THE OFFICE OF GREAT COMPLINE **As served in the Lenten Triodion Season**

INSTRUCTIONS

Great Compline is usually served on Monday, Tuesday, <u>and</u> Thursday evenings of the first week of Great Lent, each with the relevant quarter of the Great Canon and the specific Gospel reading. In the other five weeks, Great Compline is also usually served on either subsequent Monday. Tuesday, <u>or</u> Thursday evenings of the Great Fast.

On Wednesday evenings in Great Lent, we do not need to serve Great Compline, but only the Divine Liturgy of the Presanctified Gifts. The Compline Gospel reading of the first week can be transferred to the Presanctified Liturgy. And Great Compline can be served on other occasions as directed by our typikon, according to the strength of each parish.

Throughout the texts, you will notice the following terms:

- <u>Metanoia</u>—a low bow made while extending the right hand to the floor; the sign of the Cross is made preceding or following each metanoia.
- <u>Prostration</u>—made by kneeling onto both knees while touching the hands and forehead to the ground; the sign of the Cross is made preceding or following each prostration.

In the first week of Great Lent, we sing all four quarters of the "Great Canon of Repentance" by Saint Andrew of Crete, which is divided amongst the Great Compline services of the first four nights. We have provided appendices for the four sections of the Canon. Also in the first week, we read from the Holy Gospel after the slumber prayers in front of the iconostasis. The Holy Gospel lections are presented in this Great Compline text.

An icon of the Theotokos is placed on a stand in the middle of the solea. The candles are lit and the church is darkened. <u>The censer is used after the Great Canon</u>. At the start, the curtain and Holy Doors are closed. The priest wears a purple or dark epitrachelion over his exorasson and begins Great Compline in front of the icon.

Priest: Blessed is our God always, now and ever, and unto ages of ages. Choir: Amen.

Priest: Glory to Thee, O God, glory to Thee. O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.

THE TRISAGION PRAYERS

People: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.
Lord, have mercy. (THRICE)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

	Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.
Priest:	For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.
Choir:	Amen. Lord, have mercy. (twelve times) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Choir: Come, let us worship and fall down before God our King. Come, let us worship and fall down before Christ, our King and our God. Come, let us worship and fall down before Christ Himself, our King and our God.

PSALM 4

When I called upon Thee, O God of my righteousness, Thou didst hearken unto me; in mine affliction Thou hast enlarged me. Have compassion on me and hear my prayer. O ye sons of men, how long will ye be slow of heart? Why do ye love vanity, and seek after falsehood? Know also that the Lord hath made wondrous His holy one; the Lord will hearken unto me when I cry unto Him. Be angry, and sin not; feel compunction upon your beds for what ye say in your hearts. Sacrifice a sacrifice of righteousness, and hope in the Lord. Many say: Who will show unto us good things? The light of Thy countenance, O Lord, hath been signed upon us; Thou hast given gladness to my heart. From the fruit of their wheat, wine, and oil are they multiplied. In peace in the same place I shall lay me down and sleep. For Thou, O Lord, alone hast made me to dwell in hope.

PSALM 6

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. Have mercy on me, O Lord, for I am weak. Heal me, O Lord, for my bones are troubled, and my soul is troubled greatly; but Thou, O Lord, how long? Turn to me again, O Lord, deliver my soul; save me for Thy mercy's sake. For in death there is none that is mindful of Thee, and in Hades who will confess Thee? I toiled in my groaning; every night I will wash my bed; with tears will I water my couch. Through wrath is mine eye become troubled; I have grown old among all mine enemies. Depart from me all ye that work vanity, for the Lord hath heard the voice of my weeping. The Lord hath heard my supplication; the Lord hath received my prayer. Let all mine enemies be greatly put to shame and be troubled, let them be turned back, and speedily be greatly put to shame.

PSALM 12

How long, O Lord, wilt Thou utterly forget me? How long wilt Thou turn Thy face away from me? How long shall I take counsel in my soul with grievings in my heart by day and by night? How long shall mine enemy be exalted over me? Look upon me, hear me, O Lord my God;

[•] The Priest goes to stand at the chanters stand.

enlighten mine eyes, lest at any time I sleep unto death. Lest at any time mine enemy say: I have prevailed against him. They that afflict me will rejoice if I am shaken; but as for me, I have hoped in Thy mercy. My heart will rejoice in Thy salvation. I will sing unto the Lord, Who is my benefactor, and I will chant unto the name of the Lord Most High.

Look upon me, hear me, O Lord my God; enlighten mine eyes, lest at any time I sleep unto death. Lest at any time mine enemy say: I have prevailed against him.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia. Glory to Thee, O God. (THRICE) Lord, have mercy. (THRICE)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

PSALM 24

Unto Thee, O Lord, have I lifted up my soul. O my God, in Thee have I trusted; let me never be put to shame, nor let mine enemies laugh me to scorn. Yea, let none that wait on Thee be put to shame; let them be ashamed which are lawless without a cause. Make Thy ways, O Lord, known unto me and teach me Thy paths. Lead me in Thy truth and teach me, for Thou art God my Savior; for on Thee have I waited all the day long. Remember Thy compassions; O Lord, and Thy mercies, for they are from everlasting. The sins of my youth and mine ignorance remember not; according to Thy mercy remember Thou me, for the sake of Thy goodness, O Lord. Good and upright is the Lord; therefore will He set a law for them that sin in the way. He will guide the meek in judgment; He will teach the meek His ways. All the ways of the Lord are mercy and truth, unto them that seek after His covenant and His testimonies. For the sake of Thy Name, O Lord, be gracious unto my sin; for it is great. Who is the man that feareth the Lord? He will set him a law in the way which He hath chosen. His soul shall dwell among good things, and his seed shall inherit the earth. The Lord is the strength of them that fear Him, and His covenant shall be manifested unto them. Mine eyes are ever toward the Lord, for He it is that will draw my feet out of the snare. Look upon me, and have mercy on me; for I am one only-begotten and poor. The afflictions of my heart are multiplied; bring me out from my necessities. Behold my lowliness and my toil, and forgive all my sins. Look upon mine enemies, for they are multiplied, and with an unjust hatred they have hated me. Keep my soul and rescue me; let me not be put to shame, for I have hoped in Thee. The innocent and the upright have cleaved unto me, for I waited on Thee, O Lord. Redeem Israel, O God, out of all his afflictions.

