

GOVERNMENT COLLEGE OF NURSING

MEDICAL COLLEGE
THIRUVANANTHAPURAM-695011

NURSING
MEDICAL COLLEGE
TVPN-11

COLLEGE OF NURSING

CALENDAR 2018-2019

പരിസ്ഥിതി സംരക്ഷണം

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OF NURSING
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CALENDAR 2018-2019

PERSONAL MEMORANDA

Name :

Address (Off) :

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(Res) :

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Telephone No. (Off):(Res):.....

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Guardian's Address and Phone Number

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Blood Group.....

**GOVERNMENT COLLEGE
OF NURSING
MEDICAL COLLEGE
THIRUVANANTHAPURAM-695011**

CALENDAR 2018-2019

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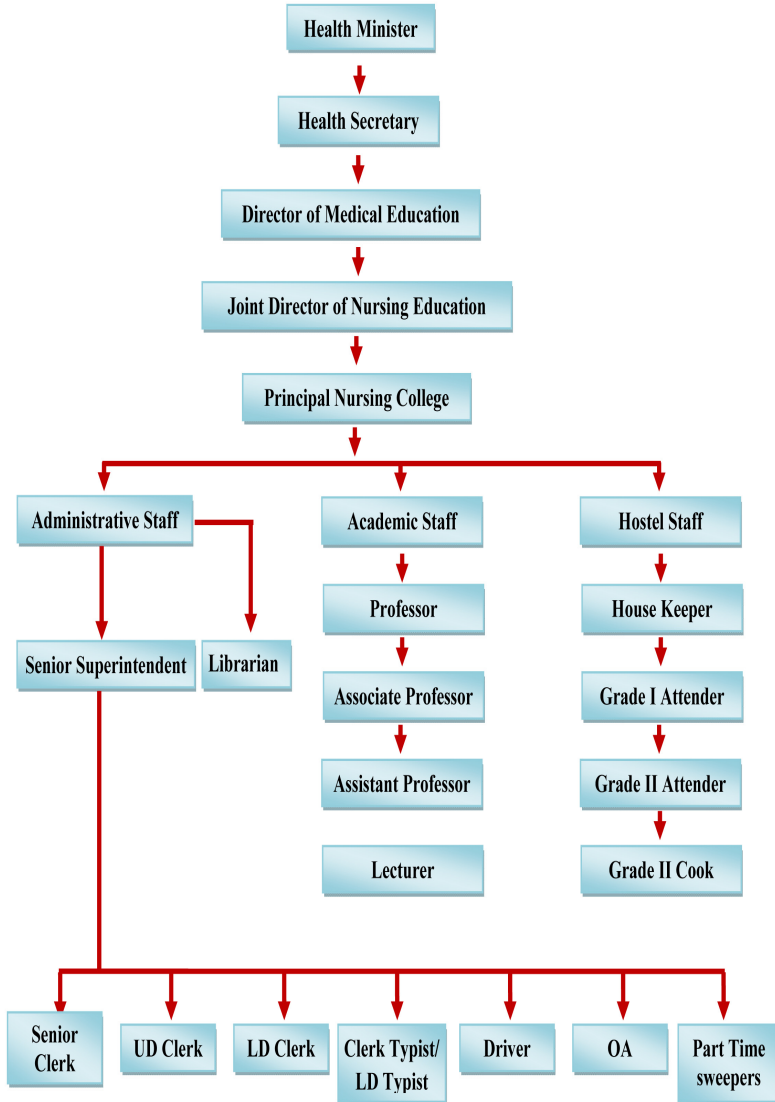
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Prof. NIRMALA L
Principal
Govt. College of Nursing
Thiruvananthapuram

ORGANIZATION CHART



GOVERNMENT COLLEGE OF NURSING, THIRUVANANTHAPURAM

History & Development

Government College of Nursing Thiruvananthapuram is the pioneer institution of Nursing Education in Kerala, which prepares different levels of professionals who are equipped to face all challenges in the profession of nursing. This pioneer institution has many firsts in its credit. This is the first institution in the state to start BSc Nursing and MSc Nursing and is now a known PhD study centre. The college caters to General nursing and midwifery students, graduates and post graduates in nursing, who are now successful professionals in all parts of globe, bringing glory to their Alma Mater.

Milestones

- 1943** - Started School of Nursing attached to General Hospital, Thiruvananthapuram.
- 1954** - School of Nursing shifted to Medical College campus
- 1960** - Diploma programme in Teaching and Administration of 11 months duration started at University level with an annual intake of 10 students.
- 1963** - School of Nursing upgraded to College of Nursing with the starting of Post Basic B Sc. Nursing for diploma nurses which was the first of its kind in South East Asia.

