the year.

The Blue Sky Wings **COLOUR RUN** team.



GWRRA Chapter ON-N Fall Colour Run 2013



September 20-21— North Bay, Ontario Colour Run will be held at the **BEST WESTERN** 700 Lakeshore Dr, North Bay, ON P1A 2G4

	Registration For	rm		
Rider's Last Name	Rider's First Name	GWRRA#	Exp Date	
Co-Rider's Last Name	Co-Rider's First Name	GWRRA#	Exp Date	
Address				
City		Province/State	Postal/Zip	
Home Phone Number	Emergency Phone Number	Email (for confirmation)		
Chapter Affiliation				
I/We agree to confirm and to co organizations or any property or in this event. I/We also agree to for GWRRA purposes. I/We ha	gn the following waiver form to p mply with the ideals governing this event, and la wner(s) for any loss or injury to self or property i assume responsibility for any property I/We know eve read this entire form.	We further agree to hold harmless (n which I/We may become involved	by reason of participation	
Rider (Print)		Rider (Signature)	Rider (Signature)	
Co-Rider (Print)		Co-Rider (Signature)	Co-Rider (Signature)	
100 1100 1100	Register by August 24th, 2013 to qu \$95.00 for two double beds or one sponsored by the Best We	queen. \$119.00 for a king s	THE TOTAL CO. L. C.	
sauna Visit their website at <u>http</u>	tern boasts - a secured compound for your and Jacuzzi and a bike washing area (rags ://www.bestwesternnorthbay.com/ y Wings Colour Run and room reserva	s provided) - ALL ON SITE 1-877-784-6835. A block of roon	ns has been	
	ive Band on Saturday Night, Gar			
and we will once again have the Toonie Auction REMEMBER TO BRING YOUR TOONIES				
	Event Registration Fee: \$25.00 per ay night – Pizza & Wings \$15.00 / person day night Buffet Dinner - \$30.00 / person	n (HST & Gratuities INCLUDED		
For more info	For more information, please contact – Roger Malette – H: 705-474-3255 C: 705-471-2831			

Friends For Fun, Safety and Knowledge

Colour Run 2013 Chapter ON-N

Please send Registration Forms and cheques along with the signed Waiver Form to Roger Malette 21 Belleview Cr. North Bay ON P1B 8V2

Cheques must be made out to "GWRRA Chapter ON-N" and received by August 24th, 2013

(6)		Total
Event Registration Fee \$25.00 / bike or couple	x \$25.00	\$
Friday night - Pizza & Wings \$15.00 / person	x \$15.00	\$
Saturday night Buffet Dinner \$30.00 / person	x \$30.00	\$
Total Amount for Registration Enclosed		\$
		All of the second secon

Register by August 24th, 2013 to qualify for a chance to win one night's free accommodation (\$95.00 for two double beds or \$119.00 for a king size bed)

Sponsored by the Best Western.

Winner will be announced at the Saturday night dinner buffet.

Last Name	First Name	GWRRA#



GWRRA COLOUR RUN North Bay (Chapter ON-N) September 20-21, 2013

Last Run of the Season
Park and Play at the Colour Run

The Best Western

http://www.bestwesternnorthbay.com/

700 Lakeshore Dr, North Bay, ON P1A 2G4 Local 705-474-5800 Toll Free 1-800-461-6199

Book your room directly with the Best Western and specify:

"Blue Sky Wings Colour Run"

Rooms: \$95.00 for 1 queen size bed or 2 Double beds: / \$119.00 for 1 King size bed.

Reservations must be made by August 30th, 2013.

Check out your chance to win one night's free accommodations compliments of Best Western

Event Registration Fee - \$25.00/bike or couple

Friday Night Extravaganza (6:00 pm start) Free Casino Social Evening With Door Prizes. Light Supper Available 6:00 pm-8:00pm (if arriving late, please let us know)

(Pizza & Wings-\$15.00/person)

Saturday - Two Guided Tours (Departure times to be determined)
Texas Horseshoes and other Games

Saturday Night Buffet Dinner & Live Band) - \$30.00/person (5:30 pm) (HST & Gratuities INCLUDED)

3 Choices of Salads, Hot items, Desserts, Coffee/Tea

Plus our Famous Paper Bag and Toonie Auction and Draw

Sunday Morning Get Together for Breakfast Buffet \$10.95 + HST & Gratuities

MARK YOUR CALENDAR NOW September 20-21, 2013



For more information and if you have special dietary requirements (i.e. Gluten free, Vegan, Vegetarian) please contact Erica Weegar at (w)705-472-4770 (h) 705-476-5975 or performanceauto@on.aibn.com