PSALM 30

In Thee, O Lord, have I hoped, let me not be put to shame in the age to come; in Thy righteousness deliver me, and rescue me. Bow down Thine ear unto me, make haste to rescue me, be Thou unto me a God to defend me and a house of refuge to save me. For my strength and my refuge art Thou, and for Thy Name's sake wilt Thou guide me and nourish me. Thou wilt bring me out of this snare which they have hid for me, for Thou art my defender, O Lord. Into Thy hands I will commit my spirit; Thou hast redeemed me, O Lord God of truth. Thou hast hated them that cling to empty vanities; but I have hoped in the Lord. I will rejoice and be glad in Thy mercy, for Thou hast regarded my lowliness; Thou hast saved my soul out of necessities, and hast not shut me up in the

hands of enemies; Thou hast set my feet in a spacious place. Have mercy on me, O Lord, for I am afflicted; mine eye is troubled with anger, as also my soul and my belly. For my life is spent with grief, and my years with groanings; my strength hath grown weak in poverty, and my bones are troubled. I am become a reproach among all mine enemies, and greatly for my neighbors also, and a fear to mine acquaintances. They that saw me without fled from me. I am forgotten by the heart like a dead man. I am become like a broken vessel. For I have heard the reproach of many that dwell round about; when they assembled together against me, they devised to take away my life. But as for me, I have hoped in Thee, O Lord; I said: Thou art my God; in Thy hands are my lots. Deliver me from the hands of mine enemies, and from them that persecute me. Make Thy face to shine upon Thy servant, save me in Thy mercy. O Lord, let me not be put to shame, for I have called upon Thee; let the ungodly be put to shame and let them be brought down into Hades. Speechless be the deceitful lips which speak iniquity against the righteous man with arrogance and contempt. How great is the multitude of Thy goodness, O Lord, which Thou hast hid for them that fear Thee, which Thou hast wrought for them that hope in Thee before the sons of men. Thou shalt hide them in the secrecy of Thy presence from the disturbance of men; Thou shalt shelter them in the tabernacle from contradiction of tongues. Blessed is the Lord, for He hath made His mercy wondrous in a fortified city. But as for me, I said in mine ecstasy: I am cast away from the presence of Thine eyes. Therefore hast Thou heard the voice of my supplication when I cried unto Thee. O love ye the Lord, all ye His saints, for the Lord requireth truth; and unto them that act with exceeding pride, He rendereth them their due. Be ye courageous, and let your heart be strengthened, all ye that hope in the Lord.

<u>PSALM 90</u>

He that dwelleth in the help of the Most High shall abide in the shelter of the God of Heaven. He shall say unto the Lord: Thou art my helper and my refuge. He is my God, and I will hope in Him. For He shall deliver thee from the snare of the hunters and from every troubling word. With His shoulders will He overshadow thee, and under His wings shalt thou have hope. With a shield will His truth encompass thee; thou shalt not be afraid for the terror by night, nor for the arrow that flieth by day, nor for the thing that walketh in darkness, nor for the mishap and demon of noonday. A thousand shall fall at thy side, and ten thousand at thy right hand, but unto thee shall it not come nigh. Only with thine eyes shalt thou behold, and thou shalt see the reward of sinners. For Thou, O Lord, art my hope. Thou madest the Most High thy refuge; no evils shall come nigh thee, and no scourge shall draw nigh unto thy dwelling. For He shall give His angels charge over thee, to keep thee in all thy ways. On their hands shall they bear thee up, lest at any time thou dash thy foot against a stone. Upon the asp and basilisk shalt thou tread, and thou shalt trample upon the lion and dragon. For he hath set his hope on Me, and I will deliver him; I will shelter him because he hath known My Name. He shall cry unto Me, and I will hearken unto him. I am with him in affliction, and I will rescue him and glorify him. With length of days will I satisfy him, and I will show him My salvation.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia. Glory to Thee, O God. (THRICE) Lord, have mercy. (THRICE) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

The choirs, beginning with the Right, antiphonally chant "God is With Us." The choirs sing the **stichos** together after each verse, making a metanoia each time. If your parish does not have two choirs, the chanters each take a verse after singing "God is With Us" together.

"GOD IS WITH US" IN TONE SIX

Right: God is with us. Understand, all ye nations, and submit yourselves: **Stichos:** For God is with us.

- Left: Hear ye, even unto the uttermost ends of the earth: For God is with us.
- Right: Submit yourselves, ye mighty ones: For God is with us.
- Left: If again ye shall rise up in your might, again shall ye be overthrown: For God is with us.

Right: If any take counsel together, them shall the Lord destroy: For God is with us.

Left: And the word which ye shall speak shall not abide in you: For God is with us.

Right: For we fear not your terror, neither are we troubled: For God is with us.

- Left: But the Lord our God, He it is to Whom we will ascribe holiness, and Him shall we fear: For God is with us.
- Right: And if I put my trust in Him, He shall be my sanctification: For God is with us.
- Left: I will set my hope on Him, and through Him shall I be saved: For God is with us.
- Right: Lo, I and the children whom God hath given me: For God is with us.
- Left: The people that walked in darkness have seen a great light: For God is with us.
- Right: And they that dwelt in the land of the shadow of death, on them hath the light shined: For God is with us.
- Left: For unto us a Son is born, unto us a Child is given: For God is with us.
- Right: And the government shall be upon His shoulder: For God is with us.
- Left: And of His peace there shall be no end: For God is with us.
- Right: And his name shall be called the Angel of Great Council: For God is with us.
- Left: Wonderful, Counsellor: For God is with us.
- Right: The Mighty God, the Highest Power, the Prince of Peace: For God is with us.
- Left: The Father of the world to come: For God is with us.
- Right: Glory to the Father, and to the Son, and to the Holy Spirit: For God is with us.
- Left: Both now and ever, and unto ages of ages. Amen. For God is with us.
- Both: God is with us. Understand, all ye nations, and submit yourselves: For God is with us.