- 1972** - Four year Degree Programme in Nursing (B Sc. Nursing) was started under Kerala University with an annual intake of 25 students on merit basis
- The present college building was inaugurated on 12th April 1972 by Dr. K. Balaraman Nair, the then Director of Health Services.
- 1983** - Admission to B Sc. Nursing programme was made through common Medical and Engineering Entrance Examination of Kerala with 25 annual admissions, out of which 3 seats were reserved for male candidates.
- 1987** - Started Post Graduation Programme in Nursing, (M Sc. Nursing) in Medical Surgical Nursing specialty with an annual intake of four students and selection was based on merit.
- 1990** - M Sc. Nursing admission was made through Entrance Examination
- 1992** - B Sc. Nursing seat enhanced from 25 to 50 with 6 seats for boys
- 1996** - Post Graduation Programme in 3 more Nursing specialties (Child Health Nursing, Obstetrics & Gynecological Nursing & Community Health Nursing) started with 4 students in each.
- 1998** - Manpower Empowerment in Trauma Care in co-operation with Loma Linda University, USA was initiated.
- Started admission of male candidates to GNM Programme with intake of 3 students.

- 1999** - Global Health Exchange Programme in Nursing with Karolinska Institute, Sweden started
- 2002** - Admission to B Sc. Nursing was made equal for boys and girls.
- Faculty Exchange Programme under Linnaeus Palme (LPE) started with Karolinska University, Sweden.
 - Annual Intake of B Sc. Nursing Students was enhanced from 50 to 60.
 - New syllabus for B Sc. Nursing programme implemented with four year course and one year compulsory nursing service.
- 2004** - GNM Programme - Male candidates' seat was enhanced from 3 to 6.
- 2005** - College of Nursing was recognized as study centre for PhD in Nursing as part of National Consortium and Indian Nursing Council.
- M Sc. Nursing seat enhanced from 16 to 28.
 - New Syllabus for GNM programme (3 ½ years including 6 months internship) implemented.
- 2006** - Faculty appointment made through Kerala Public Service Commission
- Two Faculty and Three M Sc. Nursing Students visited Karolinska University, Stockholm, Sweden, as part of Linnaeus Palme Programme.
 - One crore rupees was sanctioned under PMSSY Scheme for construction of PG Block.

- 2007** - College Website Launched.
- 2008** - Annual intake of B Sc. Nursing Students was enhanced from 60 to 75.
- College of Nursing recognized as Research Centre under University of Kerala.
- 2010** - Post Basic B Sc. Nursing Programme restarted (seats - 30).
- B Sc. Nursing, Post Basic B Sc. Nursing & M Sc. Nursing programme affiliated to Kerala University of Health Sciences (KUHS).
- 2011** - One year Post Basic Diploma in Speciality Nursing programme started in four specialities, viz; Critical Care Nursing, Oncology Nursing, Nurse Midwifery Practitioner and Emergency and Disaster Nursing.
- 2014** - A mutual recognition agreement (MRA) was made between Singapore Government and Government of India which recognized this college as an Institution of Higher Learning in Nursing Education along with three more prestigious institutions in India.
- 2015** - Syllabus for GNM course was amended. Duration of course was shortened to 3 years.
- Exchange programme in Nursing with West Chester University, Pennsylvania, USA, commenced.
- 2016** - Revised syllabus for BSc Nursing (KUHS) implemented.
- Drawing and dispersing authority of the institution has been vested up on to Senior Superintendent.
 - Admission for students from Jammu & Kashmir started under Prime Ministers scholarship scheme.

2017 - College website is modified as www.gcnt.kerala.gov.in

2018 - Institution is proposed for recognition as centre for valuation camp under Kerala University of Health Sciences.

Philosophy

Nursing is a profession with continuous growth and expansion of knowledge. The faculty, College of Nursing believes that nursing is a scientific problem solving process based on the holistic concept of health care, directed towards rendering quality care to the patients with commitment and compassion. The professional nurse has a major role in the promotion of health, prevention of illness and rehabilitation of the individuals, families and community. The qualified graduates of nursing programme are equipped with basic knowledge, beginning skill and right attitude to function as a care provider, educator and manager in a variety of settings. We also believe that the nursing education contributes to the development of the student as an individual, citizen and a prospective member of the profession who will uphold the dignity of the profession

Administration

Govt. College of Nursing, Thiruvananthapuram is a full-fledged institution under the Directorate of Medical Education. The Principal is the Administrative head of College of Nursing who is responsible to the Director of Medical Education and Joint Director of Nursing Education. The administration and internal management of the college is vested on the Principal. The Principal is assisted by the Vice Principal, Professors and the office staff in the administration of college.

