

GREEN TIPS: ON THE ROAD

Fuel Efficient Vehicles:

Toyota Prius

48 city/45 highway

Honda Civic Hybrid

40 city/45 highway

Smart Car ForTwo

33 city/41 highway

Ford Escape Hybrid

34 city/30 highway

Honda Fit

28 city/34 highway

Toyota Yaris

29 city/36 highway

Lexus RX 400H

27 city/24 highway

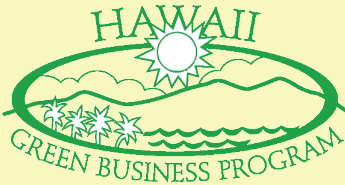
Nissan Altima Hybrid

35 city/33 highway

Toyota Camry Hybrid

33 city/34 highway

For further information, see dealer website



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Carpool or use alternative transportation.

www.vanpoolhawaii.com, www.thebus.org

* Did you know? If every person traveled with one other person in their daily commute, 32 million gallons of gas would be saved every day in the U.S.!



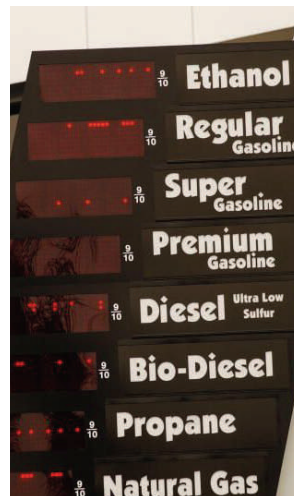
Shift your car into neutral at stop lights.

Plan your route for the entire day in advance.

Plan ahead! Avoid rush hour and heavily congested areas as much as possible. A well planned day can save a significant amount of fuel and stress.

Use or support alternative fuels

www.biodiesel.com



Obey speed limits.

Maintaining a moderate speed will reduce fuel consumption.



Avoid parking in direct sunlight or use a windshield shade

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GREEN TIPS: AT THE OFFICE

Where to buy...

Recycled Desk Accessories:

Fisher Hawaii

Office Depot

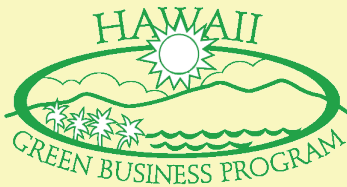
Environmentally friendly disposable plates and cutlery

styrophobia.com

biodegradablestore.com

Why support your local businesses:

- Support your local economy
- Local businesses often buy local foods, which eliminates shipping costs and thereby reduces energy consumed



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Take advantage of natural lighting



Photo courtesy of greenbuildingelements.com

Use electronic documents



Implement double-sided printing



Avoid using disposable dishware and cutlery



Use recycled desk accessories (pens, paper, etc.)

When going out to lunch, support your local businesses



Try to stagger your work schedule to avoid rush hour

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GREEN TIPS: TRAVELING

Hybrid Rentals:

Enterprise
Budget
Avis

Eco-Friendly Hotels:

independenttraveler.com
Itsagreenworld.com

Eco-Friendly Destinations:

Oregon
Washington
British Columbia
Scandinavia
San Francisco
Maine
New Zealand
Iceland
Costa Rica



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**Rent a hybrid or biodiesel car
or choose smallest car available
for your needs**

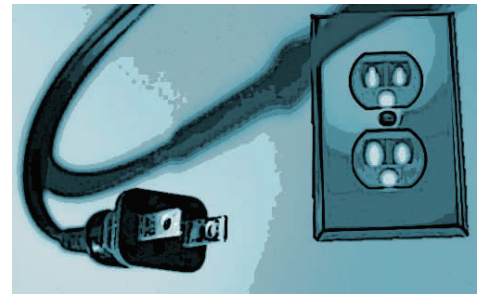


**Support the local economy,
buy local products**



**Use public transportation or walk
rather than driving**

Stay at an eco-friendly hotel



Unplug all electronics before leaving home to conserve energy

**Rather than using "travel size" containers,
fill up re-usable containers**

Take trains wherever possible



GREEN TIPS: EVERYDAY PRACTICES

Local Farmer's Markets:

KCC Open Market:
Saturday AM

Fort Street Mall
Tuesday & Friday
7:30-2:00 PM

Aloha Stadium Swap Meet
6 AM-3 PM Wed
Saturday & Sundays

Hawaii Kai Town Centre
Monday, Wednesday, Saturdays
7:30-3:00

Kapolei Community Park
Sunday 7:00-8:30

Manoa Marketplace
Sunday, Tuesday, Thursdays
7:00-11:00AM

North Shore
@ Sunset Elementary
Saturdays 8:00-2:00 PM

Waialua Sugar Mill
Saturdays 8:30-Noon

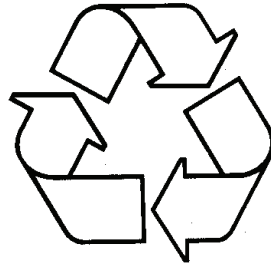


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BUY LOCAL



Buy recycled/recyclable products



Bring your own bags to the grocery store

Bring your own thermos/commuter cup to coffee shops



Don't use the elevator if you're moving two floors or less

Avoid take out boxes, either bring your own or eat at the restaurant



GREEN TIPS: AT HOME

Bio-degradable cleaning products:

Cloverdaleinc.com

Methodhome.com

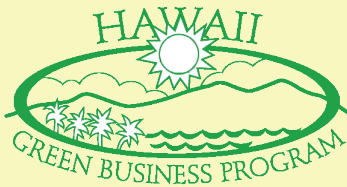
Alfakleen.com

Amway.com

Seventhgeneration.com

Why EnergyStar Products are important:

- Saved Americans \$16 Billion thus far
- The equivalent of reducing emissions from 27 million cars
- Energy Star appliances help cut back 1/3 of a household energy bill
- Wide variety of products available from refrigerators to CFL light bulbs to fax machines



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Reduce energy use during peak hours, between 5-9 PM



Water your lawn during the evening or early morning

If buying new appliances, choose EnergyStar products

www.energystar.gov



Use bio-degradable cleaning products

www.greenseal.org

Use fans rather than air conditioning



Shorten showers

Choose a showerhead that doesn't exceed 2.2 Gallons per minute.



Unplug all unused electronics

Appliances that are fully charged or are on standby that are still plugged in consume a lot of electricity. Plug in only when needed!

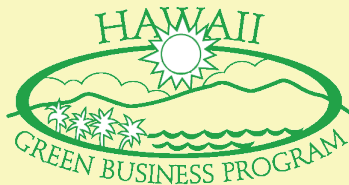
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GREEN TIPS: ENERGY

Easy Quick Tips:

- Shorten Showers!
- Wash clothes in cold water
- Add window shades to sunny areas
- Use fans instead of air conditioners
- Use the microwave when possible
- Turn off the lights!
- Unplug unused electronics
- Turn off your computer when not in use.



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Choose EnergyStar products

On average, a household can save \$400 per year in energy bills with EnergyStar products. Visit www.energystar.gov for more information.

Buy energy efficient products

Look for the highest rating on the yellow and black Energy Guide label when buying new electronics and appliances.



Switch to CFLs

(Compact Fluorescent Lightbulbs)

CFLs will have a higher initial cost, but will last 10 times as long and can save \$30 a year. Each CFL will prevent half a ton of carbon dioxide from being emitted. Home Depot is now accepting non-CFL light bulbs for recycling. See www6.homedepot.com/ecoptions for more information.

Use your dishwasher!

Running a full dishwasher is more efficient than hand-washing



Air dry clothing when possible

Dryers consume a considerable amount of energy. If you need to use the dryer, make sure that the lint filter is clean and each load is at capacity.



Don't peek!

Opening the refrigerator or oven door excessively wastes electricity and will reduce the temperature significantly.



GREEN TIPS: WATER

Where to buy low-flow appliances:

Home Depot
www.homedepot.com

1 - Honolulu #1701
421 Alakawa St
Honolulu, HI 96817
(808)521-7355

2 - Pearl City #1702
1021 Kamehameha Highway
Pearl City, HI 96782
(808)455-1200

3 - Kapolei #1706
4600 Kapolei Parkway
Kapolei, HI 96707
(808)674-6120

Sears
www.sears.com

-Ala Moana
808-947-0211
-Pearl Ridge
808-487-4211
-Windward Mall
808-247-8211



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Install a low-flow showerhead

Old models use 4.5 gallons per minute, whereas low flow models use 2.5 gallons per minute at most.

Landscape with local plants

Native plants consume half as much water as non-native plants.



Install flow restrictor aerators

Placing these inside faucets saves 3-4 gallons per minute.



Run everything ONLY when full

The dishwasher, washing machine, and dryer should only be used when they are filled to capacity.

For more water saving tips, please visit the EPA's Watersense website.
<http://www.epa.gov/watersense>



Install a low-flow toilet

Low flow toilets can save 4 gallons per flush. If you don't have the resources to install a new toilet, add a displacement device such as a brick or milk jug in your tank to save 1 or more gallons per flush.

Repair leaks

A leaky faucet can waste up to 20 gallons of water per day.