TROPARIA IN TONE SIX

Left: Now that the day hath come to a close, I thank Thee, O Lord, and I ask that the evening with the night may be sinless; grant this to me, O Savior, and save me.

Right: Glory to the Father, and to the Son, and to the Holy Spirit.

Now that the day hath passed, I glorify Thee, O Master, and I ask that the evening with the night may be without offence; grant this to me, O Savior, and save me.

Left: Both now and ever, and unto ages of ages. Amen.

Now that the day hath run its course, I praise Thee, O Holy One, and I ask that the evening with the night may be undisturbed; grant this to me, O Savior, and save me.

MORE VERSES IN TONE SIX

Right: With never-silent hymns, the bodiless powers of the cherubim glorify Thee.

Left: With never-ceasing voices, the six-winged seraphim extol Thee.

Right: With thrice-holy songs, all the host of angels praise Thee.

Left: For Thou art the Father before all ages and hast with Thee Thy Son, Who also is from everlasting.

Right: And hast also the Spirit of life, co-equal in honor, and showest forth the undivided Trinity.

Left: O all-holy Virgin, Mother of God, and ye eye-witnesses and servants of the Word:

Right: With all the choirs of the prophets and the martyrs, who have attained unto life immortal:

Left: Intercede ye fervently for us all, for all we are in dire distress:

Right: That being delivered from the wiles of the evil one, we may loudly sing the angelic song:

Both: Holy, holy, holy, thrice-holy Lord, have mercy on us, and save us. Amen.

THE NICENE-CONSTANTINOPOLITAN CREED

People: I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord, Jesus Christ, the Son of God, the Only-begotten, Begotten of the Father before all worlds, Light of Light, Very God of Very God, Begotten, not made; of one essence with the Father, by Whom all things were made: Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And was crucified also for us under Pontius Pilate, and suffered and was buried. And on the third day He rose again, according to the Scriptures. And ascended into heaven, and sitteth at the right hand of the Father. And He shall come again with glory to judge the living and the dead, Whose Kingdom shall have no end. And I believe in the Holy Spirit, the Lord, and Giver of Life, Who proceedeth from the Father, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe in One Holy Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the Resurrection of the dead, and the life of the world to come. Amen.

• Now the choirs, beginning with the Left, chant the following verses in Tone Six. A prostration is made after each verse.

VERSES IN TONE SIX

- L, R, L: O all-holy Lady Theotokos, intercede for us sinners. (THRICE)
- R, L: O all ye heavenly powers, holy angels and archangels, intercede for us sinners. (TWICE)
- R, L: O holy John, Prophet and Forerunner and Baptist of our Lord Jesus Christ, intercede for us sinners. (TWICE)
- R, L: O holy, glorious apostles, prophets and martyrs, and all the saints, intercede for us sinners. (TWICE)
- R, L: O our venerable and God-bearing fathers, shepherds and ecumenical teachers, intercede for us sinners. (TWICE)
- R, L: O holy Saint N. (*patron of the community*), intercede for us sinners. (TWICE)
- R, L: O invincible and ineffable and divine power of the precious and life-giving Cross, forsake not us sinners. (TWICE)
- R, L, R: O God, be gracious unto us sinners. (THRICE)
- Both: And have mercy on us. (ONCE)

THE TRISAGION PRAYERS

People: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake. Lord, have mercy. (THRICE) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

- Choir: Amen.
- On Monday and Wednesday evenings, the following are chanted.

TROPARIA IN TONE TWO

Lighten my eyes, O Christ God, that I sleep not unto death, lest mine enemy say: I have prevailed over him.

Glory to the Father, and to the Son, and to the Holy Spirit.

Be Thou the Defender of my soul, O God, for I walk amidst a multitude of snares. Deliver me from them, and save me, O good One, for Thou art the Lover of mankind.

Both now and ever, and unto ages of ages. Amen.

Seeing that we have no boldness because of the multitude of our sins, do thou, O Virgin Theotokos, fervently entreat Him Who was born of thee: for the prayer of a mother availeth much to the good will of the Master. Despise not the supplications of sinners, O all-revered one; for merciful and mighty to save is He Who graciously deigned to suffer for us.

• On Tuesday and Thursday evenings, the following are chanted.

TROPARIA IN TONE EIGHT

Thou knowest, O Lord my Creator, the sleepless vigilance of mine invisible enemies and the frailty of my miserable flesh. Into Thy hands, therefore, will I commit my spirit. Cover me with the wings of Thy goodness, that I sleep not unto death; and enlighten the eyes of my spiritual understanding, that I may delight in Thy divine words; and make me, in a time acceptable unto Thee, to glorify Thee in praise, as the only good One Who loveth mankind.

Look Thou upon me, and have mercy on me, O Lord my God.

How fearful is Thy judgment, O Lord, when the angels stand round about, and men are led before Thee, and the books are opened, and deeds are tried, and all thoughts are searched out. What judgment shall then be awarded unto me, who was conceived in sins? Who shall quench the flame for me? Who shall enlighten my darkness, if not Thou, O Lord, Who showest mercy upon me because of Thy love for mankind.

Glory to the Father, and to the Son, and to the Holy Spirit.

Grant me tears, O God, as once to the sinning woman of old; and graciously vouchsafe that I may wash Thy feet which delivered me from the path of straying, and that I may offer unto Thee an ointment of sweet fragrance, even a pure life, fashioned by my repentance. And so shall I, also, hear Thy voice which I long for, saying: Thy faith hath saved thee; go in peace.