The faculty position is as follows:

Designation	Sanctioned Strength
Principal	1
Professors	2
Associate Professors	7
Assistant Professors	25
Lecturer	1

Office Staff

1. Senior Superintendent	1
2. Senior Clerk/ Clerk	6
3. Clerk Typist	1
4. Typist selection grade	1
5. Office Attendant	3
6. Librarian	1
7. JLA	1
8. Driver	2
9. Housekeeper	2
10. Hospital attendant Gr. I	3
11. Hospital attendant Gr. II	11
12. Cook	6
13. Part - time sweepers	6

COURSES OFFERED

1. M Sc. Nursing

- The candidate should be a Registered Nurse and Registered Midwife with Kerala Nurses and Midwives Council.

- The minimum educational requirement is the passing of regular degree course in Nursing – (B Sc. Nursing / B Sc. (Hons). Nursing / Post Basic B Sc. Nursing), with minimum of 55% aggregate marks, in an institution which is recognized by Indian Nursing Council.
- Minimum one year of experience after Basic B.Sc. Nursing. One year compulsory nursing service/internship after successful completion of four year B Sc. Nursing can be considered as experience.
- Minimum one year of experience prior or after regular Post Basic BSc. Nursing.
- Candidate should be medically fit.
- The duration of course is 2 years.
- Selection of candidates is based on the entrance examination conducted by Commissioner of Entrance Examinations, Kerala
- There are four Nursing specialties with 8 seats each for medical- surgical nursing, child health nursing and community health nursing and 4 seats for obstetrics and gynaecological nursing, with total annual admission of 28 students.
- On completion of the course one year bonded obligation to work as Junior Lecturer in the institution is available.

2. B Sc. Nursing

- The minimum age for admission is 17 years.
- The minimum educational requirements is the passing of:
- Higher Secondary School Certificate Examination (12 years course), Or Senior School

- Certificate Examination (10+2), Pre-Degree Examination (10+2), or an equivalent with 12 years
- Schooling from a recognized board or university with science (Physics, Chemistry, Biology) and English with minimum of 50% aggregate marks.(as per INC norms)
- Candidate should be medically fit.
- Duration of the programme is four years. On completion of course one year compulsory nursing service in the affiliated institution is given which is considered as clinical experience.
- Admission is given for 75 students annually.

3. Post Basic B Sc. Nursing

- The minimum educational requirement is a certificate in General Nursing and Midwifery and registered as RNRM with the State Nurses Registration Council.
- Candidates should be medically fit.
- The duration of course is 2 years.
- Admission is given for 30 students annually.

3. General Nursing & Midwifery

- The minimum and maximum age for admission is 17 and 35 years respectively. There is no age bar for ANM/LHV.
- Minimum education qualification:
- 10+2 class passed preferably Science (PCB) & English with aggregate of 40% marks.
- 10+2 in Arts (Mathematics, Biotechnology, Economics, Political Science, History, Geography, Business Studies,

Accountancy, Home Science, Sociology, Psychology, and Philosophy) and English Core/English Elective or Health care Science - Vocational stream ONLY, passing out from recognized Board under AISSCE/CBSE/ ICSE/SSCE/ HSCE or other equivalent Board with 40% marks.

- Admission is reserved for SC candidates
- Student should be medically fit.
- Students qualified in 10+2 Arts or Science examination or Health care Science - Vocational stream ONLY conducted by National Institute of Open School with 40% marks are eligible.
- Duration of course is 3 years.
- Annual admission is given for 30 students.

4. Post Basic Diploma in specialty Nursing

Admissions to the courses (except for the Service candidates) are regulated based on merit assessed by their marks in General Nursing and Midwifery Programme/B.Sc. Nursing Programme.

The selection of candidates under Service Quota will be strictly based on their seniority and eligibility as on the last date for submission of Application form.

The duration of course is one year.

Annual intake of 40 students, which include

- | | |
|-----------------------------------|----|
| ○ Oncology Nursing | 10 |
| ○ Emergency & Disaster Nursing | 10 |
| ○ Critical Care Nursing | 10 |
| ○ Nurse Practitioner in Midwifery | 10 |

PHYSICAL FACILITY OF THE COLLEGE

Main block of College of Nursing, Thiruvananthapuram is a four storied building.

Ground Floor - Principal's office, Vice Principal's room, two conference halls and College office.

First Floor - Pre-clinical laboratory, Nutrition lab, Class rooms and Faculty rooms.

Second Floor - Faculty rooms, Class rooms and Examination Hall.

Third Floor - Multipurpose Hall cum Auditorium.

P.G. Block

Ground Floor – Class room, Learning Resource Centre, faculty rooms

First floor- PG class rooms

Second floor – Library

New block

Ground floor – Vehicle shed and driver's room

First floor – Class rooms

Second floor – Class rooms

Clinical Facilities

Sl.	Institutions for clinical practice	Phone Number
1.	Medical College Hospital, Thiruvananthapuram E-mail-principal@tmc.kerala.gov.in	0471 -2528386
2.	Sree Avittam Thirunal Hospital, Thiruvananthapuram	0471-2528302

3.	Sree Chithra Thirunal Institute for Medical Sciences & Technology (SCTIMST), Thiruvananthapuram E-mail- sct@sctimst.ac.in	0471-2443152
4.	Regional Cancer Centre (RCC), Thiruvananthapuram. E-mail- rctvm.gov.in	0471-2522210
5.	Regional Institute of Ophthalmology, Thiruvananthapuram. E-mail-riotvpm@gmail.com	0471-2304046
6.	Mental Health Center, Peroorkada, Thiruvananthapuram E-mail- mhctvpm@gmail.com	0471-2435639
7.	Institute of Respiratory Medicine, Pulayanarkotta	0471-2442041
8.	Block PHC Pangappara, Thiruvananthapuram	0471- 2418038
9.	Community Health Centre, Puthenthoppu and other Community Health Centres in Thiruvananthapuram.	

Research Centre:

Research unit of this college is based on specified objectives to strengthen the scientific body of knowledge of professional nursing. The unit has scientific activities like journal club, conferences and scientific meets. Research Unit publishes a quarterly journal. “The Journal of Nursing Updates”.

SBMR funded projects:

State Board of Medical Research is providing financial assistance for holding continuing medical education programmes, seminars, symposia and workshops on topics relevant to health problems of state. Grants are sanctioned to the faculty for paper/thesis presentation. A few faculty members are doing projects under SBMR fund.

National Consortium:

National Consortium for PhD Nursing or PhD consortium has been constituted by Indian Nursing Council in collaboration with Rajiv Gandhi University, Karnataka, for the faculty of nursing to promote doctoral education. Government College of Nursing, Thiruvananthapuram, is a recognized research centre under INC National Consortium. Video conferencing facilities are provided for PhD aspirants at the conference hall of this college.

Hostel

A separate hostel building is available for girls within the campus and presently the male students are accommodated in men's hostel of Medical College. Male students of General Nursing & Midwifery course are presently accommodated at PIPMS hostel in the Medical College campus.

Library

The college has its library with a collection of more than 9000 books. It has 450 plus theses and 15 journals. The library provides Xerox and internet services to students and faculty. Persons from other institutions and colleges are permitted to use library, by paying Rs.100 per day, provided they should bring credentials to prove their identity.

Transportation

One 40 seater bus, one 32 seater bus and a Mahindra Xylo are available for transportation of students to clinical & community practice areas outside the campus.

Student Welfare Activities

- ❖ Student guidance and support programme (SSGP)
SSGP has been initiated by KUHS for the purpose of giving guidance and counseling services for the students for their academic problems and learning needs, personal and social issues, adolescent issues and health problems.
- ❖ Health record for individual student is maintained which is designed to contain a summary of the student's previous medical history and a complete record of his/her health during the period of study.
- ❖ Guidance and counseling for students are provided by the teaching faculty. Personality development programmes are organized from time to time. Co-curricular training programmes are conducted periodically.
- ❖ Observation of various days of national importance, conducting education and cultural programmes and social awareness programmes are activities done by the student bodies. College day and other festivals such as Onam, Christmas etc. are celebrated in the college to facilitate cultural and recreational activities.

Scholarships

1. Kumara Pillai Commission (KPCR) Scholarship is given to SEBC & Forward Caste students. SEBC & Forward Caste category students whose parent's annual income below Rs 2,00,000/- can also apply for the same scholarship. The details are available in www.e-grantz.kerala.gov.in

2. Merit Cum Means Scholarship:

Post Metric Scholarship for SC/ST/OEC Students: Students belonging to SC/ST/OEC communities are eligible for this scholarship irrespective of annual income. Details can be accessed from the website www.e-grantz.kerala.gov.in

C H Muhammed Koya Scholarship: The Government of Kerala offers scholarships to girl students belonging to the Muslim Community or Latin Catholic Community or Converted Christians (Scheduled Caste Velar Community), studying in Government/ Government Aided Institutions for Under Graduate Programmes, in the first year of the course. The scheme has Scholarships and Hostel Stipends. Applicant should have secured at least 50% marks in the qualifying Examination. The annual income of the family should be below Rs.2,50,000/-The details are available in www.momascholarship.gov.in

3. KUHS Studentship scholarship is available for first year students of undergraduate programmes who have acquired admission in government merit quota in university accredited institutions and has annual income less than Rs. 50000/-.