Both now and ever, and unto ages of ages. Amen.

In that I have in thee, O Theotokos, that hope which maketh not ashamed, I shall be saved; in that I possess thine intercession, O all-immaculate one, I will not fear. I will pursue mine enemies, and drive them away, taking along thy refuge as a breastplate, as an all-powerful aid, and fervently imploring I cry unto thee: O Lady, save me by thine intercessions, and raise me up again from dark sleep to glorify thee in song, by the might of the Son of God, Who through thee wast incarnate.

• The Priest now stands on the solea in front of the Holy Doors, facing east.

Choir:	Lord, have mercy. (FORTY TIMES) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
Choir:	More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Thou who without corruption bearest God the Word; and art truly Theotokos: we magnify thee.
Choir:	Bless, Father, in the Name of the Lord.

Priest: Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us.

Choir: Amen.

A PRAYER OF ST. BASIL THE GREAT

• This prayer is usually said by the reader, but can be said by the priest.

O Lord, Lord, Who deliverest us from every arrow that flieth by day, deliver us also from everything that walketh in darkness. Receive the lifting up of our hands as an evening sacrifice. Vouchsafe us also to pass without reproach the course of the night untempted of evil things, and redeem us from every disturbance and dread that cometh to us from the devil. Grant unto our souls contrition and unto our thoughts care concerning the trial of Thy fearful and righteous judgment. Nail our flesh to the fear of Thee, and mortify our earthly members, that, even in the quietness of sleep, we may be illumined by the contemplation of Thy judgments. Withdraw from us every unseemly fantasy and injurious desire. Raise us up at the time of prayer confirmed in the faith and progressing in thy commandments, through the favor and grace of Thine only begotten Son, with Whom Thou art blessed, together with Thine all-holy and good and life-giving Spirit, now and ever, and unto ages of ages.

Choir: Amen.

• A metanoia is made after each verse below.

Choir:

Come, let us worship and fall down before God our King. Come, let us worship and fall down before Christ, our King and our God. Come, let us worship and fall down before Christ Himself, our King and our God.

• *The Priest goes to stand at the chanters stand.*

PSALM 50

Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. Turn Thy face away from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. For if Thou hadst desired sacrifice, I had given it; with wholeburnt offerings Thou shalt not be pleased. A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up. Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Thine altar.

PSALM 101

O Lord, hear my prayer, and let my cry come unto Thee. Turn not Thy face away from me; in the day when I am afflicted, incline Thine ear unto me. In the day when I call upon Thee, quickly hearken unto me. For my days are vanished like smoke, and my bones consumed like wood for the burning. I am smitten like grass, and withered is my heart, for I forgot to eat my bread. By reason of the voice of my groaning, my bone hath cleaved unto my flesh. I am become like a pelican of the wilderness; I am like an owl in a ruined house. I have watched, and am like a sparrow that sitteth alone upon the house-top. The whole day long mine enemies reproached me, and they that praised me made an oath against me. For before the face of Thy wrath and Thine anger I ate ashes like bread, and my drink I mingled with weeping; for after uplifting me, Thou hast dashed me down. My days like a shadow have declined, and I, like grass, am withered. But Thou, O Lord, forever abidest, and Thy remembrance is unto generation and generation. Thou shalt rise up and have pity upon Zion, for it is time to have compassion on her; yea, the time is come. For Thy servants have taken pleasure in her stones, and they shall feel pity for her dust. And the nations shall fear Thy Name, O Lord, and all the kings of the earth Thy glory. For the Lord shall build up Zion, and He shall be seen in His glory. He hath regarded the prayer of the humble, and hath not despised their supplication. Let this be written for another generation, and the people that is being created shall praise the Lord. For He hath looked out from His holy height, the Lord from Heaven hath looked upon the earth, to hear the groaning of them that be in fetters, to loose the sons of the slain, to declare in Zion the Name of the Lord, and His praise in Jerusalem. When the peoples are gathered together, and the kings to serve the Lord, He answered Him in the way of His strength: The fewness of my days declare unto me. Take me not away at the half of my days; in generations and generations are Thy years. In the beginning, O Lord, Thou didst lay the foundation of the earth, and the heavens are the works of Thy hands. They shall perish, but Thou abidest; and all like a garment shall grow old. And as vesture shalt Thou fold them, and they shall be changed; but Thou art the same, and Thy years shall not fail. The sons of Thy servants shall have their dwelling, and their seed for ever shall be guided aright.

• The Priest stands before the icon of Christ on the iconostasis, and says:

THE PRAYER OF MANASSES, KING OF JUDAH

Priest: O Lord Almighty, Thou God of our fathers, of Abraham, Isaac, Jacob, and of their righteous seed; Who hast made Heaven and earth with all the array thereof; Who hast bound the sea by the word of Thy command; Who hast shut up the deep and sealed it by Thy fearful and glorious Name; Whom all things fear, yea and before Whose power they tremble; for the majesty of Thy glory cannot be borne and the anger of Thy threatening toward sinners is intolerable; and yet Thy merciful promise is immeasurable and unsearchable; for Thou art the Lord most high, of great compassion, long-suffering, abundant in mercy, and repentest of the evils against me. Thou, O Lord, according to Thy great goodness, hast promised repentance and forgiveness to them that have sinned against Thee; and of Thine infinite mercies hast appointed repentance unto sinners, that they may be saved. Thou, therefore, O Lord of hosts, hast not appointed repentance to the just, to Abraham, to Isaac, and to Jacob, who have not sinned against Thee; but Thou hast appointed repentance unto me, who am a sinner; for my sins are more in number than the sands of the sea. My transgressions, O Lord, are multiplied, my transgressions are multiplied, and I am not worthy to behold and look unto the height of Heaven for the multitude of mine iniquities. I am bowed down with many iron bands, so that I cannot lift up my head by reason of my sins, neither have I

any respite; for I have provoked Thy wrath and done that which is evil before Thee; I did not Thy will, neither kept I Thy commandments; I have set up abominations and multiplied detestable things.