4. E-grants is available for SC/ST/OEC students and for economically backward students who belong to forward community.

Students can avail only one scholarship at a time.

Stipend

Post Graduate students who have studied M Sc. Nursing in Government Nursing colleges and successfully completed the course can work as Junior Lecturer in Clinical Nursing, in any of the Government Nursing colleges for one year. They are eligible for a remuneration of Rs. 18,500 per month.

M Sc. Nursing students are eligible for stipend of Rs. 17,500 per month during their study period on executing a bond to the effect that they will serve the government for a period of one year after the successful completion of the course.

Second year Post Basic Nursing students are eligible for a stipend of Rs. 8000 per month

Post Basic Diploma in Speciality Nursing students are getting a stipend of Rs. 7000 per month.

Award and Endowment

Awards are given by various professional organizations like SNA & TNAI, Alumni Association, KGCNTA & KBNSA for Rank holders & for Best outgoing students. Gold Medal for the 1st rank holders of GNM, BSc. Nursing and M Sc. Nursing, Post Basic BSc. Nursing and Post Basic Diploma courses are offered by PTA. **Sree Nidhi Award** is a cash award sponsored by 10th batch BSc. Nursing students of Government College of Nursing, Thiruvananthapuram, in memory of their class mate and former faculty of this college Mrs. Sree Nidhi.M. The award is given to the first year GNM student who scores highest mark for Psychology theory exam in council examination.

COMMITTEES AND ASSOCIATIONS

1. Standing Committees

The standing committees are constituted for the proper functioning of the Academic and co-curricular activities. The various standing committees functioning in the college are as follows:

a. Curriculum Committee

The Committee undertakes the overall planning of all the activities of students of each year, which include theory classes, clinical postings, observation visits, sessional exams and co-curricular activities. The Committee consists of Principal, Faculty and PTA executive members.

b. Library Committee

The Library Committee aims at promoting equitable access to all information resources. The Committee has the responsibility of recommending, selecting and purchasing books and journals for the library. The Committee consists of Librarian, Faculty and student representatives.

c. College Development Committee

This Committee aims at quality sustenance and coordinates and supervises both academic and non-academic programmes. It develops an action plan for the academic year and forwards suggestion and recommendations in important areas related to need-based academic programmes and improvement of infrastructure facilities. It gathers proposals from various departments and monitors the implementation of the proposals.

d. Social Committee

The Social Committee establishes cordial relations with the media and other agencies and thereby ensures the goodwill and

support of the community. It organizes educational and cultural programmes in collaboration with various departments and organizations both inside and outside campus.

e. Anti-Ragging Committee

Ragging is prohibited within the campus and an Anti-Ragging committee is constituted. Principal is the Chairperson, professors and all class teachers are the members of the committee.

On admission, a signed declaration is obtained from all students regarding anti- ragging. Anti- ragging classes are given to all students by KELSA panel and officers of police departments. Signed anti –ragging declaration is also obtained from all students each year.

Anti- Ragging squad is present in both college and hostel. Faculty members are responsible for anti- ragging duty in college and in hostel. The anti- ragging duty is vested on assistant warden, housekeepers, hostel secretary, mess secretary and class representatives.

f. Discipline Committee

The Discipline Committee is in charge of ensuring a campus congenial to study. It consists of faculty members and student representatives including NSS and Union.

g. Research Committee

The Research Committee scrutinize the research proposals submitted by postgraduates and PhD scholars for research studies.

h. Ethics Committee

The Ethics Committee is responsible for instilling basic values in students thus making them good nursing personnel and above

all better human beings.

i. Faculty Development and Continuing Nursing Education (CNE) Cell

The faculty of this college is provided with opportunities for attending various workshops, seminars, conferences and also for research paper presentations, organized in this college and various institutions/agencies in and outside the state. Faculty development programmes are conducted every month. The programme aims at updating the knowledge of teachers with recent advances in Nursing, Medical and allied fields.

j. Antinarcotic cell

Antinarcotic cell conducts awareness programmes periodically regarding illeffects of drug use and its preventive strategies.

k. Office Staff Welfare Committee

The Government procedures and proceedings, establishment, academic work, accounts and audit of this college are being conducted in an exemplar manner by a well-functioning office. Regular meetings are held on a monthly basis for the smooth running of academic and administrative functioning under the chairmanship of principal.