• The Priest and people NOW KNEEL for the remainder of the Prayer of Manasses.

Now, therefore, I bow the knee of my heart, beseeching Thee for grace, I have sinned, O Lord, I have sinned, and I acknowledge mine iniquities; but I humbly beseech Thee, forgive me, O Lord, forgive me, and destroy me not with mine iniquities. Be not angry with me forever, by reserving my evils for me; neither condemn me to the lower parts of the earth; for Thou, O Lord, art the God of them that repent; and in me wilt Thou show all Thy goodness; for Thou wilt save me that am unworthy, according to Thy Great Mercy. I will praise Thee henceforth all the days of my life; for all the hosts of Heaven doth sing Thy praise, and Thine is the glory unto ages of ages.

Choir: Amen. (*The Priest and people now rise.*)

THE TRISAGION PRAYERS

Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE) People: Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake. Lord, have mercy. (THRICE) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

TROPARIA OF CONTRITION IN TONE SIX

Have mercy on us, O Lord, have mercy on us; for laying aside all defense, we sinners offer unto Thee, as Master, this supplication: Have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit.

O Lord, have mercy on us, for in Thee have we put our trust; be not exceedingly wroth with us, nor remember our iniquities, but look down upon us even now, as Thou art compassionate, and deliver us from our enemies; for Thou art our God, and we are Thy people; we are all the work of Thy hands, and we call upon Thy Name.

• The curtain and the Holy Doors are now opened.

Both now and ever, and unto ages of ages. Amen.

Open unto us the door of thy compassion, O blessed Theotokos. As we set our hope in thee, may we not be confounded; through thee may we be delivered from all adversities, for thou art the salvation of the race of Christians.

- Choir: Lord, have mercy. (FORTY TIMES) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
- Choir: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Thou who without corruption bearest God the Word; and art truly Theotokos: we magnify thee.

Choir: Bless, Father, in the Name of the Lord.

- Still standing on the solea before the Holy Doors, facing east, the Priest says:
- Priest: Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us.

Choir: Amen.

A PRAYER OF ST. MARDARIUS THE MARTYR

• This prayer is usually said by the reader, but can be said by the priest.

O Master God, Almighty Father, O Lord, the only-begotten Son, Jesus Christ, and O Holy Spirit, one Godhead and one Power: Have mercy on me a sinner; and by the judgments which Thou hast established, save me, Thine unworthy servant, for Thou art blessed unto ages of ages.

Choir: Amen.

• A metanoia is made after each verse below.

Choir: Come, let us worship and fall down before God our King. Come, let us worship and fall down before Christ, our King and our God. Come, let us worship and fall down before Christ Himself, our King and our God.

• The Priest enters the sanctuary through the south door to stand before the Holy Table, facing east.

PSALM 69

O God, be attentive unto helping me; O Lord, make haste to help me. Let them be shamed and confounded that seek after my soul. Let them be turned back and brought to shame that desire evils against me. Let them be turned back straightway in shame that say unto me: Well done! Well done! Let them be glad and rejoice in Thee all that seek after Thee, O God, and let them that love Thy salvation say continually: The Lord be magnified. But as for me, I am poor and needy; O God, come unto mine aid. My helper and my deliverer art Thou, O Lord; make no long tarrying.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth.

He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

THE LITTLE DOXOLOGY (Plain Reading)

- + Glory to God in the highest, and on earth peace, good will among men.
- + We praise Thee, we bless Thee, we worship Thee, we glorify Thee; we give thanks unto Thee for Thy great glory.
- + O Lord, heavenly King, God the Father Almighty; O Lord, the only-begotten Son, Jesus Christ; and the Holy Spirit.
- + O Lord God, Lamb of God, Son of the Father, Who takest away the sin of the world, have mercy on us; O Thou Who takest away the sins of the world.
- + Receive our prayer, O Thou Who sittest at the right hand of the Father, and have mercy on us.
- + For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen.
- + Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever.
- + Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee.
- + Lord, I have fled unto Thee: teach me to do Thy will, for Thou art my God.
- + For with Thee is the fountain of life: in Thy light shall we see light.
- + O continue Thy loving-kindness unto them that know Thee.
- + Vouchsafe, O Lord, to keep us this night without sin.
- + Blessed art Thou, O Lord God of our Fathers, and praised and glorified be Thy Name forever. Amen.
- + Let Thy mercy, O Lord: be upon us, as we do put our hope in Thee.
- + Blessed art Thou, O Lord: teach me Thy statutes.
- + Blessed art Thou, O Master; make me to understand Thy statutes.
- + Blessed art Thou, O Holy One; enlighten me with Thy statutes.
- + Thy mercy, O Lord, endureth forever. O despise not the works of Thy hands. To Thee belongeth worship, to Thee belongeth praise, to Thee belongeth glory: to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

In the first week of Great Lent, here we sing the proper quarter of the "Great Canon of Repentance" by Saint Andrew of Crete. Before each troparion (except the heirmoi, the "Glory" and the "Both Now") we sing "Have mercy on me, O God, have mercy on me", and we make one prostration. Outside of the first week, we sing the canon of the day or of the Theotokos, or continue Great Compline without a canon. **Only when we do not sing a canon do we say "It is truly meet."**

THEOTOKION (Plain Reading)

It is truly meet to bless thee, O Theotokos, who art ever-blessed and all-blameless, and the mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Thou who without corruption bearest God the Word; and art truly Theotokos: we magnify thee.

THE TRISAGION PRAYERS

People: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.
Lord, have mercy. (THRICE) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

- Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.
- Choir: Amen.

While the choirs chant "O Lord of Hosts" with the verses of Psalm 150, the priest does the Great Censing of the entire church. After, the priest stands before the holy altar table, facing east.

The choirs, beginning with the Right, antiphonally chant "O Lord of Hosts." If your parish does not have two choirs, the chanters each take a verse and sing "O Lord of Hosts" together.

<u>"O LORD OF HOSTS" IN TONE SIX</u>

Right: O Lord of hosts, be with us, for we have none other help in times of sorrow but Thee. O Lord of hosts, have mercy on us.

Left: *Praise ye God in His saints, praise Him in the firmament of His power.* O Lord of hosts, be with us, for we have none other help in times of sorrow but Thee. O Lord of hosts, have mercy on us.

Right: *Praise Him for His mighty acts; praise Him according to the multitude of His greatness.* O Lord of hosts, be with us, for we have none other help in times of sorrow but Thee. O Lord of hosts, have mercy on us.

Left: *Praise Him with the sound of the trumpet, praise Him with the psaltery and harp.* O Lord of hosts, be with us, for we have none other help in times of sorrow but Thee. O Lord of hosts, have mercy on us. Right: Praise Him with timbrel and dance, praise Him with strings and flute.

O Lord of hosts, be with us, for we have none other help in times of sorrow but Thee. O Lord of hosts, have mercy on us.

Left: *Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.*

O Lord of hosts, be with us, for we have none other help in times of sorrow but Thee. O Lord of hosts, have mercy on us.

Right: Praise ye God in His saints.

Left: Praise Him in the firmament of His power.

Both: O Lord of hosts, be with us, for we have none other help in times of sorrow but Thee. O Lord of hosts, have mercy on us.

Right: Glory to the Father, and to the Son, and to the Holy Spirit.

Were not Thy saints our intercessors, O Lord, and Thy goodness pitying us, how could we have dared to praise Thee, O Savior, Whom the angels bless ceaselessly? Wherefore, O Thou Who knowest the secret things of the heart, spare our souls.

Left: Both now and ever, and unto ages of ages. Amen.

Greatly have mine iniquities multiplied, O Theotokos. Wherefore, I take refuge in thee, O pure one, seeking salvation. Visit my weak soul, and intercede with thy Son our God to grant me forgiveness of the sins I have committed, O thou who alone art blessed.

Right: O all-holy Lady Theotokos, forsake me not in the years of my life, O protection of mankind; but help me and have mercy on me.

Both: In thee, O Mother of God, I place all my hope; keep me under thy protection.

Reader: Lord, have mercy. (FORTY TIMES)

Reader: O Christ our God, Who art worshipped and glorified at all times at every hour both in heaven and on earth; Who art long-suffering and plenteous in mercy and compassion; Who lovest the just man and showest mercy upon the sinner; and Who callest all men to repentance through the promise of blessings to come; receive, O Lord, at this very hour our supplications, and direct our lives in the way of Thy commandments: sanctify our souls, purify our bodies, set our minds aright, cleanse our thoughts; deliver us from all affliction, trouble, and distress; compass us about with Thy holy angels, that, guided and guarded by them, we may attain unto the unity of the Faith, and to the knowledge of Thine unapproachable glory; for Thou art blessed unto ages of ages. Amen.

Choir: Lord, have mercy. (THRICE) Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
Choir: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Thou who without corruption bearest God the Word; and art truly Theotokos: we magnify thee.

Choir:	Bless, Father, in the Name of the Lord.
Priest:	May God be merciful unto us and bless us, and cause His face to shine upon us, and be merciful unto us.
Choir:	Amen.
Priest:	<u>THE PRAYER OF ST. EPHRAIM THE SYRIAN</u> O Lord and Master of my life, take from me the spirit of sloth, meddling, lust of power, and idle talk. (<i>prostration</i>)
	But give rather the spirit of chastity, humility, patience and love to Thy servant. (<i>prostration</i>)
	Yea, O Lord and King, grant me to see my own sins and not to judge my brother; for Thou art blessed unto ages of ages. Amen. (<i>prostration</i>)
Priest:	O God, be gracious unto me, a sinner. (twelve times with a metanoia each time.)

THE PRAYER OF ST. EPHRAIM THE SYRIAN

• Only one prostration is made at the end of this reciting.

Priest: O Lord and Master of my life, take from me the spirit of sloth, meddling, lust of power and idle talk. But give rather the spirit of chastity, humility, patience, and love to Thy servant. Yea, O Lord and King, grant me to see my own sins and not to judge my brother, for Thou art blessed unto ages of ages. Amen.

If it is not the first week of Great Lent, then the Priest closes the Holy Doors and curtain. Then he exits the sanctuary through the north door and goes to stand on the solea in front of the Holy Doors, facing east.

THE TRISAGION PRAYERS

People:	Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE)
	Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
	All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake. Lord, have mercy. (THRICE)
	Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
	Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.
Priest:	For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.
Reader:	Amen. Lord, have mercy. (<i>twelve times</i>) Most-holy Theotokos, save us.

PRAYER OF PAUL THE CENOBITE TO THE MOST HOLY THEOTOKOS

This can be read by the Priest or Reader in front of the icon of the Virgin on the Iconostasis. O Lady, Bride of God, spotless, blameless, pure and immaculate Virgin, thou who without corruption, by thy glorious birth-giving, has united God the Word to man and joined the fallen nature of our race to heavenly things; who alone art the hope of the hopeless, the help of those who are under attack; the ready help of those who flee unto thee and the refuge of all Christians: Despise me not, an accursed sinner, though I have rendered myself unworthy by my shameful thoughts, words and deeds, and through indolence have become a slave to the pleasures of life; but as the Mother of God, who lovest mankind, mercifully have compassion upon me, a sinner and a prodigal, and receive my prayer, though it be offered unto thee by unworthy lips; and using Thy boldness as a mother, importune Thy Son, our Lord and Master, that He may open to me also the tender compassions of His goodness so as to overlook my numberless transgressions and turn me to repentance and show me forth as a zealous doer of His commandments. And because thou art merciful, compassionate and benevolent, be thou ever near me in this present life as an ardent help and protection, defending me from the assaults of adversaries and leading me to salvation. And at the time of my departure from this life, care for my miserable soul, and drive far from it the dark visions of evil demons; and in the awesome Day of Judgment, deliver me from eternal punishment, and present me as an inheritor of the ineffable glory of Thy Son, our God. May this be my lot, O Lady, most holy Theotokos, through thy mediation and help, through the grace and love toward mankind of thine only-begotten Son, our Lord, and God, and Savior, Jesus Christ, to Whom are due all glory, honor and worship, with his unoriginate Father, and His All-Holy, and good, and life-giving Spirit, now and ever, and unto ages of ages.