2. PTA

The PTA, College of Nursing, Thiruvananthapuram aims to foster and promote good relationship among the parents, teaching staff and students. The PTA functions to create a keen interest in the members for the smooth working and progress of the college and for maintaining good discipline and high academic standards. The parents of all the students of the College are members of the Association. The PTA renders support in all endeavors of

the college. The posting and maintenance of security personnel are done by PTA. Journals are regularly purchased for college library by PTA.

3. Trained Nurses Association of India (TNAI)

It is a National level Organization for nurses in India. The association was established in 1908 to uphold the dignity and honour of nursing profession. Teachers, Post Graduates, Post Basic B Sc and Post Basic Diploma students are the members of this organization. TNAI conducts unit, zonal, state and national level conferences.

4. Kerala Government Collegiate Nursing Teacher's Association (KGCNTA)

This association directs its activities to keep up the standard of nursing profession and boost up the morale of its members to be at par with other professions.

STUDENTS' ORGANIZATIONS

1. Students Nurses Association (SNA)

SNA is the professional organization of the nursing students at the National level. A wide variety of professional, social, cultural and recreational activities are conducted to strengthen the curricular and co-curricular skills of the students.

Activities;

1. Organize meetings and conferences
2. Conducts sports and cultural competitions at unit, zonal, state and national level.
3. Conducts scientific paper presentations.
4. Gives awards, prizes and scholarships
5. Members of SNA can join Trained Nurses Association of India at a concessional rate on completion of the course.

Membership fee Rs. 1500/-

2. Kerala B Sc. Nursing Students Association (KBNSA)

KBNSA is the state level organization of B Sc. Nursing students of the Govt. Colleges in the State. All the students enrolled in the Govt. Nursing Colleges under Directorate of Medical Education shall be members of the Association. The Association aims to promote a co-operative spirit among students and to uphold the dignity and honour of the profession. KBNSA organizes educational co-curricular activities, annual conferences, inter collegiate meets and gives awards/prizes to the students, for the overall development of the students.

Membership fee - Rs. 1500/-

3. Kerala Govt. Students Nurses Association (KGSNA)

It is the association of the General Nursing and Midwifery students in the Govt. sector. It is affiliated to KGNA. KGSNA also conducts state level conferences and arts and science competitions for its members. The association also conducts quiz programmes, medical exhibitions, and other charity works (Drug bank for poor patients, Blood donation forums etc.)

4. National Service Scheme (NSS)

It is an active organization in college which was inaugurated in 2006. The overall aim of NSS is to orient the student youth to community service while they are in their educational institutions itself. The motto is "NOT ME BUT YOU". NSS volunteers of this college conduct various community oriented programmes such as medical camps, educational sessions, street drama, health exhibitions etc. They also observe the days which have international and national

importance. NSS volunteers under the guidance of the programme officer, organize different programmes in the college such as quiz, debate, symposium etc.

5. Kerala Nursing Post Graduate Association (KNPGA)

KNPGA is a state level organization of post graduate students studying in Government Nursing Colleges in Kerala, under Directorate of Medical Education. It was established in year 2014. KNPGA was formerly known as PGNSA. The association aims to promote a co-operative spirit and professional enthusiasm in its members. KNPGA conducts various curricular and co-curricular activities such as continuing nursing education, workshops, mock M.Sc Nursing entrance examination for MSc aspirants.

6. Student Union

The University Students Union functions under the Kerala University of Health Science. The elected representatives of the Student Union and Student Union Advisor takes initiatives in conducting programmes in the college like College day, Arts and Sports events and Academic programmes aimed at the overall development of the students.

7. Alumni Association

It is the association of the former students of this college. After the successful completion of the course, students are enrolled as members of the Alumni Association. It conducts educational sessions, annual conferences and get together. The association maintains the college web site. It also sponsors books for the college library.

FACULTY

PRINCIPAL/ PROFESSOR

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Jessy Manzil

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Parassala P O
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- 12 Mr. P. Harshakumar Driver**
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- 13 Mr. Sinu Robin S L Driver**
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- 17 Mrs. Ashalatha Y Hospital Assistant Grade I**
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- 18 Mrs. Mary Pushpam C. S Hospital Attendant Grade I**
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- 20 Mrs. Lathakumari R Hospital Attendent Grade II**
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- 22 Mr. Chandrakumar N Part time sweeper**
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- 23 Radhakrishnan V Part time sweeper**
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- 24 Ushakumari L Part time sweeper**
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PTA Executive members- FACULTY