Reader: Amen.

PRAYER OF THE MONK ANTIOCHUS TO OUR LORD JESUS CHRIST

• This can be read by the Priest or the Reader in front of the icon of Christ on the Iconostasis. And grant unto us, O Master, when we depart to sleep, repose of body and soul; and protect us from the murky sleep of sin and from all the dark pleasures of the night. Calm the impulses of passions, and quench the fiery darts of evil which are craftily thrown against us; check the turbulence of our flesh, and still all earthly and material thoughts. And grant us, O God, a watchful mind, a prudent reason, a vigilant heart, a tranquil sleep free from all the fantasies of Satan. Raise us up again at the time of prayer strengthened in Thy commandments, holding steadfastly within us the remembrance of Thy judgments. Grant us grace to glorify Thee all through the night that we may praise, and bless, and glorify Thine all-honorable and majestic Name, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages.

Reader: Amen.

• The first person then says:

O most glorious, ever-virgin and blessed Theotokos, present our prayer to thy Son our God, and intercede with Him that through thee He may save our souls.

• The second person then says:

The Father is my Hope; the Son is my Refuge; the Holy Spirit is my Protection. O Holy Trinity: Glory to Thee.

• The first person then says:

In thee, O Mother of God, I place all my hope; keep me under thy protection.

During the first week in Great Lent, the Priest dons his phelonion and reads from the Holy Gospel from the Holy Doors. On Wednesday night, if he has already read the lection in the Presanctified Divine Liturgy, he does not repeat it here.

THE COMPLINE GOSPEL

Deacon:	And that we may be accounted worthy to hear the Holy Gospel, let us pray to the Lord God.
Choir:	Lord, have mercy. (THRICE)
Deacon:	Wisdom! Attend! Let us hear the Holy Gospel.
Priest:	Peace be to all.
Choir:	And to thy spirit.
Priest:	The Reading from the Holy Gospel according to Saint N.
Choir:	Glory to Thee, O Lord, glory to Thee.
Deacon:	Let us attend!

MONDAY NIGHT: LUKE 21:8-36

Priest: The Lord said: "Take heed that you not be deceived. For many will come in My Name, saying: 'I am He', and, 'The time has drawn near.' Therefore, do not go after them. But when you hear of wars and commotions, do not be terrified; for these things must come to pass first, but the end will not come immediately." Then He said to them, "Nation will rise against nation, and kingdom against kingdom. And there will be great earthquakes in various places, and famines and pestilences; and there will be fearful sights and great signs from Heaven. But before all these things, they will lay their hands on you and persecute you, delivering you up to the synagogues and prisons. You will be brought before kings and rulers for My Name's sake. But it will turn out for you as an occasion for testimony. Therefore, settle it in your hearts not to meditate beforehand on what you will answer; for I will give you a mouth and wisdom which all your adversaries will not be able to contradict or resist. You will be betrayed even by parents and brothers, relatives and friends; and they will put some of you to death. And you will be hated by all for My Name's sake. But not a hair of your head shall be lost. By your patience possess your souls. But when you see Jerusalem surrounded by armies then know that its desolation is near. Then let those who are in Judea flee to the mountains, let those who are in the midst of her depart, and let not those who are in the country enter her. For these are the days of vengeance, that all things which are written may be fulfilled. But woe to those who are pregnant and to those who are nursing babies in those days! For there will be great distress in the land and wrath upon this people. And they will fall by the edge of the sword, and be led away captive into all nations. And Jerusalem will be trampled by Gentiles until the times of the Gentiles are fulfilled. And there will be signs in the sun, in the moon, and in the stars; and on the earth distress of nations, with perplexity, the sea and the waves roaring; men's hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of the heavens will be shaken. Then they will see the Son of Man coming in a cloud with power and great glory. Now when these things begin to happen, look up and lift up

your heads, because your redemption draws near." Then He spoke to them a parable: "Look at the fig tree, and all the trees. When they are already budding, you see and know for yourselves that summer is now near. So you also, when you see these things happening, know that the kingdom of God is near. Truly, I say to you, this generation will by no means pass away until all things take place. Heaven and earth will pass away, but My words will by no means pass away. But take heed to yourselves, lest your hearts be weighed down with carousing, drunkenness, and cares of this life, and that Day come on you unexpectedly; for it will come as a snare on all those who dwell on the face of the whole earth. Watch therefore, and pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the Son of Man."

TUESDAY NIGHT: MATTHEW 6:1-13

Priest: The Lord said: "Take heed that you do not do your charitable deeds before men, to be seen by them. Otherwise you have no reward from your Father in Heaven. Therefore, when you do a charitable deed, do not sound a trumpet before you as the hypocrites do in the synagogues and in the streets, that they may have glory from men. Assuredly, I say to you, they have their reward. But when you do a charitable deed, do not let your left hand know what your right hand is doing, that your charitable deed may be in secret; and your Father Who sees in secret will Himself reward you openly. And when you pray, you shall not be like the hypocrites. For they love to pray standing in the synagogues and on the corners of the streets, that they may be seen by men. Assuredly, I say to you, they have their reward. But you, when you pray, go into your room, and when you have shut your door, pray to your Father Who is in the secret place; and your Father Who sees in secret will reward you openly. And when you pray, do not use vain repetitions as the heathen do. For they think that they will be heard for their many words. Therefore do not be like them. For your Father knows the things you have need of before you ask Him. In this manner, therefore, pray: Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever. Amen."