Patron	Prof Nirmala L Principal	8281520607
President	Mr. S Anil Kumar	99495830594
Vice president	Smt Vijayakumari P	9995138672
Vice Principal	Prof Dr Jolly Jose	95678538672
Secretary	Ms. Swapna KG, Asst Professor	9447067682
Joint Secretary	Ms. Kavitha Chandran Asst. Professor	9895725168
Treasurer	Mrs Asha K V Assistant Professor	9495515628
Assistant warden Students' hostel	Mrs Omana K, Assistant Professor	9446122633

Parent Representatives

B.Sc Internship	Mr. Rajagopal A	9847490533
IV Year BSc Nursing	Mr. Noble G Stephenson	9544623612
III Year BSc Nursing	Mr. Nissar	9567903116
II year BSc Nursing	Mr. Suresh Babu	9497002750
I year BSC Nursing	Mr. Nassar	9447016369
III year GNM	Mr. Babu	9446171478
II year GNM	Mr Unni	9645610688
I Year GNM	Mr Vijayan	9544798726
II Year M. Sc Nursing	Mr. Vijayakumaran Nair	9495301543
I Year M. Sc Nursing	Mr Binoj	9074580997
I Year Post Basic B.Sc Nursing	K. Mukundan	9446615721
II Year Post Basic B.Sc Nursing	Mrs. Ammini A	8086743700
Post Basic Diploma in speciality Nursing	Mr. Lalu Joy	9968720988

PTA Faculty members - Class Coordinators

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Mr. Prasanna S 9446072741

I Year M. Sc Nursing

Dr. Sindhu L 9447390576

II year Post Basic BSc Nursing

Mrs Lakshmi A S 9567258166

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III Year GNM

Mrs. Sobhana Ramakrishnan
9446102326

II year GNM

Mrs. Priya T S 9495243668

I Year GNM

Mrs. Asmi S S 9446196233

Post Basic Diploma in Speciality Nursing

Mrs. Geethakumari S 9495720120

DISCIPLINE AND RULES

1. General Discipline:

- Working hours: The class and clinical hours are from 8 am to 5pm for all students except M Sc. Nursing students, whose duty hours are from 8am to 7-30 pm.
- Students are obliged to observe order and silence at all times in the college especially during working hours.
- Students are forbidden to address higher authorities or Government directly. Communication intended for higher authorities must be submitted through Principal, College of Nursing who will forward them if he/she considers it desirable.
- Students are forbidden to take part in political agitation against the college authority or the government. Students are prohibited from organizing any meeting or entertainment at the college, or collecting money for any purpose within the college premise, without the permission of the college authority.
- Student found guilty of going over to other colleges to take part in acts of indiscipline such as organizing demonstration and strike would be deemed and would be punished accordingly.
- Students are forbidden to affix posters, display materials and other articles on the walls of the college building and its premise without prior permission.
- Mobile phones are prohibited in the college campus. Students should wear identity card in the campus.

1. Rules related to Attendance, Leave or Absence:

- Students should be punctual for lectures, practical classes and clinical work.
- Students are expected to assemble in the classroom ‘5’ minutes before the beginning of the class when the attendance will be taken and absence of any students noted.
- No students shall be absent from class unless such absence is satisfactorily explained. Leave application should be submitted before availing the leave and should state clearly the ground for the leave, number of days and the dates for which leave is required
- If for unavoidable circumstances, leave cannot be obtained in advance, the reason should be explained at the earliest opportunity available.

2. Library rules

- Library will be kept open from 10 am to 5 pm on all working days.
- Library is for the use of students and staff of this college.
- Personal belongings and lab coats are not permitted inside the library.
- PG students are eligible to take 3 books, BSc Nursing, Post Basic and Post Basic diploma students are allowed to take 2 books and GNM students are permitted to take 1 book at a time.
- Books are issued for the students for the period of 14 days.
- Fine of Rs 1 per day will be collected for returning of books after due date.

- Do not use mobile phone in library.
- Maintain silence inside the library.
- If any book is lost or damaged it should be replaced with the latest edition or the cost of the damaged book will have to be paid by the borrower.
- Borrower should return the books by themselves.

3. Hostel Rules

Girls Hostel is under the control of Principal and managed by the Assistant Warden , who is assisted by a team consisting of student representatives, housekeepers, cooks and cleaners.

- Inmates should keep their room clean the room doors; mess hall etc. should not be disfigured by writing or sticking posters.
- Shouting, reading aloud and other such acts likely to cause disturbance to others should be avoided at all times.
- All members are expected to be in the hostel by 6 pm. They should study and sleep in their own rooms only.
- Members are not allowed to remove any articles or furniture, fittings, lights etc.
- Any damage to the hostel property shall be immediately reported to the Assistant Warden. The cost of the damage will be recovered from the individual who is responsible. If the person could not be identified, the members of the concerned room will be held responsible for the same.
- Members are not permitted to conduct meetings of any sort anywhere in the hostel or its premises without the Assistant Wardens permission.