WEDNESDAY NIGHT: MARK 11:22-26 (& MATTHEW 7:7-8)

Priest: The Lord said: "Have faith in God. Truly, I say to you, whoever says to this mountain, 'Be taken up and cast into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him. Therefore, I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours. And whenever you stand praying, forgive, if you have anything against any one; so that your Father Who is in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses. Ask, and it will be given you; seek, and you will find; knock, and it will be opened to you. For every one who asks receives, and he who seeks finds, and to him who knocks it will be opened."

THURSDAY NIGHT: MATTHEW 7:7-11

Priest: The Lord said: "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened. Or what man is there among you who, if his son asks for bread, will give him a stone? Or if he asks for a fish, will he give him a serpent? If you then, being evil, know how to give good gifts to your children, how much more will your Father Who is in Heaven give good things to those who ask Him!"

Choir: Glory to Thee, O Lord, glory to Thee.

• Continue as below, but if there has been a Gospel reading, the Priest immediately gives "The Peace" instead.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Lord, have mercy. (THRICE)

THE PEACE

Priest:	Peace be to all.
Choir:	And to thy spirit.
Priest:	Let us bow our heads unto the Lord.
Choir:	To Thee, O Lord.

• All prostrate as the Priest bows low and says the following prayer:

O Master, great in mercy, Lord Jesus Christ our God, through the intercessions of our all immaculate Lady Theotokos and ever-virgin Mary; by the might of the precious and life-giving Cross; by the protection of the honorable bodiless powers of Heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious and all-laudable apostles; of the holy, glorious and right-victorious martyrs; of our venerable and God-bearing fathers; *of Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna, and of all Thy saints:

Priest:	Make our prayer acceptable;
Choir:	Amen.
Priest:	Grant us forgiveness of our trespasses;
Choir:	Amen.
Priest:	Shelter us under the shelter of Thy wings;
Choir:	Amen.
Priest:	Drive away from us every enemy and adversary;
Choir:	Amen.
Priest:	Give peace to our life.
Choir:	Amen.
Priest:	O Lord, have mercy on us and on Thy world and save our souls, for Thou art a merciful God and lovest mankind.
Choir:	Amen. (The Priest and people now rise.)

• Standing before the Holy Doors, facing east, the priest makes three metanoias, saying each time: Priest: O God, be gracious unto me, a sinner, and have mercy on me.

• The priest Priest:	<i>turns west and bows to the people, saying:</i> Forgive me, a sinner.
People:	God forgive thee, holy father.
Priest:	Let us pray for the peace of the world.
Reader:	Lord, have mercy. (after each petition until noted)
Priest:	And for pious and Orthodox Christians.
Priest:	And for our Father and Metropolitan N., (for our Archbishop N. or Bishop N.), and for all our Brotherhood in Christ.
Priest:	And for the civil authorities of this land.
Priest:	And for the welfare of our armed forces.
Priest:	And for our fathers and brethren absent from among us.
Priest:	And for those who hate us, and those who love us.
Priest:	And for those who are kind to us and minister unto us.
Priest:	And for those who have requested our prayers, unworthy though we be.
Priest:	And for the deliverance of captives.
Priest:	And for travelers by land, sea and air.
Priest:	And for those who lie in sickness.
Priest:	And let us pray also for the abundance of the fruits of the earth.
Priest:	And for the soul of every Orthodox Christian.
Priest:	Let us bless God-fearing leaders, Orthodox bishops, the founders of this holy church and our parents and teachers, and all our fathers and brethren gone before us, the Orthodox who here and everywhere lie asleep in the Lord.
Priest:	And let us say also for ourselves.
Reader:	Lord, have mercy. (THRICE)

• *Turning to the east, the Priest says:*

Priest: Forgive, O Lord, those who hate us and those who oppress us. Act kindly toward those who themselves act kindly, and grant our brethren and all those who belong to us all the means of salvation and of eternal life. Visit those who are in infirmity, and grant them healing. Direct those who are at sea; be with those who are on land and in the air. Grant those who serve us and are merciful to us forgiveness of sins; and upon those who have asked for us to pray for them, have mercy according to Thy Great Mercy. Remember, O Lord, those of our fathers and brethren who have fallen asleep before us. Grant them repose where the light of thy countenance shineth. Remember, O Lord, our brethren who are in captivity and deliver them from every adverse circumstance. Remember, O Lord, those who bear fruit and do good works in Thy holy churches, and grant them all the means of salvation and of eternal life. Remember us also, Thy sinful, wretched, and unworthy servants and lead us in the way of Thy commandments, through the

intercessions of Thine all-immaculate Mother, our Lady Theotokos and ever-virgin Mary and of all Thy saints, for Thou art blessed unto ages of ages.

Choir: Amen.

- The faithful come forward to reverence the icon of the Theotokos, receive the blessing of the priest and kiss his right hand.
- On Monday and Wednesday evenings, the following is chanted.

THEOTOKION IN TONE TWO (**When he took Thee**)

Joy of all that sorrow art thou, * and of the oppressed a protectress, and nurture of all the poor, * comfort unto the estranged, a staff art thou of the blind, * visitation of all the sick, * a shelter and succor * unto those brought down by pain, helper of orphaned ones; * Mother of God in the highest * art thou, O immaculate Maiden; * hasten, we beseech thee, to redeem thy slaves.

• On Tuesday and Thursday evenings, and on Great Monday and Great Tuesday, the following is chanted.

THEOTOKION IN TONE ONE (**0 all-lauded Martyrs**)

On seeing Thine unjust slaughter, O Christ, * Thy pure Mother cried in grief: O most sweet Child, how is it that Thou diest lawlessly? * How is it that Thou, Who * hast suspended all the earth * upon the floods of waters, art now Thyself suspended from the Tree? * O most merciful Benefactor, * do not leave me, * Thy Mother and handmaid, alone.

• After all have passed, the Priest faces the icon of Christ and says:

Priest: Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us and save us.

Choir: Amen.

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