- There shall be an executive committee of inmates consisting of Principal, Assistant Warden, Hostel secretary, mess secretary and representatives of inmates. The executive committee shall meet once in every month. The general body will be conducted as and when necessary and should be attended by all inmates
- No member shall take active part in political meetings, processions, or propagandas. Violation of this rule will lead to immediate expulsion from the hostel
- Members are forbidden from ill treating or misbehaving with any of the hostel employees.
- Students should take permission from Assistant Warden for out pass and to go home.
- No students shall be absent from hostel for any night without obtaining the permission.
- Fine will be charged for untidy rooms.
- Day and night roll call register is maintained and housekeeper is authorized to take roll call. Inmates should physically report for roll call and sign in the register.
- All correspondence regarding the hostel should be made through the Assistant Warden
- Misconduct or breech of any of these rules will render the offenders liable to fine, suspension or even dismissal from the hostel.
- Members are strictly advised not to leave money or valuables in the rooms. Hostel authorities will not be responsible for any loss.

- No unauthorized person will be allowed within the hostel premises.

4. Dress code/Uniform

- All students shall come to the college properly and neatly dressed. Students have to wear prescribed uniform while they are on duty in the clinical areas.

Uniform

B Sc. Nursing

- Girls : Teal blue salwar kameez and white overcoat.
- Boy : White shirt, black pants and white over coat, black shoes.

B Sc. Nursing Internship

- Girls: Peach colour salwar kameez with white over coat.
- Boys: Light blue shirt, black pants with white overcoat.

M Sc. Nursing

- Girls : Light pink salwar kameez and white over coat
- Boys: White shirt, black pants, white over coat and black shoes.

Post Basic B Sc Nursing

- Girls: Pista green salwar kameez and white overcoat.
- Boys: Cream shirt, black pants, white over coat, black shoes.

GNM& GNM Internship

- Girls: White salwar kameez, white overcoat.
- Boys: White shirt, white pants with white overcoat, black shoes.

Post Basic diploma in various specialities

- Girls: Gray salwar kameez and white over coat.
- Boys: Gray shirt, black plants, white over coat and black shoes.

NURSING CODE OF ETHICS

International Council of Nurses (ICN)

Ethical concepts applied to Nursing

The fundamental responsibility of the Nurse is fourfold: to promote health, to prevent illness, to restore health and to alleviate sufferings.

The need for Nursing is universal. Inherent in Nursing is respect for life, dignity and rights of man. It is unrestricted by considerations of nationality, race, creed, color, age, sex, politics or social status.

Nurse render health services to the individual, the family and the community and co-ordinate their services with those of related groups.

Nurses and people

- The Nurse's primary responsibility is to serve those people who require nursing care.
- The Nurse, in providing care, promotes an environment in which the values, customs and spiritual beliefs of the individual are respected.
- The Nurse holds confidence in personal information and uses judgment in sharing this information.

Nurses and Practice

- The Nurse carries personal responsibility for nursing practice and for maintaining competence by continual learning.

- The Nurse maintains the highest standards of nursing care possible within the reality of a specific situation.
- The Nurse use judgment in relation to individual competence when accepting and delegating responsibilities.
- The Nurse when acting in a professional capacity should at all times maintains standards of personal conduct which reflect credit upon the profession.

Nurses and Society

- The Nurse shares with other citizens the responsibility for initiating and supporting action to meet the health and social needs of the public.

Nurses and the Co-workers

- The Nurse sustains a co-operative relationship with co-workers in Nursing and other fields.
- The Nurse takes appropriate action to safeguard the individual when his care is endangered by co-worker or any other person.

Nurses and profession

- The Nurse plays the major role in determining and implementing desirable standards of nursing practice and Nursing education.
- The Nurse is active in developing a core of professional knowledge.
- The Nurse, acting through the professional organization, participates in establishing and maintaining equitable social and economic working conditions in nursing.

NURSE'S PLEDGE

“I solemnly pledge myself before God and in the presence of this assembly to practice my profession with dedication.

I will serve mankind with love and compassion recognizing their dignity and rights irrespective of colour, caste, creed, religion and nationality.

I will endeavor to update the knowledge and skill to uphold standard of nursing care to individual, family and community in all setting and in all aspects of holistic care as a member of the health care team.

I will hold in confidence personal matters of my clients committed to my care and help them to develop confidence in care rendered by me.

I will refrain from any activity that will harm my personal and professional dignity as a Nurse.

I will actively support my profession and strive towards its advancement.

I will fulfill my responsibilities as a citizen and encourage change towards optimum care.

NOTES